

Polycystic ovary syndrome: assessment and management Guideline Committee Interests Register

Register last updated: 28/11/25

Name	Role with NICE	Type of interest	Description of interest	Interest arose	Interest declared	Interest ceased	Comments
Rebecca Payne	Chair	Direct – financial	Salaried GP NHS Orkney	2020	April 2024	Ongoing	Non-specific Declare and participate Rationale: Salaried employment in the NHS.
Rebecca Payne	Chair	Direct – financial	Locum GP, Falkland Isles, Western Isles, Wales	2008	April 2024	Ongoing	Non-specific Declare and participate Rationale: Salaried employment for the NHS.
Rebecca Payne	Chair	Direct – financial	NIHR funded fellowship, Oxford university	2022	April 2024	October 2024	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – financial	Single payment of £200 from Pulse management in practice conference for speech	2023	April 2024	2023	Non-specific Declare and participate Rationale: Not specific to the guideline scope.

Rebecca Payne	Chair	Direct – financial	Clarendon Reuben Doctoral scholar, Oxford University	October 2024	Decemb er 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – financial	Bank GP, Cardiff and Vale University Healthboard	Decemb er 2024	Decemb er 2024	Ongoing	Non-specific Declare and participate Rationale: Salaried employment.
Rebecca Payne	Chair	Direct – financial	Clinical Senior Lecturer in Primary Care- Bangor University	June 2025	June 2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment.
Rebecca Payne	Chair	Direct – non- financial	Member of Christian Medical Fellowship	1996	April 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – non- financial	Member of Society for Organising in Healthcare	2024	April 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – non- financial	Fellow, Royal College of General Practitioners	2007	April 2024	Ongoing	Non-specific Declare and participate

							Rationale: Not specific to the guideline.
Rebecca Payne	Chair	Direct – non-financial	Fellow, Faculty of Medical Leadership and Management	2021	April 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct – non-financial	PhD student Bangor University – self funded – Title: “virtual consults, real consequences” – the PhD is about the risks to quality and safety in remote general practice in the UK	October 2024	December 2024	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Indirect, financial	Member of advisory group The ESCORT Project. University is paid	November 2025	04/11/25	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Rebecca Payne	Chair	Direct - financial	Received a referral payment from locum agency Dedicare for finding them a doctor for the Falkland island	November 2025	20/11/2025	November 2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Committee Member	Direct - financial	Associate Professor of Reproductive Medicine and a Consultant Obstetrician and Gynaecologist at Epsom	2022	23/04/2025	2025	Non-specific. Declare and participate Rationale: Salaried employment for NHS.

			and St Helier University Hospitals NHS Trust. Sub-specialist in Reproductive Medicine and Surgery and run a dedicated PCOS clinic in the NHS.				
Bassel Watter	Committee Member	Direct - financial	Associate Professor of Reproductive Medicine - Medical Director of the Clinical Trials Unit, Anglia Ruskin University	2024	23/04/2025	ongoing	Non-specific. Declare and participate Rationale: salaried employment for NHS.
Bassel Wattar	Committee Member	Direct – financial	Private medical practice includes 3 evening sessions of 2 hours each covering PCOS, menopause and IVF.	2024	23/04/2025	ongoing	Specific. Declare and participate Rationale: Few sessions covering PCOS, bulk of work is carried out as associate professor and consultant.
Bassel Watter	Committee Member	Direct – non-financial	Lead-The international initiatives to harmonise research reporting in polycystic ovary syndrome (HARP). Coordinated work of an international group of experts on PCOS to harmonise reporting findings of studies on PCOS. This initiative led to the production of the 1st	2018	23/04/2025	ongoing	Non-specific Declare and Participate Rationale: Not specific to guideline scope.

			<p>international core outcome set to guide the conduct of future research studies in PCOS with input from all relevant stakeholder groups.</p> <p>Al Wattar. B.H, Teede H, Garad R, Franks S, Balen A, Bhide P, Piltonen T, Romaldi D, Laven J, Thondan M, Bueno A, Moss N, Andrews C, Hawkes R, Mol B.W, Khan K.S, Thangaratinam S. Harmonising research outcomes for polycystic ovary syndrome (HARP): An international multi-stakeholder core outcome set. Human Reproduction. 2020 Feb 29;35(2):404-412</p>				
Bassel Watter	Vice-Chair	Direct - non-financial	<p>International secretary of the early career researchers for the Androgen Excess and Polycystic Ovary Syndrome Society (AE-PCOS).</p>	2019	23/4/2025	2021	<p>Non-specific</p> <p>Declare and Participate</p> <p>Rationale: Not specific to guideline scope.</p>

