

Post-traumatic stress disorder (update) Committee meeting 1

Date: 15/09/2016

Location: RCOG, London

Minutes: Final

Committee members present:	
Steve Hajioff (Chair, SH)	(Present for notes 1 – 6)
Philip Bell (PB)	(Present for notes 1 – 6)
Gita Bhutani (GB)	(Present for notes 1 – 6)
Sharif El-Leithy (SEL)	(Present for notes 1 – 6)
Neil Greenberg (NGb)	(Present for notes 1 – 6)
Nick Grey (NGy)	(Present for notes 1 – 6)
Cornelius Katona (CK)	(Present for notes 1 – 6)
Richard Meiser-Stedman (RMS)	(Present for notes 1 – 6)
Andy Pike (AP)	(Present for notes 1 – 6)
Rebecca Regler (RR)	(Present for notes 1 – 6)
Victoria Nastassja Touzel (VNT)	(Present for notes 1 – 6)
David Trickey (DT)	(Present for notes 1 – 6)

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In attendance:		
Clifford Middleton (pm only, CM)	NICE Guidelines Commissioning Manager	(Present for notes 4 – 6)
Simran Chawla (am only, SC)	NICE Public Involvement Adviser	(Present for notes 1 – 4)
Anne Carty (AC)	NGA Project Manager	(Present for notes 1 – 6)
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer	(Present for notes 1 – 6)
Ifigeneia Mavranouzouli (IM)	NGA Senior Health Economist	(Present for notes 1 – 6)
Steve Pilling (SP)	NGA Clinical Advisor	(Present for notes 1 – 6)
Emma Seymour (ES)	NGA Assistant Systematic Reviewer	(Present for notes 1 – 6)
Sarah Stockton (SS)	NGA Senior Information Scientist	(Present for notes 1 – 6)

Apologies:	
Jonathan Leach (JL)	Committee member
Moira Mugglestone (MM)	Director and Guideline Lead

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the 1st meeting for the post-traumatic stress disorder (PTSD) guideline update. The Committee members and attendees introduced themselves.</p> <p>The Chair informed the Committee that apologies had been received as noted above.</p> <p>The Chair outlined the objectives of the meeting, which included:</p> <ul style="list-style-type: none">• introducing the Committee and NICE guideline process• finalising review questions• finalising review protocols.
2. Confirmation of matter under discussion, and declarations of interest
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the</p>

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matter under discussion was PTSD.

The Chair asked everyone to verbally declare any interests.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Chair of the Psychological Professions Network North West	Personal, non-financial, non-specific	Declare and participate
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Committee member of the Faculty of Leadership & Management, Division of Clinical Psychology, British Psychological Society (BPS)	Personal, non-financial, non-specific	Declare and participate
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Division of Clinical Psychology joint project lead on Comprehensively representing the complexity of psychological services	Personal, non-financial, non-specific	Declare and participate
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Joint project lead on Health Education England in the North West funded project on Schwartz Rounds	Personal, non-financial, non-specific	Declare and participate
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Member of project team on BPS/New Savoy Conference Wellbeing Project group	Personal, non-financial, non-specific	Declare and participate
Gita	Associate	Co-applicant on health	Non-	Declare

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Bhutani	Director for Psychological Professions, Lancashire Care NHS Trust	technology assessment (HTA) grant application, EYES: Efficacy in Early Psychosis with Eye-Movement Desensitisation and Reprocessing (EMDR); lead investigator Richard Bentall)	personal, financial, specific	and participate
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Co-applicant on HTA grant application, Treating mental health problems associated with a history of complex traumatic events (evidence synthesis; lead investigator Joy Duxbury)	Non-personal, financial, specific	Declare and participate
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Joint national lead on staff wellbeing for Positive Practice in Mental Health	Personal, non-financial, non-specific	Declare and participate
Gita Bhutani	Associate Director for Psychological Professions, Lancashire Care NHS Trust	Vice Chair of NICE Quality Standards Advisory Committee 1	Personal, non-financial, non-specific	Declare and participate
Neil Greenburg	Professor of Defence Mental Health, King's College London	Professor at King's College London carrying out research into the psychological impacts of military and disaster situations	Personal, non-financial, specific	Declare and participate
Neil Greenburg	Professor of Defence Mental Health, King's College London	Director/owner of March on Stress Ltd (www.marchonstress.com), a small company that provides training to organisations to improve their staff's psychological resilience to traumatic and non-traumatic stress; the	Personal, financial, specific	Declare and participate

