

## Polycystic ovary syndrome: assessment and management Committee meeting

**Date:** 10/02/2026



**Location:** Virtual/Zoom

**Minutes:** Final

<b>Committee members present:</b>	
Rebecca Payne (Chair)	Present for notes 1 – 9
Clare Devanney-Glynn	Present for notes 1 – 9
Catherine Gallagher (Co-opted Committee member)	Present for notes 1 – 9
Araya Gautam	Present for notes 1 – 9
Hassan Kahal (Co-opted Committee member)	Present for notes 1 – 9
Punith Kempegowda	Present for notes 1 – 9
Judith Ibison	Present for notes 1 – 9
Raj Mathur (Co-opted Committee member)	Present for notes 1 – 9
Samantha Montes	Present for notes 1 – 9
Guy Morris (Co-opted Committee member)	Present for notes 1 – 9
Rachel Morman	Present for notes 1 – 9
Chetna Patel	Present for notes 1 – 9
Nadia Rahman	Present for notes 1 – 9
Aled Rees (Topic adviser)	Present for notes 1 – 9
Gorav Wali (Co-opted Committee member)	Present for notes 1 – 9
Bassel Wattar	Present for notes 3 (partway through) – 3 (partway) to 7 (partway)

<b>In attendance:</b>		
Alexandra Bonnon	Health Economist	Present for notes 1 – 9
Bethan Dorset	Senior Guidance Content Designer	Present for notes 1 – 9
Sophia Kemmis-Betty	Health Economics Adviser	Present for notes 1 – 9

Clifford Middleton	Topic Lead	Present for notes 1 – 9
Vonda Murray	Project Manager	Present for notes 1 – 9
Julie Neilson	Senior Technical Analyst	Present for notes 1 – 3, 4 (partway) – 6
Suzie Panek	Resource Impact Assessment Lead	Present for notes 1 – 9
Charlotte Rawstrone	Technical Analyst	Present for notes 1 – 9

**Apologies:**

Sharon Manship	Committee member
Martin Allaby	NICE - Consultant Clinical Advisor
Cheryl Pace	NICE - Pharmacist Clinical Adviser

**1. Welcome, aim of meeting, housekeeping, introductions and apologies**

The Chair welcomed the Committee members and attendees to the 8th meeting on Polycystic ovary syndrome: assessment and management Guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included section 4 (non-fertility features) of the international guideline.

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was non-fertility features.

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Aled Rees	Professor of Endocrinology and Consultant Endocrinologist, Cardiff University	04/02/26 All-Party Parliamentary Group (APPG) roundtable discussing NHS pathways	Direct – non-financial	No action needed
Aled Rees	Professor of Endocrinology and Consultant	10/02/26 Participated in a breakout	Direct – non-financial	No action needed

	Endocrinologist, Cardiff University	session 04/02/26 as part of an international PCOS name change		
Rachel Morman	Lay member	10/02/26 Participated in a breakout session 04/02/26 as part of an international PCOS name change	Direct – non- financial	No action needed
Guy Morris	Subspecialty Trainee Reproductive Medicine and Surgery St. Michael's Hospital Bristol, Southmead Hospital Bristol, Bristol Centre for Reproductive Medicine	10/02/26 Conference attendance 47 Internal Dexeus Congress on IVF in Barcelona. IBSA funding; travel, subsistence, accommodation	Direct – financial	No action needed
Guy Morris	Subspecialty Trainee Reproductive Medicine and Surgery St. Michael's Hospital Bristol, Southmead Hospital Bristol, Bristol Centre for Reproductive Medicine	10/02/26 Attending ESHRE conference London July 2026. Ferring funding; travel, subsistence, accommodation.	Direct – financial	No action needed

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

## **2. Section 4 – lay member forum**

The Chair invited the lay members to contribute. The Chair thanked the lay members for their contribution.

## **3. Section 4 - Management of Non-Fertility Features (excluding laser hair reduction)**

- Clinical evidence
- Health Economic Evidence

The Chair introduced Charlotte Rawstrone, Technical Analyst who presented the clinical evidence for non-fertility features (excluding laser hair reduction). The Chair thanked Charlotte Rawstrone for her presentation and contribution to the development of the guideline.

The Chair introduced Alexandra Bonnon, Health Economist who presented the health economics evidence for non-fertility features (excluding laser hair reduction). The Chair thanked Alexandra Bonnon, for her presentation and contribution to the development of the guideline.

## **4. Section 4 - Management of Non-Fertility Features (excluding laser hair reduction)**

- Discussion
- Recommendations

The Chair introduced Clifford Middleton, Topic Lead who facilitated a committee discussion on issues and recommendations. The Chair thanked Clifford Middleton.

## **5. Section 4 – Laser hair reduction- lay member forum**

The Chair invited the lay members to contribute. The Chair thanked the lay members for their contribution.

## **6. Section 4 – Laser hair reduction**

- Clinical evidence
- HE model
- Resource impact

The Chair introduced Charlotte Rawstrone, Technical Analyst who presented the clinical evidence for laser hair reduction. The Chair thanked Charlotte Rawstrone for her presentation and contribution to the development of the guideline.

The Chair introduced Sophia Kemmis-Betty, Health Economics Adviser who presented the health economics evidence for laser hair reduction. The Chair thanked Sophia Kemmis-Betty, for her presentation and contribution to the development of the guideline.

The Chair introduced Suzie Panek, Resource Impact Lead who spoke about the resource

impact for laser hair reduction. The Chair thanked Suzie Panek, for her presentation and contribution to the development of the guideline.

#### **7. Section 4 – Laser hair reduction**

- Committee discussion
- Recommendations

The Chair introduced Clifford Middleton, Topic Lead who facilitated a committee discussion on issues and recommendations. The Chair thanked Clifford Middleton.

#### **8. AOB**

The Chair reminded everyone that the next committee meeting Wednesday 11<sup>th</sup> February 2026 would start at 10:00

#### **9. Close of meeting**

The Chair closed the meeting.

**Date of next meeting:** 11/02/2026

**Location of next meeting:** Zoom