Bassel Wattar	Vice-Chair	Direct – non-financial	Member of the RCOG Guideline Development Committee	2024	23/04/2025	ongoing	Non-specific Declare and Participate Rationale: Not specific to guideline scope.
Bassel Wattar	Vice-Chair	Direct – non-financial	Scientific editor - BJOG: An international journal of obstetrics and gynaecology	2017	23/04/2025	ongoing	Non-specific Declare and Participate Rationale: Not specific to guideline scope.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Chief investigator- A comprehensive multi-disciplinary online educational course for healthcare professionals on the diagnosis and management of polycystic ovary syndrome (PCOS TIME) (The Waterloo Foundation funded).	2023	23/04/2025	2026	Non-specific Declare and participate Rationale: Educational course is not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Direct – non financial	Chief investigator- A comprehensive multi-disciplinary online educational course for healthcare professionals on the diagnosis and management of polycystic ovary syndrome (PCOS	2023	23/04/2025	2026	Non-specific Declare and participate Rationale: Educational course is not specific to the guideline scope.

			TIME) (The Waterloo Foundation funded).				
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Chief investigator- EfficAcy of In-vitro Fertilisation add-ons in improviNg the reproductive outcomes of couples with inferTility (AFFINITY): A development programme for a Bayesian multi-stage multi-arm adaptive randomised trial (NIHR funded).	2024	23/04/2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Chief investigator- EfficAcy of In-vitro Fertilisation add-ons in improviNg the reproductive outcomes of couples with inferTility (AFFINITY): A development programme for a Bayesian multi-stage multi-arm adaptive randomised trial (NIHR funded).	2024	23/04/2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Direct – non-financial	Chief investigator- EfficAcy of In-vitro Fertilisation add-ons in improviNg the reproductive outcomes of couples with inferTility (AFFINITY): A development programme	2024	23/04/2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.

			for a Bayesian multi-stage multi-arm adaptive randomised trial (NIHR funded).				
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Chief Investigator- Effectiveness of ClomipheNe CitRate for the management of mEn wiTh infErtility (CONCRETE): A randomised double-blind placebo-controlled trial. (NIHR funded).	2025	23/04/2025	2029	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Direct – non-financial	Chief Investigator- Effectiveness of ClomipheNe CitRate for the management of mEn wiTh infErtility (CONCRETE): A randomised double-blind placebo-controlled trial. (NIHR funded).	2025	23/04/2025	2029	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Bassel Wattar	Vice-Chair	Indirect financial (money goes to institution)	Deputy Editor in Chief of the Human Fertility Journal. manage submissions relevant to several topics including PCOS	September 2025	17/09/2025	Ongoing	Specific. Declare and participate Rationale: No potential to benefit identified.

Bassel Wattar	Vice-Chair	Direct – financial	Delivered an educational lecture on management of PCOS at an academic meeting. Funding for travel and accommodation provided by Merck Pharma.	06/11/2025	10/11/2025	Ongoing	Specific. Declare and participate Rationale: Confirmed that travel and accommodation were within reasonable limits (car mileage and standard hotel). No potential to benefit identified.
Aled Rees	Topic Advisor	Direct – financial	Consultant Endocrinologist, Cardiff and Vale University Health Board	2006	25.03.2025	Ongoing	Non-specific. Declare and participate Rationale: Salaried employment for the NHS.
Aled Rees	Topic Advisor	Direct – financial	Senior Editor, <i>Clinical Endocrinology</i>	2017	25.03.2025	2024	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – financial	Royalty payments for <i>Clinical Endocrinology and Diabetes at a Glance</i>	2017	25.03.2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – financial	Co-lead question writer for the pituitary and adrenal sections of the Endocrine	2024	25.03.2025	Ongoing	Non-specific Declare and participate

			Self-Assessment Program - leading global self-study program for endocrinologists (US Endocrine Society). Writes 8 questions per year and get reimbursed for time and any travel expenses				Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – financial	Invited speaker payments (Neurocrine, FrostPharma). This is not related to PCOS.	2025	25.03.2025	2025	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Chair, Welsh Endocrine and Diabetes Society	2014	25.03.2025	2024	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Principal investigator on clinical studies examining hypertension, resistance and other exercise training in PCOS	2020	25.03.2025	Ongoing	Specific Declare and participate Rationale: Study not yet published. To be kept under review because the study may inform the guidance. Potential perceived conflict in lifestyle discussions.

Aled Rees	Topic Advisor	Direct – non-financial	Lead, James Lind Alliance Priority Setting Partnership in PCOS	2024	25.03.2025	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline and research focused. No potential to benefit from NICE decision.
Aled Rees	Topic Advisor	Direct – non-financial	Board member, Androgen Excess-PCOS Society	2024	25.03.2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to the guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	General Secretary, Society for Endocrinology	2025	25.03.2025	Ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Agarwal N, Rice SPL, Bolusani H, Luzio SD, Dunseath G, Ludgate M, Rees DA . Metformin reduces arterial stiffness and improves endothelial function in young women with Polycystic Ovary Syndrome: a randomized,	2010	25.03.2025	2010	Non-specific Declare and participate Rationale: Not specific to guideline scope as not included as evidence.

			placebo-controlled, crossover trial. J Clin Endocrinol Metab 2010				
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Morgan C, Jenkins-Jones S, Currie C, Rees DA . Evaluation of adverse outcome in women with polycystic ovary syndrome versus matched, reference controls: a retrospective, observational study. J Clin Endocrinol Metab 2012	2012	25.03.2025	2012	Specific. Declare and participate Rationale: No potential to benefit identified.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Lansdown A, Rees DA . The sympathetic nervous system in polycystic ovary syndrome: a novel therapeutic target? Clin Endocrinol 2012	2012	25.03.2025	2012	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Willis GR, Udiawar M, Evans WD, Blundell HL, James PE, Rees DA .	2014	25.03.2025	2014	Non-specific Declare and participate Rationale: Not specific to guideline scope.

			Detailed characterisation of circulatory nitric oxide and free radical indices – is there evidence for abnormal cardiovascular homeostasis in young women with polycystic ovary syndrome? BJOG 2014				
Aled Rees	Topic Advisor	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Rees E, Coulson R, Dunstan F, Evans WD, Blundell HL, Luzio SD, Dunseath G, Halcox JP, Fraser AG, Rees DA. Central arterial stiffness and diastolic dysfunction are associated with insulin resistance and abdominal obesity in young women but polycystic ovary syndrome does not confer additional risk. Hum Reprod 2014</p>	2014	25.03.2025	2014	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Rees DA, Udiawar M, Jones D, Berlot R,</p>	2016	25.03.2025	2016	Non-specific Declare and participate Rationale: Not specific to guideline scope.

			O'Sullivan M. White matter microstructure and cognitive function in young women with polycystic ovary syndrome. J Clin Endocrinol Metab 2016				
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Rees DA , Jenkins-Jones S, Morgan CL. Contemporary reproductive outcomes for patients with polycystic ovary syndrome: a retrospective observational study. J Clin Endocrinol Metab 2016	2016	25.03.2025	2016	Specific. Declare and participate Rationale: No potential to benefit from NICE decision.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Berni TR, Morgan CL, Berni ER, Rees DA . Polycystic ovary syndrome is associated with adverse mental health and neurodevelopmental outcomes. J Clin Endocrinol Metab 2018	2018	25.03.2025	2018	Non-specific Declare and participate Rationale: Not specific to guideline scope.

Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Lansdown A, Warnert E, Sverisdottir Y, Wise R, Rees DA . Regional cerebral differences accompany sympathoexcitation in women with polycystic ovary syndrome. J Clin Endocrinol Metab 2019	2019	25.03.2025	2019	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Lewis RD, Narayanaswamy AK, Farewell D, Rees DA . Complement activation in polycystic ovary syndrome occurs in the postprandial and fasted state and is influenced by obesity and insulin sensitivity. Clin Endocrinol 2020	2020	25.03.2025	2020	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Berni T, Morgan C, Rees DA. Women with	2021	25.03.2025	2021	Specific. Declare and participate

			Polycystic Ovary Syndrome have an increased risk of major cardiovascular events: a population study. J Clin Endocrinol Metab 2021				Rationale: No potential to benefit from NICE decision.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Allen L, Shrikrishnapalasuriyar N, Rees DA . Long-term health outcomes in young women with Polycystic Ovary Syndrome: a narrative review. Clin Endocrinol 2021	2021	25.03.2025	2021	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Dong J, Rees DA . Polycystic Ovary Syndrome: pathophysiology and therapeutic opportunities. BMJ Medicine 2023	2023	25.03.2025	2023	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration:	2024	25.03.2025	2024	Non-specific Declare and participate

