Suicide prevention Committee meeting 6

Date: 08/09/17  
Location: NICE offices London  
Minutes: final

**Committee members present:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
<th>Status</th>
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</thead>
<tbody>
<tr>
<td>Susan Jebb</td>
<td>Chair</td>
<td>From 11.30am</td>
</tr>
<tr>
<td>Toby Prevost</td>
<td>Core member</td>
<td>Present for all</td>
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<tr>
<td>Suzanne Jones</td>
<td>Core member</td>
<td>Present for all</td>
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<tr>
<td>Raymond Jankowski</td>
<td>Core member</td>
<td>Present for all</td>
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<tr>
<td>Ray Canham</td>
<td>Core member</td>
<td>Present for all</td>
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<tr>
<td>Jane Leaman</td>
<td>Core member</td>
<td>Left 15.30pm</td>
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<tr>
<td>Chris Packham</td>
<td>Core member</td>
<td>Present for all</td>
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<tr>
<td>Ian Basnett</td>
<td>Core member</td>
<td>Present for all</td>
</tr>
<tr>
<td>Stephen Habgood</td>
<td>Topic member</td>
<td>Present for all</td>
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<tr>
<td>David Mosse</td>
<td>Topic member</td>
<td>Present for all</td>
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<tr>
<td>Andrew Chapman</td>
<td>Topic member</td>
<td>Present for all</td>
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<tr>
<td>Vikki Levick</td>
<td>Topic member</td>
<td>Present for all</td>
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<tr>
<td>Navneet Kapur</td>
<td>Topic member</td>
<td>Present for all</td>
</tr>
<tr>
<td>Helene Raynsford</td>
<td>Topic member</td>
<td>Present for all</td>
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<tr>
<td>Amy Beck</td>
<td>Topic member</td>
<td>Present for all</td>
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**In attendance:**

<table>
<thead>
<tr>
<th>Name</th>
<th>Role</th>
<th>Status</th>
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<tbody>
<tr>
<td>Hugh McGuire</td>
<td>Technical Adviser</td>
<td>Present for all</td>
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<tr>
<td>Ying Ying Wang</td>
<td>Technical Analyst</td>
<td>Present for all</td>
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<tr>
<td>Ben Doak</td>
<td>Guideline commissioning manager</td>
<td>Present for all</td>
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<tr>
<td>Patricia Mountain</td>
<td>Project Manager</td>
<td>Present for all</td>
</tr>
<tr>
<td>Ben Johnson</td>
<td>Health Economist</td>
<td>From 13.45pm</td>
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<tr>
<td>Sarah Willett</td>
<td>Associate Director</td>
<td>Present for all</td>
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1. Welcome and objectives for the meeting

The Vice Chair, Chris Packham, welcomed the Committee members and attendees to the 6th meeting on NICE guideline *Preventing suicide in community and custodial settings*. The Committee members and attendees introduced themselves.

The members of the public were also welcomed to the meeting. The members of the public had been briefed already, both verbally and in writing by the NICE team, and the Chair reminded them of the protocol for members of the public, i.e. their role is to observe and they may not speak or ask questions. Also, no filming or recording of the meeting is permitted.

The Vice Chair reminded all present that the PHAC is independent and advisory, and that its decisions and recommendations to NICE do not represent final NICE guidance; and they may be changed as a result of public consultation.

The Vice Chair welcomed the members of the public to the meeting.

The Vice Chair informed the Committee that apologies had been received. These are noted above.

The Vice Chair outlined the objectives of the meeting:

- To present an evidence review of intervention studies regarding postvention that provides support for people bereaved by suicide
- To hear and discuss expert testimony by Sharon McDonnell about her work for suicide bereavement UK
To consider and discuss both evidence and expert testimony to draft recommendations on postvention

To hear and discuss expert testimony about the Listener scheme in custodial settings. Liz Scowcroft will present preliminary results on the impact of the Listener scheme. As this is on-going working, the data presented at this stage are confidential, so we will have to ask the member of the public to leave during her talk.

To hear and discuss expert testimony about non-clinical, face-to-face services provided at the Listening place, a voluntary organisation supporting people with suicidal thoughts.

To review drafted recommendations for training and/or support interventions and to refine based on expert testimony

2. Confirmation of matter under discussion, and declarations of interest

The Vice Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was ‘Preventing suicide in community and custodial settings’.

The Vice Chair explained that verbal declarations of interest are a standing item on every agenda and are recorded in the minutes as a matter of public record.

The Vice Chair asked the PHAC and attendees at the table, to declare any changes to the interests already declared, and any additional declarations.

Topic member - Navneet Kapur – has recently been appointed to Chair of the group developing competencies for suicide and self-harm assessment for health and social care staff, funded by Health Education England. This is an unpaid role

Personal non-financial specific

Expert Elizabeth Scowcroft Research Manager Samaritans, Full-time employee of Samaritans and completing research into the effectiveness of their service; partly funded by Samaritans (through funding it receives from HMPPS), with Nottingham Trent University as a doctoral research student. There is therefore a conflict of interest regarding the funding channels of the research that will be presented, however, the involvement of the independent academic institution assists with ensuring the research remains as objective as possible. The supervisory team at the university receive no payment from either Samaritans or HMPPS for this project. Non-personal, non-financial, specific

Expert Sharon McDonnell Suicide Bereavement UK

- SM was personally bereaved by suicide in 1989  Personal non-
financial specific

- Is the Director of Suicide Bereavement UK which specialises in suicide bereavement research, training and consultancy.  
  Personal financial specific

