NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

Heavy menstrual bleeding (update)

This quality standard will replace the existing NICE quality standard for heavy menstrual bleeding (QS47). The topic was identified for update following the annual review of quality standards in 2018. The review identified that there had been changes in the areas for improvement for heavy menstrual bleeding. New guidance on heavy menstrual bleeding: assessment and management has also been published.

2 Introduction

2.1 NICE quality standards

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or accredited by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the <u>Health and Social Care Act (2012)</u>.

The quality standard development process is described in detail on the <u>NICE</u> website.

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2.2 This topic overview

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards, published current practice information and national or routine indicators and performance measures.

3 This quality standard

This quality standard is expected to publish in June 2020.

3.1 Population and topic to be covered

This quality standard will cover the assessment and management of heavy menstrual bleeding (menorrhagia), including suspected or confirmed fibroids or adenomyosis in women of reproductive age.

3.2 Key development sources (NICE and NICE-accredited sources)

Primary source

 Heavy menstrual bleeding: assessment and management (2018) NICE guideline NG88.

Other sources that may be used

Royal College of Obstetricians and Gynaecologists (2016) <u>Gynaecology</u>
 <u>Standards</u>

Key policy documents, reports and national audits

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- Royal College of Obstetricians and Gynaecologists (2015-16) <u>Patterns of Benign</u>
 <u>Gynaecology Care report</u>
- Royal College of Obstetricians and Gynaecologists (2014) <u>National Heavy</u>
 Menstrual Bleeding Audit Report

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Royal College of Obstetricians and Gynaecologists (2014) <u>Advice for Heavy</u>
 <u>Menstrual Bleeding (HMB) Services and Commissioners</u>

3.3 Related NICE quality standards

In March 2012, the Department of Health and Social Care referred a library of quality standard topics for the NHS to NICE for development.

This quality standard will be developed in the context of all topics in the NICE <u>library</u> of quality standards.

Published

- Endometriosis (2018) NICE quality standard 172.
- Fertility problems (2014) NICE quality standard 73.
- Heavy menstrual bleeding (2013) NICE quality standard 47.
- Patient experience in adult NHS services (2012) NICE quality standard 15.

The full list of quality standard topics referred to NICE is available from the <u>quality</u> standard topic library on the NICE website.

4 Existing indicators

- NICE Clinical Commissioning Group indicator CCG78 (2016) <u>Rates of endometrial</u> <u>ablation.</u>
- NICE Clinical Commissioning Group indicator CCG77 (2016) <u>Rates of hysterectomy.</u>

5 Further information

See the NICE website for more information about <u>NICE quality standards</u> and the progress of this quality standard.

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