



Drug-eluting stents for treating coronary artery disease: late-stage assessment

Health technology evaluation Published: 6 May 2025

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Your responsibility

This guidance represents the view of NICE, arrived at after careful consideration of the evidence available. When exercising their judgement, healthcare professionals are expected to take this guidance fully into account, and specifically any special arrangements relating to the introduction of new interventional procedures. The guidance does not override the individual responsibility of healthcare professionals to make decisions appropriate to the circumstances of the individual patient, in consultation with the patient and/or guardian or carer.

All problems (adverse events) related to a medicine or medical device used for treatment or in a procedure should be reported to the Medicines and Healthcare products Regulatory Agency using the <u>Yellow Card Scheme</u>.

Commissioners and/or providers have a responsibility to implement the guidance, in their local context, in light of their duties to have due regard to the need to eliminate unlawful discrimination, advance equality of opportunity, and foster good relations. Nothing in this guidance should be interpreted in a way that would be inconsistent with compliance with those duties. Providers should ensure that governance structures are in place to review, authorise and monitor the introduction of new devices and procedures.

Commissioners and providers have a responsibility to promote an environmentally sustainable health and care system and should <u>assess and reduce the environmental</u> impact of implementing NICE recommendations wherever possible.

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1 Recommendations

- 1.1 There is not enough evidence comparing drug-eluting stents to determine whether price variation between different stents is justified.
- 1.2 NHS trusts should provide access to a range of drug-eluting stents, so that a clinically appropriate stent is available for everyone with coronary artery disease.
- 1.3 If more than one drug-eluting stent is clinically appropriate, choose the least expensive stent.

What information is needed

More information is needed to justify price variation between different drug-eluting stents. This can be from primary studies or secondary analyses of real-world data comparing stents.

Key outcomes and information that should be captured include:

- intervention-related adverse events
- major adverse cardiac events (MACE)
- target lesion or vessel failure
- · acute and chronic stent failure
- target lesion and target vessel revascularisation
- restenosis and stent thrombosis
- the drug-eluting stent used.

All studies and analyses of real-world data should adjust for a range of confounding factors, including:

the impact of anatomical characteristics of the target vessel and lesion

the person's age, sex, ethnicity and medical history.

What this means in practice

Considerations for procurement and commissioning

- According to NHS Spend Comparison Service data, cited in a <u>GIRFT cardiology</u> report, in 2021 the NHS spent over £21 million on nearly 86,000 drug-eluting coronary stents in England.
- Although alternative treatments (such as drug-eluting balloons) are in use, clinical
 experts predict that stents will remain the main treatment for coronary artery
 disease. So, it is important that the NHS continues to ensure the best value for
 money when buying drug-eluting stents.
- If a company introduces a new drug-eluting stent or a new stent feature with a higher price to the market, they should provide evidence to justify price variation.
- Commissioners and procurement specialists should work with healthcare professionals in NHS trusts to ensure that a range of stents and their costings at the local level are available.

Considerations for healthcare professionals

- These recommendations are not intended to restrict choice. A clinically
 appropriate stent should be used, and if more than one is clinically appropriate
 then the least expensive should be used. This should be the stent that is the best
 value for the NHS trust.
- When choosing a clinically appropriate drug-eluting stent, healthcare
 professionals should consider the patient, vessel and lesion characteristics,
 comorbidities and other factors that can make a stent more suitable.
- These recommendations do not replace clinical reasoning. Healthcare
 professionals should work with commissioners and procurement specialists who
 cover their NHS trust to ensure access to a range of drug-eluting stents.

Why the committee made these recommendations

Drug-eluting stents are the main treatment to restore blood flow after a heart attack and to reduce the symptoms of coronary artery disease. NHS trusts have access to a range of drug-eluting stents to ensure that a clinically appropriate stent is always available, and this should continue.

Clinical trial evidence comparing stents shows that different stents have similar stent failure-related clinical outcomes (target lesion revascularisation and target vessel-related myocardial infarction) for people with coronary artery disease. But randomised evidence comparing one stent with another in the scope of this assessment is not available for all the stents.

There are no concerns about the overall cost effectiveness of stents. But because there is uncertainty about the cost-effectiveness estimates, it is not possible to determine whether some drug-eluting stents are more cost effective than others. So, there is not enough evidence to determine whether price variation between different stents is justified. To show any additional value for new stents or new stent features, more evidence comparing different drug-eluting stents would be needed.

