

**NATIONAL INSTITUTE FOR HEALTH AND CARE
EXCELLENCE**

Guideline

**Bronchiectasis (non-cystic fibrosis), acute
exacerbation: antimicrobial prescribing guideline**

Draft for consultation, July 2018

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1 Summary of recommendations

2 ***Managing an acute exacerbation of bronchiectasis (non-cystic*** 3 ***fibrosis)***

1.1.1 Be aware that an [acute exacerbation of bronchiectasis](#) is a sustained worsening of symptoms from a person's stable state.

Treatment

1.1.2 Obtain a sputum sample from people with an acute exacerbation of bronchiectasis and send for culture and susceptibility testing.

1.1.3 Consider an antibiotic (see the recommendations on [choice of antibiotic](#)) for people with an acute exacerbation of bronchiectasis taking account of:

- the limited evidence base for antibiotics
- the number and severity of symptoms
- previous exacerbation and hospital admission history, and the risk of developing complications
- previous sputum culture and susceptibility results.

1.1.4 When results of sputum culture and susceptibility testing are available:

- review the choice of antibiotic, **and**
- only change the antibiotic according to susceptibility results if bacteria are resistant and symptoms are not already improving (using a narrow spectrum antibiotic wherever possible).

1.1.5 When an antibiotic prescription is given, give advice about:

- possible adverse effects of the antibiotic, particularly diarrhoea
- seeking medical help if symptoms worsen rapidly or significantly at any time, or the person becomes systemically very unwell.

Reassessment

1.1.6 Reassess the person if symptoms worsen rapidly or significantly at any time, taking account of:

- other possible diagnoses, such as pneumonia
- any symptoms or signs suggesting a more serious illness or condition, such as cardiorespiratory failure or sepsis.
- previous antibiotic use which may have led to resistant bacteria.

Send a repeat sputum sample for culture and susceptibility testing if symptoms have not resolved following antibiotic treatment.

Referral and seeking specialist advice

1.1.7 Refer people with an acute exacerbation of bronchiectasis to hospital if they have:

- cardiorespiratory failure, **or**
- a severe systemic infection, **or**
- any of the high risk criteria for severe illness or death from the NICE guideline on [sepsis](#).

1.1.8 Seek specialist advice for an acute exacerbation of bronchiectasis if the person:

- has symptoms that are not improving with repeated courses of antibiotic treatment
- has bacteria that are resistant to oral antibiotics
- cannot take oral medicines (to explore locally available options for giving intravenous antibiotics at home or in the community, rather than in hospital, where this is appropriate).

1 **Choice of antibiotic for treating an acute exacerbation of bronchiectasis**

1.2.1 When prescribing antibiotic treatment for an acute exacerbation of bronchiectasis:

- follow table 1 for adults aged 18 years and over
- follow table 2 for children and young people under 18 years.

1.2.2 Give oral antibiotics first line if the person can take oral medicines, and the severity of their condition does not require intravenous antibiotics.

1.2.3 Review intravenous antibiotics by 48 hours and consider stepping down to oral antibiotics where possible.

1 **Table 1. Antibiotic treatment for adults aged 18 years and over**

| Antibiotic ¹ | Dosage and course length |
|--|--|
| First choice oral antibiotics^{2,3} | |
| Amoxicillin | 500 mg three times a day for 7 days then review ⁴ |
| Clarithromycin | 500 mg twice a day for 7 days then review ⁴ |
| Erythromycin | 500 mg four times a day for 7 days then review ⁴ |
| Doxycycline | 200 mg on first day, then 100 mg once a day for a 7-day course in total then review ⁴ |
| Second choice oral antibiotics if severely unwell or higher risk of certain pathogens (guided by susceptibilities when available) | |
| Amoxicillin high-dose (if severe and colonised with <i>Haemophilus influenzae</i> [beta-lactamase negative]) | 1 g three times a day or 3 g twice a day for 7 days then review ⁴ |
| Co-amoxiclav (if severe, and not colonised with <i>Pseudomonas aeruginosa</i>) | 500/125 mg three times a day for 7 days then review ⁴ |
| Ciprofloxacin (if colonised with <i>Pseudomonas aeruginosa</i> ; higher dose if severe) | 500 mg or 750 mg twice a day for 7 days then review ⁴ |
| First choice intravenous antibiotics (if unable to take oral antibiotics or severely unwell; guided by specialist advice and susceptibilities when available)⁵ | |
| Ceftriaxone (not if colonised with <i>Pseudomonas aeruginosa</i>) | 2 g once a day |
| Co-trimoxazole (not if colonised with <i>Pseudomonas aeruginosa</i>) ⁶ | 960 mg to 1440 mg twice a day |
| Ceftazidime | 2 g three times a day |
| Piperacillin with tazobactam | 4.5 g three times a day, increased if necessary to 4.5 g four times a day |
| Ciprofloxacin | 400 mg twice or three times a day |
| Co-amoxiclav | 1.2 g three times a day |

| Second choice intravenous antibiotics or combined therapy |
|--|
| Consult local microbiologist; guided by susceptibilities |
| <p>¹ See BNF for appropriate use and dosing in specific populations, for example, hepatic impairment, renal impairment, pregnancy and breast-feeding.</p> <p>² Empirical treatment or guided by most recent sputum culture and susceptibility.</p> <p>³ Amoxicillin or erythromycin are the preferred choices in women who are pregnant.</p> <p>⁴ Review treatment after 7 days and either stop the antibiotic if clinically stable or continue for a further 7 days as appropriate.</p> <p>⁵ Review intravenous antibiotics by 48 hours and consider stepping down to oral antibiotics where possible for a total antibiotic course of 7 to 14 days.</p> <p>⁶ Co-trimoxazole should only be considered for use in acute exacerbations of bronchiectasis when there is bacteriological evidence of sensitivity and good reason to prefer this combination to a single antibiotic (BNF, June 2018).</p> |

1

2 **Table 2. Antibiotic treatment for children and young people under**
3 **18 years**

| Antibiotic¹ | Dosage and course length² |
|--|---|
| First choice oral antibiotics^{3,4} | |
| Amoxicillin | 1 to 11 months, 125 mg three times a day for 7 days then review ⁵ 1 to 4 years, 250 mg three times a day for 7 days then review ⁵ 5 to 17 years, 500 mg three times a day for 7 days then review ⁵ |
| Clarithromycin | 1 month to 11 years: Under 8 kg, 7.5 mg/kg twice a day for 7 days then review ⁵ 8 to 11 kg, 62.5 mg twice a day for 7 days then review ⁵ 12 to 19 kg, 125 mg twice a day for 7 days then review ⁵ 20 to 29 kg, 187.5 mg twice a day for 7 days then review ⁵ 30 to 40 kg, 250 mg twice a day for 7 days then review ⁵ or 12 to 17 years: 250 mg to 500 mg twice a day for 7 days then review ⁵ |
| Erythromycin | 1 month to 1 year, 125 mg four times a day or 250 mg twice a day for 7 days then review ⁵ 2 to 7 years, 250 mg four times a day or 500 mg twice a day for 7 days then review ⁵ 8 to 17 years, 250 mg to 500 mg four times a day or 500 mg to 1,000 mg twice a day for 7 days then review ⁵ |
| Doxycycline | 12 to 17 years, 200 mg on first day, then 100 mg once a day for a 7-day course in total then review ⁵ |

| Antibiotic ¹ | Dosage and course length ² |
|--|--|
| Second choice oral antibiotics if severely unwell or higher risk of certain pathogens (guided by susceptibilities when available) | |
| Amoxicillin high-dose (if severe and colonised with <i>Haemophilus influenzae</i> [beta-lactamase negative]) | 1 month to 11 years, 30 mg/kg (maximum 1 g per dose) three times a day for 7 days then review ⁵ 12 to 17 years, 1 g three times a day for 7 days then review ⁵ |
| Co-amoxiclav (if severe and not colonised with <i>Pseudomonas aeruginosa</i>) | 1 to 11 months, 0.25 ml/kg of 125/31 suspension three times a day for 7 days then review ⁵ 1 to 5 years, 5 ml of 125/31 suspension three times a day or 0.25 ml/kg of 125/31 suspension three times a day for 7 days then review ⁵ 6 to 11 years, 5 ml of 250/62 suspension three times a day or 0.15 ml/kg of 250/62 suspension three times a day for 7 days then review ⁵ 12 to 17 years, 250/125 mg three times a day or 500/125 mg three times a day for 7 days then review ⁵ |
| Ciprofloxacin (on specialist advice if colonised with <i>Pseudomonas aeruginosa</i> ; higher dose if severe) | 1 to 11 years, 20 mg/kg twice daily (maximum 750 mg per dose) for 7 days then review ⁵ 12 to 17 years, 500 mg or 750 mg twice a day for 7 days then review ⁵ |

| Antibiotic ¹ | Dosage and course length ² |
|--|--|
| First choice intravenous antibiotics (if unable to take oral antibiotics or severely unwell; guided by specialist advice and susceptibilities when available)⁶ | |
| Ceftriaxone (not if colonised with <i>Pseudomonas aeruginosa</i>) | 1 month to 11 years (up to 50 kg), 50 to 80 mg/kg once a day (maximum 4 g per day) 9 to 11 years (50 kg and above), 1 to 2 g once a day 12 to 17 years, 1 to 2 g once a day |
| Co-trimoxazole (not if colonised with <i>Pseudomonas aeruginosa</i>) ⁷ | 6 weeks to 17 years, 18 mg/kg to 27 mg/kg twice a day (maximum 1440 mg per dose) |
| Ceftazidime | From 1 month, 25 to 50 mg/kg three times a day (maximum 6 g per day) |
| Piperacillin with tazobactam | 1 month to 11 years, 90 mg/kg three or four times a day (maximum per dose 4.5 g four times a day) 12 to 17 years, 4.5 g three times a day, increased if necessary to 4.5 g four times a day |
| Ciprofloxacin | 1 to 11 years, 10 mg/kg three times a day (maximum 400 mg per dose) 12 to 17 years, 400 mg twice or three times a day |
| Co-amoxiclav | 1 to 2 months, 30 mg/kg twice a day 3 months to 17 years, 30 mg/kg three times a day (maximum 1.2 g three times a day) |
| Second choice intravenous antibiotic or combined therapy | |
| Consult local microbiologist; guided by susceptibilities | |

¹ See [BNF for children](#) for appropriate use and dosing in specific populations, for example hepatic impairment and renal impairment.

² The age bands apply to children of average size and, in practice, the prescriber will use the age bands in conjunction with other factors such as the severity of the condition and the child's size in relation to the average size of children of the same age.

³ Empirical treatment or guided by most recent sputum culture and susceptibility.

⁴ Amoxicillin or erythromycin are the preferred choices in young women who are pregnant.

⁵ Review treatment after 7 days and either stop the antibiotic if clinically stable or continue for a further 7 days as appropriate.

⁶ Review intravenous antibiotics by 48 hours and consider stepping down to oral antibiotics where possible for a total antibiotic course of 7 to 14 days.

⁷ Co-trimoxazole should only be considered for use in acute exacerbations of bronchiectasis when there is bacteriological evidence of sensitivity and good reason to prefer this combination to a single antibiotic ([BNF for children, June 2018](#)).

1 ***Preventing acute exacerbations of bronchiectasis (non-cystic*** 2 ***fibrosis)***

1.3.1 Do not routinely offer antibiotic prophylaxis to prevent acute exacerbations of bronchiectasis. Give advice about seeking medical help if symptoms of an acute exacerbation develop.

1.3.2 Only consider antibiotic prophylaxis (see the recommendations on choice of antibiotic) for adults with repeated acute exacerbations of bronchiectasis, taking account of evidence that antibiotics can:

- reduce exacerbations
- increase antimicrobial resistance
- cause adverse effects, particularly diarrhoea.

1.3.3 Before antibiotic prophylaxis is given, give advice about:

- the risk of antimicrobial resistance with long-term antibiotics, which may mean fewer effective antibiotics for future exacerbations
- possible adverse effects of long-term antibiotics, particularly diarrhoea, but also less common cardiac events with macrolide antibiotics
- possible interactions of macrolide antibiotics with other medicines
- returning for review after 3 months, or other agreed time

1.3.4 When prescribing antibiotics to prevent acute exacerbations of bronchiectasis follow table 3 for adults aged 18 years and over.

1.3.5 Do not offer nebulised dornase alfa to prevent acute exacerbations of bronchiectasis.

1.3.6 Do not offer inhaled corticosteroids (with or without a long-acting beta2 agonist) for the sole purpose of preventing acute exacerbations of bronchiectasis.

1 **Choice of antibiotic for preventing acute exacerbations**2 **Table 3. Antibiotic prophylaxis for adults aged 18 years and over**

| Antibiotic prophylaxis ^{1,2} | Dosage and course length ³ |
|---|---|
| First choice⁴ | |
| Azithromycin | 500 mg three times a week or 250 mg daily |
| Clarithromycin | 250 mg twice day |
| Erythromycin | 500 mg twice a day |
| <p>¹ See BNF for appropriate use and dosing in specific populations, for example, hepatic impairment, renal impairment, pregnancy and breast-feeding.</p> <p>² Choose antibiotics according to recent sputum culture and susceptibility results where possible. Select a different antibiotic for prophylaxis if treating an acute exacerbation of bronchiectasis.</p> <p>³ Doses given are by mouth using immediate release medicines, unless otherwise stated.</p> <p>⁴ Erythromycin is the preferred choice in women who are pregnant.</p> | |

1 **1 Context**

2 **1.1 Background**

3 Bronchiectasis is a chronic respiratory condition characterised by abnormal, dilated,
4 thick-walled bronchi. This guideline focuses on acute exacerbations of non-cystic
5 fibrosis bronchiectasis, which is bronchiectasis not related to underlying cystic
6 fibrosis, but more commonly caused by a previous severe lower respiratory tract
7 infection.

8 Bronchiectasis typically presents with a chronic productive cough (or chronic wet
9 cough in children) and symptoms can vary from intermittent expectoration and
10 infection, to persistent daily expectoration of large volumes of purulent sputum.
11 Complications of bronchiectasis include acute exacerbations, chronic bacterial
12 colonisation, and haemoptysis which can be life-threatening ([NICE clinical
13 knowledge summary – bronchiectasis](#)). It is estimated that 5 in every 1000 adults in
14 the UK have bronchiectasis. The prognosis for people living with bronchiectasis
15 varies widely but the prognosis is worse for people who have frequent exacerbations
16 which can result in daily symptoms, progressive loss of lung function and a reduced
17 life expectancy (NICE clinical knowledge summary – bronchiectasis).

18 An acute exacerbation of bronchiectasis is characterised by an acute deterioration of
19 normal symptoms and signs usually over several days. It presents with a worsening
20 cough (with increased sputum volume, viscosity, or purulence) with or without
21 increased wheeze, breathlessness or haemoptysis; and/or fever or pleurisy. The
22 presence of mucopurulent or purulent sputum alone without a deterioration in
23 symptoms is not necessarily an acute exacerbation. Depending on the severity of
24 symptoms, and whether a person is systemically unwell, an acute exacerbation of
25 bronchiectasis can be managed in primary care or may require hospital admission
26 (NICE clinical knowledge summary – bronchiectasis, [British Thoracic Society
27 guideline for non-CF bronchiectasis 2010](#)).

28 Acute exacerbations of bronchiectasis can be caused by a spectrum of bacteria
29 including: *Streptococcus pneumoniae*, *Staphylococcus aureus*, *Haemophilus*
30 *influenzae*, *Moraxella catarrhalis* and *Pseudomonas aeruginosa*. In a study where
31 437 sputum samples of people with non-cystic fibrosis bronchiectasis were cultured
32 for microbiology, 1 or more pathogen was found on 339 (78%) occasions ([Altenburg
33 2013](#)). The most frequently cultured organisms were: *Haemophilus influenzae*,
34 *Streptococcus pneumoniae*, *Staphylococcus aureus*, *Moraxella catarrhalis* and
35 *Haemophilus parainfluenzae*, with these organisms accounting for 87% of the total
36 number of pathogens.

37 In many people with bronchiectasis, the airways are chronically infected with a
38 number of pathogens and antibiotic prophylaxis to prevent an exacerbation, as well
39 as antibiotic treatment of an exacerbation, may be considered. The bacteria

1 responsible for acute exacerbations of bronchiectasis can be different to those
2 responsible for exacerbations of other respiratory conditions, such as COPD.
3 Therefore, antibiotic choice is often guided by previous sputum cultures where
4 available (British Thoracic Society guideline for non-CF bronchiectasis 2010).

5 This guideline covers the prevention and treatment of acute exacerbations of non-
6 cystic fibrosis bronchiectasis.

7 **1.1.1 Current guidelines on managing acute exacerbations of** 8 **bronchiectasis**

9 An acute exacerbation of bronchiectasis requires antimicrobial treatment. However,
10 evidence assessing the efficacy and safety of antibiotics specifically for the treatment
11 of an acute exacerbation of bronchiectasis (or the optimal dose, duration and route
12 of administration) is limited. Current guidelines, such as the [British Thoracic Society](#)
13 [guideline for non-CF bronchiectasis 2010](#) make recommendations based on old,
14 heterogeneous, studies comparing different antibiotic regimens (often of
15 intramuscular or intravenous antibiotics in hospitalised patients) and expert
16 consensus.

17 The BTS guideline concluded that this limited evidence base supports the use of
18 high-dose targeted antibiotic therapy for the treatment of an acute exacerbation, with
19 high doses often required to achieve the sputum becoming mucoid and bacterial
20 clearance. They state that symptomatic improvement has generally been seen in
21 studies of 10 to 14-day course lengths, and expert consensus is for a 14-day course
22 for all exacerbations. However, further studies are needed to assess whether shorter
23 treatment durations would be sufficient, particularly in people with mild
24 bronchiectasis. The BTS guideline recommends that antibiotic choice is usually
25 empirical in the first instance, based on the likely pathogen and possibly previous
26 sputum cultures in individual people. Antibiotics can be modified once the pathogen
27 is isolated only if there is no clinical improvement, and treatment should then be
28 guided by susceptibility results. They state that failure to respond to a course of
29 antibiotics requires a repeat sputum culture. Intravenous antibiotics are
30 recommended when people are particularly unwell, have resistant organisms or have
31 not responded to oral therapy (which is most likely in people with *Pseudomonas*
32 *aeruginosa*).

33 For the prevention of exacerbations, the BTS guideline recommends that certain
34 adults with a poor exacerbation history can be considered for prophylactic antibiotics.
35 This includes people having at least 3 exacerbations per year requiring antibiotic
36 treatment or those with fewer exacerbations that are causing significant morbidity.
37 They recommend that the choice of antibiotic should be determined by sputum
38 microbiology when clinically stable, and high doses should not be used to minimise
39 side effects. For children, they recommend prophylactic antibiotics can be
40 considered for frequent symptoms or severe disease. However, they also caution

1 that long-term antibiotics may result in antibiotic resistance in individual patients and
2 alternative antibiotics should be chosen depending on susceptibility results. The BTS
3 guideline also considers long-term treatment with mucoactive agents, such as
4 mucolytics and hyperosmolar agents, bronchodilators and inhaled corticosteroids.

5 **1.2 Managing infections that require antibiotics**

6 An acute exacerbation of bronchiectasis is a bacterial infection needing treatment
7 with an antibiotic. However, antibiotics should only be started when there is clear
8 evidence of infection. In some instances the condition of the patient may necessitate
9 prompt effective antibiotic treatment within 1 hour of diagnosis (or as soon as
10 possible) in patients who have [sepsis](#) or life threatening infection, in these patients
11 therapy should not be delayed but sputum and/or blood samples for culture should, if
12 possible, be obtained prior to treatment.

13 In line with the Department of Health and Social Care guidance ([Start Smart Then](#)
14 [Focus](#)) and the NICE guideline on [antimicrobial stewardship](#) consider reviewing
15 intravenous antibiotic prescriptions at 48 to 72 hours, documenting response to
16 treatment and any available microbiology results to determine if the antibiotic should
17 be continued or switched to a narrower spectrum or an oral antibiotic.

18 **1.2.1 Antibiotic prescribing strategies**

19 The NICE guideline on [antimicrobial stewardship: systems and processes for](#)
20 [effective antimicrobial medicine use](#) provides recommendations for prescribers on
21 prescribing antimicrobials. The recommendations guide prescribers in decisions
22 about antimicrobial prescribing and include recommending that they follow local and
23 national guidelines, use the shortest effective course length and record their
24 decisions, particularly when these decisions are not in line with guidelines. The
25 recommendations also advise that prescribers take into account the benefits and
26 harms for a person when prescribing an antimicrobial, such as possible interactions,
27 co-morbidities, drug allergies and the risks of healthcare associated infections.

28 The NICE guideline on antimicrobial stewardship: changing risk-related behaviours
29 in the general population recommends that resources and advice should be available
30 for people who are prescribed antimicrobials to ensure they are taken as instructed
31 at the correct dose, via the correct route, for the time specified. Verbal advice and
32 written information that people can take away about how to use antimicrobials
33 correctly should be given, including not sharing prescription-only antimicrobials with
34 anyone other than the person they were prescribed or supplied for, not keeping them
35 for use another time and returning unused antimicrobials to the pharmacy for safe
36 disposal and not flushing them down toilets or sinks.

1 **1.3 Safety information**

2 **1.3.1 Safety netting**

3 The NICE guideline on [antimicrobial stewardship: changing risk-related behaviours](#)
4 [in the general population](#) recommends that safety netting advice should be shared
5 with everyone who has an infection (regardless of whether or not they are prescribed
6 or supplied with antimicrobials).

7 This should include:

- 8 • how long symptoms are likely to last with and without antimicrobials
- 9 • what to do if symptoms get worse
- 10 • what to do if they experience adverse effects from the treatment
- 11 • when they should ask again for medical advice.

12 **1.3.2 Medicines safety**

13 Antibiotic-associated diarrhoea is estimated to occur in 2 to 25% of people taking
14 antibiotics, depending on the antibiotic used ([NICE clinical knowledge summary:](#)
15 [diarrhoea – antibiotic associated](#)).

16 Allergic reactions to penicillins (such as phenoxymethylpenicillin) occur in 1 to 10%
17 of treated people and anaphylactic reactions occur in less than 0.05% ([BNF June](#)
18 [2018](#)). People with a history of atopic allergy (for example, asthma, eczema, and
19 hayfever) are at a higher risk of anaphylactic reactions to penicillins. People with a
20 history of immediate hypersensitivity to penicillins may also react to cephalosporins
21 and other beta-lactam antibiotics. See the NICE guideline on [drug allergy: diagnosis](#)
22 [and management](#) for more information.

23 Quinolones, including ciprofloxacin, cause arthropathy in the weight-bearing joints of
24 immature animals and are generally not recommended in children or young people
25 who are growing ([BNF June 2018](#)).

26 Aminoglycosides are not absorbed from the gut and must be given by injection for
27 systemic infections. Gentamicin is the aminoglycoside of choice in the UK loading
28 and maintenance doses are calculated on the basis of the patient's weight and renal
29 function, with adjustments made according to serum-gentamicin concentrations.
30 Whenever possible treatment should not exceed 7 days. Amikacin is used in the
31 treatment of serious infections caused by gentamicin-resistant Gram-negative bacilli
32 ([BNF June 2018](#)).

33 Co-trimoxazole is currently under restriction for use in the UK. It is advised that it
34 only be used in urinary tract infections (UTI) where there is bacteriological evidence
35 of sensitivity to co-trimoxazole. Co-trimoxazole should be used with caution in those
36 with asthma, or people with blood disorders, GP6D deficiency or infants under 6

1 weeks (except for treatment or prophylaxis of pneumocystis pneumonia) ([BNF June](#)
2 [2018](#)).

3 Tetracyclines, including doxycycline, can deposit in growing bone and teeth (by
4 binding to calcium) causing staining and occasionally dental hypoplasia. They should
5 not be given to children under 12 years, or to pregnant or breast-feeding women.
6 The absorption of tetracyclines is reduced by antacids, milk, and aluminium, calcium,
7 iron, magnesium and zinc salts. Common side effects include nausea, vomiting,
8 diarrhoea, dysphagia, and oesophageal irritation ([BNF June 2018](#)).

9 Macrolides, including azithromycin, clarithromycin and erythromycin, are an
10 alternative to penicillins in people with penicillin allergy. They should be used with
11 caution in people with a predisposition to QT interval prolongation. Nausea, vomiting,
12 abdominal discomfort, and diarrhoea are the most common side effects of
13 macrolides. These are less frequent with clarithromycin than with erythromycin ([BNF](#)
14 [June 2018](#)).

15 Patients must be assessed for bronchial hyperresponsiveness to inhaled mannitol
16 before starting the therapeutic dose regimen; an initiation dose assessment must be
17 carried out under medical supervision ([BNF June 2018](#)).

18 **1.4 Antimicrobial resistance**

19 The consumption of antimicrobials is a major driver for the development of antibiotic
20 resistance in bacteria, and the 3 major goals of antimicrobial stewardship are to:

- 21 • optimise therapy for individual patients
- 22 • prevent overuse, misuse and abuse, and
- 23 • minimise development of resistance at patient and community levels.

24 The NICE guideline on [antimicrobial stewardship: systems and processes for](#)
25 [effective antimicrobial medicine use](#) recommends that the risk of antimicrobial
26 resistance for individual patients and the population as a whole should be taken into
27 account when deciding whether or not to prescribe an antimicrobial.

28 When antimicrobials are necessary to treat an infection that is not life-threatening, a
29 narrow-spectrum antibiotic should generally be first choice. Indiscriminate use of
30 broad-spectrum antibiotics creates a selective advantage for bacteria resistant even
31 to these 'last-line' broad-spectrum agents, and also kills normal commensal flora
32 leaving people susceptible to antibiotic-resistant harmful bacteria such as *C. difficile*.
33 For infections that are not life-threatening, broad-spectrum antibiotics (for example,
34 co-amoxiclav, quinolones and cephalosporins) need to be reserved for second-
35 choice treatment when narrow-spectrum antibiotics are ineffective ([CMO report](#)
36 [2011](#)).

1 With prolonged antibiotic use for prophylaxis, for example in the prevention of acute
2 exacerbations of bronchiectasis, the emergence of resistance is a particular concern.
3 The systematic review by Hnin et al. 2015 discusses resistance to macrolide
4 antibiotics in particular (following azithromycin use) and supports the importance of
5 patient selection to reduce the risk of widespread emergence of antimicrobial
6 resistance.

7 The [ESPAUR report 2017](#) reported that antibiotic prescribing reduced by 5%
8 between 2012 and 2016, with declines across the majority of antibiotic groups.
9 However, significant regional variation in antibiotic use continues to occur. The
10 number of prescriptions dispensed in the GP setting decreased by 13% between
11 2012 and 2016, largely driven by reductions in use of penicillins. Secondary care,
12 despite some progress observed in 2015, has not had a sustained reduction in total
13 antibiotic prescribing. However, from 2015 to 2016 hospitals reduced their use of the
14 ultra-broad spectrum antibiotics piperacillin/tazobactam and carbapenems.

15 **1.5 Other considerations**

16 **1.5.1 Medicines adherence**

17 Medicines adherence may be a problem for some people with medicines that require
18 frequent dosing (for example, some antibiotics; NICE guideline on [medicines
19 adherence](#)). Longer treatment durations, for example with prophylactic antibiotics,
20 may also cause problems with medicines adherence for some people.

21 **1.5.2 Regulatory status**

22 Inhaled mannitol is not licensed for use in bronchiectasis, so use for this indication
23 would be off label.

24 **2 Recommendations**

25 The recommendations in this guideline are for managing and preventing an acute
26 exacerbation in people with non-cystic fibrosis bronchiectasis.

27 **2.1 Managing an acute exacerbation of bronchiectasis (non- 28 cystic fibrosis)**

| |
|---|
| Be aware that an acute exacerbation of bronchiectasis is a sustained worsening of symptoms from a person's stable state. (Recommendation 1.1.1) |
|---|

29 **Rationale**

30 Based on experience, the committee agreed that an acute exacerbation is a
31 sustained worsening of symptoms from a person's stable state. The committee

1 agreed with the definition of an acute exacerbation in the [BTS guideline on non-](#)
2 [cystic fibrosis bronchiectasis 2010](#).

