

Severe and Enduring Mental Illness Committee meeting

Date: 20/04/2026

Location: Virtual

Minutes: Final

Committee members present:	
Rakesh Heer (Chair)	Present for notes 1 – 10
Katy Agnew	Present for notes 1 – 10
Sarah Coogan-Hill	Present for notes 1 – 10
Sarah Hui Fan	Present for notes 1 – 10
Siobhan Gee	Present for notes 1 – 10
Stacey Hancock	Present for notes 1 – 10
Amani Osman Hassan	Present for notes 1 – 10
Ellen Hayes	Present for notes 4 – 10
Matthew Houton	Present for notes 1 – 10
Elizabeth Jackson	Present for notes 1 – 10
Fiona MacKay (10.00-12.45; 3.15 onwards)	Present for notes 1 – 10
Catherine Maxey	Present for notes 1 – 10
Ivan Olbrechts	Present for notes 1 – 10
Benjamin Perry	Present for notes 1 – 8 (partial)
Helen Ryan	Present for notes 1 – 10
Chris Taylor	Present for notes 1 – 10
Ellen Thomas	Present for notes 1 – 10
Nikki Whatley-Walsh	Present for notes 1 – 10

In attendance:		
Tara Chernick	Implementation Support Manager	Present for notes 1 – 8 (partial)
Lee-Yee Chong	Technical Analyst	Present for notes 1 – 10
Rachel Connolly	Senior Technical Analyst	Present for notes 1 – 10
Katharina Dworzynski	Topic Lead	Present for notes 1 – 10
Leonard Ho	Technical Analyst	Present for notes 1 – 10
Georgia Lane	Pharmacist Clinical Adviser	Present for notes 1 – 10
Ifigeneia Mavranouzouli	Health Economic	Present for notes 1 – 10

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	Adviser	
Aoife Nechowska	Psychiatry Specialty Fellow	Present for notes 1 – 10
Katriona ODonoghue	Systematic Reviewer	Present for notes 1 – 10
Louise Picton	Principal Pharmacist Clinical Adviser	Present for notes 1 - 10
Steve Pilling (10-12; 1.30 onwards)	Clinical Advisor	Present for notes 1 – 10
Katie Tuddenham	Project Manager	Present for notes 1 – 10
Clare Wohlgemuth	Senior Technical Analyst	Present for notes 1 – 10
Michellie Young	Technical Analyst	Present for notes 1 – 10
Ellie Zachariades (10-1.35; 2.15 onwards)	Senior Guidance Content Designer	Present for notes 1 – 10

Apologies:

Lynda Ayiku	NICE - Senior Information Specialist
Lyndsey Li	NICE - Research Fellow
Louise Picton	NICE - Principal Pharmacist Clinical Adviser
Peter Shearn	NICE - Senior Technical Analyst
Erin Whittingham	NICE - Public Involvement Adviser
Alison Wray	NICE - Content Adviser

1. Welcome, housekeeping and apologies

The Chair welcomed the Committee members and attendees to the 2nd committee meeting on Severe and Enduring Mental Illness. The Chair informed the Committee that apologies had been received. These are noted above.

2. Declarations of interest

The Chair asked everyone to verbally declare any interests, these are noted below;

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Siobhan Gee	Principal Pharmacist, Liaison psychiatry, South London and Maudsley NHS Foundation	29/04/26 I am a co-applicant for a Maudsley Charity grant to co-design and run an obesity and overweight clinic for people with	Indirect Financial	Specific Potential partial exclusion. Rationale: In the event of eventual

