

Aggressive behaviour in people receiving NHS or social care: prevention and management

Guideline committee meeting 3

Date: 24/07/2025

Location: via Zoom

Minutes: Final

Committee members present:	
Phil Taverner	Present via Zoom for items 1 to 11
Laura Bullock	Present via Zoom for items 1 to 11
Paul Andrew ChanDelaney	Present via Zoom for items 1 to 11
Prof Nutmeg Hallett	Present via Zoom for items 1 to 11
Michael Jones	Present via Zoom for items 1 to 11
Dr Henry Edward Murphy	Present via Zoom for items 1 to 11
Sabeeha Mushtaq Patel	Present via Zoom for items 1 to 11
Kirsten Peebles	Present via Zoom for items 1 to 11
Dr Howard Ryland	Present via Zoom for items 1 to 11
Dr Gemma Trainor	Present via Zoom for items 1 to 11

In attendance:		
Astrid Aregui	Senior Guidance Content Designer	Present via Zoom for item 7 only
Lisa Boardman	Topic Lead	Present via Zoom for items 9 to 11
Annie Chalker	Technical Analyst	Present via Zoom for items 1 to 11
Daniel Davies	Project Manager	Present via Zoom for

		items 1 to 11
Victoria Freeman	Technical Analyst	Present via Zoom for items 1 to 11
Anthony Gildea	Senior Technical Analyst	Present via Zoom for items 1 to 11
Wesley Hubbard	Information Specialist	Present via Zoom for items 1 to 11
Edgar Masanga	Business Analyst	Present via Zoom for item 8 only
Ifigeneia Mavranezouli	Health Economics Advisor	Present via Zoom for items 1 to 11
Odette Megnin-Viggars	Senior Technical Analyst	Present via Zoom for items 1 to 11
Alice Navein	Technical Analyst	Present via Zoom for items 1 to 11

Apologies:		
Lynda Ayiku	Information Specialist	
Rebecca Boucher	Senior Content Designer	
Rachel Easter	Lay member	
Chris Harris	Project Manager	
Steve Pilling	Clinical Advisor	
Dr Nithya Viswanath	GP	
Pam Wrest	Independent/ Statutory Advocate	

1. Welcome, objectives and apologies

The Chair welcomed Committee members and attendees to the third meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.

2. Declarations of Interest and approval of minutes

The Chair, asked committee members to declare any new interests since the last committee meeting.

Nutmeg Hallett declared her involvement in conducting an NIHR-funded realist synthesis of debriefing after restrictive interventions, including a Freedom of Information request study of English NHS mental health trust debriefing policies, soon to be published. The study ends October 2025 and the intention is to publish the findings.

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. No changes were required. The Committee agreed the minutes were a true and accurate account of the meeting.

3 Committee update

Dan Davies, Project Manager provided a general update to the committee on the published scope, committee recruitment and appointments and confirmed the date of the next in person committee meeting.

4 AGREE II methodology for RQ3 & 6

Anthony Gildea, Senior Technical Analyst presented the proposed methodology for AGREE II for review questions 3 and 6 for committee discussion and sign off.

5 AGREE II methodology for RQ3 & 6 continued

Discussion continued, led by Anthony Gildea on the proposed methodology for AGREE II for review questions 3 and 6. The methodology was signed off by the committee.

6 Protocol: RQ8 What are the benefits and harms of post-incident debriefing for people who have received restrictive practices in the management of aggressive behaviour?

Odette Megnin-Viggars, Senior Technical Analyst presented the review protocol for review question 8 for committee discussion and sign off.

7 Introduction to resource impact

Edgar Masanga, Business Analyst presented an introduction into resource impact which will be used as part of guideline development.

8 Content design presentation

Astrid Aregui, Senior Content Designer gave a presentation introducing NICE content design will be used as part of guideline development.

9 Introduction to topic groups

Lisa Boardman, Topic Lead led a discussion with the committee on the topic groups which will be used for guideline development. Membership of topic groups was agreed and finalised with the committee.

10 Any other business

None.

11 Close of meeting

The Chair thanked the Committee and NICE team for their contributions throughout the day and brought the meeting to a close.

Date of next meeting: Wednesday 17th & Thursday 18th September

10:00am - 16:30pm

Location of next meeting: Virtual via Zoom