- Is the Director of Postvention Trust CIC which focuses on suicide bereavement in the community.  
  Personal financial specific

- Was the PI of a research project that developed evidence based suicide bereavement training. This was funded by the National Institute of Health Research (NIHR), conducted at Manchester University and the first of its kind internationally. Currently in discussions with NIHR to deliver this training nationally.  
  Personal financial specific

- Has provided written evidence to Health Select committees inquiry which focussed on suicide prevention and includes her opinions.  
  Personal non-financial specific

- Organised an international suicide bereavement conference in Manchester which she presents at annually.  
  Personal non-financial specific

- Is the lead researcher for the Support after Suicide Partnership (SASP) which includes 30 organisations (eg PAPYRUS, SOBS, CALM, If U Care Share, Samaritans etc) This is unpaid.  
  Personal non-financial specific

- Is the PI on a suicide bereavement survey which will be launched on 26th Sept 2016. This study is a collaboration between Support after Suicide partnership and the University of Manchester. There will be media interest in this study as they are presenting pilot findings.  
  Personal financial specific

- Has stated opinions in a University of Manchester blog which focussed on suicide bereavement.  
  Personal non-financial specific

- Has co-authored academic papers and chapters in books which directly associated with suicide bereavement. The most recent paper focuses on the experiences of GPs who are responsible for the care of those bereaved by suicide.  
  Personal non-financial specific

- Has presented at both national and international conferences and events.  
  Personal non-financial specific

- Has been a member of the advisory group which developed key documents directly associated with suicide bereavement and are noted below:  
  Personal non-financial specific
1. **PHE (2015) Help is at hand Support after someone may have died by suicide**

2. **NSPA 2016 Support after a suicide: Evaluating local bereavement support services**

3. **NSPA 2016 Support after suicide: Developing and delivering local bereavement support service**

4. **PHE (2017) A guide for providing local services**

   The Vice Chair and a senior member of the Developer’s team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Minutes of previous meeting

The minutes were agreed as an accurate record of the meeting apart from a minor change to the attendees. All actions had been completed or were in hand.

### 4. Evidence for Review Question 6 (postvention)

The Chair Susan Jebb joined the meeting. Ying Ying Wang presented to the PHAC the evidence for RQ6

> Are approaches that provide people affected by suicide with information about grief and bereavement and bereavement support services (postventions) effective and cost effective at encouraging those people to seek help?

This included evidence from intervention studies on postvention. Some of evidence had been presented at PHAC 1, as limited number of interventions.

There was an opportunity for the PHAC to ask questions and discuss.

### 5. Expert testimony 1 – Sharon McDonnell (Suicide bereavement)

The PHAC heard expert testimony from Sharon McDonnell (Director of Suicide Bereavement UK) on the development of evidence-based suicide bereavement training and the imminent launch of a national suicide bereavement study.

The Chair thanked Sharon for her testimony.

There was an opportunity for the PHAC to ask questions and discuss.

### 6. Evidence review RQ6

Hugh McGuire gave a short recap on the evidence that has been presented to the PHAC so far.
The NICE team had drafted recommendations, based on PHAC discussions.

The PHAC discussed these in plenary session. Revisions and additions were agreed. The Chair explained that there would be further opportunities for the PHAC to revise them. The NICE team noted discussions

**Action:** NICE to revise draft recommendations following PHAC comments

**Action:** NICE to circulate revised draft recommendations to PHAC members for comment.

### 7. Expert testimony 2 - Elizabeth Scowcroft

The PHAC heard expert testimony from Elizabeth Scowcroft about her work about the Listener scheme within custodial centres. This item was academic in confidence and so the public were asked to withdraw.

The Chair thanked Elizabeth for her testimony.

There was an opportunity for the PHAC to ask questions and discuss.

### 8. Expert testimony 3 – Sarah Anderson (The Listening Place service)

The PHAC heard expert testimony from Sarah Anderson, Chief Executive of The Listening Place which is a London based voluntary organisation that provides sustained face-to-face support, by appointment, for those who feel life is no longer worth living.

The Chair thanked Sarah for her testimony.

There was an opportunity for the PHAC to ask questions and discuss.

### 9. Health economic modelling update

Ben Johnson gave a brief update on health economic modelling to the PHAC and the content to be included on the web during consultation.

### 10. Draft recommendations of RQ4 and RQ5

Ying Ying Wang recapped on the recommendations made for RQ4 and RQ5, and to review/revise based on expert testimony that had been heard in the meeting.

The NICE team had drafted potential draft recommendations, based on PHAC discussions.

The PHAC discussed these in plenary session. Revisions and additions were
agreed. The Chair explained that there would be further opportunities for the PHAC to revise them. The NICE team noted discussions

**Action: NICE to revise draft recommendations following PHAC comments**

**Action: NICE to circulate revised draft recommendations to PHAC members for comment.**

### 11. Next steps

Hugh McGuire informed the committee of the next steps in the development of the guideline and plans for the next meeting.

**Action: PHAC members to contact NICE with suggestions for further experts to provide testimony**

### 9. Any other business

The Chair summarised the agreed decisions and actions from the meeting.

The Chair reminded members to submit their expenses within 3 months of their attendance.

There was no other business for discussion

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<thead>
<tr>
<th>Date of next meeting:</th>
<th>Tuesday 24th October 2017</th>
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<tbody>
<tr>
<td>Location of next meeting:</td>
<td>Prince of Wales suite, NICE office, London</td>
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