

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

INTERVENTIONAL PROCEDURES PROGRAMME

Interventional procedure overview of bilateral cervicosacropexy (CESA) or vaginosacropexy (VASA) using mesh for pelvic organ prolapse

Pelvic organ prolapse is when 1 or more of the pelvic organs (uterus, bladder or rectum) bulge into the vagina. This may be caused by weakness or stretching of ligaments that support the uterus and hold the organs in place. This procedure is done during or after a hysterectomy. The ligaments are replaced by plastic mesh tapes, using open abdominal or keyhole surgery. The aim is to lift the bladder or rectum back to a normal position.

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Introduction

The National Institute for Health and Care Excellence (NICE) prepared this interventional procedure overview to help members of the interventional procedures advisory committee (IPAC) make recommendations about the safety and efficacy of an interventional procedure. It is based on a rapid review of the medical literature and specialist opinion. It should not be regarded as a definitive assessment of the procedure.

Date prepared

This overview was prepared in August 2019 and updated in December 2019.

Procedure name

- Bilateral cervicosacropexy (CESA) or vaginosacropexy (VASA) using mesh for pelvic organ prolapse

Specialist societies

- Royal College of Obstetricians and Gynaecologists
- British Society of Urogynaecology
- British Society for Gynaecological Endoscopy

Description of the procedure

Indications and current treatment

Pelvic organ prolapse is defined as symptomatic descent of 1 or more of: the anterior vaginal wall, the posterior vaginal wall, the cervix or uterus, or the apex of the vagina (vault or cuff). Symptoms include a vaginal bulge or sensation of something coming down, urinary, bowel and sexual symptoms, and pelvic and back pain. These symptoms affect women's quality of life.

NICE's guideline on [urinary incontinence and pelvic organ prolapse](#) describes its management. Non-surgical management options include lifestyle modification, such as losing weight and minimising heavy lifting, topical oestrogen, pelvic floor muscle training and vaginal pessaries. Surgery may be needed when the prolapse is severe. Different surgical procedures are available using vaginal or

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abdominal (open, laparoscopic or robotic) approaches. Some procedures involve using mesh, the aim being to provide additional support.

What the procedure involves

Bilateral cervicosacropexy (CESA) or vaginosacropexy (VASA) for pelvic organ prolapse are mesh procedures, done through open or laparoscopic approaches using general anaesthesia. If the uterus is still in place, the first step of the procedure is a hysterectomy. A polyvinylidene fluoride (PVDF) mesh ligament-replacement structure is then placed within the peritoneal fold of both the left and right uterosacral ligaments. Anterior fixation of each PVDF structure is done by centrally suturing it to the cervix or vaginal vault with 3 or 4 interrupted, nonabsorbable polyester sutures. For posterior fixation, the PVDF structures are fixed to the left and right prevertebral fascia of the sacral vertebra at the level of S1 and S2, using a fixation device or sutures. The peritoneum above the cervix or vaginal vault is then closed to cover the PVDF structure. The aim is to support the pelvic organs in their correct position, and to improve symptoms associated with the prolapse.

Outcome measures

The 2 main systems for staging the degree of pelvic organ prolapse are the Baden–Walker halfway scoring system and Pelvic Organ Prolapse Quantification (POP-Q). Both systems measure the most distal portion of the prolapse during straining or the Valsalva manoeuvre.

In the Baden–Walker halfway system, pelvic organ prolapse is classified as grade 0 (no prolapse), grade 1 (halfway to hymen), grade 2 (to hymen), grade 3 (halfway past hymen) or grade 4 (maximum descent).

POP-Q classifies pelvic organ prolapse from stage 0 to stage 4, as follows:

- Stage 0 no prolapse
- Stage 1 the most distal portion of the prolapse is more than 1 cm above the hymen
- Stage 2 the most distal portion of the prolapse is between 1 cm above and 1 cm below the hymen
- Stage 3 the most distal portion of the prolapse protrudes more than 1 cm below the hymen but no further than 2 cm less than the total vaginal length (not all of the vagina has prolapsed)

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Stage 4 complete vaginal eversion

Efficacy summary

Improvement in prolapse symptoms

In a case series of 50 patients who had an open bilateral CESA or VASA, 3 months after the procedure, no patients had a POP-Q stage 3 to 4 prolapse compared with 44% (22/50) at baseline. The proportion of patients with a stage 2 prolapse reduced from 46% (23/50) to 2% (1/50). The proportion of patients with bulge symptoms reduced from 100% (50/50) at baseline to 6% (3/50) at 3 month follow up. The mean score on the International Consultation on Incontinence Questionnaire (ICIQ) for vaginal symptoms (scale 0 to 53) improved from 25.3 (range 16 to 48) to 4.1 (range 2 to 10).¹

In a case series of 100 patients from the same study centre, the mean ICIQ score for vaginal symptoms improved from 27.9 at baseline to 5.8 at 1 year follow up. The mean effect on quality-of-life score improved from 8.4 to 1.4, and 56% of patients had a global impression much better or very much better at 1-year follow up.⁶

In a case series of 120 patients who had a laparoscopic bilateral CESA or VASA, 4 months after the procedure, 97% (116/130) of patients had no prolapse and 3% (4/120) of patients had stage 1 prolapse.²

In a case series of 71 patients with pelvic organ prolapse and mixed or urge urinary incontinence who had an open procedure, all patients had a normal apical vaginal fixation (POP-Q stage 0) after the procedure.³

In a case series of 10 patients who had a laparoscopic procedure, anatomical success was reported in all patients; 2 patients had no prolapse and 8 patients had POP-Q stage 1 prolapse.⁵

In a case series of 76 patients, 100% (76/76) had POP-Q stage 0 prolapse at 4-month follow up.⁷

Improvement of urinary symptoms

In the case series of 50 patients, the proportion of patients with overactive bladder reduced from 50% (25/50) before the procedure to 8% (4/50) at 3 month follow up. The proportion of patients with stress urinary incontinence reduced from 22% (11/50) to 2% (1/50). The mean score on the ICIQ for urinary

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incontinence (scale 0 to 21) improved from 9.5 (range 7 to 15) to 2.5 (range 1 to 5).¹

In the case series of 120 patients, the proportion of patients with mixed urinary incontinence reduced from 78% (94/120) at baseline to 28% (34/120) at 4 month follow up ($p<0.001$). The proportion of patients with urge urinary incontinence reduced from 22% (26/120) to 7% (8/120) ($p<0.001$).²

