

Suspected cancer

## Suspected cancer: recognition and referral

*NICE Guideline*

*Full guideline*

*June 2015*

*Final version*

*Commissioned by the National Institute for  
Health and Care Excellence*



### **Disclaimer**

Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

### **Copyright**

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### **Funding**

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## **Update information**

For the current recommendations, see:

[www.nice.org.uk/guidance/NG12/chapter/recommendations](https://www.nice.org.uk/guidance/NG12/chapter/recommendations)

**January 2026:** We have removed an incorrect recommendation on blood tests for myeloma.

**May 2025:** We amended recommendations 1.2.1 and 1.2.7 to recommend a suspected cancer referral for people with symptoms indicating a 3% or more probability of having oesophageal or stomach cancer (rather than an urgent, direct access referral for an endoscopy). We have made these changes following stakeholder feedback. The tables of symptoms have also been updated to reflect these changes.

**April 2025:** We have amended the recommendations on blood tests for myeloma in response to a series of NHS England National cancer programme reviews looking at opportunities for earlier diagnosis, including for myeloma. The tables of symptoms and primary care investigation findings have also been updated to reflect these changes. Amended recommendations are marked **[2015, amended 2025]**.

**October 2023:** We updated the definition of suspected cancer pathway referral in line with [NHS England's standard on faster diagnosis of cancer](#).

**August 2023:** We updated the recommendations on criteria for faecal testing and referral for suspected colorectal cancer in line with [NICE's diagnostics guidance on quantitative faecal immunochemical testing to guide colorectal cancer pathway referral in primary care](#). The tables of symptoms and primary care investigation findings have been updated to reflect these changes. New and amended recommendations are marked **[2023]** or **[2015 amended 2023]**.

**December 2021:** We reviewed the evidence on fixed and age-adjusted thresholds for PSA testing and updated recommendation 1.6.3.

**January 2021:** We amended the recommendation on offering quantitative faecal immunochemical tests (recommendation 1.3.4) in the short version of the guideline to include the full list of criteria for faecal testing. Faecal testing should also be offered to people without rectal bleeding aged 50 or over with unexplained abdominal pain or weight loss, or to adults under 60 with changes in bowel habit or iron-deficiency anaemia. The tables of symptoms and findings in the short version have been updated to match these changes.

**September 2020:** Recommendation 1.3.4 in the short version of this guideline was amended

to clarify when to offer faecal testing for colorectal cancer to adults without rectal bleeding. The tables on abdominal and pelvic pain, change in bowel habit and primary care investigations were updated in line with this. The wording in some recommendations was edited to incorporate text previously in footnotes.

**July 2017:** The recommendation on page 138 (recommendation 1.3.4 in the short version of the guideline) was stood down (this has been greyed out) because it had been superseded by newly-published NICE diagnostics guidance. An earlier recommendation was amended to remove a link to the recommendation on page 138.

**June 2016:** Recommendations 1 and 2 in the section on lower gastrointestinal tract cancers 2 were changed to say 'adults' instead of 'people' to more accurately reflect the populations they cover.

### **Minor changes since publication**

**March 2024:** In recommendation 1.12.2 and the table on symptoms in children and young people, we changed absent red reflex to absent fundal ('red') reflex. See the surveillance report for more information.

**October 2021:** In recommendation 1.12.2 we added a cross-reference to [NICE's guideline on suspected neurological conditions](#) for advice for children who have new-onset squint with an absent red reflex. See the [surveillance report](#) for more information. We also added a link to [NICE's guideline on babies, children and young people's experience of healthcare](#) in the sections on childhood cancers and symptoms in children and young people.

# Contents

<b>Methodology</b>	9
<b>1 Introduction</b>	22
<b>2 Definitions</b>	26
<b>3 Research recommendations</b>	27
3.1 Age thresholds in cancer	27
3.2 Primary care testing	27
3.3 Cancers insufficiently researched in primary care	27
3.4 Patient experience	27
<b>4 Patient information and support</b>	29
4.1 Patient information	29
4.2 Support	31
<b>5 Safety netting</b>	32
<b>6 The diagnostic process</b>	35
<b>7 Lung and pleural cancers</b>	36
7.1 Lung cancer	36
7.2 Mesothelioma	48
<b>8 Upper gastro-intestinal tract cancers</b>	53
8.1 Oesophageal cancer	53
8.2 Pancreatic cancer	67
8.3 Stomach cancer	75
8.4 Small intestinal cancer	88
8.5 Gall bladder cancer	91
8.6 Liver cancer	93
<b>9 Lower gastrointestinal tract cancers</b>	102
9.1 Colorectal cancer	102
9.2 Anal cancer	143
<b>10 Breast cancer</b>	150
<b>11 Gynaecological cancers</b>	160
11.1 Ovarian cancer	160
11.2 Endometrial cancer	161
11.3 Cervical cancer	167
11.4 Vulval cancer	169
11.5 Vaginal cancer	171
<b>12 Urological cancers</b>	175
12.1 Prostate cancer	175
12.2 Bladder cancer	182
12.3 Renal cancer	193
12.4 Testicular cancer	206

Update 2015

5/21/2015  
Upd

Update 2015

12.5 Penile cancer .....	209
<b>13 Skin cancers .....</b>	<b>214</b>
13.1 Melanoma of the skin .....	214
13.2 Squamous cell carcinoma .....	223
13.3 Basal cell carcinoma .....	229
<b>14 Head and neck cancers.....</b>	<b>236</b>
14.1 Laryngeal cancer.....	236
14.2 Oral cancer.....	238
14.3 Thyroid cancer .....	242
<b>15 Brain and central nervous system cancers .....</b>	<b>245</b>
<b>16 Haematological cancers.....</b>	<b>255</b>
16.1 Leukaemia.....	255
16.2 Myeloma .....	260
16.3 Non-Hodgkin's lymphoma .....	272
16.4 Hodgkin's lymphoma .....	277
<b>17 Sarcomas .....</b>	<b>285</b>
17.1 Bone sarcoma .....	285
17.2 Soft tissue sarcoma.....	290
<b>18 Childhood cancers .....</b>	<b>296</b>
18.1 Cancers affecting children and young people .....	296
18.1.1 Brain and central nervous system .....	296
18.1.2 Leukaemia and lymphoma .....	296
18.1.3 Sarcoma .....	296
18.2 Neuroblastoma .....	296
18.3 Retinoblastoma .....	299
18.4 Wilms' tumour .....	301
18.5 Non-site specific symptoms in children.....	304
<b>19 Non-site-specific symptoms .....</b>	<b>316</b>
<b>20 Recommendations for specific symptoms and signs.....</b>	<b>354</b>

**Appendix A: The cost-effectiveness of diagnostic tests to diagnose colorectal cancer for patients aged 40 years and over with a change in bowel habit in primary care.**

**Appendix B: Abbreviations**

**Appendix C: Glossary**

**Appendix D: Guideline Scope**

**Appendix E: People and organisations involved in production of the guideline**

**Appendix F: Evidence Review**

**Appendix G: Search Strategies**

**Appendix H: Review Protocols**

**Appendix I: Excluded health economic papers**

**Appendix J: Text deleted from CG27**



This guidance updates and replaces NICE guideline CG27 (published June, 2005).

New and updated recommendations have been included on the recognition, management and referral of suspected cancer in children, young people and adults in primary care.

Recommendations have also been incorporated from the NICE guideline on ovarian cancer (published 2011).

Recommendations are marked to indicate the year of the last evidence review:

- **[2005] [2011]** if the evidence has not been reviewed since the original guideline.
- **[2015]** if the evidence has been reviewed but no change has been made to the recommendation.
- **[new 2015]** if the evidence has been reviewed and the recommendation has been updated or added.

Appendix J4 contains recommendations from the 2005 guideline that have been deleted from this 2015 update. Details of any replacement recommendations are also included.

# Methodology

## What is a clinical guideline?

Guidelines are recommendations for the care of individuals with specific clinical conditions or circumstances – from prevention and self-care through to primary and secondary care and onto more specialised services. NICE clinical guidelines are based on the best available evidence of clinical and cost effectiveness, and are produced to help healthcare professionals and patients make informed choices about appropriate healthcare. While guidelines assist the practice of healthcare professionals, they do not replace their knowledge and skills.

## Updating a NICE clinical guideline

Guidelines developed by NICE are published with the expectation that they will be reviewed and updated as is considered necessary. In February 2011 the National Collaborating Centre for Cancer (NCC-C) was asked by NICE to update CG27 in accordance with the NICE guideline development process outlined in the 2012 edition of the guidelines manual (NICE 2012).

This guideline updates and replaces CG27. Any sections of CG27 that have not been amended are integrated within this updated document. Recommendations are marked **[2005]**, **[2015]** or **[new 2015]** to indicate the year of the last evidence review:

- **[2005]** indicates that the evidence has not been updated and reviewed since 2005
- **[2015]** indicates that the evidence has been updated and reviewed but no changes to the 2005 recommendation has been made
- **[new 2015]** indicates that the evidence has been reviewed and a new recommendation has been made.

Where recommendations are shaded in grey and end **[2011]**, the recommendation has been incorporated from the NICE guideline on ovarian cancer (NICE guideline CG122).

All supporting text from updated and new topics presented in this guideline have been highlighted. Data on incidence and survival rates were sourced from Cancer Research UK, National Cancer Intelligence Network and ONS.

## Who is the guideline intended for?

This guideline does not include recommendations covering every detail of the recognition and management of children, young people and adults with suspected cancer. Instead this guideline has tried to focus on those areas of clinical practice (i) that are known to be controversial or uncertain; (ii) where there is identifiable practice variation; (iii) where there is a lack of high quality evidence; or (iv) where NICE guidelines are likely to have most impact. More detail on how this was achieved is presented later in the section on 'Developing clinical evidence based questions'.

This guideline is relevant to all primary healthcare professionals who come into contact with people suspected of having cancer, as well as to the people with suspected cancer themselves and their carers. It is also expected that the guideline will be of value to those involved in clinical governance in both primary and secondary care to help ensure that arrangements are in place to deliver appropriate care to this group of people.

## The remit of the guideline

### Involve ment of Stakeholders

Key to the development of all NICE guidelines are the relevant professional and patient/carer organisations that register as stakeholders. Details of this process can be found on the NICE website or in the 'NICE guidelines manual' (NICE 2012). In brief, their contribution involves commenting on the draft scope, submitting relevant evidence and commenting on the draft version of the guideline during the end consultation period. A full list of all stakeholder organisations who registered for the suspected cancer guideline can be found in Appendix E.

## The guideline development process – who develops the guideline?

### Overview

The development of this guideline was based upon methods outlined in the 'NICE guidelines manual' (NICE 2012). A team of health professionals, lay representatives and technical experts known as the Guideline Development Group (GDG) (Appendix E), with support from the NCC-C staff, undertook the development of this clinical guideline. The basic steps in the process of developing a guideline are listed and discussed below:

- using the remit, define the scope which sets the inclusion/exclusion criteria of the guideline
- forming the GDG
- developing clinical questions
- identifying the health economic priorities
- developing the review protocol
- systematically searching for the evidence
- critically appraising the evidence
- incorporating health economic evidence
- distilling and synthesising the evidence and writing recommendations
- agreeing the recommendations
- structuring and writing the guideline
- consultation and validation

### The scope

The scope was drafted by the GDG Chair and Lead Clinician and staff at the NCC-C in accordance with processes established by NICE (NICE 2012). The purpose of the scope was to:

- set the boundaries of the development work and provide a clear framework to enable work to stay within the priorities agreed by NICE and the NCC-C
- inform professionals and the public about the expected content of the guideline
- provide an overview of the population and healthcare settings the guideline would include and exclude
- specify the key clinical issues that will be covered by the guideline
- inform the development of the clinical questions and search strategies

Before the guideline development process started, the draft scope was presented and discussed at a stakeholder workshop. The list of key clinical issues were discussed and

revised before the formal consultation process. Further details of the discussion at the stakeholder workshop can be found on the NICE website ([www.nice.org.uk](http://www.nice.org.uk)).

The scope was subject to a four week stakeholder consultation in accordance with NICE processes. The full scope is shown in Appendix D. During the consultation period, the scope was posted on the NICE website. Comments were invited from registered stakeholder organisations and NICE staff. The NCC-C and NICE reviewed the scope in light of comments received, and the revised scope was reviewed and signed off by NICE and posted on the NICE website.

## The Guideline Development Group (GDG)

The suspected cancer GDG was recruited in line with the 'NICE guidelines manual' (NICE 2012). The first step was to appoint a Chair and a Lead Clinician. Advertisements were placed for both posts and shortlisted candidates were interviewed by telephone prior to being offered the role. The NCC-C Director, GDG Chair and Lead Clinician identified a list of specialties that needed to be represented on the GDG. Details of the adverts were sent to the main stakeholder organisations, cancer networks and patient organisations/charities (Appendix E). Individual GDG members were selected for telephone interview by the NCC-C Director, GDG Chair and Lead Clinician, based on their application forms. The guideline development process was supported by staff from the NCC-C, who undertook the clinical and health economics literature searches, reviewed and presented the evidence to the GDG, managed the process and contributed to drafting the guideline. At the start of the guideline development process all GDG members' interests were recorded on a standard declaration form that covered consultancies, fee-paid work, share-holdings, research funding (either in the form of programme or project grants or personal research awards), fellowships and support from the healthcare industry. At all subsequent GDG meetings, members declared new, arising conflicts of interest which were always recorded (see Appendix E).

### Guideline Development Group Meetings

Seventeen GDG meetings were held between 19-20 June 2012 and 3-4 February 2015. During each GDG meeting (held over either 1 or 2 days) clinical questions and clinical and economic evidence were reviewed, assessed and recommendations formulated. At each meeting patient/carer and service-user concerns were routinely discussed as part of a standing agenda item.

NCC-C project managers divided the GDG workload by allocating specific clinical questions, relevant to their area of clinical practice, to small sub-groups of the GDG in order to simplify and speed up the guideline development process. These groups considered the evidence, as reviewed by the researcher, and synthesised it into draft recommendations before the evidence and draft recommendations were presented to the GDG. These recommendations were then discussed and agreed by the GDG as a whole. Each clinical question was led by a GDG member with expert knowledge of the clinical area (usually one of the healthcare professionals). The GDG subgroups often helped refine the clinical questions and the clinical definitions of treatments. They also assisted the NCC-C team in drafting the section of the guideline relevant to their specific topic.

### Patient/Carer Representatives

Individuals with direct experience of suspected cancer services gave an important user focus to the GDG and the guideline development process. The GDG included three patient/carer members. They contributed as full GDG members to writing the clinical questions, helping to ensure that the evidence addressed their views and preferences, highlighting sensitive issues and terminology relevant to the guideline and bringing service-user research to the attention of the GDG.

## Expert Advisers

During the development of the guideline the GDG identified two areas (oral cancer and clinical decision support tools) where there was a requirement for expert input. Experts were identified by the NCC-C (Appendix E) and invited to advise the GDG in their consideration of these areas.

# Developing clinical evidence-based questions

## Background

Clinical guidelines should be aimed at changing clinical practice and should avoid ending up as 'evidence-based textbooks' or making recommendations on topics where there is already agreed clinical practice. Therefore the list of key clinical issues listed in the scope were developed in areas that were known to be controversial or uncertain, where there was identifiable practice variation, or where NICE guidelines were likely to have most impact.

The GDG considered the use of clinical decision support tools for the assessment of cancer risk early in the development process of this guideline. Based on input from expert advisors (Appendix E), it was clear that very little implementation or evaluation work had been published for these tools, no trials had been undertaken, and none were planned. It was also clear that there were cancer sites to be covered in this guideline that were not covered by these tools. In addition, the role of clinical decision support tools in the process of referral for suspected cancer was not explicit in the scope of this guideline. The GDG, in agreement with NICE, therefore, decided their use would not be covered in this guideline. However, data from research papers describing the development and validation of clinical decision support tools could be relevant to the GDG deliberations.

Given that it was not possible for this clinical guideline to cover all cancers, the GDG needed to decide which cancers this update would cover. For adult cancers, they agreed to cover the top 30 cancers according to incidence plus any additional cancers that had been covered by CG27 but did not appear in the top 30. For children's cancers, they agreed to cover those that had been covered by CG27.

## Method

From each of the key clinical issues identified in the scope, the GDG formulated a clinical question. For the clinical questions, the PICO framework was used. This structured approach divides each question into four components: P – the population (the population under study), I – the index test, or sign/symptom (what is being done; for the signs and symptoms questions, a patient presenting with a sign/symptom was considered to be test positive), C – the comparison (other main test options; in this case the reference standard), O – the outcomes (the measures of how effective the tests have been).

# Review of Clinical Literature

## Scoping search

An initial scoping search for published guidelines, systematic reviews, economic evaluations and ongoing research was carried out on the following databases or websites: NHS Evidence, Cochrane Databases of Systematic Reviews (CDSR), Health Technology Assessment Database (HTA), NHS Economic Evaluations Database (NHSEED), Health Economic Evaluations Database (HEED), Medline and Embase.

At the beginning of the development phase, initial scoping searches were carried out to identify any relevant guidelines (local, national or international) produced by other groups or institutions.

### Developing the review protocol

For each clinical question, the information specialist and researcher (with input from other technical team and GDG members) prepared a review protocol. This protocol explains how the review was to be carried out (Table 1) in order to develop a plan of how to review the evidence, limit the introduction of bias and for the purposes of reproducibility. All review protocols can be found in the evidence review.

**Table 1: Components of the review protocol**

Component	Description
Clinical question	The clinical question as agreed by the GDG
Rationale	Using the PICO (population, intervention, comparison and outcome) framework for questions about treatment, or other suitable framework for questions about diagnosis or prognosis. Including the study designs selected.
Criteria for considering studies for the review	Using the PICO (population, intervention, comparison and outcome) framework. Including the study designs selected.
How the information will be searched	The sources to be searched and any limits that will be applied to the search strategies; for example, publication date, study design, language. (Searches should not necessarily be restricted to RCTs.)
The review strategy	The method that will be used to review the evidence, outlining exceptions and subgroups. Indicate if meta-analysis will be used.

### Searching for the evidence

In order to answer each question the NCC-C information specialist developed a search strategy to identify relevant published evidence for both clinical and cost effectiveness. Key words and terms for the search were agreed in collaboration with the GDG. When required, the health economist searched for supplementary papers to inform detailed health economic work (see section on 'Incorporating Health Economic Evidence').

A specific filter was developed by the NCC-C to identify only primary care based studies, as people with symptoms in primary care were the population of relevance to this guideline. Prior to use, the accuracy of this filter was tested by using it to run searches for symptoms of colorectal cancer (a common cancer) and for symptoms of bladder cancer (a less common cancer). The results of these searches were then compared against the list of papers included in two published systematic reviews of symptoms of bladder and colorectal cancer in primary care. All of the papers in the systematic reviews, except one per review, were identified by the searches run with the primary care filter. The two papers that were not identified by the searches using the primary care filter were investigated further and it was established that they had not been found due to issues with the indexing of the paper. This information was presented to the GDG during a GDG meeting and they agreed that the primary care filter was accurate and appropriate for use.

No language restrictions were applied to the search.

The following databases were included in the literature search:

- The Cochrane Library
- Medline and Premedline 1946 onwards
- Excerpta Medica (Embase) 1974 onwards
- Web of Science (all databases 1899 onwards)

Subject specific databases used for certain topics:

- Cumulative Index to Nursing and Allied Health Literature (Cinahl) 1937 onwards
- Allied & Complementary Medicine (AMED) 1985 onwards
- Psychinfo 1806 onwards

From this list the information specialist sifted and removed any irrelevant material based on the title or abstract before passing to the researcher. All the remaining articles were then stored in a Reference Manager electronic library.

The evidence was searched by cancer site because symptoms may represent several different cancers; furthermore, symptoms are often not included in the title or abstract of research outputs, so relevant publications could have been lost from our searches if we had searched by symptom alone.

Searches were updated and re-run 8-10 weeks before the stakeholder consultation, thereby ensuring that the latest relevant published evidence was included in the database. Any evidence published after this date was not included. For the purposes of updating this guideline, August 2014 should be considered the starting point for searching for new evidence.

Further details of the search strategies, including the methodological filters used, are provided in the evidence review.

### **Critical Appraisal and Evidence Grading**

Following the literature search one researcher independently scanned the titles and abstracts of every article for each question, and full publications were obtained for any studies considered relevant or where there was insufficient information from the title and abstract to make a decision. When papers were obtained, the researcher applied inclusion/exclusion criteria to select appropriate studies, which were then critically appraised. For each question, data were extracted and recorded in evidence tables and an accompanying evidence summary prepared for the GDG (see evidence review). All evidence was considered carefully by the GDG for accuracy and completeness.

For non-interventional questions, for example the questions regarding diagnostic test accuracy, a narrative summary of the quality of the evidence was provided. The quality of individual diagnostic accuracy studies was assessed using the QUADAS-2 tool (Whiting et al., 2011). A modified version of this tool (including three extra items specifically aimed at diagnostic case-control studies) was used to assess the quality of the evidence for the questions about signs and symptoms of the individual cancers. The QUADAS-2 tool is not designed to provide an overall quality of the evidence, but was used to identify potentially important areas where there was a high risk of bias or high concerns about applicability of the evidence, which in turn, were used to inform the overall estimates of the evidence quality in the Linking Evidence to Recommendations (LETR) sections. The same reviewer rated the overall quality of the evidence for all the clinical questions with input from the GDG. The aim of these ratings was to be as consistent as possible, but without them being too specific when that was clearly not possible (for example by using "not high" when not able to clearly make an overall rating of moderate, low or very low). The specific issues with the evidence are detailed in the QUADAS-2 figures and "Risk of bias in the included studies" sections and in the evidence section. GRADE was not used for the overall evidence quality ratings because it was still under development for diagnostic studies at the start of this guideline.

Meta-analysis was undertaken when it was feasible to do so, i.e. when there were at least three studies with study populations and symptoms that were considered similar enough to combine. Case-control studies were never included in these meta-analyses due to the different nature of the data, compared to the studies employing consecutive patient series. A minimum of three studies were required to perform the meta-analysis due to the need for a

minimum number of data points relative to the number of parameters that were estimated during the analysis. In cases where sufficient data were available, secondary analyses were performed that excluded papers with particular quality or applicability concerns. Although we sought to perform meta-analyses for different age groups/genders, the data were never available for consistent age groups, or the two genders, in a sufficient number of studies for the same symptoms. This meant that the meta-analyses received less weight by the GDG than the individual studies that provided positive predictive values split by age and gender because age is such an important risk factor of cancer.

In addition to positive predictive values, the incidence of symptoms observed in cases and controls were sometimes reported in the results tables for case-control studies. This was because corresponding positive predictive values were not always available for these symptoms but the information was deemed to be potentially relevant to the GDG, especially in cancers where little other evidence was available. However, the GDG tended not to use this additional information when considering the evidence. Confidence intervals were included whenever possible for the reported positive predictive values. The GDG mainly used the point estimates to make decisions about the individual symptoms or symptom combinations, but where they did consider the confidence intervals (usually where the point estimate was above the pre-specified PPV threshold but based on a low number of patients and therefore subject to high levels of uncertainty) this has been explicitly documented in the LETR sections.

### **At what value should the risk threshold be?**

Previous guidance used a disparate range of percentage risks of cancer in their recommendations. Few corresponded with a PPV of lower than 5%. The GDG felt that, in order to improve diagnosis of cancer, a PPV threshold lower than 5% was preferable. Patient viewpoints were central to the decision about where the risk threshold should be. The GDG aspired to broaden recommendations to try and improve the timeliness and quality of cancer diagnosis. The lower the threshold could reasonably be set, the more patients with cancer would have expedited diagnoses, with accompanying improvements in mortality and morbidity.

Also germane to the selection of a risk threshold are the resource implications of change. At the time of setting the threshold figure, there were no strong quality health-economic reports which could help with the decision. Many reports could describe the costs involved in expanding cancer diagnostics. The benefits from expedited diagnosis were much less clear. It was, however, clear that broadening of recommendations would bring economic and clinical costs. The clinical costs include potential harms to the patient through the side effects of investigations performed and also through increased anxiety. The lower a threshold is set, the more likely people are to be exposed to these potential harms.

Taking all of this into account, the GDG agreed to use a threshold value of 3% PPV to underpin their recommendations. This value represented a considerable liberalisation of the estimated PPVs of previous recommendations, but the GDG agreed that this change would not overwhelm clinical services, nor greatly increase the possible harms to patients from over-investigation. This 3% PPV governed recommendations for suspected cancer pathway referrals. The GDG considered whether this PPV threshold should be varied in recognition of the fact that some cancers have a poorer prognosis than others. However, for many of the cancers with poorer prognosis, there is neither clinical evidence nor agreement in the wider clinical community that earlier detection would improve prognosis, nor evidence that there are highly effective treatments that could be employed to improve prognosis in individual cases. Given this the GDG agreed to keep the same PPV threshold for suspected cancer pathway referrals in all adult cancers.

The GDG also resolved to apply the same 3% PPV threshold to urgent direct access investigations in secondary care; such as brain scanning or endoscopy. The exception to this

was where it was clear that appropriate investigation using tests previously unavailable to primary care could replace specialist referral. The implied economic advantages of this allowed the GDG to make recommendations below the 3% level. The GDG discussed these on a case by case basis. In instances where patients would not normally be referred on an urgent cancer pathway but would be referred routinely for specialist opinion, the 3% PPV threshold does not apply. The same is true where a non-urgent direct-access test was considered to be more resource efficient.

Two exceptions to the 3% PPV threshold for urgent action were agreed. The first relates to children and young people. As children and young people have longer to live than adults, a successful cancer diagnosis leading to cure should yield more years of life gained. Thus it was agreed that the GDG should make recommendations for children and young people significantly below the 3% PPV threshold, although no explicit threshold value was set.

The second exception relates to tests routinely available in primary care, which can help to refine the underlying risk of cancer - this is the case whether the investigation is being carried out on an urgent basis or otherwise. These include blood tests such as PSA or imaging such as chest x-ray.

### **Symptoms present in multiple cancers but of low risk for each cancer site**

There are a number of generic symptoms (e.g. fatigue), that, whilst not predictive of a specific cancer, are nevertheless believed to be predictive of "cancer". These symptoms will typically be reported by a number of the studies included in the evidence, but will not have high enough positive predictive values for any individual cancer to meet the threshold for referral or investigation in primary care.

The GDG wanted to examine these symptoms to try to identify those that are predictive of cancer in general, rather than a specific cancer, and make recommendations accordingly.

A spreadsheet was constructed containing all the PPV evidence on the positive predictive values of signs and symptoms for the specific cancers. This spreadsheet was then used as follows:

- Symptoms for which referral recommendations were made for a specific cancer were filtered out of the spreadsheet. This was because these symptoms are predictive of a specific cancer.
- The individual symptoms and symptom combinations were then examined across all the cancer sites where there was evidence for patients across the whole 40-70 age range (this age range was specified in advance by the GDG due to being widely covered in the relevant literature). For each symptom/symptom combination, the highest positive predictive value for each cancer was identified and then added together to create a 'cumulative' positive predictive value. Positive predictive values can be added in this way with the only concern being multiple cancers in the same person. If these were common the 'cumulative' positive predictive values would be artificially high. However, multiple cancers in the same person at the same time are extremely rare so this issue was judged by the GDG to have negligible impact.

The GDG determined, in advance, that for those symptoms with a 'cumulative' positive predictive value of 2% or above, all the evidence for that symptom across all the cancer sites would be re-examined in detail. The GDG then debated whether recommendations should be made.

The GDG acknowledged that the 'cumulative' positive predictive values were considered by the GDG to be underestimates. This is due to the likelihood that some cancer site/symptom combinations might not have been reported in the searches, either because the research has not been done, or because the information related to the age range could not be extracted. The GDG therefore chose a threshold of 2% so that they could examine in more detail any

instances where the true cumulative PPV might exceed 3% if cancer site/symptom combinations that had not been reported in the literature searches had been available.

## Incorporating health economics evidence

The aim of providing economic input into the development of the guideline was to inform the GDG of potential economic issues relating to the recognition of suspected cancer in primary care. Health economics is about improving the health of the population through the efficient use of resources. In addition to assessing clinical effectiveness, it is important to investigate whether health services are being used in a cost effective manner in order to maximise health gain from available resources.

### Prioritising topics for economic analysis

After the clinical questions had been defined, and with the help of the health economist, the GDG discussed and agreed which of the clinical questions were potential priorities for economic analysis. These economic priorities were chosen on the basis of the following criteria, in broad accordance with the NICE guidelines manual (NICE 2012):

- the overall importance of the recommendation, which may be a function of the number of patients affected and the potential impact on costs and health outcomes per patient
- the current extent of uncertainty over cost effectiveness, and the likelihood that economic analysis will reduce this uncertainty
- the feasibility of building an economic model

A review of the economic literature was conducted at scoping. Where published economic evaluation studies were identified that addressed the economic issues for a clinical question, these are presented alongside the clinical evidence. For those clinical areas reviewed, the information specialists used a similar search strategy as used for the review of clinical evidence but with the inclusion of a health economics filter instead of the primary care filter.

For systematic searches of published economic evidence, the following databases were included:

- Medline
- Embase
- NHS Economic Evaluation Database (NHS EED)
- Health Technology Assessment (HTA)
- Health Economic Evaluations Database (HEED)

### Methods for reviewing and appraising economic evidence

The aim of reviewing and appraising the existing economic literature is to identify relevant economic evaluations that compare both costs and health consequences of alternative interventions and that are applicable to NHS practice. Thus studies that only report costs, non-comparative studies of 'cost of illness' studies are generally excluded from the reviews (NICE 2012).

Economic studies identified through a systematic search of the literature are appraised using a methodology checklist designed for economic evaluations (NICE 2012; Appendix A). This checklist is not intended to judge the quality of a study per se, but to determine whether an existing economic evaluation is useful to inform the decision-making of the GDG for a specific topic within the guideline. There are two parts of the appraisal process; the first step is to assess applicability (i.e. the relevance of the study to the specific guideline topic and the NICE reference case) (Table 2).

**Table 2: Applicability criteria**

Directly applicable	The study meets all applicability criteria, or fails to meet one or more applicability criteria but this is unlikely to change the conclusions about cost effectiveness
Partially applicable	The study fails to meet one or more applicability criteria, and this could change the conclusions about cost effectiveness
Not applicable	The study fails to meet one or more applicability criteria, and this is likely to change the conclusions about cost effectiveness. These studies are excluded from further consideration

In the second step, only those studies deemed directly or partially applicable are further assessed for limitations (i.e. the methodological quality, Table 3).

**Table 3: Methodological quality**

Minor limitations	Meets all quality criteria, or fails to meet one or more quality criteria but this is unlikely to change the conclusions about cost effectiveness
Potentially serious limitations	Fails to meet one or more quality criteria and this could change the conclusions about cost effectiveness
Very serious limitations	Fails to meet one or more quality criteria and this is highly likely to change the conclusions about cost effectiveness. Such studies should usually be excluded from further consideration

Where relevant, a summary of the main findings from the systematic search, review and appraisal of economic evidence is presented in an economic evidence profile alongside the clinical evidence.

If high-quality published economic evidence relevant to current NHS practice was identified through the search, the existing literature was reviewed and appraised as described above. However, it is often the case that published economic studies may not be directly relevant to the specific clinical question as defined in the guideline or may not be comprehensive or conclusive enough to inform UK practice. In such cases, for priority topics, consideration was given to undertaking a new economic analysis as part of this guideline.

### Economic modelling

Once the need for a new economic analysis for high priority topics had been agreed by the GDG, the health economist investigated the feasibility of developing an economic model. In the development of the analysis, the following general principles were adhered to:

- the GDG subgroup was consulted during the construction and interpretation of the analysis
- the analysis was based on the best available clinical evidence from the systematic review
- assumptions were reported fully and transparently
- uncertainty was explored through sensitivity analysis
- costs were calculated from a health services perspective
- outcomes were reported in terms of quality-adjusted life years

### Agreeing the recommendations

For each clinical question the GDG were presented with a summary of the clinical evidence, and, where appropriate, economic evidence, derived from the studies reviewed and appraised. From this information the GDG were able to derive the guideline recommendations. The link between the evidence and the view of the GDG in making each recommendation is made explicitly in the accompanying LETR statement (see below).

## Wording of the recommendations

The wording used in the recommendations in this guideline denotes the certainty with which the recommendations were made. Some recommendations were made with more certainty than others. Recommendations are based on the trade-off between the benefits and harms of an intervention, whilst taking into account the quality of the underpinning evidence.

For all recommendations, it is expected that a discussion will take place with the patients about the risks and benefits of the interventions, and their values and preferences. This discussion should help the patient reach a fully informed decision. Terms used within this guideline are:

- 'Offer' – for the vast majority of patients, an intervention will do more good than harm (based on high quality evidence)
- 'Consider' – the benefit is less certain, and an intervention will do more good than harm for most patients (based on poor quality evidence or no evidence). The choice of intervention, and whether or not to have the intervention at all, is more likely to depend on the patient's values and preferences than for an 'offer' recommendation, and so the healthcare professional should spend more time considering and discussing the options with the patient.

Any exceptions to the above are documented in the LETR statements that accompany the recommendations.

## LETR (Linking evidence to recommendations) statements

As clinical guidelines were previously formatted, there was limited scope for expressing how and why a GDG made a particular recommendation from the evidence of clinical and cost effectiveness. To make this process more transparent to the reader, NICE have introduced an explicit, easily understood and consistent way of expressing the reasons for making each recommendation. This is known as the 'LETR statement' and will usually cover the following key points:

- the relative value placed on the outcomes considered
- the strength of evidence about benefits and harms for the intervention being considered
- the costs and cost-effectiveness of an intervention
- the quality of the evidence
- the degree of consensus within the GDG
- other considerations – for example equalities issues

Where evidence was weak or lacking the GDG agreed the final recommendations through informal consensus.

## Consultation and validation of the guideline

The draft of the guideline was prepared by NCC-C staff in partnership with the GDG Chair and Lead Clinician. This was then discussed and agreed with the GDG and subsequently forwarded to NICE for consultation with stakeholders.

Registered stakeholders (Appendix E) had one opportunity to comment on the draft guideline which was posted on the NICE website between 20 November 2014 and 9 January 2015 in line with NICE methodology (NICE 2012).

### **The pre-publication process**

An embargoed pre-publication version of the guideline was released to registered stakeholders to allow them to see how their comments have contributed to the development of the guideline and to give them time to prepare for publication (NICE 2012).

The final document was then submitted to NICE for publication on their website. The other versions of the guideline (see below) were also discussed and approved by the GDG and published at the same time.

### **Other versions of the guideline**

This full version of the guideline is available to download free of charge from the NICE website ([www.nice.org.uk](http://www.nice.org.uk)) and the NCC-C website ([www.wales.nhs.uk/nccc/](http://www.wales.nhs.uk/nccc/))

NICE also produces three other versions of the suspected cancer guideline which are available from the NICE website:

- the NICE guideline, which is a shorter version of this guideline, containing the key research recommendations and all other recommendations
- NICE pathways, which is an online tool for health and social care professionals that brings together all related NICE guidance and associated products in a set of interactive topic-based diagrams.
- 'Information for the Public (IFP)', which summarises the recommendations in the guideline in everyday language for patients, their family and carers, and the wider public.

### **Updating the guideline**

Literature searches were repeated for all of the clinical questions at the end of the guideline development process, allowing any relevant papers published before August 2014 to be considered. Future guideline updates will consider evidence published after this cut-off date.

A formal review of the need to update a guideline is usually undertaken by NICE after its publication. NICE will conduct a review to determine whether the evidence base has progressed significantly to alter the guideline recommendations and warrant an update.

### **Funding**

The National Collaborating Centre for Cancer was commissioned by NICE to develop this guideline.

### **Disclaimer**

The GDG assumes that healthcare professionals will use clinical judgement, knowledge and expertise when deciding whether it is appropriate to apply these guidelines. The recommendations cited here are a guide and may not be appropriate for use in all situations. The decision to adopt any of the recommendations cited here must be made by the practitioner in light of individual patient circumstances, the wishes of the patient and clinical expertise.

The NCC-C disclaims any responsibility for damages arising out of the use or non-use of these guidelines and the literature used in support of these guidelines.

## References

National Institute for Health and Clinical Excellence (2012) The guidelines manual. London: National Institute for Health and Clinical Excellence. Available from [www.nice.org.uk/guidelinesmanual](http://www.nice.org.uk/guidelinesmanual)

Whiting PF, Rutjes AWS, Westwood ME, Mallett S, Deeks JJ, Reitsma JB, Leeflang MMG, Sterne JAC, Bossuyt PMM, Group Q-2 (2011) QUADAS-2: a revised tool for the quality assessment of diagnostic accuracy studies. *Annals of Internal Medicine*, 155: 529-536.

# 1 Introduction

Cancer is an important condition, both in terms of the number of people affected and the impacts on those people and the people close to them. Around one third of a million new cancers are diagnosed annually in the UK, across over 200 different cancer types. Each of these cancer types has different presenting features, though there may be overlap. More than one third of the population will develop a cancer in their lifetime. Although there have been large advances in treatment and survival, with a half of cancer sufferers now living at least ten years after diagnosis, it remains the case that more than a quarter of all people alive now will die of cancer.

It is generally believed that early diagnosis of cancer is beneficial. However, this is quite difficult to prove scientifically, in part because the natural course of cancer, and of its symptoms, is imperfectly understood. The benefit from earlier diagnosis is usually thought of in terms of survival – with most people considering the chance of surviving their cancer to be higher the earlier it is diagnosed, as the cancer will have had less time to spread. There may be other benefits from expediting diagnosis, such as relief of symptoms. These factors have underpinned many initiatives in the UK and other countries aimed at improving cancer diagnosis. These include awareness campaigns, cancer screening, and better diagnosis of symptomatic cancer. There is also unwarranted variation in referral rates, investigation rates and clinical outcomes. This guideline, on the symptoms of possible cancer, seeks to improve cancer diagnosis.

This guideline is about people with symptoms, rather than about people in whom cancer is already suspected. It is increasingly recognised that selection of patients whose symptoms suggest cancer should be considered a primary care task, as the large majority of such patients present to a primary care clinician. As consideration of possible cancer typically occurs in primary care, evidence from primary care must inform the identification process. Previous approaches have relied mostly on evidence from secondary care, partly because evidence from primary care was lacking. More primary care evidence is now available.

## The guiding principle of risk

Guidance on cancer diagnosis generally defines specific symptoms, or symptom combinations, which are thought to warrant consideration of the possibility of cancer. Whatever the exact arrangements for investigation of possible cancer are, the selection process ends up with some patients being investigated or referred, while others are not. To ensure internal consistency and equity within the guideline, the GDG unanimously supported the concept of a 'risk threshold', whereby if the risk of the patient's symptoms representing a cancer was above a certain level then action was warranted. The chosen metric was a positive predictive value (PPV). Often, use of PPVs is accompanied by its corresponding metric, the negative predictive value (NPV). An NPV is the measure of the likelihood that a negative test, or absent symptom, rules out the condition. Because no symptom when absent accurately precludes cancer, NPVs are of little or no help in the field of cancer diagnosis.

## At what value should the risk threshold be?

The GDG aspired to broaden recommendations to try and improve the timeliness and quality of cancer diagnosis. Patient viewpoints were central to the decision about where the risk threshold should be. The lower the threshold could reasonably be set, the more patients with cancer would have expedited diagnoses, with accompanying improvements in mortality and morbidity. The recommendations in previous NICE guidance equated to very different percentage risks of cancer. For instance in colorectal cancer, the estimated risk from diarrhoea in an adult is below 1%, and the risk from iron-deficiency anaemia in males in that guidance exceeded 10%. Across the whole guideline, few recommendations corresponded

with a PPV below 5%. The GDG felt that, in order to improve diagnosis of cancer, a PPV threshold lower than 5% was preferable.

Also germane to the selection of a risk threshold are the resource implications of change. At the time of setting the threshold figure, there were no strong quality health-economic reports which could help with the decision. Many reports described the costs involved in expanding cancer diagnostics. The benefits from expedited diagnosis were much less clear. It was, however, clear that broadening of recommendations would bring economic and clinical costs. The clinical costs include potential harms to the patient through the side effects of investigations performed and also through increased anxiety. The lower a threshold is set, the more likely people are to be exposed to these potential harms.

Taking all of this into account, the GDG agreed to use a threshold value of 3% PPV to underpin their recommendations. This value represented a considerable liberalisation of the estimated PPVs of previous recommendations, but the GDG agreed that this change would not overwhelm clinical services, nor greatly increase the possible harms to patients from over-investigation. This 3% PPV governed recommendations for suspected cancer pathway referrals. The GDG considered whether this PPV threshold should be varied in recognition of the fact that some cancers have a poorer prognosis than others. However, for many of the cancers with poorer prognosis, there is neither clinical evidence nor agreement in the wider clinical community that earlier detection would improve prognosis, nor evidence that there are highly effective treatments that could be employed to improve prognosis in individual cases. Given this the GDG agreed to keep the same PPV threshold for suspected cancer pathway referrals in all adult cancers.

The GDG also resolved to apply the same 3% PPV threshold to urgent direct access investigations in secondary care; such as brain scanning or endoscopy. The exception to this was where it was clear that appropriate investigation using tests previously unavailable to primary care could replace specialist referral. The implied economic advantages of this allowed the GDG to make recommendations below the 3% level. The GDG discussed these on a case by case basis. In instances where patients would not normally be referred on an urgent cancer pathway but would be referred routinely for specialist opinion, action at a PPV below 3% was considered to be appropriate. The same is true where a non-urgent direct-access test was considered to be more cost-effective use of resources.

Two exceptions to the 3% PPV threshold for urgent action were agreed. The first relates to children and young people. As children and young people have longer to live than adults, a successful cancer diagnosis leading to cure should yield more years of life gained. Thus it was agreed that the GDG should make recommendations for children and young people significantly below the 3% PPV threshold, although no explicit threshold value was set.

The second exception relates to tests routinely available in primary care, which can help to refine the underlying risk of cancer - this is the case whether the investigation is being carried out on an urgent basis or otherwise. These include blood tests such as PSA or imaging such as chest x-ray, which could be recommended at a lower PPV.

### **Symptoms present in multiple cancers but of low risk for each cancer site**

There are a number of generic symptoms (e.g., fatigue), that, whilst not predictive of a specific cancer, are nevertheless believed to be predictive of "cancer". These symptoms will typically be reported by a number of the studies included in the evidence, but will not have high enough positive predictive values for any individual cancer to meet the threshold for referral or investigation in primary care.

The GDG wanted to examine these symptoms to try to identify those that are predictive of cancer in general, rather than a specific cancer, and make recommendations accordingly.

A spreadsheet was constructed containing all the PPV evidence on the positive predictive values of signs and symptoms for the specific cancers. This spreadsheet was then used as follows:

- Symptoms for which referral recommendations were made for a specific cancer were filtered out of the spreadsheet. This was because these symptoms are predictive of a specific cancer.
- The individual symptoms and symptom combinations were then examined across all the cancer sites where there was evidence for patients across the whole 40-70 age range (this age range was specified in advance by the GDG due to being widely covered in the relevant literature). For each symptom/symptom combination, the highest positive predictive value for each cancer was identified and then added together to create a 'cumulative' positive predictive value. Positive predictive values can be added in this way with the only concern being multiple cancers in the same person. If these were common the 'cumulative' positive predictive values would be artificially high. However, multiple cancers in the same person at the same time are extremely rare so this issue was judged by the GDG to have negligible impact.

The GDG determined, in advance, that for those symptoms with a 'cumulative' positive predictive value of 2% or above, all the evidence for that symptom across all the cancer sites would be re-examined in detail. The GDG then debated whether recommendations should be made.

The GDG acknowledged that the 'cumulative' positive predictive values were considered by the GDG to be underestimates. This is due to the likelihood that some cancer site/symptom combinations might not have been reported in the searches, either because the research has not been done, or because the information related to the age range could not be extracted. The GDG therefore chose a threshold of 2% so that they could examine in more detail any instances where the true cumulative PPV might exceed 3% if cancer site/symptom combinations that had not been reported in the literature searches had been available.

### **What is expected in primary care before these recommendations operate?**

The assumption behind this guideline is that it should guide clinical decisions on a patient with symptoms, potentially of cancer, who is presenting to primary care. It is not a textbook of medicine. It was expected that the clinician will have taken an appropriate history, and to have performed an appropriate physical examination. This was expected to include urinalysis where required. It was also agreed within the GDG that in many patients without a clear diagnosis, simple blood tests would already have been taken, including a full blood count, biochemistry and inflammatory markers if relevant in the context of the patient's symptoms.

### **Actions in primary care**

Some investigations may be performed in primary care, such as blood tests like prostate specific antigen or CA125. Imaging investigations, such as chest X-rays, or ultrasound, are generally available directly to GPs. Conversely, some investigations are currently accessed through secondary care, and so require formal referral. Examples are colonoscopy, biopsy or more complex imaging. Specialist opinion also has value in making the diagnosis. There is variation across the country as to whether certain investigations can be directly accessed by primary care. Specific examples of these include upper gastrointestinal endoscopy and brain scanning where there is considerable variation.

### **The use of risk factors as well as symptoms**

It is well recognised that some risk factors increase the chance of a person developing cancer in the future. Clear examples are increasing age or a family history of cancer. Asbestos exposure, for example, increases the risk of mesothelioma, but the mesothelioma

generally occurs decades after the exposure. Risk factors make a person more likely to develop cancer, but do not affect the way the cancer presents.

Symptoms and findings are different from risk factors. These signify that a cancer may already be present. They include symptoms, abnormal physical signs, and abnormal investigation results. They work backwards in time over short periods. For example, haemoptysis suggests the possibility that lung cancer is already present.

The interplay between these two different concepts is complex. The key decision for the GDG was whether their recommendations were to be the same for patients irrespective of whether a specific risk factor, such as family history, was also present. Thus, the searches sought to identify specific subgroups within research papers who may (or may not) have needed different recommendations (see Appendix G and H). Of the possible risk factors that were reported in the literature identified by our searches, only age and smoking (in lung cancer) were found to significantly influence the chance of symptoms being predictive of cancer and this is reflected in the recommendations. It was decided that although no primary care evidence was identified pertaining to the risk of mesothelioma in patients presenting with symptoms in primary care, the high relative risk of mesothelioma in people exposed to asbestos meant this risk factor also should be recorded in the recommendations for mesothelioma.

### **What these recommendations are and what they are not**

These recommendations are recommendations, not requirements. They do not override clinical judgement. It is well recognised that primary care clinicians have expertise in recognising patients who are 'ill' and in knowing that "something is wrong". Several research studies have supported the idea that clinical intuition has diagnostic value. This guidance seeks to assist primary care clinicians in selection of patients, and seeks to help patients in expediting their diagnosis when they may have cancer. It also helps secondary care in understanding what services to provide. Exceptions will occur, however, and clinicians should trust their clinical experience where there are particular reasons that this guidance does not pertain to the specific presentation of the patient.

## 2 Definitions

The terms used in the guideline are as follows:

**Children:** from birth to 15 years

**Consistent with:** the finding has characteristics that could be caused by many things, including cancer.

**Direct access:** when a test is performed and primary care retain clinical responsibility throughout, including acting on the result.

**Immediate:** an acute admission or referral occurring within a few hours, or even more quickly if necessary

**Non-urgent:** the timescale generally used for a referral or investigation that is not considered very urgent or urgent.

**Persistent:** as used in the recommendations in this guideline refers to the continuation of specified symptoms and/or signs beyond a period that would normally be associated with self-limiting problems. The precise period will vary depending on the severity of symptoms and associated features, as assessed by the health professional.

**Raises the suspicion of:** a mass or lesion that has an appearance or a feel that makes the healthcare professional believe cancer is a significant possibility

**Safety netting:** the active monitoring in primary care of people who have presented with symptoms. It has 2 separate aspects:

- timely review and action after investigations
- active monitoring of symptoms in people at low risk (but not no risk) of having to see if their risk of cancer changes.

**Suspected cancer pathway referral:** the patient is seen within the national target for cancer referrals (2 weeks at the time of publication of this guideline)

**Unexplained:** symptoms or signs that have not led to a diagnosis being made by the healthcare professional in primary care after initial assessment (including history, examination and any primary care investigations).

**Urgent:** to happen within 2 weeks

**Very urgent:** to happen/be performed within 48 hours

**Young people:** aged 16–24 years

## 3 Research recommendations

### 3.1 Age thresholds in cancer

Longitudinal studies should be carried out to identify and quantify factors in adults that are associated with development of specific cancers at a younger age than the norm. They should be designed to inform age thresholds in clinical guidance. The primary outcome should be likelihood ratios and positive predictive values for cancer occurring in younger age groups.

#### Why is this is important

It is recognised that several factors, such as deprivation and comorbidity, may lead to development of cancer at a younger age. People with these factors could be disadvantaged by the use of age thresholds for referral for suspected cancer.

### 3.2 Primary care testing

Diagnostic accuracy studies should be carried out of tests accessible to primary care for a given cancer in symptomatic people. Priority areas for research should include tests for people with cough, non-visible haematuria, suspected prostate cancer, suspected pancreatic cancer, suspected cancer in childhood and young people and other suspected rare cancers. Outcomes of interest are the performance characteristics of the test, particularly sensitivity, specificity and positive and negative predictive values.

#### Why is this is important

There is very little information currently available on the diagnostic accuracy of tests available in primary care for people with suspected cancer. These studies will inform clinicians on the choice of investigation for symptomatic patients.

### 3.3 Cancers insufficiently researched in primary care

Observational studies should be used of symptomatic primary care patients to estimate the positive predictive value and other performance metrics of different symptoms for specific cancers. Priority areas for research are those where the evidence base is currently insufficient and should include prostate cancer, pancreatic cancer, cancer in childhood and young people and other rare cancers. Outcomes of interest are positive predictive values and likelihood ratios for cancer.

#### Why is this is important

For several cancer sites, the primary care evidence base on the predictive value of symptoms is thin or non-existent. Filling this gap should improve future clinical guidance.

### 3.4 Patient experience

Qualitative studies are needed to assess the key issues in patient experience and patient information needs in the cancer diagnostic pathway, particularly in the interval between first presentation to primary care and first appointment in secondary care. Outcomes of interest are patient satisfaction, quality of life and patient perception of the quality of care and information.

### Why is this is important

There was very little information on both patient information needs and patient experience throughout the cancer diagnostic pathway. Filling this gap should improve future patient experience.

## 4 Patient information and support

### 4.1 Patient information

Patient choice is central to healthcare. Although this is often taken to mean choice of treatments, it is just as important in choices around diagnosis. The ideal situation is a well-informed patient and a well-informed clinician coming to a joint decision. Therefore the GDG believed it was essential to consider the information needs of patients (and their carers or families) when cancer is suspected. This is relevant both for patients in whom investigation is being considered and in those who are being monitored for possible cancer in primary care.

**Clinical question: What are the information needs of:**

- Patients who are referred for suspected cancer and their carers/families, and
- Patients who are being monitored (for suspected cancer) in primary care and their carers/families?

#### Clinical evidence

No evidence was found pertaining to the information needs of patients in primary care who are referred for suspected cancer and their carers/families. No evidence was found pertaining to the information needs of patients who are being monitored for suspected cancer in primary care and their carers/families.

#### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Update 2015

<b>Recommendations</b>	<p>Discuss with people with suspected cancer (and their carers as appropriate, taking account of the need for confidentiality) their preferences for being involved in decision-making about referral options and further investigations including their potential risks and benefits. [2015]</p> <p>When cancer is suspected in a child, discuss the referral decision and information to be given to the child with the parents or carers (and the child if appropriate). 2015]</p> <p>Explain to people who are being referred with suspected cancer that they are being referred to a cancer service. Reassure them, as appropriate, that most people referred will not have a diagnosis of cancer, and discuss alternative diagnoses with them. [2015]</p> <p>Give the person information on the possible diagnosis (both benign and malignant) in accordance with their wishes for information (see also the NICE guideline on patient experience in adult NHS services). [2015]</p>
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	<p><b>their families and/or carers should cover, among other issues:</b></p> <ul style="list-style-type: none"><li>• where the person is being referred to</li><li>• how long they will have to wait for the appointment</li><li>• how to obtain further information about the type of cancer suspected or help before the specialist appointment</li><li>• what to expect from the service the person will be attending</li><li>• what type of tests may be carried out, and what will happen during diagnostic procedures</li><li>• how long it will take to get a diagnosis or test results</li><li>• whether they can take someone with them to the appointment</li><li>• who to contact if they do not receive confirmation of an appointment</li><li>• other sources of support. [new 2015]</li></ul> <p>Provide information that is appropriate for the person in terms of language, ability and culture, recognising the potential for different cultural meanings associated with the possibility of cancer. [new 2015]</p> <p>Have information available in a variety of formats on both local and national sources of information and support for people who are being referred with suspected cancer. For more information on information sharing, see section 1.5 in the NICE guideline on patient experience in adult NHS services. [new 2015]</p> <p>Reassure people in the safety netting group (see recommendation in chapter 5) who are concerned that they may have cancer that with their current symptoms their risk of having cancer is low. [new 2015]</p> <p>Explain to people who are being offered safety netting (see recommendation in chapter 5) which symptoms to look out for and when they should return for re-evaluation. It may be appropriate to provide written information. [new 2015]</p>
Relative value placed on the outcomes considered	The GDG considered the information reported by patients/carers/families to be useful/not useful or wanted/not wanted when being referred for suspected cancer and when being monitoring for suspected cancer in primary care to be the most important outcome when considering these patients' information needs.
Quality of the evidence	No evidence was found pertaining to the information needs of patients or their carers/families when being referred for suspected cancer and when being monitoring for suspected cancer in primary care.
Trade-off between clinical benefits and harms	The GDG considered that a potential benefit of recommending which information patients and their carers/families should receive would be to reduce anxiety and uncertainty and to encourage shared decision making. Equally the GDG recognised that provision of information can lead to increased anxiety and confusion. The GDG also recognised that the information needs are likely to differ between patients and between their carers/families both in type, amount and timing of the information. Overall, the GDG agreed that the benefits

	<p>outweighed the harms.</p> <p>However, the GDG noted that no evidence was found for this question, and therefore agreed to retain those of the recommendations in previous guidance that were specific to the information needs of patients or their carers/families when being referred for suspected cancer.</p> <p>The GDG noted that people being monitored for suspected cancer in primary care had a low risk of having cancer. They felt it was important that those people who suspected their symptoms were caused by cancer were reassured that they were at low risk. However the GDG also acknowledged that not everyone with symptoms would suspect their symptoms were caused by cancer. Telling such people that they had a low risk of cancer could actually cause anxiety rather than providing reassurance. The GDG therefore recommended, based on their clinical experience, that people who suspect they have cancer should be reassured that they were at low risk where appropriate.</p> <p>The GDG also agreed, based on their clinical experience that people being monitored for suspected cancer in primary care needed information on what symptoms should prompt re-evaluation. It was noted that providing this information in writing may be appropriate.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG estimated that the recommendations made on information provision were current practice so there will be no change in cost. For the information provision for patients being monitored in primary care, the GDG estimated that there is likely to be an increased demand on the time of primary care professionals in sharing information and thus an increase in costs.</p>
Other considerations	<p>The GDG noted that it was important for the information provided to be provided in a form accessible by people with learning disabilities. They therefore specified this in the recommendations.</p>

## 4.2 Support

Suspicion of cancer may be very worrying for the person, who may need support and care to help them through this period.

<b>Recommendations</b>	<p><b>When referring a person with suspected cancer to a specialist service, assess their need for continuing support while waiting for their referral appointment. This should include inviting the person to contact their healthcare professional again if they have more concerns or questions before they see a specialist. [2005]</b></p> <p><b>If the person has additional support needs because of their personal circumstances, inform the specialist (with the person's agreement). [2005]</b></p>
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## 5 Safety netting

It is well recognised that atypical, generally low-risk, or non-specific symptoms may be early features of cancer. These may evolve to a clearer pattern suggesting disease over time – or they may resolve spontaneously. Persistence of a symptom increases the likelihood of serious disease. For these reasons, it may be appropriate to defer definitive investigation until the clinical situation, and the optimum route for investigation, become clearer. Early investigation may bring benefits from earlier diagnosis: however, it may also be associated with harms (such as increased anxiety, radiation exposure and rarer serious complications).

The process where investigation is deferred, or avoided, is variously called ‘watchful waiting’ or ‘safety netting’. The GDG wished to seek evidence on the usefulness of this approach.

**Clinical question: What safety-netting strategies are effective in primary care for patients being monitored for suspected cancer?**

### Clinical evidence

No evidence was found pertaining to the effectiveness of any safety-netting strategies in primary care for patients being monitored for suspected cancer.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p>Ensure that the results of investigations are reviewed and acted upon appropriately, with the healthcare professional who ordered the investigation taking or explicitly passing on responsibility for this. Be aware of the possibility of false-negative results for chest X-rays and tests for occult blood in faeces. [new 2015]</p> <p>Consider a review for people with any symptom that is associated with an increased risk of cancer, but who do not meet the criteria for referral or other investigative action. The review may be:</p> <ul style="list-style-type: none"><li>• planned within a time frame agreed with the person or</li><li>• patient-initiated if new symptoms develop, the person continues to be concerned or their symptoms recur, persist or worsen. [new 2015]</li></ul>
Relative value placed on the outcomes considered	The GDG considered the proportion of patients with cancer, the number of emergency presentations, stage at diagnosis, survival, delayed diagnosis, and psychological morbidity to be the most important outcomes when considering what safety-netting strategies are effective in primary care for patients being monitored for suspected cancer.
Quality of the evidence	No evidence was found pertaining to the effectiveness of safety-netting strategies in primary care for patients being monitored for suspected cancer.
Trade-off between clinical benefits and harms	The GDG has, for several cancers, recommended that direct access diagnostic tests be performed. They agreed that it was

	<p>important to clarify that responsibility extends beyond the ordering of the test through to the review of results and acting appropriately on those results. The GDG agreed that this was necessary because there was a risk of positive results not being acted on if clinicians were unclear where the responsibility lay for doing this. The GDG acknowledged that no evidence was found for this question, however they believed that this was part of core professional responsibilities and therefore needed to be a strong recommendation.</p> <p>The GDG noted that not all people with symptoms warrant a suspected cancer pathway referral or investigation in primary care for cancer. However it was still possible that some people with symptoms will have cancer. They therefore agreed that it was important to have a strategy to 'safety-net' such people, so that those who do actually have cancer will be identified – hopefully earlier than currently. This strategy could equally be applied to those people who were investigated in either primary or secondary care, whose tests result were negative for cancer, but whose symptoms persist.</p> <p>The GDG noted that no evidence had been found for this question. Based on their clinical experience, the GDG recognised that almost any symptom could potentially indicate cancer, but it would not be possible to 'safety-net' all patients with symptoms. However it was also difficult to define a specific set of symptoms which should prompt 'safety-netting' because any list of symptoms would be incomplete. The GDG therefore decided to recommend that people with symptoms recognised to be associated with an increased risk of cancer, who did not meet the criteria for referral, should be 'safety-netted'.</p> <p>The GDG considered the benefit of this recommendation to be that it uses time - which can allow the predictive value of a patient's symptoms to increase or decrease, thus informing the most appropriate next step(s). The GDG noted that this prevents unnecessary intervention in people whose risk of cancer is low.</p> <p>The GDG considered the potential harms of the recommendation to be that it may lead to a potential delay in patients with cancer who could have been offered investigation earlier as well as potentially an increase in anxiety for the safety-netted patient. However, the GDG agreed that, on balance, the benefits outweigh the potential harms.</p> <p>The GDG agreed, based on their clinical experience, that 'safety-netting' would need to involve planned review of the person with symptoms. They noted that it was also important that patients were able to initiate a review as a result of change to their symptoms, development of new symptoms or because they were concerned.</p> <p>The GDG acknowledged that there was no evidence to support a specific time-frame for the period of review and noted that this would vary dependant on the person and their circumstances. They therefore did not specify a time-frame for review in the recommendation.</p>
Trade-off between net health	The GDG noted that no relevant, published economic

benefits and resource use	<p>evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG estimated that the recommendations are likely to result in an increase in the time used by primary care professionals (particularly GPs), with both greater number of consultations and length of consultations. However the recommendations may also lead to a reduction in emergency presentations of cancer. Overall, the GDG estimated that the net effect would be an increase in costs but it was difficult to determine the extent of this increase.</p>
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## 6 The diagnostic process

The process of diagnosing cancer generally spans both primary and secondary care. It is important that the pathway from primary to secondary care is as smooth as possible and that those involved in this pathway have the knowledge and skills appropriate to the task.

<b>Recommendations</b>	<p><b>Take part in continuing education, peer review and other activities to improve and maintain clinical consulting, reasoning and diagnostic skills, in order to identify at an early stage people who may have cancer, and to communicate the possibility of cancer to the person. [2005]</b></p> <p><b>Discussion with a specialist (for example, by telephone or email) should be considered if there is uncertainty about the interpretation of symptoms and signs, and whether a referral is needed. This may also enable the primary healthcare professional to communicate their concerns and a sense of urgency to secondary healthcare professionals when symptoms are not classical. [2005]</b></p> <p><b>Put in place local arrangements to ensure that letters about non-urgent referrals are assessed by the specialist, so that the person can be seen more urgently if necessary. [2005]</b></p> <p><b>Put in place local arrangements to ensure that there is a maximum waiting period for non-urgent referrals, in accordance with national targets and local arrangements. [2005]</b></p> <p><b>Ensure local arrangements are in place to identify people who miss their appointments so that they can be followed up. [2005]</b></p> <p><b>Include all appropriate information in referral correspondence, including whether the referral is urgent or non-urgent. [2005]</b></p> <p><b>Use local referral proformas if these are in use. [2005]</b></p> <p><b>Once the decision to refer has been made, make sure that the referral is made within 1 working day. [2005]</b></p>
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## 7 Lung and pleural cancers

### 7.1 Lung cancer

Over 43,000 new lung cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with lung cancer each year. It is seen in both sexes: historically, it was much more common in males, though 45% of new diagnoses are now in females. Five year survival is below 10%.

Lung cancer can present with a number of different symptoms, and there are often multiple symptoms simultaneously. Symptoms include cough, shortness of breath, haemoptysis, chest pain, loss of weight, loss of appetite and fatigue. The cancer may also present with persistent chest infection, or with metastases, particularly to bone or brain.

Most lung cancers can be identified on a plain chest X-ray, though false-negatives may occur. Other imaging techniques, especially CT, may be used, though these are generally performed following an indeterminate chest X-ray, or when the person has continuing symptoms and a normal chest X-ray. These imaging techniques are often available in primary care, with CT often recommended by a radiologist reporting a chest X-ray.

Definitive diagnosis requires biopsy, usually guided by CT or via bronchoscopy. These procedures are performed in secondary care. Sputum cytology is only used in those unable to have biopsy.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

#### Clinical questions:

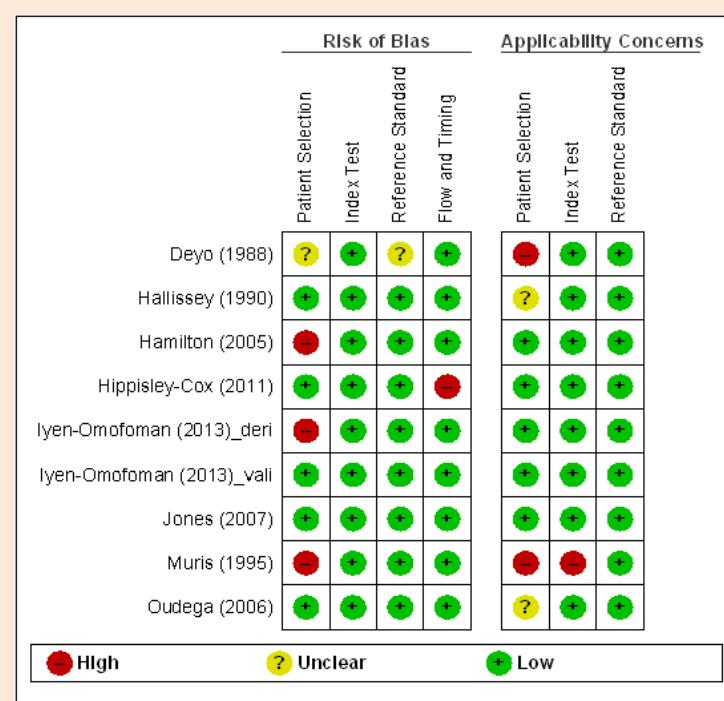
- **What is the risk of lung cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected lung cancer should be done with clinical responsibility retained by primary care?**

#### Clinical evidence

##### *Signs and symptoms*

##### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias and validity issues to note are that patient sampling was not based on a consecutive or random series of patients in a number of the studies, some of which were also not conducted in a population directly relevant to the current question. Studies employing non-consecutive/random sampling are at high risk of bias because, for example, case-control studies have been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection. Studies conducted in other settings than UK-based primary care are only applicable to the extent that the study populations and settings are comparable to a UK GP population as defined for the current purposes. Other bias and applicability threats to the results concern missing data, symptom coding and specification as well as suboptimal reference standard.



### Evidence statements

Haemoptysis (4 studies, N = 15998) presenting in a primary care setting is associated with overall positive predictive values of 2.4-17% for lung cancer, which tended to increase with age in men and women (1 study, N = 4822). The studies were associated with 0-1 bias or applicability concern (see also Tables 4-6).

Single symptoms other than haemoptysis presenting in a primary care setting is associated with overall positive predictive values from 0.05% (for back pain) to 1.6% (for abnormal spirometry and thrombocytosis) for lung cancer (6 studies, N = 1833698), and with positive predictive values from 0.9% (for cough) to 4.2% (for thrombocytosis) for smokers for lung cancer (1 study, N = 1482). The studies were associated with 1-3 bias or applicability concerns (see also Table 6).

Two symptoms presenting in combination in a primary care setting were associated with overall positive predictive values from 0.63% (for fatigue and cough) to > 10% (for haemoptysis with appetite loss, abnormal spirometry or thrombocytosis) for lung cancer (2 studies, N = 6030), and with positive predictive values from 0.9% (for chest pain and cough) to > 10% (for abnormal spirometry with fatigue, dyspnoea, chest pain or loss of weight, and for thrombocytosis with chest pain or loss of weight) for smokers for lung cancer (1 study, N = 1482). The studies were each associated with 1 bias concern (see also Table 7).

**Table 4: Lung cancer: Meta-analyses**

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Jones (2007, at 6 months), Hippisley-Cox (2011), Iyen-Omofoman (2013)	Haemoptysis	All patients (N = 14516)	3.51 (1.61-7.5)
Jones (2007, at 3 years), Hippisley-Cox (2011), Iyen-Omofoman (2013)	Haemoptysis	All patients (N = 14516)	3.83 (1.66-8.62)

*Please note that the data from Hamilton (2005) are not included in these meta-analyses due to the case-control design of the study. These data are instead reported in the second table below.*

**Table 5: Lung cancer: Individual positive predictive values from the meta-analyses**

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Hippisley-Cox (2011)	Haemoptysis	All patients (N = 7861)	6.4 (5.9-7)
Iyen-Omofoman (2013)	Haemoptysis	All patients (N = 1843)	1.3 (0.9-2)
Jones (2007, at 6 months)	Haemoptysis	All patients (N = 4822)	4.8 (4.2-5.5)
Jones (2007, at 3 years)	Haemoptysis	All patients (N = 4822)	6.3 (6-7)

**Table 6: Lung cancer: Additional results reported by the individual papers: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Deyo (1988)	Back pain	All patients	0.05 (0.003-0.3) 1/1975
Muris (1995)	Non-acute abdominal complaints	All patients	0.2 (0.04-0.9) 2/933
Oudega (2006)	Deep vein thrombosis	All patients	0.7 (0.2-2.2) 3/430
Hallissey (1990)	Dyspepsia	All patients	0.3 (0.1-0.6) 8/2585
Jones (2007)	Haemoptysis	Men (all ages) at 6 months	5.8 (5-6.7) 169/2930
Jones (2007)	Haemoptysis	Men (all ages) at 3 years	7.5 (6.6-8.5) 220/2930
Jones (2007)	Haemoptysis	Men < 45 years at 3 years	0.21 (0.03-7.55) 2/954
Jones (2007)	Haemoptysis	Men 45-54 years at 3 years	1.65 (0.67-3.37) 7/424
Jones (2007)	Haemoptysis	Men 55-64 years at 3 years	8.37 (6.12-11.1) 43/514
Jones (2007)	Haemoptysis	Men 65-74 years at 3 years	14.86 (12-18.1) 82/552
Jones (2007)	Haemoptysis	Men 75-84 years at 3 years	17.05 (13.5-21.1) 67/393
Jones (2007)	Haemoptysis	Men ≥ 85 years at 3 years	20.43 (12.8-30.1) 19/93
Jones (2007)	Haemoptysis	Women (all ages) at 6 months	3.3 (2.6-4.3) 63/1882
Jones (2007)	Haemoptysis	Women (all ages) at 3 years	4.3 (3.4-5.3) 81/1882
Jones (2007)	Haemoptysis	Women < 45 years at 3 years	0.36 (0.04-1.3) 2/553
Jones (2007)	Haemoptysis	Women 45-54 years at 3 years	1.84 (0.6-4.24) 5/272
Jones (2007)	Haemoptysis	Women 55-64 years at 3 years	4.12 (2.32-6.71) 15/364
Jones (2007)	Haemoptysis	Women 65-74 years at 3 years	8.38 (5.73-11.8)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
		3 years	30/358
Jones (2007)	Haemoptysis	Women 75-84 years at 3 years	10.47 (7.01-14.9) 27/258
Jones (2007)	Haemoptysis	Women ≥ 85 years at 3 years	2.6 (0.32-9.07) 2/77
Hamilton (2005)	Haemoptysis	All included patients	2.4 (1.4-4.1) Cases: 50/247 Controls: 19/1235
Hamilton (2005)	Haemoptysis	All smokers	4.5 (NR)
Hamilton (2005)	Haemoptysis (reported twice)	All patients	17 (NR)
Hamilton (2005)	Haemoptysis (reported twice)	All smokers	12 (NR)
Hamilton (2005)	Haemoptysis	Patients ≥ 70 years	7.1 (NR)
Hamilton (2005)	Cough	All patients	0.4 (0.3-0.5)
Hamilton (2005)	Cough	All smokers	0.9 (NR)
Hamilton (2005)	Cough (reported twice)	All patients	0.58 (0.4-0.8)
Hamilton (2005)	Cough (reported twice)	All smokers	1.3 (NR)
Iyen-Omofoman (2013)	Haemoptysis 4-12 months prior to diagnosis	Derivation cohort	Cases: 247/12074 Controls: 125/120731
Iyen-Omofoman (2013)	Haemoptysis 13-24 months prior to diagnosis	Derivation cohort	Cases: 133/12074 Controls: 191/120731
Hamilton (2005)	Cough (reported 3 times)	All included patients	0.77 (0.54-1.1)
Iyen-Omofoman (2013)	Cough	Validation cohort	0.24 (0.2-0.3) 413/175290
Iyen-Omofoman (2013)	Cough 4-12 months prior to diagnosis	Derivation cohort	Cases: 1938/12074 Controls: 7088/120731
Iyen-Omofoman (2013)	Cough 13-24 months prior to diagnosis	Derivation cohort	Cases: 1774/12074 Controls: 9087/120731
Iyen-Omofoman (2013)	Voice hoarseness	Validation cohort	0.17 (0.08-0.3) 9/5209
Iyen-Omofoman (2013)	Voice hoarseness 4-12 months prior to diagnosis	Derivation cohort	Cases: 66/12074 Controls: 219/120731
Iyen-Omofoman (2013)	Voice hoarseness 13-24 months prior to diagnosis	Derivation cohort	Cases: 56/12074 Controls: 326/120731
Hamilton (2005)	Fatigue	All patients	0.43 (0.3-0.6) Cases: 87/247 Controls: 186/1235
Hamilton (2005)	Fatigue	All smokers	0.8 (NR)
Hamilton (2005)	Fatigue (reported twice)	All patients	0.57 (0.4-0.9)
Hamilton (2005)	Fatigue (reported twice)	All smokers	1.2 (NR)
Hamilton (2005)	Dyspnoea	All patients	0.66 (0.5-0.8)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
			Cases: 139/247 Controls: 192/1235
Hamilton (2005)	Dyspnoea	All smokers	1.2 (NR)
Hamilton (2005)	Dyspnoea (reported twice)	All patients	0.88 (NR)
Hamilton (2005)	Dyspnoea (reported twice)	All smokers	1.5 (NR)
Iyen-Omofoman (2013)	Dyspnoea	Validation cohort	0.51 (0.5-0.6) 315/61631
Iyen-Omofoman (2013)	Dyspnoea 4-12 months prior to diagnosis	Derivation cohort	Cases: 1091/12074 Controls: 2479/120731
Iyen-Omofoman (2013)	Dyspnoea 13-24 months prior to diagnosis	Derivation cohort	Cases: 992/12074 Controls: 3047/120731
Hamilton (2005)	Chest pain	All patients	0.82 (0.6-1.1) Cases: 100/247 Controls: 150/1235
Hamilton (2005)	Chest pain	All smokers	1.3 (NR)
Hamilton (2005)	Chest pain (reported twice)	All patients	0.95 (0.7-1.4)
Hamilton (2005)	Chest pain (reported twice)	All smokers	1.4 (NR)
Iyen-Omofoman (2013)	Chest/shoulder pain	Validation cohort	0.18 (0.15-0.21) 192/107753
Iyen-Omofoman (2013)	Chest/shoulder pain 4-12 months prior to diagnosis	Derivation cohort	Cases: 1002/12074 Controls: 4880/120731
Iyen-Omofoman (2013)	Chest/shoulder pain 13-24 months prior to diagnosis	Derivation cohort	Cases: 959/12074 Controls: 6540/120731
Hamilton (2005)	Weight loss	All patients	1.1 (0.8-1.6) Cases: 67/247 Controls: 54/1235
Hamilton (2005)	Weight loss	All smokers	2.1 (NR)
Hamilton (2005)	Weight loss (reported twice)	All patients	1.2 (0.7-2.3)
Hamilton (2005)	Weight loss (reported twice)	All smokers	1.7 (NR)
Iyen-Omofoman (2013)	Weight loss	Validation cohort	0.34 (0.23-0.5) 26/7679
Iyen-Omofoman (2013)	Weight loss 4-12 months prior to diagnosis	Derivation cohort	Cases: 197/12074 Controls: 323/120731
Iyen-Omofoman (2013)	Weight loss 13-24 months prior to diagnosis	Derivation cohort	Cases: 139/12074 Controls: 416/120731
Hamilton (2005)	Appetite loss	All patients	0.87 (0.6-1.3) Cases: 47/247

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
			Controls: 49/1235
Hamilton (2005)	Appetite loss	All smokers	1.8 (NR)
Hamilton (2005)	Appetite loss	Patients 40-69 years	1.1 (NR)
Hamilton (2005)	Appetite loss (reported twice)	All patients	1.7 (NR)
Hamilton (2005)	Appetite loss (reported twice)	All smokers	2.7 (NR)
Iyen-Omofoman (2013)	Constipation 4-12 months prior to diagnosis	Derivation cohort	Cases: 423/12074 Controls: 1469/120731
Iyen-Omofoman (2013)	Constipation 13-24 months prior to diagnosis	Derivation cohort	Cases: 421/12074 Controls: 1848/120731
Hamilton (2005)	Thrombocytosis	All patients	1.6 (0.8-3.1) Cases: 34/247 Controls: 19/1235
Hamilton (2005)	Thrombocytosis	All smokers	4.2 (NR)
Hamilton (2005)	Thrombocytosis	Patients 40-69 years	3 (NR)
Hamilton (2005)	Abnormal spirometry	All patients	1.6 (0.9-2.9) Cases: 24/247 Controls: 14/1235
Hamilton (2005)	Abnormal spirometry	All smokers	4 (NR)
Hamilton (2005)	Abnormal spirometry	Patients $\geq$ 70 years	4.1 (NR)
Hamilton (2005) also reports that the PPVs for all the variables reported for this study apart from thrombocytosis were higher for patients aged $\geq$ 70 years than patients aged 40-69 years. In patients aged $\geq$ 70 years the PPVs ranged from 0.9-2.2% apart from for haemoptysis and abnormal spirometry (see separate entry)			
Iyen-Omofoman (2013)	Depressive disorders 4-12 months prior to diagnosis	Derivation cohort	Cases: 365/12074 Controls: 3365/120731
Iyen-Omofoman (2013)	Depressive disorders 13-24 months prior to diagnosis	Derivation cohort	Cases: 449/12074 Controls: 4705/120731
Iyen-Omofoman (2013)	Upper respiratory tract infections 4-12 months prior to diagnosis	Derivation cohort	Cases: 426/12074 Controls: 3082/120731
Iyen-Omofoman (2013)	Upper respiratory tract infections 13-24 months prior to diagnosis	Derivation cohort	Cases: 497/12074 Controls: 4274/120731
Iyen-Omofoman (2013)	Lower respiratory tract infections 4-12 months prior to diagnosis	Derivation cohort	Cases: 516/12074 Controls: 1585/120731
Iyen-Omofoman (2013)	Lower respiratory tract infections 13-24 months prior to diagnosis	Derivation cohort	Cases: 566/12074 Controls: 2218/120731
Iyen-Omofoman (2013)	Non-specific chest infections 4-12 months prior to diagnosis	Derivation cohort	Cases: 1398/12074 Controls: 4350/120731
Iyen-Omofoman (2013)	Non-specific chest infections 13-24 months	Derivation cohort	Cases: 1356/12074 Controls:

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
	prior to diagnosis		5856/120731
Iyen-Omofoman (2013)	Chronic obstructive pulmonary disease 4-12 months prior to diagnosis	Derivation cohort	Cases: 978/12074 Controls: 1349/120731
Iyen-Omofoman (2013)	Chronic obstructive pulmonary disease 13-24 months prior to diagnosis	Derivation cohort	Cases: 1024/12074 Controls: 1553/120731
Iyen-Omofoman (2013)	Outcome of blood tests 4-12 months prior to diagnosis	Derivation cohort	
	No blood test record		Cases: 6406/12074 Controls: 84997/120731
	Test without results		Cases: 5431/12074 Controls: 34295/120731
	Abnormal		Cases: 107/12074 Controls: 528/120731
	Normal		Cases: 130/12074 Controls: 911/120731
Iyen-Omofoman (2013)	Outcome of blood tests 13-24 months prior to diagnosis	Derivation cohort	
	No blood test record		Cases: 6136/12074 Controls: 79446/120731
	Test without results		Cases: 5632/12074 Controls: 39255/120731
	Abnormal		Cases: 127/12074 Controls: 752/120731
	Normal		Cases: 179/12074 Controls: 1278/120731
Iyen-Omofoman (2013)	Number of GP consultations 4-12 months prior to diagnosis	Derivation cohort	
	0-10		Cases: 4316/12074 Controls: 77720/120731
	11-20		Cases: 4373/12074 Controls: 29327/120731
	≥21		Cases: 3385/12074 Controls: 13684/120731

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Iyen-Omofoman (2013)	Number of GP consultations 13-24 months prior to diagnosis	Derivation cohort	
	0-10		Cases: 3491/12074 Controls: 64881/120731
	11-20		Cases: 3492/12074 Controls: 29296/120731
	≥21		Cases: 5091/12074 Controls: 26554/120731

NR = Not reported, TP = true positives, FP = false positives. Please note the calculations of the positive predictive values differ between the studies with Deyo (1988), Hippisley-Cox (2011), Jones (2007), Iyen-Omofoman (2013), Muris (1995) and Oudega (2003) using  $(TP)/(TP+FP)$  and Hamilton (2005) using Bayesian statistics due to the case-control design of this study.

