NATIONAL INSTITUTE FOR CLINICAL EXCELLENCE

INTERVENTIONAL PROCEDURES PROGRAMME

Interventional procedures overview of laser sheath

removal of pacing leads

Introduction

This overview has been prepared to assist members of the Interventional Procedures Advisory Committee (IPAC) advise on the safety and efficacy of an interventional procedure previously reviewed by SERNIP. It is based on a rapid survey of published literature, review of the procedure by Specialist Advisors and review of the content of the SERNIP file. It should not be regarded as a definitive assessment of the procedure.

Date prepared

This overview was prepared by Bazian Ltd in December 2002.

Procedure names

- Laser sheath removal of pacing leads.
- Laser assisted removal of pacing electrodes.

Specialty society

• British Cardiovascular Interventional Society.

Description

Indications

Removal of pacemaker leads that have been in place for at least a few months.

A pacemaker is a device inserted to maintain the rhythm of the heart. During insertion, one or more leads are passed through the veins into the right side of the heart and the other ends are attached to the pacemaker unit. The unit is usually placed under the skin of the chest.

Pacemaker leads may need to be removed or changed if they malfunction, cause heart rhythm problems, or become infected. If the leads have been in place for more than a few months, they can become tightly attached by scar tissue to the heart and the veins they pass through, making removal difficult and risky.

About 20,000 cardiac pacemakers are inserted in England each year, although how many need to be removed each year is not known (Department of Health Hospital Episode Statistics, ungrossed for missing data, 2000-2001).

Summary of procedure

Pacing leads can be removed simply by pulling them out, but this may fail or cause damage to the heart or large veins. Damage may lead to bleeding into the sac around the heart, which then restricts its ability to pump (pericardial tamponade), or bleeding directly into the chest (haemothorax).

More recently developed techniques involve inserting sheaths around the lead to dislodge it from the surrounding scar tissue, but this may be time consuming. If removal fails, open chest surgery may be required. In some cases, the leads may be detached from the pacemaker unit and then simply left inside the patient.

Laser-assisted removal of pacing leads is claimed to be quicker and less risky than other methods. It involves passing a double-layered sheath over the pacing lead, starting with the end that lies outside the body. The inner layer of the sheath is fibreoptic and can transmit a laser beam. The outer layer is more rigid. The double sheath is passed slowly down over the lead and the laser destroys the scar tissue as the sheath advances. Near the heart wall, the more rigid outer sheath is advanced to provide countertraction for removal of the pacing lead.

The procedure is generally carried out under X-ray control. It may take several hours.

Literature reviews

Appraisal criteria

Studies with clinical outcomes on the removal of cardiac pacing electrodes or leads using a laser sheath were included. Some studies also included people requiring removal of implantable defibrillator leads.

List of studies found

One systematic review was found.¹ It included eight studies, all of which were case series. Only one of the studies appeared specifically to examine the use of a laser sheath system.² The systematic review did not examine benefits and harms of the laser system compared with other ways of extracting chronically implanted leads. It concluded that minimally invasive techniques to remove chronically implanted transvenous pacing leads were effective. The rate of successful lead removal was 78–97%; the procedure failed in 4–7% and fewer than 5% of people required open surgery.

One randomised controlled trial was found.³

One historical controlled study was found.⁴

Flfteen case series including two or more people were found. The table give details of three largest.^{2,5,6}

References to smaller studies are given in the Appendix.

Table 2 Summary of key efficacy and safety findings

| Study details | Key efficacy findings | Key safety findings | Key reliability and validity issues |
|--|--|--|---|
| Wilkoff BL ³ | Complete lead removal: | Deaths (number of people): | Randomisation method not stated: people |
| | laser 95% people | laser 1 (from tamponade) | were randomised, not leads. |
| Randomised controlled trial | non-laser 96% people | non-laser 0 | |
| | p = 0.83 | | Baseline characteristics of groups similar. |
| Multicentre study in nine institutions, USA | | Tamponade (number of people): | |
| | Analysis by number of leads | laser 1 | Power adequate to detect significant |
| 1995 to 1996 | | non-laser 0 | differences in efficacy outcomes, but not |
| | Complete extraction of leads: | | complications. |
| 301 people with 465 leads (size 12 French or | laser 94% leads | Haemothorax (number of people): | |
| less) | non-laser 64% leads | laser 1 | Blinding not described. |
| • n = 153 people (244 leads) laser | p < 0.001 | non-laser 0 | |
| removal, average age 65 | | | Outcomes appropriate. |
| • n = 148 people (221 leads) standard | Failure to extract leads: | Heart valve damage (number of people): | |
| lead removal using sheath with | laser 3% leads | laser 1 | Follow up appropriate. |
| counterpressure and countertraction | non-laser 34% leads | non-laser 0 | No losses to follow up |
| (non-laser), average age 66 | p < 0.001 | | |
| Follow up longth: not stated, assumed until | | Thrombosis within chest veins (number of | Some outcomes analysed by number of |
| hospital discharge | Mean operation time per lead: | people): | leads |
| nospital discharge | laser 11 minutes | laser 1 | 10000. |
| | non-laser 15 minutes | non-laser 2 | No funding from manufacturers. |
| | p < 0.04 | | |