3

4 **Treatment**

Obtain a sputum sample from people with an acute exacerbation of bronchiectasis and send for culture and susceptibility testing. (Recommendation 1.1.2)

5 **Rationale**

6 Based on consensus, the committee agreed that although in the first instance
7 antibiotic treatment will be empirical or based on the most recent sputum culture, a
8 new sputum sample should be sent for culture to confirm susceptibility of the
9 bacteria. The committee discussed that people with bronchiectasis are likely to have
10 previous sputum samples, and because pathogenic bacteria are reasonably static in
11 this population, antibiotics that worked previously are a good starting point to treat
12 new exacerbations. However, pathogenic bacteria can change and a new sputum
13 sample should be sent for culture when people present with a new exacerbation of
14 bronchiectasis.

15

Consider an antibiotic (see the recommendations on choice of antibiotic) for people with an acute exacerbation of bronchiectasis taking account of:

- the limited evidence base for antibiotics
- the number and severity of symptoms
- previous exacerbation and hospital admission history, and the risk of developing complications
- previous sputum culture and susceptibility results. (Recommendation 1.1.3)

16 **Rationale**

17 The committee discussed the limited evidence base for antibiotics for treating an
18 acute exacerbation of bronchiectasis. No evidence was found comparing antibiotics
19 with placebo from systematic reviews or randomised controlled trials from the
20 search, which went back to 2006. The committee was aware of UK guidelines that
21 make recommendations for the antimicrobial treatment of acute exacerbations based
22 on older, heterogeneous, head to head studies comparing different antibiotic
23 regimens (often of intramuscular or intravenous antibiotics in hospitalised patients,
24 which may not reflect current practice) and expert consensus. The committee
25 agreed, based on their experience, that people with an acute exacerbation may
26 benefit from antibiotic treatment, but this should be considered on an individual
27 patient basis, based on the number and severity of their symptoms, their previous
28 exacerbation and hospital admission history, their risk of developing complications,
29 and previous sputum culture and susceptibility results. The committee noted that

1 exacerbations could also be due to a viral infection or environmental factors rather
2 than a bacterial infection.

When results of sputum culture and susceptibility testing are available:

- review the choice of antibiotic, **and**
- only change the antibiotic according to susceptibility results if bacteria are resistant and symptoms are not already improving (using a narrow spectrum antibiotic wherever possible). (Recommendaton 1.1.4)

3 **Rationale**

4 Based on consensus, the committee agreed that when results of sputum cultures are
5 available, if they suggest the bacteria are not susceptible, the person should be
6 contacted to assess symptoms. However, the antibiotic should only be changed
7 according to susceptibility results if symptoms are not already improving. In line with
8 good antimicrobial stewardship, narrow spectrum antibiotics should be used
9 wherever possible.

When an antibiotic prescription is given, give advice about:

- possible adverse effects of the antibiotic, particularly diarrhoea
- seeking medical help if symptoms worsen rapidly or significantly at any time, or the person becomes systemically very unwell. (Recommendaton 1.1.5)

10 **Rationale**

11 The committee agreed that when an antibiotic is given, people should be advised
12 about possible adverse effects and also be given safety netting advice.

13 **Reassessment**

Reassess the person if symptoms worsen rapidly or significantly at any time, taking account of:

- other possible diagnoses, such as pneumonia
- any symptoms or signs suggesting a more serious illness or condition, such as cardiorespiratory failure or sepsis
- previous antibiotic use which may have led to resistant bacteria.

Send a repeat sputum sample for culture and susceptibility testing if symptoms have not resolved following antibiotic treatment. (Recommendaton 1.1.6)

14 **Rationale**

15 Based on experience, the committee agreed that, for safety netting, reassessment
16 was needed if symptoms of the acute exacerbation worsen rapidly or significantly at
17 any time.

1 Referral and seeking specialist advice

Refer people with an acute exacerbation of bronchiectasis to hospital if they have:

- cardiorespiratory failure, **or**
- a severe systemic infection, **or**
- any of the high risk criteria for severe illness or death from the NICE guideline on [sepsis](#). (Recommendaton 1.1.7)

2 **Rationale**

3 Based on experience, the committee agreed that, for safety netting, people with an
4 acute exacerbation of bronchiectasis should be referred to hospital if they have
5 cardiorespiratory failure, a severe systemic infection or suspected sepsis.

Seek specialist advice for an acute exacerbation of bronchiectasis if the person:

- has symptoms that are not improving with repeated courses of antibiotic treatment
- has bacteria that are resistant to oral antibiotics
- cannot take oral medicines (to explore locally available options for giving intravenous antibiotics at home or in the community, rather than in hospital, where this is appropriate). (Recommendaton 1.1.8)

6 **Rationale**

7 The committee discussed that some people with resistant bacteria (particularly
8 *Pseudomonas aeruginosa*) may need intravenous antibiotics, particularly if they are
9 not responding to several courses of oral antibiotics for the same episode, or if
10 several sputum samples show resistance to oral antibiotics. The committee
11 discussed that specialist advice should be sought for people needing intravenous
12 antibiotics, to discuss local options for giving intravenous antibiotics at home or in the
13 community, rather than in hospital, where this is appropriate for the individual.

14 The committee agreed, based on experience, that it may be necessary to use
15 alternative antibiotics or combine antibiotics in the care of certain people who are
16 severely unwell or have particular pathogens, but this should be done according to
17 local policy on the advice of a microbiologist.

18 Non-antimicrobial treatment of an acute exacerbation

No recommendation made.

19 **Rationale**

20 The committee considered that no evidence for the non-antimicrobial treatment of an
21 acute exacerbation was found and no recommendations could be made.

1 The committee was aware of general good practice recommendations to provide
2 personalised self-management plans for people with non-cystic fibrosis
3 bronchiectasis which give advice on recognising the early signs of an exacerbation
4 and ensuring that people know when to take any rescue medication provided, which
5 may include a short-acting beta2-agonist for wheeze or breathlessness.

6 **2.2 Choice of antibiotic for treating an acute exacerbation of** 7 **bronchiectasis**

When prescribing antibiotic treatment for an acute exacerbation of bronchiectasis:

- follow table 1 for adults aged 18 years and over
- follow table 2 for children and young people under 18 years. (Recommendation 1.2.1)

8 **Rationale**

9 **Committee discussion on choice of antibiotic**

10 Very limited evidence was identified to guide the choice of antibiotic for treating an
11 acute exacerbation of bronchiectasis.

12 Based on experience, common pathogens in acute exacerbations, the susceptibility
13 of these to various classes of antibiotics, the risks of resistance, and good
14 antimicrobial stewardship, the committee agreed the following antibiotic choices.
15 Several oral and intravenous antibiotics were recommended to enable antibiotics to
16 be selected based on the severity of illness and antibiotic susceptibilities from culture
17 results when available.

18 First-choice **oral antibiotics** are:

- 19 • **amoxicillin** (a penicillin) at the usual dose of 500 mg three times a day for adults
20 (with corresponding usual doses in children), which has good activity against
21 common pathogens, such as *Streptococcus pneumoniae* and *Haemophilus*
22 *influenzae*
- 23 • **clarithromycin** or **erythromycin** (macrolides; erythromycin is preferred in women
24 who are pregnant) at usual doses
- 25 • **doxycycline** (a tetracycline; adults and young people over 12 years only) at the
26 usual dose.

27 Second-choice oral antibiotics for people who are more severely unwell or are at
28 higher risk of certain pathogens (guided by susceptibilities when available) are:

- 29 • **high-dose amoxicillin** (1 g three times a day or 3 g twice a day for adults; with
30 corresponding doses in children), if severely ill and colonised with beta-lactamase
31 negative *Haemophilus influenzae*

- 1 • **co-amoxiclav** (500/125 mg three times a day for adults; with corresponding
2 doses in children), if severely ill and colonised with pathogens other than
3 *Pseudomonas aeruginosa* (this broad-spectrum antibiotic combines a penicillin
4 with a beta-lactamase inhibitor, making it active against beta-lactamase-producing
5 bacteria that are resistant to amoxicillin alone)
- 6 • or **ciprofloxacin** (500 mg or 750 mg twice a day; with corresponding doses in
7 children [only on specialist advice because quinolones are generally not
8 recommended in children or young people who are growing], a quinolone which
9 should be reserved for people colonised with *Pseudomonas aeruginosa* only.

10 First-choice **intravenous antibiotics** at usual doses for treating acute exacerbations
11 in people who are severely unwell, not responding to or unable to take oral
12 antibiotics (guided by specialist advice and susceptibilities when available) are:

- 13 • **ceftriaxone** (a third generation cephalosporin), which is suitable for people not
14 colonised with *Pseudomonas aeruginosa*
- 15 • **co-trimoxazole** (trimethoprim plus a sulphonamide), which is suitable for people
16 not colonised with *Pseudomonas aeruginosa*
- 17 • **ceftazidime** (a third generation cephalosporin)
- 18 • **piperacillin with tazobactam** (an antipseudomonal penicillin with a beta-
19 lactamase inhibitor)
- 20 • **ciprofloxacin** (a quinolone)
- 21 • **co-amoxiclav** (a penicillin with a beta-lactamase inhibitor).

22 The committee discussed that some people with resistant bacteria (particularly
23 *Pseudomonas aeruginosa*) may need intravenous antibiotics, particularly if they are
24 not responding to several courses of oral antibiotics for the same episode, or if
25 several sputum samples show resistance to oral antibiotics.

26 The committee discussed that specialist advice should be sought for people needing
27 intravenous antibiotics, to discuss which antibiotics are suitable and the local options
28 for giving intravenous antibiotics at home or in the community, rather than in hospital,
29 where this is appropriate for the individual.

30 The committee agreed, based on experience, that it may be necessary to use
31 alternative antibiotics or combine antibiotics in the care of certain people who are
32 severely unwell or have particular pathogens, but this should be done according to
33 local policy on the advice of a microbiologist.

34 The committee discussed evidence from a randomised controlled trial which showed
35 that adding nebulised tobramycin to oral ciprofloxacin did not improve the resolution
36 of exacerbation symptoms, and increased wheeze. The committee agreed that
37 combining a nebulised antibiotic with an oral antibiotic for the treatment of an acute
38 exacerbation added no additional benefit and should not be routinely offered.

1 **Antibiotic course length**

2 Very limited evidence was identified to guide the duration of antibiotics for treating an
3 acute exacerbation of bronchiectasis. The 1 RCT identified, which compared a
4 nebulised antibiotic plus an oral antibiotic with an oral antibiotic alone, used a 14-day
5 course. However, the committee were aware of the [British Thoracic Society guideline
6 on non-cystic fibrosis bronchiectasis 2010](#) which includes older head to head studies
7 comparing different oral, intravenous or intramuscular antibiotic regimens, which
8 used 7-day, 10-day or 14-day courses.

9 Based on consensus, the committee agreed that the shortest course that is likely to
10 be effective should be prescribed to reduce the risk of antimicrobial resistance and
11 minimise the risk of adverse effects.

12 The committee agreed that a minimum of a 7-day course of all the recommended
13 antibiotics was required to treat an acute exacerbation. At 7-days, treatment should
14 be reviewed, and either stopped if the person is clinically stable or continued for a
15 further 7 days as appropriate.

Give oral antibiotics first line if the person can take oral medicines, and the severity of their condition does not require intravenous antibiotics. (Recommendaton 1.2.2)

16 **Rationale**

17 Oral antibiotics should be used first-line where possible, in line with antimicrobial
18 stewardship. The committee discussed that some people with resistant bacteria
19 (particularly *Pseudomonas aeruginosa*) may need intravenous antibiotics,
20 particularly if they are not responding to several courses of oral antibiotics for the
21 same episode, or if several sputum samples show resistance to oral antibiotics.

Review intravenous antibiotics by 48 hours and consider stepping down to oral antibiotics where possible. (Recommendaton 1.2.3)

22 **Rationale**

23 The committee agreed that the use of intravenous antibiotics should be reviewed by
24 48 hours (taking into account the person's response to treatment and susceptibility
25 results from sputum culture) and switched to oral treatment where possible. This
26 aligns with the NICE guideline on [antimicrobial stewardship](#) and [Start smart – then
27 focus](#).

1 **Table 1 Antibiotic treatment for adults aged 18 years and over**

| Antibiotic ¹ | Dosage and course length |
|--|--|
| First choice oral antibiotics^{2,3} | |
| Amoxicillin | 500 mg three times a day for 7 days then review ⁴ |
| Clarithromycin | 500 mg twice a day for 7 days then review ⁴ |
| Erythromycin | 500 mg four times a day for 7 days then review ⁴ |
| Doxycycline | 200 mg on first day, then 100 mg once a day for a 7-day course in total then review ⁴ |
| Second choice oral antibiotics if severely unwell or higher risk of certain pathogens (guided by susceptibilities when available) | |
| Amoxicillin high-dose (if severe and colonised with <i>Haemophilus influenzae</i> [beta-lactamase negative]) | 1 g three times a day or 3 g twice a day for 7 days then review ⁴ |
| Co-amoxiclav (if severe, and not colonised with <i>Pseudomonas aeruginosa</i>) | 500/125 mg three times a day for 7 days then review ⁴ |
| Ciprofloxacin (if colonised with <i>Pseudomonas aeruginosa</i> ; higher dose if severe) | 500 mg or 750 mg twice a day for 7 days then review ⁴ |

| Antibiotic ¹ | Dosage and course length |
|--|---|
| First choice intravenous antibiotics (if unable to take oral antibiotics or severely unwell; guided by specialist advice and susceptibilities when available)⁵ | |
| Ceftriaxone (not if colonised with <i>Pseudomonas aeruginosa</i>) | 2 g once a day |
| Co-trimoxazole (not if colonised with <i>Pseudomonas aeruginosa</i>) ⁶ | 960 mg to 1440 mg twice a day |
| Ceftazidime | 2 g three times a day |
| Piperacillin with tazobactam | 4.5 g three times a day, increased if necessary to 4.5 g four times a day |
| Ciprofloxacin | 400 mg twice or three times a day |
| Co-amoxiclav | 1.2 g three times a day |
| Second choice intravenous antibiotics, or combined therapy | |
| Consult local microbiologist; guided by susceptibilities | |
| <p>¹ See BNF for appropriate use and dosing in specific populations, for example, hepatic impairment, renal impairment, pregnancy and breast-feeding.</p> <p>² Empirical treatment or guided by most recent sputum culture and susceptibility.</p> <p>³ Amoxicillin or erythromycin are the preferred choices in women who are pregnant.</p> <p>⁴ Review treatment after 7 days and either stop the antibiotic if clinically stable or continue for a further 7 days as appropriate.</p> <p>⁵ Review intravenous antibiotics by 48 hours and consider stepping down to oral antibiotics where possible for a total antibiotic course of 7 to 14 days.</p> <p>⁶ Co-trimoxazole should only be considered for use in acute exacerbations of bronchiectasis when there is bacteriological evidence of sensitivity and good reason to prefer this combination to a single antibiotic (BNF, June 2018).</p> | |

1 **Table 2 Antibiotic treatment for children and young people under 18**
 2 **years**

| Antibiotic ¹ | Dosage and course length ² |
|--|--|
| First choice oral antibiotics^{3,4} | |
| Amoxicillin | 1 to 11 months, 125 mg three times a day for 7 days then review ⁵ 1 to 4 years, 250 mg three times a day for 7 days then review ⁵ 5 to 17 years, 500 mg three times a day for 7 days then review ⁵ |
| Clarithromycin | 1 month to 11 years: Under 8 kg, 7.5 mg/kg twice a day for 7 days then review ⁵ 8 to 11 kg, 62.5 mg twice a day for 7 days then review ⁵ 12 to 19 kg, 125 mg twice a day for 7 days then review ⁵ 20 to 29 kg, 187.5 mg twice a day for 7 days then review ⁵ 30 to 40 kg, 250 mg twice a day for 7 days then review ⁵ or 12 to 17 years 250 mg to 500 mg twice a day for 7 days then review ⁵ |
| Erythromycin | 1 month to 1 year, 125 mg four times a day or 250 mg twice a day for 7 days then review ⁵ 2 to 7 years, 250 mg four times a day or 500 mg twice a day for 7 days then review ⁵ 8 to 17 years, 250 mg to 500 mg four times a day or 500 mg to 1,000 mg twice a day for 7 days then review ⁵ |
| Doxycycline | 12 to 17 years, 200 mg on first day, then 100 mg once a day for a 7-day course in total then review ⁵ |

| Antibiotic ¹ | Dosage and course length ² |
|--|--|
| Second choice oral antibiotics if severely unwell or higher risk of certain pathogens (guided by susceptibilities when available) | |
| Amoxicillin high-dose (if severe and colonised with <i>Haemophilus influenzae</i> [beta-lactamase negative]) | 1 month to 11 years, 30 mg/kg (maximum 1g per dose) three times a day for 7 days then review ⁵ 12 to 17 years, 1 g three times a day for 7 days then review ⁵ |
| Co-amoxiclav (if severe and not colonised with <i>Pseudomonas aeruginosa</i>) | 1 to 11 months, 0.25 ml/kg of 125/31 suspension three times a day for 7 days then review ⁵ 1 to 5 years, 5 ml of 125/31 suspension three times a day or 0.25 ml/kg of 125/31 suspension three times a day for 7 days then review ⁵ 6 to 11 years, 5 ml of 250/62 suspension three times a day or 0.15 ml/kg of 250/62 suspension three times a day for 7 days then review ⁵ 12 to 17 years, 250/125 mg three times a day or 500/125 mg three times a day for 7 days then review ⁵ |
| Ciprofloxacin (on specialist advice if colonised with <i>Pseudomonas aeruginosa</i> ; higher dose if severe) | 1 to 11 years, 20 mg/kg twice daily (maximum 750 mg per dose) for 7 days then review ⁵ 12 to 17 years, 500 mg or 750 mg twice a day for 7 days then review ⁵ |

| Antibiotic ¹ | Dosage and course length ² |
|---|--|
| First choice intravenous antibiotic (if unable to take oral antibiotics or severely unwell). Antibiotics may be combined if sepsis a concern (guided by specialist advice and susceptibilities when available)⁶ | |
| Ceftriaxone (not if colonised with <i>Pseudomonas aeruginosa</i>) | 1 month to 11 years (up to 50 kg), 50 to 80 mg/kg once a day (maximum 4 g per day) 9 to 11 years (50 kg and above), 1 to 2 g once a day 12 to 17 years, 1 to 2 g once a day |
| Co-trimoxazole (not if colonised with <i>Pseudomonas aeruginosa</i>) ⁷ | 6 weeks to 17 years, 18 mg/kg to 27 mg/kg twice a day (maximum 1440 mg per dose) |
| Ceftazidime | From 1 month, 25 to 50 mg/kg three times a day (maximum 6 g per day) |
| Piperacillin with tazobactam | 1 month to 11 years, 90 mg/kg three or four times a day (maximum per dose 4.5 g four times a day) 12 to 17 years, 4.5 g three times a day, increased if necessary to 4.5 g four times a day |
| Ciprofloxacin | 1 to 11 years, 10 mg/kg three times a day (maximum 400 mg per dose) 12 to 17 years, 400 mg twice or three times a day |
| Co-amoxiclav | 1 to 2 months, 30 mg/kg twice a day 3 months to 17 years, 30 mg/kg three times a day (maximum 1.2 g three times a day) |
| Second choice intravenous antibiotic, or combined therapy | |
| Consult local microbiologist; guided by susceptibilities | |

¹ See [BNF for children](#) for appropriate use and dosing in specific populations, for example hepatic impairment and renal impairment.

² The age bands apply to children of average size and, in practice, the prescriber will use the age bands in conjunction with other factors such as the severity of the condition and the child's size in relation to the average size of children of the same age.

³ Empirical treatment or guided by most recent sputum culture and susceptibility.

⁴ Amoxicillin or erythromycin are the preferred choices in young women who are pregnant.

⁵ Review treatment after 7 days and either stop the antibiotic if clinically stable or continue for a further 7 days as appropriate.

⁶ Review intravenous antibiotics by 48 hours and consider stepping down to oral antibiotics where possible for a total antibiotic course of 7 to 14 days.

⁷ Co-trimoxazole should only be considered for use in acute exacerbations of bronchiectasis when there is bacteriological evidence of sensitivity and good reason to prefer this combination to a single antibiotic ([BNF for children, June 2018](#)).

1 **2.3 Preventing acute exacerbations of bronchiectasis (non-** 2 **cystic fibrosis)**

Do not routinely offer antibiotic prophylaxis to prevent acute exacerbations of bronchiectasis. Give advice about seeking medical help if symptoms of an acute exacerbation develop. (Recommendation 1.3.1)

3 **Rationale**

4 The committee discussed the evidence for prophylactic antibiotics. Overall,
5 antibiotics reduced exacerbation rates, hospitalisations and the number of people
6 with an exacerbation. However, there was a significant increase in antibiotic
7 resistance and adverse effects.

8 The majority of the studies were in populations who had experienced multiple
9 exacerbations in the previous year and the committee thought the findings could not
10 be generalised to everyone with bronchiectasis.

11 Based on evidence and experience, the committee agreed that all people should not
12 routinely be offered antibiotic prophylaxis to prevent acute exacerbations, because of
13 the risk/benefit balance in the overall population.

Only consider antibiotic prophylaxis (see the recommendations on choice of antibiotic) for adults with repeated acute exacerbations of bronchiectasis, taking account of evidence that antibiotics can:

- reduce exacerbations
- increase antimicrobial resistance
- cause adverse effects, particularly diarrhoea. (Recommendation 1.3.2)

1 **Rationale**

2 Based on evidence and experience, the committee agreed that although routine
3 antibiotic prophylaxis is not recommended, this could be considered for adults with
4 repeated exacerbations, where the benefits of prophylaxis may outweigh the risks.

5 The committee discussed the evidence for prophylactic antibiotics. Most evidence
6 was found for oral macrolide antibiotics in adults, where they reduced exacerbation
7 rates and the number of people with an exacerbation. However, they also increased
8 antibiotic resistance and adverse effects. Nebulised or inhaled prophylactic
9 antibiotics had no effect on exacerbations in adults. In 1 small trial of nebulised
10 tobramycin, a non-significant increase in exacerbations, and adverse events such as
11 dyspnoea, chest pain and wheeze were seen.

12 The majority of the studies were in populations who had experienced multiple
13 exacerbations in the previous year. However, the populations had a variety of
14 exacerbation histories with no clear benefit seen in a specific population. The
15 committee felt it was, therefore, difficult to give a precise definition of 'repeated
16 exacerbations'. Clinical judgement would be needed to define this on an
17 individualised patient basis, taking into account the frequency and severity of
18 exacerbations, and the individualised risks and benefits of long-term antibiotics.

19 The limited evidence in children and young people found prophylactic oral macrolide
20 antibiotics had no effect on exacerbations but increased antimicrobial resistance,
21 and no recommendation for prophylaxis in children and young people was made.

Before antibiotic prophylaxis is given, give advice about:

- the risk of antimicrobial resistance with long-term antibiotics, which may mean fewer effective antibiotics for future exacerbations
- possible adverse effects of long-term antibiotics, particularly diarrhoea, but also less common cardiac events with macrolide antibiotics
- possible interactions of macrolide antibiotics with other medicines
- returning for review after 3 months, or other agreed time. (Recommendation 1.3.3)

22 **Rationale**

23 The committee agreed that before antibiotic prophylaxis is given, people should be
24 advised about the harms of long-term antibiotics. There is an increased risk of

1 resistance with long-term antibiotics, which impacts at both a population and an
2 individual level. People should be advised that this can mean fewer antibiotics may
3 work for their exacerbations in the future. People should also be advised about
4 possible common adverse effects, such as diarrhoea, but also about less common
5 cardiac adverse events. They should also be advised about the potential for
6 macrolide antibiotics, in particular, to interact with other medicines. The committee
7 agreed that anyone being offered antibiotic prophylaxis should return for a review
8 after 3 months, or other agreed time.

When prescribing antibiotics to prevent acute exacerbations of bronchiectasis follow table 3 for adults aged 18 years and over. (Recommendation 1.3.4)

9 **Rationale**

10 The committee discussed that the evidence of benefit for antibiotic prophylaxis was
11 with oral macrolides (which included azithromycin, clarithromycin, erythromycin and
12 roxithromycin [not available in the UK]). They discussed that macrolides may have
13 anti-inflammatory or intracellular effects which is why they may show benefit over
14 other antimicrobials. Nebulised or inhaled antibiotics (not all of which are available in
15 the UK) had no effect on exacerbations. However, the evidence base was limited
16 with low patient numbers in all studies.

17 Based on the evidence, the committee recommended azithromycin (500 mg three
18 times a week or 250 mg daily), clarithromycin 250 mg twice day or erythromycin
19 500 mg twice a day where antibiotic prophylaxis was considered appropriate.
20 Nebulised or inhaled antibiotics were not recommended.

Do not offer nebulised dornase alfa to prevent acute exacerbations of bronchiectasis.
(Recommendation 1.3.5)

21 **Rationale**

22 Evidence showed that nebulised dornase alfa increased exacerbation rates in adults
23 with bronchiectasis, and resulted in more people using antibiotics and steroids.
24 Therefore the committee agreed that nebulised dornase alfa should not be offered to
25 prevent acute exacerbations of bronchiectasis.

Do not offer inhaled corticosteroids (with or without a long-acting beta2 agonist) for the sole purpose of preventing acute exacerbations of bronchiectasis. (Recommendation 1.3.6)

1 **Rationale**

2 Evidence showed that inhaled corticosteroids (with or without a long-acting beta2
3 agonist) had no effect on acute exacerbations of bronchiectasis in adults. Based on
4 experience, the committee also discussed the potential for adverse effects with
5 inhaled corticosteroids. Therefore the committee agreed that inhaled corticosteroids
6 should not be offered solely to prevent acute exacerbations.

7 **Mannitol**

No recommendation made.

8 **Rationale**

9 The committee discussed the limited evidence for inhaled mannitol, which was for
10 use in adults. This found that inhaled mannitol increased the time to first
11 exacerbation and reduced the number of people experiencing an exacerbation.
12 However, this was compared with a lower dose mannitol control group not placebo.
13 The committee also recognised potential issues with the use of mannitol, including:

- 14 • it can cause bronchospasm, and people must be assessed for bronchial
15 hyperresponsiveness before treatment, with a supervised initiation dose
16 assessment ([BNF June 2018](#))
- 17 • it is not licensed for use in people with bronchiectasis, and use would be off-label.
- 18 • it may be difficult for people to use correctly; the dose for cystic fibrosis requires
19 inhaling the contents of 10 capsules via an inhaler device twice a day.
- 20 • the cost of 280 inhalation powder capsules with 2 devices is £231.66 ([BNF June](#)
21 [2018](#)).

22 Based on this, the committee agreed not to make a recommendation on the use of
23 mannitol to prevent acute exacerbations.

24 **Other mucoactive agents**

No recommendation made.

25 **Rationale**

26 The committee discussed that no evidence relating to exacerbation end points for
27 nebulised hypertonic saline, carbocysteine or erdosteine was found and no
28 recommendations could be made.

2.4 *Choice of antibiotic for preventing acute exacerbations*

Table 3. Antibiotic prophylaxis for adults aged 18 years and over

| Antibiotic prophylaxis ^{1,2} | Dosage and course length ³ |
|---|---|
| First choice⁴ | |
| Azithromycin | 500 mg three times a week or 250 mg daily |
| Clarithromycin | 250 mg twice day |
| Erythromycin | 500 mg twice a day |
| <p>¹ See BNF for appropriate use and dosing in specific populations, for example, hepatic impairment, renal impairment, pregnancy and breast-feeding.</p> <p>² Choose antibiotics according to recent sputum culture and susceptibility results where possible. Select a different antibiotic for prophylaxis if treating an acute exacerbation of bronchiectasis.</p> <p>³ Doses given are by mouth using immediate release medicines, unless otherwise stated.</p> <p>⁴ Erythromycin is the preferred choice in women who are pregnant.</p> | |

3 Evidence

The evidence identified in this guideline is for non-antimicrobial and antimicrobial interventions for managing and preventing acute exacerbations of non-cystic fibrosis bronchiectasis, for outcomes relating to exacerbations and safety. Physical therapies, such as airway clearance techniques, were out of scope of this guideline, as were outcomes related to the management of stable bronchiectasis, for example symptoms in stable state bronchiectasis and lung function.

