

# Parafricta Bootees and Undergarments to reduce skin breakdown in people with or at risk of pressure ulcers

Information for the public

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[www.nice.org.uk](http://www.nice.org.uk)

NICE has assessed Parafricta Bootees and Undergarments to help the NHS decide whether to use these products.

A pressure ulcer can happen when pressure is applied to the same area of skin for a period of time, cutting off its blood supply. It is more likely if a person has to stay in 1 position for a long time.

Parafricta Bootees and Undergarments may help to prevent pressure ulcers caused by friction or shear. NICE has recommended further research to help decide whether they should be routinely used.

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