

# Transcutaneous microwave ablation for severe primary axillary hyperhidrosis

Information for the public

Published: 20 December 2017

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There is not much good evidence about how well this procedure works or how safe it is for severe primary axillary hyperhidrosis. This procedure can be used but only when patients are having regular checks to see how well it is working or if it has caused problems.

Axillary hyperhidrosis is excessive underarm sweating. In this procedure, a hand-held device sends microwaves to the sweat glands in the armpit to damage them. The treatment may need to be repeated about 3 months later. The aim is to destroy the glands and stop the sweating.

[NHS Choices](#) may be a good place to find out more. NICE's information on [interventional procedures guidance](#) has more about what a procedure is and how we assess them.

## Is this procedure right for me?

If you've been offered this procedure, your healthcare professionals should discuss with you what is involved, and tell you about the risks and benefits. They should talk with you about your options, and listen carefully to your views and concerns. Your family can be involved too, if you wish. All of this should happen before you agree (consent) to have the procedure. You should also be told how to find more information about the procedure. Read more about [making decisions about your care](#).

## Some questions to think about

- What does the procedure involve?
- What are the possible benefits? How likely am I to get them?
- What are the risks or side effects? How likely are they?
- What happens if the procedure doesn't work or something goes wrong?
- What happens if I don't want the procedure? Are there other treatments available?

ISBN: 978-1-4731-8654-5