

#### 4.0.03 DOC Cmte minutes

### Polycystic ovary syndrome: assessment and management Committee meeting

**Date:** 11/02/2026

**Location:** Virtual/Zoom

**Minutes:** Final

**NICE** National Institute for  
Health and Care Excellence

<b>Committee members present:</b>	
Rebecca Payne (Chair)	Present for notes 1 – 9
Clare Devanney-Glynn	Present for notes 1 – 9
Catherine Gallagher (Co-opted Committee member)	Present for notes 1 – 9
Araya Gautam	Present for notes 1 – 9
Hassan Kahal (Co-opted Committee member)	Present for notes 1 – 9
Judith Ibison	Present for notes 1 – 9
Raj Mathur (Co-opted Committee member)	Present for notes 1 – 3 (partway) 3 - 9
Samantha Montes	Present for notes 1 – 9
Guy Morris (Co-opted Committee member)	Present for notes 1 – 9
Rachel Morman	Present for notes 1 – 9
Chetna Patel	Present for notes 1 – 9
Aled Rees (Topic adviser)	Present for notes 1 – 9
Gorav Wali (Co-opted Committee member)	Present for notes 1 – 9

<b>In attendance:</b>		
Alexandra Bonnon	Health Economist	Present for notes 1 – 9
Bethan Dorset	Senior Guidance Content Designer	Present for notes 1 – 9
Sophia Kemmis-Betty	Health Economics Adviser	Present for notes 1 – 4
Clifford Middleton	Topic Lead	Present for notes 1 – 9
Vonda Murray	Project Manager	Present for notes 1 – 9
Julie Neilson	Senior Technical Analyst	Present for notes 1 – 3, 4 (partway) – 6

#### 4.0.03 DOC Cmte minutes

Suzie Panek	Resource Impact Assessment Lead	Present for notes 1 – 4
Charlotte Rawstrone	Technical Analyst	Present for notes 1 – 4

#### Apologies:

Martin Allaby	NICE - Consultant Clinical Advisor
Punith Kempegowda	Committee member
Sharon Manship	Committee member
Cheryl Pace	NICE - Pharmacist Clinical Adviser
Nadia Rahman	Committee member
Bassel Wattar	Committee member

#### 1. Welcome, aim of meeting, housekeeping, introductions and apologies

The Chair welcomed the Committee members and attendees to the 9th meeting on Polycystic ovary syndrome: assessment and management Guideline.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included; section 4 (non-fertility features), AMH & TVUS health economics, and psychological features

The Chair asked everyone to verbally declare any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Raj Mathur	Consultant Gynaecologist, Subspecialist in Reproductive Medicine and Surgery, Manchester University NHS Foundation Trust. Hon Senior Lecturer, University of Manchester	22/02/2026 Presenter at the Fertility show 16/05/26 on Endometriosis and Adenomyosis.	Direct non-financial	No Action required

#### 4.0.03 DOC Cmte minutes

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

#### **2. Section 4 – Laser hair reduction**

- Discussion

The Chair introduced Clifford Middleton, Topic Lead who facilitated a committee discussion on issues and recommendations. The Chair thanked Clifford Middleton.

#### **3. AMH & TVUS Health Economics**

- Presentation of results
- Discussion
- Recommendations

The Chair introduced Alexandra Bonnon, Health Economist who presented the health economics evidence for AMH & TVUS health economics. The Chair thanked Alexandra Bonnon, for her presentation and contribution to the development of the guideline.

The Chair introduced Clifford Middleton, Topic Lead who facilitated a committee discussion on issues and recommendations. The Chair thanked Clifford Middleton.

#### **4. Section 2 - Psychological features - lay member forum**

The Chair invited the lay members to contribute. The Chair thanked the lay members for their contribution

#### **5. Section 2 - Psychological features**

- Recommendations

The Chair introduced Clifford Middleton, Topic Lead who facilitated a committee discussion on issues and recommendations. The Chair thanked Clifford Middleton.

#### **6. Section 4 – Laser hair reduction**

- Discussion

The Chair introduced Clifford Middleton, Topic Lead who facilitated a committee discussion on issues and recommendations. The Chair thanked Clifford Middleton.

#### **7. Section 4 - Management of Non-Fertility Features (excluding laser hair reduction)**

- Discussion

#### 4.0.03 DOC Cmte minutes

<ul style="list-style-type: none"><li>• Recommendations</li></ul>
The Chair introduced Clifford Middleton, Topic Lead who facilitated a committee discussion on issues and recommendations. The Chair thanked Clifford Middleton.
<b>8. AOB</b>
The Chair reminded everyone that the next committee meeting Thursday 12th March 2026 – 10:00am.
<b>9. Close of meeting</b>
The Chair closed the meeting.

**Date of next meeting:** 12/03/2026

**Location of next meeting:** Zoom