

**Aggressive behaviour in people receiving NHS or social care:  
prevention and management****Guideline committee meeting 4 day 1****Date:** 17/09/2025**Location:** via Zoom**Minutes:** Final

<b>Committee members present:</b>	
Phil Taverner	Present via Zoom for items 1 to 11
Laura Bullock	Present via Zoom for items 1 to 10 part of 11
Paul Andrew ChanDelaney	Present via Zoom for items 1 to 11
Rachel Easter	Present via Zoom for items 1 to 7, part of 8
Prof Nutmeg Hallett	Present via Zoom for items 1 to 10, part of 11
Michael Jones	Present via Zoom for items 1 to 11
Dr Henry Edward Murphy	Present via Zoom for items 1 to 11
Sabeeha Mushtaq Patel	Present via Zoom for items 1 to 11
Kirsten Peebles	Present via Zoom for items 1 to 11
Dr Howard Ryland	Present via Zoom for items 1 to 10, part of 11
Dr Gemma Trainor	Present via Zoom for items 1 to 11
Dr Nithya Viswanath	Present via Zoom for items 1 to 6
Pam Wrest	Present via Zoom for items 1 to 11

**In attendance:**

Lisa Boardman	Topic Lead	Present via Zoom for
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		items 1 to 11
Rebecca Boucher	Senior Content Designer	Present via Zoom for items 1 to 10, part of 11
Victoria Freeman	Technical Analyst	Present via Zoom for items 1 to 11
Anthony Gildea	Senior Technical Analyst	Present via Zoom for items 1 to 11
Chris Harris	Project Manager	Present via Zoom for items 1 to 11
Leonard Ho	NICE Observer	Present via Zoom for items 1 to 11
Ifigeneia Mavranezouli	Health Economics Advisor	Present via Zoom for items 1 to 11
Odette Megnin-Viggars	Senior Technical Analyst	Present via Zoom for items 1 to 11
Alice Navein	Technical Analyst	Present via Zoom for items 1 to 11
Steve Pilling	Clinical Advisor	Present via Zoom for items 7 onwards
Madelaine Zucker	Technical Analyst	Present via Zoom for items 1 to 11

### **Apologies:**

Annie Chalker	Technical Analyst – NICE
Dr Andrew Newman	Consultant Clinical Psychologist, Oxford Health Foundation NHS Trust
Dr Jodie Rawlings	Clinical Lead, Consultant Clinical Psychologist, Avon and Wiltshire Mental Health Partnership Trust
Edgar Masanga	Business Analyst – NICE

### **1. Welcome, objectives and apologies**

The Chair welcomed Committee members and attendees to day one of the fourth meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.

### **2. Declarations of Interest and approval of minutes**

The Chair, asked committee members to declare any new interests since the last committee meeting.

Mike Jones declared his involvement as a co-applicant for funding from NIHR for a

research project evaluating the effectiveness of organisational interventions relating to violence and aggression. It was determined this declaration would be specific to the guidelines scope but did not pose a current conflict of interest. The declaration would be kept under review.

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. No changes were required. The Committee agreed the minutes were a true and accurate account of the last meeting.

### **3. Methods overview and summary of findings RQ3**

What are the best criteria for recognising and responding to people who present with severely agitated behaviour and are at risk of a physical health emergency (sometimes referred to as ABD)?

Maddie Zucker, Technical Analyst presented an overview of the method and summary of findings for RQ3.

### **4. Reflections from the topic group**

Mike Jones, Paramedic and Police Officer, outlined initial reflections from topic group B committee members on the findings from RQ3.

### **5. Committee discussion**

Anthony Gildea, Senior Technical Analyst, took the committee through the statements for RQ3. Committee discussion and reflections followed each statement.

### **6. Committee discussion continued**

Anthony Gildea, Senior Technical Analyst, continued to take the Committee through the statements for RQ3. The Committee provided further input, reflection and discussion.

### **7. Committee discussion continued**

Discussion of the statements for RQ3 continued, led by Anthony Gildea, Senior Technical Analyst. It was agreed topic group B would further review and refine some of the statements, and further work would be undertaken by the NICE team. The Chair thanked the Committee for their contributions.

### **8. Methods overview and summary of findings RQ6**

What are the signs of a physical health emergency in people who are being restrained?

Maddie Zucker, Technical Analyst presented an overview of the method and summary of findings for RQ6.
<b>9. Reflections from the topic group</b>
Mike Jones, Paramedic and Police Officer, outlined initial reflections from topic group D committee members on the findings from RQ6.
<b>10. Committee discussion</b>
Anthony Gildea, Senior Technical Analyst, took the committee through the signs for RQ6. Committee discussion and reflections on each of the signs followed.
<b>11. Committee discussion continued</b>
Discussion on each of the signs continued, led by Anthony Gildea. The Chair thanked the Committee for their contributions.
<b>12. Any other business</b>
No further business was discussed.
<b>13. Close of meeting</b>
The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed.