# National Institute for Health and Care Excellence

Final

## Chronic obstructive pulmonary disease in over 16s: diagnosis and management

### [D] Diagnosing COPD and predicting outcomes

NICE guideline NG115 Evidence reviews December 2018

Final

These evidence reviews were developed by the NICE Guideline Updates Team



FINAL

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### **Confirming COPD diagnosis**

#### **Review question**

In people with suspected COPD, what is the most accurate and appropriate test (for example imaging or biomarkers) to confirm the diagnosis?

#### Introduction

Clinical diagnosis of COPD is based on the results of spirometry. This test is carried out on people presenting with symptoms that are associated with COPD including breathlessness, chronic cough or sputum production and /or a history of risk factors such as current or previous tobacco smoking and/or other smoked drugs and occupational exposures. However, imaging tests carried out to investigate other issues may identify people with signs of airway disease who are otherwise asymptomatic. In addition to spirometry, other tests, such as chest X-rays, can used to investigate alternate diagnoses that may explain symptoms, for example lung cancer. Such tests may also detect concomitant abnormalities at the time of the initial diagnostic evaluation.

This review aims to determine the diagnostic accuracy of tests for the diagnosis of COPD in people with a diagnostic or non-diagnostic spirometry result or without spirometry results. For this guideline update, the term COPD covers people with chronic bronchitis, emphysema, and chronic airflow limitation or obstruction. The population of interest are people with COPD, COPD with asthma, COPD with bronchopulmonary dysplasia, or COPD with bronchiectasis.

This review identified studies that fulfilled the conditions specified in <u>Table 1</u>. For full details of the review protocol, see appendix A.

Population	People with suspected COPD
Assessment tools	Imaging, including:
	Chest CT
	Chest X-ray
	• 18F-FDG-PET
	<ul> <li>Lung MRI with or without O2, 3He or 129Xe</li> </ul>
	<ul> <li>Pulmonary Scintigraphy (Ventilation-Perfusion (V/Q) SPECT)</li> </ul>
	Other tests:
	<ul> <li>Full Reversibility of airways obstruction in response to bronchodilator on spirometry (adjusted for BMI)</li> </ul>
	Sputum culture
	• Serial peak flow measurements (peak expiratory flow rate (PEFR), or peak expiratory flow (PEF). Both L/min).
	<ul> <li>Serum Alpha-1 antitrypsin and other tests for alpha-1 antitrypsin deficiency</li> </ul>
	<ul> <li>Transfer factor for carbon monoxide (TLCO)</li> </ul>
	• ECG
	Echocardiogram
	<ul> <li>Pulse oximetry (peripheral oxygen saturation, SpO<sub>2</sub>)</li> </ul>
	Arterial blood gas analysis

#### Table 1 PICO: confirming diagnosis of COPD

	<ul> <li>Sputum myeloperoxidase and serum interleukin-6</li> </ul>
	<ul> <li>Systemic inflammatory markers including eosinophil count</li> </ul>
	Full blood count
Reference standard	<ul> <li>Clinical diagnosis of COPD by any means including Global Strategy for the Diagnosis, Management and Prevention of COPD, GOLD, guideline; American Thoracic Society criteria for COPD; European Respiratory Society criteria)</li> </ul>
	<ul> <li>Post-bronchodilator spirometry in a stable patient</li> </ul>
	CT demonstration of emphysema
	<ul> <li>Histopathology grading of emphysema</li> </ul>
Outcomes	Sensitivity
	Specificity
	Positive likelihood ratio
	Negative likelihood ratio

#### Methods and process

This evidence review was developed using the methods and process described in <u>Developing NICE guidelines: the manual</u>. Methods specific to this review question are described in the review protocol in appendix A, and the methods section in appendix B.

Subgroup analyses were not carried out for this review because the included studies did not report data for the categories of interest in an accessible format.

The search strategies used in this review are detailed in appendix C.

Declarations of interest were recorded according to <u>NICE's 2014 conflicts of interest</u> policy.

#### **Clinical evidence**

#### **Included studies**

A single systematic search was carried out for the 3 review questions in this evidence review to identify observational studies and systematic reviews of observational studies, which found 15,231 references (see appendix C for literature search strategy). Evidence included in the original guideline, evidence identified from the surveillance review, studies referenced in identified systematic reviews, and references from included studies were also reviewed, which added a total of 15 references. An additional reference (Smith 2017) which was published after the date of the systematic search was identified by a member of the guideline committee. In total, 15,247 references were identified for screening at title and abstract level using priority screening. From the first 7,658 references were ordered for screening based on their titles and abstracts and 152 references were ordered for screening based on their full texts. Based on the rules for using priority screening software (see appendix B), the screening was terminated at this point, and the remaining 7,589 were not screened on title and abstract.

Of the 152 references screened as full texts, 49 references were included for the 3 review questions based on their meeting the inclusion criteria specified in the review protocol (appendix A). The clinical evidence study selection is presented as a diagram in appendix C. Of the 49 included references, 5 presented data on

diagnostic accuracy of tests for the diagnosis of COPD and met the inclusion criteria for this review.

A second set of searches was conducted at the end of the guideline development process for all updated review questions using the original search strategies, to capture papers published whilst the guideline was being developed. These searches, which included articles up to February 2018, returned 3,100 references in total for all the questions included in the update, and these were screened on title and abstract. No additional relevant references were found for this review question.

The process of study identification is summarised in the diagram in appendix D.

For the full evidence tables and full GRADE profiles for included studies, please see appendix E and appendix G. The references of individual included studies are given in appendix K.

#### **Excluded studies**

Excluded studies are listed in appendix I, with reasons for their exclusion, and in appendix K as full references.

#### Summary of clinical studies included in the evidence review

The included studies are summarised in Table 2 and Table 3 below. See appendix E for full evidence tables.

#### Table 2 Summary table of included studies – systematic review

Author (year)	Study details	Index test (s)	Reference standard (s)	Outcomes
Li (2012) Countries of included studies were not reported	<ul> <li>Dates searched</li> <li>All of the databases were searched from their inception to October 2011.</li> <li>Databases searched</li> <li>PUBMED, EMBASE, CNKI, VIP, CBM, WANFANG, The Cochrane Library.</li> <li>Sources of funding</li> <li>Not stated.</li> </ul>	• Chest CT	Pulmonary function tests	<ul> <li>Sensitivity</li> <li>Specificity</li> <li>Positive likelihood ratio</li> <li>Negative likelihood ratio</li> </ul>

#### Table 3 Summary table of included prospective cohort studies

Author (year)	Sample characteristics	Index test (s)	Reference standard(s)	Outcomes
Garcia- Pachon (2004) Spain	<ul> <li>Sample size: 210</li> <li>% female: 27%</li> <li>Mean age (SD):</li> <li>62 years (11)</li> <li>Smoking status and history</li> <li>History of smoking of more than 20 pack-years in 110 participants</li> <li>FEV1, % predicted (mean, SD)</li> <li>103 participants had FEV1 value &lt;80%</li> </ul>	<ul> <li>Pulse         <ul> <li>oximetry</li> <li>(peripheral</li> <li>oxygen</li> <li>saturation,</li> <li>SpO2)</li> <li>% of arterial</li> <li>oxygen</li> <li>saturation: &lt;96</li> <li>&lt;97 &lt;98</li> </ul> </li> </ul>	• Post-bronchodilator spirometry in a stable patient COPD was defined as FEV1/FVC <0.70.	<ul> <li>Sensitivity</li> <li>Specificity</li> <li>Positive likelihood ratio</li> <li>Negative likelihood ratio</li> </ul>
Kurashima (2005) Japan	<ul><li>Sample size: 516</li><li>% female: 10.5%</li><li>Mean age (SD)</li></ul>	Chest CT High resolution	Clinical diagnosis of COPD	<ul><li>Sensitivity</li><li>Specificity</li><li>Positive likelihood ratio</li></ul>

Author (year)	Sample characteristics	Index test (s)	Reference standard(s)	Outcomes
	69.0 years (0.1) • Smoking status and history Never smoked 10.9% Ex-smoker 79.3% Current smoker 9.8% • FEV1, % predicted (mean, SD) 58.6 (1.0)	thoracic CT	GOLD	Negative likelihood ratio
Miniati (2011) Italy	<ul> <li>Sample size: 225</li> <li>% female: Derivation sample= 19%</li> <li>Validation sample= 44%</li> <li>Median age (interquartile range [IQR])</li> <li>Derivation sample= 65 years (46 to 70)</li> <li>Validation sample= 66 years (57 to 73)</li> </ul>	Chest X-ray Computer- aided procedure to recognise emphysema on digital chest X-ray	CT demonstration of emphysema	<ul> <li>Sensitivity</li> <li>Specificity</li> <li>Positive likelihood ratio</li> <li>Negative likelihood ratio</li> </ul>
Tilemann (2011) Germany	<ul> <li>Sample size: 210</li> <li>%female</li> <li>Asthma 64%</li> <li>COPD 52.8%</li> <li>Partial reversibility 46.2%</li> <li>No obstructive airways disease (OAD) 58.7%</li> <li>Mean age (SD)</li> <li>Asthma 38.0 years (14.6)</li> <li>COPD 56.8 years (11.7)</li> <li>Partial reversibility 57.9 years (11.2)</li> <li>No OAD 42.3 years (14.4)</li> <li>Smoking status and history</li> <li>Asthma</li> <li>Current smokers 19.8%</li> <li>Past smokers 12.8%</li> </ul>	• Systemic inflammatory markers including eosinophil count and high-sensitivity C-reactive protein concentrations (hs-CRP).	• Post-bronchodilator spirometry in a stable patient	<ul> <li>Sensitivity</li> <li>Specificity</li> <li>Positive likelihood ratio</li> <li>Negative likelihood ratio</li> </ul>

Author (year)	Sample characteristics	Index test (s)	Reference standard(s)	Outcomes
	Never smokers 67.4%			
	COPD			
	Current smokers 47.2%			
	Past smokers 36.1%			
	Never smokers 16.7%			
	Partial reversibility			
	Current smokers 61.5%			
	Past smokers 23.1%			
	Never smokers 15.4%			
	No OAD			
	Current smokers 28.0%			
	Past smokers 12.0%			
	Never smokers 60.0%			
	<ul> <li>FEV1, % predicted (mean, SD)</li> </ul>			
	Asthma 99.7 (12.0)			
	COPD 69.1 (17.1)			
	Partial reversibility 67.6 (17.2)			
	No OAD 106.3 (12.8)			

#### Quality assessment of clinical studies included in the evidence review

The systematic review and observational studies were assessed for risk of bias and applicability and this information is presented in the evidence tables in appendix E. See appendix G for full GRADE tables.

#### **Economic evidence**

#### **Included studies**

A single search was conducted to cover all review question topics in this guideline update. This search returned 16,299 records, all of which were excluded on title and abstract for this review question.

#### **Evidence statements**

The evidence statements based on likelihood ratios were written with reference to the size of the likelihood ratios in the GRADE tables in appendix G, using the interpretation detailed in the methods section on diagnostic test accuracy (<u>Table 8</u>) for both point estimates and confidence intervals. For example, positive likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate an increase in the probability of death and negative likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate a decrease in the probability of death in people with COPD. Evidence statements were grouped according to the size of the increase or decrease.

#### **Clinical evidence statements**

#### Confirming COPD diagnosis with computed tomography

### Results that increase the probability of having COPD (based on positive likelihood ratios)

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **very large**:

- Low-dose computed tomography with reference standard: emphysema index in expiration (very low quality, 95% CI goes from slight to very large)
- 16 Multi-slice computed tomography with reference standard: pixel index in maximum expiratory (low quality, 95% CI goes from moderate to very large)

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **large**:

- 16 Multi-slice computed tomography with reference standard: full expiration average lung density, (low quality, 95% CI goes from moderate to very large)
- Computed tomography with reference standard: pulmonary function tests (very low quality, 95% CI goes from moderate to very large)

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **moderate**:

 16 Multi-slice computed tomography with reference standard: blood flow (very low quality, 95% CI goes from slight to large)

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **slight**:

• High resolution computed tomography with reference standard: GOLD (very low quality, 95% CI goes from slight to moderate)

### Results that decrease the probability of having COPD (based on negative likelihood ratios)

The following negative test results **decrease** the probability a person has COPD to a degree that is likely to be **very large**:

• 16 Multi-slice computed tomography with reference standard: pixel index in maximum expiratory (low quality, 95% CI goes from large to very large)

The following negative test results **decrease** the probability a person has COPD to a degree that is likely to be **large**:

• Low-dose computed tomography with reference standard: emphysema index in expiration (low quality, 95% CI goes from moderate to very large)

The following negative test results **decrease** the probability a person has COPD to a degree that is likely to be **moderate**:

- 16 Multi-slice computed tomography with reference standard: full expiration average lung density, (low quality, 95% CI goes from moderate to large)
- 16 Multi-slice computed tomography with reference standard: blood flow (very low quality, 95% CI goes from slight to large)
- Computed tomography with reference standard: pulmonary function tests (very low quality, 95% CI goes from moderate to large)
- High resolution computed tomography with reference standard: GOLD (low quality, 95% CI goes from moderate to moderate)

### Confirming COPD diagnosis with chest X-ray (reference standard: computed tomography)

### Results that increase the probability of having COPD (based on positive likelihood ratios)

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **very large**:

 Computer-aided procedure to recognise emphysema on digital chest X-ray (low quality, 95% CI goes from large to very large)

### Results that decrease the probability of having COPD (based on negative likelihood ratios)

The following negative test results **decrease** the probability a person has COPD to a degree that is likely to be **large**:

 Computer-aided procedure to recognise emphysema on digital chest X-ray (low quality, 95% CI goes from moderate to very large)

#### Confirming COPD diagnosis with pulse oximetry (reference standard: postbronchodilator spirometry FEV1/FVC <0. 70)

### Results that increase the probability of having COPD (based on positive likelihood ratios)

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **moderate**:

Pulse oximetry at cut-off arterial oxygen saturation <96% (very low quality, 95% CI goes from slight to moderate)</li>

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **slight**:

- Pulse oximetry at cut-off arterial oxygen saturation <97% (low quality, 95% Cl goes from slight to slight)
- Pulse oximetry at cut-off arterial oxygen saturation <98% (low quality, 95% Cl goes from slight to slight)

### Results that decrease the probability of having COPD (based on negative likelihood ratios)

The following negative test results **decrease** the probability a person has COPD to a degree that is likely to be **slight**:

- Pulse oximetry at cut-off arterial oxygen saturation >96% (very low quality, 95% CI goes from slight to moderate)
- Pulse oximetry at cut-off arterial oxygen saturation >97% (very low quality, 95% CI goes from slight to moderate)
- Pulse oximetry at cut-off arterial oxygen saturation >98% (very low quality, 95% CI goes from slight to moderate)

### Confirming COPD diagnosis with hs-CRP (reference standard: pulmonary function tests)

### Results that increase the probability of having COPD (based on positive likelihood ratios)

The following positive test results **increase** the probability a person has COPD to a degree that is likely to be **moderate**:

- hs-CRP at 2.39mg/L (very low quality, 95% CI goes from slight to moderate)
- hs-CRP at 3.5mg/L (very low quality, 95% CI goes from slight to moderate)

### Results that decrease the probability of having COPD (based on negative likelihood ratios)

The following negative test results **decrease** the probability a person has COPD to a degree that is likely to be **slight**:

- hs-CRP at 2.39mg/L (very low quality, 95% CI goes from slight to moderate)
- hs-CRP at 3.5mg/L (very low quality, 95% CI goes from slight to slight)

#### **Economic evidence statements**

No relevant economic evidence was identified for this review question.

#### The committee's discussion of the evidence

#### Interpreting the evidence

#### The outcomes that matter most

The committee agreed that the critical outcome was whether the likelihood of a diagnosis of COPD was increased using a particular index test. For all index tests,

sensitivity, specificity, positive and negative likelihood ratios were used to identify the most accurate tests.

#### The quality of the evidence

The quality of the evidence ranged from very low to moderate. The reasons for downgrading the evidence were risk of bias (for example, due to uncertainty about whether the tests were interpreted independently and a lack of pre-specified thresholds); heterogeneity (inconsistency across studies); indirectness (lack of reporting on inclusion/exclusion criteria of participants); imprecision (95% CI crossed a defined MID).

The committee thought that all of the reference standards were acceptable, but discussed the validity of the index tests in detail. The committee highlighted that some of the techniques included in the CT studies were no longer up to date, such as the 16 multi-slice CT. Regarding computer-aided chest X-ray, the committee highlighted that this technique is not used in clinical practice and that the computer-aided procedure to recognise emphysema on a digital chest X-ray was developed and tested for research and it has not been tested in routine clinical practice.

The committee discussed the use of pulse oximetry and hs-CRP as diagnostic tests for COPD. They noted that pulse oximetry is normally used as a measure of severity of COPD, rather than during diagnosis. In addition, there are many other causes of low oxygen saturation that are not related to COPD or that occur in patients with COPD independently of this disease. The committee noted that raised hs-CRP could have many causes and that the absence of a specific link to COPD meant that it was not suitable for use as a diagnostic test for COPD. The committee accepted that studies examining pulse oximetry and hs-CRP were included in this evidence review because they met the review protocol criteria and there were clinical trials testing them in the context of COPD diagnosis. However, based on the issues discussed above and the evidence for low diagnostic utility of these tests, the committee decided not to recommend pulse oximetry or hs-CRP for the diagnosis of COPD.

#### Benefits and harms

The committee agreed that that CT scans and chest X-rays are accurate tests for identifying people who would test positive for COPD using spirometry, including people without symptoms. The committee noted that it is possible for asymptomatic patients to have a CT scan or chest X-ray as part of another investigation that shows emphysema or signs or symptoms of chronic airways disease. Therefore, the committee agreed to recommend considering spirometry and GP respiratory review for patients with emphysema or signs of chronic airways disease detected by incidental CT scan or chest X-ray.

Although there was no evidence on what to do for people who have emphysema or signs of chronic airways disease on a CT scan or chest X-ray, but who have no symptoms, the committee thought it was important to provide some guidance on this matter based on their experience and on current practice in the NHS. They made separate recommendations for current smokers and current non-smokers to reflect their different levels of risk of developing lung disease and to ensure that other relevant factors were taken into account, such as a personal or family history of lung or liver disease, which could explain the test results, and the increase in the risk of lung cancer for people with emphysema. The committee made a research recommendation to provide information about the characteristics of people diagnosed with COPD based on a CT scan to try to determine whether people identified in this manner are sufficiently similar to those diagnosed in the usual way to ensure that they will benefit from the same treatment pathways. If they are found to differ in important characteristics then different treatments or treatment pathways may be required for this group of people with COPD.

The committee also reviewed the list of additional investigations and changed the order of these investigations to better reflect current practice. The committee moved transfer factor for carbon monoxide (TLCO) to the end because this test is not available in primary care, unlike the other investigations. The committee decided to add 'serum' to alpha-1 antitrypsin to clarify the type of test required. They thought it was important to add another role for a CT scan of the thorax relating to the investigation of signs that may suggest another lung diagnosis. The committee decided to replace the word 'surgery' with 'lung volume reduction' because bronchoscopic techniques for lung volume reduction are now available. They agreed that ECG and serum natriuretic peptides were also used to assess the clinical suspicion of cardiac disease and pulmonary hypertension, so this was added to the role of these investigations. The committee also decided to add that TLCO could be used as another test of suitability for lung volume reduction. Pulse oximetry was removed from this list because its main role is to assess and monitor exacerbations (see recommendations 1.3.2 and 1.3.42 in the short guideline), COPD disease progression and to assess the need for oxygen therapy (see recommendations 1.2.61, 1.2.63, and 1.3.32 in the short guideline).

The committee highlighted that the new recommendation should not trigger substantial additional tests because suspicion of COPD is usually based on signs and symptoms. CT scan and chest X-ray showing emphysema or signs of chronic airways disease can be incidental findings in asymptomatic patients having investigations for other conditions.

#### Cost effectiveness and resource use

The committee considered the cost effectiveness of carrying out spirometry in patients with signs of COPD on CT scan or chest X-ray. It was concluded that spirometry in this scenario is likely to be cost effective, considering its low cost compared with the downstream benefits of correctly diagnosing COPD. The committee was confident in recommending smoking cessation advice, treatment and services for current smokers, as the cost effectiveness of such interventions has been demonstrated in previous guidance (Stop smoking interventions and services [NG92]).

The committee determined that, in the appropriate circumstances, serial domiciliary peak flow measurements, CT scan of the thorax, ECG or assessing serum natriuretic peptides, echocardiogram, sputum culture, and transfer factor for carbon monoxide and lung volumes, are likely to be cost-effective investigations, given the balance of benefits provided from a correct diagnosis compared with the cost of investigation.

The committee concluded that the recommendations are in-line with current practice, and are therefore unlikely to have a significant impact on resource use.

#### Other factors the committee took into account

The committee discussed that it would be useful to have guidance for radiologists on how to report emphysema and that this should include a recommendation to refer for spirometry and GP respiratory review if emphysema or signs of chronic airways disease are found. Whilst this was outside the scope of the guideline, they agreed it would be an appropriate route for the recommendations to be implemented.

## Predicting outcomes for people with a new diagnosis of COPD

#### **Review question**

In people with suspected COPD, which tests (for example imaging or biomarkers) are the most accurate to identify whether they are at risk of poor outcomes and whether they will develop mild, moderate or severe COPD?

#### Introduction

This review aims to determine the prognostic accuracy of tests to predict outcomes in people with COPD at the point of diagnosis. At this stage, accurate disease prognosis could help physicians tailor the appropriate level of monitoring and treatment for a person with COPD, with the goal of achieving improved outcomes. Among the tests listed in <u>Table 4</u>, multidimensional indices have been shown to be important predictors of outcome for people with an existing diagnosis of COPD and may also be of value at the point of diagnosis.

This review identified studies that fulfilled the conditions specified in <u>Table 4</u>. (For full details of the review protocol, see appendix A.)

Population	People with a new diagnosis of COPD (by any means including Global Strategy for the Diagnosis, Management and Prevention of COPD, GOLD, guideline; American Thoracic Society criteria for COPD; European Respiratory Society criteria)
Assessment tools	<ul> <li>Imaging including CT, 18F-FDG-PET</li> <li>BMI</li> <li>Biomarkers</li> <li>MRC dyspnoea (breathlessness) tool/ Borg dyspnoea (breathlessness) score</li> <li>Multidimensional assessment indices including:         <ul> <li>BODE</li> <li>CAT (self-administered COPD assessment test)</li> <li>GOLD</li> <li>DECAF (hospital based for acute exacerbations and pneumonia in COPD)</li> <li>DOSE</li> <li>COPD Diagnostic Questionnaire</li> </ul> </li> <li>Polycythaemia (full blood count, FBC)</li> <li>Oxygen saturation (SaO2)</li> <li>6 minute walk distance (6MWD)</li> <li>Tests for anxiety (e.g. General anxiety disorder 7, GAD7; Hospital Anxiety and Depression Scale, HADS)</li> <li>Tests for depression (e.g. patient health questionnaire 9, PHQ9; Hospital Anxiety and Depression Scale, HADS)</li> </ul>
Outcomes	<ul> <li>Mortality</li> <li>Hospitalisations (no hospitalisation versus hospitalisation)</li> <li>Exacerbations (exacerbations versus no exacerbations)</li> </ul>

Table 4 PICO: prognosis for people with newly diagnosed COPD

	<ul> <li>Severity of COPD (as defined by Global Strategy for the Diagnosis, Management and Prevention of COPD, GOLD, 2017 and NICE clinical guideline 101 (2010), based on predicted airflow limitation (FEV1 %) in patients with FEV1/FVC &lt;0.70. This will be scored as mild versus not mild (moderate and severe), moderate versus severe and severe versus not severe (mild and moderate) as the data permits.</li> </ul>
Measures	Sensitivity
	Specificity
	Positive likelihood ratio
	Negative likelihood ratio

#### Methods and process

This evidence review was developed using the methods and process described in Developing NICE guidelines: the manual. Methods specific to this review guestion are described in the review protocol in appendix A, and the methods section in appendix B.

Subgroup analyses were not carried out for this review because the included studies did not report data for the categories of interest in an accessible format.

The search strategies used in this review are detailed in appendix C.

Declarations of interest were recorded according to NICE's 2014 conflicts of interest policy.

#### **Clinical evidence**

#### **Included studies**

A single systematic search was carried out for the 3 review questions in this evidence review to identify observational studies and systematic reviews of observational studies, which found 15,231 references (see appendix C for literature search strategy). Evidence included in the original guideline, evidence identified from the surveillance review, studies referenced in identified systematic reviews, and references from included studies were also reviewed, which added a total of 15 references. An additional reference (Smith 2017) which was published after the date of the systematic search was identified by a member of the guideline committee. In total, 15,247 references were identified for screening at title and abstract level. From the first 7,658 references screened, 7,506 were excluded based on their titles and abstracts and 152 references were ordered for screening based on their full texts. Based on the rules for using priority screening software (see appendix B), the screening was terminated at this point, and the remaining 7,589 were not screened on title and abstract.

Of the 152 references screened as full texts, 49 references were included for the 3 review guestions based on their meeting the inclusion criteria specified in the review protocol (appendix A). The clinical evidence study selection is presented as a diagram in appendix C. Of the 49 included references, none was deemed relevant for this review question.

A second set of searches was conducted at the end of the guideline development process for all updated review questions using the original search strategies, to capture papers published whilst the guideline was being developed. These searches returned 3,100 references in total for all the questions included in the update, and

these were screened on title and abstract. No additional relevant references were found for this review question.

The process of study identification is summarised in the diagram in appendix D.

#### **Excluded studies**

Excluded studies are listed in appendix I, with reasons for their exclusion, and in appendix K as full references.

#### **Economic evidence**

#### **Included studies**

A single search was conducted to cover all review question topics in this guideline update. This search returned 16,299 records, all of which were excluded on title and abstract for this review question.

#### **Evidence statements**

#### **Clinical evidence statements**

No relevant evidence was identified for this review question.

#### **Economic evidence statements**

No relevant economic evidence was identified for this review question.

#### The committee's discussion of the evidence

No evidence was found specifically addressing prognosis at the point of diagnosis. The committee therefore made recommendations for both review questions in the predicting outcomes using multidimensional indices in people with stable COPD section. Discussions on predicting outcomes at the time of diagnosis are contained within the section on prognosis in people with stable COPD.

### Predicting outcomes using multidimensional severity assessment indices

#### **Review question**

In people with stable COPD, does routine assessment using a multidimensional severity assessment index (such as BODE [BMI, airflow obstruction, dyspnoea/ breathlessness and exercise capacity]) better predict outcomes than forced expiratory volume in 1 second (FEV1) alone?

#### Introduction

Accurate disease prognosis could help clinicians tailor the appropriate level of monitoring and treatment for a person with COPD, with the goal of achieving improved outcomes. FEV1 status has been shown to be predictive of outcome in COPD, but the inclusion of additional or alternative measures may improve its prognostic ability. Multidimensional indices, which by definition measure multiple domains, have been shown to be important predictors of outcome for people with COPD. Depending on the index these may include: breathlessness; exercise capacity; airway obstruction; depression; body mass index (BMI); sleep and smoking status. This review aims to determine the prognostic ability of these indices in comparison to FEV1 (including the GOLD classification schemes) in people with an existing diagnosis of COPD.

This review identified studies that fulfilled the conditions specified in <u>Table 5</u>. (For full details of the review protocol, see appendix A.) In particular, studies recruiting people with COPD from hospital during or immediately following an exacerbation were excluded as their condition was considered to be unstable. For the purpose of this review, people with stable COPD were defined as being free from an exacerbation for at least one month. However, studies that recruited people with COPD from the community, hospital out-patient clinics or from primary care were included even if they failed to specify that participants were exacerbation free for this amount of time.

Prognostic indices that covered multiple measures (multivariable indices) were not included unless the measures also covered a number of separate domains. Finally, indices involving biomarkers were excluded as these would require the physician to request additional tests over and above routine information that would be available regarding a person with COPD.

Population	People diagnosed with COPD
Assessment tools	<ul> <li>FEV1 alone</li> <li>Multidimensional assessment indices including:         <ul> <li>BODE</li> <li>CAT (self-administered COPD assessment test)</li> <li>GOLD</li> <li>DECAF (hospital based for acute exacerbations and pneumonia in COPD)</li> <li>DOSE</li> <li>COPD Diagnostic Questionnaire</li> </ul> </li> </ul>

#### Table 5 PICO: prognosis for people with an existing diagnosis of COPD

Outcomes	<ul> <li>Mortality</li> <li>Hospitalisations</li> <li>Exacerbations</li> <li>Change in FEV1</li> </ul>
Measures	<ul> <li>Sensitivity/specificity (preferred outcomes)</li> <li>c-statistic,</li> <li>Hazard ratios</li> <li>Model fit (e.g. r-squared)</li> </ul>

#### Methods and process

This evidence review was developed using the methods and process described in <u>Developing NICE guidelines: the manual.</u> Methods specific to this review question are described in the review protocol in appendix A, and the methods section in appendix B. The categories used to assess c-statistic test classification accuracy range from poor to outstanding and are detailed in the methods section under other prognostic evidence.

Meta-analysis of the c-statistic data was not carried out for this review due to the absence of 95% CI for the majority of studies. Hazard ratio data was also not metaanalysed as the models were not adjusted for the same potential confounding factors and data fell into several formats (per point increase, compared to a low severity reference category or compared to a high severity reference category). Instead, a number of decision rules were used to analyse data for c-statistics and hazard ratios across multiple studies. These are detailed in the methods section in appendix B.

The majority of the proposed subgroup analyses were not carried out for this review because the included studies did not report data for the categories of interest in an accessible format. However, data was available for severe exacerbations (including moderate to severe and severe exacerbations as one group) and this is presented as a separate analysis.

The search strategies used in this review are detailed in appendix C.

Declarations of interest were recorded according to <u>NICE's 2014 conflicts of interest</u> policy.

#### **Deviation from review protocol**

In a deviation from the review protocol, studies that presented multivariate prognostic models were included in this review even if they failed to adjust for age, smoking status and comorbidities or the adjusted confounders were not specified. This was due to the small number of fully adjusted studies that were identified. The limitations of these studies were discussed with the Committee.

#### **Clinical evidence**

#### **Included studies**

A single systematic search was carried out for the 3 review question in this evidence review to identify observational studies and systematic reviews of observational studies, which found 15,231 references (see appendix C for literature search strategy). Evidence included in the original guideline, evidence identified from the surveillance review, studies referenced in identified systematic reviews, and references from included studies were also reviewed, which added a total of 15

references. An additional reference (Smith 2017) which was published after the date of the systematic search was identified by a member of the guideline committee. In total, 15,247 references were identified for screening at title and abstract level. From the first 7,658 references screened, 7,506 were excluded based on their titles and abstracts and 152 references were ordered for screening based on their full texts. Based on the rules for using priority screening software (see appendix B), the screening was terminated at this point, and the remaining 7,589 were not screened on title and abstract.

Of the 152 references screened as full texts, 49 references were included for the 3 review questions based on their meeting the inclusion criteria specified in the review protocol (appendix A). The clinical evidence study selection is presented as a diagram in appendix C. Of the 49 included references, 44 were deemed relevant for this review question. These included papers presenting data on multiple prospective cohorts (e.g. Marin 2013).

A second set of searches was conducted at the end of the guideline development process for all updated review questions using the original search strategies, to capture papers published whilst the guideline was being developed. These searches returned 3,100 references in total for all the questions included in the update, and these were screened on title and abstract. Two papers were identified as being potentially relevant for this review question, but they were excluded after full text screening.

The process of study identification is summarised in the diagram in appendix D.

For the full evidence tables and full GRADE profiles for included studies, please see appendix E and appendix G. The references of individual included studies are given in appendix K.

#### **Excluded studies**

The excluded studies are listed with reasons for their exclusion in appendix I, and as full references in appendix K.

#### Summary of clinical studies included in the evidence review

The included studies are summarised in <u>Table 6</u> below. (Please refer to appendix E for full evidence tables.) The included prospective cohort studies covered several prognostic indices including BODE, DOSE, HADO and SAFE; and variations on these indices such as i-BODE, BODEx, HADO-AH. Other multidimensional measures that could be used for prognosis such as CCQ, CAT, COPD severity score, GOLD 2011, and 2013 were also reported. GOLD prior to 2011 and FEV1 were reported as comparators.

**Table 6 Summary table of included studies.** The table only includes outcomes, measures and indices that were analysed in the GRADE tables. Refer to the evidence tables for details of all of the other measures, outcomes and indices included in the studies.

Author (year)	Relevant prognostic factor(s)	Measures	Outcome(s)	Multivariate regression model adjusted covariates
Andrianopoulos (2015)	BODE index	<ul> <li>c-statistic</li> <li>Sensitivity and specificity</li> <li>Hazard ratios</li> </ul>	<ul> <li>Mortality</li> <li>Hospitalisations</li> </ul>	<ul> <li>Age</li> <li>Smoking status</li> <li>Gender</li> <li>Body Mass Index (BMI)</li> <li>FEV1 %, predicted</li> <li>SGRQ (St George's Respiratory Questionnaire total score)</li> <li>FEV1/FVC ratio</li> <li>Emphysema</li> </ul>
Ansari (2016)	BODS index     BODAS index     BOD index	c-statistic     Sensitivity and specificity	Mortality	N/A
Casanova (2005)	BODE index	c-statistic	Mortality	• N/A
Casanova (2015)	• CCQ • CAT	• c-statistic	Mortality	• N/A
Celli (2004)	BODE index     FEV1	c-statistic     Hazard ratios	Mortality	Comorbidities

Author (year)	Relevant prognostic factor(s)	Measures	Outcome(s)	Multivariate regression model adjusted covariates
Chan (2016)	• BOD index • GOLD 2011 • GOLD 2007	<ul><li>c-statistic</li><li>Hazard ratios</li></ul>	Mortality     Exacerbations	Unspecified
Chan (2017)	• BOSA	<ul><li>c-statistic</li><li>Hazard ratios</li></ul>	Mortality	Gender     Race
Chen (2015a and b)	BODEx index     GOLD 2013     GOLD 2007	c-statistic	Mortality     Exacerbations	• N/A
Cote (2008)	BODE index     mBODE%	• c-statistic	Mortality	• N/A
de Torres (2008)	BODE index	Hazard ratios	• Mortality	<ul> <li>Age</li> <li>Smoking (pack years)</li> <li>Presence of cardiovascular risk factors or disease</li> <li>Treatment with inhaled corticosteroids</li> </ul>
de Torres (2014)	BODE index     GOLD 2011     BODE and     COTE combined	c-statistic	Mortality	• N/A
Divo (2012)	• BODE and COTE combined	• c-statistic	Mortality	• N/A
Eisner (2010)	COPD severity score	• Hazard ratios	Hospitalisations	<ul> <li>Age</li> <li>Gender</li> <li>Race</li> <li>Smoking history</li> <li>Educational attainment</li> </ul>
Esteban (2006)	HADO score	• c-statistic • Hazard ratios	Mortality	• Age • Smoking status

Author (year)	Relevant prognostic factor(s)	Measures	Outcome(s)	Multivariate regression model adjusted covariates
Esteban (2010)	BODE index     HADO score	<ul><li> c-statistic</li><li> Odds ratios</li></ul>	Mortality	<ul> <li>Age</li> <li>Smoking (pack years)</li> <li>Comorbidities</li> <li>Number of hospitalisations in the previous year</li> </ul>
Esteban (2011)	<ul> <li>BODS index</li> <li>ADO index</li> <li>HADO score</li> <li>HADO-AH</li> <li>index</li> </ul>	c-statistic	Mortality	• N/A
Faganello (2010)	• BODE index	<ul> <li>c-statistic</li> <li>Sensitivity and specificity</li> </ul>	Exacerbations.	<ul> <li>Age</li> <li>Smoking status</li> <li>Smoking (pack years)</li> <li>GOLD stage</li> <li>6 MWD (6 minute walk distance)</li> <li>mMRC dyspnoea/breathlessness</li> <li>SGRQ (St George's Respiratory Questionnaire total score)</li> <li>SpO2 (Peripheral oxygen saturation)</li> </ul>
Goossens (2014)	• GOLD A-D (probably GOLD 2011)	c-statistic	Mortality	• N/A
Imfeld (2006)	BODE index     FEV1	• c-statistic	Mortality	• N/A
Johannessen (2013)	• GOLD 2011 • GOLD 2007	<ul><li> c-statistic</li><li> Hazard ratios</li></ul>	<ul> <li>Mortality</li> <li>Hospitalisations</li> </ul>	<ul><li>Age</li><li>Smoking status</li><li>Comorbidities</li></ul>

Author (year)	Relevant	Measures	Outcome(s)	Multivariate regression model adjusted covariates
	factor(s)			
				• Gender
				Body Mass Index (BMI)
Lee (2014)	GOLD (not	c-statistic	<ul> <li>Exacerbations</li> </ul>	• Age
	specified)	Sensitivity and specificity		Smoking status
	Stages 1-4	Hazard ratios		Number of comorbidities
	• CAT (COPD			Country
	Assessment			<ul> <li>Number of exacerbations in the previous year</li> </ul>
	Test)			• Gender
	Categories: 0-9,			Body Mass Index (BMI)
	10-19, 20-29, 30-			Influenza vaccination
	40.			Duration of COPD
				GOLD stage
Leivseth (2013)	GOLD (not	Hazard ratios	Mortality	• Age
	specified)			Smoking status
	1-4 severity			Educational attainment
	grouping			
	• GOLD 2011			
Marin (2009)	BODE index	• c-statistic	<ul> <li>Exacerbations</li> </ul>	• N/A
		Sensitivity and specificity		
Marin (2011)	BODE index	• c-statistic	<ul> <li>Mortality</li> </ul>	• N/A
Marin (2013)	BODE index	• c-statistic	Mortality	• N/A
	• e-BODE			
	DOSE index			
	ADO index			
	<ul> <li>HADO score</li> </ul>			

Author (year)	Relevant	Measures	Outcome(s)	Multivariate regression model adjusted covariates
	prognostic			
	factor(s)			
	SAFE index			
	cardiovascular			
Mattila (2015)	GOLD (not	<ul> <li>Hazard ratios</li> </ul>	Mortality	• Age
	specified).			Smoking status
				• Gender
Moberg (2014)	• i-BODE	<ul> <li>Hazard ratios</li> </ul>	Mortality	• Age
			<ul> <li>Hospitalisations</li> </ul>	Smoking status
				Smoking (pack years)
				• Gender
				Oxygen saturation at rest
				<ul> <li>Desaturation &gt;4% during shuttle walking test (SWT)</li> </ul>
				Maintenance prednisolone
				• LTOT
Motegi (2013)	BODE index	c-statistic	Exacerbations	• N/A
	DOSE index			
	ADO index			
	• GOLD 2007			
	(stage 1-4)			
Moy (2014)	BODE index	c-statistic	Hospitalisations	• N/A
			<ul> <li>Exacerbations</li> </ul>	
Neo (2017)	BODE index	c-statistic	Mortality	• N/A
	ADO index			
Omachi (2008)	COPD severity	c-statistic	Hospitalisations	• Age
	score			Smoking history
				Comorbidities
				• Race
				Educational attainment

Author (year)	Relevant	Measures	Outcome(s)	Multivariate regression model adjusted covariates
	prognostic factor(s)			
Ομ (2014)	• BODEx index	• c-statistic	Mortality	• N/A
	•CPI		Wortdirty	
Pedone (2014)	BODE index	c-statistic	Mortality	• N/A
Pothirat (2015)	• CAT	c-statistic	Exacerbations	• N/A
Puhan (2009)	BODE index	c-statistic	Mortality	• N/A
Soler-Cataluna	BODE index	Hazard ratios	Mortality	Comorbidities
(2009)	• e-BODE			Exacerbation frequency
				Blood gases
				PaO2, PaCO2
Stolz (2014a)	BODE index	• c-statistic	Mortality	•N/A
Stolz (2014b)	BOD index	• c-statistic	Mortality	•N/A
Suetomo (2014)	• CAT • GOLD 2009	Sensitivity and specificity	<ul> <li>Hospitalisations</li> <li>Exacerbations</li> </ul>	•N/A
Sundh (2012a and	• CCQ	Hazard ratios	Mortality	• Age
2012b)	DOSE index			Comorbidities
				• Gender
Thabut (2014)	BODE index	c-statistic	Mortality	Augmentation therapy and centre
Varol (2014)	• CAT		Exacerbations	•N/A
var01 (2014)	• CAT	• C-statistic		•IV/A

#### Quality assessment of clinical studies included in the evidence review

The included prognostic cohort studies were assessed for risk of bias and applicability and this information is presented in the evidence tables in appendix E. Please refer to appendix G for GRADE tables.

#### Economic evidence

#### **Included studies**

A single search was conducted to cover all review question topics in this guideline update. This search returned 16,299 records, all of which were excluded on title and abstract for this review question.

#### **Evidence statements**

The evidence statements based on likelihood ratios were written with reference to the size of the likelihood ratios in the GRADE tables in appendix G, using the interpretation detailed in the methods section on diagnostic test accuracy (<u>Table 8</u>) for both point estimates and confidence intervals. For example, positive likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate an increase in the probability of death and negative likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate a decrease in the probability of death in people with COPD. Evidence statements were grouped according to the size of the increase or decrease.

The format of the evidence statements for <u>c-statistic and HR data</u> are explained in the methods in appendix B.

