



# Transcatheter aortic valve implantation (TAVI) for native aortic valve regurgitation

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# Your responsibility

This guidance represents the view of NICE, arrived at after careful consideration of the evidence available. When exercising their judgement, healthcare professionals are expected to take this guidance fully into account, and specifically any special arrangements relating to the introduction of new interventional procedures. The guidance does not override the individual responsibility of healthcare professionals to make decisions appropriate to the circumstances of the individual patient, in consultation with the patient and/or guardian or carer.

All problems (adverse events) related to a medicine or medical device used for treatment or in a procedure should be reported to the Medicines and Healthcare products Regulatory Agency using the Yellow Card Scheme.

Commissioners and/or providers have a responsibility to implement the guidance, in their local context, in light of their duties to have due regard to the need to eliminate unlawful

discrimination, advance equality of opportunity, and foster good relations. Nothing in this guidance should be interpreted in a way that would be inconsistent with compliance with those duties. Providers should ensure that governance structures are in place to review, authorise and monitor the introduction of new devices and procedures.

Commissioners and providers have a responsibility to promote an environmentally sustainable health and care system and should <u>assess and reduce the environmental impact of implementing NICE recommendations</u> wherever possible.

## 1 Recommendations

#### When SAVR is not suitable or is high risk

- 1.1 Transcatheter aortic valve implantation (TAVI) can be used in the NHS while more evidence is generated to treat native aortic valve regurgitation when surgical aortic valve replacement (SAVR) is not suitable or is high risk. It can only be used with special arrangements for clinical governance, consent, and audit or research.
- 1.2 Clinicians wanting to do TAVI when SAVR is not suitable or is high risk should:
  - Inform the clinical governance leads in their healthcare organisation.
  - Ensure that people (and their families and carers as appropriate) understand the procedure's safety and efficacy, and any uncertainties about these.
  - Take account of <u>NICE's advice on shared decision making</u>, including <u>NICE's information for the public</u>.
  - Audit and review clinical outcomes of everyone having the procedure. The
    main efficacy and safety outcomes identified in this guidance can be entered
    into NICE's interventional procedure outcomes audit tool (for use at local
    discretion).
  - Discuss the outcomes of the procedure during their annual appraisal to reflect, learn and improve.
- 1.3 Healthcare organisations should:

- Ensure systems are in place that support clinicians to collect and report data on outcomes and safety for everyone having this procedure.
- Regularly review data on outcomes and safety for this procedure.

## When SAVR is suitable and is not high risk

- More research is needed on TAVI for native aortic valve regurgitation when SAVR is suitable and is not high risk before it can be used in the NHS.
- 1.5 This procedure should only be done as part of a formal research study and a research ethics committee needs to have approved its use.

# For everyone having TAVI for native aortic valve regurgitation

- 1.6 Patient selection should be done by an experienced multidisciplinary team, which must include:
  - interventional cardiologists experienced in the procedure
  - cardiac surgeons
  - · an expert in cardiac imaging, and
  - when appropriate, a cardiac anaesthetist and a specialist in medicine for older people.

The multidisciplinary team should determine the risk level for each patient and the TAVI valve most suitable for them.

1.7 TAVI is a technically challenging procedure that should only be done in specialised centres and only by teams with specific training and experience in complex endovascular interventions. There should be both cardiac and vascular surgical support for the emergency treatment of complications from TAVI and

subsequent care.

1.8 Enter details about everyone having TAVI for native aortic valve regurgitation into the <u>UK TAVI registry</u>, managed by the National Institute for Cardiovascular Outcomes Research. Contact <u>nicor.auditenquiries@nhs.net</u> for details.

# What evidence generation and research is needed

- 1.9 Further evidence generation and research should be in the form of suitably powered randomised controlled trials or patient registries across all risk categories. The trials should report details of:
  - · patient selection
  - comparisons between TAVI and SAVR or medical treatment
  - comparisons between different TAVI prosthetic aortic valves
  - long-term outcomes, including:
    - valve durability and reintervention rates
    - the need for a second TAVI valve-in-valve implantation
  - safety outcomes, including embolisation, stroke and myocardial infarction.