**Table 7: Lung cancer: Additional results reported by the individual papers: Pairs of signs/symptoms**

Hippisley-Cox (2011)	Haemoptysis + current/ex-smoking	Patients ≥ 40 years	9.7 (8.9-10.7)
Hamilton (2005)	Haemoptysis + cough	All patients	2 (1.1-3.5)
Hamilton (2005)	Haemoptysis + cough	All smokers	3.9 (NR)
Hamilton (2005)	Haemoptysis + fatigue	All patients	3.3 (NR)
Hamilton (2005)	Haemoptysis + fatigue	All smokers	6.1 (NR)
Hamilton (2005)	Haemoptysis + dyspnoea	All patients	4.9 (NR)
Hamilton (2005)	Haemoptysis + dyspnoea	All smokers	6.9 (NR)
Hamilton (2005)	Haemoptysis + chest pain	All patients	5 (NR)
Hamilton (2005)	Haemoptysis + chest pain	All smokers	4.1 (NR)
Hamilton (2005)	Haemoptysis + weight loss	All patients	9.2 (NR)
Hamilton (2005)	Haemoptysis + weight loss	All smokers	*
Hamilton (2005)	Haemoptysis + appetite loss	All patients	> 10 (NR)
Hamilton (2005)	Haemoptysis + appetite loss	All smokers	*
Hamilton (2005)	Haemoptysis + thrombocytosis	All patients	> 10 (NR)
Hamilton (2005)	Haemoptysis + thrombocytosis	All smokers	NR
Hamilton (2005)	Haemoptysis + abnormal spirometry	All patients	> 10 (NR)
Hamilton (2005)	Haemoptysis + abnormal spirometry	All smokers	*
Hamilton (2005)	Fatigue + cough	All patients	0.63 (0.5-0.9)

Hippisley-Cox (2011)	Haemoptysis + current/ex-smoking	Patients $\geq$ 40 years	9.7 (8.9-10.7)
Hamilton (2005)	Fatigue + cough	All smokers	1 (NR)
Hamilton (2005)	Fatigue + dyspnoea	All patients	0.89 (0.6-?)
Hamilton (2005)	Fatigue + dyspnoea	All smokers	1.4 (NR)
Hamilton (2005)	Fatigue + chest pain	All patients	0.84 (0.5-1.3)
Hamilton (2005)	Fatigue + chest pain	All smokers	1.3 (NR)
Hamilton (2005)	Fatigue + weight loss	All patients	1 (0.6-1.7)
Hamilton (2005)	Fatigue + weight loss	All smokers	2 (NR)
Hamilton (2005)	Fatigue + appetite loss	All patients	1.2 (0.7-2.1)
Hamilton (2005)	Fatigue + appetite loss	All smokers	2.3 (NR)
Hamilton (2005)	Fatigue + thrombocytosis	All patients	1.8 (NR)
Hamilton (2005)	Fatigue + thrombocytosis	All smokers	2.4 (NR)
Hamilton (2005)	Fatigue + abnormal spirometry	All patients	4 (NR)
Hamilton (2005)	Fatigue + abnormal spirometry	All smokers	>10 (NR)
Hamilton (2005)	Cough + dyspnoea	All patients	0.79 (0.6-1)
Hamilton (2005)	Cough + dyspnoea	All smokers	1.4 (NR)
Hamilton (2005)	Cough + chest pain	All patients	0.76 (0.6-1)
Hamilton (2005)	Cough + chest pain	All smokers	0.9 (NR)
Hamilton (2005)	Cough + weight loss	All patients	1.8 (1.1-2.9)
Hamilton (2005)	Cough + weight loss	All smokers	2.3 (NR)
Hamilton (2005)	Cough + appetite loss	All patients	1.6 (0.9-2.7)
Hamilton (2005)	Cough + appetite loss	All smokers	2.8 (NR)
Hamilton (2005)	Cough + thrombocytosis	All patients	2 (1.1-3.5)
Hamilton (2005)	Cough + thrombocytosis	All smokers	6.5 (NR)
Hamilton (2005)	Cough + abnormal spirometry	All patients	1.2 (0.6-2.6)
Hamilton (2005)	Cough + abnormal spirometry	All smokers	3.6 (NR)
Hamilton (2005)	Dyspnoea + chest pain	All patients	1.2 (0.9-1.8)
Hamilton (2005)	Dyspnoea + chest pain	All smokers	2.2 (NR)
Hamilton (2005)	Dyspnoea + weight loss	All patients	2 (1.2-3.8)
Hamilton (2005)	Dyspnoea + weight loss	All smokers	3.1 (NR)
Hamilton (2005)	Dyspnoea + appetite loss	All patients	2 (1.2-3.8)
Hamilton (2005)	Dyspnoea + appetite loss	All smokers	5.5 (NR)
Hamilton (2005)	Dyspnoea + thrombocytosis	All patients	2 (NR)
Hamilton (2005)	Dyspnoea + thrombocytosis	All smokers	2.4 (NR)
Hamilton (2005)	Dyspnoea + abnormal spirometry	All patients	2.3 (NR)
Hamilton (2005)	Dyspnoea + abnormal spirometry	All smokers	>10 (NR)

Hippisley-Cox (2011)	Haemoptysis + current/ex-smoking	Patients $\geq$ 40 years	9.7 (8.9-10.7)
Hamilton (2005)	Chest pain + weight loss	All patients	1.8 (1-3.4)
Hamilton (2005)	Chest pain + weight loss	All smokers	4.4 (NR)
Hamilton (2005)	Chest pain + appetite loss	All patients	1.8 (0.9-3.9)
Hamilton (2005)	Chest pain + appetite loss	All smokers	7.6 (NR)
Hamilton (2005)	Chest pain + thrombocytosis	All patients	2 (NR)
Hamilton (2005)	Chest pain + thrombocytosis	All smokers	>10 (NR)
Hamilton (2005)	Chest pain + abnormal spirometry	All patients	1.4 (NR)
Hamilton (2005)	Chest pain + abnormal spirometry	All smokers	>10 (NR)
Hamilton (2005)	Weight loss + appetite loss	All patients	2.3 (1.2-4.4)
Hamilton (2005)	Weight loss + appetite loss	All smokers	5 (NR)
Hamilton (2005)	Weight loss + thrombocytosis	All patients	6.1 (NR)
Hamilton (2005)	Weight loss + thrombocytosis	All smokers	>10 (NR)
Hamilton (2005)	Weight loss + abnormal spirometry	All patients	1.5 (NR)
Hamilton (2005)	Weight loss + abnormal spirometry	All smokers	>10 (NR)
Hamilton (2005)	Appetite loss + thrombocytosis	All patients	0.9 (NR)
Hamilton (2005)	Appetite loss + thrombocytosis	All smokers	*
Hamilton (2005)	Appetite loss + abnormal spirometry	All patients	2.7 (NR)
Hamilton (2005)	Appetite loss + abnormal spirometry	All smokers	*
Hamilton (2005)	Thrombocytosis + abnormal spirometry	All patients	3.6 (NR)
Hamilton (2005)	Thrombocytosis + abnormal spirometry	All smokers	NR

TP = true positives, FP = false positives, NR = Not reported. \* "The original study was not able to calculate figures for these boxes, but they are almost certainly worthy of a red shade [2 week wait referral]" (quoted in: <http://webarchive.nationalarchives.gov.uk/20130513211237/http://www.ncat.nhs.uk/sites/default/files/work-docs/ncl%20lung%20guide.pdf>), \* effectively means >2%. Please note the calculations of the positive predictive values differ between the studies with Hippisley-Cox (2011) using  $(TP)/(TP+FP)$  and Hamilton (2005) using Bayesian statistics due to the case-control design of this study.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of chest X-ray, CT, sputum cytology, or bronchoscopy in patients with suspected lung cancer where the clinical responsibility was retained by primary care.

## Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) for lung cancer if they:</b></p> <ul style="list-style-type: none"><li>• have chest X-ray findings that suggest lung cancer or</li><li>• are aged 40 and over with unexplained haemoptysis. [new 2015]</li></ul> <p><b>Offer an urgent chest X-ray (to be performed within 2 weeks) to assess for lung cancer in people aged 40 and over if they have 2 or more of the following unexplained symptoms or if they have ever smoked and have 1 or more of the following unexplained symptoms:</b></p> <ul style="list-style-type: none"><li>• cough</li><li>• fatigue</li><li>• shortness of breath</li><li>• chest pain</li><li>• weight loss</li><li>• appetite loss. [new 2015]</li></ul> <p><b>Consider an urgent chest X-ray (to be performed within 2 weeks) to assess for lung cancer in people aged 40 and over with any of the following:</b></p> <ul style="list-style-type: none"><li>• persistent or recurrent chest infection</li><li>• finger clubbing</li><li>• supraclavicular lymphadenopathy or persistent cervical lymphadenopathy</li><li>• chest signs consistent with lung cancer</li><li>• thrombocytosis. [new 2015]</li></ul>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of lung cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms were predictive of lung cancer.</p> <p><u>Investigations in primary care for lung cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
Quality of the evidence	<p><u>Signs and symptoms of lung cancer</u></p> <p>The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms although it could generally be considered of high quality.</p>

	<p><b>Investigations in primary care for lung cancer</b></p> <p>No evidence was identified pertaining to the diagnostic accuracy of chest x-ray, CT, sputum cytology, or bronchoscopy in primary care patients with suspected lung cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with lung cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without lung cancer who get inappropriately referred whilst maximising the number of people with lung cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with lung cancer outweighed the disadvantages to those without.</p> <p>The GDG noted that Jones (2007) showed a PPV for over 55s with haemoptysis exceeding 3%. Hamilton (2005) provided figures for the whole population over 40 of 2.4% and for smokers of 4.5%. Additionally the meta-analyses gave figures above 3% for haemoptysis. Given the uncertainty in assessing smoking status from GP records (the methods used in Hamilton (2005)), the GDG agreed that the overall PPV figure for haemoptysis, irrespective of smoking status, would exceed 3%.</p> <p>The GDG acknowledged that haemoptysis was the only single symptom with a positive predictive value above 3% and therefore it would not be appropriate to recommend a suspected cancer pathway referral for any other symptoms. However, their clinical consensus was that there were a collection of other signs and symptoms that were sufficiently indicative of lung cancer that they could not be ignored. The GDG agreed that patients with these signs and symptoms should be investigated in primary care to determine if a suspected cancer pathway referral is needed. They also agreed that the triggers for such investigation should be different based on a person’s smoking history.</p> <p>The GDG noted the lack of evidence on the diagnostic accuracy of investigations in primary care patients with suspected lung cancer. However, it was noted, based on the evidence on the predictive value of signs and symptoms that a raised platelet count increased the likelihood of cancer. Based on clinical experience, the GDG also agreed that chest X-ray was a reasonably reliable test for lung cancer, although has a false negative rate. The GDG therefore considered that performing a chest X-ray would help to focus the group of people presenting with symptoms to those who may actually have lung cancer. It was agreed that findings on chest X-ray that were indicative of lung cancer should prompt a</p>

	<p>suspected cancer pathway referral.</p> <p>The GDG also discussed whether or not spirometry would be a useful investigation in primary care. However, the evidence of the predictive value of signs and symptoms had shown abnormal spirometry had an inconsistent effect on the positive predictive values. Therefore the GDG decided not to recommend this test as an investigation in primary care patients with suspected lung cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>They considered that the recommendation to refer people with haemoptysis may lead to a moderate increase in suspected cancer pathway referrals. There may also be a small reduction in referrals for patients with symptoms but normal chest X-rays. The GDG noted that the recommendations made could result in a small increase in the number of chest X-rays being performed. There would also be a resultant increase in the amount of time required in a consultation, both to order the tests and relay the results. This would also increase costs to primary care.</p> <p>The GDG also considered that the recommendations would hopefully result in an increased number of people being diagnosed earlier with lung cancer and a corresponding decrease in the number of emergency admissions. It was noted that earlier diagnosis may result in more radical treatment, and the costs associated with this. However the GDG agreed that this potential increase in costs was justified by the potential improvement in survival.</p>

Update 2015

## 7.2 Mesothelioma

Over 2,500 new mesotheliomas are diagnosed each year in the UK, though the incidence is increasing rapidly. Most are pleural, though peritoneal mesotheliomas also occur. A full time GP is likely to diagnose approximately 2-3 people with mesothelioma in their career. It is seen in both sexes, though currently 85% of new mesotheliomas occur in males. Five year survival is below 10%.

Pleural mesothelioma symptoms are thought to include cough, shortness of breath, chest pain, and loss of weight. However the rarity of this cancer means there are few studies of its clinical features.

Many of the symptoms overlap with those of lung cancer, and the initial primary care investigation (chest X-ray) is the same. Most mesotheliomas can be identified on a plain chest X-ray as a pleural abnormality. Other imaging techniques, especially CT, may be used though these are generally performed following an indeterminate chest X-ray. These imaging techniques are often available in primary care, with CT often recommended by a radiologist reporting a chest X-ray.

Definitive diagnosis requires biopsy. This is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

- **What is the risk of mesothelioma in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected mesothelioma should be done with clinical responsibility retained by primary care?**

**Clinical evidence**

*Signs and symptoms*

No primary care evidence was identified pertaining to the risk of mesothelioma in patients presenting with symptoms in primary care.

*Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of chest x-ray, CT, abdominal x-ray, or ultrasound in patients with suspected mesothelioma where the clinical responsibility was retained by primary care.

**Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<p><b>Recommendations</b></p>	<p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) for mesothelioma if they have chest X-ray findings that suggest mesothelioma. [new 2015]</b></p> <p><b>Offer an urgent chest X-ray (to be performed within 2 weeks) to assess for mesothelioma in people aged 40 and over if:</b></p> <ul style="list-style-type: none"> <li>• <b>they have 2 or more of the following unexplained symptoms, or</b></li> <li>• <b>they have 1 or more of the following unexplained symptoms and have ever smoked, or</b></li> <li>• <b>they have 1 or more of the following unexplained symptoms and have been exposed to asbestos:</b> <ul style="list-style-type: none"> <li>◦ <b>cough</b></li> <li>◦ <b>fatigue</b></li> <li>◦ <b>shortness of breath</b></li> <li>◦ <b>chest pain</b></li> <li>◦ <b>weight loss</b></li> <li>◦ <b>appetite loss. [new 2015]</b></li> </ul> </li> </ul> <p><b>Consider an urgent chest X-ray (to be performed within 2 weeks) to assess for mesothelioma in people aged 40 and over with either:</b></p> <ul style="list-style-type: none"> <li>• <b>finger clubbing or</b></li> <li>• <b>chest signs compatible with pleural disease. [new 2015]</b></li> </ul>
<p>Relative value placed on the outcomes considered</p>	<p><u><b>Signs and symptoms of mesothelioma</b></u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms were predictive of mesothelioma. No evidence was found on this outcome.</p> <p><u><b>Investigations in primary care for mesothelioma</b></u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
<p>Quality of the evidence</p>	<p><u><b>Signs and symptoms of mesothelioma</b></u> No evidence was found pertaining to the positive predictive values of different symptoms of mesothelioma in primary care.</p> <p><u><b>Investigations in primary care for mesothelioma</b></u> No evidence was found pertaining to the diagnostic accuracy of chest x-ray, CT, abdominal x-ray, or ultrasound in primary care patients with suspected mesothelioma.</p>
<p>Trade-off between clinical benefits and harms</p>	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with mesothelioma more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without mesothelioma who get inappropriately</p>

	<p>referred whilst maximising the number of people with mesothelioma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with mesothelioma outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for mesothelioma.</p> <p>The GDG noted that the symptoms of mesothelioma are very difficult to differentiate from those of lung cancer, with the exception of haemoptysis which does not occur in mesothelioma. It was agreed that given the similarities in the symptoms, it would be appropriate to adopt the lung cancer recommendations for mesothelioma.</p> <p>The GDG discussed whether it was appropriate to make differential recommendations for ever smokers and never smokers for mesothelioma, since smoking history is not usually considered to be a risk factor for mesothelioma. It was noted that due to the lack of evidence it was not possible to determine if smoking history was a risk factor or not. However, it was also noted that if the recommendations for lung cancer were adopted for mesothelioma, but didn't differentiate according to smoking history, there would be two different instructions for the same symptom which would be confusing to implement. Therefore the GDG agreed to retain the different recommendations for ever and never smokers.</p> <p>The GDG discussed whether or not different recommendations should be made for those people with prior exposure to asbestos, as this is a risk factor for developing mesothelioma. It is difficult to identify people who might have mesothelioma using symptoms and signs alone. No primary care evidence was identified pertaining to the risk of mesothelioma in patients presenting with symptoms in primary care, though the GDG thought the symptoms might be similar to those of lung cancer. The predictive value of these symptoms for mesothelioma is unknown, but it is likely to be low because all the symptoms are common and mesothelioma is uncommon. Given the high relative risk of mesothelioma in people exposed to asbestos, a known history of exposure to asbestos was likely to increase the predictive value of these symptoms for mesothelioma and therefore needed to be included in the recommendation.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendations made could result in a small increase in the number of chest X-rays being performed. There would also be a resultant increase in the amount of time required in a consultation, both to</p>

order the tests and relay the results. This would increase costs to primary care.

The GDG also considered that the recommendations would hopefully result in an increased number of people being diagnosed earlier with mesothelioma and a corresponding decrease in the number of emergency admissions. It was noted that earlier diagnosis may result in more radical treatment, and the costs associated with this. However the GDG agreed that this potential increase in costs, balanced against the potential improvement in survival.

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### Lung cancer

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### Mesothelioma

None

## 8 Upper gastro-intestinal tract cancers

### 8.1 Oesophageal cancer

Over 8,000 new oesophageal cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with oesophageal cancer every 3-5 years. It is seen in both sexes, though two-thirds of new diagnoses are in males. Five year survival is approximately 15%.

Oesophageal cancer can present with a number of different symptoms. The most classical is dysphagia, often accompanied by pain, acid reflux, loss of appetite and loss of weight. Anaemia may occur. A small percentage of oesophageal cancers are identified during endoscopic surveillance of a precursor lesion, Barrett's oesophagus.

The symptoms overlap with stomach cancer, but the usual investigative strategy, upper gastrointestinal endoscopy, is the same for both cancers.

Most oesophageal cancers can be identified on endoscopy, and a biopsy taken. This can be under the clinical responsibility of primary care, though the procedure is usually performed in secondary care. Older imaging techniques, such as barium swallow are rarely used.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

#### Clinical questions:

- **What is the risk of oesophageal cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected oesophageal cancer should be done with clinical responsibility retained by primary care?**

#### Clinical evidence

##### *Signs and symptoms*

##### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias and validity issues to note relates to patient selection and applicability with some studies employing non-consecutive patient sampling, e.g., case-control designs (which has been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection), and others being conducted in setting that may not directly translate to UK-based primary care. The other main issues of concern relates to missing data (and the concern that this may not be missing at random) and under specification of symptoms and reference standards, which makes it difficult to ascertain their applicability and/or validity. The evidence base is also limited by the fact that some of the positive predictive value estimates are based on low numbers of patients and a number of the studies do not provide different estimates for stomach and oesophageal cancer, but only provide one estimate for these cancers combined.

	Risk of Bias				Applicability Concerns			
	Patient Selection	Index Test	Reference Standard	Flow and Timing	Patient Selection	Index Test	Reference Standard	Reference Standard
Brignoli (1997)	?	+	+	+	+	+	+	+
Collins (2012)	+	+	+	+	+	+	+	+
Droogendijk (2011)	+	+	+	?	+	+	+	+
Duggan (2008)	?	+	+	+	+	+	+	+
Edenholm (1985)	?	+	+	+	+	+	+	+
Esfandyari (2002)	+	+	+	+	+	+	+	+
Farrus Palou (2000)	+	+	?	+	+	+	+	+
Hallisey (1990)	+	+	+	+	+	+	+	+
Hansen (1998)	+	+	+	?	+	+	+	+
Heikkinen (1995)	+	+	+	+	+	+	+	+
Hippisley-Cox (2011)	+	+	+	?	+	+	+	+
Jaskiewicz (1991)	?	+	+	+	+	+	+	+
Jones (2007)	+	+	+	+	+	+	+	+
Kagevi (1989)	+	+	+	+	+	+	+	+
Mahadeva (1998)	?	+	+	+	+	+	+	+
Meinecke-Schmidt (2002)	+	+	+	+	+	+	+	+
Muris (1993)	+	+	+	+	+	+	+	+
Møllmann (1981)	+	+	?	+	+	+	+	+
Stapley (2013)	+	+	+	+	+	+	+	+
Stellon (1997)	+	+	+	+	+	+	+	+
Thomson (2003)	?	+	+	+	+	+	+	+
Tosetti (2010)	+	+	?	+	+	+	+	+
Vakil (2009)	?	+	+	+	+	+	+	+
Yates (2004)	+	+	+	+	+	+	+	+

– High
? Unclear
+ Low

### Evidence statements

Abdominal pain (4 studies, N = 3,416,339) presenting in a primary care setting is associated with an overall positive predictive value of up to 0.3% for oesophageal cancer. The studies were associated with 0-3 bias or applicability concerns (see also Tables 8-10).

Anaemia (8 studies, N = 3,417,170) presenting in a primary care setting is associated with an overall positive predictive value of up to 0.94% for oesophageal cancer. The studies were associated with 0-4 bias or applicability concern (see also Tables 8-10).

Dyspepsia (13 studies, N = 52,183) presenting in a primary care setting is associated with an overall positive predictive value of up to 1.2% for oesophageal cancer. The studies were associated with 1-3 bias or applicability concerns (see also Tables 8-10).

Dysphagia (5 studies, N = 4,177,284) presenting in a primary care setting is associated with an overall positive predictive value of up to 5.5% for oesophageal cancer. All the studies were associated with 0-1 bias or applicability concerns (see also Tables 8-10).

Other single symptoms (6 studies, N = 3,417,192) presenting in a primary care setting are associated with an overall positive predictive values for oesophageal cancer up to 2.3% (for haematemesis). The studies were associated with 0-4 bias or applicability concerns (see also Table 10).

Two or more symptom presenting in combination (3 studies, N = 43,319) in a primary care setting are associated with overall positive predictive values for oesophageal cancer up to 9.8% (for dysphagia and dyspepsia). The studies were associated with 1-3 bias or applicability concerns (see also Table 11).

**Table 8: Oesophageal cancer: Meta-analyses**

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Collins (2012) Hippisley-Cox (2011) Møllmann (1981)	Abdominal pain	All patients N = 3,389,979	0.23 (0.14-0.36)
Collins (2012) Droogendijk (2011) Farrus Palou (2000) Hippisley-Cox (2011) Stellon (1997) Yates (2004)	Anaemia	All patients N = 3,375,342	0.94 (0.54-1.64)
Brignoli (1997) Duggan (2008) Edenholm (1985) Hallissey (1990) Hansen (1998) Heikkinen (1995) Jaskiewicz (1991) Kagevi (1989) Meineche-Schmidt (2002) Thomson (2003) Vakil (2009)	Dyspepsia	All patients N = 11,403	0.25 (0.13-0.5)
Collins (2012) Esfandyari (2002) Hippisley-Cox (2011) Jones (2007) at 6 months	Dysphagia	All patients N = 4,136,936	4.96 (3.49-7.01)
Collins (2012) Esfandyari (2002) Hippisley-Cox (2011) Jones (2007) at 3 years	Dysphagia	All patients N = 4,136,936	5.11 (3.7-7.01)

Please note that the data from Stapley (2013) are not included in these meta-analyses due to the case-control design of the study, and the data from Mahadeva (1998) is not included due to the limited and different age range of the population. These data are instead reported in the table below entitled "Additional results reported by the

*individual papers: Single symptoms". When the number of studies was < 3, the data were not meta-analysed, but presented for the individual studies instead.*

**Table 9: Oesophageal cancer: Individual positive predictive values from the meta-analyses**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>PPVs % (95% CI); prevalence</b>
Collins (2012)	Abdominal pain	All patients	0.2 (0.2-0.2) 437/246,998
Hippisley-Cox (2011)	Abdominal pain	All patients	0.3 (0.3-0.4) 309/9,1627
Møllmann (1981)	Upper abdominal pain > 2 weeks	All patients	0 (0-0.8) 0/577
Collins (2012)	Anaemia	All patients	0.6 (0.5-0.8) 116/18,355
Droogendijk (2011)	Anaemia	All patients	0.35 (0.02-2.2) 1/287
Farrus Palou (2000)	Anaemia	All patients	0 (0-7.7) 0/58
Hippisley-Cox (2011)	Anaemia	All patients	1.1 (1-1.4) 119/10,349
Stellon (1997)	Anaemia	All patients (N = 26)	0 (0-16) 0/26
Yates (2004)	Anaemia	All patients	2.55 (1.35-4.66) 11/431 has UGI cancer: No distinction made between the different kinds
Brignoli (1997)	Dyspepsia	All patients	0 (0-0.58) 0/828
Duggan (2008)	Dyspepsia	All patients	0.27 (0.05-1.1) 2/753
Edenholm (1985)	Persistent epigastric pain/ulcer-like dyspepsia	All patients who received an UGI endoscopy	0.61 (0.03-3.8) 1/165
Hallissey (1990)	Dyspepsia	All patients	0.58 (0.33-0.98) 15/2,585
Hansen (1998)	Dyspepsia	All patients	1 (0.4-2.2) 6/612
Heikkinen (1995)	Dyspepsia	All patients	0.5 (0.09-2) 2/400
Jaskiewicz (1991)	Dyspepsia	All included patients	0 (0-0.8) 0/585
Kagevi (1989)	Dyspepsia	All included patients	0 (0-2.7) 0/172
Meineche-Schmidt (2002)	Dyspepsia	All patients	0.54 (0.25-1.1) 8/1,491
Thomson (2003)	Dyspepsia	All patients	0.1 (0.01-0.6) 1/1040
Vakil (2009)	Dyspepsia without alarm symptoms	All included patients	0.1 (0.03-0.35) 3/2741

Study	Symptom(s)	Patient group	PPVs % (95% CI); prevalence
Collins (2012)	Dysphagia	All patients	4.2 (3.9-4.5) 810/19237
Esfandyari (2002)	Dysphagia	All patients	6 (2.5-13.1) 6/100
Hippisley-Cox (2011)	Dysphagia	All patients	7.8 (7.1-8.5) 434/5590
Jones (2007)	Dysphagia	All patients at 6 months	3.47 (3-4) 208/5999
Jones (2007)	Dysphagia	All patients at 3 years	3.85 (3.38-4.38) 231/5999

**Table 10: Oesophageal cancer: Additional results reported by the individual papers: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Tosetti (2010)	Upper gastro-intestinal symptoms without alarming features	All patients	0.36 (0.02-2.3) 1/275
Muris (1993)	Non-acute abdominal complaints	All patients	0 (0-0.8) 0/578
Collins (2012)	Abdominal pain	Women	0.1 (0.1-0.1) 139/144266
		Men	0.3 (0.3-0.3) 298/102732
Stapley (2013)	Abdominal pain	Patients $\geq$ 55 years	0.3 (0.2-0.3)
Stapley (2013)	Epigastric pain	Patients $\geq$ 55 years	0.9 (0.8-1)
Collins (2012)	Anaemia	Women	0.4 (0.3-0.5) 49/13792
		Men	1.5 (1.1-1.9) 67/4563
Møllmann (1981)	Anaemia	Males	0 (0-44) 0/7
Stapley (2013)	Low haemoglobin	Patients $\geq$ 55 years	0.2 (0.2-109)
Stapley (2013)	Dyspepsia	Patients $\geq$ 55 years	0.7 (0.6-0.7)
Stapley (2013)	Dyspepsia (reported $\geq$ twice)	Patients $\geq$ 55 years	1.2 (1-1.5)
Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 45 years old	0.18 (0.03-0.71) 2/1127
		Patients $\geq$ 50 years old	0.24 (0.04-1) 2/829
		Patients $\geq$ 55 years old	0.18 (0.01-1.16) 1/554
		Patients $\geq$ 60 years old	0.3 (0.02-2) 1/323
Hansen (1998)	Ulcer-like dyspepsia	All patients	0.6 (0.03-3.9) 1/161
Hansen (1998)	Dysmotility-like dyspepsia	All patients	0 (0-2.9) 0/163

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Hansen (1998)	Reflux-like dyspepsia	All patients	1.16 (0.2-4.6) 2/173
Hansen (1998)	Unclassifiable dyspepsia	All patients	0.9 (0.05-5.8) 1/107
Mahadeva (2008)	Dyspepsia	All patients (they were aged 18-45 years)	0 (0-1.1) 0/432
Collins (2012)	Dysphagia	Women	2.5 (2.2-2.8) 262/10391
		Men	6.2 (5.7-6.7) 548/8846
Jones	Dysphagia	Men (all ages) at 6 months	5.3 (4.4-6.2) 138/2628
		Men (all ages) at 3 years	5.7 (4.9-6.7) 150/2628
		Men < 45 years at 3 years	0.21 (0-1.15) 1/482
		Men 45-54 years at 3 years	4.03 (2.36-6.37) 17/422
		Men 55-64 years at 3 years	5.98 (4.1-8.39) 31/518
		Men 65-74 years at 3 years	9.03 (6.82-11.7) 52/576
		Men 75-84 years at 3 years	7.14 (5-9.84) 34/476
		Men ≥ 85 years at 3 years	9.74 (5.55-15.6) 15/154
Jones	Dysphagia	Women (all ages) at 6 months	2.1 (1.6-2.6) 70/3371
		Women (all ages) at 3 years	2.4 (1.9-3) 81/3371
		Women < 45 years at 3 years	0.16 (0-0.86) 1/642
		Women 45-54 years at 3 years	0.58 (0.12-1.68) 3/520
		Women 55-64 years at 3 years	1.92 (0.92-3.49) 10/522
		Women 65-74 years at 3 years	3.79 (2.47-5.55) 25/659
		Women 75-84 years at 3 years	4.03 (2.65-5.85) 26/645
		Women ≥ 85 years at 3 years	4.18 (2.41-6.7) 16/383
Stapley (2013)	Dysphagia	Patients ≥ 55 years	4.8 (4.3-5.9)
Stapley (2013)	Dysphagia (reported ≥ twice)	Patients ≥ 55 years	5.5 (4.2-7.9)
Collins (2012)	Appetite loss	All patients	0.6 (0.5-0.9) 37/5838

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
		Women	0.4 (0.2-0.7) 12/3317
		Men	1 (0.7-1.5) 25/2521
Hippisley-Cox (2011)	Appetite loss	All patients	1.1 (0.8-1.5) 35/3391
Møllmann (1981)	Weight loss and/or anorexia	All patients	0 (0-8.9) 0/50
Collins (2012)	Weight loss	All patients	0.8 (0.7-0.9) 218/28403
		Women	0.6 (0.4-0.7) 86/15465
		Men	1 (0.9-1.2) 132/12938
Hippisley-Cox (2011)	Weight loss	All patients	1.2 (1-1.4) 107/9170
Stapley (2013)	Weight loss	Patients $\geq$ 55 years	0.9 (0.7-1)
Collins (2012)	Haematemesis	All patients	1 (0.8-1.2) 110/10792
		Women	0.5 (0.3-0.7) 22/4630
		Men	1.4 (1.2-1.8) 88/6162
Hippisley-Cox (2011)	Haematemesis	All patients	2.3 (1.9-2.7) 101/4477
Stapley (2013)	Constipation	Patients $\geq$ 55 years	0.2 (0.2-0.2)
Stapley (2013)	Chest pain	Patients $\geq$ 55 years	0.2 (0.2-0.2)
Stapley (2013)	Reflux	Patients $\geq$ 55 years	0.6 (0.6-0.7)
Møllmann (1981)	Nausea and/or vomiting $>$ 2 weeks	All patients	0 (0-12.3) 0/35
Stapley (2013)	Nausea/vomiting	Patients $\geq$ 55 years	0.6 (0.5-0.7)
Stapley (2013)	Nausea/vomiting reported $\geq$ twice	Patients $\geq$ 55 years	1 (0.8-1.2)
Stapley (2013)	Raised platelets	Patients $\geq$ 55 years	0.5 (0.4-0.5)
Stapley (2013) reported that all PPVs for symptom combinations in patients $<$ 55 years were $<$ 1%, and that the highest PPV in this age group was for dysphagia, 0.8 (0.4-1.5)%			
Møllmann (1981)	Gastrointestinal bleeding	All patients	0 (0-32) 0/11

Please note: The calculations of the positive predictive values differ between all the other included studies using (TP)/(TP+FP) and Stapley (2013) using other statistics due to the case-control design of these studies. NR = Not reported.

**Table 11: Oesophageal cancer: Additional results reported by the individual papers: Symptom combinations**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Meineche-Schmidt (2002)	Dyspepsia and jaundice	All patients	0 (0-48.32) 0/6

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Meineche-Schmidt (2002)	Dyspepsia and black stools	All patients	0.91 (0.05-5.69) 1/110
Meineche-Schmidt (2002)	Dyspepsia and bloody stools	All patients	0.76 (0.04-4.81) 1/131
Stapley (2013)	Dysphagia and chest pain	Patients ≥ 55 years	5.8 (3.5-10.8)
Stapley (2013)	Dysphagia and loss of weight	Patients ≥ 55 years	9.2 (4.4-22.7)
Stapley (2013)	Dysphagia and abdominal pain	Patients ≥ 55 years	6.5 (3.5-13.5)
Stapley (2013)	Dysphagia and epigastric pain	Patients ≥ 55 years	9.3 (NR)
Stapley (2013)	Dysphagia and reflux	Patients ≥ 55 years	5 (3.3-8.4)
Stapley (2013)	Dysphagia and low haemoglobin	Patients ≥ 55 years	4.6 (3.4-6.6)
Stapley (2013)	Dysphagia and nausea/vomiting	Patients ≥ 55 years	7.3 (4.4-13.9)
Meineche-Schmidt (2002)	Dyspepsia and dysphagia	All patients	1.4 (0.04-4.36) 3/215
Stapley (2013)	Dysphagia and dyspepsia	Patients ≥ 55 years	9.8 (5.7-20.2)
Stapley (2013)	Dysphagia and raised platelets	Patients ≥ 55 years	6.1 (3.2-13.2)
Stapley (2013)	Dyspepsia and chest pain	Patients ≥ 55 years	0.7 (0.5-0.9)
Stapley (2013)	Dyspepsia and abdominal pain	Patients ≥ 55 years	1 (0.7-1.3)
Stapley (2013)	Dyspepsia and epigastric pain	Patients ≥ 55 years	1.4 (1-2)
Stapley (2013)	Dyspepsia and nausea/vomiting	Patients ≥ 55 years	1.3 (0.9-1.8)
Stapley (2013)	Dyspepsia and reflux	Patients ≥ 55 years	0.9 (0.7-1.2)
Meineche-Schmidt (2002)	Dyspepsia and weight loss	All patients	1.37 (0.35-4.28) 3/219
Stapley (2013)	Dyspepsia and loss of weight	Patients ≥ 55 years	2.1 (1.3-3.5)
Stapley (2013)	Dyspepsia and raised platelets	Patients ≥ 55 years	1.4 (0.9-2.2)
Meineche-Schmidt (2002)	Dyspepsia and anaemia	All patients	0 (0-11.71) 0/37
Stapley (2013)	Dyspepsia and low haemoglobin	Patients ≥ 55 years	1 (0.8-1.3)
Stapley (2013)	Constipation and chest pain	Patients ≥ 55 years	0.4 (0.3-0.5)
Stapley (2013)	Constipation and loss of weight	Patients ≥ 55 years	1.1 (0.8-1.7)
Stapley (2013)	Constipation and abdominal pain	Patients ≥ 55 years	0.4 (0.3-0.5)
Stapley (2013)	Constipation and epigastric pain	Patients ≥ 55 years	1.4 (0.8-2.3)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Stapley (2013)	Constipation and reflux	Patients ≥ 55 years	0.7 (0.5-1.1)
Stapley (2013)	Constipation and low haemoglobin	Patients ≥ 55 years	0.4 (0.4-0.5)
Stapley (2013)	Constipation and nausea/vomiting	Patients ≥ 55 years	0.6 (0.4-0.7)
Stapley (2013)	Constipation and dyspepsia	Patients ≥ 55 years	0.8 (0.6-1.1)
Stapley (2013)	Constipation and dysphagia	Patients ≥ 55 years	4.2 (2.7-7.2)
Stapley (2013)	Constipation and raised platelets	Patients ≥ 55 years	0.9 (0.6-1.4)
Stapley (2013)	Abdominal pain and chest pain	Patients ≥ 55 years	0.3 (0.3-0.4)
Stapley (2013)	Abdominal pain and epigastric pain	Patients ≥ 55 years	0.9 (0.7-1.2)
Stapley (2013)	Abdominal pain and reflux	Patients ≥ 55 years	0.6 (0.5-0.9)
Stapley (2013)	Abdominal pain and weight loss	Patients ≥ 55 years	1.4 (0.9-2.2)
Møllmann (1981)	Upper abdominal pain > 2 weeks and nausea and/or vomiting > 2 weeks	All patients	0 (0-1.6) 0/293
Stapley (2013)	Abdominal pain and nausea/vomiting	Patients ≥ 55 years	0.7 (0.5-0.9)
Stapley (2013)	Abdominal pain and low haemoglobin	Patients ≥ 55 years	0.5 (0.4-0.6)
Stapley (2013)	Abdominal pain and raised platelets	Patients ≥ 55 years	0.8 (0.6-1.1)
Møllmann (1981)	Upper abdominal pain > 2 weeks and gastrointestinal bleeding	All patients	0 (0-21) 0/19
Møllmann (1981)	Upper abdominal pain > 2 weeks and nausea/vomiting > 2 weeks and gastrointestinal bleeding	All patients	0 (0-44) 0/7
Møllmann (1981)	Upper abdominal pain > 2 weeks and nausea/vomiting > 2 weeks and weight loss/anorexia	All patients	0 (0-4) 0/116
Møllmann (1981)	Upper abdominal pain > 2 weeks and weight loss/anorexia and gastrointestinal bleeding	All patients	0 (0-20) 0/5
Møllmann (1981)	Upper abdominal pain > 2 weeks and weight loss/anorexia	All patients	0 (0-4.7) 0/98
Stapley (2013)	Chest pain and epigastric pain	Patients ≥ 55 years	0.9 (0.6-1.4)
Stapley (2013)	Chest pain and reflux	Patients ≥ 55 years	0.6 (0.5-0.9)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Stapley (2013)	Chest pain and weight loss	Patients $\geq$ 55 years	1.1 (0.7-1.8)
Stapley (2013)	Chest pain and nausea/vomiting	Patients $\geq$ 55 years	0.6 (0.4-0.8)
Stapley (2013)	Chest pain and low haemoglobin	Patients $\geq$ 55 years	0.3 (0.3-0.4)
Stapley (2013)	Chest pain and raised platelets	Patients $\geq$ 55 years	0.8 (0.6-1.2)
Stapley (2013)	Epigastric pain and reflux	Patients $\geq$ 55 years	1.5 (1-2.4)
Stapley (2013)	Epigastric pain and weight loss	Patients $\geq$ 55 years	4.2 (1.8-11)
Stapley (2013)	Epigastric pain and low haemoglobin	Patients $\geq$ 55 years	1.6 (1.1-2.2)
Stapley (2013)	Reflux and loss of weight	Patients $\geq$ 55 years	3.1 (1.5-6.7)
Stapley (2013)	Reflux and low haemoglobin	Patients $\geq$ 55 years	0.9 (0.7-1.2)
Stapley (2013)	Weight loss and low haemoglobin	Patients $\geq$ 55 years	1 (0.8-1.3)
Møllmann (1981)	Weight loss/anorexia and gastrointestinal bleeding	All patients	0 (0-80) 0/2
Møllmann (1981)	Weight loss/anorexia and gastrointestinal bleeding and nausea/vomiting $>$ 2 week	All patients	0 (0-80) 0/2
Møllmann (1981)	Weight loss/anorexia and nausea/vomiting $>$ 2 week	All patients	0 (0-16.6) 0/25
Stapley (2013)	Nausea/vomiting and weight loss	Patients $\geq$ 55 years	2.8 (1.7-4.8)
Stapley (2013)	Nausea/vomiting and epigastric pain	Patients $\geq$ 55 years	1.3 (0.9-2)
Stapley (2013)	Nausea/vomiting and reflux	Patients $\geq$ 55 years	2.3 (1.5-3.5)
Stapley (2013)	Nausea/vomiting and low haemoglobin	Patients $\geq$ 55 years	0.9 (0.7-1.1)
Stapley (2013)	Reflux and raised platelets	Patients $\geq$ 55 years	1.6 (0.9-2.9)
Stapley (2013)	Weight loss and raised platelets	Patients $\geq$ 55 years	1.8 (1.1-3)
Stapley (2013)	Nausea/vomiting and raised platelets	Patients $\geq$ 55 years	1.4 (1-2.1)
Stapley (2013)	Epigastric pain and raised platelets	Patients $\geq$ 55 years	1.9 (1-3.8)
Stapley (2013)	Low haemoglobin and raised platelets	Patients $\geq$ 55 years	0.6 (0.6-0.7)
Møllmann (1981)	Any of the inclusion symptoms + previous dyspepsia	All patients	0 (0-0.62) 0/773

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Møllmann (1981)	Any of the inclusion symptoms + no previous dyspepsia	All patients	0 (0-0.91) 0/524
Møllmann (1981)	Any of the inclusion symptoms + unchanged previous dyspepsia	All patients	0 (0-1.2) 0/407
Møllmann (1981)	Any of the inclusion symptoms + no previous or changed dyspepsia	All patients	0 (0-0.54) 0/890
Møllmann (1981)	Any of the inclusion symptoms + pain provoked by meals	All patients	0 (0-1.8) 0/257
Møllmann (1981)	Any of the inclusion symptoms + no pain provoked by meals	All patients	0 (0-0.52) 0/924
Møllmann (1981)	Any of the inclusion symptoms + relief of pain by meals	All patients	0 (0-0.7) 0/488
Møllmann (1981)	Any of the inclusion symptoms + no pain relief by meals	All patients	0 (0-2.8) 0/687
Møllmann (1981)	Any of the inclusion symptoms + irritable bowel syndrome	All patients	0 (0-2.8) 0/167
Møllmann (1981)	Any of the inclusion symptoms + no irritable bowel syndrome	All patients	0 (0-0.42) 0/1129

*Please note: The calculations of the positive predictive values differ between the all the other included studies using (TP)/(TP+FP) and Stapley (2013) using other statistics due to the case-control design of these studies. NR = not reported.*

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of upper gastrointestinal endoscopy, barium swallow or chest X-ray in patients with suspected oesophageal cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	<p><b>Offer urgent direct access upper gastrointestinal endoscopy (to be performed within 2 weeks) to assess for oesophageal cancer in people:</b></p> <ul style="list-style-type: none"> <li>• with dysphagia or</li> <li>• aged 55 and over with weight loss and any of the following: <ul style="list-style-type: none"> <li>◦ upper abdominal pain</li> <li>◦ reflux</li> <li>◦ dyspepsia. [new 2015]</li> </ul> </li> </ul>
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	<p><b>Consider non-urgent direct access upper gastrointestinal endoscopy to assess for oesophageal cancer in people with haematemesis. [new 2015]</b></p> <p><b>Consider non-urgent direct access upper gastrointestinal endoscopy to assess for oesophageal cancer in people aged 55 or over with:</b></p> <ul style="list-style-type: none"><li>• <b>treatment-resistant dyspepsia or</b></li><li>• <b>upper abdominal pain with low haemoglobin levels or</b></li><li>• <b>raised platelet count with any of the following:</b><ul style="list-style-type: none"><li>◦ <b>nausea</b></li><li>◦ <b>vomiting</b></li><li>◦ <b>weight loss</b></li><li>◦ <b>reflux</b></li><li>◦ <b>dyspepsia</b></li><li>◦ <b>upper abdominal pain, or</b></li></ul></li><li>• <b>nausea or vomiting with any of the following:</b><ul style="list-style-type: none"><li>◦ <b>weight loss</b></li><li>◦ <b>reflux</b></li><li>◦ <b>dyspepsia</b></li><li>◦ <b>upper abdominal pain. [new 2015]</b></li></ul></li></ul>
	<p><b>See also recommendations in chapter 6 for information about seeking specialist advice.</b></p>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of oesophageal cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict oesophageal cancer.</p> <p><u>Investigations in primary care for oesophageal cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of oesophageal cancer</u> The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms but was generally of moderate-high quality. The reviewer noted that a number of the included studies had merged stomach and oesophageal cancer making it difficult to tease out the specifics related to oesophageal cancer. In addition, the reviewer also noted that for some of the symptoms, the positive predictive values were based on very few patients and that this was likely to make these estimates unreliable.</p> <p>The GDG agreed, based on their knowledge of the way diagnoses and findings are recorded on computers in clinical practice and how the studies used this information to calculate PPVs, that the evidence was subject to verification bias of the recorded symptoms which could result in an over-estimation of the PPVs.</p> <p><u>Investigations in primary care for oesophageal cancer</u> No evidence was found pertaining to the diagnostic performance of chest x-ray, upper gastrointestinal endoscopy or barium</p>

	<p>swallow in primary care patients with suspected oesophageal cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with oesophageal cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without oesophageal cancer who get inappropriately referred whilst maximising the number of people with oesophageal cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG had previously agreed to recommend suspected cancer pathway referral for those symptoms with a positive predictive value of 3% or above.</p> <p>The GDG noted that the majority of people referred on a suspected cancer pathway for investigation of possible oesophageal cancer will have an upper gastrointestinal endoscopy. The GDG considered that performing this investigation in primary care would allow the GP to triage people presenting with symptoms of suspected oesophageal cancer prior to a suspected cancer pathway referral and thereby ensure that the right patients are referred based on the test results.</p> <p>The GDG noted the absence of evidence for direct access upper gastrointestinal endoscopy in people presenting to primary care, but the GDG, based on clinical experience, judged that the accuracy of this test is acceptable. The GDG also noted that this strategy would result in a slight delay for the people for whom a suspected cancer pathway referral is warranted. However, the GDG judged that this slight delay would be acceptable because it would prevent the suspected cancer pathway referral system from becoming overburdened with unnecessary referrals, thereby allowing it to operate more efficiently for those people on the suspected cancer pathway.</p> <p>The GDG therefore decided to recommend <b>urgent</b> direct access upper gastrointestinal endoscopy (to be performed within 2 weeks) for those people whose symptoms had a PPV of 3% or above for oesophageal cancer instead of a suspected cancer pathway referral. By doing this the GDG hoped to refine the group of symptomatic people being referred to those with the greatest risk of having oesophageal cancer.</p> <p>The GDG chose the symptoms that should prompt urgent direct access upper gastrointestinal endoscopy based on the positive predictive values and age cut-offs presented in the evidence. Although the PPV for oesophageal cancer in people with dysphagia only exceeds 3% in men over 45 and women over 65, when formulating their recommendation for urgent direct access upper gastrointestinal endoscopy to assess for oesophageal cancer, the GDG also took account of the evidence for stomach cancer, which has no age limit for dysphagia. Since dysphagia can indicate either oesophageal or stomach cancer, and the recommended action is the same, the GDG agreed to remove the age limit in the recommendation for urgent direct access upper gastrointestinal endoscopy (within 2 weeks) to assess for oesophageal cancer in people with dysphagia.</p>

	<p>The GDG noted that the distinction between epigastric pain, upper abdominal pain, dyspepsia and reflux to some extent is artificial and that there is significant overlap in the practical use of these terms. The GDG therefore decided to use upper abdominal pain rather than epigastric pain as the former term is more inclusive. Similarly, the GDG decided to make the same recommendation for dyspepsia as for reflux to take into account the overlap in the recording of these symptoms. The GDG hoped that this would ensure that variations in use of these terms would not stop any person from being investigated as recommended.</p> <p>The GDG recognised that there were symptoms with a PPV below 3% that were still predictive enough of oesophageal cancer to warrant further investigation, but that this could be via a non-urgent pathway. The GDG agreed in this instance, that symptoms with a PPV below 1% did not warrant any action as they were unlikely to be sufficiently predictive of oesophageal cancer.</p> <p>The GDG chose the symptoms that should prompt <b>non-urgent</b> direct access upper gastrointestinal endoscopy based on the positive predictive values and age cut-offs presented in the evidence. Although some symptoms had PPVs in the defined range, the GDG agreed not to include them in this recommendation because:</p> <ul style="list-style-type: none"><li>• the same symptom, reported by multiple studies, had PPVs that spanned 1%. The GDG considered that the verification bias present in the studies, was likely to have led to an over-estimation of the PPV, such that the true value of the PPV was likely to be below 1% (anaemia, weight loss and appetite loss in all ages).</li><li>• the PPV reported was either 1% or marginally above this. The GDG considered that the verification bias present in the studies, was likely to have led to an over-estimation of the PPV, such that the true value of the PPV was likely to be below 1% (nausea/vomiting twice or more, constipation plus loss of weight, chest pain plus loss of weight, loss of weight and low haemoglobin in people aged 55 and over)</li><li>• the PPV reported was either 1% or marginally above this. The GDG considered that the verification bias present in the studies, was likely to have led to an over-estimation of the PPV. In addition, the GDG agreed that a number of patients with the reported symptoms would be covered by other recommendations which would reduce the PPV for the remaining patients. Together this would mean that the true value of the PPV was likely to be below 1% (dyspepsia plus abdominal pain, dyspepsia plus epigastric pain, constipation plus epigastric pain, epigastric pain plus reflux in people aged 55 and over).</li></ul>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendations for direct access upper gastrointestinal endoscopy are likely to result in a cost increase due to an increase number of endoscopies performed. However, this cost increase is likely to be counteracted to some extent by a cost saving from an optimised diagnostic process</p>

	that will see an increase in the proportion of patients being referred on a suspected cancer pathway who have oesophageal cancer and a decrease in the number of patients without oesophageal cancer being referred.
Other considerations	The GDG recognised that to implement these recommendations, there may initially be some capacity issues in some localities because of the increase in direct access endoscopies.

## 8.2 Pancreatic cancer

Nearly 9,000 new pancreatic cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with pancreatic cancer every 3-5 years. Most occur in the exocrine pancreas, though endocrine tumours also occur. Five year survival is below 5%.

Pancreatic cancer can present with a number of different symptoms, and there are often multiple symptoms simultaneously. Symptoms include pain, loss of appetite and weight. Lesions near the head of the pancreas may lead to obstructive jaundice. Endocrine cancers may produce symptoms from secretion of hormones such as insulin.

There is no standard pathway for all features of possible pancreatic cancer. CT provides more complete assessment for pancreatic cancer although ultrasound may also be of some use. Interpretation of pancreatic imaging is often performed by sub-specialist radiologists. Definitive diagnosis requires biopsy, often guided by imaging. This is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

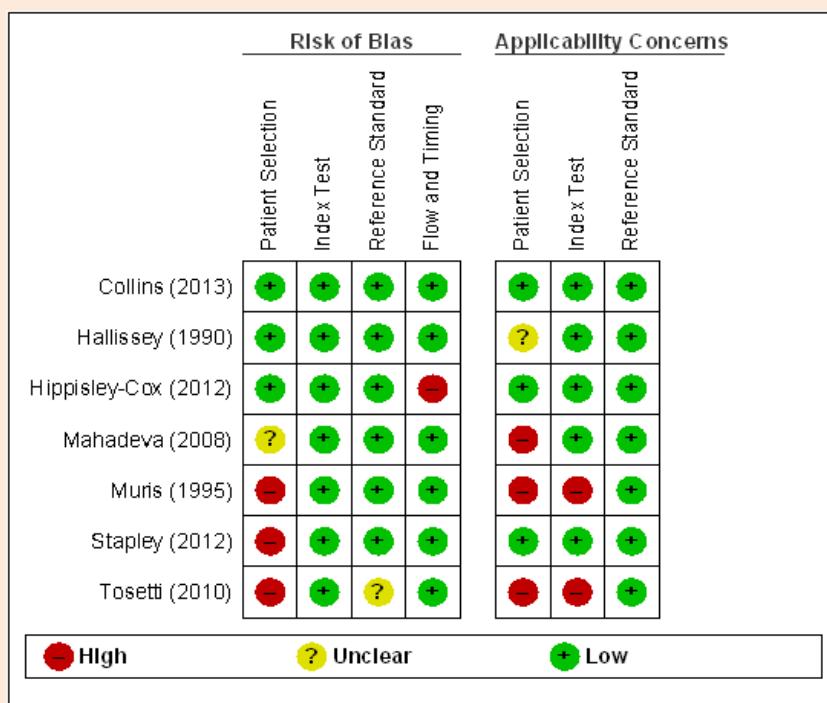
- **What is the risk of pancreatic cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected pancreatic cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias and applicability concerns to note in terms of patient selection were that this was not clearly consecutive or random in four of the studies, with three of these studies conducted in a setting that is not clearly directly representative of UK-based primary care. The other bias and applicability concerns to note include missing data, population with restricted age range, short follow up and underspecified presenting symptoms. These issues should all be born in mind when evaluating the evidence.



### Evidence statements

For pancreatic cancer the positive predictive values of single symptoms (7 studies, N = 3,146,347) presenting in primary care ranged from 0.06% (for back pain) to 21.6% (for jaundice). The included studies were associated with 0-4 bias/applicability concerns (see also Table 12).

For pancreatic cancer the positive predictive values of symptom combinations (1 study, N = 20,094) presenting in primary care ranged from 0.2% (for diarrhoea in combination with either constipation, nausea/vomiting or back pain) to 22.3% (for new onset diabetes combined with jaundice). The included study was associated with 1 bias concern (see also Table 13).

**Table 12: Pancreatic cancer: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Collins (2013)	Abdominal pain	All patients	0.14 (0.12-0.15) 354/255058
		Women	0.1 (0.09-0.12) 154/148290
		Men	0.19 (0.16-0.22) 200/106768
Hippisley-Cox (2012)	Abdominal pain	All patients	0.3 (0.3-0.4) 311/94103
Stapley (2012)	Abdominal pain	All patients	0.2 (0.19-0.22) Cases: 1540/3635 Controls: 1004/16459
Stapley (2012)	Abdominal pain	Patients $\geq$ 60 years	0.3 (0.3-0.4)
Stapley (2012)	Abdominal pain (attended $\geq$ twice)	Patients $\geq$ 60 years	1 (0.8-1.2)
Hallissey (1990)	Dyspepsia	All patients	0.23 (0.09-0.53) 6/2585

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Mahadeva (2008)	Dyspepsia	All patients (they were aged 18-45 years)	0.23 (0.01-1.49) 1/432
Hippisley-Cox (2012)	Abdominal distension	All patients	0.3 (0.1-0.5) 9/3456
Collins (2013)	Abdominal distension	Women	0.16 (0.07-0.34) 7/4457
Muris (1995)	Non-acute abdominal complaints	All patients	0.21 (0.04-0.86) 2/933
Hippisley-Cox (2012)	Dysphagia	All patients	0.2 (0.1-0.4) 11/5442
Collins (2013)	Dysphagia	Men	0.1 (0.05-0.19) 9/9326
Collins (2013)	Appetite loss	All patients	0.39 (0.26-0.59) 24/6078
		Women	0.32 (0.17-0.59) 11/3433
		Men	0.49 (0.27-0.86) 13/2645
Hippisley-Cox (2012)	Appetite loss	All patients	0.8 (0.5-1.2) 27/3382
Collins (2013)	Weight loss	All patients	0.28 (0.22-0.35) 82/29382
		Women	0.16 (0.11-0.24) 26/15954
		Men	0.42 (0.32-0.54) 56/13428
Hippisley-Cox (2012)	Weight loss	All patients	0.6 (0.5-0.8) 61/9415
Stapley (2012)	Weight loss	All patients	0.44 (0.36-0.55) Cases: 353/3635 Controls: 105/16459
Stapley (2012)	Weight loss	Patients $\geq$ 60 years	0.8 (0.7-1)
Stapley (2012)	Nausea/vomiting	All patients	0.19 (0.17-0.21) Cases: 590/3635 Controls: 408/16459
Stapley (2012)	Nausea/vomiting	Patients $\geq$ 60 years	0.3 (0.3-0.4)
Stapley (2012)	Back pain	All patients	0.06 (0.05-0.07) Cases: 452/3635 Controls: 1007/16459
Stapley (2012)	Back pain	Patients $\geq$ 60 years	0.1 (0.1-0.1)
Stapley (2012)	Back pain (attended $\geq$ twice)	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Stapley (2012)	Constipation	All patients	0.1 (0.09-0.11) Cases: 427/3635 Controls: 555/16459
Stapley (2012)	Constipation	Patients $\geq$ 60 years	0.2 (0.2-0.2)
Collins (2013)	Constipation	Males	0.21 (0.11-0.38)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
			11/5315
Stapley (2012)	Diarrhoea	All patients	0.09 (0.08-0.11) Cases: 385/3635 Controls: 539/16459
Stapley (2012)	Diarrhoea	Patients $\geq$ 60 years	0.2 (0.2-0.2)
Stapley (2012)	Malaise	All patients	0.12 (0.1-0.15) Cases: 187/3635 Controls: 197/16459
Stapley (2012)	Malaise	Patients $\geq$ 60 years	0.2 (0.2-0.3)
Stapley (2012)	Jaundice	All patients	12.9 (7.89-27.1) Cases: 1110/3635 Controls: 10/16459
Stapley (2012)	Jaundice	Patients $\geq$ 60 years	21.6 (14-52)
Stapley (2012)	Jaundice (attended $\geq$ twice)	Patients $\geq$ 60 years	31.6 (NR)
Stapley (2012)	New-onset diabetes	All patients	0.09 (0.08-0.1) Cases: 804/3635 Controls: 1201/16459
Stapley (2012)	New-onset diabetes	Patients $\geq$ 60 years	0.2 (0.2-0.2)
Tosetti (2010)	Upper gastro-intestinal symptoms without alarming features	All patients	0.36 (0.02-2.33) 1/275
Stapley (2012)	Abnormal liver function	All patients	0.16 (0.15-0.17) Cases: 1834/3635 Controls: 1506/16459
Stapley (2012)	Low haemoglobin	All patients	0.1 (0.09-0.11) Cases: 728/3635 Controls: 978/16459
Stapley (2012)	Raised inflammatory markers	All patients	0.16 (0.15-0.17) Cases: 892/3635 Controls: 734/16459
Stapley (2012)	The authors report that in patients $\geq$ 70 years the PPVs for most symptoms were 1.5-4.5 times higher than in patients $<$ 70 years.		

Stapley (2012) calculated the positive predictive values using Bayesian statistics. Meta-analyses are not undertaken as the Stapley data cannot be included due to the case-control design of the study. NR = not reported.

Table 13: Pancreatic cancer: Symptom combinations

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Stapley (2012)	Abdominal pain and back pain	Patients $\geq$ 60 years	0.4 (0.3-0.5)
Stapley (2012)	Abdominal pain and constipation	Patients $\geq$ 60 years	0.5 (0.4-0.7)
Stapley (2012)	Abdominal pain and malaise	Patients $\geq$ 60 years	0.6 (0.4-0.8)
Stapley (2012)	Abdominal pain and diarrhoea	Patients $\geq$ 60 years	0.4 (0.3-0.5)
Stapley (2012)	Abdominal pain and nausea/vomiting	Patients $\geq$ 60 years	0.9 (0.7-1.2)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Stapley (2012)	Abdominal pain and loss of weight	Patients $\geq$ 60 years	2.5 (1.5-4.4)
Stapley (2012)	Abdominal pain and new onset diabetes	Patients $\geq$ 60 years	0.9 (0.7-1.1)
Stapley (2012)	Abdominal pain and jaundice	Patients $\geq$ 60 years	15 (NR)
Stapley (2012)	Back pain and constipation	Patients $\geq$ 60 years	0.3 (0.2-0.4)
Stapley (2012)	Back pain and malaise	Patients $\geq$ 60 years	0.3 (0.2-0.6)
Stapley (2012)	Back pain and diarrhoea	Patients $\geq$ 60 years	0.2 (0.1-0.3)
Stapley (2012)	Back pain and nausea/vomiting	Patients $\geq$ 60 years	0.3 (0.2-0.5)
Stapley (2012)	Back pain and loss of weight	Patients $\geq$ 60 years	2 (1-4.3)
Stapley (2012)	Back pain and new onset diabetes	Patients $\geq$ 60 years	0.3 (0.2-0.4)
Stapley (2012)	Back pain and jaundice	Patients $\geq$ 60 years	8.9 (NR)
Stapley (2012)	Diarrhoea and constipation	Patients $\geq$ 60 years	0.2 (0.1-0.3)
Stapley (2012)	Diarrhoea and malaise	Patients $\geq$ 60 years	0.3 (0.1-0.5)
Stapley (2012)	Diarrhoea and nausea/vomiting	Patients $\geq$ 60 years	0.2 (0.2-0.3)
Stapley (2012)	Diarrhoea and loss of weight	Patients $\geq$ 60 years	2.7 (NR)
Stapley (2012)	Diarrhoea and new onset diabetes	Patients $\geq$ 60 years	0.4 (0.3-0.5)
Stapley (2012)	Diarrhoea and jaundice	Patients $\geq$ 60 years	> 10*
Stapley (2012)	Constipation and malaise	Patients $\geq$ 60 years	0.3 (0.2-0.5)
Stapley (2012)	Nausea/vomiting and malaise	Patients $\geq$ 60 years	0.5 (0.3-0.8)
Stapley (2012)	Constipation and weight loss	Patients $\geq$ 60 years	1.5 (0.8-3)
Stapley (2012)	Constipation and nausea/vomiting	Patients $\geq$ 60 years	0.6 (0.4-0.8)
Stapley (2012)	Nausea/vomiting and weight loss	Patients $\geq$ 60 years	2.2 (1.1-4.6)
Stapley (2012)	Weight loss and new onset diabetes	Patients $\geq$ 60 years	1.6 (1-2.9)
Stapley (2012)	New onset diabetes and jaundice	Patients $\geq$ 60 years	22.3 (NR)
Stapley (2012)	Constipation and new onset diabetes	Patients $\geq$ 60 years	0.4 (0.3-0.6)
Stapley (2012)	Malaise and new onset diabetes	Patients $\geq$ 60 years	0.5 (0.3-0.9)
Stapley (2012)	Nausea/vomiting and new onset diabetes	Patients $\geq$ 60 years	0.7 (0.5-1)
Stapley (2012)	Weight loss and malaise	Patients $\geq$ 60 years	0.9 (0.4-2.1)
Stapley (2012)	Jaundice and nausea/vomiting	Patients $\geq$ 60 years	14.6 (NR)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Stapley (2012)	Jaundice and constipation	Patients $\geq$ 60 years	>10*
Stapley (2012)	Jaundice and malaise	Patients $\geq$ 60 years	>10*
Stapley (2012)	Jaundice and weight loss	Patients $\geq$ 60 years	>10*

Stapley (2012) calculated the positive predictive values using Bayesian statistics. NR = not reported. \* > 40 cases and 0 controls had these symptoms.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of CT scan, ultrasound, MRI, CEA, Beta hCG or tumour markers CA19-9 and CA72-4 in patients with suspected pancreatic cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

	<p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) for pancreatic cancer if they are aged 40 and over and have jaundice. [new 2015]</b></p> <p><b>Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available, to assess for pancreatic cancer in people aged 60 and over with weight loss and any of the following:</b></p> <ul style="list-style-type: none"> <li>• diarrhoea</li> <li>• back pain</li> <li>• abdominal pain</li> <li>• nausea</li> <li>• vomiting</li> <li>• constipation</li> <li>• new-onset diabetes. [new 2015]</li> </ul>
<p><b>Recommendations</b></p> <p>Relative value placed on the outcomes considered</p>	<p><u>Signs and symptoms of pancreatic cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict pancreatic cancer.</p> <p><u>Investigations in primary care for pancreatic cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
<p>Quality of the evidence</p>	<p><u>Signs and symptoms of pancreatic cancer</u></p> <p>The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms but generally was of moderate to high quality. The GDG noted that the evidence did not distinguish between obstructive and non-obstructive jaundice, but instead grouped these two together as jaundice.</p> <p><u>Investigations in primary care for pancreatic cancer</u></p>

	<p>No evidence was found pertaining to the diagnostic accuracy of CT scan, ultrasound, MRI, CEA, Beta hCG or tumour markers CA19-9 and CA72-4 in primary care patients with suspected pancreatic cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with pancreatic cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without pancreatic cancer who get inappropriately referred whilst maximising the number of people with pancreatic cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with pancreatic cancer outweighed the disadvantages to those without.</p> <p>The GDG noted, based on the evidence, that jaundice presenting in a primary care setting was associated with a positive predictive value of above 3% for pancreatic cancer. They therefore recommended this symptom should prompt a suspected cancer pathway referral. The GDG considered whether this PPV threshold should be varied in recognition of the fact that some cancers have a poorer prognosis than others. However, for many of the cancers with poorer prognosis, there is neither clinical evidence nor agreement in the wider clinical community that earlier detection would improve prognosis, nor evidence that there are highly effective treatments that could be employed to improve prognosis in individual cases. Given this the GDG agreed to keep the same PPV threshold for suspected cancer pathway referrals in all adult cancers.</p> <p>The GDG also noted that the evidence for jaundice was established in a population aged 40 years and above; that the incidence of pancreatic cancer in people below 40 years is extremely low, and that jaundice in people aged below 40 years is much more likely to be caused by other conditions (such as alcoholism or hepatitis) than pancreatic cancer. The GDG therefore agreed to refer only people aged 40 and above who present with jaundice. The GDG noted that people under 40 with jaundice would usually be referred on non-cancer related pathways.</p> <p>The GDG noted the absence of evidence for investigations for pancreatic cancer in primary care. Based on their clinical experience they considered that whilst CT scan and ultrasound are investigations commonly used to diagnose pancreatic cancer in secondary care, they could have value as investigations in primary care to determine if a suspected cancer pathway referral was needed.</p> <p>The GDG acknowledged that ultrasound is only able to image the head of the pancreas, and is associated with both false positives and negatives. In addition cancer in the head of the pancreas can be identified by the presence of jaundice. A CT scan can image the whole pancreas but is associated with the</p>

	<p>potential risk of radiation late effects.</p> <p>The GDG considered that the clinical benefits of investigation performed in primary care would be to expedite pancreatic cancer diagnosis in people whose symptoms may otherwise not be investigated. The GDG noted, based on the evidence, that weight loss presenting with diarrhoea, back pain, abdominal pain, nausea/vomiting, constipation or new diabetes are also associated with an appreciable risk of pancreatic cancer in people aged 60 and above. However, the GDG also noted that these symptoms are also associated with other types of cancer, some of which are more common than pancreatic cancer, such as colorectal, ovarian and prostate. Consequently it was possible that some people without pancreatic cancer may be investigated unnecessarily. The GDG agreed that the benefits of earlier diagnosis outweighed the potential harms.</p> <p>Whilst the GDG acknowledged that there was no evidence on which to base a timeframe for performing the investigation, they felt it was important not to introduce further delay to the diagnostic process since this was a cancer that tends to present late. A quicker scan would also enable symptom relief and treatment to start sooner. Therefore an urgent scan was recommended.</p> <p>The GDG therefore decided to recommend further investigation in primary care with urgent CT scan for people aged 60 and above for clinical scenarios where urgent referral is not warranted, based on symptoms at presentation, but pancreatic cancer is still a small possibility.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation made for jaundice could result in a small increase in the number of referrals because the recommendation is for jaundice as a whole and not just obstructive jaundice, as in the previous guidance. This increase is however likely to be counteracted by a small decrease in referrals because an age limit has now been included.</p> <p>The GDG acknowledged that CT scans are not as widely available in primary care as ultrasound and more expensive. However a CT scan can image the whole pancreas, whilst ultrasound can only image the head. The GDG therefore considered that a CT scan would be the most appropriate investigation in primary care. However, since it was not possible to do an analysis of the cost-effectiveness of these different investigations, due to a lack of directly relevant data, the GDG agreed to include ultrasound as an option where CT scans were not available.</p> <p>The GDG noted that the recommendation for an urgent CT scan is likely to result in a cost increase due to an increased number of CT scans performed. However, this cost increase is likely to be counteracted by a cost saving from an optimised diagnostic process that will see an increase in the number of patients being referred to the right clinic after an abnormal CT scan. These</p>

	patients could otherwise potentially be referred, consecutively, to three different suspected cancer clinics due to the generic nature of the presenting symptoms.
Other considerations	The GDG recognised that to implement these recommendations, there may initially be some capacity issues in some localities as urgent CT scans are harder to accommodate than non-urgent CT scans.

## 8.3 Stomach cancer

Over 7,000 new stomach cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with stomach cancer every 3-5 years. It is seen in both sexes, though two-thirds of new diagnoses are in males. Five year survival is approximately 20%.

Stomach cancer can present with a number of different symptoms, including dysphagia, pain, acid reflux, loss of appetite and loss of weight. Anaemia may also be a presenting feature.

The symptoms overlap with oesophageal cancer, but the usual investigative strategy, upper gastrointestinal endoscopy, is the same for both cancers. Most stomach cancers can be identified on endoscopy, and a biopsy taken. In some areas, this is currently available under the clinical responsibility of primary care. Older imaging techniques, such as barium meal, are rarely used.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

- **What is the risk of stomach cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected stomach cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias and validity issues to note relates to patient selection and applicability with some studies employing non-consecutive patient sampling, e.g., case-control designs (which has been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection), and others being conducted in a setting that may not directly translate to UK-based primary care. The other main issues of concern relates to missing data (and the concern that this may not be missing at random) and under specification of symptoms and reference standards, which makes it difficult to ascertain their applicability and/or validity. The evidence base is also limited by the fact that some of the positive predictive value estimates are based on low numbers of patients and a number of the studies do not provide different estimates for stomach and oesophageal cancer, but only provide one estimate for these cancers combined.