#### **Clinical evidence statements**

#### All-cause mortality

#### Sensitivity, specificity and likelihood ratios

### Results that increase the probability of death at an average follow-up of 5 years (based on positive likelihood ratios)

The following test results **increase** the probability of death to a degree that is likely to be **moderate**:

• BODE >4 (moderate quality, 95% CI goes from slight to moderate)

The following test results **increase** the probability of death to a degree that is likely to be **slight**:

- BODE ≥4 (moderate quality, 95% CI goes from slight to slight)
- BODAS >5 (very low quality, 95% CI goes from slight to moderate)
- BOD >2 (very low quality, 95% CI goes from slight to moderate)
- BODS >4 (low quality, 95% CI goes from slight to slight)
- GOLD >1 (matrix [new classification A to D]) (low quality, 95% CI goes from slight to slight)
- GOLD >2 (old GOLD stages 1 to 4) (low quality, 95% CI goes from slight to slight)
- ADO >3 (very low quality, 95% CI goes from slight to moderate)

### Results that decrease the probability of death (based on negative likelihood ratios)

The following results **decrease** the probability of death to a degree that is likely to be **moderate**:

- BODAS ≤5 (very low quality, 95% CI goes from slight to moderate)
- GOLD ≤1 (matrix [new classification A to D]) (very low quality, 95% CI goes from slight to large)

The following results **decrease** the probability of death to a degree that is likely to be **slight**:

- BODE <4 (moderate quality, 95% CI goes from slight to slight)
- BODE ≤4 (moderate quality, 95% CI goes from slight to moderate)
- BOD ≤2 (very low quality, 95% CI goes from slight to slight)
- BODS ≤4 (very low quality, 95% CI goes from slight to moderate)
- GOLD ≤2 (old GOLD stages 1 to 4) (very low quality, 95% CI goes from slight to slight)
- ADO ≤3 (very low quality, 95% CI goes from slight to moderate)

#### c-statistics

#### Test with good median classification accuracy

- BODAS index (very low quality, range from adequate to good)
- BODE and COTE (high quality)
- Clinical basic model (age-adjusted Charlson comorbidity score, sex, FEV1 % predicted and smoking status, low quality)
- CPI (high quality)
- GOLD 2011 (very low quality, range from poor to excellent)
- HADO index (moderate quality, range from adequate to good)
- HADO-AH index (moderate quality, range from good to excellent)

#### Tests with adequate median classification accuracy

- ADO index (very low quality, range from poor to excellent)
- BOD index (low quality, range from adequate to good)
- BODE index (very low quality, range from poor to excellent)
- BODE index ≥4 (high quality)
- BODEx index (very low quality, range from poor to good)
- BODS index (very low quality, range from adequate to good)
- e-BODE index (very low quality, range from adequate to good)
- BOSA index (low quality, range from adequate to good)
- DOSE index (very low quality, range from poor to good)
- FEV1 % predicted (very low quality, range from poor to adequate)
- GOLD stages 2-4 (high quality)
- GOLD 2007 (very low, range from poor to excellent)
- GOLD 2013 (moderate quality, range from adequate to good)
- mBODE% (moderate quality, range from adequate to good)

• SAFE index (low quality)

#### Tests with poor median classification accuracy

- CAT (high quality)
- CCQ (high quality)
- GOLD stages A-D (moderate quality, range from poor to adequate)

#### Hazard ratios

The following instruments reported data on hazard ratios per unit increase on a scale and are ordered from largest to smallest:

- BODE index (low quality)
- i-BODE index (moderate quality)

The following instruments were reported using comparison of groups to a reference group. They are ranked in order of the largest to smallest (based on the median most extreme category hazard ratio, with data reversed where necessary so the comparisons go in the same direction):

- e-BODE (high quality)
- DOSE (moderate quality)
- BODEx (high quality)
- BOD (low quality)
- BOSA (moderate quality)
- HADO (high quality)
- GOLD before 2011 (low quality)
- CCQ (high quality)
- GOLD 2011 (low quality)
- BODE (moderate quality)

#### Mortality due to respiratory causes

#### c-statistics

#### Tests with an excellent median classification accuracy

- BODE index (low quality, range from good to outstanding).
- GOLD 2011 (high quality)
- HADO index (moderate quality, range from excellent to outstanding)

#### Test with a good median classification accuracy

- GOLD 2007 (very low quality, range from poor to excellent)
- GOLD 2013 (moderate quality, range from adequate to good)

#### Tests with an adequate median classification accuracy

• FEV1 (% predicted) (high quality)

#### Hazard ratios

The following instrument reported data on hazard ratios per unit increase on a scale:

• BODE (high quality)

The following instruments were reported using comparison of groups to a reference group. They are ranked in order of the largest to smallest (based on the median most extreme category hazard ratio):

- GOLD 2007 (low quality)
- GOLD 2011 (high quality)

#### All-cause hospitalisations

#### Sensitivity, specificity and likelihood ratios

### Results that increase the probability of hospitalisations at an average follow-up of 2 years (based on positive likelihood ratios)

The following test results **increase** the probability of hospitalisations to a degree that is likely to be **moderate**:

• GOLD stages III and IV (moderate quality, 95% CI goes from slight to moderate)

The following test results **increase** the probability of hospitalisations to a degree that is likely to be **slight**:

- BODE ≥3 (moderate quality, 95% CI goes from slight to moderate)
- CAT ≥10 (moderate quality, 95% CI goes from slight to moderate)

### Results that decrease the probability of hospitalisations (based on negative likelihood ratios)

The following results **decrease** the probability of hospitalisations to a degree that is likely to be **slight**:

• BODE <3 (moderate quality, 95% CI goes from slight to slight))

The following results were **not significantly different** from random chance:

- CAT <10 (moderate quality, 95% CI goes from large decrease to moderate increase)
- GOLD stages I and II (moderate quality, 95% CI goes from moderate decrease to slight increase)

#### c-statistics

#### Tests with a good median classification accuracy

- GOLD 2007 (high quality)
- GOLD 2013 (high quality)

#### Tests with an adequate median classification accuracy

• BODE  $\geq$ 3 (high quality)

#### Hazard ratios

The following instruments reported data on hazard ratios per unit increase on a scale and are ordered from largest to smallest:

- COPD severity score (low quality)
- i-BODE (moderate quality)

The following instruments were reported using comparison of groups to a reference group. They are ranked in order of the largest to smallest (based on the median most extreme category hazard ratio):

- GOLD 2007 (high quality) and GOLD 2011 (high quality) (identical HRs)
- BODE (moderate quality)

#### Respiratory specific hospitalisations

#### c-statistics

#### Tests with an outstanding median classification accuracy

• Model 2 (age, race, educational attainment, tobacco history, and medical comorbidities (heart failure, coronary artery disease, diabetes, and sleep apnoea with COPD severity score) (moderate quality)

#### Test with a good median classification accuracy

 Model 1 (age, race, educational attainment, tobacco history, and medical comorbidities (heart failure, coronary artery disease, diabetes, and sleep apnoea) (moderate quality)

#### Tests with an adequate median classification accuracy

• BODEX index (low quality)

#### Hazard ratios

The following instrument reported data on hazard ratios per unit increase on a scale:

• i-BODE (high quality)

The following instruments were reported using comparison of groups to a reference group. They are ranked in order of the largest to smallest (based on the median most extreme category hazard ratio):

- GOLD 2011 (high quality)
- GOLD 2007 (high quality)

#### Exacerbations

#### Sensitivity, specificity and likelihood ratios

### Results that increase the probability of exacerbations at an average follow-up of 2 years and 6 months (based on positive likelihood ratios)

The following test results **increase** the probability of exacerbations to a degree that is likely to be **moderate**:

- BODE index >1.9 (moderate quality, 95% CI goes from slight to large)
- GOLD 2003 stage III (moderate quality, 95% CI goes from slight to moderate)
- CAT ≥10 (moderate quality, 95% CI goes from slight to moderate)
- GOLD stages III and IV (moderate quality, 95% CI goes from slight to large)

The following test results **increase** the probability of exacerbations to a degree that is likely to be **slight**:

- CAT (cut-off 17/40) (moderate quality, 95% CI goes from slight to moderate)
- BODE class II (stages 3 to 4) (moderate quality, 95% CI goes from slight to moderate)

### Results that decrease the probability of exacerbations (based on negative likelihood ratios)

The following results **decrease** the probability of exacerbations to a degree that is likely to be **moderate**:

- BODE index <1.9 (high quality, 95% CI goes from moderate to moderate)
- CAT <10 (moderate quality, 95% CI goes from slight to moderate)

The following results **decrease** the probability of exacerbations to a degree that is likely to be **slight**:

- CAT <17 (moderate quality, 95% CI goes from slight to slight)
- BODE class I (score 0 to 2) (moderate quality, 95% CI goes from slight to moderate)
- GOLD 2003 stage I and II (moderate quality, 95% CI goes from slight to slight)
- GOLD stages I and II (moderate quality, 95% CI goes from slight to moderate)

#### c-statistics

#### Test with a good median classification accuracy

- BODEx (low quality, range adequate to good)
- CAT (low quality, range from good to excellent)
- DOSE index (low quality, range adequate to excellent)
- GOLD 2012 (low quality, range from good to excellent)

#### Tests with an adequate median classification accuracy

- ADO index (low quality, range poor to good)
- BOD index (moderate quality)
- BODE index (very low quality, range adequate to excellent)
- BODE index Stage 3-4 (low quality)
- GOLD stages 1-4 (low quality, range poor to good)
- GOLD 2003 stage III (low quality)
- GOLD 2007 (low quality, range from poor to good)
- GOLD 2011 (moderate quality)

#### Hazard ratios

The following instruments were reported using comparison of groups to a reference group. They are ranked in order of the largest to smallest (based on the median most extreme category hazard ratio, with data reversed where necessary so the comparisons go in the same direction):

- GOLD 2007 (moderate quality)
- GOLD 2011 (moderate quality)
- BOD index (moderate quality)
- CAT (moderate quality)

#### Severe exacerbations

#### c-statistics

#### Tests with an excellent median classification accuracy

• BODE index (moderate quality, range from excellent to outstanding)

#### Test with a good median classification accuracy

- CAT (moderate quality, range from adequate to good)
- GOLD 2013 (high quality, range from good to excellent)

#### Tests with an adequate median classification accuracy

• GOLD 2007 (low quality, range from adequate to good)

#### Hazard ratios

The following instrument was reported using comparison of groups to a reference group:

• CAT (high quality)

#### Economic evidence statements

No relevant economic evidence was identified for this review question.

#### The committee's discussion of the evidence

#### Interpreting the evidence

#### The outcomes that matter most

The committee agreed that the most important outcome from the perspective of someone with COPD was survival time (mortality), followed by hospitalisations and severe exacerbations, which negatively affect quality of life and reducing the impact of breathlessness. The distinction between mortality and hospitalisations due to all-causes or respiratory events was not considered helpful as this distinction did not matter to people with COPD.

This review used 3 groups of measures to assess prognostic accuracy of tests: sensitivity, specificity and likelihood ratios; c-statistics and hazard ratios. Sensitivity, specificity and likelihood ratios were considered to be the highest standard of evidence available as they involve evaluating the performance of a measure using a specified threshold, and link directly to decision making. However, the limited amount of this data available meant that c-statistics and hazard ratios were the primary outcomes used to assess the performance of multidimensional indices in predicting outcomes for people with COPD. They provide an indication of classification accuracy and the risk of an event associated with the classification.

#### The quality of the evidence

The committee discussed the multiple tests and indices that were included in the review. They agreed that for an index to be useful in a primary care context it needed to be easily administered and consist of components that were easy and quick to assess during a consultation or were readily available in the medical records of people with COPD. The committee agreed with the inclusion of the majority of tests reported in this review, however, mBODE% was excluded from consideration as one of the components (oxygen uptake measured at peak exercise, VO2) is not routinely assessed. They noted that the COPD Assessment test (CAT) and Clinical COPD Questionnaire (CCQ) were not multi-dimensional as they examined the single domain of health status. As such, they agreed to exclude the data on these tests as they did not fit the review protocol closely enough. The committee also agreed that DECAF was not a suitable multidimensional index to include in this review for

prognosis in a person with stable COPD, since it is designed for use only in a hospital.

The committee discussed the role of c-statistics in determining prognostic test classification accuracy and tried to establish what value could be considered clinically useful in the context of prognostic tests in general and specifically for COPD. The committee agreed that values closest to 1 are most useful, with values of around 0.5 having little prognostic value. They considered other prognostic tests in clinical use, such as the QRISK2 test which is used for cardiovascular disease. Based on these discussions, the committee agreed that a c-statistic of > 0.75 could indicate a useful test for prognosis in COPD.

Classification accuracy alone is unhelpful in predicting outcomes such as mortality. The committee agreed that for a test to be clinically useful it needed to have a good classification accuracy coupled with a larger risk of mortality, shown by the hazard ratio, in more severe groups compared to less severe groups, or with increasing points (severity) on the test. This was decided as in practice, disease prognosis impacts and discussions are focused on people with severe and very severe COPD.

The data on c-statistics could not be meta-analysed due to the lack of 95% CI in multiple studies. The committee agreed with the approach used to synthesis the data using medians as a measure of central tendency and noted the uncertainty surrounding the original point estimates that lacked 95% CI and the resulting pooled estimates. The committee also noted the difficulties in comparing hazard ratio data across studies where the multivariate regression models were adjusted for different covariates (such as smoking status, age and comorbidities). They confirmed that the aforementioned factors were especially important prognostic factors for COPD and could confound the results if not taken into account. However, they decided to look at the evidence on indices from models that were partially adjusted, as there were few papers with fully adjusted models, and then look in detail at which factors were included in the adjustments for any potentially useful indices.

The committee commented that the size of many of the trials reported was very small in comparison to prognostic cohorts for other diseases, which may have many thousands of participants. This will be associated with reduced certainty in the results from the COPD trials, especially when sample sizes were < 500. The committee agreed with the use of a threshold of 500 participants to downgrade a trial for imprecision.

The committee agreed that data on FEV1 data should not be merged with GOLD 2007, 1-4 or GOLD before 2011 data as they were not completely equivalent, but did provide useful comparators to the multidimensional indices. In the context of this review, GOLD 2011 was considered to be a multidimensional index as it included exacerbations, hospitalisations and CAT or breathlessness scores. The committee agreed that GOLD 2011 A-D categorisation was not as useful as the older GOLD 1-4 system in predicting outcomes as the FEV1 component from GOLD 1-4 was omitted and A-D categories did not directly correspond to increasing severity of disease. GOLD 2017 reintroduced consideration of FEV, but the prognostic usefulness of this categorisation was not examined here as the only relevant study identified was retrospective, while this review was limited to including prospective cohort studies.

The committee noted that the c-statistics for respiratory mortality were larger than for all-cause mortality and that this was not surprising as the indices were using components known to predict or linked to respiratory events. They also noted that it was not surprising that indices that included exacerbations or hospitalisations were
better at predicting these events as, for example, having frequent exacerbations is known to be linked with an increased risk of more exacerbations in the future.

#### Benefits and harms

The committee noted that the clinical usefulness of c-statistic data varied across tests and diseases. In other situations, such as predicting people at risk of stroke, a positive test result is linked to a change in treatment. However, in the case of COPD, being classified accurately into a group of people who are at higher risk of death is less helpful if there is no change in treatment to follow after classification, although it may prove important in enabling advanced care planning conversations to be offered. They noted that the 2010 recommendation for the use of BODE is not linked to a course of action based on the information obtained.

The committee discussed what actions could be taken to reduce risk identified by a multidimensional index such as DOSE or HADO-AH that contain potentially modifiable components. The DOSE index takes into account the number of recent exacerbations and these could be targeted with improvements in disease management and self-management, including smoking cessation, to improve prognosis. They noted that FEV1 status could not be modified in the same manner.

The committee agreed to not recommend the use of any of the multidimensional indices examined as they either had c-statistics that were no better than those for FEV1 alone (or indices such as GOLD 2007 based solely on FEV1), consisted of components that would not be routinely available in primary care, and/or were associated with low hazard ratios. They noted that of the indices that were suitable for primary care, none were better at classifying people reliably into high- and low-risk groups than FEV1, or they were no better at predicting outcomes than FEV1 alone. As a result, the committee agreed that there was no additional value in using a complex index instead of FEV1 for disease prognosis. The committee included BODE as an example in the do not use recommendation because it was recommended previously and they thought that non-specialists might not know what a multi-dimensional index was in this context, but were likely to recognise this index. The committee stressed that BODE was not mentioned here as an example of a particularly poor index based on classification accuracy or prognostic potential.

Several indices in particular were considered as potential replacements for BODE. DOSE was not recommended, despite a large hazard ratio (8.00) for mortality compared to the least severe category, because the c-statistics from multiple cohorts were low, ranging from 0.5 to 0.75, with a median value of 0.62. In addition, the hazard ratio data was only available from a single cohort. The committee also noted that DOSE does not include other factors with known prognostic value such as hospitalisations. HADO-AH had a c-statistic > 0.75, but the data was based on one study and the activity component (8km walk) was not considered a relevant measure for most people living with COPD.

The committee agreed to remove the recommendation to use BODE as a prognostic index as it was very similar to FEV1 alone based on c-statistics, while the hazard ratios for BODE indicated a slight increase in risk of all-cause mortality and hospitalisations, which was less than or comparable to GOLD 2007 (used in the absence of FEV1 data). In addition, they commented that BODE was not currently being used in practice in the NHS, in part because it contains an exercise component that would need to be assessed in primary care. This data is not routinely available and it would be prohibitively time consuming to collect during a general practice consultation. Based on the evidence presented and their experience in the clinic,

they agreed that BODE was not useful in practice in predicting outcomes for people with COPD.

In the absence of a suitable prognostic multidimensional test, the committee considered individual factors that are known to have prognostic value for COPD and compiled a list of these factors, including FEV1, which could prove useful in predicting outcomes for a person with COPD. Frailty was included as it is associated with worse prognosis, it can be assessed by the e-frailty index and data for this test is available in primary care records. Hospital admissions, multimorbidity, the presence of chronic hypoxia and or cor pulmonale, prescription of and need for long term oxygen therapy (LTOT) and/or domiciliary non-invasive ventilation (NIV), severity and frequency of exacerbations, and smoking status were also included as they are strongly predictive of poor outcomes in COPD. The committee recommended that these factors should be used to inform a discussion about disease prognosis or treatment decisions with the person with COPD.

The prognostic factors were added to an existing list in a recommendation from the 2010 guideline. This list also included a reference to breathlessness being measured by the MRC scale. The committee noted that the MRC scale also exists in a modified form (mMRC) that is scored from 0-4, rather than 1-5, and that healthcare professionals could under-record a person's breathlessness status if they were unaware of this.

The committee noted that there was an absence of specific evidence for prognosis at the point of diagnosis, but there was no reason to think that this situation would be different to predicting outcomes in people with an established diagnosis of COPD. As a result they agreed that the recommendations made for people already diagnosed with COPD should also be applied to people with COPD at diagnosis.

The committee decided to include a research recommendation to attempt to stimulate research to develop an effective prognostic index for COPD based on data that is useful in a primary care setting. They noted that pulse oximetry data is now routinely available and that this could be included in a new prognostic index along with additional sources of data that might be obtained for people with COPD from the assessments done as part of process for pulmonary rehabilitation.

#### Cost effectiveness and resource use

The committee discussed the cost effectiveness of multidimensional indices in assessing disease severity. It was determined that their generally poor prognostic ability compared with FEV1, and required time for administration means that such indices are unlikely to be cost effective.

The committee considered the cost effectiveness of thinking about individual prognostic factors when discussing an individual's treatment. It was determined that attributes such as FEV1, breathlessness, and severity and frequency of exacerbations are routinely measured when assessing patients' COPD. Therefore consideration of such factors when planning treatment is likely to be cost effective, as it carries a minimal opportunity cost, and may improve the quality of patients' care.

It was determined that the recommendations are unlikely to have a significant impact on resource use, as multidimensional indices are currently infrequently used to assess disease prognosis, whereas individual disease attributes are commonly used in informing prognosis and treatment decisions.

#### Other factors the committee took into account

The committee commented on the importance of discussing the problems surrounding predicting disease prognosis in people with COPD, including sharing information on the lack of accurate predictive tests. They acknowledged that this uncertainty can be frightening and challenging to cope with for people living with COPD and their families. They further noted that even where rough predictions of prognosis could be made they were derived from population level data and that this did not translate directly into risk at the individual level and that this needed to be clearly explained.

## Appendices

## Appendix A – Review protocols

In people with suspected COPD, what is the most accurate and appropriate test (for example imaging or biomarkers) to confirm the diagnosis?

Re	view	protocol	for	confirming	COPD	diagnosis

Content		
In people with suspected COPD, what is the most accurate and appropriate test (for example imaging or biomarkers) to confirm the diagnosis?		
Diagnostic		
To determine the diagnostic accuracy of tests for the diagnosis of COPD in people with a positive/negative spirometry result or without spirometry results.		
People with suspected COPD		
<ul> <li>Imaging, including:         <ul> <li>Chest CT</li> <li>Chest X-ray</li> <li>18F-FDG-PET</li> <li>Lung MRI with or without O2, 3He or 129Xe</li> <li>Pulmonary Scintigraphy (Ventilation-Perfusion (V/Q) SPECT)</li> </ul> </li> <li>Other tests:         <ul> <li>Full Reversibility of airways obstruction in response to bronchodilator on spirometry (adjusted for BMI)</li> <li>Sputum culture</li> <li>Serial peak flow measurements (peak expiratory flow rate (PEFR), or peak expiratory flow (PEF). Both L/min).</li> <li>Alpha-1 antitrypsin</li> <li>Transfer factor for carbon monoxide (TLCO)</li> <li>ECG</li> <li>Echocardiogram</li> <li>Pulse oximetry (peripheral oxygen saturation, SpQ2)</li> </ul> </li> </ul>		

	<ul> <li>Arterial blood gas analysis</li> <li>Sputum myeloperoxidase and serum interleukin-6</li> <li>Systemic inflammatory markers including eosinophil count</li> <li>Full blood count</li> </ul>
Eligibility criteria – reference standard	<ul> <li>Clinical diagnosis of COPD by any means including Global Strategy for the Diagnosis, Management and Prevention of COPD, GOLD, guideline; American Thoracic Society criteria for COPD; European Respiratory Society criteria)</li> <li>Post-bronchodilator spirometry in a stable patient</li> <li>CT demonstration of emphysema</li> <li>Histopathology grading of emphysema</li> </ul>
Outcomes	<ul> <li>Sensitivity</li> <li>Specificity</li> <li>Positive likelihood ratio</li> <li>Negative likelihood ratio</li> </ul>
Eligibility criteria – study design	<ul> <li>Cross-sectional studies</li> <li>Systematic reviews of cross-sectional studies</li> </ul>
Other exclusion criteria	<ul><li>Retrospective studies</li><li>Non-English language publications</li></ul>
Proposed sensitivity/sub- group analysis, or meta- regression	<ul> <li>Subgroups:</li> <li>Multimorbidities (including COPD with asthma, bronchopulmonary dysplasia, bronchiectasis, anxiety or depression)</li> <li>Smoking status (smokers versus non-smokers or, data permitting, never smoked, ex-smokers and current smokers).</li> <li>Spirometry status- positive, negative, unknown.</li> <li>Subgroup analyses will only be conducted if the majority of trials report data for the listed categories in an accessible format.</li> </ul>
Selection process – duplicate screening/selection/Analysis	10% of the abstracts were reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer. If

	meaningful disagreements were found between the different reviewers, a further 10% of the abstracts were reviewed by two reviewers, with this process continued until agreement is achieved between the two reviewers. From this point, the remaining abstracts will be screened by a single reviewer. This review made use of the priority screening functionality with the EPPI-reviewer systematic reviewing software. See Appendix B for more details.
Data management (software)	See Appendix B
Information sources – databases and dates	See Appendix C Main Searches:
	<ul> <li>Cochrane Database of Systematic Reviews – CDSR (Wiley)</li> <li>Cochrane Central Register of Controlled Trials – CENTRAL (Wiley)Database of Abstracts of Reviews of Effects – DARE (Wiley)</li> <li>Health Technology Assessment Database – HTA (Wiley)</li> <li>EMBASE (Ovid)</li> <li>MEDLINE (Ovid)</li> <li>MEDLINE In-Process (Ovid)</li> </ul>
	The search will not be date limited as it will cover multiple review questions and the 2004 recommendations were not based on a systematic literature search.
	Additional terminology will be included.
	<ul> <li>Economics:</li> <li>NHS Economic Evaluation Database – NHS EED (Wiley)</li> <li>Health Economic Evaluations Database – HEED (Wiley)</li> <li>EconLit (Ovid)</li> </ul>

	<ul><li>Embase (Ovid)</li><li>MEDLINE (Ovid)</li></ul>
	MEDLINE In-Process (Ovid)
	The economics search will cover all questions and will be date limited from the previous search January 2009-May 2017.
Identify if an update	Update of 2004 COPD guideline question:
	What are the most appropriate tests in a patient with suspected COPD to confirm the diagnosis?
Author contacts	Guideline update
Highlight if amendment to previous protocol	For details please see section 4.5 of <u>Developing</u> <u>NICE guidelines: the manual</u>
Search strategy – for one database	For details please see appendix C
Data collection process – forms/duplicate	A standardised evidence table format will be used, and published as appendix E (clinical evidence tables) or I (economic evidence tables).
Data items – define all variables to be collected	For details please see evidence tables in appendix E (clinical evidence tables) or I (economic evidence tables).
Methods for assessing bias at outcome/study level	See Appendix B
Criteria for quantitative synthesis	See Appendix B
Methods for quantitative analysis – combining studies and exploring (in)consistency	See Appendix B
Meta-bias assessment – publication bias, selective reporting bias	See Appendix B
Confidence in cumulative evidence	See Appendix B

Rationale/context – what is	For details please see the introduction to the
known	evidence review in the main file.
Describe contributions of authors and guarantor	A multidisciplinary committee developed the evidence review. The committee was convened by the NICE Guideline Updates Team and chaired by Damien Longson until September 2017 and then by Andrew Molyneux in line with section 3 of <u>Developing NICE</u> <u>guidelines: the manual.</u>
	Staff from the NICE Guideline Updates Team undertook systematic literature searches, appraised the evidence, conducted meta-analysis and cost- effectiveness analysis where appropriate, and drafted the evidence review in collaboration with the committee. For details please see Developing NICE guidelines: the manual.
Sources of funding/support	The NICE Guideline Updates Team is an internal team within NICE.
Name of sponsor	The NICE Guideline Updates Team is an internal team within NICE.
Roles of sponsor	The NICE Guideline Updates Team is an internal team within NICE.

#### Review protocol for predicting COPD severity

Field (based on PRISMA-P)	Content
Review question	In people with suspected COPD, which tests (for example imaging or biomarkers) are the most accurate to identify whether they are at risk of poor outcomes and whether they will develop mild, moderate or severe COPD?
Type of review question	Prognostic
Objective of the review	To determine the prognostic accuracy of tests to predict outcomes in people with COPD at the point of diagnosis.

Eligibility criteria –	People with a new diagnosis of COPD (by any means
population	including Global Strategy for the Diagnosis.
	Management and Prevention of COPD GOLD
	quideline: American Thoracic Society criteria for
	COPD: European Despiratory Society criteria)
	COLD, European Respiratory Society chiena)
Eligibility criteria –	Imaging including CT 18F-EDG-PET
assessment tools	BMI
	Biomarkers
	MRC dysphoea (breathlessness) tool/Borg
	dysphoea (breathlessness) score
	Multidimensional assessment indices
	including:
	° BODE
	<ul> <li>CAT (self-administered COPD</li> </ul>
	assessment test)
	o GOLD
	<ul> <li>DECAF (hospital based for acute</li> </ul>
	exacerbations and pneumonia in COPD)
	• DOSE
	<ul> <li>COPD Diagnostic Questionnaire</li> </ul>
	<ul> <li>Polycythaemia (full blood count, FBC)</li> </ul>
	Oxygen saturation (SaO2)
	6 minute walk distance (6MWD)
	• Tests for anxiety (e.g. General anxiety disorder
	7, GAD7; Hospital Anxiety and Depression
	Scale, HADS)
	I ests for depression (e.g. patient health
	Questionnaire 9, PHQ9; Hospital Anxiety and
Eligibility criteria – outcomes	Mortality
	Montality
	Hospitalisations (no nospitalisation versus
	Exacerbations (exacerbations versus no
	exacerbations)
	Severity of COPD (as defined by Global Strategy
	for the Diagnosis, Management and Prevention of
	COPD, GOLD, 2017 and NICE clinical guideline
	101 (2010), based on predicted airflow limitation
	(FEV1 %) in patients with FEV1/FVC <0.70. This
	will be scored as mild versus not mild (moderate
	and severe), moderate versus severe and severe

	versus not severe (mild and moderate) as the data permits.
Outcomes	<ul> <li>Sensitivity</li> <li>Specificity</li> <li>Positive likelihood ratio</li> <li>Negative likelihood ratio</li> </ul>
Eligibility criteria – study design	<ul> <li>Prospective cohort studies</li> <li>Systematic reviews of prospective cohort studies</li> </ul>
Other exclusion criteria	<ul><li>Retrospective studies</li><li>Non-English language publications</li></ul>
Proposed sensitivity/sub- group analysis, or meta- regression	<ul> <li>Subgroups:</li> <li>Disease stage at diagnosis (mild, moderate or severe COPD based on predicted airflow limitation (FEV% predicted). Mild &gt;=80%, moderate 50-79%, severe 30-49%, very severe &lt;30%)</li> <li>Exacerbations:</li> <li>Frequency (no exacerbations, 1-2 exacerbations per year, and 3 or more per year)</li> <li>Severity of exacerbation, stratifying by moderate versus severe exacerbations. Moderate exacerbation is defined as worsening of respiratory status that requires treatment with systemic corticosteroids and/or antibiotics; severe exacerbation.</li> <li>Length of stay in hospital (stratified into short, moderate and long stay, with short 0-1 days, moderate 2-6 days and long &gt;6)</li> <li>Multimorbidities (including COPD with asthma, bronchopulmonary dysplasia, bronchiectasis, anxiety or depression)</li> <li>Smoking status (smokers versus non-smokers or, data permitting, never smoked, ex-smokers and current smokers).</li> <li>Age (&lt;35, 35-65, &gt;65 years old)</li> <li>Cannabis, shisha, heroin use</li> </ul>

	Subgroup analyses will only be conducted if the majority of trials report data for the listed categories in an accessible format.
Selection process – duplicate screening/selection/Analysis	10% of the abstracts were reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer. If meaningful disagreements were found between the different reviewers, a further 10% of the abstracts were reviewed by two reviewers, with this process continued until agreement is achieved between the two reviewers. From this point, the remaining abstracts will be screened by a single reviewer. This review made use of the priority screening functionality with the EPPI-reviewer systematic reviewing software. See Appendix B for more details.
Data management (software)	See Appendix B
Information sources – databases and dates	<ul> <li>See Appendix C</li> <li>Main Searches: <ul> <li>Cochrane Database of Systematic Reviews – CDSR (Wiley)</li> <li>Cochrane Central Register of Controlled Trials – CENTRAL (Wiley)</li> <li>Database of Abstracts of Reviews of Effects – DARE (Wiley)</li> <li>Health Technology Assessment Database – HTA (Wiley)</li> <li>EMBASE (Ovid)</li> <li>MEDLINE (Ovid)</li> <li>MEDLINE In-Process (Ovid)</li> </ul> </li> <li>Citation searching will be carried out in addition on analyst/committee selected papers.</li> <li>The search will not be date limited as it will cover multiple review questions and the 2004 recommendations were not based on a systematic literature search. Additional terminology will be included.</li> </ul>

	Economics:
	<ul> <li>NHS Economic Evaluation Database – NHS EED (Wiley)</li> <li>Health Economic Evaluations Database – HEED (Wiley)</li> <li>EconLit (Ovid)</li> <li>Embase (Ovid)</li> <li>MEDLINE (Ovid)</li> <li>MEDLINE In-Process (Ovid)</li> </ul>
	The economics search will cover all questions and will be date limited from the previous search January 2009-May 2017.
Identify if an update	New review question for the 2017 COPD guideline update.
Author contacts	Guideline update
Highlight if amendment to	For details please see section 4.5 of Developing
previous protocol	NICE guidelines: the manual
Search strategy – for one database	For details please see appendix C
Data collection process – forms/duplicate	A standardised evidence table format will be used, and published as appendix E (clinical evidence tables) or I (economic evidence tables).
Data items – define all variables to be collected	For details please see evidence tables in appendix E (clinical evidence tables) or I (economic evidence tables).
Methods for assessing bias at outcome/study level	See Appendix B
Criteria for quantitative synthesis	See Appendix B
Methods for quantitative analysis – combining studies and exploring (in)consistency	See Appendix B

Meta-bias assessment – publication bias, selective reporting bias	See Appendix B
Confidence in cumulative evidence	See Appendix B
Rationale/context – what is known	For details please see the introduction to the evidence review in the main file.
Describe contributions of authors and guarantor	A multidisciplinary committee developed the evidence review. The committee was convened by the NICE Guideline Updates Team and chaired by Damien Longson until September 2017 then Andrew Molyneux in line with section 3 of <u>Developing NICE</u> <u>guidelines: the manual.</u> Staff from the NICE Guideline Updates Team undertook systematic literature searches, appraised the evidence, conducted meta-analysis and cost- effectiveness analysis where appropriate, and drafted the evidence review in collaboration with the
	committee. For details please see Developing NICE guidelines: the manual.
Sources of funding/support	The NICE Guideline Updates Team is an internal team within NICE.
Name of sponsor	The NICE Guideline Updates Team is an internal team within NICE.
Roles of sponsor	The NICE Guideline Updates Team is an internal team within NICE.

# Review protocol for predicting outcomes in people with COPD using multidimensional severity assessment indices

<u> </u>	
Field (based on PRISMA-P)	Content
Review question	In people with stable COPD, does routine assessment using a multidimensional severity assessment index (such as BODE [BMI, airflow obstruction, dyspnoea/ breathlessness and exercise capacity]) better predict outcomes than forced expiratory volume in 1 second (FEV1) alone?

Type of review question	Prognostic
Objective of the review	To determine the prognostic ability of these indices in comparison to FEV1 in people with an existing diagnosis of COPD
Eligibility criteria – population	People diagnosed with COPD (by any means including Global Strategy for the Diagnosis, Management and Prevention of COPD, GOLD, guideline; American Thoracic Society criteria for COPD; European Respiratory Society criteria)
Eligibility criteria – assessment tools	<ul> <li>FEV1 alone</li> <li>Multidimensional assessment indices including:         <ul> <li>BODE</li> <li>CAT (self-administered COPD assessment test)</li> <li>GOLD</li> <li>DECAF (hospital based for acute exacerbations)</li> <li>DOSE</li> <li>COPD Diagnostic Questionnaire</li> </ul> </li> </ul>
Eligibility criteria – outcomes	<ul> <li>Mortality</li> <li>Hospitalisations</li> <li>Exacerbations</li> <li>Change in FEV1</li> </ul>
Outcomes	<ul> <li>Sensitivity/specificity (preferred outcomes)</li> <li>c-statistic,</li> <li>Hazard ratios</li> <li>Model fit (e.g. r-squared)</li> </ul>
Eligibility criteria – study design	<ul> <li>Prospective cohort studies</li> <li>Systematic reviews of prospective cohort studies</li> </ul>
Other exclusion criteria	<ul> <li>Retrospective studies</li> <li>Univariate analyses</li> <li>Multivariate analysis if it did not adjust for age and smoking and comorbidities.</li> <li>Any index, apart from FEV1, that was not multidimensional (i.e. it must include measures of different outcome combinations such as quality of life + symptoms, not just multiple dimensions of one type of outcome measure such as quality of life)</li> </ul>

	Non-English language publications
Proposed sensitivity/sub- group analysis, or meta- regression	<ul> <li>Subgroups:</li> <li>Setting (primary care versus specialist care assessment)</li> <li>Exacerbations:</li> <li>Frequency (no exacerbations, 1-2 exacerbations per year, and 3 or more per year)</li> <li>Severity of exacerbation, stratifying by moderate versus severe exacerbations. Moderate exacerbation is defined as worsening of respiratory status that requires treatment with systemic corticosteroids and/or antibiotics; severe exacerbation is defined as rapid deterioration that requires hospitalisation.</li> <li>Length of stay in hospital (stratified into short, moderate and long stay, with short 0-1 days, moderate 2-6 days and long &gt;6)</li> <li>Multimorbidities (including COPD with asthma, bronchopulmonary dysplasia, bronchiectasis, anxiety or depression)</li> <li>Smoking status (smokers versus non-smokers or, data permitting, never smoked, ex-smokers and current smokers).</li> <li>Subgroup analyses will only be conducted if the majority of trials report data for the listed categories in an accessible format.</li> </ul>
Selection process – duplicate screening/selection/Analysis	10% of the abstracts were reviewed by two reviewers, with any disagreements resolved by discussion or, if necessary, a third independent reviewer. If meaningful disagreements were found between the different reviewers, a further 10% of the abstracts were reviewed by two reviewers, with this process continued until agreement is achieved between the two reviewers. From this point, the remaining abstracts will be screened by a single reviewer.

Data management	This review made use of the priority screening functionality with the EPPI-reviewer systematic reviewing software. See Appendix B for more details. See Appendix B
(software) Information sources – databases and dates	<ul> <li>See Appendix C</li> <li>Main Searches: <ul> <li>Cochrane Database of Systematic Reviews –</li> <li>CDSR (Wiley)Cochrane Central Register of</li> <li>Controlled Trials – CENTRAL (Wiley)</li> </ul> </li> <li>Database of Abstracts of Reviews of Effects –</li> <li>DARE (Wiley)</li> <li>Health Technology Assessment Database – HTA (Wiley)</li> <li>EMBASE (Ovid)</li> <li>MEDLINE (Ovid)</li> </ul>
	<ul> <li>MEDLINE (OVID)</li> <li>MEDLINE In-Process (Ovid)</li> <li>Citation searching will be carried out in addition on analyst/committee selected papers.</li> <li>The search will not be date limited as it will cover multiple review questions and the 2004 recommendations were not based on a systematic literature search. Additional terminology will be included.</li> <li>Economics:</li> </ul>
	<ul> <li>NHS Economic Evaluation Database – NHS EED (Wiley)</li> <li>Health Economic Evaluations Database – HEED (Wiley)</li> <li>EconLit (Ovid)</li> <li>Embase (Ovid)</li> <li>MEDLINE (Ovid)</li> <li>MEDLINE In-Process (Ovid)</li> </ul>

	The economics search will cover all questions and will be date limited from the previous search January 2009-May 2017.
Identify if an update	Update of 2010 COPD guideline question:
	Is routine assessment using multidimensional severity assessment indices (e.g. BODE) more predictive of outcomes compared with FEV1 alone?
Author contacts	Guideline update
Highlight if amendment to previous protocol	For details please see section 4.5 of <u>Developing</u> <u>NICE guidelines: the manual</u>
Search strategy – for one database	For details please see appendix C
Data collection process – forms/duplicate	A standardised evidence table format will be used, and published as appendix E (clinical evidence tables) or I (economic evidence tables).
Data items – define all variables to be collected	For details please see evidence tables in appendix E (clinical evidence tables) or I (economic evidence tables).
Methods for assessing bias at outcome/study level	See Appendix B
Criteria for quantitative synthesis	See Appendix B
Methods for quantitative analysis – combining studies and exploring (in)consistency	See Appendix B
Meta-bias assessment – publication bias, selective reporting bias	See Appendix B
Confidence in cumulative evidence	See Appendix B
Rationale/context – what is known	For details please see the introduction to the evidence review in the main file.

Describe contributions of authors and guarantor	A multidisciplinary committee developed the evidence review. The committee was convened by the NICE Guideline Updates Team and chaired by Damien Longson until September 2017 then Andrew Molyneux in line with section 3 of <u>Developing NICE</u> <u>guidelines: the manual.</u> Staff from the NICE Guideline Updates Team undertook systematic literature searches, appraised the evidence, conducted meta-analysis and cost- effectiveness analysis where appropriate, and drafted the evidence review in collaboration with the committee. For details please see Developing NICE guidelines: the manual.
Sources of funding/support	The NICE Guideline Updates Team is an internal team within NICE.
Name of sponsor	The NICE Guideline Updates Team is an internal team within NICE.
Roles of sponsor	The NICE Guideline Updates Team is an internal team within NICE.

## Appendix B – Methods

#### **Priority screening**

The reviews undertaken for this guideline all made use of the priority screening functionality with the EPPI-reviewer systematic reviewing software. This uses a machine learning algorithm (specifically, an SGD classifier) to take information on features (1, 2 and 3 word blocks) in the titles and abstract of papers marked as being 'includes' or 'excludes' during the title and abstract screening process, and re-orders the remaining records from most likely to least likely to be an include, based on that algorithm. This re-ordering of the remaining records occurs every time 25 additional records have been screened.

Research is currently ongoing as to what are the appropriate thresholds where reviewing of abstract can be stopped, assuming a defined threshold for the proportion of relevant papers it is acceptable to miss on primary screening. As a conservative approach until that research has been completed, the following rules were adopted during the production of this guideline:

- In every review, at least 50% of the identified abstract (or 1,000 records, if that is a greater number) were always screened.
- After this point, screening was only terminated if a pre-specified threshold was met for a number of abstracts being screened without a single new include being identified. This threshold was set according to the expected proportion of includes in the review (with reviews with a lower proportion of includes needing a higher number of papers without an identified study to justify termination), and was always a minimum of 250.

As an additional check to ensure this approach did not miss relevant studies, the included studies lists of included systematic reviews were searched to identify any papers not identified through the primary search.

#### Incorporating published systematic reviews

For all review questions where a literature search was undertaken looking for a particular study design, systematic reviews containing studies of that design were also included. All included studies from those systematic reviews were screened to identify any additional relevant primary studies not found as part of the initial search.

#### Quality assessment

Individual systematic reviews were quality assessed using the ROBIS tool, with each classified into one of the following three groups:

- High quality It is unlikely that additional relevant and important data would be identified from primary studies compared to that reported in the review, and unlikely that any relevant and important studies have been missed by the review.
- Moderate quality It is possible that additional relevant and important data would be identified from primary studies compared to that reported in the review, but unlikely that any relevant and important studies have been missed by the review.
- Low quality It is possible that relevant and important studies have been missed by the review.

Each individual systematic review was also classified into one of three groups for its applicability as a source of data, based on how closely the review matches the specified review protocol in the guideline. Studies were rated as follows:

- Fully applicable The identified review fully covers the review protocol in the guideline.
- Partially applicable The identified review fully covers a discrete subsection of the review protocol in the guideline.
- Not applicable The identified review, despite including studies relevant to the review question, does not fully cover any discrete subsection of the review protocol in the guideline.

#### Using systematic reviews as a source of data

If systematic reviews were identified as being sufficiently applicable and high quality, and were identified sufficiently early in the review process, they were used as the primary source of data, rather than extracting information from primary studies. The extent to which this was done depended on the quality and applicability of the review, as defined in <u>Table 7</u>. When systematic reviews were used as a source of primary data, any unpublished or additional data included in the review which is not in the primary studies was also included. Data from these systematic reviews was then quality assessed and presented in GRADE/CERQual tables as described below, in the same way as if data had been extracted from primary studies. In questions where data was extracted from both systematic reviews and primary studies, these were cross-referenced to ensure none of the data had been double counted through this process.

Quality	Applicability	Use of systematic review
High	Fully applicable	Data from the published systematic review were used instead of undertaking a new literature search or data analysis. Searches were only done to cover the period of time since the search date of the review.
High	Partially applicable	Data from the published systematic review were used instead of undertaking a new literature search and data analysis for the relevant subsection of the protocol. For this section, searches were only done to cover the period of time since the search date of the review. For other sections not covered by the systematic review, searches were undertaken as normal.
Moderate	Fully applicable	Details of included studies were used instead of undertaking a new literature search. Full-text papers of included studies were still retrieved for the purposes of data analysis. Searches were only done to cover the period of time since the search date of the review.
Moderate	Partially applicable	Details of included studies were used instead of undertaking a new literature search for the relevant subsection of the protocol. For this section, searches were only done to cover the period of time since the search date of the review. For other sections not covered by the systematic review, searches were undertaken as normal.

#### Table 7 Criteria for using systematic reviews as a source of data

#### Diagnostic test accuracy evidence

In this guideline, diagnostic test accuracy (DTA) data are classified as any data in which a feature – be it a symptom, a risk factor, a test result or the output of some algorithm that combines many such features – is observed in some people who have the condition of interest at the time of the test and some people who do not. Such data either explicitly provide, or can be manipulated to generate, a 2x2 classification of true positives and false negatives (in people who, according to the reference standard, truly have the condition) and false positives and true negatives (in people who, according to the reference standard, do not).

The 'raw' 2x2 data can be summarised in a variety of ways. Those that were used for decision making in this guideline are as follows:

- **Positive likelihood ratios** describe how many times more likely positive features are in people with the condition compared to people without the condition. Values greater than 1 indicate that a positive result makes the condition more likely.
  - $\circ$  LR<sup>+</sup> = (TP/[TP+FN])/(FP/[FP+TN])
- **Negative likelihood ratios** describe how many times less likely negative features are in people with the condition compared to people without the condition. Values less than 1 indicate that a negative result makes the condition less likely.
  - $\circ LR^{-} = (FN/[TP+FN])/(TN/[FP+TN])$
- Sensitivity is the probability that the feature will be positive in a person with the condition.
   sensitivity = TP/(TP+FN)
- **Specificity** is the probability that the feature will be negative in a person without the condition.
  - $\circ$  specificity = TN/(FP+TN)

The following schema (<u>Table 8</u>), adapted from the suggestions of Jaeschke et al. (1994), was used to interpret the likelihood ratio findings from diagnostic test accuracy reviews.

Value of likelihood ratio	Interpretation
LR ≤ 0.1	Very large decrease in probability of disease
0.1 < LR ≤ 0.2	Large decrease in probability of disease
0.2 < LR ≤ 0.5	Moderate decrease in probability of disease
0.5 < LR ≤ 1.0	Slight decrease in probability of disease
1.0 < LR < 2.0	Slight increase in probability of disease
2.0 ≤ LR < 5.0	Moderate increase in probability of disease
5.0 ≤ LR < 10.0	Large increase in probability of disease
LR ≥ 10.0	Very large increase in probability of disease

#### Table 8: Interpretation of likelihood ratios

The schema above has the effect of setting a minimal important difference for positive likelihoods ratio at 2, and a corresponding minimal important difference for negative likelihood ratios at 0.5. Likelihood ratios (whether positive or negative) falling between these thresholds were judged to indicate no meaningful change in the probability of disease.

#### Quality assessment

Individual studies were quality assessed using the QUADAS-2 tool, which contains four domains: patient selection, index test, reference standard, and flow and timing. Each individual study was classified into one of the following three groups:

- Low risk of bias Evidence of non-serious bias in zero or one domain.
- Moderate risk of bias Evidence of non-serious bias in two domains only, or serious bias in one domain only.
- High risk of bias Evidence of bias in at least three domains, or of serious bias in at least two domains.

Each individual study was also classified into one of three groups for directness, based on if there were concerns about the population, index features and/or reference standard in the study and how directly these variables could address the specified review question. Studies were rated as follows:

- Direct No important deviations from the protocol in population, index feature and/or reference standard.
- Partially indirect Important deviations from the protocol in one of the population, index feature and/or reference standard.
- Indirect Important deviations from the protocol in at least two of the population, index feature and/or reference standard.

#### Methods for combining diagnostic test accuracy evidence

Meta-analysis of diagnostic test accuracy data was conducted with reference to the Cochrane Handbook for Systematic Reviews of Diagnostic Test Accuracy (Deeks et al. 2010).

Where applicable, diagnostic syntheses were stratified by:

- Presenting symptomatology (features shared by all participants in the study, but not all people who could be considered for a diagnosis in clinical practice).
- The reference standard used for true diagnosis.

