NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

Delaying onset of disability

3rd Meeting of the Public Health Advisory Committee D

Wednesday 5th February 2014

City Tower, Red Rooms, Manchester

<u>Final</u> Minutes

Attendees:	*PHAC Members* John Britton (Chair), Paul Aveyard, Charlie Foster, Janet Henson, Janet Henson (WEA), Robin Ireland, Jane Landon, Jane Leaman, Louise Lafortune, Susie Morrow, Gillian Orrow, Mark Strong, Dagmar Zeuner. *NICE Team* Catherine Swann, Hilary Chatterton, Emily Aidoo, Hugo Crombie, Claire McLeod, Alastair Fischer *Review Team* Louise Lafortune **(Public Health Cambridge)** *Contractors* Sarah Kelly **(University of Cambridge)** *Experts* Ian Gilmore (via VC) *Apologies* David Croisdale – Appleby, Gary Bickerstaffe

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File Ref	Final minutes of PHAC D meeting 5th February 2014
Version	Final
Audience	**PHAC members, NICE team**

Item		Action
1.Professor Sir Ian Gilmore, Liverpool University **Expert testimony: Delaying dementia, disability and frailty – alcohol**	Ian Gilmore (IG) gave his expert testimony to the group. IG spoke about the evidence and policies concerning alcohol consumption, and reported the age related harm figures. He proposed that changing population consumption would reduce all-cause mortality. Socioeconomic patterns of alcohol consumption seen up to the late 20th century have reversed, with lower socio-economic groups now at higher risk of alcohol related illness or harm. The PHAC discussed the testimony, in particular the range of diseases caused by alcohol consumption and the most effective strategies for prevention. IG confirmed that evidence for prevention at population level is strongest around price, availability, and marketing. There are also social protective factors- those who are isolated and / or excluded are at higher risk of alcohol related harm. The PHAC noted that it was very helpful to hear about the socio-economic patterning of a relevant behaviour, and about population level interventions. Further suggestions for expert testimony to pursue these issues with other risk factors were discussed. **ACTION- NICE team to approach potential expert witnesses.**	**NICE Team**
2. Welcome and objectives for the meeting	The Chair welcomed the Public Health Advisory Committee (PHAC D) to the third meeting on Delaying disability, dementia and frailty. The Chair welcomed the members of the review team and the experts. The Chair outlined the objectives of the meeting which were as follows: • To receive and discuss an evidence review by the Institute of Public Health, University of Cambridge • To hear expert testimony from Professor Sir Ian Gilmore on alcohol and the prevention of dementia, disability and frailty • To consider PHAC members' views on the extent to which this guidance relates to other NICE guidance on relevant risk factors and behaviours • To draft recommendations based on the	

	evidence	
	• To receive a brief update on the economics for the guidance.	
	The Chair informed the PHAC that apologies had been received from Gary Bickerstaffe and David Croisdale-Appleby.	
3. Declarations of Interests	The Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record. The Chair asked everyone to verbally declare the interests they had made in writing at the time of their application to join the PHAC and also to declare any additional interests that may have arisen since then. The Chair asked the PHAC to declare any changes to their conflicts of interest. Previous declarations of interest can be viewed on the NICE website here http://guidance.nice.org.uk/PHG/76 There were no further additional conflicts of interest. The Chair and Catherine Swann, Associate Director, noted that the interests declared did not prevent the attendees at committee from fully participating in the meeting.	
4. Minutes of last meeting	The minutes were agreed as an accurate record.	
5. Presentation by Hilary Chatterton NICE	Hilary Chatterton (HJC) lead a presentation entitled: Links with related NICE guidance which summarised work undertaken by PHAC members to considering links between the current guidance and relevant sections of other NICE guidance. Multiple published guidance documents were identified as relevant and are likely to be cross-referenced in the final guidance. The PHAC discussed the potential links, and agreed that the issue would be considered further at a later meeting as the guidance develops. **ACTION: links to other NICE guidance will be considered at a future PHAC meeting.**	**NICE Team**
6. Presentation by Sarah Kelly University of Cambridge	Sarah Kelly (SK) gave a presentation entitled: Delaying disability, dementia and frailty: review 2 summarising key findings. The presentation summarised findings from the second evidence review carried out by the contractors to inform this guidance. SK explained the methods used to develop the review including inclusion criteria, population, description of the quality ratings, and a summary of the evidence	

	found including health behaviours and how outcomes were categorised. Limitations of the review were outlined. The PHAC discussed the difference in the midlife evidence in relation to evidence about the whole adult life span. They also noted the importance of a life-course approach in this area. Notable gaps in the midlife evidence included the role of noise exposure and hearing loss, and falls.	4
7. Short update from Pieter van Baal Erasmus University	Pieter van Baal (PvB) gave a short update on progress on the economic modelling via teleconference. He spoke about choices for public health interventions and the models for physical activity and dementia. Alastair confirmed there is a teleconference pencilled in for shortly after the current PHAC meeting. The PHAC discussed the planned approach, including the regression line of best fit to be used, health care expenditure- social costs for dementia. An approach to classification of physical activity was agreed.	
10. Draft recommendations & considerations Presentation by Hilary Chatterton	HJC gave a short presentation on drafting recommendations and considerations. The PHAC went on to draft recommendations, considerations and research recommendations. A number of areas were discussed including the importance of different settings for the delivery of interventions.	
10. Summary of the day and any Other Business/Next steps	The Chair summarised the items that had been discussed throughout the day. The Chair informed the group of the next steps. There was no other business.	
11. Close	The meeting closed at 3.45pm.	

DATE OF NEXT MEETING: Wednesday 19th March 2014

VENUE FOR NEXT MEETING: Bollin Room, NICE offices, Level 1A, City Tower, Piccadilly Plaza, Manchester, M1 4BT

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