2 The technology

- A build-up of fatty substances in the coronary arteries may reduce blood supply to the heart, causing coronary artery disease. To restore blood flow, a drug-eluting stent can be inserted into a coronary artery during percutaneous coronary intervention (PCI).
- 2.2 Drug-eluting stents are made from metal and coated with an antiproliferative drug. The drugs vary between the stents. In some stents, the drug is applied on a durable or absorbable polymer, whereas others are polymer free. Each drug-eluting stent has an instructions for use document that includes the indications for which the device can be used. The indications for use vary and may specify subpopulations or lesion types. They often specify the size of vessels the stent can be used for. Some stents can be purchased for use in specific cases because they are indicated for a particular subpopulation or lesion type, or because they have certain design features.
- 2.3 This assessment included 29 drug-eluting stents (table 1) available through the NHS Supply Chain. Each stent had valid CE certification as a class 3 implantable device.

Table 1 Drug-eluting stents for treating coronary artery disease

Manufacturer	Technology	Scaffold material	Polymer type	Drug
Abbott Medical	XIENCE PRO 48	Cobalt chromium	Durable	Everolimus
Abbott Medical	XIENCE PRO S	Cobalt chromium	Durable	Everolimus
Abbott Medical	Skypoint	Cobalt chromium	Durable	Everolimus
Abbott Medical	XIENCE Skypoint 48	Cobalt chromium	Durable	Everolimus
Abbott Medical	XIENCE Skypoint LV	Cobalt chromium	Durable	Everolimus

Technology	Scaffold material	Polymer type	Drug
Coroflex ISAR NEO	Cobalt chromium	Polymer free	Sirolimus
BioFreedom	Stainless steel	Polymer free	Biolimus A9
BioMatrix Alpha	Cobalt chromium	Biodegradable	Biolimus A9
BioFreedom Ultra	Cobalt chromium	Polymer free	Biolimus A9
Orsiro Mission	Cobalt chromium	Biodegradable	Sirolimus
Synsiro Pro	Cobalt chromium	Biodegradable	Sirolimus
Promus ELITE	Platinum chromium	Durable	Everolimus
Synergy MEGATRON	Platinum chromium	Biodegradable	Everolimus
Synergy XD	Platinum chromium	Biodegradable	Everolimus
XLIMUS	Cobalt chromium	Biodegradable	Sirolimus
ihtDEStiny BD	Cobalt chromium	Biodegradable	Sirolimus
Angiolite	Cobalt chromium	Durable	Sirolimus
Onyx Frontier	Cobalt chromium, platinum-iridium core	Durable	Zotarolimus
BioMime	Cobalt chromium	Biodegradable	Sirolimus
BioMime Branch	Cobalt chromium	Biodegradable	Sirolimus
BioMime Morph	Cobalt chromium	Biodegradable	Sirolimus
EverMine 50	Cobalt chromium	Biodegradable	Everolimus
	Coroflex ISAR NEO BioFreedom BioMatrix Alpha BioFreedom Ultra Orsiro Mission Synsiro Pro Promus ELITE Synergy MEGATRON Synergy XD XLIMUS ihtDEStiny BD Angiolite Onyx Frontier BioMime BioMime Branch BioMime Branch EverMine	Coroflex ISAR NEO BioFreedom Stainless steel BioMatrix Alpha Cobalt chromium BioFreedom Ultra Cobalt chromium Orsiro Mission Cobalt chromium Synsiro Pro Cobalt chromium Promus ELITE Platinum chromium Synergy MEGATRON Platinum chromium XLIMUS Cobalt chromium XLIMUS Cobalt chromium intDEStiny BD Cobalt chromium Angiolite Cobalt chromium Onyx Cobalt chromium Onyx Cobalt chromium Frontier Platinum-iridium core BioMime Cobalt chromium BioMime Branch Cobalt chromium Cobalt chromium	Coroflex ISAR NEO BioFreedom Stainless steel Polymer free BioMatrix Alpha Cobalt chromium Biodegradable BioFreedom Ultra Cobalt chromium Polymer free Orsiro Mission Cobalt chromium Biodegradable Promus ELITE Platinum chromium Durable Synergy MEGATRON Platinum chromium Biodegradable XLIMUS Cobalt chromium Biodegradable XLIMUS Cobalt chromium Biodegradable ihtDEStiny BD Cobalt chromium Biodegradable Angiolite Cobalt chromium Durable Onyx Cobalt chromium Durable Onyx Cobalt chromium Durable BioMime Cobalt chromium Biodegradable BioMime Cobalt chromium Biodegradable BioMime Cobalt chromium Biodegradable BioMime Cobalt chromium Biodegradable BioMime Branch Biodegradable BioMime Cobalt chromium Biodegradable BioMime Branch Biodegradable EverMine Cobalt chromium Biodegradable