Where five or more studies were available for all included strata, a bivariate model was fitted using the mada package in R v3.4.0, which accounts for the correlations between positive and negative likelihood ratios, and between sensitivities and specificities. Where sufficient data were not available (2-4 studies), separate independent pooling was performed for positive likelihood ratios, negative likelihood ratios, sensitivity and specificity, using Microsoft Excel. This approach is conservative as it is likely to somewhat underestimate test accuracy, due to failing to account for the correlation and trade-off between sensitivity and specificity (see Deeks 2010).

Random-effects models (der Simonian and Laird) were fitted for all syntheses, as recommended in the Cochrane Handbook for Systematic Reviews of Diagnostic Test Accuracy (Deeks et al. 2010).

In any meta-analyses where some (but not all) of the data came from studies at high risk of bias, a sensitivity analysis was conducted, excluding those studies from the analysis. Results from both the full and restricted meta-analyses are reported. Similarly, in any meta-analyses

where some (but not all) of the data came from indirect studies, a sensitivity analysis was conducted, excluding those studies from the analysis.

#### Modified GRADE for diagnostic test accuracy evidence

GRADE has not been developed for use with diagnostic studies; therefore a modified approach was applied using the GRADE framework. GRADE assessments were only undertaken for positive and negative likelihood ratios, as the MIDs used to assess imprecision were based on these outcomes, but results for sensitivity and specificity are also presented alongside those data.

Cross-sectional and cohort studies were initially rated as high-quality evidence if well conducted, and then downgraded according to the standard GRADE criteria (risk of bias, inconsistency, imprecision and indirectness) as detailed in <u>Table 9</u> below.

Table 9: Rationale for downgrading quality of evidence for diagnostic questions

GRADE criteria	Reasons for downgrading quality
Risk of bias	Not serious: If less than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the overall outcome was not downgraded.
	Serious: If greater than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the outcome was downgraded one level.
	Very serious: If greater than 33.3% of the weight in a meta-analysis came from studies at high risk of bias, the outcome was downgraded two levels.
	Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between studies at high and low risk of bias.
Indirectness	Not serious: If less than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the overall outcome was not downgraded. Serious: If greater than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the outcome was downgraded one level. Very serious: If greater than 33.3% of the weight in a meta-analysis came from indirect studies, the outcome was downgraded two levels. Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between direct and indirect studies.
Inconsistency	Concerns about inconsistency of effects across studies, occurring when there is unexplained variability in the treatment effect demonstrated across studies (heterogeneity), after appropriate pre-specified subgroup analyses have been conducted. This was assessed using the I <sup>2</sup> statistic.
	N/A: Inconsistency was marked as not applicable if data on the outcome was only available from one study.
	Not serious: If the I <sup>2</sup> was less than 33.3%, the outcome was not downgraded. Serious: If the I <sup>2</sup> was between 33.3% and 66.7%, the outcome was downgraded one level.
	Very serious: If the I <sup>2</sup> was greater than 66.7%, the outcome was downgraded two levels.
	Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between studies with the smallest and largest effect sizes.

GRADE criteria	Reasons for downgrading quality
Imprecision	If the 95% confidence interval for a positive likelihood ratio spanned 2, the outcome was downgraded one level, as the data were deemed to be consistent with a meaningful increase in risk and no meaningful predictive value. Similarly, negative likelihood ratios that spanned 0.5 led to downgrading for serious imprecision. Any likelihood ratios that spanned both 0.5 and 2 were downgraded twice, as suffering from very serious imprecision.
	Outcomes meeting the criteria for downgrading above were not downgraded if the confidence interval was sufficiently narrow that the upper and lower bounds would correspond to clinically equivalent scenarios.

The quality of evidence for each outcome was upgraded if either of the following conditions were met:

- Data showing an effect size sufficiently large that it cannot be explained by confounding alone.
- Data where all plausible residual confounding is likely to increase our confidence in the effect estimate.

#### **Publication bias**

Publication bias was assessed in two ways. First, if evidence of conducted but unpublished studies was identified during the review (e.g. conference abstracts or protocols without accompanying published data), available information on these unpublished studies was reported as part of the review. Secondly, where 10 or more studies were included as part of a single meta-analysis, a funnel plot was produced to graphically assess the potential for publication bias.

#### **Evidence statements**

The evidence statements based on likelihood ratios were written with reference to the size of the likelihood ratios in the GRADE tables in appendix G, using the interpretation detailed in the methods section on diagnostic test accuracy (Table 8) for both point estimates and confidence intervals. For example, positive likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate an increase in the probability of death and negative likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate a decrease in the probability of death in people with COPD. Evidence statements were grouped according to the size of the increase or decrease.

#### Prognostic test accuracy evidence

In this guideline, prognostic test accuracy data are classified as any data in which a feature – be it a symptom, a risk factor, a test result or the output of some algorithm that combines many such features – is observed in some people who go on to develop the condition of interest and some people who do not. Such data either explicitly provide, or can be manipulated to generate, a 2x2 classification of true positives and false negatives (in people who, according to the reference standard, truly develop the condition) and false positives and true negatives (in people who, according to the reference standard, do not). This category would include studies classed as prediction models under the TRIPOD statement, provided the data were reported a 2x2 classification data.

The 'raw' 2x2 data can be summarised in a variety of ways. Those that were used for decision making in this guideline are as follows:

• **Positive likelihood ratios** describe how many times more likely positive features are in people who develop the condition compared to people who do not. Values greater than 1 indicate that a positive result makes the condition more likely.

 $\circ LR^+ = (TP/[TP+FN])/(FP/[FP+TN])$ 

• **Negative likelihood ratios** describe how many times less likely negative features are in people who develop the condition compared to people who do not. Values less than 1 indicate that a negative result makes the condition less likely.

```
\circ LR<sup>-</sup> = (FN/[TP+FN])/(TN/[FP+TN])
```

- **Sensitivity** is the probability that the feature will be positive in a person who goes on to develop the condition.
  - o sensitivity = TP/(TP+FN)
- **Specificity** is the probability that the feature will be negative in a person who does not go on to develop the condition.
  - $\circ$  specificity = TN/(FP+TN)

The following schema (<u>Table 10</u>), adapted from the suggestions of Jaeschke et al. (1994), was used to interpret the findings from prognostic test accuracy reviews.

Value of likelihood ratio	Interpretation
LR ≤ 0.1	Very large decrease in probability of disease
0.1 < LR ≤ 0.2	Large decrease in probability of disease
0.2 < LR ≤ 0.5	Moderate decrease in probability of disease
0.5 < LR ≤ 1.0	Slight decrease in probability of disease
1.0 < LR < 2.0	Slight increase in probability of disease
2.0 ≤ LR < 5.0	Moderate increase in probability of disease
5.0 ≤ LR < 10.0	Large increase in probability of disease
LR ≥ 10.0	Very large increase in probability of disease

#### Table 10: Interpretation of likelihood ratios

The schema above has the effect of setting a minimal important difference for positive likelihoods ratio at 2, and a corresponding minimal important difference for negative likelihood ratios at 0.5. Likelihood ratios (whether positive or negative) falling between these thresholds were judged to indicate no meaningful change to probability of disease.

#### Quality assessment

Individual studies were quality assessed using the PROBAST tool<sup>a</sup>, which contains five domains: participant selection, predictors, outcome, sample size and participant flow, analysis.

Each individual study was also classified into one of three groups for directness, based on if there were concerns about the population, predictive features and/or reference standard in

<sup>&</sup>lt;sup>a</sup> Wolff R, Moons K, Riley R, Whiting P, Westwood M, Collins G, Reitsma J, Kleijnen J, Mallett S. PROBAST – A risk-of-bias tool for prediction-modelling studies. Abstracts of the Global Evidence Summit, Cape Town, South Africa. Cochrane Database of Systematic Reviews 2017, Issue 9 (Suppl 1). https://doi.org/10.1002/14651858.CD201702.

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the study and how directly these variables could address the specified review question. Studies were rated as follows:

- Direct No important deviations from the protocol in population, predictive feature and/or reference standard.
- Partially indirect Important deviations from the protocol in one of the population, predictive feature and/or reference standard.
- Indirect Important deviations from the protocol in at least two of the population, predictive feature and/or reference standard.

#### Methods for combining prognostic test accuracy evidence

Where applicable, prognostic test accuracy syntheses were stratified by:

- Presenting symptomatology (features shared by all participants in the study, but not all people in the full relevant clinical population).
- The length of time between the measurement of the predictive feature and the final outcome.
- The reference standard used for categorising true positives.

Where five or more studies were available for all included strata, a bivariate model was fitted using the mada package in R v3.4.0, which accounts for the correlations between positive and negative likelihood ratios, and between sensitivities and specificities. Where sufficient data were not available (2-4 studies), separate independent pooling was performed for positive likelihood ratios, negative likelihood ratios, sensitivity and specificity, using Microsoft Excel. This approach is likely to somewhat underestimate test accuracy (see Deeks 2001).

Random-effects models (der Simonian and Laird) were fitted for all syntheses, due to the expected level of between study heterogeneity in prognostic reviews.

In any meta-analyses where some (but not all) of the data came from studies at high risk of bias, a sensitivity analysis was conducted, excluding those studies from the analysis. Results from both the full and restricted meta-analyses are reported. Similarly, in any meta-analyses where some (but not all) of the data came from indirect studies, a sensitivity analysis was conducted, excluding those studies from the analysis.

#### Modified GRADE for prognostic test accuracy evidence

GRADE has not been developed for use with prognostic test accuracy studies; therefore a modified approach was applied using the GRADE framework. GRADE assessments were only undertaken for positive and negative likelihood ratios, as the MIDs used to assess imprecision were based on these outcomes.

Cross-sectional and cohort studies were initially rated as high-quality evidence if well conducted, and then downgraded according to the standard GRADE criteria (risk of bias, inconsistency, imprecision and indirectness) as detailed in <u>Table 11</u> below.

## Table 11: Rationale for downgrading quality of evidence for prognostic questionsGRADE criteriaReasons for downgrading quality

Risk of bias	Not serious: If less than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the overall outcome was not downgraded.

GRADE criteria	Reasons for downgrading quality
	Serious: If greater than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the outcome was downgraded one level.
	Very serious: If greater than 33.3% of the weight in a meta-analysis came from studies at high risk of bias, the outcome was downgraded two levels.
	Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between studies at high and low risk of bias.
Indirectness	Not serious: If less than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the overall outcome was not downgraded. Serious: If greater than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the outcome was downgraded one level. Very serious: If greater than 33.3% of the weight in a meta-analysis came from indirect studies, the outcome was downgraded two levels. Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between direct and indirect studies.
Inconsistency	Concerns about inconsistency of effects across studies, occurring when there is unexplained variability in the treatment effect demonstrated across studies (heterogeneity), after appropriate pre-specified subgroup analyses have been conducted. This was assessed using the l <sup>2</sup> statistic. N/A: Inconsistency was marked as not applicable if data on the outcome was only available from one study. Not serious: If the l <sup>2</sup> was less than 33.3%, the outcome was not downgraded. Serious: If the l <sup>2</sup> was between 33.3% and 66.7%, the outcome was downgraded one level.
	Very serious: If the I <sup>2</sup> was greater than 66.7%, the outcome was downgraded two levels.
	Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between studies with the smallest and largest effect sizes.
Imprecision	If the 95% confidence interval for a positive likelihood ratio spanned 2, the outcome was downgraded one level, as the data were deemed to be consistent with a meaningful increase in risk and no meaningful predictive value. Similarly, negative likelihood ratios that spanned 0.5 led to downgrading for serious imprecision. Any likelihood ratios that spanned both 0.5 and 2 were downgraded twice, as suffering from very serious imprecision. Outcomes meeting the criteria for downgrading above were not downgraded if
	the confidence interval was sufficiently narrow that the upper and lower bounds would correspond to clinically equivalent scenarios.

The quality of evidence for each outcome was upgraded if either of the following conditions were met:

- Data showing an effect size sufficiently large that it cannot be explained by confounding alone.
- Data where all plausible residual confounding is likely to increase our confidence in the effect estimate.

#### **Publication bias**

Publication bias was assessed in two ways. First, if evidence of conducted but unpublished studies was identified during the review (e.g. conference abstracts or protocols without accompanying published data), available information on these unpublished studies was reported as part of the review. Secondly, where 10 or more studies were included as part of a single meta-analysis, a funnel plot was produced to graphically assess the potential for publication bias.

#### **Evidence statements**

The evidence statements based on likelihood ratios were written with reference to the size of the likelihood ratios in the GRADE tables in appendix G, using the interpretation detailed in the methods section on diagnostic test accuracy (Table 8) for both point estimates and confidence intervals. For example, positive likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate an increase in the probability of death and negative likelihood ratios, and their associated 95% confidence intervals, were used to determine which tests indicate a decrease in the probability of death in people with COPD. Evidence statements were grouped according to the size of the increase or decrease.

#### Other prognostic evidence

Other prognostic studies were also included if they reported outcomes of c-statistics, hazard ratios or model fit statistics. These studies were also quality assessed using the PROBAST checklist, as in the prognostic test accuracy section above.

#### Methods for combining other prognostic evidence

#### Hazard ratios

Where appropriate, hazard ratios were pooled using the inverse-variance method. Adjusted hazard ratios from multivariate models were only pooled if the same set of predictor variables were used across multiple studies and they were on the same scale. For hazard ratios, a range of 0.8, 1.25 was used to assess imprecision in the absence of a more clinically meaningful MID.

In the absence of hazard ratio data that could be meta-analysed, data was pooled to obtain single GRADE ratings per index using the following decision rules:

- 1. Risk of bias and indirectness were assessed as detailed in Table 11\_for other prognostic evidence, but % of study population was used instead of the weight in a meta-analysis.
- 2. Imprecision:
  - a. In cases where a single or multiple per point increase hazard ratios are presented, the level of imprecision was calculated for each study using the MID of 0.8, 1.25.If >33% of the studies by population weight have 95% CI that span one side of the MID then the index was rated as serious, if >33% have 95% CI that span both MID values then the overall index was rated as at very serious risk of imprecision.
  - b. In cases where several hazard ratios are presented compared to a reference category then the most extreme category was assessed using the MID and a

single pooled estimate was determined as in 2a. If the reference categories were in opposite directions then the high reference category data was reversed (1/value) and then included in the analysis as before.

- c. In cases where there is a mix of data then the imprecision was calculated for each study and then merged based on population weight as in 2a.
- 3. Inconsistency:
  - a. For a single study this was judged to be not applicable (N/A).
  - b. For multiple studies with single HRs this was judged using l<sup>2</sup> calculated using Review Manager v5.3 and assessed following the rules in Table 11.
  - c. In cases with multiple studies each presenting several hazard ratios compared to the same reference category, the HR data for the most severe category was pooled in RevMan and inconsistency was assessed using the I<sup>2</sup> value following the rules in Table 11.
  - d. If hazard ratio data for a single index was reported in several ways (per point increase, with reference to high and/or low categories) then inconsistency for this outcome was determined to be serious as the results were not comparable.

#### Assessing c-statistics

c-statistics were assessed in a similar manner to likelihood ratios using categories agreed by the committee and specified in the <u>Table 12</u> below.

Value of c-statistic	Interpretation
c-statistic <0.6	Poor classification accuracy
0.6 ≤ c-statistic <0.7	Adequate classification accuracy
0.7 ≤ c-statistic <0.8	Good classification accuracy
0.8 ≤ c-statistic <0.9	Excellent classification accuracy
0.9 ≤ c-statistic < 1.0	Outstanding classification accuracy

#### Table 12 Interpretation of c-statistics

Meta-analyses could not be carried out as the data included large numbers of studies without 95% CI. In the absence of meta-analyses, the following decision rules were used to assess risk of bias, indirectness, imprecision and inconsistency for each outcome:

- 1. Risk of bias and indirectness were calculated as normal, but using the study weight by population, rather than weight in the meta-analysis.
- 2. Imprecision
  - a. Single study with 95% CI: the 95% CI boundaries were examined and if they crossed 2 categories of test classification accuracy then the study was downgraded once (imprecision rated as serious); if the boundaries crossed 3 categories then the study was downgraded twice (very serious imprecision).
  - b. Multiple studies with 95% CI: the individual studies were rated as in a. and then if >33.3% of the studies by population weight were rated serious then the analysis was downgraded once; if > 33.33% were rated very serious the analysis was downgraded twice.
  - Single study or multiple studies without 95% CI: the mean sample size was calculated and if this was < 250 then the analysis was downgraded twice (very serious); if it was >250, but > 500 the analysis was downgraded once (serious); if

the mean was > 500 people/study then the analysis was not downgraded (not serious).

- d. Multiple studies with and without 95% CI: the studies without 95% CI were analysed as in 2c; those with 95% CI were analysed as in 2b. The results were averaged, but the number of studies in each group were also taken into account with the result that if there were a lot more studies in one group compared to the other then that group rating would be used. In general, not serious and serious or not serious and very serious were averaged to serious; serious and very serious resulted in a very serious rating.
- 3. Inconsistency
  - a. Single study with or without 95% CI: N/A
  - b. Multiple studies with or without 95% CI: the highest and lowest point estimates were examined. If they spanned < 2 categories of c-statistic classification accuracy the analysis was rated as not serious for inconsistency; if they spanned 2 categories this was rated as serious and ≥ 3 categories was rated as very serious.</p>

#### Modified GRADE for association studies

GRADE has not been developed for use with association studies; therefore a modified approach was applied using the GRADE framework. Data from cohort studies was initially rated as high quality, and data from case-control studies as low quality, with the quality of the evidence for each outcome then downgraded or not from this initial point (Table 13).

GRADE criteria	Reasons for downgrading quality
Risk of bias	Not serious: If less than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the overall outcome was not downgraded.
	Serious: If greater than 33.3% of the weight in a meta-analysis came from studies at moderate or high risk of bias, the outcome was downgraded one level.
	Very serious: If greater than 33.3% of the weight in a meta-analysis came from studies at high risk of bias, the outcome was downgraded two levels.
	Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between studies at high and low risk of bias.
	In addition, unadjusted odds ratio outcomes from univariate analyses were downgraded one level, in addition to any downgrading for risk of bias in individual studies. Adjusted odds ratios from multivariate analyses were not similarly downgraded, provided they included all important confounding variables in the model.
Indirectness	Not serious: If less than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the overall outcome was not downgraded. Serious: If greater than 33.3% of the weight in a meta-analysis came from partially indirect or indirect studies, the outcome was downgraded one level. Very serious: If greater than 33.3% of the weight in a meta-analysis came from indirect studies, the outcome was downgraded two levels. Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between direct and indirect studies.

#### Table 13: Rationale for downgrading quality of evidence for association studies

GRADE criteria	Reasons for downgrading quality
Inconsistency	Concerns about inconsistency of effects across studies, occurring when there is unexplained variability in the treatment effect demonstrated across studies (heterogeneity). This was assessed using the l <sup>2</sup> statistic. N/A: Inconsistency was marked as not applicable if data on the outcome was only available from one study. Not serious: If the l <sup>2</sup> was less than 33.3%, the outcome was not downgraded. Serious: If the l <sup>2</sup> was between 33.3% and 66.7%, the outcome was downgraded one level. Very serious: If the l <sup>2</sup> was greater than 66.7%, the outcome was downgraded two levels. Outcomes meeting the criteria for downgrading above were not downgraded if there was evidence the effect size was not meaningfully different between
Imprecision	studies with the smallest and largest effect sizes. If MIDs (1 corresponding to a meaningful increase; 1 corresponding to a meaningful decrease) were defined for the outcome, the outcome was downgraded once if the 95% confidence interval for the effect size crossed 1 MID, and twice if it crosses both the upper and lower MIDs. If the line of no effect was defined as an MID for the outcome, it was downgraded once if the 95% confidence interval for the effect size crossed the line of no effect (i.e. the outcome was not statistically significant), and twice if the sample size of the study was sufficiently small that it is not plausible any realistic effect size could have been detected. Outcomes meeting the criteria for downgrading above were not downgraded if the confidence interval was sufficiently narrow that the upper and lower bounds would correspond to clinically equivalent scenarios.

The quality of evidence for each outcome was upgraded if either of the following conditions were met:

- Data showing an effect size sufficiently large that it cannot be explained by confounding alone.
- Data where all plausible residual confounding is likely to increase our confidence in the effect estimate.

#### **Publication bias**

Publication bias was assessed in two ways. First, if evidence of conducted but unpublished studies was identified during the review (e.g. conference abstracts or protocols without accompanying published data), available information on these unpublished studies was reported as part of the review. Secondly, where 10 or more studies were included as part of a single meta-analysis, a funnel plot was produced to graphically assess the potential for publication bias.

#### **Evidence statements**

#### c-statistics

The evidence statements based on c-statistics were written with reference to the size of the c-statistics in the GRADE tables in appendix G, using the interpretation detailed in the methods section on prognostic test accuracy (<u>Table 12</u>). Indices were listed by median classification accuracy (for example, good median classification accuracy) and then in

alphabetical order within that level of classification accuracy, with the quality and range of classification accuracy in brackets.

#### Hazard ratios

Evidence statements were divided into 2 groups: indices where the HR was reported as per unit increase and indices where the HR was reported in 1 or more severity levels compared to a reference category. In each group, the indices were ordered from the largest to smallest HR with the quality in brackets. The comparison group evidence statements were ranked based on the median most extreme category hazard ratio, with data reversed where necessary so the comparisons go in the same direction.

#### **Health economics**

Literature reviews seeking to identify published cost–utility analyses of relevance to the issues under consideration were conducted for all questions. In each case, the search undertaken for the clinical review was modified, retaining population and intervention descriptors, but removing any study-design filter and adding a filter designed to identify relevant health economic analyses. In assessing studies for inclusion, population, intervention and comparator, criteria were always identical to those used in the parallel clinical search; only cost–utility analyses were included. Economic evidence profiles, including critical appraisal according to the Guidelines manual, were completed for included studies.

Economic studies identified through a systematic search of the literature are appraised using a methodology checklist designed for economic evaluations (NICE guidelines manual; 2014). This checklist is not intended to judge the quality of a study per se, but to determine whether an existing economic evaluation is useful to inform the decision-making of the committee for a specific topic within the guideline.

There are 2 parts of the appraisal process. The first step is to assess applicability (that is, the relevance of the study to the specific guideline topic and the NICE reference case); evaluations are categorised according to the criteria in Table 14.

Level	Explanation
Directly applicable	The study meets all applicability criteria, or fails to meet one or more applicability criteria but this is unlikely to change the conclusions about cost effectiveness
Partially applicable	The study fails to meet one or more applicability criteria, and this could change the conclusions about cost effectiveness
Not applicable	The study fails to meet one or more applicability criteria, and this is likely to change the conclusions about cost effectiveness. These studies are excluded from further consideration

#### Table 14 Applicability criteria

In the second step, only those studies deemed directly or partially applicable are further assessed for limitations (that is, methodological quality); see categorisation criteria in Table 15.

Level	Explanation
Minor limitations	Meets all quality criteria, or fails to meet one or more quality criteria but this is unlikely to change the conclusions about cost effectiveness
Potentially serious limitations	Fails to meet one or more quality criteria and this could change the conclusions about cost effectiveness
Very serious limitations	Fails to meet one or more quality criteria and this is highly likely to change the conclusions about cost effectiveness. Such studies should usually be excluded from further consideration

#### Table 15 Methodological criteria

Studies were prioritised for inclusion based on their relative applicability to the development of this guideline and the study limitations. For example, if a high quality, directly applicable UK analysis was available, then other less relevant studies may not have been included. Where selective exclusions were made on this basis, this is noted in the relevant section.

Where relevant, a summary of the main findings from the systematic search, review and appraisal of economic evidence is presented in an economic evidence profile alongside the clinical evidence.

## **Appendix C – Literature search strategies**

#### Main searches

Sources searched for this review question:

- Cochrane Database of Systematic Reviews CDSR (Wiley)
- Cochrane Central Register of Controlled Trials CENTRAL (Wiley)
- Database of Abstracts of Reviews of Effects DARE (Wiley)
- Health Technology Assessment Database HTA (Wiley)
- EMBASE (Ovid)
- MEDLINE (Ovid)
- MEDLINE In-Process (Ovid)

#### Identification of evidence

The population terms have been updated from the original guideline to include potential comorbidities such as asthma, bronchopulmonary dysplasia and bronchiectasis. These were excluded in the original strategy.

In this update, several lines of the strategy have been focused with the use of the term 'chronic' to reduce retrieval of articles focusing on acute signs or symptoms.

Additional acronyms for COPD have been included and on recommendation from the guideline committee, terms around 'breathlessness' have been added.

Searches were re-run in February 2018 and also included searching Medline epub ahead of print.

#### Review question search strategy

- In people with stable COPD, does routine assessment using a multidimensional severity assessment index (such as BODE [BMI, airflow obstruction, dyspnoea/ breathlessness and exercise capacity]) better predict outcomes than forced expiratory volume in 1 second (FEV1) alone?
- In people with suspected COPD, what is the most accurate and appropriate test (for example imaging or biomarkers) to confirm the diagnosis?
- In people with suspected COPD, which tests (for example imaging or biomarkers) are the most accurate to identify whether they are at risk of poor outcomes and whether they will develop mild, moderate or severe COPD?

The MEDLINE search strategy is presented below. This was translated for use in all of the other databases.

#### Search strategy

#### Medline Strategy, searched 8<sup>th</sup> August 2017 Database: Ovid MEDLINE(R) 1946 to July Week 4 2017

#### Search Strategy:

- 1 lung diseases, obstructive/
- 2 exp pulmonary disease, chronic obstructive/
- 3 (copd or coad or cobd or aecb).tw.
- 4 emphysema\*.tw.
- 5 (chronic\* adj4 bronch\*).tw.
- 6 (chronic\* adj3 (airflow\* or airway\* or bronch\* or lung\* or respirat\* or pulmonary) adj3 obstruct\*).tw.
- 7 (pulmonum adj4 (volumen or pneumatosis)).tw.
- 8 pneumonectasia.tw.
- 9 \*Dyspnea/
- 10 (chronic\* adj3 (breath\* or respirat\*) adj3 (difficult\* or labor\* or labour\* or problem\* or short\*)).tw.
- 11 (chronic\* adj3 (dyspnea\* or dyspnoea\* or dyspneic or breathless\*)).tw.
- 12 or/1-11
- 13 \*Respiratory Function Tests/
- 14 ((lung\* or pulmonary or respirat\* or ventilat\*) adj2 function\* adj2 test\*).tw.
- 15 exp \*Spirometry/
- 16 (spirometr\* or bronchospirometr\*).tw.
- 17 \*Forced Expiratory Volume/
- 18 exp \*Forced Expiratory Flow Rates/
- 19 (peak\* adj2 flow\*).tw.
- 20 (FEV or FEVT or FEV1 or "FEV(1)" or PEFR).tw.
- 21 (forced adj2 expir\* adj2 (flow\* or volume\* or test\* or index\*)).tw.
- 22 ((lung\* or timed or forced) adj2 vital capacit\*).tw.
- 23 (maxim\* adj2 (breath\* or lung\*) adj2 (volume\* or capacit\*)).tw.
- 24 (maxim\* adj2 (expir\* or inspirat\* or respirat\* or ventilat\*)).tw.
- 25 or/13-24
- 26 \*body mass index/
- 27 ((body mass or quetelet\*) adj2 index\*).tw.
- 28 BMI.tw.
- 29 or/26-28
- 30 \*Airway Obstruction/
- 31 ((airflow\* or airway\* or respirat\*) adj2 (closure or obstruct\* or occlu\*)).tw.
- 32 or/30-31
- 33 (DLCO or TLCO).tw.
- 34 transfer factor for carbon monoxide.tw.
- 35 or/33-34
- 36 \*Biomarkers/
- 37 (biomarker\* or bioindicator\*).tw.
- 38 (biolog\* adj2 indicator\*).tw.
- 39 ((biochemical\* or biolog\* or clinical\* or disease\* or immun\* or inflamm\* or laborator\* or serum\* or surrogate\* or viral) adj2 marker\*).tw.
- 40 \*Eosinophils/

Mee	dline Strategy, searched 8 <sup>m</sup> August 2017		
Dat	abase: Ovid MEDLINE(R) 1946 to July Week 4 2017		
Sea	rch Strategy:		
41	(eosinophil* or eosinophyl*).tw.		
42	(acidophil* adj2 (granulocyte* or leucocyte* or leukocyte*)).tw.		
43	or/36-42		
44	*Sputum/		
45	sputum*.tw.		
46	or/44-45		
47	*Oximetry/		
48	(pulse* adj2 oximetr*).tw.		
49	((oxygen* or O2) adj2 saturation).tw.		
50	or/47-49		
51	*Polycythemia/		
52	(erythrocythemia* or polycytemia* or polycythemia* or polycythaemia* or polyerythemia*		
or p	olyglob*).tw.		
53	or/51-52		
54	*Interleukin-6/		
55	(b cell* adj2 (differentiat* or stimulat*) adj2 factor*).tw.		
56	(bsf-2 or ifn-beta 2 or il-6 or (interferon adj2 (beta-2 or beta2)) or interleukin-6 or mgi-2).tw.		
57	(interleukin adj2 (b or hp1)).tw.		
58	(protein* adj2 26*).tw.		
59	(myeloid adj2 differentiat*).tw.		
60	((hepatocyte* or hybridoma* or plasmacytoma*) adj3 factor*).tw.		
61	(a1pi or prolastin or zemaira).tw.		
62	((antipro* or antitrypsin or pi or protease or proteinase or trypsin) adj2 alpha).tw.		
63	serpin a1.tw.		
64	or/54-63		
65	*Diagnostic Imaging/		
66	(diagnos* adj2 (imag* or scan* or tomograph*)).tw.		
67	exp *Tomography, X-Ray Computed/		
68	((CT or CAT) adj2 (imag* or diagnos* or scan* or detect* or exam* or tomograph*)).tw.		
69	(cine-ct or tomodensitometr*).tw.		
70	((compute* or electro*) adj2 tomograph*).tw.		
71	*X-Rays/		
72	(x-ray* or xray* or x-radiation*).tw.		
73	((radiation* or ray*) adj2 roentgen).tw.		
74	exp *Positron-Emission Tomography/		
75	((positron or PET or FDG) adj2 (imag* or scan* or tomograph*)).tw.		
76	(PET adj2 FDG).tw.		
77	exp *Echocardiography/ or exp *Electrocardiography/		
78	((cardi* or heart* or myocardium) adj2 scan*).tw.		
79	(cardiog* or cardioecho* or (cardi* adj2 echo*) or ecg or ekg or echocardiog* or echog* or		
elec	electrocardiog* or (electro adj2 cardiog*) or electromyocardiog* or polycardiog*).tw.		
80	or/65-79		
01	*Evereise Teleranse/		

- 81 \*Exercise Tolerance/
- 82 exp \*Exercise Test/
## Medline Strategy, searched 8<sup>th</sup> August 2017

#### Database: Ovid MEDLINE(R) 1946 to July Week 4 2017 Search Strategy:

- 83 (exercis\* adj2 (capacit\* or tolerance or test\*)).tw.
- 84 ((fitness or step\* or treadmill\* or walk\*) adj2 test\*).tw.
- 85 ((six or shuttle\* or "6") adj2 walk\*).tw.
- 86 or/81-85
- 87 (ADO or BODE or BODEx or mBODE or CAT or CCQ or CODEX or DECAF or GOLD or SGRQ).tw.
- 88 (COPD adj2 assess\* adj2 test\*).tw.
- 89 "Global Initiative for Chronic Obstructive Lung Disease".tw.
- 90 (DOSE adj2 (index\* or indice\*)).tw.
- 91 ((COPD or St George\*) adj4 questionnaire\*).tw.
- 92 ((dyspnea\* or dyspnoea\* or dyspneic or breathless\*) adj4 (borg or mrc or mmrc or medical research council or scale\* or scor\* or tool\*)).tw.
- 93 \*"Predictive Value of Tests"/
- 94 \*"Severity of Illness Index"/
- 95 \*"Surveys and Questionnaires"/

96 ((severity or assess\* or multicomponent or multi-component or multidimensional or multidimensional or prognos\*) adj2 (index\* or indice\* or survey\* or tool\* or questionnaire\* or grad\* or rate or rating or scale\* or scor\*)).tw.

- 97 (severity adj2 assess\*).tw.
- 98 ((scor\* or grad\* or rate or rating) adj2 (scale\* or system\*)).tw.
- 99 or/87-98
- 100 25 or 29 or 32 or 35 or 43 or 46 or 50 or 53 or 64 or 80 or 86 or 99
- 101 12 and 100
- 102 sensitiv:.mp.
- 103 predictive value:.mp.
- 104 accurac:.tw.
- 105 or/102-104
- 106 prognos:.tw.
- 107 first episode.tw.
- 108 cohort.tw.
- 109 or/106-108
- 110 105 or 109
- 111 101 and 110
- 112 limit 111 to english language
- 113 limit 112 to (letter or historical article or comment or editorial or news or case reports)
- 114 112 not 113

Note: McMaster optimal diagnosis and specific prognosis filters were appended. This was adapted for Wiley database.

# Study design filters and limits

The McMaster optimal diagnosis and specific prognosis filters were appended to the search strategies and are presented below. They were translated for use in the MEDLINE In-Process, Embase and Wiley databases.

## Study design filters

The MEDLINE McMaster optimal diagnosis and specific prognosis filters are presented below.

McMaster optimal diagnosis sensitiv:.mp. OR predictive value:.mp. OR accurac:.tw. McMaster specific prognosis

prognos:.tw. OR first episode.tw. OR cohort.tw.

An English language limit has been applied and certain publication types (letters, historical articles, comments, editorials, news and case reports) have been excluded.

The search is not date limited as it covers multiple review questions and the 2004 recommendations were not based on a systematic literature search.

# Health Economics search strategy

## Economic evaluations and quality of life data

## Sources searched:

- NHS Economic Evaluation Database NHS EED (Wiley) (legacy database)
- Health Technology Assessment (HTA Database)
- EconLit (Ovid)
- Embase (Ovid)
- MEDLINE (Ovid)
- MEDLINE In-Process (Ovid)

Search filters to retrieve economic evaluations and quality of life papers were appended to population search terms in MEDLINE, MEDLINE In-Process and EMBASE to identify relevant evidence and can be seen below. Searches were carried out on 5<sup>th</sup> May 2017 with a date limit from the previous search of January 2009 – May 2017. Searches were re-run in February 2018.

An English language limit has been applied. Animal studies and certain publication types (letters, historical articles, comments, editorials, news and case reports) have been excluded.

## Health economics filters

The MEDLINE economic evaluations and quality of life search filters are presented below. They were translated for use in the MEDLINE In-Process and Embase databases. Economic evaluations

- 1 Economics/
- 2 exp "Costs and Cost Analysis"/
- 3 Economics, Dental/

#### The MEDLINE economic evaluations and quality of life search filters are presented below. They were translated for use in the MEDLINE In-Process and Embase databases. Economic evaluations

# 4 exp Economics, Hospital/

- 5 exp Economics, Medical/
- 6 Economics, Nursing/
- 7 Economics, Pharmaceutical/
- 8 Budgets/
- 9 exp Models, Economic/
- 10 Markov Chains/
- 11 Monte Carlo Method/
- 12 Decision Trees/
- 13 econom\$.tw.
- 14 cba.tw.
- 15 cea.tw.
- 16 cua.tw.
- 17 markov\$.tw.
- 18 (monte adj carlo).tw.
- 19 (decision adj3 (tree\$ or analys\$)).tw.
- 20 (cost or costs or costing\$ or costly or costed).tw.
- 21 (price\$ or pricing\$).tw.
- 22 budget\$.tw.
- 23 expenditure\$.tw.
- 24 (value adj3 (money or monetary)).tw.
- 25 (pharmacoeconomic\$ or (pharmaco adj economic\$)).tw.
- 26 or/1-25

Quality of life

- 1 "Quality of Life"/
- 2 quality of life.tw.
- 3 "Value of Life"/
- 4 Quality-Adjusted Life Years/
- 5 quality adjusted life.tw.
- 6 (qaly\$ or qald\$ or qale\$ or qtime\$).tw.
- 7 disability adjusted life.tw.
- 8 daly\$.tw.
- 9 Health Status Indicators/

10 (sf36 or sf 36 or short form 36 or shortform 36 or sf thirtysix or sf thirty six or shortform thirtysix or short form thirtysix or short form thirtysix.

11 (sf6 or sf 6 or short form 6 or shortform 6 or sf six or sfsix or shortform six or short form six).tw.

12 (sf12 or sf 12 or short form 12 or shortform 12 or sf twelve or sftwelve or shortform twelve or short form twelve).tw.

13 (sf16 or sf 16 or short form 16 or shortform 16 or sf sixteen or sfsixteen or shortform sixteen or short form sixteen).tw.

14 (sf20 or sf 20 or short form 20 or shortform 20 or sf twenty or sftwenty or shortform twenty or short form twenty).tw.

- 15 (euroqol or euro qol or eq5d or eq 5d).tw.
- 16 (qol or hql or hqol or hrqol).tw.
- 17 (hye or hyes).tw.

The The Eco	MEDLINE economic evaluations and quality of life search filters are presented below. y were translated for use in the MEDLINE In-Process and Embase databases. nomic evaluations
18	health\$ year\$ equivalent\$.tw.
19	utilit\$.tw.
20	(hui or hui1 or hui2 or hui3).tw.
21	disutili\$.tw.
22	rosser.tw.
23	quality of wellbeing.tw.
24	quality of well-being.tw.
25	qwb.tw.
26	willingness to pay.tw.
27	standard gamble\$.tw.
28	time trade off.tw.
29	time tradeoff.tw.
30	tto.tw.
31	or/1-30

# Appendix D – Clinical evidence study selection



# Appendix E – Clinical evidence tables

# Confirming diagnosis of COPD

# Systematic review

Author (year)	Title	Study characteristics	Quality assessment
Li (2012)	Diagnostic value of computed tomography in chronic obstructive pulmonary disease: a	Study details• Dates searchedAll of the databases were searched from their inception to October 2011.• Databases searched	<ul> <li>Study eligibility criteria</li> <li>Low risk of bias</li> </ul>
	systematic review and meta-analysis	<ul> <li>PUBMED, EMBASE, CNKI, VIP, CBM, WANFANG, The Cochrane Library.</li> <li>Sources of funding Not stated.</li> </ul>	Identification and selection of studies • Low risk of bias
		<ul> <li>Study inclusion criteria</li> <li>Type of research was a diagnostic test that assessed the diagnostic accuracy of CT, HRCT, LDCT, or MDST for COPD</li> <li>Sensitivity and specificity were reported or a 2 x 2 contingency table could be (re-) constructed</li> <li>Diagnostic method for evaluation of test was CT imaging diagnosis, and reference standard was PTF</li> <li>The publication was a full report</li> </ul>	Data collection and study appraisal • High risk of bias Study characteristics were insufficient to interpret the results Synthesis and findings • Low risk of bias
			<ul><li>Overall quality</li><li>Moderate</li></ul>

Author (year)	Title	Study characteristics	Quality assessment
		Study exclusion criteria	Study characteristics were
		None reported	insufficient to interpret the results
		Participant inclusion criteria • None reported	Applicability as a source of data • Partially applicable Participants inclusion/exclusion criteria were not reported. It might be possible that participants did not
		Participant exclusion criteria	match the target population of this
		None reported	review question.
		Index test(s) • Chest CT	
		Reference standard(s)	
		• Other	
		Pulmonary function tests.	
		Outcomes • Sensitivity • Specificity • Positive likelihood ratio • Negative likelihood ratio	

Author (year)	Title	Study characteristics	Quality assessment
		Included studies from the systematic review	
		Kurashima 2005	
		Excluded studies from the systematic review	
		• Li 2008	
		Chinese	
		• Chen 2009	
		Chinese	
		• Long 2008	
		Chinese	
		• Miao 2010	
		Chinese	
		Tsushima 2010	
		Does not contain a population of people with suspected COPD	
		• Marsh 2007	
		Does not contain a population of people with suspected COPD	
		• Mets 2011	
		Does not contain a population of people with suspected COPD	

# **Observational studies**

Author (year) Title Study characteristics Quality assessment

Garcia-Pachon	Can pulse oximetry select	Study type	Patient selection
(2004)	patients for screening spirometry?	Cross-sectional study	Low risk of bias
		Study details	Index test
		Study location	High risk of bias
		Spain.	A pre-specified threshold was not
		Study setting	used.
		Outpatient Pulmonary Clinic.	
		Study dates	
		Not stated.	Reference standard
		Loss to follow-up	Low risk of bias
		Not applicable.	
		Sources of funding	
		Not stated.	Flow and timing
			Low risk of bias
		Inclusion criteria	
		Primary care physicians referral for evaluation of respiratory	Overall risk of bias
		problems including sleep-disordered breathing	• High
			A pre-specified threshold was not
			used
		Exclusion criteria	
		<ul> <li>Referral because of dyspnea/ breathlessness</li> </ul>	Directness
		Patients presenting with basal dyspnea/ breathlessness score	Directly applicable
		higher than 1 in the Medical Research Council Scale	
		<ul> <li>Patients unable to perform spirometry</li> </ul>	

Patients with haemoptysis, or with suspicion of tuberculosis
Sample characteristics
Sample size
210
%female
27%
Mean age (SD)
62 vears (11)
Smoking status and history
History of smoking of more than 20 pack-years in 110 participants
• FEV1 % predicted (mean_SD)
103 participants had FEV1 value <80%
Index test(s)
• Dulse evimetry (peripheral exygen saturation, SpO2)
% rule oximetry (perphetal oxygen saturation, SpO2)
% OF Alterial Oxygen Saturation. <90 <97 <90
Reference standard(s)
Post-bronchodilator spirometry in a stable patient
COPD was defined as FEV1/FVC <0.70.
Outcomes
Sensitivity
Specificity

		Positive likelihood ratio	
		Negative likelihood ratio	
Kurashima (2005)	High resolution CT and	Study type	Patient selection
	bronchial reversibility test for	Cross-sectional study	<ul> <li>Low risk of bias</li> </ul>
	diagnosing COPD		
		Study details	Index test
		Study location	Unclear risk of bias
		Japan	Unclear whether the index test
		Study setting	results were interpreted without
		Respiratory clinic	knowledge of the results of the
		Study dates	reference standard
		January 2002 to June 2003	
		Loss to follow-up	Reference standard
		Not applicable	Unclear risk of bias
		Sources of funding	I Inclear whether the reference
		Not stated	standard results were interpreted
			without knowledge of the results
			of the index test
		Inclusion oritoria	or the moex lest
		Description criteria	
		• Respiratory symptoms for at least 2 months	Flow and timing
		• FEV1/FVC <70%, 30 minutes after inhaled salbutamol	Low risk of bias
		Exclusion criteria	Overall risk of bias
		None reported	Moderate
			Unclear whether the reference
			standard/index test results were

	Sample characteristics	interpreted without knowledge of
	Sample size	the results of the index
	516	test/reference standard
	• %female	
	10.5%	Directness
	Mean age (SD)	Directly applicable
	69.0 years (0.1)	
	Smoking status and history	
	Never smoked 10.9% Ex-smoker 79.3% Current smoker 9.8%	
	• FEV1, % predicted (mean, SD)	
	58.6 (1.0)	
	Index test(s)	
	Chest CT	
	High resolution thoracic CT	
	Reference standard(s)	
	Clinical diagnosis of COPD	
	GOLD	
	Outcomes	
	Sensitivity	
	Specificity	

Miniati (2011)	Computer-aided recognition of	Study type	Patient selection
	emphysema on digital chest	Cross-sectional study	Unclear risk of bias
	radiography		Inclusion/exclusion criteria of
			participants were not reported
		Study details	
		Study location	Index test
		Italy.	Low risk of bias
		Study setting	
		Institute of Clinical Physiology.	
		Study dates	Reference standard
		June 2007 to July 2008.	Low risk of bias
		Loss to follow-up	
		Not applicable.	
		Sources of funding	Flow and timing
		National Research Council of Italy. Department of Medical and	Low risk of bias
		Surgical Critical Care, University of Florence, Italy.	
			Overall risk of bias
		Inclusion criteria	Moderate
		None reported	Inclusion/exclusion criteria of
			participants were not reported
		Exclusion criteria	
		None reported	Directness
			Partially applicable
			Pulmonary arterial hypertension
		Sample characteristics	was suspected in 15% of the
		Sample size	sample before CT scan was
		225	

	• %female	performed
	Derivation sample= 19%	
	Validation sample= 44%	
	• Mean age (SD)	
	Median age (interquartile range [IQR])	
	Derivation sample= 65 years (46 to 70)	
	Validation sample= 66 years (57 to 73)	
	Smoking status and history	
	Not reported	
	• FEV1, % predicted (mean, SD)	
	Not reported	
	Index test(s)	
	Chest X-ray	
	Computer-aided procedure to recognise emphysema on digital	
	chest X-ray	
	onoci x ruy	
	Poforonco standard(s)	
	• CT demonstration of emphysema	
	Outcomes	
	• Sonsitivity	
	• Specificity	

