

Aggressive behaviour in people receiving NHS or social care: prevention and management

Guideline committee meeting 8 & 9

Date: 05/03/2026 and 06/03/2026

Location: via Zoom

Minutes: Final

Committee members present:	
Phil Taverner	Present via Zoom for items 1 to 9
Laura Bullock	Present via Zoom for items 1 to 9
Paul Andrew ChanDelaney	Present via Zoom for items 1 to 9
Rachel Easter	Present via Zoom for items 1 to 9
Michael Jones	Present via Zoom for items 1 to 9
Sabeeha Mushtaq Patel	Present via Zoom for items 1 to 6 part of 7
Dr Andrew Newman	Present via Zoom for items 3 to 9
Kirsten Peebles	Present via Zoom for items 1 to 9
Dr Jodie Rawlings	Present via Zoom for items 1 to 9
Dr Howard Ryland	Present via Zoom for items 1 to 9
Dr Gemma Trainor	Present via Zoom for items 1 to 9
Dr Nithya Viswanath	Present via Zoom for items 1 to 9
Prof Nutmeg Hallett	Present via Zoom for items 1 to 9
Chris Harris	Present via Zoom for items 1 to 9
Dr Henry Edward Murphy	Present via Zoom for items 1 to 9
Pam Wrest	Present via Zoom for

	items 1 to 9
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In attendance:		
Sharon Swain	Topic Lead	Present via Zoom for items 1 to 9
Rebecca Boucher	Senior Content Designer	Present via Zoom for items 1 to 9
Daniel Davies	Project Manager	Present via Zoom for items 1 to 9
Annie Chalker	Technical Analyst – NICE	Present via Zoom for items 1 to 9
Charlotte Fairclough	Technical Analyst – NICE	Present via Zoom for items 1 to 3
Anthony Gildea	Senior Technical Analyst	Present via Zoom for items 1 to 9
Jess Lawson	NICE Observer	Present via Zoom for items 1 to 3 and part of 4
Ifigeneia Mavranouzouli	Health Economics Advisor	Present via Zoom for items 1 to 9
Edgar Masanga	Business Analyst	Present via Zoom for items 1 to 9
Alice Navein	Technical Analyst	Present via Zoom for items 1 to 9
Steve Pilling	Clinical Advisor	Present via Zoom for item 4 to 9
Madelaine Zucker	Technical Analyst	Present via Zoom for items 1 to 9

Apologies:	
Lisa Boardman	Topic Lead
Victoria Freeman	Technical Analyst

1. Welcome, objectives and apologies
The Chair welcomed Committee members and attendees to the eighth meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.
2. Declarations of Interest and approval of minutes

The Chair asked committee members to declare any new interests since the last committee meeting. No new interests were declared.

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. No changes were required. The Committee agreed the minutes were a true and accurate account of the last meeting.

3. Presentation of evidence and committee discussion for RQ8: What are the benefits and harms of post-incident debriefing for people who have received restrictive practices in the management of aggressive behaviour?

Annie Chalker, Technical Analyst took the committee through a presentation on the clinical evidence for RQ8. The Committee had the opportunity to ask questions.

4 & 5. Presentation of evidence and committee discussion for RQ9: What is the experience of post-incident debriefing or formal review after use of restrictive practices?

Annie Chalker, Technical Analyst took the committee through a presentation on the clinical evidence for RQ9. The Committee had the opportunity to ask questions.

6. Reflections from the Topic Group on evidence presentations

The topic group provided their reflections on the morning's presentations. Other observations were added and reflected upon. The Chair thanked the committee for their input.

7. Committee discussion and recommendation drafting for RQ8 & 9

In conjunction with the Chair, Anthony Gildea, Senior Technical Analyst led a discussion on the drafting of recommendations. Discussion ensued. The Chair thanked the Committee for their contributions.

8. Any other business

No other business was raised

9. Close of meeting

The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed promptly.

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aggressive behaviour in people receiving NHS or social care: prevention and management guideline.
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The Chair asked committee members to declare any new interests since the last committee meeting. No new interests were declared.
3. Economic Analysis for RQ4 What are the benefits and harms of medication in the acute management of agitated and aggressive behaviour?
Ifigeneia Mavranouzouli, Health Economic Advisor took the committee through a presentation on the economic evidence for RQ4. The Committee had the opportunity to ask questions.
4, 5, 6, 7. Review and update draft recommendations
Anthony Gildea, Senior Technical Analyst took the committee through the draft recommendations for review question 4. The Committee commented on the drafts and made amendments.
8. Any other business
No other business was raised
9. Close of meeting
The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed promptly.