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	Trust London	<p>SMI.</p> <p>Recognition and Evidence Based Management of Bipolar Disorder in Psychosis Pathways</p> <p>Maudsley Charity grant to:</p> <ol style="list-style-type: none"> 1. Further investigate relationships between symptoms and outcomes (e.g. bed usage, PICU, mortality), assessing their relationship with; <ol style="list-style-type: none"> a. recorded diagnosis, b. 'diagnosis-specific' treatments offered (eg, clozapine (TRS); Mood stabilisers/psychoeducation (bipolar)) c. Sociodemographics 2. Co-develop staff training in the management of bipolar disorder and co-morbid mood disorders to staff in acute and community psychosis services 3. Implement routine screening for bipolar in SLaM's Psychosis Care pathways. 4. Co-develop and roll-out a multidisciplinary evidence-based Trust Bipolar Care pathway in the Psychosis CAG, 		<p>published findings reflecting a strong opinion on management strategies, may need to withdraw from discussions related to the populations covered by the study.</p>
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		<p>bringing together existing Bipolar and Psychosis Care Pathways</p> <p>5. Set Standards for Care for acute mania, maintenance, bipolar depression, and schizoaffective disorder, including reviewing the recent evidence on pharmacological, psychological and psychosocial treatments.</p> <p>6. Establish a search strategy on LUCI so clinicians can monitor adherence to standards.</p> <p>7. Conduct qualitative interviews with staff, patients and carers on their experiences, and support routine measures of patient and carer satisfaction</p>		
Stacey Hancock	Lay member	<p>15/04/2026</p> <p>I was involved in public involvement work with McPin Foundation in helping to co-design an antipsychotic induced weight gain digital booklet. I am a member of the Lived Experience Advisory Group advising on the imagery and content of the booklet. The resolve project is led by Jo Howe. The digital booklet is still under development and hasn't been released yet.</p>	Non-Financial	<p>Specific</p> <p>Declare and participate</p> <p>Rationale: Booklet intended for patient information and education, so unlikely to express strong opinions about treatment options.</p>

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Stacey Hancock	Lay member	<p>15/04/2026</p> <p>I am a part of the Lived Experience Advisory Group for a Ketogenic study aimed for people with the first episode of psychosis. This project is led by Scott Weich from Sheffield University. I was asked to comment and give feedback on the recruitment materials of the study including participant information sheets and draft interview guides. I am in the process of being named as a co-author because I reviewed the protocol publication draft. Although this hasn't been finalised yet.</p>	Non-Financial	<p>Non-specific.</p> <p>Declare and participate.</p> <p>Rationale: Not likely to relate directly to the topics under review in the guideline.</p>
Stacey Hancock	Lay member	<p>15/04/2026</p> <p>I am a member of the Workplace Intervention For Sustainable Health and Employment Support lived experience co-production group. Co-producing guidance on job crafting to all disabled employers and employees in the UK. Helping the research team to collect the right data about disabled employees for the job crafting trial by co-designing qualitative survey questions in the work and disability section of the questionnaire about how health impacts work and how work affects health. Making sure the language in the survey is</p>	Non-Financial	<p>Non- specific.</p> <p>Declare and participate.</p> <p>Rationale: Not likely to relate directly to the topics under review in the guideline.</p>

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		more inclusive and accessible to reflect the perspective of employees with long-term mental health disabilities.		
Fiona Mackay	Public Health Professional, NHS Lothain Public Health	<p>29/04/26</p> <p>I am speaking publicly in an online webinar launch of my anti-stigma mental health prevention, co-produced resources. The title of the workshop is: Free Community Resources Inspired by the Power Threat Meaning Framework (BPS). This is a free event, and all other expert speakers are not being paid for their time either. Other speakers at the webinar event include from Royal Holloway University London, and CAMHS Luton, who are using my resources for their research (and I voluntarily supervise a thesis student at RHUL), and Shore Psychology who may mention using my resources too (where I work), and BPS may mention using my resources too (where I volunteer), and Nottingham DClinPsych course may mention my resources (where I have been a visiting lecturer for one day previously). No financial interest is intended, as this is a free event to attend, and no speakers are paid.</p>	Non-Financial	<p>Specific Partial exclusion</p> <p>Rationale: Relates directly to mental health approaches ('Power Threat Meaning Framework') and reflects an area in which the committee member is publicly presenting and advocating.</p>

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Catherine Maxey	Deputy Chief Medical Officer and Consultant Psychiatrist, Cambridge and Peterborough NHS Foundation Trust (CPFT)	02/2026 From 29th June 2026 I will be assuming an interim CMO role for CPFT NHS Trust. I will continue working clinically as a consultant general adult psychiatrist.	Direct Financial	Non-specific. Declare and participate. Rationale: Salaried employment in the NHS.
Catherine Maxey	Deputy Chief Medical Officer and Consultant Psychiatrist, Cambridge and Peterborough NHS Foundation Trust (CPFT)	02/2026 Within my CMO role (detailed above) I hold executive oversight of our R&D and clinical effectiveness. As part of this we have submitted an SMI proposal for the MSF.	Indirect Financial	TBC
Benjamin Perry	Consultant Psychiatrist, Associate Clinical Professor of Psychiatry at the Institute for Mental Health, University of Birmingham	14/04/26 I am a co-author on the following paper: "Metformin for the Prevention of Antipsychotic-Induced Weight Gain: Guideline Development and Consensus Validation"	Non-Financial	Specific Partial exclusion. Rationale: Partial exclusion from the antipsychotic weight gain topics. Involvement in the discussion but not in decisions about the recommendation.
Benjamin Perry	Consultant Psychiatrist, Associate Clinical Professor of	20/04/26 Co-author on the following paper: Holistic prevention and	Non-Financial	Specific Potential partial exclusion. Rationale: If