Tilemann (2011)	Differences in local and	Study type	Patient selection
, , , , , , , , , , , , , , , , , , ,	systemic inflammatory markers	Cross-sectional study	Low risk of bias
	in patients with obstructive		
	airways disease		
		Study details	Index test
		Study location	• High risk of bias
		Germany	It is unclear whether index test
		Study setting	results were interpreted without
		General Practice and University Medical Hospital	knowledge of the results of the
		Study dates	reference standard. Thresholds
		Not stated	were not pre-specified
		Loss to follow-up	
		Not applicable	
		Sources of funding	Reference standard
		Federal Ministry of Education and Research (BMBF), Germany	High risk of bias
			It is unclear whether reference
			standard results were interpreted
		Inclusion criteria	without knowledge of the results
		Respiratory symptoms for at least 2 months	of the index test
		Breathlessness, coughing and/or expectoration	
			Flow and timing
		Exclusion criteria	Unclear risk of bias
		Respiratory tract infections in the 6 weeks prior to investigation	Unclear whether all participants
		Namely, pregnancy, untreated hyperthyroidism, unstable coronary	were included to calculate
		artery disease, and cardiac arrhythmia	sensitivity, specificity, positive and
			negative predictive values
			because table 2 x 2 was to

Sample characteristics	reported
Sample size	
210	
%female	Overall risk of bias
Asthma 64%	• High
COPD 52.8%	It is unclear whether index
Partial reversibility 46.2%	test/reference standard results
No obstructive airways disease (OAD) 58.	7% were interpreted without
Mean age (SD)	knowledge of the results of the
Asthma 38.0 years (14.6)	reference standard/index test.
COPD 56.8 years (11.7)	Thresholds for index test were not
Partial reversibility 57.9 years (11.2)	pre-specified.
No OAD 42.3 years (14.4)	Unclear whether all participants
<ul> <li>Smoking status and history</li> </ul>	were included to calculate
Asthma	sensitivity, specificity, positive and
Current smokers 19.8%	negative predictive values
Past smokers 12.8%	because table 2 x 2 was to
Never smokers 67.4%	reported
COPD	
Current smokers 47.2%	Directness
Past smokers 36.1%	Directly applicable
Never smokers 16.7%	
Partial reversibility	
Current smokers 61.5%	
Past smokers 23.1%	
Never smokers 15.4%	
No OAD	
Current smokers 28.0%	
Past smokers 12.0%	
Never smokers 60.0%	

	• FEV1, % predicted (mean, SD) Asthma 99.7 (12.0) COPD 69.1 (17.1) Partial reversibility 67.6 (17.2) No OAD 106.3 (12.8)	
	Index test(s) • Systemic inflammatory markers including eosinophil count High-sensitivity C-reactive protein concentrations (hs-CRP). The best cut-off values to discriminate between COPD and no COPD	
	<ul> <li>were hs-CRP concentrations of 2.39mg/L and 3.5mg/L</li> <li>Reference standard(s)</li> <li>Post-bronchodilator spirometry in a stable patient Patients with forced expiratory volume in one second (FEV1) &lt;80%</li> </ul>	
	of predicted received a bronchodilation test with an additional whole body plethysmography 20 mins after inhaling 400 $\mu$ g salbutamol. An OAD was diagnosed if FEV1/vital capacity (VC) was $\leq$ 0.7. The obstruction was classified as irreversible (indicating COPD) if the post-bronchodilator FEV1 was less than 12% compared with baseline and was below 200mL.	
	Outcomes • Sensitivity • Specificity	

# Predicting outcomes using multidimensional severity assessment indices for people with an existing diagnosis of COPD

Author (year)	Title	Study characteristics	Quality assessment
Andrianopoulos	Prognostic value	Named study cohort	Participant selection
(2015)	of variables	ECLIPSE study	Low risk of bias
. ,	derived from the		
	six-minute walk	Study type	
	test in patients	Prospective cohort study	Predictors
	with COPD:		<ul> <li>Low risk of bias</li> </ul>
	Results from the	Study details	
	ECLIPSE study	• Study location	0.4
		Bulgaria, Canada, Czech Republic, Denmark, Netherlands, New Zealand, Norway,	Outcome
		Siovenia, Spain, Okraine, United Kingdom, United States.	• Low risk of blas
		• Study setting	
		• Study dates	Sample size and
		December 2005 to February 2010	participant flow
		Duration of follow-up	Low risk of bias
		3 vears	
		Loss to follow-up	
		There was no loss at follow-up	Analysis
		Sources of funding	<ul> <li>Low risk of bias</li> </ul>
		Not stated	
		Inclusion criteria	Overall risk of bias
		• Age	• Low
		40 to 75 years	
		Smoking history	

Author (year)	Title	Study characteristics	Quality assessment
			Directures
		210 pack-years	Directness
		Diagnosis of COPD	Directly applicable
		Exclusion criteria	
		None reported	
		Sample characteristics	
		Sample size	
		2010	
		• % female	
		35%	
		• Mean age (SD)	
		63.4 years (7.1)	
		Smoking details	
		Current smokers 36%	
		• FEV1 %, predicted (mean (SD))	
		48.5 (15.5)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnea/breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	
		Multivariate regression model adjusted covariates	
		• Age	
		Smoking status	
		• Gender	
		Body Mass Index (BMI)	
		• FEV1 %, predicted	
		SGRQ (St George's Respiratory Questionnaire total score)	

Author (year)	Title	Study characteristics	Quality assessment
		• FEV1/EVC ratio	
		• Emphysema	
		Moasuras	
		Sensitivity and specificity	
		Hozard ratios	
		Outcome(s)	
		Mortality	
		All-cause mortality	
		Hospitalisations	
Ansari (2016)	Body mass	Study type	Participant selection
	index, airflow	Prospective cohort study	<ul> <li>Low risk of bias</li> </ul>
	obstruction and		
	dyspnea and	Study details	
	body mass	Study location	Predictors
	index, airflow	UK	<ul> <li>Low risk of bias</li> </ul>
	obstruction,	Study setting	
	dyspnea scores,	Primary care.	
	age and pack	Study dates	Outcome
	years-predictive	September 1999 to December 2010.	<ul> <li>Low risk of bias</li> </ul>
	properties of	Duration of follow-up	
	new	Median of 10 years.	
	multidimensional	Loss to follow-up	Sample size and
	prognostic	The whole cohort was analysed.	participant flow
	indices of		· ·

Author (year)	Title	Study characteristics	Quality assessment
	chronic	Sources of funding	Low risk of bias
	obstructive	Higher Education Commission, Pakistan and Sunderland Royal Hospital.	
	pulmonary		
	disease in	Inclusion criteria	Analysis
	primary care	Clinically stable COPD	<ul> <li>High risk of bias</li> </ul>
		• Age	A pre-specified threshold
		>40 years	was not used
		Diagnosis of COPD	
		Based on GOLD criteria	a
		Pulmonary function test results	Overall risk of bias
		• COPD symptoms Chronic courch (with or without sputum), broathlossness (with or without exertion)	• High
		wheezing and chronic ainway obstruction	A pre-specified threshold
		COPD treatment	was not used
		Stable COPD treatment	Directness
			Directly applicable
		Exclusion criteria	
		Reversible airflow obstruction	
		>15% and >200 ml post-bronchodilator increase in FEV1	
		Sample characteristics	
		Sample size	
		458	
		• % female	
		51%	
		Mean age (SD)	
		64.7 years (9.7)	
		Smoking details	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>87% of the cohort was either current or ex-smokers. Mean pack year history was 33.3 years (SD 18.9). Among current smokers: 53% were women and 29% were men.</li> <li>• FEV1 %, predicted (mean (SD)) Survivors: 63.3 (20.3). Non-survivors: 55.8 (19.9).</li> </ul>	
		Relevant prognostic factor(s) <ul> <li>BODS index</li> <li>BODAS index</li> <li>BOD index (dyspnea/ breathlessness, FEV1 and BMI)</li> </ul>	
		Measures <ul> <li>c-statistic</li> <li>Sensitivity and specificity</li> </ul>	
		Outcome(s) • Mortality	
Casanova (2005)	Inspiratory-to- total lung capacity ratio	Study type         • Prospective cohort study         Study details	Participant selection <ul> <li>Low risk of bias</li> </ul>
	mortality in patients with chronic obstructive pulmonary	<ul> <li>Study location</li> <li>USA and Spain.</li> <li>Study setting</li> <li>Pulmonary clinics in Boston, USA, and Tenerife and Zaragoza, Spain.</li> <li>Study dates</li> </ul>	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	disease. American	Participants were enrolled from December 1995 to August 2003. <ul> <li>Duration of follow-up</li> </ul>	

Author (year)	Title	Study characteristics	Quality assessment
	iournal of	Median follow-up of 34 months (range 1-62 months)	Outcome
	respiratory and	• Loss to follow-up	Low risk of bias
	critical care	No loss to follow-up reported.	
	medicine	Sources of funding	
	moulonio	Not stated, but authors have no conflicts of interest.	Sample size and
			participant flow
		Inclusion criteria	<ul> <li>Low risk of bias</li> </ul>
		Clinically stable COPD	
		For at least 6 weeks prior to participation in the study and receiving optimal medical	
		therapy.	Analysis
		Smoking history	Low risk of bias
		> 20 pack-years	
		Pulmonary function test results	
		FEV1/FVC< 0.7	Overall risk of bias
			• Low
		Exclusion criteria	
		Asthma or history of asthma	
		Defined as a change in FEV1 of > 200ml after bronchodilator treatment.	Directness
		Uncontrolled comorbidities	<ul> <li>Directly applicable</li> </ul>
		Those likely to affect mortality within 3 years such as malignancies or cardiovascular	
		disease.	
		Inability to perform the required tests	
		Sample characteristics	
		Sample size	
		689	
		• % female	
		5.4	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>Mean age (SD) Median age of survivors: 65 (range 48-79) Non-survivors: 68 (range 54-81)</li> <li>Comorbidities Charlson index Survivors: median 4 (range 1-9) Non-survivors: median 5 (range 2-12)</li> <li>Relevant prognostic factor(s)</li> <li>BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> <li>Measures <ul> <li>c-statistic</li> <li>Sensitivity and specificity</li> </ul> </li> </ul>	
		<ul> <li>Sensitivity and specificity</li> <li>Risk ratios</li> <li>Outcome(s)</li> <li>Mortality</li> <li>Additional comments</li> <li>Data for IC/TLC was not extracted as this is not a multidimensional index.</li> </ul>	
Casanova (2015)	Differential Effect of Modified Medical Research Council Dyspnea, COPD Assessment	Named study cohort     CHAIN     Multivariate regression model adjusted covariates     Study type     Prospective cohort study	Participant selection • Unclear risk of bias The confounding comorbidities used to exclude participants are not stated.

Author (year)	Title	Study characteristics	Quality assessment
	Test, and Clinical COPD Questionnaire for Symptoms Evaluation Within the New GOLD Staging and Mortality in COPD	Study details         • Study location         Spain         • Study setting         University hospitals in Spain         • Study dates         Participants were recruited from January 2010 to March 2012 and followed up until May         2014 for the current study.         • Duration of follow-up         Up to 5 years; time varies depending on date of recruitment (38 months on average).         • Loss to follow-up         No loss to follow-up mentioned in paper; mortality data was available for 768/768 (100%) of participants.         • Sources of funding         Astra Zeneca         Inclusion criteria         • Clinically stable COPD         Stable for at least 8 weeks and receiving optimal medical therapy.         • Smoking history         ≥ 10 pack -years         • Diagnosis of COPD         FEV1/FCV <0.7 after 400 micrograms of inhaled albuterol.	<ul> <li>Predictors <ul> <li>Low risk of bias</li> </ul> </li> <li>Outcome <ul> <li>Low risk of bias</li> </ul> </li> <li>Sample size and participant flow <ul> <li>Low risk of bias</li> </ul> </li> <li>Analysis <ul> <li>High risk of bias</li> </ul> </li> <li>Analysis <ul> <li>High risk of bias</li> </ul> </li> <li>Multivariate analysis was not adjusted for confounding variables such as smoking status and comorbidities. Data is only presented for some prognostic factors in the multivariate analysis; CAT and CCQ data is not shown.</li> <li>Low risk of bias</li> <li>For c-statistic data.</li> </ul>

Author (year)	Title	Study characteristics	Quality assessment
		Such as malignancy at baseline or other confounding diseases that could interfere with	Overall risk of bias
		the study.	• High
			For HR due to lack of
		Sample characteristics	adjustment for confounding
		Sample size	variables and selective data
		768	presentation.
		• % female	• Low
		17.5	For c-statistic data.
		• Mean age (SD)	
		68 years (9)	Directory
		• Smoking details	Directness
		ACTIVE SMOKERS: 30%	Directly applicable
		• Comorbidities	
		• EEV/1 % predicted (mean (SD))	
		60 (20)	
		Relevant prognostic factor(s)	
		CCQ (Clinical COPD Questionnaire score)	
		• GOLD 2011	
		CAT (COPD Assessment Test)	
		• FEV1	
		Multivariate regression model adjusted covariates	
		• No adjustments made for covariates	

Author (year)	Title	Study characteristics	Quality assessment
		Measures  • c-statistic  • Hazard ratios  Outcome(s)	
		• Mortality All-cause mortality	
Celli (2004)	The body-mass index, airflow obstruction,	<ul> <li>Named study cohort</li> <li>May be part of the BODE cohort, not clear from paper.</li> <li>Multivariate regression model adjusted covariates</li> </ul>	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	dyspnea, and exercise capacity index in chronic	Study type • Prospective cohort study	<ul><li>Predictors</li><li>• Low risk of bias</li></ul>
	obstructive pulmonary disease	Study details         • Study location         United States, Spain, and Venezuela         • Study setting         Unspecified clinics	Outcome • Low risk of bias
		<ul> <li>Study dates</li> <li>Not stated, but participants were recruited between January 1997 and June 2002</li> <li>Duration of follow-up</li> <li>Median follow-up of 28 months (range 4 to 68).</li> <li>Loss to follow-up</li> </ul>	Sample size and participant flow • Low risk of bias
		598/625 (95.7%) of participants completed the trial.	Analysis <ul> <li>Unclear risk of bias</li> <li>The model was validated in a</li> </ul>

Author (year)	Title	Study characteristics	Quality assessment
		• Sources of funding	separate cohort to the
		Vet stated	derivation one and
			bootstrapping was used
		Inclusion criteria	during the analysis
		Clinically stable COPD	However the regression
		Also receiving appropriate therapy If on oxygen then a stable dose for 6 months was	model was only adjusted for
		required.	comorbidities leaving other
		Smoking history	potential confounders such
		> 20 pack-years	as age and smoking status
		Pulmonary function test results	unaccounted for.
		FEV1/FVC <0.7 measured 20 mins after the administration of albuterol.	
		Exclusion criteria	Overall risk of bias
		Asthma or history of asthma	• Low
		Defined as an increase in the FEV 1 of more than 15 percent above the base-line value	
		or of 200 ml after the administration of a bronchodilator.	
		Inability to perform the required tests	Directness
		<ul> <li>Illness, other than COPD, that is likely to cause death</li> </ul>	<ul> <li>Directly applicable</li> </ul>
		Within 3 years	
		Sample characteristics	
		Sample size	
		Validation cohort of 625 Spain: 223 Venezuela: 54 USA: 348	
		• % female	
		Not stated	
		Mean age (SD)	
		Spain: 66 (8) Venezuela: 64 (10) USA: 67 (9)	
		Comorbidities	

Author (year)	Title	Study characteristics	Quality assessment
		Charlson index, mean (SD) Spain: 2.9 (1.3) Venezuela: 3.9 (1.5) USA: 5.3 (3.1) • FEV1 %, predicted (mean (SD)) Spain: 47 (17) Venezuela: 47 (19) USA: 39 (15)	
		<ul> <li>Relevant prognostic factor(s)</li> <li>BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> <li>FEV1</li> </ul>	
		Multivariate regression model adjusted covariates• ComorbiditiesUsing the Charlson index	
		Measures • c-statistic • Hazard ratios	
		Outcome(s) • Mortality	
Chan (2016)	Prognostic utility of the 2011 GOLD	Study type • Prospective cohort study+ Study details	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	and other multidimensional tools in Asian COPD patients:	Study location     Singapore     Study setting     Unspecified university hospital	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
		Study dates	

Author (year)	Title	Study characteristics	Quality assessment
	a prospective	March 2008 and March 2013	Outcome
	cohort study	Duration of follow-up	<ul> <li>Low risk of bias</li> </ul>
		5 years	
		Loss to follow-up	
		Not stated so assuming 1110/1110 (100%) of participants completed the study.	Sample size and
		Sources of funding	participant flow
		No funding was received for this study.	Unclear risk of bias
			Unclear whether all
		Inclusion criteria	participants completed the
		Diagnosis of COPD	trial.
		Patients with dyspnea, chronic cough, and/or sputum production with at least 10 pack-	
		years of smoking and persistent airflow limitation as evidenced by a post-bronchodilator	
		FEV1/forced vital capacity ratio of <0.7.	Analysis
			Unclear risk of bias
		Exclusion criteria	The confounding variables
		None reported	that were adjusted for in the
			analysis were not specified.
		Sample characteristics	
		Sample size	
		1,110	Overall risk of bias
		• % female	Moderate
		11.2	Due to the lack of information
		• Mean age (SD)	regarding the number of
		71.7 years (9.3)	participants lost to follow up
		FEV1 %, predicted (mean (SD))	and the confounding
		GOLD A: 64.3 (11.4) GOLD B: 61.9 (10.9) GOLD C: 41.4 (11.8) GOLD D: 38.2 (11.1)	variables adjusted for in the

Author (year)	Title	Study characteristics	Quality assessment
		Relevant prognostic factor(s)         • BOD index (dyspnea/ breathlessness, FEV1 and BMI)	statistical analysis.
		• GOLD 2011 • GOLD 2007	Directness <ul> <li>Directly applicable</li> </ul>
		Multivariate regression model adjusted covariates <ul> <li>Unspecified</li> </ul>	
		Possible co-founding co-variates were adjusted for, but the study does not mention which were used.	
		Measures • c-statistic	
		Hazard ratios	
		Outcome(s) • Mortality	
		• Exacerbations Defined as an increase in symptoms not relieved by usual reliever medications and requiring either emergency department attendance and/or admission into the hospital.	
Chan (2017)	Role of BMI, airflow obstruction, St	Study type  Prospective cohort study	Participant selection • Unclear risk of bias Inclusion/exclusion criteria of
	George's Respiratory	Study details <ul> <li>Study location</li> </ul>	participants were not reported
	and age index in	Study setting     University hospital	

Author (year)	Title	Study characteristics	Quality assessment
	prognostication	Study dates	Predictors
	of Asian COPD	March 2008 to March 2013	• Low risk of bias
		Duration of follow-up	
		Median of 4.07 years	
		• Loss to follow-up	Outcome
		No information provided so it appears that 100% of participants were included in the	<ul> <li>Low risk of bias</li> </ul>
		analysis	
		Sources of funding	
		Not stated	Sample size and
			participant flow
		Inclusion criteria	<ul> <li>Low risk of bias</li> </ul>
		None reported	
		Exclusion criteria	Analysis
		None reported	Low risk of bias
		Sample characteristics	
		Sample size	Overall risk of bias
		772	Moderate
		• % female	Inclusion/exclusion criteria of
		BOSA group 1: 7.4%	participants were not
		BOSA group 2: 9.7%;	reported
		BOSA group 3: 14.4%	
		BOSA group 4: 17.9%	Directness
		Mean age (SD)	<ul> <li>Directly applicable</li> </ul>
		BOSA group 1: 65.6 years (7.4)	
		BOSA group 2: 71.8 years (9.0)	
		BOSA group 3: 73.1 years (8.5)	

Author (year)	Title	Study characteristics	Quality assessment
		BOSA group 4: 78.3 years (7.3)	
		• FEV1 %, predicted (mean (SD))	
		BOSA group 1: 58.0% (14.9)	
		BOSA group 2: 47.7% (15.3)	
		BOSA group 3: 41.2% (12.0)	
		BOSA group 4: 36.2% (11.4)	
		Relevant prognostic factor(s)	
		• BOSA (BMI, FEV1 %, SGRQ, age)	
		Multivariate regression model adjusted covariates	
		• Gender	
		• Race	
		Measures	
		• c-statistic	
		Sensitivity and specificity	
		Hazard ratios	
		Outcome(s)	
		• Mortality	
Chen (2015a)	Validation of the	Associated studies	Participant selection
· · · ·	GOLD 2013	Chen Chiung-Zuei, Ou Chih-Ying, Yu Chun-Hsiang, Yang Szu-Chun, Chang Han-Yu, and	<ul> <li>Low risk of bias</li> </ul>
	classification in	Hsiue Tzuen-Ren (2015) Comparison of global initiative for chronic obstructive pulmonary	
	predicting	disease 2013 classification and body mass index, airflow obstruction, dyspnea, and	
	exacerbations	exacerbations index in predicting mortality and exacerbations in elderly adults with	
	and mortality in		

Author (year)	Title	Study characteristics	Quality assessment
	Taiwanese patients with	chronic obstructive pulmonary disease. Journal of the American Geriatrics Society 63, 244-50	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	obstructive pulmonary disease	Ou Chih-Ying, Chen Chiung-Zuei, Yu Chun-Hsiang, Shiu Chih-Hui, and Hsiue Tzuen-Ren (2014) Discriminative and predictive properties of multidimensional prognostic indices of chronic obstructive pulmonary disease: a validation study in Taiwanese patients. Respirology (Carlton, and Vic.) 19, 694-9	Outcome • Low risk of bias
		Study type • Prospective cohort study	Sample size and participant flow • High risk of bias <i>Chen 2015a: data was only</i>
		Study details <ul> <li>Study location</li> </ul>	available for 65% of participants for
		Study setting     National Cheng Kung University Medical Center, Tainan.	Chen 2015b: data was only available for 61% of
		• Study dates Not stated, but participants were diagnosed with COPD between January 2006 and December 2012 at the hospital.	participants for exacerbations; 80% for mortality.
		• Duration of follow-up Chen 2015a: median follow-up of 2.9 years (range 1.4-4.1). Chen 2015b: median follow-up of 2.8 years (range 0.2-6.9).	• Low risk of bias Data was available for 90% of participants for mortality.
		Chen 2015a: data was analysed for 471/518 (90.0%) of participants for mortality; 338/518 (65.3%) for exacerbations. Chen 2015b: data was analysed for 354/429 (80.4%) for mortality: 262/429 (61.1%) for	Analysis • Unclear risk of bias
		exacerbations.	OR data was not adjusted for

Author (year)	Title	Study characteristics	Quality assessment
		Sources of funding	confounding variables
		Grants NSC 99-2314-B-006-040 and NSC 102- 2314-B-006-044 from the National	Low risk of bias
		Science Council and NCKUH 9903016 from the National Cheng Kung University	For AUC data
		Hospital.	
		Inclusion criteria	Overall risk of bias
		Clinically stable COPD	Moderate
		• Age	For exacerbations in both
		≥ 40 years	Chen 2015a and Chen
		Pulmonary function test results	2015b for mortality also as
		FEV1/FVC <0.7	there was high loss to follow-
			up in both studies
		Exclusion criteria	• Low
		Current malignancy	For mortality in Chen 2015a
		Likely to result in death within 2 years.	as most participants were
		<ul> <li>Illness, other than COPD, that is likely to cause death</li> </ul>	included in the analysis. The
		Within 2 years (such as advanced malignancy or end-stage idiopathic pulmonary	measures used in the
		fibrosis).	evidence review (OR not
			included) were also at low
		Sample characteristics	risk of bias.
		Sample size	
		Chen 2015a: 518	
		Chen 2015b: 429	Directness
		• % female	<ul> <li>Directly applicable</li> </ul>
		Chen 2015a: 6.8 Chen 2015b: 7.0	
		Mean age (SD)	
		Chen 2015a: 71.1 years (10.0) for the 471 analysed participants	
		Chen 2015b: 75.7 years (5.9) for the 354 analysed participants.	

Author (year)	Title	Study characteristics	Quality assessment
		Smoking details	
		Chen 2015a: Current smoker: 63 8% History of smoking: 89 2%	
		Chen 2015b: Current smoker: 70.8%	
		• FEV1 %, predicted (mean (SD))	
		Chen 2015a: 61.6 (18.0)	
		Relevant prognostic factor(s)	
		• BODEx index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exacerbations)	
		• GOLD 2013	
		• GOLD 2007	
		Measures	
		• c-statistic	
		Odds ratios	
		Outcome(s)	
		• Mortality	
		All-cause and respiratory mortality	
		Exacerbations	
		Total (moderate and severe) and severe exacerbations (exacerbations requiring	
		hospitalisation). Moderate exacerbations were defined as exacerbations requiring	
		medical intervention with steroid or antibiotics.	
		Additional comments	
		To avoid double counting, data on GOLD 2013 was not extracted from Chen 2015b as it	
Author (year)	Title	Study characteristics	Quality assessment
---------------	---	--	----------------------------
		was unclear whether the same participants had already been included in the data taken from Chen 2015a.	
Chen (2015b)	Comparison of global initiative for chronic obstructive pulmonary disease 2013 classification and body mass index, airflow obstruction, dyspnea, and exacerbations index in predicting mortality and exacerbations in elderly adults with chronic obstructive pulmonary disease	<ul> <li>Associated studies         <ul> <li>Chen Chiung-Zuei, Ou Chih-Ying, Hsu Chih-Hui, and Hsiue Tzuen-Ren (2015a)</li> <li>Validation of the GOLD 2013 classification in predicting exacerbations and mortality in             Taiwanese patients with chronic obstructive pulmonary disease. Journal of the Formosan             Medical Association = Taiwan yi zhi 114, 1258-66.</li>             Ou Chih-Ying, Chen Chiung-Zuei, Yu Chun-Hsiang, Shiu Chih-Hui, and Hsiue Tzuen-Ren             (2014) Discriminative and predictive properties of multidimensional prognostic indices of             chronic obstructive pulmonary disease: a validation study in Taiwanese patients.             Respirology (Carlton, and Vic.) 19, 694-9</ul></li> </ul> <li>Additional comments         <ul>             Chen associates of this study are recorded in the associated study record for             Chen 2015a.</ul></li> To prevent double counting, data for GOLD 2013 was not extracted as it was unclear             whether some of the population were also included in Chen 2015a.	Please refer to Chen 2015a

Author (year)	Title	Study characteristics	Quality assessment
Cote (2008)	The modified	Namod study cohort	Participant soloction
	BODE index: validation with	May be part of the BODE cohort (not stated, but same enrolment criteria as BODE study and same countries involved).	Low risk of bias
	COPD.	Celli Bartolome R. Cote Claudia G. Marin Jose M. Casanova Ciro, Montes de Oca Maria.	Predictors
	00.2.	Mendez Reina A, Pinto Plata Victor, and Cabral Howard J (2004) The body-mass index, airflow obstruction, dyspnea, and exercise capacity index in chronic obstructive pulmonary	Low risk of bias
		disease. The New England journal of medicine 350, 1005-12	Outcome
			Low risk of bias
		Study type	
		Prospective cohort study	
			Sample size and
		Study details	participant flow
		Study location	<ul> <li>Low risk of bias</li> </ul>
		USA and Spain	
		Study setting	
		Participants were recruited at the Bay Pines Veterans Administration Health Care System	Analysis
		(Bay Pines, FL, USA) and St Elizabeth's Medical Centre (Boston, MA,UA) and Miguel Servet Hospital (Zaragoza, Spain).	<ul> <li>Low risk of bias</li> </ul>
		• Study dates	Overall risk of bias
		<ul> <li>Participants were recruited between 1996 and 2006 and followed until June 2008.</li> <li>Duration of follow-up</li> </ul>	• Low
		Not stated, but approximately 2 -12 years from study dates.	
		Loss to follow-up	
		Not stated, but it appears all participants were included in the analysis.	

Author (year)	Title	Study characteristics	Quality assessment
		Sources of funding     Not stated.  Inclusion criteria	Directness  • Directly applicable
		<ul> <li>Clinically stable COPD</li> <li>≥ 6 weeks with no exacerbations. Patients who were receiving inhaled oxygen had to have been taking a stable dose for at least six months before study entry.</li> <li>Smoking history</li> <li>&gt;20 pack-years</li> <li>Diagnosis of COPD</li> <li>Pulmonary function test results</li> <li>FEV1/FVC &lt; 0.7</li> </ul>	
		<ul> <li>Exclusion criteria</li> <li>Asthma or history of asthma Defined as an increase in the FEV1 of more than 15 percent above the base-line value or of 200 ml after the administration of a bronchodilator. <ul> <li>Uncontrolled comorbidities</li> <li>Unstable angina</li> <li>Inability to perform the required tests</li> <li>Congestive heart failure</li> <li>Myocardial infarction</li> <li>Illness, other than COPD, that is likely to cause death</li> <li>Within 3 years</li> </ul></li></ul>	
		Sample characteristics <ul> <li>Sample size</li> </ul> <li>444</li>	

Author (year)	Title	Study characteristics	Quality assessment
		• % fomale	
		13	
		• Mean age (SD)	
		66 years (8)	
		Smoking details	
		Smoking history pack-yrs, mean (SD): 80 (44)	
		• FEV1 %, predicted (mean (SD))	
		41 (15)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	
		• mBODE% (BMI, Obstruction, Dyspnoea/ breathlessness, oxygen uptake measured at	
		peak exercise (V'O2))	
		Measures	
		c-statistic	
		Odds ratios	
		Outcome(s)	
		• Mortality	
		Additional comments	
		To prevent double counting, data was not analysed for the BODE index as it was unclear	
		whether the participants had already been included in an earlier study looking at BODE	
		(Celli 2004).	

Author (year)	Title	Study characteristics	Quality assessment
de Torres	C-reactive	Named study cohort	Participant selection
(2008)	protein levels	BODE cohort	<ul> <li>Low risk of bias</li> </ul>
	and survival in	Study type	
	moderate to	Prospective cohort study	Predictors
	very severe		<ul> <li>Low risk of bias</li> </ul>
	COPD	Study details	
		Study location	0.1
		USA and Spain.	Outcome
		• Study Setting	· LOW HSK OF DIAS
		Caritas St Elizabeth's Medical Centre, Boston, USA.	
		Study dates	Sample size and
		Duration of follow-up	participant flow
		24-50 months	<ul> <li>Low risk of bias</li> </ul>
		Loss to follow-up	
		Data was available for 203/218 (93.1%) participants.	Analysis
		Sources of funding     Caparian Research and Health Foundation	• Low risk of bias
		Cananan Research and Health Foundation	
		Inclusion criteria	
		Clinically stable COPD	Overall risk of bias
		No exacerbations for 2 months	• Low
		Smoking history	
		≥ 20 pack-years	
		FEV1/FEVC <0.7 after 400 micrograms of inhaled albuterol	

Author (year)	Title	Study characteristics	Quality assessment
		Exclusion criteria	Directness
		Asthma or history of asthma	Directly applicable
		Bronchiectasis	
		History of tuberculosis	
		History of malignancy	
		Inflammatory bowel disease	
		Connective tissue disorders	
		Sample characteristics	
		Sample size	
		218	
		• % female	
		36.7	
		Mean age (SD)	
		65 years (9)	
		Smoking details	
		Pack-years: median 55 (range 40-79)	
		Comorbidities	
		Charlson scale median 2 (range 1-4)	
		• FEV1 %, predicted (mean (SD))	
		46 (19)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	
		Multivariate regression model adjusted covariates	
		• Age	
		Smoking (pack years)	

Author (year)	Title	Study characteristics	Quality assessment
		Presence of cardiovascular risk factors or disease	
		Treatment with inhaled corticosteroids	
		Measures	
		Hazard ratios	
		Outcome(s)	
		• Mortality	
de Torres	Prognostic	Named study cohort	Participant selection
(2014)	evaluation of	BODE cohort	Low risk of bias
	COPD patients:		
	versus BODE	Study type	Predictors
	and the COPD	Prospective cohort study	<ul> <li>Low risk of bias</li> </ul>
	comorbidity	Study details	
	Index COTE.	Study location	Outcome
		USA and Spain	Low risk of bias
		Study setting	
		Pulmonary clinics	
		Study dates	Sample size and
		November 1997- March 2012	participant flow
		Duration of follow-up	<ul> <li>Low risk of bias</li> </ul>
		Not stated, but from enrolment until March 2012.	
		Loss to follow-up	
		Not stated, data appears to be for the full 707/707 participants.	

Author (year)	Title	Study characteristics	Quality assessment
		- Courses of funding	Overall rick of high
		Sources of funding	Overall risk of blas
		Not stated.	• Low
		Inclusion criteria	
		Clinically stable COPD	Directness
		Also receiving standard therapy.	Directly applicable
		Smoking history	5 11
		> 10 pack-vears	
		Pulmonary function test results	
		FEV1/FEVC <0.7 after 400 micrograms of inhaled albuterol	
		Availability of data on previous exacerbations in the last year	
		Exclusion criteria	
		• A primary diagnosis other than COPD as the main respiratory disease	
		Asthma	
		<ul> <li>Inability to perform the required tests</li> </ul>	
		Any condition that could unaccentably increase the subject's risk of performing any of the	
		testing	
		testing.	
		Sample characteristics	
		Sample size	
		707	
		• % female	
		20	
		Mean age (SD)	
		64 years (9)	
		Smoking details	
		Current smoking: 33%	

Author (year)	Title	Study characteristics	Quality assessment
		Comorbidities	
		Charlson index, mean (SD): 1.8 (1.2)	
		• FEV1 %, predicted (mean (SD))	
		55 (21)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	
		• BODE and COTE (Cond cO-morbidity TEst) combined	
		Measures	
		• c-statistic	
		Hazard ratios	
		Outcome(s)	
		• Mortality	
		Additional comments	
		To prevent double counting, data for BODE and BODE with COTE was not extracted as it	
		was unclear whether some of the population were also included in Divo 2012 (BODE and	
		COTE) and other BODE cohort studies.	
Divo (2012)	Comorbidities	Named study cohort	Participant selection
	and risk of	BODE cohort	Low risk of bias
	mortality in		
	patients with	Study type	
	chronic	Prospective cohort study	
	obstructive		

Author (year)	Title	Study characteristics	Quality assessment
	nulmonon	Study detaile	Dradiatora
	pumonary		Predictors
	disease.		· LOW HSK OF DIAS
		Spain and USA	
		• Study setting	0.1
		Pulmonary clinics in Spain and USA.	Outcome
		Study dates	<ul> <li>Low risk of bias</li> </ul>
		November 1997-March 2009.	
		Duration of follow-up	
		Median follow up 51 months (interquartile range 28-78 months)	Sample size and
		Loss to follow-up	participant flow
		Data was available for 1659/1664 (99.7%) of participants.	<ul> <li>Low risk of bias</li> </ul>
		Sources of funding	
		Not stated	
			Analysis
		Inclusion criteria	<ul> <li>Low risk of bias</li> </ul>
		Clinically stable COPD	
		Also receiving appropriate therapy. If on oxygen then a stable dose for 6 months was	
		required.	Overall risk of bias
		Smoking history	• Low
		> 10 pack-vears	
		Pulmonary function test results	
		FEV1/EVC < 0.7 measured 20 mins after the administration of albuterol	Directness
			<ul> <li>Directly applicable</li> </ul>
		Exclusion criteria	
		Asthma or history of asthma	
		As the primary diagnosis	
		Inability to perform the required tests	

Author (year)	Title	Study characteristics	Quality assessment
		Or any condition that could unacceptably increase the subject's risk of performing any of the testing.	
		Sample characteristics • Sample size 1664 (data for 1659) • % female 11 • Mean age (SD) 66 years (9) • Comorbidities Average (SD): 6 (3) • FEV1 %, predicted (mean (SD)) 49 (20)	
		<ul> <li>Relevant prognostic factor(s)</li> <li>BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> <li>BODE and COTE (Copd cO-morbidity TEst) combined</li> </ul>	
		Measures • c-statistic • Hazard ratios	
		Outcome(s) • Mortality	
		Additional comments To prevent double counting, data was not analysed for the BODE index as it was unclear	

Author (year)	Title	Study characteristics	Quality assessment
		whether the participants had already been included in an earlier study looking at BODE (Celli 2004). COTE alone was not included in the analysis as it is not a multidimensional index.	
Eisner (2010)	Measurement of COPD severity using a survey- based score: validation in a clinically and physiologically characterized cohort	<ul> <li>Named study cohort The Function, Living, Outcomes, and Work Study of COPD cohort Study type • Prospective cohort study Study details • Study location USA • Study setting Not stated, but the study participants were Kaiser Permanente Medical Care Programme members who lived in San Francisco. • Study dates Not stated • Duration of follow-up Not stated • Loss to follow-up It is unclear if there was any loss to follow-up as no information is provided. • Sources of funding National Heart, Lung, and Blood Institute [Grant R01 HL077618], National Institutes of Health and Flight Attendants Medical Research Institute, UCSF Bland Lane Centre of Excellence in Secondhand Smoke. Dr Eisner was also supported by the National Heart, Lung, and Blood Institute [K24 HL 097245]</li> </ul>	<ul> <li>Participant selection         <ul> <li>Unclear risk of bias</li> <li>The study provides little information about the inclusion and exclusion criteria used to establish the cohort and in particular, does not state whether the participants all had stable COPD at baseline.</li> </ul> </li> <li>Predictors         <ul> <li>Low risk of bias</li> </ul> </li> <li>Outcome         <ul> <li>Low risk of bias</li> </ul> </li> <li>Sample size and participant flow         <ul> <li>High risk of bias</li> </ul> </li> </ul>

Author (year)	Title	Study characteristics	Quality assessment
			about study dynation, the
			about study duration, the
		Age 40.65 years	that occurred and whether
		- Diagnosis of COPD	there was any loss to follow
		Clobal Initiative for Chronic Obstructive Lung Disease (GOLD) criteria for COPD	
		History of exacerbations	up.
		1 or more ambulatory visits, emergency department visits, or hospitalisations with a	
		principal International Classification of Disease (ICD-9) diagnosis code for COPD (chronic	Analysis
		bronchitis, emphysema, or COPD during a recent 12-month time period.	Unclear risk of bias
		Medication requirements	Model was not adjusted for
		Two or more prescriptions for a COPD-related medication during a 12-month window	all the confounding variables
		beginning 6 months before the index utilisation date and ending 6 months after index	required by our review
		date.	protocol.
		Exclusion criteria	
		<ul> <li>Inability to perform the required tests</li> </ul>	Overall risk of bias
		Such as not being able to perform spirometry due to previous tracheostomy placement.	• High
			Due to the lack of information
		Sample characteristics	provided about patient
		Sample size	inclusion/exclusion criteria;
		1,202	study duration; loss to follow-
		• % female	up and the number of
		57	exacerbation and
		• Mean age (SD)	hospitalisation events
		58 years (6)	occurring.
		• FEV1 %, predicted (mean (SD))	
		62 (23)	

Author (year)	Title	Study characteristics	Quality assessment
		Relevant prognostic factor(s)	Directness
		COPD severity score	Directly applicable
		Multivariate regression model adjusted covariates	
		• Age	
		• Race	
		• Smoking history	
		Measures	
		Hazard ratios	
		Odds ratios	
		Outcome(s)	
		Hospitalisations	
		Together with emergency room visits this was used as a proxy measure for acute	
		exacerbations.	
		Exacerbations	
Esteban (2006)	A simple score	Study type	Particinant selection
Esteball (2000)	for assossing	• Prospective cohort study	· Low risk of bias
	stable chronic		
		Study details	
	pulmonary	Study location	Predictors
	discaso	Spain	• Low risk of bias
	UISEASE	Study setting	
		Out-natient clinics affiliated with a teaching hospital in the interior district of Rizkaia	

Author (year)	Title	Study characteristics	Quality assessment
		• Study dates	Outcomo
		- Sludy dates	outcome
		Duration of follow up	
			Sample size and
		$\sim 10000$ up	participant flow
		20/011 (4.25%) were lost to follow-up	• Low risk of bias
		• Sources of funding	
		Inclusion criteria	Analysis
		Clinically stable COPD	Low risk of bias
		No increase in respiratory symptoms or changes in treatment for the 6 weeks prior to	
		inclusion	
		• Age	Overall risk of bias
		Less than 80 years	• Low
		Diagnosis of COPD	
		For at least 6 months	
		• FEV1 <80% of predicted value, with FEV1/FVC <70% and negative bronchodilation	Directness
		test, with a change in FEV1 <200 ml and <15% of the baseline value	<ul> <li>Directly applicable</li> </ul>
		Exclusion criteria	
		Asthma or history of asthma	
		History of tuberculosis	
		Old or ongoing concomitant pulmonary tuberculosis	
		Current malignancy	
		Neoplastic processes	
		Problems with communication	

Author (year)	Title	Study characteristics	Quality assessment
		Hearing or other problems	
		Psychiatric or neurological problems	
		Sample characteristics	
		Sample size	
		611	
		• % female	
		2.3%	
		• Mean age (SD)	
		07.2 years (8.4)	
		• Smoking details	
		• Comorbidities	
		Hypertension 28% Diabetes 17.3% Heart problems 24.4% Back disorders 36.8%	
		Osteoarthritis/rheumatism 43.4% Psychiatric problems 12.8%	
		• FEV1 %, predicted (mean (SD))	
		49.7 (14.56)	
		Relevant prognostic factor(s)	
		HADO score (Health, Activity, Dyspnoea/ breathlessness, Obstruction Score)	
		Multivariate regression model adjusted covariates	
		• Age	
		Smoking status	

Author (year)	Title	Study characteristics	Quality assessment
		Measures • c-statistic • Hazard ratios	
		Outcome(s) • Mortality	
Esteban (2010)	BODE-Index vs HADO-score in chronic	Associated studies Esteban C, Quintana JM, Aburto M, Moraza J, et al. The health, activity, dyspnea, obstruction, age, and hospitalization: prognostic score for stable COPD patients. Respiratory medicine 2011: 105: 1662-70	Participant selection <ul> <li>Low risk of bias</li> </ul>
	pulmonary disease: Which one to use in	• Prospective cohort study	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	practice?	Study details • Study location Spain • Study softing	Outcome <ul> <li>Low risk of bias</li> </ul>
		<ul> <li>Participants were recruited from an outpatient clinic affiliated with the Hospital Galdakao-Usansolo.</li> <li>Study dates</li> <li>Participants were recruited between January 2003 and January 2004 and studied for 3</li> </ul>	Sample size and participant flow • Low risk of bias
		<ul> <li>years.</li> <li>Duration of follow-up</li> <li>3 years</li> <li>Loss to follow-up</li> <li>All participants were followed-up for the 3 years.</li> </ul>	Analysis • Low risk of bias

Author (year)	Title	Study characteristics	Quality assessment
		Sources of funding	Overall risk of bias
		Departamento de Sanidad del Gobierno Vasco [grant number 200111002] and by Fondo	• Low
		de Investigación Sanitaria [grant number P1020510].	
		Inclusion criteria	Directness
		Clinically stable COPD	<ul> <li>Directly applicable</li> </ul>
		No changes in respiratory symptoms or treatment for at least 6 weeks.	
		Diagnosis of COPD	
		$\geq$ 6 months and under treatment for $\geq$ 6 months.	
		• Pulmonary function test results	
		$F \ge V + < 60\%$ of the predicted value, with an $F \ge V + F \lor C$ quotient < 70% and a negative	
		Exclusion criteria	
		Asthma or history of asthma	
		History of tuberculosis	
		Extensive pulmonary tuberculosis.	
		• Current malignancy	
		History of malignancy	
		• Problems with communication	
		Psychiatric or neurological problems	
		That might prevent full participation in the study	
		Sample characteristics	
		Sample size	
		543	

Author (year)	Title	Study characteristics	Quality assessment
		0/ famela	
		4 • Mean age (SD)	
		68.2 years (8.2)	
		• Smoking details	
		Smoking behit Current smokers 114 (20.9%) Ex-smokers 414 (76.2%) Never smoked 15	
		(2.8%) Mean pack/year (SD) 48.2 (26.5)	
		Comorbidities	
		Charlson index: mean 2.4 (SD 1.4)	
		• FEV1 %, predicted (mean (SD))	
		55.0 years (13.3)	
		Relevant prognostic factor(s)	
		BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	
		HADO score (Health, Activity, Dyspnoea/ breathlessness, Obstruction Score)	
		Multiveriete regression model edjusted equaristes	
		Multivariate regression model adjusted covariates	
		• Age	
		• Smoking (pack years)	
		Charlson comorbidity index	
		Number of hospitalisations in the previous year	

Author (year)	Title	Study characteristics	Quality assessment
		Measures • c-statistic • Odds ratios	
		Outcome(s) • Mortality <i>All-cause and respiratory mortality.</i>	
		Additional comments There was a possible overlap between study populations with Esteban 2011. As a result data was only extracted for respiratory mortality as this is not presented in the other paper.	
Esteban (2011)	The health, activity, dyspnea, obstruction, age	Associated studies Esteban C, Quintana JM, Moraza J et al BODE-Index vs HADO-score in chronic obstructive pulmonary disease: Which one to use in general practice? BMC Medicine 2010: 8:28	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	and hospitalization: prognostic score	<ul> <li>Study type</li> <li>Prospective cohort study</li> </ul>	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	patients	Study details <ul> <li>Study location</li> </ul> Spain Study setting	Outcome <ul> <li>Low risk of bias</li> </ul>
		Participants were recruited from outpatient clinics affiliated with a teaching hospital. • Study dates	Sample size and participant flow

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>Recruited from January 2003-January 2004 and then followed for 5 years.</li> <li>Duration of follow-up</li> <li>5 years</li> <li>Loss to follow-up</li> <li>No information provided so it appears that 100% of participants were included in the analysis.</li> <li>Sources of funding</li> <li>Grants from the Fondo de Investigacion Sanitaria of Spain; Departamento de Sanidad del Gobierno Vasco and the Research Committee Hospital Galdakao-Usansolo.</li> </ul>	<ul> <li>Unclear risk of bias Unclear whether the people included in the analysis (348 validation cohort) were all of the people included at baseline.</li> <li>Analysis</li> <li>Low risk of bias</li> </ul>
		<ul> <li>Inclusion criteria</li> <li>Clinically stable COPD</li> <li>No changes in respiratory symptoms or treatment for the 6 weeks prior to inclusion.</li> <li>Diagnosis of COPD</li> <li>≥ 6 months beforehand</li> <li>Pulmonary function test results</li> <li>FEV1&lt; 80%, FEV1/FVC &lt;0.7 and a negative bronchodilation test with a change in FEV1 smaller than 15% and less than 200ml of the baseline value.</li> <li>Under treatment at the outpatient clinic</li> </ul>	Overall risk of bias • Low Directness • Directly applicable
		<ul> <li>≥ 6 months</li> <li>Exclusion criteria</li> <li>Asthma or history of asthma</li> <li>History of tuberculosis</li> <li>Residual pulmonary tuberculosis</li> <li>Current malignancy</li> </ul>	

Author (year)	Title	Study characteristics	Quality assessment
		Too physically ill or mentally incapacitated to participate	
		Psychiatric or other problems that could prevent participation.	
		Sample characteristics	
		Sample size	
		348	
		• % female	
		4.9	
		• Mean age (SD)	
		68.0 years (8.49)	
		• Smoking details	
		= EEV(1.%  predicted (mean (SD)))	
		55 3 (13 9)	
		Relevant prognostic factor(s)	
		BODS index	
		ADO index (age, dyspnea/ breathlessness and FEV1)	
		HADO score (Health, Activity, Dyspnoea/ breathlessness, Obstruction Score)	
		• HADO-AH index (HADO plus age and hospitalisation for severe COPD exacerbations)	
		Measures	
		• c-statistic	
		Outcome(s)	
		Mortality	
		All-cause mortality at 3 and 5 years.	