3.1 *Treatment of acute exacerbations of bronchiectasis*

3.1.1 Non-pharmacological interventions

No systematic reviews or RCTs were found that investigated non-pharmacological interventions for the treatment of acute exacerbations of bronchiectasis.

3.1.2 Non-antimicrobial pharmacological interventions

No systematic reviews or RCTs were found that investigated non-antimicrobial pharmacological interventions, such as mucoactive agents, bronchodilators or inhaled corticosteroids, for the treatment of acute exacerbations of bronchiectasis.

1 **3.1.3 Antimicrobial interventions**

2 The only evidence identified for antimicrobial interventions for the treatment of acute
3 exacerbations of bronchiectasis was 1 RCT of oral antibiotics plus nebulised
4 antibiotics compared with oral antibiotics plus placebo in adults. There was no
5 evidence in children or young people, and no randomised placebo-controlled trials of
6 antibiotics were identified.

7 **3.1.3.1 Oral antibiotics plus nebulised antibiotics**

8 **GRADE profile - Oral ciprofloxacin plus nebulised tobramycin versus oral** 9 **ciprofloxacin plus placebo in adults with an acute exacerbation of bronchiectasis**

10 *Summary*

11 The evidence review for oral ciprofloxacin plus nebulised tobramycin is based on 1
12 double-blind, placebo-controlled RCT (n=53) in adults with an acute exacerbation of
13 bronchiectasis. At the time of exacerbation, participants were randomised to 750 mg
14 oral ciprofloxacin plus 300 mg nebulised tobramycin twice daily or 750 mg oral
15 ciprofloxacin plus nebulised placebo twice daily for 14 days. Participants were only
16 included if they had a history of chronic *Pseudomonas aeruginosa* infection and if the
17 *Pseudomonas aeruginosa* showed sensitivity to ciprofloxacin at the time of
18 enrollment. An acute exacerbation was defined as the presence of an increase in at
19 least 2 of the following symptoms: cough, sputum volume, sputum purulence,
20 dyspnoea, or wheezing; and at least 1 of the following symptoms: fever, malaise,
21 increased white blood cell count, increased C-reactive protein; and laboratory
22 evidence of purulent sputum.

23 There was no significant difference in resolution of exacerbation at both 21 and 42
24 days with ciprofloxacin plus tobramycin compared with ciprofloxacin plus placebo.
25 Exacerbations were resolved in 50.0% of participants in the ciprofloxacin plus
26 tobramycin group compared with 70.4% in the ciprofloxacin plus placebo group (RR
27 0.71; 95% CI 0.45 to 1.12) at 21 days (low quality evidence), and 34.6% compared
28 with 44.4% (RR 0.78; 95% 0.40 to 1.53) at 42 days (very low quality evidence).

29 There was no significant difference in adverse events overall, but participants in the
30 ciprofloxacin plus tobramycin group experienced a significant increase in wheeze
31 compared with the ciprofloxacin plus placebo group (RR 3.38; 95% CI 1.26 to 9.02;
32 moderate quality evidence).

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|---|--|--|--|--|--|
| | | Oral ciprofloxacin plus placebo | Oral ciprofloxacin plus nebulised tobramycin | | |
| Resolution of exacerbation Day 21 Importance: Critical | Relative risk 0.71 (CI 95% 0.45 - 1.12) Based on data from 53 patients in 1 study | 704 per 1000 | 500 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ¹ | We are uncertain whether oral ciprofloxacin plus nebulised tobramycin increases or decreases resolution of exacerbation at day 21 |
| | | Difference: 204 fewer per 1000 (CI 95% 387 fewer - 84 more) | | | |
| Resolution of exacerbation Day 42 Importance: Critical | Relative risk 0.78 (CI 95% 0.40 - 1.53) Based on data from 53 patients in 1 study | 444 per 1000 | 346 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ² | We are uncertain whether oral ciprofloxacin plus nebulised tobramycin increases or decreases resolution of exacerbation at day 42 |
| | | Difference: 98 fewer per 1000 (CI 95% 266 fewer - 235 more) | | | |
| Eradication of <i>Pseudomonas aeruginosa</i> Importance: Critical | Relative risk 1.88 (CI 95% 0.73 - 4.79) Based on data from 49 patients in 1 study | 200 per 1000 | 376 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ³ | We are uncertain whether oral ciprofloxacin plus nebulised tobramycin increases or decreases eradication of <i>Pseudomonas aeruginosa</i> |
| | | Difference: 176 more per 1000 (CI 95% 54 fewer - 758 more) | | | |
| Adverse events Importance: Critical | Relative risk 0.88 (CI 95% 0.73 - 1.05) Based on data from 53 patients in 1 study | 963 per 1000 | 847 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ⁴ | Oral ciprofloxacin plus nebulised tobramycin may have little or no effect on adverse events |
| | | Difference: 116 fewer per 1000 (CI 95% 260 fewer - 48 more) | | | |
| Adverse event - wheeze Importance: Critical | Relative risk 3.38 (CI 95% 1.26 - 9.02) Based on data from 53 patients in 1 study | 148 per 1000 | 500 per 1000 | Moderate Due to serious inconsistency ⁵ | Oral ciprofloxacin plus nebulised tobramycin probably increases wheeze |
| | | Difference: 352 more per 1000 (CI 95% 38 more - 1187 more) | | | |

¹ **Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral ciprofloxacin plus nebulised tobramycin; **Publication bias: No serious.**

² **Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference, appreciable benefit or appreciable harm with oral ciprofloxacin plus nebulised tobramycin; **Publication bias: No serious.**

³ **Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference, appreciable benefit or appreciable harm with oral ciprofloxacin plus nebulised tobramycin; **Publication bias: No serious.**

⁴ **Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference with oral ciprofloxacin plus nebulised tobramycin; **Publication bias: No serious.**

⁵ **Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: No serious. Publication bias: No serious.**

1 **References**

- 2 Bilton Diana, Henig Noreen, Morrissey Brian, and Gotfried Mark (2006) Addition of
3 inhaled tobramycin to ciprofloxacin for acute exacerbations of Pseudomonas
4 aeruginosa infection in adult bronchiectasis. Chest 130(5), 1503-10

5 **3.2 Prevention of acute exacerbations of bronchiectasis**

6 **3.2.1 Non-pharmacological interventions**

7 No systematic reviews or RCTs were found that investigated non-pharmacological
8 interventions for the prevention of acute exacerbations of bronchiectasis.

9 **3.2.2 Non-antimicrobial pharmacological interventions**

10 **3.2.2.1 Mucoactive agents**

11 The evidence identified for mucoactive agents for preventing acute exacerbations,
12 for outcomes relating to exacerbations and safety, was for inhaled mannitol and
13 nebulised dornase alfa. No evidence on exacerbation end points was found for
14 nebulised hypertonic saline, carbocysteine or erdosteine.

15 **GRADE profile - Inhaled mannitol versus placebo or control in adults with stable state** 16 **bronchiectasis**

17 *Summary*

18 The evidence review for inhaled mannitol is based on 1 systematic review of 2
19 double-blind RCTs in adults with stable state bronchiectasis. One study (n=362)
20 compared 320 mg mannitol twice a day with placebo for 12 weeks and the other
21 study (n=461) compared 400 mg mannitol twice a day with 50 mg mannitol twice a
22 day (which the authors reported to be a non-therapeutic dose) for 52 weeks.

1 Participants in the 52-week study had to have a minimum of 2 pulmonary
 2 exacerbations in the past year and at least 4 exacerbations in the previous 2 years.
 3 In this RCT, participants were excluded if they failed the mannitol tolerance test 2 to
 4 5 weeks before starting the study.

5 There was no significant difference between mannitol and placebo in the rate of
 6 exacerbations (rate ratio 0.92; 95% CI 0.78 to 1.08; moderate quality evidence), but
 7 mannitol significantly increased the time to first exacerbation (median time to
 8 exacerbation 165 days for mannitol and 124 days for placebo; HR 0.78, 95% CI 0.63
 9 to 0.96; low quality evidence). Fewer participants also had an exacerbation with
 10 mannitol compared with placebo (68.7% compared with 78.1%; RR 0.88, 95% CI
 11 0.79 to 0.98; moderate quality evidence). And the number of days on antibiotics was
 12 reduced in the mannitol group (rate ratio 0.76; 95% CI 0.58 to 1.00, p=0.0496; low
 13 quality evidence).

14 There was no significant difference in adverse events or serious adverse events
 15 between the groups.

16 No systematic reviews or RCTs were identified which investigated inhaled mannitol
 17 in children or young people with stable state bronchiectasis.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|--|------------------------|---|---|
| | | Placebo or control | Inhaled mannitol | | |
| Participants with exacerbations Importance: Critical | Relative risk 0.88 (CI 95% 0.79 - 0.98) Based on data from 461 patients in 1 study | 781 per 1000 Difference: 94 fewer per 1000 (CI 95% 164 fewer - 16 fewer) | 687 per 1000 | Moderate Due to serious inconsistency ¹ | Inhaled mannitol probably decreases participants with exacerbations |
| Adverse events Importance: Critical | Relative risk 0.99 (CI 95% 0.95 - 1.03) Based on data from 804 patients in 2 studies | 472 per 1000 Difference: 5 fewer per 1000 (CI 95% 24 fewer - 14 more) | 467 per 1000 | Moderate Due to serious inconsistency ² | Inhaled mannitol may have little or No effect on adverse events |
| Serious adverse events Importance: Critical | Relative risk 0.82 (CI 95% 0.59 - 1.16) Based on data from 804 patients in 2 studies | 168 per 1000 Difference: 30 fewer per 1000 (CI 95% 69 fewer - 27 more) | 138 per 1000 | Moderate Due to very serious imprecision, Due to serious imprecision ³ | Inhaled mannitol probably has little or no effect on serious adverse events |

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|---|---------------------|--|---|
| | | Placebo or control | Inhaled mannitol | | |
| Hospitalisations for exacerbations Importance: Critical | Based on data from 461 patients in 1 study Follow up: 12 months | Rate ratio 0.61 (95% CI, 0.34 to 1.09). The authors reported 0.14 hospitalisations per year in the mannitol group compared with 0.20 hospitalisations per year in the placebo group (p=0.1798) | | Low Due to serious inconsistency, Due to serious imprecision ⁴ | Inhaled mannitol may have little or no effect on hospitalisations for exacerbations |
| Number of days on antibiotics⁵ Importance: Critical | Based on data from 461 patients in 1 study Follow up: 12 months | Rate ratio 0.76 (95% CI, 0.58 to 1.00) p=0.0496 | | Low Due to serious inconsistency, Due to serious imprecision ⁶ | Inhaled mannitol may have little or no effect on the number of days on antibiotics |
| Time to first exacerbation Importance: Critical | Based on data from 461 patients in 1 study Follow up: 56 weeks | Time to first exacerbation was longer in the mannitol group compared with the placebo group (hazard ratio 0.78 [95% CI, 0.63 to 0.96]), median time to exacerbation 165 days for mannitol and 124 days for placebo. | | Low Due to serious inconsistency, Due to serious imprecision ⁷ | Inhaled mannitol may increase the time to first exacerbation |
| Annual rate of exacerbations Importance: Critical | Based on data from 461 patients in 1 study Follow up: 12 months | Rate ratio 0.92 (95% CI, 0.78 to 1.08) | | Moderate Due to serious inconsistency ⁸ | Inhaled mannitol probably has little or no effect on annual rate of exacerbations |
| <p>¹ Risk of bias: No serious. Inconsistency: Serious. Not applicable.; Indirectness: No serious. Imprecision: No serious. Publication bias: No serious.</p> <p>² Risk of bias: No serious. Inconsistency: Serious. The direction of the effect is not consistent between the included studies; Indirectness: No serious. Imprecision: No serious. Publication bias: No serious.</p> <p>³ Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with inhaled mannitol; Publication bias: No serious.</p> <p>⁴ Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with inhaled mannitol; Publication bias: No serious.</p> <p>⁵ The number of days on antibiotics was reduced by 6.15 days over a year, baseline antibiotic use was not available. ;</p> <p>⁶ Risk of bias: No serious. Inconsistency: Serious. The direction of the effect is not consistent between the included studies; Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference with inhaled mannitol; Publication bias: No serious.</p> <p>⁷ Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with inhaled mannitol; Publication bias: No serious.</p> <p>⁸ Risk of bias: No serious. Inconsistency: Serious. N/A; Indirectness: No serious. Imprecision: No serious. Publication bias: No serious.</p> | | | | | |

1 **References**

2 Hart Anna, Sugumar Karnam, Milan Stephen J, Fowler Stephen J, and Crossingham
3 Iain (2014) Inhaled hyperosmolar agents for bronchiectasis. The Cochrane database
4 of systematic reviews (5), CD002996

5 **GRADE profile - Dornase alfa versus placebo in adults with stable state**
6 **bronchiectasis**

7 *Summary*

8 The evidence review for nebulised dornase alfa (RhDNase) is based on 2 double-
9 blind, placebo-controlled RCTs in adults with stable state bronchiectasis, from 1
10 systematic review. Participants in one trial (n=61) were randomised to nebulised
11 dornase alfa 2.5 mg once a day, nebulised dornase alfa 2.5 mg twice a day or
12 nebulised placebo, for 2 weeks. Participants in the other trial (n=349) were
13 randomised to 2.5 mg nebulised dornase alfa twice a day or nebulised placebo for
14 24 weeks.

15 Dornase alfa 2.5 mg twice daily significantly increased exacerbation rates compared
16 with placebo in the 24-week trial (rate ratio 1.35 (95% CI 1.01 to 1.79; very low
17 quality evidence). However, the number of participants with an exacerbation was not
18 reported. In the 2 week trial there was an increase in hospitalisations in the dornase
19 alfa 2.5 mg twice a day group compared with the placebo group (10% in the dornase
20 alfa group and 0% in the placebo group; RR 5.00 [95% CI 0.26 to 98.00]; very low
21 quality evidence) and hospitalisation rates were increased in the dornase alfa 2.5 mg
22 twice daily group compared with the placebo group in the 24 week trial (0.39 in the
23 dornase alfa group compared with 0.21 in the placebo group ; rate ratio 1.85
24 [confidence intervals were not included in the trial report]; very low quality evidence).

25 Both studies reported the number of deaths, but there were too few events owing to
26 the study size and length of study to assess any difference between groups.

27 Dornase alfa 2.5 mg twice daily significantly increased antibiotic and steroid use
28 compared to the placebo group.

29 No evidence on adverse events was available. However, there was a significant
30 increase in antibodies to dornase alfa in the treatment group of the 24-week trial.

31 No systematic reviews or RCTs were identified which investigated dornase alfa in
32 children or young people with stable state bronchiectasis.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|--|--|------------------------|--|---|
| | | Placebo | Dornase alfa | | |
| Hospitalisations for infective exacerbations (2.5 mg once a day) Importance: Critical | Relative risk (CI 95% -) Based on data from 40 patients in 1 study | 0 per 1000 | 0 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ¹ | There were too few who experienced hospitalisations for infective exacerbations, to determine whether dornase alfa made a difference |
| | | Difference: 0 fewer per 1000 (CI 95% 0 fewer - 0 fewer) | | | |
| Hospitalisations for infective exacerbations (2.5 mg twice a day) Importance: Critical | Relative risk 5.00 (CI 95% 0.26 - 98.00) Based on data from 40 patients in 1 study | 24 per 1000 | 120 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ² | There were too few who experienced hospitalisations for infective exacerbations, to determine whether dornase alfa made a difference |
| | | Difference: 96 more per 1000 (CI 95% 18 fewer - 2328 more) | | | |
| Deaths (2.5 mg once a day) Importance: Critical | Relative risk (CI 95% -) Based on data from 41 patients in 1 study | 0 per 1000 | 0 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ³ | There were too few deaths, to determine whether dornase alfa made a difference |
| | | Difference: 0 fewer per 1000 (CI 95% 0 fewer - 0 fewer) | | | |
| Antibodies to dornase alfa (2.5 mg twice a day) Importance: Critical | Relative risk 24.42 (CI 95% 3.34 - 178.50) Based on data from 349 patients in 1 study | 6 per 1000 | 147 per 1000 | Low Due to serious risk of bias, Due to serious inconsistency ⁴ | Dornase alfa may increase antibodies to dornase alfa |
| | | Difference: 141 more per 1000 (CI 95% 14 more - 1065 more) | | | |
| Deaths (2.5 mg twice a day) Importance: Critical | Relative risk 3.05 (CI 95% 0.32 - 29.06) Based on data from 389 patients in 2 studies | 5 per 1000 | 15 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ⁵ | There were too few deaths, to determine whether dornase alfa made a difference |
| | | Difference: 10 more per 1000 (CI 95% 3 fewer - 140 more) | | | |
| Exacerbation rate (2.5 mg twice a day) Importance: Critical | Based on data from 349 patients in 1 study Follow up: 24 weeks | The protocol and non-protocol defined exacerbation rate was significantly higher in the dornase alfa group than the placebo group (rate ratio 1.35 [95% CI 1.01 to 1.79]). | | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to serious imprecision ⁷ | We are uncertain whether dornase alfa increases or decreases exacerbation rate |
| | | | | | |

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|--|---|--------------|---|---|
| | | Placebo | Dornase alfa | | |
| Steroid use (2.5 mg twice a day) Importance: Critical | Based on data from 349 patients in 1 study Follow up: 24 weeks | Steroid use was higher in the dornase alfa group than the placebo group (29.4 vs 56.9 days, p≤0.05) | | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to serious imprecision ⁸ | We are uncertain whether dornase alfa increases or decreases steroid use |
| Antibiotic use (2.5 mg twice a day) Importance: Critical | Based on data from 349 patients in 1 study Follow up: 24 weeks | Antibiotic use was higher in the dornase alfa group than the placebo group (56.9 vs 44.1 days, p≤0.05) | | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to serious imprecision ⁹ | We are uncertain whether dornase alfa increases or decreases antibiotic use |
| Hospitalisation rates (2.5 mg twice a day) Importance: Critical | Based on data from 349 patients in 1 study Follow up: 24 weeks | Hospitalisation rates are higher in the dornase alfa group compared with placebo (0.21 in the placebo group compared with 0.39 in the dornase alfa group; rate ratio 1.85, confidence intervals were not included in the trial report) | | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to serious imprecision ¹⁰ | We are uncertain whether dornase alfa increases or decreases hospitalisation rates |
| <ol style="list-style-type: none"> Risk of bias: Serious. Random sequence generation and allocation concealment method not reported. ; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Very serious. No events in intervention or control group. ; Publication bias: No serious. Risk of bias: Serious. Random sequence generation and allocation concealment method not reported. ; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with dornase alfa. ; Publication bias: No serious. Risk of bias: Serious. Random sequence generation and allocation concealment method not reported. ; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Very serious. Not assessable. ; Publication bias: No serious. Risk of bias: Serious. Random sequence generation and allocation concealment method not reported. ; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: No serious. Publication bias: No serious. Risk of bias: Serious. Random sequence generation and allocation concealment methods not reported. ; Inconsistency: Serious. Not assessable. ; Indirectness: No serious. Imprecision: Very serious. Non-significant effect, 95% CI of RR crosses null. ; Publication bias: No serious. Relative risk 1.35 95% CI 1.01 to 1.79; Risk of bias: Serious. Random sequence generation and allocation concealment methods not reported. ; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no appreciable benefit/harm with dornase alfa; Publication bias: No serious. Risk of bias: Serious. Random sequence generation and allocation concealment method not reported.; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Serious. Not assessable.; Publication bias: No serious. Risk of bias: Serious. Random sequence generation and allocation concealment method not reported.; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Serious. Not assessable.; Publication bias: No serious. Risk of bias: Serious. Random sequence generation and allocation concealment method not reported.; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Serious. Not assessable.; Publication bias: No serious. | | | | | |

1 **References**

2 Wilkinson Mark, Sugumar Karnam, Milan Stephen J, Hart Anna, Crockett Alan, and
3 Crossingham Iain (2014) Mucolytics for bronchiectasis. The Cochrane database of
4 systematic reviews (5), CD001289

5 **3.2.2.2 Inhaled bronchodilators**

6 No systematic reviews or RCTs were found that investigated inhaled
7 bronchodilators, such as beta2 agonists (alone) or anticholinergics, for the
8 prevention of acute exacerbations of bronchiectasis.

9 **3.2.2.3 Inhaled corticosteroids**

10 **GRADE profile - Inhaled steroids versus placebo or no treatment in adults with stable**
11 **state bronchiectasis**

12 *Summary*

13 The evidence review for inhaled corticosteroids is based on 1 systematic review of 6
14 RCTs. All studies were double-blind, placebo-controlled trials with the exception of 1
15 study which compared inhaled corticosteroids with no treatment. All RCTs were in
16 adults with stable state bronchiectasis which was defined as free from exacerbation
17 for 4 weeks (2 studies) or stable 24-hour sputum volume, forced expiratory volume in
18 1 second (FEV1) and forced vital capacity (FVC).

19 In the 3 studies that had exacerbation as an outcome, this was defined as persistent
20 deterioration (>24 hours) in at least 3 of the following respiratory symptoms: cough,
21 dyspnoea, haemoptysis, increased sputum purulence or volume, and chest pain.

22 Only 1 study (n=62) provided data on the average number of exacerbations in the
23 short-term group (inhaled corticosteroids for <6 months) and there was no significant
24 difference between the inhaled corticosteroid group and the no treatment group.
25 Likewise, in the 1 study (n=86) in the long-term group (inhaled corticosteroids for >6
26 months) there was no significant difference in the average number of exacerbations
27 between groups.

28 No evidence on adverse events was available.

29 No systematic reviews or RCTs were identified which investigated inhaled
30 corticosteroids in children or young people with stable state bronchiectasis.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|---|---------------------------|---|---|
| | | Placebo or no treatment | Inhaled corticosteroid | | |
| Average number of exacerbations per participant (stable-state short-term, <6 months) Importance: Critical | Lower better Based on data from 57 patients in 1 study | 0.31 (Mean) | 1.4 (Mean) | Very Low Due to very serious imprecision, Due to very serious risk of bias, Due to serious inconsistency ¹ | We are uncertain whether inhaled corticosteroid increases or decreases the average number of exacerbations per participant |
| | | Difference: MD 0.09 higher (CI 95% 0.61 lower - 0.79 higher) | | | |
| Average number of exacerbations per participant (stable-state long-term, >6 months) Importance: Critical | Lower better Based on data from 86 patients in 1 study | 0.72 (Mean) | 2.23 (Mean) | Very Low Due to very serious imprecision, Due to very serious risk of bias, Due to serious inconsistency ² | We are uncertain whether inhaled corticosteroid increases or decreases the average number of exacerbations per participant |
| | | Difference: MD 0.49 lower (CI 95% 1.49 lower - 0.51 higher) | | | |

¹ **Risk of bias: Very serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias, Selective outcome reporting; **Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference of 0.5 x STD, data are consistent with no meaningful difference, appreciable benefit or appreciable harm.; **Publication bias: No serious.**

² **Risk of bias: Very serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias; **Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference of 0.5 x STD, data are consistent with no meaningful difference, appreciable benefit or appreciable harm; **Publication bias: No serious.**

1 References

2 Kapur Nitin, Bell Scott, Kolbe John, and Chang Anne B (2009) Inhaled steroids for
3 bronchiectasis. The Cochrane database of systematic reviews (1), CD000996

4 **3.2.2.4 Inhaled corticosteroids plus long-acting beta2 agonists**

5 **GRADE profile - Medium-dose budesonide plus formoterol versus high-dose**
6 **budesonide in adults with stable state bronchiectasis**

7 Summary

8 The evidence review for inhaled corticosteroids plus long-acting beta2 agonists is
9 based on 1 systematic review, which included 1 RCT. The trial included 40 adults
10 with stable non-cystic fibrosis bronchiectasis without co-existing asthma who initially
Acute exacerbation of bronchiectasis (non-cystic fibrosis): antimicrobial prescribing guideline DRAFT
(July 2018)

1 received 3 months of high-dose inhaled corticosteroids (budesonide 1600
2 micrograms daily). Participants were then randomised to either a combined inhaled
3 corticosteroid plus long-acting beta2 agonist (medium-dose budesonide 640
4 micrograms plus formoterol 18 micrograms daily) or a high-dose inhaled
5 corticosteroid (budesonide 1600 micrograms daily) for a further 3 months. The study
6 was not blinded.

7 After 3 months, no significant difference was seen between groups in the number of
8 hospitalisations due to an exacerbation.

9 As this was a small, single study with inadequate blinding, the results should be
10 interpreted with caution. It is also difficult to determine the effect of medium-dose
11 budesonide plus formoterol because it was compared with high-dose budesonide,
12 rather than medium-dose budesonide or placebo. Participants were required to stop
13 all other drugs before the start of the trial which may have artificially inflated the
14 baseline clinical measurements.

15 The authors reported 12 adverse events in the medium-dose budesonide plus
16 formoterol group and 37 adverse events in the high-dose budesonide group,
17 however the number of individuals experiencing adverse events was not reported.

18 No systematic reviews or RCTs were identified that investigated inhaled
19 corticosteroids plus long-acting beta2 agonists in children or young people with
20 stable state bronchiectasis.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|---|---|---|---|
| | | High-dose budesonide | Medium-dose budesonide plus formoterol | | |
| Hospitalisations due to an exacerbation¹ Importance: Critical | Relative risk 0.30 (CI 95% 0.03 - 2.63) Based on data from 40 patients in 1 study Follow up: 3 months. | 167 per 1000 | 50 per 1000 | Very Low Due to serious risk of bias, Due to very serious imprecision, Due to serious inconsistency ² | We are uncertain whether medium- dose budesonide with formoterol increases or decreases hospitalisations due to an infective exacerbation |
| | | Difference: 117 fewer per 1000 (CI 95% 162 fewer - 272 more) | | | |

¹ Number of participants with 1 or more exacerbations (hospitalisations);
² **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, , Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias; **Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/ harm with inhaled medium dose budesonide and formoterol. ; **Publication bias: No serious.**

1 **References**

2 Goyal Vikas, and Chang Anne B (2014) Combination inhaled corticosteroids and
3 long-acting beta2-agonists for children and adults with bronchiectasis. The Cochrane
4 database of systematic reviews (6), CD010327

5 **3.2.3 Antimicrobial interventions**

6 **3.2.3.1 All antibiotics**

7 **GRADE profile - All antibiotics versus placebo or standard care in adults, young**
8 **people and children with stable state bronchiectasis**

9 *Summary*

10 The evidence review for continuous prolonged antibiotics (4 or more weeks duration)
11 in adults, young people and children is based on 1 systematic review of 18 RCTs
12 (n=1157; mostly adults). Diagnosis of bronchiectasis was confirmed by chest
13 radiograph, bronchography or high-resolution computed tomography (HRCT) and
14 participants were included if they reported daily sputum for at least 3 months.

15 The systematic review and meta-analysis pooled outcomes for oral and nebulised
16 antibiotics, and outcomes for adults, young people and children. These overall
17 results are reported in this section. Subgroup analyses for oral antibiotics, oral
18 macrolide antibiotics, and nebulised antibiotics, in adults and children, have been
19 reported separately where possible below.