| Study details | Key efficacy findings | Key safety findings | Key reliability and validity issues |
|--|---|--|---|
| Nagele H ⁴ | Complete extraction of leads: | Complications (number of people) | Paper in German, information taken from |
| Historical controlled study | laser: 98% 44/45 leads (96% in paper*) non-laser: 76% | Laser: | English abstract. |
| | | death 1 | Controls were historical. |
| Hamburg, Germany | Lead fragments remained: | | |
| 1995 to 1999 | laser: 1/24 non laser: 15/62 | Non-laser: • death 2 | Outcomes appropriate. |
| 82 people with pacing and defibrillator leads (average age not stated in abstract) n = 24 laser removal (1999 onwards) n = 58 conventional lead extraction (non-laser) (1995 to 1999) manual traction (n = 23) other traction devices (n = 24) | Mean operation time: laser: 93 minutes non-laser: 82 minutes p = "not significant" | pericardial tamponade 1 pulmonary abscess 1 pulmonary embolism 1 sepsis 1 | Longer operation time may reflect differences in the way that operation time measured. |
| snare catheters (n = 6) open chest surgery (n = 5) | * this percentage was miscalculated in the paper. | | |
| Follow up length: not stated | | | |

| Study details | Key efficacy findings | Key safety findings | Key reliability and validity issues |
|---|--|---|---|
| Byrd CL ⁵ | Note: figures refer to number of leads, not | Major complications (number of people): | Uncontrolled case series. |
| Case series Multicentre study from 89 sites in USA 1995 to 1999 n = 1684 people with 2651 pacemaker leads size 12 to 16 French, average age 64 years Inclusion criteria: aged 18 years or older, duration of lead implantation ≥ 1 year, lead accessible Exclusion criteria: lead too large for laser sheath, recent pulmonary embolus, unsuitable for open-chest surgery | Note: figures refer to number of leads, not people complete lead extraction: 90% partial extraction of leads: 3% failure to extract leads: 7% mean operation time: 16 minutes | in-hospital death 13 tamponade 23 haemothorax 6 pulmonary embolism 2 migrating lead fragments 1 At follow up (1212 people): asymptomatic 1105 complications related to lead removal including arm swelling, pleural effusions, pain, bruising, small pulmonary embolus and infection: 30 | Uncontrolled case series. Large so results likely to be precise Losses to follow up: 462. Outcomes appropriate. Note: this study includes people enrolled in the study by Wilkoff BL. ³ |
| Mean follow up: 69 days | | | |

| Study details | Key efficacy findings | Key safety findings | Key reliability and validity issues |
|--|--|--|--|
| Epstein LM ⁶ | Note: figures refer to number of leads, not | Complications (number of people): | Uncontrolled case series. |
| Case series | complete lead extraction (12F lead): 89% | perioperative death 7 tamponade 13 perforation of superior years cays 5 | Large so results likely to be precise. |
| Multicentre study from 52 sites in USA | partial extraction of leads: 3% | | Losses to follow up: 18%. |
| 1996 to 1998 | mean operation time: 13–15 minutes depending on sheath size | At follow up (859 people): total late complications 14 | Outcomes appropriate. |
| n = 863 people with 1285 pacemaker leads size 12 to 16 French, age range 4 to 103 | | vent thrombosis and and swening 7 pocket haematoma 2 pericardial effusion without sequelae 2 | Included people likely to overlap with those in Byrd $\rm CL.^5$ |
| Inclusion criteria: duration lead implantation ≥ 1 year, lead accessible | | | |
| Exclusion criteria: recent pulmonary embolus, unsuitable for open-chest surgery, lead too large for laser sheath | | | |
| Mean follow up: 1 month | | | |
| Kennergren C ² | Note: figures refer to number of leads, not | No deaths occurred | Uncontrolled case series. |
| Case series | | ventricular perforation: 1 | No longer term follow up: late complications |
| Multicentre study in 11 European hospitals | partial extraction of leads: 6% | tamponade: 1 | would not be observed. |
| 1996 to 1998 | failure to extract leads: 5% median extraction time: 10 minutes (range 1– 189 minutes) | | Outcomes appropriate. |
| n = 149 people with 179 pacemaker and defibrillator leads, size 12 to 16 French, average age 68 years, range 14–94 | mean hospital stay: 3 days | | |
| Inclusion criteria: unable to remove leads by simple traction | | | |
| Follow up: to hospital discharge | | | |

Validity and generalisability of the studies

The studies were all carried out in settings applicable to the UK.