In the case series of 71 patients, 62% (16/26) of patients who had CESA and 33% (15/45) of patients who had VASA had no urinary incontinence (mixed and urge) after the procedure. When 40 patients who had a subsequent transobturator tape (TOT) procedure were taken into account, 77% (20/26) of patients who had CESA and 71% (32/45) of patients who had VASA had no urinary incontinence.³

In a case series of 133 patients with mixed or urge incontinence who had an open procedure, 32% (42/133) had no incontinence (mixed or urge); 91 (68%) patients developed stress urinary incontinence within 3 months and had a TOT procedure. The overall cure rate was 77% (102/133) and a further 24 patients reported a subjective improvement in symptoms after surgery.⁴

In the case series of 10 patients, 80% (8/10) had resolution of overactive bladder symptoms after the procedure. There were no symptoms of stress urinary incontinence in 5 of the 6 patients who reported it before surgery.⁵

In the case series of 76 patients, 57% (24/42) of patients who had CESA had urinary incontinence before the procedure compared with 14% (6/42) afterwards ($p<0.01$). For VASA, the proportion of patients with urinary incontinence reduced from 74% (25/34) to 27% (9/34) ($p<0.01$).⁷

Recurrence

In the case series of 133 patients, 19 (15%) patients who were initially cured of incontinence had a recurrence of their primary symptoms. In 5 of these patients, who agreed to further surgery, the tape was disrupted at the side of the vaginal vault. After refixation, the patients were continent again. In 8 patients who had stress urinary incontinence, TOT cured the symptoms. The reason for recurrence could not be evaluated in 6 patients.⁴

In the case series of 120 patients, 4 patients had a relapse of an apical prolapse within 2 months of surgery because of insufficient cervical fixation (absorbable sutures were used). These patients had another laparoscopy with refixation at the cervix using nonabsorbable sutures, which restored anatomy and urinary continence.²

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In the case series of 10 patients, recurrence of a mild cystocele was reported in 1 patient; no treatment was needed.⁵

In the case series of 100 patients, 8% (8/93) of patients had symptomatic anterior wall prolapse and 4% (4/93) of patients had posterior wall prolapse within 1 year of the surgery. Worsening stress incontinence was reported by 6% (6/93) patients, 5 of whom had a subsequent tension-free vaginal tape procedure.⁶

Need for further prolapse repair surgery

In the case series of 50 patients, 1 patient with a cystocele had a subsequent anterior repair.¹

In the case series of 100 patients, 2 patients had an anterior colporrhaphy and 2 had a posterior colporrhaphy within 1 year of the CESA or VASA procedure.⁶

In the case series of 76 patients, 5 (7%) patients needed anterior colporrhaphy for cystocele at 4-month follow up.⁷

Safety summary

Mesh exposure

Mesh exposure into the vagina was reported in 1 patient in the case series of 100 patients. A segment of mesh was removed under general anaesthesia and the symptoms resolved.⁶

Erosion of the peritoneum

One patient in the case series of 10 patients presented with lower abdominal pain about 3 months after the procedure. A diagnostic laparoscopy revealed a 1.5 cm long opening in the peritoneum overlying the right lateral mesh arm about 2 cm from the cervical attachment point. The peritoneum was mobilised laparoscopically and closed above the underlying portion of the mesh. The authors reported this as erosion of the peritoneum.⁵

Intraoperative bladder injury

Bladder injury was reported in 1 patient in the case series of 50 patients. During the procedure, the patient's bladder was found to have stuck to the vault. In an attempt to separate the bladder from the vault, the authors report there was partial-thickness bladder injury.¹

Bleeding and haematoma

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Bleeding of the sacral venous plexus was reported in 2% (2/133) of patients in the case series of 133 patients (blood loss was 1.2 litres in 1 patient and 1.5 litres in the other).⁴

Severe bleeding from the presacral venous plexus was reported in 2% (2/100) of patients in the case series of 100 patients. This was managed with pressure and haemostatic sealants; the procedure was abandoned and 1 needed assistance from a vascular surgeon and packing.⁶

Postoperative intraperitoneal haematoma was reported in 1 patient in the case series of 10 patients; the patient had a repeat laparoscopy on day 2. The same patient had an intraperitoneal haematoma and adhesions more than 90 days after the procedure (treated by repeat laparoscopy).⁵

Wound infection or dehiscence

Wound dehiscence and wound infection were each reported in 2% (2/100) of patients in the case series of 100 patients.⁶

New urinary problems

New stress urinary incontinence was reported in 5% (5/100) of patients in the case series of 100 patients.⁶

New stress urinary incontinence (treated by tension-free vaginal tape procedure) was reported in 1 patient in the case series of 10 patients.⁵

Urinary tract infection

Recurrent urinary tract infection (treated with antibiotics) was reported in 1 patient in the case series of 10 patients.⁵

Bowel problems

Readmission within 4 weeks of the procedure for obstructed defecation was reported in 1 patient in the case series of 50 patients. Bowel dysfunction was reported in 4% (2/50) of patients in the same study; 1 patient needed a referral to a colorectal surgeon for further management.¹

Constipation was reported by 14% of patients at 1-year follow up in the case series of 100 patients.⁶

Other

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Paraesthesia in the right thigh was reported in 1 patient in the case series of 10 patients; this resolved spontaneously. Mild sacral pain was reported in 2 patients in the same study.⁵

Urethral pain was reported in 1 patient in the case series of 100 patients.⁶

Anecdotal and theoretical adverse events

In addition to safety outcomes reported in the literature, professional experts are asked about anecdotal adverse events (events which they have heard about) and about theoretical adverse events (events which they think might possibly occur, even if they have never happened). For this procedure, professional experts listed the following anecdotal adverse events: bowel injury, bladder injury, detachment of mesh from the cervix and other mesh complications, including erosion, exposure and infection. They considered that the following were theoretical adverse events: discitis, back pain, osteomyelitis at the point of attachment to the sacrum, ureteric damage and risks associated with morcellation if concurrent laparoscopic hysterectomy is done.