Author (year)	Title	Study characteristics	Quality assessment
		Additional comments	
		Data from the derivation cohort is not analysed here. Data for mortality was extracted for	
		the latest time point (5 years). There was a possible overlap between study populations	
		with Esteban 2010. As a result data was only extracted for all-cause mortality from this	
		paper for the BODE and HADO indices.	
Faganalla	DODE index and	Chudu fumo	Dortiginant aslastion
		a Drospostivo schort study	
(2010)	as predictors of	• Prospective conort study	• LOW TISK OF DIAS
	1-year	Study details	
	exacerbation	Study location	Predictors
	risk in chronic	Brazil	<ul> <li>Low risk of bias</li> </ul>
	obstructive	Study setting	
	pulmonary	Botucata Medical School University Hospital, Sao Paolo.	
	disease.	Study dates	Outcome
		Participants were recruited from July 2004-August 2006 and followed up for one year.	<ul> <li>Low risk of bias</li> </ul>
		Duration of follow-up	
		1 year	
		Loss to follow-up	Sample size and
		No information provided so it appears that 100% of participants were included in the	participant flow
		analysis	<ul> <li>Low risk of bias</li> </ul>
		Sources of funding	
		Research grant from Fundacao de Amparo a Pesquisa do Estado de Sao Paolo	Analysia
			AllalySIS
		Inclusion criteria	• LOW TISK OF DIAS
		Clinically stable COPD	to coloct verichles for the
		$\geq$ 6 weeks since the last exacerbation and no changes in medication.	to select variables for the

Author (year)	Title	Study characteristics	Quality assessment
		• Age	multivariable analysis, but
		≥ 40 years	this data was presented as
		Smoking history	OR and not used in this
		$\geq 10 \text{ pack-vears}$	review as a result.
		Diagnosis of COPD	
		According to GOLD 2003 and the Brazilian Thoracic Society.	
		Pulmonary function test results	Overall risk of bias
		FEV1/FVC <0.7	• Low
		Exclusion criteria	
		Other respiratory diseases or respiratory related diseases	Directness
		Interstitial fibrosis; sleep apnea/hypopnea syndrome; lung cancer.	<ul> <li>Directly applicable</li> </ul>
		Asthma or history of asthma	
		History of asthma and/or FEV1 >12% or 200ml post-bronchodilator	
		History of tuberculosis	
		Congestive heart failure	
		or unstable angina	
		Myocardial infarction	
		Within the preceding 4 months	
		Sample characteristics	
		Sample size	
		120	
		• % female	
		29	
		Mean age (SD)	
		65 years (9.5)	
		Smoking details	

Author (year)	Title	Study characteristics	Quality assessment
		Active smoking: 29.2% Smoking history. mean (SD): 53.3 pack years (29.1) • Comorbidities Charlson index, median (range): 3 (3-4) • FEV1 %, predicted (mean (SD)) 60.9 (25.2)	
		<ul> <li>Relevant prognostic factor(s)</li> <li>BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> </ul>	
		Multivariate regression model adjusted covariates <ul> <li>Age</li> <li>Smoking status</li> <li>Smoking (pack years)</li> <li>GOLD stage</li> <li>6 MWD (6 minute walk distance)</li> <li>mMRC dyspace/ breatblosspace</li> </ul>	
		<ul> <li>SGRQ (St George's Respiratory Questionnaire total score)</li> <li>SpO2 (Peripheral oxygen saturation)</li> </ul>	
		Measures • c-statistic • Sensitivity and specificity • Odds ratios	
		Outcome(s) • Exacerbations Defined as an in increase in dyspnea/ breathlessness, sputum purulence, and increased sputum volume. Classified as moderate if a visit to a physician was required (emergency	

Author (year)	Title	Study characteristics	Quality assessment
		room or primary care) and treatment with antibiotics or systemic steroids followed. Severe exacerbations required hospital admission.	
Goossens (2014)	Does the 2013 GOLD classification improve the	Named study cohortUnderstanding Potential Long-term Impacts on Function with Tiotropium (UPLIFT) trial.Participants received 18µg of tiotropium or matching placebo once daily.	Participant selection • Low risk of bias
	ability to predict lung function decline, exacerbations	Study type • Prospective cohort study Post-hoc analysis of the 4-year UPLIFT trial	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	and mortality: a post-hoc analysis of the	Study details • Study location Multinational in 37 countries	• Low risk of bias
	trial	Study setting     Not stated     Study dates     Recruitment took place from 2003 to 2004     Duration of follow-up	Sample size and participant flow • Low risk of bias
		<ul> <li>4 years</li> <li>Loss to follow-up</li> <li>No information provided so it appears that 100% of participants were included in the analysis</li> <li>Sources of funding</li> <li>Boehringer Ingelheim GmbH</li> </ul>	Analysis • Low risk of bias

Author (year)	Title	Study characteristics	Quality assessment
		Inclusion criteria	Overall risk of bias
		• Age	• Low
		≥40 years	
		Smoking history	
		Currently or formerly smoking patients (≥10 pack-years)	Directness
		• GOLD	<ul> <li>Directly applicable</li> </ul>
		Moderate to severe COPD according to the old GOLD classification system (stages 2 to	
		4, post-bronchodilator FEV1 of 70% or less of the predicted value)	
		Exclusion criteria	
		Asthma or history of asthma	
		Recent history of exacerbation	
		A COPD exacerbation or respiratory infection within 4 weeks before screening	
		Lung volume reduction surgery	
		<ul> <li>Supplemental oxygen for more than 12 hours per day</li> </ul>	
		Coexisting illnesses that could preclude participation in the study or interfere with the	
		study results	
		Sample characteristics	
		Sample size	
		5,630	
		• % female	
		GOLD A 18.6%; GOLD B 27.3%; GOLD C; 14.2%; GOLD D 26.8%	
		• Mean age (SD)	
		GOLD A 64.9 years; GOLD B 64.6 years; GOLD C 64.6 years; GOLD D 64.5 years	
		Current Smoker GOLD A 29.2%, GOLD B 34.3%, GOLD C 24.0%, GOLD D 28.3%,	
		Fack-years GOLD A 37.7%, GOLD B 40.4%, GOLD C 37.8%, GOLD D 40.7%	

Author (year)	Title	Study characteristics	Quality assessment
		Comorbidities	
		Mean number of comorbidities GOLD A 3.32; GOLD B 3.71; GOLD C 3.03; GOLD D 3.71	
		• FEV1 %, predicted (mean (SD))	
		GOLD A 60.3%; GOLD B 58.6%; GOLD C 46.5%; GOLD D 41.9%	
		Relevant prognostic factor(s)	
		• GOLD 2011	
		Stages 2 to 4	
		• GOLD 2013	
		Stages A to D	
		Measures	
		• c-statistic	
		Outcome(s)	
		Mortality	
		All-cause mortality	
Imfeld (2006)	The BODE	Study type	Participant selection
	index after lung	Prospective cohort study	Low risk of bias
	volume		
	reduction	Study details	Des ell'attant
	surgery	• Study location	Predictors
	correlates with		<ul> <li>Low risk of blas</li> </ul>
	survival	• Study setting	
		Study dates	
		Participants were recruited between 1994 and 2004 to take part in a prospective study of	

Author (year)	Title	Study characteristics	Quality assessment
		LVRS outcomes, with data collected for 40 months (median). • Duration of follow-up Median follow-up 40 months (range 3 to 116 months) • Loss to follow-up	• Low risk of bias
		<ul> <li>Data was collected for 186/186 (100%) of the people who survived for &gt; 3 months post-surgery.</li> <li>Sources of funding</li> <li>Swiss National Foundation (grant 3200-063709.00) and the Zurich Lung League.</li> </ul>	Sample size and participant flow • Low risk of bias
		<ul> <li>Inclusion criteria</li> <li>Diagnosis of COPD</li> <li>Pulmonary function test results</li> <li>Severe airflow obstruction and hyperinflation (FEV1&lt; 40% predicted, total lung capacity &gt; 120% of predicted).</li> <li>Suitable for Lung volume reduction surgery</li> <li>Severe pulmonary emphysema</li> </ul>	Analysis • Unclear risk of bias HR data was not adjusted for confounders such as age, smoking status and comorbidities.
		Exclusion criteria • Current malignancy <i>That could affect survival adversely.</i> • Uncontrolled comorbidities	Overall risk of bias • Low
		Comorbidities likely to result in unacceptable postoperative mortality, such as symptomatic cardiovascular disease • An extremely low functional reserve FEV1< 20% predicted • CT evidence of very advanced pulmonary parenchymal destruction	Directness <ul> <li>Directly applicable</li> </ul>

Author (year)	Title	Study characteristics	Quality assessment
Author (year)	Title	Study characteristics         Sample characteristics         • Sample size         186         • % female         40.9         • Mean age (SD)         63.9 years (8.2)         • FEV1 %, predicted (mean (SD))         27.7 (7.8)         Relevant prognostic factor(s)         • BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))         • FEV1         Measures         • c-statistic         • Hazard ratios         Outcome(s)         • Mortality         Additional comments         Cohort consisted of people who had undergone lung volume reduction surgery (LVRS) at	Quality assessment
		baseline.	

Title	Study characteristics	Quality assessment
Comparison of	Named study cohort	Participant selection
2011 and 2007	GenKOLS	<ul> <li>Low risk of bias</li> </ul>
Global Initiative		
for Chronic	Study type	
Obstructive Lung	Prospective cohort study	Predictors
Disease	Nested from a case-control study	Low risk of bias
guidelines for		
predicting	Study details	Outsome
mortality and	• Study location	Outcome
hospitalization.	Norway	Low risk of blas
	• Study setting	
	Hospital registry and general population	Sample size and
	• Study dates	Sample Size and
	January 2003 to June 2011	• Low risk of bias
		· LOW HISK OF DIAS
	o years	
	• Loss to follow-up	Analysis
	no mormation provided so it appears that 100% of participants were included in the	• Low risk of bias
	analysis	
	• Sources of funding	
		Overall risk of bias
	Inclusion criteria	• Low
	SAO vears	
	Smoking history	
	>2.5 pack-years of smoking history	
	Title Comparison of 2011 and 2007 Global Initiative for Chronic Obstructive Lung Disease guidelines for predicting mortality and hospitalization.	TitleStudy characteristicsComparison of 2011 and 2007Named study cohort GenKOLSGlobal Initiative for ChronicStudy typeObstructive Lung Disease guidelines for predicting• Prospective cohort study • Nested from a case-control study • Nested from a case-control studymortality and hospitalization.• Study location Norway • Study setting Hospital registry and general population • Study dates January 2003 to June 2011 • Duration of follow-up 8 years • Loss to follow-up No information provided so it appears that 100% of participants were included in the analysis • Sources of funding Not statedInclusion criteria • Age >40 years • Smoking history > 2.5 pack-years of smoking history

Author (year)	Title	Study characteristics	Quality assessment
		Pulmonary function test results	Directness
		FEV1/FVC <0.7 and FEV1 <80%	<ul> <li>Directly applicable</li> </ul>
		Exclusion criteria	
		No informed consent	
		Severe alpha-1 antitrypsin deficiency	
		Previous chronic pulmonary disorder (other than COPD)	
		• HIV	
		Hepatitis B or C	
		• Dementia	
		Severe anaemia	
		Previous organ transplantation	
		Lung volume reduction surgery	
		Antibiotics for respiratory disease within 1 month of the visit	
		Respiratory infection within 6 weeks of the visit	
		Sample characteristics	
		Sample size	
		912	
		• % female	
		GOLD 2007 classification: 2: 39%; 3: 40%; 4: 37%	
		GOLD 2011 classification: A: 34%; B: 40%; C: 44% D: 40%	
		Mean age (SD)	
		GOLD 2007 classification: 2: 64 years (10); 3: 67 years (10); 4: 65 years (10)	
		GOLD 2011 classification: A: 61 years (9); B: 66 years (10); C: 63 years (10) D: 67 years	
		(10)	
		Smoking details	
		Current smokers %	

Author (year)	Title	Study characteristics	Quality assessment
		GOLD 2007 classification: 2: 52%; 3: 44%; 4: 36%	
		GOLD 2011 classification: A: 60%; B: 47%; C: 61%; D: 40%	
		Pack-years mean (SD)	
		GOLD 2007 classification: 2: 31 (17); 3: 33 (20); 4: 33 (18);	
		GOLD 2011 classification: A: 31 (16); B: 31 (18); C: 29 (15); D: 32 (19)	
		Comorbidities	
		Diabetes % GOLD 2007 classification: 2: 6%; 3: 5%; 4: 7%	
		GOLD 2011 classification: A: 5%; B: 6%; C: 2%; D: 7%	
		Heart attack/angina % GOLD 2007 classification: 2: 17%; 3: 24%; 4: 13%	
		GOLD 2011 classification: A: 9%; B: 22%; C: 19%; D: 21%	
		High blood pressure % GOLD 2007 classification: 2: 30%; 3: 30%; 4: 21%;	
		GOLD 2011 classification: A: 29%; B: 31%; C: 25%; D: 28%	
		• FEV 1 %, predicted (mean (SD)) COLD 2007 aloggification: 2: 64 (8): 2: 40 (6): 4: 22 (6)	
		GOLD 2007 Classification: 2: 66 (8); 5: 40 (0), 4: 22 (0)	
		GOLD 2011 Classification. A. 00 (0), B. 03 (0), C. 42 (13), D. 37 (13)	
		Relevant prognostic factor(s)	
		• GOLD 2011	
		• GOLD 2007	
		Multivariate regression model adjusted covariates	
		• Age	
		Smoking status	
		Comorbidities	
		Diabetes, heart attack/angina, high blood pressure.	
		• Gender	
		Body Mass Index (BMI)	

Author (year)	Title	Study characteristics	Quality assessment
		Measures         • c-statistic         • Hazard ratios         Outcome(s)         • Mortality <i>All-cause mortality Respiratory mortality Cardiovascular mortality</i> • Hospitalisations <i>All-cause hospitalisations Respiratory hospitalisations</i>	
Lee (2014)	The COPD assessment test (CAT) assists prediction of COPD exacerbations in high-risk patients.	Study type         • Prospective cohort study         Study details         • Study location         Australia, China, Korea and Taiwan         • Study setting         Outpatient clinics across 19 hospitals.         • Study dates         Participants were recruited between August 2010 and April 2011.         • Duration of follow-up         6 months         • Loss to follow-up         405/545 (90.8%) of participants who completed the CAT questionnaire at baseline were	Participant selection • Unclear risk of bias 545 participants were recruited, but only 495 were included at baseline- unclear why the remaining people were excluded. Predictors • Low risk of bias
		<ul> <li>+95/545 (90.8%) of participants who completed the CAT questionnaire at baseline were included in the study.</li> <li>• Sources of funding GlaxoSmithKline</li> </ul>	Low risk of bias

Author (year)	Title	Study characteristics	Quality assessment
			Comple size and
		Inclusion criteria	Sample size and
		• Age	participant flow
		≥ 40 years old	<ul> <li>Low risk of bias</li> </ul>
		Smoking history	
		> 10 pack- years	
		Diagnosis of COPD	Analysis
		Diagnosed at least 6 months earlier. FEV1/FVC <0.7.	<ul> <li>Low risk of bias</li> </ul>
		History of exacerbations	
		That required additional treatment in the last 12 months.	
			Overall risk of bias
		Exclusion criteria	• Low
		Asthma or history of asthma	
		Current asthma diagnosis	
			Directness
		Sample characteristics	<ul> <li>Directly applicable</li> </ul>
		Sample size	
		495	
		• % female	
		12.1	
		Mean age (SD)	
		69.4 years (8.8)	
		Smoking details	
		Current smokers: 107/ 495 (22%)	
		Smoking history (pack vears); median 40 (range 10.0-196)	
		Duration of COPD symptoms, months (mean (SD))	
		Median 36.0 months (range 6.0-379.0)	
		• Comorbidities	
		0: 283 (57%); 1-2: 154 ( 31%); ≥ 3: 58 (12%)	

Author (year)	Title	Study characteristics	Quality assessment
		Cardiovascular comorbidities: 189 (38%)	
		• FEV1 %, predicted (mean (SD))	
		median 47.0 (range 13.0-121.0)	
		Relevant prognostic factor(s)	
		GOLD (not specified)	
		Stages 1-4	
		CAT (COPD Assessment Test)	
		Categories: 0-9, 10-19, 20-29, 30-40.	
		Multivariate regression model adjusted covariates	
		• Age	
		Smoking status	
		Number of comorbidities	
		• Country	
		<ul> <li>Number of exacerbations in the previous year</li> </ul>	
		• Gender	
		Body Mass Index (BMI)	
		Influenza vaccination	
		Duration of COPD	
		• GOLD stage	
		Measures	
		c-statistic	
		Sensitivity and specificity	
		Hazard ratios	
Author (year)	Title	Study characteristics	Quality assessment
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		Outcome(s)         • Exacerbations         Defined as a worsening of symptoms of COPD for at least 2 consecutive day. Classified as mild if patients did not need to use systemic corticosteroids and/or antibiotics; moderate if treatment was required and severe if hospitalisation or a visit to the emergency room was needed. A separate exacerbation was recorded if symptoms re-occurred after >7 days of improvement.	
Leivseth (2013)	GOLD classifications and mortality in chronic	Named study cohort Nord-Trøndelag Health Study (HUNT2) Study type	Participant selection • Low risk of bias
	obstructive pulmonary disease: the	Prospective cohort study     Study details     Study location	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	Norway	Norway • Study setting Nord-Trøndelag County • Study dates	Outcome <ul> <li>Low risk of bias</li> </ul>
		<ul> <li>August 1995 to 24 May 2012.</li> <li>Duration of follow-up</li> <li>Participants were recruited from August 1995 to June 1997 and followed up to the date of death or emigration, or the end of follow-up, 24 May 2012, whichever came first. Median of 14.6 years follow-up.</li> <li>Loss to follow-up</li> <li>The only reported losses to follow-up came from emigration, but the number of people involved was not stated.</li> </ul>	Sample size and participant flow • Unclear risk of bias It is unclear how many participants were lost to follow-up as the number of people lost as a result of emigration is not stated. In

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>Sources of funding</li> <li>Inclusion criteria</li> <li>Age</li> <li>≥ 19 years old</li> <li>Diagnosis of COPD</li> </ul>	addition, people were excluded from the analysis if they had data missing.
		<ul> <li>Post-bronchodilator FEV1/VC &lt;0.70</li> <li>Nord-Trøndelag Health Study (HUNT2) Lung study participants</li> <li>Comprised of a 5% random sample and a symptom sample from the main cohort. The symptom sample included participants reporting attacks of wheezing or breathlessness during the last 12 months, having ever had asthma and/or having ever used asthma medication, and who were not included in the random sample. Participants underwent pulmonary function tests and those with COPD were included in this study.</li> </ul>	Analysis • Unclear risk of bias Model was not adjusted for all the confounding variables required by our review protocol.
		Exclusion criteria • Post-bronchodilator FEV1/FVC >0.7 Sample characteristics • Sample size 1540 • % female 37.9 • Mean age (SD)	<b>Overall risk of bias</b> • Moderate Due to the lack of adjustment for all of the confounding variables required by our review protocol and the uncertainty surrounding loss to follow-up.
		63.6 years (12.5) • Smoking details Ever smokers: 1202/1540 (78.1%)	<b>Directness</b> • Partially directly applicable Unclear what proportion of participants had an existing diagnosis of COPD and what

Author (year)	Title	Study characteristics	Quality assessment
		Relevant prognostic factor(s)	proportion were newly
		GOLD (not specified)	diagnosed.
		1-4 severity grouping	-
		• GOLD 2011	
		A-D grouping	
		Multivariate regression model adjusted covariates	
		• Age	
		Smoking status	
		Never, current, former, unknown.	
		Educational attainment	
		<10 years, ≥ 10 years, unknown.	
		Measures	
		Hazard ratios	
		Outcome(s)	
		Mortality	
		All-cause mortality	
Marin (2009)	Prediction of risk	Study type	Participant selection
	of COPD	Prospective cohort study	<ul> <li>Low risk of bias</li> </ul>
	exacerbations		
	by the BODE	Study details	
	index	Study location	Predictors
		Spain	<ul> <li>Low risk of bias</li> </ul>
		Study setting	
		Outpatient pulmonary clinics of two tertiary teaching hospitals in Tenerife and Zaragoza.	

Author (year)	Title	Study characteristics	Quality assessment
		Study dates	Outcome
		Participants were recruited between January 1997 and June 2002. • Duration of follow-up	<ul> <li>Low risk of bias</li> </ul>
		• Loss to follow-up	Sample size and
		275/275 (100%) of the participants were followed up for the duration of the study.	participant flow
		Sources of funding     Not stated	Low risk of bias
		Inclusion criteria	Analysis
		Clinically stable COPD	<ul> <li>Low risk of bias</li> </ul>
		≥ 8 weeks prior to enrolment	
		Smoking history	
		> 20 pack-years	Overall risk of bias
		Diagnosis of COPD	• Low
		Pulmonary function test results	
		A maximal ratio of FEV1/FVC < 0.7 measured 20 min after the administration of inhaled salbutamol.	Directness <ul> <li>Directly applicable</li> </ul>
		Exclusion criteria	
		Asthma or history of asthma	
		History of asthma and an increase in the FEV1 greater than 15% or more than 200 ml	
		from baseline after the administration of inhaled salbutamol.	
		Uncontrolled comorbidities	
		Likely to result in death	
		Inability to perform the required tests	

Author (year)	Title	Study characteristics	Quality assessment
		Sample characteristics	
		Sample size	
		275	
		• % female	
		Not specified	
		Mean age (SD)	
		65.1 years (8.2)	
		Smoking details	
		Pack-years, mean (SD) Zaragoza site: 56.2 (25.4) Tenerife: 48.5 (21.8)	
		Comorbidities	
		CHARLSON index, mean (SD) Zaragoza site: 2.7 (1.4) Tenerife site: 2.5 (1.3)	
		• FEV1 %, predicted (mean (SD))	
		Zaragoza site: 49.6 (17.6) Tenerife site: (48.5 (19.2)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	
		Measures	
		c-statistic	
		Sensitivity and specificity	
		Odds ratios	
		Outcome(s)	
		Exacerbations	
		Exacerbations were defined as events characterized by a sustained worsening of	
		baseline respiratory symptoms that lasted for at least 3 days and that required treatment	
		intervention with antibiotics, and/or systemic corticosteroids. The number of COPD	

Author (year)	Title	Study characteristics	Quality assessment
		exacerbations leading to primary care visits, emergency room visits and hospitalisations were recorded.	
		Additional comments Data could not be extracted for a 2x2 table based on the sensitivity and specificity of BODE in predicting exacerbations that needed primary care, emergency room visits or hospitalisations due to the lack of information regarding the numbers of people who had each type of exacerbation. The FEV1 c-statistic for predicting exacerbations was not provided and so could not be used in our analyses.	
Marin (2011)	Prognostic	Named study cohort	Participant selection
	assessment in	BODE cohort	<ul> <li>Low risk of bias</li> </ul>
	related quality of	Study type	
	life and the	Prospective cohort study	Predictors
	BODE index		Unclear risk of bias
		Study details	The prognostic tests may
		Study location	have not have been
		Spain, USA, Venezuela.	assessed in the same way
		Study setting	for all participants because
		Unspecified clinics in the host countries.	the study was carried out at
		Study dates     Participante were recruited between January 1007 and Sentember 2006	sites across 3 countries.
		Participants were recruited between January 1997 and September 2000	
		Lintil August 2007: mean 53 months (SD 28)	
		• Loss to follow-up	
		1398/1398 (100%) of people were included in the analysis.	

Author (year)	Title	Study characteristics	Quality assessment
		Sources of funding	Outcomo
		Not stated	• Low risk of bias
		Inclusion criteria	
		Clinically stable COPD	Sample size and
		All patients were in clinically stable condition and receiving appropriate therapy. Patients	participant flow
		who were receiving inhaled oxygen had to have been taking a stable dose for at least six	<ul> <li>Low risk of bias</li> </ul>
		months before study entry.	
		Smoking history	
		20 pack-years	Analysis
		Pulmonary function test results	<ul> <li>Low risk of bias</li> </ul>
		FEV1/FVC <0.7 measured 20 minutes after the administration of albuterol.	
		Exclusion criteria	Overall risk of bias
		Asthma or history of asthma	• Low
		Defined as an increase in the FEV 1 of more than 15 percent above the base-line value	
		or of 200 ml after the administration of a bronchodilator.	
		Uncontrolled comorbidities	Directness
		Illness other than COPD that was likely to result in death within three years; unstable	<ul> <li>Directly applicable</li> </ul>
		angina.	
		Inability to perform the required tests	
		Congestive heart failure	
		Myocardial infarction	
		Within the last 4 months	
		Sample characteristics	
		Sample size	
		1398	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>% female <ul> <li>Mean age (SD)</li> <li>66 years (9)</li> <li>Comorbidities</li> <li>Charlson (points): 4.16 (2.4)</li> <li>FEV1 %, predicted (mean (SD))</li> <li>Post-bronchodilator 46 (18)</li> </ul> </li> <li>Relevant prognostic factor(s) <ul> <li>BODE index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> </ul> </li> <li>Measures <ul> <li>c-statistic</li> <li>Model fit (e.g. r-squared)</li> <li>Pearson's correlation coefficients</li> </ul> </li> <li>Outcome(s) <ul> <li>Mortality</li> </ul> </li> </ul>	
Marin (2013)	Multicomponent indices to predict survival in COPD: The COCOMICS study	Named study cohort         COCOMICS         Study type         • Prospective cohort study	Participant selection • Unclear risk of bias Participant inclusion and exclusion criteria varied across the cohorts.

Author (year)	Title	Study characteristics	Quality assessment
		Study details • Study location Spain	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
		• Study setting Data from cohorts recruited in Galdakao, Pamplona, Requena, Seville, Tenerife, Terrassa and Zaragoza from out-patient clinics and interventional clinical trials of people with COPD.	Outcome <ul> <li>Low risk of bias</li> </ul>
		<ul> <li>Study dates</li> <li>Individual studies ran from between 1997 for the earliest up to 2010 for the latest.</li> <li>Duration of follow-up</li> <li>Galdako: 7 years; Pamplona: 5 years; Requena I: 7 years; Requena II: 6 years; Seville:</li> <li>12 years; Tenerife: 14 years; Zaragoza I: unclear 1998-?; Zaragoza II: 11 years</li> <li>Loss to follow-up</li> <li>Unclear as data was obtained for multiple cohorts and loss to follow-up was not detailed.</li> </ul>	<ul> <li>Sample size and participant flow</li> <li>Unclear risk of bias It is unclear how many participants were lost to follow-up across the cohorts.</li> </ul>
		Sources of funding     The COCOMICS initiative received a group coordination grant of the Spanish Society of     Pneumology and Thoracic Surgery BECA SEPAR 2012 coded with number 057 2012.     Pablo Martı'nez-Camblor was supported by the research Grant MTM2011-23204 of the     Spanish Ministerio de Ciencia e Innovacion.  Inclusion criteria	Analysis • High risk of bias Data was only presented for selected indices with no explanation.
		<ul> <li>Clinically stable COPD</li> <li>No exacerbation for at least 4 weeks before enrolment, apart from the Terrassa cohorts which recruited people with exacerbations.</li> <li>Age</li> <li>80 years for the Galdakao cohort; no age limits for the other cohorts.</li> <li>Smoking history</li> <li>Pamplona, Tenerife and Requena: ≥20 pack-years</li> </ul>	<b>Overall risk of bias</b> • Moderate Due to selective reporting of test data and the lack of information about loss to

Author (year)	Title	Study characteristics	Quality assessment
		• Diagnosis of COPD Seville cohort: according to the in the Global Initiative for Chronic Obstructive Lung	follow-up.
		History of exacerbations	Directness
		Recent exacerbations required for inclusion in the Terressa cohorts.  • Pulmonary function test results	Directly applicable
		Pamplona: post-bronchodilator FEV 1 /FVC of < 0.70 after the administration of 400 mg	
		of inhaled albuterol; Requena: FEV1/FVC <0.7 with a change in FEV1 of less than 200 ml and 12% in the bronchodilator test; Tenerife; post-bronchodilator FEV1/FVC ratio < 0.7	
		No previous anti-pneumococcal vaccination	
		Seville cohort	
		Exclusion criteria	
		Other respiratory diseases or respiratory related diseases	
		Requena conort: cystic fibrosis, upper airways obstruction, or pronchiolitis related to	
		• Asthma or history of asthma	
		Pamplona. Tenerife and Requena cohorts	
		Bronchiectasis	
		Pamplona and Requena cohorts	
		History of tuberculosis	
		Pamplona cohort	
		Uncontrolled comorbidities	
		Tenerife cohort: comorbidities likely to affect mortality within 3 years	
		Inability to perform the required tests	
		Tenerife cohort	
		Other potentially confounding diseases	
		Pamplona cohort	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>A change in FEV1 of more than 200 ml after bronchodilator treatment <i>Tenerife cohort</i></li> <li>Pregnant or immunosuppressed, known neoplasia, renal insufficiency in dialysis, HIV infection, hypo gammaglobulinemia or anatomical or functional asplenia <i>Seville cohort</i></li> </ul>	
		<ul> <li>Sample characteristics</li> <li>Sample size</li> <li>3,633 for all 10 cohorts. Galdekao: 543; Palmplona: 190; Requena I: 174; Requena II: 186; Seville: 595; Tenerife: 275; Zaragoza I:137; Zaragoza II: 1150 (Terassa excluded)</li> <li>% female</li> <li>Galdakao: 4 Pamplona: 16; Requena I: 1; Requena II: 1; Seville: 5; Tenerife: 21; Zaragoza I: 1; Zaragoza II: 7</li> <li>Mean age (SD)</li> <li>Galdakao: 68.3 years (8.3); Pamplona: 65.2 (8.4); Requena I: 72.1 years (8.9); Requena II: 70.9 (8.0); Seville: 65.8 years (9.6); Tenerife: 62.9 years (9.9); Zaragoza I: 65.8 years (7.6); Zaragoza II: 63.4 years (9.4)</li> <li>Smoking details</li> <li>Pack-years of smoking, mean (SD) Galdakao: 48 (26); Pamplona: 53 (27); Requena I: 61 (33); Requena II: 63 (36); Seville: 50 (22); Tenerife: 65 (27); Zaragoza I: 57 (25); Zaragoza II: 52 (25)</li> <li>Smoking status, mean (%)</li> <li>Former: Galdakao 414 (76); Pamplona 119 (63); Requena I 131 (76); Requena II 151 (81); Seville 453 (76); Tenerife 140 (57); Zaragoza I 99 (73); Zaragoza II 740 (66). Current: 114 (21); 71 (37); 39 (22); 32 (17); 143 (24); 103 (43); 384 (34). Never: 15 (3); 0 (0); 3 (2); 3 (2); 0 (0); 0 (0); 0 (0); 0 (0).</li> <li>Comorbidities</li> <li>Charlson index, mean (SD)</li> </ul>	

Author (year)	Title	Study characteristics	Quality assessment
		Galdakao: 1.4 (1.4); Pamplona: 1.6 (1.3); Requena I: 1.1 (1.6); Requena II: 0.8 (0.9); Seville: 1.1 (1.8); Tenerife: 2.0 (1.7); Zaragoza I: 1.2 (1.3); Zaragoza II: 2.5 (1.1) • FEV1 %, predicted (mean (SD)) Galdakao: 55 (13); Pamplona: 69 (19); Requena I: 48 (17); Requena II: 46 (17); Seville: 43 (13); Tenerife: 56 (21); Zaragoza I: 45 (14); Zaragoza II: 48 (18) Relevant prognostic factor(s) • BODE index (dyspnea/ breathlessness (mMRC), BML FEV1 and exercise (6MWD))	
		<ul> <li>e-BODE (BODE plus exacerbations)</li> <li>BODEx index (dyspnea/ breathlessness (mMRC), BMI, FEV1 and exacerbations)</li> <li>BOSE index (Dyspnea/ breathlessness, Obstruction, Smoking, Exacerbation Index)</li> <li>ADO index (age, dyspnea/ breathlessness and FEV1)</li> <li>HADO score (Health, Activity, Dyspnea/ breathlessness, Obstruction Score)</li> <li>SAFE index (quality of life by SGRQ, FEV1 and 6MWD)</li> <li>TARDIS (age, BMI, dyspnea/ breathlessness, airflow obstruction, hospitalisations and influenza vaccination)</li> </ul>	
		<ul> <li>COPD Prognostic Index (CPI) (quality of life standardised by the CRQ or SGRQ, FEV1, age, sex, BMI, exacerbation history and cardiovascular disease history)</li> <li>COPDSS-COPD severity score (respiratory symptoms, systemic corticosteroid use, other COPD medication use, previous hospitalisation or intubation for respiratory disease and home oxygen use)</li> <li>FEV1</li> </ul>	
		• c-statistic	

Author (year)	Title	Study characteristics	Quality assessment
		Outcome(s) • Mortality	
		Additional comments Data for the Terrassa cohorts was excluded as these people did not have stable COPD at baseline. The Zaragoza cohorts were part of a study of sleep apnoea and had suspected sleep disorders at baseline.	
Mattila (2015)	Association between all- cause and	Study type  • Prospective cohort study  Study details	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	GOLD stages 1- 4: A 30-year follow-up among	Study location     Finland     Study setting     National representative sample of adult Finns	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	Finnish adults	<ul> <li>Study dates</li> <li>Sample was taken between 1978 and 1980</li> <li>Duration of follow-up</li> <li>3 years</li> </ul>	Outcome • Low risk of bias
		<ul> <li>Loss to follow-up No information provided so it appears that 100% of participants were included in the analysis</li> <li>Sources of funding HUCS/Hyvinkaa Hospital, the Foundation of the Finnish Anti-Tuberculosis Association, and the Tuberculosis Foundation of Tampere.</li> </ul>	Sample size and participant flow • Low risk of bias

Author (year)	Title	Study characteristics	Quality assessment
			A 1 1
		Inclusion criteria	Analysis
		• Age	<ul> <li>Low risk of bias</li> </ul>
		30 years and older	
		Exclusion criteria	Overall risk of bias
		Asthma or history of asthma	• Low
		Sample characteristics	
		Sample size	Directness
		6636	Partially directly applicable
		• % female	Participants without COPD
		54.0%	were also included.
		Mean age (SD)	
		Not reported	
		Smoking details	
		Non-smoker 55.4% Former smoker 21.0% Current smoker (1 to 9 cigarettes/day) 14.7%	
		Current smoker (≥20 cigarettes/day) 8.9%	
		Comorbidities	
		Diabetes 4.1%	
		Relevant prognostic factor(s)	
		GOLD (not specified)	
		Article has a reference but the reference does not have a date of publication.	
		Multivariate regression model adjusted covariates	
		• Age	

Author (year)	Title	Study characteristics	Quality assessment
		Smoking status	
		• Gender	
		Measures	
		Hazard ratios	
		Quitcome(s)	
		• Mortality	
		All-cause mortality Respiratory mortality	
Moberg (2014)	Validation of the	Study type	Participant selection
U V V	i-BODE index as	Prospective cohort study	Low risk of bias
	a predictor of		
	hospitalization	Study details	
	and mortality in	Study location	Predictors
	patients with	Denmark	<ul> <li>Low risk of bias</li> </ul>
	COPD	Study setting	
	participating in	Pulmonary rehabilitation programme	
	pulmonary	Study dates	Outcome
	rehabilitation	March 2002 to March 2011	<ul> <li>Low risk of bias</li> </ul>
		Duration of follow-up	
		Mean follow-up was 66 months (range 11 to 118 months)	Opennula pina and
		Loss to follow-up	Sample size and
		18 (2.6%) participants with missing values	participant now
		• Sources of funding	· LOW TISK OF DIAS
		Iryg⊢onden	
l l			

Author (year)	Title	Study characteristics	Quality assessment
		Inclusion criteria	Analysis
		Clinically stable COPD	<ul> <li>Low risk of bias</li> </ul>
		Pulmonary function test results	
		FEV1/FVC <0.70 and FEV1 <80%	
		Motivation	Overall risk of bias
		No previous participation in pulmonary rehabilitation	• Low
		Exclusion criteria	
		Significant cognitive problems	Directness
		Significant musculo-skeletal problems	<ul> <li>Directly applicable</li> </ul>
		Significant cardiac problems	
		Sample characteristics	
		Sample size	
		674	
		• % female	
		64.2%	
		Mean age (SD)	
		69.2 years (9.2)	
		Smoking details	
		Pack years 40.4 (range 0 to 150) Current smoking 26.1%	
		• FEV1 %, predicted (mean (SD))	
		36.7% (13.3)	
		Relevant prognostic factor(s)	
		<ul> <li>i-BODE (BODE plus incremental shuttle walking test [ISWT])</li> </ul>	

Author (year)	Title	Study characteristics	Quality assessment
		Multivariate regression model adjusted enveriates	
		Age	
		• Smoking status	
		• Smoking (nack years)	
		• Gender	
		Oxygen saturation at rest	
		Desaturation >4% during shuttle walking test (SWT)	
		Maintenance prednisolone	
		• LTOT	
		Moasuros	
		Hazard ratios	
		Outcome(s)	
		• Mortality	
		All-cause mortality	
		Hospitalisations	
		All-cause hospitalisations	
		Hospitalisations due to exacerbation in COPD	
Motegi (2013)	A comparison of	Study type	Participant selection
	three	Prospective cohort study	Low risk of bias
	multidimensional		
	indices of COPD	Study details	
	severity as	Study location	Predictors
	predictors of	Japan	<ul> <li>Low risk of bias</li> </ul>
	future	Study setting	
	exacerbations.	Outpatient Respiratory Care Clinic	

Author (year)	Title	Study characteristics	Quality assessment
	International	Study dates	Outcome
	journal of	Enrolment was from April 2007 to October 2007. Follow-up was from November 2007 to	Low risk of bias
	chronic	October 2009.	
	obstructive	Duration of follow-up	
	pulmonary	2 years	Sample size and
	disease	Loss to follow-up	participant flow
		23/206 (11.2%) were lost to follow-up	<ul> <li>Low risk of bias</li> </ul>
		Sources of funding	
		Not stated	
		Inclusion criteria	Low risk of blas
		• Age	
		240 years	Overall risk of bias
		• Smoking history	• Low
			2011
		* Diagnosis of COPD By a chest physician	
			Directness
		Exclusion criteria	Directly applicable
		Asthma or history of asthma	
		Bronchiectasis	
		History of tuberculosis	
		Active tuberculosis or any history of pulmonary fibrosis	
		Current malignancy	
		• Dementia	
		Bulluos lung disease	
		Withdrawal of consent	

Author (year)	Title	Study characteristics	Quality assessment
		Sample characteristics	
		Sample size	
		183	
		• % female	
		7 1%	
		• Mean age (SD)	
		71 4 years (8 7)	
		Smoking details	
		Current smoking 4 4% Smoking pack-years 75 6 (45 3)	
		Comorbidities	
		Charlson index mean (SD) 2.6 (1.0)	
		• FEV1 % predicted (mean (SD))	
		55 7 (20 7)	
		Relevant prognostic factor(s)	
		<ul> <li>BODE index (dyspnoea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> </ul>	
		• DOSE index (Dyspnoea/ breathlessness, Obstruction, Smoking, Exacerbation Index)	
		ADO index (age, dyspnoea/ breathlessness and FEV1)	
		• GOLD 2006	
		Measures	
		c-statistic	
		Odds ratios	

Author (year)	Title	Study characteristics	Quality assessment
		Outcome(s) • Exacerbations Occurrence of exacerbation during the 1-year follow-up	
Moy (2014)	An index of daily step count and systemic inflammation	Study type         • Prospective cohort study         Study details	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	predicts clinical outcomes in chronic obstructive	Study location USA     Study setting Not stated	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	pulmonary disease.	Study dates     January 2009 to November 2011     Duration of follow-up     Mean follow-up was 15 months	Outcome <ul> <li>Low risk of bias</li> </ul>
		<ul> <li>Loss to follow-up</li> <li>No information provided so it appears that 100% of participants were included in the analysis</li> <li>Sources of funding</li> </ul>	Sample size and participant flow • Low risk of bias
		Department of Veteran's Affairs, Veterans Health Administration, Rehabilitation Research and Development Services; Center for Integration of Medicine and Innovative Technology, Boston; and VA Rehabilitation Research and Development Service Merit Review.	Analysis • Low risk of bias
		Inclusion criteria • Clinically stable COPD • Age	

Author (year) Title	Study characteristics	Quality assessment
	Over 40 years• Diagnosis of COPDDefine as a smoking history of at least 10 pack-years and either a FEV1/FVC ratio of<0.70 or evidence of emphysema on chest computed tomography	Overall risk of bias • Low Directness • Directly applicable
	Sample characteristics • Sample size 167 • % female 1.2% • Mean age (SD) 71 years (8) • Smoking details Pack years: mean 68 (SD 37) Current cigarette smoker: 22% • Comorbidities Coronary artery disease: 38% Congestive heart failure: 14% Diabetes mellitus: 28% • FEV1 %, predicted (mean (SD)) 54% (20) Relevant prognostic factor(s) • BODE index (dyspncea/ breathlessness (mMRC) BML EEV1 and exercise (6MWD))	

Author (year)	Title	Study characteristics	Quality assessment
		Measures         • c-statistic         Outcome(s)         • Hospitalisations         COPD related-hospitalisations         • Exacerbations         Acute exacerbations	
Neo (2017)	Prediction of Poor Short-Term Prognosis and Unmet Needs in Advanced Chronic Obstructive Pulmonary	Study type         • Prospective cohort study         Study details         • Study location         Singapore         • Study setting         Respiratory outpatient clinics	<ul> <li>Participant selection</li> <li>Low risk of bias</li> <li>Predictors</li> <li>Low risk of bias</li> </ul>
	Disease: Use of the Two-Minute Walking Distance Extracted from a Six-Minute Walk Test	<ul> <li>Study dates The study commenced in early 2013</li> <li>Duration of follow-up 18 months <ul> <li>Loss to follow-up</li> </ul> </li> <li>All subjects were followed-up <ul> <li>Sources of funding</li> </ul> </li> <li>NHG-KTPH Small Innovative Grant (SIG) and the Lien Center of Palliative Care Extramural Research Awards.</li> </ul>	Outcome • Low risk of bias Sample size and participant flow • Low risk of bias

Author (year)	Title	Study characteristics	Quality assessment
		Inclusion criteria	Analysis
		• Age	Low risk of bias
		≥21 years old	
		Diagnosis of COPD	
		Pulmonary function test results	Overall risk of bias
		FEV1/FVC <0.7	• Low
		• GOLD	
		Stage 3 and 4 COPD	
			Directness
		Exclusion criteria	Directly applicable
		Other respiratory diseases or respiratory related diseases	
		Active pulmonary tuberculosis, pulmonary fibrosis, pneumothorax, or lung cancer	
		Asthma or history of asthma	
		Too physically ill or mentally incapacitated to participate	
		Active microbial infections	
		Hospitalisation for acute COPD exacerbations within the recent 2 weeks	
		Sample characteristics	
		Sample size	
		124	
		• % female	
		11.5%	
		Mean age (SD)	
		71.7 years (7.6)	
		• FEV1 %, predicted (mean (SD))	
		35.9 (9.8)	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>Relevant prognostic factor(s)</li> <li>BODE index (dyspnoea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> <li>ADO index (age, dyspnoea/ breathlessness and FEV1)</li> <li>Updated-ADO index</li> </ul>	
		Measures	
		• c-statistic	
		Outcome(s)	
		• Mortality	
Omachi (2008)	The COPD	Study type	Participant selection
, , , , , , , , , , , , , , , , , , ,	severity score: a dynamic	Prospective cohort study	Low risk of bias
	prediction tool	Study details	
	for health-care	Study location	Predictors
	utilization	USA	<ul> <li>Low risk of bias</li> </ul>
		• Study setting	
		Population-based sample of US adults with COPD across 48 states in USA and in	Outcome
		• Study dates	• Low risk of bias
		Not stated, but interviews at baseline took place in 2001	
		Duration of follow-up	
		1 year	Sample size and
		Loss to follow-up	participant flow
		Data was available for 65% of the derivation cohort of 267 people (interviewed in 2002)	<ul> <li>Low risk of bias</li> </ul>
		for the 2004 interview (end point). This corresponds to 173/204 (85%) of the people who were re-interviewed in 2003.	15% off the population was lost to follow-up, but data

Author (year)	Title	Study characteristics	Quality assessment
		Sources of funding	was calculated for the
		National Institutes of Health grant R01 HL067438 from the National Heart, Lung, and Blood Institute. Dr. Omachi was supported by National Heart, Lung, and Blood Institute, grant number T32 HL007185. Dr. Eisner was supported by R01HL077618 National	missing participants.
		Heart, Lung, and Blood Institute, National Institutes of Health, with co-funding by the	Analysis
		Social Security Administration.	Unclear risk of bias
			15% off the population was
		Inclusion criteria	lost to follow-up, but data
		• Age	was calculated for the
		55-77 years	missing participants.
		Diagnosis of COPD	However, the study does not
		Subjects were classified as having COPD for the current analysis if they reported, in	state how many events
		response to a specific query during the structured telephone interview, that a physician	occurred in the 1 year follow-
		had diagnosed them with chronic bronchitis, emphysema, or specifically with COPD.	up period. Model was not
		People with a concomitant diagnosis of asthma were included.	adjusted for all the
		Freducion oritoria	confounding variables
		Exclusion criteria	required by our review
		• None reported	protocoi.
		Sample characteristics	
		Sample size	Overall risk of bias
		267 in the internal validation cohort	• Low
		• % female	
		63	
		Mean age (SD)	Directness
		65.2 years (6.1)	<ul> <li>Directly applicable</li> </ul>
		Smoking details	
		Cigarette Smoking, n (%) Never smoked 48 (18) Current smoker 82 (31) Former smoker	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>136 (51)</li> <li>Comorbidities</li> <li>Comorbidities, n (%) Coronary Artery Disease 57 (21) Congestive Heart Failure 43 (16)</li> <li>Diabetes 61 (23) Sleep Apnea 23 (9)</li> <li>Relevant prognostic factor(s)</li> <li>COPD severity score</li> <li>Multivariate regression model adjusted covariates</li> <li>Age</li> </ul>	
		<ul> <li>Smoking history</li> <li>Comorbidities</li> <li>Race</li> <li>Educational attainment</li> </ul>	
		Measures	
		• C-Statistic	
		Hospitalisations	
		Additional comments 383 people were included in the initial cohort in 2001 and used to help derive the COPD severity score. Of these people, 267 were re-interviewed in 2002 and used as a validation cohort.	