The one randomised controlled trial was of reasonable quality.³ The unit of randomisation was the person, not the lead, but the researchers compared the main efficacy findings by lead. This may have led to under- or overestimation of differences in outcome between the people whose leads were removed by laser and those whose leads were removed by standard methods. The study was underpowered to detect differences in safety outcomes. It only included people with narrow pacemaker leads of size 12 French or less.

A historical controlled study of people who had laser assisted lead removal was also found.⁴ This study suggested better efficacy outcomes in the laser group than in the group receiving conventional types of lead removal, although this kind of study design is susceptible to confounding by period and other variables.

The large USA case series^{5,6} and the European series² included people with pacemaker or defibrillator leads of up to size 16 French. The large USA case series are very large, so the findings can be used to estimate complication rates with precision.

Specialist Advisor's opinions

Specialist advice was sought from consultants who have been nominated or ratified by their Specialist Society or Royal College.

- Specialised procedure that should only be done in a few centres.
- Expensive.
- Laser removal has not been compared with diathermy.

References

Medicare Service Advisory Committee Application 1010. *Intravascular extraction of chronically implanted permanent transvenous pacing leads*. Final assessment report. <u>Available</u> from www.health.gov.au/jaf/msac

Kennergren C. Excimer laser assisted extraction of permanent pacemaker and ICD leads: present experiences of a European multi-centre study. European *Journal of Cardiothoracic Surgery* 1999; 15: 856–60

Wilkoff BL, Byrd CL, Love CJ, Hayes DL, et al. Pacemaker lead extraction with the laser sheath: results of the pacing lead extraction with the excimer sheath (PLEXES) trial. *Journal of the American College of Cardiology* 1999; 33: 1671–6

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Epstein LM, Byrd CL, Wilkoff BL, Love CJ, et al. Initial experience with larger laser sheaths for the removal of transvenous pacemaker and implantable defibrillator leads. *Circulation* 1999; 100: 516–25

Appendix: References to studies not described in the table

| Reference | Number of |
|---|-----------------------|
| | study participants |
| Moon MR, Camillo CJ, Gleva MJ. Laser-assist during extraction of chronically implanted pacemaker and defibrillator leads. <i>Annals of Thoracic Surgery</i> 2002; 73: 1893–6 | 128 |
| Bracke F, Meijer A, van Gelder B. Extraction of pacemaker and implantable cardioverter defibrillator leads: Patient and lead characteristics in relation to the requirement of extraction tools. <i>Pacing & Clinical Electrophysiology</i> 2002; 25: 1037–40 | 90 |
| Rinaldi CA, Bostock J, Patel N, Buckell, CA. Determinants of procedural outcome of chronically implanted pacemaker and defibrillator leads using the Excimer laser sheath. <i>Heart</i> 2002, 87, 160–1. | 80 |
| Kennergren C. First European experience using excimer laser for the extraction of permanent pacemaker leads. <i>Pacing & Clinical Electrophysiology</i> 1998; 21: 268–70 | 45 |
| Parsonnet V, Roelke M, Trivedi A, Rizvi SA, et al. Laser extraction of entrapped leads. <i>Pacing & Clinical Electrophysiology</i> 2001; 24: 329–32 | 62 leads |
| Costa R, Martinelli Filho M, Crevelari ES, Stolf NA et al. Laser assisted extraction of pacemaker and implantable defibrillator leads. <i>Arquivos Brasileiros de Cardiologia</i> 2001; 77: 235–42 | 36 |
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| Korley VJ, Hallet N, Daoust M, Epstein LM. A novel indication for transvenous lead extraction: upgrading implantable cardioverter defibrillator systems. <i>Journal of Interventional Cardiac Electrophysiology</i> 2000; 4: 523–8 | 20 |
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| Levy T, Walker S, Paul V. Initial experience in the extraction of chronically implanted pacemaker leads using the Excimer laser sheath. <i>Heart</i> 1999; 82: 101–4 | 8 |
| Nguyen KT, Neese P, Kessler DJ. Successful laser-assisted percutaneous extraction of four pacemaker leads associated with large vegetations. <i>Pacing & Clinical Electrophysiology</i> 2000; 23: 1260–2 | 4 |
| Bracke FA, van Gelder LM, Sreeram N, Meijer A. Exchange of pacing or defibrillator leads following laser sheath extraction of non-functional leads in patients with ipsilateral obstructed venous access. <i>Heart</i> (British Cardiac Society) 2000; 83: E12O | 3 |