	Risk of Bias				Applicability Concerns			
	Patient Selection	Index Test	Reference Standard	Flow and Timing	Patient Selection	Index Test	Reference Standard	
Brignoli (1997)	?	+	?	+	?	+	+	
Collins (2012)	+	+	+	+	+	+	+	
Droogendijk (2011)	+	+	+	?	?	+	+	
Duggan (2008)	?	+	+	+	+	+	+	
Edenholm (1985)	?	+	+	+	?	+	+	
Esfandyari (2002)	+	+	+	+	+	+	+	
Famus Palou (2000)	+	+	?	?	?	+	?	
Hallissey (1990)	+	+	+	+	?	+	+	
Hansen (1998)	+	+	+	?	?	+	+	
Heikkinen (1995)	+	+	+	+	?	+	+	
Hippisley-Cox (2011)	+	+	+	?	+	+	+	
Jaskiewicz (1991)	?	+	+	+	?	?	+	
Jones (2007)	+	+	+	+	+	+	+	
Kagevi (1989)	+	+	+	+	?	+	+	
Mahadeva (1998)	?	+	+	+	?	+	+	
Meineche-Schmidt (2002)	+	+	+	+	?	+	+	
Muris (1993)	+	+	+	+	?	?	+	
Møllmann (1981)	+	+	?	?	?	+	+	
Stapley (2013)	?	+	+	+	+	+	+	
Stellon (1997)	+	+	+	+	+	+	+	
Thomson (2003)	?	+	+	+	?	+	+	
Tosetti (2010)	?	+	?	+	?	?	+	
Vakil (2009)	?	+	+	+	+	+	+	
Yates (2004)	+	+	+	+	?	+	+	

High      ?      Low

### Evidence statements

Abdominal pain (4 studies, N = 3416339) presenting in a primary care setting is associated with an overall positive predictive value of up to 0.34% for stomach cancer. The studies were associated with 0-3 bias or applicability concerns (see also Tables 14-16).

Anaemia (8 studies, N = 3417170) presenting in a primary care setting is associated with an overall positive predictive value of up to 1.09% for stomach cancer. The studies were associated with 0-4 bias or applicability concern (see also Tables 14-16).

Dyspepsia (13 studies, N = 52183) presenting in a primary care setting is associated with an overall positive predictive value of up to 1.2% for stomach cancer. The studies were associated with 1-3 bias or applicability concerns (see also Tables 14-16).

Dysphagia (5 studies, N = 4177284) presenting in a primary care setting is associated with an overall positive predictive value of up to 5.5% for stomach cancer. All the studies were associated with 0-1 bias or applicability concerns (see also Tables 14-16).

Other single symptoms (6 studies, N = 3417192) presenting in a primary care setting are associated with an overall positive predictive values for stomach cancer up to 2.3% (for haematemesis). The studies were associated with 0-4 bias or applicability concerns (see also Table 16).

Two or more symptom presenting in combination (3 studies, N = 43319) in a primary care setting are associated with overall positive predictive values for stomach cancer ranging from 0% (dyspepsia with jaundice or anaemia, for 'gastrointestinal bleeding and nausea/vomiting and upper abdominal pain', and for 'gastrointestinal bleeding and anorexia/weightloss' with or without nausea/vomiting) to 20% (for 'upper abdominal pain and weight loss/anorexia and gastrointestinal bleeding'), but some of these positive predictive values were based on very low numbers of patients. The studies were associated with 1-3 bias or applicability concerns (see also Table 17).

**Table 14: Stomach cancer: Meta-analyses**

<b>Studies included</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Collins (2012) Hippisley-Cox (2011) Møllmann (1981)	Abdominal pain	All patients N = 3389979	0.34 (0.16-0.71)
Collins (2012) Droogendijk (2011) Farrus Palou (2000) Hippisley-Cox (2011) Stellon (1997) Yates (2004)	Anaemia	All patients N = 3375342	1.09 (0.67-1.77)
Brignoli (1997) Duggan (2008) Edenholm (1985) Hallissey (1990) Hansen (1998) Heikkinen (1995) Jaskiewicz (1991) Kagevi (1989) Meineche-Schmidt (2002) Thomson (2003) Vakil (2009)	Dyspepsia	All patients N = 11403	0.65 (0.33-1.3)
Collins (2012) Esfandyari (2002) Hippisley-Cox (2011) Jones (2007)	Dysphagia	All patients N = 4136936	3.6 (1.58-8.01)

Please note that the data from Stapley (2013) are not included in these meta-analyses due to the case-control design of the study, and the data from Mahadeva (1998) is not included due to the limited and different age range of the population. These data are instead reported in the table below entitled "Additional results reported by the individual papers: Single symptoms". When the number of studies was < 3, the data were not meta-analysed, but presented for the individual studies instead.

**Table 15: Stomach cancer: Individual positive predictive values from the meta-analyses**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>PPVs % (95% CI); prevalence</b>
Collins (2012)	Abdominal pain	All patients	0.2 (0.2-0.2) 437/246998
Hippisley-Cox (2011)	Abdominal pain	All patients	0.3 (0.3-0.4) 309/91627
Møllmann (1981)	Upper abdominal pain > 2 weeks	All patients	1 (0.4-2.4) 6/577
Collins (2012)	Anaemia	All patients	0.6 (0.5-0.8) 116/18355
Droogendijk (2011)	Anaemia	All patients	1.04 (0.27-3.28) 3/287
Farrus Palou (2000)	Anaemia	All patients	1.7 (0.09-10.5) 1/58
Hippisley-Cox (2011)	Anaemia	All patients	1.1 (1-1.4) 119/10349
Stellon (1997)	Anaemia	All patients (N = 26)	0 (0-16) 0/26
Yates (2004)	Anaemia	All patients	2.55 (1.35-4.66) 11/431 has UGI cancer: No distinction made between the different kinds
Brignoli (1997)	Dyspepsia	All patients	0.4 (0.09-1.14) 3/828
Duggan (2008)	Dyspepsia	All patients	0.27 (0.05-1.1) 2/753
Edenholm (1985)	Persistent epigastric pain/ulcer-like dyspepsia	All patients who received an UGI endoscopy	1.2 (0.21-4.77) 2/165
Hallissey (1990)	Dyspepsia	All patients	2.28 (1.76-3) 59/2585
Hansen (1998)	Dyspepsia	All patients	1 (0.4-2.2) 6/612
Heikkinen (1995)	Dyspepsia	All patients	1.75 (0.8-3.7) 7/400
Jaskiewicz (1991)	Dyspepsia	All patients	2.7 (1.6-4.5) 16/585
Kagevi (1989)	Dyspepsia	All patients	1.16 (0.2-4.6) 2/172
Meineche-Schmidt (2002)	Dyspepsia	All patients	0.54 (0.25-1.1) 8/1491
Thomson (2003)	Dyspepsia	All patients	0.1 (0.01-0.6) 1/1040
Vakil (2009)	Dyspepsia without alarm symptoms	All patients	0.1 (0.03-0.35) 3/2741
Collins (2012)	Dysphagia	All patients	4.2 (3.9-4.5) 810/19237

Study	Symptom(s)	Patient group	PPVs % (95% CI); prevalence
Esfandyari (2002)	Dysphagia	All patients	6 (2.5-13.1) 6/100
Hippisley-Cox (2011)	Dysphagia	All patients	7.8 (7.1-8.5) 434/5590
Jones (2007)	Dysphagia	All patients	0.78 (0.58-1.05) 47/5999

**Table 16: Stomach cancer: Additional results reported by the individual papers: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Tosetti (2010)	Upper gastro-intestinal symptoms without alarming features	All patients	0 (0-1.7) 0/275
Muris (1993)	Non-acute abdominal complaints	All patients	0 (0-0.8) 0/578
Collins (2012)	Abdominal pain	Women	0.1 (0.1-0.1) 139/144266
		Men	0.3 (0.3-0.3) 298/102732
Stapley (2013)	Abdominal pain	Patients ≥ 55 years	0.3 (0.2-0.3)
Stapley (2013)	Epigastric pain	Patients ≥ 55 years	0.9 (0.8-1)
Collins (2012)	Anaemia	Women	0.4 (0.3-0.5) 49/13792
		Men	1.5 (1.1-1.9) 67/4563
Møllmann (1981)	Anaemia	Men	0 (0-44) 0/7
Stapley (2013)	Low haemoglobin	Patients ≥ 55 years	0.2 (0.2-109)
Jaskiewicz (1991)	Dyspepsia	Males	3.4 (1.8-6) 12/355
		Females	1.7 (0.6-4.7) 4/230
Stapley (2013)	Dyspepsia	Patients ≥ 55 years	0.7 (0.6-0.7)
Stapley (2013)	Dyspepsia (reported ≥ twice)	Patients ≥ 55 years	1.2 (1-1.5)
Vakil (2009)	Dyspepsia without alarm symptoms	Patients ≥ 45 years old	0.27 (0.07-0.84) 3/1127
		Patients ≥ 50 years old	0.36 (0.09-1.15) 3/829
		Patients ≥ 55 years old	0 (0-0.86) 0/554
		Patients ≥ 60 years old	0 (0-1.47) 0/323
Hansen (1998)	Ulcer-like dyspepsia	All patients	0.6 (0.03-3.9) 1/161
Hansen (1998)	Dysmotility-like dyspepsia	All patients	0 (0-2.9) 0/163

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Hansen (1998)	Reflux-like dyspepsia	All patients	1.16 (0.2-4.6) 2/173
Hansen (1998)	Unclassifiable dyspepsia	All patients	0.9 (0.05-5.8) 1/107
Mahadeva (2008)	Dyspepsia	All patients (they were aged 18-45 years)	0 (0-1.1) 0/432
Collins (2012)	Dysphagia	Women	2.5 (2.2-2.8) 262/10391
		Men	6.2 (5.7-6.7) 548/8846
Jones (2007)	Dysphagia	Women	0.5 (0.3-0.8) 17/3371
		Men	1.14 (0.79-1.65) 30/2628
Stapley (2013)	Dysphagia	Patients $\geq$ 55 years	4.8 (4.3-5.9)
Stapley (2013)	Dysphagia (reported $\geq$ twice)	Patients $\geq$ 55 years	5.5 (4.2-7.9)
Collins (2012)	Appetite loss	All patients	0.6 (0.5-0.9) 37/5838
		Women	0.4 (0.2-0.7) 12/3317
		Men	1 (0.7-1.5) 25/2521
Hippisley-Cox (2011)	Appetite loss	All patients	1.1 (0.8-1.5) 35/3391
Møllmann (1981)	Weight loss and/or anorexia	All patients	2 (0.1-12) 1/50
Collins (2012)	Weight loss	All patients	0.8 (0.7-0.9) 218/28403
		Women	0.6 (0.4-0.7) 86/15465
		Men	1 (0.9-1.2) 132/12938
Hippisley-Cox (2011)	Weight loss	All patients	1.2 (1-1.4) 107/9170
Stapley (2013)	Weight loss	Patients $\geq$ 55 years	0.9 (0.7-1)
Collins (2012)	Haematemesis	All patients	1 (0.8-1.2) 110/10792
		Women	0.5 (0.3-0.7) 22/4630
		Men	1.4 (1.2-1.8) 88/6162
Hippisley-Cox (2011)	Haematemesis	All patients	2.3 (1.9-2.7) 101/4477
Stapley (2013)	Constipation	Patients $\geq$ 55 years	0.2 (0.2-0.2)
Stapley (2013)	Chest pain	Patients $\geq$ 55 years	0.2 (0.2-0.2)
Stapley (2013)	Reflux	Patients $\geq$ 55 years	0.6 (0.6-0.7)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Møllmann (1981)	Nausea and/or vomiting > 2 weeks	All patients	0 (0-12.3) 0/35
Stapley (2013)	Nausea/vomiting	Patients $\geq$ 55 years	0.6 (0.5-0.7)
Stapley (2013)	Nausea/vomiting reported $\geq$ twice	Patients $\geq$ 55 years	1 (0.8-1.2)
Stapley (2013)	Raised platelets	Patients $\geq$ 55 years	0.5 (0.4-0.5)
Stapley (2013)	Stapley (2013) reported that all PPVs for symptom combinations in patients $<$ 55 years were $<$ 1%, and that the highest PPV in this age group was for dysphagia, 0.8 (0.4-1.5)%		
Møllmann (1981)	Gastrointestinal bleeding	All patients	0 (0-32) 0/11

*Please note: The calculations of the positive predictive values differ between all the other included studies using (TP)/(TP+FP) and Stapley (2013) using other statistics due to the case-control design of these studies. NR = Not reported.*

**Table 17: Stomach cancer: Additional results reported by the individual papers:  
Symptom combinations**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Meineche-Schmidt (2002)	Dyspepsia and jaundice	All patients	0 (0-48.32) 0/6
Meineche-Schmidt (2002)	Dyspepsia and black stools	All patients	0.91 (0.05-5.69) 1/110
Meineche-Schmidt (2002)	Dyspepsia and bloody stools	All patients	0.76 (0.04-4.81) 1/131
Stapley (2013)	Dysphagia and chest pain	Patients $\geq$ 55 years	5.8 (3.5-10.8)
Stapley (2013)	Dysphagia and loss of weight	Patients $\geq$ 55 years	9.2 (4.4-22.7)
Stapley (2013)	Dysphagia and abdominal pain	Patients $\geq$ 55 years	6.5 (3.5-13.5)
Stapley (2013)	Dysphagia and epigastric pain	Patients $\geq$ 55 years	9.3 (NR)
Stapley (2013)	Dysphagia and reflux	Patients $\geq$ 55 years	5 (3.3-8.4)
Stapley (2013)	Dysphagia and low haemoglobin	Patients $\geq$ 55 years	4.6 (3.4-6.6)
Stapley (2013)	Dysphagia and nausea/vomiting	Patients $\geq$ 55 years	7.3 (4.4-13.9)
Meineche-Schmidt (2002)	Dyspepsia and dysphagia	All patients	1.4 (0.04-4.36) 3/215
Stapley (2013)	Dysphagia and dyspepsia	Patients $\geq$ 55 years	9.8 (5.7-20.2)
Stapley (2013)	Dysphagia and raised platelets	Patients $\geq$ 55 years	6.1 (3.2-13.2)
Stapley (2013)	Dyspepsia and chest pain	Patients $\geq$ 55 years	0.7 (0.5-0.9)
Stapley (2013)	Dyspepsia and abdominal pain	Patients $\geq$ 55 years	1 (0.7-1.3)
Stapley (2013)	Dyspepsia and epigastric pain	Patients $\geq$ 55 years	1.4 (1-2)
Stapley (2013)	Dyspepsia and	Patients $\geq$ 55 years	1.3 (0.9-1.8)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	nausea/vomiting		
Stapley (2013)	Dyspepsia and reflux	Patients $\geq$ 55 years	0.9 (0.7-1.2)
Meineche-Schmidt (2002)	Dyspepsia and weight loss	All patients	1.37 (0.35-4.28) 3/219
Stapley (2013)	Dyspepsia and loss of weight	Patients $\geq$ 55 years	2.1 (1.3-3.5)
Stapley (2013)	Dyspepsia and raised platelets	Patients $\geq$ 55 years	1.4 (0.9-2.2)
Meineche-Schmidt (2002)	Dyspepsia and anaemia	All patients	0 (0-11.71) 0/37
Stapley (2013)	Dyspepsia and low haemoglobin	Patients $\geq$ 55 years	1 (0.8-1.3)
Stapley (2013)	Constipation and chest pain	Patients $\geq$ 55 years	0.4 (0.3-0.5)
Stapley (2013)	Constipation and loss of weight	Patients $\geq$ 55 years	1.1 (0.8-1.7)
Stapley (2013)	Constipation and abdominal pain	Patients $\geq$ 55 years	0.4 (0.3-0.5)
Stapley (2013)	Constipation and epigastric pain	Patients $\geq$ 55 years	1.4 (0.8-2.3)
Stapley (2013)	Constipation and reflux	Patients $\geq$ 55 years	0.7 (0.5-1.1)
Stapley (2013)	Constipation and low haemoglobin	Patients $\geq$ 55 years	0.4 (0.4-0.5)
Stapley (2013)	Constipation and nausea/vomiting	Patients $\geq$ 55 years	0.6 (0.4-0.7)
Stapley (2013)	Constipation and dyspepsia	Patients $\geq$ 55 years	0.8 (0.6-1.1)
Stapley (2013)	Constipation and dysphagia	Patients $\geq$ 55 years	4.2 (2.7-7.2)
Stapley (2013)	Constipation and raised platelets	Patients $\geq$ 55 years	0.9 (0.6-1.4)
Stapley (2013)	Abdominal pain and chest pain	Patients $\geq$ 55 years	0.3 (0.3-0.4)
Stapley (2013)	Abdominal pain and epigastric pain	Patients $\geq$ 55 years	0.9 (0.7-1.2)
Stapley (2013)	Abdominal pain and reflux	Patients $\geq$ 55 years	0.6 (0.5-0.9)
Stapley (2013)	Abdominal pain and weight loss	Patients $\geq$ 55 years	1.4 (0.9-2.2)
Møllmann (1981)	Upper abdominal pain $>$ 2 weeks and nausea and/or vomiting $>$ 2 weeks	All patients	0.7 (0.12-2.7) 2/293
Stapley (2013)	Abdominal pain and nausea/vomiting	Patients $\geq$ 55 years	0.7 (0.5-0.9)
Stapley (2013)	Abdominal pain and low haemoglobin	Patients $\geq$ 55 years	0.5 (0.4-0.6)
Stapley (2013)	Abdominal pain and raised platelets	Patients $\geq$ 55 years	0.8 (0.6-1.1)
Møllmann (1981)	Upper abdominal pain $>$ 2 weeks and	All patients	0 (0-21)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	gastrointestinal bleeding		0/19
Møllmann (1981)	Upper abdominal pain > 2 weeks and nausea/vomiting > 2 weeks and gastrointestinal bleeding	All patients	0 (0-44) 0/7
Møllmann (1981)	Upper abdominal pain > 2 weeks and nausea/vomiting > 2 weeks and weight loss/anorexia	All patients	5.2 (2.1-11.4) 6/116
Møllmann (1981)	Upper abdominal pain > 2 weeks and weight loss/anorexia and gastrointestinal bleeding	All patients	20 (1.1-70) 1/5
Møllmann (1981)	Upper abdominal pain > 2 weeks and weight loss/anorexia	All patients	2 (0.4-7.9) 2/98
Stapley (2013)	Chest pain and epigastric pain	Patients $\geq$ 55 years	0.9 (0.6-1.4)
Stapley (2013)	Chest pain and reflux	Patients $\geq$ 55 years	0.6 (0.5-0.9)
Stapley (2013)	Chest pain and weight loss	Patients $\geq$ 55 years	1.1 (0.7-1.8)
Stapley (2013)	Chest pain and nausea/vomiting	Patients $\geq$ 55 years	0.6 (0.4-0.8)
Stapley (2013)	Chest pain and low haemoglobin	Patients $\geq$ 55 years	0.3 (0.3-0.4)
Stapley (2013)	Chest pain and raised platelets	Patients $\geq$ 55 years	0.8 (0.6-1.2)
Stapley (2013)	Epigastric pain and reflux	Patients $\geq$ 55 years	1.5 (1-2.4)
Stapley (2013)	Epigastric pain and weight loss	Patients $\geq$ 55 years	4.2 (1.8-11)
Stapley (2013)	Epigastric pain and low haemoglobin	Patients $\geq$ 55 years	1.6 (1.1-2.2)
Stapley (2013)	Reflux and loss of weight	Patients $\geq$ 55 years	3.1 (1.5-6.7)
Stapley (2013)	Reflux and low haemoglobin	Patients $\geq$ 55 years	0.9 (0.7-1.2)
Stapley (2013)	Weight loss and low haemoglobin	Patients $\geq$ 55 years	1 (0.8-1.3)
Møllmann (1981)	Weight loss/anorexia and gastrointestinal bleeding	All patients	0 (0-80) 0/2
Møllmann (1981)	Weight loss/anorexia and gastrointestinal bleeding and nausea/vomiting > 2 week	All patients	0 (0-80) 0/2
Møllmann (1981)	Weight loss/anorexia and nausea/vomiting > 2 week	All patients	0 (0-16.6) 0/25
Stapley (2013)	Nausea/vomiting and	Patients $\geq$ 55 years	2.8 (1.7-4.8)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	weight loss		
Stapley (2013)	Nausea/vomiting and epigastric pain	Patients $\geq$ 55 years	1.3 (0.9-2)
Stapley (2013)	Nausea/vomiting and reflux	Patients $\geq$ 55 years	2.3 (1.5-3.5)
Stapley (2013)	Nausea/vomiting and low haemoglobin	Patients $\geq$ 55 years	0.9 (0.7-1.1)
Stapley (2013)	Reflux and raised platelets	Patients $\geq$ 55 years	1.6 (0.9-2.9)
Stapley (2013)	Weight loss and raised platelets	Patients $\geq$ 55 years	1.8 (1.1-3)
Stapley (2013)	Nausea/vomiting and raised platelets	Patients $\geq$ 55 years	1.4 (1-2.1)
Stapley (2013)	Epigastric pain and raised platelets	Patients $\geq$ 55 years	1.9 (1-3.8)
Stapley (2013)	Low haemoglobin and raised platelets	Patients $\geq$ 55 years	0.6 (0.6-0.7)
Møllmann (1981)	Any of the inclusion symptoms + previous dyspepsia	All patients	0.9 (0.4-1.9) 7/773
Møllmann (1981)	Any of the inclusion symptoms + no previous dyspepsia	All patients	2.1 (1.1-3.8) 11/524
Møllmann (1981)	Any of the inclusion symptoms + unchanged previous dyspepsia	All patients	1.2 (0.5-3) 5/407
Møllmann (1981)	Any of the inclusion symptoms + no previous or changed dyspepsia	All patients	1.5 (0.8-2.6) 13/890
Møllmann (1981)	Any of the inclusion symptoms + pain provoked by meals	All patients	2.3 (1-5.3) 6/257
Møllmann (1981)	Any of the inclusion symptoms + no pain provoked by meals	All patients	1.1 (0.6-2.1) 10/924
Møllmann (1981)	Any of the inclusion symptoms + relief of pain by meals	All patients	1.2 (0.5-2.8) 6/488
Møllmann (1981)	Any of the inclusion symptoms + no pain relief by meals	All patients	1.5 (0.7-2.8) 10/687
Møllmann (1981)	Any of the inclusion symptoms + irritable bowel syndrome	All patients	1.2 (0.2-4.7) 2/167
Møllmann (1981)	Any of the inclusion symptoms + no irritable bowel syndrome	All patients	1.4 (0.8-2.3) 16/1129

Please note: The calculations of the positive predictive values differ between the all the other included studies using  $(TP)/(TP+FP)$  and Stapley (2013) using other statistics due to the case-control design of these studies. NR = not reported.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of upper gastrointestinal endoscopy, barium meal or abdominal ultrasound in patients with suspected stomach cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for people with an upper abdominal mass consistent with stomach cancer. [new 2015]</b></p> <p><b>Offer urgent direct access upper gastrointestinal endoscopy (to be performed within 2 weeks) to assess for stomach cancer in people:</b></p> <ul style="list-style-type: none"><li><b>with dysphagia or</b></li><li><b>aged 55 and over with weight loss and any of the following:</b><ul style="list-style-type: none"><li><b>upper abdominal pain</b></li><li><b>reflux</b></li><li><b>dyspepsia. [new 2015]</b></li></ul></li></ul> <p><b>Consider non-urgent direct access upper gastrointestinal endoscopy to assess for stomach cancer in people with haematemesis. [new 2015]</b></p> <p><b>Consider non-urgent direct access upper gastrointestinal endoscopy to assess for stomach cancer in people aged 55 or over with:</b></p> <ul style="list-style-type: none"><li><b>treatment-resistant dyspepsia or</b></li><li><b>upper abdominal pain with low haemoglobin levels or</b></li><li><b>raised platelet count with any of the following:</b><ul style="list-style-type: none"><li><b>nausea</b></li><li><b>vomiting</b></li><li><b>weight loss</b></li><li><b>reflux</b></li><li><b>dyspepsia</b></li><li><b>upper abdominal pain, or</b></li></ul></li><li><b>nausea or vomiting with any of the following:</b><ul style="list-style-type: none"><li><b>weight loss</b></li><li><b>reflux</b></li><li><b>dyspepsia</b></li><li><b>upper abdominal pain. [new 2015]</b></li></ul></li></ul>
Relative value placed on the outcomes considered	<p><b>Signs and symptoms of stomach cancer</b></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict stomach cancer.</p> <p><b>Investigations in primary care for stomach cancer</b></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this</p>

	<p>question. No evidence was found on any of these outcomes</p> <p><u>Signs and symptoms of stomach cancer</u></p> <p>The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms but was generally of moderate-high quality. The reviewer noted that a number of the included studies had merged stomach and oesophageal cancer making it difficult to tease out the specifics related to stomach cancer. In addition, the reviewer also noted that for some of the symptoms, the positive predictive values were based on very few patients and that this was likely to make these estimates unreliable.</p> <p>The GDG agreed, based on their knowledge of the way diagnoses and findings are recorded on computers in clinical practice and how the studies used this information to calculate PPVs, that the evidence was subject to verification bias of the recorded symptoms which could result in an over-estimation of the PPVs.</p> <p><u>Investigations in primary care for stomach cancer</u></p> <p>No evidence was found pertaining to the diagnostic performance of abdominal ultrasound, upper gastrointestinal endoscopy or barium meal in primary care patients with suspected stomach cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with stomach cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without stomach cancer who get inappropriately referred whilst maximising the number of people with stomach cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG had previously agreed to recommend suspected cancer pathway referral for those symptoms with a positive predictive value of 3% or above.</p> <p>The GDG agreed, based on their clinical experience, that an upper abdominal mass consistent with stomach cancer was likely to be associated with a positive predictive value of 3% or above and should prompt a suspected cancer pathway referral. The GDG acknowledged that no other symptoms had a high enough positive predictive value for stomach cancer to warrant making recommendations on them.</p> <p>The GDG noted that the majority of people referred on a suspected cancer pathway for investigation of possible stomach cancer will have an upper gastrointestinal endoscopy. The GDG considered that performing this investigation in primary care would allow the GP to triage people presenting with symptoms of suspected stomach cancer prior to a suspected cancer pathway referral and thereby ensure that the right patients are referred based on the test results.</p> <p>The GDG noted the absence of evidence for direct access upper gastrointestinal endoscopy in people presenting to primary care, but the GDG, based on clinical experience, judged that the</p>

accuracy of this test is acceptable. The GDG also noted that this strategy would result in a slight delay for the people for whom a suspected cancer pathway referral is warranted. However, the GDG judged that this slight delay would be acceptable because it would prevent the suspected cancer pathway referral system from becoming overburdened with unnecessary referrals, thereby allowing it to operate more efficiently for those people on the suspected cancer pathway.

The GDG therefore decided to recommend **urgent** direct access upper gastrointestinal endoscopy (to be performed within 2 weeks) for those people whose symptoms had a PPV of 3% or above for stomach cancer instead of a suspected cancer pathway referral. By doing this the GDG hoped to refine the group of symptomatic people being referred to those with the greatest risk of having stomach cancer.

The GDG chose the symptoms that should prompt urgent direct access upper gastrointestinal endoscopy based on the positive predictive values and age cut-offs presented in the evidence. The GDG discussed whether an age threshold should be included on the recommendation for dysphagia, but decided against it as most causes of dysphagia are serious and the incidence of this symptom is very low in younger people. In addition, the absence of any subgroup analyses based on age made it difficult for the GDG to determine what the appropriate age threshold would be.

The GDG noted that Møllman (1981) reported several symptom combinations with PPVs of 3% or above. The GDG noted that this study was of low quality and the PPVs were based on low patient numbers. The GDG therefore agreed that there was enough uncertainty about the reliability of these PPVs to not make any recommendations based on this evidence.

The GDG noted that the distinction between epigastric pain, upper abdominal pain, dyspepsia and reflux to some extent is artificial and that there is significant overlap in the practical use of these terms. The GDG therefore decided to use upper abdominal pain rather than epigastric pain as the former term is more inclusive. Similarly, the GDG decided to use dyspepsia instead of reflux to take into account the overlap in the recording of these symptoms. The GDG hoped that this would ensure that variations in use of these terms would not stop any person from being investigated as recommended.

The GDG recognised that there were symptoms with a PPV below 3% that were still predictive enough of oesophageal cancer to warrant further investigation, but that this could be via a non-urgent pathway. The GDG agreed in this instance, that symptoms with a PPV below 1% did not warrant any action as they were unlikely to be sufficiently predictive of oesophageal cancer.

The GDG chose the symptoms that should prompt **non-urgent** direct access upper gastrointestinal endoscopy based on the positive predictive values and age cut-offs presented in the evidence. Although some symptoms had PPVs in the defined range, the GDG agreed not to include them in this

	<p>recommendation because:</p> <ul style="list-style-type: none"> <li>the same symptom, reported by multiple studies, had PPVs that spanned 1%. The GDG considered that the verification bias present in the studies, was likely to have led to an over-estimation of the PPV, such that the true value of the PPV was likely to be below 1% (anaemia, weight loss and appetite loss in all ages).</li> <li>the PPV reported was either 1% or marginally above this. The GDG considered that the verification bias present in the studies, was likely to have led to an over-estimation of the PPV, such that the true value of the PPV was likely to be below 1% (nausea/vomiting twice or more, constipation plus loss of weight, chest pain plus loss of weight, loss of weight and low haemoglobin in people aged 55 and over)</li> </ul> <p>the PPV reported was either 1% or marginally above this. The GDG considered that the verification bias present in the studies, was likely to have led to an over-estimation of the PPV. In addition, the GDG agreed that a number of patients with the reported symptoms would be covered by other recommendations which would reduce the PPV for the remaining patients. Together this would mean that the true value of the PPV was likely to be below 1% (dyspepsia plus abdominal pain, dyspepsia plus epigastric pain, constipation plus epigastric pain, epigastric pain plus reflux in people aged 55 and over).</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for urgent direct access upper gastrointestinal endoscopy is likely to result in a cost increase due to an increase number of endoscopies performed. However, this cost increase is likely to be counteracted by a cost saving from an optimised diagnostic process that will see an increase in the proportion of patients being referred on a suspected cancer pathway who have stomach cancer and a decrease in the number of patients without stomach cancer being referred.</p>
Other considerations	<p>The GDG recognised that to implement these recommendations, there may initially be some capacity issues in some localities as urgent endoscopies are harder to accommodate than non-urgent endoscopies.</p>

## 8.4 Small intestinal cancer

This is a rare cancer of the duodenum, jejunum or ileum, with different histological subtypes. Most GPs will not diagnose a case during their career.

The rarity of this cancer means there are no relevant studies of its clinical features. It may have symptoms similar to those of stomach or colorectal cancers.

The main method of diagnosis is by biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

- **What is the risk of small intestine cancer in patients presenting in primary care with**

**symptom(s)?**

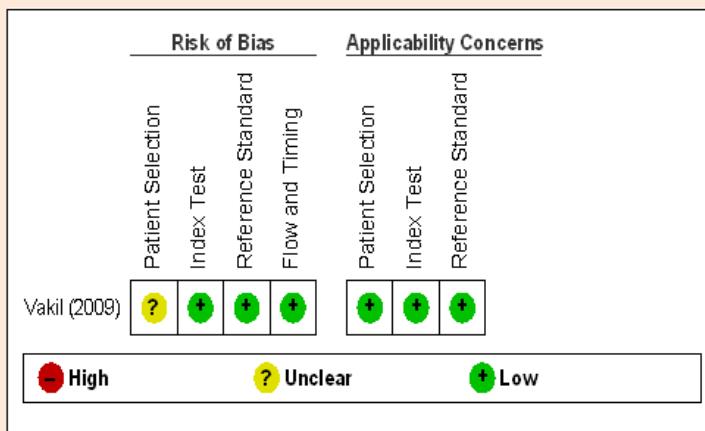
- Which investigations of symptoms of suspected small intestine cancer should be done with clinical responsibility retained by primary care?

**Clinical evidence**

*Signs and symptoms*

Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The main issue to note is that the patient recruitment method is unclear and that the study patients may therefore not be directly representative of an unselected symptomatic population of patients presenting to the UK-based GP.



**Evidence statements**

Dyspepsia without accompanying alarm features (1 study, N = 2741) presenting in a primary care setting do not appear to confer an increased risk of small intestine cancer, although the study population is probably not directly representative of the typical unselected symptomatic UK GP population (see also Table 18).

**Table 18: Small intestinal cancer: Study results**

Study	Symptom(s)	Patient group	PPVs % (95% CI); prevalence
Vakil (2009)	Dyspepsia without alarm symptoms	All included patients	0.2 (0.09-0.5) 6/2741 Cancer: Oesophagus: N = 3 Stomach: N = 3
Vakil (2009)	Dyspepsia without alarm symptoms	Patients ≥ 45 years old	0.4 (0.2-1.1) 5/1127 Cancer: Oesophagus: N = 2 Stomach: N = 3
Vakil (2009)	Dyspepsia without alarm symptoms	Patients ≥ 50 years old	0.6 (0.2-1.5) 5/829 Cancer: Oesophagus: N = 2 Stomach: N = 3
Vakil (2009)	Dyspepsia without alarm symptoms	Patients ≥ 55 years old	0.2 (0.009-1.2)

Study	Symptom(s)	Patient group	PPVs % (95% CI); prevalence
			1/554 Cancer: Oesophagus: N = 1 Stomach: N = 0
Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 60 years old	0.3 (0.02-2) 1/323 Cancer: Oesophagus: N = 1 Stomach: N = 0

TP = True positives, FP = False positives.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of CT scan, barium follow through or capsule endoscopy in patients with suspected small intestine cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	No recommendations made
Relative value placed on the outcomes considered	<u>Signs and symptoms of cancer of the small intestinal</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict cancer of the small intestine.
Quality of the evidence	<u>Investigations in primary care for cancer of the small intestinal</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.
Trade-off between clinical benefits and harms	<u>Signs and symptoms of cancer of the small intestinal</u> The quality of the available evidence, as assessed by QUADAS-II, was low. The GDG noted that there was limited evidence, only comprising one study. This study had been included because it covered the symptom of dyspepsia although it was acknowledged that this was in patients with stomach and oesophageal cancer, not cancer of the small intestine. In addition, the study population was thought not to be directly representative of the typical unselected symptomatic UK primary care population.
	<u>Investigations in primary care for cancer of the small intestinal</u> No evidence was found pertaining to the diagnostic accuracy of capsule endoscopy, barium follow-through or CT scans in primary care patients with suspected cancer of the small intestine.
	Within the evidence presented, none related to cancer of the small intestine so the evidence was discounted.
	Based on their clinical experience, the GDG were able to agree

the signs and symptoms of cancer of the small intestine. However they noted that these symptoms were common to several other gastrointestinal cancers. The GDG were not able to identify any symptoms which were sufficiently predictive of cancer of the small intestine to warrant making recommendations. The GDG also noted the lack of evidence on investigations in primary care.

Given these, the GDG agreed not to make any recommendations on the primary care referral or investigation of suspected cancer of the small intestine.

## 8.5 Gall bladder cancer

Around 700 new gallbladder cancers are diagnosed each year in the UK, almost twice as many in women as in men. A full time GP is unlikely to diagnose more than one person with gallbladder cancer in their career.

Pain and jaundice are thought to be the main presenting symptoms of gallbladder cancer. However the rarity of this cancer means there are few studies of its clinical features.

These features of gallbladder cancer can also be present in other cancers, especially pancreas or liver.

Because of the rarity of gallbladder cancer there is no standard diagnostic pathway. Ultrasound in primary care may show abnormalities suggestive of the cancer, but definitive diagnosis requires biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

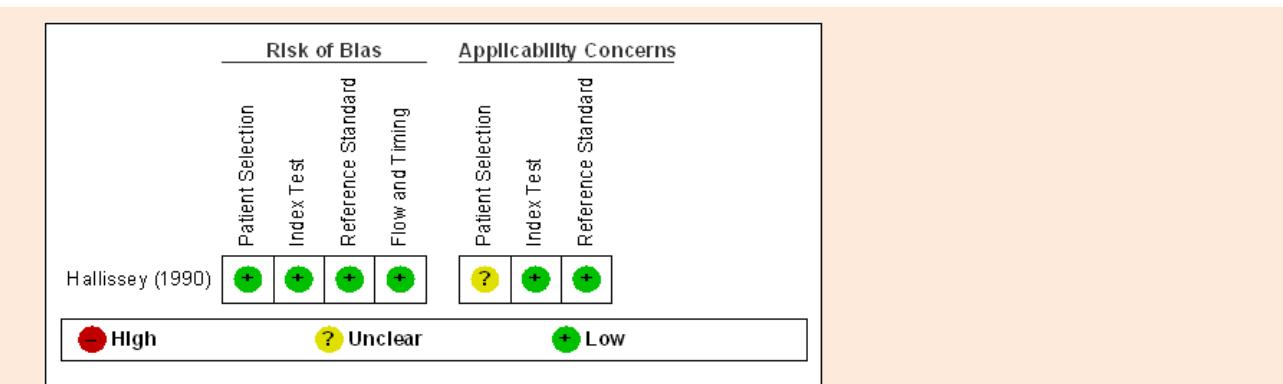
- **What is the risk of gall bladder cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected gall bladder cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The main issue to note is that the patient sample may not be directly applicable to the current question.



### Evidence statements

The positive predictive value of having gall bladder cancer was 0.04% (for dyspepsia) for patients aged > 40 years (1 study, N = 2585). The included study was associated with 1 applicability concern (see also Table 19).

**Table 19: Gall bladder cancer: Positive predictive values for gall bladder cancer**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.3) 1/2585

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of CT scan, ultrasound, liver function tests or tumour marker CA19-9 in patients with suspected gall bladder cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	Consider an urgent direct access ultrasound scan (to be performed within 2 weeks) to assess for gall bladder cancer in people with an upper abdominal mass consistent with an enlarged gall bladder. [new 2015]
Relative value placed on the outcomes considered	<u>Signs and symptoms of gall bladder cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict gall bladder cancer. No evidence was found on this outcome.
Quality of the evidence	<u>Signs and symptoms of gall bladder cancer</u> No evidence was found pertaining to the positive predictive values of different symptoms of gall bladder cancer in primary care.

	<p><u>Investigations in primary care for gall bladder cancer</u></p> <p>No evidence was found pertaining to the diagnostic accuracy of CT scan, ultrasound, liver function tests or tumour marker CA19-9 in primary care patients with suspected gall bladder cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with gall bladder cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without gall bladder cancer who get inappropriately referred whilst maximising the number of people with gall bladder cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of suspected cancer pathway referral in those with gall bladder cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for gall bladder cancer.</p> <p>The clinical opinion of the GDG was that there is a sign of gall bladder cancer that is sufficiently predictive to justify further investigation. Therefore it was important to provide guidance on this.</p> <p>The GDG noted the lack of evidence on the diagnostic accuracy of ultrasound. However, based on their clinical experience, they noted that ultrasound was an accessible, non-invasive test that could be used to discriminate between malignant and non-malignant disorders of the gall bladder. They therefore agreed to recommend that ultrasound be considered for those patients where an upper abdominal mass consistent with an enlarged gall bladder is found in order to help determine the appropriate clinic for subsequent referral.</p> <p>The GDG considered that the clinical benefits of ultrasound performed in primary care would be to expedite gall bladder cancer diagnosis in people whose symptoms may otherwise not be investigated. The GDG also recognised that it was difficult to define exactly which symptoms should prompt an ultrasound and consequently some people without gall bladder cancer may also be investigated unnecessarily. The GDG agreed that the benefits of earlier diagnosis outweighed the potential harms.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for ultrasound is likely to be cost-neutral as it is already standard practice.</p>

## 8.6 Liver cancer

Over 4,000 new primary liver cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 2-4 people with liver cancer in their whole career.

Primary liver cancer often presents as a complication of cirrhosis, usually following chronic viral hepatitis or alcoholic liver disease. Pain and worsening of liver function and enlargement of the liver are thought to be the main presenting symptoms of liver cancer. However the rarity of this cancer means there are few studies of its clinical features.

The cancer may be identified on ultrasound or other imaging techniques, though definitive diagnosis requires biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

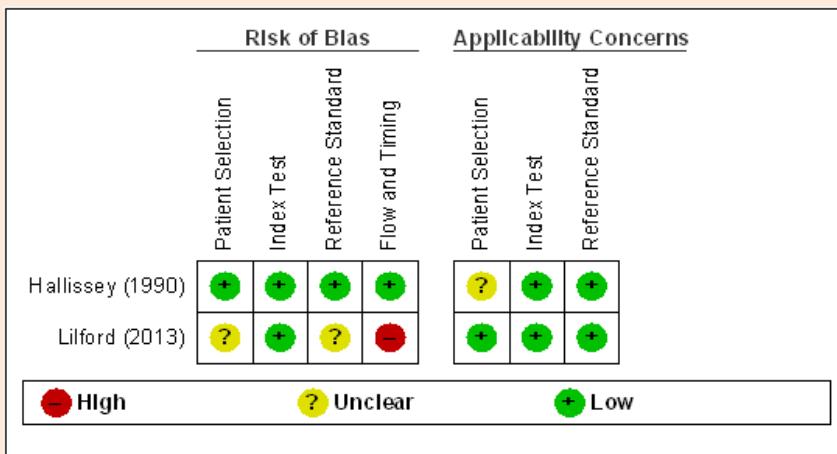
- **What is the risk of liver cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected liver cancer should be done with clinical responsibility retained by primary care?**

**Clinical evidence**

*Signs and symptoms*

Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included studies in the figure below. In one of the included studies, the main issue to note is that the population in the study comprises a mix of 'old' and 'new' investigated or uninvestigated symptoms, and it is unclear how directly applicable this sample is to the current question. In the other included study, it is unclear whether the patient selection was consecutive. This study also used a sub-optimal reference standard and was also subject to varying degrees of missing data; all of which challenges the validity of the reported results.



Evidence statement

The positive predictive value for liver cancer ranged from 0% (for abnormal bilirubin/ albumin/ globulin/ total [hepatic] protein) to 1.59% (for abnormal alkaline phosphatase; 2 studies, N = 3875) presenting in primary care was 0.04%. The included studies were associated with 1-3 bias/applicability concerns (see also Table 20).

**Table 20: Liver cancer: Single symptoms**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI)</b>
Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.25) 1/2585
Lilford (2013)	LFT: Abnormal alanine aminotransferase	All patients	0.46 (0.08-1.8) 2/438
Lilford (2013)	LFT: Abnormal aspartate aminotransferase	All patients	0.39 (0.02-2.5) 1/255
Lilford (2013)	LFT: Abnormal $\gamma$ -glutamyltransferase	All patients	0.92 (0.43-1.9) 8/867
Lilford (2013)	LFT: Abnormal bilirubin	All patients	0 (0-3.2) 0/148
Lilford (2013)	LFT: Abnormal alkaline phosphatase	All patients	1.59 (0.41-4.9) 3/189
Lilford (2013)	LFT: Abnormal albumin	All patients	0 (0-14) 0/30
Lilford (2013)	LFT: Abnormal globulin	All patients	0 (0-8.1) 0/55
Lilford (2013)	LFT: Abnormal total protein	All patients	0 (0-4.7) 0/97

### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of ultrasound, CT, MRI or alpha feta protein in patients with suspected liver cancer where the clinical responsibility was retained by primary care.

### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<b>Consider an urgent direct access ultrasound scan (to be performed within 2 weeks) to assess for liver cancer in people with an upper abdominal mass consistent with an enlarged liver. [new 2015]</b>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of liver cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict liver cancer.</p> <p><u>Investigations in primary care for liver cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of liver cancer</u> The quality of the evidence as assessed by QUADAS-II was not high. The evidence was also very limited, consisting of two</p>

	<p>papers, one of which reported on one symptom in a population of questionable applicability to an unselected UK-based primary care population. The other reported on abnormal liver function tests in an under-defined UK-based primary care population.</p> <p><b><u>Investigations in primary care for liver cancer</u></b></p> <p>No evidence was found pertaining to the diagnostic accuracy of CT scan, ultrasound, MRI or alpha feta protein in primary care patients with suspected liver cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with liver cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without liver cancer who get inappropriately referred whilst maximising the number of people with liver cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with liver cancer outweighed the disadvantages to those without.</p> <p>Based on the limited evidence and the uncertainty over which symptoms were likely to have a high PPV for primary liver cancer, compared with other GI cancers, the GDG agreed not to make a recommendation for a suspected cancer pathway referral.</p> <p>The GDG did not make a recommendation for people presenting with jaundice or upper abdominal pain as they considered that these symptoms were most likely to be caused by other upper GI cancers and not liver cancer.</p> <p>Based on their clinical experience the GDG agreed that an upper abdominal mass was the symptom likely to have the highest PPV for liver cancer, although this was unlikely to be above the 3% threshold set for a suspected cancer pathway referral. They therefore recommended that this symptom should prompt investigation in primary care with ultrasound.</p> <p>The GDG noted the lack of evidence on the diagnostic accuracy of ultrasound. However, based on their clinical experience, they noted that ultrasound was an accessible, non-invasive test that could be used to discriminate between malignant and non-malignant disorders of the liver. They therefore agreed to recommend that ultrasound be considered for those patients where an upper abdominal mass consistent with an enlarged liver is found, in order to help determine the appropriate clinic for subsequent referral.</p> <p>The GDG considered that the clinical benefits of ultrasound performed in primary care would be to expedite liver cancer diagnosis in people whose symptoms may otherwise not be investigated. The GDG also recognised that it was difficult to define exactly which symptoms should prompt an ultrasound and consequently some people without liver cancer may also be</p>

	investigated unnecessarily. The GDG agreed that the benefits of earlier diagnosis outweighed the potential harms.
Trade-off between net health benefits and resource use	The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.  The GDG noted that the recommendation for ultrasound is cost-neutral as it is standard practice.

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## 9 Lower gastrointestinal tract cancers

### 9.1 Colorectal cancer

Around 40,000 new colorectal cancers are diagnosed each year in the UK, up to a quarter of these following screening. A full time GP is likely to diagnose approximately 1 person with colorectal cancer every year. Five year survival is approximately 60%, though this figure includes cancers detected by screening as well as those identified after symptoms have occurred.

Several symptoms have been reported, the most common being diarrhoea, constipation (sometimes referred to as 'change of bowel habit') rectal bleeding, loss of weight, and abdominal pain. Colorectal cancer may present with anaemia, particularly iron deficiency anaemia.

These features of colorectal cancer can also be present in other cancers, especially intra-abdominal ones. The symptoms of colorectal cancer may also be misdiagnosed as non-malignant conditions, such as irritable bowel disease.

A number of methods of diagnosing colorectal cancer are available. Colonoscopy is considered to be the gold standard, though some clinicians offer flexible sigmoidoscopy to selected patients with rectal bleeding. Both these methods allow biopsy. CT colonography is increasingly used for those unfit for colonoscopy, but does not include biopsy. These diagnostic tests can be performed with the GP retaining clinical responsibility.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

#### Clinical questions:

- **What is the risk of colorectal cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected colorectal cancer should be done with clinical responsibility retained by primary care?**

#### Clinical evidence

##### *Signs and symptoms*

##### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias and validity issues to note relates to patient selection and applicability with some studies employing non-consecutive patient sampling, e.g., case-control designs (which has been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection), and others being conducted in setting or with patients that may not directly translate to the current question and UK-based primary care. The other main issues of concern relates to missing data (and the concern that this may not be missing at random) and under specification of symptoms and reference standards, which makes it difficult to ascertain their applicability and/or validity.

	Risk of Bias				Applicability Concerns		
	Patient Selection	Index Test	Reference Standard	Flow and Timing	Patient Selection	Index Test	Reference Standard
Bellentani (1990)	+	+	+	+	?	?	+
Collins (2012)	+	+	+	+	+	+	+
Droogendijk (2011)	+	+	+	?	?	+	+
Du Toit (2006)	+	+	+	+	+	+	+
Ellis (2005)	?	+	+	+	+	+	+
Farrus Palou (2000)	+	+	?	-	?	+	?
Fijten (1995)	+	+	?	?	?	+	+
Hallissey (1990)	+	+	+	+	?	+	+
Hamilton (2005)	-	+	+	+	+	+	+
Hamilton (2008)	-	+	+	?	+	+	+
Hamilton (2009)	-	+	+	+	+	+	+
Heikkinen (1995)	+	+	+	+	?	+	+
Heintze (2005)	-	+	+	-	+	+	+
Helfand (1997)	+	+	+	+	-	+	+
Hippisley-Cox (2012)	+	+	+	+	+	+	+
Jones (2007)	+	+	+	+	+	+	+
Lawrenson (2006)	+	+	+	+	+	+	+
Lucas (1996)	+	+	+	+	?	+	+
Mant (1989)	+	+	+	+	?	+	+
Meineche-Schmidt (2002)	+	+	+	+	?	+	+
Metcalf (1996)	+	+	+	+	+	+	+
Muris (1993)	+	+	+	+	?	?	+
Muris (1995)	-	+	+	+	-	-	+
Nørrelund (1996)	?	+	+	+	+	+	+
Oudega (2006)	+	+	+	+	?	+	+
Panzuto (2003)	-	+	+	?	?	+	+
Parker (2007)	+	+	+	+	+	+	+
Robertson (2006)	+	+	+	+	+	+	+
Stellon (1997)	+	+	+	+	+	+	+
Wauters (2000)	?	+	+	+	?	+	+
Yates (2004)	+	+	+	+	?	+	+

High

Unclear

Low

### Evidence statement

Rectal bleeding (16 studies, N = 134794) presenting in a primary care setting is associated with an overall positive predictive value of up to 4.88% for colorectal cancer, which tended to increase with age (10 studies, N = 33874) both in men (3 studies, N = 103846) and in women (3 studies, N = 103846). All the studies were associated with ≤ 2 bias or applicability concerns (see also Tables 21-23, 26-28).

Abdominal pain (5 studies, N = 373796) presenting in a primary care setting is associated with an overall positive predictive value of up to 2.04% for colorectal cancer, which tended to increase with age (1 study, N = 2093) both in men (1 study, N = 43791) and in women (1 study, N = 43791). All the studies were associated with ≤ 2 bias or applicability concerns (see also Tables 21-23, 26-28).

Anaemia (10 studies, N = 89550) presenting in a primary care setting is associated with an overall positive predictive value of up to 5.87% for colorectal cancer, which tended to increase with age (1 study, N = 2093) both in men (2 studies, N = 118672) and in women (2 studies, N = 118672). Seven of the studies were associated with ≤ 2 bias or applicability concern, while the remaining two studies were associated with 3 and 4 bias or applicability concerns, respectively (see also Tables 21-23, 27-28).

Constipation (2 studies, N = 2373) presenting in a primary care setting is associated with an overall positive predictive value of up to 15.7% for colorectal cancer in a very small study (N = 280) in selected patients that contrasts with the estimates of 0.42-0.81% reported by another study (N = 2093) that also showed that the positive predictive values increase with age, which seems to be the case for both men (1 study, N = 43791) and for women (1 study, N = 43791). All the studies were associated with ≤ 3 bias or applicability concerns (see also Tables 23, 26-28).

Diarrhoea (2 studies, N = 2373) presenting in a primary care setting is associated with an overall positive predictive value of up to 11.8% for colorectal cancer in a very small study (N = 280) in selected patients that contrasts with the estimates of 0.94-1.5% reported by another study (N = 2093) that also showed that the positive predictive values increase with age, which seems to be the case for both men (1 study, N = 43791) and for women (1 study, N = 43791). All the studies were associated with ≤ 3 bias or applicability concerns (see also Tables 23, 26-28).

Change in bowel habit (3 studies, N = 621601) presenting in a primary care setting is associated with an overall positive predictive value of up to 14% for colorectal cancer in a very small study (N = 280) in selected patients that contrasts with the estimates of 2.8% and 2.9% reported by two other studies in men only (N = 621321). The positive predictive values of change in bowel habit for colorectal cancer also appears to increase with age in men (2 studies, N = 71315) and in women (2 studies, N = 71315). All the studies were associated with ≤ 3 bias or applicability concerns (see also Tables 23, 27-28).

Weight loss (4 studies, N = 44431) presenting in a primary care setting is associated with an overall positive predictive value of up to 3% for colorectal cancer which tended to increase with age (1 study, N = 2093) both in men (1 study, N = 43791) and in women (1 study, N = 43791). All the studies were associated with ≤ 3 bias or applicability concerns (see also Tables 21-23, 26-28).

Dyspepsia (3 studies, N = 4476) presenting in a primary care setting is associated with an overall positive predictive value of 0.6% for colorectal cancer. All the studies were associated with 1 applicability concerns (see also Table 23).

Other single symptoms (8 studies, N = 1245637) presenting in a primary care setting are associated with overall positive predictive values of up to 13.2% for colorectal cancer, but

this estimate comes from a small study (N = 280) of selected patients and may therefore be inflated. All the studies were associated with  $\leq 3$  bias or applicability concerns (see also Table 23).

Rectal bleeding presenting with other symptoms (9 studies, N = 5770) in a primary care setting are associated with overall positive predictive values ranging from 0-100%, but many of these estimates are artificially inflated due to small numbers of patients in the calculations. All the studies were associated with  $\leq 2$  bias or applicability concerns (see also Table 24).

Other symptom combinations (2 studies, N = 3494) presenting in a primary care setting are associated with overall positive predictive values for colorectal cancer ranging from 0% for dyspepsia with dysphagia or jaundice to 13.51% for dyspepsia and anaemia. Both studies were associated with 1 bias/applicability concern (see also Table 25).

**Table 21: Colorectal cancer: Meta-analyses**

<b>Studies included</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Collins (2012) Du Toit (2006) Ellis (2005) Fijten (1995) Heintze (2005) Helfand (1997) Hippisley-Cox (2012) Jones (2007, at 6 months) Mant (1989) Metcalf (1996) Nørrelund (1996) Panzuto (2003) Parker (2007) Robertson (2006) Wauters (2000)	Rectal bleeding	All patients N = 132701  Without Heintze (2005) and Panzuto (2003)  N = 132187	4.79 (3.37-6.77)  4.41 (3.1-6.28)
Collins (2012) Du Toit (2006) Ellis (2005) Fijten (1995) Heintze (2005) Helfand (1997) Hippisley-Cox (2012) Jones (2007, at 3 years) Mant (1989) Metcalf (1996) Nørrelund (1996) Panzuto (2003) Parker (2007) Robertson (2006) Wauters (2000)	Rectal bleeding	All patients N = 132701  Without Heintze (2005) and Panzuto (2003)  N = 132187	4.88 (3.48-6.79)  4.5 (3.2-6.3)
Collins (2012) Bellentani (1990) Hippisley-Cox (2012) Panzuto (2003)	Abdominal pain	All patients N = 371703  Without Panzuto (2003)	2.04 (0.53-7.55)  1.02 (0.38-2.69)

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
		N = 371480	
Collins (2012) Droogendijk (2011) Farrus Palou (2000) Hippisley-Cox (2012) Lucas (1996) Panzuto (2003) Stellon (1997) Yates (2004)	Anaemia	All patients N = 35949	5.87 (2.64-12.)
		Without Panzuto (2003) N = 35880	4.09 (2.24-7.34)
Collins (2012) Hippisley-Cox (2012) Panzuto (2003)	Weight loss	All patients N = 42338	3 (0.32-22.89)
		Collins (2012) N = 28289	0.8 (0.7-0.9)
		Hippisley-Cox (2012) N = 14007	0.8 (0.7-0.9)
Hallissey (1990) Heikkinen (1995) Meineche-Schmidt (2002)	Dyspepsia	All patients N = 4476	0.6 (0.27-1.35)

Please note that the data from Hamilton (2005, 2008, 2009) are not included in these meta-analyses due to the case-control design of the studies. These data are instead reported in the table below. In addition, sensitivity analyses were conducted where the studies with a high risk of patient selection bias were excluded. When the number of studies was < 3, the data were not meta-analysed, but presented for the individual studies instead. Secondary analyses were performed excluding Panzuto (2003) due to the concern that the population appeared to be higher risk than the unselected patients specified in the clinical question,

**Table 22: Colorectal cancer: Individual positive predictive values from the meta-analyses**

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Collins (2012)	Rectal bleeding	All patients	2.4 (2.3-2.6) 1362/56234
Du Toit (2006)	Rectal bleeding	All patients	5.7 (3.3-9.4) 15/265
Ellis (2005),	Rectal bleeding	All patients	3.4 (1.8-6.3) 11/319
Fijten (1995),	Rectal bleeding	All patients	3.3 (1.6-6.5) 9/269
Heintze (2005)	Rectal bleeding	All patients	4.3 (2.6-6.9) 17/400
Helfand (1997)	Rectal bleeding	All patients	6.5 (3.6-11.1) 13/201
Hippisley-Cox (2012)	Rectal bleeding	All patients	2.9 (2.7-3.1) 841/28952
Jones (2007, at 6 months)	Rectal bleeding	All patients	1.7 (1.5-1.9) 257/15289
Jones (2007, at 3 years)	Rectal bleeding	All patients	2.2 (2-2.5) 338/15289
Mant (1989)	Rectal bleeding	All patients	11.7 (7.2-18.4) 17/145

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Metcalf (1996)	Rectal bleeding	All patients	8.1 (3.8-15.8) 8/99
Nørrelund (1996)	Rectal bleeding	All patients	13.7 (10.6-17.4) 57/417
Panzuto (2003)	Rectal bleeding	All patients	15.8 (9.9-24.1) 18/114
Parker (2007)	Rectal bleeding	All patients	2.2 (2.1-2.4) 645/29007
Robertson (2006)	Rectal bleeding	All patients	3.6 (2.4-5.6) 22/604
Wauters (2000)	Rectal bleeding	All patients	7 (4.7-10.1) 27/386
Bellentani (1990)	Abdominal pain	All patients	3.9 (2-7.3) 10/254
Collins (2012)	Abdominal pain	All patients	0.5 (0.5-0.5) 1220/245989
Hippisley-Cox (2012)	Abdominal pain	All patients	0.7 (0.6-0.7) 845/125237
Panzuto (2003)	Abdominal pain	All patients	13.5 (9.4-18.8) 30/223
Collins (2012)	Anaemia	All patients	1.7 (1.5-1.9) 308/18125
Droogendijk (2011)	Anaemia	All patients	8.4 (5.5-12.3) 24/287
Farrus Palou (2000)	Anaemia	All patients	3.4 (0.6-13) 2/58
Hippisley-Cox (2012)	Anaemia	All patients	1.5 (1.3-1.7) 247/16823
Lucas (1996)	Anaemia	All patients	6.9 (3.4-13.1) 9/130
Panzuto (2003)	Anaemia	All patients	40.6 (29.1-53.1) 28/69
Stellon (1997)	Anaemia	All patients	7.7 (1.3-26.6) 2/26
Yates (2004)	Anaemia	All patients	8.6 (6.2-11.7) 37/431
Collins (2012)	Weight loss	All patients	0.8 (0.7-0.9) 215/28289
Hippisley-Cox (2012)	Weight loss	All patients	0.8 (0.7-0.9) 106/14007
Panzuto (2003)	Weight loss	All patients	35.7 (22-52) 15/42
Hallissey (1990)	Dyspepsia	All patients	0.5 (0.3-0.9) 14/2585
Heikkinen (1995)	Dyspepsia	All patients	0 (0-1.2) 0/400
Meineche-Schmidt	Dyspepsia	All patients	1.14 (0.7-1.9)

Studies included (2002)	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
			17/1491

**Table 23: Colorectal cancer: Additional results reported by the individual papers:  
Individual symptoms**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Hamilton (2005)	Rectal bleeding (reported once)	All patients	2.4 (1.9-3.2) Cases: 148/349 Controls: 73/1744
Hamilton (2005)	Rectal bleeding (reported twice)	All patients	6.8 (NR)
Hamilton (2005)	Constipation (reported once)	All patients	0.42 (0.3-0.5) Cases: 91/349 Controls: 258/1744
Hamilton (2005)	Constipation (reported twice)	All patients	0.81 (0.5-1.3)
Panzuto (2003)	Constipation	All patients	15.7 (10.2-23.2) 21/134
Hamilton (2005)	Diarrhoea (reported once)	All patients	0.94 (0.7-1.1) Cases: 132/349 Controls: 171/1744
Panzuto (2003)	Diarrhoea	All patients	11.8 (6.1-21) 10/85
Hamilton (2005)	Diarrhoea (reported twice)	All patients	1.5 (1-2.2)
Panzuto (2003)	Bloating	All patients	13.2 (8.6-19.5) 22/167
Panzuto (2003)	Change in bowel habit	All patients	14 (6.7-26.3) 8/57
Hamilton (2005)	Loss of weight (reported once)	All patients	1.2 (0.9-1.6) Cases: 94/349 Controls: 92/1744
Hamilton (2005)	Loss of weight (reported twice)	All patients	1.4 (0.8-2.6)
Collins (2012)	Loss of appetite	All patients	0.8 (0.6-1.1) 44/5732
Hippisley-Cox (2012)	Loss of appetite	All patients	0.9 (0.6-1.2) 46/5316
Hamilton (2005)	Abdominal pain (reported once)	All patients	1.1 (0.9-1.3) Cases: 148/349 Controls: 163/1744
Hamilton (2005)	Abdominal pain (reported twice)	All patients	3 (1.8-5.2)
Hamilton (2005)	Abdominal tenderness (reported once)	All patients	1.1 (0.8-1.5) Cases: 62/349 Controls: 67/1744
Muris (1993)	Non-acute abdominal	All patients	0.52 (0.1-1.6)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	complaints		3/578
Muris (1995)	Non-acute abdominal complaints	All patients	0.43 (0.1-1.2) 4/933
Hamilton (2005)	Abnormal rectal exam (reported once)	All patients	1.5 (1-2.2) Cases: 51/349 Controls: 14/1744
Hamilton (2005)	Haemoglobin 10-13 g dl-1 (reported once)	All patients	0.97 (0.8-1.3) Cases: 55/349 Controls: 69/1744
Hamilton (2008)	Haemoglobin 10-12.9 g dl-1	All patients	0.3 (0.2-0.3) Cases: 503/3421 Controls: 996/23928
Hamilton (2005)	Haemoglobin < 10 g dl-1 (reported once)	All patients	2.3 (1.6-3.1) Cases: 40/349 Controls: 21/1744
Hamilton (2008)	Haemoglobin < 9.9 g dl-1	All patients	2 (1.7-2.3) Cases: 296/3421 Controls: 96/23928
Hamilton (2005)	Haemoglobin 12-12.9 g dl-1	All patients	Cases: 17/349 Controls: 20/1744
Hamilton (2005)	Haemoglobin 10-11.9 g dl-1	All patients	Cases: 38/349 Controls: 49/1744
Hamilton (2005)	Haemoglobin < 10 g dl-1	All patients	Cases: 40/349 Controls: 21/1744
Hamilton (2005)	Positive faecal occult blood	All patients	Cases: 31/79 Controls: 5/47
Hamilton (2005)	Blood sugar > 10 mmol l-1	All patients	Cases: 25/349 Controls: 39/1744
Oudega (2006)	Deep vein thrombosis	All patients	0.7 (0.2-2.2) 3/430
Hamilton (2005)	History of diabetes	All patients	Cases: 37/349 Controls: 119/1744

Please note:

- Lawrenson (2006) calculated the positive predictive values of colorectal cancer being diagnosed within 12 months of initial symptoms per 100 patients presenting by using Kaplan-Maier curves, and it is unclear how and if these calculations differ from those of the other studies.
- The calculations of the positive predictive values differ between the remaining studies using (TP)/(TP+FP) and Hamilton (2005, 2008, 2009) using other statistics due to the case-control design of these studies. NR = Not reported.

**Table 24: Colorectal cancer: Additional results reported by the individual papers: Rectal bleeding with other symptoms/signs**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Hamilton (2005)	Rectal bleeding and constipation	All patients	2.4 (1.4-4.4)
Metcalf (1996)	Rectal bleeding and constipation	All patients	2.6 (0.1-15.1) 1/39
Hamilton (2005)	Rectal bleeding and diarrhoea	All patients	3.4 (2.1-6)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Metcalf (1996)	Rectal bleeding and diarrhoea	All patients	7.4 (1.3-25.8) 2/27
Hamilton (2005)	Rectal bleeding and abdominal tenderness	All patients	4.5 (NR)
Hamilton (2005)	Rectal bleeding and abnormal rectal exam	All patients	8.5 (NR)
Wauters (2000)	Rectal bleeding and fatigue	All patients	7.1 (??)
Hamilton (2005)	Rectal bleeding and haemoglobin 10-13 g dl-1	All patients	3.6 (NR)
Hamilton (2005)	Rectal bleeding and haemoglobin < 10 g dl-1	All patients	3.2 (NR)
Ellis (2005)	Rectal bleeding and change in bowel habit	Patients with flexible sigmoidoscopy/questionnaire data	9.2 (4.9-16.3) 11/119
Mant (1989)	Rectal bleeding and change in bowel habit	All patients	11 (NR)
Metcalf (1996)	Rectal bleeding and change in bowel habit	All patients	10.3 (3.3-25.2) 4/39
Nørrelund (1996)	New onset or changed pattern rectal bleeding and change in bowel habit	All patients	26.85 (19-36.4) 29/108
Nørrelund (1996)	New onset or changed pattern rectal bleeding and uncertain change in bowel habit	All patients	25 (8.3-52.6) 4/16
Nørrelund (1996)	New onset or changed pattern rectal bleeding and no change in bowel habit	All patients	8.75 (5.6-13.2) 21/240
Ellis (2005)	Rectal bleeding and no change in bowel habit	Patients with flexible sigmoidoscopy/questionnaire data	0 0/147
Mant (1989)	Rectal bleeding and no change in bowel habit	All patients	11 (NR)
Ellis (2005)	Rectal bleeding and change in bowel habit (loose ± frequent)	Patients with flexible sigmoidoscopy/questionnaire data	12 (6.2-21.5) 10/83
Robertson (2006)	Rectal bleeding and increased frequency/loose motions	All patients	4.8 (2.7-8.3) 13/269
Robertson (2006)	Rectal bleeding and no 'increased frequency/loose motions'	All patients	2.8 (1.4-5.5) 9/319
Ellis (2005)	Rectal bleeding and change in bowel habit (hard ± infrequent)	Patients with flexible sigmoidoscopy/questionnaire data	2.8 (0.1-16.2) 1/36
Ellis (2005)	Rectal bleeding and no perianal symptoms	Patients with flexible sigmoidoscopy/questionnaire data	11.1 (5-22.2) 7/63

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Ellis (2005)	Rectal bleeding and perianal symptoms	Patients with flexible sigmoidoscopy/questionnaire data	1.97 (0.6-5.3) 4/203
Mant (1989)	Rectal bleeding and feeling of incomplete evacuation of rectum	All patients	12 (NR)
Mant (1989)	Rectal bleeding and no feeling of incomplete evacuation of rectum	All patients	11 (NR)
Mant (1989)	Rectal bleeding and pain on defecation	All patients	7 (NR)
Mant (1989)	Rectal bleeding and no pain on defecation	All patients	12 (NR)
Wauters (2000)	Rectal bleeding and spasm	All patients	5.4 (2-11.4)
Nørrelund (1996)	New onset or changed pattern rectal bleeding and discomfort	All patients	16.67 (10.1-26) 16/96
Nørrelund (1996)	New onset or changed pattern rectal bleeding and uncertain discomfort	All patients	23.08 (9.8-44.1) 6/26
Nørrelund (1996)	New onset or changed pattern rectal bleeding and no discomfort	All patients	13.22 (9.3-18.3) 32/242
Ellis (2005)	Rectal bleeding and change in bowel habit and abdominal pain	Patients with flexible sigmoidoscopy/questionnaire data	9 (3.7-19.1) 6/67
Ellis (2005)	Rectal bleeding and change in bowel habit and no abdominal pain	Patients with flexible sigmoidoscopy/questionnaire data	9.6 (3.6-21.8) 5/52
Ellis (2005)	Rectal bleeding: Dark blood	Patients with flexible sigmoidoscopy/questionnaire data	9.7 (2.5-26.9) 3/31
Mant (1989)	Rectal bleeding: Dark blood	All patients	19 (NR)
Robertson (2006)	Rectal bleeding: Dark blood	All patients	7.4 (3.7-14) 9/121
Metcalf (1996)	Rectal bleeding: Dark red blood loss	All patients	9.7 (2.5-26.9) 3/31
Robertson (2006)	Rectal bleeding: No/not dark blood	All patients	2.7 (1.5-4.7) 13/483
Ellis (2005)	Rectal bleeding: Bright blood	Patients with flexible sigmoidoscopy/questionnaire data	4 (1.9-8.1) 8/199
Mant (1989)	Rectal bleeding: Bright blood	All patients	10 (NR)
Metcalf (1996)	Rectal bleeding: Bright red blood loss	All patients	8.6 (3.5-18.4) 6/70
Ellis (2005)	Rectal bleeding: Blood on paper only	Patients with flexible sigmoidoscopy/questionnaire data	2.4 (0.4-9.4) 2/82

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Mant (1989)	Rectal bleeding: Blood seen on paper	All patients	9 (NR)
Metcalf (1996)	Rectal bleeding: Blood only on paper	All patients	8.3 (1.5-28.5) 2/24
Mant (1989)	Rectal bleeding: Blood seen in toilet bowl	All patients	14 (NR)
Ellis (2005)	Rectal bleeding: Blood in pan and on paper	Patients with flexible sigmoidoscopy/questionnaire data	4.9 (2.4-9.4) 9/184
Mant (1989)	Rectal bleeding: Blood seen on paper and in toilet bowl	All patients	11 (NR)
Ellis (2005)	Rectal bleeding: Large volume of blood	Patients with flexible sigmoidoscopy/questionnaire data	1.3 (0.07-7.8) 1/79
Ellis (2005)	Rectal bleeding: Small volume of blood	Patients with flexible sigmoidoscopy/questionnaire data	5.3 (2.7-9.9) 10/187
Ellis (2005)	Rectal bleeding: First time	Patients with flexible sigmoidoscopy/questionnaire data	4.7 (1.7-11.2) 5/106
Nørrelund (1996)	Rectal bleeding: New onset	All patients	14.24 (10.7-18.7) 45/316
Ellis (2005)	Rectal bleeding: Not first time	Patients with flexible sigmoidoscopy/questionnaire data	3.8 (1.5-8.3) 6/160
Nørrelund (1996)	Rectal bleeding: Not first time, unchanged bleeding pattern	All patients	4.4 (0.8-16.4) 2/45
Nørrelund (1996)	Rectal bleeding: Not first time, changed bleeding pattern	All patients	18.75 (9.4-33.1) 9/48
Fijten (1995)	Rectal bleeding: Blood on stool or mixed with only	All patients	7 (NR) Total positives N = 54
Fijten (1995)	Rectal bleeding: Blood mixed with stool only	All patients	14 (NR) Total positives N = 14
Mant (1989)	Rectal bleeding: Blood seen mixed with faeces	All patients	21 (NR)
Metcalf (1996)	Rectal bleeding: Blood mixed with stool	All patients	10.9 (4.1-24.4) 5/46
Ellis (2005)	Rectal bleeding: Blood mixed with the stool	Patients with flexible sigmoidoscopy/questionnaire data	3 (0.2-17.5) 1/33
Robertson (2006)	Rectal bleeding: Blood mixed with stool	All patients	5.4 (3.3-8.7) 17/314
Fijten (1995)	Rectal bleeding: Others or combinations apart from "blood on	All patients	1 (NR) Total positives N = 122

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	stool or mixed with stool only"		
Robertson (2006)	Rectal bleeding: Dark blood and blood mixed with stool	All patients	10.2 (5.1-19) 9/88
Robertson (2006)	Rectal bleeding: Not 'dark blood and blood mixed with stool'	All patients	2.5 (1.4-4.4) 13/516
Robertson (2006)	Rectal bleeding: Blood neither dark nor mixed with stool	All patients	1.9 (0.7-4.7) 5/257
Robertson (2006)	Rectal bleeding: Not 'blood neither dark nor mixed with stool'	All patients	4.9 (3-7.9) 17/347
Fijten (1995)	Rectal bleeding: Unknown how blood was seen	All patients	7 (NR) Total positives N = 54
Ellis (2005)	Rectal bleeding: Blood not mixed with the stool	Patients with flexible sigmoidoscopy/questionnaire data	4.3 (2.2-8) 10/233
Robertson (2006)	Rectal bleeding: Blood not mixed with stool	All patients	1.7 (0.6-4.2) 5/290
Mant (1989)	Rectal bleeding: Blood seen separate from faeces	All patients	7 (NR)
Metcalf (1996)	Rectal bleeding and associated slime	All patients	10.7 (2.8-29.4) 3/28
Fijten (1995)	Rectal bleeding and nausea	All patients	2 (NR) Total positives N = 68
Fijten (1995)	Rectal bleeding and abdominal pain	All patients	2 (NR) Total positives N = 135
Hamilton (2005)	Rectal bleeding and abdominal pain	All patients	3.1 (1.9-5.3)
Mant (1989)	Rectal bleeding and abdominal pain	All patients	9 (NR)
Metcalf (1996)	Rectal bleeding and abdominal pain	All patients	7.1 (1.9-20.6) 3/42
Robertson (2006)	Rectal bleeding and abdominal pain	All patients	1.7 (0.6-4.6) 4/232
Nørrelund (1996)	New onset or changed pattern rectal bleeding and abdominal pain	All patients	23.33 (15.3-33.7) 21/90
Meineche-Schmidt (2002)	Rectal bleeding and dyspepsia	All patients	2.6 (1.1-5.9) 6/227
Meineche-Schmidt (2002)	Rectal bleeding (visible blood in stools only) and dyspepsia	All patients	4 (1.5-9.6) 5/124
Nørrelund (1996)	New onset or changed pattern rectal bleeding	All patients	22.22 (3.9-59.8) 2/9

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
	and uncertain abdominal pain		
Mant (1989)	Rectal bleeding and no abdominal pain	All patients	12 (NR)
Robertson (2006)	Rectal bleeding and no abdominal pain	All patients	4.5 (2.7-7.3) 16/358
Nørrelund (1996)	New onset or changed pattern rectal bleeding and no abdominal pain	All patients	11.7 (8.2-16.3) 31/265
Fijten (1995)	Rectal bleeding and decreased appetite	All patients	2 (NR) Total positives N = 42
Fijten (1995)	Rectal bleeding and pain at night	All patients	0 (0-8.9) Total positives N = 50
Wauters (2000)	Rectal bleeding and pain	All patients	0 (0-10.2) 0/386
Fijten (1995)	Rectal bleeding and weight loss	All patients	10 (NR) Total positives N = 42
Hamilton (2005)	Rectal bleeding and weight loss	All patients	4.7 (NR)
Robertson (2006)	Rectal bleeding and weight loss	All patients	4.8 (1.3-14.4) 3/62
Mant (1989)	Rectal bleeding and weight loss	All patients	13 (NR)
Metcalf (1996)	Rectal bleeding and weight loss	All patients	13.3 (2.3-41.6) 2/15
Nørrelund (1996)	New onset or changed pattern rectal bleeding and weight loss	All patients	22.73 (12-38.2) 10/44
Wauters (2000)	Rectal bleeding and weight loss	All patients	16 (4.5-36.1)
Nørrelund (1996)	New onset or changed pattern rectal bleeding and uncertain weight loss	All patients	28.57 (9.6-58) 4/14
Mant (1989)	Rectal bleeding and no weight loss	All patients	11 (NR)
Robertson (2006)	Rectal bleeding and no weight loss	All patients	3.6 (2.2-5.6) 19/531
Nørrelund (1996)	New onset or changed pattern rectal bleeding and no weight loss	All patients	13.07 (9.6-17.5) 40/306
Fijten (1995)	Rectal bleeding and pale conjunctivae	All patients	17 (NR) Total positives N = 6
Mant (1989)	Rectal bleeding and nongastrointestinal symptoms	All patients	5 (NR)
Mant (1989)	Rectal bleeding and no	All patients	12 (NR)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
	nongastrointestinal symptoms		
Fijten (1995)	Rectal bleeding and perianal eczema	All patients	18 (NR) Total positives N = 17
Mant (1989)	Rectal bleeding and anal itch	All patients	3 (NR)
Mant (1989)	Rectal bleeding and no anal itch	All patients	14 (NR)
Fijten (1995)	Rectal bleeding and haemorrhoid on rectal palpation	All patients	10 (NR) Total positives N = 20 (but out of 208, not 269)
Mant (1989)	Rectal bleeding and haemorrhoids identified by GP	All patients	5 (NR)
Robertson (2006)	Rectal bleeding and haemorrhoids	All patients	3.1 (1.6-5.9) 10/320
Robertson (2006)	Rectal bleeding and haemorrhoids and bright red blood not mixed with stools	All patients	1.9 (0.5-5.8) 3/159
Robertson (2006)	Rectal bleeding and haemorrhoids and no other symptoms except bright non-mixed bleeding	All patients	3.3 (0.9-10.1) 3/90
Mant (1989)	Rectal bleeding and no haemorrhoids identified by GP	All patients	17 (NR)
Robertson (2006)	Rectal bleeding and no haemorrhoids	All patients	4.6 (2.4-8.3) 11/239
Robertson (2006)	Rectal bleeding and no 'haemorrhoids and bright red blood not mixed with stools'	All patients	4.5 (2.8-7.2) 18/400
Robertson (2006)	Rectal bleeding and no 'haemorrhoids and no other symptoms except bright non-mixed bleeding'	All patients	3.8 (2.4-6.1) 18/469
Fijten (1995)	Rectal bleeding and tumour on rectal palpation	All patients	100 (NR) Total positives N = 1 (but out of 208, not 269)
Wauters (2000)	Rectal bleeding and palpable tumour	All patients	31.5 (12.5-56.5)
Mant (1989)	Rectal bleeding and anal protrusion noticed by patient	All patients	3 (NR)
Mant (1989)	Rectal bleeding and no anal protrusion noticed by patient	All patients	13 (NR)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Fijten (1995)	Rectal bleeding and abnormal prostate on rectal palpation	All patients	50 (NR) Total positive N = 2 (but out of 208, not 269)
Fijten (1995)	Rectal bleeding and previous history of rectal bleeding	All patients	0 (0-4.8) Total positives N = 96
Mant (1989)	Rectal bleeding and first degree relative with colorectal cancer	All patients	10 (NR)
Mant (1989)	Rectal bleeding and no first degree relative with colorectal cancer	All patients	11 (NR)
Metcalf (1996)	Rectal bleeding and family history of bowel cancer	All patients	0 (0-40.2) 0/8
Fijten (1995)	Rectal bleeding and family history of abdominal disease	All patients	0 (0-5.5) Total positives N = 83
Robertson (2006)	Rectal bleeding and history of irritable bowel syndrome	All patients	0 (0-4.8) 0/96
Robertson (2006)	Rectal bleeding and no history of irritable bowel syndrome	All patients	4.4 (2.8-6.7) 21/481
Robertson (2006)	Rectal bleeding and history of diverticular disease	All patients	0 (0-12.6) 0/34
Robertson (2006)	Rectal bleeding and no history of diverticular disease	All patients	3.9 (2.5-6) 21/536
Fijten (1995)	Rectal bleeding and abnormal proctoscopy	All patients	0 (0-14.1) Total positives N = 30 (but out of 45, not 269)
Robertson (2006)	Rectal bleeding and deprivation category (deprivation category 1 = least deprived, deprivation category 7 = most deprived)	Deprivation category 1	4.1 (1.1-12.2) 3/74
		Deprivation category 2	3.4 (1.1-8.9) 4/119
		Deprivation category 3	2.6 (0.8-6.9) 4/155
		Deprivation category 4	5.8 (2.7-11.6) 8/137
		Deprivation category 5	0 (0-8.4) 0/53
		Deprivation category 6	0 (0-16.6) 0/25
		Deprivation category 7	5.3 (0.3-28.1) 1/19

Please note:

*- The calculations of the positive predictive values differ between the remaining studies using (TP)/(TP+FP) and Hamilton (2005, 2008, 2009) using other statistics due to the case-control design of these studies. NR = Not reported.*

**Table 25: Colorectal cancer: Additional results reported by the individual papers:  
Other symptom combinations**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Hamilton (2005)	Constipation and diarrhoea	All patients	1.1 (0.6-1.8)
Hamilton (2005)	Constipation and loss of weight	All patients	3 (1.7-5.4)
Hamilton (2005)	Constipation and abdominal pain	All patients	1.5 (1-2.2)
Hamilton (2005)	Constipation and abdominal tenderness	All patients	1.7 (0.9-3.4)
Hamilton (2005)	Constipation and abnormal rectal exam	All patients	2.6 (NR)
Hamilton (2005)	Constipation and haemoglobin 10-13 g dl-1	All patients	1.2 (0.6-2.7)
Hamilton (2005)	Constipation and haemoglobin < 10 g dl-1	All patients	2.6 (NR)
Hamilton (2005)	Diarrhoea and loss of weight	All patients	3.1 (1.8-5.5)
Hamilton (2005)	Diarrhoea and abdominal pain	All patients	1.9 (1.4-2.7)
Hamilton (2005)	Diarrhoea and abdominal tenderness	All patients	2.4 (1.3-4.8)
Hamilton (2005)	Diarrhoea and abnormal rectal exam	All patients	11 (NR)
Hamilton (2005)	Diarrhoea and haemoglobin 10-13 g dl-1	All patients	2.2 (1.2-4.3)
Hamilton (2005)	Diarrhoea and haemoglobin < 10 g dl-1	All patients	2.9 (NR)
Hamilton (2005)	Abdominal pain and loss of weight	All patients	3.4 (2.1-6)
Hamilton (2005)	Abdominal pain and abdominal tenderness	All patients	1.4 (0.3-2.2)
Hamilton (2005)	Abdominal pain and abnormal rectal exam	All patients	3.3 (NR)
Hamilton (2005)	Abdominal pain and haemoglobin 10-13 g dl-1	All patients	2.2 (1.1-4.5)
Hamilton (2005)	Abdominal pain and haemoglobin < 10 g dl-1	All patients	6.9 (NR)
Hamilton (2005)	Abdominal tenderness and loss of weight	All patients	6.4 (NR)
Hamilton (2005)	Abdominal tenderness and abnormal rectal exam	All patients	5.8 (NR)
Hamilton (2005)	Abdominal tenderness and haemoglobin 10-13	All patients	2.7 (NR)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	g dl-1		
Hamilton (2005)	Abdominal tenderness and haemoglobin < 10 g dl-1	All patients	>10 (NR) (no controls had this pair of symptoms)
Hamilton (2005)	Loss of weight and abnormal rectal exam	All patients	7.4 (NR)
Hamilton (2005)	Loss of weight and haemoglobin 10-13 g dl-1	All patients	1.3 (0.7-2.6)
Hamilton (2005)	Loss of weight and haemoglobin < 10 g dl-1	All patients	4.7 (NR)
Meineche-Schmidt (2002)	Dyspepsia and anaemia	All patients	13.51 (5-29.57) 5/37
Meineche-Schmidt (2002)	Dyspepsia and dysphagia	All patients	0 (0-2.2) 0/215
Meineche-Schmidt (2002)	Dyspepsia and jaundice	All patients	0 (0-48.32) 0/6
Meineche-Schmidt (2002)	Dyspepsia and weight loss	All patients	1.37 (0.35-4.28) 3/219

Please note:

- The calculations of the positive predictive values differ between the remaining studies using (TP)/(TP+FP) and Hamilton (2005, 2008, 2009) using other statistics due to the case-control design of these studies. NR = not reported.

