

4.0.03 DOC Cmte minutes

Polycystic ovary syndrome: assessment and management Committee meeting

Date: 12/03/2026

Location: Virtual

Minutes: Final

Committee members present:	
Rebecca Payne (Chair)	Present for notes 1 – 5
Clare Devanney-Glynn	Present for notes 2 (part – 9
Catherine Gallagher (Co-opted Committee member)	Present for notes 1 – 5
Araya Gautam	Present for notes 2 (part) – 5
Hassan Kahal (Co-opted Committee member)	Present for notes 2 (part)
Judith Ibison	Present for notes 1 – 5
Sharon Manship	Present for notes 1 – 5
Samantha Montes	Present for notes 1 – 5
Guy Morris (Co-opted Committee member)	Present for notes 1 – 5
Rachel Morman	Present for notes 1, 2 (part) – 5
Chetna Patel	Present for notes 1 – 5
Nadia Rahman	Present for notes 1 – 5
Aled Rees (Topic adviser)	Present for notes 1 – 5
Gorav Wali (Co-opted Committee member)	Present for notes 1 – 5
Bassel Wattar	Present for notes 1 – 5

In attendance:		
Alexandra Bonnon	Health Economist	Present for notes 1 – 5
Bethan Dorset	Senior Guidance Content Designer	Present for notes 1 – 5
Sophia Kemmis-Betty	Health Economics Adviser	Present for notes 2 (part) – 5
Clifford Middleton	Topic Lead	Present for notes 1 – 5
Vonda Murray	Project Manager	Present for notes 1 – 9
Julie Neilson	Senior Technical Analyst	Present for notes 1, 2 (part) 5
Suzie Panek	Resource Impact Assessment Lead	Present for notes 1 – 5

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Charlotte Rawstrone	Technical Analyst	Present for notes 1, 2 (part) – 5
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Observers:

Tillie Hansen	Present for notes 1, 2 (part) – 5
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Apologies:

Martin Allaby	NICE - Consultant Clinical Advisor
Punith Kempegowda	Committee member
Georgina Lane	Pharmacist Clinical Adviser
Raj Mathur	Co-opted Committee member
Cheryl Pace	NICE - Pharmacist Clinical Adviser

1. Welcome, aim of meeting, housekeeping, introductions and apologies

- Apologies
- Declarations of interest
- Review of minutes from GC8 & GC9
- Review of Actions and Decisions log from GC8 & GC9

The Chair welcomed the Committee members and attendees to the 10th meeting on Polycystic ovary syndrome.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: reviewing the guideline and discussing any outstanding issues.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Judith Ibison	Salaried GP and Head of primary care education for medicine, City St George's University of	12/03/26 Attendance as audience member to the All Parliamentary	Direct – non-financial	No action required

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	London	Group on PCOS 24/02/2026		
Rachel Morman	Lay member 4	12/03/26 Attended the All-parliamentary group meeting on the 4th March 2026	Direct – non-financial	No action required
<p>The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.</p>				
<p>2. Overview of guideline structure</p>				
<p>The Chair introduced Clifford Middleton, Topic Lead, who discussed with the committee the structure of the guideline. The Committee thanked Clifford Middleton for leading the discussion.</p>				
<p>3. Review of guideline and outstanding issues</p> <ul style="list-style-type: none"> • Section 4 – anti-androgens for hirsutism • Section 4 – metformin for metabolic and anthropometric features • Section 1 - Biochemical hyperandrogenism testing – recs for labs • Section 4 – Pregnancy outcomes • Section 4 – metformin in pregnancy • Principles of care section – foundational NICE guidelines • Principles of care section – long term management/follow up • Other 				
<p>The Chair introduced Clifford Middleton, Topic Lead, led a review of the guideline. The Committee thanked Clifford Middleton for leading the discussion. Not all the areas were covered in the meeting, these will be picked up outside of the committee meeting, and carried over to the April committee meeting as required.</p>				
<p>4. Any other business</p>				
<p>The Chair confirmed the final committee meeting of development would be held - Tuesday 28th April 2026– 10:00am.</p>				
<p>5. Close of meeting</p>				
<p>The Chair closed the meeting.</p>				

Date of next meeting: 28/04/2026

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Location of next meeting: Virtual