

Obinutuzumab for treating active systemic lupus erythematosus [ID6670]

Final scope

Remit/evaluation objective

To appraise the clinical and cost effectiveness of obinutuzumab within its marketing authorisation for treating active systemic lupus erythematosus.

Background

Systemic lupus erythematosus (SLE) is a chronic autoimmune condition that causes inflammation in the body's tissues. The cause is not known, but is thought to be a combination of genetic, environmental and hormonal factors.

The main symptoms of SLE include joint and muscle pain, extreme tiredness and rashes. Symptoms range from mild to severe, and many people will have long periods with few or no symptoms before having a sudden flare-up, when their symptoms are particularly severe.

SLE can lead to mucocutaneous disease (affecting the mucous membranes and skin), arthritis, kidney failure, heart and lung inflammation, central nervous abnormalities and blood disorders. Over 90% of people with SLE develop problems with their joints and muscles such as arthralgia (joint pain) and myalgia (muscle pain). Disease activity and side effects from corticosteroids can mean long-term organ damage.

In 2019, the incidence rate of SLE in the UK was 6.72 for women and 1.31 for men per 100,000 patient years. Overall prevalence in 2020 was 107 per 100,000, or around 72,000 people with lupus in total.¹ In England in 2024 to 2025 there were 8,630 hospital admissions for SLE.² It is more common in women (especially young and middle aged women) than men. It is also more common, and more likely to be severe with an increased risk of cardiovascular disease and organ involvement, in people with Black African, Caribbean or Asian backgrounds.^{3,4}

People with SLE have limited treatment options. There is no cure, and treatment aims to control symptoms, reduce disease activity, and prevent organ damage. Standard care includes non-steroidal anti-inflammatory drugs (NSAIDs), corticosteroids, and conventional disease-modifying antirheumatic drugs (DMARDs) such as hydroxychloroquine, and immunosuppressive agents (for example, cyclophosphamide, azathioprine, methotrexate and mycophenolate mofetil). Corticosteroids and conventional immunosuppressants can have limited efficacy and come with associated toxicities. Cyclophosphamide and biological DMARDs, including belimumab and rituximab, are typically used in more severe or treatment-refractory disease. Cyclophosphamide is not often used in SLE because of the risk of side effects. [NICE recommends belimumab](#) as an option as add-on treatment for active autoantibody-positive systemic lupus erythematosus in people with high disease activity despite standard treatment, only if:

- high disease activity is defined as at least 1 serological biomarker (positive anti-double-stranded DNA or low complement) and a SELENA SLEDAI score of greater than or equal to 10
- treatment is continued beyond 24 weeks only if the SELENA SLEDAI score has improved by 4 points or more.

Rituximab is recommended as a treatment option through routine commissioning for refractory SLE in adults and post-pubescent children (see [NHS England's clinical commissioning policy on rituximab for refractory SLE](#)). To be eligible, people must have SLE that has not responded to, or have had adverse events to, 2 or more immunosuppressive therapies. They must also either:

- have disease activity with at least 1 BILAG A and/or 2 B scores or a SLEDAI-2K score over 6, or
- need unacceptably high levels of oral glucocorticoids to maintain a lower disease activity state and not be eligible for clinical trials or belimumab.

Other treatments may be used to manage SLE-related comorbidities.

The technology

Obinutuzumab (Gazyvaro, Roche) does not currently have a marketing authorisation for active SLE. It has been studied as an add-on to standard treatment with corticosteroids in a clinical trial compared with placebo plus standard treatment in adults with SLE:

- without significant lupus-associated renal disease and/or renal impairment
- with high disease activity
- with lupus-related auto-antibodies
- with low complement.

Obinutuzumab has a marketing authorisation in combination with mycophenolate mofetil for treating active class 3 or 4, with or without class 5, lupus nephritis in adults.

Intervention(s)	Obinutuzumab as an add on to standard treatment for SLE
Population(s)	Adults with active SLE
Subgroups	<p>If the evidence allows, the following subgroup will be considered:</p> <ul style="list-style-type: none"> • presence, absence or severity of lupus-associated renal disease or impairment.

Comparators	<ul style="list-style-type: none"> • Belimumab • Established clinical management without obinutuzumab including but not limited to: <ul style="list-style-type: none"> – rituximab – NSAIDs – corticosteroids (such as prednisolone) – conventional DMARDs (such as hydroxychloroquine) – conventional immunosuppressive agents (such as cyclophosphamide, azathioprine, methotrexate, mycophenolate mofetil)
Outcomes	<p>The outcome measures to be considered include:</p> <ul style="list-style-type: none"> • disease activity • rate and duration of response • rate and duration of remission • incidence and severity of flares • impact on disease manifestations • incidence of long-term complications and/or organ damage • B cell depletion • corticosteroid use • rate and duration of corticosteroid-free remission • mortality • adverse effects of treatment • health-related quality of life.
Economic analysis	<p>The reference case stipulates that the cost effectiveness of treatments should be expressed in terms of incremental cost per quality-adjusted life year.</p> <p>The reference case stipulates that the time horizon for estimating clinical and cost effectiveness should be sufficiently long to reflect any differences in costs or outcomes between the technologies being compared.</p> <p>Costs will be considered from an NHS and Personal Social Services perspective.</p> <p>The availability of any commercial arrangements for the intervention, comparator and subsequent treatment technologies will be taken into account.</p> <p>The availability and cost of biosimilar and generic products should be taken into account.</p>
Other considerations	<p>Guidance will only be issued in accordance with the marketing authorisation. Where the wording of the therapeutic indication does not include specific treatment combinations, guidance will be issued only in the context of the evidence that has underpinned the marketing authorisation granted by the regulator.</p>

<p>Related NICE recommendations</p>	<p>Related technology appraisals:</p> <p>Obinutuzumab with mycophenolate mofetil for treating lupus nephritis (2026) NICE technology appraisal guidance 1131.</p> <p>Belimumab for treating active autoantibody-positive systemic lupus erythematosus (2021) NICE technology appraisal guidance 752.</p>
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References

1. Ellis J, McHugh N, Pauling JD et al. (2024) [Changes in the incidence and prevalence of systemic lupus erythematosus between 1990 and 2020: an observational study using the Clinical Practice Research Datalink \(CPRD\)](#). *Lupus Science and Medicine* 11(2):e001213.
2. [Hospital Admitted Patient Care Activity, 2024-25](#). NHS England. Accessed January 2026.
3. [What is lupus?](#) Lupus Trust. Accessed January 2026.
4. Demkova K, Morris DL, Vyse TJ (2022) [Genetics of SLE: does this explain susceptibility and severity across racial groups?](#) *Rheumatology (Oxford)* 30;62(Suppl 1):i15–i21.