Manufacturer	Technology	Scaffold material	Polymer type	Drug
Microport	Firehawk	Cobalt chromium	Biodegradable	Sirolimus
Microport	Firehawk Liberty	Cobalt chromium	Biodegradable	Sirolimus
QualiMed	MAGMA	Stainless steel	Biodegradable	Sirolimus
Sahajanand Medical Technologies	Supraflex Cruz	Cobalt chromium	Biodegradable	Sirolimus
Sahajanand Medical Technologies	Supraflex Cruz Nevo	Cobalt chromium	Biodegradable	Sirolimus
Terumo	Ultimaster Nagomi	Cobalt chromium	Biodegradable	Sirolimus
Terumo	Ultimaster Tansei	Cobalt chromium	Biodegradable	Sirolimus

3 Committee discussion

The medical technologies advisory committee considered evidence on drug-eluting stents for treating coronary artery disease from several sources. This included company submissions, targeted reviews of published literature, and stakeholder comments on the assessment reports. Full details are available in the project documents for this guidance.

The condition

Around 2.3 million people in the UK have coronary artery disease. The condition is caused by a build-up of fatty substances in the coronary arteries, at locations known as lesions. This can reduce blood supply to the heart. A typical symptom is angina. This is chest pain that can be exacerbated by exertion (stable angina) or is unpredictable (unstable angina). A critical reduction in blood supply to the heart may result in myocardial infarction (heart attack) or death.

Current practice

- To restore blood flow in coronary artery disease, a drug-eluting stent can be inserted into a coronary artery during percutaneous coronary intervention (PCI). PCI and stents are used to treat both stable angina and acute coronary syndromes.
- In 2023, around 65% of the spend on drug-eluting stents within the NHS was directed through the NHS Supply Chain. The clinical experts explained that contracts for stents in NHS trusts typically include 2 or 3 drug-eluting stents that can be used across various types of lesions. A small proportion (for example, 10%) of the contract is reserved for purchasing stents for use in specific cases.

Clinical effectiveness

Randomised controlled trials are the most suitable source of

evidence

3.4 The external assessment group (EAG) decided not to use real-world evidence from the National Audit of Percutaneous Coronary Interventions (NAPCI), hosted by the National Institute for Cardiovascular Outcomes Research (NICOR), to compare the clinical effectiveness of the drug-eluting stents in the scope of this assessment. This was because the registry captures only a limited number of the stents and important confounders for this assessment, and health outcomes cannot always be linked back to individual stents or stent choice. Instead, the EAG did targeted literature searches to identify relevant published clinical evidence. The review focused on randomised controlled trials (RCTs) comparing outcomes between the stents in scope. For 8 of the 29 stents there was no randomised evidence that compared one stent with another in scope. The committee agreed that RCTs were the most suitable source of evidence for this assessment. But it acknowledged that there was a large volume of other types of evidence (14 non-randomised or observational comparative studies and 54 single-arm studies) related to the stents in scope.

Clinical equivalence between stent versions

If evidence was not available for a stent in scope, the EAG looked for evidence on clinically equivalent predecessors. Manufacturers provided information on whether evidence for a predecessor stent could be generalisable to a stent in scope, but this information was not available for all stents. The manufacturers clarified that where equivalence was stated, the changes between stent generations were usually related to the deliverability of the stent, rather than the polymer or drug.

Most RCTs comparing stents showed similar clinical outcomes

The EAG identified 22 key RCTs comparing 1 or more stents with another in scope. Of the 22 studies, 21 were non-inferiority studies that determined whether a stent works as well as its comparator. The committee noted that most of the 22 studies showed similar clinical outcomes (target lesion failure, major adverse cardiac events, stent thrombosis, repeat revascularisation and death from cardiac

causes) between the different stents.

- The EAG examined whether any of the 22 key RCTs provided outcome data for the subgroups in scope. Some data on subgroups was available for women and for people with left main-stem lesions, bifurcation lesions, high risk of bleeding or diabetes. Some of the studies reported subgroup results, and some reported whether the subgroup characteristic affected the clinical outcomes.

 Three studies had 1 of these populations as the main population. The subgroup results were similar to the overall study results. None of the subgroup characteristics had a significant effect on the clinical outcomes.
- The committee noted that none of the 22 key studies reported results by ethnicity or the effect of ethnicity on clinical outcomes. None included any information about the ethnicity of study participants.