**Table 26: Colorectal cancer: Additional results reported by the individual papers: Age**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Du Toit (2006)	Rectal bleeding	Patients 45-54 years	3.9 (0.7-14.6) 2/51
		Patients 55-64 years	1.3 (0.07-8.2) 1/75
		Patients 65-74 years	9.5 (3.9-20.2) 6/63
		Patients ≥ 75 years	7.9 (3.3-17) 6/76
Ellis (2005)	Rectal bleeding and aged ≥ 60 years	Patients with flexible sigmoidoscopy/questionnaire data	5.2 (2.4-10.3) 8/155
	Rectal bleeding and aged ≤ 59 years		1.8 (0.5-5.7) 3/164
Fijten (1995)	Rectal bleeding	Patients 18-59 years	0.4 (0.03-2.8) 1/229
		Patients 60-75 years	20 (9.6-36.1) 8/40
Nørrelund (1996)	New onset or changed pattern rectal bleeding	Patients 40-69 years	7.87 (5-12.1) 20/254
		Patients 70-79 years	34.12 (24.4-45.3) 29/85
		Patients 80+ years	20 (7.6-41.3) 5/25

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Hamilton (2005)	Rectal bleeding	Patients 40-69 years	1.4 (NR)
		Patients $\geq$ 70 years	4.8 (NR)
Heintze (2005)	Rectal bleeding	Patients $<$ 50 years	2/ $\leq$ 153*
		Patients $\geq$ 50 years	15/ $\leq$ 268*
Mant (1989)	Rectal bleeding	Patients 40-60 years	8 (NR)
		Patients $>$ 60 years	16 (NR)
Parker (2007)	Rectal bleeding	Patients 25-34 years	0.1 3/4717
		Patients 35-44 years	0.3 17/5301
		Patients 45-54 years	1.5 (1.2-1.8) 75/5120
		Patients 55-64 years	2.8 (2.3-3.3) 137/4927
		Patients 65-74 years	4.3 (3.7-5) 189/4383
		Patients 75-84 years	5.5 (4.7-6.3) 173/3168
		Patients $\geq$ 85 years	3.7 (2.8-4.8) 51/1391
Robertson (2006)	Rectal bleeding	Patients $<$ 50 years	1.1 (0.3-3.5) 3/270
		Patients 50-69 years	4.8 (2.6-8.7) 11/227
		Patients $\geq$ 70 years	7.5 (3.5-14.6) 8/107
Wauters (2000)	Rectal bleeding	Patients $<$ 50 years	0.7 (0-4.9) 1/141
		Patients 50-59 years	1.7 (0-9.4) 1/57
		Patients 60-69 years	11.2 (5-21) 8/71
		Patients 70-79 years	21.2 (12-33) 14/66
		Patients $\geq$ 80 years	5.8 (1.2-16.2) 3/51
Nørrelund (1996)	New onset or changed pattern rectal bleeding and change in bowel habit	Patients 40-69 years	16.13 (8.4-28.1) 10/62
		Patients 70-79 years	42.5 (27.4-59) 17/40
		Patients 80+ years	33.3 (6-75.9) 2/6
Nørrelund (1996)	New onset or changed pattern rectal bleeding and uncertain change in bowel habit	Patients 40-69 years	18.18 (3.2-52.2) 2/11
		Patients 70-79 years	66.7 (12.5-98.2) 2/3
		Patients 80+ years	0 (0-80.2)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
			0/2
Nørrelund (1996)	New onset or changed pattern rectal bleeding and no change in bowel habit	Patients 40-69 years	4.42 (2.1-8.8) 8/181
		Patients 70-79 years	23.81 (12.6-39.8) 10/42
		Patients 80+ years	17.65 (4.7-44.2) 3/17
Hamilton (2005)	Abdominal pain	Patients 40-69 years	0.65 (NR)
		Patients $\geq$ 70 years	2 (NR)
Hamilton (2005)	Diarrhoea	Patients 40-69 years	0.63 (NR)
		Patients $\geq$ 70 years	1.7 (NR)
Hamilton (2005)	Constipation	Patients 40-69 years	0.2 (NR)
		Patients $\geq$ 70 years	1.3 (NR)
Hamilton (2005)	Weight loss	Patients 40-69 years	0.74 (NR)
		Patients $\geq$ 70 years	2.5 (NR)

\*Data missing from 22/422 patients, but it is unclear which of the age subgroups the missing data belongs to.

Please note:

- Lawrenson (2006) calculated the positive predictive values of colorectal cancer being diagnosed within 12 months of initial symptoms per 100 patients presenting by using Kaplan-Maier curves, and it is unclear how and if these calculations differ from those of the other studies.
- The calculations of the positive predictive values differ between the remaining studies using (TP)/(TP+FP) and Hamilton (2005, 2008, 2009) using other statistics due to the case-control design of these studies.

**Table 27: Colorectal cancer: Additional results reported by the individual papers: Men**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Collins (2012)	Rectal bleeding	Men 30-84 years	2.8 (2.6-3) 791/28423
Jones (2007)	Rectal bleeding at 6 months	Men (all ages)	1.8 (15-2.2) 138/7523
Fijten (1995)	Rectal bleeding	Men (all ages)	5.9 (2.6-12.3) 7/118
Jones (2007)	Rectal bleeding at 3 years	Men (all ages)	2.4 (2.1-2.8) 184/7523
Mant (1989)	Rectal bleeding	Men $\geq$ 40 years	9 (NR)
Nørrelund (1996)	New onset or changed pattern rectal bleeding	Men $\geq$ 40 years	17.26 (12-24) 29/168
Robertson (2006)	Rectal bleeding	Men (all ages)	4.8 (2.7-8.2) 13/273
Jones (2007)	Rectal bleeding at 3 years	Men < 45 years	0.07 (0.01-0.27) 2/2701
		Men 45-54 years	1.56 (1-2.31) 24/1542
		Men 55-64 years	3.38 (2.47-4.51) 44/1302
		Men 65-74 years	4.8 (3.65-6.17) 57/1188
		Men 75-84 years	7.74 (5.78-10.1) 49/633

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
		Men $\geq$ 85 years	5.1 (2.23-9.79) 8/157
Hamilton (2009)	Rectal bleeding at 2 years (read off graph)	Men < 60 years	0.5 (0.3-0.7)
		Men 60-69 years	2.4 (1.8-3.2)
		Men 70-79 years	3.5 (2.8-4.6)
		Men $\geq$ 80 years	4.5 (3.3-5.9)
Lawrenson (2006)	Rectal bleeding	Men 40-49 years	0.92 (NR)
		Men 50-59 years	2.75 (NR)
		Men 60-69 years	5.99 (NR)
		Men 70-79 years	7.69 (NR)
		Men 80-89 years	9.13 (NR)
Halfand (1007)	Rectal bleeding	Men < 50 years	0 (0-7.7) 0/58
Collins (2012)	Change in bowel habit	Men 30-84 years	2.9 (2.2-3.9) 49/1670
Hippisley-Cox (2012)	Change in bowel habit	Men 30-84 years	2.8 (1.8-4.2) 21/763
Hamilton (2009)	Change in bowel habit (read off graph)	Men < 60 years	1.1 (0.6-2.4)
		Men 60-69 years	3 (2.1-4.2)
		Men 70-79 years	4.2 (3.2-5.4)
		Men $\geq$ 80 years	3.9 (2.8-5.6)
Lawrenson (2006)	Change in bowel habit	Men 40-49 years	0.89 (NR)
		Men 50-59 years	4.07 (NR)
		Men 60-69 years	6.89 (NR)
		Men 70-79 years	8.48 (NR)
		Men 80-89 years	7.73 (NR)
Collins (2012)	Abdominal pain	Men 30-84 years	0.6 (0.6-0.7) 622/102192
Hamilton (2009)	Abdominal pain (read off graph)	Men < 60 years	0.15 (0.1-0.15)
		Men 60-69 years	0.9 (0.7-1)
		Men 70-79 years	1.1 (0.9-1.3)
		Men $\geq$ 80 years	1.2 (1-1.5)
Hamilton (2009)	Diarrhoea (read off graph)	Men < 60 years	0.1 (0.1-0.1)
		Men 60-69 years	0.9 (0.7-1.1)
		Men 70-79 years	1.3 (1.1-1.5)
		Men $\geq$ 80 years	1.2 (1-1.5)
Hamilton (2009)	Constipation (read off graph)	Men < 60 years	0.2 (0.2-0.2)
		Men 60-69 years	0.8 (0.6-0.9)
		Men 70-79 years	0.8 (0.7-0.9)
		Men $\geq$ 80 years	0.7 (0.6-0.8)
Collins (2012)	Appetite loss	Men 30-84 years	1 (0.6-1.5) 24/2481
Collins (2012)	Weight loss	Men 30-84 years	1 (0.8-1.1) 124/12891
Hamilton (2009)	Weight loss 5-10%	Men aged < 60 years	0.1 (0.05-0.2)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
	(read off graph)	Men aged 60-69 years	0.3 (0.2-0.4)
		Men aged 70-79 years	0.7 (0.5-0.8)
		Men aged ≥ 80 years	0.5 (0.3-0.8)
Hamilton (2009)	Weight loss ≥ 10% (read off graph)	Men < 60 years	0.2 (0.1-0.3)
		Men 60-69 years	0.7 (0.4-0.9)
		Men 70-79 years	1.5 (1.2-1.8)
		Men ≥ 80 years	0.8 (0.6-1.4)
Hamilton (2008)	Haemoglobin ≥ 13 g dl-1	Men 30-59 years	0.1 (0.1-0.1)
		Men 60-69 years	0.3 (0.3-0.3)
		Men 70-79 years	0.4 (0.3-0.4)
		Men ≥ 80 years	0.4 (0.3-0.5)
Hamilton (2008)	Haemoglobin 12-12.9 g dl-1	Men 30-59 years	0.2 (0.1-0.3)
		Men 60-69 years	0.7 (0.5-1)
		Men 70-79 years	1 (0.7-1.2)
		Men ≥ 80 years	0.6 (0.5-0.8)
Hamilton (2008)	Haemoglobin 11-11.9 g dl-1	Men 30-59 years	0.8 (0.2-2.9)
		Men 60-69 years	1.4 (0.9-2.3)
		Men 70-79 years	1.5 (1.2-2)
		Men ≥ 80 years	1 (0.8-1.4)
Hamilton (2008)	Haemoglobin 10-10.9 g dl-1	Men 30-59 years	0.8 (0.3-2.2)
		Men 60-69 years	2.3 (1.1-4.8)
		Men 70-79 years	3.2 (2.2-4.8)
		Men ≥ 80 years	1.6 (1.1-2.2)
Hamilton (2008)	Haemoglobin 9-9.9 g dl-1	Men 30-59 years	1.4 (0.2-10)
		Men 60-69 years	7.2 (2.9-17)
		Men 70-79 years	4 (2.5-6.3)
		Men ≥ 80 years	6 (3.4-10)
Hamilton (2008)	Haemoglobin < 9 g dl-1	Men 30-59 years	1.3 (0.4-4.3)
		Men 60-69 years	7.6 (3.4-16)
		Men 70-79 years	8.8 (5.4-14)
		Men ≥ 80 years	6.8 (4.2-11)
Hamilton (2008)	Haemoglobin ≥ 13 g dl-1 + indicators of iron deficiency**	Men 60-69 years	1.4 (0.6-3.6)
		Men 70-79 years	1.7 (0.9-3.1)
		Men ≥ 80 years	1.4 (0.6-3.1)
Hamilton (2008)	Haemoglobin 12-12.9 g dl-1 + indicators of iron deficiency**	Men 60-69 years	1.8 (0.7-4.2)
		Men 70-79 years	3.9 (1.8-8.5)
		Men ≥ 80 years	1.5 (0.5-4.2)
Hamilton (2008)	Haemoglobin 11-11.9 g dl-1 + indicators of iron deficiency**	Men 60-69 years	6.5 (2-19)
		Men 70-79 years	4.1 (2.1-8)
		Men ≥ 80 years	4 (1.6-9.3)
Hamilton (2008)	Haemoglobin 10-10.9 g dl-1 + indicators of iron deficiency**	Men 60-69 years	5.5 (1.2-21)
		Men 70-79 years	14 (5.9-29)
		Men ≥ 80 years	8.2 (3.7-17)
Hamilton (2008)	Haemoglobin 9-9.9 g dl-1 + indicators of iron	Men 60-69 years	12 (3.1-37)
		Men 70-79 years	16 (6.3-35)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	deficiency**	Men ≥ 80 years	31 (5.6-77)
Hamilton (2008)	Haemoglobin < 9 g dl-1 + indicators of iron deficiency**	Men 60-69 years	>5 (30 cases, 0 controls)
		Men 70-79 years	18 (8.7-34)
		Men ≥ 80 years	15 (7.3-28)
Hamilton (2008)	Haemoglobin < 11 g dl-1 + indicators of iron deficiency	Men > 60 years	13.3 (9.7-18)
Collins (2012)	Anaemia	Men 30-84 years	3 (2.5-3.6) 135/4466
Yates (2004)	Anaemia	Men > 20 years	18.2 (12.6-25.4) 28/154
Lawrenson (2006)	Anaemia	Men 40-49 years	1.07 (NR)
		Men 50-59 years	1.86 (NR)
		Men 60-69 years	3.02 (NR)
		Men 70-79 years	3.38 (NR)
		Men 80-89 years	2.98 (NR)

\*\*For the 30-59 years group 64 cases, but only 11 controls had markers of iron deficiency making meaningful analysis impossible.

Please note:

- Lawrenson (2006) calculated the positive predictive values of colorectal cancer being diagnosed within 12 months of initial symptoms per 100 patients presenting by using Kaplan-Maier curves, and it is unclear how and if these calculations differ from those of the other studies.
- The calculations of the positive predictive values differ between the remaining studies using (TP)/(TP+FP) and Hamilton (2005, 2008, 2009) using other statistics due to the case-control design of these studies. NP = Not reported.

**Table 28: Colorectal cancer: Additional results reported by the individual papers:  
Women**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Collins (2012)	Rectal bleeding	Women 30-84 years	2.1 (1.9-2.2) 571/27811
Jones (2007)	Rectal bleeding at 6 months	Women (all ages)	1.5 (1.3-1.8) 119/7766
Fijten (1995)	Rectal bleeding	Women (all ages)	1.3 (0.2-5.2) 2/151
Jones (2007)	Rectal bleeding at 3 years	Women (all ages)	2 (1.7-2.3) 154/7766
Mant (1989)	Rectal bleeding	Women ≥ 40 years	13 (NR)
Nørrelund (1996)	New onset or changed pattern rectal bleeding	Women ≥ 40 years	12.76 (8.6-18.4) 25/196
Robertson (2006)	Rectal bleeding	Women (all ages)	2.7 (1.3-5.3) 9/331
Jones (2007)	Rectal bleeding at 3 years	Women < 45 years	0.22 (0.08-0.47) 6/2780
		Women 45-54 years	0.63 (0.27-1.24) 8/1270
		Women 55-64 years	2.75 (1.9-3.84) 33/1200

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
		Women 65-74 years	2.42 (1.62-3.48) 28/1156
		Women 75-84 years	7.2 (5.63-9.06) 67/930
		Women > 85 years	2.79 (1.45-4.82) 12/430
Hamilton (2009)	Rectal bleeding at 2 years (read off graph)	Women < 60 years	0.4 (0.3-0.5)
		Women 60-69 years	2.1 (1.4-3.1)
		Women 70-79 years	2.2 (1.7-2.9)
		Women ≥ 80 years	2.9 (2.1-3.8)
Lawrenson (2006)	Rectal bleeding	Women 40-49 years	0.87 (NR)
		Women 50-59 years	2.16 (NR)
		Women 60-69 years	3.5 (NR)
		Women 70-79 years	4.61 (NR)
		Women 80-89 years	4.89 (NR)
Hamilton (2009)	Change in bowel habit (read off graph)	Women < 60 years	0.4 (0.3-0.5)
		Women 60-69 years	1.3 (0.8-1.9)
		Women 70-79 years	1.5 (1.1-1.9)
		Women ≥ 80 years	1.9 (1.3-2.7)
Lawrenson (2006)	Change in bowel habit	Women 40-49 years	0.64 (NR)
		Women 50-59 years	1.64 (NR)
		Women 60-69 years	2.42 (NR)
		Women 70-79 years	3.25 (NR)
		Women 80-89 years	4.09 (NR)
Collins (2012)	Abdominal pain	Women 30-84 years	0.4 (0.4-0.5) 598/143797
Hamilton (2009)	Abdominal pain (read off graph)	Women < 60 years	0.01 (0.1-0.1)
		Women 60-69 years	0.4 (0.35-0.5)
		Women 70-79 years	0.7 (0.6-0.75)
		Women ≥ 80 years	0.9 (0.8-1)
Hamilton (2009)	Diarrhoea (read off graph)	Women < 60 years	0.01 (0.1-0.1)
		Women 60-69 years	0.35 (0.25-0.4)
		Women 70-79 years	0.5 (0.4-0.6)
		Women ≥ 80 years	0.7 (0.6-0.8)
Hamilton (2009)	Constipation (read off graph)	Women < 60 years	0.1 (0.1-0.1)
		Women 60-69 years	0.5 (0.4-0.6)
		Women 70-79 years	0.5 (0.4-0.6)
		Women aged ≥ 80 years	0.5 (0.4-0.6)
Collins (2012)	Appetite loss	Women 30-84 years	0.6 (0.4-1) 20/3295
Collins (2012)	Weight loss	Women 30-84 years	0.6 (0.5-0.7) 91/15398
Hamilton (2009)	Weight loss 5-10% (read off graph)	Women < 60 years	0.05 (0.05-0.05)
		Women 60-69 years	0.2 (0.1-0.3)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
		Women 70-79 years	0.4 (0.3-0.6)
		Women $\geq$ 80 years	0.4 (0.3-0.6)
Hamilton (2009)	Weight loss $\geq$ 10% (read off graph)	Women < 60 years	0.06 (0.06-0.08)
		Women 60-69 years	0.5 (0.3-0.7)
		Women 70-79 years	0.8 (0.6-1.1)
		Women $\geq$ 80 years	0.8 (0.6-1.1)
Hamilton (2008)	Haemoglobin $\geq$ 13 g dl-1	Women 30-59 years	0 (0-0)
		Women 60-69 years	0.1 (0.1-0.2)
		Women 70-79 years	0.2 (0.2-0.2)
		Women $\geq$ 80 years	0.2 (0.2-0.3)
Hamilton (2008)	Haemoglobin 12-12.9 g dl-1	Women 30-59 years	0.0 (0.0-0.1)
		Women 60-69 years	0.2 (0.1-0.2)
		Women 70-79 years	0.3 (0.3-0.4)
		Women $\geq$ 80 years	0.3 (0.2-0.4)
Hamilton (2008)	Haemoglobin 11-11.9 g dl-1	Women 30-59 years	0.1 (0.1-0.2)
		Women 60-69 years	0.4 (0.3-0.6)
		Women 70-79 years	0.5 (0.4-0.6)
		Women $\geq$ 80 years	0.6 (0.5-0.8)
Hamilton (2008)	Haemoglobin 10-10.9 g dl-1	Women 30-59 years	0.4 (0.2-0.8)
		Women 60-69 years	1.2 (0.7-2)
		Women 70-79 years	1.9 (1.4-2.6)
		Women $\geq$ 80 years	1.2 (0.9-1.5)
Hamilton (2008)	Haemoglobin 9-9.9 g dl-1	Women 30-59 years	0.3 (0.1-0.6)
		Women 60-69 years	2.7 (1.2-5.9)
		Women 70-79 years	3.6 (2.1-6)
		Women $\geq$ 80 years	2.2 (1.5-3.1)
Hamilton (2008)	Haemoglobin $<$ 9 g dl-1	Women 30-59 years	0.9 (0.3-2.9)
		Women 60-69 years	>5 (41 cases, 0 controls)
		Women 70-79 years	8.6 (5.4-14)
		Women $\geq$ 80 years	7.1 (4.5-11)
Hamilton (2008)	Haemoglobin $\geq$ 13 g dl-1 + indicators of iron deficiency	Women 30-59 years	0.1 (0-0.3)
		Women 60-69 years	2.9 (0.6-12)
		Women 70-79 years	0.4 (0.2-1.1)
		Women $\geq$ 80 years	0.8 (0.3-1.8)
Hamilton (2008)	Haemoglobin 12-12.9 g dl-1 + indicators of iron deficiency	Women 30-59 years	0.1 (0.0-0.3)
		Women 60-69 years	0.1 (0.0-0.8)
		Women 70-79 years	0.8 (0.4-1.7)
		Women $\geq$ 80 years	1.5 (0.5-4.2)
Hamilton (2008)	Haemoglobin 11-11.9 g dl-1 + indicators of iron deficiency	Women 30-59 years	0.2 (0.1-0.4)
		Women 60-69 years	1.5 (0.7-3.3)
		Women 70-79 years	2.1 (1.1-4)
		Women $\geq$ 80 years	3.6 (2-6.5)
Hamilton (2008)	Haemoglobin 10-10.9 g dl-1 + indicators of iron	Women 30-59 years	0.6 (0.2-2.1)
		Women 60-69 years	2.4 (1-5.7)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
	deficiency	Women 70-79 years	5.9 (3-11)
		Women $\geq$ 80 years	2.5 (1.5-4.1)
Hamilton (2008)	Haemoglobin 9-9.9 g dl-1 + indicators of iron deficiency	Women 30-59 years	0.3 (0.1-0.8)
		Women 60-69 years	3.5 (1.1-11)
		Women 70-79 years	8.6 (3.8-18)
		Women $\geq$ 80 years	5.7 (3-11)
Hamilton (2008)	Haemoglobin < 9 g dl-1 + indicators of iron deficiency	Women 30-59 years	0.6 (0.2-2.2)
		Women 60-69 years	>5 (36 cases, 0 controls)
		Women 70-79 years	10 (5.2-19)
		Women $\geq$ 80 years	10 (5.6-17)
Hamilton (2008)	Haemoglobin < 10 g dl-1	Women > 60 years	7.7 (5.7-11) Cases: 367/3021 Controls: 121/21138
Collins (2012)	Anaemia	Women 30-84 years	1.3 (1.1-1.5) 173/13659
Yates (2004)	Anaemia	Women > 50 years	3.2 (1.6-6.3) 9/277
Lawrenson (2006)	Anaemia	Women 40-49 years	0.08 (NR)
		Women 50-59 years	0.56 (NR)
		Women 60-69 years	1.38 (NR)
		Women 70-79 years	1.99 (NR)
		Women 80-89 years	2.01 (NR)

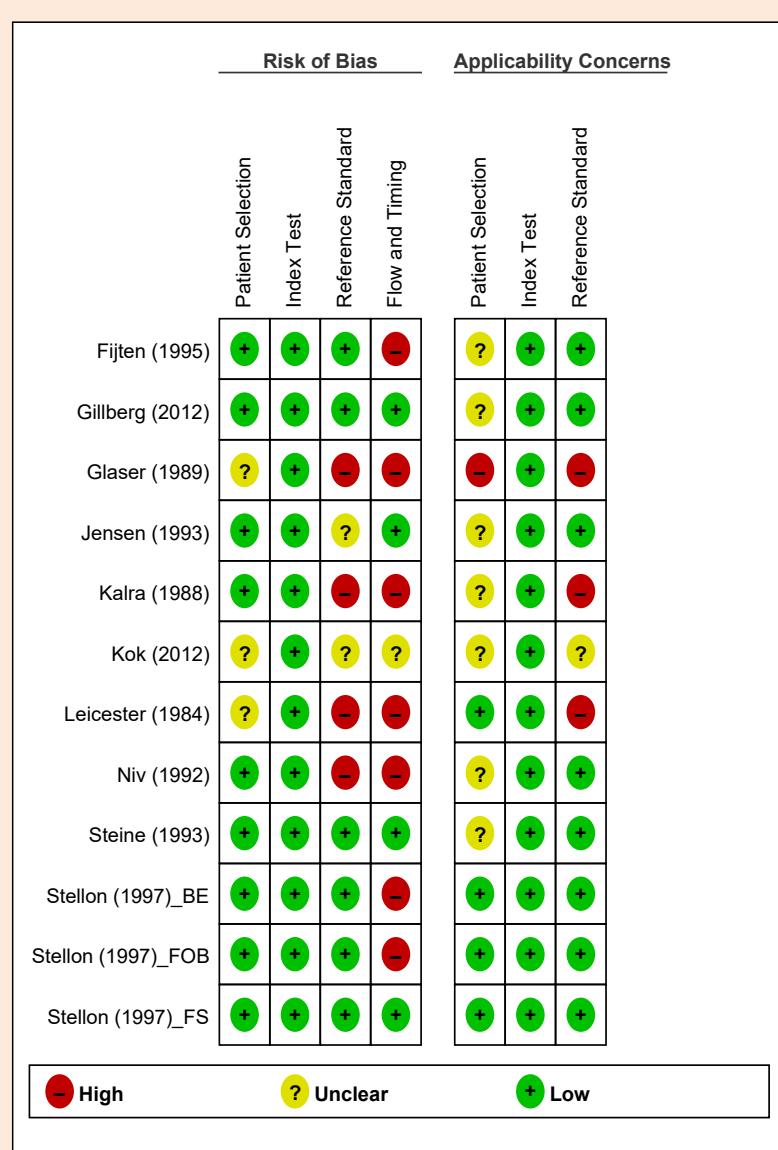
*Please note:*

- Lawrenson (2006) calculated the positive predictive values of colorectal cancer being diagnosed within 12 months of initial symptoms per 100 patients presenting by using Kaplan-Maier curves, and it is unclear how and if these calculations differ from those of the other studies.
- The calculations of the positive predictive values differ between the remaining studies using (TP)/(TP+FP) and Hamilton (2005, 2008, 2009) using other statistics due to the case-control design of these studies. NR = Not reported

### *Investigations in primary care*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The studies were associated with a number of bias and validity issues. Two of the main issues to note relate to the patient selection methods employed and study settings, some of which were not clearly consecutive or random (and may therefore bias the results) or clearly transferable to UK-based primary care. Other issues of concern relate to missing data (and the concern that this may not be missing at random) and sub-optimal reference standards, which may both influence the results to an unknown extent.



### Evidence statement

Faecal occult blood (6 studies, N = 9871 of which at least 3 studies considered a positive FOB test result to be if any of 3 tested faecal samples were positive) conducted in symptomatic patients presenting in a primary care setting is associated with sensitivities that ranged from 0-84%, specificities that ranged from 76-87%, positive predictive values that ranged from 0-16%, and false negativity rates that ranged from 16-100% for colorectal cancer. All the studies were associated with 1-5 bias or applicability concerns (see also Table 29).

Sigmoidoscopy (5 studies, N = 1322) conducted in symptomatic patients presenting in a primary care setting is associated with sensitivities that ranged from 0-40%, specificities of up to 100%, positive predictive values that ranged from 0-100%, and false negativity rates that ranged from 60-100% for colorectal cancer. All the studies were associated with 0-5 bias or applicability concerns (see also Table 30).

Double-contrast barium enema (3 studies, N = 360) conducted in symptomatic patients presenting in a primary care setting is associated with sensitivities that ranged from 50-100%, specificities that ranged from 98-100%, positive predictive values that ranged from 66.7-100%, and false negativity rates that ranged from 0-50% for colorectal cancer. All the studies were associated with ≤ 2 bias or applicability concerns (see also Table 31).

**Table 29: Colorectal cancer: Faecal occult blood**

Study	Test	Prevalence	Sensi-tivity	Speci-ficity	Other results (95% CI)
Fijten (1995)	Faecal occult blood (Haemoccult)	5/225	50%	82%	Positive predictive value = 5% Negative predictive value = 99% False negativity rate = 50% 95% CI cannot be calculated as 2-by2 table could not be extracted
Gillberg (2012)	Faecal occult blood (Haemoccult II)	161/8928	75%	87%	TP = 120 FN = 41 TN = 7585 FP = 1182 Positive predictive value = 9.2% (7.7-11) False negativity rate = 25%
Jensen (1993)	Faecal occult blood (Hemoccult II)	5/149	60%	79%	TP = 3 FN = 2 TN = 114 FP = 30 Positive predictive value = 9.1% (2.4-25.5) False negativity rate = 40%
Kok (2012)	Faecal occult blood (Clearview One Step immune-chemical)	19/386	84%	76%	Data only available for N = 376 TP = 16 FN = 3 TN = 270 FP = 87 Positive predictive value = 15.5% (9.4-24.3) False negativity rate = 16%
Leicester (1984)	Faecal occult blood (Haemoccult)	4 cancers in 25 positive results out of 161 tests	56%	Not reported	Positive predictive value = 16% False negativity rate = 44% 95% CI cannot be calculated as 2-by2 table could not be extracted
Stellon (1997)	Faecal occult blood (Haemoccult)	1/22	0%	76%	TP = 0 FN = 1 TN = 16 FP = 5 Positive predictive value = 0% (0-54) False negativity rate = 100%

The data were not meta-analysed due to concerns about excessive heterogeneity (see forest plots below), differences in the tests employed and missing data. TP = true positives, FP = false positives, TN = true negatives, FN = false negatives. See forest plots below for the 95% CI for sensitivity and specificity.

**Table 30: Colorectal cancer: Sigmoidoscopy**

Study	Test	Prevalence	Sensi-tivity (95% CI)	Speci-ficity (95% CI)	Other results (95% CI)
Glaser (1989)	Rigid sigmoidoscopy	7/351	37.5% (10.2-74.1)	100% (98.6-100)	TP = 3 FN = 5 TN = 343 FP = 0 Positive predictive value = 100% (31-100) False negativity rate = 62.5%
Jensen (1993)	Rectosigmoidoscopy	5/149	40% (7.3-83)	100% (96.8-100)	TP = 2 FN = 3 TN = 144 FP = 0 Positive predictive value = 100% (19.8-100) False negativity rate = 60%
Kalra (1988)	Fibre-sigmoidoscopy	64 cancers in 216	Not report	Not report	- Fibresigmoidoscopy unsuccessful in 31/541 patients

Study	Test	Prevalence	Sensi-tivity (95% CI)	Speci-ficity (95% CI)	Other results (95% CI)
		abnormal findings in 541 patients	ed	ed	- 4 cancers missed by fibresigmoidoscopy Positive predictive value = 29.6% 95% CI cannot be calculated as 2-by2 table could not be extracted
Niv (1992)	Flexible sigmoidoscopy	5/255	Not reported	Not reported	TP = 4 FN = ≥ 1 TN = ? FP = 0 Positive predictive value = 100% (39.6-100) False negativity rate = cannot be ascertained as negative cases did not appear to be followed up
Stellon (1997)	Flexible sigmoidoscopy	2/26	0% (0-80.2)	100% (82.8-100)	TP = 0 FN = 2 TN = 24 FP = 0 Positive predictive value = 0% False negativity rate = 100%

The data were not meta-analysed due to concerns about differences in the tests employed and missing data. TP = true positives, FP = false positives, TN = true negatives, FN = false negatives.

**Table 31: Colorectal cancer: Double-contrast barium enema**

Study	Test	Prevalence	Sensi-tivity	Speci-ficity	Other results
Jensen (1993)	Double-contrast barium enema	5/149	60%	100%	TP = 3 FN = 2 TN = 144 FP = 0 Positive predictive value = 100% (31-100) False negativity rate = 40%
Steine (1993)	Double-contrast barium enema	8/189	100%	98%	TP = 8 FN = 0 TN = 177 FP = 4 False negativity rate = 0% Positive predictive value = 66.7% (35.4-88.7) 1 patient with anal cancer was not examined
Stellon (1997)	Double-contrast barium enema	2/22	50%	100%	TP = 1 FN = 1 TN = 20 FP = 0 Positive predictive value = 100% (54.6-100) False negativity rate = 50%

The data were not meta-analysed due to concerns about excessive heterogeneity (see forest plot below). TP = true positives, FP = false positives, TN = true negatives, FN = false negatives. See forest plots below for the 95% CI for sensitivity and specificity.

### Cost-effectiveness evidence (see also Appendix A)

#### Background

Colonoscopy is considered the gold standard investigation for the diagnosis of colorectal cancer due to its ability to visualise the entire colon and perform biopsies. Other investigations used in the diagnosis of colorectal cancer include flexible sigmoidoscopy and barium enema. Both investigations are associated with a lower risk of adverse events

compared to colonoscopy however sensitivity is considerably lower. Recently, computerised tomography colonography (CTC) has begun to replace barium enema as the investigation of choice, for patients with co-morbidities due to the minimally invasive procedure. The technology uses CT imaging of the colon to visualise tumours.

Currently, the national bowel cancer screening programme uses faecal occult blood tests (FOBT) or faecal immunochemical tests (FIT) to detect occult blood in the faeces which is indicative of colorectal cancer. These tests are given to asymptomatic people aged 60 years or older. They are easy to use and can be performed by the person at home. Currently these tests are not routinely available to GPs to order if they suspect their patient has colorectal cancer and falls outside the bowel cancer screening age parameters.

#### *Existing Economic Evidence*

A systematic literature review was performed to assess the current economic literature in this area. The review identified 634 possibly relevant economic papers relating to colorectal cancer. Of these, ten full papers were obtained for appraisal. No study directly assessed the decision problem. The majority of literature in this area focuses on screening for asymptomatic patients. One study was identified, Allen et al 2004, which addressed a similar question to this decision problem; diagnostic tests to investigate rectal bleeding in patients aged 40 years and over.

This study could not be included within the economic evidence for this topic because it did not include a change in bowel habit as the main symptom and included other benign diseases of the bowel as an outcome. However it did provide a useful structure for the de novo analysis. The study used a decision tree combined with a Markov state transition model. The disease natural history section of the model was consistent with existing UK based screening economic models and divided the disease states by Dukes grading<sup>a</sup>.

The study perspective was a USA modified societal perspective. The investigations included in the study were; air contrast barium enema (ACBE) alone, ACBE and flexible Sigmoidoscopy, flexible sigmoidoscopy, colonoscopy and watchful waiting. Faecal occult blood tests were not included in the analysis because the study was investigating people with visible rectal bleeding therefore occult blood tests are not relevant to this population. The authors concluded that colonoscopy was cost-effective compared to flexible sigmoidoscopy alone (ICER \$5,480). Watchful waiting, defined as bleeding for one year followed by colonoscopy, was the most expensive option and was dominated by flexible sigmoidoscopy.

#### *Aim*

To estimate the cost-effectiveness of diagnostic tests for suspected colorectal cancer ordered in primary care for patients aged 40 years and over with a change in bowel habit.

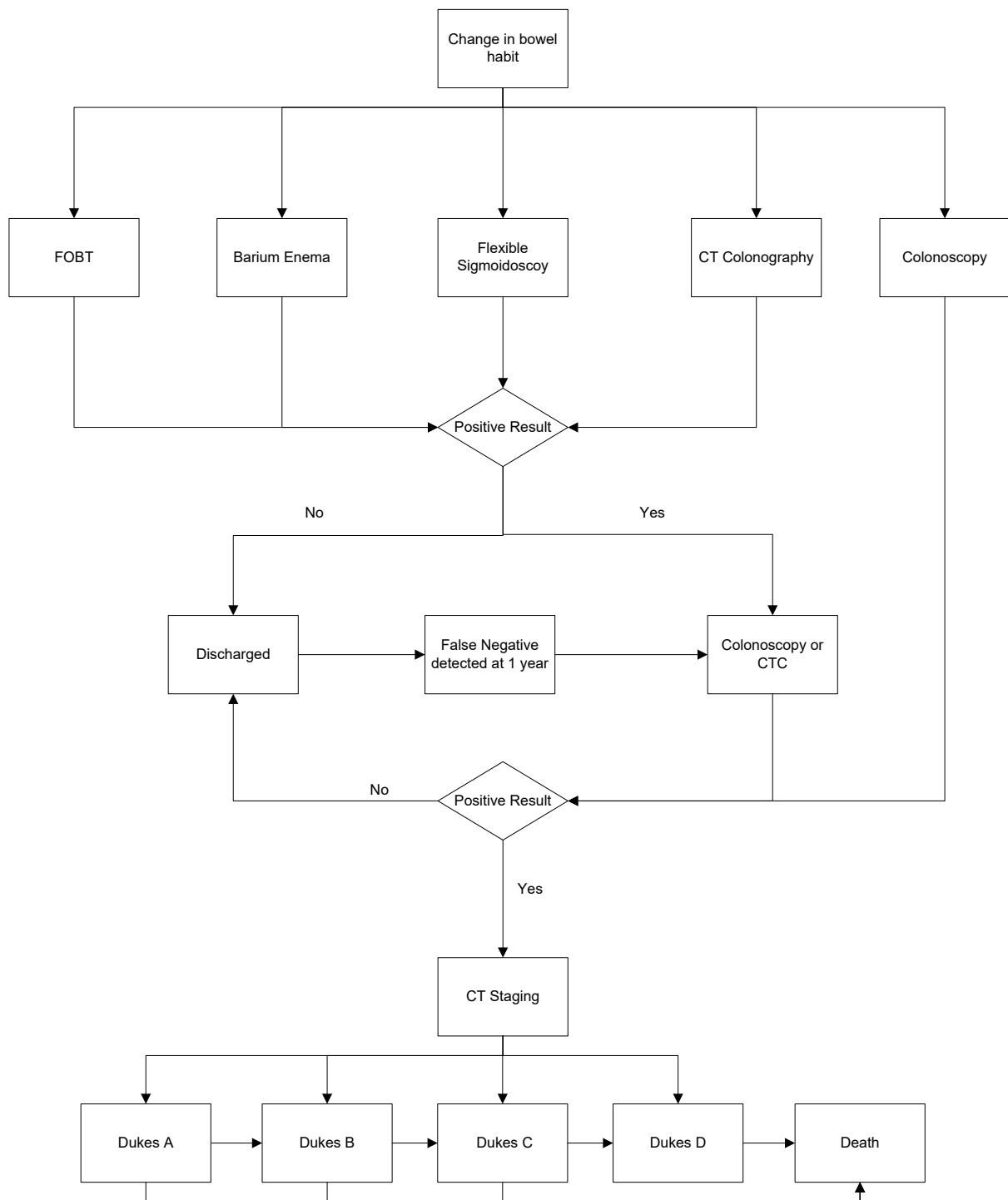
#### *De Novo Economic Model*

##### *Model Structure*

A decision tree analysis with combined Markov states was used to capture the diagnosis and staging of colorectal cancer. The full model structure is shown in the Figure below.

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a Method of assessing the level of invasion and the spread of a colorectal tumour within the bowel.



The cohort begins with people aged 40 years and over with a change in bowel habit who have presented to their GP for the first time. The cohort can have one of five initial investigations outlined in the decision problem. If the initial test result is positive they are referred to a clinic for either a colonoscopy or CTC depending on the probability of them being unsuitable for colonoscopy (for those receiving a colonoscopy as a first line investigation, no further test is required). If after colonoscopy or CTC the person tests positive for colorectal cancer, a CT scan is ordered to establish the stage of the cancer.

The initial cancer stage for those people with colorectal cancer is determined with defined probability of entering one of the four colorectal cancer markov states. These states are

based on the Dukes grading system for colorectal cancer. Patients with diagnosed cancer can either remain in their current health state or die from colorectal cancer or another cause.

A lifetime horizon with a one year cycle length captures the probability of progression for treated and untreated colorectal cancer. For those patients with a negative result who have the underlying disease (false negatives), it is assumed that their symptoms would persist and they would be diagnosed within at one year with a colonoscopy. During this time the patient has a probability of progressing to a worse cancer state. All true negative patients are discharged after either their first investigation or if false positive at initial stage they are discharged after their second investigation.

Estimated total costs and quality adjusted life years (QALYs) are collected over the modelled forty year time horizon for each diagnostic strategy. The total costs will include all costs associated with initial and follow up investigations, staging, and treatment. These are described in more detail in the cost section of this report. QALYs are calculated by multiplying the life years that patients spend in each health state by the associated quality of life (QoL) weighting, which represent the valuation of the patient's health state. QALYs and QoL values are discussed in more detail in later sections of the report. Future costs and benefits were discounted at a rate of 3.5% per year as recommended by NICE.

#### *Probability of progression*

The GDG noted that obtaining observed probabilities of progression in colorectal cancer patients is unlikely. Therefore, in the absence of such evidence, estimated transition probabilities between cancer stages from a study by Tappenden et al 2004 were utilised. Using such calibrated probabilities will lead to uncertainty within the model results; however this was fully explored in the one way sensitivity analysis and probabilistic sensitivity analysis.

The probabilities of progression with undiagnosed colorectal cancer that were applied in the model are shown in table 32 below.

**Table 32: Probability of progression for undiagnosed colorectal cancer**

Colorectal Stage	Annual probability of progression for undiagnosed CRC (95% CI)	PSA Distribution	Reference
Dukes A – Dukes B	0.58 (0.57-0.59)	Uniform	Tappenden et al 2004
Dukes B – Dukes C	0.66 (0.64-0.67)	Uniform	Tappenden et al 2004
Dukes C – Dukes D	0.87 (0.85-0.88)	Uniform	Tappenden et al 2004

#### *Diagnostic accuracy*

Diagnostic accuracy was captured in the model using data on sensitivity and specificity. Sensitivity is defined as; the probability that the index test result will be positive in a diseased case. The specificity is defined as; the probability that the index test result will be negative in a non diseased case.

All included evidence for the guideline is required to come from primary care studies. Patient selection, overall clinical responsibility and setting should all have been conducted in primary care to be eligible for inclusion. Upon review of the evidence six papers were identified as relevant for faecal occult blood tests and three were relevant for barium enema.

**Table 33: Key Diagnostic Accuracy Data**

Investigation	Sensitivity (95% CI)	Specificity (95% CI)	Reference
FOBT	50.0% (15.0%,85.0%)	88.0% (85.0%,89.0%)	Gillberg et al 2012

Investigation	Sensitivity (95% CI)	Specificity (95% CI)	Reference
FITb	74.7% (64.5%,83.3%)	86.4% (84.1%,88.4%)	Oono et al 2010
Barium Enema	60.0% (15.0%,95.0%)	100.0% (97.0%,100.0%)	Jensen et al 1993.
Flexible Sigmoidoscopy	68.6% (65.5%,71.6%)	100.0%	Thompson et al 2008
CT Colonography	96.1% (93.8%,97.7%)	79.2% (76.8%,81.5%)	Pickhardt et al 2011 (only reported sensitivity) & Halligan et al 2013
Colonoscopy	94.7% (90.4%,97.2%)	100.0%	Pickhardt et al 2011

### Costs and Quality of Life

Modelled patients accrue costs associated with any treatment, monitoring or management strategy that they are undergoing. The costs considered in the model reflect the perspective of the analysis, thus only costs that are relevant to the UK NHS & PSS were included. These costs include drug costs, treatment costs and any other resource use that may be required (e.g. GP visit). Where possible, all costs were estimated in 2012-13 prices.

The majority of costs were sourced from NHS reference costs 2012/13 by applying tariffs associated with the appropriate HRG code. Data on lifetime costs associated with colorectal cancer (based on the stage of cancer at diagnosis) were sourced from Tappenden et al 2004 and inflated to 2014 prices. All the costs applied in the model are shown in the table below.

**Table 34: List of all costs included in the analysis**

Type of Cost	Mean Cost (Standard error)	Gamma PSA Distribution (alpha, beta)	Reference
<b>Investigations</b>			
FOBT	£4.86 (4.45)	(1.19, 4.07)	Estimated <sup>c</sup>
FIT	£9.42 (7.41)	(1.61, 5.83)	Estimated <sup>d</sup>
Colonoscopy	£368.00 (145.88)	(6.36, 57.83)	NHS Reference Costs 2012/13
CT colonography	£275.00 (29.65)	(86.01, 3.19)	NHS Reference Costs 2012/13
Barium Enema	£101.00 (32.55)	(9.63, 10.49)	NHS Reference Costs 2012/13
Flexible Sigmoidoscopy	£351.00 (130.10)	(7.28, 48.21)	NHS Reference Costs 2012/13
CT Scan	£146.53 (68.94)	(4.52, 32.43)	NHS Reference Costs 2012/13
<b>Adverse Event</b>			
Gastro intestinal bleeding	£265 (148.26)	(3.19, 82.95)	NHS Reference Costs 2012/13
Bowel Perforation	£2,240 (593.03)	(14.27, 157.00)	NHS Reference Costs 2012/13
<b>Referral</b>			
GP visit	£45.00 (not reported)	n/a	PSSRU 2013.
Lower Gastrointestinal	£171.00 (60.79)	(7.91, 21.61)	NHS Reference Costs

<sup>b</sup> Examined in supplementary analysis

<sup>c</sup> Estimated from UK bowel screening Southern hub contract prices 2011.

<sup>d</sup> Estimated from UK bowel screening Southern hub contract prices 2011.

Type of Cost	Mean Cost (Standard error)	Gamma PSA Distribution (alpha, beta)	Reference
appointment			2012/13.
<b>Cancer Stage</b>			
Dukes A	£8,221 (3047.24)	(7.28,1129.44)	Tappenden et al 2004
Dukes B	£13,863 (5138.60)	(7.28,1904.60)	Tappenden et al 2004
Dukes C	£22,428 (8313.13)	(7.28,3081.22)	Tappenden et al 2004
Dukes D	£14,925 (5531.89)	(7.28,2050.37)	Tappenden et al 2004

The model estimates effectiveness in terms of quality adjusted life years (QALYs). QALYs were estimated by combining the life year estimates with utility values (or QOL weights) associated with being in a particular health state. These utility values were identified through a search of the available literature. The utilities used in the model were sourced from a U.S. study by Ness et al. 1999, in which quality of life values associated with various stages of cancer and treatment were assessed using the standard gamble technique. The utilities applied in the model are shown in Table 35 below.

**Table 35: List of all costs included in the analysis**

Model State	QoL	Beta distribution (alpha, beta)	Reference
Healthy	0.79	(267.00,71.00)	Kind et al 1999
Dukes A	0.74	(145.00,51.69)	Ness et al 1999
Dukes B	0.70	(56.60,24.53)	Ness et al 1999
Dukes C	0.50	(33.78,32.28)	Ness et al 1999
Dukes D	0.25	(1.03,2.35)	Ness et al 1999

#### Base case results

The results of the economic model are presented as expected costs and QALYs for intervention along with an incremental cost-effectiveness ratio (ICER) for each comparison. The ICER is used to measure the cost-effectiveness of one intervention over another; it is calculated as shown in the figure below.

$$\text{ICER} = (\Delta \text{Cost}) / (\Delta \text{QALYs})$$

$$\text{ICER} = (\text{Cost Intervention A} - \text{Cost Intervention B}) / (\text{QALYs Intervention A} - \text{QALYs Intervention B})$$

It can be seen that by dividing the difference in costs of each intervention by the difference in benefits (in QALY terms), a cost per QALY can be calculated for each comparison. NICE typically has a cost effectiveness (CE) threshold of £20,000 for one additional QALY gained. Thus, an intervention with  $\text{ICER} < \text{£20,000}$  can usually be considered cost-effective. Interventions with ICER values above £30,000 are not typically considered cost-effective. For ICER values between £20,000 and £30,000, an intervention may be considered cost-effective if it is associated with significant benefits.

An alternative way of presenting the results of economic analyses is in the form of net monetary benefit (NMB), which is calculated as shown in the figure below.

$$\mathbf{NMB} = \lambda \times \Delta \text{QALYs} - \Delta \text{Costs}$$

Where  $\lambda$  = NICE threshold of £20,000 per QALY

It can be seen that by employing a fixed NICE threshold of £20,000 per QALY and rearranging the ICER formula it is possible to express both effectiveness and costs in monetary terms. When the calculated result is found to be positive then the benefits are found to outweigh the costs and those interventions that have higher NMBs are preferred to those with lower NMBs.

The base case deterministic results are shown in Table 36. Both FOBT and barium enema are cost effective compared to colonoscopy at a threshold of £20,000 per QALY gained.

Table 37 presents the results in a dominance rank format. In this analysis the tests are rearranged in order of total cost, from cheapest to most expensive. Incremental costs and QALYs are then calculated for each intervention by comparing it against the previous intervention that was found to be cost-effective (at a threshold of £20,000 per QALY). Upon analysis of results using the dominance rank method, FOBT was found to be the most cost-effective test.

**Table 36: Base case deterministic results, FOBT and barium enema compared to colonoscopy**

Test	Costs		QALYs		ICER	NMB
	Total	Incr	Total	Incr		
Colonoscopy	£810,397	-	814.24	-	-	£15,474,474
FOBT	£343,244	- £467,153	809.99	-4.25	£109,860 <sup>e</sup>	£15,856,582
Barium Enema	£365,818	-£444,578	810.94	-3.30	£134,681	£15,853,033

**Table 37: Base case deterministic results- dominance rank**

Test	Costs		QALYs		ICER	NMB
	Total	Incr	Total	Incr		
FOBT	£343,244	-	809.99	-	-	£15,856,582
Barium Enema	£365,818	£22,575	810.94	0.95	£22,580	£15,853,033
Colonoscopy	£810,397	£467,153	814.24	4.25	£116,750	£15,474,474

In addition to the deterministic results above, the base case results were also generated probabilistically. In this analysis the mean total costs and QALYs were recorded after 10,000 probabilistic runs of the analysis. The probabilistic base case results are presented in tables 38 and 39 below showing a comparison against a common baseline (colonoscopy) and a dominance rank, respectively.

As in the deterministic analysis, it can be seen that both FOBT and barium enema are cost effective compared to colonoscopy and that, when using the dominance rank method, FOBT was found to be the most cost-effective test.

**Table 38: Base case probabilistic results, FOBT and barium enema compared to colonoscopy**

Test	Costs	QALYs	ICER	NMB

<sup>e</sup> When incremental QALYs & Costs are **negative** anything **above** the CE threshold (£20,000 per QALY) is cost-effective.

	Total	Incr	Total	Incr		
Colonoscopy	£836,201	-	812.12	-	-	£15,407,830
FOBT	£350,045	-£486,157	808.03	-4.17	£116,641	£15,810,627
Barium Enema	£390,076	-£446,125	808.03	-4.17	£107,034	£15,770,593

**Table 39: Base case probabilistic results - dominance rank**

Test	Costs		QALYs		ICER	NMB
	Total	Incr	Total	Incr		
FOBT	£350,045	-	808.03	-	-	£15,810,627
Barium Enema	£390,076	£40,031	808.03	0.00	Dominated	£15,770,593
Colonoscopy	£836,201	£486,157	812.12	4.17	£116,641	£15,407,830

### Additional Analysis

Further analysis was undertaken to examine the cost-effectiveness of flexible sigmoidoscopy and CTC. Table 40 shows the ICERs for CTC and flexible sigmoidoscopy compared to colonoscopy. Both investigations were cost-effective compared to colonoscopy.

**Table 40: Comparison of flexible sigmoidoscopy and CTC to colonoscopy**

Investigation	Costs		QALYs		ICER	NMB
	Total	Incr	Total	Incr		
Colonoscopy	£810,397	-	814.24	-	-	£15,474,474
CTC	£710,146	-£100,250	814.38	0.13	Dominant	£15,577,388
Flexible Sigmoidoscopy	£690,542	-£119,855	811.76	-2.48	£48,291 <sup>f</sup>	£15,544,691

Upon analysis (using the dominance rank method) including all investigations, FOBT is shown to be the most cost-effective investigation (Table 41).

**Table 41: Dominance rank for all investigations**

Investigation	Costs		QALYs		ICER	NMB
	Total	Incr	Total	Incr		
FOBT	£343,244	-	809.99	-	-	£15,856,582
Barium enema	£365,818	£22,575	810.94	0.95	£23,730	£15,853,033
Flexible Sigmoidoscopy	£690,542	£347,298	811.76	1.77	£196,197	£15,544,691
CTC	£710,146	£ 366,903	814.38	4.39	£83,664	£15,577,388
Colonoscopy	£810,397	£467,153	814.24	4.25	£109,860	£15,474,474

### Faecal Immunochemical Tests

In addition to the main analysis, the GDG wanted to explore the use of newer faecal occult blood tests. Faecal immunochemical tests (FIT) are similar to guaiac based FOBT in their design and sample collection however FIT detects globin in stool samples rather than haem. FIT has been associated with a higher sensitivity and specificity than FOBT. The results of the additional analysis are shown in Table 42 below. It can be seen that FIT is cost-effective compared to colonoscopy and when assessed using the dominance rank method it becomes the most cost-effective test.

<sup>f</sup> When incremental QALYs & Costs are **negative** anything **above** the CE threshold (£20,000 per QALY) is cost-effective.

**Table 42: Dominance rank for all investigations**

Investigation	Costs		QALYs		ICER	NMB
	Total	Incr	Total	Incr		
Colonoscopy	£810,397	-	814.24	-	-	£15,474,474
FIT	£377,839	-£432,558	812.34	-1.90	£227,696	£15,869,038

### *Sensitivity analysis results*

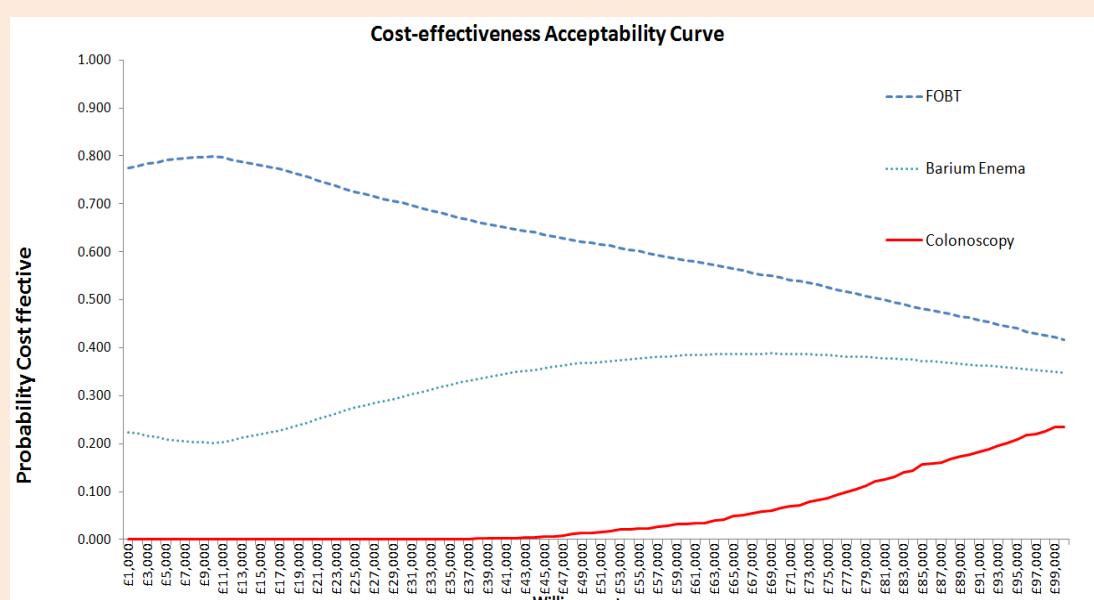
A series of one-way sensitivity analyses were conducted, whereby the value of one input parameter is changed and its effect on the overall outcome is recorded and assessed. The results of the analysis show that small changes in prevalence, cost and diagnostic accuracy result in barium enema becoming the most cost-effective test. The discount rate also has an effect on the overall result however no other parameter resulted in a change to the overall results.

Tests with a high specificity reduce the overall cost of the strategy due to the low number of false positives receiving further unnecessary expensive investigations. Tests with high sensitivity increase the overall number of people diagnosed with cancer thus increasing overall QALYs. FOBT was the most cost-effective investigation because of its low cost and moderately high sensitivity and specificity. The increase in cancer diagnosis between FOBT and the next cheapest, more specific investigation (barium enema) was minimal meaning FOBT was more cost-effective than barium enema.

Probabilistic sensitivity analysis was also conducted to assess the combined parameter uncertainty in the model. In this analysis, the mean values that are utilised in the base case are replaced with values drawn from distributions around the mean values.

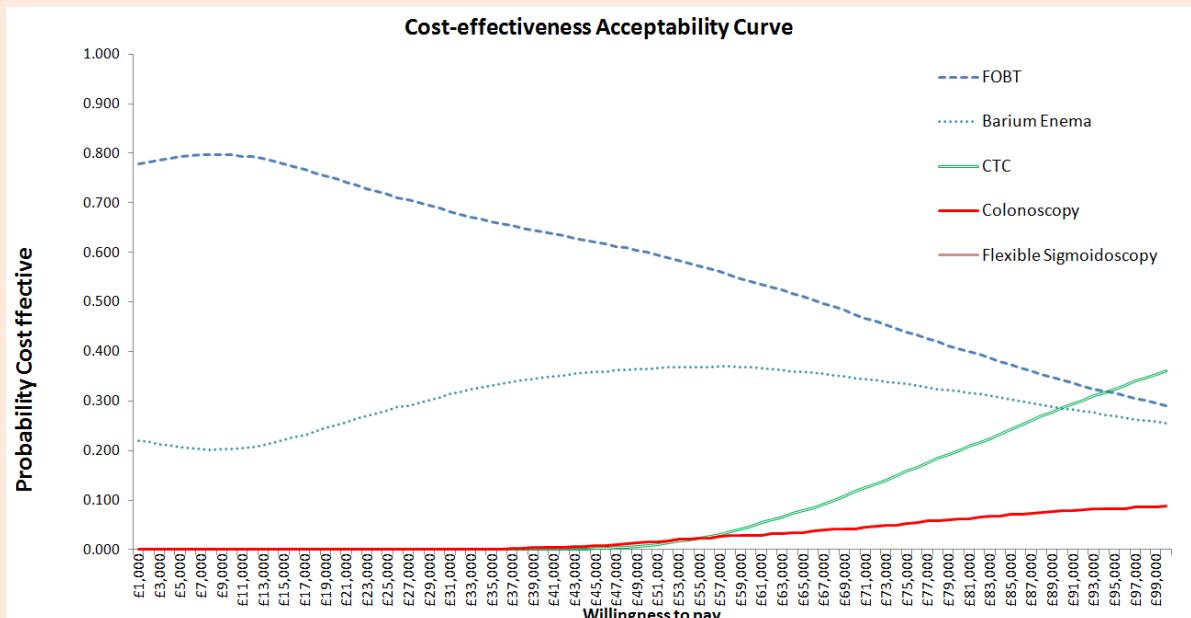
The results of 10,000 runs of the probabilistic sensitivity analysis are shown using a cost-effectiveness acceptability curve (CEAC). The graph shows the probability of each diagnostic strategy being considered cost-effective at the various cost-effectiveness thresholds on the x axis. It can be seen that at a threshold of £20,000 per QALY, FOBT has a high probability of being cost-effective (77%). As the CE threshold increases beyond £20,000 per QALY CTC has a higher probability of being cost-effective.

**Figure: Cost-effectiveness acceptability curve (CEAC): Base case results**



In the figure below CTC and flexible sigmoidoscopy are included in the PSA analysis. It is shown that FOBT is still the most cost-effective test at a threshold of £20,000 per QALY. However, as the CE threshold increases CTC starts to become more cost-effective.

**Figure: Cost-effectiveness acceptability curve (CEAC): All included investigations**



### Conclusion

The results of the analysis suggest that faecal occult blood testing is cost-effective to detect colorectal cancer in people aged 40 years and older with a change in bowel habit in primary care. Barium enema, flexible sigmoidoscopy and computed tomography colonography were all found to be cost-effect compared to colonoscopy however FOBT was the most cost effective for this low risk population.

Update 2015

<p><b>Recommendations</b></p>	<p><b>Refer adults using a suspected cancer pathway referral (for an appointment within 2 weeks) for colorectal cancer if:</b></p> <ul style="list-style-type: none"> <li>• they are aged 40 and over with unexplained weight loss and abdominal pain or</li> <li>• they are aged 50 and over with unexplained rectal bleeding or</li> <li>• they are aged 60 and over with: <ul style="list-style-type: none"> <li>◦ iron-deficiency anaemia or</li> <li>◦ changes in their bowel habit, or</li> </ul> </li> <li>• tests show occult blood in their faeces. [new 2015]</li> </ul> <p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for colorectal cancer in adults with a rectal or abdominal mass. [new 2015]</b></p> <p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for colorectal cancer in adults aged under 50 with rectal bleeding and any of the following unexplained symptoms or findings:</b></p> <ul style="list-style-type: none"> <li>• abdominal pain</li> </ul>
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	<ul style="list-style-type: none"> <li>• <b>change in bowel habit</b></li> <li>• <b>weight loss</b></li> <li>• <b>iron-deficiency anaemia. [new 2015]</b></li> </ul> <p><b>Offer testing for occult blood in faeces to assess for colorectal cancer in adults without rectal bleeding who:</b></p> <ul style="list-style-type: none"> <li>• <b>are aged 50 and over with unexplained:</b> <ul style="list-style-type: none"> <li>◦ <b>abdominal pain or</b></li> <li>◦ <b>weight loss, or</b></li> </ul> </li> <li>• <b>are aged under 60 with</b> <ul style="list-style-type: none"> <li>- <b>changes in their bowel habit or</b></li> <li>- <b>iron-deficiency anaemia or</b></li> </ul> </li> <li>• <b>are aged 60 and over and have anaemia even in the absence of iron deficiency. [new 2015]</b></li> </ul>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of colorectal cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict colorectal cancer.</p> <p><u>Investigations in primary care for colorectal cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. Although sensitivity and specificity were reported, the GDG agreed that the most informative outcomes were the positive predictive values (because these gave the risk of a patient harbouring cancer) and the false negative rates (to inform whether a negative test obviated the need for further safety-netting).</p>
Quality of the evidence	<p><u>Signs and symptoms of colorectal cancer</u></p> <p>The quality of the evidence as assessed by QUADAS-II varied from low to high for the positive predictive values for the different symptoms. It was noted that Panzuto 2003, included a population that appears to be higher risk than the unselected patients specified in the clinical question, meaning that all the positive predictive values reported in this study were higher than those found in the other included studies for the same symptoms.</p> <p>The GDG also noted several other limitations with the evidence appraised. There was a lack of meta-analyses within different age bands, the studies/subgroup analyses were small, family history was not reported alongside symptoms and all the studies were conducted pre-screening for colorectal cancer. The GDG therefore used caution when making recommendations on the basis of the included evidence.</p> <p><u>Investigations in primary care for colorectal cancer</u></p> <p>The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values and false negative rates of all the tests considered, including faecal occult blood tests, and could in no instances be considered of high quality.</p> <p>In addition the GDG noted several limitations with the evidence appraised. The GDG were concerned that the faecal occult blood tests included in the evidence may be out of date as newer faecal occult blood tests are now available. Also that the</p>

	<p>performance characteristics of the older faecal occult blood tests may differ from those of the newer tests.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with colorectal cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without colorectal cancer who get inappropriately referred whilst maximising the number of people with colorectal cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with colorectal cancer outweighed the disadvantages to those without.</p> <p>The GDG considered that the potential benefit of the recommendations will be that more patients harbouring colorectal cancer will qualify for suspected cancer pathway referral, but the GDG also recognised that the potential harms of the recommendations made are that more patients without colorectal cancer will undergo invasive procedures and experience psychological distress. The GDG balanced these harms against the benefits by using a threshold of positive predictive values of 3%, above which the GDG were confident that the advantages of suspected cancer pathway referral in those with cancer outweighed the disadvantages of those without.</p> <p>The GDG noted, based on the evidence, that unexplained rectal bleeding was associated with a positive predictive value above 3%, but that the positive predictive value differed across different age groups. The GDG decided to recommend a suspected cancer pathway referral for patients over 50 years with unexplained rectal bleeding because, they agreed that below 50 years, the PPV of rectal bleeding was unlikely to exceed 3%.</p> <p>The GDG noted, based on the evidence, that unexplained iron-deficiency anaemia was associated with a positive predictive value above 3%, but that the positive predictive value differed across different age groups. The GDG decided to recommend a suspected cancer pathway referral for patients over 60 years with unexplained iron-deficiency anaemia because the evidence which reported according to 10-year age band showed lower PPVs below the age of 60. The GDG agreed, based on their clinical experience, that in the other studies, if they had reported by 10 year age band, the PPV below the age of 60 would have been less than 3%.</p> <p>The GDG noted, based on the evidence, that unexplained change in bowel habit was associated with a positive predictive value above 3%, but that the positive predictive value differed across different age groups. The GDG decided to recommend a suspected cancer pathway referral for patients over 60 years with unexplained change in bowel habit because, they agreed</p>

that below 60 years, the PPV of unexplained change in bowel habit was unlikely to exceed 3%. There was insufficient evidence to be more specific about the exact change in bowel habit.

Whilst the GDG acknowledged that Panzuto (2003) reported a PPV of 13.2 for the symptom of bloating, they also noted that none of the other studies had replicated this high PPV. Given the issues with this study documented earlier, the GDG agreed not to make a recommendation on this symptom.

Based on their clinical experience, the GDG decided to recommend a suspected cancer pathway referral for patients with a rectal or abdominal mass because the GDG agreed that the positive predictive values of either mass were likely to exceed the 3% threshold.

The GDG noted, based on the evidence, that abdominal pain plus weight loss was associated with a positive predictive value above 3%. The GDG also noted that although this positive predictive value was reported for all patients, the youngest age included in the study was 40 years old. Based on their clinical experience, the GDG considered it unlikely that this symptom combination would have a positive predictive value of 3% in people younger than 40 and therefore decided to recommend a suspected cancer pathway referral for people aged over 40.

In addition to this recommendation, the GDG also decided to recommend testing for occult blood in faeces for people aged below 60 years who present with change in bowel habit or iron-deficiency anaemia as these symptoms had PPVs below 3% but high enough to warrant testing in primary care. They also agreed to recommend testing for people who were aged 60 and over with anaemia in the absence of iron deficiency. This was based on studies of anaemia plus iron deficiency and studies of anaemia alone, which suggested that patients with anaemia in the absence of iron deficiency would have a PPV below 3% but high enough to warrant testing in primary care.

The GDG noted that both weight loss and abdominal pain were reported in the evidence as having a variety of different PPVs, some of which fell in the range warranting testing in primary care. The GDG agreed not to base their recommendations on the PPVs reported in Hamilton 2009 because this study had used weight records from patient notes to determine weight loss (rather than self-reported weight loss) and had used prescriptions as a proxy for abdominal pain.

