

Aggressive behaviour in people receiving NHS or social care: prevention and management

Guideline committee meeting 10

Date: 19/03/2026

Location: via Zoom

Minutes: Final

Committee members present:	
Phil Taverner	Present via Zoom for items 1 to 9
Laura Bullock	Present via Zoom for items 1 to 9
Paul Andrew ChanDelaney	Present via Zoom for items 1 to 9
Rachel Easter	Present via Zoom for items 1 to 9
Michael Jones	Present via Zoom for items 1 to 9
Sabeeha Mushtaq Patel	Present via Zoom for items 1 to 9
Dr Andrew Newman	Present via Zoom for items 1 to 9
Kirsten Peebles	Present via Zoom for items 1 to 9
Dr Jodie Rawlings	Present via Zoom for items 1 to 9
Dr Howard Ryland	Present via Zoom for items 1 to 9
Dr Nithya Viswanath	Present via Zoom for items 1 to 9
Prof Nutmeg Hallett	Present via Zoom for items 1 to 9
Chris Harris	Present via Zoom for items 1 to 9
Dr Henry Edward Murphy	Present via Zoom for items 1 to 9
Pam Wrest	Present via Zoom for items 1 to 9

In attendance:		
Lisa Boardman	Topic Lead	Present via Zoom for items 1 to 9
Rebecca Boucher	Senior Content Designer	Present via Zoom for items 1 to 9
Daniel Davies	Project Manager	Present via Zoom for items 1 to 9
Annie Chalker	Technical Analyst – NICE	Present via Zoom for items 1 to 9
Anthony Gildea	Senior Technical Analyst	Present via Zoom for items 1 to 9
Ifigeneia Mavranouzouli	Health Economics Advisor	Present via Zoom for items 1 to 9
Edgar Masanga	Business Analyst	Present via Zoom for items 1 to 9
Alice Navein	Technical Analyst	Present via Zoom for items 1 to 9
Steve Pilling	Clinical Advisor	Present via Zoom for item 4 to 9
Madelaine Zucker	Technical Analyst	Present via Zoom for items 1 to 9

Apologies:	
Gemma Trainor	Committee member

1. Welcome, objectives and apologies
The Chair welcomed Committee members and attendees to the tenth meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.
2. Declarations of Interest and approval of minutes
The Chair asked committee members to declare any new interests since the last committee meeting. No new interests were declared.
The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. No changes were required. The Committee agreed the minutes were a true and accurate account of the last meeting.
3. Update on evidence review and economic modelling: RQ4 What are the benefits and harms of medication in the acute management of agitated and

aggressive behaviour?
<p>Annie Chalker, Technical Analyst took the committee through an update presentation on evidence for RQ4. The Committee had the opportunity to ask questions.</p> <p>Ifigeneia Mavranetzouli, Health Economic Adviser presented an update on the economic modelling work for the question. The Committee had the opportunity to ask questions.</p>
4. Presentation and discussion of economic work: RQ1 What is the effectiveness of organisational level interventions targeted at reducing aggressive behaviour and the use of restrictive practices?
<p>Ifigeneia Mavranetzouli, Health Economic Adviser took the committee through a presentation on the economic work behind RQ1. The Committee had the opportunity to ask questions.</p>
5. Committee discussion and recommendation drafting: RQ1 What is the effectiveness of organisational level interventions targeted at reducing aggressive behaviour and the use of restrictive practices?
<p>In conjunction with the Chair, Lisa Boardman, Topic Lead led a discussion on the drafting of recommendations. Discussion ensued. The Chair thanked the Committee for their contributions.</p>
6. Review draft recommendations: RQ5 What is the safety of restrictive practices for the short-term management of aggressive behaviour? & RQ7 What is the experience of restrictive practices from the perspective of people who use services, their parents and carers, and staff who are implementing these measures?
<p>In conjunction with the Chair, Lisa Boardman, Topic Lead led a review on the drafting of recommendations. Discussion ensued. The Chair thanked the Committee for their contributions.</p>
7. Research recommendation discussion
<p>Anthony Gildea, Senior Technical Analyst introduced the committee to NICE's approach to making research recommendations. The committee discussed the recommendations in the light of this presentation. The Chair thanked the Committee for their contributions.</p>
8. Any other business
<p>No other business was raised</p>

9. Close of meeting

The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed promptly.