



Resource impact summary report

Resource impact

Published: 4 December 2025

www.nice.org.uk

Contents

Resource impact summary report 3

 Guidance recommendations 3

 Financial and capacity resource impact..... 3

 Eligible population for cardiac rehabilitation 3

 Treatment options for the eligible population 4

 Key information..... 4

 About this resource impact summary report..... 4

Resource impact summary report

This summary report is based on the NICE assumptions used in the [resource impact template](#). Users can amend the 'Inputs and eligible population' and 'Unit costs' worksheets in the template to reflect local data and assumptions.

Guidance recommendations

See [NICE's recommendations on digital platforms to support cardiac rehabilitation: early value assessment](#).

Financial and capacity resource impact

The key drivers of resource impact are the:

- number of people having cardiac rehabilitation
- number of cardiac rehabilitation sessions provided
- cost of digital cardiac rehabilitation technology licenses.

Users can input and amend the assumptions about the resource impact drivers in the [resource impact template](#).

Digital technologies have the potential to improve access, uptake and adherence to cardiac rehabilitation programmes, which could reduce unplanned hospital admissions and acute events resulting from deterioration of the condition. This has not been modelled in the resource impact template.

Eligible population for cardiac rehabilitation

Table 1 shows the population who are eligible for cardiac rehabilitation.

Table 1 Population expected to be eligible for cardiac rehabilitation in England

Eligible population and uptake	Number of people eligible for cardiac rehabilitation
Current practice	126,605
Future practice	126,605

The eligible population is based on [National Audit of Cardiac Rehabilitation Quality and Outcomes Report 2024 \(PDF only\)](#) for acute coronary syndrome without revascularisation and heart failure. Uptake rates can be added in the [resource impact template](#) based on local practice.

Treatment options for the eligible population

The comparator for the eligible population is conventional cardiac rehabilitation, which may consist of face-to-face sessions, or a hybrid programme of in-person group-based and home-based programmes.

For more information about the treatment options, such as the number of cardiac rehabilitation sessions, see the [resource impact template](#).

Key information

Table 2 Key information

Commissioner(s)	Integrated care boards
Provider(s)	Primary care and NHS Hospital trusts

About this resource impact summary report

This resource impact summary report accompanies the [NICE health technology evaluation guidance on digital platforms to support cardiac rehabilitation: early value assessment](#) and should be read with it.

ISBN: 978-1-4731-7170-1