20 Overall, antibiotics significantly decreased the number of participants with
21 exacerbations (37.7% compared with 54.6%; RR 0.71, 95% CI 0.54 to 0.93; low
22 quality evidence), hospitalisations, and the exacerbation rate compared with
23 placebo. However they also significantly increased the emergence of resistance (RR
24 2.79, 95% CI 1.08 to 7.23; moderate quality evidence) and diarrhoea (RR 2.89, 95%
25 CI 1.24 to 7.72; low quality evidence) compared with placebo.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|--|---------------------|---|---|
| | | Placebo or standard care | Antibiotics | | |
| Number of participants with exacerbations Importance: Critical | Relative risk 0.71 (CI 95% 0.54 - 0.93) Based on data from 654 patients in 10 studies | 546 per 1000 Difference: 158 fewer per 1000 (CI 95% 251 fewer - 38 fewer) | 388 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ¹ | Antibiotics may decrease number of participants with exacerbations |
| Hospitalisations Importance: Critical | Relative risk 0.44 (CI 95% 0.21 - 0.94) Based on data from 643 patients in 7 studies | 87 per 1000 Difference: 49 fewer per 1000 (CI 95% 69 fewer - 5 fewer) | 38 per 1000 | Moderate Due to serious imprecision ² | Antibiotics probably decrease hospitalisations |
| Withdrawals due to intolerable side effects Importance: Critical | Relative risk 0.90 (CI 95% 0.62 - 1.32) Based on data from 683 patients in 10 studies | 132 per 1000 Difference: 13 fewer per 1000 (CI 95% 50 fewer - 42 more) | 119 per 1000 | Low Due to very serious imprecision ³ | Antibiotics may have little or no difference on withdrawals due to intolerable side effects |
| Adverse event - diarrhoea Importance: Critical | Relative risk 2.89 (CI 95% 1.24 - 6.72) Based on data from 231 patients in 3 studies | 63 per 1000 Difference: 119 more per 1000 (CI 95% 15 more - 360 more) | 182 per 1000 | Low Due to serious risk of bias, Due to serious imprecision ⁴ | Antibiotics may increase diarrhoea |
| Adverse event - rash Importance: Critical | Relative risk 1.78 (CI 95% 0.67 - 4.75) Based on data from 140 patients in 3 studies | 72 per 1000 more per 1000 (CI 95% 24 fewer - 270 more) | 128 per 1000 | Very Low Due to serious risk of bias, Due to very serious imprecision ⁵ | We are uncertain whether antibiotics increases or has no effect on rash |
| Adverse event - wheeze Importance: Critical | Relative risk 13.00 (CI 95% 0.76 - 222.75) Based on data from 74 patients in 1 study | 13 per 1000 Difference: 156 more per 1000 (CI 95% 3 fewer - 2883 more) | 169 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ⁶ | Antibiotics may have little or no effect on wheeze |
| Adverse event - chest pain or palpitations Importance: Critical | Relative risk 3.66 (CI 95% 0.21 - 63.46) Based on data from 274 patients in 3 studies | 7 per 1000 Difference: 19 more per 1000 (CI 95% 6 fewer - 437 more) | 26 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ⁷ | We are uncertain whether antibiotics increase or have no effect on chest pain or palpitations |

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|--|--------------------------------|--|---|--|
| | | Placebo or standard care | Antibiotics | | |
| Adverse event - increased cough Importance: Critical | Relative risk 0.54 (CI 95% 0.03 - 10.52) Based on data from 198 patients in 2 studies | 139 per 1000 | 75 per 1000 Difference: 64 fewer per 1000 (CI 95% 135 fewer - 1323 more) | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ⁸ | We are uncertain whether antibiotics increase or have no effect on increased cough |
| Adverse event - nausea Importance: Critical | Relative risk 0.96 (CI 95% 0.38 - 2.47) Based on data from 275 patients in 4 studies | 102 per 1000 | 98 per 1000 Difference: 4 fewer per 1000 (CI 95% 63 fewer - 150 more) | Very Low Due to serious risk of bias, Due to very serious imprecision ⁹ | We are uncertain whether antibiotics increase or decrease nausea |
| Adverse event - hemoptysis Importance: Critical | Relative risk 0.91 (CI 95% 0.66 - 1.25) Based on data from 310 patients in 3 studies | 197 per 1000 | 179 per 1000 Difference: 18 fewer per 1000 (CI 95% 67 fewer - 49 more) | Very Low Due to serious risk of bias, Due to very serious imprecision ¹⁰ | We are uncertain whether antibiotics increase or have no effect on hemoptysis |
| Adverse event - bronchospasm Importance: Critical | Odds ratio 2.24 (CI 95% 0.74 - 6.83) Based on data from 189 patients in 2 studies | 52 per 1000 | 109 per 1000 Difference: 57 more per 1000 (CI 95% 13 fewer - 221 more) | Very Low Due to serious risk of bias, Due to very serious imprecision ¹¹ | We are uncertain whether antibiotics increase or have no effect on bronchospasm |
| Deaths Importance: Critical | Relative risk 1.22 (CI 95% 0.25 - 5.98) Based on data from 595 patients in 7 studies | 7 per 1000 | 9 per 1000 Difference: 2 more per 1000 (CI 95% 5 fewer - 35 more) | Very Low Due to serious risk of bias, Due to very serious imprecision ¹² | There were too few deaths, to determine whether antibiotics made a difference |
| Emergence of resistance Importance: Critical | Relative risk 2.79 (CI 95% 1.08 - 7.23) Based on data from 431 patients in 6 studies | 47 per 1000 | 146 per 1000 Difference: 99 more per 1000 (CI 95% 9 more - 285 more) | Moderate Due to serious imprecision ¹³ | Antibiotics probably increase emergence of resistance |
| Exacerbation rates Importance: Critical | Based on data from 230 patients in 3 studies | | Difference: SMD 0.8 lower (CI 95% 1.32 lower - 0.29 lower) | Low Due to serious inconsistency, Due to serious imprecision ¹⁴ | Antibiotics may decrease exacerbation rates |

- ¹ **Risk of bias: No serious. Inconsistency: Serious.** Heterogeneity >50% (I2 calculated by NICE as 68% using a random effects model) ; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no appreciable benefit with antibiotics; **Publication bias: No serious.**
- ² **Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no appreciable benefit with antibiotics; **Publication bias: No serious.**
- ³ **Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics; **Publication bias: No serious.**
- ⁴ **Risk of bias: Serious.** Random sequence generation and allocation concealment methods not reported for 2/3 studies. ; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no appreciable harm with antibiotics; **Publication bias: No serious.**
- ⁵ **Risk of bias: Serious.** Random sequence generation and allocation concealment methods not reported for 2/3 studies. ; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics; **Publication bias: No serious.**
- ⁶ **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics; **Publication bias: No serious.**
- ⁷ **Risk of bias: No serious. Inconsistency: Serious.** Heterogeneity >50% (I2 calculated by NICE as 52% using a random effects model).; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics; **Publication bias: No serious.**
- ⁸ **Risk of bias: Serious.** Incomplete outcome reporting; **Inconsistency: Serious.** Heterogeneity >50% (I2 calculated by NICE as 76% using a random effects model); **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics.; **Publication bias: No serious.**
- ⁹ **Risk of bias: Serious.** Inadequate randomisation and allocation concealment method reporting. ; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics; **Publication bias: No serious.**
- ¹⁰ **Risk of bias: Serious.** Inadequate random sequence generation and allocation concealment method reporting; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics; **Publication bias: No serious.**
- ¹¹ **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with antibiotics; **Publication bias: No serious.**
- ¹² **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** Non-significant effect, 95% CI of RR crosses null. ; **Publication bias: No serious.**
- ¹³ **Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no appreciable harm with antibiotics; **Publication bias: No serious.**
- ¹⁴ **Risk of bias: No serious. Inconsistency: Serious.** Heterogeneity >50% (I2 calculated by NICE as 68% using a random effects model); **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 0.5 STD, data are consistent with no appreciable benefit with antibiotics ; **Publication bias: No serious.**

1 References

- 2 Hnin Khin, Nguyen Chau, Carson Kristin V, Evans David J, Greenstone Michael, and
- 3 Smith Brian J (2015) Prolonged antibiotics for non-cystic fibrosis bronchiectasis in
- 4 children and adults. The Cochrane database of systematic reviews (8), CD001392

1 3.2.3.2 Oral antibiotics (subgroup analysis)

2 GRADE profile - Oral antibiotics versus placebo or standard care in adults with stable 3 state bronchiectasis

4 Summary

5 The evidence review for continuous oral antibiotics in adults with stable state
6 bronchiectasis is based on a sub-group analysis of 8 RCTs from 1 systematic review.
7 The antibiotics used were azithromycin (3 studies), roxithromycin (1 study),
8 erythromycin (2 studies), amoxycillin (1 study), and penicillin or oxytetracycline (1
9 study). The duration of intervention ranged from 8 to 52 weeks.

10 All RCTs were placebo-controlled, with the exception of 2 in which usual care was
11 used as the comparator. All RCTs were double-blind with the exception of 1 which
12 was open-label and 1 which did not report the blinding method.

13 Continuous oral antibiotics significantly reduced the exacerbation rate compared with
14 placebo. However, there was no significant difference in the number of participants
15 experiencing an exacerbation (32% compared with 58%; RR 0.54, 95% CI 0.22 to
16 1.35; low quality evidence) or hospitalisations between groups.

17 A non-significant increase in the emergence of resistance was reported in 1 trial of
18 azithromycin for 24 weeks, with emergence of resistance reported for 2/46 people in
19 the azithromycin group compared with 0/45 people in the control group.

20 There was no significant difference in adverse events, apart from diarrhoea which
21 was increased in the oral antibiotic group.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|---|------------------------|---|--|
| | | Placebo or standard treatment | Oral antibiotics | | |
| Number of participants with exacerbations | Relative risk 0.54 (CI 95% 0.22 - 1.35) Based on data from 246 patients in 4 studies | 579 per 1000 | 313 per 1000 | Low Due to very serious imprecision ¹ | Oral antibiotics may have little or no effect on number of participants with exacerbations |
| | | Difference: 266 fewer per 1000 (CI 95% 452 fewer - 203 more) | | | |
| Hospitalisations | Relative risk 0.37 (CI 95% 0.09 - 1.59) Based on data from 341 patients in 3 studies | 36 per 1000 | 13 per 1000 | Low Due to very serious imprecision ² | Oral antibiotics may have little or no effect on hospitalisations |
| | | Difference: 23 fewer per 1000 (CI 95% 33 fewer - 21 more) | | | |

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|--|---|---------------------|--|--|
| | | Placebo or standard treatment | Oral antibiotics | | |
| Withdrawals due to intolerable side effects | Relative risk 1.30 (CI 95% 0.53 - 3.19) Based on data from 369 patients in 5 studies | 43 per 1000 Difference: 13 more per 1000 (CI 95% 20 fewer - 94 more) | 56 per 1000 | Low Due to very serious imprecision ³ | Oral antibiotics may have little or no effect on withdrawals due to intolerable side effects |
| Adverse event - diarrhoea | Relative risk 2.89 (CI 95% 1.24 - 6.72) Based on data from 231 patients in 3 studies | 63 per 1000 Difference: 119 more per 1000 (CI 95% 15 more - 360 more) | 182 per 1000 | Moderate Due to serious imprecision ⁴ | Oral antibiotics probably increase diarrhoea |
| Adverse event - rash | Relative risk 1.78 (CI 95% 0.67 - 4.75) Based on data from 140 patients in 3 studies | 72 per 1000 Difference: 56 more per 1000 (CI 95% 24 fewer - 270 more) | 128 per 1000 | Low Due to very serious imprecision ⁵ | Oral antibiotics may have little or no effect on rash |
| Adverse event - chest pain or palpitations | Relative risk 0.93 (CI 95% 0.06 - 14.38) Based on data from 200 patients in 2 studies | 10 per 1000 Difference: 1 fewer per 1000 (CI 95% 9 fewer - 134 more) | 9 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ⁶ | We are uncertain whether oral antibiotics increase or decreases chest pain or palpitations |
| Adverse event - nausea | Relative risk 0.81 (CI 95% 0.38 - 1.71) Based on data from 236 patients in 3 studies | 120 per 1000 Difference: 23 fewer per 1000 (CI 95% 74 fewer - 85 more) | 97 per 1000 | Low Due to very serious imprecision ⁷ | Oral antibiotics may have little or no effect on nausea |
| Adverse event - hemoptysis | Relative risk 0.88 (CI 95% 0.63 - 1.23) Based on data from 112 patients in 1 study | 611 per 1000 Difference: 73 fewer per 1000 (CI 95% 226 fewer - 141 more) | 538 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to serious imprecision ⁸ | We are uncertain whether oral antibiotics increase or decrease hemoptysis |
| Deaths | Relative risk 0.95 (CI 95% 0.09 - 10.11) Based on data from 312 patients in 3 studies | 7 per 1000 Difference: 0 fewer per 1000 (CI 95% 6 fewer - 64 more) | 7 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ⁹ | There were too few deaths, to determine whether oral antibiotics made a difference |
| Emergence of resistance | Relative risk 4.89 (CI 95% 0.24 - 99.18) Based on data from 91 patients in 1 study | 0 per 1000 Difference: 0 fewer per 1000 (CI 95% 0 fewer - 0 fewer) | 0 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ¹⁰ | We are uncertain whether oral antibiotics increases or decreases emergence of resistance |

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|---|--|--|---------------------|---|--|
| | | Placebo or standard treatment | Oral antibiotics | | |
| Exacerbation rates | Based on data from 230 patients in 3 studies | Difference: SMD 0.8 lower (CI 95% 1.32 lower - 0.29 lower) | | Low Due to serious inconsistency, Due to serious imprecision ¹¹ | Oral antibiotics may decrease exacerbation rates |
| <ol style="list-style-type: none"> Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference of 25%, data are consistent with no meaningful difference, appreciable benefit or appreciable harm with oral antibiotics; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral antibiotics; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference of 25%, data are consistent with no meaningful difference, appreciable benefit or appreciable harm with oral antibiotics; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no appreciable benefit with oral antibiotics; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral antibiotics. ; Publication bias: No serious. Risk of bias: No serious. Inconsistency: Serious. Not applicable. ; Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral antibiotics.; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral antibiotics.; Publication bias: No serious. Risk of bias: Serious. Selective outcome reporting; Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral antibiotics.; Publication bias: No serious. Risk of bias: Serious. Selective outcome reporting; Inconsistency: Serious. Not applicable. ; Indirectness: No serious. Imprecision: Very serious. Non-significant effect, 95% CI of RR crosses null. ; Publication bias: No serious. Risk of bias: No serious. Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral antibiotics. ; Publication bias: No serious. Risk of bias: No serious. Inconsistency: Serious. Heterogeneity > 50% (calculated by NICE as 68% using a random effects model); Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 0.5 standard deviations, data are consistent with no appreciable benefit with oral antibiotics. ; Publication bias: No serious. | | | | | |

1 References

- Hnin Khin, Nguyen Chau, Carson Kristin V, Evans David J, Greenstone Michael, and Smith Brian J (2015) Prolonged antibiotics for non-cystic fibrosis bronchiectasis in children and adults. The Cochrane database of systematic reviews (8), CD001392

1 **GRADE profile - Oral antibiotics versus placebo in children and young people with**
2 **stable state bronchiectasis**

3 *Summary*

4 The evidence review for continuous oral antibiotics in children and young people
5 (<14 years) with stable state bronchiectasis is based on 3 RCTs from 1 systematic
6 review. The trials investigated continuous oral antibiotics (roxithromycin,
7 clarithromycin or azithromycin) for 12 weeks, 3 months, and 1 to 2 years
8 respectively. Two trials were placebo-controlled and 1 compared oral antibiotics to
9 supportive therapy (mucolytics, expectorants, and postural drainage). The findings
10 from these studies may not be generalisable to the UK population; roxithromycin is
11 not available in the UK and 1 trial was conducted in indigenous children in Australia
12 and New Zealand where there is known to be a higher incidence of bronchiectasis.

13 In the 2 placebo-controlled trials that reported number of exacerbations as an
14 outcome, there was no significant difference between oral antibiotics and placebo in
15 the number of children or young people experiencing an exacerbation or
16 hospitalisation.

17 Emergence of resistance was increased in the oral antibiotic group (RR 3.45, 95% CI
18 1.28 to 9.29; low quality evidence) . One RCT with azithromycin reported that the
19 most common adverse events were non-pulmonary infections, which occurred in
20 71/112 events in the azithromycin group compared with 132/209 events in the
21 placebo group. No evidence on other adverse events was available.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|--|--|---------------------|---|---|
| | | Placebo | Oral antibiotics | | |
| Number of participants with an exacerbation Importance: Critical | Relative risk 0.83 (CI 95% 0.47 - 1.47) Based on data from 114 patients in 2 studies | 750 per 1000 Difference: 127 fewer per 1000 (CI 95% 397 fewer - 353 more) | 623 per 1000 | Very Low Due to serious risk of bias, Due to serious indirectness, Due to very serious imprecision ¹ | We are uncertain whether oral antibiotics increase or decrease exacerbations |
| Hospitalisations Importance: Critical | Relative risk 0.33 (CI 95% 0.09 - 1.12) Based on data from 89 patients in 1 study | 205 per 1000 Difference: 137 fewer per 1000 (CI 95% 187 fewer - 25 more) | 68 per 1000 | Very Low Due to serious indirectness, Due to serious inconsistency, Due to serious imprecision ² | Oral antibiotics may have little or no effect on hospitalisations |
| Emergence of resistance Importance: Critical | Relative risk 3.45 (CI 95% 1.28 - 9.29) Based on data from 88 patients in 1 study | 108 per 1000 Difference: 265 more per 1000 (CI 95% 30 more - 895 more) | 373 per 1000 | Low Due to serious indirectness, Due to serious inconsistency ³ | Oral antibiotics may increase emergence of resistance |
| Deaths Importance: Critical | Relative risk (CI 95% -) Based on data from 78 patients in 1 study Follow up: 2 years. | 0 per 1000 (CI 95%) | 0 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ⁴ | There were too few deaths, to determine whether continuous oral antibiotics made a difference |
| <p>1. Risk of bias: Serious. Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias, Selective outcome reporting; Inconsistency: No serious. Indirectness: Serious. Differences between the intervention/comparator of interest and those studied; Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral antibiotics. ; Publication bias: No serious.</p> <p>2. Risk of bias: No serious. Inconsistency: Serious. Not applicable - single RCT.; Indirectness: Serious. Differences between the population of interest and those studied; Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with oral macrolides; Publication bias: No serious.</p> <p>3. Risk of bias: No serious. Inconsistency: Serious. Not applicable - single RCT.; Indirectness: Serious. Differences between the population of interest and those studied; Imprecision: No serious. Publication bias: No serious.</p> <p>4. Risk of bias: No serious. Inconsistency: Serious. Not applicable - single RCT.; Indirectness: No serious. Imprecision: Serious. Not assessable. ; Publication bias: No serious.</p> | | | | | |

1 References

- 2 Hnin Khin, Nguyen Chau, Carson Kristin V, Evans David J, Greenstone Michael, and Smith Brian J (2015) Prolonged antibiotics for non-cystic fibrosis bronchiectasis in children and adults. The Cochrane database of systematic reviews (8), CD001392

1 **3.2.3.3 Oral macrolides (subgroup analysis)**

2 **GRADE profile - Continuous oral macrolides versus placebo or standard care in**
3 **adults with stable state bronchiectasis**

4 *Summary*

5 The evidence review for continuous oral macrolides in adults with stable state
6 bronchiectasis is based on 6 RCTs from 1 systematic review. The macrolides used
7 were: azithromycin (3 studies), roxithromycin (1 study) and erythromycin (2 studies).
8 The duration of intervention ranged from 8 to 52 weeks. All RCTs were placebo-
9 controlled, with the exception of 2 in which usual care was used as the comparator.
10 All RCTs were double-blind with the exception of 1 which was open-label and 1
11 which did not report the blinding method.

12 Continuous oral macrolides significantly reduced the number of participants
13 experiencing an exacerbation compared with placebo (21.7% compared with 50.0%;
14 RR 0.46, 95% CI 0.31 to 0.67; low quality evidence) and reduced the exacerbation
15 rate. However, there was no significant difference in hospitalisations between
16 groups.

17 Three studies reported the number of participants experiencing exacerbations, 1 of
18 which reported a significant reduction in exacerbations in the treatment group
19 (weighting 95%). This trial was a moderately sized trial (n=141) of oral azithromycin
20 500 mg 3 days a week (Monday, Wednesday and Friday) for 6 months. In this trial
21 an exacerbation was defined as an increase in, or new onset of, more than one of
22 the following: sputum volume, sputum purulence, or dyspnoea that required
23 treatment with antibiotics. The other 2 trials (weighting 5%) also showed a reduction
24 in exacerbations with roxithromycin 150 mg daily and erythromycin 500 mg twice a
25 day, but these were non-significant.

26 Three studies reported exacerbation rates and all showed a significant reduction with
27 oral macrolides compared with placebo. Interventions included azithromycin 250 mg
28 daily, azithromycin 250 mg 3 times a week and erythromycin ethsuccinate 400 mg
29 twice a day.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|--|----------------------------------|---|---|
| | | Placebo or standard care | Continuous oral macrolides | | |
| Number of participants with exacerbations Importance: Critical | Relative risk 0.46 (CI 95% 0.31 - 0.67) Based on data from 208 patients in 3 studies | 500 per 1000 Difference: 270 fewer per 1000 (CI 95% 345 fewer - 165 fewer) | 230 per 1000 | Low Due to serious risk of bias, Due to serious indirectness ¹ | Continuous oral macrolides may decrease the number of participants with exacerbations |
| Hospitalisations Importance: Critical | Relative risk 0.37 (CI 95% 0.09 - 1.59) Based on data from 341 patients in 3 studies | 36 per 1000 Difference: 23 fewer per 1000 (CI 95% 33 fewer - 21 more) | 13 per 1000 | Low Due to very serious imprecision ² | There were too few hospitalisations, to determine whether continuous oral macrolides made a difference |
| Emergence of resistance Importance: Critical | Relative risk 4.89 (CI 95% 0.24 - 99.18) Based on data from 91 patients in 1 study | 0 per 1000 Difference: 0 fewer per 1000 (CI 95% 0 fewer - 0 fewer) | 0 per 1000 | Low Due to very serious imprecision ³ | There were too few who experienced the emergence of resistance, to determine whether continuous oral macrolides made a difference |
| Deaths Importance: Critical | Relative risk (CI 95% -) Based on data from 200 patients in 2 studies | 0 per 1000 Difference: 0 fewer per 1000 (CI 95% 0 fewer - 0 fewer) | 0 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ⁴ | There were too few deaths, to determine whether continuous oral macrolides made a difference |
| Withdrawals (intolerable side effects) Importance: Critical | Relative risk 1.09 (CI 95% 0.39 - 3.05) Based on data from 221 patients in 3 studies | 56 per 1000 Difference: 5 more per 1000 (CI 95% 34 fewer - 115 more) | 61 per 1000 | Very Low Due to serious risk of bias, Due to very serious imprecision ⁵ | We are uncertain whether continuous oral macrolides increase or have no effect on withdrawals due to intolerable side effects |
| Adverse event – diarrhoea Importance: Critical | Relative risk 8.37 (CI 95% 1.11 - 63.15) Based on data from 83 patients in 1 study | 25 per 1000 Difference: 184 more per 1000 (CI 95% 3 more - 1554 more) | 209 per 1000 | Moderate Due to very serious imprecision, Due to serious imprecision ⁶ | Continuous oral macrolides probably increases diarrhoea slightly |
| Adverse event – nausea Importance: Critical | Relative risk 0.59 (CI 95% 0.11 - 3.03) Based on data from 200 patients in 2 studies | 92 per 1000 Difference: 38 fewer per 1000 (CI 95% 82 fewer - 187 more) | 54 per 1000 | Low Due to very serious imprecision ⁷ | Continuous oral macrolides may have little or no effect on nausea |
| Adverse event – rash Importance: Critical | Relative risk 1.67 (CI 95% 0.59 - 4.68) Based on data from 104 patients in 2 studies | 100 per 1000 Difference: 67 more per 1000 (CI 95% 41 fewer - 368 more) | 167 per 1000 | Low Due to very serious imprecision ⁸ | We are uncertain whether continuous oral macrolides increase or decrease rash |

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|---|--|---|----------------------------------|--|---|
| | | Placebo or standard care | Continuous oral macrolides | | |
| Exacerbation rates – continuous Importance: Critical | Based on data from 230 patients in 3 studies | Difference: SMD 0.8 lower (CI 95% 1.32 lower - 0.29 lower) | | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ⁹ | We are uncertain whether continuous oral macrolides increase or decrease exacerbation rates |
| <ol style="list-style-type: none"> Risk of bias: Serious. Inadequate randomisation method reporting; Inconsistency: No serious. Indirectness: Serious. Differences between the comparator of interest and those studied in Liu et al; Imprecision: No serious. Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with continuous oral macrolides; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with continuous oral macrolides; Publication bias: No serious. Risk of bias: No serious. Inconsistency: Serious. Not applicable - no outcomes reported in either arm.; Indirectness: No serious. Imprecision: Very serious. Not assessable. ; Publication bias: No serious. Risk of bias: Serious. Inadequate allocation concealment method reporting; Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with continuous oral macrolides; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Serious. At a minimal important difference (MID) of 25%, data are consistent with no appreciable harm with continuous oral macrolides; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with continuous oral macrolides; Publication bias: No serious. Risk of bias: No serious. Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with continuous oral macrolides; Publication bias: No serious. Risk of bias: Serious. Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias; Inconsistency: Serious. Heterogeneity >50% (I2 calculated by NICE as 68% using a random effects model); Indirectness: No serious. Imprecision: Very serious. At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with continuous oral macrolides; Publication bias: No serious. | | | | | |

1 References

- Hnin Khin, Nguyen Chau, Carson Kristin V, Evans David J, Greenstone Michael, and Smith Brian J (2015) Prolonged antibiotics for non-cystic fibrosis bronchiectasis in children and adults. The Cochrane database of systematic reviews (8), CD001392

1 **3.2.3.4 Nebulised or inhaled antibiotics in adults (subgroup analysis)**

2 **GRADE profile - Nebulised or inhaled antibiotics versus placebo or standard care in**
3 **adults with stable state bronchiectasis**

4 *Summary*

5 The evidence review of continuous nebulised or inhaled antibiotics in adults with
6 stable state bronchiectasis is based on 6 placebo-controlled (4 double-blind, 2 open-
7 label) RCTs from 1 systematic review. Antibiotics included: tobramycin (2 studies),
8 gentamicin (1 study), tobramycin and ceftazadime combined (1 study), and
9 ciprofloxacin (2 studies). The duration of antibiotic administration ranged from 4
10 weeks to 12 months.

11 Nebulised or inhaled antibiotics did not significantly reduce the number of
12 participants with exacerbations (32.9% compared with 44.4%; RR 0.73, 95% CI 0.44
13 to 1.22; very low quality evidence), or hospitalisations, compared with placebo or
14 standard care. The number of participants with exacerbations was reported by 4
15 RCTs of tobramycin, gentamicin or ciprofloxacin (2 studies). Three of these reported
16 a reduction in exacerbations in the treatment group (weighting 95%; only 1 a
17 significant reduction) and 1 reported a non-significant increase in exacerbations in
18 the treatment group (weighting 5%). The trial that demonstrated an increase in
19 exacerbations was a small trial (n=74) of nebulised tobramycin in people who
20 cultured positive for *Pseudomonas aeruginosa*. However, another trial of inhaled
21 ciprofloxacin in people with *Pseudomonas aeruginosa* found a non-significant
22 decrease in exacerbations compared with placebo.

23 This same trial of nebulised tobramycin compared with placebo reported a significant
24 increase in the adverse event of dyspnoea, and a non-significant increase in wheeze
25 and chest pain, in the treatment group. There was no significant difference in other
26 adverse events, no difference in the number of withdrawals due to intolerable side
27 effects, and no difference in the emergence of resistance.