			Berni TR, Morgan CL, Rees DA . Rising incidence, health resource utilization and costs of Polycystic Ovary Syndrome in the United Kingdom. J Clin Endocrinol Metab 2024				Rationale: General overview of costs in a UK context compared to a non-PCOS population. No potential to benefit from NICE decision
Aled Rees	Topic Advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Adams ZH, Berbrier DE, Schwende BK, Huckins W, Richards CT, Rees DA , Usselman CW, Lord RN. The impact of androgens on cardiovascular control mechanisms in polycystic ovary syndrome: recent advances and translational approaches. J Physiol 2025	2025	25.03.2025	2025	Non-specific Declare and participate Rationale: Interest is not specific to the guideline scope. No potential to benefit from NICE decision
Aled Rees	Topic advisor	Direct – non-financial	Manuscript of relevance to the matter under consideration: Joham AE, Rees DA, Shinkai K, Forslund M, Tay CT, Teede HJ. Epidemiological Aspects of Polycystic Ovary	2025	08/07/2025	2025	Non-specific Declare and participate Rationale: Not specific to guideline scope.

			Syndrome. Reproduction 2025				
Aled Rees	Topic Advisor	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration:</p> <p>Richards CT, Meah VL, James PE, Rees DA, Lord RN. HIIT'ing or MISS'ing the optimal management of polycystic ovary syndrome: a systematic review and meta-analysis of high- versus moderate-intensity exercise prescription. Front Physiol 2021</p>	2021	08/07/2025	2021	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: No potential to benefit from NICE decision.</p>
Aled Rees	Topic Advisor	Direct – non-financial	<p>Briefly appeared on Channel 5 News in connection with the launch of the 2025 All Parliamentary Party Group report on PCOS. Remarks were confined to the general state of care for women with PCOS in the UK, and the general need for a more integrated approach. Did not endorse any specific interventions or approaches.</p>	8/09/2025	10/09/2025	8/09/2025	<p>Declare and participate</p> <p>Rationale: non-specific, Declare and participate</p>

Aled Rees	Topic Advisor	Direct – non-financial	Attended the launch event of the All-Party Parliamentary Group (APPG) report on PCOS.	08/09/2025	15/09/2025	08/09/2025	Declare and participate Rationale: non-specific, Declare and participate
Clare Devanney-Glynn	Lay member	Direct/indirect, financial/non-financial interests	nil	N/A	30/05/2025	N/A	N/A
Araya Gautam	Lay Member	Direct/indirect, financial/non-financial interests	nil	N/A	19/06/2025	N/A	N/A
Catherine Gallagher	Committee Member	Direct – financial	Dietetic Manager, Liverpool Women's Hospital	March 2024	10/07/25	ongoing	Non-specific Declare and participate Rationale: salaried employment
Catherine Gallagher	Committee Member	Direct – financial	Private practice, mirrors NHS work, few hours per week.	July 2024	10/07/25	ongoing	Specific Declare and participate. Rationale: Private practice is limited
Catherine Gallagher	Committee Member	Direct – non-financial	Manage a social media business page and use this as a platform for education on nutrition regarding fertility, pregnancy & GDM, and	July 2024	12/09/2025	ongoing	Non-specific Declare and participate.

			promote private practice. Posts are not specific to PCOS				Rationale: Interest is not specific to guideline
Judith Margaret Ibison	Committee Member	Direct – financial	General Practitioner (salaried) Minet Green Health Practice, Brixton	2006	21/05/2 025	ongoing	Non-specific Declare and participate Rationale: Salaried employment
Judith Margaret Ibison	Committee Member	Direct – financial	Head of primary care education School of Health and Medical Sciences City St George's	2001	24/05/2 025	ongoing	Non-specific Declare and participate Rationale: Salaried employment
Judith Margaret Ibison	Committee Member	Direct – financial	Professor of Practice: Primary care education	2022	21/05/2 025	ongoing	Non-specific Declare and participate Rationale: Salaried employment
Judith Margaret Ibison	Committee Member	Direct – non- financial	Secretary to Heads of Departments (HODS) Committee for the Society for Academic Primary Care (SAPC)	2020	21/05/2 025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline

Judith Margaret Ibison	Committee Member	Direct – non-financial	GP support for Verity Charity, a PCOS Patient Group	2011	24/05/2025	ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Hassan Kahal	Committee Member	Direct – non-financial	Principal investigator and sub-investigator on a number of commercial and non-commercial multi-centre clinical research trials related to obesity and diabetes conducted at the Diabetes research centre at North Bristol NHS Trust: Principal investigator on Redefine 3, a commercial study by Novo Nordisk on the cardiovascular safety of CagriSema in people with obesity and established cardiovascular disease; Ascend Plus, a non-commercial research study by the University of Oxford, examining the effects of oral Semaglutide in preventing cardiovascular disease in people with type 2 diabetes. I am a sub-investigator on a number of studies including	2019	10/07/2025	ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.