The evidence assessed

Rapid review of literature

The medical literature was searched to identify studies and reviews relevant to CESA or VASA using mesh for pelvic organ prolapse. The following databases were searched, covering the period from their start to 7 October 2019: MEDLINE, PREMEDLINE, EMBASE, Cochrane Library and other databases. Trial registries and the internet were also searched. No language restriction was applied to the searches (see the [literature search strategy](#)). Relevant published studies identified during consultation or resolution that are published after this date may also be considered for inclusion.

The following selection criteria (table 1) were applied to the abstracts identified by the literature search. Where selection criteria could not be determined from the abstracts the full paper was retrieved.

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Table 1 Inclusion criteria for identification of relevant studies

Characteristic	Criteria
Publication type	Clinical studies were included. Emphasis was placed on identifying good quality studies. Abstracts were excluded where no clinical outcomes were reported, or where the paper was a review, editorial, or a laboratory or animal study. Conference abstracts were also excluded because of the difficulty of appraising study methodology, unless they reported specific adverse events that were not available in the published literature.
Patient	Patients with pelvic organ prolapse
Intervention/test	Bilateral cervicosacropexy or vaginosacropexy
Outcome	Articles were retrieved if the abstract contained information relevant to the safety and/or efficacy
Language	Non-English-language articles were excluded unless they were thought to add substantively to the English-language evidence base

List of studies included in the IP overview

This IP overview is based on about 500 patients from 7 case series.^{1–7}

Other studies that were considered to be relevant to the procedure but were not included in the main extraction table (table 2) are listed in the [appendix](#).

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Table 2 Summary of key efficacy and safety findings on bilateral cervicosacropexy or vaginosacropexy using mesh for pelvic organ prolapse

Study 1 Rajshekhar S (2016)

Details

Study type	Case series
Country	UK
Recruitment period	2013 to 2014
Study population and number	<p>n=50</p> <p>Patients with symptomatic posthysterectomy vault prolapse or with recurrent prolapse after previous vaginal repair</p>
Age	Median 66 years (range 43 to 83)
Patient selection criteria	<p>Patients with symptomatic posthysterectomy vault prolapse or with recurrent prolapse after previous vaginal repair were included. Patients for whom an abdominal procedure was unsuitable were excluded. All women had either not had a response to, or declined, alternative treatment options, including use of a vaginal pessary, pelvic floor physiotherapy and sacrospinous fixation.</p>
Technique	<p>Open abdominal approach.</p> <p>Ligament-replacement structure device: PVDF tapes (DynaMesh-CESA or DynaMesh-VASA; FEG Textiltechnik mbH, Germany)</p> <p>Patients with posthysterectomy vault prolapse were offered VASA, and those with uterovaginal prolapse were offered subtotal hysterectomy and CESA with or without bilateral salpingo-oophorectomy. The sacrocolpopexy was VASA in 38 patients and CESA in 12 patients. Each arm of the ligament-replacement structure was attached to the anterior longitudinal ligament over S2 using 2 interrupted sutures.</p> <p>None of the patients had concomitant vaginal repair. Four patients had a concomitant tension-free vaginal tape procedure.</p>
Follow up	3 months
Conflict of interest/source of funding	<p>Two authors have received travel bursaries from Kebomed (Cullompton, UK) and Cook Medical (Bloomington, USA).</p>

Analysis

Follow-up issues: All included patients were followed up to 3 months.

Study design issues: Retrospective, single-centre, observational cohort study. The primary outcome measure was cure of prolapse at 3 months' follow up. The secondary outcome measures were the complications of the procedure and the effects on bladder and bowel function. The POP-Q scale was used to quantify the degree and type of prolapse at all sites. All patients with urinary symptoms had preoperative urodynamic testing. Patients also completed the ICIQ-VS and ICIQ-UI. No statistical analysis was done.

Study population issues: The median body mass index (BMI) at baseline was 28 kg/m² (range 23 to 32). Thirty (60%) patients had a vault prolapse after abdominal hysterectomy. Twenty (40%) patients had had a previous prolapse procedure (vaginal hysterectomy with or without pelvic floor repair, and/or sacrospinous fixation).

Other issues: VASA was not possible in an additional 3 patients scheduled to have it. Two patients had adhesions between the bowel and the left pelvic sidewall, and it was difficult to mobilise the bowel safely. One patient had a conventional sacrocolpopexy using polypropylene mesh and the other had only the right arm of VASA mesh attached to

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the vault. The third patient's bladder was adherent to the vault and a partial-thickness bladder injury happened during the procedure, which was subsequently abandoned. These 3 patients were excluded from the study.

Key efficacy and safety findings

Efficacy		Safety
Number of patients analysed: 50		
Median operating time=106 minutes (range 60 to 171)		
Mean hospitalisation=1.2 days (range 1 to 3)		
Symptoms before surgery and at 3-month follow up (n=50)		
Outcome	Before surgery	After surgery
Prolapse (POP-Q scale)		
<i>Stage 1</i>	5 (10%)	4 (8%)
<i>Stage 2</i>	23 (46%)	1 (2%)
<i>Stage 3 to 4</i>	22 (44%)	0 (0%)
<i>Point C, mean (range)</i>	+2 (-1 to 4)	-7.6 (-6 to -8)
Bulge symptoms	50 (100%)	3 (6%)
Overactive bladder	25 (50%)	4 (8%)
Stress urinary incontinence	11 (22%)	1 (2%)
Bowel dysfunction	16 (32%)	3 (6%)
Sexual dysfunction	11 (22%)	0 (0%)*
ICIQ-VS score (scale 0 to 53); mean (range)	25.3 (16 to 48)	4.1 (2 to 10)
ICIQ-UI score (scale 0 to 21); mean (range)	9.5 (7 to 15)	2.5 (1 to 5)
* only 4 patients had resumed sexual intercourse		
Retreatment		
1 patient with a cystocele had a subsequent anterior repair. 1 patient with persistent overactive bladder needed referral to physiotherapy for bladder training.		
Abbreviations used: CESA, cervicosacropexy; ICIQ-UI, International Consultation on Incontinence Questionnaire for urinary incontinence; ICIQ-VS, International Consultation on Incontinence Questionnaire for vaginal symptoms; POP-Q, Pelvic Organ Prolapse Quantification; PVDF, Polyvinylidene fluoride; VASA, vaginosacropexy		

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Study 2 Rexhepi S (2018)