The GDG acknowledged that the PPVs reported for both weight loss and abdominal pain were inconsistent between different studies, particularly around the age at which these PPVs fell in the range warranting testing for occult blood in faeces. However the GDG were conscious that some form of age qualifier needed to be used to try to focus the use of this test to those people with the highest likelihood of having colorectal cancer (given the generic nature of these symptoms). Based on the age ranges reported in the evidence and their clinical experience, the GDG extrapolated that the PPVs for both abdominal pain and weight loss were likely to fall in the range

	<p>warranting testing at 50 years or older. Given the generic nature of these symptoms the GDG also agreed it was appropriate to qualify them with the term 'unexplained' as this would increase the PPV even further.</p> <p>When considering the age qualifier, the GDG were also aware that the screening programme in England offers FOB tests to people without symptoms from the age of 60. Since patients with symptoms have a higher PPV for colorectal cancer than those who do not have symptoms, the GDG considered that the age qualifier used in the recommendation to test for occult blood in faeces should therefore have a lower age limit than that used for the screening programme.</p> <p>The GDG noted that the age range and symptomatology in the faecal occult blood test studies did not exactly match the age range/symptomatology for which the GDG made faecal occult blood test recommendations. However, the high positive predictive values of the faecal occult blood test studies were so far above the GDG-adopted 3% threshold, that the GDG considered that they could be applied to different populations and using different biochemical methods/tests.</p> <p>The GDG agreed that that the potential benefit of recommending testing for occult blood in the faeces will be to filter out those patients with symptoms who are less likely to have colorectal cancer and do not warrant a suspected cancer pathway referral. It will also expedite the diagnosis of people who do have colorectal cancer. The GDG also recognised that the potential harms of the recommendations are that some patients testing positive for occult blood in the faeces will not have colorectal cancer and therefore be exposed to unnecessary investigations and experience psychological distress. The GDG balanced these harms against the benefits by considering that testing for occult blood in the faeces in the specified groups allowed identification of a subgroup above the 3% threshold in whom referral was warranted. The GDG also took into account lay and clinical experience that people wish to be investigated at a lower level of risk and earlier. The GDG also agreed that any patients found to have occult blood in their faeces should have a suspected cancer pathway referral.</p> <p>The GDG also recognised that, although it is much less common, colorectal cancer does occur in people aged below 50 years. They considered, based partly on the evidence and partly on their clinical experience, that in this patient group the positive predictive value of rectal bleeding presenting with either abdominal pain, change in bowel habit, weight loss, or anaemia was likely to approach 3%. The GDG recognised that testing for occult blood in the faeces would not be an appropriate action for this group as they are already known to have rectal bleeding. The GDG therefore agreed to recommend a suspected cancer pathway referral for patients below 50 years presenting with rectal bleeding in combination with any of these symptoms.</p>
Trade-off between net health benefits and resource use	A de novo health economic model was developed for this topic. The results of the economic analysis were used to inform the recommendations made on occult blood tests in low risk patients.

	<p>The economic model examined a range of tests available to patients suspected of having colorectal cancer in primary care with low risk symptoms (faecal occult blood tests, barium enema, flexible sigmoidoscopy, CT colonography and colonoscopy). The results of the model showed that, at the NICE threshold of £20,000 per QALY, guaiac based faecal occult blood tests were the most cost-effective investigation.</p> <p>One-way sensitivity analysis showed that barium enema became the most cost-effective test when the prevalence of cancer in the population increased to 5%. The GDG felt that this would be an unreasonably high prevalence in younger patients with low risk symptoms. In addition, the GDG were concerned that the diagnostic accuracy data included for barium enema was unrealistic. Although the studies included primary care patients the sample sizes were small and the specificity reported was 100% which the GDG felt was unlikely as it is not a definitive test.</p> <p>Probabilistic sensitivity analysis showed that, at the NICE threshold of £20,000 per QALY, guaiac based faecal occult blood tests have a high probability (82%) of being the most cost-effective test in this patient population. Based on this the GDG considered that recommending occult blood tests was an efficient use of NHS resources.</p> <p>Although not originally in the clinical question, the GDG were interested to know if the newer versions of occult blood tests (immunochemical tests) were equally cost-effective in this population. The GDG concluded that there was insufficient primary care evidence on the diagnostic accuracy of these tests to evaluate their direct cost-effectiveness.</p>
Other considerations	<p>The GDG noted that the recommendation to test for occult blood in the faeces will necessitate a change in practice because such tests are not currently available in primary care for symptomatic patients.</p> <p>The recommendation in this section regarding which people should be offered testing for occult blood in faeces to assess for colorectal cancer was stood down in 2017, at the time of publication of DAP33 'Quantitative immunochemical tests to guide referral for colorectal cancer in primary care'. DAP33 includes the following recommendation: 'The OC Sensor, HM-JACKarc and FOB Gold quantitative faecal immunochemical tests are recommended for adoption in primary care to guide referral for suspected colorectal cancer in people without rectal bleeding who have unexplained symptoms but do not meet the criteria for a suspected cancer pathway referral outlined in NICE's guideline on suspected cancer (recommendations 1.3.1 to 1.3.3)'.</p>

## 9.2 Anal cancer

Anal cancer is generally considered separately from colorectal cancer. The histology is different, with almost all being squamous cell cancers. Just over 1,000 new anal cancers are diagnosed each year in the UK, meaning that a full time GP is likely to diagnose approximately 1-2 people with anal cancer during their career. Five-year survival is around 60%. Anal cancer occurs in both sexes, though nearly two-thirds occur in women.

Several symptoms have been reported, including anal pain, tenesmus and rectal bleeding.

Diagnosis is generally made by direct visualisation (proctoscopy/sigmoidoscopy) and biopsy. Some GPs perform proctoscopy, but biopsies are performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

- What is the risk of anal cancer in patients presenting in primary care with symptom(s)?
- Which investigations of symptoms of suspected anal cancer should be done with clinical responsibility retained by primary care?

**Clinical evidence**

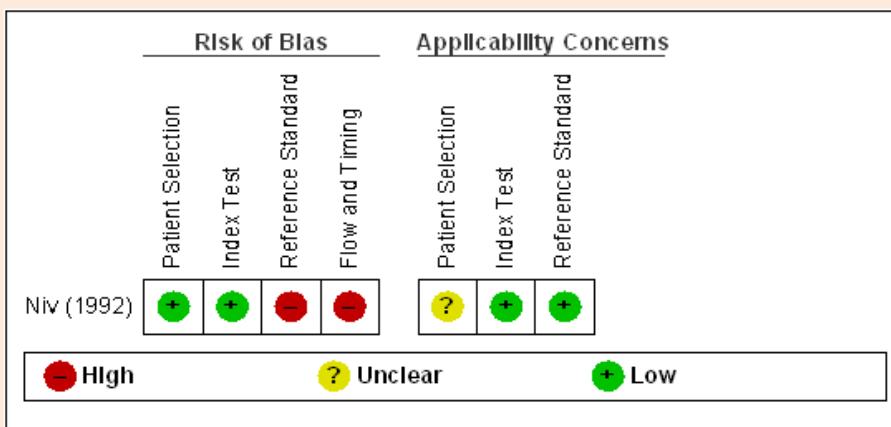
*Signs and symptoms*

No primary care evidence was identified pertaining to the risk of anal cancer in patients presenting with symptoms in primary care.

*Investigations in primary care*

Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The only included study was associated with a number of bias and validity issues, with the main concerns relating to whether the results are representative of those of UK-based primary care practice and the fact that negative sigmoidoscopy results were not verified or followed up.



Evidence statement

Sigmoidoscopy (1 study, N = 255) conducted in symptomatic patients presenting in a primary care setting is associated with a positive predictive values of 100%. The included study was associated with 3 bias/applicability concerns (see also Table 43).

**Table 43: Anal cancer: Sigmoidoscopy**

Study	Test	Prevalence	Sensi-tivity (95% CI)	Speci-ficity (95% CI)	Other results (95% CI)
Niv (1992)	Flexible sigmoidoscopy	5/255	Not reported	Not reported	TP = 4 FN = ≥ 1 TN = ? FP = 0 Positive predictive value = 100%

Study	Test	Prevalence	Sensi -tivity (95% CI)	Speci -ficity (95% CI)	Other results (95% CI)
					(39.6-100) False negativity rate = cannot be ascertained as negative cases did not appear to be followed up

*TP = true positives, FP = false positives, TN = true negatives, FN = false negatives.*

*No evidence was found for proctoscopy.*

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for anal cancer in people with an unexplained anal mass or unexplained anal ulceration. [new 2015]</b>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of anal cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict anal cancer. No evidence was found for this outcome.</p> <p><u>Investigations in primary care for anal cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of anal cancer</u> No evidence was found pertaining to the positive predictive values of different symptoms of anal cancer in primary care.</p> <p><u>Investigations in primary care for anal cancer</u> The evidence for sigmoidoscopy consisted of only one paper of low quality and very limited applicability. No evidence was found pertaining to the diagnostic accuracy of proctoscopy in primary care patients with suspected anal cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathways referral would be to identify those people with anal cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without anal cancer who get inappropriately referred whilst maximising the number of people with anal cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with anal cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been</p>

	<p>found on the positive predictive values of symptoms for anal cancer.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected anal cancer, since diagnosis at an early stage improves the outcome.</p> <p>The GDG noted that 'an unexplained anal mass or ulceration' can be symptoms of anal cancer. The GDG agreed, based on their clinical experience, that had this symptom been studied it would have had a positive predictive value of 3% or above. The GDG therefore agreed to recommend a suspected cancer pathway referral for these symptoms.</p> <p>The GDG noted the lack of evidence for proctoscopy and the extreme limitations of the evidence for sigmoidoscopy and also noted that neither test is routinely available in UK-based general practices. The GDG considered possible scenarios where these tests might have been useful for the investigation of anal cancer in primary care, but could find none because the assumed positive predictive values would be too low. The GDG therefore decided not to make any recommendations for the primary care investigation of suspected anal cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for a suspected cancer pathway referral for an 'unexplained anal mass or ulceration' was likely to be cost-neutral as it is already standard practice.</p>

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### **Anal cancer**

Niv, Y. and Asaf, V. Open-access, flexible, fiberoptic sigmoidoscopy in a regional primary-care clinic. *Journal of Clinical Gastroenterology* 15[3], 218-221. 1992.

## 10 Breast cancer

Around 50,000 new breast cancers are diagnosed each year in the UK, around a quarter of these following screening mammography. A full time GP is likely to diagnose approximately 1-2 people with breast cancer every year. It is uncommon in males, but it does occur. Five-year survival is 85%, though this figure includes cancers detected by screening as well as those identified after symptoms have occurred.

Several symptoms have been reported, with breast lump being the most common. A malignant breast lump is usually painless, though pain can occur. Nipple symptoms, including change in shape or nipple bleeding, are recognised symptoms, as are skin changes, such as tethering or *peau d'orange*.

A diagnosis of breast cancer is generally made using mammography and core biopsy. This is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

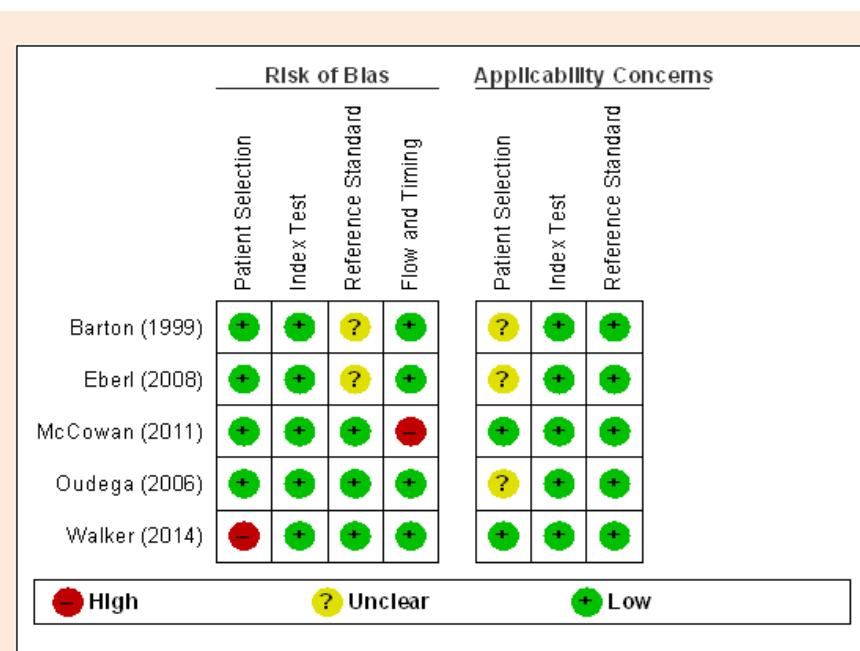
- **What is the risk of breast cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected breast cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issues to note is that 3/5 studies employed samples of patients that are not directly representative of an unselected symptomatic population of patients presenting to the UK-based GP and a fourth study employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence. Two of the studies also employed reference standards that are subject to an unclear risk of bias, one study only reported episode-(not patient)based analyses, which seems to result in overestimation of the PPVs, and one study had a large amount of missing data; all of which must be born in mind when evaluating the evidence contributed by these studies.



#### Evidence statement

The positive predictive values for breast cancer of single symptoms presenting in a primary care setting ranged from 0% (for an 'irregularly shaped discrete breast lump', a 'breast lump with a spongy texture', nipple discharge, nipple eczema, nipple retraction, breast abscess, 'other breast symptom') to 48% (for breast lump in women aged 70+ years; 5 studies, N = 24269), but these extreme PPVs were based on small patient/episode numbers. The studies were subject to 1-2 bias or applicability concerns (see also Table 44).

The positive predictive values for breast cancer of symptom pairs presenting in a primary care setting ranged from 0% (for breast lumpiness with 'skin or nipple change' or breast pain, and for breast pain with 'skin or nipple change') to 100% (for breast mass and 'skin or nipple change'; 2 studies, N = 21239), but these extreme PPVs were based on small patient/episode numbers. The studies were subject to 1-2 bias/applicability concerns (see also Table 45).

**Table 44: Breast cancer: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)% Prevalence
Barton (1999) Episode-based analysis	Breast pain	Women aged 40-79 years	1.8 (0.6-4.9) 4/221 episodes in 372 women
Eberl (2008)	Breast pain	Women aged <25 – 75+ years	0.9 (0.5-1.7) 11/1191
McCowan (2011)	Breast pain	Women aged 25- >80 years	5.9 (1-21.1) 2/34
Walker (2014)	Breast pain	Women aged 40-49 years	0.17 (0.16-0.17)
Walker (2014)	Breast pain	Women aged 50-59 years	0.8 (0.52-1.2)
Walker (2014)	Breast pain	Women aged 60-69 years	1.2 (0.73-2)
Walker (2014)	Breast pain	Women aged 70+ years	2.8 (1.4-5.4)
Barton (1999)	Breast mass	Women aged 40-79	10.7 (6.9-16.1)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value (95% CI)%</b> <b>Prevalence</b>
Episode-based analysis		years	21/196 episodes in 372 women
Eberl (2008)	Breast lump/mass	Women aged <25 – 75+ years	8.1 (6.3-10.4) 60/741
Walker (2014)	Breast lump	Women aged 40-49 years	4.8 (3.6-5.4)
Walker (2014)	Breast lump	Women aged 50-59 years	8.5 (6.7-11)
Walker (2014)	Breast lump	Women aged 60-69 years	25 (17-36)
Walker (2014)	Breast lump	Women aged 70+ years	48 (35-61)
McCowan (2011)	Discrete breast lump	Women aged 25- >80 years	10 (3.7-22.6) 5/50
McCowan (2011)	Discrete breast lump < 2 cm	Women aged 25- >80 years	7.7 (0.4-37.9) 1/13
McCowan (2011)	Discrete breast lump $\geq$ 2 cm	Women aged 25- >80 years	14.3 (2.5-43.8) 2/14
McCowan (2011)	Discrete breast lump: Round, oblong mass	Women aged 25- >80 years	25 (4.5-64.4) 2/8
McCowan (2011)	Discrete breast lump: Irregular in shape	Women aged 25- >80 years	0 (0-69) 0/3
McCowan (2011)	Discrete breast lump: Mobile	Women aged 25- >80 years	12.5 (2.2-40) 2/16
McCowan (2011)	Discrete breast lump: Tethered to skin or chest wall	Women aged 25- >80 years	40 (7.3-83) 2/5
McCowan (2011)	Discrete breast lump: Smooth texture	Women aged 25- >80 years	18.2 (3.2-52.2) 2/11
McCowan (2011)	Discrete breast lump: Irregular texture	Women aged 25- >80 years	33.3 (6-75.9) 2/6
McCowan (2011)	Discrete breast lump: Spongy texture	Women aged 25- >80 years	0 (0-94.5) 0/1
Walker (2014)	Nipple discharge	Women aged 40-49 years	1.2 (NR)
Walker (2014)	Nipple discharge	Women aged 50-59 years	2.1 (0.81-5.1)
Walker (2014)	Nipple discharge	Women aged 60-69 years	2.3 (NR)
Walker (2014)	Nipple discharge	Women aged 70+ years	23 (NR)
McCowan (2011)	Nipple discharge	Women aged 25- >80 years	0 (0-37.1) 0/9
McCowan (2011)	Nipple discharge: Bloodstained	Women aged 25- >80 years	0 (0-53.7) 0/5
McCowan (2011)	Nipple discharge: Persistent	Women aged 25- >80 years	0 (0-43.9) 0/7
Barton (1999)	Skin or nipple change	Women aged 40-79	3 (0.5-11.3)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)% Prevalence
Episode-based analysis		years	2/67 episodes in 372 women
Eberl (2008)	Nipple complaint	Women aged <25 – 75+ years	1.9 (0.6-5.1) 4/210
McCowan (2011)	Nipple eczema	Women aged 25- >80 years	0 (0-94.3) 0/1
McCowan (2011)	Nipple retraction	Women aged 25- >80 years	0 (0-53.7) 0/5
Walker (2014)	Nipple retraction	Women aged 40-49 years	NR (NR) 4 cases, 0 controls
Walker (2014)	Nipple retraction	Women aged 50-59 years	2.6 (NR)
Walker (2014)	Nipple retraction	Women aged 60-69 years	3.4 (NR)
Walker (2014)	Nipple retraction	Women aged 70+ years	12 (NR)
Barton (1999) Episode-based analysis	Breast lumpiness	Women aged 40-79 years	2.6 (0.1-15.4) 1/38 episodes in 372 women
McCowan (2011)	Breast thickening	Women aged 25- >80 years	11.1 (0.6-49.3) 1/9
McCowan (2011)	Breast abscess	Women aged 25- >80 years	0 (0-94.3) 0/1
Barton (1999) Episode-based analysis	Other breast symptom	Women aged 40-79 years	0 (0-43.9) 0/7 episodes in 372 women
Eberl (2008)	Other breast complaint	Women aged <25 – 75+ years	1.7 (0.7-3.8) 6/361
McCowan (2011)	Other breast symptom (skin nodules, general nodularity)	Women aged 25- >80 years	25 (1.3-78.1) 1/4
McCowan (2011)	Lymphadenopathy	Women aged 25- >80 years	40 (7.3-83) 2/5
Oudega (2006)	Deep vein thrombosis	All patients	0.93 (0.3-2.53) 4/430

CI = Confidence interval. Please note the calculations of the positive predictive values differ between the studies with Barton (1999), Eberl (2008), McCowan (2011) and Oudega (2006) using  $(TP)/(TP+FP)$  and Walker (2014) using Bayesian statistics due to the case-control design of this study. No meta-analyses were performed as there were not enough studies for this analysis to be performed with both Barton (1999) and Walker (2014) being ineligible for inclusion due to the episode-based analysis and case-control design, respectively.

**Table 45: Breast cancer: Symptom combinations**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)%
Barton (1999) Episode-based analysis	Breast pain (reported twice in an episode??)	Women aged 40-79 years	1.2 (0.2-4.7)* 2/169 episodes in 372 women
Barton (1999) Episode-based analysis	Breast mass (reported twice in an episode??)	Women aged 40-79 years	10.7 (6.5-16.8)* 17/159 episodes in 372 women

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)%
Barton (1999) Episode-based analysis	Skin or nipple change (reported twice in an episode??)	Women aged 40-79 years	2 (0.1-11.8)* 1/51 episodes in 372 women
Barton (1999) Episode-based analysis	Breast lumpiness (reported twice in an episode??)	Women aged 40-79 years	4 (0.2-22.3)* 1/25 episodes in 372 women
Barton (1999) Episode-based analysis	Breast pain and breast mass	Women aged 40-79 years	6.5 (1.1-22.8) 2/31 episodes in 372 women
Walker (2014)	Breast lump and breast pain	Women aged 40-49 years	4.9 (NR)
Walker (2014)	Breast lump and breast pain	Women aged 50-59 years	5.7 (NR)
Walker (2014)	Breast lump and breast pain	Women aged 60-69 years	6.5 (NR)
Walker (2014)	Breast lump and breast pain	Women aged 70+ years	> 5 (NR)
Barton (1999) Episode-based analysis	Breast pain and skin or nipple change	Women aged 40-79 years	0 (0-26.8) 0/14 episodes in 372 women
Barton (1999) Episode-based analysis	Breast pain and breast lumpiness	Women aged 40-79 years	0 (0-43.9) 0/7 episodes in 372 women
Barton (1999) Episode-based analysis	Breast mass and skin or nipple change	Women aged 40-79 years	100 (5.5-100) 1/1 episodes in 372 women
Barton (1999) Episode-based analysis	Breast mass and breast lumpiness	Women aged 40-79 years	20 (10.5-70.1) 1/5 episodes in 372 women
Barton (1999) Episode-based analysis	Skin or nipple change and breast lumpiness	Women aged 40-79 years	0 (0-94.5) 0/1 episodes in 372 women

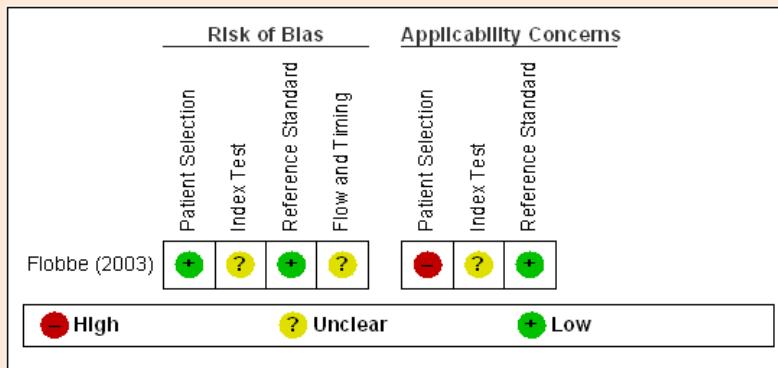
CI = Confidence interval. Please note the calculations of the positive predictive values differ between the studies with Barton (1999) using  $(TP)/(TP+FP)$  and Walker (2014) using Bayesian statistics due to the case-control design of this study. \* These results are presented in a table (Table 5) entitled "Breast Cancer Diagnosis According to Combinations of Symptoms", it is however unclear what they reflect: Since they are similar, but not identical to those presented as single symptoms, they cannot be that; also, since only 56 women had 2 episodes and 35 women had 3 or more episodes, these results cannot represent a repeat presentation of the same symptom across episodes; which leaves repeat presentations of these symptoms within episodes as an option. However, that is not clearly reported either in the paper, so it cannot be confirmed what exactly these results reflect.

### Investigations in primary care

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The study was associated with a number of bias and validity issues. The following issues compromise the validity and applicability of this study, (1) only about half of the patient population were patients relevant to the current question, to the extent that Dutch primary care is comparable to UK-based primary care, and no subgroup analyses were presented for this group of patients, (2) the results of the ultrasound scan was interpreted non-blinded to the results of the mammography and clinical examination, which biases the accuracy of the outcome measures study, most likely upwards, and (3) the time span

between the index test and reference standard is unclear and the results are therefore compromised to an unknown extent.



### Evidence statement

Mammography (1 study, N = 2020 patients/ 3835 breasts) is associated with a sensitivity of 82.9%, a specificity of 91.9%, a positive predictive value of 26.2%, and a false negativity rate of 17.1% for breast cancer. Ultrasound (1 study, N = 2020 patients/ 3835 breasts) is associated with a sensitivity of 87.6%, a specificity of 95.5%, a positive predictive value of 40.4%, and a false negativity rate of 12.4% for breast cancer. The study was associated with 4 bias or applicability concerns (see also Table 46).

**Table 46: Breast cancer: Study results**

Study	Test	Prevalence	Sensi-tivity (95% CI) %	Speci-ficity (95% CI) %	Other results (95% CI)
Flobbe (2003)	Mammography	129/3835 breasts 127/2020 patients	82.9 (75.1-88.8)	91.9 (90.9-92.7)	TP = 107 FN = 22 TN = 3405 FP = 301 Positive predictive value = 26.2 (22.1-30.8)% Negative predictive value = 99.4 (99-99.6)% False negativity rate = 17.1%
Flobbe (2003)	Ultrasound	129/3835 breasts 127/2020 patients	87.6 (80.4-92.5) %	95.5 (94.8-96.1) %	TP = 113 FN = 16 TN = 3556 FP = 167 These values from the paper are wrong as the total of negatives should be 3706 and not 3723 as is the case here. This means that apart from the sensitivity and false negativity rate, the remaining results for ultrasound should be interpreted with extreme caution. Positive predictive value = 40.4 (34.6-46.4) % Negative predictive value = 99.6 (99.3-99.7)% False negativity rate = 12.4%

TP = true positives, FP = false positives, TN = true negatives, FN = false negatives.  
No evidence was found for FNA

## Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<p><b>Recommendations</b></p>	<p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) for breast cancer if they are:</b></p> <ul style="list-style-type: none"> <li>• aged 30 and over and have an unexplained breast lump with or without pain or</li> <li>• aged 50 and over with any of the following symptoms in one nipple only: <ul style="list-style-type: none"> <li>◦ discharge or</li> <li>◦ retraction or</li> <li>◦ other changes of concern. [new 2015]</li> </ul> </li> </ul> <p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for breast cancer in people:</b></p> <ul style="list-style-type: none"> <li>• with skin changes that suggest breast cancer or</li> <li>• aged 30 and over with an unexplained lump in the axilla. [new 2015]</li> </ul> <p><b>Consider non-urgent referral in people aged under 30 and with an unexplained breast lump with or without pain. See also recommendations in chapter 6 for more information about seeking specialist advice. [new 2015]</b></p>
<p>Relative value placed on the outcomes considered</p>	<p><u>Signs and symptoms of breast cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict breast cancer.</p> <p><u>Investigations in primary care for breast cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question.</p>
<p>Quality of the evidence</p>	<p><u>Signs and symptoms of breast cancer</u> The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms but was generally of moderate-high quality. The GDG noted that for some of the symptoms the positive predictive values were based on very few patients and that this was likely to make these estimates unreliable.</p> <p><u>Investigations in primary care for breast cancer</u> The evidence for ultrasound and mammography consisted of only one paper of low quality and very limited applicability. No evidence was found pertaining to the diagnostic performance of fine needle aspiration in primary care patients with suspected breast cancer.</p>
<p>Trade-off between clinical benefits and harms</p>	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with breast cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the</p>

number of people without breast cancer who get inappropriately referred whilst maximising the number of people with breast cancer who get appropriately referred.

In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with breast cancer outweighed the disadvantages to those without.

The GDG noted, based on the evidence, that 'any breast lump with or without pain' presenting in a primary care setting was associated with a positive predictive value of above 3% for breast cancer. The GDG also noted that the most reliable evidence came from Walker (2011) which included women aged 40 years or older, and that the positive predictive value (and its confidence interval) for a breast lump in women aged 40-49 years was considerably above 3% in this study, with the remaining positive predictive values increasing in direct proportion to increasing age. The GDG extrapolated downwards from age 40 and did not consider it likely that the positive predictive value for a breast lump would drop sharply below this age. The GDG also noted that breast cancer is extremely rare in people aged below 30 years. On this basis, the GDG decided to recommend that 'any breast lump with or without pain' should prompt a suspected cancer pathway referral in a person aged 30 years or older.

However, given that breast cancer does occur in people younger than 30 and that there is no evidence of the use of diagnostic tests in primary care to confirm the presence of breast cancer, the GDG agreed to recommend a routine referral for breast opinion in secondary care for people younger than 30 with a breast lump. The GDG were keen that this recommendation should not preclude urgent referral in people under 30 where the suspicion of breast cancer is high. They therefore cross referenced recommendations in the diagnostic process section of the guideline to cover this.

The GDG also noted, based on the evidence, that nipple discharge or nipple retraction are symptoms of breast cancer with positive predictive values that increase with age to the extent that they exceed 3% in women aged 70 years or older and 60 years or older, respectively. However, the GDG also noted that the included studies did not distinguish between unilateral and bilateral breast symptoms and therefore judged that the reported symptoms are most likely to be a mix of unilateral and bilateral symptoms. Moreover, the GDG noted, based on their clinical experience that unilateral symptoms carry a higher risk of breast cancer than bilateral symptoms because breast cancer is usually unilateral. The GDG therefore considered that the positive predictive values presented in the evidence are likely to be higher for unilateral symptoms. The GDG therefore decided to recommend a suspected cancer pathway referral for unilateral nipple discharge or retraction in people aged 50 years or older.

The GDG noted, based on their clinical experience, that other nipple symptoms, such as Paget's disease, can be highly

	<p>predictive of breast cancer. The GDG therefore decided to recommend a suspected cancer pathway referral for 'other nipple change'. However, in order to make a comprehensive and user-friendly recommendation on nipple symptoms, the GDG decided to include 'other changes of concern' in the recommendation already made on nipple symptoms in people aged 50 years or older.</p> <p>The GDG noted that two studies examined skin changes relating to the breast. McGowan (2011) examined skin or nipple change, reporting a PPV with very wide confidence intervals. In contrast, Walker et al (2014) found so few patients with skin changes that no PPV could be estimated. The GDG agreed, based on their clinical experience, that the skin changes deemed characteristic of breast cancer, although rare would probably have a PPV that exceeds 3%. They therefore recommended that people with skin changes suggestive of breast cancer should be considered for a suspected cancer pathway referral. The GDG did not consider that age would affect the predictive power of these particular symptoms and so did not include an age-cut off in their recommendations. The GDG chose not to describe skin changes with any further precision, because in the absence of evidence it was not possible to create a complete list.</p>
	<p>The GDG noted that 'an unexplained lump in the axilla' can be a symptom of breast cancer. The GDG agreed, based on their clinical experience, that had this symptom been studied it would have had a positive predictive value of 3% or above. The GDG acknowledged that the chance of an axillary mass being malignant rises with age, but there was uncertainty over the age at which the PPV of this symptom reaches a positive predictive value of 3%. The GDG therefore agreed to use the age cut off of 30 years for this symptom to make this recommendation easier to implement alongside the the other breast recommendation</p>
	<p>Finally, the GDG noted that the strongest evidence was from studies that only included women. However, although breast cancer is extremely rare in men, the GDG decided to extend the recommendations to men by using the term "people" because there is no evidence to suggest that breast cancer presents differently in women than in men.</p>
	<p>Due to the lack of good quality evidence, the GDG felt unable to make any recommendations about the investigation of suspected breast cancer in primary care.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p>
	<p>The GDG noted that current clinical practice is that most women over 30 with a breast symptom get a suspected cancer pathway referral within 2 weeks. Since the recommendations made in this guideline now cover specific symptoms, the GDG considered this would result in a reduction in the number of referrals and a corresponding cost saving. However, because the new recommendations encompass most of the women who currently get referred, the GDG anticipated there would only be a small reduction in costs.</p>
Other considerations	<p>The GDG recognised that people who have already had breast</p>

cancer may present with a second primary in the other breast. However, the GDG felt that the recommendations cover this population too as there is no evidence to suggest that they present differently to people with a first primary breast cancer.

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### Breast cancer

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# 11 Gynaecological cancers

## 11.1 Ovarian cancer

Over 7,000 new ovarian cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with ovarian cancer every 3-5 years. Five year survival is very dependent upon the stage at diagnosis.

Ovarian cancer can present with a number of different symptoms, and there are often multiple symptoms simultaneously. Symptoms include abdominal pain, abnormal vaginal bleeding, loss of weight, loss of appetite and fatigue. The cancer may also present with abdominal distension.

Most ovarian cancers lead to a raised serum CA125, a blood test that can be performed in primary care. Ultrasound, particularly trans-vaginal, can image the ovaries well, and is generally used after a raised CA125 is found, or where there is continuing suspicion despite a normal CA125. This is generally available in primary care. Definitive diagnosis requires biopsy, a secondary care procedure.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

Recommendations	<p><b>Refer the woman urgently<sup>g</sup> if physical examination identifies ascites and/or a pelvic or abdominal mass (which is not obviously uterine fibroids). [2011]</b></p> <p><b>Carry out tests in primary care if a woman (especially if 50 or over) reports having any of the following symptoms on a persistent or frequent basis – particularly more than 12 times per month:</b></p> <ul style="list-style-type: none"><li>• persistent abdominal distension (women often refer to this as 'bloating')</li><li>• feeling full (early satiety) and/or loss of appetite</li><li>• pelvic or abdominal pain</li><li>• increased urinary urgency and/or frequency. [2011]</li></ul> <p><b>Consider carrying out tests in primary care if a woman reports unexplained weight loss, fatigue or changes in bowel habit. [2011]</b></p> <p><b>Advise any woman who is not suspected of having ovarian cancer to return to her GP if her symptoms become more frequent and/or persistent. [2011]</b></p> <p><b>Carry out appropriate tests for ovarian cancer in any woman of 50 or over who has experienced symptoms within the last 12 months that suggest irritable bowel syndrome (IBS)<sup>h</sup>, because IBS rarely presents for the first time in women of this age. [2011]</b></p>
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<sup>g</sup> An urgent referral means that the woman is referred to a gynaecological cancer service within the national target in England and Wales for referral for suspected cancer, which is currently 2 weeks.

<sup>h</sup> See the NICE guideline on [irritable bowel syndrome in adults](#)

	<p><b>Measure serum CA125 in primary care in women with symptoms that suggest ovarian cancer. [2011]</b></p> <p><b>If serum CA125 is 35 IU/ml or greater, arrange an ultrasound scan of the abdomen and pelvis. [2011]</b></p> <p><b>If the ultrasound suggests ovarian cancer, refer the woman urgently<sup>i</sup> for further investigation. [2011]</b></p> <p><b>For any woman who has normal serum CA125 (less than 35 IU/ml), or CA125 of 35 IU/ml or greater but a normal ultrasound:</b></p> <ul style="list-style-type: none"><li><b>assess her carefully for other clinical causes of her symptoms and investigate if appropriate</b></li><li><b>if no other clinical cause is apparent, advise her to return to her GP if her symptoms become more frequent and/or persistent. [2011]</b></li></ul>
	<p>These recommendations are from 'Ovarian cancer', NICE clinical guideline 122 (2011). They were formulated by the Ovarian cancer guideline and not by the guideline developers. They have not been updated but have been incorporated into this guideline in line with NICE procedures for developing clinical guidelines, and the evidence to support these recommendations can be found at <a href="http://www.nice.org.uk/CG122">www.nice.org.uk/CG122</a>.</p> <p>These recommendations apply to women aged 18 and over.</p>

Update 2015

## 11.2 Endometrial cancer

Around 8,000 new endometrial cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with endometrial cancer every 3-5 years. Five year survival is close to 80%.

The most common symptom of endometrial cancer is abnormal vaginal bleeding, particularly after the menopause.

These features of endometrial cancer can also be present in other cancers, especially cervical or ovarian cancer.

The main method of diagnosis is by endometrial biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

- What is the risk of endometrial cancer in patients presenting in primary care with symptom(s)?**
- Which investigations of symptoms of suspected endometrial cancer should be done with clinical responsibility retained by primary care?**

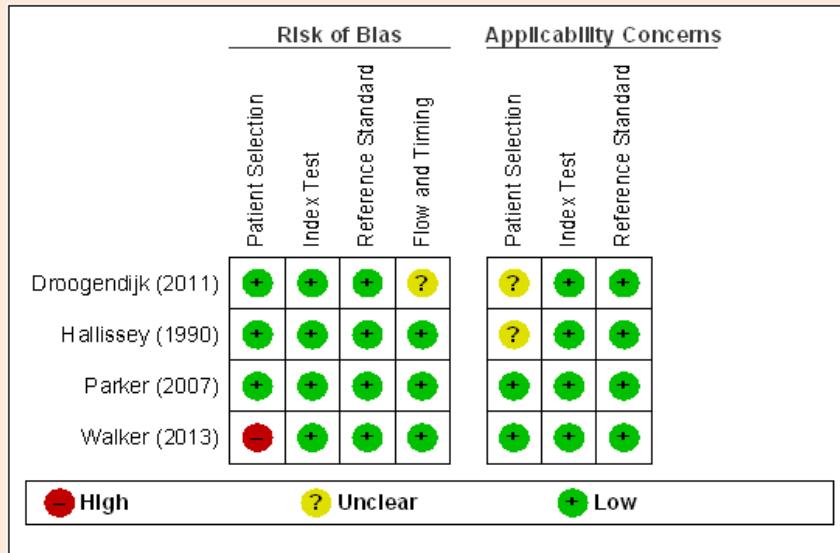
<sup>i</sup> An urgent referral means that the woman is referred to a gynaecological cancer service within the national target in England and Wales for referral for suspected cancer, which is currently 2 weeks.

## Clinical evidence

### Signs and symptoms

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included studies in the figure below. The main issues to note are that one of the studies was conducted in a Dutch primary care setting, which may limit the applicability of the result to UK primary care and this study may also not have accounted for all the patients. Moreover, another study employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors of the study may have gone some way in counteracting this influence. Finally, the population in one of the studies comprises a mix of 'old' and 'new' investigated or uninvestigated symptoms, and it is unclear how directly applicable this sample is to the current question.



#### Evidence statement

For uterine cancer the positive predictive values of single symptoms (4 studies, N = 25134) presenting in primary care ranged from 0% (for post-menopausal bleeding in women aged 40-44 years) to 9.6% (for repeated post-menopausal bleeding). The included studies were associated with 0-2 bias/applicability concerns (see also Table 47).

For uterine cancer the positive predictive values of symptom combinations (1 study, N = 12269) presenting in primary care ranged from 0.1% (for high platelets in combination with either abdominal pain, low haemoglobin or high glucose) to 9.1% (for post-menopausal bleeding combined with haematuria). The included study was associated with 1 bias concern (see also Table 48).

**Table 47: Endometrial cancer: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Walker (2013)	Abdominal pain (first presentation to GP)	Women ≥ 55 years	0.1 (0.1-0.1)
Walker (2013)	Abdominal pain (repeated symptom)	Women ≥ 55 years	0.2 (0.1-0.1) As reported, but CI is not correct
Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.25) 1/2585

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI)</b>
Walker (2013)	Haematuria (first presentation to GP)	Women ≥ 55 years	0.7 (0.5-1)
Walker (2013)	Vaginal discharge (first presentation to GP)	Women ≥ 55 years	1.1 (0.8-1.5)
Parker (2007)	Post-menopausal bleeding	All women	1.7 (1.4-2) 170/10122
		Women 40-44 years	0 (0-5.9) 0/77
		Women 45-54 years	0.3 (0.2-0.7) 10/2896
		Women 55-64 years	1.1 (0.9-1.5) 49/4278
		Women 65-74 years	3.1 (2.4-4.1) 54/1718
		Women 75-84 years	5.4 (4-7.2) 46/856
		Women ≥ 85 years	3.7 (2-6.7) 11/297
Walker (2013)	Post-menopausal bleeding (first presentation to GP)	Women ≥ 55 years	4 (3.2-5.2)
Walker (2013)	Post-menopausal bleeding (repeated symptom)	Women ≥ 55 years	9.6 (6.2-17.8)
Droogendijk	Anaemia	All women	0.63 (0.03-4.01) 1/158
Walker (2013)	Low haemoglobin (test)	Women ≥ 55 years	0.1 (0.1-0.1)
Walker (2013)	High platelets (test)	Women ≥ 55 years	0.1 (0.1-0.1)
Walker (2013)	High glucose (test)	Women ≥ 55 years	0.1 (0.1-0.2)

Walker (2013) calculated the positive predictive values using Bayesian statistics.

**Table 48: Endometrial cancer: Symptom combinations**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI)</b>
Walker (2013)	Post-menopausal bleeding + haematuria	Women ≥ 55 years	9.1 (NR)
Walker (2013)	Post-menopausal bleeding + vaginal discharge	Women ≥ 55 years	8.3 (NR)
Walker (2013)	Post-menopausal bleeding + abdominal pain	Women ≥ 55 years	2.9 (1.6-5.7)
Walker (2013)	Post-menopausal bleeding + low haemoglobin (test)	Women ≥ 55 years	6.4 (NR)
Walker (2013)	Post-menopausal bleeding + high platelets (test)	Women ≥ 55 years	5.4 (3.1-10.2)
Walker (2013)	Post-menopausal bleeding + high glucose	Women ≥ 55 years	3.4 (1.3-9.5)

Study	Symptom(s) (test)	Patient group	Positive predictive value % (95% CI)
Walker (2013)	Abdominal pain + haematuria	Women ≥ 55 years	0.7 (NR)
Walker (2013)	Abdominal pain + vaginal discharge	Women ≥ 55 years	0.5 (0.2-1.3)
Walker (2013)	Abdominal pain + low haemoglobin (test)	Women ≥ 55 years	0.2 (0.1-0.4)
Walker (2013)	Abdominal pain + high platelets (test)	Women ≥ 55 years	0.1 (0.1-0.2)
Walker (2013)	Abdominal pain + high glucose (test)	Women ≥ 55 years	0.3 (0.1-0.5)
Walker (2013)	Vaginal discharge + haematuria	Women ≥ 55 years	2.2 (NR)
Walker (2013)	Vaginal discharge + low haemoglobin (test)	Women ≥ 55 years	0.6 (NR)
Walker (2013)	Vaginal discharge + high platelets (test)	Women ≥ 55 years	1.4 (NR)
Walker (2013)	Vaginal discharge + high glucose (test)	Women ≥ 55 years	0.6 (NR)
Walker (2013)	Haematuria + low haemoglobin (test)	Women ≥ 55 years	2.7 (NR)
Walker (2013)	Haematuria + high platelets (test)	Women ≥ 55 years	1.9 (NR)
Walker (2013)	Haematuria + high glucose (test)	Women ≥ 55 years	1.1 (NR)
Walker (2013)	Low haemoglobin (test) + high glucose (test)	Women ≥ 55 years	0.2 (0.1-0.2)
Walker (2013)	Low haemoglobin (test) + high platelets (test)	Women ≥ 55 years	0.1 (0.1-0.2)
Walker (2013)	High platelets (test) + high glucose (test)	Women ≥ 55 years	0.1 (0.1-0.2)

Walker (2013) calculated the positive predictive values using Bayesian statistics. NR = not reported.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of transvaginal/abdominal ultrasound, pipelle sampling, CA125 or hysteroscopy in patients with suspected endometrial cancer where the clinical responsibility was retained by primary care.

### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendation</b>	Refer women using a suspected cancer pathway referral (for an appointment within 2 weeks) for endometrial cancer if they are aged 55 and over with post-menopausal bleeding (unexplained vaginal bleeding more than 12 months after menstruation has stopped because of the menopause). [new 2015]
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	<p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for endometrial cancer in women aged under 55 with post-menopausal bleeding. [new 2015]</b></p> <p><b>Consider a direct access ultrasound scan to assess for endometrial cancer in women aged 55 and over with:</b></p> <ul style="list-style-type: none"> <li>• <b>unexplained symptoms of vaginal discharge who:</b> <ul style="list-style-type: none"> <li>- are presenting with these symptoms for the first time or</li> <li>- have thrombocytosis or</li> <li>- report haematuria or</li> </ul> </li> <li>• <b>visible haematuria and:</b> <ul style="list-style-type: none"> <li>○ low haemoglobin levels or</li> <li>○ thrombocytosis or</li> <li>○ high blood glucose levels. [new 2015]</li> </ul> </li> </ul>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of endometrial cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict endometrial cancer.</p>
Quality of the evidence	<p><u>Investigations in primary care for endometrial cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Trade-off between clinical benefits and harms	<p><u>Signs and symptoms of endometrial cancer</u></p> <p>Although the quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms, the body of evidence as a whole could generally be considered of high quality.</p> <p><u>Investigations in primary care for endometrial cancer</u></p> <p>No evidence was found pertaining to the diagnostic accuracy of transvaginal/transabdominal ultrasound, pipelle sampling, CA125 or hysteroscopy in primary care patients with suspected endometrial cancer.</p> <p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those women with endometrial cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of women without endometrial cancer who get inappropriately referred whilst maximising the number of women with endometrial cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with endometrial cancer outweighed the disadvantages to those without.</p> <p>The GDG noted, based on the evidence, that post-menopausal bleeding presenting in a primary care setting was associated with a positive predictive value of above 3% for endometrial cancer in women aged 55 years and above. They therefore</p>

	<p>recommended this symptom should prompt a suspected cancer pathway referral.</p> <p>The GDG also noted that strictly-defined post-menopausal bleeding (i.e. unexplained vaginal bleeding more than 12 months after cessation of menstruation due to ovarian failure) is still a concern if it occurs in women younger than 55 years, that a number of medical conditions (including endometrial cancer) present earlier in deprived communities, and that relatively younger women (aged under 55 years) would benefit proportionately more from earlier diagnosis of endometrial cancer. The GDG therefore agreed to also recommend a suspected cancer pathway referral for women aged less than 55 years who present with post-menopausal bleeding. However, due to the lack of evidence, the GDG were only able to recommend that a suspected cancer pathway referral is considered.</p> <p>The GDG noted the absence of evidence for investigations for endometrial cancer in primary care. Based on their clinical experience they considered that whilst ultrasound is an investigation commonly used to diagnose endometrial cancer in secondary care, it could have value as an investigation in primary care to determine if a suspected cancer pathway referral was needed.</p> <p>The GDG considered that the clinical benefits of investigation performed in primary care would be to expedite endometrial cancer diagnosis in women whose symptoms may otherwise not be investigated. The GDG noted, based on the evidence, that vaginal discharge at first presentation or with high platelets or haematuria, as well as haematuria with low haemoglobin, high platelets or high glucose are also associated with an appreciable risk of endometrial cancer in women aged 55 and above. The GDG also noted that haematuria, vaginal discharge and post-menopausal bleeding are not always easily differentiated by the woman</p> <p>The GDG therefore decided to recommend further investigation in primary care with ultrasound for women aged 55 and above for clinical scenarios where urgent referral is not warranted, based on symptoms at presentation, but endometrial cancer is still a small possibility.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendations made for referral for endometrial cancer will be either cost-neutral or associated with a slight decrease in resource use as no recommendation was made for referral for persistent inter-menstrual bleeding, unlike in previous guidance.</p> <p>The GDG noted that the recommendation for ultrasound is likely to result in a cost increase due to an increased number of ultrasound scans performed, but that this increase will be counteracted by the savings associated with more endometrial cancers being diagnosed earlier.</p>
Other considerations	The GDG considered the situation for transgendered people,

who retain any of the genital organs of their genetic sex. The recommendations for cancers generally found in a single sex, also extend to people who have the organs of that sex, whatever their gender.

## 11.3 Cervical cancer

Just below 3,000 new cervical cancers are diagnosed each year in the UK, around three-quarters of these following screening. A full time GP is likely to diagnose one person with cervical cancer approximately every ten years. Five year survival is approximately 65%.

The reported symptoms of cervical cancer include inter-menstrual and post-coital bleeding, vaginal discharge and pain.

A diagnosis of cervical cancer is generally made by biopsy, performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

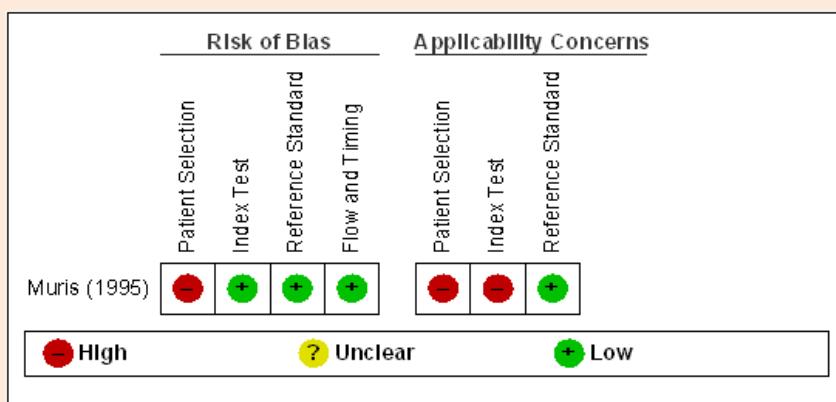
- What is the risk of cervical cancer in patients presenting in primary care with symptom(s)?
- Which investigations of symptoms of suspected cervix cancer should be done with clinical responsibility retained by primary care?

### Clinical evidence

#### Signs and symptoms

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The main issues to note are that the study results are compromised by both the non-consecutive/non-random patient selection as well as by the under-specification of the symptom under investigation and the setting, which may not be directly applicable to UK-based primary care.



#### Evidence statement

Non-acute abdominal complaints presenting in primary care do not appear to be associated with an increased risk of cervical cancer (PPV = 0.5%; 1 study, N = 598). The included study was associated with 3 bias/applicability concerns (see also Table 49).

**Table 49: Cervical cancer: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Muris (1995)	Non-acute abdominal complaints	All women	0.5 (0.1-1.6) 3/598: 1 cervix, 2 other cancer of the female genital system

Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of cervical smear in patients with suspected cervix cancer where the clinical responsibility was retained by primary care.

**Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for women if, on examination, the appearance of their cervix is consistent with cervical cancer. [new 2015]</b>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of cervical cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict cervical cancer.</p> <p><u>Investigations in primary care for cervical cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of cervical cancer</u> The evidence pertaining to the positive predictive values of different symptoms of cervical cancer in primary care was extremely limited consisting of one low quality study reporting on a patient series of 598 patients, with non-acute abdominal complaints. Only one of these patients had cervical cancer. Therefore the GDG decided to disregard this evidence.</p> <p><u>Investigations in primary care for cervical cancer</u> No evidence was found pertaining to the diagnostic accuracy of cervical smear in primary care patients with suspected cervical cancer.</p>
Trade-off between clinical benefits and harms	The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those women with cervical cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of women without cervical cancer who get inappropriately referred whilst maximising the number of women with cervical cancer who get appropriately referred.

	<p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with cervical cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that only very little evidence of low quality had been found on the positive predictive values of symptoms for cervical cancer.</p> <p>Despite the limited evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected cervical cancer, since screening does not identify all cervical cancers, leaving some to present symptomatically.</p> <p>The GDG noted that a cervix with an appearance consistent with cervical cancer is likely to be a symptom of cervical cancer. The GDG agreed, based on their clinical experience, that had this symptom been studied it would have had a positive predictive value of 3% or above. The GDG therefore agreed to recommend a suspected cancer pathway referral for this symptom. The GDG also discussed the likely PPVs for other symptoms, such as inter-menstrual bleeding, post-coital bleeding and vaginal discharge. However the GDG agreed that these were likely to be extremely low as these symptoms are very common and cervical cancer is relatively rare. The GDG therefore decided not to make any further recommendations based on symptoms.</p> <p>Due to the lack of evidence and the fact that there is no other obvious test for a cervix with an appearance consistent with cervical cancer in primary care, the GDG were not able to recommend a particular test beyond visual inspection for the primary care investigation of cervical cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation made for referral for cervical cancer is likely to be either cost-neutral or associated with a slight decrease in resource use as no recommendation was made for referral for persistent inter-menstrual bleeding, unlike in previous guidance.</p>
Other considerations	<p>The GDG considered the situation for transgendered people, who retain any of the genital organs of their genetic sex. The recommendations for cancers generally found in a single sex, also extend to people who have the organs of that sex, whatever their gender.</p>

## 11.4 Vulval cancer

Over 1,000 new vulval cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with vulval cancer during their career. Most vulval cancers are squamous cell cancers.

Because of its rarity, there are few reports on the clinical features of vulval cancer. It is believed usually to present with a mass or ulceration of the vulva, with vulval itch or redness.

Definitive diagnosis requires biopsy, performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

- **What is the risk of vulval cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected vulval cancer should be done with clinical responsibility retained by primary care?**

**Clinical evidence**

*Signs and symptoms*

No primary care evidence was identified pertaining to the risk of vulval cancer in patients presenting with symptoms in primary care.

*Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of biopsy in patients with suspected vulval cancer where the clinical responsibility was retained by primary care.

**Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for vulval cancer in women with an unexplained vulval lump, ulceration or bleeding. [new 2015]
Relative value placed on the outcomes considered	<u>Signs and symptoms of vulval cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict vulval cancer. No evidence was found for this outcome.
Quality of the evidence	<u>Signs and symptoms of vulval cancer</u> No evidence was found pertaining to the positive predictive values of different symptoms of vulval cancer in primary care.  <u>Investigations in primary care for vulval cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes
Trade-off between clinical benefits and harms	The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those women with vulval cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the

	<p>number of women without vulval cancer who get inappropriately referred whilst maximising the number of women with vulval cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with vulval cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for vulval cancer.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected vulval cancer, since there was no test available in primary care.</p> <p>The GDG noted that an unexplained vulval lump, ulceration or bleeding can be symptoms of vulval cancer. The GDG agreed, based on their clinical experience, that had these symptoms been studied they would have had a positive predictive value of 3% or above. The GDG therefore agreed to recommend a suspected cancer pathway referral for these symptoms. The GDG also noted that most vulval cancers are skin cancers (squamous cell carcinoma and melanoma), so the recommendations made for these cancers will also be relevant for women with suspected vulval cancer. Due to the lack of evidence, the GDG were not able to make any recommendations about any tests for the primary care investigation of vulval cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for a suspected cancer pathway referral for an unexplained vulval lump, ulceration or bleeding is likely to be cost-neutral as it is currently standard practice.</p>
Other considerations	<p>The GDG considered the situation for transgendered people, who retain any of the genital organs of their genetic sex. The recommendations for cancers generally found in a single sex, also extend to people who have the organs of that sex, whatever their gender.</p>

## 11.5 Vaginal cancer

Over 250 new vaginal cancers are diagnosed each year in the UK, meaning most GPs will not encounter a woman with the disease. Five year survival varies considerably with stage.

Because of its rarity, there are few reports on the clinical features of vaginal cancer. It is believed to present usually with a mass or ulceration within the vagina.

Definitive diagnosis requires biopsy, performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

- **What is the risk of vagina cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected vaginal cancer should be done with clinical responsibility retained by primary care?**

**Clinical evidence**

*Signs and symptoms*

No primary care evidence was identified pertaining to the risk of vulval cancer in patients presenting with symptoms in primary care.

*Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of tests in patients with suspected vaginal cancer where the clinical responsibility was retained by primary care.

**Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for vaginal cancer in women with an unexplained palpable mass in or at the entrance to the vagina. [new 2015]
Relative value placed on the outcomes considered	<u>Signs and symptoms of vaginal cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict vaginal cancer. No evidence was found on this outcome.  <u>Investigations in primary care for vaginal cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes
Quality of the evidence	<u>Signs and symptoms of vaginal cancer</u> No evidence was found pertaining to the positive predictive values of different symptoms of vaginal cancer in primary care.  <u>Investigations in primary care for vaginal cancer</u> No evidence was found pertaining to the diagnostic accuracy of tests in primary care patients with suspected vaginal cancer.
Trade-off between clinical benefits and harms	The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those women with vaginal cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of women without vaginal cancer who get inappropriately referred whilst maximising the number of women with vaginal cancer who get appropriately referred.

	<p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with vaginal cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for vaginal cancer.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected vaginal cancer, since there was no test available in primary care.</p> <p>The GDG noted that a palpable mass in the vagina or at the introitus can be symptoms of vaginal cancer. The GDG agreed, based on their clinical experience, that had these symptoms been studied they would have had a positive predictive value of 3% or above. The GDG therefore agreed to recommend a suspected cancer pathway referral for this symptom.</p> <p>Due to the lack of evidence and the fact that there is no obvious test for vaginal cancer in primary care, the GDG were not able to recommend a particular test for the primary care investigation of vaginal cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for a suspected cancer pathway referral for an unexplained palpable mass in the vagina or at the entrance to the vagina is likely to be cost-neutral as it is currently standard practice.</p>
Other considerations	<p>The GDG considered the situation for transgendered people, who retain any of the genital organs of their genetic sex. The recommendations for cancers generally found in a single sex, also extend to people who have the organs of that sex, whatever their gender.</p>

Update 2015

## References

### Endometrial cancer

Droogendijk, J., Beukers, R., Berendes, P. B., Tax, M. G. H. M., Sonneveld, P., and Levin, M. D. Screening for gastrointestinal malignancy in patients with iron deficiency anemia by general practitioners: An observational study. Scandinavian Journal of Gastroenterology 46[9], 1105-1110. 2011.

Hallissey, M.T., Allum, W.H., Jewkes, A.J., Ellis, A.J., Fielding, J.W.L. Early detection of gastric cancer. British Medical Journal 301, 513-515. 1990.

Parker, C., Hippisley-Cox, J., Coupland, C., and Vinogradova, Y. Rectal and postmenopausal bleeding: consultation and referral of patients with and without severe mental health problems. British Journal of General Practice 57[538], 371-376. 2007.

Walker, S., Hyde, C. & Hamilton, W. (2013) Risk of uterine cancer in symptomatic women in primary care: case-control study using electronic records. *British Journal of General Practice*, 63: 643-648.

### **Cervical cancer**

Muris, J. W., Starmans, R., Fijten, G. H., Crebolder, H. F., Schouten, H. J., and Knottnerus, J. A. Non-acute abdominal complaints in general practice: diagnostic value of signs and symptoms. *British Journal of General Practice* 45[395], 313-316. 1995.

### **Vulval cancer**

None

### **Vaginal cancer**

None

## 12 Urological cancers

### 12.1 Prostate cancer

Over 41,000 new prostate cancers are diagnosed each year in the UK, so a full-time GP will usually diagnose one new person with prostate cancer each year. Five-year survival is approximately 80%.

Prostate cancer usually presents with lower urinary tract symptoms, including nocturia, urinary frequency, and hesitancy. Haematuria can occur, as can erectile dysfunction. Some prostate cancers present with disseminated disease, typically metastases to bone.

The lower urinary symptoms overlap with those of benign prostatic hyperplasia – and the two conditions can co-exist. Digital rectal examination can help to differentiate the two, with hardness of the prostate or individual nodules being features suggestive of cancer.

Prostate specific antigen (PSA) testing is generally available in primary care, with age-specific raised values suggestive of cancer. Definitive diagnosis requires biopsy, often guided by imaging. This is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

#### Clinical questions:

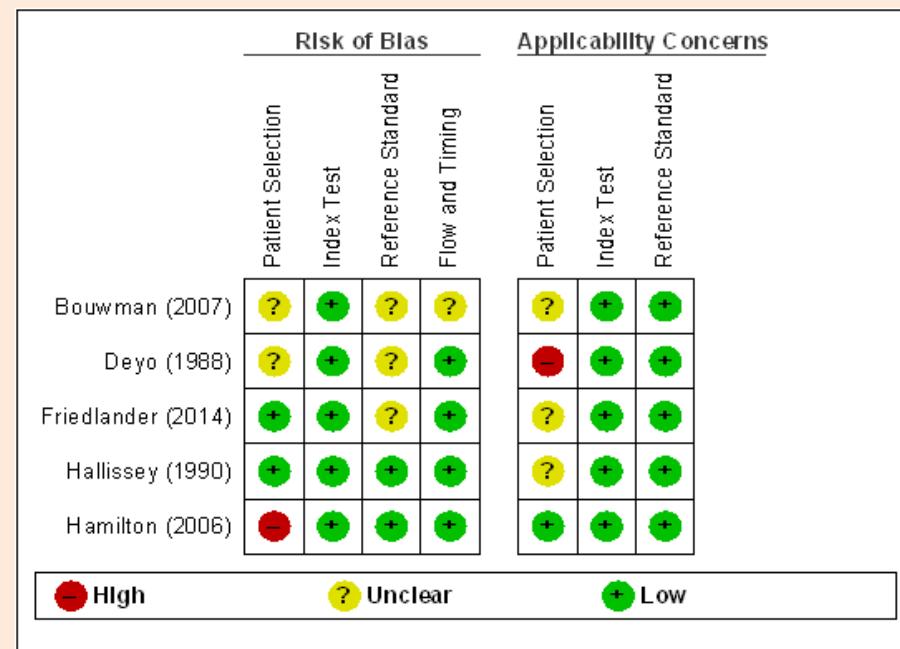
- **What is the risk of prostate cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected prostate cancer should be done with clinical responsibility retained by primary care?**

#### Clinical evidence

##### *Signs and symptoms*

##### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issue to note is that 4/5 studies employed samples of patients that are not directly representative of an unselected symptomatic population of patients presenting to the UK-based GP and the 5th study employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence. Three of the studies also employed reference standards that are subject to an unclear risk of bias; all of which must be born in mind when evaluating the evidence contributed by these studies.



#### Evidence statement

The positive predictive values for prostate cancer of single symptoms or signs presenting in a primary care setting ranged from 0.08% (for dyspepsia) to 12% (for malignant rectal exam; 5 studies, N = 7440). The studies were associated with 1-4 bias or applicability concerns (see also Table 50).

The positive predictive values for prostate cancer of symptom pairs presenting in a primary care setting ranged from 1.8% (for haematuria + frequency/urgency) to 15% (for nocturia + malignant rectal exam; 1 study, N = 1297). This study was a case-control study (i.e. high risk of bias for patient selection; see also Table 51).

**Table 50: Prostate cancer: Single symptoms**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)%
Bouwman (2007)	Urinary symptoms	Males aged $\geq$ 50 years	7.37 (5-10.7) 26/353
Deyo (1988)	Back pain	Male patients	0.13 (0.007-0.9) 1/750
Friedlander (2014)	Haematuria	All patients	0.61 (0.36-1.03) 15/2455
Hamilton (2006)	Haematuria	All patients	1 (0.57-1.8) Cases: 54/217 Controls: 33/1080
Hamilton (2006)	Haematuria (reported twice)	All patients	1.6 (0.8-3.2)
Hamilton (2006)	Loss of weight	All patients	0.75 (0.38-1.4) Cases: 48/217 Controls: 21/1080
Hamilton (2006)	Loss of weight (reported twice)	All patients	2.1 (NR)
Hamilton (2006)	Nocturia	All patients	2.2 (1.2-3.6) Cases: 49/217 Controls: 63/1080

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)%
		Patients 40-69 years	1.1 (NR)
		Patients $\geq$ 70 years	5.9 (NR)
Hamilton (2006)	Nocturia (reported twice)	All patients	3.3 (NR)
Hamilton (2006)	Hesitancy	All patients	3 (1.5-5.5) Cases: 21/217 Controls: 37/1080
Hamilton (2006)	Hesitancy (reported twice)	All patients	2 (NR)
	Rectal exam: Benign enlargement	All patients	2.8 (1.6-4.6) Cases: 37/217 Controls: 61/1080
		Patients 40-69 years	0.85 (NR)
		Patients $\geq$ 70 years	8.7 (NR)
Hamilton (2006)	Rectal exam: Malignant enlargement	All patients	12 (5-37) Cases: 5/217 Controls: 41/1080
Hamilton (2006)	Frequency/urgency	All patients	2.2 (1.1-3.5) Cases: 77/217 Controls: 102/1080
Hamilton (2006)	Frequency/urgency (reported twice)	All patients	3.1 (1.9-5.5)
	Frequency	Patients 40-69 years	0.61 (NR)
		Patients $\geq$ 70 years	7.4 (NR)
	Retention	All patients	3.1 (1.5-6) Cases: 18/217 Controls: 33/1080
		* excluding 39 patients with unsuspected cancer	1.6 (NR)
	Impotence	All patients	3 (1.7-4.9) Cases: 38/217 Controls: 67/1080
		Patients 40-69 years	1.1 (NR)
		Patients $\geq$ 70 years	8.4 (NR)
Hamilton (2006)	When PSA was added to a small multivariate analysis (N = 208; N = 137 patients and N = 71 controls) with the following otherwise significant variables: urinary retention, second presentation with loss of weight, impotence, frequency, hesitancy, nocturia, haematuria, and rectal examination, these variables ceased to be significant predictors of prostate cancer while PSA $>$ 4 ng/ml was significant (OR = 29, 95% CI 3.9-220; p = .001).		
Hallissey (1990)	Dyspepsia	All patients	0.08 (0.01-0.3) 2/2585

CI = Confidence interval. \*The authors report that a sub-analysis excluding the 39 patients who had previously unsuspected cancer identified at prostatectomy, showed that the PPVs of symptoms were little changed, other than for retention.

**Table 51: Prostate cancer: Symptom combinations**

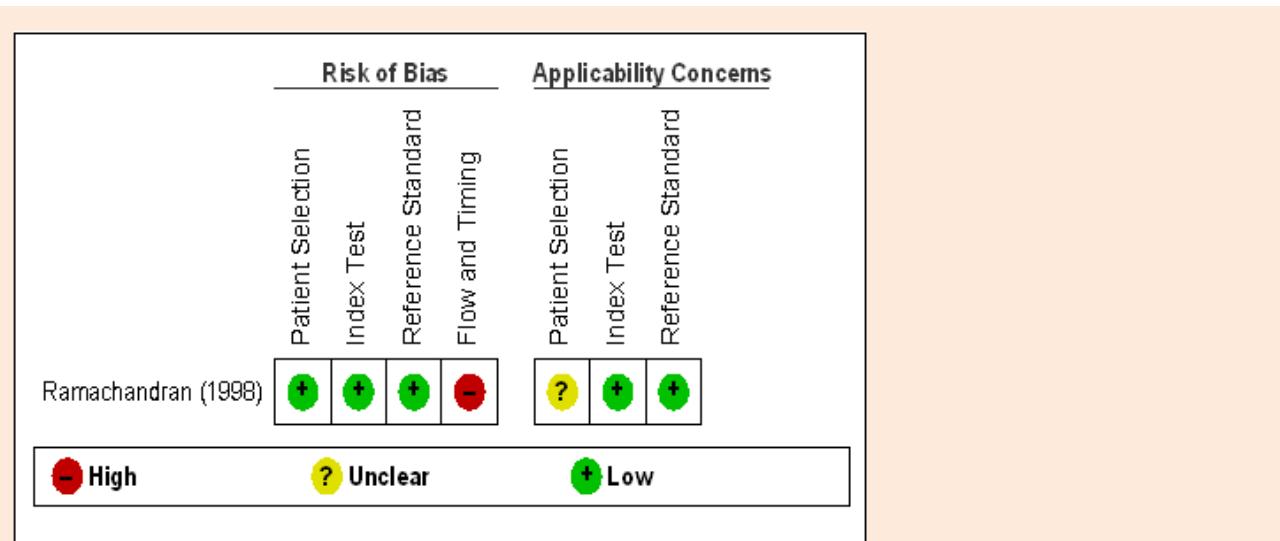
<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value (95% CI)%</b>
Hamilton (2006)	Haematuria + nocturia	All patients	1.9 (NR)
Hamilton (2006)	Haematuria + benign rectal exam	All patients	3.3 (NR)
Hamilton (2006)	Haematuria + malignant rectal exam	All patients	3.9 (NR)
Hamilton (2006)	Haematuria + frequency/urgency	All patients	1.8 (0.9-3.9)
Hamilton (2006)	Loss of weight + nocturia	All patients	12 (NR)
Hamilton (2006)	Loss of weight + benign rectal exam	All patients	9.4 (NR)
Hamilton (2006)	Loss of weight + frequency/urgency	All patients	1.8 (NR)
Hamilton (2006)	Nocturia + hesitancy	All patients	2.8 (NR)
Hamilton (2006)	Nocturia + benign rectal exam	All patients	3.9 (2.1-7.8)
Hamilton (2006)	Nocturia + malignant rectal exam	All patients	15 (NR)
Hamilton (2006)	Nocturia + frequency/urgency	All patients	3.2 (1.9-6)
Hamilton (2006)	Hesitancy + benign rectal exam	All patients	3.3 (NR)
Hamilton (2006)	Hesitancy + malignant rectal exam	All patients	10 (NR)
Hamilton (2006)	Hesitancy + frequency/urgency	All patients	4.7 (NR)
Hamilton (2006)	Benign rectal exam + frequency/urgency	All patients	4 (2.3-7.4)
Hamilton (2006)	Malignant rectal exam + frequency/urgency	All patients	13 (NR)

CI = Confidence interval.

### *Investigations in primary care*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The main risk of bias in this study pertains to the ca 20% of missing data in this study. It is not possible to ascertain whether these data are missing in a systematic manner and whether they are likely to substantially influence the test accuracy estimates provided by this study. The only applicability concern identified for this study concerns the underspecification of the patients, that is, it is not clear from, the study whether all the patients were symptomatic patients presenting to primary care, and to the extent they are not from this patient group, the applicability to the current guideline is limited.



#### Evidence statement

PSA testing (1 study, N = 582) conducted in patients presenting in a primary/hospital care setting is associated with sensitivities that ranged from 77.8-88.9%, specificities that ranged from 70-90.2% and false negativity rates that ranged from 11.1-22.2% for prostate cancer. The study was associated with one bias and one applicability concern (see also Table 52).

**Table 52: Prostate cancer: PSA**

Study	Test	Prevalence	Sensitivity (95% CI)	Specificity (95% CI)	Other results
Ramachandran (1998)	PSA 4 ng/ml	54/582	88.9% (NR)	70% (NR)	False negativity rate = 11.1%
	PSA 5 ng/ml		88.9% (NR)	78% (NR)	False negativity rate = 11.1%
	PSA 6 ng/ml		87% (NR)	82.6% (NR)	False negativity rate = 13%
	PSA 7 ng/ml		83.3% (NR)	86% (NR)	False negativity rate = 16.7%
	PSA 8 ng/ml		83.3% (NR)	88.3% (NR)	False negativity rate = 16.7%
	PSA 9 ng/ml		83.3% (NR)	89% (NR)	False negativity rate = 16.7%
	PSA 10 ng/ml		77.8% (NR)	90.2% (NR)	False negativity rate = 22.2%

No evidence was found for MRI.

#### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Update 2015

Recommendations	Refer men using a suspected cancer pathway referral (for an appointment within 2 weeks) for prostate cancer if their prostate feels malignant on digital rectal examination. [new
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	<p><b>2015]</b></p> <p><b>Consider a prostate-specific antigen (PSA) test and digital rectal examination to assess for prostate cancer in men with:</b></p> <ul style="list-style-type: none"> <li>• <b>any lower urinary tract symptoms, such as nocturia, urinary frequency, hesitancy, urgency or retention or</b></li> <li>• <b>erectile dysfunction or</b></li> <li>• <b>visible haematuria. [new 2015]</b></li> </ul> <p><b>Refer men using a suspected cancer pathway referral (for an appointment within 2 weeks) for prostate cancer if their PSA levels are above the age-specific reference range. [new 2015]</b></p>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of prostate cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict prostate cancer.</p> <p><u>Investigations in primary care for prostate cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. Although sensitivity and specificity were reported, the GDG agreed that the most informative outcomes were the positive predictive values (because these gave the risk of a person harbouring cancer), and the false negative rates (to inform whether a negative test obviated the need for further safety-netting).</p>
Quality of the evidence	<p><u>Signs and symptoms of prostate cancer</u> The quality of the evidence assessed by QUADAS-II varied with only one of five studies considered to provide high quality evidence.</p> <p><u>Investigations in primary care for prostate cancer</u> Evidence was only identified on the accuracy of PSA testing. This evidence was assessed by QUADAS-II as not being of high quality.</p> <p>The GDG noted some limitations of the evidence. Firstly, it was not clear whether all patients were symptomatic patients presenting to primary care. Secondly, some data are missing but it is not clear whether this was likely to substantially influence the test accuracy estimates provided. Thirdly, PSA measurement has changed since this study was published.</p> <p>No evidence was found pertaining to the diagnostic performance of MRI in primary care patients with suspected prostate cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those men with prostate cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of men without prostate cancer who get inappropriately referred whilst maximising the number of men with prostate cancer who get appropriately referred.</p>

	<p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with prostate cancer outweighed the disadvantages to those without.</p> <p>However, the GDG noted the evidence which had shown that PSA testing was a reasonably sensitive and specific test for prostate cancer and that a raised PSA level was a significant predictor of prostate cancer. Based on this evidence the GDG decided not to recommend symptoms which should prompt a suspected cancer pathway referral but instead to recommend which symptoms should prompt a PSA test and chose these symptoms based on the positive predictive values presented in the evidence. The results of this PSA test would then determine who needed a suspected cancer pathway referral. By doing this the GDG hoped to refine the group of symptomatic men being referred to those with the greatest chance of having prostate cancer.</p> <p>The GDG noted that Hamilton (2006) had reported loss of weight plus a benign rectal examination to have a PPV of 9.4. The GDG also noted that this PPV was based on very small numbers and no confidence intervals had been calculated for this reason. The GDG agreed that the fact that a rectal examination had been performed, strongly implied that the person also had lower urinary tract symptoms, as it would not be standard practice to perform a rectal examination for loss of weight alone. Given that recommendations had already been made on lower urinary tract symptoms were already (which would encompass people with the symptom combination cited by Hamilton (2006), the GDG agreed that a specific recommendation for this symptom combination was not required.</p> <p>The exception to this was those men whose prostate felt malignant on digital rectal examination. The positive predictive value of a malignant feeling prostate on digital rectal examination was so high above the 3% threshold that even after a normal PSA result, the GDG still considered that urgent referral was justified. For this reason the GDG recommended a digital rectal examination as well as PSA test for all men with relevant symptoms.</p> <p>The GDG noted that there was no strong primary care evidence available on which to base a recommendation for what level of PSA should prompt a suspected cancer pathway referral. They therefore agreed to accept the age-specific reference range.</p> <p>Due to the lack of evidence, the GDG agreed not to make any recommendations on the use of MRI in primary care patients with suspected prostate cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for a suspected cancer pathway referral for a malignant prostate on digital rectal</p>

	examination is likely to be cost-neutral as it is currently standard practice. The also GDG estimated that the recommendations were likely to result in a moderate increase in PSA testing followed by a smaller increase in suspected cancer pathway referrals. The net effect of this was uncertain but the GDG agreed that any potential increase in costs would be balanced by improvements in the diagnosis of prostate cancer.
Other considerations	<p>The GDG considered whether or not to specify an age range in the recommendations for which symptoms should prompt PSA testing and digital rectal examination, since prostate cancer is less common in younger men. The agreed not to do this as some risk factors, for example ethnicity, might warrant testing at a lower age.</p> <p>The GDG considered the situation for transgendered people, who retain any of the genital organs of their genetic sex. The recommendations for cancers generally found in a single sex, also extend to people who have the organs of that sex, whatever their gender.</p>

## 12.2 Bladder cancer

Around 10,000 new bladder cancers are diagnosed each year in the UK, meaning that a full time GP is likely to diagnose approximately 1 person with bladder cancer every 3-5 years. It is seen in both sexes, though almost three-quarters of new cases are in males. Five year survival is approximately 55%.

Several symptoms have been reported, with haematuria being the most common. Dysuria and urinary frequency are also features, especially when persistent.

