

## Metabolic Dysfunction-Associated Steatotic Liver Disease Committee meeting 04

**Date:** 19 December 2025

**Location:** Online meeting (platform: Zoom)

**Minutes:** Final

### Committee members present:

Carole Pitkeathley	Present for items 1 – 7
Christopher D Byrne	Present for items 1 – 7
Emma Ashley	Present for items 1 – 7
Emmanouil Tsochatzis	Present for items 1 – 7
Helen Gwenllian Jarvis	Present for items 1 – 7
Jake Mann	Present for items 1 – 7
Marie Burnham (Chair)	Present for items 1 – 7
Michael Paul Gregg	Present for items 1 – 7
Niamh Whelan	Present for items 1 – 7
Phil Newsome (Topic Advisor)	Present for items 1 – 7
Pinelopi Manousou	Present for items 1 – 7
Stephen James Hanna	Present for items 1 – 7
Chioma Nmereobasi Izzi-Engbeaya	Present for items 1 – 7

### In attendance:

Caroline Mulvihill	Topic Lead	Present for items 1 – 7
Ceri Williams	Senior Information Specialist	Present for items 1 – 7
Emily Crowe	CHTE	Present for items 1 – 7
Emily Herrett	London School of Hygiene and Tropical Medicine (LSHTM)	Present for items 1 – 7
Emily Terrazas-Cruz	Senior Technical Analyst	Present for items 1 – 7
Fred Martineau	London School of Hygiene and Tropical Medicine (LSHTM)	Present for items 1 – 7
Laurie Tomlinson	London School of Hygiene and Tropical Medicine (LSHTM)	Present for items 1 – 7
Martin Allaby	Consultant Clinical Adviser	Present for items 1 – 7
Maria Smyth	Technical Analyst	Present for items 1 – 7
Patrick Langford	Technical Analyst	Present for items 1 – 7
Paul Levay	Senior Information Specialist	Present for items 1 – 7
Philip Williams	Resource Impact Team	Present for items 1 – 7
Steph Armstrong Manby	Senior Health Economist	Present for items 1 – 7

Tamara Diaz	Project Manager	Present for items 1 – 7
Toby Mercer	Technical Analyst	Present for items 1 – 7
Xi Xiong	London School of Hygiene and Tropical Medicine (LSHTM)	Present for items 1 – 7

<b>Apologies:</b>	
Amy Teague	Specialist Nurse
Benjamin Rea	Clinical Radiologist
Mathis Heydtmann	Consultant Hepatologist
Rohit Sinha	Gastroenterologist/Hepatologist

<b>1. Welcome and apologies</b>				
<p>The Chair welcomed the Committee members and attendees to the 4th MASLD guideline committee meeting.</p> <p>The Chair informed the Committee that apologies had been received. These are noted above.</p>				
<b>2. Declarations of Interest</b>				
<p>The Chair asked everyone to verbally declare any interests that had arisen since the last meeting. These are listed below. It was noted that no previous declarations would prevent committee members from participating fully in the day's discussions.</p>				
Name	Affiliation	Declarations of Interest, date declared	Type of interest	Decision taken
Tsochatzis, Emmanouil	Committee member	Has been awarded an NIHR grant on early detection of liver disease.	Direct Financial	Declare and participate. Rationale: Declaration not specific to scope.
<b>3. Minutes of the previous meeting</b>				
<p>The minutes of the meeting 03 were approved and agreed by the committee as accurate.</p>				
<b>4. Protocol: The relationship between alcohol consumption and MASLD Outcomes</b>				
<p>ETC presented a draft protocol to the group and led discussions on the scope and approach, population and exclusions, the categorisation of alcohol consumption, drinking patterns, confounding factors, outcomes and follow up duration for included studies were discussed and agreed.</p>				
<b>5. Monitoring/prognostic review update</b>				
<p>Martin Allaby led discussions on the committee's plans to review and include monitoring</p>				

evidence. Discussions focussed on monitoring intervals, the approach by population, relevant subgroups and paediatric considerations.

**6. Health economic update**

Due to time constraints, the health economics update will be moved to the next meeting.

**7. Any other business**

There being no further business the meeting closed at 1230 p.m.

<b>Date of next meeting:</b>	GC 05: Friday 30 January 2026
<b>Location of next meeting:</b>	<b>Zoom meeting</b>