Details

Study type	Case series
Country	Germany
Recruitment period	2013 to 2016
Study population and number	<p>n=120</p> <p>Patients with apical prolapse and urinary incontinence</p>
Age	Median 66 years (range 30 to 88)
Patient selection criteria	<p>Consecutive patients with an apical prolapse of the uterus or vaginal vault (POP-Q stage 1 or above, point C or D of at least -4 cm) and concurrent urge urinary incontinence or mixed urinary incontinence.</p> <p>Patients for whom a laparoscopic procedure was unsuitable, those with a BMI greater than 35, and those with pure stress urinary incontinence were excluded.</p>
Technique	<p>Laparoscopic approach.</p> <p>Ligament-replacement structure device: PVDF tapes (DynaMesh-CESA or DynaMesh-VASA, FEG Textiltechnik mbH, Germany)</p> <p>Nonabsorbable polyester sutures were used to secure the device to the cervix or vaginal vault, apart from the first 4 patients who had fast absorbable sutures. Each arm of the ligament-replacement structure was attached with 3 titanium helices to the prevertebral fascia of S1 using a fixation device.</p> <p>31% (37/120) of patients had a VASA procedure and 69% (83/120) had a CESA procedure with hysterectomy.</p> <p>No concurrent vaginal repair or anti-incontinence surgery was done.</p>
Follow up	4 months
Conflict of interest/source of funding	Two authors have received travel bursaries from FEG Textiltechnik mbH

Analysis

Follow-up issues: The paper states that patients were assessed at 2, 4, 8 and 16 weeks after surgery in the outpatient clinic and, 1 year after surgery, they were contacted once a year. Results are only presented for the 16-week follow up. No losses to follow up were described.

Study design issues: Retrospective, single-centre, observational cohort study. The primary outcome measure was the restoration of apical fixation, defined as apical POP-Q stage 0 at 4 months after surgery. The secondary outcome measure was the restoration of urinary continence.

Study population issues: The mean BMI at baseline was 28 kg/m² (range 18 to 39). Of the 120 patients, 63 (53%) had POP-Q stage 1 apical prolapse and 57 (47%) had POP-Q stages 2 to 4. Patients with POP-Q stage 1 prolapse had had conservative treatment, including anticholinergic drugs, or anti-incontinence surgical procedures. A total of 37 (31%) patients had had prolapse or anti-incontinence surgical procedures.

Key efficacy and safety findings

Efficacy	Safety																																	
Number of patients analysed: 120	The report states that 'no major complications were observed intraoperatively'																																	
Median operating time=88 minutes (range 34 to 194) Mean hospitalisation=3 days (range 2 to 5)																																		
Pelvic organ prolapse stage before and 4 months after surgery, n (%)																																		
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Study 3 Ludwig S (2016)

Details

Study type	Case series
Country	Germany
Recruitment period	Not reported (ethical approval was granted in November 2012)
Study population and number	n=71 Patients with apical vaginal prolapse (POP-Q stage I or II) and mixed or urge urinary incontinence
Age	<ul style="list-style-type: none"> CESA (n=26); mean 61 years (range 28 to 81) VASA (n=45); mean 66 years (range 44 to 83), p=0.293
Patient selection criteria	<p>Patients with pelvic organ prolapse of the uterus or vaginal vault that did not reach to the hymen (POP-Q stage I or II) and mixed or urge urinary incontinence. All patients had been offered conservative treatments that failed.</p> <p>Exclusion criteria were stress urinary incontinence only, previous sacrospinous fixation, sacrocolpopexy, colposuspension and vaginal or abdominal pelvic mesh implantation.</p>
Technique	<p>Open abdominal approach.</p> <p>Ligament-replacement structure device: PVDF tapes (DynaMesh-CESA or DynaMesh-VASA, FEG Textiltechnik mbH, Germany).</p> <p>Patients with a uterus had a CESA with a supracervical hysterectomy. The tapes were attached distally on the cervical stump and proximally to the presacral fascia in front of the S1/S2 sacral vertebra by nonabsorbable sutures. In patients with total hysterectomy, VASA was done using 2 PVDF tapes placed at the vaginal stump on top of the vaginal cuff scar.</p> <p>Patients who remained incontinent after the procedure were offered a transobturator tape procedure in a second operation.</p>
Follow up	Median 16 months (range 6 to 24)
Conflict of interest/source of funding	Not reported

Analysis

Follow-up issues: Assessment of the clinical outcome was done 4 months after surgery. Patients were then contacted by a study nurse 12 months after surgery and thereafter. All patients were advised to contact the unit if urinary incontinence symptoms reappeared.

Study design issues: Retrospective, single-centre, observational study. Cure of urge urinary incontinence was defined as 7 or fewer voids per day and no involuntary urinary leakage during the day. Cure of stress urinary incontinence (only as part of mixed urinary incontinence) was defined as no urinary leakage during exercise, coughing or sneezing.

Study population issues: The mean BMI at baseline was 27 kg/m² (range 17 to 45). The VASA group had a statistically significantly higher proportion of patients who lost urine 5 or more times per day than the CESA group (78% compared with 46%, p=0.02).

Key efficacy and safety findings

Efficacy	Safety
<p>Number of patients analysed: 71</p> <p>After the procedure, all patients had a normal apical vaginal fixation (POP-Q stage 0).</p> <p>Cure of urinary incontinence (mixed and urge)</p> <ul style="list-style-type: none"> • CESA=62% (16/26) • VASA=33% (15/45) <p>Cure of mixed urinary incontinence</p> <ul style="list-style-type: none"> • CESA=58% (11/19) • VASA=31% (12/39) <p>Cure of urge urinary incontinence</p> <ul style="list-style-type: none"> • CESA=71% (5/7) • VASA=50% (3/6) <p>40 patients had a subsequent transobturator tape (TOT) procedure (10 CESA, 30 VASA).</p> <p>Cure rate after CESA and TOT=77% (20/26) Cure rate after VASA and TOT=71% (32/45)</p>	<p>The paper states that 'no severe complications of surgery occurred, and no side effects were noted'.</p> <p>No mesh erosion was observed during follow up (median 16 months).</p>

Abbreviations used: BMI, body mass index; CESA, cervicosacropexy; POP-Q, Pelvic Organ Prolapse Quantification; PVDF, polyvinylidene fluoride; TOT, transobturator tape; VASA, vaginosacropexy

