

This report was generated on 17/10/19. Overall 26 respondents completed this questionnaire. The report has been filtered to show the responses for 'All Respondents'.

The following charts are restricted to the top 12 codes. Lists are restricted to the most recent 100 rows.

**How old are you?**

71	71	83	62	68	69	72
67	63	80	68	80	73	69
72	77	73	81	81	66	73
52	76					

**Have you received Rezum as a treatment for lower urinary tract symptoms (LUTS)?**



**How long did you experience LUTS symptoms before the Rezum procedure?**

- 2 years but very incremental, so in retrospect it was probably longer
- Came on quite suddenly over 2 to 3 weeks and was then catheterised at A and E
- 4/5years
- About 2 years
- 5 years
- About 18 years
- Over twenty years
- 10 years
- 5 years
- Started 2010
- years
- Approx 10 years
- 3-4 years
- 5-7 years. Not sure when it started.
- at least 2 years
- 10 years
- 1 year
- Several years
- 4 years
- 2 years
- since 2011
- 3 years

**How long did you experience LUTS symptoms before the Rezum procedure?**

3-4 years

25 years

**Have you received a diagnosis of benign prostatic hyperplasia (BPH)?**



**Before receiving Rezum, what treatments have you tried for LUTS?**

None

Tamsulosin and Finistrade for short while

Medication

tamulosin tablets

None

Medication of all doses and types

Various prescribed medications none of which worked.

Only drugs

Medication - Doxazosin 12mg Daily

Had prostate cancer had to wait for that to finish then was taking mirabegron 50MG modified release tablets (1 a day) and Tamsulosin 400MG Capsules (1 a day)

Medication

Tamsulosin tablet

Various medications

Tamsulosin

None

Taking 5mg Finasteride tablets and 400mgs Tamsulosin

Tamsulosin tablets

TURPS

Tamsulosin tablets, Finesteride tablets, lifestyle changes

Finasteride

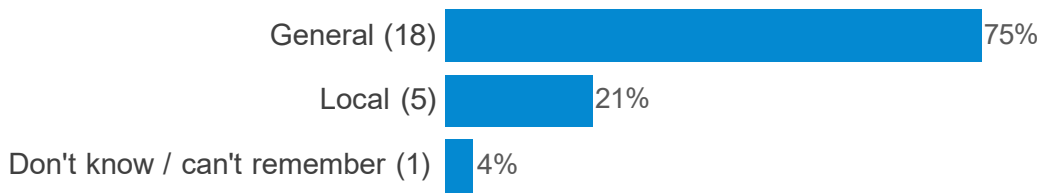
i was offered turp but did not fancy that. i did try embolization treatment but my arteries were not suitable. I looked into eurolift but decided that Rezum because it reduced the prostate size was best for me and i am very pleased with the results

Tamsulosin tablets

None 10mg Cialis

Medication and I have been self catheterising for several years

### Do you know whether you had local or general anaesthesia for the Rezum procedure?



### After receiving Rezum, did you stay the night in hospital?



### If yes, for how many nights?

1  
As i had to stay close to the hospital on the first night i decided to stay the night and drive home the next day

### Did you have a catheter fitted after Rezum?



### If yes, for how long?

- 10 days
- Two weeks
- 2 days
- 5days
- 2 weeks initially but I had to recatheter about 2 weeks later
- 2 weeks
- One week
- 10 Days
- 1 week
- necessary but worst part!
- 2 weeks
- should have been 3 days but it was 6 as i had to drive back \*\* \*\*\*\*\* \*\* but not a problem

### Did the Rezum improve your LUTS?



### If yes, how soon did you feel the improvement?

- Immediately the catheter was removed

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- When the cathetur was removed

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- 2 months

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- 5/6 weeks

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- Immediately after catheter was removed

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- Massive improvement in flow, comfort, less sleep disruption, ability to actually urinate, sexual function improved

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- Immediately after removal of catheter.