28 No systematic reviews or RCTs were identified that investigated nebulised antibiotics
29 in children or young people with stable state bronchiectasis.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|---|---|--|--|---|---|
| | | Placebo or standard care | Nebulised or inhaled antibiotics | | |
| Number of participants with exacerbations Importance: Critical | Relative risk 0.73 (CI 95% 0.44 - 1.22) Based on data from 294 patients in 4 studies | 444 per 1000 Difference: 120 fewer per 1000 (CI 95% 249 fewer - 98 more) | 324 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to serious imprecision ¹ | We are uncertain whether nebulised or inhaled antibiotics increase or decrease number of participants with exacerbations |
| Hospitalisations Importance: Critical | Relative risk 0.65 (CI 95% 0.10 - 4.15) Based on data from 213 patients in 3 studies | 119 per 1000 Difference: 42 fewer per 1000 (CI 95% 107 fewer - 375 more) | 77 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ² | We are uncertain whether nebulised or inhaled antibiotics increase or decrease hospitalisations |
| Withdrawals (intolerable side effects) Importance: Critical | Relative risk 0.96 (CI 95% 0.61 - 1.51) Based on data from 317 patients in 5 studies | 176 per 1000 Difference: 7 fewer per 1000 (CI 95% 69 fewer - 90 more) | 169 per 1000 | Very Low Due to serious risk of bias, Due to very serious imprecision ³ | We are uncertain whether nebulised or inhaled antibiotics increase or decrease withdrawals due to intolerable side effects |
| Emergence of resistance Importance: Critical | Relative risk 2.45 (CI 95% 0.47 - 12.82) Based on data from 252 patients in 4 studies | 47 per 1000 Difference: 68 more per 1000 (CI 95% 25 fewer - 556 more) | 115 per 1000 | Very Low Due to serious risk of bias, Due to serious inconsistency, Due to very serious imprecision ⁴ | We are uncertain whether nebulised or inhaled antibiotics increase, or have no effect on, emergence of resistance |
| Adverse event - wheeze Importance: Critical | Relative risk 13.00 (CI 95% 0.76 - 222.75) Based on data from 74 patients in 1 study | 13 per 1000 Difference: 156 more per 1000 (CI 95% 3 fewer - 2883 more) | 169 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ⁵ | Nebulised or inhaled antibiotics may have little or no effect on wheeze |
| Adverse event - dyspnoea Importance: Critical | Relative risk 4.00 (CI 95% 1.23 - 13.02) Based on data from 74 patients in 1 study | 81 per 1000 Difference: 243 more per 1000 (CI 95% 19 more - 974 more) | 324 per 1000 | Low Due to serious imprecision, Due to serious inconsistency ⁶ | Nebulised or inhaled antibiotics may increase dyspnoea |
| Adverse event - chest pain or palpitations Importance: Critical | Relative risk 15.00 (CI 95% 0.89 - 253.47) Based on data from 74 patients in 1 study | 13 per 1000 Difference: 182 more per 1000 (CI 95% 1 fewer - 3282 more) | 195 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ⁷ | Nebulised or inhaled antibiotics may have little or no effect on chest pain or palpitations |

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|--|--|---|--|
| | | Placebo or standard care | Nebulised or inhaled antibiotics | | |
| Adverse event - increased cough Importance: Critical | Relative risk 0.54 (CI 95% 0.03 - 10.52) Based on data from 198 patients in 2 studies | 139 per 1000 Difference: 64 fewer per 1000 (CI 95% 135 fewer - 1323 more) | 75 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ⁸ | We are uncertain whether nebulised or inhaled antibiotics made a difference to increased cough |
| Adverse event - nausea Importance: Critical | Relative risk 9.45 (CI 95% 0.54 - 164.49) Based on data from 39 patients in 1 study | 24 per 1000 Difference: 203 more per 1000 (CI 95% 11 fewer - 3924 more) | 227 per 1000 | Very Low Due to serious risk of bias, Due to very serious imprecision, Due to serious inconsistency ⁹ | We are uncertain whether nebulised or inhaled antibiotics increase or decrease nausea |
| Adverse event - hemoptysis Importance: Critical | Relative risk 1.26 (CI 95% 0.39 - 4.09) Based on data from 198 patients in 2 studies | 50 per 1000 Difference: 13 more per 1000 (CI 95% 31 fewer - 155 more) | 63 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision, Due to serious risk of bias ¹⁰ | We are uncertain whether nebulised or inhaled antibiotics increase or decrease hemoptysis |
| Adverse event - bronchospasm Importance: Critical | Relative risk 2.01 (CI 95% 0.61 - 6.63) Based on data from 189 patients in 2 studies | 52 per 1000 Difference: 53 more per 1000 (CI 95% 20 fewer - 293 more) | 105 per 1000 | Very Low Due to serious risk of bias, Due to very serious imprecision ¹¹ | We are uncertain whether nebulised or inhaled antibiotics increase or decrease bronchospasm |
| Deaths Importance: Critical | Relative risk 1.49 (CI 95% 0.13 - 17.76) Based on data from 205 patients in 3 studies | 9 per 1000 Difference: 4 more per 1000 (CI 95% 8 fewer - 151 more) | 13 per 1000 | Very Low Due to very serious risk of bias, Due to very serious imprecision ¹² | There were too few deaths, to determine whether nebulised or inhaled antibiotics made a difference |

1. **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Selective outcome reporting; **Inconsistency: Serious.** Heterogeneity >50% (I² calculated by NICE as 65% using a random effects model); **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit with nebulised/ inhaled antibiotics; **Publication bias: No serious.**
2. **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias, Incomplete data and/or large loss to follow up; **Inconsistency: Serious.** The direction of the effect is not consistent between the included studies, The magnitude of statistical heterogeneity was high, with I²: 67%.; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised/ inhaled antibiotics; **Publication bias: No serious.**
3. **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised/ inhaled antibiotics; **Publication bias: No serious.**
4. **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias; **Inconsistency: Serious.** Heterogeneity >50% (I² calculated by NICE as 55% using a random effects model); **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised/ inhaled antibiotics; **Publication bias: No serious.**
5. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable harm with inhaled/ nebulised antibiotics; **Publication bias: No serious.**
6. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no appreciable harm with inhaled/nebulised antibiotics; **Publication bias: No serious.**
7. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised or inhaled antibiotics; **Publication bias: No serious.**
8. **Risk of bias: No serious. Inconsistency: Serious.** Heterogeneity >50% (I² calculated by NICE as 76% using a random effects model); **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised or inhaled antibiotics; **Publication bias: No serious.**
9. **Risk of bias: Serious.** Selective outcome reporting; **Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised or inhaled antibiotics; **Publication bias: No serious.**
10. **Risk of bias: Serious.** Random sequence generation and allocation concealment method not reported. ; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised or inhaled antibiotics; **Publication bias: No serious.**
11. **Risk of bias: Serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Selective outcome reporting; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised or inhaled antibiotics; **Publication bias: No serious.**
12. **Risk of bias: Very serious.** Inadequate/lack of blinding of participants and personnel, resulting in potential for performance bias, Inadequate/lack of blinding of outcome assessors, resulting in potential for detection bias, Selective outcome reporting; **Inconsistency: No serious. Indirectness: No serious. Imprecision: Very serious.** Non-significant effect, 95% CI of RR crosses null. ; **Publication bias: No serious.**

1 **References**

2 Bilton Diana, Henig Noreen, Morrissey Brian, and Gotfried Mark (2006) Addition of
3 inhaled tobramycin to ciprofloxacin for acute exacerbations of *Pseudomonas*
4 *aeruginosa* infection in adult bronchiectasis. *Chest* 130(5), 1503-10

5 **3.2.3.5 Nebulised aztreonam**

6 **GRADE profile - Nebulised aztreonam versus placebo in adults with stable state**
7 **bronchiectasis**

8 *Summary*

9 The evidence review for nebulised aztreonam is based on 1 systematic review of 2
10 placebo-controlled, double-blind RCTs in adults with stable state bronchiectasis
11 (AIR-BX1: n=266 and AIR-BX2: n=274) . Participants were randomised to receive
12 two 4-week courses of 75 mg nebulised aztreonam three times a day with a 4-week
13 follow-up period in-between or two 4-week courses of nebulised placebo.

14 All participants had a history of target Gram-negative organisms (about 80% had
15 *Pseudomonas aeruginosa*) assessed by positive sputum or bronchoscopic culture.
16 The presence of *Haemophilus influenzae* alone did not meet the inclusion criteria. In
17 the previous year, between 35% and 40% of participants had experienced no
18 exacerbations, and between 14% and 21% had experienced 3 or more
19 exacerbations.

20 There was no significant difference between nebulised aztreonam and placebo in the
21 time to first exacerbation in either trial at 16 weeks (AIR-BX1: HR 1.26, 95% CI 0.79
22 to 1.99; low quality evidence) and AIR-BX2: HR 1.23, 95% CI 0.80 to 1.91; low quality
23 evidence). There was also no significant difference in the number of participants
24 experiencing an exacerbation between nebulised aztreonam and placebo. In AIR-
25 BX1, 28.4% of the aztreonam group had an exacerbation compared with 26.5% of
26 the placebo group (RR 1.07, 95% CI 0.72 to 1.58; very low quality evidence). In AIR-
27 BX2 this was 31.6% compared with 27.5% (RR 1.15, 95% CI 0.80 to 1.66; low
28 quality evidence).

29 Exacerbation was defined as an acute worsening of bronchiectasis with at least 3
30 major or at least 2 major and 2 minor criteria. Major criteria were defined as:
31 increased sputum production, change in sputum colour, dyspnoea and cough. Minor
32 criteria were: fever (>38°C), increased malaise or fatigue, forced expiratory volume in
33 1 second or forced vital capacity reduction of more than 10% from baseline, and new
34 or increased haemoptysis.

35 One trial reported significant increases for aztreonam compared with placebo in
36 serious adverse events (RR 2.12, 95% CI 1.15 to 3.91; low quality evidence),
37 adverse events leading to study drug discontinuation (RR 3.69, 95% CI 1.76 to 7.76;

- 1 moderate quality evidence) and dyspnoea (RR 1.55, 95% CI 1.18 to 2.04; low quality
 2 evidence).
- 3 No systematic reviews or RCTs were identified that investigated nebulised
 4 aztreonam in children or young people with stable state bronchiectasis.

| Outcome Timeframe | Study results and measurements | Absolute effect estimates | | Certainty in effect estimates (Quality of evidence) | Plain text summary |
|--|---|--------------------------------------|---|---|---|
| | | Placebo | Aztreonam | | |
| Time to first exacerbation (AIR- BX1) Importance: Critical | Hazard ratio 1.26 (CI 95% 0.79 - 1.99) Based on data from 266 patients in 1 study | | | Low Due to serious inconsistency, Due to serious imprecision ¹ | Aztreonam may have little or no effect on time to first exacerbation |
| Time to first exacerbation (AIR- BX2) Importance: Critical | Hazard ratio 1.23 (CI 95% 0.80 - 1.91) Based on data from 274 patients in 1 study | | | Low Due to serious inconsistency, Due to serious imprecision ² | Aztreonam may have little or no effect on time to first exacerbation |
| Number of participants with an exacerbation (AIR-BX1) Importance: Critical | Relative risk 1.07 (CI 95% 0.72 - 1.58) Based on data from 266 patients in 1 study | 265 per 1000 | 284 per 1000 Difference: 19 more per 1000 (CI 95% 74 fewer - 154 more) | Very Low Due to serious inconsistency, Due to very serious imprecision ³ | We are uncertain whether aztreonam increases or decreases exacerbations |
| Number of participants with an exacerbation (AIR-BX2) Importance: Critical | Relative risk 1.15 (CI 95% 0.80 - 1.66) Based on data from 274 patients in 1 study | 275 per 1000 | 316 per 1000 Difference: 41 more per 1000 (CI 95% 55 fewer - 181 more) | Low Due to serious inconsistency, Due to serious imprecision ⁴ | Aztreonam may have little or no effect on exacerbations |
| Any adverse event (AIR-BX1) Importance: Critical | Relative risk 1.08 (CI 95% 1.00 - 1.16) Based on data from 266 patients in 1 study | 886 per 1000 | 957 per 1000 Difference: 71 more per 1000 (CI 95% 0 fewer - 142 more) | Moderate Due to serious inconsistency ⁵ | Aztreonam probably has little or no effect on adverse events |
| Any adverse event (AIR-BX2) Importance: Critical | Relative risk 1.07 (CI 95% 0.98 - 1.16) Based on data from 272 patients in 1 study | 861 per 1000 | 921 per 1000 Difference: 60 more per 1000 (CI 95% 17 fewer - 138 more) | Moderate Due to serious inconsistency ⁶ | Aztreonam probably has little or no effect on adverse events |
| Outcome | | Absolute effect estimates | | | Plain text summary |

| Timeframe | Study results and measurements | Placebo | Aztreonam | Certainty in effect estimates (Quality of evidence) | |
|---|---|--|--------------|--|--|
| Serious adverse event (AIR-BX1) Importance: Critical | Relative risk 2.12 (CI 95% 1.15 - 3.91) Based on data from 266 patients in 1 study | 98 per 1000 | 208 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ⁷ | Aztreonam may increase serious adverse events slightly |
| | | Difference: 110 more per 1000 (CI 95% 15 more - 285 more) | | | |
| Serious adverse event (AIR-BX2) Importance: Critical | Relative risk 1.14 (CI 95% 0.61 - 2.14) Based on data from 272 patients in 1 study | 117 per 1000 | 133 per 1000 | Very Low Due to serious inconsistency, Due to very serious imprecision ⁸ | We are uncertain whether aztreonam increases or has no effect on serious adverse events |
| | | Difference: 16 more per 1000 (CI 95% 46 fewer - 133 more) | | | |
| Adverse event leading to study drug discontinuation (AIR-BX1) Importance: Critical | Relative risk 3.69 (CI 95% 1.76 - 7.76) Based on data from 266 patients in 1 study | 61 per 1000 | 225 per 1000 | Moderate Due to serious inconsistency ⁹ | Aztreonam probably increases adverse events leading to study drug discontinuation |
| | | Difference: 164 more per 1000 (CI 95% 46 more - 412 more) | | | |
| Adverse events leading to study drug discontinuation (AIR-BX2) Importance: Critical | Relative risk 1.88 (CI 95% 0.78 - 4.58) Based on data from 272 patients in 1 study | 51 per 1000 | 96 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ¹⁰ | Aztreonam may have little or no effect on adverse events leading to study drug discontinuation |
| | | Difference: 45 more per 1000 (CI 95% 11 fewer - 183 more) | | | |
| Adverse event - dyspnoea (AIR-BX1) Importance: Critical | Relative risk 1.55 (CI 95% 1.18 - 2.04) Based on data from 266 patients in 1 study | 356 per 1000 | 552 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ¹¹ | Aztreonam may increase dyspnoea slightly |
| | | Difference: 196 more per 1000 (CI 95% 64 more - 370 more) | | | |
| Adverse event - dyspnoea (AIR-BX2) Importance: Critical | Relative risk 1.08 (CI 95% 0.78 - 1.49) Based on data from 272 patients in 1 study | 343 per 1000 | 370 per 1000 | Low Due to serious inconsistency, Due to serious imprecision ¹² | Aztreonam may have little or no effect on dyspnoea |
| | | Difference: 27 more per 1000 (CI 95% 75 fewer - 168 more) | | | |

1. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised aztreonam; **Publication bias: No serious.**
2. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with nebulised aztreonam; **Publication bias: No serious.**
3. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with aztreonam.; **Publication bias: No serious.**
4. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with aztreonam; **Publication bias: No serious.**
5. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: No serious. Publication bias: No serious.**
6. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: No serious. Publication bias: No serious.**
7. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable harm with aztreonam; **Publication bias: No serious.**
8. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT.; **Indirectness: No serious. Imprecision: Very serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable benefit/harm with aztreonam; **Publication bias: No serious.**
9. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT. ; **Indirectness: No serious. Imprecision: No serious. Publication bias: No serious.**
10. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable harm with aztreonam; **Publication bias: No serious.**
11. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable harm with aztreonam; **Publication bias: No serious.**
12. **Risk of bias: No serious. Inconsistency: Serious.** Not applicable - single RCT; **Indirectness: No serious. Imprecision: Serious.** At a minimal important difference (MID) of 25%, data are consistent with no meaningful difference or appreciable harm with aztreonam; **Publication bias: No serious.**

1 References

- 2 Barker Alan F, O'Donnell Anne E, Flume Patrick, Thompson Philip J, Ruzi Jonathan
- 3 D, de Gracia , Javier , Boersma Wim G, De Soyza , Anthony , Shao Lixin, Zhang
- 4 Jenny, Haas Laura, Lewis Sandra A, Leitzinger Sheila, Montgomery A Bruce,
- 5 McKevitt Matthew T, Gossage David, Quittner Alexandra L, and O'Riordan Thomas
- 6 G (2014) Aztreonam for inhalation solution in patients with non-cystic fibrosis
- 7 bronchiectasis (AIR-BX1 and AIR-BX2): two randomised double-blind, placebo-
- 8 controlled phase 3 trials. The Lancet. Respiratory medicine 2(9), 738-49

1 **4 Literature search**

2 A range of evidence sources are used to develop antimicrobial prescribing
3 guidelines. These fall into 2 broad categories:

- 4 • Evidence identified from the literature search
- 5 • Evidence identified from other information sources. Examples of other information
6 sources used are shown in the [interim process guide](#) (2017).

7 See evidence sources for full details of evidence sources used for this guideline.

8 A literature search was developed to identify evidence for the effectiveness and
9 safety of interventions for managing acute exacerbations of non-cystic fibrosis
10 bronchiectasis (see [literature search strategy](#) for full details). The literature search
11 identified 1,072 references. These references were screened using their titles and
12 abstracts and 210 full text references were obtained and assessed for relevance.
13 There were 36 full text references of [systematic reviews](#) and [randomised controlled
14 trials](#) (RCTs) assessed as relevant to the guideline review question (see [review
15 protocol](#)). Ten percent of studies were screened to establish inter-rater reliability, and
16 this was within the required threshold of 90%.

17 The methods for identifying, selecting and prioritising the best available evidence
18 from the literature search are described in the [interim process guide](#). Seven of the 36
19 references were prioritised by the committee as the best available evidence and
20 were included in this evidence review (see [included studies](#)).

21 The 29 references that were not prioritised for inclusion are listed in [studies not
22 prioritised](#), with reasons for not prioritising the studies. Also see [evidence
23 prioritisation](#) for more information on study selection.

24 The remaining 174 references were excluded. These are listed in excluded studies
25 with reasons for their exclusion

26 See also [study flow diagram](#).

1 **5 Review protocol**

2 **Review protocol for acute exacerbation of bronchiectasis (non-cystic** 3 **fibrosis)**

| | | | |
|----|--------------------------|---|--|
| I | Review question | What pharmacological (antimicrobial and non-antimicrobial) interventions are effective in managing an acute exacerbation of bronchiectasis (non-cystic fibrosis)? | <ul style="list-style-type: none"> • antimicrobials include antibiotics • non-antimicrobials include analgesia and antipyretics (e.g. paracetamol and ibuprofen), oral corticosteroids (e.g. prednisolone); bronchodilators (beta-2 agonists, anticholinergics and leukotriene receptor antagonists), mucolytics and herbal medicines • search will include terms for acute exacerbation of bronchiectasis. |
| II | Types of review question | Intervention questions will primarily be addressed through the search. | These will, for example, also identify natural history in placebo groups and causative organisms in studies that use laboratory diagnosis, and relative risks of differing management options. |

| | | | |
|------------|--------------------------------|--|--|
| <p>III</p> | <p>Objective of the review</p> | <p>To determine the effectiveness of prescribing and other interventions in managing an infective exacerbation of bronchiectasis (non-cystic fibrosis), in line with the major goals of antimicrobial stewardship. This includes interventions that lead prescribers to:</p> <ul style="list-style-type: none"> • optimise outcomes for individuals • reduce overuse, misuse or abuse of antimicrobials <p>All of the above will be considered in the context of national antimicrobial resistance patterns where available, if not available committee expertise will be used to guide decision-making.</p> | <p>The secondary objectives of the review of studies will include:</p> <ul style="list-style-type: none"> • indications for no or back-up antimicrobials • indications for non-antimicrobial interventions • antimicrobial choice, optimal dose, duration and route for specified antimicrobial(s) • the natural history of the infection • identifying subgroups of people who are more likely to benefit from antimicrobials. |
|------------|--------------------------------|--|--|

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| IV | Eligibility criteria – population/ disease/ condition/ issue/domain | <p>Population: Adults and children (aged 72 hours and older) with an infective exacerbation of bronchiectasis (non-cystic fibrosis).</p> <p>Studies that use for example symptoms or signs (prognosis), clinical diagnosis, imaging, microbiological methods, or laboratory testing of blood for diagnosing the condition.</p> | <p>Subgroups of interest, those:</p> <ul style="list-style-type: none"> • with protected characteristics under the Equality Act 2010. • with chronic conditions (such as high blood pressure, diabetes or heart disease). • at high risk of serious complications because of pre-existing comorbidity^[1] • with symptoms and signs suggestive of serious illness and/or complications^[2] • younger than 18 years (children) including those with fever and additional intermediate or high risk factors^[3] • patient is older than 65 years and older than 80 years^[4] • with purulent sputum and exacerbations • with moderate or high severity community acquired pneumonia • with asthma. |
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| V | Eligibility criteria – intervention(s)/ exposure(s)/ prognostic factor(s) | <p>The review will include studies which include:</p> <ul style="list-style-type: none"> • Non-antimicrobial pharmacological interventions[5]. • Antimicrobial pharmacological interventions[6]. <p>For the treatment or prophylaxis of an infective exacerbation of bronchiectasis, as outlined above, in primary, secondary or other care settings (for example walk-in-centres and urgent care) either by prescription or by any other legal means of supply of medicine (for example patient group direction).</p> | Limited to those interventions commonly in use (as agreed by the committee) |
| VI | Eligibility criteria – comparator(s)/ control or reference (gold) standard | <p>Any other plausible strategy or comparator, including:</p> <ul style="list-style-type: none"> • Placebo or no treatment. • Non-pharmacological interventions. • Non-antimicrobial pharmacological interventions. • Other antimicrobial pharmacological interventions. | |

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| <p>VII</p> | <p>Outcomes and prioritisation</p> | <p>a. Clinical outcomes such as:</p> <ul style="list-style-type: none"> • mortality • infection cure rates (number or proportion of people with resolution of symptoms at a given time point, incidence of escalation of treatment) • time to clinical cure (mean or median time to resolution of illness) • reduction in symptoms (duration or severity) • rate of complications with or without treatment • safety, tolerability, and adverse effects. <p>a. Thresholds or indications for antimicrobial treatment (which people are most, or least likely to benefit from antimicrobials)</p> <p>b. Changes in antimicrobial resistance patterns, trends and levels as a result of treatment.</p> <p>c. Patient-reported outcomes, such as medicines adherence, patient experience and patient satisfaction.</p> <p>d. Ability to carry out activities of daily living.</p> <p>e. Service user experience.</p> <p>f. Health and social care related quality of life, including long-term harm or disability.</p> <p>g. Health and social care utilisation (including length of stay, planned and unplanned contacts).</p> <p>The Committee considered which outcomes should be prioritised when multiple outcomes are reported (critical and important outcomes). Additionally, the Committee were asked to consider what clinically important features of study design may be important for this condition (for example length of study follow-up, treatment failure/recurrence, important outcomes of interest such as sequela or progression to more severe illness).</p> | <p>The committee have agreed that the following outcomes are critical:</p> <ul style="list-style-type: none"> • reduction in symptoms (duration or severity) for example difference in time to substantial improvement • time to clinical cure (mean or median time to resolution of illness) • rate of complications^[7] (including mortality) with or without treatment, including escalation of treatment • health and social care utilisation (including length of stay, ITU stays, planned and unplanned contacts). • thresholds or indications for antimicrobial treatment (which people are most, or least likely to benefit from antimicrobials for example C-reactive protein, procalcitonin) <p>The committee have agreed that the following outcomes are important:</p> <ul style="list-style-type: none"> • patient-reported outcomes, such as medicines adherence, patient experience, sickness absence • changes in antimicrobial resistance patterns, trends and levels as a result of treatment |
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| VIII | Eligibility criteria – study design | <p>The search will look for:</p> <ul style="list-style-type: none"> • Systematic review of randomised controlled trials (RCTs) • RCTs <p>If insufficient evidence is available progress to:</p> <ul style="list-style-type: none"> • Controlled trials • Systematic reviews of non-randomised controlled trials • Non-randomised controlled trials • Observational and cohort studies • Pre and post intervention studies (before and after) • Time series studies | Committee to advise the NICE project team on the inclusion of information from other condition specific guidance and on whether to progress due to insufficient evidence. |
| IX | Other inclusion exclusion criteria | <p>The scope sets out what the guidelines will and will not include (exclusions). Further exclusions specific to this guideline include:</p> <ul style="list-style-type: none"> • non-English language papers, studies that are only available as abstracts • in relation to antimicrobial resistance, non-UK papers • bronchiectasis due to cystic fibrosis • maintenance treatment of stable bronchiectasis with exercise, diet, breathing techniques etc. • non-pharmacological interventions, for example physical therapy • vaccinations | |
| X | Proposed sensitivity/ sub-group analysis, or meta-regression | <p>The search may identify studies in population subgroups (for example adults, older adults, children (those aged under 18 years of age), and people with co-morbidities or characteristics that are protected under the Equality Act 2010 or in the NICE equality impact assessment). These will be included if studies stratify results by population subgroups, and these categories may enable the production of management recommendations.</p> | |

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| XI | Selection process – duplicate screening/ selection/ analysis | <p>All references from the database searches will be downloaded, de-duplicated and screened on title and abstract against the criteria above.</p> <p>A randomly selected initial sample of 10% of records will be screened by two reviewers independently. The rate of agreement for this sample will be recorded, and if it is over 90% then remaining references will be screened by one reviewer only. Disagreement will be resolved through discussion.</p> <p>Where abstracts meet all the criteria, or if it is unclear from the study abstract whether it does, the full text will be retrieved.</p> <p>If large numbers of papers are identified and included at full text, the Committee may consider prioritising the evidence for example, evidence of higher quality in terms of study type or evidence with critical or highly important outcomes.</p> | |
| XII | Data management (software) | <p>Data management will be undertaken using EPPI-reviewer software. GRADEpro will be used to assess the quality of evidence for each outcome.</p> | |

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| XIII | Information sources – databases and dates | <p>The following sources will be searched:</p> <ul style="list-style-type: none"> • Cochrane Central Register of Controlled Trials (CENTRAL) via Wiley • Cochrane Database of Systematic Reviews (CDSR) via Wiley • Database of Abstracts of Effectiveness (DARE) via Wiley – legacy, last updated April 2015 • Embase via Ovid • Health Technology Assessment (HTA) via Wiley • MEDLINE via Ovid • MEDLINE-in-Process via Ovid <p>The search strategy will be developed in MEDLINE and then adapted or translated as appropriate for the other sources, taking into account their size, search functionality and subject coverage.</p> <p>Database functionality will be used, where available, to exclude:</p> <ul style="list-style-type: none"> • non-English language papers • animal studies • editorials, letters, news items, case reports and commentaries • conference abstracts and posters • theses and dissertations • duplicates. <p>Date limits will be applied to restrict the search results to:</p> <ul style="list-style-type: none"> • studies published from 2006 to the present day <p>The results will be downloaded in the following mutually exclusive sets:</p> <ul style="list-style-type: none"> • Systematic reviews and meta-analysis • Randomised controlled trials • Observational and comparative studies • Other results <p>See appendix B for further details on the search strategy.</p> <p>Duplicates will be removed using automated and manual processes. The de-duplicated file will be uploaded into EPPI-Reviewer for data screening.</p> | |
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| XV | Author contacts | Web: https://www.nice.org.uk/guidance/indevelopment/gid-ng10050/consultation/html-content Email: infections@nice.org.uk | |
| XVI | Highlight if amendment to previous protocol | For details please see the interim process guide (2017). | |
| XVII | Search strategy – for one database | For details see appendix C. | |
| XVIII | Data collection process – forms/duplicate | GRADE profiles will be used, for details see appendix H. | |
| XIX | Data items – define all variables to be collected | GRADE profiles will be used, for details see appendix H. | |
| XX | Methods for assessing bias at outcome/ study level | Standard study checklists were used to critically appraise individual studies. For details please see the interim process guide (2017). The risk of bias across all available evidence was evaluated for each outcome using an adaptation of the ‘Grading of Recommendations Assessment, Development and Evaluation (GRADE) toolbox’ developed by the international GRADE working group http://www.gradeworkinggroup.org/ | |
| XXI | Criteria for quantitative synthesis (where suitable) | For details please see the interim process guide (2017). | |
| XXII | Methods for analysis – combining studies and exploring (in)consistency | For details please see the interim process guide (2017). | |
| XXIII | Meta-bias assessment – publication bias, selective reporting bias | For details please see the interim process guide (2017). | |

