

4.0.03 DOC Cmte minutes

Post-traumatic stress disorder (PTSD) (update) Committee meeting 9

Date: 16 November 2017

Location: RCOG, London

Minutes: Confirmed

Committee members present:	
Steve Hajioff, Chair (SH)	(Present for notes 1–10)
Gita Bhutani (GB)	(Present for notes 1–10)
Sharif El-Leithy (SEL)	(Present for notes 1–10)
Neil Greenberg (NGb)	(Present for notes 1–10)
Nick Grey (NGy)	(Present for notes 1–10)
Cornelius Katona (CK)	(Present for notes 5-10)
Richard Meiser-Stedman (RMS)	(Present for notes 1–10)
Rebecca Regler (RR)	(Present for notes 1–10)
David Trickey (DT)	(Present for notes 1–10)
Jonathan Leach (JL)	(Present for notes 1-6)

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In attendance:		
Clifford Middleton (CM)	NICE Guidelines Commissioning Manager	(Present for notes 1 – 8)
Michaela Dijmarescu (MD)	NGA Project Manager	(Present for notes 1-10)
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer	(Present for notes 1 – 6)
Steve Pilling (SP)	NGA Clinical Advisor	(Present for notes 1-10)
Lisa Boardman (LB)	NGA Guideline Lead	(Present for notes 1–10)
Vanessa Nunes (VN)	NGA Guideline Lead	(Present for notes 1–10)
Sadia Janjua (SJ)	NGA Systematic Reviewer	(Present for notes 1 – 6)
Patrice Carter (PC)	NGA Systematic Reviewer	(Present for notes 1–10)

Apologies:	
Phillip Bell (PB)	Committee member
Victoria Touzel (VT)	Committee member

1. Welcome and objectives for the meeting
<p>The Chair welcomed the Committee members and attendees to the ninth meeting for the post-traumatic stress disorder (PTSD) guideline update.</p> <p>The Chair informed the Committee that apologies had been received as noted above.</p> <p>The Chair outlined the objectives of the meeting, which included:</p> <ul style="list-style-type: none">• presentation of results of the psychosocial interventions for treatment of PTSD in adults (revisited);• presentation of evidence on non-pharmacological interventions for treatment of PTSD in adults (revisited);• update on interventions family members and carers of people at risk of PTSD and those with clinically important PTSD symptoms;• a formal consensus exercise for clinical care pathway for people with clinically

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important post-traumatic stress symptoms.
2. Confirmation of matter under discussion, and declarations of interest
<p>The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was PTSD.</p> <p>The Chair asked everyone to verbally declare any interests. Gita Bhutani and Stephen Piling declared new changes, the Chair noted that there are no conflict of interests.</p>
3. Minutes of last meeting
<p>The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee confirmed that minutes were a true and accurate account of the meeting.</p>
4. Presentations
<p>The Chair introduced SJ to the Committee who presented a revisited update on psychosocial interventions for treatment of PTSD in adults. SJ took questions from group.</p> <p>The Chair introduced SJ to the Committee who presented a revisited update on non-pharmacological interventions for treatment of PTSD in adults. SJ took questions from group.</p> <p>The Chair introduced PC to the Committee who gave a update on interventions family members and carers of people at risk of PTSD and those with clinically important PTSD symptoms. PC took questions from the group.</p> <p>The Chair introduced SP to the Committee who gave a presentation on behalf of OMV on the formal consensus exercise for clinical care pathway for people with clinically important post-traumatic stress symptoms. Sp took questions from the group. The group then completed the questionnaire which was part of this exercise.</p>
5. Questions and discussion
<p>The Committee discussed the presentations and agreed on minor changes made to some recommendations.</p> <p>The Committee discussed the potential resource impact of draft recommendations.</p> <p>The Committee discussed questions from the lay member forum.</p> <p>The Committee discussed and made edits to the 2005 recommendations.</p>

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6. Any other business

The Chair reminded the Committee that the next meeting would be held on the 5 th December 2017 at the RCOG.
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Date of next meeting: 5th December 2017

Location of next meeting: RCOG, London