Results of the network meta-analysis are uncertain

3.9 To present the comparative effectiveness of multiple stents in a single analysis, the EAG did a network meta-analysis (NMA). There was sufficient evidence to include 18 of the 29 stents in the NMA. Of the 22 key studies, 14 studies contributed to the 1-year analysis and 12 studies to the exploratory long-term analysis of 2 clinical outcomes that were reported in all the included studies: target lesion revascularisation and target vessel-related myocardial infarction. The wide 95% confidence intervals around the effect estimates from the analyses indicated that the estimates were uncertain. But, as with the results of the individual primary studies, most of the NMA results suggested that the 2 clinical outcomes were similar between stents. The EAG explained that having only limited data for each comparison in the analysis, even less so for the exploratory long-term analysis, was a key reason for the uncertainty. The committee recalled the assumptions around clinical equivalence (see section 3.5). Using evidence from predecessor stents may have added uncertainty to the results. There was even less data available comparing stents in the subgroup populations, so it was not possible to do an NMA for the subgroups. The committee recalled that, in the subgroup data that was available for women and for people with left main-stem lesions, bifurcation lesions, high risk of bleeding or diabetes, these characteristics had no significant effect on the clinical outcomes (see section

3.7).

The clinical evidence is generalisable to the NHS

Only 2 studies in the NMA were done partly in the UK. The clinical experts explained that there are some differences in clinical practice between countries. For example, intravascular imaging during PCI is more common in the UK than in some other countries. But this difference would mean that better clinical outcomes could be expected from the trials if they were done in the UK. Distributions of populations with stable angina and acute coronary syndrome are similar across the world. The committee had no concerns about the generalisability of evidence to the NHS.

Cost effectiveness

The model structure was appropriate

3.11 The EAG developed a multi-state Markov model to estimate and compare the cost effectiveness of the drug-eluting stents. The model included 2 clinical events: target vessel revascularisation and target vessel-related myocardial infarction. The committee agreed that, for the purpose of comparing different stents, the model was an appropriate representation of clinical practice in the NHS.

The clinical parameters in the model were uncertain

To calculate the probabilities of the 2 clinical events in the model (target vessel revascularisation and target vessel-related myocardial infarction), the EAG used the relative clinical effect estimates from the NMA. The economic model reported results for 18 stents because only 18 of the 29 stents were included in the NMA. The committee recalled that the amount of randomised evidence comparing effectiveness between stents in the NMA was limited, so the treatment effects were uncertain (see section 3.9).

The model's base case estimated outcomes with a 1-year time horizon following the index (first) PCI. In the alternative scenario estimating 5-year outcomes, the clinical event rate after 1 year was assumed constant. The clinical experts noted that it was not correct to assume that the long-term outcome rate would stay the same, but added that the evidence did not suggest a difference in clinical outcomes. The EAG explained that this assumption about long-term outcomes was made because of the limited data available. It cautioned that the long-term cost-effectiveness analysis should be considered exploratory. The committee recalled that there was considerable uncertainty, especially around the long-term effectiveness estimates from the NMA (see section 3.9).

Stent costs are a small part of the total procedure cost

- 3.14 The model included the cost of the stents using:
 - NHS Supply Chain weighted average of 2023 purchase costs or framework price
 - other PCI procedure costs
 - treatment and care costs after PCI
 - repeat revascularisation and myocardial infarction-related costs.

The committee concluded that the cost of the stents is a small part of the total procedure cost, and generally the price differences between most stents are relatively small. The committee noted that stents aimed for use in specific cases cost more, and these should be used only when they are clinically appropriate.

It is uncertain whether some stents are more cost effective than others

3.15 There was a limited amount of evidence comparing effectiveness between stents, and subsequent uncertainty in the treatment effects from the NMA. So, there was considerable uncertainty in the model results. The EAG presented the

results of the economic evaluation in terms of net monetary benefit, including the central value and the 95% confidence intervals. The 95% confidence intervals around the net monetary benefit average estimates for all 18 stents in the model were wide and largely overlapped. At the £20,000 threshold, there was a low (less than 30%) probability of any of the stents being the most cost effective. The committee had no concerns about the overall cost effectiveness of stents. It noted that for the 11 stents not included in the economic model, there was no evidence available to suggest significant differences in cost effectiveness. But it concluded that, based on the model, it is uncertain whether some drug-eluting stents are more cost effective than others.