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		company also provides clinical services for non-psychotic mental health conditions		
Neil Greenburg	Professor of Defence Mental Health, King's College London	Trustee/independent director (non-paid) for two military charities (Forces in Mind Trust and Walking with the Wounded)	Personal, non-financial, specific	Declare and participate
Neil Greenburg	Professor of Defence Mental Health, King's College London	Royal College of Psychiatrists lead for military and veteran's health	Personal, non-financial, specific	Declare and participate
Neil Greenburg	Professor of Defence Mental Health, King's College London	President of the UK Psychological Trauma Society	Personal, non-financial, specific	Declare and participate
Nick Grey	Consultant Clinical Psychologist, Centre for Anxiety Disorders and Trauma, South London and Maudsley NHS Foundation Trust	Member of Wellcome Trust Anxiety Disorders Group led by Professors Ehlers and Clark at the University of Oxford, developing, testing and disseminating Cognitive Therapy for PTSD (CT-PTSD), a trauma-focused cognitive behavioural therapy (CBT)	Personal, non-financial, specific	Declare and participate
Nick Grey	Consultant Clinical Psychologist, Centre for Anxiety Disorders and Trauma, South London and Maudsley	Published papers and book chapters on CT-PTSD	Personal, non-financial, specific	Declare and participate

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	NHS Foundation Trust			
Nick Grey	Consultant Clinical Psychologist, Centre for Anxiety Disorders and Trauma, South London and Maudsley NHS Foundation Trust	Facilitates teaching workshops for services and courses in the UK and Europe in CT-PTSD for which payment is received	Personal, financial, specific	Declare and participate
Nick Grey	Consultant Clinical Psychologist, Centre for Anxiety Disorders and Trauma, South London and Maudsley NHS Foundation Trust	As editor, receives royalties from sales of a trauma book, A Casebook of Cognitive Therapy for Traumatic Stress Reactions	Personal, financial, specific	Declare and participate
Cornelius Katona	Medical Director, Helen Bamber Foundation	Undertakes consultancy work and receives payment for talks for pharmaceutical companies (not related to PTSD)	Personal, financial, non-specific	Declare and participate
Richard Meiser-Stedman	Reader in Clinical Psychology, University of East Anglia	Advisory Board, Children and War Foundation	Personal, non-financial, specific	Declare and participate
David Trickey	Consultant Clinical Psychologist, Anna Freud National Centre for Children and Families	Leads a project which has received funding to provide a particular intervention (the Child and Family Traumatic Stress Intervention)	Non-personal, financial, specific	Declare and participate
David	Consultant	Holds a position in a	Personal,	Declare

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Trickey	Clinical Psychologist, Anna Freud National Centre for Children and Families	charity (The Anna Freud National Centre for Children and Families) with a direct interest in the outcome of the guideline update, 15th September 2016, (Committee meeting)	non-financial, specific	and participate
David Trickey	Consultant Clinical Psychologist, Anna Freud National Centre for Children and Families	Provides both trauma-focused CBT (TF-CBT) and EMDR for the treatment of PTSD, and training in TF-CBT, 15th September 2016, (Committee meeting)	Personal, non-financial, specific	Declare and participate

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

This was the first meeting and so there were no minutes to review.

4. Presentations

The Chair introduced SP who gave a presentation on the NICE conflicts of interest policy. SP took questions from the Committee.

The Chair introduced SC who gave a presentation on public involvement in NICE guideline development. SC took questions from the Committee.

The Chair introduced CM who gave a presentation on the NICE guideline development process. CM took questions from the Committee.

SH gave a presentation on the guideline scope and took questions from the Committee.

The Chair introduced IM who gave a presentation on health economics in guideline development. IM took questions from the Committee.

The Chair introduced SS who gave a presentation on information science in guideline development. SS took questions from the Committee.

The Chair introduced OMV who gave a presentation on systematic reviewing in guideline development. OMV took questions from the Committee.

The Committee thanked SP, SC, CM, IM, SS and OMV for their presentations and

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contribution to the development of the guideline.

5. Questions and discussion

The Committee finalised the review questions for the guideline.

The Committee discussed the review protocols for the guideline.

6. Any other business

The Chair informed the Committee that the meeting scheduled for 17th October 2016 had been cancelled. The next meeting would be held on 11th November 2016.

Date of next meeting: 11/11/2016

Location of next meeting: RCOG, London