Study 4 Jäger W (2012)

Details

Study type	Case series
Country	Germany
Recruitment period	2007 to 2009
Study population and number	n=133 Patients with mixed or urge urinary incontinence
Age	<ul style="list-style-type: none"> CESA (n=67); mean 65 years VASA (n=66); mean 62 years
Patient selection criteria	Patients with mixed or urge urinary incontinence were included. Patients with stress urinary incontinence only were excluded. Patients who had a high frequency of voiding even during the night (more than 1 time per 2 hours of sleep) but who were otherwise continent, were excluded. Patients who had already had surgery with the intention of improving incontinence or any other kind of prolapse surgery were excluded.
Technique	Open abdominal approach. Ligament-replacement structure device: PVDF tapes (DynaMesh, FEG Textiltechnik mbH, Germany). The 2 procedures were described as 'cervical-rectal-sacral fixation' (CERESA) and 'vaginal-rectal-sacral fixation' (VARESA). Patients with mixed urinary incontinence and those who developed a 'de novo' stress urinary incontinence were offered a transobturator (TOT) procedure as a second operation.
Follow up	Median 22 months (range 12 to 41)
Conflict of interest/source of funding	Not reported

Analysis

Follow-up issues: An additional 2 patients had treatment but were excluded from the study because their outcome could not be evaluated: 1 patient had a stroke 4 weeks after the procedure and another developed Alzheimer's disease during follow up.

Study design issues: Prospective observational study. The outcome was classified as cure, improvement or failure and recurrences. Cure was determined by the patients' subjective measurements. The article states that the 'PETROS questionnaire' was used to assess the outcome, but it was reduced to 19 questions with 3 main categories; urge urinary incontinence was subdivided between 'frequency' and 'holding' and the third category was stress incontinence.

Study population issues: 48% (64/133) of patients had mixed urinary incontinence and 52% (69/133) had urge urinary incontinence. 114 patients had severe holding problems and 91 patients went to the toilet more than 8 times per day. No patients had a grade 4 uterine or vaginal prolapse, 2 patients had a descensus grade 3 and 2 had a grade 2.

Key efficacy and safety findings

Efficacy							Safety
Number of patients analysed: 133							Bleeding of the sacral venous plexus was reported in 2 patients (blood loss was 1.2 and 1.5 litres respectively)
Mean operating time=85 minutes (range 58 to 145; excluding 2 patients with bleeding) Mean blood loss was less than 50 ml (excluding 2 patients with bleeding)							
Incontinence symptoms before and after surgery, n							
	VASA			CESA			
	before	after	p	before	after	p	
Stress							
No	32	58	<0.05	37	60	<0.05	
Yes	34	8	<0.01	30	7	<0.01	
Holding							
No problem	9	44	<0.01	10	50	<0.01	
Longer than 3 minutes but less than 10 minutes	37	18	<0.05	35	16	<0.05	
Less than 3 minutes	20	4	<0.01	22	1	<0.01	
Frequency							
No problem	22	44	<0.01	20	60	<0.01	
Between 8 and 15 times per day	19	10	<0.05	25	6	<0.01	
More than 15 times per day	25	2	<0.01	22	1	<0.01	
Outcome at end of study by type of incontinence and surgery, n							
	VASA		CESA	Total		p	
Mixed	34		30		64		
Cured	26		23		49	Not significant	
Improved	6		5		11	Not significant	
Failed	2		2		4	Not significant	
Urgency	32		37		69		
Cured	26		27		53	Not significant	
Improved	4		9		13	Not significant	
Failed	2		1		3	Not significant	
91 (68%) patients developed stress urinary incontinence within 3 months of the primary surgery and had a TOT procedure. All patients were continent thereafter.							
Cure without a TOT=32% (42/133)							
Overall cure rate=77% (102/133). A further 24 patients reported a subjective improvement after surgery.							
No cure or improvement=5% (7/133)							
Recurrence							
19 (15%) of the patients whose symptoms were cured or improved developed a recurrence of their primary symptoms during follow up. In 5 of these patients, who agreed to further surgery, the tape was disrupted at the side of the vaginal vault. After refixation, the patients were continent again. In 8 patients who had stress urinary incontinence, TOT cured the symptoms. The reason for recurrence could not be evaluated in 6 patients.							
Abbreviations used: CESA, cervicosacropexy; TOT, transobturator tape; VASA, vaginosacropexy							

IP overview: bilateral cervicosacropexy (CESA) or vaginosacropexy (VASA) using mesh for pelvic organ prolapse

Study 5 Joukhadar R (2015)

Details

Study type	Case series
Country	Germany
Recruitment period	2013 to 2014
Study population and number	n=10 Patients with pelvic organ prolapse (POP-Q stage II to III) and overactive bladder
Age	Mean 62 years
Patient selection criteria	Women with symptomatic uterine or vault prolapse (POP-Q stages II or III) with overactive bladder symptoms. The overactive bladder was diagnosed either by urodynamics, micturition diary, or both. Patients with previous vault prolapse surgery of any kind and those with contraindications for sacropexy were excluded.
Technique	Laparoscopic approach. Device: PVDF tapes (DynaMesh-CESA and DynaMesh-VASA, FEG Textiltechnik mbH, Germany). Patients with previous hysterectomy had a sacrocolpopexy and those without previous hysterectomy had a laparoscopic supracervical hysterectomy with a sacrocervicopexy. The article describes the procedure as a 'modified laparoscopic bilateral sacropexy'. At the end of the procedure, MRI was used to visualise the mesh. 1 patient had a concomitant anterior and posterior colporrhaphy.
Follow up	Mean 7.4 months
Conflict of interest/source of funding	Speaker fee in conferences in issues partially concerning the product used

Analysis

Follow-up issues: Patients were invited to the follow up at 1, 3, 6 and 12 months. The follow up included a gynaecological examination, a POP-Q determination and evaluation of micturition diaries.

Study design issues: Prospective observational study. The objective of the study was to investigate the safety and outcome of the procedure. Anatomical success was defined as POP-Q stage 0 or I.

Study population issues: Mean BMI was 25.7 kg/m². Three patients had a history of anterior compartment prolapse surgery and 1 had a history of posterior compartment prolapse surgery. Of the 10 patients, 4 had POP-Q stage II prolapse and 6 had stage III prolapse at baseline. All patients had urgency and frequency and 6 patients also had stress urinary incontinence.