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| XXIV | Assessment of confidence in cumulative evidence | For details please see the interim process guide (2017). | |
| XXV | Rationale/ context – Current management | For details please see the interim process guide (2017). | |
| XXVI | Describe contributions of authors and guarantor | A multidisciplinary committee developed the guideline. The committee was convened by NICE and chaired by Dr Tessa Lewis in line with the interim process guide (2017). Staff from NICE undertook systematic literature searches, appraised the evidence, conducted meta-analysis and cost-effectiveness analysis where appropriate, and drafted the guideline in collaboration with the committee. For details please see the methods chapter of the full guideline. | |
| XXVII | Sources of funding/support | Developed and funded by NICE. | |
| XXVII | Name of sponsor | Developed and funded by NICE. | |
| XXIX | Roles of sponsor | NICE funds and develops guidelines for those working in the NHS, public health, and social care in England. | |
| <p>[1] significant heart, lung, renal, liver or neuromuscular disease, immunosuppression, and young children who were born prematurely</p> <p>[2] Including pneumonia, heart, lung, kidney, liver or neuromuscular disease, or immunosuppression</p> <p>[3] Outlined in more detail in CG160 Fever in under 5s: assessment and initial management</p> <p>[4] hospitalisation in previous year; type 1 or type 2 diabetes, history of congestive heart failure, current use of oral glucocorticoids.</p> <p>[5] Non-antimicrobial pharmacological interventions include: analgesics and bronchodilators</p> <p>[6] Antimicrobial pharmacological interventions include: delayed (back-up) prescribing, standby or rescue therapy, narrow or broad spectrum, single, dual or triple therapy, escalation or de-escalation of treatment. Antibiotics included in the search include those named in current guidance (plus the class to which they belong) plus other antibiotics agreed by the committee</p> <p>[7] These would include but are not limited to more common complications e.g. chronic bacterial colonization and haemoptysis</p> | | | |

1 **6 Evidence prioritisation**

| Key questions | Included studies | | Non-prioritised studies | |
|---|---|------|--|---|
| | Systematic reviews | RCTs | Systematic reviews | RCTs |
| Which non-pharmacological interventions are effective? | | | | |
| Non-pharmacological interventions | - | - | - | - |
| Which non-antimicrobial pharmacological interventions are effective? | | | | |
| Mucoactives | Wilkinson et al. 2014 Hart et al. 2014 | - | Magis-Escurra et al. 2015 Tarrant et al. 2017 | Kellett et al. 2011 Bilton et al. 2013 Bilton et al. 2014 |
| Inhaled corticosteroids | Kapur et al. 2009 | - | Magis-Escurra et al. 2015 | Martinez-Garcia et al. 2006 Hernando et al. 2012 |
| Inhaled corticosteroid plus long-acting beta2 agonists | Goyal et al. 2014 | - | - | Martinez-Garcia et al. 2012 |
| Which antibiotic prescribing strategies are effective (including back-up antibiotics)? | | | | |
| Antibiotic prescribing strategies | - | - | - | - |

| Key questions | Included studies | | Non-prioritised studies | |
|--|--|--------------------|--|--|
| | Systematic reviews | RCTs | Systematic reviews | RCTs |
| Is an antibiotic effective? | | | | |
| Prolonged antibiotics versus placebo | Hnin et al. 2015 Barker et al. 2014 | - | Fan et al. 2015 Gao et al. 2014 Wu et al. 2014 Zhuo et al. 2014 Magis-Escurra et al. 2015 Brodt et al. 2014 Xu et al. 2016 Yang et al. 2016 | Altenburg et al. 2013 Masekela et al. 2013 Serisier et al. 2013 (ORBIT) Serisier et al. 2013 (BLESS) Rogers et al. 2014 Wong et al. 2012 Valery et al. 2013 Murray et al. 2011 Antoniou et al. 2011 Chalmers et al. 2012 Lourdesamy et al. 2014 Orriols et al. 2015 Yalcin et al. 2006 |
| Short-course antibiotics versus placebo | - | - | Wurzel et al. 2011 | - |
| Which people are most likely to benefit from an antibiotic? | | | | |
| Children | - | - | - | - |
| Adults | - | - | - | - |
| Which antibiotic is most effective? | | | | |
| Antibiotics versus different antibiotics studies | - | Bilton et al. 2006 | - | - |
| What is the optimal dose, duration and route of administration of antibiotic? | | | | |
| Dosage | - | - | - | - |
| Course length | - | - | - | - |
| Route of administration studies | - | - | - | - |

1 **7 Literature search strategy**

2 **Search format**

3 The main search strategy will take the following format:

- 4 • Bronchiectasis
- 5 • AND (Named Antibiotics OR Classes of Antibiotics OR Pharma interventions OR
- 6 Honey OR Herbal Medicines OR Drinking Fluids OR Prescribing Strategies OR
- 7 Self Care)
- 8 • AND (Systematic Reviews OR Randomised Controlled Trials OR Observational
- 9 Studies)
- 10 • AND Limits

11 The strategy includes a top up search for the following terms:

- 12 • Bronchiectasis
- 13 • AND General term “Antibiotics”
- 14 • AND Systematic Reviews

15 **Outline of the search strategy**

| Main concepts | Concept | Proposed search terms |
|-------------------|--|---|
| Condition | Bronchiectasis | Bronchiectasis/ (bronchiect* or bronchoect*).ti,ab ((suppurative* or dilat*) adj3 (pulmonary or lung* or airway* or airflow* or bronch* or respirat*)).ti,ab. |
| Named Antibiotics | Amoxicillin | Amoxicillin/ (Amoxicillin* or Amoxycillin* or Amoxil*).ti,ab. |
| | Amoxicillin and a macrolide dual therapy | - |
| | Ampicillin | Ampicillin/ Ampicillin*.ti,ab |
| | Azithromycin | Azithromycin/ (Azithromycin* or Azithromicin* or Zithromax*).ti,ab |
| | Aztreonam | Aztreonam/ (Aztreonam* or Azactam*).ti,ab |
| | Benzylpenicillin sodium | Penicillin G/ (Benzylpenicillin* or "Penicillin G").ti,ab |
| | Beta-lactamase stable beta-lactam | - |

| Main concepts | Concept | Proposed search terms |
|---------------|-------------------------|---|
| | Cefaclor | Cefaclor/ (Cefaclor* or Distaclor* or Keftid*).ti,ab |
| | Cefixime | Cefixime/ (Cefixime* or Suprax*).ti,ab |
| | Cefotaxime | Cefotaxime/ Cefotaxime*.ti,ab. |
| | Ceftaroline fosamil | (Ceftaroline* or Zinforo*).ti,ab |
| | Ceftazidime | Ceftazidime/ (Ceftazidime* or Fortum* or Tazidime*).ti,ab |
| | Ceftobiprole No Mesh | (Ceftobiprole* or Zevtera*).ti,ab |
| | Ceftolozane-tazobactam | (Ceftolozane* or Tazobactam* or Zerbaxa*).ti,ab |
| | Ceftriaxone | Ceftriaxone/ (Ceftriaxone* or Rocephin* or Rocefin*).ti,ab |
| | Cefuroxime | Cefuroxime/ (Cefuroxime* or Cephuroxime* or Zinacef* or Zinnat* or Aprokam*).ti,ab |
| | Chloramphenicol | Chloramphenicol/ (Chloramphenicol* or Cloranfenicol* or Kemicetine* or Kloramfenikol*).ti,ab |
| | Ciprofloxacin | Ciprofloxacin/ (Ciprofloxacin* or Ciproxin*).ti,ab |
| | Clarithromycin | Clarithromycin/ (Clarithromycin* or Clarie* or Klaricid* or Xetinin*).ti,ab |
| | Clindamycin | Clindamycin/ (Clindamycin* or Dalacin* or Zindaclin*).ti,ab |
| | Co-amoxiclav | Amoxicillin-Potassium Clavulanate Combination/ (Co-amoxiclav* or Coamoxiclav* or Amox-clav* or Amoxicillin-Clavulanic Acid* or Amoxicillin-Potassium Clavulanate Combination* or Amoxi-Clavulanate* or Clavulanate Potentiated Amoxycillin Potassium* or Clavulanate-Amoxicillin Combination* or Augmentin*).ti,ab |
| | Co-trimoxazole | Trimethoprim, Sulfamethoxazole Drug Combination/ (Septrin* or Co-trimoxazole* or Cotrimoxazole* or Sulfamethoxazole Trimethoprim Comb* or Trimethoprim Sulfamethoxazole Comb*).ti,ab |
| | Colistin | Colistin/ (Colistin* or Colistimethate* or Colimycin* or Coly-Mycin* or Colymycin* or Colomycin* or Promixin*).ti,ab. |

| Main concepts | Concept | Proposed search terms |
|---------------|------------------------------|---|
| | Doxycycline | Doxycycline/ (Doxycycline* or Efracea* or Periostat* or Vibramycin*).ti,ab |
| | Ertapenem | (Ertapenem* or Invanz*).ti,ab |
| | Erythromycin | Erythromycin/ Erythromycin Estolate/ Erythromycin Ethylsuccinate/ (Erythromycin* or Erymax* or Tiloryth* or Erythrocin* or Erythrolar* or Erythroped*).ti,ab |
| | Fosfomycin | Fosfomycin/ (Fosfomycin* or Phosphomycin* or Fosfocina* or Monuril* or Monurol* or Fomicyt*).ti,ab |
| | Flucloxacillin | Floxacillin/ (Floxacillin* or Flucloxacillin*).ti,ab. |
| | Fluoroquinolone | - |
| | Gentamicin | Gentamicins/ (Gentamicin* or Gentamycin* or Cidomycin*).ti,ab |
| | Imipenem | Imipenem/ (Imipenem* or Primaxin*).ti,ab |
| | Levofloxacin | Levofloxacin/ (Levofloxacin* or Evoxil* or Tavanic*).ti,ab. |
| | Linezolid | Linezolid/ (Linezolid* or Zyvox*).ti,ab |
| | Meropenem | (Meropenem*).ti,ab |
| | Moxifloxacin | (Moxifloxacin* or Avelox*).ti,ab |
| | Ofloxacin | Ofloxacin/ (Ofloxacin* or Tarivid*).ti,ab |
| | Piperacillin with Tazobactam | Piperacillin/ (Piperacillin* or Tazobactam* or Tazocin*).ti,ab |
| | Rifampicin | Rifampin/ (Rifampicin* or Rifampin* or Rifadin* or Rimactane*).ti,ab |
| | Teicoplanin | Teicoplanin/ (Teicoplanin* or Targocid*).ti,ab |
| | Telavancin | (Telavancin* or Vibativ*).ti,ab |
| | Temocillin | (Temocillin* or Negaban*).ti,ab |
| | Tigecycline | (Tigecycline* or Tygacil*).ti,ab |
| | Vancomycin | Vancomycin/ (Vancomycin* or Vancomicin* or Vancocin*).ti,ab |

| Main concepts | Concept | Proposed search terms |
|------------------------|----------------------------|---|
| Classes of Antibiotics | Aminoglycoside | exp Aminoglycosides/ Aminoglycoside*.ti,ab |
| | Antipseudomonal penicillin | exp Penicillins/ Penicillin*.ti,ab |
| | Beta-lactamase | exp beta-Lactamases/ ("beta Lactamase*" or betaLactamase* or "beta-Lactamase*").ti,ab exp beta-Lactamase inhibitors/ (("beta Lactamase*" or betaLactamase*) adj3 (inhibitor* or antagonist*).ti,ab |
| | Beta-lactam (stable) | beta-Lactams/ ("beta-Lactam" or betaLactam or "beta Lactam" or "beta-Lactams" or betaLactams or "beta Lactams").ti,ab |
| | Carbapenems | exp Carbapenems/ Carbapenem*.ti,ab |
| | Cephalosporin | exp Cephalosporins/ Cephalosporin*.ti,ab |
| | Fluoroquinolone | exp Fluoroquinolones/ Fluoroquinolone*.ti,ab |
| | Macrolides | exp Macrolides/ macrolide*.ti,ab |
| | Polymyxins | Polymyxins/ Polymyxin*.ti,ab |
| | Quinolones | exp Quinolones/ Quinolone*.ti,ab |
| | Tetracycline | exp Tetracyclines/ Tetracycline*.ti,ab |
| Pharma interventions | Analgesics | analgesics/ exp analgesics, non-narcotic/ analgesics, short-acting/ antipyretics/ (analgesic* or antipyretic*).ti,ab |
| | Paracetamol | Acetaminophen/ (paracetamol* or acetaminophen* or Panadol* or perfalgan* or calpol*).ti,ab |

| Main concepts | Concept | Proposed search terms |
|---------------|------------------------|--|
| | Anticholinergics | Cholinergic antagonists/ (Anticholinergic* or "Anti-cholinergic*" or "Anti cholinergic*" or Antimuscarinic* or Anti muscarinic* or Anti-muscarinic*).ti,ab ((cholinergic* or acetylcholine* or cholinolytic* or muscarinic*) adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab |
| | Beta-2 agonists | Adrenergic beta-2 Receptor Agonists/ (("adrenergic beta" or "beta adrenergic" or beta2 or "beta 2") adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab. Albuterol/ (Salbutamol* or Albuterol* or Salbulin* or Ventolin* or Salamol*).ti,ab |
| | Bronchodilators | Bronchodilator Agents/ (Bronchodilator* or broncholytic* or bronchial dilat* or bronchodilating* or bronchodilatant*).ti,ab |
| | Codeine and Pholcodine | exp Codeine/ (Codeine* or Pholcodine* or Covonia* or Galenphol* or Pavacol* or Galcodine*).ti,ab. |
| | Corticosteroids | Adrenal Cortex Hormones/ (Corticosteroid* or corticoid* or Adrenal Cortex Hormone*).ti,ab |

| Main concepts | Concept | Proposed search terms |
|---------------|---|--|
| | Cough mixtures Non-prescription drugs Antitussive agents Anti-histamines Demulcents Glycerol Menthol Honey and Lemon | Nonprescription Drugs/ (non prescription* or nonprescription* or otc or “over the counter*” or “over-the-counter*”).ti,ab Antitussive Agents/ (Antitussive*).ti,ab (cough* adj3 (suppressant* or mixture* or syrup* or medicine* or medicinal* or product or products or remedies* or remedy*)).ti,ab exp Histamine Antagonists/ Antazoline/ Brompheniramine/ Chlorpheniramine/ Cinnarizine/ Cyproheptadine/ Diphenhydramine/ Doxylamine/ Ergotamine/ Hydroxyzine/ Ketotifen/ Pizotyline/ Promethazine/ Trimeprazine/ Triprolidine/ (histamin* adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab (antihistamin* or anti-histamin* or Alimemazine* or Trimeprazine* or Antazoline* or Brompheniramine* or Chlorpheniramine* or Chlorphenamine* or Cinnarizine* or Stugeron* or Cyproheptadine* or Pericortin* or Diphenhydramine* or Doxylamine* or Ergotamine* or Migril* or Hydroxyzine* or Atarax* or Ketotifen* or Zaditen* or Promethazine* or Phenergan* or Sominex* or Pizotifen* or Pizotyline* or Triprolidine* or Acrivastine*).ti,ab Demulcents/ (demulcent* or mucoprotective* or muco protective* or Linctus*).ti,ab Glycerol/ (Glycerol* or Glycerine*).ti,ab Menthol/ (menthol*).ti,ab Honey/ Apitherapy/ (honey* or lemon*).ti,ab |

| Main concepts | Concept | Proposed search terms |
|---------------|---------------------------------------|--|
| | Dextromethorphan | Dextromethorphan/ (Dextromethorphan*).ti,ab |
| | Prednisolone | exp Prednisolone/ (Prednisolone* or Fluprednisolone* or Methylprednisolone* or Deltacortril* or Dilacort* or Pevanti* or Deltastab* or Predsol*).ti,ab |
| | Non-steroidal anti-inflammatory drugs | Anti-Inflammatory Agents, Non-Steroidal/ (nsaid*).ti,ab ((nonsteroid* or non steroid*) adj3 (anti inflammator* or antiinflammator*)).ti,ab |
| | Ibuprofen | Ibuprofen/ (ibuprofen* or arthrofen* or ebufac* or rimafen* or brufen* or calprofen* or feverfen* or nurofen* or orbifen*).ti,ab |
| | Leukotriene receptor antagonists | Leukotriene Antagonists/ (leukotriene* adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab. (Montelukast*).ti,ab (Zafirlukast* or Accolate*).ti,ab |
| | Mucolytics | exp Expectorants/ exp Guaifenesin/ Ipecac/ (expectorant* or mucolytic* or guaifenesin* or ipecac* or ipecacuanha*).ti,ab Mannitol/ (Mannitol* or Osmohale* or Bronchitol*).ti,ab (Dornase alfa* or Dornase alpha* or Pulmozyme*).ti,ab. |

| Main concepts | Concept | Proposed search terms |
|------------------------|---|--|
| Herbal remedies | Herbal medicines Pelargonium (kaloba) Echinacea Japonica Thyme Eucalyptus Forsythiae Liquorice Andrographis | Drugs, Chinese Herbal/ Plants, Medicinal/ exp Geraniaceae/ Echinacea/ Fallopia Japonica/ Thymus Plant/ Eucalyptus/ Forsythia/ exp Glycyrrhiza/ Andrographis/ (herb* or Geraniaceae* or Pelargonium* or Geranium* or Kaloba* or Echinacea* or Coneflower* or Japonica* or Knotweed* or Thyme* or Thymus* or Eucalyptus* or Forsythia* or Forsythiae* or Goldenbell* or Lian Qiao* or Glycyrrhiza* or Licorice* or Liquorice* or Andrographis*).ti,ab ((medicine* or medical* or medicinal* or product or products or remedies* or remedy*) adj3 (plant* or plants or root or roots or flower or flowers or bark or barks or seed or seeds or shrub or shrubs or botanic*)).ti,ab |
| Drinking Fluids | Fluid therapy | Drinking/ Drinking Behavior/ Fluid therapy/ |
| | Drinking water, beverages, fluids or liquids | exp Beverages/ ((water* or fluid* or liquid* or beverage* or drinks) adj3 (consumption* or consume* or consuming* or intake* or drink* or hydrat* or rehydrat* or therap*)).ti,ab |
| Prescribing Strategies | Active surveillance No intervention Watchful waiting | watchful waiting/ "no intervention*".ti,ab (watchful* adj2 wait*).ti,ab. (wait adj2 see).ti,ab (expectant* adj2 manage*).ti,ab (active* adj2 surveillance*).ti,ab |

| Main concepts | Concept | Proposed search terms |
|------------------------------|--|---|
| | Prescribing times Delayed treatment | <p>((prescription* or prescrib*) adj4 ("red flag" or strateg* or appropriat* or inappropriat* or unnecessary or defer* or delay* or no or non or behaviour* or behavior* or optimal or optimi* or reduc* or decreas* or declin* or rate* or improv*)).ti,ab</p> <p>((misuse* or "mis-use*" or overuse* or "over-use*" or "over-prescri*" or abuse*) adj4 (bacter* or antibacter* or anti-bacter* or "anti bacter*" or antimicrobial or anti-microbial or "anti microbial" or antibiot* or anti-biot* or "anti biot*")).ti,ab</p> <p>((delay* or defer*) adj3 (treat* or therap* or interven*)).ti,ab.</p> <p>anti-infective agents/ or exp anti-bacterial agents/ or exp anti-infective agents, local/</p> <p>(antibacter* or anti-bacter* or antibiot* or anti-biot* or antimicrobial* or anti-microbial*).ti,ab.</p> <p>(delay* or defer* or back-up* or backup* or immediate* or rapid* or short* or long* or standby or "stand by" or rescue or escalat* or "de-escalat*" or (prescribing adj strateg*) or "red flag*").ti,ab</p> <p>Inappropriate prescribing/</p> |
| Self Care | Self management | <p>Self Care/ Self medication/ ((self or selves or themsel*) adj4 (care or manag*)).ti,ab</p> |
| Systematic Reviews | Meta analysis Systematic Reviews Reviews | Standard search filter |
| Randomised Controlled Trials | Controlled Clinical Trials Cross over studies Randomised controlled trials (rcts) | Standard search filter |
| Observational Studies | Case-Control Studies Cohort Studies Controlled Before-After Studies Cross-Sectional Studies Epidemiologic Studies Observational Study | Standard search filter |

| Main concepts | Concept | Proposed search terms |
|---------------|---|------------------------|
| Limits | Exclude Animal studies Exclude letters, editorials and letters Limit date to 2006-Current | Standard search limits |

1 Number of hits to be retrieved

| | No. of hits in MEDLINE | Position in the strategy |
|--|------------------------|--------------------------|
| Search with limits and Systematic Reviews | 785 | Line 236 |
| Search with limits and RCTs (not SRs) | 119 | Line 255 |
| Search with limits and Observational Studies (not SRs or RCTs) | 191 | Line 278 |
| Search with limits (without SRs, RCTs, Observational) | 206 | Line 279 |
| Total for screening | 1301 | |

2 Key to search operators

| | |
|----------|--|
| / | Medical Subject Heading (MeSH) term |
| Exp | Explodes the MeSH terms to retrieve narrower terms in the hierarchy |
| .ti | Searches the title field |
| .ab | Searches the abstract field |
| * | Truncation symbol (searches all word endings after the stem) |
| adj n | Adjacency operator to retrieve records containing the terms within a specified number (n) of words of each other |

3 MEDLINE search strategy

4 Database(s): Ovid MEDLINE(R) 1946 to October Week 3 2017, Ovid MEDLINE(R)
5 Epub Ahead of Print October 25, 2017, Ovid MEDLINE(R) In-Process & Other Non-
6 Indexed Citations October 25, 2017, Ovid MEDLINE(R) Daily Update October 25,
7 2017

8 Search Strategy:

| # | Searches | Results |
|---|---|---------|
| 1 | Bronchiectasis/ | 7726 |
| 2 | ((bronchiect* or bronchoect*).ti,ab. | 8845 |
| 3 | ((suppurative* or dilat*) adj3 (pulmonary or lung* or airway* or airflow* or bronch* or respirat*).ti,ab. | 4250 |

| # | Searches | Results |
|----|--|---------|
| 4 | or/1-3 | 15626 |
| 5 | limit 4 to yr="2006 -Current" | 5600 |
| 6 | limit 5 to english language | 4957 |
| 7 | Animals/ not (Animals/ and Humans/) | 4647558 |
| 8 | 6 not 7 | 4731 |
| 9 | limit 8 to (letter or historical article or comment or editorial or news or case reports) | 1083 |
| 10 | 8 not 9 | 3648 |
| 11 | anti-infective agents/ or exp anti-bacterial agents/ or exp anti-infective agents, local/ | 909485 |
| 12 | (antibacter* or anti-bacter* or "anti bacter*" or antimicrobial or anti-microbial or "anti microbial" or antibiot* or anti-biot* or "anti biot*").ti,ab. | 434507 |
| 13 | or/11-12 | 1096889 |
| 14 | Amoxicillin/ | 9366 |
| 15 | (Amoxicillin* or Amoxycillin* or Amoxil*).ti,ab. | 16436 |
| 16 | Ampicillin/ | 13810 |
| 17 | Ampicillin*.ti,ab. | 22052 |
| 18 | Azithromycin/ | 4776 |
| 19 | (Azithromycin* or Azithromicin* or Zithromax*).ti,ab. | 7229 |
| 20 | Aztreonam/ | 1438 |
| 21 | (Aztreonam* or Azactam*).ti,ab. | 2954 |
| 22 | Penicillin G/ | 9348 |
| 23 | (Benzylpenicillin* or "Penicillin G").ti,ab. | 8208 |
| 24 | Cefaclor/ | 881 |
| 25 | (Cefaclor* or Distaclor* or Keftid*).ti,ab. | 1741 |
| 26 | Cefixime/ | 773 |
| 27 | (Cefixime* or Suprax*).ti,ab. | 1572 |
| 28 | Cefotaxime/ | 5575 |
| 29 | Cefotaxime*.ti,ab. | 8129 |
| 30 | (Ceftaroline* or Zinforo*).ti,ab. | 583 |
| 31 | Ceftazidime/ | 3797 |
| 32 | (Ceftazidime* or Fortum* or Tazidime*).ti,ab. | 8402 |
| 33 | (Ceftobiprole* or Zevtera*).ti,ab. | 262 |
| 34 | (Ceftolozane* or Tazobactam* or Zerbaxa*).ti,ab. | 3883 |
| 35 | Ceftriaxone/ | 5711 |
| 36 | (Ceftriaxone* or Rocephin* or Rocefin*).ti,ab. | 9641 |
| 37 | Cefuroxime/ | 2190 |
| 38 | (Cefuroxime* or Cephuroxime* or Zinacef* or Zinnat* or Aprokam*).ti,ab. | 4252 |

| # | Searches | Results |
|----|--|---------|
| 39 | Chloramphenicol/ | 20282 |
| 40 | (Chloramphenicol* or Cloranfenicol* or Kemicetine* or Kloramfenikol*).ti,ab. | 26706 |
| 41 | Ciprofloxacin/ | 12746 |
| 42 | (Ciprofloxacin* or Ciproxin*).ti,ab. | 23660 |
| 43 | Clarithromycin/ | 6010 |
| 44 | (Clarithromycin* or Clarie* or Klaricid* or Xetinin*).ti,ab. | 8472 |
| 45 | Clindamycin/ | 5650 |
| 46 | (Clindamycin* or Dalacin* or Zindaclin*).ti,ab. | 9909 |
| 47 | Amoxicillin-Potassium Clavulanate Combination/ | 2507 |
| 48 | (Co-amoxiclav* or Coamoxiclav* or Amox-clav* or Amoxicillin-Clavulanic Acid* or Amoxicillin-Potassium Clavulanate Combination* or Amoxi-Clavulanate* or Clavulanate Potentiated Amoxycillin Potassium* or Clavulanate-Amoxicillin Combination* or Augmentin*).ti,ab. | 14740 |
| 49 | Trimethoprim, Sulfamethoxazole Drug Combination/ | 6864 |
| 50 | (Septrin* or Co-trimoxazole* or Cotrimoxazole* or Sulfamethoxazole Trimethoprim Comb* or Trimethoprim Sulfamethoxazole Comb*).ti,ab. | 6039 |
| 51 | Colistin/ | 3469 |
| 52 | (Colistin* or Colistimethate* or Colimycin* or Coly-Mycin* or Colymycin* or Colomycin* or Promixin*).ti,ab. | 4908 |
| 53 | Doxycycline/ | 9252 |
| 54 | (Doxycycline* or Efracea* or Periostat* or Vibramycin*).ti,ab. | 12356 |
| 55 | (Ertapenem* or Invanz*).ti,ab. | 1259 |
| 56 | Erythromycin/ | 14235 |
| 57 | Erythromycin Estolate/ | 154 |
| 58 | Erythromycin Ethylsuccinate/ | 522 |
| 59 | (Erythromycin* or Erymax* or Tiloryth* or Erythrocin* or Erythrolar* or Erythroped*).ti,ab. | 20584 |
| 60 | Fosfomycin/ | 1841 |
| 61 | (Fosfomycin* or Phosphomycin* or Fosfocina* or Monuril* or Monurol* or Fomicyt*).ti,ab. | 2633 |
| 62 | Floxacillin/ | 739 |
| 63 | (Floxacillin* or Flucloxacillin*).ti,ab. | 841 |
| 64 | Gentamicins/ | 18587 |
| 65 | (Gentamicin* or Gentamycin* or Cidomycin*).ti,ab. | 25966 |
| 66 | Imipenem/ | 4016 |
| 67 | (Imipenem* or Primaxin*).ti,ab. | 9717 |
| 68 | Levofloxacin/ | 2966 |
| 69 | (Levofloxacin* or Evoxil* or Tavanic*).ti,ab. | 6630 |
| 70 | Linezolid/ | 2602 |

