

Post-traumatic stress disorder (PTSD) (update) Committee meeting 6

Date: 18th July 2017

Location: RCOG, London

Minutes: Final

Committee members present:	
Steve Hajioff, Chair (SH)	(Present for notes 1 – 6)
Philip Bell (PB)	(Present for notes 1 – 6)
Gita Bhutani (GB)	(Present for notes 1 – 6)
Sharif El-Leithy (SEL)	(Present for notes 1 – 5)
Neil Greenberg (NGb)	(Present for notes 1 – 6)
Nick Grey (NGy)	(Present for notes 1 – 6)
Cornelius Katona (CK)	(Present for notes 1 – 6)
Richard Meiser-Stedman (RMS)	(Present for notes 1 – 6)
Rebecca Regler (RR)	(Present for notes 1 – 6)
David Trickey (DT)	(Present for notes 1 – 6)

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In attendance:		
Clifford Middleton (CM)	NICE Guidelines Commissioning Manager	(Present for notes 1 – 6)
Julia Terry (JT)	NICE Fellow	(Present for notes 1 – 6)
Anne Carty (AC)	NGA Project Manager	(Present for notes 1 – 6)
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer	(Present for notes 1 – 6)
Moira Mugglestone (MM)	NGA Director of Methodology and Guideline Lead	(Present for notes 1 – 6)
Ifigeneia Mavranezouli (IM)	NGA Senior Health Economist	(Present for notes 1–6)
Steve Pilling (SP)	NGA Clinical Advisor	(Present for notes 1 – 6)
Emma Seymour (ES)	NGA Systematic Reviewer	(Present for notes 1 – 6)
Lisa Boardman (LB)	NGA Guideline Lead	(Present for notes 1 – 6)
Sadia Janjua (SJ)	NGA Systematic Reviewer	(Present for notes 1 – 6)

Apologies:	
Victoria Touzel (VT)	Committee member
Jonathan Leach (JL)	Committee member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the sixth meeting for the post-traumatic stress disorder (PTSD) guideline update.

The Chair informed the Committee that apologies had been received as noted above.

The Chair outlined the objectives of the meeting, which included:

- presentation of evidence on psychological, psychosocial and other nonpharmacological prevention of PTSD in adults
- revisiting evidence on psychological, psychosocial and other nonpharmacological prevention of PTSD in children and young people

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2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was PTSD.

The Chair asked everyone to verbally declare any interests.

Name	Job title, organisati on	Declarations of Interest, date declared	Type of interest	Decision taken
Neil Greenberg	Professor of Defence Mental Health, King's College London	Previously declared on 15th September 2016 Director/owner of March on Stress Ltd (www.marchonstress.co m), a small company that provides training to organisations to improve their staff's psychological resilience to traumatic and non-traumatic stress; the company also provides clinical services for non-psychotic mental health conditions. Part of the provision is for TRiM (trauma risk management) training.	Personal, financial specific	No participation in drafting recommendati ons about TRiM (or competitor interventions if any evidence is identified in relation to TRiM)

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that subject to a small amendment, the minutes were a true and accurate account of the meeting.

4. Presentations

The Chair introduced ES to the Committee who presented the clinical evidence for psychological, psychosocial and other non-pharmacological prevention of PTSD in adults. ES took questions from the Committee.

The Chair introduced IM to the committee who presented the health economic evidence for psychological, psychosocial and other non-pharmacological prevention of PTSD in adults psychological, psychosocial and other non-pharmacological prevention of PTSD in children and young people. IM took questions from the

4.0.03 DOC Cmte minutes

Commiteee.

The Chair introduced OMV to the group who reminded the Committee of previously presented and presented new evidence for psychological, psychosocial and other non-pharmacological prevention of PTSD in children and young people. OMV took questions from the group.

5. Questions and discussion

The Committee discussed the the evidence presented for for psychological, psychosocial and other non-pharmacological prevention of PTSD in adults and made recommendations.

The Committee discussed the the evidence presented for for psychological, psychosocial and other non-pharmacological prevention of PTSD in children and young people.

6. Any other business

The Chair reminded the committee that the next meeting would be held on 7 September 2017 at RCOG

Date of next meeting: 7/09/2017

Location of next meeting: RCOG, London