Because haematuria is a symptom of several cancers, investigation strategies may need to consider more than one possible cancer site, such as kidney, prostate or endometrium. Similarly, dysuria and urinary frequency may be misattributed to urinary tract infection, especially in the elderly.

A diagnosis of bladder cancer is generally made by cystoscopy with biopsy, performed in secondary care. Because bladder cancer shares some symptoms with other urological cancers, most haematuria clinics investigate with ultrasound before proceeding to cystoscopy.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

- **What is the risk of bladder cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected bladder cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias and validity issues to note are that one study was conducted in a Belgian primary

care population (Bruyninckx, 2003) and another in US primary care setting (Friedlander, 2014) and these studies are therefore only applicable to the extent that the populations are comparable to a UK GP population, another study (Hippisley-Cox 2012) only presented data for 967681 out of 1240722 eligible patients and it is unclear why, a third study (Jones, 2007) report the results for both 6 months and 3 years after first symptom presentation and it is unclear whether 3 years is too long an interval to be confident that the symptom is a result of underlying cancer, similarly, Friedlander (2014) only followed up the included patients for 180 days, which may be too short a time period. The final study (Shephard, 2012) employed a case-control design which has been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection.

	Risk of Bias				Applicability Concerns		
	Patient Selection	Index Test	Reference Standard	Flow and Timing	Patient Selection	Index Test	Reference Standard
Bruyninckx (2003)	+	+	+	+	?	+	+
Collins (2013)	+	+	+	+	+	+	+
Friedlander (2014)	+	+	?	+	?	+	+
Hippisley-Cox (2012)	+	+	+	-	+	+	+
Jones (2007)	+	+	+	+	+	+	+
Shephard/Price (2012/14)	-	+	+	+	+	+	+

– High
? Unclear
+ Low

### Evidence statement

Haematuria (6 studies, N = 89345) presenting in a primary care setting is associated with overall positive predictive values ranging from 1.34%-10.27% for bladder cancer, which tended to be higher in men (5.47%-14.2%) than in women (2.48%-5.1%; 3 studies, total N = 49327) and to increase with age in men (up 22.1%; 2 studies, total N = 11517) and much less so in women (up to 8.53%; 2 studies, total N = 11517). All the studies were associated with 0-2 bias or applicability concern (see also Tables 53-55).

Haematuria in combination with other symptoms presenting in a primary care setting was associated with positive predictive values ranging from 1.1% (non-visible with raised creatinine in patients  $\geq$  60 years; 1 study, total N = 26633) to 33.3% (with weight loss in men  $>$  60 years old; 1 study, total N = 409) for bladder cancer. Both studies were associated with 1 bias or applicability concern (see also Table 3).

Other symptoms (than haematuria) presenting alone or in combination with each other (but not haematuria) in a primary care setting were all associated with positive predictive values  $\leq$  1.5% for bladder cancer (3 studies, total N = 1284137). All the studies were associated with 0-1 bias or applicability concern (see also Table 3).

**Table 53: Bladder cancer: Meta-analyses**

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Bruyninckx (2003), Collins (2013),	Haematuria	All patients (N = 70330)	4.43 (2.48-7.79)

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Friedlander (2014), Hippisley-Cox (2012), Jones (2007, at 6 months)			
Bruyninckx (2003), Collins (2013), Friedlander (2014), Hippisley-Cox (2012), Jones (2007, at 3 years)	Haematuria	All patients (N = 70330)	4.72 (2.63-8.32)

*Please note that the data from Shephard (2012) are not included in these meta-analyses due to the case-control design of the study. These data are instead reported in the table below.*

**Table 54: Bladder cancer: Individual positive predictive values from the meta-analyses**

Studies included	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Bruyninckx (2003)	Haematuria	All patients	10.27 (7.6-13.7) 42/409
Collins (2013)	Haematuria	All patients	4.35 (4.1-4.6) 1645/37810
Friedlander (2014)	Haematuria	All included patients	1.34 (0.94-1.91) 33/2455
Hippisley-Cox (2012)	Haematuria	All patients	6.48 (6.1-6.8) 1201/18548
Jones (2007, at 6 months),	Haematuria	All patients	4.2 (3.8-4.6) 466/11108
Jones (2007, at 3 years),	Haematuria	All patients	5.7 (5.3-6.2) 634/11108

**Table 55: Bladder cancer: Additional results reported by the individual papers**

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Bruyninckx (2003)	Macroscopic haematuria	Men (all ages)	14.2 (10.1-19.5)
Collins (2013)	Haematuria	Men (all ages)	5.5 (5.2-5.8) 1262/22810
Jones (2007)	Haematuria	Men (all ages) at 6 months	5.47 (4.9-6.1) 349/6385
Jones (2007)	Haematuria	Men (all ages) at 3 years	7.4 (6.8-8.1) 472/6385
Bruyninckx (2003)	Macroscopic haematuria	Men < 40 years	0 (0-12)
Jones (2007)	Haematuria	Men < 45 years at 3 years	0.99 (0.53-1.69) 13/1311
Bruyninckx (2003)	Macroscopic haematuria	Men 40-59 years	3.6 (.6-13.4)
Jones (2007)	Haematuria	Men 45-54 years at 3 years	4.35 (3.11-5.9) 39/897
Jones (2007)	Haematuria	Men 55-64 years at 3 years	8.51 (6.94-10.32) 94/1104
Bruyninckx (2003)	Macroscopic haematuria	Men > 59 years	22.1 (15.8-30.1)
Jones (2007)	Haematuria	Men 65-74 years at 3	11.21 (9.66-12.9)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
		years	170/1517
Jones (2007)	Haematuria	Men 75-84 years at 3 years	10.27 (8.61-12.13) 123/1198
Jones (2007)	Haematuria	Men ≥ 85 years at 3 years	9.22 (6.43-12.7) 33/358
Bruyninckx (2003)	Macroscopic haematuria	Women (all ages)	5.1 (2.5-9.8)
Collins (2013)	Haematuria	Women (all ages)	2.6 (2.3-2.8) 383/15000
Jones (2007)	Haematuria	Women (all ages) at 6 months	2.48 (2.1-3) 117/4723
Jones (2007)	Haematuria	Women (all ages) at 3 years	3.4 (2.9-44) 162/4723
Bruyninckx (2003)	Macroscopic haematuria	Women < 40 years	0 (NR)
Jones (2007)	Haematuria	Women < 45 years at 3 years	0.22 (0.05-0.64) 3/1361
Bruyninckx (2003)	Macroscopic haematuria	Women 40-59 years	6.4 (1.7-18.6)
Jones (2007)	Haematuria	Women 45-54 years at 3 years	1.34 (0.65-2.45) 10/745
Jones (2007)	Haematuria	Women 55-64 years at 3 years	3.42 (2.26-4.93) 27/790
Bruyninckx (2003)	Macroscopic haematuria	Women > 59 years	8.3 (3.4-17.9)
Jones (2007)	Haematuria	Women 65-74 years at 3 years	5.91 (4.42-7.72) 50/846
Jones (2007)	Haematuria	Women 75-84 years at 3 years	6.83 (5.06-8.98) 47/688
Jones (2007)	Haematuria	Women ≥ 85 years at 3 years	8.53 (5.6-12.3) 25/293
Bruyninckx (2003)	Macroscopic haematuria	All patients < 60 years	2.6 (.9-6.2)
Shephard (2012)	Visible haematuria (coded data only)	All patients 40-59 years	3.1 (1-9.8)
Price (2014)	Visible haematuria (coded and uncoded data)	All patients 40-59 years	1.2 (0.64-2.3)
Shephard (2012)	Visible haematuria (coded data only)	All patients ≥ 60 years	3.9 (3.5-4.6)
Price (2014)	Visible haematuria (coded and uncoded data)	All patients ≥ 60 years	2.8 (2.5-3.1)
Shephard (2012)	Visible haematuria	All patients	Cases: 2595/4915 Controls: 196/21718
Shephard (2012)	Visible haematuria (second attendance)	All patients ≥ 60 years	6.1 (5.1-8.2)
Price (2014)	Non-visible haematuria (coded and uncoded data)	Patients 40-59 years	0.79 (0.11-5.6)
Price (2014)	Non-visible haematuria (coded and uncoded data)	All patients ≥ 60 years	1.6 (1.2-2.1)
Bruyninckx (2003)	Macroscopic haematuria	All patients	5.3 (2.7-9.8)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
	+ pain		
Bruyninckx (2003)	Macroscopic haematuria + pain	Men > 60 years	17.8 (8.5-32.6)
Shephard (2012)	Visible haematuria + abdominal pain (coded data only)	All patients $\geq$ 60 years	3.2 (1.9-5.8)
Price (2014)	Visible haematuria + abdominal pain (coded and uncoded data)	All patients $\geq$ 60 years	2.3 (1.5-3.5)
Price (2014)	Non-visible haematuria + abdominal pain (coded and uncoded data)	All patients $\geq$ 60 years	1.7 (0.6-4.2)
Bruyninckx (2003)	Macroscopic haematuria without pain	All patients	10.9 (7.3-16)
Bruyninckx (2003)	Macroscopic haematuria without pain	Men > 60 years	18.9 (11.9-28.6)
Bruyninckx (2003)	Macroscopic haematuria + increased frequency of micturition	All patients	7.2 (3.8-12.8)
Bruyninckx (2003)	Macroscopic haematuria + increased frequency of micturition	Men > 60 years	22.6 (10.3-41.5)
Bruyninckx (2003)	Macroscopic haematuria without increased frequency of micturition	All patients	13.4 (9.4-18.7)
Bruyninckx (2003)	Macroscopic haematuria without increased frequency of micturition	Men > 60 years	22 (14.9-31.2)
Bruyninckx (2003)	Macroscopic haematuria + dysuria	All patients	5.6 (2.6-11)
Bruyninckx (2003)	Macroscopic haematuria + dysuria	Men > 60 years	24.1 (11-43.9)
Shephard (2012)	Visible haematuria + dysuria (coded data only)	All patients $\geq$ 60 years	6.4 (NR as N < 10)
Price (2014)	Visible haematuria + dysuria (coded and uncoded data)	All patients $\geq$ 60 years	4.1 (2.6-6.3)
Price (2014)	Non-visible haematuria + dysuria (coded and uncoded data)	All patients $\geq$ 60 years	4.5 (NR)
Bruyninckx (2003)	Macroscopic haematuria without dysuria	All patients	23.6 (17.1-31.5)
Bruyninckx (2003)	Macroscopic haematuria without dysuria	Men > 60 years	21.6 (14.6-30.6)
Bruyninckx (2003)	Macroscopic haematuria + nocturia	All patients	6.3 (2.4-14.8)
Bruyninckx (2003)	Macroscopic haematuria + nocturia	Men > 60 years	12.5 (3.3-33.5)
Bruyninckx (2003)	Macroscopic haematuria without nocturia	All patients	11.2 (8.1-15.2)

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
Bruyninckx (2003)	Macroscopic haematuria without nocturia	Men > 60 years	23.3 (16.3-32.1)
Bruyninckx (2003)	Macroscopic haematuria + weight loss	All patients	10 (.5-45.9)
Bruyninckx (2003)	Macroscopic haematuria + weight loss	Men > 60 years	33.3 (1.8-87.5)
Bruyninckx (2003)	Macroscopic haematuria without weight loss	All patients	8.3 (5.8-11.5)
Bruyninckx (2003)	Macroscopic haematuria without weight loss	Men > 60 years	18.2 (12.4-26)
Bruyninckx (2003)	Macroscopic haematuria + fatigue	All patients	20.8 (11-35.4)
Bruyninckx (2003)	Macroscopic haematuria + fatigue	Men > 60 years	30 (12.8-54.3)
Bruyninckx (2003)	Macroscopic haematuria without fatigue	All patients	8.9 (6.2-12.4)
Bruyninckx (2003)	Macroscopic haematuria without fatigue	Men > 60 years	20.8 (14.2-29.4)
Bruyninckx (2003)	Macroscopic haematuria with other symptoms	All patients	6.4 (4.3-9.3)
Bruyninckx (2003)	Macroscopic haematuria without other symptoms	All patients	3.9 (2.3-6.4)
Shephard (2012)	Visible haematuria + constipation (coded data only)	All patients $\geq$ 60 years	2.7 (1.6-4.5)
Price (2014)	Visible haematuria + constipation (coded and uncoded data)	All patients $\geq$ 60 years	2.2 (1.5-3.4)
Price (2014)	Non-visible haematuria + constipation (coded and uncoded data)	All patients $\geq$ 60 years	2 (NR)
Shephard (2012)	Visible haematuria + urinary tract infection (coded data only)	All patients $\geq$ 60 years	4.1 (3-6.2)
Price (2014)	Visible haematuria + urinary tract infection (coded and uncoded data)	All patients $\geq$ 60 years	2.2 (1.8-2.8)
Price (2014)	Non-visible haematuria + urinary tract infection (coded and uncoded data)	All patients $\geq$ 60 years	1.4 (0.8-2.4)
Shephard (2012)	Visible haematuria + raised inflammatory markers (coded data only)	All patients $\geq$ 60 years	5.6 (NR as N < 10)
Price (2014)	Visible haematuria + raised inflammatory markers (coded and uncoded data)	All patients $\geq$ 60 years	3.3 (2-5.4)
Price (2014)	Non-visible haematuria + raised inflammatory markers (coded and	All patients $\geq$ 60 years	1.25 (NR)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
	uncoded data)		
Shephard (2012)	Visible haematuria + raised creatinine (coded data only)	All patients $\geq$ 60 years	5.1 (3.4-8.4)
Price (2014)	Visible haematuria + raised creatinine (coded and uncoded data)	All patients $\geq$ 60 years	2.9 (2.1-3.9)
Price (2014)	Non-visible haematuria + raised creatinine (coded and uncoded data)	All patients $\geq$ 60 years	1.1 (0.6-2.2)
Shephard (2012)	Visible haematuria + raised white blood cell count (coded data only)	All patients $\geq$ 60 years	8.8 (NR as N < 10)
Price (2014)	Visible haematuria + raised white blood cell count (coded and uncoded data)	All patients $\geq$ 60 years	3.7 (2.1-6.3)
Price (2014)	Non-visible haematuria + raised white blood cell count (coded and uncoded data)	All patients $\geq$ 60 years	3.9 (NR)
Collins (2013)	Abdominal pain	All patients	0.11 (0.1-0.13) 284/253344
		Men	0.2 (0.2-0.21) 187/105247
		Women	0.1 (0.1-0.1) 97/148097
Hippisley-Cox (2012)	Abdominal pain	All patients	0.2 (0.2-0.2) 182/93077
Shephard (2012)	Abdominal pain	All patients $\geq$ 60	0.2 (0.1-0.2)
Shephard (2012)	Abdominal pain	All patients	Cases: 358/4915 Controls: 787/21718
Shephard (2012)	Abdominal pain (second attendance)	All patients $\geq$ 60	0.2 (0.1-0.2)
Shephard (2012)	Abdominal pain + dysuria	All patients $\geq$ 60	0.4 (0.3-0.7)
Shephard (2012)	Abdominal pain + constipation	All patients $\geq$ 60	0.2 (0.1-0.3)
Shephard (2012)	Abdominal pain + urinary tract infection	All patients $\geq$ 60	0.4 (0.3-0.6)
Shephard (2012)	Abdominal pain + raised inflammatory markers	All patients $\geq$ 60	0.2 (0.1-0.3)
Shephard (2012)	Abdominal pain + raised creatinine	All patients $\geq$ 60	0.3 (0.2-0.4)
Shephard (2012)	Abdominal pain + raised white blood cell count	All patients $\geq$ 60	0.2 (0.1-0.3)
Shephard (2012)	Dysuria	All patients $\geq$ 60	0.7 (0.6-0.8)
Shephard (2012)	Dysuria	All patients	Cases: 444/4915 Controls: 209/21718
Shephard (2012)	Dysuria (second)	All patients $\geq$ 60	1 (0.7-1.5)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
	attendance)		
Shephard (2012)	Dysuria + constipation	All patients $\geq 60$	0.5 (0.3-0.9)
Shephard (2012)	Dysuria + urinary tract infection	All patients $\geq 60$	0.7 (0.4-1.1)
Shephard (2012)	Dysuria + raised inflammatory markers	All patients $\geq 60$	0.9 (0.5-1.7)
Shephard (2012)	Dysuria + raised creatinine	All patients $\geq 60$	0.6 (0.4-1)
Shephard (2012)	Dysuria + raised white blood cell count	All patients $\geq 60$	0.9 (0.5-1.9)
Shephard (2012)	Constipation	All patients $\geq 60$	0.1 (0.1-2)
Shephard (2012)	Constipation	All patients	Cases: 286/4915 Controls: 708/21718
Shephard (2012)	Constipation (second attendance)	All patients $\geq 60$	0.1 (0.1-0.2)
Shephard (2012)	Constipation + urinary tract infection	All patients $\geq 60$	0.5 (0.3-0.7)
Shephard (2012)	Constipation + raised inflammatory markers	All patients $\geq 60$	0.2 (0.1-0.2)
Shephard (2012)	Constipation + raised creatinine	All patients $\geq 60$	0.2 (0.2-0.3)
Shephard (2012)	Constipation + raised white blood cell count	All patients $\geq 60$	0.3 (0.2-0.5)
Shephard (2012)	Urinary tract infection	All patients $\geq 60$	0.4 (0.3-0.4)
Shephard (2012)	Urinary tract infection	All patients	Cases: 835/4915 Controls: 705/21718
Shephard (2012)	Urinary tract infection (second attendance)	All patients $\geq 60$	0.5 (0.4-1.6)
Shephard (2012)	Urinary tract infection + raised inflammatory markers	All patients $\geq 60$	0.4 (0.3-0.7)
Shephard (2012)	Urinary tract infection + raised creatinine	All patients $\geq 60$	0.5 (0.3-0.6)
Shephard (2012)	Urinary tract infection + raised white blood cell count	All patients $\geq 60$	0.6 (0.4-0.9)
Shephard (2012)	Raised inflammatory markers	All patients $\geq 60$	0.1 (0.1-0.2)
Shephard (2012)	Raised inflammatory markers	All patients	Cases: 293/4915 Controls: 717/21718
Shephard (2012)	Raised inflammatory markers + raised creatinine	All patients $\geq 60$	0.3 (0.2-0.3)
Shephard (2012)	Raised inflammatory markers + raised white blood cell count	All patients $\geq 60$	0.2 (0.1-0.3)
Shephard (2012)	Raised creatinine	All patients $\geq 60$	0.1 (0.12-0.14) As reported, but PPV or CI not reported correctly
Shephard (2012)	Raised creatinine	All patients	Cases: 660/4915

Update 2015

Study	Symptom(s)	Patient group	Positive predictive value, % (95% CI)
			Controls: 1668/21718
Shephard (2012)	Raised creatinine + raised white blood cell count	All patients $\geq 60$	0.3 (0.2-0.4)
Shephard (2012)	Raised white blood cell count	All patients $\geq 60$	0.2 (0.17-0.23)
Shephard (2012)	Raised white blood cell count	All patients	Cases: 250/4915 Controls: 401/21718
Collins (2013)	Appetite loss	Women	0.1 (0.04-0.3) 4/3481
Hippisley-Cox (2012)	Appetite loss	All patients	0.18 (0.07-0.4) 6/3330
Collins (2013)	Weight loss	Women	0.1 (0.1-0.2) 21/16037
Hippisley-Cox (2012)	Weight loss	All patients	0.41 (0.3-0.6) 38/9281
Collins (2013)	Anaemia	All patients	0.6 (0.5-0.7) 102/16961
		Men	1.4 (1.1-1.9) 57/3969
		Women	0.3 (0.3-0.5) 45/12992
Hippisley-Cox (2012)	Anaemia	All patients	0.69 (0.5-0.9) 68/9799

NR = Not reported. Please note the calculations of the positive predictive values differ between the studies with Bruyninckx (2003), Hippisley-Cox (2012) and Jones (2007) using  $(TP)/(TP+FP)$  and Shephard (2012) using Bayesian statistics due to the case-control design of this study.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of urine cytology, ultrasound, cystoscopy, blood HCG, urine marker NMP22, and urine marker MCM5 in patients with suspected bladder cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	<p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) for bladder cancer if they are:</b></p> <ul style="list-style-type: none"> <li>• aged 45 and over and have: <ul style="list-style-type: none"> <li>- unexplained visible haematuria without urinary tract infection or</li> <li>- visible haematuria that persists or recurs after successful treatment of urinary tract infection, or</li> </ul> </li> <li>• are aged 60 and over and have unexplained non-visible</li> </ul>
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	<p><b>haematuria and either dysuria or a raised white cell count on a blood test. [new 2015]</b></p> <p><b>Consider non-urgent referral for bladder cancer in people aged 60 and over with recurrent or persistent unexplained urinary tract infection. [new 2015]</b></p>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of bladder cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict bladder cancer.</p> <p><u>Investigations in primary care for bladder cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of bladder cancer</u></p> <p>The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms but was generally of high quality. It was noted that the majority of the evidence had merged all urinary tract cancers making it difficult to tease out the specifics related to bladder cancer.</p> <p>The GDG also noted that most of the evidence did not distinguish between visible and non-visible haematuria, but largely grouped these two symptoms together as haematuria. The GDG judged, based on their clinical experience, that most of that evidence was likely to reflect visible haematuria which left them with evidence from one paper about non-visible haematuria.</p> <p><u>Investigations in primary care for bladder cancer</u></p> <p>No evidence was found pertaining to the diagnostic performance of ultrasound, urine cytology, cystoscopy, blood HCG or urinary markers NMP22 and MCM5 in primary care patients with suspected bladder cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with bladder cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without bladder cancer who get inappropriately referred whilst maximising the number of people with bladder cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with bladder cancer outweighed the disadvantages to those without.</p> <p>The GDG noted, based on the evidence, that haematuria presenting in a primary care setting was associated with a positive predictive value of above 3% for bladder cancer. They therefore recommended this symptom should prompt a suspected cancer pathway referral. The GDG also noted that, based on the evidence, the positive predictive value of haematuria for bladder cancer increased with age. They</p>

	<p>therefore agreed to recommend referral for those people aged 45 or over.</p> <p>The GDG agreed, based on their clinical experience that urinary tract infections often cause visible haematuria. They therefore recommended that if visible haematuria persists or recurs after successful treatment of urinary tract infection, a suspected cancer pathway referral should be made.</p> <p>The GDG acknowledged that the positive predictive values associated with urinary tract infections presenting in primary care were inconsistent for bladder cancer and that there was no evidence on recurrent (greater than two) urinary tract infections. However the GDG considered that this was a population in which cancer can be missed and therefore a non-urgent referral should be considered for people with this symptom.</p> <p>The GDG agreed, based on the evidence, to recommend a suspected cancer pathway referral (for an appointment within 2 weeks) for bladder cancer for people aged 60 years and over with unexplained non-visible haematuria and either dysuria or a raised white cell count on a blood test.</p> <p>The GDG acknowledged that no other symptoms had a high enough positive predictive value for bladder cancer to warrant making recommendations on them.</p> <p>The GDG noted the absence of evidence on investigations in primary care, and that the definitive test for bladder cancer is cystoscopy. However the GDG considered cystoscopy to be best performed by specialists in secondary care and therefore decided to not make any recommendations for investigations for bladder cancer in primary care.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendations on haematuria were likely to be cost saving as the age threshold for referral has been raised for both visible and non-visible haematuria. Investigation of persistent and recurrent urinary tract infections is a revised recommendation and this is likely to increase referrals. The recommendations on non-visible haematuria and recurrent/persistent urinary tract infection in people over 60 are likely to result in a moderate increase in costs. On this basis, the GDG estimated that overall the recommendations were likely to be either cost neutral or a small cost increase. However, they agreed that this balanced against improvements in earlier diagnosis of bladder cancer.</p>
Other considerations	<p>The GDG noted that visible haematuria is a symptom which is common to both renal and bladder cancer. It was therefore, agreed that recommendations for referral of haematuria would need to be consistent for both these cancer sites.</p>

## 12.3 Renal cancer

Over 10,000 new renal cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with renal cancer every 3-5 years. It is seen in both sexes, though around 60% of new diagnoses are in males. Five year survival is over 55%.

Renal cancer symptoms include haematuria, loin pain, urinary tract infections or a mass in the flank.

The symptoms overlap with other urological cancers, particularly bladder cancer.

Most renal cancers are visible on ultrasound of the kidneys – a test that is available in primary care.

Definitive diagnosis of renal cancer requires histology, performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

- **What is the risk of renal cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected renal cancer should be done with clinical responsibility retained by primary care?**

**Clinical evidence**

*Signs and symptoms*

Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issue to note is that patient selection is associated with a number of bias or applicability concerns in most of the included studies, with some studies employing non-consecutive or non-random selection of patients and with some studies being employed in settings that are not clearly directly representative of UK-based primary care. Other areas of concern include missing data, compromised reference standards and underspecified presenting symptoms. These issues should all be born in mind when evaluating the evidence along with the fact that a large number of the included cancers were not renal cancers.

	Risk of Bias				Applicability Concerns		
	Patient Selection	Index Test	Reference Standard	Flow and Timing	Patient Selection	Index Test	Reference Standard
Collins (2013)	+	+	+	+	+	+	+
Deyo (1988)	?	+	?	+	-	+	+
Dommett (2012, 2013)	-	+	+	+	+	+	+
Friedlander (2014)	+	+	?	+	?	+	+
Hippisley-Cox (2012)	+	+	+	-	+	+	+
Jones (2007)	+	+	+	+	+	+	+
Muris (1995)	-	+	+	+	-	-	+
Oudega (2006)	+	+	+	+	?	+	+
Shephard (2013)	-	+	+	+	+	+	+

● High
● Unclear
● Low

### Evidence statement

#### Patients aged > 14 years

Haematuria (5 studies, N = 87161) presenting in a primary care setting is associated with overall positive predictive values of 0.65-6.48% for renal cancer, which tended to be higher in men (5.47-5.5%) than in women (2.48-2.6%; 2 studies, N = 48918) and to increase with age in men (up to 11.21%; 1 study, N = 11108) and less so in women (up to 8.53%; 1 study, N = 11108). The evidence was, however, compromised by a large number of the included cancers being non-renal cancers. Each of the studies was associated with 0-2 bias concern (see also Tables 56-58).

For renal cancer the positive predictive values of single symptoms (excluding haematuria; 6 studies, N = 344897) presenting in primary care ranged from 0.05% (for back pain) to 1.4% (for anaemia in men). The evidence was, however, compromised by a large number of the included cancers being non-renal cancers and ≤ 3 bias or applicability concerns associated with 4 of the 6 included studies (see also Table 58).

For renal cancer the positive predictive values of symptom combinations (1 study, N = 17240) presenting in primary care ranged from 0.1% (for constipation in combination with either abdominal pain, nausea or lower urinary tract infection) to > 5% (for abdominal pain combined with microcytosis). The included study was associated with 1 bias concern (see also Table 59).

#### Patients aged < 15 years

The positive predictive values of having any childhood cancer ranged from 0.04% (for pain and musculoskeletal symptoms) to 2.19% (for hepatosplenomegaly) in all included patients, and from 0.061% (for lymphadenopathy) to 1.286% (for hepatosplenomegaly) for patients aged 0-4 years old, and from 0.049% (for bruising) to 0.154% (for 'lump/mass/swelling' [the PPV for hepatosplenomegaly could not be calculated as none of the controls experienced this symptom]) for patients aged 5-14 years old (all from 1 study, N = 16585). The evidence

quality is somewhat compromised by the case-control design of the study (see also Tables 60-62).

**Table 56: Renal cancer: Meta-analyses**

<b>Studies included</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Collins (2013), Friedlander (2014), Hippisley-Cox (2012), Jones (2007, at 6 months)	Haematuria	All patients (N = 69921)	3.05 (1.3-7.01)
Collins (2013), Friedlander (2014), Hippisley-Cox (2012), Jones (2007, at 3 years)	Haematuria	All patients (N = 69921)	3.3 (1.35-7.84)

*Please note that the data from Shephard (2012) are not included in these meta-analyses due to the case-control design of the study. These data are instead reported in the table below*

**Table 57: Renal cancer: Individual positive predictive values from the meta-analyses**

<b>Studies included</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value, % (95% CI)</b>
Collins (2013)	Haematuria	All patients	4.35 (4.1-4.6) 1645/37810
Friedlander (2014)	Haematuria	All included patients	0.65 (0.39-1.83) 16/2455
Hippisley-Cox (2012)	Haematuria	All patients	6.48 (6.1-6.8) 1201/18548
Jones (2007, at 6 months),	Haematuria	All patients	4.2 (3.8-4.6) 466/11108
Jones (2007, at 3 years),	Haematuria	All patients	5.7 (5.3-6.2) 634/11108

**Table 58: Renal cancer: Patients aged > 14 years: Single symptoms**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI)</b>
Collins (2013)	Abdominal pain	All patients	0.11 (0.1-0.13) 284/253344
		Men	0.2 (0.2-0.21) 187/105247
		Women	0.1 (0.1-0.1) 97/148097
Hippisley-Cox (2012)	Abdominal pain	All patients	0.2 (0.2-0.2) 182/93077
Muris (1995)	Non-acute abdominal complaints	All patients	0.11 (0.01-0.7) 1/933
Shephard (2013)	Abdominal pain	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2013)	Abdominal pain: 2 presentations	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2013)	Constipation	Patients $\geq$ 60 years	0.1 (0.08-0.11)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Shephard (2013)	Constipation: 2 presentations	Patients $\geq$ 60 years	0.1 (0.06-0.12)
Shephard (2013)	Lower urinary tract infection	Patients $\geq$ 60 years	0.1 (0.09-0.12)
Shephard (2013)	Lower urinary tract infection: 2 presentations	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2013)	Fatigue	Patients $\geq$ 60 years	0.1 (0.09-0.13)
Shephard (2013)	Fatigue: 2 presentations	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2013)	Nausea	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2013)	Nausea: 2 presentations	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2013)	Raised inflammatory markers	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2013)	Thrombocytosis	Patients $\geq$ 60 years	0.3 (0.2-0.3)
Shephard (2013)	Microcytosis	Patients $\geq$ 60 years	0.3 (0.2-0.4)
Deyo (1988)	Back pain	All included patients	0.05 (0.002-0.3) TP = 1, FP = 1974 N = 8 had other types of cancer
Shephard (2013)	Back pain	Patients $\geq$ 60 years	0.1 (0.07-0.12)
Shephard (2013)	Back pain: 2 presentations	Patients $\geq$ 60 years	0.1 (0.07-0.12)
Collins (2013)	Anaemia	All patients	0.6 (0.5-0.7) 102/16961
		Men	1.4 (1.1-1.9) 57/3969
		Women	0.3 (0.3-0.5) 45/12992
Hippisley-Cox (2012)	Anaemia	All patients	0.69 (0.5-0.9) 68/9799
Collins (2013)	Appetite loss	Women	0.1 (0.04-0.3) 4/3481
Hippisley-Cox (2012)	Appetite loss	All patients	0.18 (0.07-0.4) 6/3330
Oudega (2006)	Deep vein thrombosis	All patients	1.16 (0.4-2.9) 5/430
Collins (2013)	Weight loss	Women	0.1 (0.1-0.2) 21/16037
Hippisley-Cox (2012)	Weight loss	All patients	0.41 (0.3-0.6) 38/9281
Collins (2013)	Haematuria	Men	5.5 (5.2-5.8) 1262/22810
		Women	2.6 (2.3-2.8) 383/15000
Shephard (2013)	Visible haematuria	Patients 40-59 years	0.7 (0.4-1.3)
Shephard (2013)	Visible haematuria	Patients $\geq$ 60 years	1 (0.08-1.3)
Shephard (2013)	Visible haematuria: 2 presentations	Patients $\geq$ 60 years	1.2 (0.9-1.8)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Jones (2007)	Haematuria	Men (all ages) at 6 months	5.47 (4.9-6.1) 349/6385
Jones (2007)	Haematuria	Men (all ages) at 3 years	7.4 (6.8-8.1) 472/6385
Jones (2007)	Haematuria	Men < 45 years at 3 years	0.99 (0.53-1.69) 13/1311
Jones (2007)	Haematuria	Men 45-54 years at 3 years	4.35 (3.11-5.9) 39/897
Jones (2007)	Haematuria	Men 55-64 years at 3 years	8.51 (6.94-10.32) 94/1104
Jones (2007)	Haematuria	Men 65-74 years at 3 years	11.21 (9.66-12.9) 170/1517
Jones (2007)	Haematuria	Men 75-84 years at 3 years	10.27 (8.61-12.13) 123/1198
Jones (2007)	Haematuria	Men ≥ 85 years at 3 years	9.22 (6.43-12.7) 33/358
Jones (2007)	Haematuria	Women (all ages) at 6 months	2.48 (2.1-3) 117/4723
Jones (2007)	Haematuria	Women (all ages) at 3 years	3.4 (2.9-4) 162/4723
Jones (2007)	Haematuria	Women < 45 years at 3 years	0.22 (0.05-0.64) 3/1361
Jones (2007)	Haematuria	Women 45-54 years at 3 years	1.34 (0.65-2.45) 10/745
Jones (2007)	Haematuria	Women 55-64 years at 3 years	3.42 (2.26-4.93) 27/790
Jones (2007)	Haematuria	Women 65-74 years at 3 years	5.91 (4.42-7.72) 50/846
Jones (2007)	Haematuria	Women 75-84 years at 3 years	6.83 (5.06-8.98) 47/688
Jones (2007)	Haematuria	Women ≥ 85 years at 3 years	8.53 (5.6-12.3) 25/293

TP = True positives, FP = False positives. Shephard (2013) calculated the positive predictive values using Bayesian statistics.

**Table 59: Renal cancer: Patients aged ≥ 60 years: Symptom combinations**

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Shephard (2013)	Abdominal pain and back pain	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Abdominal pain and constipation	Patients ≥ 60 years	0.1 (0.1-0.2)
Shephard (2013)	Abdominal pain and lower urinary tract infections	Patients ≥ 60 years	0.3 (0.2-0.4)
Shephard (2013)	Abdominal pain and fatigue	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Abdominal pain and	Patients ≥ 60 years	0.2 (0.1-0.2)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI)</b>
	nausea		
Shephard (2013)	Abdominal pain and raised inflammatory markers	Patients ≥ 60 years	0.2 (0.2-0.3)
Shephard (2013)	Abdominal pain and thrombocytosis	Patients ≥ 60 years	0.5 (0.3-1)
Shephard (2013)	Abdominal pain and microcytosis	Patients ≥ 60 years	> 5 (NR)
Shephard (2013)	Abdominal pain and visible haematuria	Patients ≥ 60 years	2.8 (NR)
Shephard (2013)	Visible haematuria and back pain	Patients ≥ 60 years	0.7 (0.4-1.3)
Shephard (2013)	Visible haematuria and constipation	Patients ≥ 60 years	1 (NR)
Shephard (2013)	Visible haematuria and lower urinary tract infections	Patients ≥ 60 years	0.6 (0.4-1)
Shephard (2013)	Visible haematuria and fatigue	Patients ≥ 60 years	0.9 (NR)
Shephard (2013)	Visible haematuria and nausea	Patients ≥ 60 years	1.1 (NR)
Shephard (2013)	Visible haematuria and raised inflammatory markers	Patients ≥ 60 years	1.3 (0.7-2.2)
Shephard (2013)	Visible haematuria and thrombocytosis	Patients ≥ 60 years	2.1 (NR)
Shephard (2013)	Visible haematuria and microcytosis	Patients ≥ 60 years	1.5 (NR)
Shephard (2013)	Constipation and back pain	Patients ≥ 60 years	0.2 (0.1-0.2)
Shephard (2013)	Constipation and lower urinary tract infections	Patients ≥ 60 years	0.1 (0.1-0.2)
Shephard (2013)	Constipation and fatigue	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Constipation and nausea	Patients ≥ 60 years	0.2 (0.1-0.2)
Shephard (2013)	Constipation and raised inflammatory markers	Patients ≥ 60 years	0.3 (0.2-0.4)
Shephard (2013)	Constipation and thrombocytosis	Patients ≥ 60 years	0.3 (0.2-0.5)
Shephard (2013)	Constipation and microcytosis	Patients ≥ 60 years	0.6 (NR)
Shephard (2013)	Back pain and lower urinary tract infections	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Back pain and fatigue	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Back pain and nausea	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Back pain and raised inflammatory markers	Patients ≥ 60 years	0.2 (0.1-0.2)
Shephard (2013)	Back pain and thrombocytosis	Patients ≥ 60 years	0.3 (0.2-0.4)
Shephard (2013)	Back pain and microcytosis	Patients ≥ 60 years	0.3 (0.1-0.6)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Shephard (2013)	Lower urinary tract infections and fatigue	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Lower urinary tract infections and nausea	Patients ≥ 60 years	0.2 (0.1-0.4)
Shephard (2013)	Lower urinary tract infections and raised inflammatory markers	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Lower urinary tract infections and thrombocytosis	Patients ≥ 60 years	0.3 (0.2-0.4)
Shephard (2013)	Lower urinary tract infections and microcytosis	Patients ≥ 60 years	0.4 (0.2-0.8)
Shephard (2013)	Fatigue and nausea	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2013)	Fatigue and raised inflammatory markers	Patients ≥ 60 years	0.2 (0.2-0.3)
Shephard (2013)	Fatigue and thrombocytosis	Patients ≥ 60 years	0.5 (0.3-0.9)
Shephard (2013)	Fatigue and microcytosis	Patients ≥ 60 years	0.4 (0.2-0.8)
Shephard (2013)	Nausea and raised inflammatory markers	Patients ≥ 60 years	0.2 (0.2-0.3)
Shephard (2013)	Nausea and thrombocytosis	Patients ≥ 60 years	0.4 (0.2-0.6)
Shephard (2013)	Nausea and microcytosis	Patients ≥ 60 years	0.5 (NR)
Shephard (2013)	Raised inflammatory markers and thrombocytosis	Patients ≥ 60 years	0.4 (0.3-0.5)
Shephard (2013)	Raised inflammatory markers and microcytosis	Patients ≥ 60 years	0.7 (0.5-1)
Shephard (2013)	Thrombocytosis and microcytosis	Patients ≥ 60 years	0.6 (0.4-1)

NR = Not reported. TP = True positives, FP = False positives. Shephard (2013) calculated the positive predictive values using Bayesian statistics.

**Table 60: Positive predictive values for any childhood cancer: All patients<sup>j</sup>**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2012)	Any NICE alert symptom 0-3 months before diagnosis	All included patients	0.055 (0.047-0.065) Cases: 342/1267 Control: 211/15318
Dommett (2012)	Any NICE alert symptom 0-12 months before diagnosis	All included patients	0.07 (0.064-0.078) Cases: 427/1267 Control: 829/15318
Dommett (2012)	Neurological symptoms	All included patients	0.083 (0.067-0.105)

<sup>j</sup> This table is included in the evidence review for renal cancer because one of the cancers of childhood is renal cancer.

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
	0-12 months before diagnosis		Cases: 108/1267 Control: 207/15318
Dommett (2012)	Headache 0-12 months before diagnosis	All included patients	0.064 (0.051-0.082) Cases: 90/1267 Control: 224/15318
Dommett (2013)	Headache 0-3 months before diagnosis	All included patients	0.06 (0.04-0.08) Cases: 73/1267 Control: 55/15318
Dommett (2013)	Headache 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.13 (0.08-0.22)
Dommett (2012)	Lymphadenopathy 0-12 months before diagnosis	All included patients	0.096 (0.074-0.126) Cases: 82/1267 Control: 136/15318
Dommett (2013)	Lymphadenopathy 0-3 months before diagnosis	All included patients	0.09 (0.06-0.13) Cases: 69/1267 Control: 33/15318
Dommett (2013)	Lymphadenopathy 0-3 months before diagnosis and $\leq$ 3 consultations	All included patients	0.2 (0.1-0.39)
Dommett (2012)	Lump/mass/swelling 0-12 months before diagnosis	All included patients	0.172 (0.119-0.25) Cases: 56/1267 Control: 52/15318
Dommett (2013)	Lump/mass/swelling below neck excluding abdomen 0-3 months before diagnosis	All included patients	0.11 (0.06-0.2) Cases: 42/1267 Control: 16/15318
Dommett (2013)	Lump/mass/swelling below neck excluding abdomen 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.3 (0.09-0.99)
Dommett (2012)	Fatigue 0-12 months before diagnosis	All included patients	0.085 (0.06-0.121) Cases: 47/1267 Control: 88/15318
Dommett (2013)	Fatigue 0-12 months before diagnosis	All included patients	0.07 (0.04-0.12) Cases: 42/1267 Control: 24/15318
Dommett (2013)	Fatigue 0-12 months before diagnosis and $\geq$ 3 consultations	All included patients	0.12 (0.06-0.23)
Dommett (2012)	Back pain 0-12 months before diagnosis	All included patients	0.088 (0.06-0.128) Cases: 40/1267 Control: 73/15318
Dommett (2012)	Bruising 0-12 months before diagnosis	All included patients	0.08 (0.054-0.118) Cases: 38/1267 Control: 76/15318
Dommett (2013)	Bruising 0-3 months before diagnosis	All included patients	0.08 (0.05-0.13) Cases: 33/1267 Control: 18/15318

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013)	Bruising 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.38 (0.09-1.64)
Dommett (2013)	Pallor 0-3 months before diagnosis	All included patients	0.41 (0.12-1.34) Cases: 33/1267 Control: 18/15318
Dommett (2013)	Pallor 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.76 (0.1-5.7)
Dommett (2013)	Lump mass swelling head and neck 0-3 months before diagnosis	All included patients	0.3 (0.1-0.84) Cases: 28/1267 Control: 4/15318
Dommett (2013)	Lump mass swelling head and neck 0-3 months before diagnosis and $\leq$ 3 consultations	All included patients	0.76 (0.1-5.7)
Dommett (2013)	Abnormal movement 0-3 months before diagnosis	All included patients	0.08 (0.04-0.14) Cases: 49/1267 Control: 26/15318
Dommett (2013)	Abnormal movement 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.15 (0.07-0.32)
Dommett (2013)	Bleeding 0-3 months before diagnosis	All included patients	0.06 (0.03-0.1) Cases: 28/1267 Control: 21/15318
Dommett (2013)	Bleeding 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.11 (0.04-0.31)
Dommett (2013)	Visual symptoms 0-3 months before diagnosis	All included patients	0.06 (0.03-0.10) Cases: 28/1267 Control: 21/15318
Dommett (2013)	Visual symptoms 0-3 months before diagnosis and $\leq$ 3 consultations	All included patients	0.23 (0.07-0.77)
Dommett (2013)	Pain 0-3 months before diagnosis	All included patients	0.04 (0.03-0.06) Cases: 42/1267 Control: 41/15318
Dommett (2013)	Pain 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.14 (0.07-0.31)
Dommett (2013)	Musculoskeletal symptoms 0-3 months before diagnosis	All included patients	0.04 (0.03-0.07) Cases: 107/1267 Control: 102/15318
Dommett (2013)	Musculoskeletal symptoms 0-3 months before diagnosis and $\geq$ 3 consultations	All included patients	0.13 (0.08-0.19)
Dommett (2012)	Urinary symptoms 0-12 months before diagnosis	All included patients	0.266 (0.117-0.609) Cases: 15/1267

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
			Control: 9/15318
Dommett (2013)	≥ 3 consultations	All included patients	0.02
Dommett (2013)	Childhood infection 0-3 months before diagnosis	All included patients	Cases: 54/1267 Control: 236/15318
Dommett (2013)	Upper respiratory tract infection 0-3 months before diagnosis	All included patients	Cases: 143/1267 Control: 942/15318
Dommett (2013)	Vomiting 0-3 months before diagnosis	All included patients	Cases: 86/1267 Control: 105/15318
Dommett (2013)	Cough 0-3 months before diagnosis	All included patients	Cases: 77/1267 Control: 654/15318
Dommett (2013)	Rash 0-3 months before diagnosis	All included patients	Cases: 63/1267 Control: 555/15318
Dommett (2013)	Abdominal pain 0-3 months before diagnosis	All included patients	Cases: 60/1267 Control: 137/15318
Dommett (2013)	Abdominal mass 0-3 months before diagnosis	All included patients	Cases: 48/1267 Control: 0/15318
Dommett (2013)	Fever 0-3 months before diagnosis	All included patients	Cases: 49/1267 Control: 166/15318
Dommett (2013)	Eye swelling 0-3 months before diagnosis	All included patients	Cases: 39/1267 Control: 238/15318
Dommett (2013)	Shortness of breath 0-3 months before diagnosis	All included patients	Cases: 35/1267 Control: 221/15318
Dommett (2013)	Constipation 0-3 months before diagnosis	All included patients	Cases: 26/1267 Control: 61/15318
Dommett (2012)	Hepatosplenomegaly 0-12 months before diagnosis	All included patients	2.19 (0.295-17.034) Cases: 14/1267 Control: 1/15318

The positive predictive values are calculated using Bayesian statistics.

**Table 61: Positive predictive values for any childhood cancer: Patients aged 0-4 years<sup>k</sup>**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2012)	Any NICE alert symptom 0-3 months before diagnosis	Patients aged 0-4 years	0.081 (0.059-0.112) Cases: 96/436 Control: 55/4802
Dommett (2012)	Any NICE alert symptom 0-12 months before diagnosis	Patients aged 0-4 years	0.093 (0.077-0.113) Cases: 124/436 Control: 248/4802
Dommett (2012)	Neurological symptoms 0-12 months before diagnosis	Patients aged 0-4 years	0.076 (0.054-0.107) Cases: 43/436 Control: 105/4802
Dommett (2012)	Headache 0-12 months	Patients aged 0-4	0.135 (0.055-0.335)

<sup>k</sup> This table is included in the evidence review for renal cancer because one of the cancers of childhood is renal cancer.

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value (95% CI) Frequency</b>
	before diagnosis	years	Cases: 8/436 Control: 11/4802
Dommett (2012)	Lymphadenopathy 0-12 months before diagnosis	Patients aged 0-4 years	0.061 (0.037-0.1) Cases: 20/436 Control: 61/4802
Dommett (2012)	Lump/mass/swelling 0-12 months before diagnosis	Patients aged 0-4 years	0.198 (0.099-0.399) Cases: 16/436 Control: 15/4802
Dommett (2012)	Fatigue 0-12 months before diagnosis	Patients aged 0-4 years	0.087 (0.048-0.16) Cases: 15/436 Control: 32/4802
Dommett (2012)	Back pain 0-12 months before diagnosis	Patients aged 0-4 years	0.186 (0.047-0.742) Cases: 4/436 Control: 4/4802
Dommett (2012)	Bruising 0-12 months before diagnosis	Patients aged 0-4 years	0.155 (0.086-0.279) Cases: 20/436 Control: 24/4802
Dommett (2012)	Urinary symptoms 0-12 months before diagnosis	Patients aged 0-4 years	0.739 (0.159-3.496) Cases: 8/436 Control: 2/4802
Dommett (2012)	Hepatosplenomegaly 0-12 months before diagnosis	Patients aged 0-4 years	1.286 (0.161-10.569) Cases: 7/436 Control: 1/4802

The positive predictive values are calculated using Bayesian statistics.

**Table 62: Positive predictive values for any childhood cancer: Patients aged 5-14 years<sup>1</sup>**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value (95% CI) Frequency</b>
Dommett (2012)	Any NICE alert symptom 0-3 months before diagnosis	Patients aged 5-14 years	0.056 (0.047-0.068) Cases: 246/831 Control: 156/10516
Dommett (2012)	Any NICE alert symptom 0-12 months before diagnosis	Patients aged 5-14 years	0.075 (0.066-0.084) Cases: 303/831 Control: 581/10561
Dommett (2012)	Neurological symptoms 0-12 months before diagnosis	Patients aged 5-14 years	0.091 (0.067-0.123) Cases: 65/831 Control: 102/10516
Dommett (2012)	Headache 0-12 months before diagnosis	Patients aged 5-14 years	0.055 (0.043-0.07) Cases: 82/831 Control: 213/10516
Dommett (2012)	Lymphadenopathy 0-12 months before diagnosis	Patients aged 5-14 years	0.118 (0.085-0.164) Cases: 62/831 Control: 75/10516
Dommett (2012)	Lump/mass/swelling 0-	Patients aged 5-14	0.154 (0.099-0.24)

<sup>1</sup> This table is included in the evidence review for renal cancer because one of the cancers of childhood is renal cancer.

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
	12 months before diagnosis	years	Cases: 40/831 Control: 37/10516
Dommett (2012)	Fatigue 0-12 months before diagnosis	Patients aged 5-14 years	0.082 (0.053-0.125) Cases: 32/831 Control: 56/10516
Dommett (2012)	Back pain 0-12 months before diagnosis	Patients aged 5-14 years	0.075 (0.05-0.111) Cases: 36/831 Control: 69/10516
Dommett (2012)	Bruising 0-12 months before diagnosis	Patients aged 5-14 years	0.049 (0.029-0.084) Cases: 18/831 Control: 52/10516
Dommett (2012)	Urinary symptoms 0-12 months before diagnosis	Patients aged 5-14 years	0.143 (0.05-0.407) Cases: 7/831 Control: 7/10516
Dommett (2012)	Hepatosplenomegaly 0-12 months before diagnosis	Patients aged 5-14 years	Cases: 7/831 Control: 0/10516

*The positive predictive values are calculated using Bayesian statistics.*

### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of abdominal ultrasound, urine cytology, x-ray, intravenous pyelogram, or CT scan of the abdomen and pelvis in patients with suspected renal cancer where the clinical responsibility was retained by primary care.

### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) for renal cancer if they are aged 45 and over and have:</b></p> <ul style="list-style-type: none"> <li><b>unexplained visible haematuria without urinary tract infection or</b></li> <li><b>visible haematuria that persists or recurs after successful treatment of urinary tract infection. [new 2015]</b></li> </ul>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of renal cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict renal cancer.</p>
Quality of the evidence	<p><u>Signs and symptoms of renal cancer</u> The quality of the evidence as assessed by QUADAS-II varied from low to high for the positive predictive values for the different</p>

	<p>symptoms. The GDG noted some limitations of the evidence. Firstly, all the evidence with the exception of two papers had merged all urinary tract cancers making it difficult to tease out the specifics related to renal cancer. Secondly, the evidence did not distinguish between visible and non-visible haematuria, but largely grouped these two together as haematuria. The GDG judged, based on their clinical experience, that most of that evidence was likely to reflect visible haematuria.</p> <p><b>Investigations in primary care for renal cancer</b></p> <p>No evidence was found pertaining to the diagnostic accuracy of abdominal ultrasound, urine cytology, intravenous pyelogram, abdominal/pelvic CT scan or X-ray in primary care patients with suspected renal cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with renal cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without renal cancer who get inappropriately referred whilst maximising the number of people with renal cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with renal cancer outweighed the disadvantages to those without.</p> <p>The GDG noted, based on the evidence, that visible haematuria presenting in a primary care setting was associated with a positive predictive value of above 3% for renal cancer. They therefore recommended this symptom should prompt a suspected cancer pathway referral.</p> <p>The GDG also noted that, based on the evidence, the positive predictive value of visible haematuria for renal cancer increased with age. They therefore agreed to recommend referral for those people aged 45 or over.</p> <p>The GDG agreed, based on their clinical experience that urinary tract infections often cause visible haematuria. They therefore recommended that if visible haematuria persists or recurs after successful treatment of urinary tract infection, a suspected cancer pathway referral should be made.</p> <p>Although the symptoms of abdominal pain and microcytosis had positive predictive values above 3%, the GDG noted that referral for colorectal cancer would normally be the first direction of investigation for these symptoms. They therefore agreed not to make any recommendations for these symptoms related to renal cancer.</p> <p>The GDG noted the absence of evidence for investigations for renal cancer in primary care. Based on their clinical experience they considered that whilst ultrasound is an investigation commonly used to diagnose renal cancer in secondary care, it could have value as an investigation in primary care.</p>

	<p>The GDG considered that the clinical benefits of renal ultrasound performed in primary care would be to expedite renal cancer diagnosis in people whose symptoms may otherwise not be investigated. However, the GDG recognised that it was difficult to define exactly which symptoms should prompt an ultrasound and consequently some people without renal cancer may also be investigated unnecessarily. The GDG therefore felt unable to make any recommendations on primary care-based investigations for renal cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for a suspected cancer pathway referral for visible haematuria is likely to result in a cost decrease because of the introduction of an age limit. However, the recommendation to refer if there is persistent/recurrent urinary tract infection is likely to represent a small to moderate increase in costs. Overall the GDG agreed these were likely to balance each other.</p>
Other considerations	<p>The GDG noted that visible haematuria is a symptom which is common to cancers of the urinary tract. It was therefore, agreed that recommendations for referral of haematuria would need to be consistent for these cancer sites.</p>

## 12.4 Testicular cancer

Over 2,000 new testicular cancers are diagnosed each year in the UK, so a full-time GP will usually diagnose one new person with testicular cancer during their career. It is atypical in terms of the age-groups affected. The peak age of onset is 30-34 years, although it can occur in older males. It is the commonest cancer in males between 16 and 24 years. Five-year survival is almost 100%.

Testicular cancer usually presents as a change in the shape or texture of the testis. This may be painful. It can present as disseminated disease, particularly with lymph node spread.

Testicular cancer can be seen on ultrasound of the testis, a test available in primary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

- **What is the risk of testicular cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected testicular cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

No primary care evidence was identified pertaining to the risk of testicular cancer in patients presenting with symptoms in primary care.

#### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of ultrasound in patients with suspected testicular cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	<p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for testicular cancer in men if they have a non-painful enlargement or change in shape or texture of the testis. [new 2015]</b></p> <p><b>Consider a direct access ultrasound scan for testicular cancer in men with unexplained or persistent testicular symptoms. [new 2015]</b></p>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of testicular cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict testicular cancer. No evidence was found on this outcome.</p> <p><u>Investigations in primary care for testicular cancer</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of testicular cancer</u> No evidence was found pertaining to the positive predictive values of different symptoms of testicular cancer in primary care.</p> <p><u>Investigations in primary care for testicular cancer</u> No evidence was found pertaining to the diagnostic accuracy of ultrasound in primary care patients with suspected testicular cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those men with testicular cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of men without testicular cancer who get inappropriately referred whilst maximising the number of men with testicular cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with testicular cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the</p>

	<p>positive predictive values of symptoms for testicular cancer.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected testicular cancer as it is a very treatable disease and diagnosis at an early stage improves outcome. However, the GDG were aware that most men presenting with scrotal symptoms do not have testicular cancer. They therefore needed to use caution when specifying which symptoms should prompt referral so that excessive referral was avoided.</p> <p>The GDG agreed, based on their clinical experience, that non-painful enlargement or change in shape or texture of the testis were likely to be the typical symptoms of testicular cancer and should prompt a suspected cancer pathway referral. The GDG noted, that although pain can be indicative of cancer, pain in the testes does not often result from testicular cancer. They therefore did not include this symptom in the recommendation as they agreed it would be likely to result in over-referral.</p> <p>The GDG acknowledged that there may be a small number of men with atypical presentations of testicular cancer, who would be missed by this recommendation. However, they agreed that if the symptoms resulted from testicular cancer, they were likely to worsen/persist rather than resolve.</p> <p>The GDG noted the lack of evidence on the diagnostic accuracy of ultrasound. However, based on their clinical experience, they noted that ultrasound was an accessible, non-invasive test that could be used to discriminate between malignant and non-malignant disorders of the testes. They therefore agreed to recommend that ultrasound be considered for those men with unexplained or persistent testicular symptoms in order to pick up those men with atypical presentations of testicular cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that referral for men with a non-painful enlargement or change in shape or texture of the testis is already current practice. In addition, ultrasound is a relatively inexpensive test and given the small numbers of men likely to be scanned, this was unlikely to represent a significant additional cost.</p>
Other considerations	<p>The GDG considered the situation for transgendered people, who retain any of the genital organs of their genetic sex. The recommendations for cancers generally found in a single sex, also extend to people who have the organs of that sex, whatever their gender.</p>

## 12.5 Penile cancer

Penile cancer is rare, with around 500 cases diagnosed each year in the UK. A full time GP is likely to diagnose only one – if any – person with penile cancer during their career. Nearly all are squamous cell cancers.

Penile cancer is usually seen as a raised lesion. Because of its rarity, few studies have reported its clinical features. It can be difficult to differentiate penile cancer from the commoner lesions seen with some sexually transmitted diseases.

It is often possible to diagnose a typical penile cancer visually, but confirmation of the diagnosis is generally made by excision biopsy in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

- **What is the risk of penile cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected penile cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

No primary care evidence was identified pertaining to the risk of testicular cancer in patients presenting with symptoms in primary care.

#### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of tests used in patients with suspected penile cancer where the clinical responsibility was retained by primary care. Cost-effectiveness evidence

#### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendation</b>	<p>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for penile cancer in men if they have either:</p> <ul style="list-style-type: none"><li>• a penile mass or ulcerated lesion, where a sexually transmitted infection has been excluded as a cause or</li><li>• a persistent penile lesion after treatment for a sexually transmitted infection has been completed. [new 2015]</li></ul> <p>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for penile cancer in men with unexplained or persistent symptoms affecting the foreskin or glans. [new 2015]</p>
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Relative value placed on the outcomes considered	<p><b>Signs and symptoms of penile cancer</b> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict penile cancer. No evidence was found on this outcome.</p> <p><b>Investigations in primary care for penile cancer</b> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
Quality of the evidence	<p><b>Signs and symptoms of penile cancer</b> No evidence was found pertaining to the positive predictive values of different symptoms of penile cancer in primary care.</p> <p><b>Investigations in primary care for penile cancer</b> No evidence was found pertaining to the diagnostic accuracy of tests used in primary care patients with suspected penile cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those men with penile cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of men without penile cancer who get inappropriately referred whilst maximising the number of men with penile cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with penile cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for penile cancer.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected penile cancer.</p> <p>The GDG noted that, based on their clinical experience, penile lesions can be a symptom of penile cancer. However they acknowledged that most penile lesions are caused by sexually transmitted infections rather than cancer. They therefore agreed that a suspected cancer pathway referral should only be recommended after sexually transmitted infections had been excluded as the cause of a penile lesion, in order to reduce inappropriate urological referrals. The GDG also agreed that referral should be considered for those men with other unexplained or persistent symptoms of foreskin and/or glans.</p>

	<p>The GDG discussed whether an age threshold should be included in the recommendations, as penile cancer is rare in men under 60. However it was noted that the demographics of penile cancer may be changing to include younger men. The GDG therefore agreed not to include an age threshold in the recommendations.</p> <p>Due to the lack of evidence, the GDG were not able to recommend a particular test for the primary care investigation of penile cancer. Equally, the GDG were not able to recommend that no tests be done in primary care. Therefore they agreed not to make any recommendations on this issue.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p>
	<p>The GDG considered that the recommendations made were similar to current clinical practice and therefore would not require additional funding. In addition, they noted that penile cancer is very rare and does not affect many men. They therefore agreed the recommendations were likely to be cost-neutral.</p>
Other considerations	<p>The GDG noted that the previous guidance had made specific recommendations about men with Peyronie's disease. It was agreed that this group of men would be covered by the recommendation made and did not require specific mention.</p> <p>The GDG considered the situation for transgendered people, who retain any of the genital organs of their genetic sex. The recommendations for cancers generally found in a single sex, also extend to people who have the organs of that sex, whatever their gender.</p>

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### **Testicular cancer**

None

### **Penile cancer**

None

# 13 Skin cancers

## 13.1 Melanoma of the skin

Just over 13,000 new melanomas are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with melanoma every 3-5 years. Five year survival is 90%.

Melanoma is usually seen as a pigmented lesion on the skin; a number of typical features of the lesion have been described. Rarely, nodular and amelanotic melanomas may occur. The cancer may also present after spread to the regional lymph nodes or wider metastases.

The main method of diagnosis is by excision biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

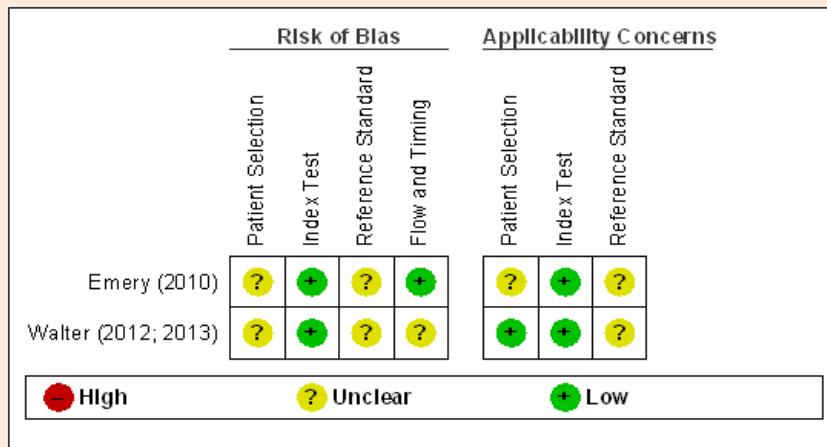
- What is the risk of melanoma in patients presenting in primary care with symptom(s)?
- Which investigations of symptoms of suspected melanoma should be done with clinical responsibility retained by primary care?

### Clinical evidence

#### Signs and symptoms

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias risks and applicability concerns that the studies are subject to relate to (1) the patient sampling method not clearly being consecutive or random, (2) the extent to which the study setting matches UK primary care, (3) the quality of the reference standard, which may not always reliably diagnose the symptoms, (4) the fact that the reference standard did not in all cases match that of the current question, namely histology, and 5) data missing.



#### Evidence statement

Pigmented skin lesions presenting in a primary care setting are associated with positive predictive values of 0.8-5.1% for melanoma (2 studies, N = 2784 lesions), and the positive predictive values increased proportionally to the number of different risk features the lesions

displayed up to 15.7% (1 study, 1436 lesions). The studies were associated with 4 bias/applicability concerns (see also Table 63).

**Table 63: Melanoma: Study results.**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI) Prevalence</b>
Emery (2010)  Lesion-based analysis	Pigmented lesion	All included patients	1.4 (0.8-2.3) 17/1211
		England sample	0.8 (0.3-2) 5/630
		Australia sample	1.9 (1-3.5) 11/581
Walter (2012)  Lesion-based analysis	Suspicious pigmented lesions	All included patients	2.3 (1.6-3.2) 36/1573
Walter (2013)  Lesion-based analysis	7PCL: Suspicious pigmented lesions: Change in size of lesion	All included patients	3.8 (2.5-5.5) 26/693
Walter (2013)  Lesion-based analysis	7PCL: Suspicious pigmented lesions: Irregular pigmentation	All included patients	4.4 (3.1-6.3) 31/702
Walter (2013)  Lesion-based analysis	7PCL: Suspicious pigmented lesions: Irregular border	All included patients	5.1 (3.4-7.5) 25/492
Walter (2013)  Lesion-based analysis	7PCL: Suspicious pigmented lesions: Inflammation	All included patients	4.5 (1.9-10.1) 6/132
Walter (2013)  Lesion-based analysis	7PCL: Suspicious pigmented lesions: Itch or altered sensation	All included patients	2.3 (1.1-4.4) 9/397
Walter (2013)  Lesion-based analysis	7PCL: Suspicious pigmented lesions: Lesion larger than other (diameter > 7 mm)	All included patients	3.9 (2.6-5.7) 27/695
Walter (2013)  Lesion-based analysis	7PCL: Suspicious pigmented lesions: Oozing/crusting of lesion	All included patients	4.9 (2.1-10.1) 7/144
Walter (2013)  Lesion-based analysis	Original 7PCL: Score $\geq 1^*$	All included patients	2.7 (1.9-3.8) 36/1334
Walter (2013)  Lesion-based	Original 7PCL: Score $\geq 2^*$	All included patients	3.3 (2.4-4.7) 34/1016

<b>Study analysis</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI) Prevalence</b>
Walter (2013)	Original 7PCL: Score $\geq 3^*$	All included patients	5.1 (3.5-7.4) 29/565
Lesion-based analysis			
Walter (2013)	Original 7PCL: Score $\geq 4^*$	All included patients	8.2 (5.2-12.5) 20/245
Lesion-based analysis			
Walter (2013)	Original 7PCL: Score $\geq 5^*$	All included patients	12.3 (6.1-22.6) 9/73
Lesion-based analysis			
Walter (2013)	Original 7PCL: Score $\geq 6^*$	All included patients	10.5 (1.8-34.5) 2/19
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 1^{**}$	All included patients	2.7 (1.9-3.8) 36/1334
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 2^{**}$	All included patients	2.9 (2.1-4.1) 36/1221
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 3^{**}$	All included patients	3.4 (2.4-4.8) 33/969
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 4^{**}$	All included patients	4.8 (3.4-6.8) 33/685
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 5^{**}$	All included patients	5.9 (4-8.5) 27/459
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 6^{**}$	All included patients	8.3 (5.4-12.6) 21/252
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 7^{**}$	All included patients	10.9 (6.7-17.1) 17/156
Lesion-based analysis			
Walter (2013)	Weighted 7PCL: Score $\geq 8^{**}$	All included patients	15.7 (7.5-29.1) 8/51
Lesion-based analysis			

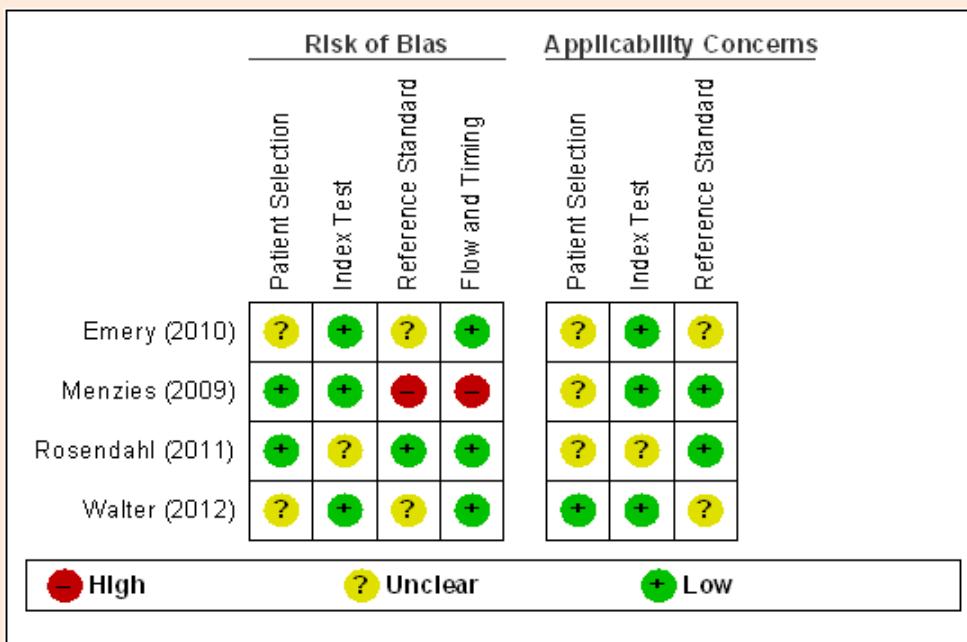
Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Prevalence
Walter (2013)  Lesion-based analysis	Weighted 7PCL: Score $\geq 9^{**}$	All included patients	8.3 (0.4-40.2) 1/12

\* Original 7PCL consists of 7 items (change in shape, size and/or colour, inflammation, crusting/bleeding, sensory change, diameter  $\geq 7$  mm) and each present feature score 1 point. \*\* The Weighted 7PCL consists of the same 7 items, but these are divided into major (change in shape, size and/or colour) scoring 2 points each and minor (inflammation, crusting/bleeding, sensory change, diameter  $\geq 7$  mm) scoring 1 point.

### Investigations in primary care

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issues to note are that the study populations may not be directly representative of an unselected symptomatic population of patients presenting to the UK-based GP, that the criteria for malignancy of the index test are not specified in one case which may limit its external validity, and that the results presented are based on a best case scenario, and are therefore likely to be inflated, and only available for skin malignancy as a whole in some cases and not for melanoma separately. The reference standards employed were also subject to high or unclear risk of bias in the majority of the studies.



#### Evidence statement

SIAscan/MoleMate (2 studies, N = 1977 lesions) performed in symptomatic patients presenting in a primary care setting is associated with sensitivities ranging between 44-100%, specificities ranging between 71.79-95%, positive predictive values ranging between 7.86-52%, and false negativity rates ranging between 0-56% for skin cancer/ melanoma. The studies were each associated with 3-4 bias/applicability concerns (see also Table 64).

Dermatoscopy/dermoscopy with and without clinical images or sequential digital dermoscopy imaging (2 studies, N = 794 lesions) performed in symptomatic patients presenting in a primary care setting is associated with sensitivities ranging between 53.1- 82.6%, specificities ranging between 80-92.8%, positive predictive values ranging between 34-

44.4%, and false negativity rates ranging between 17.4-46.9% for skin cancer/ melanoma. The studies were each associated with 3 bias/applicability concerns (see also Table 65).

**Table 64: Melanoma: SIAscan/MoleMate**

Study	Intervention	Prevalence	Sensitivity % (95% CI)	Specificity % (95% CI)	Positive predictive value % (95% CI)	False negativity rate %
Emery (2010)	SIAscan/MoleMate : Moncrieff scoring system	England development set: 24 “suspicious” and 3 melanomas /422 lesions	54 (35-72)	77 (73-81)	12 (7.5-20)	46
Emery (2010)	SIAscan/MoleMate : Primary scare scoring algorithm	England validation set: 6 “suspicious” and 2 melanomas /208 lesions	50 (18-81)	84 (78-88)	9 (3-22)	50
Emery (2010)	SIAscan/MoleMate : Primary scare scoring algorithm	Australia dataset: 45 “suspicious” and 11 melanomas /581 lesions	44 (32-58)	95 (93-97)	52 (38-66)	56
Walter (2012)	SIAscan/MoleMate	18 melanomas/ 766 lesions	100 (78.1-100)	71.79 (68.4-75)	7.86 (4.9-12.3)	0

**Table 65: Melanoma: Dermoscopy/dermatoscopy**

Study	Intervention	Prevalence	Sensitivity % (95% CI)	Specificity % (95% CI)	Positive predictive value % (95% CI)	False negativity rate %
Menzies (2009)	Dermoscopy	Unclear/331 lesions	53.1 (34.7-70.9)	89 (84.9-92.3)	34 (21.2-48.8)	46.9
Menzies (2009)	Dermoscopy ± sequential digital dermoscopy imaging	Unclear/331 lesions	71.9 (53.3-86.3)	86.6 (82.2-90.3)	36.4 (24.7-49.6)	28.1
Menzies (2009)	Sequential digital dermoscopy imaging	Unclear/149 lesions	72.7 (39-94)	92.8 (87.1-96.5)	44.4 (21.5-69.2)	27.3
Rosendah I (2011)	Clinical images and dermatoscopy	138 malignancies/463 lesions	82.6	80	Not reported	17.4

*There was no evidence relating to the diagnostic accuracy of biopsy or ophthalmoscopy for diagnosing melanoma in a primary care setting.*

## Cost-effectiveness evidence

### Evidence statement

Wilson et al (2012) compared the cost-effectiveness of the Molemate system (SIAscopy scanner integrated with a diagnostic algorithm) in addition to usual care (clinical history, naked eye examination and completion of a seven point checklist) in comparison to usual care alone for the diagnosis of potentially suspicious lesions. The authors found that the addition of the Molemate system would increase lifetime costs by £18 and yield an additional 0.01 QALYs per patient. The resulting ICER of £1,896 per QALY falls well below the NICE threshold of £20,000 per QALY and so the base case results suggest that Molemate is a cost-effective addition to usual care.

The addition of the Molemate scan also appears to be cost-effective in an alternative analysis in which East of England cancer registry data were used rather than the trial data with an ICER of £3,172 per QALY. Furthermore, a threshold analysis showed that the cost of adding the Molemate scan would have to exceed £290 for it to no longer be considered cost-effective at a threshold of £30,000 per QALY. The true cost of adding the Molemate scan is unlikely to be as high as this and so this too appears to be a strong result.

The probabilistic sensitivity analysis showed that, at a threshold of £20,000 per QALY, the addition of the Molemate scan was cost-effective in 60.3% of iterations. This suggests that there is considerable uncertainty, which the authors attribute to uncertainty in the sensitivity and specificity of Molemate versus usual care and the risk of disease progression in undiagnosed melanoma.

While these results appear favourable, further consideration needs to be given to the key effects that are driving the result. The results were primarily driven by the differences in diagnostic accuracy between the two strategies, which were informed by RCT evidence showing that Molemate had higher sensitivity and lower specificity than usual care. However, only the lower specificity result was found to be statistically significant. Indeed, the conclusion drawn from the trial was that Molemate did not add to best application of NICE guidelines in terms of appropriateness of referral.

Furthermore, the implications of the diagnostic accuracy data used in the model is that both appropriate and inappropriate referrals would be increased by using the Molemate system (driven by better sensitivity and poorer specificity, respectively). Therefore, the results of the model essentially suggest that benefits of picking up more cancer through appropriate referral outweigh the costs of making more inappropriate referrals. In other words, a policy of 'over-referring' may be cost-effective.

This interpretation has implications for the cost-effectiveness of the Molemate system itself as it could be argued that the Molemate system is not actually required to achieve such a policy. Being less strict as primary care gatekeepers would very likely lead to similarly cost-effective outcomes without the need for the additional spending on the Molemate system. Indeed, it could be further argued that it would be counter-intuitive to spend money on a system that has only been proven to decrease specificity in comparison to current best practice.

**Table 66: Modified GRADE table showing the included evidence (Wilson et al. 2012) on the cost-effectiveness of adding the molemate system to standard care in patients presenting in primary care with suspected melanoma.**

Study	Population	Comparators	Costs	Effects	Incr costs	Incr effects	ICER	Uncertainty	Applicability and limitations
Wilson et al. 2012 UK study considering NHS and PSS perspective.	Patients presenting in primary care with at least one suspicious pigmented lesion.	Standard Care: Lesions assessed by lead clinician following NICE guidelines including clinical history, naked eye examination and completion of 7 point checklist.	£1115	15.098 QALYs				Threshold Sensitivity Analysis The maximum cost per Molemate scan which would result in an ICER less than £30,000 was found to be £290 per consultation.	Directly Applicable Analysis conducted from a UK Health Service perspective. Results reported as incremental cost per QALY.
Cost-utility analysis (CUA)		Standard Care (as above) plus the addition of the Molemate system (SIAscopy scanner integrated with a diagnostic algorithm)	£1133	15.108 QALYs	£18	0.01 QALYs	£1896 per QALY	Deterministic Sensitivity Analysis Use of East of England cancer registry data rather than trial data resulted in an ICER of £3,172 per QALY  Probabilistic Sensitivity Analysis 66.1% of iterations led to an ICER below £30,000 per QALY. The molemate system was dominant in 19.6% and dominated in 7.9% of iterations.	Minor Limitations Further one-way sensitivity analysis could have been conducted.

