

IP 1797

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This report was generated on 09/12/21. Overall 7 respondents completed this questionnaire. The report has been filtered to show the responses for 'All Respondents'.

The following charts are restricted to the top 12 codes. Lists are restricted to the most recent 100 rows.

I have read the information above which explains the purpose of the project and how any information I provide will be used



I consent (agree) to NICE using the information I have given in the ways described above



How did you hear about this survey?



Are you (the person completing the questionnaire):



Your age (in years)

Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
7	378	54	6.90	43	65	22

How long ago did you have the procedure?

- 5 months and 20 days
- 12 months

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In years

Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
3	8	2.67	2.08	1	5	4

In months (OR In months)

Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
3	26	8.67	3.06	6	12	6

In months (OR In weeks)

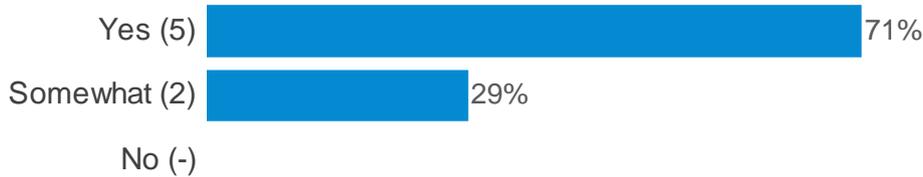
Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
0	-	-	-	-	-	-

To which gender identity do you most identify?



Prefer not to say (-)

Did the procedure work?



If somewhat or no, please provide further details along with information about whether symptoms later reoccurred.

Still in the recovery stage

I am still rehabilitating the knee, i believe the procedure itself has worked however the knee has some issues at present which i am working on ie strength of supporting muscles

Did you have any side-effects following your procedure?



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If yes, please provide further details along with information about whether symptoms later reoccurred.

Although I was informed clearly by the consultant, the pain and swelling was significant for approx 6-8 weeks after the procedure

How long did it take you to recover from the procedure?

Not yet fully recovered

If memory serves correctly. I was on crutches for 6 weeks whilst having intensive physio. I then attended knee physio classes at my local hospital for roughly 9 weeks.

Actual procedure - few days Rehabilitation of the knee can be months depending on the individual knee and success of physio

4 months but 1 year later I will say I am still improving.

2 months for starting working and sitll recovery all mobility until 100%

Approx 8 weeks to be comfortable. But I was able to walk etc immediately after the procedure

12-14 weeks

How did the procedure positively affect your condition and/or your quality of life?

Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- The effect on family, friends and others

Slightly less pain when walking

I can honestly say that this operation gave me my life back. Having worn a brace for over seven years and had previous operations this procedure was like a miracle to me both physically and mentally. What you must understand is that you have to be prepared to put the hard work in with physio. But the benefits far outweigh those few weeks of hard work.

As previously mentioned I am still working on the knee strength and mobility . My aim was to be able to resume my sports and walking which i hope will happen however it is taking slightly longer than i thought but i am happy to put the work in for the end result. I am positive about this procedure and have faith in my consultant

I can bend, climb stairs and go down the stairs with no pain. I can dance, stand for longer periods. I can do activities with my children.I go for walks with my husband. I am not depressed, I am very positive and very happy.

The first 3 weeks I need help for my daily duties and was painful but with the medication I have received from the hospital it's been very helpful. After 3 weeks I have started the Physiotherapy and helping me to improve my fitness. Now I'm able to do my normal life until the full recovery. Emotionally I have passed hard because I have lost my job during the sick note but I have managed to get a new job after finishing my sick note. Now I'm happy and my lifestyle is improving by changing for my new job.

The general pain, stiffness and swelling in my knee has reduced significantly. I am now able to do things I enjoy such as Golf / Walking and cycling without a major reaction. Emotionally, with the reduction in general pain, my mood has certainly improved. I am now able to do simple things such as kick a ball with my sons which I had previously had to stop.

Changed my life, no pain on walking or sitting, no falling down the stairs no longer missing time off work! I am a m to my old self.

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How did the procedure negatively affect your condition and/or your quality of life?

Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- The effect on family, friends and others

No negative effects

Nothing negative. All positive.

You do need support at first but that is the same as any operation. I am yet to be able to get back to my normal sporting activities but i can still do my rehabilitation exercises which help and get me on track to where i need to be

I couldn't bend, exercise at all or move about without pain. I was taking pain killers that were even affecting my kidneys.The pain was making me depressed and I had to think about everything before doing it.Lifestyle is much healthier and I am more positive about life now.Now I just get up and go and I am even faster on my feet though sometimes I feel like a robot!

I already responded on top.

Except for the first few weeks after the procedure, nothing negative has occurred.

The procedure meant I could not weight bare for two weeks and needed to use crutches .then I could put 50% of my weight on my knee for the following 2 weeks, then two weeks of full weight baring. The followsix weeks were all about building strength and muscles.

Did you require anymore treatment, including procedures or surgery after this procedure?



If yes, please provide further details.

i have taken some additional physio recommendations from my friend who is a physio as sometimes ' physio' can be one shoe fits all and they only give you physio for your knee not the whole body which still need to be stretched and kept strong whilst you go through this rehab process - if i was not from a sporting background i think i would have felt quite helpless

Would you recommend this procedure to another patient with your condition?



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If yes, what might you tell them?

Life changing.

I believe this procedure will work, i would tell them not to expect miracles straight away. It takes time and lots of hard work but hopefully it will be worth it in the end

The pain after surgery is terrible but once you get past that you won't regret it! It is actually life changing!

To expect the pain to be pretty acute post the surgery, but that once that passes, the results are definitely worth it.

To plough through the pain of the op as the outcomes at the end of six weeks are fantastic. Makes sure you have a robe with a tie which you can use to lift your leg after surgery to ease the pain. Do your exercises! Then enjoy a pain free life.

If the procedure had an impact on any other areas of your life that are not covered by the questions above please tell us about them here.

I had endured 7 years of people staring at a brace which made me feel disabled. The procedure made me feel normal again.

You need to have a supportive workplace and support from family and friends whilst you rehab

I have lost my income for 2 months and 8 days and after that I have lost my sick note.