| # | Searches | Results |
|-----|---|---------|
| 71 | (Linezolid* or Zyvox*).ti,ab. | 4917 |
| 72 | Meropenem*.ti,ab. | 5209 |
| 73 | (Moxifloxacin* or Avelox*).ti,ab. | 4053 |
| 74 | Ofloxacin/ | 6226 |
| 75 | (Ofloxacin* or Tarivid*).ti,ab. | 6848 |
| 76 | Piperacillin/ | 2715 |
| 77 | (Piperacillin* or Tazobactam* or Tazocin*).ti,ab. | 6833 |
| 78 | Rifampin/ | 17369 |
| 79 | (Rifampicin* or Rifampin* or Rifadin* or Rimactane*).ti,ab. | 22712 |
| 80 | Teicoplanin/ | 2235 |
| 81 | (Teicoplanin* or Targocid*).ti,ab. | 3469 |
| 82 | (Telavancin* or Vibativ*).ti,ab. | 370 |
| 83 | (Temocillin* or Negaban*).ti,ab. | 303 |
| 84 | (Tigecycline* or Tygacil*).ti,ab. | 2573 |
| 85 | Vancomycin/ | 12914 |
| 86 | (Vancomycin* or Vancomycin* or Vancocin*).ti,ab. | 24437 |
| 87 | or/14-86 | 276890 |
| 88 | exp Aminoglycosides/ | 154192 |
| 89 | Aminoglycoside*.ti,ab. | 18192 |
| 90 | exp Penicillins/ | 81362 |
| 91 | Penicillin*.ti,ab. | 54176 |
| 92 | exp beta-Lactamase inhibitors/ | 7529 |
| 93 | ((("beta Lactamase*" or betaLactamase*) adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*).ti,ab. | 2902 |
| 94 | beta-Lactams/ | 6143 |
| 95 | ("beta-Lactam" or betaLactam or "beta Lactam " or "beta-Lactams" or betaLactams or "beta Lactams").ti,ab. | 19835 |
| 96 | exp Carbapenems/ | 9633 |
| 97 | Carbapenem*.ti,ab. | 10954 |
| 98 | exp Cephalosporins/ | 42275 |
| 99 | Cephalosporin*.ti,ab. | 21185 |
| 100 | exp Fluoroquinolones/ | 31377 |
| 101 | Fluoroquinolone*.ti,ab. | 14757 |
| 102 | exp Macrolides/ | 105899 |
| 103 | Macrolide*.ti,ab. | 14633 |
| 104 | exp Polymyxins/ | 8642 |
| 105 | Polymyxin*.ti,ab. | 6754 |
| 106 | exp Quinolones/ | 45049 |

| # | Searches | Results |
|-----|--|---------|
| 107 | Quinolone*.ti,ab. | 13128 |
| 108 | exp Tetracyclines/ | 47463 |
| 109 | Tetracycline*.ti,ab. | 34151 |
| 110 | or/88-109 | 498371 |
| 111 | Bronchodilator Agents/ | 19050 |
| 112 | (Bronchodilator* or broncholytic* or bronchial dilat* or bronchodilating* or bronchodilatant*).ti,ab. | 14068 |
| 113 | analgesics/ | 46504 |
| 114 | exp analgesics, non-narcotic/ | 322909 |
| 115 | analgesics, short-acting/ | 8 |
| 116 | antipyretics/ | 2593 |
| 117 | (analgesic* or antipyretic*).ti,ab. | 77596 |
| 118 | Acetaminophen/ | 17295 |
| 119 | (paracetamol* or acetaminophen* or Panadol* or perfalgan* or calpol*).ti,ab. | 22825 |
| 120 | Cholinergic antagonists/ | 4939 |
| 121 | (Anticholinergic* or "Anti-cholinergic*" or "Anti cholinergic*" or Antimuscarinic* or Anti muscarinic* or Anti-muscarinic*).ti,ab. | 14960 |
| 122 | ((("adrenergic beta" or "beta adrenergic" or beta2 or "beta 2") adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab. | 23091 |
| 123 | Adrenergic beta-2 Receptor Agonists/ | 2590 |
| 124 | ((("adrenergic beta" or "beta adrenergic" or beta2 or "beta 2") adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab. | 23091 |
| 125 | Albuterol/ | 9865 |
| 126 | (Salbutamol* or Albuterol* or Salbulin* or Ventolin* or Salamol*).ti,ab. | 9742 |
| 127 | exp Codeine/ | 6627 |
| 128 | (Codeine* or Pholcodine* or Covonia* or Galenphol* or Pavacol* or Galcodine*).ti,ab. | 4860 |
| 129 | Adrenal Cortex Hormones/ | 63336 |
| 130 | (Corticosteroid* or corticoid* or Adrenal Cortex Hormone*).ti,ab. | 102479 |
| 131 | Nonprescription Drugs/ | 5879 |
| 132 | (non prescription* or nonprescription* or otc or "over the counter*" or "over-the-counter*").ti,ab. | 12260 |
| 133 | Antitussive Agents/ | 2843 |
| 134 | Antitussive*.ti,ab. | 1887 |
| 135 | (cough* adj3 (suppressant* or mixture* or syrup* or medicine* or medicinal* or remedy* or remedies* or product or products)).ti,ab. | 915 |
| 136 | exp Histamine Antagonists/ | 63384 |
| 137 | Antazoline/ | 212 |
| 138 | Brompheniramine/ | 351 |

| # | Searches | Results |
|-----|--|---------|
| 139 | Chlorpheniramine/ | 1989 |
| 140 | Cinnarizine/ | 807 |
| 141 | Cyproheptadine/ | 2322 |
| 142 | Diphenhydramine/ | 4028 |
| 143 | Doxylamine/ | 384 |
| 144 | Ergotamine/ | 2436 |
| 145 | Hydroxyzine/ | 1452 |
| 146 | Ketotifen/ | 1176 |
| 147 | Pizotyline/ | 283 |
| 148 | Promethazine/ | 3131 |
| 149 | Trimeprazine/ | 327 |
| 150 | Tripolidine/ | 309 |
| 151 | (histamin* adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab. | 9267 |
| 152 | (antihistamin* or anti-histamin* or Alimemazine* or Trimeprazine* or Antazoline* or Brompheniramine* or Chlorpheniramine* or Chlorphenamine* or Cinnarizine* or Stugeron* or Cyproheptadine* or Periactin* or Diphenhydramine* or Doxylamine* or Ergotamine* or Migril* or Hydroxyzine* or Atarax* or Ketotifen* or Zaditen* or Promethazine* or Phenergan* or Sominex* or Pizotifen* or Pizotyline* or Tripolidine* or Acrivastine*).ti,ab. | 28608 |
| 153 | Demulcents/ | 4 |
| 154 | (demulcent* or mucoprotective* or muco protective* or Linctus*).ti,ab. | 227 |
| 155 | Glycerol/ | 25289 |
| 156 | (Glycerol* or Glycerine*).ti,ab. | 48601 |
| 157 | Menthol/ | 1801 |
| 158 | menthol*.ti,ab. | 2459 |
| 159 | exp Prednisolone/ | 51035 |
| 160 | (Prednisolone* or Fluprednisolone* or Methylprednisolone* or Deltacortril* or Dilacort* or Pevanti* or Deltastab* or Predsol*).ti,ab. | 38299 |
| 161 | exp Anti-Inflammatory Agents, Non-Steroidal/ | 193479 |
| 162 | nsaid*.ti,ab. | 23350 |
| 163 | ((nonsteroid* or non steroid*) adj3 (anti inflammator* or antiinflammator*)).ti,ab. | 37267 |
| 164 | Ibuprofen/ | 8354 |
| 165 | (ibuprofen* or arthrofen* or ebufac* or rimafen* or brufen* or calprofen* or feverfen* or nurofen* or orbifen*).ti,ab. | 12316 |
| 166 | Dextromethorphan/ | 1809 |
| 167 | Dextromethorphan*.ti,ab. | 2510 |
| 168 | Leukotriene Antagonists/ | 3063 |
| 169 | (leukotriene* adj3 (antagonist* or agonist* or agent* or inhibitor* or blocker*)).ti,ab. | 3803 |

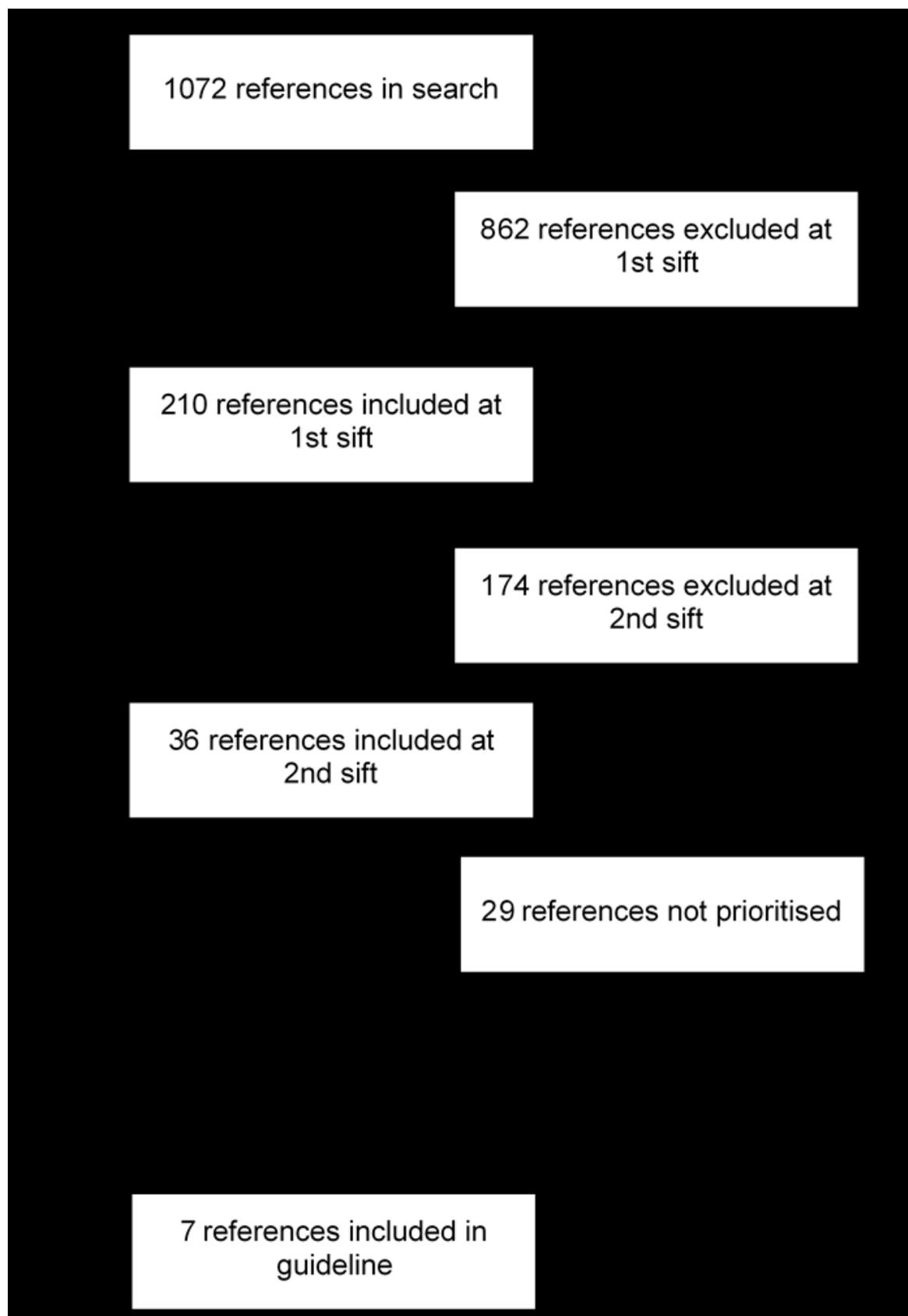
| # | Searches | Results |
|-----|---|---------|
| 170 | Montelukast*.ti,ab. | 1981 |
| 171 | (Zafirlukast* or Accolate*).ti,ab. | 419 |
| 172 | exp Expectorants/ | 16613 |
| 173 | exp Guaifenesin/ | 778 |
| 174 | Ipecac/ | 639 |
| 175 | (expectorant* or mucolytic* or guaifenesin* or ipecac* or ipecacuanha*).ti,ab. | 3104 |
| 176 | Mannitol/ | 12727 |
| 177 | (Mannitol* or Osmohale* or Bronchitol*).ti,ab. | 17701 |
| 178 | (Dornase alfa* or Dornase alpha* or Pulmozyme*).ti,ab. | 241 |
| 179 | or/111-178 | 850888 |
| 180 | Honey/ | 3401 |
| 181 | Apitherapy/ | 115 |
| 182 | (honey* or lemon*).ti,ab. | 22625 |
| 183 | or/180-182 | 22957 |
| 184 | Drugs, Chinese Herbal/ | 37486 |
| 185 | Plants, Medicinal/ | 58550 |
| 186 | exp Geraniaceae/ | 607 |
| 187 | Echinacea/ | 740 |
| 188 | Fallopia Japonica/ | 182 |
| 189 | Thymus Plant/ | 1222 |
| 190 | Eucalyptus/ | 2153 |
| 191 | Forsythia/ | 161 |
| 192 | exp Glycyrrhiza/ | 2541 |
| 193 | Andrographis/ | 392 |
| 194 | (herb* or Geraniaceae* or Pelargonium* or Geranium* or Kaloba* or Echinacea* or Coneflower* or Japonica* or Knotweed* or Thyme* or Thymus* or Eucalyptus* or Forsythia* or Forsythiae* or Goldenbell* or Lian Qiao* or Glycyrrhiza* or Licorice* or Liquorice* or Andrographis*).ti,ab. | 164328 |
| 195 | ((medicine* or medical* or medicinal* or product or products or remedies* or remedy*) adj3 (plant* or plants or root or roots or flower or flowers or bark or barks or seed or seeds or shrub or shrubs or botanic*)).ti,ab. | 22887 |
| 196 | or/184-195 | 250887 |
| 197 | Fluid therapy/ | 19152 |
| 198 | Drinking/ | 14161 |
| 199 | Drinking Behavior/ | 6832 |
| 200 | exp Beverages/ | 124615 |
| 201 | ((water* or fluid* or liquid* or beverage* or drinks) adj3 (consumption* or consume* or consuming* or intake* or drink* or hydrat* or rehydrat* or therap*)).ti,ab. | 94064 |

| # | Searches | Results |
|-----|--|---------|
| 202 | or/197-201 | 233113 |
| 203 | watchful waiting/ | 2814 |
| 204 | "no intervention".ti,ab. | 6973 |
| 205 | (watchful* adj2 wait*).ti,ab. | 2322 |
| 206 | (wait adj2 see).ti,ab. | 1355 |
| 207 | (active* adj2 surveillance*).ti,ab. | 6524 |
| 208 | (expectant* adj2 manage*).ti,ab. | 3052 |
| 209 | or/203-208 | 21524 |
| 210 | Self Care/ | 31625 |
| 211 | Self medication/ | 4619 |
| 212 | ((self or selves or themsel*) adj4 (care or manag*)).ti,ab. | 37183 |
| 213 | or/210-212 | 59647 |
| 214 | Inappropriate prescribing/ | 2123 |
| 215 | ((delay* or defer*) adj3 (treat* or therap* or interven*)).ti,ab. | 29081 |
| 216 | ((prescription* or prescrib*) adj3 ("red flag" or strateg* or appropriat* or inappropriat* or unnecessary or defer* or delay* or no or non or behaviour* or behavior* or optimal or optimi* or reduc* or decreas* or declin* or rate* or improv* or back-up* or backup* or immediate* or rapid* or short* or long* or standby or "stand by" or rescue or escalat* or "de-escalat*" or misuse* or "mis-use*" or overuse* or "over-use*" or "over-prescri*" or abuse*)).ti,ab. | 24634 |
| 217 | ((bacter* or antibacter* or anti-bacter* or "anti bacter*" or antimicrobial or anti-microbial or "anti microbial" or antibiot* or anti-biot* or "anti biot*") adj3 ("red flag" or strateg* or appropriat* or inappropriat* or unnecessary or defer* or delay* or no or non or behaviour* or behavior* or optimal or optimi* or reduc* or decreas* or declin* or rate* or improv* or back-up* or backup* or immediate* or rapid* or short* or long* or standby or "stand by" or rescue or escalat* or "de-escalat*" or misuse* or "mis-use*" or overuse* or "over-use*" or "over-prescri*" or abuse*)).ti,ab. | 103540 |
| 218 | or/214-217 | 154879 |
| 219 | 13 or 87 or 110 or 179 or 183 or 196 or 202 or 209 or 213 or 218 | 2647827 |
| 220 | 10 and 219 | 1003 |
| 221 | Meta-Analysis.pt. | 92162 |
| 222 | Network Meta-Analysis/ | 224 |
| 223 | Meta-Analysis as Topic/ | 17171 |
| 224 | Review.pt. | 2446279 |
| 225 | exp Review Literature as Topic/ | 10205 |
| 226 | (metaanaly* or metanaly* or (meta adj3 analy*)).ti,ab. | 131172 |
| 227 | (review* or overview*).ti. | 435849 |
| 228 | (systematic* adj5 (review* or overview*)).ti,ab. | 131188 |
| 229 | ((quantitative* or qualitative*) adj5 (review* or overview*)).ti,ab. | 8476 |
| 230 | ((studies or trial*) adj2 (review* or overview*)).ti,ab. | 40733 |

| # | Searches | Results |
|-----|---|---------|
| 231 | (integrat* adj3 (research or review* or literature)).ti,ab. | 9924 |
| 232 | (pool* adj2 (analy* or data)).ti,ab. | 25784 |
| 233 | (handsearch* or (hand adj3 search*)).ti,ab. | 8424 |
| 234 | (manual* adj3 search*).ti,ab. | 5301 |
| 235 | or/221-234 | 2728598 |
| 236 | 220 and 235 | 336 |
| 237 | 87 or 110 or 179 or 183 or 196 or 202 or 209 or 213 or 218 | 2088629 |
| 238 | 10 and 237 | 785 |
| 239 | Randomized Controlled Trial.pt. | 497753 |
| 240 | Controlled Clinical Trial.pt. | 99278 |
| 241 | Clinical Trial.pt. | 548201 |
| 242 | exp Clinical Trials as Topic/ | 332580 |
| 243 | Placebos/ | 36441 |
| 244 | Random Allocation/ | 99753 |
| 245 | Double-Blind Method/ | 157698 |
| 246 | Single-Blind Method/ | 26614 |
| 247 | Cross-Over Studies/ | 45096 |
| 248 | ((random* or control* or clinical*) adj3 (trial* or stud*)).ti,ab. | 1116456 |
| 249 | (random* adj3 allocat*).ti,ab. | 31870 |
| 250 | placebo*.ti,ab. | 209384 |
| 251 | ((singl* or doubl* or trebl* or tripl*) adj (blind* or mask*)).ti,ab. | 167969 |
| 252 | (crossover* or (cross adj over*)).ti,ab. | 82402 |
| 253 | or/239-252 | 1897334 |
| 254 | 238 and 253 | 223 |
| 255 | 254 not 236 | 119 |
| 256 | Observational Studies as Topic/ | 2837 |
| 257 | Observational Study/ | 46904 |
| 258 | Epidemiologic Studies/ | 7986 |
| 259 | exp Case-Control Studies/ | 950199 |
| 260 | exp Cohort Studies/ | 1826884 |
| 261 | Cross-Sectional Studies/ | 269973 |
| 262 | Controlled Before-After Studies/ | 297 |
| 263 | Historically Controlled Study/ | 149 |
| 264 | Interrupted Time Series Analysis/ | 376 |
| 265 | Comparative Study.pt. | 1909472 |
| 266 | case control*.ti,ab. | 115049 |
| 267 | case series.ti,ab. | 59627 |

| # | Searches | Results |
|-----|---|---------|
| 268 | (cohort adj (study or studies)).ti,ab. | 156820 |
| 269 | cohort analy*.ti,ab. | 6287 |
| 270 | (follow up adj (study or studies)).ti,ab. | 47177 |
| 271 | (observational adj (study or studies)).ti,ab. | 81749 |
| 272 | longitudinal.ti,ab. | 210768 |
| 273 | prospective.ti,ab. | 509379 |
| 274 | retrospective.ti,ab. | 431941 |
| 275 | cross sectional.ti,ab. | 279020 |
| 276 | or/256-275 | 4337949 |
| 277 | 238 and 276 | 261 |
| 278 | 277 not (236 or 255) | 191 |
| 279 | 238 not (236 or 255 or 278) | 206 |

1 8 Study flow diagram



1 **9 Included studies**

2 **9.1 References**

3 Wilkinson Mark, Sugumar Karnam, Milan Stephen J, Hart Anna, Crockett Alan, and
4 Crossingham Iain (2014) Mucolytics for bronchiectasis. The Cochrane database of
5 systematic reviews (5), CD001289

6 **Comments:**

7 Risk of bias assessment using the [CASP Tool](#)

| Study reference | Wilkinson et al. 2014 |
|---|-----------------------|
| Did the review address a clearly focused question? | Yes |
| Did the authors look for the right type of papers? | Yes |
| Do you think all the important, relevant studies were included? | Yes |
| Did the review's authors do enough to assess the quality of the included studies? | Yes |
| If the results of the review have been combined, was it reasonable to do so? | Yes |
| What are the overall results of the review? | See GRADE profiles |
| How precise are the results? | See GRADE profiles |
| Can the results be applied to the local population? | Yes |
| Were all important outcomes considered? | Yes |
| Are the benefits worth the harms and costs? | See GRADE profiles |

8

9 Hart Anna, Sugumar Karnam, Milan Stephen J, Fowler Stephen J, and Crossingham
10 Iain (2014) Inhaled hyperosmolar agents for bronchiectasis. The Cochrane database
11 of systematic reviews (5), CD002996

12 **Comments:**

1 Risk of bias assessment using the [CASP Tool](#)

| Study reference | Hart et al. 2014 |
|---|--------------------|
| Did the review address a clearly focused question? | Yes |
| Did the authors look for the right type of papers? | Yes |
| Do you think all the important, relevant studies were included? | Yes |
| Did the review's authors do enough to assess the quality of the included studies? | Yes |
| If the results of the review have been combined, was it reasonable to do so? | Yes |
| What are the overall results of the review? | See GRADE profiles |
| How precise are the results? | See GRADE profiles |
| Can the results be applied to the local population? | Yes |
| Were all important outcomes considered? | Yes |
| Are the benefits worth the harms and costs? | See GRADE profiles |

- 2 Goyal Vikas, and Chang Anne B (2014) Combination inhaled corticosteroids and
3 long-acting beta2-agonists for children and adults with bronchiectasis. The Cochrane
4 database of systematic reviews (6), CD010327

5 **Comments:**6 Risk of bias assessment using the [CASP Tool](#)

| Study reference | Goyal et al. 2014 |
|---|--------------------|
| Did the review address a clearly focused question? | Yes |
| Did the authors look for the right type of papers? | Yes |
| Do you think all the important, relevant studies were included? | Yes |
| Did the review's authors do enough to assess the quality of the included studies? | Yes |
| If the results of the review have been combined, was it reasonable to do so? | Yes |
| What are the overall results of the review? | See GRADE profiles |
| How precise are the results? | See GRADE profiles |
| Can the results be applied to the local population? | Yes |
| Were all important outcomes considered? | Yes |
| Are the benefits worth the harms and costs? | See GRADE profiles |

- 7 Kapur Nitin, Bell Scott, Kolbe John, and Chang Anne B (2009) Inhaled steroids for
8 bronchiectasis. The Cochrane database of systematic reviews (1), CD000996

1 **Comments:**2 Risk of bias assessment using the [CASP Tool](#)

| Study reference | Kapur et al. 2009 |
|---|--------------------|
| Did the review address a clearly focused question? | Yes |
| Did the authors look for the right type of papers? | Yes |
| Do you think all the important, relevant studies were included? | Yes |
| Did the review's authors do enough to assess the quality of the included studies? | Yes |
| If the results of the review have been combined, was it reasonable to do so? | Yes |
| What are the overall results of the review? | See GRADE profiles |
| How precise are the results? | See GRADE profiles |
| Can the results be applied to the local population? | Yes |
| Were all important outcomes considered? | Yes |
| Are the benefits worth the harms and costs? | See GRADE profiles |

3 Hnin Khin, Nguyen Chau, Carson Kristin V, Evans David J, Greenstone Michael, and
4 Smith Brian J (2015) Prolonged antibiotics for non-cystic fibrosis bronchiectasis in
5 children and adults. The Cochrane database of systematic reviews (8), CD001392

6 **Comments:**7 Risk of bias assessment using the [CASP Tool](#)

| Study reference | Hnin et al. 2015 |
|---|--------------------|
| Did the review address a clearly focused question? | Yes |
| Did the authors look for the right type of papers? | Yes |
| Do you think all the important, relevant studies were included? | Yes |
| Did the review's authors do enough to assess the quality of the included studies? | Yes |
| If the results of the review have been combined, was it reasonable to do so? | No |
| What are the overall results of the review? | See GRADE profiles |
| How precise are the results? | See GRADE profiles |
| Can the results be applied to the local population? | Yes |
| Were all important outcomes considered? | Yes |
| Are the benefits worth the harms and costs? | See GRADE profiles |

8 Barker Alan F, O'Donnell Anne E, Flume Patrick, Thompson Philip J, Ruzi Jonathan
9 D, de Gracia , Javier , Boersma Wim G, De Soyza , Anthony , Shao Lixin, Zhang
10 Jenny, Haas Laura, Lewis Sandra A, Leitzinger Sheila, Montgomery A Bruce,
11 McKevitt Matthew T, Gossage David, Quittner Alexandra L, and O'Riordan Thomas
Acute exacerbation of bronchiectasis (non-cystic fibrosis): antimicrobial prescribing guideline DRAFT
(July 2018)

- 1 G (2014) Aztreonam for inhalation solution in patients with non-cystic fibrosis
 2 bronchiectasis (AIR-BX1 and AIR-BX2): two randomised double-blind, placebo-
 3 controlled phase 3 trials. The Lancet. Respiratory medicine 2(9), 738-49

4 **Comments:**

- 5 Risk of bias assessment using the [CASP Tool](#)

| Study reference | Barker et al. 2014 |
|---|--------------------|
| Did the review address a clearly focused question? | Yes |
| Did the authors look for the right type of papers? | Yes |
| Do you think all the important, relevant studies were included? | Yes |
| Did the review's authors do enough to assess the quality of the included studies? | Yes |
| If the results of the review have been combined, was it reasonable to do so? | N/A |
| What are the overall results of the review? | See GRADE profiles |
| How precise are the results? | See GRADE profiles |
| Can the results be applied to the local population? | Yes |
| Were all important outcomes considered? | Yes |
| Are the benefits worth the harms and costs? | See GRADE profiles |

- 6 Bilton Diana, Henig Noreen, Morrissey Brian, and Gotfried Mark (2006) Addition of
 7 inhaled tobramycin to ciprofloxacin for acute exacerbations of Pseudomonas
 8 aeruginosa infection in adult bronchiectasis. Chest 130(5), 1503-10

9 **Comments:**

- 10 Risk of bias assessment using the [CASP Tool](#)

| Study reference | Bilton at al. 2006 |
|--|--------------------|
| Did the trial address a clearly focused issue? | Yes |
| Was the assignment of patients to treatments randomised? | Yes |
| Were patients, health workers and study personnel blinded? | Yes |
| Were the groups similar at the start of the trial? | Yes |
| Aside from the experimental intervention, were the groups treated equally? | Yes |
| Were all of the patients who entered the trial properly accounted for at its conclusion? | Yes |
| How large was the treatment effect? | See GRADE profiles |
| How precise was the estimate of the treatment effect? | See GRADE profiles |
| Can the results be applied in your context? (or to the local population) | Yes |
| Were all clinically important outcomes considered? | Yes |
| Are the benefits worth the harms and costs? | See GRADE profiles |