<b>Recommendations</b>	<p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) for melanoma if they have a suspicious pigmented skin lesion with a weighted 7-point checklist score of 3 or more.</b></p> <p><b>Major features of the lesions (scoring 2 points each):</b></p> <ul style="list-style-type: none"><li>• <b>change in size</b></li><li>• <b>irregular shape</b></li><li>• <b>irregular colour.</b></li></ul> <p><b>Minor features of the lesions (scoring 1 point each):</b></p> <ul style="list-style-type: none"><li>• <b>largest diameter 7 mm or more</b></li><li>• <b>inflammation</b></li><li>• <b>oozing</b></li><li>• <b>change in sensation.</b></li></ul> <p><b>[new 2015]</b></p> <p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) if dermoscopy suggests melanoma of the skin. [new 2015]</b></p> <p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for melanoma in people with a pigmented or non-pigmented skin lesion that suggests nodular melanoma. [new 2015]</b></p>
Relative value placed on the outcomes considered	<p><u><b>Signs and symptoms of melanoma</b></u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict melanoma.</p> <p><u><b>Investigations in primary care for melanoma</b></u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. Although sensitivity and specificity were reported, the GDG agreed that the most informative outcomes were the positive predictive values (because these gave the risk of a patient harbouring cancer), and the false negative rates (to inform whether a negative test obviated the need for further safety-netting).</p>
Quality of the evidence	<p><u><b>Signs and symptoms of melanoma</b></u></p> <p>The evidence consisted of two relatively small studies, and the quality of the evidence was assessed by QUADAS-II as not high quality. The GDG noted the following limitations with the evidence reviewed: the studies were conducted in a setting which was not representative of UK primary care; used lesion-, not patient-based analyses; and/or used a reference standard of questionable reliability.</p> <p><u><b>Investigations in primary care for melanoma</b></u></p> <p>Evidence was identified for the accuracy of SIAScan/MoleMate and dermoscopy/dermatoscopy with and without clinical images. This evidence was assessed by QUADAS-II as low quality. The GDG noted several limitations with the evidence reviewed. Firstly, the study population of some of the studies were not directly</p>

	<p>representative of an unselected symptomatic population of patients presenting to UK-based primary care. Secondly, the criteria for malignancy of the index test were not specified in some studies, which may limit its external validity. Thirdly the results presented were lesion-, not patient-based and moreover based on a best case scenario in some of the studies, and therefore likely to be inflated. Fourthly the results were only available for skin malignancy as a whole in some studies and not for melanoma separately. Finally, the reference standard was sub-optimal in some studies, which may also have affected the results.</p> <p>No evidence was identified pertaining to the diagnostic accuracy of biopsy or ophthalmoscopy used in primary care patients with suspected melanoma.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with melanoma more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without melanoma who get inappropriately referred whilst maximising the number of people with melanoma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with melanoma outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that only very little evidence of questionable quality and/or relevance had been found on the positive predictive values of symptoms of and tests for melanoma.</p> <p>Despite the limited evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected melanoma.</p> <p>The GDG noted, based on their clinical experience, that melanoma is a highly malignant tumour that is, however, very curable when discovered early. The GDG also noted that melanoma is comparatively common in younger people, and that improvements in the early diagnosis of melanoma will be associated with relatively more life years gained.</p> <p>The GDG agreed, based on the evidence, that in people with skin lesions, dermatoscopy can differentiate between suspicious and non-suspicious skin lesions, and noted that this differentiation has the potential to result in a more efficient use of the suspected cancer pathway referral system (by only referring those people with skin lesions who are relatively more likely to have a malignancy). The GDG also acknowledged that the use of dermatoscopy requires specialist training and that dermatoscopy is not universally available in UK primary care. The GDG therefore did not make a recommendation that dermatoscopy should be used but agreed to recommend a suspected cancer pathway referral for people where dermatoscopy has been performed and suggests melanoma of the skin.</p> <p>The GDG noted that there was evidence available for both the</p>

	<p>original (unweighted) and the weighted 7-point checklist, and the GDG agreed that the weighted 7-point checklist is the more widely used. The GDG therefore agreed, based on the evidence, to recommend a suspected cancer pathway referral for people with a score of 3 or greater on the weighted 7-point checklist.</p> <p>The GDG agreed that it was important to have a recommendation on nodular or amelanotic melanomas based on their clinical opinion that the PPV of a lesion suggestive of nodular melanoma would exceed 3%. They therefore recommended a suspected cancer pathway referral be considered.</p> <p>The GDG agreed not to make any recommendations on the use of biopsy or ophthalmoscopy in primary care patients with suspected melanoma. No recommendation was made on the use of ophthalmoscopy in primary care patients with suspected melanoma because the GDG did not have evidence or sufficient experience of ocular melanoma to make a recommendation.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that one relevant, published economic evaluations had been identified in this area. The GDG noted that there was considerable uncertainty over the results of the Wilson et al. (2012) paper and therefore agreed not to base any recommendations on this evidence.</p> <p>The GDG noted that through using the 7-point checklist, the number of referrals of people who transpire not to have melanoma would probably be reduced. However, there may be more referrals based on dermatoscopy findings. Overall this may result in a small cost increase.</p>

## 13.2 Squamous cell carcinoma

Approximately 25,000 squamous cell carcinomas of the skin are diagnosed each year, with a full time GP likely to diagnose at least one person with squamous cell carcinoma every 1-2 years. Death from squamous cell carcinoma is rare, with the main advantage from early diagnosis being less extensive treatment. It is seen in both sexes.

Squamous cell carcinoma is usually seen as a raised lesion on the skin; a number of typical features of the lesion have been described.

It is often possible to diagnose a typical squamous cell carcinoma visually, but confirmation of the diagnosis is generally made by excision biopsy in accordance with NICE guidance on Improving Outcomes for People with Skin Tumours including Melanoma.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

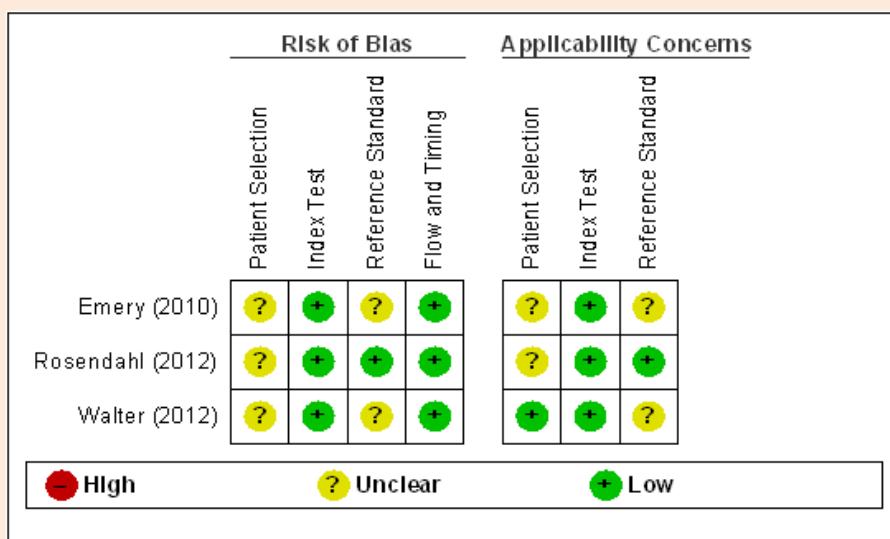
- **What is the risk of squamous cell carcinoma in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected squamous cell carcinoma should be done with clinical responsibility retained by primary care?**

## Clinical evidence

### Signs and symptoms

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias risks and applicability concerns that the studies are subject to relate to (1) the patient sampling method not clearly being consecutive or random, (2) the extent to which the study setting matches UK primary care, (3) the quality of the reference standard, which may not always reliably diagnose the symptoms, and (4) the fact that the reference standard did not in all cases match that of the current question, namely histology.



#### Evidence statement

Pigmented skin lesions (2 studies, N = 2784 lesions) presenting in a primary care setting do not seem to confer a risk of squamous cell carcinoma (1 case observed in total). The studies were associated with 3-4 bias and applicability concerns (See also Table 67).

Non-pigmented raised skin lesions (1 study, N = 206 lesions) presenting in a primary care setting are associated with a positive predictive value of 41.26% for squamous cell carcinoma. The study was associated with 2 bias and applicability concerns (See also Table 67).

**Table 67: Squamous cell carcinoma of the skin: Study results.**

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Prevalence
Emery (2010)  Patient-based analysis	Pigmented lesion	All included patients	0 (0-0.6) 0/858
		England sample	0 (0-1.2) 0/389
		Australia sample	0 (0-1) 0/469
Walter (2012)  Lesion, not patient,-based analysis	Suspicious pigmented lesions	All included patients	0.06 (0.003-0.4) 1/1573

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Prevalence
Rosendahl (2012)  Lesion, not patient,-based analysis	Non-pigmented raised skin lesions	All included patients	SCC total: 41.26 (34.5-48.3) 85/206
			SCC: 15.53 (11-21.4) 32/206
			Keratoacanthoma: 14.08 (9.8-19.8) 29/206
			Bowen disease: 11.65 (7.8-17) 24/206
		Females	SCC and KA: 31.81 (21.2-44.6) 21/66
		Males	SCC and KA: 28.57 (21.4-36.9) 40/140
	Non-pigmented raised skin lesions on head and neck	Patients with specific symptom	SCC and KA: 23.33 (15.3-33.7) 21/90
	Non-pigmented raised skin lesions on trunk	Patients with specific symptom	SCC and KA: 14.29 (6.4-27.9) 7/49
	Non-pigmented raised skin lesions on upper extremities	Patients with specific symptom	SCC and KA: 45.16 (27.8-63.7) 14/31
	Non-pigmented raised skin lesions on lower extremities	Patients with specific symptom	SCC and KA: 52.78 (35.7-69.2) 19/36
	Non-pigmented raised skin lesions with monomorphic vascular pattern	Patients with specific symptom	SCC and KA: 26.47 (19.5-34.8) 36/136
	Non-pigmented raised skin lesions with polymorphic vascular pattern	Patients with specific symptom	SCC and KA: 31.71 (18.6-48.2) 13/41
	Non-pigmented raised skin lesions with vessels absent	Patients with specific symptom	SCC and KA: 39.29 (22.1-59.3) 11/28
	Non-pigmented raised skin lesions with vessel morphologic findings: Dots	Patients with specific symptom	SCC and KA: 0 (0-95) 0/1
	Non-pigmented raised skin lesions with vessel morphologic findings: Coils	Patients with specific symptom	SCC and KA: 40 (30.1-49.8) 44/110
	Non-pigmented raised skin lesions with vessel morphologic findings: Serpentine	Patients with specific symptom	SCC and KA: 9.76 (4.6-18.8) 8/82

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Prevalence
	Non-pigmented raised skin lesions with vessel morphologic findings: Looped	Patients with specific symptom	SCC and KA: 41.67 (22.8-63.1) 10/24
	Non-pigmented raised skin lesions with vessel arrangement: No arrangement	Patients with specific symptom	SCC and KA: 36.7 (27.8-46.5) 40/109
	Non-pigmented raised skin lesions with vessel arrangement: Radial	Patients with specific symptom	SCC and KA: 41.18 (19.4-66.5) 7/17
	Non-pigmented raised skin lesions with vessel arrangement: Centered	Patients with specific symptom	SCC and KA: 0 (0-30.1) 0/12
	Non-pigmented raised skin lesions with vessel arrangement: Branched	Patients with specific symptom	SCC and KA: 0 (0-12.3) 0/35
	Non-pigmented raised skin lesions with vessel arrangement: Branched and radial	Patients with specific symptom	SCC and KA: 2/2 (TP = 2, FP = 0)
	Non-pigmented raised skin lesions with vessel arrangement: Others	Patients with specific symptom	SCC and KA: 100 (19.8-100) 0/2
	Non-pigmented raised skin lesions and keratin	Patients with specific symptom	SCC and KA: 52.17 (41.6-62.6) 48/92
	Non-pigmented raised skin lesions and ulceration	Patients with specific symptom	SCC and KA: 27.27 (13.9-45.8) 9/33
	Non-pigmented raised skin lesions with white structures: White clods	Patients with specific symptom	SCC and KA: 20 (5.3-48.6) 3/15
	Non-pigmented raised skin lesions with white structures: White structureless zones	Patients with specific symptom	SCC and KA: 47.06 (3.2-61.4) 24/51
	Non-pigmented raised skin lesions with white structures: White circles	Patients with specific symptom	SCC and KA: 58.7 (43.3-72.7) 27/46
	Non-pigmented raised skin lesions with white structures: White lines	Patients with specific symptom	SCC and KA: 6.67 (0.3-34) 1/15
	Non-pigmented raised skin lesions with white structures: White dots (milia)	Patients with specific symptom	SCC and KA: 16.67 (0.9-63.5) 1/6
	Non-pigmented raised skin lesions with white structures: Blood spots	Patients with specific symptom	SCC and KA: 45.61 (32.6-59.2) 26/57
	Non-pigmented raised skin lesions with white structures:	Patients with specific symptom	SCC and KA: 40 (28.7-52.4)

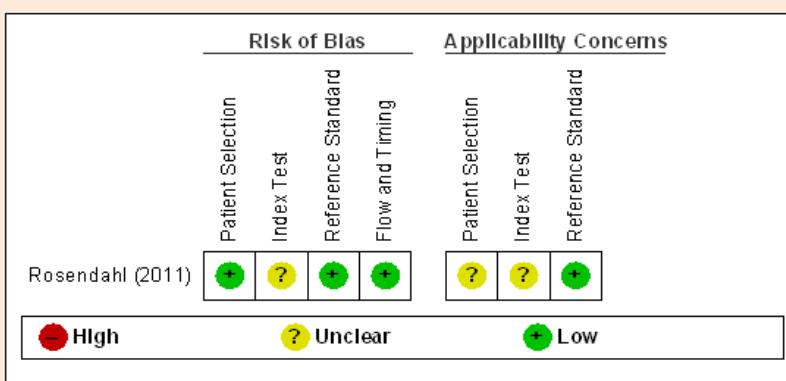
Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Prevalence
	Scale		28/70

KA = keratoacanthoma; TP = true positives; FP = false positives

### Investigations in primary care

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issues to note are that the study population may not be directly representative of an unselected symptomatic population of patients presenting to the UK-based GP, that the index test does not specify the criteria for malignancy which may limit its external validity, and that the results presented are based on a best case scenario, and are therefore likely to be inflated, and only available for skin malignancy as a whole and not for squamous cell carcinoma separately.



#### Evidence statement

Dermatoscopy and clinical images (1 study, N = 463 lesions/389 patients) performed in symptomatic patients presenting in a primary care setting is associated with a best-case sensitivity of 82.6%, specificity of 80%, and false negativity rate of 17.4% for skin malignancy. The study was associated with 1 bias and 2 applicability concerns (See also Table 68).

**Table 68: Squamous cell carcinoma of the skin: Study results.**

Study	Intervention	Prevalence	Sensitivity (95% CI)	Specificity (95% CI)	Positive predictive value (95% CI)	False negativity rate
Rosendahl (2011)	Clinical images and dermatoscopy	138 malignancies/463 lesions	82.6% (NR)	80% (NR)	NR (NR)	17.4% (NR)

NR = Not reported

#### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher

priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	<b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for people with a skin lesion that raises the suspicion of squamous cell carcinoma. [new 2015]</b>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of squamous cell carcinoma</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict squamous cell carcinoma.</p> <p><u>Investigations in primary care for squamous cell carcinoma</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. Although sensitivity and specificity were reported, the GDG agreed that the most informative outcomes were the positive predictive values (because these gave the risk of a patient harbouring cancer), and the false negative rates (to inform whether a negative test obviated the need for further safety-netting).</p>
Quality of the evidence	<p><u>Signs and symptoms of squamous cell carcinoma</u></p> <p>The quality of the evidence was assessed by QUADAS-II as not high quality. The GDG noted the following limitations with the evidence reviewed: some of the studies were conducted in a setting which was not representative of UK primary care; used lesion- not patient-based analyses; and/or focused on pigmented lesions and were not informative about how to recognise a squamous cell carcinoma. Given these limitations, the GDG agreed to disregard this evidence and instead base their recommendations on their clinical opinion, taking into account the natural history of squamous cell carcinoma.</p> <p><u>Investigations in primary care for squamous cell carcinoma</u></p> <p>Evidence was only identified on the accuracy of dermatoscopy and clinical images. This evidence was assessed by QUADAS-II as low quality. The GDG noted several limitations with the evidence reviewed. Firstly, the study population may not have been directly representative of an unselected symptomatic population of patients presenting to UK-based primary care. Secondly, the index test did not specify the criteria for malignancy which may limit its external validity. Thirdly the results presented were based on a best case scenario, and therefore likely to be inflated. Fourthly the results were only available for skin malignancy as a whole and not for squamous cell carcinoma separately.</p> <p>No evidence was identified pertaining to the diagnostic accuracy of excision biopsy of the lesion used in primary care patients with suspected squamous cell carcinoma.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with squamous cell carcinoma more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without squamous cell carcinoma who get inappropriately referred whilst maximising the number of people with squamous cell carcinoma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected</p>

	<p>cancer pathway referral in those with squamous cell carcinoma outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that very little evidence on the positive predictive values of symptoms for squamous cell carcinoma had been found and it was of low quality and questionable relevance.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected squamous cell carcinoma.</p> <p>The GDG noted, based on their clinical experience, that squamous cell carcinomas grow faster than basal cell carcinomas, can metastasise and can have an effect on survival and wellbeing if they grow to be big or disfiguring. However, they noted that, in the absence of appropriate evidence, it is difficult to provide detailed guidance about specific features of a skin lesion that indicates squamous cell carcinoma.</p> <p>The GDG agreed, based on their clinical experience, that a skin lesion which raises the suspicion of squamous cell carcinoma is likely to be a symptom of squamous cell carcinoma, and would probably have a positive predictive value of 3% or above. The GDG therefore agreed to recommend a suspected cancer pathway referral for this symptom.</p> <p>The GDG agreed not to make any recommendations on the use of dermatoscopy in primary care patients with suspected squamous cell carcinoma due to the very limited and low quality evidence.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation made for referral for squamous cell carcinoma was likely to be cost-neutral as this is already standard practice.</p>
Other considerations	<p>The GDG acknowledged that squamous cell carcinoma is more common in immunosuppressed people, but felt that the recommendation would also be appropriate for this population.</p>

### 13.3 Basal cell carcinoma

Approximately 75,000 basal cell carcinomas of the skin are diagnosed each year, with a full time GP likely to diagnose at least one person with basal cell carcinoma per year. Death from basal cell carcinoma is exceptionally rare, with the main advantage from early diagnosis being less extensive treatment. It is seen in both sexes.

Basal cell carcinoma is usually seen as a raised lesion on the skin; a number of typical features of the lesion have been described.

It is often possible to diagnose a typical basal cell carcinoma visually, but confirmation of the diagnosis is generally made by excision biopsy in accordance with NICE guidance.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

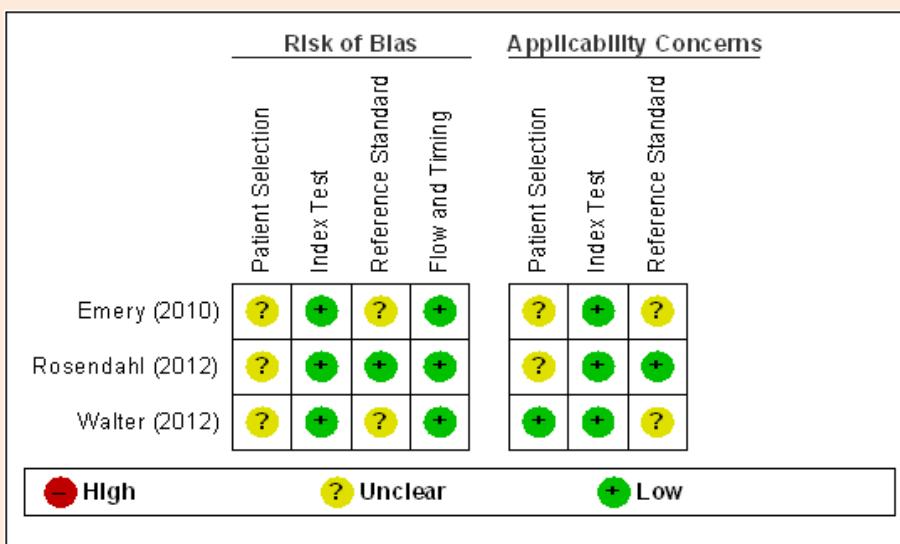
- What is the risk of basal cell carcinoma in patients presenting in primary care with symptom(s)?
- Which investigations of symptoms of suspected basal cell carcinoma should be done with clinical responsibility retained by primary care?

**Clinical evidence**

*Signs and symptoms*

Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main bias risks and applicability concerns that the studies are subject to relate to (1) the patient sampling method not clearly being consecutive or random, (2) the extent to which the study setting matches UK primary care, (3) the quality of the reference standard, which may not always reliably diagnose the symptoms, and (4) the fact that the reference standard did not in all cases match that of the current question, namely histology.



Evidence statement

Pigmented skin lesions (2 studies, N = 2784 lesions) presenting in a primary care setting are associated with positive predictive value of 0.64-1.82% for basal cell carcinoma. The studies were associated with 3-4 bias and applicability concerns (see also Table 69).

Non-pigmented skin lesions (1 study, N = 206 lesions) presenting in a primary care setting are associated with a positive predictive value of 27.18% for basal cell carcinoma. The study was associated with 2 bias and applicability concerns (see also Table 69).

**Table 69: Basal cell carcinoma: Study results**

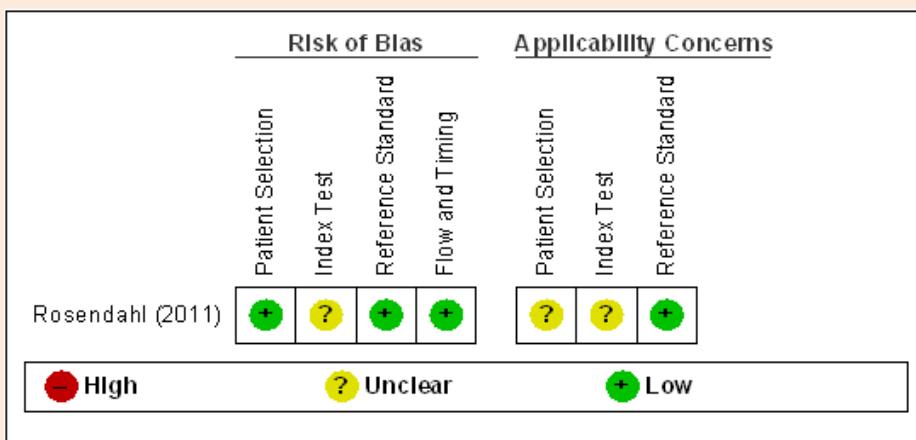
Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Prevalence
Emery (2010)  Lesion, not patient,-based analysis	Pigmented lesion	All included patients	1.82 (1.2-2.8) 22/1211
		England sample	0/630 (0-0.8)
		Australia sample	3.79 (2.4-5.8) 22/581

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI)
Prevalence			
Walter (2012)	Suspicious pigmented lesions	All included patients	0.64 (0.3-1.2) 10/1573
Lesion, not patient,-based analysis			
Rosendahl (2010)	Non-pigmented raised lesion	All included patients	27.18 (21.3-33.9) 56/206
Lesion, not patient,-based analysis			

*Investigations in primary care*

### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issues to note are that the study population may not be directly representative of an unselected symptomatic population of patients presenting to the UK-based GP, that the index test does not specify the criteria for malignancy which may limit its external validity, and that the results presented are based on a best case scenario, and are therefore likely to be inflated, and only available for skin malignancy as a whole and not for basal cell carcinoma separately.



## Evidence statement

Dermatoscopy and clinical images (1 study, N = 463 lesions/389 patients) performed in symptomatic patients presenting in a primary care setting is associated with a best-case sensitivity of 82.6%, specificity of 80%, and false negativity rate of 17.4% for basal cell carcinoma. The study was associated with 1 bias and 2 applicability concerns (see also Table 70).

Table 70: Basal cell carcinoma: Study results

<b>Table 7. Basal cell carcinoma: Study results</b>						
Study	Intervention	Prevalence	Sensitivity (95% CI)	Specificity (95% CI)	Positive predictive value (95% CI)	False negativity rate
Rosendahl (2011)	Clinical images and dermatoscopy	138 malignancies/463 lesions	82.6% (NR)	80% (NR)	NR (NR)	17.4% (NR)

*NR* = not reported

## Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p><b>Consider routine referral for people if they have a skin lesion that raises the suspicion of a basal cell carcinoma<sup>m</sup>. [new 2015]</b></p> <p><b>Only consider a suspected cancer pathway referral (for an appointment within 2 weeks) for people with a skin lesion that raises the suspicion of a basal cell carcinoma if there is particular concern that a delay may have a significant impact, because of factors such as lesion site or size. [new 2015]</b></p> <p><b>Follow the NICE guidance on improving outcomes for people with skin tumours including melanoma: the management of low-risk basal cell carcinomas in the community (2010 update) for advice on who should excise suspected basal cell carcinomas. [new 2015]</b></p>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of basal cell carcinoma</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict basal cell carcinoma.</p> <p><u>Investigations in primary care for basal cell carcinoma</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. Although sensitivity and specificity were reported, the GDG agreed that the most informative outcomes were the positive predictive values (because these gave the risk of a patient harbouring cancer), and the false negative rates (to inform whether a negative test obviated the need for further safety-netting).</p>
Quality of the evidence	<p><u>Signs and symptoms of basal cell carcinoma</u> The quality of the evidence was assessed by QUADAS-II as not high quality. The GDG noted several limitations with the evidence reviewed. Firstly some of the studies were conducted in a setting which was not representative of UK primary care. Secondly, the studies did not present results for each type of skin malignancy, only for malignancy as a whole, making it difficult to ascertain the relevance of the results. Thirdly, the focus of the evidence was on pigmented lesions and not informative about how to recognise a basal cell carcinoma. Given these limitations, the GDG agreed to disregard this evidence and instead base their recommendations on their clinical opinion, taking into account the natural history of basal cell carcinoma.</p> <p><u>Investigations in primary care for basal cell carcinoma</u> Evidence was only identified on the accuracy of dermatoscopy and clinical images. This evidence was assessed by QUADAS-II as low quality. The GDG noted several limitations with the evidence reviewed. Firstly, the study population may not have been directly representative of an unselected symptomatic population of patients presenting to UK-based primary care. Secondly, the index test did</p>

<sup>m</sup> Typical features of basal cell carcinoma include: an ulcer with a raised rolled edge; prominent fine blood vessels around a lesion; or a nodule on the skin (particularly pearly or waxy nodules).

	<p>not specify the criteria for malignancy which may limit its external validity. Thirdly the results presented were based on a best case scenario, and therefore likely to be inflated. Fourthly the results were only available for skin malignancy as a whole and not for basal cell carcinoma separately.</p> <p>No evidence was identified pertaining to the diagnostic accuracy of excision biopsy of the lesion used in primary care patients with suspected basal cell carcinoma.</p>
Trade-off between clinical benefits and harms	<p>The GDG agreed, based on their clinical experience, that basal cell carcinomas are slow growing, do not often metastasise and have a minimal effect on survival. Given this, the GDG decided that a suspected cancer pathway referral was not an efficient use of resources in people with a suspected basal cell carcinoma. Instead they agreed to recommend that people with a suspected basal cell carcinoma should have a routine referral. The GDG considered that by making these recommendations the referral pathways would be optimised. The GDG recognised that these recommendations could result in a delay in referral for someone with a squamous cell carcinoma that had been misdiagnosed as a basal cell carcinoma but this was unlikely to have significant adverse consequences.</p> <p>The GDG included a recommendation that the referral could be expedited where there was concern that a delay may result in an significant impact due to the site or size of the lesion.</p> <p>The GDG considered, despite the lack of evidence, that it was commonly accepted that biopsy was the only definitive test to diagnose a basal cell carcinoma. The GDG discussed that the NICE guidance on Improving outcomes for people with skin tumours including melanoma: the management of low-risk basal cell carcinomas in the community makes recommendations for when excision can and cannot take place in primary care and agreed that these recommendations should be followed, rather than making separate recommendations in this guideline.</p> <p>The GDG considered that aligning with the recommendations in existing NICE guidance, would help to ensure that basal cell carcinomas were excised to the same high standard, people received more rapid and convenient treatment and the inappropriate removal of skin lesions that were no threat to health (with the associated personal and financial costs) was reduced.</p> <p>The GDG agreed not to make any recommendations on the use of dermatoscopy in primary care patients with suspected basal cell carcinoma.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG considered that the overall number of patients being referred for investigation of basal cell carcinoma is unlikely to change. However there may be a small increase in the need for suspected cancer pathway referrals for those with lesions in functionally or cosmetically challenging places. The GDG considered that overall this was unlikely to have a major cost impact.</p>

## References

### Melanoma of the skin

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### Squamous cell carcinoma

Emery, J.D., Hunter, J., Hall, P.N., Watson, A.J., Moncrieff, M., Walter, F.M. (2010). Accuracy of SIAscopy for pigmented skin lesions encountered in primary care: development and validation of a new diagnostic algorithm. *BMJ Dermatology*, 10:9.

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## 14 Head and neck cancers

### 14.1 Laryngeal cancer

Just over 2,000 new laryngeal cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with laryngeal cancer during their career. Five year survival is 70%.

The most common symptom of laryngeal cancer is believed to be hoarseness, sometimes accompanied by other symptoms such as throat pain. However the rarity of this cancer means there are few studies of its clinical features.

The main method of diagnosis is by laryngoscopy and biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

#### Clinical questions:

- **What is the risk of laryngeal cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected laryngeal cancer should be done with clinical responsibility retained by primary care?**

#### Clinical evidence

##### *Signs and symptoms*

No primary care evidence was identified pertaining to the risk of laryngeal cancer in patients presenting with symptoms in primary care.

##### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of chest x-ray in patients with suspected laryngeal cancer where the clinical responsibility was retained by primary care.

#### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for laryngeal cancer in people aged 45 and over with:</p> <ul style="list-style-type: none"><li>• persistent unexplained hoarseness or</li><li>• an unexplained lump in the neck. [new 2015]</li></ul>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of laryngeal cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict laryngeal cancer. No evidence was found for this outcome.</p>

	<p><u>Investigations in primary care for laryngeal cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of laryngeal cancer</u></p> <p>No evidence was found pertaining to the positive predictive values of different symptoms of laryngeal cancer in primary care.</p> <p><u>Investigations in primary care for laryngeal cancer</u></p> <p>No evidence was found pertaining to the diagnostic accuracy of tests in primary care patients with suspected laryngeal cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with laryngeal cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without laryngeal cancer who get inappropriately referred whilst maximising the number of people with laryngeal cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with laryngeal cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for laryngeal cancer.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected laryngeal cancer, since there was no test available in primary care and diagnosis at an early stage improves the outcome.</p> <p>The GDG noted that persistent unexplained hoarseness and an unexplained lump in the neck can be symptoms of laryngeal cancer. The GDG agreed, based on their clinical experience, that had these symptoms been studied they would have had a positive predictive value of 3% or above. The GDG noted that laryngeal cancer is extremely rare in people below 45 years and therefore anticipated that the positive predictive values for persistent unexplained hoarseness and an unexplained lump in the neck were below 3% in people aged less than 45 years old. The GDG therefore agreed to recommend a suspected cancer pathway referral for these symptoms in people aged 45 years and over.</p> <p>Due to the lack of evidence and the fact that there is no obvious test for laryngeal cancer in primary care, the GDG were not able to recommend a particular test for the primary care investigation of laryngeal cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p>

The GDG noted that the recommendations for a suspected cancer pathway referral for persistent unexplained hoarseness and an unexplained lump in the neck in people aged 45 years and over are likely to be associated with a small cost saving as the previous recommendations were for all people whereas the GDG has now imposed the 45 year age-limit.

## 14.2 Oral cancer

Over 6,500 new oral cancers are diagnosed each year in the UK. Many are diagnosed and referred by dental surgeons. It is seen in both sexes, though two-thirds of new diagnoses are in males. Survival varies considerably.

Oral cancer can present with persistent ulceration, a mass, or abnormal bleeding. It can present as advanced disease with regional lymphadenopathy.

Some oral cancers can be recognised visually, but definitive diagnosis requires biopsy, generally in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### **Clinical questions:**

- **What is the risk of oral cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected oral cancer should be done with clinical responsibility retained by primary care?**

### **Clinical evidence**

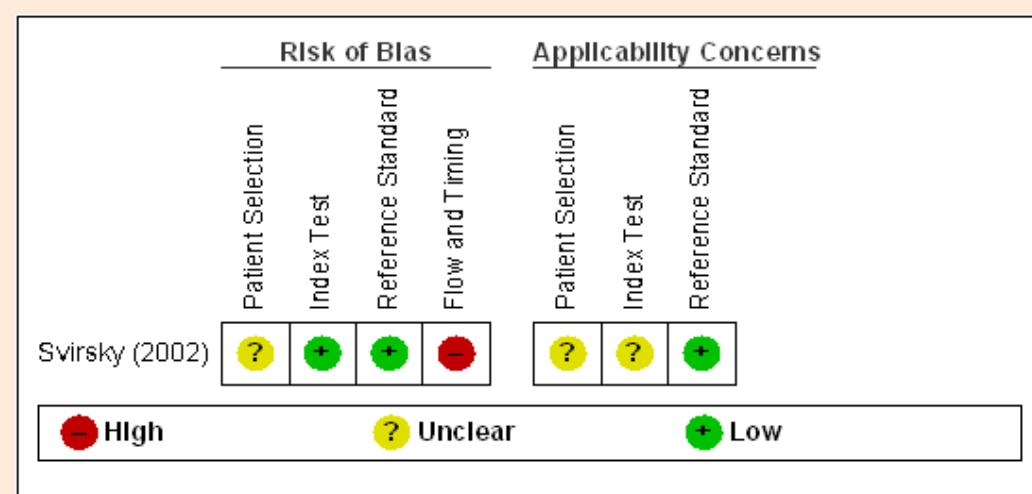
#### *Signs and symptoms*

No primary care evidence was identified pertaining to the risk of oral cancer in patients presenting with symptoms in primary care.

#### *Investigations in primary care*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The study was associated with a number of bias and validity issues. The following issues compromise the validity and applicability of this study, (1) it is unclear (and probably unlikely) that the patient population consists of consecutive or randomly recruited patients (and may therefore bias the results), (2) the study is conducted in the USA in an unclear setting and it is therefore not clearly transferable to UK-based primary care, and (3) the timespan between the index test and reference standard is unclear in all but one patient and the results are therefore compromised to an unknown extent.



### Evidence statement

Transepithelial oral brush biopsy with a computer-assisted method of analysis (1 study, N = 298) is associated with a sensitivity of 93.3%, a specificity of 19.1%, a positive predictive value of 5.76%, and a false negativity rate of 6.7% for oral cancer. Transepithelial oral brush biopsy with a computer-assisted method of analysis (1 study, N = 298) is associated with a sensitivity of 95.88%, a specificity of 25.37%, a positive predictive value of 38.27%, and a false negativity rate of 4.12% for oral cancer/dysplasia. The study was associated with 4 bias or applicability concerns (see also Table 71).

**Table 71: Oral cancer: Study results**

Study	Test	Prevalence	Sensi-tivity (95% CI) %	Speci-ficity (95% CI) %	Other results (95% CI)
Svirsky (2002)	Transepithelial oral brush biopsy with a computer-assisted method of analysis	15/298	93.3 (66-99.7)	19.1 (14.8-24.3)	Malignancy: TP = 14 FN = 1 TN = 54 FP = 229 Positive predictive value = 5.76 (3.3-9.7)% Negative predictive value = 98.18 (89-99.9)% False negativity rate = 6.7%
Svirsky (2002)	Transepithelial oral brush biopsy with a computer-assisted method of analysis	97/298	95.88 (89.2-98.7) %	25.37 (19.6-32.1) %	Malignancy and dysplasia: TP = 93 FN = 4 TN = 51 FP = 150 Positive predictive value = 38.27 (32.2-44.7) % Negative predictive value = 92.73 (81.6-97.6)% False negativity rate = 4.12%

TP = true positives, FP = false positives, TN = true negatives, FN = false negatives.

### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	<p><b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for oral cancer in people with either:</b></p> <ul style="list-style-type: none"> <li><b>unexplained ulceration in the oral cavity lasting for more than 3 weeks or</b></li> <li><b>a persistent and unexplained lump in the neck. [new 2015]</b></li> </ul> <p><b>Consider an urgent referral (for an appointment within 2 weeks) for assessment for possible oral cancer by a dentist in people who have either:</b></p> <ul style="list-style-type: none"> <li><b>a lump on the lip or in the oral cavity or</b></li> <li><b>a red or red and white patch in the oral cavity consistent with erythroplakia or erythroleukoplakia. [new 2015]</b></li> </ul> <p><b>Consider a suspected cancer pathway referral by the dentist(for an appointment within 2 weeks) for oral cancer in people when assessed by a dentist as having either:</b></p> <ul style="list-style-type: none"> <li><b>a lump on the lip or in the oral cavity consistent with oral cancer or</b></li> <li><b>a red or red and white patch in the oral cavity consistent with erythroplakia or erythroleukoplakia. [new 2015]</b></li> </ul>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of oral cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict oral cancer. No evidence was found for this outcome.</p> <p><u>Investigations in primary care for oral cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question.</p>
Quality of the evidence	<p><u>Signs and symptoms of oral cancer</u></p> <p>No evidence was found pertaining to the positive predictive values of different symptoms of oral cancer in primary care.</p> <p><u>Investigations in primary care for oral cancer</u></p> <p>The evidence consisted of one study examining the diagnostic performance of transepithelial oral brush biopsy with a computer-assisted method of analysis in 298 patients, which as assessed by QUADAS-II, provided evidence of unclear quality.</p> <p>The GDG noted that the evidence was not applicable to UK-based primary care as it was conducted in the USA using a test that is not appropriate for UK-based primary care due to its requirement of postgraduate training for the physician as well as the requirement of specialist sample handling and testing. The GDG therefore decided to disregard the evidence.</p>
Trade-off between clinical benefits and harms	The GDG considered that a potential benefit of recommending which symptoms should prompt a

suspected cancer pathway referral would be to identify those people with oral cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without oral cancer who get inappropriately referred whilst maximising the number of people with oral cancer who get appropriately referred.

In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with oral cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for oral cancer.

Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected oral cancer as diagnosis at an early stage improves outcome. However, the GDG were aware that most people presenting with oral symptoms do not have oral cancer. They therefore needed to use caution when specifying which symptoms should prompt referral so that excessive referral was avoided. The GDG also recognised that people with oral symptoms may present either to their dentist or their general practitioner, and the importance of assessment by a dentist rather than a general practitioner due to their different areas of expertise. The GDG therefore agreed to reflect this in the recommendations.

The GDG noted that unexplained ulceration of more than 21 days duration in the oral cavity, and a persistent and unexplained lump in the neck can be symptoms of oral cancer. The GDG agreed, based on their clinical experience, that had these symptoms been studied they would have had a positive predictive value of 3% or above. The GDG therefore agreed to recommend a suspected cancer pathway referral for these symptoms.

The GDG also agreed, based on their clinical experience, that an unexplained lump on the lip or in the oral cavity and a red or red and white patch in the oral cavity which is consistent with erythroplakia or erythroleukoplakia can be symptoms of oral cancer. They did not, however, consider that the positive predictive value of this symptom was above 3% unless it had been assessed by a dentist to be consistent with oral cancer. The GDG therefore decided to recommend urgent referral for assessment by a dentist for any person with these symptoms.

The GDG agreed that if a dentist had assessed an unexplained lump on the lip or in the oral cavity as being consistent with oral cancer or a red or red and white patch in the oral cavity as being consistent with erythroplakia or erythroleukoplakia then a suspected cancer pathway referral was warranted. This referral could either be made by the GP or by the dentist themselves.

	Due to the lack of evidence, the GDG decided not to make any recommendations about biopsy in patients with suspected oral cancer who present in primary care.
Trade-off between net health benefits and resource use	The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area. The GDG estimated that the recommendations would result in an increase in costs within the community dental service, and a decrease in the number, and therefore cost, of suspected cancer pathway referrals, but were uncertain over net effect.
Other considerations	The GDG were concerned that user charges could potentially be a barrier to some patients in obtaining a dental opinion. For those who have cancer this could delay their diagnosis. Therefore, the GDG agreed that it would be appropriate that the dental opinion was at no cost to this patient group and that there should be opportunity for the referral for dental opinion to be made to a service that could accommodate this requirement. This could include dentists who practice either in a primary or secondary care setting.

## 14.3 Thyroid cancer

Over 2,500 new thyroid cancers are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1-2 people with thyroid cancer during their career. It is seen in both sexes, though around 70% of new diagnoses are now in females. Five year survival is over 90%.

Because of its rarity, there are few reports on the clinical features of thyroid cancer. It is believed usually to present with a nodule within the thyroid gland, or as diffuse thyroid swelling. The cancer may also present with regional lymphadenopathy.

Definitive diagnosis requires biopsy, performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

- **What is the risk of thyroid cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected thyroid cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

No primary care evidence was identified pertaining to the risk of thyroid cancer in patients presenting with symptoms in primary care.

#### *Investigations in primary care*

No evidence was identified pertaining to the diagnostic accuracy of ultrasound, thyroid function tests, or fine needle aspiration in patients with suspected thyroid cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for thyroid cancer in people with an unexplained thyroid lump. [new 2015]
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of thyroid cancer</u></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict thyroid cancer. No evidence was found for this outcome.</p> <p><u>Investigations in primary care for thyroid cancer</u></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of thyroid cancer</u></p> <p>No evidence was found pertaining to the positive predictive values of different symptoms of thyroid cancer in primary care.</p> <p><u>Investigations in primary care for thyroid cancer</u></p> <p>No evidence was found pertaining to the diagnostic accuracy of tests in primary care patients with suspected thyroid cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with thyroid cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without thyroid cancer who get inappropriately referred whilst maximising the number of people with thyroid cancer who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with thyroid cancer outweighed the disadvantages to those without. However, in this instance, the GDG acknowledged that no evidence had been found on the positive predictive values of symptoms for thyroid cancer.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected thyroid cancer, since diagnosis at an early stage improves the outcome.</p> <p>The GDG noted that an unexplained thyroid lump can be a symptom of thyroid cancer. The GDG agreed, based on their clinical experience, that had this symptom been studied it would</p>

	<p>have had a positive predictive value of 3% or above. The GDG therefore agreed to recommend a suspected cancer pathway referral for this symptom.</p> <p>The GDG noted that ultrasound needed to be performed with fine needle aspiration to investigate suspected thyroid cancer, and that fine needle aspiration is not available as a primary care test. The GDG therefore decided not to make any recommendations for the primary care investigation of suspected thyroid cancer.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for a suspected cancer pathway referral for an unexplained thyroid lump is likely to be cost-neutral as it is currently standard practice.</p>

## References

### Laryngeal cancer

None

### Oral cancer

Svirsky, J. A., Burns, J. C., Carpenter, W. M. & et.al. (2002) Comparison of computer-assisted brush biopsy results with follow up scalpel biopsy and histology. Gen Dent, 50: 500-503.

### Thyroid cancer

None

## 15 Brain and central nervous system cancers

Around 9000 new primary brain and central nervous system cancers are diagnosed each year in the UK, meaning that a full time GP is likely to diagnose approximately 1 person every 3-5 years. It is seen in both sexes, and is one of the commoner cancers in childhood, though it is encountered at all ages. It is also one of the commoner cancers in young people.

Several symptoms have been reported, including new-onset seizures, headache, nausea, drowsiness, visual change and personality change.

A diagnosis of brain and central nervous system cancer (whether primary or secondary) is generally made by imaging using CT or MRI. These diagnostic tests can be performed with the GP retaining clinical responsibility.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

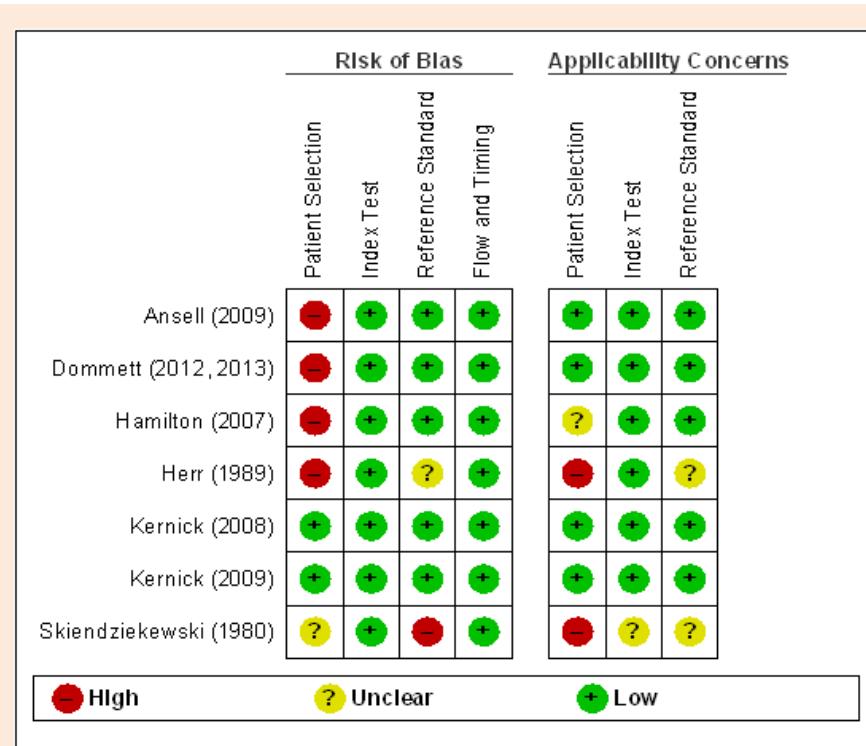
- **What is the risk of brain and central nervous system cancer in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected brain and central nervous system cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The main issue to note is that a number of the studies employed case-control (or other non-consecutive, non-randomised) designs which have been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence. Other issues of concern include that some of the studies were conducted abroad and their direct relevance to UK-based primary care may therefore be limited, that the symptoms were underspecified in one study and therefore of limited use for the present purposes, and that some of the reference standards employed were of questionable quality and applicability.



### Evidence statement

The positive predictive values of having a brain tumour in adulthood ranged from 0% (for dizziness and/or weakness) to 2.3% (for new-onset seizure in 60-69 year old patients) for symptomatic patients presenting to primary care (4 studies, N = 106588). The included studies were associated with 0-4 bias/applicability concerns each (see also Table 72).

The positive predictive values of having any childhood cancer ranged from 0.04% (for pain or musculoskeletal symptoms) to 2.19% (for hepatosplenomegaly) for symptomatic patients aged 0-14 years old presenting to primary care (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Table 73).

The positive predictive values of having central nervous system childhood or young adulthood cancer tumours ranged from < 0.013% (for vomiting or headache with anorexia) to 0.15 (for vomiting in combination with unsteadiness) for patients aged 0-14 years old, from 0% (for primary headache) to 0.03% (for undifferentiated headache) for patients aged 5-17 years, and from 0.0029% (for pain) to 0.0238% (for seizure) for patients aged 15-24 years (3 studies, N = 79910). The evidence quality is somewhat compromised by the case-control design of two of the studies (see also Table 74).

**Table 72: Brain & CNS cancer: Study results for adult populations**

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Frequency
Hamilton (2007)	Headache	All patients	0.09 (0.08-0.1) Cases: 362/3505 Controls: 261/24021
Hamilton (2007)	Headache*	Patients 60-69 years	0.12 (NR)
Kernick (2008)	Undifferentiated headache	All patients	0.15 (0.12-0.19) 97/63921
Kernick (2008)	Undifferentiated headache	Patients < 50 years	0.08 (0.05-0.11) 32/40866
Kernick (2008)	Undifferentiated	Patients ≥ 50 years	0.28 (0.22-0.36)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI) Frequency</b>
	headache		65/23055
Kernick (2008)	Primary headache	All patients	0.045 (0.023-0.088) 10/21758
Kernick (2008)	Primary headache	Patients < 50 years	0.03 (0.01-0.08) 5/16282
Kernick (2008)	Primary headache	Patients ≥ 50 years	0.09 (0.03-0.23) 5/5476
Hamilton (2007)	Motor loss	All patients	0.026 (0.024-0.03) Cases: 308/3505 Controls: 731/24021
Hamilton (2007)	New-onset seizure	All patients	1.2 (1-1.4) Cases: 154/3505 Controls: 8/24021
Hamilton (2007)	New-onset seizure*	Patients 60-69 years	2.3 (NR)
Hamilton (2007)	Confusion	All patients	0.2 (0.16-0.24) Cases: 109/3505 Controls: 47/24021
Hamilton (2007)	Memory loss	All patients	0.036 (0.026-0.052) Cases: 37/3505 Controls: 64/24021
Hamilton (2007)	Visual disorder	All patients	0.035 (0.025-0.051) Cases: 35/3505 Controls: 62/24021
Hamilton (2007)	Headache + any of the other symptoms reported by Hamilton (2007)	All patients	0.39 (0.31-0.48)
Herr (1989)	Dizziness	All patients	0 (0-3.7) 0/125
Skiendziekewski (1980)	Weakness and/or dizziness	All patients	0 (0-4.4) 0/106
Hamilton (2007)	Weakness	All patients	0.14 (0.11-0.18) Cases: 95/3505 Controls: 42/24021

\* Peak PPVs for these symptoms are in this age group.

**Table 73: Positive predictive values for any childhood cancer: Patients aged 0-14 years<sup>n</sup>**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI) Frequency</b>
Dommett (2012)	Any NICE alert symptom 0-3 months before diagnosis	All patients	0.055 (0.047-0.065) Cases: 342/1267 Control: 211/15318
Dommett (2012)	Any NICE alert symptom 0-12 months	All patients	0.07 (0.064-0.078) Cases: 427/1267

<sup>n</sup> This table is included in the evidence review for brain & CNS cancer because one of the cancers of childhood is brain & CNS cancer.

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI) Frequency</b>
	before diagnosis		Control: 829/15318
Dommett (2012)	Neurological symptoms 0-12 months before diagnosis	All patients	0.083 (0.067-0.105) Cases: 108/1267 Control: 207/15318
Dommett (2012)	Headache 0-12 months before diagnosis	All patients	0.064 (0.051-0.082) Cases: 90/1267 Control: 224/15318
Dommett (2013a)	Headache 0-3 months before diagnosis	All patients	0.06 (0.04-0.08) Cases: 73/1267 Control: 55/15318
Dommett (2013a)	Headache 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.13 (0.08-0.22)
Dommett (2012)	Lymphadenopathy 0-12 months before diagnosis	All patients	0.096 (0.074-0.126) Cases: 82/1267 Control: 136/15318
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis	All patients	0.09 (0.06-0.13) Cases: 69/1267 Control: 33/15318
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis and $\leq$ 3 consultations	All patients	0.2 (0.1-0.39)
Dommett (2012)	Lump/mass/swelling 0-12 months before diagnosis	All patients	0.172 (0.119-0.25) Cases: 56/1267 Control: 52/15318
Dommett (2013a)	Lump/mass/swelling below neck excluding abdomen 0-3 months before diagnosis	All patients	0.11 (0.06-0.2) Cases: 42/1267 Control: 16/15318
Dommett (2013a)	Lump/mass/swelling below neck excluding abdomen 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.3 (0.09-0.99)
Dommett (2012)	Fatigue 0-12 months before diagnosis	All patients	0.085 (0.06-0.121) Cases: 47/1267 Control: 88/15318
Dommett (2013a)	Fatigue 0-12 months before diagnosis	All patients	0.07 (0.04-0.12) Cases: 42/1267 Control: 24/15318
Dommett (2013a)	Fatigue 0-12 months before diagnosis and $\geq$ 3 consultations	All patients	0.12 (0.06-0.23)
Dommett (2012)	Back pain 0-12 months before diagnosis	All patients	0.088 (0.06-0.128) Cases: 40/1267 Control: 73/15318
Dommett (2012)	Bruising 0-12 months before diagnosis	All patients	0.08 (0.054-0.118) Cases: 38/1267 Control: 76/15318
Dommett (2013a)	Bruising 0-3 months	All patients	0.08 (0.05-0.13)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value % (95% CI) Frequency</b>
	before diagnosis		Cases: 33/1267 Control: 18/15318
Dommett (2013a)	Bruising 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.38 (0.09-1.64)
Dommett (2013a)	Pallor 0-3 months before diagnosis	All patients	0.41 (0.12-1.34) Cases: 33/1267 Control: 18/15318
Dommett (2013a)	Pallor 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.76 (0.1-5.7)
Dommett (2013a)	Lump mass swelling head and neck 0-3 months before diagnosis	All patients	0.3 (0.1-0.84) Cases: 28/1267 Control: 4/15318
Dommett (2013a)	Lump mass swelling head and neck 0-3 months before diagnosis and $\leq$ 3 consultations	All patients	0.76 (0.1-5.7)
Dommett (2013a)	Abnormal movement 0-3 months before diagnosis	All patients	0.08 (0.04-0.14) Cases: 49/1267 Control: 26/15318
Dommett (2013a)	Abnormal movement 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.15 (0.07-0.32)
Dommett (2013a)	Bleeding 0-3 months before diagnosis	All patients	0.06 (0.03-0.1) Cases: 28/1267 Control: 21/15318
Dommett (2013a)	Bleeding 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.11 (0.04-0.31)
Dommett (2013a)	Visual symptoms 0-3 months before diagnosis	All patients	0.06 (0.03-0.1) Cases: 28/1267 Control: 21/15318
Dommett (2013a)	Visual symptoms 0-3 months before diagnosis and $\leq$ 3 consultations	All patients	0.23 (0.07-0.77)
Dommett (2013a)	Pain 0-3 months before diagnosis	All patients	0.04 (0.03-0.06) Cases: 42/1267 Control: 41/15318
Dommett (2013a)	Pain 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.14 (0.07-0.31)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis	All patients	0.04 (0.03-0.07) Cases: 107/1267 Control: 102/15318
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.13 (0.08-0.19)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Frequency
Dommett (2012)	Urinary symptoms 0-12 months before diagnosis	All included patients	0.266 (0.117-0.609) Cases: 15/1267 Control: 9/15318
Dommett (2013a)	≥ 3 consultations	All included patients	0.02
Dommett (2013a)	Childhood infection 0-3 months before diagnosis	All included patients	Cases: 54/1267 Control: 236/15318
Dommett (2013a)	Upper respiratory tract infection 0-3 months before diagnosis	All patients	Cases: 143/1267 Control: 942/15318
Dommett (2013a)	Vomiting 0-3 months before diagnosis	All patients	Cases: 86/1267 Control: 105/15318
Dommett (2013a)	Cough 0-3 months before diagnosis	All patients	Cases: 77/1267 Control: 654/15318
Dommett (2013a)	Rash 0-3 months before diagnosis	All patients	Cases: 63/1267 Control: 555/15318
Dommett (2013a)	Abdominal pain 0-3 months before diagnosis	All patients	Cases: 60/1267 Control: 137/15318
Dommett (2013a)	Abdominal mass 0-3 months before diagnosis	All patients	Cases: 48/1267 Control: 0/15318
Dommett (2013a)	Fever 0-3 months before diagnosis	All patients	Cases: 49/1267 Control: 166/15318
Dommett (2013a)	Eye swelling 0-3 months before diagnosis	All patients	Cases: 39/1267 Control: 238/15318
Dommett (2013a)	Shortness of breath 0-3 months before diagnosis	All patients	Cases: 35/1267 Control: 221/15318
Dommett (2013a)	Constipation 0-3 months before diagnosis	All patients	Cases: 26/1267 Control: 61/15318
Dommett (2012)	Hepatosplenomegaly 0-12 months before diagnosis	All patients	2.19 (0.295-17.034) Cases: 14/1267 Control: 1/15318

The positive predictive values are calculated using Bayesian statistics.

**Table 74: Brain & CNS cancer: Positive predictive values for central nervous system (CNS) child- or young adulthood cancer tumour**

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Frequency
Dommett (2013a)	Abnormal movement 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.11 (0.03-0.35)
Dommett (2013a)	Visual symptoms 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.07 (0.02-0.24)
Dommett (2013a)	Vomiting 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.04 (0.02-0.07)

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Frequency
Ansell (2009)	Vomiting and unsteadiness	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.15 (0.01-0.1) 1/654
Ansell (2009)	Vomiting and visual difficulties	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.088 (0.005-0.6) 1/1142
Ansell (2009)	Headache and unsteadiness	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.085 (0.005-0.6) 1/1172
Ansell (2009)	“All other symptom combinations (except vomiting or headache with anorexia) had a predictive probability [of a child having a brain tumour given a visit to a GP with both symptoms] of between 1 in 1500 and 1 in 8000 children”. The predictive probabilities of vomiting or headache with anorexia appeared to be even lower.		
Dommett (2013a)	Headache 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.03 (0.02-0.06)
Kernick (2009)	Headache (any type)	All patients aged 5-17 years	0.03 (0.01-0.05) 13/48575
Kernick (2009)	Primary headache	All patients aged 5-17 years	0 (0-0.05) 0/9321
Kernick (2009)	Undifferentiated headache	All patients aged 5-17 years	0.03 (0.02-0.06) 13/38705
Dommett (2013a)	Pain 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.03 (0.01-0.08)
Dommett (2013a)	Seizure 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.02 (0.01-0.06)
Dommett (2013a)	≥ 3 consultations	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.01 (0-0.01)
Dommett (2013b)	Seizure	All CNS patients and controls aged 15-24 years	0.0238 (0.0082-0.0695) Cases: 18/154 Controls: 4/1906
Dommett (2013b)	Headache	All CNS patients and controls aged 15-24 years	0.0145 (0.0077-0.0276) Cases: 33/154 Controls: 12/1906
Dommett (2013b)	Vomiting	All CNS patients and controls aged 15-24 years	0.0116 (0.0041-0.031) Cases: 11/154 Controls: 5/1906
Dommett (2013b)	Pain	All CNS patients and	0.0029 (0.0014-

Study	Symptom(s)	Patient group	Positive predictive value % (95% CI) Frequency
		controls aged 15-24 years	0.006) Cases: 11/154 Controls: 20/1906
Dommett (2013b)	Visual symptoms	All CNS patients and controls aged 15-24 years	Cases: 8.4% Controls: 0%
Dommett (2013b)	≥ 3 consultations	All CNS patients and controls aged 15-24 years	0.0023 (0.0019-0.0029) Cases: 73/154 Controls: 165/1906

*The positive predictive values are calculated using Bayesian statistics.*

### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of CT or MRI scans in patients with suspected brain or CNS cancer where the clinical responsibility was retained by primary care.

### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendation</b>	<b>Adults</b> Consider an urgent direct access MRI scan of the brain (or CT scan if MRI is contraindicated) (to be performed within 2 weeks) to assess for brain or central nervous system cancer in adults with progressive, sub-acute loss of central neurological function. [new 2015]
	<b>Children and young people</b> Consider a very urgent referral (for an appointment within 48 hours) for suspected brain or central nervous system cancer in children and young people with newly abnormal cerebellar or other central neurological function. [new 2015]
Relative value placed on the outcomes considered	<u>Signs and symptoms of brain and central nervous system cancer</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict brain cancer.
Quality of the evidence	<u>Signs and symptoms of brain and central nervous system cancer</u> The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms but was generally of moderate-high quality.

	<p><u>Investigations in primary care for brain and central nervous system cancer</u></p> <p>No evidence was found pertaining to the diagnostic performance of brain CT or MRI in primary care patients with suspected brain cancer.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral or very urgent specialist assessment would be to identify those people with brain/central nervous system cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without brain/central nervous system cancer who get inappropriately referred or assessed whilst maximising the number of people with brain/central nervous system cancer who get appropriately referred or assessed.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above in adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those adults with brain/central nervous system cancer outweighed the disadvantages to those adults without.</p> <p>However, in children’s cancers, the GDG decided that this threshold was too stringent for the following reasons: 1) the high levels of treatability of these cancers, 2) early diagnosis can reduce mortality and morbidity, and 3) the number of life-years gained. The GDG therefore agreed that referral at lower levels of risk than 3% was justified in children.</p> <p>The GDG noted that in adults none of the positive predictive values exceeded the 3% threshold for referral and that no evidence was available for brain MRI. However, the GDG also noted, based on their clinical experience, that progressive sub-acute loss of central neurological function can be a symptom of brain cancer that can be diagnosed with a brain MRI, but that the positive predictive value for this symptom was likely to exceed 3%. In addition brain MRI is superior to brain CT in terms of obtaining diagnostic information (also for potential alternative diagnoses). The GDG therefore decided to recommend an urgent brain MRI for adults with progressive sub-acute loss of central neurological function. The GDG considered that recommending an urgent scan instead of a referral to neurology would result in a faster diagnostic process for adults with a tumour because they will be referred straight to a neurosurgeon after the scan instead of first to neurology, then for a scan and then to neurosurgery.</p> <p>The GDG noted, based on their clinical experience, that new abnormal cerebellar or other central neurological function in children or young people can be a symptom of brain cancer, which the GDG agreed was serious enough to warrant very urgent attention. However, the GDG did not feel that an immediate admission would be appropriate since there are risks associated with this and it is still unlikely that the child or young person would have cancer. However, the GDG recognised that new abnormal cerebellar or other central neurological function is</p>

	<p>a worrying symptom and that children have less reserve than adults so the GDG did not want to recommend a suspected cancer pathway referral either. Instead the GDG opted for urgent specialist assessment as this would mean the child or young person would get seen quickly and would get around any issues with weekend cover and differences in local service configuration.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendations are likely to result in an increase in MRI scanning, a decrease in outpatient appointments and a decrease in GP consultations (due to patients receiving an earlier answer about symptoms and reassurance that they do not have brain cancer, which means they will not re-attend). The GDG agreed that this would not constitute an overall increase in cost, and may even constitute a small decrease in overall costs.</p>

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### Brain and CNS cancer

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# 16 Haematological cancers

## 16.1 Leukaemia

Over 8,000 new leukaemias are diagnosed each year in the UK. A full time GP is likely to diagnose approximately one person with leukaemia every 3-5 years. There are several subtypes, with the main division being into myeloid leukaemia and lymphoid leukaemia. The leukaemias may be acute, with rapid progression if untreated, or chronic, which may progress over several years. Some chronic leukaemias transform into acute leukaemias, usually after several years. Most forms of leukaemia have high five-year survival, though some subtypes have a poorer prognosis. Leukaemia accounts for a third of all cancers diagnosed in children. It is one of the commoner cancers in young people.

The most common symptoms of leukaemia relate to replacement of the bone marrow by malignant cells, leading to anaemia, reduced normal white cells and thrombocytopaenia. Symptoms therefore include pallor, bruising and a propensity to infection. Many chronic leukaemias are symptomless and are only identified when a full blood count is performed for other reasons.

In many leukaemias the diagnosis can be made on the blood film, though definitive diagnosis usually requires bone marrow biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

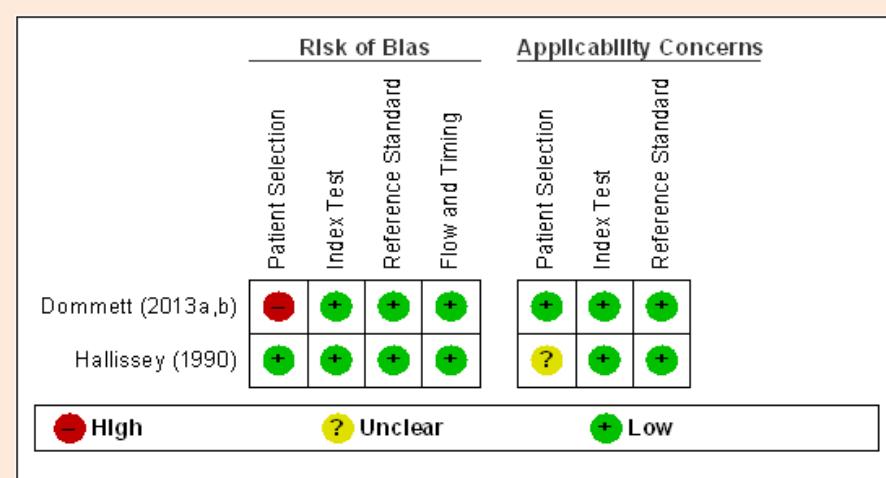
- **What is the risk of leukaemia in adults and children presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected leukaemia should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included studies in the figure below. One main issue to note is that one study employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence. Another potential threat to the applicability of the findings concerns the fact that the second study employed a patient sample which may not be directly applicable to the current question.



Evidence statement

The positive predictive values of having leukaemia/lymphoma childhood cancer ranged from 0.01% (for fever and abdominal pain) to 0.53% (for bruising) for patients aged 0-14 years old, the positive predictive values of having young adulthood leukaemia ranged from 0.0117% (for bruising) to 0.0151% (for lymphadenopathy) for patients aged 15-24 years (1 study, N = 30855), and the positive predictive value of having adulthood leukaemia was 0.04% (for dyspepsia) for patients aged > 40 years (1 study, N = 2585) . Both studies were associated with 1 bias/applicability concern (see also Tables 75-76).

**Table 75: Leukaemia: Positive predictive values for leukaemia/lymphoma childhood cancer**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
Dommett (2013a)	Bruising 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.53 (0.07-3.91)
Dommett (2013a)	Pallor 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.43 (0.06-3.15)
Dommett (2013a)	Lump mass swelling head and neck 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.35 (0.05-2.65)
Dommett (2013a)	Fatigue 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.07 (0.03-0.15)
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.06 (0.04-0.11)
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.05 (0.02-0.13)
Dommett (2013a)	Bleeding 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.03 (0.01-0.08)
Dommett (2013a)	Pain 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.03 (0.01-0.06)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months	All leukemia/lymphoma patients and controls	0.02 (0.01-0.03)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
	before diagnosis	aged 0-14 years	
Dommett (2013a)	Fever 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)
Dommett (2013a)	Abdominal pain 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0-0.01)
Dommett (2013a)	≥ 3 consultations	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)

*The positive predictive values are calculated using Bayesian statistics.*

**Table 76: Leukaemia: Positive predictive values for teenage and young adult, and adult leukaemia**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
Dommett (2013b)	Bruising	All leukaemia patients and controls aged 15-24 years	0.0117 (0.004-0.0343) Cases: 9/143 Controls: 5/1799
Dommett (2013b)	Fatigue	All leukaemia patients and controls aged 15-24 years	0.0121 (0.0052-0.0282) Cases: 15/143 Controls: 8/1799
Dommett (2013b)	Lymphadenopathy	All leukaemia patients and controls aged 15-24 years	0.0151 (0.004-0.0578) Cases: 7/143 Controls: 3/1799
Dommett (2013b)	≥ 3 consultations	All leukaemia patients and controls aged 15-24 years	0.0038 (0.003-0.0048) Cases: 74/143 Controls: 125/1799
Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.3) 1/2585

*The positive predictive values are calculated using Bayesian statistics for Dommett (2013b).*

### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of white blood cell count in patients with suspected leukemia where the clinical responsibility was retained by primary care.

### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<b>Adults</b> <b>Consider a very urgent full blood count (within 48 hours) to assess for leukaemia in adults with any of the following:</b>
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	<ul style="list-style-type: none"> <li>• <b>pallor</b></li> <li>• <b>persistent fatigue</b></li> <li>• <b>unexplained fever</b></li> <li>• <b>unexplained persistent or recurrent infection</b></li> <li>• <b>generalised lymphadenopathy</b></li> <li>• <b>unexplained bruising</b></li> <li>• <b>unexplained bleeding</b></li> <li>• <b>unexplained petechiae</b></li> <li>• <b>hepatosplenomegaly. [new 2015]</b></li> </ul> <p><b><u>Leukaemia in children and young people</u></b></p> <p>Refer children and young people for immediate specialist assessment for leukaemia if they have unexplained petechiae or hepatosplenomegaly. [new 2015]</p> <p>Offer a very urgent full blood count (within 48 hours) to assess for leukaemia in children and young people with any of the following:</p> <ul style="list-style-type: none"> <li>• <b>pallor</b></li> <li>• <b>persistent fatigue</b></li> <li>• <b>unexplained fever</b></li> <li>• <b>unexplained persistent infection</b></li> <li>• <b>generalised lymphadenopathy</b></li> <li>• <b>persistent or unexplained bone pain</b></li> <li>• <b>unexplained bruising</b></li> <li>• <b>unexplained bleeding. [new 2015]</b></li> </ul>
Relative value placed on the outcomes considered	<p><b><u>Signs and symptoms of leukaemia</u></b></p> <p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms were predictive of leukaemia.</p> <p><b><u>Investigations in primary care for leukaemia</u></b></p> <p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
Quality of the evidence	<p><b><u>Signs and symptoms of leukaemia</u></b></p> <p>The quality of the available evidence, as assessed by QUADAS-II, was high. The GDG noted that there was limited evidence, only comprising one study, and that it used a case control design. In addition the evidence related only to children, teenagers and young people.</p> <p><b><u>Investigations in primary care for leukaemia</u></b></p> <p>No evidence was found pertaining to the diagnostic performance of white blood cell count in primary care patients with suspected leukaemia.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with leukaemia more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without leukaemia who get inappropriately referred whilst maximising the number of people with leukaemia who get appropriately referred.</p>

	<p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above for adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with leukaemia outweighed the disadvantages to those without.</p> <p>The GDG noted that, based on the evidence, no signs or symptoms had a positive predictive value of 3% or above. Consequently they were not able to recommend any signs or symptoms that should prompt a suspected cancer pathway referral for leukaemia.</p> <p>Whilst no evidence had been identified on investigations in primary care for leukaemia, the GDG agreed, based on their clinical experience, that the results of a full blood count would be able to identify leukaemia in the majority of cases. They therefore decided to recommend a set of symptoms which should prompt investigation with a full blood count. The GDG considered that pathways were already in place to deal with people who have an abnormal full blood count suggestive of leukaemia. They therefore decided not to make any recommendations on this.</p> <p>The GDG noted that separate recommendations would need to be made for adults and children/young people as there were slight differences in the symptoms which should prompt investigation between both groups.</p> <p>Since the evidence on the positive predictive values of symptoms only related to children, the GDG agreed to use the symptoms for haematological malignancies recommended in the previous guideline as the basis for their recommendations for adults. These were then amended to make them specific to leukaemia. The recommendations in the previous guideline were also used as the basis for the recommendations on children, supplemented by the evidence found for this question.</p> <p>The GDG noted that unexplained petechia and hepatosplenomegaly in children may indicate severe marrow suppression and were therefore medical emergencies. They therefore agreed to recommend that these children with these symptoms should be have immediate specialist assessment. No similar recommendation was made for adults because they are less likely to be acutely ill with these symptoms.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>It was the opinion of the GDG that there may be a slight increase in the number of full blood counts being performed. However, given that these tests are relatively inexpensive this would probably balance against the reduction in costs associated with more focussed referral of people who have leukaemia.</p>

Other considerations	The GDG acknowledged that Down's syndrome is associated with an increased incidence of acute leukaemia. However the GDG agreed that this risk factor would not affect the clinical considerations on referral or management and therefore different recommendations for those people with Down's syndrome and symptoms of leukaemia were not required.
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## 16.2 Myeloma

Over 4,500 new myelomas are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 2-3 people with myeloma in their career. Five year survival is nearly 50%. The cancer is an abnormal clone of plasma cells, secreting a specific type of immunoglobulin, called a paraprotein. Paraproteins may be present for many years before true myeloma develops, in the 'monoclonal gammopathy of unknown significance'.

Symptoms arise from two aspects. Destruction of the bone marrow may occur, with bone pain, often in multiple sites such as the ribs, and bone marrow failure. The paraprotein itself may also lead to complications, such as kidney failure or thrombo-embolism.

Myeloma generally causes considerable elevation of inflammatory markers, such as plasma viscosity or erythrocyte sedimentation rate. Hypercalcaemia can also occur. Paraproteins can be directly measured, and the specific paraprotein identified by protein electrophoresis. Paraproteins are also partially secreted in urine, the Bence Jones protein, which can also be assayed. All these investigations are available to primary care.

Definitive diagnosis generally requires bone marrow biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

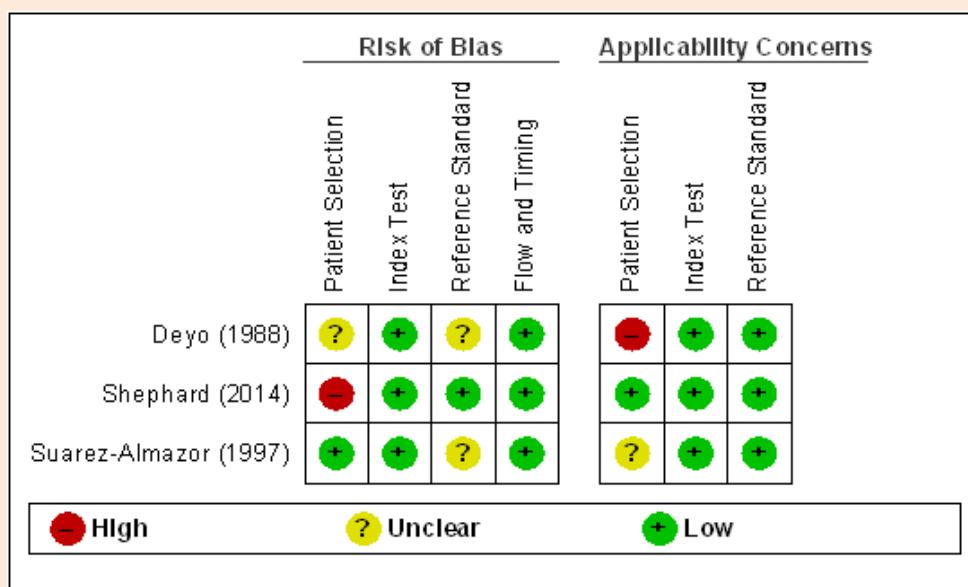
- **What is the risk of myeloma in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected myeloma should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issues to note are (1) that two of the studies employed samples of patients that are not directly representative of an unselected symptomatic population of patients presenting to the UK-based GP, and (2) that two of the studies employed patient selection methods that were not clearly consecutive or random in nature, which, in turn, may result in inflated estimates of the positive predictive values. However, the statistics employed by Shephard (2014) may have gone some way in counteracting this influence.



Evidence statement

The positive predictive values for myeloma of single symptoms presenting in a primary care setting ranged from 0% (for 'acute low back pain') to 0.7% (for hypercalcaemia in patients aged  $\geq 60$  years; 3 studies, N = 17798). The studies were subject to 1-3 bias or applicability concerns (See also Table 77).

