#### 4.0.03 DOC Cmte minutes

- **Principle** record the Committee meeting attendance, running, discussions
- Links to include none
- Attachments to include none
- Info to include –guideline title; meeting date/location; status of minutes (draft/confirmed); attendees; observers; apologies; agenda items and related discussions; declarations of interest; date of next meeting



# Polycystic ovary syndrome: assessment and management Guideline Committee Meeting [3]

**Date:** 16/09/2025

**Location:** Zoom

Minutes: Draft

Committee members present:	
Rebecca Payne (Chair)	Present for notes 1 – 5
Aled Rees (Topic adviser)	Present for notes 1 – 5
Clare Devanney-Glynn	Present for notes 1 – 5
Araya Gautam	Present for notes 1 – 5
Catherine Gallagher (Co-opted Committee member)	Present for notes 1 – 2 (part 3 – 5)
Judith Ibison	Present for notes 1 – 5
Hassan Kahal (Co-opted Committee member)	Present for notes 1 – 5
Sharon Manship	Present for notes 1 – 5
Samantha Montes	Present for notes 1 – 5
Guy Morris (Co-opted Committee member)	Present for notes 1 – 5
Chetna Patel	Present for notes 1 – 5
Nadia Rahman	Present for notes 1 – 5
Bassel Wattar	Present for notes 1 – 5

In attendance:		
Martin Allaby	Consultant Clinical Advisor (CCA)	Present for notes 2 (partway) - 5

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Alexandra Bonnon	Health Economist (HE)	Present for notes 1 – 5
Julie Neilson	Senior Technical Analyst (STA)	Present for notes 1 – 5
Vonda Murray	Project Manager	Present for notes 1 – 5
Charlotte Rawstrone	Technical Analyst (TA)	Present for notes 1 – 5
Ellie Zachariades	Guidance Content Designer	Present for notes 1 – 5

Observers:	
Sarah Bromley	Present for notes 1 – 5
Saoussen Ftouch	Present for notes 1 – 2 (partway)

Apologies:	
Punith Kempegowda	Committee member
Bethan Dorset	NICE - Senior Guidance Content Designer
Sophia Kemmis-Betty	NICE - Health Economics Adviser
Cheryl Pace	NICE - Medicines Adviser
Suzie Panek	NICE - Resource Impact Assessment Team

## 1. Welcome, apologies and declarations of interest

The Chair welcomed the Committee members and attendees to the guideline committee meeting 3 on Polycystic ovary syndrome: assessment and management Guideline.

The Chair informed the Committee that apologies had been received. No new declaration of interest was made.

#### 2. Section 3 Lifestyle management

The Chair introduced Clifford Middleton, Topic Lead, who continued to present section 3 lifestyle management

The Committee then discussed the issues presented in relation to this guideline. The Chair thanked Clifford Middleton for their presentation.

### 3. Section 1 Diagnosis and assessment

Due to time constraints it was agreed that this would be picked up outside of the committee meeting.

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# 4. Section 2 Psychological features

Due to time constraints, it was agreed that this would be picked up outside of the committee meeting.

# 5. Actions and decisions - Any other business

Next committee meeting 10th and 11th November hybrid/in-person committee meeting.

**Date of next meeting:** 10/11/2025 and 11/11/2025

Location of next meeting: Hybrid