1 **10 Studies not prioritised**

| Study reference | Reason |
|---|---|
| Brodth Alessandra Monteiro, Stovold Elizabeth, and Zhang Linjie (2014) Inhaled antibiotics for stable non-cystic fibrosis bronchiectasis: a systematic review. The European respiratory journal 44(2), 382-93 | More recent systematic review has been prioritised |
| Fan Li-Chao, Lu Hai-Wen, Wei Ping, Ji Xiao-Bin, Liang Shuo, and Xu Jin-Fu (2015) Effects of long-term use of macrolides in patients with non-cystic fibrosis bronchiectasis: a meta-analysis of randomized controlled trials. BMC infectious diseases 15, 160 | More recent systematic review has been prioritised |
| Gao Yong-Hua, Guan Wei-Jie, Xu Gang, Tang Yan, Gao Yang, Lin Zhi-Ya, Lin Zhi-Min, Zhong Nan-Shan, and Chen Rong-Chang (2014) Macrolide therapy in adults and children with non-cystic fibrosis bronchiectasis: a systematic review and meta-analysis. PloS one 9(3), e90047 | More recent systematic review has been prioritised |
| Magis-Escurra Cecile, and Reijers Monique He (2015) Bronchiectasis. BMJ clinical evidence 2015, | Lower quality systematic review |
| Tarrant Benjamin J, Le Maitre , Caitlin , Romero Lorena, Steward Ranjana, Button Brenda M, Thompson Bruce R, and Holland Anne E (2017) Mucoactive agents for chronic, non-cystic fibrosis lung disease: A systematic review and meta-analysis. Respirology (Carlton, and Vic.) 22(6), 1084-1092 | Lower quality systematic review |
| Wu Qibiao, Shen Weixing, Cheng Haibo, and Zhou Xiqiao (2014) Long-term macrolides for non-cystic fibrosis bronchiectasis: a systematic review and meta-analysis. Respirology (Carlton, and Vic.) 19(3), 321-9 | More recent systematic review has been prioritised |
| Wurzel Danielle, Marchant Julie M, Yerkovich Stephanie T, Upham John W, Masters I Brent, and Chang Anne B (2011) Short courses of antibiotics for children and adults with bronchiectasis. The Cochrane database of systematic reviews (6), CD008695 | More recent systematic review has been prioritised |
| Xu L, Zhang F, Du S, Yu Q, Chen L, Long L H, Li Y M, and Jia A H (2016) Inhaled antibiotics in non-cystic fibrosis bronchiectasis: A meta-analysis. Pharmazie 71(9), 491-498 | Lower quality systematic review |
| Yang Jia-Wei, Fan Li-Chao, Lu Hai-Wen, Miao Xia-Yi, Mao Bei, and Xu Jin-Fu (2016) Efficacy and safety of long-term inhaled antibiotic for patients with noncystic fibrosis bronchiectasis: a meta-analysis. The clinical respiratory journal 10(6), 731-739 | Lower quality systematic review |
| Zhuo Guang-Ying, He Qing, Xiang-Lian Li, Ya-Nan Yin, and Si-Te Feng (2014) Prolonged treatment with macrolides in adult patients with non-cystic fibrosis bronchiectasis: meta-analysis of randomized controlled trials. Pulmonary pharmacology & therapeutics 29(1), 80-8 | More recent systematic review has been prioritised |
| Altenburg Josje, de Graaff , Casper S, Stienstra Ymkje, Sloos Jacobus H, van Haren , Eric H J, Koppers Ralph J. H, van der Werf , Tjip S, and Boersma Wim G (2013) Effect of azithromycin maintenance treatment on infectious exacerbations among patients with non-cystic fibrosis bronchiectasis: the BAT randomized controlled trial. JAMA 309(12), 1251-9 | RCT included in a systematic review that has been prioritised |

| Study reference | Reason |
|---|--|
| Antoniou S A, and Trofor A C (2011) Inhaled gentamicin in non-cystic fibrosis bronchiectasis: Effects of long-term therapy. <i>Expert Opinion on Pharmacotherapy</i> 12(7), 1191-1194 | RCT included in a systematic review that has been prioritised |
| Bilton Diana, Daviskas Evangelia, Anderson Sandra D, Kolbe John, King Gregory, Stirling Rob G, Thompson Bruce R, Milne David, Charlton Brett, and Investigators B (2013) Phase 3 randomized study of the efficacy and safety of inhaled dry powder mannitol for the symptomatic treatment of non-cystic fibrosis bronchiectasis. <i>Chest</i> 144(1), 215-25 | RCT included in a systematic review that has been prioritised |
| Bilton Diana, Tino Gregory, Barker Alan F, Chambers Daniel C, De Soyza , Anthony , Dupont Lieven J. A, O'Dochartaigh Conor, van Haren , Eric H J, Vidal Luis Otero, Welte Tobias, Fox Howard G, Wu Jian, Charlton Brett, and Investigators B Study (2014) Inhaled mannitol for non-cystic fibrosis bronchiectasis: a randomised, controlled trial. <i>Thorax</i> 69(12), 1073-9 | RCT included in a systematic review that has been prioritised |
| Chalmers James D, Smith Maeve P, McHugh Brian J, Doherty Cathy, Govan John R, and Hill Adam T (2012) Short- and long-term antibiotic treatment reduces airway and systemic inflammation in non-cystic fibrosis bronchiectasis. <i>American journal of respiratory and critical care medicine</i> 186(7), 657-65 | Systematic review has been prioritised |
| Hernando Rosana, Drobnic Maria Estrella, Cruz Maria Jesus, Ferrer Adelaida, Sune Pilar, Montoro J Bruno, and Orriols Ramon (2012) Budesonide efficacy and safety in patients with bronchiectasis not due to cystic fibrosis. <i>International journal of clinical pharmacy</i> 34(4), 644-50 | Systematic review has been prioritised |
| Kellett Fiona, and Robert Niven M (2011) Nebulised 7% hypertonic saline improves lung function and quality of life in bronchiectasis. <i>Respiratory medicine</i> 105(12), 1831-5 | RCT included in a systematic review that has been prioritised |
| Lourdesamy Anthony, Albert I, and Muthukumar Umadevi (2014) Efficacy of azithromycin in the treatment of bronchiectasis. <i>Respirology (Carlton, and Vic.)</i> 19(8), 1178-82 | Systematic review has been prioritised |
| Martinez-Garcia Miguel A, Perpina-Tordera Miguel, Roman-Sanchez Pilar, and Soler-Cataluna Juan Jose (2006) Inhaled steroids improve quality of life in patients with steady-state bronchiectasis. <i>Respiratory medicine</i> 100(9), 1623-32 | RCT included in a systematic review that has been prioritised |
| Martinez-Garcia Miguel Angel, Soler-Cataluna Juan J, Catalan-Serra Pablo, Roman-Sanchez Pilar, and Tordera Miguel Perpina (2012) Clinical efficacy and safety of budesonide-formoterol in non-cystic fibrosis bronchiectasis. <i>Chest</i> 141(2), 461-468 | RCT included in a systematic review that has been prioritised |
| Masekela R, Anderson R, Gongxeka H, Steel H C, Becker P J, and Green R J (2013) Lack of efficacy of an immunomodulatory macrolide in childhood HIV related bronchiectasis: A randomised, placebo-controlled trial. <i>Journal of Antivirals and Antiretrovirals</i> 5(2), 044-049 | Low relevance to current UK practice (children with HIV in South Africa) |
| Murray Mp, Govan Jr, Doherty Cj, Simpson Aj, Wilkinson Ts, Chalmers Jd, Greening Ap, Haslett C, and Hill At (2011) A randomized controlled trial of nebulized gentamicin in non-cystic fibrosis bronchiectasis. <i>American journal of respiratory and critical care medicine</i> 183(4), 491-499 | RCT included in a systematic review that has been prioritised |

| Study reference | Reason |
|---|--|
| Orriols Ramon, Hernando Rosana, Ferrer Adelaida, Terradas Sonia, and Montoro Bruno (2015) Eradication Therapy against <i>Pseudomonas aeruginosa</i> in Non-Cystic Fibrosis Bronchiectasis. Respiration, and international review of thoracic diseases 90(4), 299-305 | Systematic review has been prioritised |
| Rogers Geraint B, Bruce Kenneth D, Martin Megan L, Burr Lucy D, and Serisier David J (2014) The effect of long-term macrolide treatment on respiratory microbiota composition in non-cystic fibrosis bronchiectasis: an analysis from the randomised, double-blind, placebo-controlled BLESS trial. The Lancet. Respiratory medicine 2(12), 988-96 | Secondary analysis of a primary RCT that has been prioritised and no additional outcomes of interest |
| Serisier David J, Bilton Diana, De Soya , Anthony , Thompson Philip J, Kolbe John, Greville Hugh W, Cipolla David, Bruinenberg Paul, Gonda Igor, and investigators Orbit (2013) Inhaled, dual release liposomal ciprofloxacin in non-cystic fibrosis bronchiectasis (ORBIT-2): a randomised, double-blind, placebo-controlled trial. Thorax 68(9), 812-7 | RCT included in a systematic review that has been prioritised |
| Serisier David J, Martin Megan L, McGuckin Michael A, Lourie Rohan, Chen Alice C, Brain Barbara, Biga Sally, Schlebusch Sanmarie, Dash Peter, and Bowler Simon D (2013) Effect of long-term, low-dose erythromycin on pulmonary exacerbations among patients with non-cystic fibrosis bronchiectasis: the BLESS randomized controlled trial. JAMA 309(12), 1260-7 | RCT included in a systematic review that has been prioritised |
| Valery Patricia C, Morris Peter S, Byrnes Catherine A, Grimwood Keith, Torzillo Paul J, Bauert Paul A, Masters I Brent, Diaz Abbey, McCallum Gabrielle B, Mobberley Charmaine, Tjhung Irene, Hare Kim M, Ware Robert S, and Chang Anne B (2013) Long-term azithromycin for Indigenous children with non-cystic-fibrosis bronchiectasis or chronic suppurative lung disease (Bronchiectasis Intervention Study): a multicentre, double-blind, randomised controlled trial. The Lancet. Respiratory medicine 1(8), 610-20 | RCT included in a systematic review that has been prioritised |
| Wong Conroy, Jayaram Lata, Karalus Noel, Eaton Tam, Tong Cecilia, Hockey Hans, Milne David, Fergusson Wendy, Tuffery Christine, Sexton Paul, Storey Louanne, and Ashton Toni (2012) Azithromycin for prevention of exacerbations in non-cystic fibrosis bronchiectasis (EMBRACE): a randomised, double-blind, placebo-controlled trial. Lancet (London, and England) 380(9842), 660-7 | RCT included in a systematic review that has been prioritised |
| Yalcin E, Kiper N, Ozcelik U, Dogru D, Firat P, Sahin A, Ariyurek M, Mocan G, Gurcan N, and Gocmen A (2006) Effects of claritromycin on inflammatory parameters and clinical conditions in children with bronchiectasis. Journal of clinical pharmacy and therapeutics 31(1), 49-55 | RCT included in a systematic review that has been prioritised |

1 **11 Excluded studies**

| Study reference | Reason for exclusion |
|--|--|
| Abo-Leyah Hani, and Chalmers James D (2017) New therapies for the prevention and treatment of exacerbations of bronchiectasis. Current opinion in pulmonary medicine 23(3), 218-224 | Publication/ study type (not a relevant study) |
| Aksamit Timothy, Bandel Tiemo-Joerg, Criollo Margarita, De Soyza , Anthony , Elborn J Stuart, Operschall Elisabeth, Polverino Eva, Roth Katrin, Winthrop Kevin L, and Wilson Robert (2017) The RESPIRE trials: Two phase III, randomized, multicentre, placebo-controlled trials of Ciprofloxacin Dry Powder for Inhalation (Ciprofloxacin DPI) in non-cystic fibrosis bronchiectasis. Contemporary clinical trials 58, 78-85 | Publication/ study type (abstract only) |
| Aksamit Tr, Bandel T-J, Criollo M, Elborn J, Lau M, Operschall E, Polverino E, Montegriffo E, Soyza A, Winthrop KI, and Wilson R (2017) Respire 2: ciprofloxacin Dpi 32.5 Mg B.i.d. Administered 14 Days On/off Or 28 Days On/off Vs. Placebo for 48 weeks in patients with non-cystic fibrosis bronchiectasis (NCFB). American journal of respiratory and critical care medicine. Conference: american thoracic society international conference, and ATS 2017. United states 195(no pagination), | Publication/ study type (abstract only) |
| Albertson T E, Louie S, and Chan A L (2010) The diagnosis and treatment of elderly patients with acute exacerbation of chronic obstructive pulmonary disease and chronic bronchitis. Journal of the American Geriatrics Society 58(3), 570-579 | Not relevant population |
| Albertson Timothy E, Louie Samuel, and Chan Andrew L (2010) The diagnosis and treatment of elderly patients with acute exacerbation of chronic obstructive pulmonary disease and chronic bronchitis. Journal of the American Geriatrics Society 58(3), 570-9 | Not relevant population |
| Altenburg J, Graaff C, Werf T, and Boersma W (2011) Long term azithromycin treatment: a randomised placebo-controlled trial in non-CF bronchiectasis; results from the BAT trial. European respiratory journal 38(no pagination), | Publication/ study type (abstract only) |
| Altenburg J, Wortel K, van der Werf , T S, and Boersma W G (2015) Non-cystic fibrosis bronchiectasis: clinical presentation, diagnosis and treatment, illustrated by data from a Dutch Teaching Hospital. The Netherlands journal of medicine 73(4), 147-54 | Publication/ study type (not a relevant study) |
| Alves Galvão Márcia G, Rocha Crispino Santos Marilene Augusta, and Alves da Cunha Antonio JI (2016) Antibiotics for preventing suppurative complications from undifferentiated acute respiratory infections in children under five years of age. Cochrane Database of Systematic Reviews (2), | Not relevant population |
| Amorim A, Gamboa F, and Azevedo P (2013) New advances in the therapy of non-cystic fibrosis bronchiectasis. Revista portuguesa de pneumologia 19(6), 266-75 | No relevant outcomes |
| Andrews J, Sathe N A, Krishnaswami S, and Melissa L (2013) Nonpharmacologic airway clearance techniques in hospitalized patients: A systematic review. Respiratory Care 58(12), 2160-2186 | Not relevant intervention |

| Study reference | Reason for exclusion |
|--|---|
| Anonymous (2015) Corrections to Long-term azithromycin for Indigenous children with non-cystic-fibrosis bronchiectasis or chronic suppurative lung disease (Bronchiectasis Intervention Study): A multicentre, double-blind, randomised controlled trial [Lancet Respir Med 1, (2013) 610-620]. The Lancet Respiratory Medicine 3(8), e29 | Publication/study type (erratum only) |
| Antonela Antoniu, and Sabina (2012) Inhaled ciprofloxacin for chronic airways infections caused by <i>Pseudomonas aeruginosa</i> . Expert review of anti-infective therapy 10(12), 1439-46 | Publication/study type (not a relevant study) |
| Asintam P, Kiranantawat N, and Juthong S (2012) Can roxithromycin improve quality of life in bronchiectatic patients?. European respiratory journal 40, | Publication/study type (not a relevant study) |
| Barker A, O'Donnell A, Thompson Pj, Flume P, Ruzi J, Gracia J, Boersma W, Polverino E, Shao L, Zhang J, Leitzinger S, Haas L, McKeivitt M, Montgomery Ab, Quittner A, Gossage D, and O'Riordan T (2013) Two phase 3 placebo-controlled trials of aztreonam lysine for inhalation (AZLI) for non-cystic fibrosis bronchiectasis (NCFB). European respiratory journal 42, | Publication/study type (abstract only) |
| Bartziokas K, Papadopoulos A, and Kostikas K (2012) The never-ending challenge of chronic cough in adults: A review for the clinician. Pneumon 25(2), 164-175 | Publication/study type (not a relevant study) |
| Bedi P, Chalmers J, Sarvanamuthu P, Rossi A, and Hill A (2016) Atorvastatin as novel treatment in bronchiectasis patients colonized with <i>Pseudomonas aeruginosa</i> . European respiratory journal. Conference: european respiratory society annual congress 2016. United kingdom. Conference start: 20160903. Conference end: 20160907 48(no pagination), | Publication/study type (abstract only) |
| Bennoor Ks, Afreen Kf, Hossain Ma, Mahmud Am, and Hassan Mr (2012) Inhaled mannitol in patients with bronchiectasis: effect on lung function and health status. Respirology. 17, 49 | Publication/study type (abstract only) |
| Bilton D, Daviskas E, Jaques A, Anderson S, and Charlton B (2008) A randomised placebo-controlled trial of inhaled mannitol in patients with bronchiectasis. European respiratory society annual congress, berlin, germany, and october 4-8 , [P602] | Publication/study type (abstract only) |
| Bilton D, Loebinger M R, and Wilson R (2014) Non-cystic fibrosis bronchiectasis: An evidence-base for new therapies. The Lancet Respiratory Medicine 2(12), 958-960 | Publication/study type (not a relevant study) |
| Bilton D, Serisier Dj, Soyza At, Wolfe R, and Bruinenberg P (2011) Multicenter, randomized, double-blind, placebocontrolled study (ORBIT 1) to evaluate the efficacy, safety, and tolerability of once daily ciprofloxacin for inhalation in the management of <i>Pseudomonas aeruginosa</i> infections in patients with non-cystic fibrosis bronchiectasis. European respiratory journal 38(no pagination), | Publication/study type (abstract only) |

| Study reference | Reason for exclusion |
|---|--|
| Bilton D, Tino G, Barker A, Chambers D, Soyza A, and Dupont L (2013) Inhaled mannitol for non-cystic fibrosis bronchiectasis - results of a 12 month, multi-centre, double-blind, controlled study. European respiratory society annual congress, 2013 sept 7-11, barcelona, and spain 42(Suppl 57), 140s [P746] | Publication/ study type (abstract only) |
| Bilton Diana (2008) Update on non-cystic fibrosis bronchiectasis. Current opinion in pulmonary medicine 14(6), 595-9 | Publication/ study type (not relevant study) |
| Blasi Francesco, Page Clive, Rossolini Gian Maria, Pallecchi Lucia, Matera Maria Gabriella, Rogliani Paola, and Cazzola Mario (2016) The effect of N-acetylcysteine on biofilms: Implications for the treatment of respiratory tract infections. Respiratory medicine 117, 190-7 | Publication/ study type (not an RCT) |
| Boersma W, Altenburg J, and Werf T (2012) Evaluation of symptoms score and qol in azithromycin maintenance treatment: results of a rct trial in patients with bronchiectasis. American journal of respiratory and critical care medicine 185, | Publication/ study type (abstract only) |
| Boren Eric J, Teuber Suzanne S, and Gershwin M Eric (2008) A review of non-cystic fibrosis pediatric bronchiectasis. Clinical reviews in allergy & immunology 34(2), 260-73 | Publication/ study type (not a relevant study) |
| Bradley Judy, Lavery Katherine, Rendall Jackie, and Elborn J Stuart (2006) Managing bronchiectasis. The Practitioner 250(1681), 194-passim | Publication/ study type (not a relevant study) |
| Burr L, Rogers G, Taylor S, McGuckin M, and Serisier D (2015) Sub inhibitory erythromycin reduces the expression of key p. aeruginosa virulence determinants in non-CF bronchiectasis subjects. Respirology (carlton, and vic.) 20(Suppl 2), 29 [to 043] | Publication/ study type (abstract only) |
| Burr Lucy D, Rogers Geraint B, Chen Alice C. H, Hamilton Brett R, Pool Gertruida F, Taylor Steven L, Venter Deon, Bowler Simon D, Biga Sally, and McGuckin Michael A (2016) Macrolide Treatment Inhibits <i>Pseudomonas aeruginosa</i> Quorum Sensing in Non-Cystic Fibrosis Bronchiectasis. An Analysis from the Bronchiectasis and Low-Dose Erythromycin Study Trial. Annals of the American Thoracic Society 13(10), 1697-1703 | Publication/ study type |
| Byrnes C (2006) Non cystic fibrosis bronchiectasis. Paediatric Respiratory Reviews 7(SUPPL. 1), S255-S257 | Publication/ study type (not relevant study type) |
| Byrnes Cass (2006) Non cystic fibrosis bronchiectasis. Paediatric respiratory reviews 7 Suppl 1, S255-7 | Publication/ study type (not relevant study type) |
| Cartlidge Manjit K, and Hill Adam T (2017) Inhaled or nebulised ciprofloxacin for the maintenance treatment of bronchiectasis. Expert opinion on investigational drugs 26(9), 1091-1097 | No relevant outcomes |

| Study reference | Reason for exclusion |
|---|---|
| Chalmers James D, Aliberti Stefano, and Blasi Francesco (2015) Management of bronchiectasis in adults. The European respiratory journal 45(5), 1446-62 | Publication/ study type (not relevant study type) |
| Chalmers James D, and Sethi Sanjay (2017) Raising awareness of bronchiectasis in primary care: overview of diagnosis and management strategies in adults. NPJ primary care respiratory medicine 27(1), 18 | Publication/ study type (not relevant study type) |
| Chandra Ar, Jones As, and King Gg (2008) Effects of inhaled mannitol treatment on airway wall dimensions measured by HRCT in patients with bronchiectasis. American thoracic society international conference, may 16-21, 2008, and toronto , Poster #121 | Publication/ study type (abstract only) |
| Chang A B, Oppenheimer J J, Weinberger M, Rubin B K, and Irwin R S (2016) Children with chronic wet or productive cough--Treatment and investigations. Chest 149(1), 120-142 | Not relevant population |
| Chang A B, Peake J, and McElrea M S (2008) Anti-histamines for prolonged non-specific cough in children. The Cochrane database of systematic reviews (2), CD005604 | Not relevant population |
| Chang A B, Redding G J, and Everard M L (2008) Chronic wet cough: Protracted bronchitis, chronic suppurative lung disease and bronchiectasis. Pediatric pulmonology 43(6), 519-31 | Publication/ study type (not relevant study type) |
| Chang Anne B, Grimwood Keith, Maguire Graeme, King Paul T, Morris Peter S, and Torzillo Paul J (2008) Management of bronchiectasis and chronic suppurative lung disease in indigenous children and adults from rural and remote Australian communities. The Medical journal of Australia 189(7), 386-93 | No relevant outcomes |
| Chang Anne B, Marsh Robyn L, Smith-Vaughan Heidi C, and Hoffman Lucas R (2012) Emerging drugs for bronchiectasis. Expert opinion on emerging drugs 17(3), 361-78 | Publication/ study type (not relevant study type) |
| Chang Anne B, Oppenheimer John J, Weinberger Miles, Rubin Bruce K, and Irwin Richard S (2016) Children With Chronic Wet or Productive Cough--Treatment and Investigations: A Systematic Review. Chest 149(1), 120-42 | Not relevant population |
| Cramer Cassondra L, Patterson Allie, Alchakaki Abdulrazak, and Soubani Ayman O (2017) Immunomodulatory indications of azithromycin in respiratory disease: a concise review for the clinician. Postgraduate medicine 129(5), 493-499 | Publication/ study type (not relevant study type) |
| Crosbie P A. J, and Woodhead M A (2009) Long-term macrolide therapy in chronic inflammatory airway diseases. The European respiratory journal 33(1), 171-81 | Publication/ study type (not relevant study type) |
| Dal Negro, R W, Micheletto C, and Tognella S (2011) Use of aerosols in bronchiectasis patients. Monaldi archives for chest disease = Archivio Monaldi per le malattie del torace 75(3), 185-93 | Publication/ study type (not relevant study type) |
| Daviskas E, Bilton D, Jaques A, Anderson S, and Charlton B (2009) A randomised, placebo -controlled trial of inhaled mannitol in patients with bronchiectasis. Respirology (carlton, and vic.) 14(Suppl 1), A29 | Publication/ study type (abstract only) |

| Study reference | Reason for exclusion |
|--|---|
| Daviskas Evangelia, and Anderson Sandra D (2006) Hyperosmolar agents and clearance of mucus in the diseased airway. Journal of aerosol medicine : the official journal of the International Society for Aerosols in Medicine 19(1), 100-9 | No relevant outcomes |
| Daviskas Evangelia, and Rubin Bruce K (2013) Effect of inhaled dry powder mannitol on mucus and its clearance. Expert review of respiratory medicine 7(1), 65-75 | No relevant outcomes |
| Daviskas Evangelia, Anderson Sandra D, and Young Iven H (2010) Effect of mannitol and repetitive coughing on the sputum properties in bronchiectasis. Respiratory medicine 104(3), 371-7 | No relevant outcomes |
| Dimakou K, Liapikou A, Triantafilidou C, Chrysikos S, Kaponi M, Melachroinou M, Gousiou A, and Toumbis M (2017) Non cf bronchiectasis: the effect of inhaled antibiotics (tobramycin and colistin) in patients with <i>Pseudomonas aeruginosa</i> in sputum. American journal of respiratory and critical care medicine. Conference: american thoracic society international conference, and ATS 2017. United states 195(no pagination), | Publication/ study type (abstract only) |
| Dimakou K, Triantafillidou C, Tsikritsaki K, Gousiou A, Dervas A, and Toumbis M (2014) Non CF bronchiectasis: the effect of inhaled antibiotics (tobramycin and colistin) in patients with <i>Pseudomonas aeruginosa</i> . European respiratory journal 44, | Publication/ study type (abstract only) |
| Ding H, Wang J-G, Sun X-Y, and Xu L-J (2006) Responsibility to bronchodilator and glucocorticosteroid in patients with bronchiectasia and reversible airflow limitation. Journal of jilin university medicine edition 32(5), 872-875 | Publication/ study type (unable to source full paper) |
| Donovan T, Felix L M, Chalmers J D, Milan S J, Mathioudakis A G, and Spencer S (2017) Continuous versus intermittent antibiotics for non-cystic fibrosis bronchiectasis. Cochrane Database of Systematic Reviews 2017(7), 1-13 | Publication/ study type (not relevant study type) |
| Dryden Matthew (2017) Reactive oxygen therapy: a novel antimicrobial. International journal of antimicrobial agents , | Publication/ study type (not relevant study type) |
| ElMaraachli Wael, Conrad Douglas J, and Wang Angela C. C (2016) Using Cystic Fibrosis Therapies for Non-Cystic Fibrosis Bronchiectasis. Clinics in chest medicine 37(1), 139-46 | Publication/ study type (not relevant study type) |
| Evans D J, Bara A I, and Greenstone M (2007) Prolonged antibiotics for purulent bronchiectasis in children and adults. The Cochrane database of systematic reviews (2), CD001392 | Publication/ study type (updated version available) |
| Falagas Matthew E, Trigkidis Kyriakos K, and Vardakas Konstantinos Z (2015) Inhaled antibiotics beyond aminoglycosides, polymyxins and aztreonam: A systematic review. International journal of antimicrobial agents 45(3), 221-33 | Publication/ study type (not relevant study type) |
| Feldman Charles (2011) Bronchiectasis: new approaches to diagnosis and management. Clinics in chest medicine 32(3), 535-46 | Publication/ study type (not relevant study type) |

| Study reference | Reason for exclusion |
|---|---|
| Feldman Charles (2012) The use of antiinflammatory therapy and macrolides in bronchiectasis. Clinics in chest medicine 33(2), 371-80 | Publication/ study type (not relevant study type) |
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1 12 Terms used in this guideline

2 12.1 Acute exacerbation of bronchiectasis

3 An acute exacerbation of bronchiectasis is characterised by an acute deterioration of
4 normal symptoms and signs usually over several days. It presents with a worsening
5 cough (with increased sputum volume, viscosity, or purulence) with or without
6 increased wheeze, breathlessness or haemoptysis; and/or fever or pleurisy. The
7 presence of mucopurulent or purulent sputum alone without a deterioration in
8 symptoms is not necessarily an acute exacerbation ([NICE clinical knowledge
9 summary – bronchiectasis](#), [British Thoracic Society guideline on non-cystic fibrosis
10 bronchiectasis 2010](#)).