

4.0.03 DOC Cmte minutes

Polycystic ovary syndrome: assessment and management Guideline Committee Meeting 7

NICE National Institute for
Health and Care Excellence

Date: 14/01/2026

Location: Virtual

Minutes: Final

Committee members present:	
Rebecca Payne (Chair)	Present for agenda items 1 – 8
Clare Devanney-Glynn	Present for agenda items 1 – 8
Araya Gautam	Present for agenda items 1 – 8
Hassan Kahal (Co-opted Committee member)	Present for agenda items 1 – 8
Punith Kempegowda	Present for agenda items 1 – 8
Judith Ibison	Present for agenda items 1 – 8
Sharon Manship	Present for agenda items 1 – 8
Raj Mathur (Co-opted Committee member)	Present for agenda items 1 – 8
Samantha Montes	Present for agenda items 1 – 8
Rachel Mormon	Present for agenda items 1 – 8
Guy Morris (Co-opted Committee member)	Present for agenda items 1 – 8
Chetna Patel	Present for agenda items 1 – 8
Aled Rees	Present for agenda items 1 – 8
Nadia Rahman	Present for agenda items 1 – 3
Gorav Wali	Present for agenda items 1 - 2
Bassel Watter	Present for agenda items 1 – 8

In attendance:		
Alexandra Bonnon	Health Economist	Present for agenda items 1 – 8
Bethan Dorsett	Senior Guidance Content Designer	Present for agenda items 1 – 8
Sophia Kemmis-Betty	Health Economics Adviser	Present for agenda items 1 – 3 (partway) 4 – 8
Georgia Lane	Pharmacist Clinical	Present for agenda items 3

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	Adviser	(partway) – 8
Clifford Middleton	Topic Lead	Present for agenda items 1 (partway) – 8
Vonda Murray	Project Manager	Present for agenda items 1 – 8
Suzie Panek	Resource Impact Lead	Present for agenda items 1 – 6 (partway)
Julie Neilson	Senior Technical Analyst	Present for agenda items 1 – 8
Charlotte Rawstrone	Technical Analyst	Present for agenda items 1 – 6 (partway)

Observers:

Rebecca Boucher	Senior Guidance Content Designer
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Apologies:

Martin Allaby	NICE - Consultant Clinical Advisor
Catherine Gallagher	Committee member
Cheryl Pace	NICE – Principal Pharmacist Clinical Adviser
Gorav Wali	Committee member

1. Welcome, aim of meeting, housekeeping, introductions and apologies

The Chair welcomed the Committee members and attendees to the guideline committee meeting 7 on Polycystic ovary syndrome: assessment and management Guideline. The Chair informed the committee that apologies had been received, these are noted above.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting. New committee member Gorav Wali Dermatology expert was welcomed to the meeting by the Chair. Gorav Wali introduced himself and DOI's are noted below. No other additional DOI's were noted.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Gorav Wali	Consultant Dermatologist at Oxford University Hospitals NHS Foundation Trust	Consultant Dermatologist, Oxford University Hospitals NHS Foundation Trus	Direct – financial	No action needed

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Gorav Wali	Consultant Dermatologist at Oxford University Hospitals NHS Foundation Trust	Honorary Senior Clinical Lecturer in Dermatology at University of Oxford	Direct – financial	No action needed
Gorav Wali	Consultant Dermatologist at Oxford University Hospitals NHS Foundation Trust	British Association of Dermatologists National Therapies & Guidelines Committee Member	Direct – financial	No action needed
Gorav Wali	Consultant Dermatologist at Oxford University Hospitals NHS Foundation Trust	Galderma Advisory Board for Nemolizumab in treatment of atopic dermatitis and nodular prurigo	Direct – financial	No action needed

The Chair and a senior member of the Developer’s team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

2. Laser hair reduction update

The Chair introduced Sophia Kemmis-Betty, Health Economics Adviser who provided a health economics update on laser hair reduction in PCOS. The Chair thanked Sophia Kemmis-Betty for her presentation and contribution to the development of the guideline.

3. Section 5 – Fertility – continued

- Committee discussion
- Recommendations

The Chair introduced Clifford Middleton, Topic Lead who continued leading the discussion and recommendation review of section 5 of the international guideline, fertility. The Chair thanked Clifford Middleton.

4. OGTT

- Evidence presentation
- Health Economics Evidence

The Chair introduced Charlotte Rawstrone, Technical Analyst who presented the clinical

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evidence for OGTT. The Chair thanked Charlotte Rawstrone for her presentation and contribution to the development of the guideline.

The Chair introduced Alexandra Bonnon, Health Economist who went presented the health economics evidence for OGTT. The Chair thanked Alexandra Bonnon, for their presentation and contribution to the development of the guideline.

5. OGTT

- **Discussion**
- **Recommendations**

The Chair introduced Clifford Middleton, Topic Lead who continued to lead the discussion and recommendation review for OGTT. The Chair thanked Clifford Middleton.

6. Health economics methods AMH & Ultrasound

- **Presentation**
- **Discussion**

The Chair introduced Alexandra Bonnon, Health Economist who presented the health economics evidence for AMH and ultrasound. The Chair thanked Alexandra Bonnon, for their presentation and contribution to the development of the guideline. The committee asked questions and discussed the evidence.

The Chair introduced Julie Neilson Senior Technical Analyst who went presented the clinical evidence for AMH and ultrasound. The Chair thanked Julie Neilson, for their presentation and contribution to the development of the guideline. The committee asked questions and discussed the evidence.

7. Section 2 – Psychological features

- **Recommendation review**

To be carried over to a future meeting

8. Section 1

- **Queries**

To be carried over to a future meeting

9. Any other business

The Chair reminded everyone that the next committee meeting 10th and 11th February 2026

8. Close of meeting

The Chair closed the meeting.

Date of next meeting: 10/02/2026 and 11/02/26

Location of next meeting: Zoom

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