IP overview: bilateral cervicosacropexy (CESA) or vaginosacropexy (VASA) using mesh for pelvic organ prolapse

Key efficacy and safety findings

Efficacy	Safety
<p>Number of patients analysed: 10</p> <p>Mean hospital stay=5.9 days (range 3 to 11)</p> <p>Anatomical success</p> <ul style="list-style-type: none"> POP-Q stage 0=20% (2/10) POP-Q stage 1=80% (8/10) <p>Resolution of overactive bladder symptoms=80% (8/10) (1 patient had persistent overactive bladder-dry and 1 patient had a reduction of urgency and frequency but reported bothersome mild urgency.)</p> <p>Frequency of micturition (number per day)</p> <ul style="list-style-type: none"> Before surgery=13.3 After surgery=8.6 <p>Nocturia (number per day)</p> <ul style="list-style-type: none"> Before surgery=2.3 After surgery=1.2 <p>Pads used (number per day)</p> <ul style="list-style-type: none"> Before surgery=2 After surgery=0.4 <p>Symptoms of stress urinary incontinence were cured in 5 of the 6 patients who reported it before surgery. One patient had persistent stress urinary incontinence, which was treated by TVT (C-D grade IIIa).</p> <p>Recurrence 1 patient had recurrence of a mild cystocele (no treatment needed; C-D grade I)</p>	<p>Postoperative complications</p> <ul style="list-style-type: none"> Intraperitoneal haematoma, n=1* (relaparoscopy on day 2; Clavien-Dindo [C-D] grade IIIb) Recurrent urinary tract infection, n=1* (treated with antibiotics; C-D grade I) Paraesthesia in right thigh, n=1** (spontaneously resolving; C-D grade I) <p>Early complications (days 1 to 30)</p> <ul style="list-style-type: none"> New stress urinary incontinence, n=1** (TVT; C-D grade IIIa) Mild sacral pain, n=2 (treated with reassurance and medication; C-D grade I) <p>There were no midterm complications (days 31 to 90)</p> <p>Late complications (>90 days)</p> <ul style="list-style-type: none"> Lower abdominal pain (erosion of the peritoneum), n=1 (relaparoscopy on day 119; C-D grade IIIb. The laparoscopy revealed a 1.5 cm long opening in the peritoneum overlying the right lateral mesh arm about 2 cm from the cervical attachment point. The peritoneum was mobilised laparoscopically and closed above the underlying portion of the mesh) Intraperitoneal haematoma and adhesions, n=1* (relaparoscopy; C-D grade IIIb) <p>* same patient ** same patient</p>

Abbreviations used: BMI, body mass index; C-D, Clavien-Dindo; CESA, cervicosacropexy; POP-Q, Pelvic Organ Prolapse Quantification; PVDF, polyvinylidene fluoride; TVT, tension-free vaginal tape; VASA, vaginosacropexy

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Study 6 Cassis C (2019)

Details

Study type	Case series
Country	UK
Recruitment period	2013 to 2016
Study population and number	<p>n=100</p> <p>Patients with symptomatic posthysterectomy vault prolapse or with recurrent prolapse after previous vaginal repair</p>
Age	Mean 65 years (range 40 to 85)
Patient selection criteria	<p>Inclusion criteria: patients with symptomatic vault prolapse after hysterectomy or recurrent prolapse after previous vaginal repair. All patients were offered alternative treatments, such as physiotherapy, vaginal pessary, or vaginal repair with sacrospinous fixation.</p> <p>Exclusion criteria: patients with BMI over 32.</p>
Technique	<p>Open abdominal approach.</p> <p>Ligament-replacement structure device: PVDF tapes (DynaMesh-CESA or DynaMesh-VASA; FEG Textiltechnik mbH, Germany)</p> <p>In patients who had a CESA procedure, a subtotal hysterectomy was done first.</p>
Follow up	1 year
Conflict of interest/source of funding	Two authors received travel bursaries and 1 received an educational grant from Kebomed and Cook Medical.

Analysis

Follow-up issues: Of the 100 patients, 3 had a unilateral sacrocolpopexy because of technical difficulties during surgery and 4 patients were lost to follow up. Patients were telephone interviewed 1 year after the procedure.

Study design issues: Retrospective single-centre case series. The aim of the study was to evaluate the safety and efficacy of bilateral sacrocolpopexy at 1-year follow up. The primary outcome was improvement in the International Consultation on ICIQ-VS. Secondary outcomes were effect on bladder and bowel function and complication rates.

Study population issues: The mean BMI of the patients at baseline was 26.8 kg/m² (range 20 to 32) and mean parity was 2.4 (range 1 to 6). The mean ICIQ-VS score at baseline was 27.87.

Other issues: There is some patient overlap with Rajshekhar S et al., 2016 (study 1).

Key efficacy and safety findings

Efficacy	Safety
<p>Number of patients analysed: 93</p> <p>No patients had an apical prolapse after the procedure</p> <p>Mean ICIQ-VS score</p> <ul style="list-style-type: none"> Baseline=27.87 (SD 6.8) 1-year follow up=5.82 (SD 3.8) <p>Mean Impact on quality-of-life score</p> <ul style="list-style-type: none"> Baseline=8.35 (SD 2.1) 1-year follow up=1.39 (SD 1.1) <p>Proportion of patients with global impression much better or very much better at 1-year follow up=56%</p> <p>75.3% of patients were satisfied and discharged back to the GP at 1-year follow up.</p> <p>8 (8.4%) patients had symptomatic anterior wall prolapse, 2 of whom had anterior colporrhaphies</p> <p>4 (4.2%) patients had posterior wall prolapse, 2 of whom had surgical management with posterior colporrhaphies</p> <p>Worsening stress incontinence, n=6</p> <p>5 patients had a subsequent tension-free vaginal tape procedure.</p>	<p>Intraoperative complications</p> <ul style="list-style-type: none"> Wound dehiscence, n=2 Wound infection, n=2 Severe bleeding from the presacral venous plexus, n=2 (managed with pressure and haemostatic sealants; the procedure was abandoned and 1 needed assistance from a vascular surgeon and packing) <p>1-year follow up</p> <ul style="list-style-type: none"> De novo stress urinary incontinence, n=5 Urethral pain, n=1 Mesh exposure into the vagina, n=1 (a segment was removed under general anaesthesia and symptoms resolved) Kinked bowel, n=1 (the bowel was adhered to the top of the vault by a small adhesion, which was identified at laparoscopy, dissected, and the patient had no further complaints) <p>14% of patients reported constipation at 1-year follow up.</p>

