

Economic plan

This plan identifies the areas prioritised for economic modelling. The final analysis may differ from those described below. The rationale for any differences will be explained in the guideline.

1 Guideline

Post-traumatic stress disorder: management

2 List of modelling questions

Review questions by scope area	1.2 Treatment of PTSD in children and young people
Population	Children and young people with clinically important PTSD symptoms, 3 months post-trauma
Interventions and comparators considered for inclusion	<ul style="list-style-type: none"> • Supportive counselling • Trauma-focused cognitive behavioural therapy [TF-CBT] <ul style="list-style-type: none"> ○ group CBT ○ cognitive processing therapy ○ narrative exposure ○ exposure/prolonged exposure ○ eye movement desensitisation and reprocessing [EMDR] ○ play therapy ○ family therapy • parent training • No treatment
Perspective	NHS + Personal Social Services
Outcomes	QALY
Type of analysis	CUA
Issues to note	Analysis informed by network meta-analysis conducted for this purpose; only interventions linked to the network that had been tested on at least 40 individuals across trials were considered in the analysis
Review questions by scope area	2.2 Treatment of PTSD in adults
Population	Adults with clinically important PTSD symptoms, 3 months post-trauma
Interventions and comparators considered for inclusion	<ul style="list-style-type: none"> • Psychoeducation • Counselling • TF-CBT individual <8 sessions; 8-12 sessions; >12 sessions • TF-CBT group 8-12 sessions • non-TF-CBT • EMDR • Present-centred therapy

4.0.04 DOC Economic Plan

	<ul style="list-style-type: none">• Interpersonal psychotherapy [IPT]• Combined somatic and cognitive therapies• Self-help with support• Self-help without support• Selective serotonin reuptake inhibitors (SSRIs)• Combined individual TF-CBT and SSRIs
Perspective	NHS + Personal Social Services
Outcomes	QALY
Type of analysis	CUA
Issues to note	Analysis informed by network meta-analysis conducted for this purpose; only interventions linked to the network that had been tested on at least 50 individuals across trials were considered in the analysis