Author (year)	Title	Study characteristics	Quality assessment
Ou (2014)	Discriminative	Associated studies	Participant selection
	and predictive	Chen Chiung-Zuei, Ou Chih-Ying, Hsu Chih-Hui, and Hsiue Tzuen-Ren (2015) Validation	<ul> <li>Low risk of bias</li> </ul>
	properties of	of the GOLD 2013 classification in predicting exacerbations and mortality in Taiwanese	
	multidimensional	patients with chronic obstructive pulmonary disease. Journal of the Formosan Medical	<b>—</b> • • •
	prognostic	Association = Taiwan yi zhi 114, 1258-66	Predictors
	indices of	Chan Chiung Zugi. On Chih Ving Mr. Chun Uning Mann Oru Chun. Chang Ung Mr. and	<ul> <li>Low risk of bias</li> </ul>
	chronic	Chen Chlung-Zuel, Ou Chin-Ying, Yu Chun-Hslang, Yang Szu-Chun, Chang Han-Yu, and	
	obstructive	disease 2012 classification and hady mass index, sinflaw obstruction, dyannas, and	Outcome
	pulmonary	exacerbations index in predicting mortality and exacerbations in elderly adults with	• Low risk of bias
	uisease: a	chronic obstructive pulmonary disease Journal of the American Geriatrics Society 63	
	in Taiwanese		
	natients	211 00	Sample size and
	patiento.		participant flow
		Study type	<ul> <li>Low risk of bias</li> </ul>
		Prospective cohort study	
		Study details	Analysis
		Study location	<ul> <li>Low risk of bias</li> </ul>
		Taiwan	
		Study setting	
		Outpatient clinic at National Chen Kung University Hospital.	Overall risk of bias
		Study dates	• Low
		Participants were recruited between May 2006 and December 2011.	
		Duration of follow-up	
		Not specified, but at least one year.	
		Loss to follow-up	
		594/621 (95.6%) of participants were followed up for at least one year.	

Author (year)	Title	Study characteristics	Quality assessment
		Sources of funding	Directness
		National Science Council of Taiwan.	<ul> <li>Directly applicable</li> </ul>
		Sample characteristics	
		501	
		• % female	
		6.6	
		• Mean age (SD)	
		71 7 years (10 2)	
		Smoking details	
		Current smokers: 20.4%	
		• FEV1 %, predicted (mean (SD))	
		Survivors: 63.7 (22.1) Non-survivors: 54.5 (21.7)	
		Relevant prognostic factor(s)	
		• BODEx index (dysphoes) breathlessness (mMRC) BML EEV(1 and exacerbations)	
		• ADO index (age, dysphoea/ breathlessness and EEV/1)	
		• COPD Prognostic Index (CPI) (quality of life standardised by the CRO or SGRO_EEV1	
		age sex BML exacerbation history and cardiovascular disease history)	
		Measures	
		c-statistic	
		Outcome(s)	
		• Mortality	

Author (year)	Title	Study characteristics	Quality assessment
		Additional comments To prevent double counting, data was not extracted for BODEx as it was unclear whether some of the same participants had been included in the studies by Chen 2015a and Chen 2015b.	
Pedone (2014)	BODE index or geriatric multidimensional	Named study cohort SARA (Salute Respiratoria nell'Anziano – Respiratory Health in the Elderly) study Study type	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	the prediction of very-long-term mortality in	Prospective cohort study      Study details     Study location	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
	with chronic obstructive pulmonary disease?	Italy • Study setting Pulmonary or geriatric outpatient clinics • Study dates	Outcome <ul> <li>Low risk of bias</li> </ul>
		Recruitment took place from January 1996 to July 1999 • Duration of follow-up 15 years • Loss to follow-up	Sample size and participant flow • Low risk of bias
		Information on vital status as of December 2010 was obtained for 468/563 (82%) participants • Sources of funding Not stated	Analysis • Low risk of bias

Author (year)	Title	Study characteristics	Quality assessment
		Inclusion criteria  Diagnosis of COPD	Overall risk of bias • Low
		FEV1/FVC <0.7	
		Exclusion criteria	Directness
		• Astrina or history of astrima FEV1 ≥80% of predicted and a history of wheezing in the last year, or a FEV1 <80% of predicted and with FEV1 increase ≥12% after inhalation of fenoterol	• Directly applicable
		Sample characteristics	
		• Sample size	
		400 • % female	
		23.3%	
		Mean age (SD)	
		73.3 years (5.51)	
		Comorbidities	
		Ischaemic heart disease 12.7% Heart failure 6.9% Stroke 3.7%	
		• FEV1 %, predicted (mean (SD)) 69 (24.7)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnoea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	
		Measures	
		• c-statistic	

Author (year)	Title	Study characteristics	Quality assessment
		Outcome(s) • Mortality <i>All-cause mortality</i>	
		Additional comments Hazard ratios were reported, but data was not extracted as it was not stated whether these were adjusted for potential confounding variables.	
Pothirat (2015)	Detection of	Study type	Participant selection
	acute deterioration in	Prospective cohort study	Low risk of bias
	health status	Study details	
	visit among	Study location	Predictors
	COPD patients	Thailand	<ul> <li>Low risk of bias</li> </ul>
	by monitoring	Study setting	
	COPD	Chest clinic of Chiang Mai University Hospital	
	assessment test	Study dates	Outcome
	score.	Not stated, but participants were recruited from October 2010 to December 2011 and monitored for 15 months.	Low risk of bias
		Duration of follow-up	Operation of the stand
		15 months	Sample size and
		Loss to follow-up	participant flow
		Data was available for 140/140 (100%) of participants.	• LOW TISK OF DIAS
		Sources of funding	
			Analysis
			• High risk of bias

Author (year)	Title	Study characteristics	Quality assessment
		Inclusion criteria	The optimum cut-off for the
		Clinically stable COPD	CAT was determined and
		≥ 6 weeks before enrolment.	used to calculate the
		• Age	sensitivity and specificity of
		≥ 40 years	the test.
		Smoking history	<ul> <li>Low risk of bias</li> </ul>
		Smokers or ex-smokers with a smoking history of 10 or more pack-years.	For the c-statistic data
		Exclusion criteria	
		Asthma or history of asthma	Overall risk of bias
		Inability to perform the required tests	• Low
		Unable to complete questionnaires	Data for sensitivity and
		Cardiopulmonary disease	specificity was not used as it was not in an accessible
		Sample characteristics	format.
		Sample size	
		140	
		• % female	Directness
		43.6	Directly applicable
		Mean age (SD)	
		71.1 (8.4)	
		• FEV1 %, predicted (mean (SD))	
		47.4 (18.2)	
		Relevant prognostic factor(s)	
		CAT (COPD Assessment Test)	

Author (year)	Title	Study characteristics	Quality assessment
		Thai version       • FEV1	
		Measures • c-statistic • Sensitivity and specificity	
		Outcome(s) • Exacerbations Moderate exacerbation was defined as a worsening of two or more of the following major symptoms for 2 or more consecutive days: breathlessness, sputum volume, or sputum purulence, requiring treatment with systemic corticosteroids and/or antibiotics. Mild exacerbation was defined as worsening of COPD symptoms more than the usual daily variations by patient's global assessment or worsening of symptoms requiring increased dosage, shortened dosage interval, or additional long-acting bronchodilators, but not systemic corticosteroids and/or antibiotics, by physician's global assessment.	
		<b>Additional comments</b> A 2x2 table could not be calculated from the sensitivity and specificity data provided as the number of people having an exacerbation was not stated.	
Puhan (2009)	Expansion of the prognostic assessment of	Named study cohort Swiss Barmelweid cohort	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	chronic obstructive	Prospective cohort study	

Author (year)	Title	Study characteristics	Quality assessment
	pulmonary	Study details	Predictors
	disease: the	Study location	Low risk of bias
	updated BODE	Switzerland	
	index and the	Study setting	
	ADO index	Secondary care hospital	Outcome
		Study dates	<ul> <li>Low risk of bias</li> </ul>
		May 2004 to December 2005	
		Duration of follow-up	
		At least 30 months	Sample size and
		Loss to follow-up	participant flow
		No information provided so it appears that 100% of participants were included in the	<ul> <li>Low risk of bias</li> </ul>
		analysis	
		Sources of funding	
		Swiss National Science Foundation; Klinik Barmelweid; Fondo de Investigacion Sanitaria	Analysis
		Ministry of Health, Spain; Agencia d'Avaluacio de Tecnologia i Recerca Mediques,	Low risk of bias
		Catalonia Government; Spanish Society of Pneumology and Thoracic Surgery; Catalan	
		Foundation of Pneumology; Red RESPIRA; Red RCESP; Fondo de Investigacion	
		Sanitaria; Fundacio La Marato de TV3; Novartis Farmaceutica, Spain.	Overall risk of blas
			• Low
		Inclusion criteria	
		Pulmonary function test results	<b>D</b> . (
		FEV1/FVC <0.7 and FEV1 <80% (GOLD stages II to IV)	Directness
		After a respiratory rehabilitation programme	Directly applicable
		Exclusion criteria	
		No measurement of 6-min walk distance because of neurological or musculoskeletal	
		comorbidities	

Author (year)	Title	Study characteristics	Quality assessment
		• Language other than German	
		• No informed consent	
		Sample characteristics	
		• Sample size	
		232	
		• % female	
		40%	
		• Mean age (SD)	
		72 2 years (9 1)	
		Smoking details	
		Current smokers: 18%	
		Comorbidities	
		Cardiovascular disease: 38% Diabetes: 18%	
		• FEV1 %, predicted (mean (SD))	
		45.2% (16.2)	
		Relevant prognostic factor(s)	
		• BODE index (dysphoea/ breathlessness (mMRC), BML FEV1 and exercise (6MWD))	
		Original BODE and updated BODE in the Swiss cohort	
		Moasuras	
		nicasules	
		Outcome(s)	
		Mortality	

Author (year)	Title	Study characteristics	Quality assessment
		Additional comments	
		The study also had a Spanish cohort. However, the Spanish cohort did not meet our inclusion criteria because participants did not have a stable COPD as they were recruited	
		when they admitted to hospital for their first exacerbation	
Soler-Cataluna	Severe	Study type	Participant selection
(2009)	exacerbations and BODE	Prospective cohort study	Low risk of bias
	index: two	Study details	
	independent risk	Study location	Predictors
	factors for death	Spain	<ul> <li>Low risk of bias</li> </ul>
	in male COPD	Study setting	
	patients.	Outpatient clinics in Valencia, Spain.	
		Study dates	Outcome
		Not stated, but participants were enrolled between January 1999 and June 2004.	<ul> <li>Low risk of bias</li> </ul>
		Duration of follow-up	
		Mean follow-up of 36 (SD 24).	
		Loss to follow-up	Sample size and
		Not stated; it appears that data was analysed for 185/185 participants.	participant flow
		Sources of funding	<ul> <li>Low risk of bias</li> </ul>
		Not stated.	
		Inclusion criteria	Analysis
		Clinically stable COPD	<ul> <li>Low risk of bias</li> </ul>
		No exacerbations in the month before enrolment in the study.	
		Smoking history	
		> 10 pack-vears	
		Diagnosis of COPD	
Author (year)	Title	Study characteristics	Quality assessment
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		According to the latest GOLD criteria.	Overall risk of bias
		Pulmonary function test results	• Low
		FEV1/FVC <0.7	
		Exclusion criteria	Directness
		Other respiratory diseases or respiratory related diseases	Directly applicable
		Bronchiectasis, cystic fibrosis, upper airway obstruction or bronchiolitis related to	
		systemic pathology.	
		Asthma or history of asthma	
		Sample characteristics	
		Sample size	
		185	
		• % female	
		0.0	
		• Mean age (SD)	
		71 years (9)	
		Smoking details	
		Current smoker, mean (SD): 33% (17.8)	
		Comorbidities	
		Charlson index, mean (SD): 0.80 (0.96)	
		• FEV1 %, predicted (mean (SD))	
		47.9 (15.5)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnoea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>e-BODE (BODE plus exacerbations)</li> <li>BODEx index (dyspnoea/ breathlessness (mMRC), BMI, FEV1 and exacerbations)</li> <li>Multivariate regression model adjusted covariates</li> <li>Comorbidities</li> <li>Exacerbation frequency</li> <li>Blood gases</li> <li>PaO2, PaCO2</li> <li>Measures</li> <li>Hazard ratios</li> <li>Outcome(s)</li> <li>Mortality</li> </ul>	
Stolz (2014a)	Mortality risk prediction in COPD by a prognostic biomarker panel.	<ul> <li>Named study cohort         Pro-ProCOLD (procalcitonin-guided antibiotic therapy in acute exacerbations of COPD: a randomised trial) study. Predicting Outcome using Systemic Markers in Severe Exacerbations of COPD (PROMISE-COPD) study.     </li> <li>Associated studies         Stolz 2014b Stolz Daiana, Kostikas Kostantinos, Blasi Francesco, Boersma Wim, Milenkovic Branislava, Lacoma Alicia, Louis Renaud, Aerts Joachim G, Welte Tobias, Torres Antoni, Rohde Gernot G. U, Boeck Lucas, Rakic Janko, Scherr Andreas, Hertel Sabine, Giersdorf Sven, and Tamm Michael (2014) Adrenomedullin refines mortality prediction by the BODE index in COPD: the "BODE-A" index. The European respiratory journal 43, 397-408.     </li> </ul>	<ul> <li>Participant selection</li> <li>Low risk of bias</li> <li>Predictors</li> <li>Low risk of bias</li> <li>Outcome</li> <li>Low risk of bias</li> </ul>

Author (year)	Title	Study characteristics	Quality assessment
		Study type	Sample size and
		Prospective cohort study	participant flow
			<ul> <li>Unclear risk of bias</li> </ul>
		Study details	Participants with missing
		Study location	biomarker data (n=14/243)
		Switzerland	were excluded from the
		Study setting	analysis
		University Hospital Basel, Basel, Switzerland.	
		Study dates	
		Not stated	Analysis
		Duration of follow-up	<ul> <li>Unclear risk of bias</li> </ul>
		5 years	Model was not adjusted for
		Loss to follow-up	all the confounding variables
		243/257 (94.6%) of the participants completed the trial or data was available in the case	required by our review
		of death.	protocol.
		Sources of funding	
		The cohort studies were supported by funding from the Clinic of Pulmonary Medicine and	
		Respiratory Cell Research of the University Hospital Basel, Switzerland. D. Stolz was	Overall risk of bias
		supported by the Swiss National Foundation (PP00P3_128412/1).	• Low
		Inclusion criteria	
		Clinically stable COPD	Directness
		Moderate-to-very severe COPD based on anamnesis, physical examination and	<ul> <li>Directly applicable</li> </ul>
		spirometry performed $\geq$ 4 weeks after resolution of the latest exacerbation.	
		• Age	
		≥ 40 years old	

Title	Study characteristics	Quality assessment
	• Smoking history	
	≥10 pack-vears	
	Exclusion criteria	
	A primary diagnosis other than COPD as the main respiratory disease	
	For example bronchiectasis, asthma or pulmonary fibrosis.	
	Immunosuppression	
	Including AIDS or a history of organ transplantation, or current chronic steroid use (>20	
	mg preanisoione equivalent per day).	
	• A rapid ratal disorder proventing walking	
	Sample characteristics	
	Sample size	
	Validation cohort =257	
	• % female	
	19.8%	
	Mean age (SD)	
	66.1 years (10.5)	
	• Smoking details	
	• Duration of COPD symptoms, months (mean (SD))	
	// (/0)	
	• Comprised entering by participation: 55.1 (124) Corporate attended disease: 22.1 (78) Concepting	
	heart failure: 24.7 (60) Myocardial infarction Pulmonary hypertension: 18.9 (46)	
	Malignancy: 8 2 (20) Diabetes mellitus: 12 7 (31) Renal failure: 12 7 (31)	
	Title	Title       Study characteristics         • Smoking history       ≥10 pack-years         Exclusion criteria       • A primary diagnosis other than COPD as the main respiratory disease         For example bronchiectasis, asthma or pulmonary fibrosis.       • Immunosuppression         Including AIDS or a history of organ transplantation, or current chronic steroid use (>20 mg prednisolone equivalent per day).       • A rapid fatal disease         • A musculoskeletal disorder preventing walking       Sample characteristics       • Sample size         Validation cohort =257       • % female       19.8%         • Mean age (SD)       66.1 years (10.5)       • Smoking details         • Duration of COPD symptoms, months (mean (SD))       77 (76)       • Comorbidities         % (n) Arterial hypertension: 55.1 (134) Coronary arterial disease: 32.1 (78) Congestive heart failure: 24.7 (60) Myocardial infarction Pulmonary hypertension: 18.9 (46)         Malignancy: 8.2 (20) Diabetes mellitus: 12.7 (31) Renal failure: 12.7 (31)

Author (year)	Title	Study characteristics	Quality assessment
		• FEV1 %, predicted (mean (SD)) 47.0 (16.6)	
		Relevant prognostic factor(s) <ul> <li>BODE index (dyspnoea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))</li> <li>FEV1</li> </ul>	
		<ul> <li>Multivariate regression model adjusted covariates</li> <li>Smoking status</li> <li>Comorbidities</li> <li>Including arterial hypertension, cardiopathy, malignancy, diabetes mellitus and renal failure (derivation cohort), or age-adjusted Charlson score (validation cohort).</li> </ul>	
		Gender     FEV1 %, predicted	
		Measures • c-statistic • Hazard ratios • Odds ratios	
		Outcome(s) • Mortality	
Stolz (2014b)	Adrenomedullin refines mortality prediction by the BODE index in COPD: the	<b>Named study cohort</b> <i>Predicting Outcome using Systemic Markers in Severe Exacerbations of Chronic</i> <i>Obstructive Pulmonary Disease (PROMISE-COPD) Study.</i>	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>

Author (year)	Title	Study characteristics	Quality assessment
	"BODE-A"	Associated studies	Predictors
	index.	Stolz Daiana, Meyer Anja, Rakic Janko, Boeck Lucas, Scherr Andreas, and Tamm Michael (2014a) Mortality risk prediction in COPD by a prognostic biomarker panel. The European respiratory journal 44, 1557-70	<ul> <li>Low risk of bias</li> </ul>
			Outcome
		<ul><li>Study type</li><li>Prospective cohort study</li></ul>	<ul> <li>Low risk of bias</li> </ul>
		• Study location	Sample size and participant flow
		Belgium, Germany, Greece, Italy, Netherlands, Serbia, Spain, and Switzerland. • Study setting	• Low risk of bias
		11 European hospital pneumology departments	
		Study dates	Analysis
		November 2008 to October 2011	• Low risk of dias
		Duration of follow-up	
		2 years	Overall risk of bias
		549/638 (86.05%) participants were analysed	• Low
		Sources of funding	
		Pulmonary Medicine Clinic, University Hospital Basel, Basel, Switzerland; Swiss National	
		Foundation; and Thermo Scientific Biomarkers (formerly Brahms AG), Hennigsdorf,	Directness
		Germany.	Directly applicable
		Inclusion criteria	
		Clinically stable COPD	
		Moderate to very severe COPD based on anamnesis, physical examination and	
		spirometry $\geq$ 4 weeks after the latest exacerbation resolved	

Author (year)	Title	Study characteristics	Quality assessment
		>40 years	
		• Smoking history	
		≥10 pack-years	
		Exclusion criteria	
		Immunosuppression	
		Including AIDS, organ transplantation or chronic steroids (>20 mg day-1 prednisolone	
		equivalent)	
		A musculoskeletal disorder preventing walking	
		or neuromuscular disorder	
		Main respiratory disorder other than COPD	
		Death expected within 6 months	
		Sample characteristics	
		Sample size	
		549	
		• % female	
		30.2%	
		Mean age (SD)	
		66.0 years (11.4)	
		Smoking details	
		Current smoker 33.3% Pack years mean 45.0 (SD 31.1)	
		Comorbidities	
		Arterial hypertension 51.4% Coronary arterial disease 23.7% Congestive heart failure	
		14.4% Myocardial infarction 9.3% Pulmonary hypertension 9.7% Malignancy 3.8%	
		Diabetes mellitus 12.0% Renal failure 6.0% Adjusted Charlson score median 4	
		(interquartile range: 3 to 5)	

Author (year)	Title	Study characteristics	Quality assessment
		• EEV1 % predicted (mean (SD))	
		Post-bronchodilator FEV1 % pred 48.9 (18.3)	
		Polovant prognostic factor(c)	
		• BODE index (dyspace) breathlessness (mMPC) BML EEV1 and exercise (6MW/D))	
		• BOD index (dysphoea/ breathlessness, FEV1 and BMI)	
		Multivariate regression model adjusted covariates	
		• Unspecified	
		Measures	
		• c-statistic	
		Sensitivity and specificity	
		Hazard ratios	
		Outcome(s)	
		• Mortality	
		All-cause mortality at 1 and 2 years	
		Additional comments	
		Data on BODE was not extracted because Stolz 2014a already reported c-statistic for	
		BODE. It is unclear whether some of the same participants are included in both studies.	
Suetomo	COPD	Study type	Participant selection
(2014)	assessment	Prospective cohort study	Low risk of bias
	tests scores are		
	associated with		

Author (year)	Title	Study characteristics	Quality assessment
	exacerbated	Study details	Predictors
	chronic	Study location	• Low risk of bias
	obstructive	Janan	
	nulmonary	• Study setting	
	disease in	Hospital	Outcome
	Japanese	Study dates	<ul> <li>Low risk of bias</li> </ul>
	patients.	September 2011 to August 2013	
		• Duration of follow-up	
		1 year	Sample size and
		Loss to follow-up	participant flow
		11.5%	<ul> <li>Low risk of bias</li> </ul>
		Sources of funding	
		No funding sources associated with this work	
			Analysis
		Inclusion criteria	Low risk of bias
		Clinically stable COPD	
		History of exacerbations	Overall rick of high
		No history of exacerbations while receiving systemic antibiotics and corticosteroids	
		Hospitalisations for 4 weeks prior study entry	• LOW
		Exclusion criteria	
		Asthma or history of asthma	Directness
		Bronchiectasis	<ul> <li>Directly applicable</li> </ul>
		Current malignancy	
		Hepatitis B or C	
		• Dementia	
		Main respiratory disorder other than COPD	
		Interstitial pneumonia. Pneumoconiosis.	

Author (year)	Title	Study characteristics	Quality assessment
		• Cerebro- or cardio-vascular disease	
		• Cirmosis	
		Chronic kidney disease	
		• Psychological disease	
		Sample characteristics	
		Sample size	
		123	
		• % female	
		High CAT 15.6% Low CAT 10.2%	
		Mean age (SD)	
		High CAT 69.4 (5.3) Low CAT 65.1 (6.1)	
		Smoking details	
		Current smoker High CAT 35.9% Low CAT 28.8% Smoking index, packs per year mean	
		(SD) High CAT 60.1 (25.4) Low CAT 52.2 (27.8)	
		Comorbidities	
		Hypertension High CAT 15.6% Low CAT 13.6% Hyperlipidaemia High CAT 4.7% Low	
		CAT 5.1% Diabetes High CAT 26.6% Low CAT 27.1%	
		• FEV1 %, predicted (mean (SD))	
		High CAT 46.0 (13.8) Low CAT 52.9 (13.0)	
		Relevant prognostic factor(s)	
		CAT (COPD Assessment Test)	
		High CAT >10 points Low CAT <10 points	
		• GOLD 2009	
		Measures	
		• c-statistic	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>Sensitivity and specificity</li> <li>Odds ratios</li> </ul>	
		<ul> <li>Outcome(s)</li> <li>Hospitalisations</li> <li>Exacerbations</li> <li>Exacerbation was defined on the basis of symptom-based diagnosis such as increased cough and sputum production, a change of sputum colour, and worsening of breathlessness from a stable state and beyond-normal day-to-day variations, i.e., showing acute onset and necessitating a change in regular medication, in accordance with a previous report. Moderate exacerbations required a prescription for antibiotics and/or systemic corticosteroids, and severe exacerbations required hospitalization. COPD-related death was also counted as severe exacerbation.</li> </ul>	
Sundh (2012a)	Clinical COPD	Study type	Participant selection
	Questionnaire	Prospective cohort study	<ul> <li>Low risk of bias</li> </ul>
	and mortality	Study details	
	and mortanty	Study location	Predictors
		Sweden	<ul> <li>Low risk of bias</li> </ul>
		Study setting	
		The population was recruited from the central hospital and one district hospital plus eight	
		primary care centres in each of seven Swedish county councils.	Outcome
		• Study dates	Low risk of blas
		2005 to 2010	
		5 years	Sample size and
		Loss to follow-up	participant flow

Author (year)	Title	Study characteristics	Quality assessment
		For the CCQ analysis (Sundh 2012a) data was available for 970/ 1111 (87.3%) of participants. For the DOSE analysis (Sundh 2012b) data was available for 562 /1111 (50.6%) of participants.	• Unclear risk of bias Data was available for 87% of participants for the CCQ index. Data was only available for 50.6%
		• Sources of funding Grants from the county councils of the Uppsala-Örebro Health Care region, the Swedish Heart and Lung Association, the Swedish Asthma and Allergy Association, the Bror Hjerpstedts Foundation, and the Örebro Society of Medicine.	participants to enable calculation of the DOSE index. Missing data was not imputed in either case.
		Inclusion criteria • Age Between 18- 75 years old • Diagnosis of COPD ICD-10 code J44 in the medical records during the period of 2000–2003. Exclusion criteria • None reported	Analysis • Unclear risk of bias Model was not adjusted for all the confounding variables required by our review protocol.
		Sample characteristics • Sample size Both studies: 1111 people consented to participate. Sundh 2012a CCQ study n= 970 with complete data. Sundh 2012b DOSE study n= 562 with complete data. • % female CCQ (n=970): 57.5 DOSE (n= 562): 57.1 • Mean age (SD) CCQ (n=970): mean and median not stated. <50 years: 64 51–60 years: 194 61–70	Overall risk of bias • Moderate For DOSE index due to low number of participants with complete data to enable calculation of the index. • Low

Author (year)	Title	Study characteristics	Quality assessment
		years: 490 >70: 222 DOSE (n= 562): mean and median not stated. <50 years: 40 51–60 years: 122 61–70 years: 288 >70: 112 • Smoking details	For CCQ index
		<ul> <li>DOSE: not stated. CCQ: Smoking never: 61 Ex- smoker: 574 Occasional smoker: 61</li> <li>Current smoker: 273</li> <li>FEV1 %, predicted (mean (SD))</li> <li>CCQ: mean not stated. DOSE: mean not stated. EEV1 % predicted &lt;80 = 412 people.</li> </ul>	Directness <ul> <li>Directly applicable</li> </ul>
		Relevant prognostic factor(s)         • CCQ (Clinical COPD Questionnaire score)	
		Multivariate regression model adjusted covariates <ul> <li>Age</li> <li>Comorbidities</li> </ul>	
		<i>Heart disease</i> • Gender	
		Measures <ul> <li>Hazard ratios</li> </ul>	
		• Mortality	
Sundh (2012b)	The Dyspnoea, Obstruction, Smoking, Exacerbation	Associated studies Sundh J, Janson C, Lisspers K, Montgomery S, Stallberg B. Clinical COPD Questionnaire	Please refer to Sundh 2012a

Author (year)	Title	Study characteristics	Quality assessment
	(DOSE) index is predictive of mortality in COPD	<ul> <li>score (CCQ) and mortality. International journal of chronic obstructive pulmonary disease 2012a; 7:833-842.</li> <li>Additional comments Study characteristics are shown in Sundh 2012a</li></ul>	
Thabut (2014)	Performance of the BODE index in patients with alpha1-	Study type         • Prospective cohort study         Study details	<ul><li>Participant selection</li><li>Low risk of bias</li></ul>
	antitrypsin deficiency- related COPD.	<ul> <li>Study location</li> <li>France</li> <li>Study setting</li> <li>Not stated, but the study aimed to recruit all French patients who fulfilled the inclusion</li> </ul>	<ul><li>Predictors</li><li>Low risk of bias</li></ul>
		criteria and thus was based at multiple sites across France. • Study dates January 2006 to December 2012 • Duration of follow-up	• Low risk of bias
		<ul> <li>Median follow-up time was 31.4 months (range 1–91.3 months).</li> <li>Loss to follow-up</li> <li>140/215 of the study participants were alive the end of the study. Twenty patients died,</li> <li>22 underwent lung transplantation, 5 withdrew from the study and 4 were lost to follow-up. There is no information provided about the missing 24 people. Mortality data was available for 160/215 (74.4%) of the participants, assuming the 22 who had a lung transplant were excluded.</li> <li>Sources of funding</li> <li>Laboratoire francais du Fractionnement et des Biotechnologies.</li> </ul>	Sample size and participant flow • Low risk of bias Although there was a relatively large loss to follow- up, the study used an inverse probability of censoring weighted survival estimator to fill in missing data for those people (22)

Author (year)	Title	Study characteristics	Quality assessment
		Inclusion criteria	who had undergone lung
		Pulmonary function test results	transplantation.
		FEV1/FVC <0.7	
		• alpha1-antitrypsin level <0.5 gL	
		Emphysema diagnosed by computed tomography	Analysis
			<ul> <li>Unclear risk of bias</li> </ul>
		Exclusion criteria	The model was not adjusted
		None reported	for age, smoking and comorbidities.
		Sample characteristics	
		Sample size	
		215	Overall risk of bias
		• % female	• Low
		37.3	
		Mean age (SD)	
		50.8 years (10.9)	Directness
		Smoking details	<ul> <li>Directly applicable</li> </ul>
		Smoking status, n (%) Never-smokers 21 (11.0) Current smokers 7 (3.7) Smoking history	
		pack-years, mean (SD): 18.2 (16.3)	
		Comorbidities	
		Charlson index, mean (SD): 2.7 (1.3)	
		• FEV1 %, predicted (mean (SD))	
		42.5 (19.9)	
		Relevant prognostic factor(s)	
		• BODE index (dyspnoea/ breathlessness (mMRC), BMI, FEV1 and exercise (6MWD))	

Author (year)	Title	Study characteristics	Quality assessment
		Multivariate regression model adjusted covariates	
		Augmentation therapy	
		Measures	
		• c-statistic	
		Hazard ratios	
		Outcome(s)	
		• Mortality	
Varol (2014)	Assessing the	Study type	Participant selection
, , , ,	effectiveness of	Prospective cohort study	Low risk of bias
	the COPD		
	Assessment	Study details	
	Test (CAT) to	Study location	Predictors
	evaluate COPD	Turkey	<ul> <li>Low risk of bias</li> </ul>
	severity and	Study setting	
	exacerbation	One government hospital and 2 chest disease education and training hospitals.	
	rates.	Study dates	Outcome
		April 2011 to February 2012	Low risk of bias
		Duration of follow-up	
		10 months	Sample size and
		Loss to follow-up	Sample Size and
		Data was analysed for 165/165 (100%) study participants.	participant now
		Sources of funding	• Officient fisk of blas
		Not stated.	study duration was long
			study duration was long
			enough to detect a sufficient

Author (year)	Title	Study characteristics	Quality assessment
		Inclusion criteria	number of exacerbations for
		Clinically stable COPD	the analysis and the study
		• Age	does not state how many
		≥ 40 years old	exacerbations occurred.
		Smoking history	
		≥ 10 pack-years or a history of biomass exposure	
		Pulmonary function test results	Analysis
		FEV1 <80% % predicted after bronchodilator use. FEV1/FVC <0.7	<ul> <li>Low risk of bias</li> </ul>
		Exclusion criteria	
		• A primary diagnosis other than COPD as the main respiratory disease	Overall risk of bias
		Asthma or other chronic respiratory diseases	• Low
		Uncontrolled comorbidities	
		Sample characteristics	Directness
		Sample size	Directly applicable
		165	
		• % female	
		9.7	
		Mean age (SD)	
		65.0 years (9.9)	
		Smoking details	
		Smoking history, number (%) Biomass: 11 (6) Ex-smoker: 63 (37) Current smoker: 92	
		(55) Pack-years, mean (SD): 52 (23.8)	
		Comorbidities	
		79 (47%) had a comorbidity.	

Author (year)	Title	Study characteristics	Quality assessment
		<ul> <li>FEV1 %, predicted (mean (SD)) 43.7 (14.8)</li> <li>Relevant prognostic factor(s)</li> <li>CAT (COPD Assessment Test) <i>Turkish version</i></li> <li>Measures</li> <li>Castatistic</li> </ul>	
		<ul> <li>Outcome(s)</li> <li>Exacerbations</li> <li>Defined here as an increase in sputum purulence and volume, and worsening of breathlessness which results in an unexpected visit to a doctor or emergency department and causes a change in disease management.</li> </ul>	

# Appendix F – Forest plots

# **Confirming COPD diagnosis**

Computed tomography (reference standard: pulmonary function tests)

# Sensitivity



l<sup>2</sup> 53.13%

# Specificity



l<sup>2</sup> 87.83%

# Positive likelihood ratios

	СТ	
Li 2008	•	8.03 [ 2.43, 26.53]
Chen 2009		16.12 [ 1.09, 239.26]
Long 2008	<b>⊦</b> ∎	52.02 [ 3.34, 811.09]
Miao 2010	•	3.12 [ 1.71, 5.68]
Kurashima 2005	•	1.88 [ 1.61, 2.20]
Overall	)	6.45 [ 2.05, 17.30]
	1.09 406.09 811.0	99
	Positive LR	

# Negative likelihood ratios



# Predicting outcomes using multidimensional severity assessment indices for people with an existing diagnosis of COPD

#### All-cause mortality

#### Hazard ratios, per unit increase in index

			Hazard Ratio		Hazaro	l Ratio	
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl		IV, Fixed	l, 95% Cl	
3.1.1 BODE							
Celli 2004	0.27763	0.03002	1.32 [1.24, 1.40]			+	
de Torres 2008	0.34359	0.06768	1.41 [1.23, 1.61]				
Thabut 2014	0.41871	0.14002	1.52 [1.16, 2.00]				
3.1.2 i-BODE							
Moberg 2014	0.24686	0.033798	1.28 [1.20, 1.37]			+	
				0.5	0.7	1.5 2	2

Hazard ratios by category (low risk reference)

			Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% CI	IV, Fixed, 95% Cl
4.1.1 BOD				
Soler-Cataluna (1)	0.139762	0.446668	1.15 [0.48, 2.76]	
Soler-Cataluna (2)	0.841567	0.440398	2.32 [0.98, 5.50]	
Soler-Cataluna (3)	1.458615	0.46/4952/	4.30 [1.72, 10.75]	
4.1.2 BODE				
Andrianopulos 2015 (4)	0.385262	0.214905	1.47 [0.96, 2.24]	
4.1.3 BODEx				
Soler-Cataluna (5)	0.41871034	0.4298916	1.52 [0.65, 3.53]	
Soler-Cataluna (6)	1.15057203	0.42719506	3.16 [1.37, 7.30]	<del>- + -</del>
Soler-Cataluna (7)	1.7681496	0.4504987	5.86 [2.42, 14.17]	— <del>— • —</del>
4.1.4 eBODE				
Soler-Cataluna (8)	0.463734	0.519322	1.59 (0.57, 4.40)	
Soler-Cataluna (9)	1.169381	0.494045	3.22 [1.22, 8,48]	——————————————————————————————————————
Soler-Cataluna (10)	2.273156	0.54215	9.71 [3.36, 28.10]	— <u>+</u>
4.1.5 GOLD 2011				
Johannessen 2013 (11)	0.336472	0.230605	1.40 [0.89, 2.20]	++
Johannessen 2013 (12)	-0.10536	0.407402	0.90 [0.41, 2.00]	+
Johannessen 2013 (13)	1.064711	0.212701	2.90 [1.91, 4.40]	
Leivseth 2013 (14)	-0.040822	0.10957924	0.96 [0.77, 1.19]	+
Leivseth 2013 (15)	0.3220835	0.11826613	1.38 [1.09, 1.74]	-+-
Leivseth 2013 (16)	0.652325	0.1243688	1.92 [1.50, 2.45]	+
4.1.6 GOLD before 2011				
Johannessen 2013 (17)	0.53062825	0.13154546	1.70 [1.31, 2.20]	+
Johannessen 2013 (18)	1.30833282	0.15362505	3.70 [2.74, 5.00]	
Leivseth 2013 (19)	0.512824	0.094546	1.67 [1.39, 2.01]	+
Leivseth 2013 (20)	1.05779	0.116675	2.88 [2.29, 3.62]	+
Leivseth 2013 (21)	1.578979	0.218312	4.85 [3.16, 7.44]	-+
Mattila 2015 (22)	0.239017	0.088313	1.27 [1.07, 1.51]	+
Mattila 2015 (23)	0.336472	0.077606	1.40 [1.20, 1.63]	+
Mattila 2015 (24)	0.438255	0.122336	1.55 [1.22, 1.97]	+
Mattila 2015 (25)	1.047319	0.280636	2.85 [1.64, 4.94]	<b>→</b>
4.1.7 CCQ				
Sundh 2012a (26)	-0.0202	0.268888	0.98 [0.58, 1.66]	_ <b>_</b>
Sundh 2012a (27)	0.672944	0.246906	1.96 [1.21, 3.18]	-+
Sundh 2012a (28)	1.141033	0.233854	3.13 [1.98, 4.95]	-+
4.1.8 DOSE				
Sundh 2012b (29)	1.247032	0.20687	3.48 [2.32, 5.22]	
Sundh 2012b (30)	2.079442	0.274466	8.00 [4.67, 13.70]	-+
				0.02 0.1 1 10 50

<u>Footnotes</u> (1) Quartile 2 (reference quartile 1) (2) Quartile 3 (3) Quartile 4  $(4) \ge 4$  (reference < 4) (5) Quartile 2 (reference quartile1) (6) Quartile 3 (7) Quartile 4(8) Quartile 2 (reference quartile 1) (9) Quartile 3 (10) Quartile 4 (11) Group B (reference group A)
(12) Group C
(13) Group D (14) Group B (reference group A) (14) Group D (15) Group D (16) Group D (17) GOLD 2007 Stage 3 (reference stage 2) (18) GOLD 2007 stage 4 (19) Stage 2 (reference stage 1) (20) Stage 3 (21) Stage 4 (22) Stage 1 (reference no COPD) (23) Stage 2 (24) Stage 3 (25) Stage 4 (26)  $\geq 1, <2$  (reference <1) (27)  $\geq 2, <3$ (28) ≥3 (29) 4-5 (reference 1-3) (30) 6-7

## Hazard ratios by category (high risk reference)

			Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl	IV, Fixed, 95% Cl
5.1.1 GOLD 2011				
Chan 2016 (1)	-1.17118	0.301717	0.31 [0.17, 0.56]	_ <b>+</b>
Chan 2016 (2)	-0.26136	0.200201	0.77 [0.52, 1.14]	-++
Chan 2016 (3)	-0.43078	0.193617	0.65 [0.44, 0.95]	-+-
5.1.2 GOLD before 20	011			
Chan 2016 (4)	0	0	Not estimable	
Chan 2016 (5)	-0.63488	0.203651	0.53 [0.36, 0.79]	-+-
Chan 2016 (6)	-0.28768	0.181296	0.75 [0.53, 1.07]	-+-
5.1.3 HADO				
Esteban 2006 (7)	-1.38629436	0.32207744	0.25 [0.13, 0.47]	_ <b>+</b>
Esteban 2006 (8)	-1.07880966	0.22649561	0.34 [0.22, 0.53]	-+
5.1.6 BOSA				
Chan 2017 (9)	-1 23787436	0 28802541	0.291016-0.511	<b>_</b>
Chan 2017 (0) Chan 2017 (10)	-0.63488	0.20002041	0.53 [0.34 0.82]	
Chan 2017 (11)	-0.0618754	0.25516854	0.94 [0.57, 1.55]	_ <b>+</b> _
				0.05 0.2 1 5 20

Footnotes (1) Group A (versus group D) (2) Group B (3) Group C (4) Stage 1 (reference stage 4)- no events (5) Stage 2 (6) Stage 3 (7) Mild (reference severe) (8) Moderate (9) Score 0-3 (reference 7-12) (10) Score 4-5 (11) Score 6

#### Mortality due to respiratory causes

Hazard ratios by category (low risk reference)

			Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl	I IV, Fixed, 95% CI
4.2.1 GOLD 2007				
Johannessen 2013 (1)	1.02961942	0.26425668	2.80 [1.67, 4.70]	] – – –
Johannessen 2013 (2)	2.2300144	0.26716649	9.30 [5.51, 15.70]	]
Mattila 2015 (3)	0.593327	0.284309	1.81 [1.04, 3.16]	]  +-
Mattila 2015 (4)	1.071584	0.209194	2.92 [1.94, 4.40]	] –
Mattila 2015 (5)	1.599388	0.266772	4.95 [2.93, 8.35]	] —
Mattila 2015 (6)	2.769459	0.518994	15.95 [5.77, 44.11]	]
4.2.2 GOLD 2011				
Johannessen 2013 (7)	0.74193734	0.56855135	2.10 [0.69, 6.40]	]
Johannessen 2013 (8)	0.18232156	0.85406961	1.20 [0.23, 6.40]	]
Johannessen 2013 (9)	2.24070969	0.51315373	9.40 [3.44, 25.70]	]
				0.02 0.1 1 10 50

Footnotes (1) Stage 3 (reference stage 2) (2) Stage 4 (3) Stage 1 (reference no COPD) (4) Stage 2 (5) Stage 3 (6) Stage 4 (7) Group B (reference group A) (8) Group C (9) Group D

#### All-cause hospitalisations

#### Hazard ratios, per unit increase in index

			Hazard Ratio	Hazar	d Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl	IV, Fixe	1, 95% Cl
3.2.1 COPD severity	score				
Eisner 2010	0.463734	0.048919	1.59 [1.44, 1.75]		<b>⊢</b>
<b>3.2.2 i-BODE</b> Moberg 2014	0.19062	0.028694	1.21 [1.14, 1.28]		
				0.7 0.85	1 1.2 1.5

#### Hazard ratios by category (low risk reference)

			Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl	IV, Fixed, 95% Cl
4.3.1 GOLD 2007				
Johannessen 2013 (1)	0.182322	0.113849	1.20 [0.96, 1.50]	++
Johannessen 2013 (2)	0.693147	0.133859	2.00 [1.54, 2.60]	
4.3.2 GOLD 2011				
Johannessen 2013 (3)	0.470004	0.113849	1.60 [1.28, 2.00]	│ <del>_ </del>
Johannessen 2013 (4)	0.405465	0.239798	1.50 [0.94, 2.40]	++
Johannessen 2013 (5)	0.693147	0.113849	2.00 [1.60, 2.50]	_+
4.3.3 BODE				
Andrianopulos 2015 (6)	0.336472	0.133859	1.40 [1.08, 1.82]	+
				0.5 0.7 1 1.5 2

Footnotes (1) Stage 3 (reference stage 2) (2) Stage 4 (3) Group B (versus group A) (4) Group C (5) Group D (6) ≥3 (reference <3)

#### **Respiratory specific hospitalisations**

#### Hazard ratios by category (low risk reference)

			Hazard Ratio	Ha	azard Ratio	
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% CI	IV, F	Fixed, 95% Cl	
4.4.1 GOLD 2007						
Johannessen 2013 (1)	1.28093	0.24333	3.60 [2.23, 5.80]			
Johannessen 2013 (2)	2.11626	0.25939	8.30 [4.99, 13.80]		-+-	
4.4.2 GOLD 2011						
Johannessen 2013 (3)	0.53062825	0.461457	1.70 [0.69, 4.20]		++	
Johannessen 2013 (4)	0.788457	0.583196	2.20 [0.70, 6.90]		++	
Johannessen 2013 (5)	2.104134	0.395441	8.20 [3.78, 17.80]		-+	
					1 10 10	<u>1</u>

Footnotes (1) Stage 3 (reference stage 2) (2) Stage 4 (3) Group B (reference group A) (4) Group C (5) Group D

#### **Exacerbations**

#### Hazard ratios by category (low risk reference)

			Hazard Ratio		Hazard	Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl		IV, Fixed	, 95% Cl
4.5.1 CAT						
Lee 2014 (1)	0.262364	0.093021	1.30 [1.08, 1.56]			
Lee 2014 (2)	0.314811	0.09488	1.37 [1.14, 1.65]			— <b> </b> —
Lee 2014 (3)	0.405465	0.095848	1.50 [1.24, 1.81]			
				0.5	07 1	15 2
				0.0	0.1	1.0 2

<u>Footnotes</u> (1) 10-19 (reference 0-9) (2) 20-29 (3) 30-40

## Hazard ratios by category (high risk reference)

			Hazard Ratio	Hazard	Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl	IV, Fixed	, 95% CI
5.2.1 BOD index					
Chan 2016 (1)	-0.63488	0.14194	0.53 [0.40, 0.70]	+	
Chan 2016 (2)	-0.51083	0.146777	0.60 [0.45, 0.80]	+	
Chan 2016 (3)	0.019803	0.135396	1.02 [0.78, 1.33]	-	_
5.2.2 GOLD 2007					
Chan 2016 (4)	-1.56065	0.527048	0.21 [0.07, 0.59]		
Chan 2016 (5)	-0.43078	0.160331	0.65 [0.47, 0.89]	-+-	
Chan 2016 (6)	-0.09431	0.145373	0.91 [0.68, 1.21]	-+	-
5.2.3 GOLD 2011					
Chan 2016 (7)	-0.93395	0.173336	0.39 [0.28, 0.55]	+-	
Chan 2016 (8)	-0.40048	0.151137	0.67 [0.50, 0.90]	+	
Chan 2016 (9)	-0.33687	0.127666	0.71 [0.56, 0.92]	+	
				0.00 0.2 1	J 20

Footnotes (1) Quartile 1 (reference quartile 4) (2) Quartile 2 (3) Quartile 3 (4) Stage 1 (reference stage 4) (5) Stage 2 (6) Stage 3 (7) Group A (versus group D) (8) Group B (9) Group C

#### Severe exacerbations

#### Hazard ratios by category (low risk reference)

			Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	IV, Fixed, 95% Cl	IV, Fixed, 95% Cl
4.6.1 CAT				
Lee 2014 (1)	0.165514	0.145694	1.18 [0.89, 1.57]	
Lee 2014 (2)	0.336472	0.155807	1.40 [1.03, 1.90]	+
Lee 2014 (3)	0.698135	0.169125	2.01 [1.44, 2.80]	— <del>+ —</del>

<u>Footnotes</u> (1) 10-19 (reference 0-9) (2) 20-29 (3) 30-40

# Appendix G – GRADE tables

# Confirming COPD or emphysema diagnosis

# Computed tomography – COPD diagnosis

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
16 Multi-slice computed tomography (reference standard: full expiration average lung density)										
1 (Li 2012) <sup>1</sup>	SR	66	75.0 (59.5, 86.0)	92.3 (73.9, 98.1)	LR+ 9.75 (2.54, 37.36)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Not serious	Low
					LR- 0.27 (0.15, 0.46)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Not serious	Low
Low-dose co	mputed tom	nography (I	reference star	ndard: emphys	sema index in e	expiration)				
1 (Li 2012)⁴	SR	31	89.6 (69.9, 97.0)	94.4 (49.5, 99.7)	LR+ 16.12 (1.08, 239.25)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Serious <sup>5</sup>	Very low
					LR- 0.11 (0.03, 0.36)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Not serious	Low
16 Multi-slice	e computed	tomograph	ny (reference s	standard: pixe	el index in maxi	mum expir	ratory)			
1 (Li 2012) <sup>6</sup>	SR	66	96.3 (83.8, 99.3)	98.1 (76.4, 99.9)	LR+ 52.02 (3.33, 811.09)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Not serious	Low
					LR- 0.03 (0.00, 0.17)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Not serious	Low
16 Multi-slice	e computed	tomograph	ny (reference s	standard: bloo	od flow)					
1 (Li 2012) <sup>7</sup>	SR	69			LR+ 3.24	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Serious <sup>5</sup>	Very low

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%CI)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
			81.1 (65.3,	75.0 (57.4,	(1.74, 6.02)					
			90.7)	87.0)	LR- 0.25	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Serious <sup>5</sup>	Very low
					(0.12, 0.50)					
High resolut	ion compute	d tomogra	phy (referenc	e standard: G	OLD)					
1	Cross-	516	81.4 (76.4,	56.8 (50.4,	LR+ 1.88	Serious <sup>2</sup>	N/A	Not serious	Serious <sup>5</sup>	Low
(Kurashima	sectional		85.6)	63.0)	(1.61, 2.20)					
2005)					LR- 0.32	Serious <sup>2</sup>	N/A	Not serious	Not serious	Moderate
					(0.25, 0.42)					
Computed to	omography (	reference	standard: pulr	nonary functi	on tests)					
5 (Li	SR	748	82.7 (78.4,	84.6 (60.6,	LR+ 6.45	Serious <sup>2</sup>	Serious <sup>8</sup>	Serious <sup>3</sup>	Not serious	Very low
2012) <sup>10</sup>			86.3)	95.1)	(2.06, 17.30)					
					LR- 0.21	Serious <sup>2</sup>	Very serious9	Serious <sup>3</sup>	Not serious	Very low
					(0.15, 0.32)					
1. Data	on Li 2008 re	eported by L	i 2012							
2. Mode	erate risk of b	ias								
3. Partio	cipants inclus	ion/exclusio	on criteria were	not reported						
4. Data	on Chen 200	9 reported	by Li 2012							
5. 95%	confidence in	iterval for lil	kelihood ratio c	rosses one en	d of a defined M	ID interval ·	– (0.5, 2)			
6. Data	on Long 200	8 reported I	by Li 2012							
7. Data	on Miao 2010	U reported t	by LI 2012							
0. 1 <sup>2</sup> for	sensitivity wa	15 03.13%								
9. 1-101	specificity wa	15 01.03%								

10. Pooled data from the Li 2012 SR

CI: confidence interval; SR: systematic review; LR+: positive likelihood ratio; LR-: negative likelihood ratio; N/A: not applicable.

# Chest X-ray – emphysema diagnosis

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
Computer-	aided procedu	ure to reco	gnise emphys	ema on digita	al chest X-ray (refe	erence stan	dard: computed	tomography)		
1 (Miniati 2011)	Cross- sectional	107 <sup>1</sup>	90.2 (76.7, 96.3)	97.0 (88.7, 99.2)	LR+ 29.78 (7.57, 117.05)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Not serious	Low
					LR- 0.10 (0.04, 0.25)	Serious <sup>2</sup>	N/A	Serious <sup>3</sup>	Not serious	Low
1. Dat 2. Mo 3. Pul	<ol> <li>Data from validation sample</li> <li>Moderate risk of bias</li> <li>Pulmonary arterial hypertension was suspected in 15% of the sample before CT scan was performed</li> </ol>									

CI: confidence interval; LR+: positive likelihood ratio; LR-: negative likelihood ratio; N/A: not applicable.

# Pulse oximetry – COPD diagnosis

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
Arterial ox	Arterial oxygen saturation <96% (reference standard: post-bronchodilator spirometry FEV1/FVC <0.70)									
1 (Garcia-	Cross- sectional	210	50.0 (37.4, 62.6)	76.3 (68.9, 82.4)	LR+ 2.11 (1.43, 3.10)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low
Pachon)					LR- 0.65 (0.49, 0.86)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low
Arterial ox	kygen satur	ation <97%	(reference st	andard: post-	bronchodilator s	pirometry	FEV1/FVC <0.70)			
1 (Garcia-	Cross- sectional	210	63.8 (50.8, 75.1)	53.3 (45.3, 61.1)	LR+ 1.36 (1.05, 1.76)	Very serious <sup>1</sup>	N/A	Not serious	Not serious	Low
Pacnon)					LR- 0.67 (0.46, 0.98)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low

Arterial oxygen saturation <98% (reference standard: post-bronchodilator spirometry FEV1/FVC <0.70)

			(95%01)	(95%CI)	bias	Inconsistency	Indirectness	Imprecision	Quality
oss- 2 ctional	210	79.3 (67.0, 87.9)	36.8 (29.6, 44.8)	LR+ 1.25 (1.05, 1.50)	Very serious <sup>1</sup>	N/A	Not serious	Not serious	Low
				LR- 0.56 (0.32, 0.96)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low
oss	}- >nal	⊱ 210 mal	⊱ 210 79.3 (67.0, nal 87.9)	210 79.3 (67.0, 36.8 (29.6, nal 87.9) 44.8)	>-         210         79.3 (67.0, 87.9)         36.8 (29.6, 44.8)         LR+ 1.25 (1.05, 1.50)           LR- 0.56 (0.32, 0.96)	⇒         210         79.3 (67.0, 87.9)         36.8 (29.6, 44.8)         LR+ 1.25         Very serious <sup>1</sup> LR- 0.56         Very (0.32, 0.96)         very serious <sup>1</sup>	$\stackrel{(3-2){}_{2}}{\text{phal}} \begin{array}{c} 210 \\ \text{phal} \end{array} \begin{array}{c} 79.3  (67.0, \\ 87.9 \end{array} \begin{array}{c} 36.8  (29.6, \\ 44.8 \end{array} \begin{array}{c} \text{LR} + 1.25 \\ (1.05, 1.50) \end{array} \begin{array}{c} \text{Very} \\ \text{serious}^1 \end{array} \begin{array}{c} \text{N/A} \\ \text{LR} - 0.56 \\ (0.32, 0.96) \end{array} \begin{array}{c} \text{Very} \\ \text{serious}^1 \end{array} \end{array}$	>-         210         79.3 (67.0, 87.9)         36.8 (29.6, 44.8)         LR+ 1.25 (1.05, 1.50)         Very serious <sup>1</sup> N/A         Not serious           LR- 0.56 (0.32, 0.96)         Very serious <sup>1</sup> N/A         Not serious	$\stackrel{(3-2)}{\Rightarrow} \text{ and } \begin{array}{c} 79.3  (67.0, \\ 87.9 \end{array} & \begin{array}{c} 36.8  (29.6, \\ 44.8 \end{array} & \begin{array}{c} \text{LR} + 1.25 \\ (1.05, 1.50 \end{array} & \begin{array}{c} \text{Very} \\ \text{serious}^1 \end{array} & \begin{array}{c} \text{N/A} \end{array} & \begin{array}{c} \text{Not serious} \\ \text{Not serious} \end{array} & \begin{array}{c} \text{Not serious} \\ \text{Not serious} \end{array} & \begin{array}{c} \text{Not serious} \\ \text{Not serious} \end{array} & \begin{array}{c} \text{Not serious} \\ \text{Serious}^2 \end{array} & \begin{array}{c} \text{Not serious} \\ \text{Not serious} \end{array} & \begin{array}{c} \text{Not serious} \end{array} & \begin{array}{c} \text{Not serious} \\ \text{Not serious} \end{array} & \begin{array}{c} \text{Not serious} \end{array} & \begin{array}{c}$

1. High risk of bias

95% confidence interval for likelihood ratio crosses one end of a defined MID interval – (0.5, 2)
 CI: confidence interval; LR+: positive likelihood ratio; LR-: negative likelihood ratio; N/A: not applicable.

#### Biomarker: hs-CRP – COPD diagnosis

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
hs-CRP at	hs-CRP at 2.39mg/L (reference standard: pulmonary function tests)									
1 (Tileman	Cross- sectional	210	50.0 (34.0, 65.8)	75.3 (68.3, 81.1)	LR+ 2.02 (1.33, 3.07)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low
n 2011)					LR- 0.66 (0.47, 0.93)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low
hs-CRP at	t 3.5mg/L (re	eference st	andard: pulm	onary functio	n tests)					
1 (Tileman	Cross- sectional	210	41.7 (26.9, 58.1)	82.8 (76.4, 87.7)	LR+ 2.41 (1.45, 4.00)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low
n 2011)					LR- 0.70 (0.53, 0.93)	Very serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Very low
A 113	when whether a find the	~								

1. High risk of bias

95% confidence interval for likelihood ratio crosses one end of a defined MID interval – (0.5, 2)
 CI: confidence interval; LR+: positive likelihood ratio; LR-: negative likelihood ratio; N/A: not applicable.

Predicting outcomes using multidimensional severity assessment indices for people with an existing diagnosis of COPD

# All-cause mortality

Sensitivity, s	specificity and	likelihood ratios
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No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality	
BODE ≥4											
1 (Andrian opoulos 2015)	Prospective	2,010	60.0 (53.0, 67.0)	63.0 (61.0, 66.0)	LR+ 1.62 (1.42, 1.85) <sup>1</sup>	Not serious	N/A	Not serious	Serious <sup>2</sup>	Moderate	
					LR- 0.63 (0.53, 0.75) <sup>1</sup>	Not serious	N/A	Not serious	Serious <sup>2</sup>	Moderate	
BODE >4											
1 (Stolz 2014b)	Prospective	549	48.8 (34.4, 63.4)	78.7 (74.9, 82.0)	LR+ 2.28 (1.61, 3.24)	Not serious	N/A	Not serious	Serious <sup>3</sup>	Moderate	
					LR- 0.65 (0.48, 0.87)	Not serious	N/A	Not serious	Serious <sup>3</sup>	Moderate	
BODAS >5											
1 (Ansari 2016)	Prospective	458	71.4 (63.8, 78.0) <sup>4</sup>	60.9 (55.3, 66.2) <sup>4</sup>	LR+ 1.82 (1.53, 2.16) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
					LR- 0.46 (0.36, 0.61) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
BOD >2											
1 (Ansari 2016)	Prospective	458	44.8 (37.1, 52.7) <sup>4</sup>	77.0 (71.9, 81.4) <sup>4</sup>	LR+ 1.94 (1.48, 2.54) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
					LR- 0.71 (0.61, 0.83) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
BODS >4											

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality	
1 (Ansari 2016)	Prospective	458	64.9 (57.1, 72.1) <sup>4</sup>	59.2 (53.6, 64.6) <sup>4</sup>	LR+ 1.59 (1.33, 1.90) <sup>4</sup>	Very serious⁵	N/A	Not serious	Not serious	Low	
					LR- 0.59 (0.46, 0.74) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
GOLD >1 (matrix [new classification A to D])											
1 (Ansari 2016)	Prospective	458	94.2 (89.2, 96.9) <sup>4</sup>	16.8 (13.0, 21.4) <sup>4</sup>	LR+ 1.13 (1.06, 1.20) <sup>4</sup>	Very serious⁵	N/A	Not serious	Not serious	Low	
					LR- 0.34 (0.17, 0.68) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
GOLD >2 (old GOLD stages 1 to 4)											
1 (Ansari 2016)	Prospective	458	37.7 (30.4, 45.6) <sup>4</sup>	72.4 (67.1, 77.1) <sup>4</sup>	LR+ 1.36 (1.03, 1.79) <sup>4</sup>	Very serious <sup>5</sup>	N/A	Not serious	Not serious	Low	
					LR- 0.86 (0.74, 0.99) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
ADO >3											
1 (Ansari 2016)	Prospective	458	64.3 (56.4, 71.5) <sup>4</sup>	64.8 (59.3, 70.0) <sup>4</sup>	LR+ 1.82 (1.50, 2.21) <sup>4</sup>	Very serious⁵	N/A	Not serious	Serious <sup>3</sup>	Very low	
					LR- 0.55 (0.43, 0.69) <sup>4</sup>	Very serious⁵	V	Not serious	Serious <sup>3</sup>	Very low	

1. We calculated 95% CI for positive and negative likelihood ratios because these were not reported by Andrianopoulos 2015

2. Effect size and 95% confidence interval for likelihood ratio did not reach a defined MID threshold

3. 95% confidence interval for likelihood ratio crosses one end of a defined MID interval – (0.5, 2)

4. Ansari 2016 did not report confidence intervals. Therefore, we calculated 95% CI for sensitivity and specificity as well as positive and negative likelihood ratios and their 95% CI

5. Study at high risk of bias

CI: confidence interval; LR+: positive likelihood ratio; LR-: negative likelihood ratio; N/A: not applicable.
### c-statistics

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
ADO index (Age,	Dyspnoea/ breath	hlessness and Ob	struction)				-	
1 (Ansari 2016)	Prospective cohort	458	0.70 (0.66, 0.74)	Serious <sup>11</sup>	Very serious <sup>7</sup>	Not serious	Serious <sup>12</sup>	Very low
1 (Esteban 2011)	Prospective cohort	348	0.74 (0.69, 0.80)					
1 (Marin 2013 [Galdakao cohort])	Prospective cohort	543	0.65*					
1 (Marin 2013 [Pamplona cohort])	Prospective cohort	190	0.62*					
1 (Marin 2013 [Requena I cohort])	Prospective cohort	174	0.75*					
1 (Marin 2013 [Requena II cohort])	Prospective cohort	186	0.72*					
1 (Marin 2013 [Tenerife cohort])	Prospective cohort	275	0.67*					
1 (Marin 2013 [Seville cohort])	Prospective cohort	596	0.5*					
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	137	0.60*					

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	1,150	0.68*					
1 (Neo 2017)	Prospective cohort	124	0.68 (0.55, 0.82)					
1 (Ou 2014)	Prospective cohort	689	0.70*					
BOD index (BMI,	Obstruction, Dys	pnoea/ breathless	ness)					
1 (Ansari 2016)	Prospective cohort	458	0.62 (0.57, 0.66)	Serious <sup>2</sup>	Serious <sup>10</sup>	Not serious	Not serious	Low
1 (Chan 2016)	Prospective cohort	1,110	0.72 (0.72, 0.72)					
1 (Stolz 2014b)	Prospective cohort	549	0.64*					
BODE index (BM	II, Obstruction, Dy	spnoea/ breathles	sness, Exercise)					
1 (Esteban 2011)	Prospective cohort	348	0.72 (0.66, 0.78)	Serious <sup>11</sup>	Very serious <sup>7</sup>	Not serious	Serious <sup>12</sup>	Very low
1 (Casanova 2005)	Prospective cohort	689	0.80 (0.76, 0.84)					
1 (Imfeld 2006)	Prospective cohort	186	0.74 <sup>1</sup>					
1 (Marin 2011)	Prospective cohort	1,398	0.77 (0.74, 0.81)					
1 (Marin 2013 [Galdakao cohort])	Prospective cohort	543	0.63*					

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
1 (Marin 2013 [Pamplona cohort])	Prospective cohort	190	0.56*					
1 (Marin 2013 [Requena II cohort])	Prospective cohort	186	0.64*					
1 (Marin 2013 [Tenerife cohort])	Prospective cohort	275	0.62*					
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	137	0.59*					
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	1,150	0.69*					
1 (Puhan 2009 [Swiss Cohort])	Prospective cohort	232	0.67*					
1 (Stolz 2014 [validation cohort])	Prospective cohort	243	0.62*					
1 (Neo 2017)	Prospective cohort	124	0.71 (0.58, 0.86)					
1 (Soler- Cataluna 2009)	Prospective cohort	185	0.75 (0.66, 0.84)					
1 (Pedone 2014)	Prospective cohort	468	0.63*					
BODE ≥4								

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
1 (Andrianopoulos 2015)	Prospective cohort	2,010	0.67*	Not serious	N/A	Not serious	Not serious	High
BODAS index (B	MI, Obstruction,	Dyspnoea/ breat	hlessness, Age a	and Smoking [pa	ck years])			
1 (Ansari 2016)	Prospective cohort	458	0.72 (0.67, 0.76)	Very serious9	N/A	Not serious	Serious <sup>4</sup>	Very low
BODS index (BM	II, Obstruction, D	yspnoea/ breath	lessness and Sm	oking [pack year	·s])			
1 (Ansari 2016)	Prospective cohort	458	0.66 (0.61, 0.70)	Very serious9	N/A	Not serious	Serious <sup>4</sup>	Very low
BODEx index (BI	VI, Obstruction, D	yspnoea/ breathle	ssness, Exacerba	ition)				
1 (Marin 2013 [Galdakao cohort])	Prospective cohort	543	0.56*	Serious <sup>11</sup>	Very serious <sup>7</sup>	Not serious	Very serious <sup>13</sup>	Very low
1 (Marin 2013 [Requena I cohort])	Prospective cohort	174	0.75*					
1 (Marin 2013 [Requena II cohort])	Prospective cohort	186	0.64*					
1 (Marin 2013 [Tenerife cohort])	Prospective cohort	275	0.62*					
1 (Marin 2013 [Seville cohort])	Prospective cohort	596	0.5*					
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	1,150	0.65*					

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality	
1 (Chen 2015b)	Prospective cohort	354	0.67 (0.6, 0.74)						
1 (Soler- Cataluna 2009)	Prospective cohort	185	0.74 (0.65, 0.83)						
BODE and COTE	(Copd cO-morb	idity TEst) combi	ined						
1 (Divo 2012)	Prospective cohort	1,659	0.79*	Not serious	N/A	Not serious	Not serious	High	
e- BODE index (exacerbations, BMI, Obstruction, Dyspnoea/ breathlessness, Exercise)									
1 (Marin 2013 [Galdakao cohort])	Prospective cohort	543	0.61*	Serious <sup>2</sup> Serious <sup>1</sup>	Serious <sup>10</sup>	Not serious	Serious <sup>12</sup>	Very low	
1 (Marin 2013 [Requena II cohort])	Prospective cohort	186	0.67*						
1 (Marin 2013 [Tenerife cohort])	Prospective cohort	275	0.63*						
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	1,150	0.69*						
1 (Soler- Cataluna 2009)	Prospective cohort	185	0.77 (0.67, 0.86)						
BOSA index (BM	I, Obstruction, SG	RQ and Age)							
1 (Chan 2017)	Prospective cohort	772	0.69 (0.64, 0.74)	Serious <sup>3</sup>	N/A	Not serious	Serious <sup>4</sup>	Low	
CAT (COPD Ass	essment Test)								

			Effect size							
No. of studies	Study design	Sample size	(95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality		
1 (Casanova 2015)	Prospective cohort	768	0.59*	Not serious	N/A	Not serious	Not serious	High		
CCQ (Clinical CC	OPD Questionnai	re)								
1 (Casanova 2015)	Prospective cohort	768	0.59*	Not serious	N/A	Not serious	Not serious	High		
Clinical basic mo	odel (age-adjusted	d Charlson comort	oidity score, sex, F	EV1 % predicted	and smoking statu	us)				
1 (Stolz 2014 [validation cohort])	Prospective cohort	243	0.72*	Not serious	N/A	Not serious	Very serious⁵	Low		
CPI (COPD Prog	CPI (COPD Prognostic Index)									
1 (Ou 2014)	Prospective cohort	594	0.72*	Not serious	N/A	Not serious	Not serious	High		
DOSE index (Dys	spnoea/ breathless	sness, Obstructior	n, Smoking status	and prior exacerb	ation history)					
1 (Marin 2013 [Galdakao cohort])	Prospective cohort	543	0.58*	Serious <sup>3</sup>	Very serious <sup>7</sup>	Not serious	Serious <sup>8</sup>	Very low		
1 (Marin 2013 [Requena I cohort])	Prospective cohort	174	0.75*							
1 (Marin 2013 [Requena II cohort])	Prospective cohort	186	0.63*							
1 (Marin 2013 [Tenerife cohort])	Prospective cohort	275	0.61*							

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
1 (Marin 2013 [Seville cohort])	Prospective cohort	596	0.5*					
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	1,150	0.64*					
FEV1 % predicte	d							
1 (Imfeld 2006)	Prospective cohort	186	0.63*	Serious <sup>2</sup>	Serious <sup>10</sup>	Not serious	Serious <sup>13</sup>	Very low
1 (Casanova 2005)	Prospective cohort	689	0.69 (0.64, 0.73)					
1 (Marin 2013 [Galdakao cohort])	Prospective cohort	543	0.56*					
1 (Marin 2013 [Pamplona cohort])	Prospective cohort	190	0.61*					
1 (Marin 2013 [Requena I cohort])	Prospective cohort	174	0.67*					
1 (Marin 2013 [Requena II cohort])	Prospective cohort	186	0.59*					
1 (Marin 2013 [Tenerife cohort])	Prospective cohort	275	0.68*					
1 (Marin 2013 [Seville cohort])	Prospective cohort	596	0.5*					

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	137	0.61*					
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	1,150	0.62*					
GOLD stage 2-4								
1 (Goossens 2014)	Prospective cohort	5,630	0.69*	Not serious	N/A	Not serious	Not serious	High
GOLD 2007								
1 (Ansari 2016)	Prospective cohort	458	0.56 (0.52, 0.61)	Serious <sup>2</sup>	Very serious <sup>7</sup>	Not serious	Serious <sup>1</sup>	Very low
1 (Chan 2016)	Prospective cohort	1,110	0.70 (0.70, 0.70)				serious Not serious serious Serious <sup>1</sup> serious Not serious	
1 (Chen 2015a)	Prospective cohort	471	0.61 (0.55, 0.68)					
1 (Johannessen 2013)	Prospective cohort <sup>6</sup>	912	0.81*					
GOLD stage A to	D							
1 (Ansari 2016)	Prospective cohort	458	0.52 (0.47, 0.56)	Not serious	Serious <sup>10</sup>	Not serious	Not serious	Moderate
1 (Goossens 2014)	Prospective cohort	5, 630	0.671					
GOLD 2011								
1 (Chan 2016)	Prospective cohort	1,110	0.71 (0.71, 0.71)	Serious <sup>2</sup>	Very serious <sup>7</sup>	Not serious	Serious <sup>1</sup>	Very low

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality		
1 (Chan 2017)	Prospective cohort	772	0.64 (0.59, 0.69)							
1 (de Torres 2014)	Prospective cohort	707	0.59 (0.50, 0.68)							
1 (Johannessen 2013)	Prospective cohort <sup>6</sup>	912	0.81 <sup>1</sup>							
GOLD 2013										
1 (Chen 2015a)	Prospective cohort	471	0.66 (0.60, 0.72)	Not serious	N/A	Not serious	Serious <sup>4</sup>	Moderate		
HADO index (He	HADO index (Health status, Activity, Dyspnoea/ breathlessness and Obstruction)									
1 (Esteban 2011)	Prospective cohort	348	0.70 (0.64, 0.76)	Not serious	Serious <sup>10</sup>	Not serious	Not serious	Moderate		
1 (Esteban 2006)	Prospective cohort	611	0.68*							
HADO-AH index	(Health status, Ad	ctivity, Dyspnoea/ I	oreathlessness, O	bstruction, Age ar	nd Hospitalisation)	)				
1 (Esteban 2011)	Prospective cohort	348	0.76 (0.71, 0.81)	Not serious	N/A	Not serious	Serious <sup>4</sup>	Moderate		
mBODE% (BMI,	Obstruction, Dysp	noea/ breathlessn	ess, oxygen uptak	ke measured at pe	ak exercise (V'O2	2))				
1 (Cote 2008)	Prospective cohort	444	0.72 (0.66, 0.78)	Not serious	N/A	Not serious	Serious <sup>4</sup>	Moderate		
SAFE index (qua	lity of life by SGR	Q, Obstruction and	d 6MWD)							
1 (Marin 2013 [Galdakao cohort])	Prospective cohort	543	0.63*	Serious <sup>3</sup>	Not serious	Not serious	Serious <sup>8</sup>	Low		

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
1 (Marin 2013 [Requena II cohort])	Prospective cohort	186	0.63*					
1 (Marin 2013 [Tenerife cohort])	Prospective cohort	275	0.62*					
1 (Marin 2013 [Zaragoza I cohort])	Prospective cohort	137	0.62*					

- \* 95% confidence interval not provided or calculable
- 1. For studies without 95% CI, the mean study population > 500; in cases with a 95% CI, >33% of population from studies where the CI spans 2 categories of test effectiveness.
- 2. > 33% of population came from studies at moderate risk of bias
- 3. Individual study or studies at moderate risk of bias
- 4. 95% CI spans 2 categories of test effectiveness
- 5. Sample size < 250
- 6. Data extracted for model adjusted for gender, age, smoking, BMI, comorbidities [diabetes, heart attack/angina, high blood pressure]
- 7. The range of effect point estimate values span 3 categories of test effectiveness
- 8. Average study population < 500, but >250
- 9. Individual study or studies at high risk of bias
- 10. The range of effect point estimate values span 2 categories of test effectiveness
- 11. >33% of study population came from studies at moderate or high risk of bias
- 12. For studies without 95% CI, the mean study population < 500, but >250, and for studies with 95% CI this spans ≥ 3 categories of test effectiveness
- 13. For studies without 95% CI, the mean study population < 500, but >250, and for studies with 95% CI this spans  $\geq$  2 categories of test effectiveness

#### Hazard ratios

No. of	Study	Sampl	Effect size (95% CI)	Risk of	Inconsisten	Indirectnes		
studies	design	e size		bias	су	S	Imprecision	Quality
		_						

#### **BOD index** (BMI, Obstruction, Dyspnoea/ breathlessness)

No. of studies	Study design	Sampl e size	Effect size (95% CI)	Risk of bias	Inconsisten cy	Indirectnes s	Imprecision	Quality
1 (Celli 2004 [model II]) <sup>1</sup>	Prospective cohort	625	HR 1.32 (1.23, 1.40)	Not serious	Serious <sup>16</sup>	Not serious	Serious <sup>21</sup>	Low
1 (de Torres 2008²)	Prospective cohort	203	HR 1.40 (1.22, 1.61)					
1 (Thabut 2014 <sup>8</sup> )	Prospective cohort	191	HR 1.52 (1.14, 2.00)					
1 (Soler- Cataluna 2009 <sup>18</sup> )	Prospective cohort	185	Quartile 1: Reference Quartile 2: HR 1.15 (0.48, 2.76) Quartile 3: HR 2.32 (0.98, 5.50) Quartile 4: HR 4.30 (1.72, 10.75)					
BODE index	(BMI, Obstruction	on, Dyspn	oea/ breathlessness, Exercise)					
1 (Andrianop oulos 2015 <sup>19</sup> )	Prospective cohort	2,010	BODE < 4: Reference BODE ≥4 HR: 1.47 (0.96, 2.24)	Not serious	N/A	Not serious	Serious <sup>21</sup>	Moderate
eBODE inde	x (exacerbations	s, BMI, Ob	ostruction, Dyspnoea/ breathlessness, Exercis	se)				
1 (Soler- Cataluna 2009 <sup>17</sup> )	Prospective cohort	185	Quartile 1: Reference Quartile 2: HR 1.59 (0.56, 4.4) Quartile 3: HR 3.22 (1.22, 8.48) Quartile 4: HR 9.71 (3.36, 28.1)	Not serious	N/A	Not serious	Not serious	High
BODEx (BMI	l, Obstruction, D	yspnoea/	breathlessness, Exacerbations)					
1 (Soler- Catluna 2009 <sup>17</sup> )	Prospective cohort	185	Quartile 1: Reference Quartile 2: HR 1.52 (0.66, 3.53) Quartile 3: HR 3.16 (1.37, 7.30) Quartile 4: HR 5.86 (2.42, 14.17)	Not serious	N/A	Not serious	Not serious	High

No. of studies	Study design	Sampl e size	Effect size (95% CI)	Risk of bias	Inconsisten cy	Indirectnes s	Imprecision	Quality
BOSA (BMI,	Obstruction, SG	RQ and A	ge)					
1 (Chan 2017 <sup>7</sup> )	Prospective cohort	772	Group 1 (score 0-3): HR 0.29 (0.16, 0.51) Group 2 (score 4-5): HR 0.53 (0.53, 0.82) Group 3 (score 6): HR 0.94 (0.57, 1.55) Group 4 (score 7-12): Reference	Serious <sup>12</sup>	N/A	Not serious	Not serious	Moderate
i-BODE inde	<b>x</b> (BODE plus in	crementa	I shuttle walking test [ISWT])					
1 (Moberg 2014 <sup>10</sup> )	Prospective cohort	674	HR 1.28 (1.20, 1.37)	Not serious	N/A	Not serious	Serious <sup>13</sup>	Moderate
CCQ (Clinica	al COPD Questi	onnaire)						
1 (Sundh 2012a <sup>4</sup> )	Prospective cohort	970	<1: Reference ≥1, <2: HR 0.98 (0.57, 1.66) ≥ 2, <3: HR 1.96 (1.21, 3.18) ≥3: HR 3.13 (1.98, 4.95)	Not serious	N/A	Not serious	Not serious	High
DOSE index	(Dyspnoea/ brea	athlessne	ss, Obstruction, Smoking status and prior exa	acerbation hist	ory)			
1 (Sundh 2012b⁴)	Prospective cohort	1,111	0-3: Reference 4-5: HR 3.48 (2.32, 5.22) 6-7: HR 8.00 (4.67, 13.70)	Serious <sup>12</sup>	N/A	Not serious	Not serious	Moderate
GOLD before	e 2011 (Stages	1-4)						
1 (Leivseth 2013 <sup>3</sup> )	Prospective cohort	424 883 204 29	Stage 1: Reference Stage 2: HR 1.67 (1.39, 2.01) Stage 3: HR 2.88 (2.30, 3.62) Stage 4: HR 4.85 (3.16, 7.44)	Not serious	Serious <sup>16</sup>	Serious <sup>14</sup>	Not serious	Low
1 (Chan 2016⁵ [GOLD 2007])	Prospective cohort	1,110	Stage 1: HR 0.00 (0.00, 0.00) <sup>6</sup> Stage 2: HR 0.53 (0.35, 0.79) Stage 3: HR 0.75 (0.53, 1.07) Stage 4: HR Reference					

No. of studies	Study design	Sampl e size	Effect size (95% CI)	Risk of bias	Inconsisten cy	Indirectnes s	Imprecision	Quality
1 (Johanness en 2013 <sup>9</sup> [GOLD 2007)	Prospective cohort	912	Stage 2: Reference Stage 3: HR 1.70 (1.30, 2.20) Stage 4: HR 3.70 (2.50, 5.00)					
1 (Mattila 2015 <sup>11</sup> )	Prospective cohort	6636	No COPD: Reference Stage 1: HR 1.27 (1.06, 1.51) Stage 2: HR 1.40 (1.21, 1.63) Stage 3: HR 1.55 (1.21, 1.97) Stage 4: HR 2.85 (1.65, 4.94)					
GOLD 2011	Groups A-D							
1 (Leivseth 2013 <sup>3</sup> )	Prospective cohort	731 216 142 115	Group A: Reference Group B: HR 0.96 (0.78, 1.19) Group C: HR 1.38 (1.10, 1.74) Group D: HR 1.92 (1.51, 2.45)	Serious <sup>15</sup>	Serious <sup>16</sup>	Not serious	serious Not serious	Low
1 (Chan 2016⁵)	Prospective cohort	1,110	Group A: HR 0.31 (0.17, 0.56) Group B: HR 0.77 (0.52, 1.14) Group C: HR 0.65 (0.45, 0.95) Group D: Reference					
1 (Johanness en 2013 <sup>9</sup> )	Prospective cohort	912	Group A: Reference Group B: HR 1.40 (0.90, 2.20) Group C: HR 0.90 (0.40 , 2.00) Group D: HR 2.90 (1.90, 4.40)					
HADO index	(Health status,	Activity, D	yspnoea/ breathlessness and Obstruction)					
1 (Esteban 2006 <sup>20</sup> )	Prospective cohort	611	Mild: HR 0.25 (0.13, 0.47) Moderate: HR 0.34 (0.22, 0.53) Severe: Reference	Not serious	N/A	Not serious	Not serious	High

No. of studies	;	Study design	Sampl e size	Effect size (95% CI)	Risk of bias	Inconsisten cy	Indirectnes s	Imprecision	Quality		
1.	Mode	adjusted for co	omorbiditi	es using the Charlson index.		_					
2.	Mode	adjusted for ag	ge, gende	r, pack years, cardiovascular risk or disease,	treatment with	inhaled corticos	steroids.				
3.	Data	pooled for wom	en and m	en; model adjusted for age, smoking status a	nd educational	attainment.					
4.	Mode	adjusted for a	ge, sex, h	eart disease							
5.	Pape	r states that mo	del is adju	usted for confounding variables, but does not	specify them.						
6.	No ev	/ents									
7.	Mode	adjusted for ra	ice and ge	ender							
8.	Mode	adjusted for st	udy centr	e and augmentation therapy							
9.	9. Model adjusted for gender, age, smoking, BMI, comorbidities (diabetes, heart attack/angina, high blood pressure).										
10.	Mode	adjusted for a	ge, sex, p	ack-years, current smoking, oxygen saturatio	n at rest, desat	turation >4% du	ring SWT, maint	tenance prednis	olone, LTOT.		
11.	Mode	l adjusted for a	ge, sex, si	moking.							
12.	Study	at moderate ris	sk of bias.								
13.	Study	or studies have	e 95% CI	that crosses one side of a defined MID.							
14.	> 33%	6 of the populat	ion came	from studies with partial applicability to the re	search questio	on.					
15.	> 33%	6 of the populat	ion came	from studies with moderate risk of bias.							
16.	Studi	es are incompa	rable as th	ney use different reference standards to each	other or mix H	IR with referenc	es and those wit	thout.			
17.	Mode	adjusted for a	ge, co-mo	rbidities, blood gases.							
18.	Mode	l adjusted for a	ge, co-mo	rbidities, blood gases and history of acute ex	acerbations of	COPD.					
19.	Mode	adjusted for a	ge, sex, B	MI, FEV1, FEV1/FVC ratio, SGRQ, emphyse	ma, and smoki	ing.					
20.	Mode	adjusted for a	ge and sm	noking.							
21.	Studi categ	es with a single ory has a 95% (	HR that h CI that cro	nave a 95% CI that crosses one side of a defi osses one end of defined MD in > 33% of stu	ned MID and (f dies by populat	or the studies w ion.	ith a reference of	category) the m	ost extreme		

# Mortality due to respiratory causes

#### c- statistics

No. of studios	Study design	Sample	Effect size	Risk of higs	Inconsistency	Indiractness	Imprecision	Quality		
NO. OF Studies	Study design	3120		NISK UI DIAS	meensistency	munectness	Imprecision	Quanty		
BODE index (BMI, Obstruction, Dyspnoea/ breathlessness, Exercise)										

		Sample	Effect size					
No. of studies	Study design	size	(95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
1 (Celli 2004)	Prospective cohort	625	0.74*	Not serious	Serious <sup>4</sup>	Not serious	Serious <sup>1</sup>	Low
1 (Esteban 2010)	Prospective cohort	453	0.87 (0.82. 0.93)					
FEV1 % predicted								
1 (Celli 2004)	Prospective cohort	625	0.65*	Not serious	N/A	Not serious	Not serious	High
GOLD 2007								
1 (Chen 2015a)	Prospective cohort	471	0.65 (0.57, 0.73)	Not serious	Not serious Very serious <sup>5</sup> N	Not serious	Serious <sup>6</sup>	Very low
1 (Johannessen 2013)	Prospective cohort <sup>2</sup>	912	0.83*					
GOLD 2011								
1 (Johannessen 2013)	Prospective cohort <sup>2</sup>	912	0.82*	Not serious	N/A	Not serious	Not serious	High
GOLD 2013								
1 (Chen 2015a)	Prospective cohort	471	0.71 (0.64, 0.77)	Not serious	N/A	Not serious	Serious <sup>3</sup>	Moderate
HADO index (Heal	th status, Activity, Dyspr	noea/ breath	nlessness and (	Obstruction)				
1 (Esteban 2010)	Prospective cohort	453	0.86 (0.81, 0.91)	Not serious	N/A	Not serious	Serious <sup>3</sup>	Moderate

95% confidence interval not provided or calculable

1. 95% CI spans 2 categories of test effectiveness.

2. Data extracted for model adjusted for gender, age, smoking, BMI, comorbidities [diabetes, heart attack/angina, high blood pressure]

3. 95% CI spans 2 categories of test effectiveness

The range of effect point estimate values span 2 categories of test effectiveness
 The range of effect point estimate values span 3 categories of test effectiveness

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality	
6. 95% CI spa	6. 95% CL spans 3 categories of test effectiveness and Johannessen study population is > 500.								

# Hazard ratios

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
BODE index	(BMI, Obstruction	n, Dyspnoea/ brea	thlessness, Exercise)					
1 (Celli 2004 [model II]) <sup>1</sup>	Prospective cohort	625	HR 1.63 (1.48, 1.8)	Not serious	N/A	Not serious	Not serious	High
GOLD 2007								
1 (Johanness en 2013 <sup>2</sup> ) 1 (Mattila 2015 <sup>3</sup> )	Prospective cohort Prospective cohort	912 6636	Stage 2: Reference Stage 3: HR 2.80 (1.70, 4.70) Stage 4: HR 9.30 (5.50, 15.70) No COPD: Reference Stage 1: HR 1.81 (1.04, 3.16) Stage 2: HR 2.92 (1.93, 4.40)	Not serious	Serious⁵	Serious⁴	Not serious	Low
			Stage 3: HR 4.95 (2.94, 8.35) Stage 4: HR 15.95 (5.77, 44.11)					
GOLD 2011								
1 (Johanness en 2013 <sup>2</sup> )	Prospective cohort	912	Group A: Reference Group B: HR 2.10 (0.70, 6.40) Group C: HR 1.20 (0.20, 6.40) Group D: HR 9.40 (3.40, 25.75)	Not serious	N/A	Not serious	Not serious	High

1. Model adjusted for comorbidities using the Charlson index.

2. Model adjusted for gender, age, smoking, BMI, comorbidities (diabetes, heart attack/angina, high blood pressure).

3. Model adjusted for age, sex, smoking.

N S	lo. of tudies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
	4. >33%	6 of the population	n came from studi	es that were partially applicable to th	e research	question.			
	5. Studies are incomparable as they use different reference standards to each other.								