Abbreviations used: BMI, body mass index; ICIQ-VS, International Consultation on Incontinence Questionnaire-Vaginal Symptoms; PVDF, polyvinylidene fluoride; SD, standard deviation

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Study 7 Jaeger W (2016)

Details

Study type	Case series
Country	Germany
Recruitment period	2012 to 2014
Study population and number	n=76 Women with symptomatic genital apical prolapse POP-Q stage II, III and IV
Age	Mean 65 years (range 31 to 92)
Patient selection criteria	Women with symptomatic genital apical prolapse POP-Q stage II, III and IV.
Technique	Ligament-replacement structure device: DynaMesh-CESA, DynaMesh CERESA, DynaMesh-VASA and DynaMesh Varesa (DynaMesh, FEG Textiltechnik mbH, Germany). 42 patients with uterus prolapse had a CESA procedure and 34 patients with vaginal vault prolapse had a VASA procedure. The indication for a colporrhaphy was made in the operating theatre during the vaginal examination immediately after CESA or VASA with the patients under general anaesthesia. No patients had an indication for colporrhaphy at that time. Patients who still had urinary incontinence after CESA or VASA were offered a transobturator tape.
Follow up	Median 20 months (range 4 to 36)
Conflict of interest/source of funding	The first author receives an honorarium for teaching courses and giving lectures from the FEG Textiltechnik mbH, Germany. Another author receives reimbursement of travel expenses for teaching courses outside Cologne, Germany. The research received no grant from any funding agency in the public, commercial or not-for-profit sectors.

Analysis

Follow-up issues: There were no losses to follow up. Follow-up examinations were done at 2, 4, 8 and 16 weeks and at yearly intervals thereafter. Patients who could not attend the clinic had telephone interviews once a year after surgery.

Study design issues: Retrospective single-centre case series. Cure was defined as the absence of any urinary incontinence, measured using validated urinary incontinence questionnaires (BBUSQ-22 and ICIQ-UI-SF). A relapse of prolapse was defined as POP-Q stage >I.

Study population issues: Most patients (79%) had POP-Q stage II prolapse at baseline, 17% of patients had stage III and 4% had stage IV prolapse. The mean body mass index at baseline was 25.1 kg/m² (range 16.7 to 33.3).

Key efficacy and safety findings

Efficacy						Safety
Number of patients analysed: 76						There were no major side effects.
At 4-month follow up, 100% (76/76) of patients had POP-Q stage 0 prolapse.						No de novo urinary incontinence was reported in women who were continent before the surgery.
Urinary incontinence status before and after CESA and VASA						
Type of urinary incontinence		CESA group (n=42)		VASA group (n=34)		
Before	After	p	Before	After	p	
Overall urinary incontinence	57.1% (24/42)	14.3% (6/42)	<0.01	73.5% (25/34)	26.5% (9/34)	<0.01
Mixed urinary incontinence	100% (24/24)	25.0% (6/24)	<0.01	100% (25/25)	36.0% (9/25)	<0.01
Urgency urinary incontinence	0% (0/24)	0% (0/24)	-	0% (0/25)	0% (0/25)	-
Stress urinary incontinence	0% (0/24)	0% (0/24)	-	0% (0/25)	0% (0/25)	-
At baseline, 67% (51/76) of patients reported the sensation of incomplete bladder emptying and had elevated post-void residual urine volume. After the procedure, all patients had adequate bladder emptying.						
Further surgery						
After 4 months, 5 patients (7%) needed anterior colporrhaphy for cystocele and 11 patients had a transobturator tape for urinary incontinence.						
Abbreviations used: BBUSQ-22, Birmingham Bowel and Urinary Symptoms Questionnaire; CESA, cervicosacropexy; ICIQ-UI-SF, International Consultation on Incontinence Questionnaire-Urinary Incontinence Short Form; POP-Q, Pelvic Organ Prolapse Quantification; VASA, vaginosacropexy						

Validity and generalisability of the studies

- No randomised controlled trials were identified.
- There are data from the UK and Germany.
- Patient populations were heterogenous. One study defined POP-Q stage 1 as a cure, whereas others included stage 1 in their inclusion criteria.
- All studies used the same mesh device.
- Some patients had concomitant procedures at the same time as the CESA or VASA, and some patients had an additional procedure afterwards.
- Some studies used an open abdominal approach, and some used a laparoscopic approach.

Existing assessments of this procedure

There were no published assessments from other organisations identified at the time of the literature search.

Related NICE guidance

Below is a list of NICE guidance related to this procedure.

Interventional procedures

- Laparoscopic mesh pectenectomy for apical prolapse of the uterus or vagina. NICE interventional procedures guidance 608 (2018). Available from <http://www.nice.org.uk/guidance/IPG608>
- Transvaginal mesh repair of anterior or posterior vaginal wall prolapse. NICE interventional procedures guidance 599 (2017). Available from <http://www.nice.org.uk/guidance/IPG599>
- Uterine suspension using mesh (including sacrohysteropexy) to repair uterine prolapse. NICE interventional procedures guidance 584 (2017). Available from <http://www.nice.org.uk/guidance/IPG584>

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- Sacrocolpopexy using mesh to repair vaginal vault prolapse. NICE interventional procedures guidance 583 (2017). Available from <http://www.nice.org.uk/guidance/IPG583>
- Infracoccygeal sacropexy using mesh to repair uterine prolapse. NICE interventional procedures guidance 582 (2017). Available from <http://www.nice.org.uk/guidance/IPG582>
- Infracoccygeal sacropexy using mesh to repair vaginal vault prolapse. NICE interventional procedures guidance 581 (2017). Available from <http://www.nice.org.uk/guidance/IPG581>
- Sacrocolpopexy with hysterectomy using mesh to repair uterine prolapse. NICE interventional procedures guidance 577 (2017). Available from <http://www.nice.org.uk/guidance/IPG577>

NICE guidelines

- Urinary incontinence and pelvic organ prolapse in women: management. NICE guideline 123 (2019) Available from <http://www.nice.org.uk/guidance/NG123>

Additional information considered by IPAC

Professional experts' opinions

Specialist advice was sought from consultants who have been nominated or ratified by their Specialist Society or Royal College. The advice received is their individual opinion and is not intended to represent the view of the society. The advice provided by professional experts, in the form of the completed questionnaires, is normally published in full on the NICE website during public consultation, except in circumstances but not limited to, where comments are considered voluminous, or publication would be unlawful or inappropriate. Three professional expert questionnaires for CESA or VASA using mesh for pelvic organ prolapse were submitted and can be found on the [NICE website](#).

