NICE National Institute for Health and Care Excellence

Post-traumatic stress disorder (PTSD) (update) Committee meeting 12

Date: 28th February 2018 & 1st March 2018

Location: RCOG, London (Day 1), RCP, London (Day 2)

Minutes: Final

Committee members present:	
Steve Hajioff, Chair (SH)	(Present for notes 1 -14)
Philip Bell (PB)	(Present for notes 1 - 14)
Gita Bhutani (GB)	(Present for notes 1 -14)
Sharif El-Leithy (SEL) (day 2 only)	(Present for notes 4 -14)
Neil Greenberg (NGb)	(Present for notes 1 -14 via TC/VC)
Nick Grey (NGy)	(Present for notes 4-14 Via VC/TC)
Cornelius Katona (CK)	(Present for notes 1 -14 via VC/TC)
Richard Meiser-Stedman (RMS)	(Present for notes 1-14)
Rebecca Regler (RR)	(Present for notes 1-14)
David Trickey (DT)	(Present for notes 1-6 in person 7-14 via TC)
Jonathon Leach (JL)	Present for items 1-14

4.0.03 DOC Cmte minutes

In attendance:		
Clifford Middleton (CM)	NICE Guidelines Commissioning Manager	(Present for notes 7 -14)
Sarah Catchpole (SC) (day 1 only)	NICE Medical Editor	(Present for notes 12)
Victoria Rowlands	NGA Project Manager	(Present for notes1 -14)
Odette Megnin-Viggars (OMV)	NGA Senior Systematic Reviewer	(Present for notes 1 -14)
Ifigeneia Mavranezouli (IM) (day 1 only)	NGA Senior Health Economist	(Present for notes 1 -6)
Steve Pilling (SP)	NGA Clinical Advisor	(Present for notes 5 & 12-14)
Vanessa Nunes (VN)	NGA Guideline Lead	(Present for notes 1 - 14)

Apologies:	
Victoria Touzel (VT)	Committee member

1. Welcom	e and objective	es for the meeting			
The Chair	welcomes the C	ommittee to the meeting.			
2. Confirm	ation of matter	under discussion, and de	clarations of	f interest	
	confirmed that, f er discussion wa	or the purpose of managing as PTSD.	conflicts of in	iterest, the	
The Chair asked everyone to verbally declare any interests. No new Declarations were declared.					
Name	Job title, organisati on	Declarations of Interest	Type of interest	Decision taken	
3. Minutes from the last meeting					
The Comm final.	ittee reviewed th	ne minutes from the last mee	ting and sigr	ned these off as	
4. Present	ation: Evidence	e review for Question 2.2 "	For adults w	vith clinically	
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important post-traumatic stress symptoms, what are the relative benefits and harms of psychological, psychosocial or other non-pharmacological interventions targeted at PTSD symptoms?"

The Chair introduced OMV who presented the evidence review for Question 2.2 "For adults with clinically important post-traumatic stress symptoms, what are the relative benefits and harms of psychological, psychosocial or other non-pharmacological interventions targeted at PTSD symptoms? "

OMV Presented the Evidence for this question.

5. Questions and discussion

The Committee discussed the evidence from the evidence presented for the above review question and returned to the recommendations made in light of this evidence. The Committee discussed the Rationale and Impact section for this question.

6. Research Recommendations

The Committee reviewed some of the Research recommendations that had previously been drafted in this area

Day 2

7. Welcome and objectives for the meeting

The Chair welcomes the Committee to the meeting.

8. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was PTSD.

The Chair asked everyone to verbally declare any interests. No new Declarations were declared.

Name	Job title, organisati on	Declarations of Interest	Type of interest	Decision taken
9. Presentations Evidence Review - Question 6.1 For adults, children and young people with clinically important post-traumatic stress symptoms, what factors should be taken into account in order to provide access to care, optimal care and coordination of care?				

The Chair introduced Hannah Matthews who Presented the evidence on review question 6.1- For adults, children and young people with clinically important post-traumatic stress symptoms, what factors should be taken into account in order to provide access to care, optimal care and coordination of care?

11. Questions and discussion

The committee returned to the recommendations already made to see if any of these should be updated in light of the new evidence. The Committee updated some of the Recommendations in light of the evidence presented.

The Committee noted some of the key points in the Rationale and Impact secton for Question 6.1

12. NICE Edits to Recommendations

The Committee reviewed some of the edits and questions provided from the NICE editor and updated the short version of the guideline in light of these.

13. Expenses deadline for financial year end

Vicky Rowlands presented to the Committee on the deadlines for submitting expesses for the end of the financial year 2017-2018.

14. Volunteers for research Recommendations and definitions drafting

Date of next meeting: 20 and 21st March 2018

Location of next meeting: RCOG, London