#### Why the committee made these recommendations

When SAVR is not suitable or is high risk, evidence on the procedure shows well-recognised safety concerns. Evidence on efficacy is limited in quality and comes mainly from short-term, small observational studies or registries. So, the procedure can only be used with special arrangements for clinical governance, consent, and audit or research.

When SAVR is suitable and is not high risk, there is not enough evidence on the safety and efficacy of the procedure. So, it should only be used in research.

# 2 The condition, current treatments and

# procedure

#### The condition

Aortic regurgitation (AR) is the leakage of blood backwards from the aorta into the left ventricle during diastole (when the heart relaxes and fills with blood). It develops when the aortic valve pathology prevents normal closure of the valve in diastole. AR is usually the result of leaflet degeneration or aortic root dilatation with aortic annulus enlargement, or both. People may remain asymptomatic for years but symptoms eventually develop, which usually includes shortness of breath. Severe cases of AR can lead to heart failure.

#### **Current treatments**

- 2.2 For people with severe symptomatic AR who are well enough for surgery, surgical aortic valve replacement (SAVR) with a biological or mechanical prosthetic valve is standard treatment and is associated with survival benefit.
- 2.3 For some people, surgery is not an option. This can be because of medical comorbidities or technical considerations, such as a calcified aorta or scarring from previous cardiac surgery. For these people, the risks of SAVR outweigh the potential benefits, and so medical treatment is the standard treatment. But for some of these people, medical treatment is not effective.

#### The procedure

- Transcatheter aortic valve implantation (TAVI) provides a less invasive alternative to open cardiac surgery for treating AR, avoiding the need for cardiopulmonary bypass and median sternotomy.
- 2.5 TAVI is usually done under local anaesthesia with sedation. Or it may be done under general anaesthesia. Imaging guidance, including transoesophageal echocardiography (if general anaesthesia is used), fluoroscopy or angiography is

used to help with prosthetic valve-size selection, valve positioning and assessing the implanted prosthetic valve after the procedure. Prophylactic antibiotics and anticoagulants are administered before and during the procedure.

- A bioprosthetic aortic valve is implanted within the damaged native aortic valve. Access to the aortic valve can be percutaneous, with entry to the circulation through the femoral artery (endovascular access). Alternatively, subclavian access may be used if the anatomy of the femoral arteries is not suitable. Deciding how to achieve catheter access to the aortic valve may depend on several factors related to the person having the procedure, such as femoral artery anatomy and the presence of aortic calcification.
- The new prosthetic valve is manipulated into position and deployed over a guide wire passed through the native aortic valve.
- 2.8 Rapid ventricular pacing is used to temporarily reduce cardiac motion and blood flow through the native aortic valve during placement of the new prosthetic aortic valve. The new valve may be mounted on a metal stent that is self-expanding. Or it may be expanded by inflating a large balloon on which the stented valve has been crimped. Positioning the new valve destroys the native aortic valve. The catheter is removed once the valve has been successfully placed.

#### 3 Committee considerations

#### The evidence

3.1 NICE did a rapid review of the published literature on the efficacy and safety of this procedure. This comprised a comprehensive literature search and detailed review of the evidence from 10 sources, which was discussed by the committee. The evidence included 5 systematic review and meta-analyses, 1 prospective study, 1 retrospective propensity score-matched study and 3 retrospective studies. It is presented in the <a href="mailto:summary of key evidence section in the interventional procedures overview">summary of key evidence section in the interventional procedures overview</a>. Other relevant literature is in the appendix of the overview.

- The professional experts and the committee considered the key efficacy outcomes to be:
  - symptomatic relief
  - reduction in aortic regurgitation (AR)
  - improvement in quality of life.
- The professional experts and the committee considered the key safety outcomes to be:
  - mortality
  - stroke
  - myocardial infarction
  - major valvular complications, including:
    - embolisation
    - bleeding
    - residual AR
    - reintervention.
- 3.4 Patient commentary was sought but none was received.

#### Committee comments

- 3.5 Some of the evidence comes from prosthetic aortic valves that do not have regulatory approval for use in AR. The evidence shows worse safety outcomes when valves not indicated for AR are used.
- 3.6 Bioprosthetic valves are made from porcine or bovine tissue. Some people may not want to have these.

This procedure may not be appropriate for people with significant aortic root dilatation.

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# **Endorsing organisation**

This guidance has been endorsed by Healthcare Improvement Scotland.