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Patient commentators' opinions

NICE's Public Involvement Programme was unable to gather patient commentary for this procedure.

Company engagement

A structured information request was sent to 1 company who manufactures a potentially relevant device for use in this procedure. NICE received 1 completed submission. This was considered by the IP team and any relevant points have been taken into consideration when preparing this overview.

Issues for consideration by IPAC

- Following advice from its Clinical Advisory Group, NHS England and NHS Improvement have announced that a process of high vigilance scrutiny should apply to the use of a group of procedures, including this procedure, that are used to treat stress urinary incontinence and pelvic organ prolapse in England. For details, see the [letter](#) from NHS England and NHS Improvement to trust medical directors.

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References

1. Rajshekhar S, Mukhopadhyay S, Morris E (2016) Early safety and efficacy outcomes of a novel technique of sacrocolpopexy for the treatment of apical prolapse. *International Journal of Gynecology and Obstetrics* 135: 182–6
2. Rexhepi S, Rexhepi E, Stumm M et al. (2018) Laparoscopic bilateral cervicosacropexy and vaginosacropexy: new surgical treatment option in women with pelvic organ prolapse and urinary incontinence. *Journal of Endourology* 32: 1058–64
3. Ludwig S, Stumm M, Mallmann P et al. (2016) Surgical replacement of the uterosacral and pubourethral ligaments as treatment for urgency urinary incontinence. *Austin Journal of Women's Health* 3 (1): 1019
4. Jäger W, Mirenska O, Brügge S (2012) Surgical treatment of mixed and urge urinary incontinence in women. *Gynecologic and Obstetric Investigation* 74: 157–64
5. Joukhadar R, Meyberg-Solomayer G, Hamza A et al. (2015) A novel operative procedure for pelvic organ prolapse utilizing a MRI-visible mesh implant: safety and outcome of modified laparoscopic bilateral sacropexy. *BioMed Research International Article ID* 860784
6. Cassis C, Mukhopadhyay S, Morris E (2019) Standardizing abdominal sacrocolpopexy for the treatment of apical prolapse: one year on. *International Journal of Gynecology & Obstetrics* 147: 49–53
7. Jaeger W, Ludwig S, Stumm M et al. (2016) Standardized bilateral mesh supported uterosacral ligament replacement – cervico-sacropexy (CESA) and vagino-sacropexy (VASA) operations for female genital prolapse. *Pelviperineology*. 2016; 35: 17–21

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Literature search strategy

Databases	Date searched	Version/files
Cochrane Database of Systematic Reviews – CDSR (Cochrane Library)	07/10/2019	Issue 10 of 12, October 2019
Cochrane Central Database of Controlled Trials – CENTRAL (Cochrane Library)	07/10/2019	Issue 10 of 12, October 2019
HTA database (CRD website)	07/10/2019	-
MEDLINE (Ovid)	07/10/2019	1946 to October 04, 2019
MEDLINE In-Process (Ovid) & Medline ePub ahead (Ovid)	07/10/2019	1946 to October 04, 2019
EMBASE (Ovid)	07/10/2019	1974 to 2019 Week 40

Trial sources searched

- Clinicaltrials.gov
- ISRCTN
- WHO International Clinical Trials Registry

Websites searched

- National Institute for Health and Care Excellence (NICE)
- NHS England
- Food and Drug Administration (FDA) - MAUDE database
- Australian Safety and Efficacy Register of New Interventional Procedures – Surgical (ASERNIP – S)
- Australia and New Zealand Horizon Scanning Network (ANZHSN)
- EuroScan
- General internet search

The following search strategy was used to identify papers in MEDLINE. A similar strategy was used to identify papers in other databases.

1	pelvic organ prolapse/
2	Uterine Prolapse/

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3	((fascia* or pelvic* or cervic* or transvagin* or vagin* or genital* or uter* or urogenit* or womb* or genito* or intravaginal*) adj2 (prolaps* or collaps* or drop*)).ti,ab.
4	rectocele/
5	cystocele/
6	(rectocele* or cystocele* or enterocele*).ti,ab.
7	urinary incontinence/ or urinary incontinence, urge/
8	(urge* adj4 incont*).tw.
9	UUI.tw.
10	or/1-9
11	surgical mesh/
12	suburethral slings/
13	((cervic* or transvagin* or vagin* or genital* or pelvic* or uter* or urogenit* or womb* or genito* or intravaginal* or fascia* or small intestine submucosa or SIS) adj2 (mesh* or graft* or plast* or sling* or tape* or suspens* or gauze*)).ti,ab.
14	or/11-13
15	((anterior* or posterior* or apical* or prolaps* or drop* or collaps*) adj2 (repair* or reconstruct* or surg*)).ti,ab.
16	(AWP or PWP).ti,ab.
17	(cervicosacropex* or cervico?sacropex* or vaginosacropex* or vagino?sacropex* or CESA or VASA or CESA-VASA).tw.
18	or/15-17
19	10 and 14 and 18
20	dynamesh*.tw.
21	19 or 20
22	animals/ not humans/

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23	21 not 22
24	limit 23 to english language

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Appendix

The following table outlines the studies that are considered potentially relevant to the IP overview but were not included in the main data extraction table (table 2). It is by no means an exhaustive list of potentially relevant studies.

Article	Number of patients/ follow up	Direction of conclusions	Reasons for non-inclusion in table 2
Ludwig S, Morgenstern B, Mallmann P et al. (2019) Laparoscopic bilateral cervicosacropexy: introduction to a new tunneling technique. International Urogynecology Journal 30:1215–7	Case report n=1	Restoration of apical prolapse and urinary continence was achieved by bilateral uterosacral ligament replacement using a semicircular tunnelling device that was inserted through the lateral abdominal trocar incision	Larger studies are included

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