## All-cause hospitalisations

#### Sensitivity, specificity and likelihood ratios

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
BODE ≥3										
1 (Andrian	Prospective	2,010	57.0 (53.0, 61.0)	69.0 (67.0, 72.0)	LR+ 1.84 (1.66, 2.04)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
opoulos 2015)					LR- 0.62 (0.56, 0.68)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
CAT ≥10 <sup>2</sup>										
1 (Suetom	Prospective	spective 123 80.0 93.4)	80.0 (53.0, 93.4)	51.9 (42.5, 61.1)	LR+ 1.66 (1.20, 2.28)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
o 2014)					LR- 0.38 (0.13, 1.07)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
GOLD sta	ges III and IV									
1 (Suetom	Prospective	123	60.0 (34.8, 80.8)	74.1 (65.0, 81.5)	LR+ 2.31 (1.37, 3.90)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
o 2014)					LR- 0.54 (0.28, 1.01)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate

1. 95% confidence interval for likelihood ratio crosses one end of a defined MID interval – (0.5, 2)

 Suetomo 2014 reported the 'best' sensitivity and specificity for hospitalisations with a cut-off CAT score of 29 points with extractable data only for the cut-off of ≥10 points. Therefore, we calculated sensitivity, specificity and likelihood ratios using CAT ≥10
 CI: confidence interval; LR+: positive likelihood ratio; LR-: negative likelihood ratio; N/A: not applicable.

#### c- statistics

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
BODE index ≥ 3 (E	MI, Obstruction, Dyspno	bea/ breathl	essness, Exerc	ise)				
1 (Andrianopoulos 2015)	Prospective cohort	2,010	0.69*	Not serious	N/A	Not serious	Not serious	High
GOLD 2007								
1 (Johannessen 2013)	Prospective cohort <sup>1</sup>	912	0.76*	Not serious	N/A	Not serious	Not serious	High
GOLD 2011								
1 (Johannessen 2013)	Prospective cohort <sup>1</sup>	912	0.77*	Not serious	N/A	Not serious	Not serious	High
*OFO/ acofidan			_					

\*95% confidence interval not provided or calculable

1. Data extracted for model adjusted for gender, age, smoking, BMI, comorbidities [diabetes, heart attack/angina, high blood pressure]

## Hazard ratios

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality	
COPD severity s	core (per 0.5 S	D increment in (	COPD Severity Score)						
1 (Eisner 2010 <sup>1</sup> )	Prospective cohort	1,202	HR 1.59 (1.44, 1.75)	Very serious⁴	N/A	Not serious	Not serious	Low	
BODE index (BMI, Obstruction, Dyspnoea/ breathlessness, Exercise)									
1 (Andrianopoulos 2015⁵)	Prospective cohort	2, 010	BODE< 3: Reference ≥3: HR 1.40 (1.08, 1.82)	Not serious	N/A	Not serious	Serious <sup>6</sup>	Moderate	
i-BODE (BODE p	lus incremental	shuttle walking	test [ISWT])						
1 (Moberg 2014 <sup>3</sup> )	Prospective cohort	674	HR 1.21 (1.14, 1.28)	Not serious	N/A	Not serious	Serious <sup>6</sup>	Moderate	

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
GOLD 2007								
1 (Johannessen 2013 <sup>2</sup> )	Prospective cohort	912	Stage 2: Reference Stage 3: HR 1.20 (0.90, 1.50) Stage 4: HR 2.00 (1.50, 2.60)	Not serious	N/A	Not serious	Not serious	High
GOLD 2011								
1 (Johannessen 2013 <sup>2</sup> )	Prospective cohort	912	Group A: Reference Group B: HR 1.60 (1.20, 2.00) Group C: HR 1.50 (1.00, 2.40) Group C: HR 2.00 (1.5, 2.50)	Not serious	N/A	Not serious	Not serious	High

- 1. Model adjusted for age, sex, race, and educational attainment.
- 2. Model adjusted for gender, age, smoking, BMI, comorbidities (diabetes, heart attack/angina, high blood pressure).
- 3. Model adjusted for age, sex, pack-years, oxygen saturation at rest, desaturation >4% during SWT, LTOT.
- 4. Study at high risk of bias.
- 5. Model adjusted for age, sex, BMI, FEV1, FEV1/FVC ratio, SGRQ, emphysema, and smoking.
- 6. 95% CI crosses one side of a MID (0.8, 1.25).

# **Respiratory specific hospitalisations**

#### c- statistics

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality	
Model 1 (age, race, educational attainment, tobacco history, and medical comorbidities (heart failure, coronary artery disease, diabetes, and sleep apnoea)									
1 (Omachi 2008)	Prospective cohort	267	0.79*	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate	

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality		
Model 2 (model one plus COPD severity score)										
1 (Omachi 2008)	Prospective cohort	267	0.91*	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate		
BODEX index (BM	I, Obstruction, Dyspnoea	a/ breathles	sness, Exacert	oation)						
1 (Moy 2014)	Prospective cohort	167	0.68*	Not serious	N/A	Not serious	Very serious <sup>2</sup>	Low		
* 95% confidence interval not provided or calculable 1. Sample size < 500, but >250 2. Sample size < 250										

# Hazard ratios

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
i-BODE (BODE plus incremental shuttle walking test [ISWT])								
1 (Moberg 2014 <sup>1</sup> )	Prospective cohort	674	HR 1.15 (1.09, 1.20)	Not serious	N/A	Not serious	Not serious	High
GOLD 2007								
1 (Johannessen 2013 <sup>2</sup> )	Prospective cohort	912	Stage 2: Reference Stage 3: HR 3.60 (2.30, 5.80) Stage 4: HR 8.30 (5.00, 13.80)	Not serious	N/A	Not serious	Not serious	High
GOLD 2011								
1 (Johannessen 2013 <sup>2</sup> )	Prospective cohort	912	Group A: Reference Group B: HR 1.70 (0.70, 4.20) Group C: HR 2.20 (0.70, 6.90) Group C: HR 8.20 (3.70, 17.80)	Not serious	N/A	Not serious	Not serious	High

1. Model adjusted for age, sex, pack-years, current smoking, oxygen saturation at rest, desaturation >4% during SWT, maintenance prednisolone, LTOT. Chronic obstructive pulmonary disease in over 16s: diagnosis and management: evidence reviews for Diagnosing COPD and predicting outcomes [December, 2018]

No. of	Study			<b>Risk of</b>				l l
studies	design	Sample size	Effect size (95% CI)	bias	Inconsistency	Indirectness	Imprecision	Quality
2. Model adjusted for gender, age, smoking, BMI, comorbidities (diabetes, heart attack/angina, high blood pressure)								

#### Exacerbations

# Sensitivity, specificity and likelihood ratios.

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
BODE inde	<b>x &gt;1.9 (</b> BMI, C	bstruction,	Dyspnoea/ bre	athlessness, E	Exercise)					
1 (Marin 2009)	Prospective	275	70.8 (64.8, 76.2)	77.1 (60.5, 88.1)	LR+ 3.09 (1.67, 5.72)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
					LR- 0.37 (0.28, 0.49)	Not serious	N/A	Not serious	Not serious	High
BODE class	s II (stages 3 t	to 4) – exac	cerbations							
1 (Faganello	Prospective	120	48.3 (36.1, 60.8)	73.3 (60.8, 83.0)	LR+ 1.81 (1.10, 2.97)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
2010)					LR- 0.70 (0.52, 0.94)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
CAT (COPE	) Assessment	t Test) cut-	off 17/40 – mo	derate to sev	ere exacerbat	ions				
1 (Lee 2014)	Prospective	495	52.2 (45.7, 58.7)	68.7 (62.8, 74.0)	LR+ 1.66 (1.34, 2.07)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
					LR- 0.69 (0.59, 0.81)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
CAT (COPE	) Assessment	t Test) ≥10								
1 (Suetomo	Prospective	123	72.4 (59.6, 82.4)	66.2 (53.9, 76.6)	LR+ 2.13 (1.47, 3.11)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate
2014) <sup>2</sup>					LR- 0.41 (0.26, 0.65)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate

No. of studies	Study design	Sample size	Sensitivity (95%Cl)	Specificity (95%Cl)	Effect size (95%Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality		
GOLD stage	GOLD stages III and IV											
1 (Suetomo	Prospective	123	48.3 (35.8, 61.0)	86.2 (75.5, 92.6)	LR+ 3.48 (1.79, 6.76)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate		
2014)				LR- 0.60 (0.46, 0.78)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate			
GOLD 2003	stage III – ex	acerbation	s									
1 (Faganello	Prospective	120	58.3 (45.6, 70.1)	73.3 (60.8, 83.0)	LR+ 2.18 (1.36, 3.50)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate		
2010)					LR- 0.56 (0.40, 0.79)	Not serious	N/A	Not serious	Serious <sup>1</sup>	Moderate		

1. 95% confidence interval for likelihood ratio crosses one end of a defined MID interval – (0.5, 2)

Suetomo 2014 reported the 'best' sensitivity and specificity for moderate or severe exacerbations with a cut-off CAT score of 8 points with extractable data only for the cut-off of ≥10 points. Therefore, we calculated sensitivity, specificity and likelihood ratios using CAT ≥10
 CI: confidence interval; LR+: positive likelihood ratio; LR-: negative likelihood ratio; N/A: not applicable; CAT: COPD assessment tool; BODE: dyspnoea/ breathlessness, body mass index, FEV1 and exercise;

#### c- statistics

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality
ADO (Age, Dysp	noea/ breathlessn	less, Obstruction)						
1 (Motegi 2013)	Prospective cohort	183	0.64 (0.56, 0.73)	Not serious	N/A	Not serious	Very serious <sup>2</sup>	Low
BOD index (BM	l, Obstruction, Dys	spnoea/ breathless	sness)					
1 (Chan 2016)	Prospective cohort	1,110	0.61 (0.61, 0.61)	Serious <sup>1</sup>	N/A	Not serious	Not serious	Moderate

Study dosign	Samplo sizo	Effect size	Pick of high	Inconsistancy	Indiractnoss	Improcision	Quality
/I, Obstruction, Dy	yspnoea/ breathles	ssness, Exercise)	Stage 3-4	meensistency	munectiess	Inprecision	Quanty
Prospective cohort	120	0.62*	Not serious	N/A	Not serious	Very serious <sup>3</sup>	Low
/II, Obstruction, Dy	yspnoea/ breathles	ssness, Exercise)					
Prospective cohort	275	0.81 (0.75, 0.87)	Not serious	Very serious <sup>7</sup>	Not serious	Very serious9	Very low
Prospective cohort	167	0.62*					
Prospective cohort	183	0.65 (0.56, 0.73)					
bstruction, Dyspn	oea/ breathlessne	ss, Exacerbations	)				
Prospective cohort	262	0.73 (0.67, 0.79)	Serious <sup>1</sup>	N/A	Not serious	Serious <sup>4</sup>	Low
essment Test)							
Prospective cohort	495	0.79 (0.75, 0.84)	Not serious	Serious <sup>6</sup>	Not serious	Serious <sup>8</sup>	Low
Prospective cohort	140	0.89 (0.84, 0.94)					
Prospective cohort	165	0.78 (0.71, 0.85)					
a/ breathlessness	, Obstruction, Smo	oking, Exacerbatio	n)				
Prospective cohort	183	0.75 (0.67, 0.82)	Not serious	N/A	Not serious	Very serious <sup>2</sup>	Low
je III							
Prospective cohort	120	0.69*	Not serious	N/A	Not serious	Very serious <sup>3</sup>	Low
	Study design AI, Obstruction, Dy Prospective cohort	Study designSample sizeAI, Obstruction, DProspective cohort120Prospective cohort120AI, Obstruction, DProspective cohort275Prospective cohort167Prospective cohort183Prospective cohort262Prospective cohort262Prospective cohort140Prospective cohort140Prospective cohort165Prospective cohort140Prospective cohort183Prospective cohort140Prospective cohort183Prospective cohort183Prospective cohort183Prospective cohort183Prospective cohort183Prospective cohort183Prospective cohort183	Study designSample sizeEffect size (95% CI)Al, Obstruction, D Prospective cohort1200.62°Al, Obstruction, D verspective cohort1200.62°Al, Obstruction, D Prospective cohort2750.81 (0.75, 0.87)Prospective cohort1670.62°Prospective cohort1670.62°Prospective cohort1670.62°Prospective cohort1830.65 (0.56, 0.73)Prospective cohort2620.73 (0.67, 0.79)Prospective cohort2620.73 (0.67, 0.79)Prospective cohort1400.89 (0.84, 0.94)Prospective cohort1400.89 (0.71, 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Obstruction, D>>noea/ breathlesness, Exercise)Not seriousN/AProspective cohort2750.81 (0.75, 0.87)Not seriousVery serious7Prospective cohort1670.62°Not seriousVery serious7Prospective cohort1830.65 (0.56, 0.73)N/AN/AProspective cohort2620.73 (0.67, 0.79)Serious1N/AProspective cohort2620.79 (0.75, 0.84)Not seriousSerious6Prospective cohort1400.89 (0.84, 0.94)Not seriousSerious6Prospective cohort1650.78 (0.71, 0.85)Not seriousSerious6Arbreathlessness cohort1830.75 (0.67, 0.82)Not seriousN/AProspective cohort1830.75 (0.67, 0.82)Not seriousN/AProspective cohort1830.75 (0.67, 0.82)Not seriousN/AProspective cohort1830.69°Not seriousN/A	Study designSample sizeEffect size (95% CI)Risk of biasInconsistencyIndirectnessMI, Obstruction, Dyspoeal/ breathlessness, Exercise)Stage 3-4Prospective cohort1200.62'Not seriousN/ANot seriousMI, Obstruction, Dyspoeal/ breathlessness, Exercise)N/ANot seriousNot seriousProspective cohort2750.81 (0.75, 0.87)Not seriousVery serious?Not seriousProspective 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Exercise)Prospective 0.8770.81 (0.75, 0.877Not seriousNot seriousVery serious<sup>7</sup>Not seriousProspective cohort1670.62°Not seriousVery serious<sup>7</sup>Not seriousVery serious<sup>9</sup>Prospective cohort1830.65 (0.56, 0.73)Not seriousNot seriousSerious<sup>4</sup>Prospective cohort2620.73 (0.67, 0.79)Serious<sup>1</sup>N/ANot seriousSerious<sup>4</sup>Prospective cohort1400.89 (0.84, 0.94)Not seriousSerious<sup>6</sup>Serious<sup>6</sup>Serious<sup>6</sup>Prospective cohort1650.78 (0.71, 0.85)Not seriousSerious<sup>6</sup>Serious<sup>6</sup>Prospective cohort1400.89 (0.84, 0.94)Not seriousSerious<sup>6</sup>Serious<sup>6</sup>Prospective cohort1830.75 (0.67, 0.82)Not seriousN/ANot seriousVery serious<sup>2</sup>Prospective cohort1830.75 (0.67, 0.82)Not seriousN/ANot seriousVery serious<sup>2</sup>Prospective cohort1830.75 (0.67, 0.82)Not seriousN/ANot seriousVery serious<sup>2</sup>Pros</td></td<>	Study designSample sizeEffect size (95% C1)Risk of 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No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality		
GOLD stage 1-4										
1 (Motegi 2013)	Prospective cohort	183	0.66 (0.57, 0.74)	Not serious	N/A	Not serious	Very serious <sup>2</sup>	Low		
GOLD 2007										
1 (Chan 2016)	Prospective cohort	1,110	0.59 (0.59, 0.59)	Serious <sup>5</sup>	Serious <sup>6</sup>	Not serious	Not serious	Low		
1 (Chen 2015a)	Prospective cohort	338	0.67 (0.61, 0.73)							
GOLD 2011										
1 (Chan 2016)	Prospective cohort	1,1110	0.62 (0.62, 0.62)	Serious <sup>1</sup>	N/A	Not serious	Not serious	Moderate		
GOLD 2013										
1 (Chen 2015a)	Prospective cohort	338	0.78 (0.73, 0.83)	Serious <sup>1</sup>	N/A	Not serious	Serious <sup>4</sup>	Low		
* 95% confic	* 95% confidence interval not provided or calculable									

1. Individual study at moderate risk of bias

2. 95% CI spans 3 categories of test effectiveness

3. Sample size < 250

4. 95% CI spans 2 categories of test effectiveness

5. >33% of study population came from studies at moderate risk of bias

6. The range of effect point estimate values span 2 categories of test effectiveness

7. The range of effect point estimate values span 3 categories of test effectiveness

8. >33% of the studies have 95% CI that cross 2 categories of test effectiveness

9. Moy study population is < 250, and Marin and Motegi 95% CI cross ≥2 categories of test effectiveness. Averaged as very serious.

# Hazard ratios

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality	
BOD index	(quartiles)						_		
1 (Chan 2016 <sup>1</sup> )	Prospective cohort	1,110	1: HR 0.53 (0.4, 0.7) 2: HR 0.6 (0.45, 0.8) 3: HR 1.02 (0.78, 1.33) 4: Reference	Serious <sup>3</sup>	N/A	Not serious	Not serious	Moderate	
CAT									
1 (Lee 2014 <sup>2</sup> )	Prospective cohort	495	CAT 0-9:Reference CAT 10-19: HR 1.3 (1.09, 1.56) CAT 20-29: HR 1.37 (1.14, 1.65) CAT 30-40: HR 1.5 (1.24, 1.81)	Not serious	N/A	Not serious	Serious <sup>4</sup>	Moderate	
GOLD 2007									
1 (Chan 2016¹)	Prospective cohort	1,110	Stage 1: HR 0.21 (0.08, 0.59) Stage 2: HR 0.65 (0.48, 0.89) Stage 3: HR 0.91 (0.69, 1.21) Stage 4: HR Reference	Serious <sup>3</sup>	N/A	Not serious	Not serious	Moderate	
GOLD 2011	(Groups A-D)								
1 (Chan 2016 <sup>1</sup> )	Prospective cohort	1,110	Group A: HR 0.39 (0.28, 0.55) Group B: HR 0.67 (0.50, 0.90) Group C: HR 0.71 (0.56, 0.92) Group D: Reference	Serious <sup>3</sup>	N/A	Not serious	Not serious	Moderate	
<ol> <li>Study states that model is adjusted for confounding variables but does not specify them.</li> <li>Model adjusted for age, gender, body mass index (BMI), GOLD stage (1-4), number of COPD exacerbations in the previous year, duration of COPD, current smoking status, number of comorbidities, history of influenza vaccination and country.</li> <li>Study at moderate risk of bias.</li> <li>Study has a 95% CI that crosses one side of a defined MID.</li> </ol>									

## Severe exacerbations

#### c- statistics

No. of studies	Study design	Sample size	Effect size (95% Cl)	Risk of bias	Inconsistency	Indirectness	Imprecision	Quality		
BODE index (BMI,	BODE index (BMI, Obstruction, Dyspnoea/ breathlessness, Exercise)									
1 (Marin 2009)	Prospective cohort	275	0.88 (0.83, 0.92)	Not serious	N/A	Not serious	Serious <sup>2</sup>	Moderate		
CAT (COPD Asses	ssment Test)									
1 (Lee 2014)	Prospective cohort	495	0.72 (0.68, 0.77)	Not serious	N/A	Not serious	Serious <sup>2</sup>	Moderate		
GOLD 2007										
1 (Chen 2015a)	Prospective cohort	338	0.66 (0.60, 0.72)	Serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Low		
GOLD 2013										
1 (Chen 2015a)	Prospective cohort	338	0.78 (0.73, 0.83)	Serious <sup>1</sup>	N/A	Not serious	Serious <sup>2</sup>	Low		
1. Individual study at moderate risk of bias										

2. 95% CI spans 2 categories of test effectiveness

### Hazard ratios

No. of studies	Study design	Sample	size Effect size (95% CI)	Risk of bias	Inconsisten cy	Indirectness	Imprecision	Quality
CAT (COPD	Assessment T	est)						
1 (Lee 2014 <sup>1</sup> )	Prospective cohort	495	CAT 0-9:Reference CAT 10-19: HR 1.18 (0.89, 1.57) CAT 20-29: HR 1.4 (1.03, 1.9) CAT 30-40: HR 2.01 (1.45, 2.80)	Not serious	N/A	Not serious	Not serious	High

No. of studies	Study design	Sample size	Effect size (95% CI)	Risk of bias	Inconsisten cy	Indirectness	Imprecision	Quality
1. Model adjusted for age, gender, body mass index (BMI), GOLD stage (1-4), number of COPD exacerbations in the previous year, duration of COPD, current smoking status, number of comorbidities, history of influenza vaccination and country.								



# Appendix H – Economic evidence study selection

# Appendix I – Excluded studies

# **Clinical studies**

Author (year)	Title	Reasons for exclusion
Abascal-Bolado (2015)	Forecasting COPD hospitalization in the clinic: optimizing the chronic respiratory questionnaire	• Not a relevant study design Not a prospective cohort study
Almagro (2014)	Finding the best thresholds of FEV1 and dyspnea to predict 5-year survival in COPD patients: the COCOMICS study	• Study population is mixed and data for people with stable COPD cannot be extracted Study contains people with stable COPD and those recruited following an exacerbation.
Al-Mutairi (2007)	Impulse oscillometry: an alternative modality to the conventional pulmonary function test to categorise obstructive pulmonary disorders	Reference standard in study does not match that specified in protocol
Arghir (2011)	The use of FEV1-body mass index corellation in evaluating the severity and prognosis of COPD in active workers patients	Conference abstract
Baughman (2012)	Combined effect of lung function level and decline increases morbidity and mortality risks	• Study does not include any relevant prognostic variables <i>Prognostic variable was not multidimensional</i>
Bhatt (2013)	Comparison of spirometric thresholds in diagnosing smoking-related airflow obstruction	<ul> <li>Does not contain a population of people with suspected COPD</li> </ul>
Bhatt (2014)	FEV(1)/FEV(6) to diagnose airflow obstruction. Comparisons with computed tomography and morbidity indices	<ul> <li>Study does not include any relevant prognostic variables</li> </ul>
Blumenthal (2016)	Biobehavioral Prognostic Factors in Chronic Obstructive Pulmonary Disease: Results From the INSPIRE- II Trial	<ul> <li>Study does not contain any relevant index tests</li> </ul>
Boeck (2015)	Prognostic assessment in chronic obstructive pulmonary disease using copeptin: A simplified risk index	Conference abstract
Boeck (2016)	Prognostic assessment in COPD without lung function: the B-AE-D indices	• Study population is mixed and data for people with stable COPD cannot be extracted The multiple cohorts included in this study recruited stable and

		exacerbated patients.
Boutou (2013)	Lung function indices for predicting mortality in COPD	<ul> <li>Retrospective prognostic cohort study</li> </ul>
Boutou (2014)	A combined pulmonary function and emphysema score prognostic index for staging in Chronic Obstructive Pulmonary Disease	<ul> <li>Retrospective prognostic cohort study</li> </ul>
Broekhuizen (2011)	Does a decision aid help physicians to detect chronic obstructive pulmonary disease?	• Study does not contain any relevant index tests Study does not include a diagnostic test that could be used to confirm diagnosis of COPD.
Brusse-Keizer (2015)	Adrenomedullin optimises mortality prediction in COPD patients	• Study population is mixed and data for people with stable COPD cannot be extracted <i>Mixed population of people with</i> <i>stable COPD and those recruited</i> <i>following an exacerbation.</i>
Brusse-Keizer (2017)	Comparing the 2007 and 2011 GOLD Classifications as Predictors of all- Cause Mortality and Morbidity in COPD	• Study population is mixed and data for people with stable COPD cannot be extracted The COMIC COPD cohort consists of people with stable COPD and those recruited during an exacerbation. Data is presented for the groups together.
Celli (2012)	Inflammatory biomarkers improve clinical prediction of mortality in chronic obstructive pulmonary disease	<ul> <li>Study investigates the prognostic value of biomarkers</li> </ul>
Chan (2015)	Prognostication in patients with chronic obstructive pulmonary disease using the BOS index	Conference abstract
Chang (2014)	Utility of the combination of serum highly-sensitive C-reactive protein level at discharge and a risk index in predicting readmission for acute exacerbation of COPD	• Does not contain a population of people with stable COPD Participants are recruited from hospital following an acute exacerbation of COPD.
Chen (2012)	Using post-bronchodilator FEV1 is better than pre-bronchodilator FEV1 in evaluation of COPD severity	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)

Chen (2016)	Importance of fractional exhaled nitric oxide in the differentiation of asthma- COPD overlap syndrome, asthma, and COPD	• Not a relevant study design <i>Retrospective study</i>
Dal Negro (2014)	Sensitivity of the COPD assessment test (CAT questionnaire) investigated in a population of 681 consecutive patients referring to a lung clinic: the first Italian specific study	• Study does not contain any relevant outcomes (mortality, hospitalisations, exacerbations, change in FEV1)
Dal Negro (2017)	Patient Related Outcomes-BODE (PRO-BODE): A composite index incorporating health utilization resources predicts mortality and economic cost of COPD in real life.	•Study does not include any relevant measures (e.g. HR, c- statistic etc.)
Dawkins (2003)	Predictors of mortality in alpha1- antitrypsin deficiency	• Does not contain a population of people with stable COPD Participants have patients with a1- antitrypsin deficiency, but are not recruited based on a diagnosis of COPD.
Dawkins (2009)	Mortality in alpha-1-antitrypsin deficiency in the United Kingdom	• Does not contain a population of people with stable COPD Participants have patients with a1- antitrypsin deficiency, but are not recruited based on a diagnosis of COPD.
DeVries (2016)	Validation of the breathlessness, cough and sputum scale to predict COPD exacerbation	• Does not contain a population of people with stable COPD Participants were recruited during contact with medical services for an exacerbation.
Dijk (2011)	Multidimensional prognostic indices for use in COPD patient care. A systematic review	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Eisner (2005)	Development and validation of a survey-based COPD severity score	• Study does not include any relevant measures (e.g. HR, c- statistic etc.) Paper present OR and uses univariate models
Eriksson (2011)	BMI and risk for death in COPD	Conference abstract

Esteban (2008)	Predictors of mortality in patients with stable COPD	<ul> <li>Study does not include any relevant prognostic variables</li> </ul>
Feliz-Rodriguez (2013)	Evolution of the COPD Assessment Test score during chronic obstructive pulmonary disease exacerbations: determinants and prognostic value	• Does not contain a population of people with stable COPD
Fragoso (2011)	Staging the severity of chronic obstructive pulmonary disease in older persons based on spirometric Z- scores	<ul> <li>Does not contain a population of people with stable COPD Participants do not all have a diagnosis of COPD at baseline.</li> <li>Study does not contain any relevant index tests Study is examining a different method of using spirometry measures to predict outcomes.</li> </ul>
Gedebjerg (2018)	Prediction of mortality in patients with chronic obstructive pulmonary disease with the new Global Initiative for Chronic Obstructive Lung Disease 2017 classification: a cohort study.	• Not a relevant study design <i>Retrospective cohort study</i>
Ghobadi (2012)	The Relationship between COPD Assessment Test (CAT) Scores and Severity of Airflow Obstruction in Stable COPD Patients	• Study does not contain any relevant outcomes (mortality, hospitalisations, exacerbations, change in FEV1)
Guirguis-Blake (2016)	Screening for Chronic Obstructive Pulmonary Disease: Evidence Report and Systematic Review for the US Preventive Services Task Force	• Systematic review does not contain any included studies <i>Review was focused on assessing</i> <i>the benefit of screening</i> <i>asymptomatic adults for COPD.</i>
Gupta (2014)	The COPD assessment test: a systematic review	<ul> <li>Systematic review used as a source of RCTs, but not for data extraction</li> </ul>
Haroon (2014)	Screening test accuracy of case finding interventions for chronic obstructive pulmonary disease in primary care: A systematic review	Conference abstract
Haroon (2015)	Effectiveness of case finding strategies for COPD in primary care: A systematic review and meta- analysis	• Systematic review does not contain any included studies Included studies look at COPD case finding rather than diagnosis of COPD in people presenting with relevant symptoms.

Haroon (2015)	Diagnostic accuracy of screening tests for COPD: a systematic review and meta-analysis	• Systematic review does not contain any included studies Focus on screening for COPD rather than diagnosis in people with suspected COPD.
Hernandez (2012)	Prognostic factors in COPD patients controlled in two outpatient clinics	Conference abstract
Horita (2016)	Chronic obstructive pulmonary disease prognostic score: A new index	• Retrospective analysis missing key variables mMRC dyspnoea/ breathlessness was not measured in the original study, but was estimated from other available data.
Jing (2009)	Should FEV1/FEV6 replace FEV1/FVC ratio to detect airway obstruction? A metaanalysis	<ul> <li>Systematic review does not contain any included studies</li> </ul>
Jones (2016)	Multi-component assessment of chronic obstructive pulmonary disease: an evaluation of the ADO and DOSE indices and the global obstructive lung disease categories in international primary care data sets	Retrospective prognostic cohort study
Jung (2014)	Clinical features and prognostic factors of patients hospitalized due to acute exacerbation of chronic obstructive pulmonary disease	<ul> <li>Conference abstract</li> <li>Does not contain a population of people with stable COPD</li> </ul>
Kelly (2012)	Health status assessment in routine clinical practice: the chronic obstructive pulmonary disease assessment test score in outpatients.	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Ko (2011)	A longitudinal study of serial BODE indices in predicting mortality and readmissions for COPD	Does not contain a population of people with stable COPD
Kostianev (2008)	Multidimensional system for assessment of COPD patients. Comparison with BODE index	<ul> <li>Full text paper not available</li> </ul>
Kwon (2010)	Prognosis of heart failure patients with reduced and preserved ejection fraction and coexistent chronic obstructive pulmonary disease	<ul> <li>Retrospective prognostic cohort study</li> </ul>
Labor (2015)	Exhaled breath temperature as a possible early marker in smokers at risk for COPD (MARKO study)	Conference abstract
Lamprecht (2007)	Six-second spirometry for detection of airway obstruction: a population- based study in Austria	<ul> <li>Does not contain a population of people with stable COPD</li> <li>Does not contain a population of</li> </ul>

		people with suspected COPD
Lange (2012)	Prediction of the clinical course of chronic obstructive pulmonary disease, using the new GOLD classification: a study of the general population	Retrospective prognostic cohort study
Lederer (2007)	Lung-volume reduction surgery for pulmonary emphysema: Improvement in body mass index, airflow obstruction, dyspnea, and exercise capacity index after 1 year	• Study does not contain any relevant outcomes (mortality, hospitalisations, exacerbations, change in FEV1)
Lee (2015)	Pharmacological treatment response according to the severity of symptoms in patients with chronic obstructive pulmonary disease	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Liu (2011)	High value of combined serum C- reactive protein and BODE score for mortality prediction in patients with stable COPD	• Study does not include any relevant measures (e.g. HR, c- statistic etc.) Data is reported as OR.
Lou (2016)	Interaction of Depression and Nicotine Addiction on the Severity of Chronic Obstructive Pulmonary Disease: A Prospective Cohort Study	<ul> <li>Study does not contain any relevant outcomes (mortality, hospitalisations, exacerbations, change in FEV1)</li> <li>Study does not include any relevant measures (e.g. HR, c- statistic etc.)</li> </ul>
Manninen (1988)	Large-image intensifier photofluorography and conventional radiography in pulmonary emphysema. Correlation with computed tomography	• Does not contain a population of people with suspected COPD
Mannino (2006)	Global Initiative on Obstructive Lung Disease (GOLD) classification of lung disease and mortality: findings from the Atherosclerosis Risk in Communities (ARIC) study	• Does not contain a population of people with suspected COPD
Marsh (2007)	Utility of lung density measurements in the diagnosis of emphysema	• Does not contain a population of people with suspected COPD
Martinez (2017)	Respiratory Symptoms Items from the COPD Assessment Test Identify Ever-Smokers with Preserved Lung Function at Higher Risk for Poor Respiratory Outcomes. An Analysis of the Subpopulations and Intermediate	• Does not contain a population of people with stable COPD Participants are part of a COPD study cohort, but do not have COPD at baseline or suspected

	Outcome Measures in COPD Study Cohort	COPD.
Mets (2011)	Identification of chronic obstructive pulmonary disease in lung cancer screening computed tomographic scans	<ul> <li>Does not contain a population of people with suspected COPD</li> </ul>
Miravitlles (2009)	Validation of the COPD severity score for use in primary care: the NEREA study	Retrospective prognostic cohort study
Mohamed (2012)	Spirometric thresholds for diagnosing COPD: 0.70 or LLN, pre- or post- dilator values?	• Study does not contain any relevant index tests Spirometry optimisation is out of the scope of this review.
Morris (2012)	The diagnostic importance of a reduced FEV1/FEV6	• Study does not contain any relevant index tests <i>Spirometry optimisation is out of</i> <i>the scope of this review.</i>
Motegi (2011)	Efficacy of prognostic assessment using ado index for Japanese patients with COPD	Conference abstract
Moya (2014)	Airflow reversibility on long term outcomes of patients with COPD	Conference abstract
Navarro (2015)	Prognostic assessment of mortality and hospitalizations of outpatients with advanced chronic obstructive pulmonary disease. Usefulness of the CODEX index	<ul> <li>Study not reported in English</li> </ul>
Neo (2016)	A pilot study examining predictors of short term mortality in advanced COPD-importance of nutritional, systemic inflammatory and physical performance indices	Conference abstract
Nishimura (2002)	Dyspnea is a better predictor of 5- year survival than airway obstruction in patients with COPD	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Nizet (2005)	Survival of chronic hypercapnic COPD patients is predicted by smoking habits, comorbidity, and hypoxemia	• Study does not contain any relevant index tests <i>Study analyses prognostic factors,</i> <i>but does not develop a</i> <i>multidimensional prognostic index.</i>
Oga (2002)	Health status measured with the CRQ does not predict mortality in COPD	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)

Oga (2011)	Predictive properties of different multidimensional staging systems in patients with chronic obstructive pulmonary disease	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Ong (2005)	A multidimensional grading system (BODE index) as predictor of hospitalization for COPD	Univariate analysis
Ozgur (2012)	An integrated index combined by dynamic hyperinflation and exercise capacity in the prediction of morbidity and mortality in COPD	• Study does not contain any relevant index tests Only multidimensional because the index includes a biomarker
Panjabi (2015)	Usefulness of the COPD assessment test (CAT) in patients with (A) stable disease, and (B) exacerbations	Conference abstract
Papaioannou (2013)	The impact of depressive symptoms on recovery and outcome of hospitalised COPD exacerbations	<ul> <li>Does not contain a population of people with stable COPD</li> </ul>
Papaioannou (2014)	COPD assessment test: a simple tool to evaluate disease severity and response to treatment	• Study does not include any relevant measures (e.g. HR, c- statistic etc.) Data is presented as OR and correlations (r).
Pavasini (2015)	Cardiac troponin elevation predicts all-cause mortality in patients with acute exacerbation of chronic obstructive pulmonary disease: Systematic review and meta-analysis	• Systematic review does not contain any included studies Study participants have acute COPD exacerbations at baseline.
Percival (2014)	Utility of the copd assessment test (CAT) in evaluating copd severity	Conference abstract
Pla (2014)	Short and medium term prognosis in patients hospitalized for acute exacerbation of COPD (AECOPD): The codex index	Conference abstract
Pudney (2016)	Plain chest x-ray (CXR) in the diagnosis of chronic obstructive pulmonary disease (COPD)	Conference abstract
Puhan (2012)	Large-scale international validation of the ADO index in subjects with COPD: an individual subject data analysis of 10 cohorts	• Study population is mixed and data for people with stable COPD cannot be extracted Participants came from a number of clinical and population-based cohorts, but latter did not have a confirmed diagnosis of COPD at baseline.
Qu (2017)	Sagittal-lung CT measurements in the evaluation of asthma-COPD overlap syndrome: a distinctive phenotype from COPD alone	Does not contain a population of people with suspected COPD
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Rahman (2014)	Prognostic evaluation of COPD patients using bode index	Conference abstract
Rozenberg (2012)	Non-spirometric pulmonary function parameters for differentiating COPD and asthma	Conference abstract
Sanders (1988)	Detection of emphysema with computed tomography. Correlation with pulmonary function tests and chest radiography	• Not a relevant study design <i>Retrospective study</i>
Schapira (1993)	The value of the forced expiratory time in the physical diagnosis of obstructive airways disease	<ul> <li>Study population is mixed and data for people with stable COPD cannot be extracted</li> </ul>
Schonenberger (2012)	Prediction of mortality in the Swiss chronic obstructive pulmonary disease (COPD) cohort using the age dyspnoe and airflow obstruction index (ADO)	Conference abstract
Singer (2005)	Mortality in a recent study of 625 patients with chronic obstructive pulmonary disease compared with results of 3 older studies	• Study does not include any relevant measures (e.g. HR, c- statistic etc.) Data is presented as mortality ratios.
Smith (2017)	Prognostic variables and scores identifying the end of life in COPD: a systematic review.	• Systematic review used as a source of individual studies, but not for data extraction
Soriano (2013)	Distribution and prognostic validity of the new Global Initiative for Chronic Obstructive Lung Disease grading classification	• Study population is mixed and data for people with stable COPD cannot be extracted The study included participants from multiple cohorts, including those recruited from hospital following an acute COPD exacerbation.
Soriano (2015)	Mortality prediction in chronic obstructive pulmonary disease comparing the GOLD 2007 and 2011 staging systems: a pooled analysis of individual patient data	• Study population is mixed and data for people with stable COPD cannot be extracted The study includes a number of cohorts consisting of people with stable COPD, those recruited during an exacerbation and people

		taking part in population studies.
Stolz (2012)	Proadrenomedullin improves the prognostic property of the BODE index	Conference abstract
Su (2014)	Alternative options to indentify at-risk COPD patients more easily: The utility of peak expiratory flow and COPD assessment test	Conference abstract
Suzuki (2015)	Influence of pulmonary emphysema on COPD assessment test-oriented categorization in GOLD document	• Study does not contain any relevant outcomes (mortality, hospitalisations, exacerbations, change in FEV1)
Svoboda (2016)	Risk scores for predicting death in COPD patients	Conference abstract
Swanney (2000)	FEV(6) is an acceptable surrogate for FVC in the spirometric diagnosis of airway obstruction and restriction	Study does not contain any relevant index tests
Tejero (2017)	Classification of Airflow Limitation Based on z-Score Underestimates Mortality in Patients with Chronic Obstructive Pulmonary Disease	<ul> <li>Study does not include any relevant prognostic variables</li> </ul>
Topalovic (2013)	Computer quantification of airway collapse on forced expiration to predict the presence of emphysema	• Does not contain a population of people with suspected COPD
Topalovic (2017)	Automated Interpretation of Pulmonary Function Tests in Adults with Respiratory Complaints	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Tsoumakidou (2004)	Is there any correlation between the ATS, BTS, ERS and GOLD COPD's severity scales and the frequency of hospital admissions?	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Tsushima (2010)	Identification of occult parechymal disease such as emphysema or airway disease using screening computed tomography.	Does not contain a population of people with suspected COPD
Wei (2015)	Association between serum interleukin-6 concentrations and chronic obstructive pulmonary disease: a systematic review and meta-analysis.	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)
Williams	Development of the i-BODE: Validation of the incremental shuttle walking test within the BODE index	Retrospective prognostic cohort study
Yamamoto (2013)	Mini nutritional assessment short form (MNA-SF) can predict exacerbation in	Conference abstract

	COPD independently of COPD assessment test (CAT)	
Zhang (2014)	Comparison of symptom and risk assessment methods among patients with chronic obstructive pulmonary disease	Retrospective prognostic cohort study
Zhu (2014)	Sputum myeloperoxidase in chronic obstructive pulmonary disease.	• Study does not include any relevant measures (e.g. HR, c-statistic etc.)

# Appendix J – Research recommendations

### Diagnosing COPD

Question	What are the characteristics of people diagnosed with COPD as a result of an incidental finding of emphysema on a CT scan, compared with those diagnosed with symptoms?
Population	People diagnosed with COPD as a result of an incidental finding of emphysema on a CT scan
Characteristics of interest	<ul> <li>FEV1</li> <li>FVC</li> <li>TLCO</li> <li>Exercise capacity</li> <li>Smoking history and status</li> <li>BMI</li> <li>Comorbidities</li> </ul>
Study design	Prospective cohort study

Potential criterion	Explanation
Importance to patients, service users or the population	Currently, most people with COPD are diagnosed once they become symptomatic and attend their general practice. However, the ability to trigger diagnosis of COPD using an incidental CT scan is likely to result in an earlier diagnosis, which may predate COPD symptoms. It is important to assess whether the characteristics of people identified in this manner are sufficiently similar to those diagnosed in the usual way to ensure that they will benefit from the same treatment pathways.
Relevance to NICE guidance	Low priority: a recommendation was made on the use of incidental CT scans in the diagnosis of COPD, but the additional information provided by a study looking the characteristics of these people could change other recommendations in the treatment pathway.
Current evidence base	There is limited evidence on the use of incidental CT scans to diagnose COPD and the people diagnosed in this manner have yet to be well characterised.
Equality	This study could improve equality of access to a diagnosis as it provides a route to diagnosis that does not rely on people self-presenting with symptoms of COPD.
Feasibility	As the use of CT scans increases, there should be a large enough group of people diagnosed with COPD following incidental scans to carry out this study.

### Predicting outcomes

Question	How can the individual factors associated with COPD prognosis (collected from a range of sources including primary care, imaging and pulmonary rehabilitation results) be combined into a multidimensional analysis that provides accurate and useful information on prognosis?
Population	People diagnosed with COPD
Assessment tools	Novel multidimensional assessment indices with components including:
	Breathlessness
	Chronic hypoxia and/or cor pulmonale
	<ul> <li>Long Term Oxygen Therapy (LTOT) and/or domiciliary Non-Invasive Ventilation (NIV)</li> </ul>
	Smoking status
	<ul> <li>Severity and frequency of exacerbations</li> </ul>
	Hospital admissions
	Multimorbidity
	<ul> <li>Symptom burden (for example CAT score)</li> </ul>
	• Frailty
	• BMI
	• FEV1
	<ul> <li>Exercise capacity (for example, 6-minute walk test)</li> </ul>
	Transfer factor for carbon monoxide (TLCO)
	<ul> <li>Imaging results (for example, CT scan, X-Ray)</li> </ul>
	<ul> <li>Additional pulmonary rehabilitation data</li> </ul>
Outcomes	Mortality
	Hospitalisations
	Exacerbations
	Change in FEV1
Measures	<ul> <li>Sensitivity/specificity (preferred outcomes)</li> </ul>
	• c-statistic,
	Hazard ratios
	Model fit (e.g. r-squared)
Study design	Prospective cohort study

Potential criterion	Explanation
Importance to patients, service users or the population	People with COPD can experience anxiety concerning their disease prognosis and the availability of suitable prognostic tools could help alleviate this stress and allow them to make plans for the future. In addition, accurate disease prognosis could help physicians tailor the appropriate level of monitoring and treatment for a person with COPD, with the goal of achieving improved outcomes.
Relevance to NICE guidance	Moderate priority: a negative recommendation was made due to the lack of a suitable prognostic index. The development of an effective test that is applicable for primary care usage could change this recommendation.
Current evidence base	There were multiple studies available looking at many indices with a range of components. However, the indices were either poor at classifying people

Potential criterion	Explanation
	into risk groups, had poor predictive ability for key outcomes or were time consuming and consisted of components that were not readily available in primary care.
Equality	No specific equality concerns are relevant to this research recommendation.
Feasibility	There is a large enough population of people with COPD that prognostic accuracy studies in this area should be feasible.

## Appendix K – References

#### **Included references**

#### Confirming diagnosis of COPD

#### Systematic review

Li Jian-sheng, Zhang Hai-long, Bai Yun-ping, Wang Yan-fang, Wang Hai-feng, Wang Minghang, Li Su-yun, and Yu Xue-qing (2012) Diagnostic value of computed tomography in chronic obstructive pulmonary disease: a systematic review and meta-analysis. COPD 9, 563-70

#### **Observational studies**

Garcia-Pachon Eduardo (2004) Can pulse oximetry select patients for screening spirometry?.Primary care respiratory journal: journal of the General Practice Airways Group 13, 155-8

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# Predicting outcomes using multidimensional severity assessment indices for people with an existing diagnosis of COPD

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