

Infracoccygeal sacropexy using mesh to repair uterine prolapse

Information for the public

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There is not much good evidence about how well this procedure works for repairing uterine prolapse (prolapsed womb). Also, it can cause rare but serious complications such as lasting pain, urinary incontinence and constipation. There can also be problems with the mesh, and you may need another operation. This procedure can be used only when patients are having regular checks to see how well it is working or if it has caused problems. This is because of the concerns about its long-term effects and serious complications.

Uterine prolapse happens when the womb (uterus) slips down from its usual position into the vagina. Infracoccygeal sacropexy involves inserting a piece of mesh through a small cut in 1 buttock, across the top of the vagina and out through a cut in the other buttock. This creates a sling that holds the womb in place.

[NHS Choices](#) may be a good place to find out more. NICE's information on [interventional procedures guidance](#) has more about what a procedure is and how we assess them.

Is this procedure right for me?

If you've been offered this procedure, your healthcare professionals should discuss with you what is involved, and tell you about the risks and benefits. They should talk with you about your options, and listen carefully to your views and concerns. Your family can be involved too, if you wish. All of this should happen before you agree (consent) to have the procedure. You should also be told how to find more information about the procedure. Read more about [making decisions about your care](#).

Some questions to think about

- What does the procedure involve?
- What are the possible benefits? How likely am I to get them?
- What are the risks or side effects? How likely are they?
- What happens if the procedure doesn't work or something goes wrong?
- What happens if I don't want the procedure? Are there other treatments available?

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