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	Psychiatry at the Institute for Mental Health, University of Birmingham	management of physical health side-effects of psychotropic medication.		published work expresses strong opinions, will need to withdraw from discussions relating to psychotropic medication.
Helen Ryan	GP, Wideopen Medical Practice North Tyneside	19/04/26 GP Wideopen medical group NHS	Direct Financial	Non-specific. Declare and participate. Rationale: Salaried employment in the NHS.
Helen Ryan	GP, Wideopen Medical Practice North Tyneside	19/04/26 Clinical lead NENC ICB mental health, learning disability and neurodiversity.	Direct Financial	Non-specific. Declare and participate. Rationale: Salaried employment in the NHS.
Nikki Whatley-Walsh	Associate Director for Social Work, NHS	17/04/26 Currently employed by Hampshire and Isle of Wight Healthcare NHS Foundation Trust as a health professional whose remit spans predominantly across mental health services. I have been employed by the trust in various roles since March 2022. I receive a salary in line with the national agenda for change framework.	Direct Financial	Non-specific. Declare and participate. Rationale: Salaried employment in the NHS.
Nikki Whatley-Walsh	Associate Director for Social Work, NHS	17/04/26 Member of the NHS Social Work Lead Network with specific co-	Direct Financial	Non-specific. Declare and participate. Rationale:

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		chair responsibilities for the sub-group leading on Social Work identity in NHS settings (predominantly mental health services)		Salaried employment in the NHS.
<p>The Chair and a senior member of the Developer's team noted that Benjamin Perry had a relevant interest for the item on antipsychotic weight gain (item 8). The action was partial exclusion.</p>				
<p>3. Presentation – role of the Content Designer</p>				
<p>The Chair introduced Ellie Zachariades, Senior Guidance Content Designer who gave an introduction to content design, including content specific content design. The Committee asked questions, the Chair thanked Ellie Zachariades for her presentation.</p>				
<p>4. Review areas from the schizophrenia and psychosis guidelines where there is unlikely to be new evidence</p>				
<p>The Chair introduced Katharina Dworzynski, Topic Lead, who led a discussion on areas from the schizophrenia and psychosis guidelines where there is unlikely to be new evidence: Section 1.1 Care across all phases and Section 1.2 Preventing psychosis and Section 1.3.1-1.3.3 First episode psychosis.</p>				
<p>5. Lay member forum</p>				
<p>The Chair gave an opportunity for any further lay member input and reflections on meeting discussions.</p>				
<p>6. Review protocols</p>				
<p>The Chair introduced Clare Wohlgemuth, Senior Technical Analyst who provided a presentation on the NICE guideline review protocol process. The Committee asked questions, the Chair thanked Clare Wohlgemuth for her presentation.</p>				
<p>7. Review areas from the schizophrenia and psychosis guidelines where there is likely to be new evidence: smoking cessation</p>				
<p>The Chair introduced Leonard Ho, Technical Analyst who provided a presentation on the smoking cessation work. A committee discussion followed, the Chair thanked Leonard Ho for his presentation.</p>				
<p>8. Review areas from the schizophrenia and psychosis guidelines where there is likely to be new evidence: antipsychotic weight gain</p>				
<p>The Chair introduced Michellie Young, Technical Analyst who provided a presentation on the antipsychotic weight gain work. A committee discussion followed, the Chair thanked Michellie Young for her presentation.</p>				
<p>9. Any other business</p>				
<p>No other business raised</p>				
<p>10. Close of meeting</p>				

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The Chair thanked everyone for their attendance at the committee meeting and confirmed the next committee meeting for severe and enduring mental illness is Monday 18th May 2026, 10:00-16:30.

Date of next meeting: Monday 18th May 2026, 10:00-16:30

Location of next meeting: Virtual