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- After six weeks

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- Within 2 weeks

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- After about a month my nightly visits dropped from 5/6 per night to 3 after 3 months it was down to 2or 1 per night. I stopped taking the medicine it went initially to 5 per night now without medicine it 2 or 2 and dropping

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- 4-6 weeks

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- almost straight away once the catheter was out

### Did the LUTS come back?



### If yes, have you been offered any further treatment?

- Not at present - suffered a broken ( 4 vertebra) which has not helped will consider retreatment when back is ok - but coping ok at present and not too bad - No where near as bad as before. It may be that this is the cause of current problems

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- No

### How soon did the LUTS return?

- Gradually but to be honest this is linked to the above and severe consitpation from the trauma and medication

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- After 2 years

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- A few months after treatment i had a knee operation under general and it returned for a few months only.

**If on medication previously, do you still need to take that after Rezum?**



**If you've had other surgical treatments or minimally invasive procedures, how would you compare other treatments with Rezum?**

- Rezum was a very simple treatment from the patient perspective. The catheter was the most challenging bit and that was mostly just discomfort.

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- Still take Tamsulosin - not sure if helps or not. The procedure was fine mainly due to the great team.

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- Rezum was not painful but would recommend a general anaesthetic

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- n/a

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- Resume was by far and away the most straightforward to have . Catheter for a week helped tremendously .

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- It's too good, you feel so normal after that you do not rest or take the advice.

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- N/A

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- Rezum was a discomfort needing modest initial pain relief (Paracetamol). Catheter was inconvenient but tolerable. Healing process was rapid.

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- None

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- n/A

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- None

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- N/A

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- N/A not on medication previously

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- None given.

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- Better but more invasive

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- Rezum is very straightforward.

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- as i said i did try embolization but have gone through an mri scan that they put the canular in my muscle and not the vein which was not pleasant and then found my arteries were not suitable i would not recommend. Rezum treatment was quick fairly pain free and my consultant was excellent throughout as was everyone during my treatment and the results very good for me

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- N/A

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- N/A

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- None

**Please describe any positive or negative effects of having Rezum, considering the following: (Your physical symptoms)**

- No negative ones. Flow is back to normal i.e. very good.

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- Ok see notes before

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- Much improved in terms of need to get up in the night to use the toilet. It went from 6 times down to twice

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- good

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- None

**Please describe any positive or negative effects of having Rezum, considering the following: (Your physical symptoms)**

Resolved completely for now. There can be some instances of focusing on bladder closure and as a consequence of the medication being entirely a waste of time a compromised bladder function still remains. A now have a small diviculitum.

Painful peeing for a short period after catheter removal.

No change after recovery

Positive: No restriction peeing. No retention problems. Increased Bladder capacity was 125 ml, now 350 ml Hypertension reduced.

All well

greatly improved

Physical symptoms abated

Has made a significant difference to my nocturia which was my main symptom. Urinary stream improved also. Less tired during day.

Only visiting the toilet once at night instead of 5 to 6 times.

I can normally go for a longer time before needing a leak.

I was down to have full surgery cutting out the inside of the prostate. I chose to come to [REDACTED] as it offered Rezum. Not peeing as often, only getting up 2 x a night.

No negative effects, much improved positive effects

not getting up 5/6 times a night 1/2 times now and better sleep

Now only urinate once at night (was 2/3) longer periods without urinating and tend not to think about it

They have improved enormously

Getting better. My symptoms are now just starting to improve, I am told they will continue to improve over the next few months. My prostate was originally 140gms much larger than the doctors usually work on

**Please describe any positive or negative effects of having Rezum, considering the following: (Your ability to perform daily activities)**

No negative impact, No longer have any concerns about needing to be near a toilet

Fine all ok

Again going to the toilet less

fine

Easily resumed

Entirely normal

None

Positive: Driving over long periods of time between peeing normalised. More energy.

