

## **Aggressive behaviour in people receiving NHS or social care: prevention and management**

### **Guideline committee meeting 5**

**Date:** 10/12/2025

**Location:** NICE London office/hybrid via Zoom

**Minutes:** Final

<b>Committee members present:</b>	
Phil Taverner	Present in person for items 1 to 10
Laura Bullock	Present in person for items 1 to 10
Paul Andrew ChanDelaney	Present in person for items 3 to 10
Rachel Easter	Present via Zoom for items 1 to 5
Prof Nutmeg Hallett	Present in person for items 1 to 10
Dr Henry Edward Murphy	Present via Zoom for items 1 to 10
Dr Andrew Newman	Present in person for items 3 to 10
Sabeeha Mushtaq Patel	Present in person for items 1 to 10
Kirsten Peebles	Present via Zoom for items 1 to 10
Dr Jodie Rawlings	Present in person for items 1 to 10
Dr Howard Ryland	Present in person for items 1 to 10
Dr Gemma Trainor	Present in person for items 1 to 7
Dr Nithya Viswanath	Present in person for items 1 to 10
Pam Wrest	Present in person for items 1 to 10

<b>In attendance:</b>		
Lisa Boardman	Topic Lead	Present in person for items 3 to 10
Rebecca Boucher	Senior Content Designer	Present via Zoom for items 1 to 10
Annie Chalker	Technical Analyst – NICE	Present in person for items 1 to 10
Emma Connelly	NICE Observer	Present in person for items 1 to 10
Beatrice Downing	Statistician of the Guidelines Technical Support Unit, University of Bristol	Present via Zoom for items 1 to 7
Victoria Freeman	Technical Analyst	Present in person for items 1 to 10
Anthony Gildea	Senior Technical Analyst	Present in person for items 1 to 10
Chris Harris	Project Manager	Present in person for items 1 to 10
Edgar Masanga	Business Analyst – NICE	Present via Zoom for items 1 to 10
Ifigeneia Mavranouzouli	Health Economics Advisor	Present in person for items 1 to 10
Odette Megnin-Viggars	Senior Technical Analyst	Present in person for items 1 to 10
Alice Navein	Technical Analyst	Present in person for items 1 to 10
Aoife Nechowska	NICE Observer	Present in person for items 1 to 10
Steve Pilling	Clinical Advisor	Present in person for items 3 to 10
Prof Nicky Welton	Professor in Statistical and Health Economic Modelling and Co-Director of the Guidelines Technical Support Unit, University of Bristol	Present via Zoom for items 1 to 7

<b>Apologies:</b>	
Michael Jones	Paramedic and Police Officer

**1. Welcome, objectives and apologies**

The Chair welcomed Committee members and attendees to day one of the fifth meeting for aggressive behaviour in people receiving NHS or social care: prevention and management guideline.

**2. Declarations of Interest and approval of minutes**

The Chair, asked committee members to declare any new interests since the last committee meeting. No new declarations were made.

The Chair asked the Committee if any changes were needed to the minutes of the last meeting. No changes were required. The Committee agreed the minutes were a true and accurate account.

**3. Presentation and discussion of network meta analysis results**

RQ4 What are the benefits and harms of medication in the acute management of agitated and aggressive behaviour?

Ifigeneia Mavranetzouli, Health Economic Adviser, presented an overview of the methods and summary of findings for RQ4. The presentation was paused at several points for Committee members to ask clarifications and questions.

**4. Presentation and discussion of network meta analysis results**

**RQ4 What are the benefits and harms of medication in the acute management of agitated and aggressive behaviour?**

Ifigeneia Mavranetzouli, Health Economic Adviser, continued presenting the findings of the network meta analysis for RQ4. The presentation was paused at several points for Committee members to ask clarifications and for Committee discussion.

**5 & 6. Committee discussion and recommendation drafting**

The Chair and Lisa Boardman Topic Lead, facilitated a discussion with the Committee on the network meta analysis findings. The Committee asked clarifications, and began discussing the medications in turn.

**7. Committee discussion and recommendation drafting continued**

Committee discussion continued. Lisa Boardman asked clarifications, further discussion ensued across the Committee.

**8. Committee discussion and recommendation drafting continued**

The Chair, in conjunction with Lisa Boardman facilitated further committee discussion on the medications and findings within the network meta analysis to pull together initial consensus on the findings.

**9. Any other business**

No further business was discussed.

**10. Close of meeting**

The Chair thanked the Committee and NICE team for their contributions and presentations throughout the day. The meeting closed.