			<p>Transcend-3, SURPASS, UK-EDI Pancreatic Cancer, Redefine 1, 2, 8 and 9, SURMOUNT, Maritime 1 and 2.</p> <p>I have not received any payment from Pharma, nor have I received travel grants, research grants, or honoraria. I have not undertaken any promotional or educational activities for pharma. I have always tried to maintain independence from pharma. In my clinical work, opinions or practice, I always try to act in a balanced, neutral, evidence-based, and professional manner.</p>				
Hassan Kahal	Committee Member	Direct – non-financial	<p>Cousin is Head of global development Obesity and Vice President at Amgen research Copenhagen since January 2025. He was International Medical Vice president, Medical and Science, Obesity and NASH, Clinical Drug Development at Novo</p>	2021	10/07/2025	ongoing	<p>Non-specific</p> <p>Declare and participate</p> <p>Rationale: Not specific to guideline scope.</p>

			Nordisk between July 2021 and January 2025.				
Hassan Kahal	Committee Member	Direct – non-financial	Member of MHRA Cardiovascular, Diabetes, Renal, Respiratory, and Allergy Expert Advisory Group (CDRRA EAG)	2024	10/07/2025	ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Hassan Kahal	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration Author of a published article summarising the MONASH guidelines on the management of PCOS for the journal of Medicine (www.medicinejournal.co.uk). Presented the findings of the MONASH PCOS guidelines, without particularly endorsing them.	2025	10/07/2025	September 2025	Specific Declare and participate Rationale: Summary of the International guideline for the assessment and management of PCOS . However, there is no potential to benefit.
Hassan Kahal	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration Kahal H, Kyrou I, Uthman OA, Brown A, et al. The prevalence of obstructive sleep apnoea in women with polycystic ovary syndrome: a systematic	2020	19/05/2025	2020	Specific Declare and participate Rationale: Study included as evidence in the International guideline for the assessment and management of PCOS . However, there is no

			review and meta-analysis. Sleep Breath. 2020 Mar;24(1):339-350.				potential to benefit from NICE decision.
Hassan Kahal	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration : Kahal H, Tahrani AA, Kyrou I, Dimitriadis GK, et al. The relationship between obstructive sleep apnoea and quality of life in women with polycystic ovary syndrome: a cross-sectional study. Therapeutic Advances in Endocrinology and Metabolism. 2020 Feb 21;11:2042018820906689.	2020	19/05/2025	2020	Specific Declare and participate Rationale: Study is specific to guideline topic but not included as evidence in the International guideline for the assessment and management of PCOS . There is no potential to benefit from NICE decision.
Hassan Kahal	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration Kahal H, Kyrou I, Uthman O, Brown A, et al. The Association between Obstructive Sleep Apnoea and Metabolic Abnormalities in Women with Polycystic Ovary Syndrome: a Systematic Review and Meta-analysis. Sleep. 2018 Jul 1;41(7)	2018	19/05/2025	2018	Specific Declare and participate Rationale: Study is specific to guideline topic but is not included as evidence in the International guideline for the assessment and management of PCOS . There is no potential to

							benefit from NICE decision.
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration</p> <p>Kahal H, Kyrou I, Tahrani AA, Randeva HS. Obstructive sleep apnoea and polycystic ovary syndrome: A comprehensive review of clinical interactions and underlying pathophysiology. Clin Endocrinol (Oxf). 2017 Jun 22. doi: 10.1111/cen.13392.</p>	2017	19/05/2025	2017	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Study is specific to guideline topic but is not included as evidence in the International guideline for the assessment and management of PCOS. There is no potential to benefit from NICE decision.</p>
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration</p> <p>Kahal H, Kilpatrick E, Rigby A, Coady A, Atkin S. The effects of treatment with liraglutide on quality of life and depression in young obese women with PCOS and controls. Gynecol Endocrinol. 2019 Feb;35(2):142-145</p>	2019	19/05/2025	2019	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Study is included as evidence in the International guideline for the assessment and management of PCOS. However, there is no potential to benefit from NICE decision.</p>

Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration</p> <p>Kahal H, Aburima A, Ungvari T, Rigby AS, Coady AM, Vince RV, Ajjan RA, Kilpatrick ES, Naseem KM, Atkin SL. The effects of treatment with liraglutide on atherothrombotic risk in obese young women with polycystic ovary syndrome and controls. BMC Endocr Disord. 2015 Apr 2; 15:14</p>	2015	19/05/2025	2015	<p>Non-specific</p> <p>Declare and participate</p> <p>Rationale: Study is not specific to guideline reviews.</p>
Hassan Kahal	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration</p> <p>Kahal H, Aburima A, Ungvari T, Rigby AS, Dawson AJ, Coady AM, Vince RV, Ajjan RA, Kilpatrick ES, Naseem KM, Atkin SL. Polycystic ovary syndrome has no independent effect on vascular, inflammatory or thrombotic markers when matched for obesity. Clin Endocrinol (Oxf). 2013 Aug;79(2):252-8.</p>	2013	19/05/2025	2013	<p>Non-specific</p> <p>Declare and participate</p> <p>Rationale: Study is not specific to guideline reviews.</p>

Hassan Kahal	Committee Member	Direct – non-financial	Manuscript of relevance to the matter under consideration Kahal H, Atkin SL, Sathyapalan T. Pharmacological Treatment of Obesity in Patients with Polycystic Ovary Syndrome. Journal of Obesity. Volume 2011 (2011), Article ID 402052, 6 pages. doi:10.1155/2011/402052	2011	19/05/2025	2011	Non-specific Declare and participate Rationale: Study is a summary of treatment options for PCOS and not specific to guideline reviews.
Hassan Kahal	Committee member	Direct – non-financial	Manuscript of relevance to the matter under consideration Elliott R; Myint MTK; Bird M; Munafo J; KahalH. OnlineGroup Tier-3 Obesity Assessment Clinic - a Pilot Study. Poster presentation. European Congress on Obesity; Venice; Italy. 12-15th May 2024.	2024	19/05/2025	2024	Non-specific Declare and participate Rationale: Study is not specific to guideline reviews.
Hassan Kahal	Committee member	Direct – financial	Private clinic in diabetes, endocrinology and obesity medicine. Work/income remains predominantly in the NHS. The private work one session a week, which	09/09/2025	11/09/2025	Ongoing	Specific Declare and participate.

			mirrors NHS work (mainly focusing on obesity, PCOS, and type 2 diabetes).				Rationale: Private practice is limited. No potential to benefit.
Punith Kempegowda	Committee Member	Direct – financial	Consultant in Diabetes and Endocrinology, Queen Elizabeth Hospital Birmingham, UK	2023	18/01/2025	ongoing	Non-specific Declare and participate Rationale: salaried employment for the NHS.
Punith Kempegowda	Committee Member	Direct – non-financial	Awarded an advanced clinician scientist fellowship by the NIHR to reduce variation in care for people admitted with diabetic ketoacidosis.	2024	18/01/2025	2028	Non-specific Declare and participate Rationale: not specific to guideline scope.
Punith Kempegowda	Committee Member	Indirect financial	Department awarded Clinical Endocrinology Journal Foundation Grant by the Society for Endocrinology to improve the models of care for women with PCOS, particularly addressing health literacy and language barriers.	2024	18/01/2025	2026	Non-specific Declare and participate Rationale: Interest is educational and not specific to guideline but will be kept under review depending on matter under consideration
Punith Kempegowda	Committee Member	Direct – non-financial	Awarded Clinical Endocrinology Journal Foundation Grant by the Society for Endocrinology	2024	18/01/2025	2026	Non-specific Declare and participate

			to improve the models of care for women with PCOS, particularly addressing health literacy and language barriers.				Rationale: Interest is educational and not specific to guideline but will be kept under review depending on matter under consideration
Punith Kempegowda	Committee Member	Direct – non-financial	Chair of Diabetes Research Steering Group for acute care. this group develop highlight notice to recommend research in specific areas in acute diabetes	2024	18/01/2025	2027	Non-specific Declare and participate Rationale: Not specific to guideline scope.
Punith Kempegowda	Committee Member	Direct – non-financial	Member of the James Lind Alliance Priority Setting Group for PCOS research	2024	18/01/2025	2027	Non-specific Declare and participate Rationale: Interest is not specific to guideline and research focused. No potential to benefit from NICE decision.
Punith Kempegowda	Committee Member	Direct – non-financial	Member of Midlands Patient Safety Research Centre, focussing on improving safety and care for people admitted with diabetes	2024	18/01/2025	ongoing	Non-specific Declare and participate Rationale: Not specific to guideline scope.

