

Aggressive behaviour in people receiving NHS or social care: prevention and management

Guideline committee meeting 7

Date: 23/01/2026

Location: via Zoom

Minutes: Final

Committee members present:	
Phil Taverner	Present via Zoom for items 1 to 8
Laura Bullock	Present via Zoom for items 1 to 8
Paul Andrew ChanDelaney	Present via Zoom for items 1 to 8
Rachel Easter	Present via Zoom for items 1 to 5
Michael Jones	Present via Zoom for items 1 to 8
Sabeeha Mushtaq Patel	Present via Zoom for items 1 to 8
Dr Andrew Newman	Present via Zoom for items 1 to 8
Dr Jodie Rawlings	Present via Zoom for items 1 to 8
Dr Howard Ryland	Present via Zoom for items 1 to 8
Dr Gemma Trainor	Present via Zoom for items 1 to 8
Dr Nithya Viswanath	Present via Zoom for items 1 to 8

In attendance:		
Lisa Boardman	Topic Lead	Present via Zoom for items 1 to 8
Rebecca Boucher	Senior Content Designer	Present via Zoom for items 1 to 8
Danielle Conroy	Project Manager	Present via Zoom for

		items 1 to 8
Annie Chalker	Technical Analyst	Present via Zoom for items 1 to 8
Dan Davies	Project Manager	Present via Zoom for items 1 to 8
Charlotte Fairclough	Technical Analyst – NICE Quality Standards	Present via Zoom for items 1 to 5
Victoria Freeman	Technical Analyst	Present via Zoom for items 1 to 9
Anthony Gildea	Senior Technical Analyst	Present via Zoom for items 1 to 9
Ifigeneia Mavranouzouli	Health Economics Advisor	Present via Zoom for items 1 to 9
Alice Navein	Technical Analyst	Present via Zoom for items 1 to 9
Steve Pilling	Clinical Advisor	Present via Zoom for item 4 to 9

Apologies:	
Prof Nutmeg Hallett	Lecturer in Mental Health Nursing and Associate Professor of Mental Health Nursing, University of Birmingham
Chris Harris	Project Manager (NICE)
Edgar Masanga	Business Analyst (NICE)
Dr Henry Edward Murphy	Consultant in Adult and Paediatric Emergency Medicine, Royal London Hospital
Kirsten Peebles	Lay member
Pam Wrest	Independent/ Statutory Advocate
Madelaine Zucker	Technical Analyst (NICE)

1. Welcome back, apologies and new declarations of interest
<p>The Chair welcomed Committee members and attendees to the seventh meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.</p> <p>The Chair, asked committee members to declare any new interests since the last committee meeting. No new interests were declared.</p>
2. Presentation of evidence: RQ1 What is the effectiveness of organisational level interventions targeted at reducing aggressive behaviour and the use of restrictive practices?

Victoria Freeman, Technical Analyst, took the committee through a presentation on the clinical evidence for RQ1. The Committee had the opportunity to ask questions.

3. Reflections from the Topic Group

Nithya Viswanth, General Practitioner outlined initial reflections from topic group A committee members on the findings from RQ1. Other observations were added and reflected upon. The Chair thanked the committee for their input.

4 & 5. Committee discussion and recommendation drafting RQ1: What is the effectiveness of organisational level interventions targeted at reducing aggressive behaviour and the use of restrictive practices?

Lisa Boardman, Topic Lead led the committee through a recommendation drafting session following the clinical evidence presentation. Committee discussion ensued, with the output of some initial draft recommendations for further refinement.

6. Revisit outstanding issues from GC6 (previous day)

In conjunction with the Chair, Lisa Boardman, Topic Lead facilitated a committee discussion on the outstanding issues from the guideline structure and recommendation discussion from meeting 6. Further refinement and agreement was reached. The Chair thanked the Committee for their contributions.

7. Any other business

No further business was discussed.

8. Close of meeting

The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed promptly.