Normal

No effect on daily activities

Much easier.

Good.

Ability to perform daily activities / travel without stressing

Better able to plan activities vis a vis availability/proximity to toilets

not having to visit the loo as much is much better

Longer car journeys not as stressful, I can continue with kayaking

Much better

Much better since I had the permanent catheter removed. I had a permanent catheter. I am now after 9 months just starting to see improvements

**Please describe any positive or negative effects of having Rezum, considering the following: (Your quality of life, lifestyle and/or social life)**

Excellent

Much better without a cathetur

Improved

excellent

As good as it should be aged 72

Normal

Decreased need to urinate and much better flow rate.

Improved

Positively improved. No longer have to look for and plan for a toilet stop everywhere I go.

Good

Excellent - I feel that I have got my life back.

Quality of life improved noticablely

Feeling more confident when going out and not having to plan toilet stops!

I had the operation 12 months ago. The first month was very uncomfortable. it was a gradual improvement over the next 3-4 monhts. Now the LUTS I was suffering from never 'crosses' my mind. I was apprehensive before the operation but not very pleased with the outcome.

I still work on my farm and now don't think of the problems very often

Much improved quality of life

I no longer have fear of not being able to pass urine, or pass it very slowly.

**Please describe any positive or negative effects of having Rezum, considering the following: (Your quality of life, lifestyle and/or social life)**

as above

It has made a lot of difference. i get up at night less often an I am not constantly looking for a toilet when out.

Much better [redacted] although nice to deal with, didn't seem to have the knowledge of how to deal with an extrememly large prostate, or rather the problems not being resolved after the operation [redacted] [redacted] has been doing this operation for 3 years and definitely has more experience.

**Please describe any positive or negative effects of having Rezum, considering the following: (Your state of mind, emotional health and/or wellbeing)**

No longer have concerns, so excellent.

Fine

Much improved

positive

Great

Normal

Improved

Improved

Born again.... My wife says it has made a new man of me! Less tense more able to concentrate.

First class

General improvement in wellbeing.

This statement is from the previous response (aged 68).

I am very glad I had the procedure thugh at the time I had the procedure I wasn't that well in that my immune system, even with monthly treatment, wasn't good but my doctor said it was as good as it could be so they went ahead with rezum. Right decision for me!!

Moer confident and happy

Much improved state of mind, better sleep

more confident that i will not have any mishaps

Now feel I have my life back and not having to worry about rushing to the loo in every situation

Now able to get more sleep at night, I had Rezum tratment in Jan 2019 which wasn't effective. After waiting 6 months with no improvement I paid to see [redacted] it has now been 3 months since he did the Rezum treatment and also cleared the inside of my prostrate

**Please describe any positive or negative effects of having Rezum, considering the following: (Sexual functionality)**

No negative effects

ok but do experience dry ejaculation on most occasion but sexual activity very limited due to my back

Improved

cannot maintain erection without taking tadalafil. ejaculation sporadic

Not applicable

Much improved

No change. Normal function.

Poorer

Onset of Erectile Dysfunction reversed.

very limited but hoping for improvement

At 83, N/A

Sexual functionality unchanged

No effect,

no difference, no desire

Excellent

At 73 I should not expect much !

no problems

Sexual functions fine for a 69 year old

Seems to be improving

**Please describe any positive or negative effects of having Rezum, considering the following: (The effect on family, friends and others)**

All positive. The whole experience was very positive.

Only on my Wife who is very supportive no problems

none at all

I do not wake my wife up 7 times a night !

No longer constantly looking for a bathroom

Pleased to know that Rezum was successful

None

Positive: more willing to travel and socialise.

Good

My wife and I can now lead a normal life without having to look for the nearest toilets when out and about.

No real effect on others

No negative response from family or friends.

I am just normal.

Positive effect on family and friends

everybody gets more sleep and not being disturbed

My wife is happy for me as it has improved my quality of life and she appreciates the sexual side