Punith Kempegowda	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration</p> <p>Author of a systematic review on models of care in PCOS. Melson E, Davitadze M, Malhotra K, Mousa A, Teede H, Boivin J, et al. A systematic review of models of care for polycystic ovary syndrome highlights the gap in the literature, especially in developing countries. Front Endocrinol (Lausanne). 2023;14:1217468.</p>	2021	18/06/2025	2023	<p>Specific</p> <p>Partial exclusion</p> <p>Rationale: Systematic review used as evidence in the International guideline for the assessment and management of PCOS.</p>
Punith Kempegowda	Committee Member	Direct – non-financial	<p>Manuscript of relevance to the matter under consideration</p> <p>Author of a systematic review on body image concerns in PCOS. Davitadze M, Malhotra K, Khalil H, Hebbar M, Tay CT, Mousa A, et al. Body image concerns in women with polycystic ovary syndrome: a systematic review and meta-analysis.</p>	2021	18/06/2025	2023	<p>Specific</p> <p>Partial exclusion</p> <p>Rationale: Systematic review used as evidence in the International guideline for the assessment and management of PCOS.</p>

			European journal of endocrinology. 2023;189(2):R1-R9.				
Punith Kempegowda	Committee Member	Direct – non-financial	Supported the delivery of patient engagement event as part of PCOS awareness day at the University of Birmingham. Topics revolved around service delivery in the NHS.	01/06/2025	15/09/2025	07/09/2025	Specific Declare and participate. Rationale: No potential to benefit
Punith Kempegowda	Committee Member	Direct – non-financial	Support medical student and resident doctors interested in creating evidence-based, peer-reviewed multimedia content, which is then shared on social media using the name 'CoMICs' Includes PCOS.	20/08/2025	15/09/2025	ongoing	Specific Declare and participate. Rationale: No potential to benefit
Punith Kempegowda	Committee Member	Direct – financial	Private clinic in diabetes, endocrinology and obesity medicine. One session a week, mirrors NHS work (mainly focusing on obesity, PCOS, and type 2 diabetes).	09/09/2025	03/10/25	ongoing	Specific Declare and participate. Rationale: Private practice is limited and mirrors NHS work
Sharon Manship	Lay Member	Direct – financial	Research Associate, University of Kent. funded public health research and	2023	23/05/2025	ongoing	Non-specific Declare and participate

			have special interests in women's health and arts & health.				Rationale: salaried employment
Sharon Manship	Lay Member	Direct – non-financial	Lead for a small-scale qualitative research study (funded by NIHR ARC Kent Surrey & Sussex) about the diagnosis support needs of individuals living with PCOS	2023	23/05/2025	ongoing	Specific Declare and participate Rationale: study not completed and not part of international guideline.
Sharon Manship	Lay Member	Direct – non-financial	Co-lead the Inclusive Women's Health Research Group	2023	21/07/2025	Ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Sharon Manship	Lay Member	Direct – non-financial	Presentation at The Inclusive Women's Health Research Group focused on PCOS.	2024	21/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Sharon Manship	Lay Member	Direct – non-financial	Co-lead a teaching session to MSc Physiotherapy students at Canterbury Christ Church University. Session was about PCOS research, covering current policy/strategy, research	2024	21/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline

			evidence and research priorities.				
Sharon Manship	Lay Member	Direct – non financial	Presentation aSALt ARC Kent Surrey Sussex Public Health Research Network on PCOS	2024	21/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Sharon Manship	Lay Member	Direct – non financial	Coordinator for a small community of practice (the PCOS Research Network UK) of researchers/professionals working in the field of PCOS	2025	11/07/2025	ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Sharon Manship	Lay Member	Direct – financial	Submitted a poster and presented at the Applied Research Collaboration Kent Surrey Sussex Research Symposium. Focused on focussed on diagnosis experiences and support needs. Received a small financial award for the poster.	12/09/2025	15/09/2025	12/09/2025	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Raj Mathur	Committee Member	Direct – financial	Consultant Gynaecologist, Manchester University NHS Foundation Trust.	Dec 2014	18/07/2025	ongoing	Non-specific Declare and participate

							Rationale: Salaried employment for the NHS.
Raj Mathur	Committee Member	Direct – financial	Hon Senior Lecturer, University of Manchester	Dec 2014	18/07/2025	ongoing	Non-specific Declare and participate Rationale: salaried employment.
Raj Mathur	Committee Member	Direct – financial	Private Practice in a private fertility clinic. Manchester Fertility. I work there 1.5 days a week on average. Roughly 20% at an estimate of my patients have PCOS	2015	18/07/2025	ongoing	Specific Declare and participate. Rationale: Private practice is limited and bulk of work carried out is not specific to guideline
Raj Mathur	Committee Member	Direct – non-financial	Chair of the British Fertility Society	2021	18/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Raj Mathur	Committee Member	Direct – non-financial	Trustee of charity the Fertility Alliance	2024	18/07/2025	ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline

