

Post-traumatic stress disorder (PTSD) (update) Committee meeting 8

Date: 24th & 25th October 2017

Location: RCOG, London (Day 1) , RCP, London (Day 2)

Minutes: Final

Committee members present:	
Steve Hajioff, Chair (SH)	(Present for notes 1 – 6)
Philip Bell (PB)	(Present for notes 1 – 6)
Gita Bhutani (GB)	(Present for notes 1 – 6)
Sharif El-Leithy (SEL) (day 2 only)	(Present for notes 4 – 6)
Neil Greenberg (NGb)	(Present for notes 1 – 6)
Nick Grey (NGy)	(Present for notes 1 – 6)
Cornelius Katona (CK)	(Present for notes 1 – 6)
Richard Meiser-Stedman (RMS) (day 1 only)	(Present for notes 1 – 6)
Rebecca Regler (RR)	(Present for notes 1 – 6)
David Trickey (DT)	(Present for notes 1 – 6)

4.0.03 DOC Cmte minutes

In attendance:		
Clifford Middleton (CM)	NICE Guidelines Commissioning Manager	(Present for notes 1 – 6)
Sarah Catchpole (SC) (day 1 only)	NICE Medical Editor	(Present for notes 1– 5)
Joanna Perkin (JP) (day 2 13.15 – 14.30)	NICE Pathways Editor	(Present for note 4)
Anne Carty (AC)	NGA Project Manager	(Present for notes 1 – 6)
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer	(Present for notes 1 – 6)
Ifigeneia Mavranouzouli (IM) (day 1 only)	NGA Senior Health Economist	(Present for notes 1– 5)
Steve Pilling (SP)	NGA Clinical Advisor	(Present for notes 1 – 6)
Lisa Boardman (LB)	NGA Guideline Lead	(Present for notes 1 – 6)
Sadia Janjua (SJ)	NGA Systematic Reviewer	(Present for notes 1 – 6)
Patrice Carter (PC)	NGA Systematic Reviewer	(Present for notes 1 – 6)
Julia Terry	NICE Fellow	(Present for notes 1 – 6)
Victoria Roberts	PhD. student observing	(Present for notes 1 – 6)

Apologies:	
Jonathan Leach (JL)	Committee member
Victoria Touzel (VT)	Committee member

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the eighth meeting for the post-traumatic stress disorder (PTSD) guideline update.</p> <p>The Chair informed the Committee that apologies had been received as noted above.</p> <p>The Chair outlined the objectives of the meeting, which included:</p> <ul style="list-style-type: none">• presentation of results of the network meta-analysis and health economic

4.0.03 DOC Cmte minutes

<p>analysis for the treatment of PTSD in children</p> <ul style="list-style-type: none"> • presentation of evidence for families and carers of those at risk of PTSD and those with clinically important PTSD symptoms • presentation of evidence for psychosocial and non-pharmacological interventions for treatment of PTSD in adults 				
<p>2. Confirmation of matter under discussion, and declarations of interest</p>				
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was PTSD.</p> <p>The Chair asked everyone to verbally declare any interests.</p>				
Name	Job title, organisation	Declarations of Interest	Type of interest	Decision taken
Cornelius Katona	Medical Director, Helen Bamber Foundation	Involved in trials of narrative exposure therapy.	Personal non-financial specific	Declare and participate
Richard Meiser-Stedman	Reader in Clinical Psychology, University of East Anglia	Co-author of studies involved in the health economic analysis	Personal non-financial specific	Declare and participate
<p>The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.</p>				
<p>3. Minutes of last meeting</p>				
<p>The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee confirmed that minutes were a true and accurate account of the meeting.</p>				
<p>4. Presentations</p>				
<p>The Chair introduced IM to the Committee who presented utility data for health economic modelling, existing evidence for the treatment of PTSD in children, the results of the network meta-analysis for the treatment of PTSD in children and the results of the health economic model for the treatment of PTSD in children. IM took</p>				

4.0.03 DOC Cmte minutes

questions from group.

The Chair introduced PC to the Committee who presented the evidence for family members and carers of those at risk of PTSD and family members and carers of those with clinically important PTSD symptoms. PC took questions from group.

The Chair introduced JP to the Committee who gave a presentation on NICE Pathways. JP took questions from the group.

The Chair introduced SJ to the Committee who gave a presentation on psychosocial and non-pharmacological interventions for treatment of PTSD in adults. SJ took questions from the group.

5. Questions and discussion

The Committee discussed the importance of maintaining confidentiality throughout guideline development.

The Committee discussed the potential resource impact of draft recommendations.

The Committee discussed the results of the network meta-analysis and health economic model

The Committee discussed the evidence for family members and carers of those at risk of PTSD, family members and carers of those with clinically important PTSD symptoms and psychosocial and non-pharmacological interventions for treatment of PTSD in adults and drafted recommendations.

6. Any other business

The Chair reminded the Committee that the next meeting would be held on 16 November at the RCOG

Date of next meeting: 16 November 2017

Location of next meeting: RCOG, London