

Aggressive behaviour in people receiving NHS or social care: prevention and management

Guideline committee meeting 6

Date: 22/01/2026

Location: via Zoom

Minutes: Final

Committee members present:	
Phil Taverner	Present via Zoom for items 1 to 9
Laura Bullock	Present via Zoom for items 1 to 9
Paul Andrew ChanDelaney	Present via Zoom for items 1 to 9
Rachel Easter	Present via Zoom for items 1 to 9
Michael Jones	Present via Zoom for items 1 to 9
Sabeeha Mushtaq Patel	Present via Zoom for items 1 to 6 part of 7
Dr Andrew Newman	Present via Zoom for items 3 to 9
Kirsten Peebles	Present via Zoom for items 1 to 9
Dr Jodie Rawlings	Present via Zoom for items 1 to 9
Dr Howard Ryland	Present via Zoom for items 1 to 9
Dr Gemma Trainor	Present via Zoom for items 1 to 9
Dr Nithya Viswanath	Present via Zoom for items 1 to 9

In attendance:		
Lisa Boardman	Topic Lead	Present via Zoom for items 1 to 9
Rebecca Boucher	Senior Content Designer	Present via Zoom for

		items 1 to 9
Danielle Conroy	Project Manager	Present via Zoom for items 1 to 4
Annie Chalker	Technical Analyst – NICE	Present via Zoom for items 1 to 9
Charlotte Fairclough	Technical Analyst – NICE	Present via Zoom for items 1 to 3
Victoria Freeman	Technical Analyst	Present via Zoom for items 1 to 9
Anthony Gildea	Senior Technical Analyst	Present via Zoom for items 1 to 9
Jess Lawson	NICE Observer	Present via Zoom for items 1 to 3 and part of 4
Ifigeneia Mavranouzouli	Health Economics Advisor	Present via Zoom for items 1 to 9
Edgar Masanga	Business Analyst	Present via Zoom for items 1 to 9
Alice Navein	Technical Analyst	Present via Zoom for items 1 to 9
Adam O’Keefe	Project Manager	Present via Zoom for items 5 to 9
Steve Pilling	Clinical Advisor	Present via Zoom for item 4 to 9
Madelaine Zucker	Technical Analyst	Present via Zoom for items 1 to 9

Apologies:	
Prof Nutmeg Hallett	Lecturer in Mental Health Nursing and Associate Professor of Mental Health Nursing, University of Birmingham
Chris Harris	Project Manager
Dr Henry Edward Murphy	Consultant in Adult and Paediatric Emergency Medicine, Royal London Hospital
Pam Wrest	Independent/ Statutory Advocate

1. Welcome, objectives and apologies
The Chair welcomed Committee members and attendees to the sixth meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.

2. Declarations of Interest and approval of minutes

The Chair, asked committee members to declare any new interests since the last committee meeting. No new interests were declared.

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. No changes were required. The Committee agreed the minutes were a true and accurate account of the last meeting.

3. Introduction to Quality Standard on Aggressive Behaviour

Charlotte Fairclough, Technical Analyst introduced the update of the Quality Standard on Aggressive Behaviour. The Committee had the opportunity to ask questions. The Chair, thanked Charlotte for her presentation.

4. Guideline structure and recommendation discussion

Lisa Boardman, Topic Lead took the committee through a session on the guideline structure. Populations, settings and key terms used were all discussed. Draft recommendations for review questions 3, 4, 5 and 6 were all revisited and discussed by the committee for further refinement by the NICE team.

5. Presentation of evidence: RQ5 What is the safety of restrictive practices for the short-term management of aggressive behaviour?

Maddie Zucker, Technical Analyst, took the committee through a presentation on the clinical evidence for RQ5. The Committee had the opportunity to ask questions.

6. Reflections from the Topic Group RQ5 What is the safety of restrictive practices for the short-term management of aggressive behaviour?

Jodie Rawlings, Consultant Clinical Psychologist outlined initial reflections from topic group D committee members on the findings from RQ5. Other observations were added and reflected upon. The Chair thanked the committee for their input.

7. Committee discussion RQ5 What is the safety of restrictive practices for the short-term management of aggressive behaviour?

In conjunction with the Chair, Anthony Gildea, Senior Technical Analyst led a discussion on the drafting of recommendations. Discussion ensued. The Chair thanked the Committee for their contributions.

8. Any other business

Lisa Boardman, Topic Lead advised the Committee that a further committee meeting would be needed in May, possibly more. Chris Harris, Project Manager would be in

touch to confirm arrangements.

9. Close of meeting

The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed promptly.