

4.0.03 DOC Cmte minutes

Polycystic ovary syndrome: assessment and management Guideline Committee Meeting 6

NICE National Institute for
Health and Care Excellence

Date: 13/01/2026

Location: Virtual

Minutes: Final

Committee members present:	
Rebecca Payne (Chair)	Present for agenda items 1 – 8
Clare Devanney-Glynn	Present for agenda items 1 – 8
Araya Gautam	Present for agenda items 1 – 8
Hassan Kahal (Co-opted Committee member)	Present for agenda items 1 – 8
Punith Kempegowda	Present for agenda items 1 – 8
Judith Ibison	Present for agenda items 1 – 8
Sharon Manship	Present for agenda items 1 – 8
Raj Mathur (Co-opted Committee member)	Present for agenda items 1 – 8
Samantha Montes	Present for agenda items 1 – 8
Rachel Mormon	Present for agenda items 1 – 8
Guy Morris (Co-opted Committee member)	Present for agenda items 1 – 8
Chetna Patel	Present for agenda items 1 – 6 (partway)
Aled Rees	Present for agenda items 1 – 8
Nadia Rahman	Present for agenda items 1 – 8

In attendance:		
Martin Allaby	Consultant Clinical Advisor	Present for agenda items 1 – 8
Alexandra Bonnon	Health Economist	Present for agenda items 1 – 8
Bethan Dorsett	Senior Guidance Content Designer	Present for agenda items 1 – 8
Georgia Lane	Pharmacist Clinical Adviser	Present for agenda items 4 (partway) – 8
Clifford Middleton	Topic Lead	Present for agenda items 5

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		(partway) – 8
Vonda Murray	Project Manager	Present for agenda items 1 – 8
Suzie Panek	Resource Impact Lead	Present for agenda items 1 – 8
Julie Neilson	Senior Technical Analyst	Present for agenda items 1 – 8
Charlotte Rawstrone	Technical Analyst	Present for agenda items 1 – 6 (partway)

Observers:

Rebecca Boucher	Senior Guidance Content Designer
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Apologies:

Catherine Gallagher	Committee member
Sophia Kemmis-Betty	NICE - Health Economics Adviser
Cheryl Pace	NICE – Principal Pharmacist Clinical Adviser
Gorav Wali	Committee member
Bassel Wattar	Committee member

1. Welcome, aim of meeting, housekeeping, introductions and apologies

The Chair welcomed the Committee members and attendees to the guideline committee meeting 6 on Polycystic ovary syndrome: assessment and management Guideline. The Chair informed the committee that apologies had been received, these are noted above.

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was fertility

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. New lay member Rachel Morman was welcomed to the meeting by the Chair. Rachel introduced herself and DOI's are noted below. No other additional DOI's were noted.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Rachel Morman	Lay Member	Direct – non-financial	Trustee of Verity (PCOS UK)	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Steering committee member for the PCOS Name	No action needed

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			Change	
Rachel Morman	Lay Member	Direct – non-financial	Steering committee member for the International PCOS Guidelines	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Published contributing author - Polycystic ovary syndrome perspectives from patients and health professionals on clinical features, current name, and renaming: a longitudinal international online survey	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Published contributing author - Polycystic Ovary Syndrome: Perspectives from Patients and Health Professionals on Clinical Features, Current Name, and Renaming: A Longitudinal International Online Survey	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Published contributing author - International PCOS guideline clinical research priorities roadmap: a codesigned approach aligned with	No action needed

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			end-user priorities in a neglected women's health condition	
Rachel Morman	Lay Member	Direct – non-financial	Attended a meeting (AMH tests and PCOS) at Roche and received travel expenses	No action needed
Rachel Morman	Lay Member	Direct – non-financial	That Time of the Month: living with PCOS, BBC 5 Live Radio	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Article The Guardian – PCOS misinformation	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Article ITV – PCOS report and misinformation	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Article The Guardian – PCOS report and failures	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Article FemTech World – PCOS report and failures	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Health innovation – article PCOS blood test	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Article – Monash University, NICE guidelines	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Article – Pharmaceutical Journal BMI recording	No action needed
Rachel Morman	Lay Member	Direct – non-financial	Article – Daily Mail Signs of PCOS	No action needed

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

The Chair asked the Committee if it wanted any changes made to the minutes of the last

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<p>meeting. The Committee agreed that the minutes were a true and accurate account of the meeting. The Chair confirmed that all matters arising had been completed or were in hand.</p>	
2	Visual summaries Gender inclusive language
<p>The Chair introduced Bethan Dorsett, Senior Guidance Content Designer who spoke to the committee about gender inclusive language and visual summaries The Chair thanked Bethan Dorsett for her presentation and contribution to the development of the guideline.</p>	
3. Fertility – Clinical briefing	
<p>The Chair introduced Raj Mathur & Guy Morris Committee members. Guy Morris provided a clinical briefing on PCOS and fertility. The Chair thanked Guy Morris for the overview.</p>	
4. Lay member forum	
<p>The Chair invited the lay members to contribute. The Chair thanked the lay members for their contribution.</p>	
5. Section 5 – Fertility <ul style="list-style-type: none">• ROBIS presentation• Clinical evidence presentation• Health Economics evidence presentation	
<p>The Chair introduced Charlotte Rawstrone, Technical Analyst who presented the ROBIS assessment presentation and the clinical evidence for fertility. The Chair thanked Charlotte Rawstrone for her presentation and contribution to the development of the guideline.</p> <p>The Chair introduced Alexandra Bonnon, Health Economist who went presented the health economics evidence for fertility. The Chair thanked Alexandra Bonnon, for her presentation and contribution to the development of the guideline.</p>	
6. Section 5 – Fertility <ul style="list-style-type: none">• Committee discussion• Recommendations	
<p>The Chair introduced Clifford Middleton, Topic Lead who went through the recommendations for fertility. The Committee then discussed the issues and recommendations presented in relation to this guideline. The Chair thanked Clifford Middleton.</p>	
7. Actions and decisions	
Any other business	
<p>The chair reminded everyone the start time for the committee meeitng on Wednesday the 14th January 2026</p>	
8. Close of meeting	
<p>The Chair closed the meeting.</p>	

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Date of next meeting: 14/01/2026

Location of next meeting: Zoom