

Aggressive behaviour in people receiving NHS or social care: prevention and management

Guideline committee meeting 4 day 2

Date: 18/09/2025

Location: via Zoom

Minutes: Final

Committee members present:	
Phil Taverner	Present via Zoom for items 1 to 8
Laura Bullock	Present via Zoom for items 1 to 8
Paul Andrew ChanDelaney	Present via Zoom for items 1 to 8
Michael Jones	Present via Zoom for items 1 to 8
Dr Henry Edward Murphy	Present via Zoom for items 1 to 8
Sabeeha Mushtaq Patel	Present via Zoom for items 1 to 5, part of 6
Dr Andrew Newman	Present via Zoom for items 1 to 8
Dr Jodie Rawlings	Present via Zoom for items 1 to 4, part of 5, part of 6 onwards
Kirsten Peebles	Present via Zoom for items 1 to 8
Dr Howard Ryland	Present via Zoom for items 1 to 8
Dr Gemma Trainor	Present via Zoom for items 1 to 5, part of 6
Dr Nithya Viswanath	Present via Zoom for items 1 to 8
Pam Wrest	Present via Zoom for items 1 to 8

In attendance:

Lisa Boardman	Topic Lead	Present via Zoom for items 1 to 8
Annie Chalker	Technical Analyst – NICE	Present via Zoom for items 1 to 8
Victoria Freeman	Technical Analyst	Present via Zoom for items 1 to 8
Anthony Gildea	Senior Technical Analyst	Present via Zoom for items 1 to 5 part of 6
Chris Harris	Project Manager	Present via Zoom for items 1 to 8
Leonard Ho	NICE Observer	Present via Zoom for items 1 to 11
Ifigeneia Mavranetzouli	Health Economics Advisor	Present via Zoom for items 1 to 8
Odette Megnin-Viggars	Senior Technical Analyst	Present via Zoom for items 1 to 8
Alice Navein	Technical Analyst	Present via Zoom for items 1 to 8
Aoife Nechowska	NICE Observer	Present via Zoom for item 2 to 5, part of 6
Steve Pilling	Clinical Advisor	Present via Zoom for item 3 onwards

Apologies:

Rebecca Boucher	Senior Content Designer – NICE
Rachel Easter	Lay member
Prof Nutmeg Hallett	Psychiatric nurse
Edgar Masanga	Business Analyst – NICE
Madelaine Zucker	Technical Analyst – NICE

1. Welcome, objectives and apologies

The Chair welcomed Committee members back for day two of the fourth meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.

2. Overview of topic groups

Lisa Boardman, Topic Lead presented an overview of the topic groups. Several members of the Committee volunteered to lead and participate in the topic groups.

3. Presentation of evidence RQ7 (patient)

What is the experience of restrictive practices from the perspective of people who use services, their parents and carers, and staff who are implementing these measures?

Victoria Freeman, Technical Analyst took the committee through the experiences of restrictive practices from the patient and carer perspective. The presentation was paused after several themes were presented for reflection, discussion and further consideration.

4. Committee discussion/early recommendation drafting, including thoughts from topic group

The Chair invited members of topic group D for their initial thoughts and reflections following the evidence presented. Themes, reflections and experiences from across the committee were discussed and considered, led by Lisa Boardman, Topic Lead.

5. Presentation of evidence RQ7 (staff)

What is the experience of restrictive practices from the perspective of people who use services, their parents and carers, and staff who are implementing these measures?

Odette Megnin-Viggars, Senior Technical Analyst, presented the experiences of restrictive practices and themes from the staff perspective.

6. Committee discussion/early recommendation drafting, including thoughts from topic group continued

The Chair invited members of topic group D for their initial thoughts and reflections following the evidence presented. Themes, reflections and experiences from across the committee were discussed and considered, led by Lisa Boardman, Topic Lead.

7. Any other business

No further business was discussed.

8. Close of meeting

The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting was brought to a close.

Date of next meeting: Wednesday 10th December

Location of next meeting: Hybrid/NICE London office