Resource impact

The committee discussed 2 hypothetical scenarios that estimated the financial impact of shifting towards stents with a lower price. In the first scenario the shift was between the same manufacturer's brands. In the other scenario the shift was between different suppliers. The scenarios did not consider potential clinical differences or volume-based pricing. The committee recalled that the cost of the stents is a small part of the total procedure cost, and the price differences between stents are generally relatively small (see section 3.14). It was uncertain whether, in the context of the total spend on stents, these shifts would result in substantial savings.

User preferences

3.17 The committee discussed evidence from the user preference assessment. This involved a group of 7 interventional cardiologists who explored the most important factors to consider when choosing a drug-eluting stent. They identified the most important criteria at the patient level once a stent has been decided upon as the most appropriate treatment. They also identified the most important criteria for cardiologists when choosing 2 or 3 stents that can be used in most cases (see section 3.3). Stent failure and suitable stent size were high on both sets of criteria. The group noted that it is important to provide a range of stent sizes, so that the appropriate stent for each vessel diameter can be used. Clinical evidence was important for measuring performance. The experts noted that the

evidence on the commonly reported clinical outcomes (target lesion revascularisation and target vessel-related myocardial infarction) in the key studies comparing stents provided information on stent failure. The committee recalled that most RCTs comparing drug-eluting stents showed that different stents had similar clinical outcomes (see section 3.6) on the endpoints that were studied.

Equality considerations

- The committee considered any equality issues. They noted that stent failure was more common among people with type 2 diabetes, and PCI outcomes may be worse among women, people from Southeast Asian groups (because they tend to have a smaller vessel diameter) and people with a high risk of bleeding. The committee recalled that some subgroup data was available for women, people with diabetes and people with a high risk of bleeding, and that these subgroup characteristics had no significant effect on the clinical outcomes (see section 3.7).
- The committee recalled that none of the key studies in the EAG's review reported results by ethnicity or the effect of ethnicity on clinical outcomes, or included any information about the ethnicity of study participants (see section 3.8). The clinical experts noted that, overall, ethnicity has not been widely or well recorded. For example, the National Institute for Cardiovascular Outcomes Research (NICOR) registry, which collects data on everyone having PCI in the UK, has recorded ethnicity for only 70% of people. The committee agreed that trials and registries using drug-eluting stents should collect information about study participants and adjust analyses for ethnicity.
- The clinical experts explained that some stent manufacturers have stent registries or cohorts located across various countries. Although these registries include only a single stent or stents from only 1 manufacturer, they do cover different ethnic groups. The experts were not aware of reports of concerning clinical outcome rates from these registries.

Justification for price differences

3.21 The committee discussed the clinical and economic evidence overall. It concluded that it was not possible to determine whether the differences in cost between stents were justified by benefits derived from additional features. The committee recalled that NHS trusts currently have access to more than one drugeluting stent (see section 3.3). It emphasised the importance of continuing to have access to a range of stents, so that a clinically appropriate stent is always available.

Evidence needed to show additional value

The committee concluded that to show additional value for new stents or stent features, more evidence comparing clinical outcomes of different drug-eluting stents for people with coronary artery disease would be needed. The committee noted that long-term data (up to 5 years) needs to be captured to help inform a cost-effectiveness analysis. But it recognised that health factors (for example, further symptoms of coronary artery disease) not related to the stent or target lesion may become more important after 1 year, and this could limit the validity of the conclusions from any long-term studies. The committee acknowledged that the lack of evidence for the additional value of a stent against its comparators in the evidence review does not necessarily mean that there is no difference in cost-effectiveness. But if a company introduces a new drug-eluting stent or a new stent feature with a higher price to the market, they need to provide evidence to support this.

4 Committee members

This topic was considered by <u>NICE's medical technologies advisory committee</u>, which is a standing advisory committee of NICE.

Committee members are asked to declare any interests in the technology to be evaluated. If it is considered there is a conflict of interest, the member is excluded from participating further in that evaluation.

The <u>minutes of the medical technologies advisory committee meetings</u>, which include the names of the members who attended and their declarations of interests, are posted on the NICE website.

Chair

Jacob Brown

Chair, medical technologies advisory committee

NICE project team

Each evaluation is assigned to a team consisting of 1 or more health technology analysts (who act as technical leads for the evaluation), a technical adviser, a project manager and an associate director.

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Drug-eluting stents for treating coronary artery disease: late-stage assessment (HTE26) ISBN: 978-1-4731-6996-8