

4.0.03 DOC Cmte minutes

- **Principle** – record the Committee meeting attendance, running, discussions
- **Links to include** – none
- **Attachments to include** – none
- **Info to include** – guideline title; meeting date/location; status of minutes (draft/confirmed); attendees; observers; apologies; agenda items and related discussions; declarations of interest; date of next meeting

Polycystic ovary syndrome: assessment and management Guideline Committee Meeting [2]

Date: 15/09/2025

Location: Zoom

Minutes: Draft

Committee members present:	
Rebecca Payne (Chair)	Present for notes 1 – 8
Aled Rees (Topic adviser)	Present for notes 1 – 8
Clare Devanney-Glynn	Present for notes 1 – 8
Araya Gautam	Present for notes 1 – 8
Catherine Gallagher (Co-opted Committee member)	Present for notes 1 – 8
Judith Ibison	Present for notes 1 – 8
Hassan Kahal (Co-opted Committee member)	Present for notes 1 – 8
Punith Kempegowda	Present for notes 1 – 8
Sharon Manship	Present for notes 1 – 8
Guy Morris (Co-opted Committee member)	Present for notes 1 – 8
Chetna Patel	Present for notes 1 – 8
Nadia Rahman	Present for notes 1 – 8
Bassel Wattar	Present for notes 1 – 4 (partway)

In attendance:		
Alexandra Bonnon	Health Economist (HE)	Present for notes 1 – 8
Bethan Dorset	Senior Guidance	Present for notes 4 (part

4.0.03 DOC Cmte minutes

	Content Designer	way – 7
Sophia Kemmis-Betty	Health Economics Adviser	Present for notes 1 – 4 (partway)
Vonda Murray	Project Manager	Present for notes 1 – 8
Julie Neilson	Senior Technical Analyst (STA)	Present for notes 1 – 4 (partway)
Charlotte Rawstrone	Technical Analyst (TA)	Present for notes 1 – 4 (partway)

Observers:

Sarah Bromley	Present for notes 1 – 8
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Apologies:

Martin Allaby	NICE - Consultant Clinical Advisor (CCA)
Cheryl Pace	NICE - Medicines Adviser
Suzie Panek	NICE - Resource Impact Assessment Team

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the guideline committee meeting 2 on Polycystic ovary syndrome: assessment and management Guideline. The Committee members and attendees introduced themselves.

The Chair informed the Committee that apologies had been received. These are noted above.

2. Declarations of interest

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Catherine Gallagher	Dietetic Manager, Liverpool Women's Hospital	10/07/25	Direct – financial Dietetic Manager, Liverpool Women's Hospital	Non-specific Declare and participate

4.0.03 DOC Cmte minutes

				Rationale: salaried employment
Catherine Gallagher	Dietetic Manager, Liverpool Women's Hospital	10/07/25	Direct – financial Private practice, mirrors NHS work, few hours per week.	Specific Declare and participate . Rationale: Private practice is limited
Catherine Gallagher	Dietetic Manager, Liverpool Women's Hospital	12/09/2025	Direct – non-financial Manage a social media business page and use this as a platform for education on nutrition regarding fertility, pregnancy & GDM, and promote private practice. Posts are not specific to PCOS	Non- specific Declare and participate . Rationale: Interest is not specific to guideline
Hassan Kahal	Consultant in Diabetes and Endocrinology, Southmead Hospital, North Bristol NHS Trust	11/09/2025	Direct – financial Private clinic in diabetes, endocrinology and obesity medicine. Work/income remains predominantly in the NHS. The private work one session a week, which mirrors NHS work (mainly focusing on obesity, PCOS, and type 2 diabetes).	Specific Declare and participate . Rationale: Private practice is limited
Punith Kempegow da	Associate Professor in Reproductive Endocrinology and Honorary Consultant at Queen Elizabeth Hospital	15/09/2025	Supported the delivery of patient engagement event as part of PCOS awareness day at the University of Birmingham. Topics revolved around service delivery in the NHS.	Specific Declare and participate Rationale: No potential to benefit
Punith Kempegow da	Associate Professor in Reproductive	15/09/2025	Support medical student and resident doctors interested in creating	Specific Declare and

4.0.03 DOC Cmte minutes

	Endocrinology and Honorary Consultant at Queen Elizabeth Hospital		evidence-based, peer-reviewed multimedia content, which is then shared on social media using the name 'CoMICs' Includes PCOS.	participate Rationale: No potential to benefit
Hassan Kahal	Consultant in Diabetes and Endocrinology, Southmead Hospital, North Bristol NHS Trust	20/07/2025	<p>Direct – non-financial Article published</p> <p>Manuscript of relevance to the matter under consideration</p> <p>Author of article summarising the MONASH guidelines on the management of PCOS for the journal of Medicine (www.medicinejournal.co.uk). Presented the findings of the MONASH PCOS guidelines, without particularly endorsing them.</p>	<p>Specific Declare and participate</p> <p>Rationale: Summary of the International guideline for the assessment and management of PCOS. However, there is no potential to benefit.</p>
Aled Rees	Topic Adviser - Professor of Endocrinology and Consultant Endocrinologist, Cardiff University	10/09/2025	<p>Direct – non-financial Briefly appeared on Channel 5 News in connection with the launch of the 2025 All Parliamentary Party Group report on PCOS. Remarks were confined to the general state of care for women with PCOS in the UK, and the general need for a more integrated approach. Did not endorse any specific interventions or approaches.</p>	<p>Declare and participate</p> <p>Rationale : non-specific, Declare and participate</p>
Chetna Patel	General Practitioner, Paddington Green Health Centre	12/09/2025	Direct –non-financial Public social media page, promotes evidence based lifestyle interventions. Promotes	Non-specific Declare and participate

4.0.03 DOC Cmte minutes

			BSLM social and educational events and connect with British Society of Lifestyle Medicine members.	Rationale: Interest is not specific to guideline
Aled Rees	Topic Adviser - Professor of Endocrinology and Consultant Endocrinologist, Cardiff University	15/09/2025	Attended the launch event of the All-Party Parliamentary Group (APPG) report on PCOS.	Declare and participate Rationale: non-specific, Declare and participate
<p>The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.</p>				
2. Minutes of last meeting				
<p>The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee suggested the following changes:</p> <ul style="list-style-type: none"> Judith Ibison sent apologies 				
3. & 4. Health Economic Plan				
<p>The Chair introduced Alexandra Bonnon, Health Economist, who gave a presentation on health economic plan.</p> <p>The Committee then discussed the issues presented in relation to this guideline. The Chair thanked Alexandra Bonnon for their presentation.</p> <p>The Committee thanked Alexandra Bonnon for their presentation.</p>				
5. Approach to writing NICE recommendations				
<p>The Chair introduced Bethan Dorsett, Content Designer, who gave a presentation on NICE approach to recommendation writing.</p> <p>The Committee thanked Bethan Dorsett for their presentation.</p>				
6. & 7. Section 3 Lifestyle management				
<p>The Chair introduced Clifford Middleton, Topic Lead, who gave a presentation on</p>				

4.0.03 DOC Cmte minutes

section 3 lifestyle management.

The Committee then discussed the issues presented in relation to this guideline. The Chair thanked Clifford Middleton for their presentation.

8. Actions and decisions - Any other business

The chair reminded the committee of the next committee meeting Tuesday 16th September 2025, 10:00 virtually.

Date of next meeting: 16/09/2025

Location of next meeting: Zoom