

Aggressive behaviour in people receiving NHS or social care: prevention and management

Guideline committee meeting 5

Date: 10/12/2025

Location: NICE London office/hybrid via Zoom

Minutes: Draft

| Committee members present: | |
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| Phil Taverner | Present in person for items 1 to 10 |
| Laura Bullock | Present in person for items 1 to 10 |
| Paul Andrew ChanDelaney | Present in person for items 3 to 10 |
| Rachel Easter | Present via Zoom for items 1 to 5 |
| Prof Nutmeg Hallett | Present in person for items 1 to 10 |
| Dr Henry Edward Murphy | Present via Zoom for items 1 to 10 |
| Dr Andrew Newman | Present in person for items 3 to 10 |
| Sabeeha Mushtaq Patel | Present in person for items 1 to 10 |
| Kirsten Peebles | Present via Zoom for items 1 to 10 |
| Dr Jodie Rawlings | Present in person for items 1 to 10 |
| Dr Howard Ryland | Present in person for items 1 to 10 |
| Dr Gemma Trainor | Present in person for items 1 to 7 |
| Dr Nithya Viswanath | Present in person for items 1 to 10 |
| Pam Wrest | Present in person for items 1 to 10 |

| In attendance: | | |
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| Lisa Boardman | Topic Lead | Present in person for items 3 to 10 |
| Rebecca Boucher | Senior Content Designer | Present via Zoom for items 1 to 10 |
| Annie Chalker | Technical Analyst – NICE | Present in person for items 1 to 10 |
| Emma Connelly | NICE Observer | Present in person for items 1 to 10 |
| Beatrice Downing | Statistician of the Guidelines Technical Support Unit, University of Bristol | Present via Zoom for items 1 to 7 |
| Victoria Freeman | Technical Analyst | Present in person for items 1 to 10 |
| Anthony Gildea | Senior Technical Analyst | Present in person for items 1 to 10 |
| Chris Harris | Project Manager | Present in person for items 1 to 10 |
| Edgar Masanga | Business Analyst – NICE | Present via Zoom for items 1 to 10 |
| Ifigeneia Mavranetzouli | Health Economics Advisor | Present in person for items 1 to 10 |
| Odette Megnin-Viggars | Senior Technical Analyst | Present in person for items 1 to 10 |
| Alice Navein | Technical Analyst | Present in person for items 1 to 10 |
| Aoife Nechowska | NICE Observer | Present in person for items 1 to 10 |
| Steve Pilling | Clinical Advisor | Present in person for items 3 to 10 |
| Prof Nicky Welton | Professor in Statistical and Health Economic Modelling and Co-Director of the Guidelines Technical Support Unit, University of Bristol | Present via Zoom for items 1 to 7 |

| Apologies: | |
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| Michael Jones | Paramedic and Police Officer |

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| Madeline Zucker | Technical Analyst |
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| 1. Welcome, objectives and apologies |
| The Chair welcomed Committee members and attendees to day one of the fifth meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline. |
| 2. Declarations of Interest and approval of minutes |
| The Chair, asked committee members to declare any new interests since the last committee meeting. No new declarations were made. |
| The Chair asked the Committee if any changes were needed to the minutes of the last meeting. No changes were required. The Committee agreed the minutes were a true and accurate account. |
| 3. Presentation and discussion of network meta analysis results |
| RQ4 What are the benefits and harms of medication in the acute management of agitated and aggressive behaviour? |
| Ifigeneia Mavranetzouli, Health Economic Adviser, presented an overview of the methods and summary of findings for RQ4. The presentation was paused at several points for Committee members to ask clarifications and questions. |
| 4. Presentation and discussion of network meta analysis results |
| RQ4 What are the benefits and harms of medication in the acute management of agitated and aggressive behaviour? |
| Ifigeneia Mavranetzouli, Health Economic Adviser, continued presenting the findings of the network meta analysis for RQ4. The presentation was paused at several points for Committee members to ask clarifications and for Committee discussion. |
| 5 & 6. Committee discussion and recommendation drafting |
| The Chair and Lisa Boardman Topic Lead, facilitated a discussion with the Committee on the network meta analysis findings. The Committee asked clarifications, and began discussing the medications in turn. |
| 7. Committee discussion and recommendation drafting continued |
| Committee discussion continued. Lisa Boardman asked clarifications, further discussion ensued across the Committee. |

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| 8. Committee discussion and recommendation drafting continued |
| The Chair, in conjunction with Lisa Boardman facilitated further committee discussion on the medications and findings within the network meta analysis to pull together initial consensus on the findings. |
| 9. Any other business |
| No further business was discussed. |
| 10. Close of meeting |
| The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed. |