Raj Mathur	Committee Member	Direct – non-financial	Advisor to charity Fertility Network UK	2021	18/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Raj Mathur	Committee Member	Direct – non-financial	Adviser to the Scientific and Clinical Advances Advisory Committee of the HFEA (Human Fertilisation and Embryology Authority).	2014	18/07/2025	2024	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Raj Mathur	Committee Member	Direct – non-financial	Co-author of BFS guideline on Prevention of OHSS 2025. This condition is more common in women with PCOS	2025	18/07/2025	ongoing	Declare and partial exclusion Participate in discussion of evidence, exclusion from drafting of associated recommendations on OHSS
Samantha Montes	Committee Member		Consultant Obstetrician, Epsom and St Helier University Hospitals	September 2024	29/07/2025	Ongoing	Non-specific Declare and participate Rationale: Salaried employment in the NHS.
Guy Morris	Committee Member	Direct – financial	Consultant Gynaecologist for North Bristol NHS Trust. In this role I lead a joint clinic for women with	2024	21/7/2025	ongoing	Non-specific Declare and participate

			PCOS and the fertility clinic that provides ovulation induction for women with PCOS.				Rationale: salaried employment.
Guy Morris	Committee Member	Direct – financial	Consultant and Subspecialist in Reproductive Medicine working in private fertility clinic. One day a week I work in a private fertility clinic. I see women with PCOS as part of my work.	2024	21/7/2025	ongoing	Non-specific Declare and participate. Rationale: Private practice is limited and bulk of work carried out is not specific to guideline
Guy Morris	Committee Member	Direct – non-financial	Gave a one-off presentation at a conference sponsored by IBSA. IBSA makes meriofert, which can be used second-line for ovulation induction. However, did not receive payment or other compensation.	2024	21/7/2025	Ongoing	Specific Declare and participate as no potential to benefit
Guy Morris	Committee Member	Direct – financial	Sponsored to attend an educational conference by Ferring a pharmaceutical company that makes medication used for IVF. Sponsorship was a one-off and simply covered reasonable	2025	21/7/2025	2025	specific Declare and participate Rationale: no potential to benefit

			accommodation and travel.				
Guy Morris	Committee Member	Direct – non-financial	Member of the BFS Fertility Preservation Special Interest Group and contribute to meetings	2023	21/7/2025	ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Guy Morris	Committee Member	Direct financial	Work at a private fertility clinic – Bristol Centre for Reproductive Medicine (BCRM) treats women with PCOS to achieve their fertility goals	2024	21/7/2025	ongoing	Specific Declare and participate. Rationale: Private practice is limited. 1 day a week. Private practice and NHS practice do not vary.
Chetna Patel	Committee Member	Direct – financial	General Practitioner, Paddington Green Health Centre, London	2023	19/05/2025	ongoing	Non-specific Declare and participate Rationale: salaried employment.
Chetna Patel	Committee Member	Direct – financial	British Society of Lifestyle Medicine Lifestyle Medicine Core Accreditation Assessor. Role: Assessment of BSLM Lifestyle Medicine Core Accreditation assignments.	2023	21/05/2025	ongoing	Non-specific Declare and participate Rationale: salaried employment.

Chetna Patel	Committee Member	Direct – financial	Frailty Virtual Ward GP – BARTS Health, Newham University Hospital Trust. I work as a self-employed locum GP and invoice Barts Health for my trust.	2023	21/05/2025	ongoing	Non-specific Declare and participate Rationale: Salaried employment for the NHS.
Chetna Patel	Committee Member	Direct –non-financial	British Society of Lifestyle Medicine London Regional Lead. Role: Organisation of social and educational events for BSLM.	2022	21/05/2025	ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Chetna Patel	Committee Member	Direct –non-financial	Core20PLUS Ambassador	2023	21/05/2025	ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Chetna Patel	Committee Member	Direct –non-financial	Public social media page, promotes evidence based lifestyle interventions. Promotes BSLM social and educational events and connect with British Society of Lifestyle Medicine members.	2020	12/09/2025	ongoing	Non-specific Declare and participate Rationale: Interest is not specific to guideline
Nadia Rahman	Committee Member	Direct – financial	Senior Clinical Pharmacist & Independent Prescriber - James Wigg Practice Group	2025	28/05/2025	ongoing	Non-specific Declare and participate Rationale: salaried employment

Nadia Rahman	Committee Member	Direct – financial	Clinical Pharmacist - Goodman's Fields Health Centre	2021	28/05/2 025	2024	Non-specific Declare and participate Rationale: salaried employment
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