The positive predictive values for myeloma of symptom pairs presenting in a primary care setting ranged from 0.1% (for raised creatinine with 'shortness of breath'/ chest infection / joint pain, and for joint pain with 'raised inflammatory markers'/back pain/ 'combined bone pain'/ nausea/fracture/chest pain/ 'shortness of breath', and for 'shortness of breath' with chest infection / chest pain/ fracture/ nausea/ nosebleeds/ back pain/ weight loss, and for chest infection with nosebleeds/nausea, and for chest pain with weight loss; all in patients aged  $\geq 60$  years) to  $> 10\%$  (for hypercalcaemia with 'back pain second episode'/ fracture / joint pain/rib pain, and for leucopenia with nosebleeds/fracture; all in patients aged  $\geq 60$  years; 1 study, N = 14860). The study was subject to 1 bias concern (see also Table 78).

**Table 77: Myeloma: Positive predictive values of individual symptoms for myeloma in patients aged  $> 14-15$  years**

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
Deyo (1988)	Back pain	All patients	0.05 (0.003-0.3) 1/1975
Suarez-Almazor (1997)	Acute low back pain	All patients	0 (0-0.5) or 0.21 (0.04-0.83) 0-2/963 Unclear if diagnosis was prior to symptom
Shephard (2014)	Joint pain	Patients $\geq 60$ years	0.05 (0.04-0.06)
Shephard (2014)	Shortness of breath	Patients $\geq 60$ years	0.06 (0.05-0.06)
Shephard (2014)	Chest infection	Patients $\geq 60$ years	0.06 (0.05-0.06)
Shephard (2014)	Chest pain	Patients $\geq 60$ years	0.1 (0.09-0.11)
Shephard (2014)	Fracture	Patients $\geq 60$ years	0.1 (0.08-0.12)

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
Shephard (2014)	Nausea	Patients $\geq$ 60 years	0.1 (0.08-0.12)
Shephard (2014)	Combined bone pain	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Nosebleeds	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Back pain	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Weight loss	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2014)	Rib pain	Patients $\geq$ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Low haemoglobin	Patients $\geq$ 60 years	0.17 (0.16-0.19)
Shephard (2014)	Leucopenia	Patients $\geq$ 60 years	0.3 (0.2-0.3)
Shephard (2014)	Low platelets	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2014)	Raised inflammatory markers	Patients $\geq$ 60 years	0.2 (0.18-0.22)
Shephard (2014)	Raised creatinine	Patients $\geq$ 60 years	0.08 (0.08-0.09)
Shephard (2014)	Raised MVC	Patients $\geq$ 60 years	0.18 (0.16-0.22)
Shephard (2014)	Hypercalcaemia	Patients $\geq$ 60 years	0.7 (0.5-1)

Abbreviations: CI, confidence interval; FP, False positives; PPV, positive predictive value; TP, True positives; NR, Not reported.

**Table 78: Myeloma: Positive predictive value of symptom combinations for myeloma in patients aged  $> 14$ -15 years**

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
Shephard (2014)	Joint pain and shortness of breath	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Joint pain and chest infection	Patients $\geq$ 60 years	0.3 (NR)
Shephard (2014)	Joint pain and chest pain	Patients $\geq$ 60 years	0.1 (NR)
Shephard (2014)	Joint pain and fracture	Patients $\geq$ 60 years	0.1 (NR)
Shephard (2014)	Joint pain and nausea	Patients $\geq$ 60 years	0.1 (NR)
Shephard (2014)	Joint pain and combined bone pain	Patients $\geq$ 60 years	0.1 (NR)
Shephard (2014)	Joint pain and nosebleeds	Patients $\geq$ 60 years	Non-calculable
Shephard (2014)	Joint pain and back pain	Patients $\geq$ 60 years	0.1 (0.1-0.2)

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
Shephard (2014)	Joint pain and weight loss	Patients ≥ 60 years	Non-calculable
Shephard (2014)	Joint pain and rib pain	Patients ≥ 60 years	0.7 (NR)
Shephard (2014)	Shortness of breath and chest infection	Patients ≥ 60 years	0.1 (NR)
Shephard (2014)	Shortness of breath and chest pain	Patients ≥ 60 years	0.1 (0.05-0.1)
Shephard (2014)	Shortness of breath and fracture	Patients ≥ 60 years	0.1 (0.1-0.3)
Shephard (2014)	Shortness of breath and nausea	Patients ≥ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Shortness of breath and combined bone pain	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Shortness of breath and nosebleeds	Patients ≥ 60 years	0.1 (NR)
Shephard (2014)	Shortness of breath and back pain	Patients ≥ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Shortness of breath and weight loss	Patients ≥ 60 years	0.1 (0.1-0.3)
Shephard (2014)	Shortness of breath and rib pain	Patients ≥ 60 years	0.2 (NR)
Shephard (2014)	Chest infection and chest pain	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Chest infection and fracture	Patients ≥ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Chest infection and nausea	Patients ≥ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Chest infection and combined bone pain	Patients ≥ 60 years	0.3 (NR)
Shephard (2014)	Chest infection and nosebleeds	Patients ≥ 60 years	0.1 (NR)
Shephard (2014)	Chest infection and back pain	Patients ≥ 60 years	0.2 (0.1-0.2)
Shephard (2014)	Chest infection and weight loss	Patients ≥ 60 years	0.3 (NR)
Shephard (2014)	Chest infection and rib pain	Patients ≥ 60 years	0.2 (NR)
Shephard (2014)	Chest pain and fracture	Patients ≥ 60 years	0.3 (0.2-0.6)
Shephard (2014)	Chest pain and	Patients ≥ 60	0.3 (0.2-0.4)

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>PPV % (95% CI) for myeloma; prevalence of myeloma</b>
	nausea	years	
Shephard (2014)	Chest pain and combined bone pain	Patients ≥ 60 years	0.2 (0.1-0.4)
Shephard (2014)	Chest pain and nosebleeds	Patients ≥ 60 years	0.3 (NR)
Shephard (2014)	Chest pain and back pain	Patients ≥ 60 years	0.3 (0.2-0.4)
Shephard (2014)	Chest pain and weight loss	Patients ≥ 60 years	0.1 (NR)
Shephard (2014)	Chest pain and rib pain	Patients ≥ 60 years	0.9 (NR)
Shephard (2014)	Fracture and nausea	Patients ≥ 60 years	0.2 (0.1-0.4)
Shephard (2014)	Fracture and combined bone pain	Patients ≥ 60 years	0.8 (NR)
Shephard (2014)	Fracture and nosebleeds	Patients ≥ 60 years	Non-calculable
Shephard (2014)	Fracture and back pain	Patients ≥ 60 years	0.5 (0.3-0.9)
Shephard (2014)	Fracture and weight loss	Patients ≥ 60 years	0.3 (NR)
Shephard (2014)	Fracture and rib pain	Patients ≥ 60 years	0.7 (NR)
Shephard (2014)	Nausea and combined bone pain	Patients ≥ 60 years	0.6 (NR)
Shephard (2014)	Nausea and nosebleeds	Patients ≥ 60 years	Non-calculable
Shephard (2014)	Nausea and back pain	Patients ≥ 60 years	0.4 (0.2-0.6)
Shephard (2014)	Nausea and weight loss	Patients ≥ 60 years	0.3 (NR)
Shephard (2014)	Nausea and rib pain	Patients ≥ 60 years	0.3 (NR)
Shephard (2014)	Combined bone pain and nosebleeds	Patients ≥ 60 years	Non-calculable
Shephard (2014)	Combined bone pain and back pain	Patients ≥ 60 years	0.5 (0.3-0.8)
Shephard (2014)	Combined bone pain and weight loss	Patients ≥ 60 years	Non-calculable
Shephard (2014)	Combined bone pain and rib pain	Patients ≥ 60 years	0.5 (NR)
Shephard (2014)	Nosebleeds and back pain	Patients ≥ 60 years	1.5 (NR)
Shephard (2014)	Nosebleeds and weight loss	Patients ≥ 60 years	0.3 (NR)

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
Shephard (2014)	Nosebleeds and rib pain	Patients $\geq$ 60 years	Non-calculable
Shephard (2014)	Back pain and weight loss	Patients $\geq$ 60 years	0.5 (NR)
Shephard (2014)	Back pain and rib pain	Patients $\geq$ 60 years	1.1 (NR)
Shephard (2014)	Weight loss and rib pain	Patients $\geq$ 60 years	Non-calculable
Shephard (2014)	Back pain first episode and low haemoglobin	Patients $\geq$ 60 years	0.5 (0.4-0.7)
Shephard (2014)	Back pain first episode and leucopenia	Patients $\geq$ 60 years	0.6 (0.4-1.2)
Shephard (2014)	Back pain first episode and low platelets	Patients $\geq$ 60 years	0.7 (0.4-1.3)
Shephard (2014)	Back pain first episode and raised inflammatory markers	Patients $\geq$ 60 years	0.6 (0.4-0.7)
Shephard (2014)	Back pain first episode and raised creatinine	Patients $\geq$ 60 years	0.3 (0.2-0.4)
Shephard (2014)	Back pain first episode and raised MCV	Patients $\geq$ 60 years	0.4 (0.3-0.6)
Shephard (2014)	Back pain first episode and hypercalcaemia	Patients $\geq$ 60 years	4 (NR)
Shephard (2014)	Back pain second episode and low haemoglobin	Patients $\geq$ 60 years	0.9 (0.6-1.3)
Shephard (2014)	Back pain second episode and leucopenia	Patients $\geq$ 60 years	2 (NR)
Shephard (2014)	Back pain second episode and low platelets	Patients $\geq$ 60 years	0.7 (NR)
Shephard (2014)	Back pain second episode and raised inflammatory markers	Patients $\geq$ 60 years	1.1 (0.7-1.6)
Shephard (2014)	Back pain second episode and raised creatinine	Patients $\geq$ 60 years	0.5 (0.3-0.7)
Shephard (2014)	Back pain second episode and raised MCV	Patients $\geq$ 60 years	0.8 (0.4-1.6)

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
Shephard (2014)	Back pain second episode and hypercalcaemia	Patients $\geq$ 60 years	>10 (NR)
Shephard (2014)	Shortness of breath and low haemoglobin	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2014)	Shortness of breath and leucopenia	Patients $\geq$ 60 years	0.3 (0.2-0.6)
Shephard (2014)	Shortness of breath and low platelets	Patients $\geq$ 60 years	0.3 (0.1-0.5)
Shephard (2014)	Shortness of breath and raised inflammatory markers	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2014)	Shortness of breath and raised creatinine	Patients $\geq$ 60 years	0.1 (0.07-0.11)
Shephard (2014)	Shortness of breath and raised MCV	Patients $\geq$ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Shortness of breath and hypercalcaemia	Patients $\geq$ 60 years	1.5 (NR)
Shephard (2014)	Chest pain and low haemoglobin	Patients $\geq$ 60 years	0.3 (0.2-0.4)
Shephard (2014)	Chest pain and leucopenia	Patients $\geq$ 60 years	0.3 (0.1-0.6)
Shephard (2014)	Chest pain and low platelets	Patients $\geq$ 60 years	0.3 (0.2-0.6)
Shephard (2014)	Chest pain and raised inflammatory markers	Patients $\geq$ 60 years	0.5 (0.3-0.6)
Shephard (2014)	Chest pain and raised creatinine	Patients $\geq$ 60 years	0.2 (0.1-0.2)
Shephard (2014)	Chest pain and raised MCV	Patients $\geq$ 60 years	0.3 (0.2-0.6)
Shephard (2014)	Chest pain and hypercalcaemia	Patients $\geq$ 60 years	1.9 (NR)
Shephard (2014)	Chest infection and low haemoglobin	Patients $\geq$ 60 years	0.2 (0.2-0.3)
Shephard (2014)	Chest infection and leucopenia	Patients $\geq$ 60 years	0.3 (0.1-0.5)
Shephard (2014)	Chest infection and low platelets	Patients $\geq$ 60 years	0.2 (0.1-0.4)
Shephard (2014)	Chest infection	Patients $\geq$ 60	0.3 (0.2-0.4)

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
	and raised inflammatory markers	years	
Shephard (2014)	Chest infection and raised creatinine	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Chest infection and raised MCV	Patients $\geq$ 60 years	0.3 (0.2-0.4)
Shephard (2014)	Chest infection and hypercalcaemia	Patients $\geq$ 60 years	2 (NR)
Shephard (2014)	Nosebleeds and low haemoglobin	Patients $\geq$ 60 years	0.4 (0.2-0.8)
Shephard (2014)	Nosebleeds and leucopenia	Patients $\geq$ 60 years	> 10 (NR)
Shephard (2014)	Nosebleeds and low platelets	Patients $\geq$ 60 years	1.2 (NR)
Shephard (2014)	Nosebleeds and raised inflammatory markers	Patients $\geq$ 60 years	0.9 (NR)
Shephard (2014)	Nosebleeds and raised creatinine	Patients $\geq$ 60 years	0.2 (0.1-0.4)
Shephard (2014)	Nosebleeds and raised MCV	Patients $\geq$ 60 years	0.3 (NR)
Shephard (2014)	Nosebleeds and hypercalcaemia	Patients $\geq$ 60 years	NR
Shephard (2014)	Fracture and low haemoglobin	Patients $\geq$ 60 years	0.3 (0.2-0.4)
Shephard (2014)	Fracture and leucopenia	Patients $\geq$ 60 years	> 10 (NR)
Shephard (2014)	Fracture and low platelets	Patients $\geq$ 60 years	0.1 (NR)
Shephard (2014)	Fracture and raised inflammatory markers	Patients $\geq$ 60 years	0.4 (0.2-0.6)
Shephard (2014)	Fracture and raised creatinine	Patients $\geq$ 60 years	0.2 (0.1-0.4)
Shephard (2014)	Fracture and raised MCV	Patients $\geq$ 60 years	0.3 (NR)
Shephard (2014)	Fracture and hypercalcaemia	Patients $\geq$ 60 years	> 10 (NR)
Shephard (2014)	Nausea and low haemoglobin	Patients $\geq$ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Nausea and leucopenia	Patients $\geq$ 60 years	0.4 (NR)
Shephard (2014)	Nausea and low platelets	Patients $\geq$ 60 years	0.3 (NR)
Shephard (2014)	Nausea and	Patients $\geq$ 60	0.3 (0.2-0.5)

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
	raised inflammatory markers	years	
Shephard (2014)	Nausea and raised creatinine	Patients $\geq$ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Nausea and raised MCV	Patients $\geq$ 60 years	0.3 (0.2-0.7)
Shephard (2014)	Nausea and hypercalcaemia	Patients $\geq$ 60 years	1 (NR)
Shephard (2014)	Combined bone pain and low haemoglobin	Patients $\geq$ 60 years	0.5 (0.3-1)
Shephard (2014)	Combined bone pain and leucopenia	Patients $\geq$ 60 years	> 5 (NR)
Shephard (2014)	Combined bone pain and low platelets	Patients $\geq$ 60 years	0.1 (NR)
Shephard (2014)	Combined bone pain and raised inflammatory markers	Patients $\geq$ 60 years	0.5 (0.3-0.9)
Shephard (2014)	Combined bone pain and raised creatinine	Patients $\geq$ 60 years	0.2 (0.1-0.4)
Shephard (2014)	Combined bone pain and raised MCV	Patients $\geq$ 60 years	0.5 (NR)
Shephard (2014)	Combined bone pain and hypercalcaemia	Patients $\geq$ 60 years	1.4 (NR)
Shephard (2014)	Joint pain and low haemoglobin	Patients $\geq$ 60 years	0.2 (0.1-0.3)
Shephard (2014)	Joint pain and leucopenia	Patients $\geq$ 60 years	0.3 (NR)
Shephard (2014)	Joint pain and low platelets	Patients $\geq$ 60 years	0.2 (NR)
Shephard (2014)	Joint pain and raised inflammatory markers	Patients $\geq$ 60 years	0.1 (0.1-0.2)
Shephard (2014)	Joint pain and raised creatinine	Patients $\geq$ 60 years	0.1 (0.05-0.13)
Shephard (2014)	Joint pain and raised MCV	Patients $\geq$ 60 years	0.2 (NR)
Shephard (2014)	Joint pain and hypercalcaemia	Patients $\geq$ 60 years	> 10 (NR)
Shephard (2014)	Rib pain and low haemoglobin	Patients $\geq$ 60 years	0.9 (NR)
Shephard (2014)	Rib pain and leucopenia	Patients $\geq$ 60 years	0.5 (NR)

Study	Symptom(s)	Patient group	PPV % (95% CI) for myeloma; prevalence of myeloma
Shephard (2014)	Rib pain and low platelets	Patients ≥ 60 years	NR
Shephard (2014)	Rib pain and raised inflammatory markers	Patients ≥ 60 years	0.4 (0.2-0.8)
Shephard (2014)	Rib pain and raised creatinine	Patients ≥ 60 years	0.8 (NR)
Shephard (2014)	Rib pain and raised MCV	Patients ≥ 60 years	1.1 (NR)
Shephard (2014)	Rib pain and hypercalcaemia	Patients ≥ 60 years	> 10 (NR)
Shephard (2014)	Weight loss and low haemoglobin	Patients ≥ 60 years	0.4 (0.?-0.7)
Shephard (2014)	Weight loss and leucopenia	Patients ≥ 60 years	0.5 (NR)
Shephard (2014)	Weight loss and low platelets	Patients ≥ 60 years	0.5 (NR)
Shephard (2014)	Weight loss and raised inflammatory markers	Patients ≥ 60 years	0.6 (0.3-1.1)
Shephard (2014)	Weight loss and raised creatinine	Patients ≥ 60 years	0.5 (NR)
Shephard (2014)	Weight loss and raised MCV	Patients ≥ 60 years	0.6 (NR)
Shephard (2014)	Weight loss and hypercalcaemia	Patients ≥ 60 years	0.5 (NR)

Abbreviations: CI, confidence interval; FP, False positives; PPV, positive predictive value; TP, True positives, NR, Not reported. Shephard (2014) reports that PPVs were not calculated if < 5 cases had the feature(s) and CIs were omitted where < 10 cases or controls had the combined features.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of paraprotein/serum electrophoresis/Bence-Jones protein tests, ESR, X-ray, viscosity or calcium tests in patients with suspected myeloma cancer where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

	Offer a full blood count, blood tests for calcium and plasma viscosity or erythrocyte sedimentation rate to assess for myeloma in people aged 60 and over with persistent bone pain, particularly back pain, or unexplained fracture. [new 2015]
Recommendation	Offer very urgent protein electrophoresis and a Bence-

	<p><b>Jones protein urine test (within 48 hours) to assess for myeloma in people aged 60 and over with hypercalcaemia or leukopenia and a presentation that is consistent with possible myeloma. [new 2015]</b></p> <p><b>Consider very urgent protein electrophoresis and a Bence-Jones protein urine test (within 48 hours) to assess for myeloma if the plasma viscosity or erythrocyte sedimentation rate and presentation are consistent with possible myeloma. [new 2015]</b></p> <p><b>Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks) if the results of protein electrophoresis or a Bence-Jones protein urine test suggest myeloma. [new 2015]</b></p>
<p>Relative value placed on the outcomes considered</p>	<p><u><b>Signs and symptoms of myeloma</b></u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms were predictive of myeloma.</p> <p><u><b>Investigations in primary care for myeloma</b></u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
<p>Quality of the evidence</p>	<p><u><b>Signs and symptoms of myeloma</b></u> The quality of the evidence, as assessed by QUADAS-II, varied for the positive predictive values for the different signs and symptoms and included one study of high quality.</p> <p><u><b>Investigations in primary care for myeloma</b></u> No evidence was found pertaining to the diagnostic performance of paraprotein, serum electrophoresis, Bence-Jones protein (urine test), ESR, viscosity, calcium or X-ray in primary care patients with suspected myeloma.</p>
<p>Trade-off between clinical benefits and harms</p>	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with myeloma more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without myeloma who get inappropriately referred whilst maximising the number of people with myeloma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above in adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with myeloma outweighed the disadvantages to those without.</p> <p>The GDG noted that the positive predictive values were below 3% for all single symptoms, but that they were above 3% for a number of symptoms when these were combined with hypercalcaemia or leucopenia.</p>

	<p>The GDG agreed, based on the evidence, that the symptoms of persistent bone pain, particularly back pain, and unexplained fracture should prompt investigation in primary care in people aged 60 years or older.</p> <p>The GDG also noted that whilst no evidence had been identified on the diagnostic accuracy of investigations in primary care for myeloma, the GDG agreed, that there were several tests available that could be used to identify myeloma. Since myeloma is easily treatable but has one of the worst diagnostic experiences, the GDG decided to recommend those symptoms which should prompt investigation in primary care, to help improve the diagnosis of this cancer.</p> <p>Based on the evidence for signs and symptoms of myeloma and their clinical experience, the GDG identified four tests (full blood count, calcium level and tests for plasma viscosity or erythrocyte sedimentation rate) which increased the likelihood of diagnosing myeloma. They also identified electrophoresis as an investigation that could diagnose myeloma. Since the symptoms recommended to prompt investigation were fairly generic, the GDG agreed to recommend that full blood count, calcium level and tests for plasma viscosity or erythrocyte sedimentation rate should be used first, to try to narrow the patient group to those with cancer, as they were non-invasive, readily available, relatively in-expensive and returned results quickly. If these test results showed an abnormality consistent with myeloma, the GDG agreed that electrophoresis should be performed to diagnose myeloma, and that this should be 'very urgent' to avoid any unnecessary delay for patients who have myeloma. It was noted that although electrophoresis can diagnose myeloma, it is more expensive and time consuming to perform than a full blood count, calcium level and tests for plasma viscosity or erythrocyte sedimentation rate and so would not be appropriate to use it as a first test.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that full blood count, calcium level and tests for plasma viscosity or erythrocyte sedimentation rate were less expensive than electrophoresis. Therefore they recommended that the former be used as the first test since this was likely to be the larger group of people.</p> <p>The GDG considered that the recommendations made could result in some additional costs for increased use of tests, for example electrophoresis. However they agreed this would be balanced by a reduction in costs resulting from decreased emergency admissions, due to earlier diagnosis of myeloma.</p>
Other considerations	<p>The GDG acknowledged that older black men are thought to be at increased risk of myeloma. However the GDG agreed that this risk factor would not affect the clinical considerations on referral or management and therefore different recommendations for older black men with symptoms of leukaemia were not required.</p>

## 16.3 Non-Hodgkin's lymphoma

Nearly 13,000 new non-Hodgkin's lymphomas are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with non-Hodgkin's lymphoma every 2-3 years. It is one of the commoner cancers in young people. Five year survival is just under 70%.

The most common symptom of non-Hodgkin's lymphoma is lymphadenopathy, sometimes accompanied by other symptoms such as fever, pruritus, weight loss or night sweats.

These features can also be present in other cancers, especially Hodgkin's lymphoma or lymph node spread from other cancer sites.

The main method of diagnosis is by biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

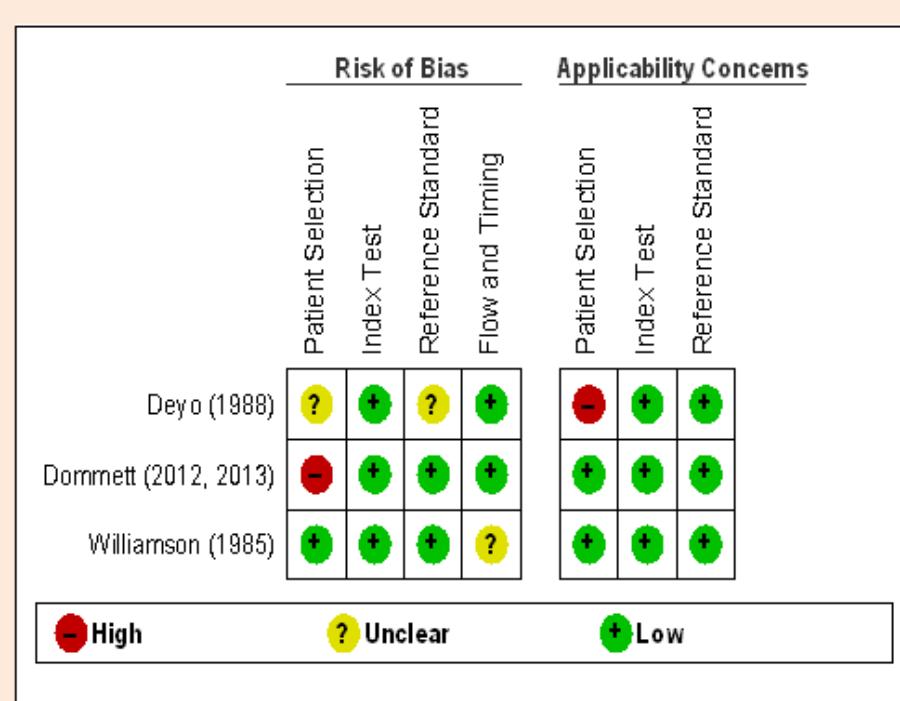
- **What is the risk of non-Hodgkin's lymphoma in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected non-Hodgkin's lymphoma cancer should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issue to note is that 2/3 studies employed samples of patients that are not directly representative of an unselected symptomatic population of patients presenting to the UK-based GP, and that there was some uncertainty about the verification of the outcome for some of the patients. Dommett (2012; 2013a,b) employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence.



#### Evidence statement

##### Adult and mixed age populations

Back pain (1 study, N = 1975) and lymphadenopathy (1 study, N = 249) presenting in a primary care setting do not appear to confer a markedly increased risk of Hodgkin's/Non-Hodgkin's lymphoma, although the study populations are probably not directly representative of the typical unselected symptomatic UK GP population (see also Table 79).

##### Children and teenagers and young people

The positive predictive values of having leukaemia/lymphoma childhood cancer ranged from 0.01% (for fever and abdominal pain) to 0.53% (for bruising) for patients aged 0-14 years old, and the positive predictive values of having young adulthood lymphoma ranged from 0.0279% (for 'lump mass swelling below the neck excluding the abdomen') to 0.5034% (for 'lump mass swelling head and neck') for patients aged 15-24 years (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Tables 80-81).

**Table 79: Non-Hodgkin's lymphoma: Adult and mixed age populations**

Study	Symptom(s)	Patient group	Result
Deyo (1988)	Back pain	All patients	0.1 (0.02-0.41) 2/1975 7 had other types of cancer: lymphoma (NOS): N = 2, unknown primary: N = 1, Prostate: N = 1, retroperitoneal liposarcoma: N = 1, lung cancer: N = 1, renal cell: N = 1, multiple myeloma: N = 1,

Study	Symptom(s)	Patient group	Result
			mucinous adenocarcinoma (of gallbladder?): N = 1
Williamson (1985)	Lymphadenopathy	All patients	0.8 (0.1-3.2) TP = 2, FP = 247 Cancer: Hodgkin's: N = 1 Adenocarcinoma: N = 1

TP = True positives, FP = False positives.

**Table 80: Non-Hodgkin's lymphoma: Positive predictive values for leukaemia/lymphoma childhood cancer**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
Dommett (2013a)	Bruising 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.53 (0.07-3.91)
Dommett (2013a)	Pallor 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.43 (0.06-3.15)
Dommett (2013a)	Lump mass swelling head and neck 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.35 (0.05-2.65)
Dommett (2013a)	Fatigue 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.07 (0.03-0.15)
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.06 (0.04-0.11)
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.05 (0.02-0.13)
Dommett (2013a)	Bleeding 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.03 (0.01-0.08)
Dommett (2013a)	Pain 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.03 (0.01-0.06)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.02 (0.01-0.03)
Dommett (2013a)	Fever 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)
Dommett (2013a)	Abdominal pain 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0-0.01)
Dommett (2013a)	≥ 3 consultations	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)

The positive predictive values are calculated using Bayesian statistics.

**Table 81: Non-Hodgkin's lymphoma: Positive predictive values for teenage and young adult lymphoma**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013b)	Lump mass swelling head and neck	All lymphoma patients and controls aged 15-24 years	0.5034 (0.0696-3.68) Cases: 35/270 Controls: 1/3350
Dommett (2013b)	Lump mass swelling below neck excluding abdomen	All lymphoma patients and controls aged 15-24 years	0.0279 (0.0152-0.0515) Cases: 29/270 Controls: 15/3350
Dommett (2013b)	Lymphadenopathy	All lymphoma patients and controls aged 15-24 years	0.278 (0.1-0.75) Cases: 77/270 Controls: 4/3350
Dommett (2013b)	'Lump mass swelling head and neck', 'lymphadenopathy' and 'lump mass swelling below neck excluding abdomen' combined as a single symptom	All lymphoma patients and controls aged 15-24 years	0.0903 (0.057-0.1425)
Dommett (2013b)	≥ 3 consultations	All lymphoma patients and controls aged 15-24 years	0.0086 (0.0075-0.0099) Cases: 175/270 Controls: 294/3350

The positive predictive values are calculated using Bayesian statistics.

#### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of CT scan, ultrasound, chest X-ray or LDH in patients with suspected non-hodgkin's lymphoma cell cancer where the clinical responsibility was retained by primary care.

#### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<b><u>Adults</u></b> Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for non-Hodgkin's lymphoma in adults <sup>o</sup> presenting with unexplained lymphadenopathy or splenomegaly. When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss. [new 2015]
	<b><u>Children and young people</u></b> Consider a very urgent referral (for an appointment within

<sup>o</sup> Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16-24) may be referred using either an adult or children's pathway depending on their age and local arrangements.

<p><b>48 hours) for specialist assessment for non-Hodgkin's lymphoma in children and young people<sup>p</sup> presenting with unexplained lymphadenopathy or splenomegaly. When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss. [new 2015]</b></p>	
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of non-Hodgkin's lymphoma</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict non-Hodgkin's lymphoma.</p> <p><u>Investigations in primary care for non-Hodgkin's lymphoma</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of non-Hodgkin's lymphoma</u> The quality of the available evidence, as assessed by QUADAS-II, was very low for the adult population and low for the children and young adult population.</p> <p>The GDG noted some limitations with the evidence. Firstly, not all studies were representative of UK primary care practice. Secondly, not all patients were included in the analyses. Thirdly, there were a limited number of cases in the studies and there was no distinction between Hodgkin's lymphoma, non-Hodgkin's lymphoma and leukaemia.</p> <p><u>Investigations in primary care for non-Hodgkin's lymphoma</u> No evidence was found pertaining to the diagnostic accuracy of chest X-rays, CT scans, ultrasound or LDH in primary care patients with suspected non-Hodgkin's lymphoma.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with non-Hodgkin's lymphoma more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without non-Hodgkin's lymphoma who get inappropriately referred whilst maximising the number of people with non-Hodgkin's lymphoma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above in adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with non-Hodgkin's lymphoma outweighed the disadvantages to those without.</p> <p>The GDG noted that the symptoms reported in the evidence all had positive predictive values below 3%. However, the GDG also acknowledged that there are no investigations available in primary care for suspected non-Hodgkin's lymphoma. They therefore agreed, despite the low positive predictive values, that</p>

<sup>p</sup> Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.

	<p>the appropriate action for adults presenting with signs and symptoms of non-Hodgkin's lymphoma would be a suspected cancer pathway referral. The GDG noted that the urgent suspected cancer pathway does not generally apply to children and therefore made a recommendation for a very urgent referral for specialist assessment. The GDG acknowledged that there is often no clear pathway for suspected cancer referral in young adults. They therefore included this age group in both recommendations so that the clinician could use their clinical judgement as to the most appropriate pathway to use.</p> <p>The GDG agreed, based on their clinical experience, that the majority of patients with non-Hodgkin's lymphoma, present with lymphadenopathy. They also agreed that splenomegaly, fever, night sweats, pruritis and weight loss were commonly associated with non-Hodgkin's lymphoma, particularly when presenting alongside lymphadenopathy. The GDG therefore recommended that these symptoms should prompt a suspected cancer pathway referral for adults or very urgent specialist assessment for children.</p> <p>Shortness of breath (resulting from a mediastinal mass) was identified as a peripheral symptom, less classically associated with non-Hodgkin's lymphoma. However the GDG agreed it was important to include this symptom in the recommendation to try to raise awareness of this association.</p> <p>The GDG noted that although the evidence reported the symptoms of bruising and pallor in children and young people, these symptoms were more likely to result from leukaemia than non-Hodgkin's lymphoma. They therefore agreed that these symptoms should not be included in the recommendations.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendations made were essentially a refinement of those in previous guidance and were unlikely to result in a substantial change to current practice. They therefore considered there would be minimal additional costs from implementing these recommendations.</p>

## 16.4 Hodgkin's lymphoma

Just below 2,000 new Hodgkin's lymphomas are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with Hodgkin's lymphoma during their career. It is one of the commoner cancers in young people. Five year survival is 85%.

The most common symptom of Hodgkin's lymphoma is lymphadenopathy, sometimes accompanied by other symptoms such as fever, pruritus, weight loss or night sweats.

These features can also be present in other cancers, especially non-Hodgkin's lymphoma or lymph node spread from other cancer sites.

The main method of diagnosis is by biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

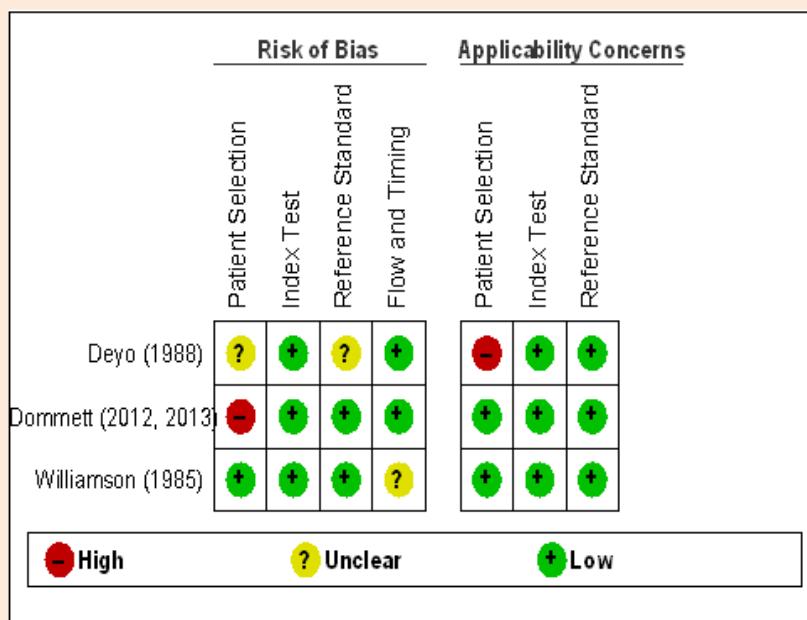
- What is the risk of Hodgkin's lymphoma in patients presenting in primary care with symptom(s)?
- Which investigations of symptoms of suspected Hodgkin's lymphoma should be done with clinical responsibility retained by primary care?

**Clinical evidence**

*Signs and symptoms*

Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issue to note is that 2/3 studies employed samples of patients that are not directly representative of an unselected symptomatic population of patients presenting to the UK-based GP, and that there was some uncertainty about the verification of the outcome for some of the patients. Dommert (2012; 2013a,b) employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence.



Evidence statement

Adult and mixed age populations

Back pain (1 study, N = 1975) and lymphadenopathy (1 study, N = 249) presenting in a primary care setting do not appear to confer a markedly increased risk of Hodgkin's/Non-Hodgkin's lymphoma, although the study populations are probably not directly representative of the typical unselected symptomatic UK GP population (see also Table 82).

Children and teenagers and young people

The positive predictive values of having leukaemia/lymphoma childhood cancer ranged from 0.01% (for fever and abdominal pain) to 0.53% (for bruising) for patients aged 0-14 years old, and the positive predictive values of having young adulthood lymphoma ranged from 0.0279% (for 'lump mass swelling below the neck excluding the abdomen') to 0.5034% (for 'lump mass swelling head and neck') for patients aged 15-24 years (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Tables 83-84).

**Table 82: Hodgkin's lymphoma: Adult and mixed age populations**

Study	Symptom(s)	Patient group	PPVs (95% CI)
Deyo (1988)	Back pain	All patients	0.1 (0.02-0.41) 2/1975 7 had other types of cancer: lymphoma (NOS): N = 2, unknown primary: N = 1, Prostate: N = 1, retroperitoneal liposarcoma: N = 1, lung cancer: N = 1, renal cell: N = 1, multiple myeloma: N = 1, mucinous adenocarcinoma (of gallbladder?): N = 1
Williamson (1985)	Lymphadenopathy	All patients	0.8 (0.1-3.2) TP = 2, FP = 247 Cancer: Hodgkin's: N = 1 Adenocarcinoma: N = 1

TP = True positives, FP = False positives.

**Table 83: Hodgkin's lymphoma: Positive predictive values for leukaemia/lymphoma childhood cancer**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
Dommett (2013a)	Bruising 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.53 (0.07-3.91)
Dommett (2013a)	Pallor 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.43 (0.06-3.15)
Dommett (2013a)	Lump mass swelling head and neck 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.35 (0.05-2.65)
Dommett (2013a)	Fatigue 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.07 (0.03-0.15)
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.06 (0.04-0.11)
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.05 (0.02-0.13)
Dommett (2013a)	Bleeding 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.03 (0.01-0.08)
Dommett (2013a)	Pain 0-3 months before	All leukemia/lymphoma	0.03 (0.01-0.06)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
	diagnosis	patients and controls aged 0-14 years	
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.02 (0.01-0.03)
Dommett (2013a)	Fever 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)
Dommett (2013a)	Abdominal pain 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0-0.01)
Dommett (2013a)	≥ 3 consultations	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)

The positive predictive values are calculated using Bayesian statistics.

**Table 84: Hodgkin's lymphoma: Positive predictive values for teenage and young adult lymphoma**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013b)	Lump mass swelling head and neck	All included lymphoma patients and controls aged 15-24 years	0.5034 (0.0696-3.68) Cases: 35/270 Controls: 1/3350
Dommett (2013b)	Lump mass swelling below neck excluding abdomen	All lymphoma patients and controls aged 15-24 years	0.0279 (0.0152-0.0515) Cases: 29/270 Controls: 15/3350
Dommett (2013b)	Lymphadenopathy	All lymphoma patients and controls aged 15-24 years	0.278 (0.1-0.75) Cases: 77/270 Controls: 4/3350
Dommett (2013b)	'Lump mass swelling head and neck', 'lymphadenopathy' and 'lump mass swelling below neck excluding abdomen' combined as a single symptom	All lymphoma patients and controls aged 15-24 years	0.0903 (0.057-0.1425)
Dommett (2013b)	≥ 3 consultations	All lymphoma patients and controls aged 15-24 years	0.0086 (0.0075-0.0099) Cases: 175/270 Controls: 294/3350

The positive predictive values are calculated using Bayesian statistics.

#### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of chest x-ray, CT scan, ultrasound or LDH in patients with suspected Hodgkin's lymphoma where the clinical responsibility was retained by primary care.

## Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p><b>Adults</b>  <b>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for Hodgkin's lymphoma in adults<sup>q</sup> presenting with unexplained lymphadenopathy. When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus, weight loss or alcohol-induced lymph node pain. [new 2015]</b></p> <p><b>Children and young people</b>  <b>Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment for Hodgkin's lymphoma in children and young people<sup>r</sup> presenting with unexplained lymphadenopathy. When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss. [new 2015]</b></p>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of Hodgkin's lymphoma</u>  The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict Hodgkin's lymphoma.</p> <p><u>Investigations in primary care for Hodgkin's lymphoma</u>  The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of Hodgkin's lymphoma</u>  The quality of the available evidence, as assessed by QUADAS-II, was very low for the adult population and low for the children and young adult population.</p> <p>The GDG noted some limitations with the evidence. Firstly, not all studies were representative of UK primary care practice. Secondly, not all patients were included in the analyses. Thirdly, there were a limited number of cases in the studies and there was no distinction between Hodgkin's lymphoma, non-Hodgkin's lymphoma and leukaemia.</p> <p><u>Investigations in primary care for Hodgkin's lymphoma</u>  No evidence was found pertaining to the diagnostic accuracy of chest X-rays, CT scans, ultrasound or LDH in primary care patients with suspected Hodgkin's lymphoma.</p>
Trade-off between clinical benefits and harms	The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway

<sup>q</sup> Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.

<sup>r</sup> Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.

	<p>referral would be to identify those people with Hodgkin's lymphoma more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without Hodgkin's lymphoma who get inappropriately referred whilst maximising the number of people with Hodgkin's lymphoma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above in adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with Hodgkin's lymphoma outweighed the disadvantages to those without.</p> <p>The GDG noted that the symptoms reported in the evidence all had positive predictive values below 3%. However, the GDG also acknowledged that there are no investigations available in primary care for suspected Hodgkin's lymphoma. They therefore agreed, despite the low positive predictive values, that the appropriate action for adults presenting with signs and symptoms of Hodgkin's lymphoma would be a suspected cancer pathway referral. The GDG noted that the urgent suspected cancer pathway does not generally apply to children and therefore made a recommendation for a very urgent referral for specialist assessment. The GDG acknowledged that there is often no clear pathway for suspected cancer referral in young adults. They therefore included this age group in both recommendations so that the clinician could use their clinical judgement as to the most appropriate pathway to use.</p> <p>The GDG agreed, based on their clinical experience, that the majority of patients with Hodgkin's lymphoma, present with lymphadenopathy. They also agreed that fever, night sweats, pruritis and weight loss were commonly associated with Hodgkin's lymphoma, particularly when presenting alongside lymphadenopathy. The GDG therefore recommended that these symptoms should prompt a suspected cancer pathway referral for adults or very urgent specialist assessment for children.</p> <p>Alcohol-induced lymph node pain was identified as a rare symptom that was only associated with Hodgkin's lymphoma and should therefore be included in the recommendations. Shortness of breath (resulting from a mediastinal mass) was identified as a peripheral symptom, less classically associated with Hodgkin's lymphoma. However the GDG agreed it was important to include this symptom in the recommendation to try to raise awareness of this association.</p> <p>The GDG noted that although the evidence reported the symptoms of bruising and pallor in children and young people, these symptoms were more likely to result from leukaemia than Hodgkin's lymphoma. They therefore agreed that these symptoms should not be included in the recommendations.</p>
Trade-off between net health benefits and resource use	The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.

The GDG noted that the recommendations made were essentially a refinement of those in previous guidance and were unlikely to result in a substantial change to current practice. They therefore considered there would be minimal additional costs from implementing these recommendations.

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Dommett, R. M., Redaniel, T., Stevens, M. C. G., Martin, R. M., and Hamilton, W. Risk of childhood cancer with symptoms in primary care: A population-based case-control study. *British Journal of General Practice*; DOI:10.3399/bjgp13X660742. 2013a.

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Williamson, H. A., Jr. Lymphadenopathy in a family practice: a descriptive study of 249 cases. *Journal of Family Practice* 20[5], 449-452. 1985.

# 17 Sarcomas

## 17.1 Bone sarcoma

Around 500 new bone sarcomas are diagnosed each year in the UK, meaning that a full time GP is unlikely to diagnose more than one bone sarcoma during their career. It is seen in both sexes, and is one of the commoner cancers in children, teenagers and young people.

Pain and loss of function of the affected limb are thought to be the main presenting symptoms of bone sarcoma. However the rarity of this cancer means there are few studies of its clinical features.

Because of the rarity of bone sarcoma, there is no standard diagnostic pathway for primary care. Plain X-ray may show abnormalities suggestive of the sarcoma.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### Clinical questions:

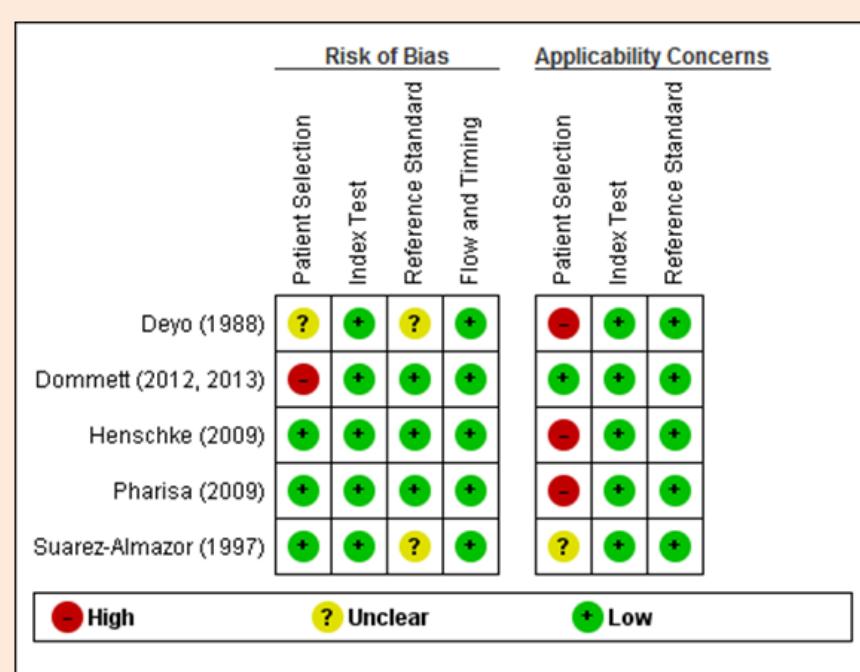
- **What is the risk of bone sarcoma in patients presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected bone sarcoma should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main issue to note is that 4/5 studies employed samples of patients that are not directly representative of an unselected symptomatic population of patients presenting to the UK-based GP. In the case of Pharsa (2009) whose sample consisted of patients presenting as emergencies, the symptom spectrum is likely to be of the more severe kind than those typically seen by a GP in the UK, but in the other cases (e.g., presentations to physiotherapists, chiropractors and hospital-based walk-in and family clinics) it is unclear how the patients differ from those of primary current interest. Dommett (2012, 2013a,b) only presented results for bone and soft tissue sarcoma in combination and also employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence. Finally, two studies employed reference standards that are at some (unknown level of) risk of failing to identify all patients with cancer, which means that the relevant PPVs may be underestimated (to the extent that the reference standards have failed to identify patients with cancer).



### Evidence statement

#### Adult patients

Acute low back pain alone (2 studies, N = 2135) or in combination with other single risk factors/symptoms (1 study, N = 19-281), and back pain (1 study, N = 1975) presenting in a primary care setting do not appear to confer an increased risk of bone sarcoma, although the study populations are probably not directly representative of the typical unselected symptomatic UK GP population (see also Table 85).

#### Children, teenage and young adult patients

The positive predictive values of having childhood or young adulthood bone sarcoma tumour/soft tissue sarcoma ranged from 0% (for trauma) to 0.03% (for 'lump mass swelling below neck excluding abdomen') for patients aged 0-14 years old, and from 0.0027% (for chest pain) to 0.0415% (for 'lump mass swelling') for patients aged 15-24 years (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Table 86).

Neck pain (1 study, N = 170) presenting in a primary care setting does not appear to confer an increased risk of bone sarcoma, although the study population is not directly representative of the typical unselected symptomatic UK GP population (see also Table 86).

**Table 85: Bone sarcoma: Patients aged > 14-15 years**

Study	Symptom(s)	Patient group	PPVs (95% CI); prevalence
Deyo (1988)	Back pain	All patients	0 (0-0.2) 0/1975 None had bone sarcoma, but N = 9 had other types of cancer
Suarez-Almazor (1997)	Acute low back pain	All patients	TP = 0-1, FP = 962-963 Unclear if diagnosis prior to symptom
Henschke (2009)	Acute low back pain	All patients	0 (0-0.4)

Study	Symptom(s)	Patient group	PPVs (95% CI); prevalence
			0/1172 None had cancer
Henschke (2009)	Acute low back pain + age at onset < 20 years or > 55 years	Subgroup with both symptoms	0 (0-1.7) 0/281 None had cancer
Henschke (2009)	Acute low back pain + previous history of cancer	Subgroup with both symptoms	0 (0-9.6) 0/46 None had cancer
Henschke (2009)	Acute low back pain + tried bed rest, but no relief	Subgroup with both symptoms	0 (0-2.4) 0/192 None had cancer
Henschke (2009)	Acute low back pain + unexplained weight loss	Subgroup with both symptoms	0 (0-69) 0/3 None had cancer
Henschke (2009)	Acute low back pain + insidious onset	Subgroup with both symptoms	0 (0-2.3) 0/202 None had cancer
Henschke (2009)	Acute low back pain + systemically unwell	Subgroup with both symptoms	0 (0-15.5) 0/27 None had cancer
Henschke (2009)	Acute low back pain + constant progressive non-mechanical pain	Subgroup with both symptoms	0 (0-13) 0/33 None had cancer
Henschke (2009)	Acute low back pain + sensory level altered from trunk down	Subgroup with both symptoms	0 (0-20.9) 0/19 None had cancer

TP = True positives, FP = False positives.

**Table 86: Bone sarcoma: Positive predictive values for child- or young adulthood bone tumour/soft tissue sarcoma**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All bone tumour/soft tissue sarcoma patients and controls aged 0-14 years	0.03 (0.01-0.14)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis	All bone tumour/soft tissue sarcoma patients and controls aged 0-14 years	0.01 (0-0.01)
Dommett (2013a)	Trauma 0-3 months before diagnosis	All bone tumour/soft tissue sarcoma patients and controls aged 0-14 years	0 (0-0)
Dommett (2013a)	≥ 3 consultations	All bone tumour/soft tissue sarcoma patients and controls aged 0-14 years	0 (0-0)
Dommett (2013b)	Lump mass swelling	All bone tumour/soft tissue sarcoma	0.0415 (0.0124-0.1392)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
		patients and controls aged 15-24 years	Cases: 19/196 Controls: 3/2438
Dommett (2013b)	Musculoskeletal symptoms	All bone tumour/soft tissue sarcoma patients and controls aged 15	0.0093 (0.0058-0.0151) Cases: 37/196 Controls: 26/2438
Dommett (2013b)	Chest pain	All bone tumour/soft tissue sarcoma patients and controls aged 15	0.0027 (0.001-0.0077) Cases: 5/196 Controls: 12/2438
Dommett (2013b)	≥ 3 consultations	All bone tumour/soft tissue sarcoma patients and controls aged 15	0.003 (0.0024-0.0037) Cases: 86/196 Controls: 189/2438
Pharisa (2009)	Neck pain	Children ≤ 16 years	0 (0-2.75) 0/170

The positive predictive values are calculated using Bayesian statistics. TP = true positives, FP = false positives

#### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of x-ray, calcium or alkaline phosphatase in patients with suspected bone sarcoma where the clinical responsibility was retained by primary care.

#### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendation	<b>Adults</b> Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for adults <sup>s</sup> if an X-ray suggests the possibility of bone sarcoma. [new 2015]
	<b>Children and young people</b> Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment for children and young people <sup>t</sup> if an X-ray suggests the possibility of bone sarcoma. [new 2015]
	Consider a very urgent direct access X-ray (to be performed within 48 hours) to assess for bone sarcoma in children and young people with unexplained bone swelling or pain. [new 2015]

<sup>s</sup> Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.

<sup>t</sup> Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.

Relative value placed on the outcomes considered	<p><b>Signs and symptoms of bone sarcoma</b> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict bone sarcoma.</p> <p><b>Investigations in primary care for bone sarcoma</b> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
Quality of the evidence	<p><b>Signs and symptoms of bone sarcoma</b> The quality of the evidence assessed by QUADAS-II varied, with the majority of studies providing moderate quality evidence. The GDG noted some limitations of the evidence. Firstly, the majority of studies employed samples of patients that were not directly representative of UK-based primary care. Secondly, some of the studies used a non-rigorous reference standard that may have failed to identify patients with cancer with the consequence that the positive predictive values may be underestimated. Thirdly, the largest and most applicable study did not distinguish between bone and soft tissue sarcoma, but grouped them together in their analyses. Bone sarcoma-specific positive predictive values were therefore not available in this study.</p> <p><b>Investigations in primary care for bone sarcoma</b> No evidence was found pertaining to the diagnostic performance of X-ray, calcium, and alkaline phosphatase in primary care patients with suspected bone sarcoma.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those people with bone sarcoma more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without bone sarcoma who get inappropriately referred whilst maximising the number of people with bone sarcoma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above in adults, with a lower threshold potentially pertaining to children. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with bone sarcoma outweighed the disadvantages to those without.</p> <p>However, the GDG noted that none of the positive predictive values in the evidence were sufficiently high to warrant a suspected cancer pathway referral. The GDG therefore decided not to recommend a suspected cancer pathway referral for any specific symptoms of bone sarcoma. However, based on their clinical experience, the GDG agreed that in people in whom an X-ray suggests the possibility of bone sarcoma, the positive predictive value is likely to be above 3%. The GDG therefore decided to recommend a suspected cancer pathway referral for adults. The GDG noted that the urgent suspected cancer pathway does not generally apply to children and therefore made a recommendation for a very urgent referral for specialist</p>

	<p>assessment. The GDG acknowledged that there is often no clear pathway for suspected cancer referral in young adults. They therefore included this age group in both recommendations so that the clinician could use their clinical judgement as to the most appropriate pathway to use.</p> <p>The GDG also noted, based on their clinical experience, that although there is some risk of false positive results, bone sarcoma will be evident on X-ray which is a relatively cheap and easy test to perform; that bone swelling and pain can be symptoms of bone sarcoma; and that although bone sarcoma is a rare cancer the risk of bone sarcoma is higher in children and young people than in adults (where the anticipated PPV of this clinical presentation being a bone sarcoma would be extremely low). The GDG therefore decided to recommend a very urgent X-ray for any child or young adult with unexplained bone swelling or pain. However, although the recommendation focuses on children and young people, the GDG noted that it does not preclude clinicians following the same instructions for adults.</p> <p>The GDG discussed children with an unexplained limp and noted that this symptom could not be investigated with an X-ray. The GDG noted that any child presenting with a limp would be referred to a secondary care specialist and therefore a recommendation for this symptom is not needed. The GDG also noted that it is also likely that a child presenting with a limp will be referred for other concerns primarily, and not bone sarcoma.</p> <p>Due to the lack of evidence, the GDG agreed not to make any recommendations on the use of calcium, and alkaline phosphatase in primary care patients with suspected bone sarcoma</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG estimated that the recommendations were likely to result in an increase in X-rays, which would be offset by a decrease in paediatric referrals, overall resulting in a net cost saving and improved patient experience.</p>

## 17.2 Soft tissue sarcoma

Just over 3,000 new soft tissue sarcomas are diagnosed each year in the UK. A full time GP is likely to diagnose approximately 1 person with soft tissue sarcoma during their career. They occur in connective tissue, so can occur in many parts of the body. Five year survival is highly dependent on the specific site.

The rarity of this cancer means there are few studies of its clinical features. It is believed that most present with a mass, which may be painless, and may become quite large.

The main method of diagnosis is by biopsy, which is performed in secondary care.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

**Clinical questions:**

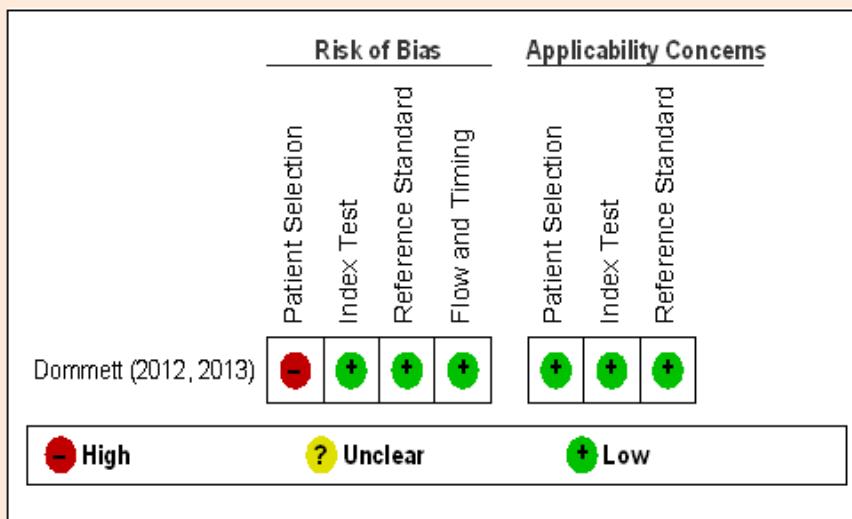
- What is the risk of soft tissue sarcoma in patients presenting in primary care with symptom(s)?
- Which investigations of symptoms of suspected soft tissue sarcoma should be done with clinical responsibility retained by primary care?

**Clinical evidence**

*Signs and symptoms*

Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The main issue to note is that the study only presented results for bone and soft tissue sarcoma in combination and also employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting the influence of the latter.



Evidence statement

The positive predictive values of having childhood or young adulthood bone cancer tumour/soft tissue sarcoma ranged from 0% (for trauma) to 0.03% (for 'lump mass swelling below neck excluding abdomen') for patients aged 0-14 years old, and from 0.0027% (for chest pain) to 0.0415% (for 'lump mass swelling') for patients aged 15-24 years (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Table 87).

**Table 87: Soft tissue sarcoma: Positive predictive values for child- or young adulthood bone cancer tumour/soft tissue sarcoma**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All bone cancer tumour/soft tissue sarcoma patients and controls aged 0-14 years	0.03 (0.01-0.14)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis	All bone cancer tumour/soft tissue sarcoma patients and	0.01 (0-0.01)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
		controls aged 0-14 years	
Dommett (2013a)	Trauma 0-3 months before diagnosis	All bone cancer tumour/soft tissue sarcoma patients and controls aged 0-14 years	0 (0-0)
Dommett (2013a)	≥ 3 consultations	All bone cancer tumour/soft tissue sarcoma patients and controls aged 0-14 years	0 (0-0)
Dommett (2013b)	Lump mass swelling	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.0415 (0.0124-0.1392) Cases: 19/196 Controls: 3/2438
Dommett (2013b)	Musculoskeletal symptoms	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.0093 (0.0058-0.0151) Cases: 37/196 Controls: 26/2438
Dommett (2013b)	Chest pain	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.0027 (0.001-0.0077) Cases: 5/196 Controls: 12/2438
Dommett (2013b)	≥ 3 consultations	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.003 (0.0024-0.0037) Cases: 86/196 Controls: 189/2438

The positive predictive values are calculated using Bayesian statistics.

### Investigations in primary care

No primary care evidence was identified pertaining to the diagnostic accuracy of ultrasound in patients with suspected soft tissue sarcoma where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

	<p><b>Adults</b></p> <p>Consider an urgent direct access ultrasound scan (to be performed within 2 weeks) to assess for soft tissue sarcoma in adults<sup>u</sup> with an unexplained lump that is increasing in size. [new 2015]</p> <p>Consider a suspected cancer pathway referral (for an appointment within 2 weeks) for adults<sup>v</sup> if they have ultrasound scan findings that are suggestive of soft tissue sarcoma or if ultrasound findings are uncertain and clinical concern persists. [new 2015]</p> <p><b>Children and young people</b></p> <p>Consider a very urgent direct access ultrasound scan (to be performed within 48 hours) to assess for soft tissue sarcoma in children and young people<sup>w</sup> with an unexplained lump that is increasing in size. [new 2015]</p> <p>Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment for children and young people<sup>x</sup> if they have ultrasound scan findings that are suggestive of soft tissue sarcoma or if ultrasound findings are uncertain and clinical concern persists. [new 2015]</p>
<b>Recommendation</b>	<p>Relative value placed on the outcomes considered</p> <p><u>Signs and symptoms of soft tissue sarcoma</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict soft sarcoma.</p> <p><u>Investigations in primary care for soft tissue sarcoma</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found for any of these outcomes.</p>
<b>Quality of the evidence</b>	<p><u>Signs and symptoms of soft sarcoma</u> The evidence consisted of one study (published in 3 papers), proving evidence of high quality as assessed by QUADAS-II. However the study did not distinguish between bone and soft tissue sarcoma, but grouped them together in the analyses. Soft tissue sarcoma-specific positive predictive values were therefore not available in this study.</p> <p><u>Investigations in primary care for soft tissue sarcoma</u> No evidence was found pertaining to the diagnostic performance of ultrasound in primary care patients with suspected soft tissue sarcoma.</p>
<b>Trade-off between clinical benefits and harms</b>	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway</p>

- u Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.
- v Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.
- w Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.
- x Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements.

	<p>referral would be to identify those people with soft tissue sarcoma more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without soft tissue sarcoma who get inappropriately referred whilst maximising the number of people with soft tissue sarcoma who get appropriately referred.</p> <p>In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above in adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those with soft tissue sarcoma outweighed the disadvantages to those without.</p> <p>However, the GDG noted that none of the positive predictive values in the evidence were above 3% and that soft tissue sarcoma is a rare cause of the symptoms. GDG therefore decided not to recommend a suspected cancer pathway referral for any specific symptoms of soft tissue sarcoma. However, based on their clinical experience, the GDG agreed that in adults in whom an ultrasound is consistent with soft tissue sarcoma or clinical concern persists, the positive predictive value is likely to be above 3%. The GDG therefore decided to recommend a suspected cancer pathway referral for adults. The GDG noted that the urgent suspected cancer pathway does not generally apply to children and therefore made a recommendation for a very urgent referral for specialist assessment. The GDG acknowledged that there is often no clear pathway for suspected cancer referral in young adults. They therefore included this age group in both recommendations so that the clinician could use their clinical judgement as to the most appropriate pathway to use.</p> <p>The GDG also noted, based on their clinical experience, that soft tissue sarcoma will be evident on ultrasound, which is a relatively cheap and easy test to perform, and that an unexplained lump increasing in size can be a symptom of soft tissue sarcoma. The GDG therefore decided to recommend an urgent ultrasound in adults and a very urgent ultrasound in children with an unexplained lump that is increasing in size.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG estimated that the recommendations were likely to result in an increase in ultrasound scans, which would be offset by a decrease in suspected cancer pathway referrals, overall resulting in a net cost saving and improved patient experience.</p>

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### Bone sarcoma

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### **Soft tissue sarcoma**

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Dommett, R. M., Redaniel, M. T., Stevens, M. C. G., Hamilton, W., and Martin, R. M. Features of cancer in teenagers and young adults in primary care: A population-based nested case-control study. *British Journal of Cancer* 2329-2333. 2013b.

# 18 Childhood cancers

## 18.1 Cancers affecting children and young people

A variety of cancers can affect both children and young people, and some of the more common cancers in children and young people fit into that category. The recommendations for these cancers are included within other chapters.

Three cancers almost entirely restricted to children are given their own specific recommendations in this chapter.

For recommendations on patient information and support and monitoring of patients whose symptoms do not meet the criteria for referral or other investigation see Chapter 4 and Chapter 5 respectively.

### 18.1.1 Brain and central nervous system

For recommendations on brain and central nervous system cancers see chapter 15.

### 18.1.2 Leukaemia and lymphoma

For recommendations on leukaemia and lymphoma see chapter 16.

### 18.1.3 Sarcoma

For recommendations on sarcoma see chapter 17.

## 18.2 Neuroblastoma

Neuroblastoma is a rare cancer, generally occurring in young children. It is the commonest cancer in the first year of life, though there are only around a hundred cases annually in the UK, so most GPs will not diagnose one. It is a tumour of neuroendocrine origin, so can originate in several different organs, particularly in the abdomen. Five year survival depends upon the precise histology but is between 50-90%.

The symptoms are thought to be a mass, though because of its rarity there are very few reports of its clinical features.

Paediatric referral is required for imaging and biopsy.

#### Clinical questions:

- What is the risk of retinoblastoma, neuroblastoma and Wilms' tumour in children presenting in primary care with symptom(s)?
- Which investigations of symptoms of suspected retinoblastoma, neuroblastoma and Wilms' tumour in children should be done with clinical responsibility retained by primary care?

#### Clinical evidence

##### *Signs and symptoms*

The evidence for this question is presented in section 18.5.

##### *Investigations in primary care*

No primarycare evidence was identified pertaining to the diagnostic accuracy of tests in children with suspected retinoblastoma, neuroblastoma and Wilms' tumour where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendation</b>	<b>Consider very urgent referral (for an appointment within 48 hours) for specialist assessment for neuroblastoma in children with a palpable abdominal mass or unexplained enlarged abdominal organ. [new 2015]</b>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of neuroblastoma</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict neuroblastoma.</p> <p><u>Investigations in primary care for neuroblastoma</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
Quality of the evidence	<p><u>Signs and symptoms of neuroblastoma</u> No evidence was found pertaining to the positive predictive values of different symptoms of neuroblastoma in primary care. However, evidence was found on the positive predictive values of symptoms of 'any' childhood cancer, of which the GDG considered, some would have been neuroblastomas.</p> <p><u>Investigations in primary care for neuroblastoma</u> No evidence was found pertaining to the diagnostic accuracy of tests in primary care patients with suspected neuroblastoma.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those children with neuroblastoma more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of children without neuroblastoma who get inappropriately referred whilst maximising the number of children with neuroblastoma who get appropriately referred.</p> <p>In general in adult cancers, in order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. However, in children's cancers, the GDG decided that this threshold was too stringent for the following reasons: 1) the high levels of treatability of these cancers, 2) early diagnosis can reduce mortality and morbidity, and 3) the number of life-years gained. The GDG therefore agreed that referral for symptoms with positive predictive values lower than 3% was justified. However the GDG also acknowledged that no evidence had been found on the positive predictive values of symptoms for neuroblastoma.</p>

	<p>Despite the limited evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected neuroblastoma, since there was no test available in primary care.</p> <p>The GDG discussed what symptoms should prompt a suspected cancer pathway referral. They noted that the study included in the evidence by Dommett (2012, 2013a, b) had examined the positive predictive values for the symptoms recommended in previous guidance and they were all very low for childhood cancer as a whole, and therefore would be even lower for neuroblastoma. Moreover, the GDG noted that almost all symptoms were more common and less worrying and should therefore prompt investigation with routine tests.</p> <p>The exception to this was abdominal mass which was only reported in cases and not controls. The GDG noted that it can be difficult to determine which abdominal organ is enlarged in children on palpation. The GDG also noted that any abdominal mass (regardless of affected organ) is rare, and that, based on their clinical experience, a palpable abdominal mass or unexplained enlarged abdominal organ can be a symptom of neuroblastoma, which the GDG agreed is serious enough to warrant very urgent attention. However, the GDG did not feel that an immediate admission would be appropriate since there are risks associated with this and it is still unlikely that the child would have cancer. Equally, the GDG recognised that a mass is a worrying symptom and that children have less reserve than adults so the GDG did not want to recommend a suspected cancer pathway referral either. Instead the GDG opted for very urgent specialist assessment (with an appointment within 48 hours) as this would mean the child would get seen quickly and would get around any issues with weekend cover and differences in local service configuration.</p> <p>Due to the lack of evidence and the fact that there is no obvious test for neuroblastoma in primary care, the GDG were not able to recommend a particular test for the primary care investigation of neuroblastoma.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendation for very urgent specialist assessment for a palpable abdominal mass or unexplained enlarged abdominal organ is likely to be cost-neutral as it is currently standard practice. However, there may be a small cost increase as a result of making the recommendations 'very urgent' and extending it to children of all ages. The GDG agreed that this increase is likely to be small because of the rarity of the symptoms, and the absence of recommendations for any other symptoms or investigations in primary care.</p>
Other considerations	<p>The GDG noted that no recommendations were made for teenagers and young people, but also that most neuroblastomas occur in children under 5 years old, so it is unlikely that teenagers and young people would have a neuroblastoma. Teenagers and young people were therefore not explicitly</p>

mentioned in the recommendation. However, the GDG ensured that wording of the recommendation would not stop teenagers and young people from being referred, and also noted that abdominal mass in teenagers and young people is already covered by the recommendations made for the other cancers. The GDG also noted that neuroblastoma is more common in boys than in girls, however as the GDG decided that they would take the same course of action regardless of the sex of the child, they did not make any differential recommendations.

## 18.3 Retinoblastoma

Retinoblastoma is a very rare cancer, almost all occurring in young children. Around 50 cases occur annually in the UK, so most GPs will not diagnose one. It has a very high cure rate, with five year survival almost 100%. Around a third of cases are bilateral.

The symptoms are thought to be of an abnormal reflection through the pupil, which appears white; rather than red. Because of its rarity there are very few reports of its clinical features.

No standard investigative pathway exists. Ophthalmological or paediatric referrals are currently the commonest pathways.

### Clinical questions:

- **What is the risk of retinoblastoma, neuroblastoma and Wilms' tumour in children presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected retinoblastoma, neuroblastoma and Wilms' tumour in children should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

The evidence for this question is presented in section 18.5.

#### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of tests in children with suspected retinoblastoma, neuroblastoma and Wilms' tumour where the clinical responsibility was retained by primary care.

#### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	Consider urgent referral (for an appointment within 2 weeks) for ophthalmological assessment for retinoblastoma in children with an absent red reflex. [new 2015]
Relative value placed on the outcomes considered	<u>Signs and symptoms of retinoblastoma</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict retinoblastoma. No evidence was found for this outcome.  <u>Investigations in primary care for retinoblastoma</u>

	<p>The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes</p>
Quality of the evidence	<p><u>Signs and symptoms of retinoblastoma</u> No evidence was found pertaining to the positive predictive values of different symptoms of retinoblastoma in primary care.</p> <p><u>Investigations in primary care for retinoblastoma</u> No evidence was found pertaining to the diagnostic accuracy of tests in primary care patients with suspected retinoblastoma.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those children with retinoblastoma more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of children without retinoblastoma who get inappropriately referred whilst maximising the number of children with retinoblastoma who get appropriately referred.</p> <p>In general in adult cancers, in order to strike an appropriate balance between these considerations, the GDG has agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. However, in children's cancers, the GDG decided that this threshold was too stringent for the following reasons: 1) the high levels of treatability of these cancers, 2) early diagnosis can reduce mortality and morbidity, and 3) the number of life-years gained. The GDG therefore agreed that referral for symptoms with positive predictive values lower than 3% was justified. However the GDG also acknowledged that no evidence had been found on the positive predictive values of symptoms for retinoblastoma.</p> <p>Despite the lack of evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected retinoblastoma, since there was no test available in primary care.</p> <p>The GDG noted, based on their clinical experience, that an absent red reflex can be a symptom of retinoblastoma, which the GDG agreed was serious enough to warrant action. The GDG agreed that the most appropriate action would be urgent ophthalmological assessment (with an appointment within 2 weeks), rather than a suspected cancer pathway referral, as this assessment would reduce any delay associated with multiple, serial referrals. In addition, it would allow flexibility in where the referral was made (either to ophthalmology or paediatrics) depending on how services were set up locally.</p> <p>The GDG discussed whether other symptoms should prompt a suspected cancer pathway referral, but noted that the study included in the evidence by Domment (2012, 2013a, b) had examined the positive predictive values for the symptoms recommended in previous guidance, and they were all very low. The GDG therefore decided not to make any further symptom-based recommendations.</p> <p>Due to the lack of evidence and the fact that there is no obvious test for retinoblastoma in primary care, the GDG were not able to</p>

	recommend a particular test for the primary care investigation of retinoblastoma.
Trade-off between net health benefits and resource use	The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.  The GDG noted that the recommendation for urgent ophthalmological assessment for an absent red reflex was likely to be associated with a small decrease in net health resource use because the recommendation was more focussed than those in previous guidance. In addition retinoblastoma is a rare cancer so does not affect many people.
Other considerations	The GDG noted that there is variation in the red reflex among different ethnic groups and this may mean a higher rate of referrals for children in certain ethnic groups. The GDG, however, still felt that the recommendation was appropriate as a higher rate of referral was unlikely to disadvantage these children.

## 18.4 Wilms' tumour

Wilms' tumour is a very rare cancer of childhood, affecting the kidney. It is an embryonal tumour, though usually affects children aged 1-3 years. Fewer than 50 cases occur in the UK annually, meaning most GPs will not encounter a child with one. Five-year survival is approximately 90%.

Because of its rarity, there are few reports on the clinical features of Wilms' tumour. It is believed to present usually with an abdominal mass, sometimes accompanied by pain or haematuria.

Definitive diagnosis requires imaging and biopsy, performed in secondary care.

### Clinical questions:

- **What is the risk of retinoblastoma, neuroblastoma and Wilms' tumour in children presenting in primary care with symptom(s)?**
- **Which investigations of symptoms of suspected retinoblastoma, neuroblastoma and Wilms' tumour in children should be done with clinical responsibility retained by primary care?**

### Clinical evidence

#### *Signs and symptoms*

The evidence for this question is presented in section 18.5.

#### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of tests in children with suspected retinoblastoma, neuroblastoma and Wilms' tumour where the clinical responsibility was retained by primary care.

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher

priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<b>Recommendations</b>	<p><b>Consider very urgent referral (for an appointment within 48 hours) for specialist assessment for Wilms' tumour in children with any of the following:</b></p> <ul style="list-style-type: none"> <li>• a palpable abdominal mass</li> <li>• an unexplained enlarged abdominal organ unexplained visible haematuria. [new 2015]</li> </ul>
Relative value placed on the outcomes considered	<p><u>Signs and symptoms of Wilms' tumour</u> The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict Wilms' tumour</p> <p><u>Investigations in primary care for Wilms' tumour</u> The GDG identified sensitivity, specificity, positive predictive values and false negative rates as relevant outcomes to this question. No evidence was found on any of these outcomes.</p>
Quality of the evidence	<p><u>Signs and symptoms of Wilms' tumour</u> No evidence was found pertaining to the positive predictive values of different symptoms of Wilms' tumour in primary care. However, evidence was found on the positive predictive values of symptoms of 'any' childhood cancer, of which the GDG considered, some would have been Wilms' tumour.</p> <p><u>Investigations in primary care for Wilms' tumour</u> No evidence was found pertaining to the diagnostic accuracy of tests in primary care patients with suspected Wilms' tumour.</p>
Trade-off between clinical benefits and harms	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt a suspected cancer pathway referral would be to identify those children with Wilms' tumour more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of children without Wilms' tumour who get inappropriately referred whilst maximising the number of children with Wilms' tumour who get appropriately referred.</p> <p>In general in adult cancers, in order to strike an appropriate balance between these considerations, the GDG has agreed to recommend referral for those symptoms with a positive predictive value of 3% or above. However, in children's cancers, the GDG decided that this threshold was too stringent for the following reasons: 1) the high levels of treatability of these cancers, 2) early diagnosis can reduce mortality and morbidity, and 3) the number of life-years gained. The GDG therefore agreed that referral for symptoms with positive predictive values lower than 3% was justified. However the GDG also acknowledged that no evidence had been found on the positive predictive values of symptoms for Wilms' tumour.</p> <p>Despite the limited evidence, the GDG considered that it was still important to provide guidance on which symptoms should prompt referral for suspected Wilms' tumour, since there was no test available in primary care.</p> <p>The GDG discussed what symptoms should prompt a suspected cancer pathway referral. They noted that the study included in</p>

	<p>the evidence by Dommett (2012, 2013a, b) had examined the positive predictive values for the symptoms recommended in previous guidance and they were all very low for childhood cancer as a whole, and therefore would be even lower for Wilms' tumour. Moreover, the GDG noted that almost all symptoms were more common and less worrying and should therefore prompt investigation with routine tests.</p> <p>The exception to this was abdominal mass which was only reported in cases and not controls. The GDG noted that it can be difficult to determine which abdominal organ is enlarged in children on palpation. The GDG also noted that any abdominal mass (regardless of affected organ) is rare, but that, based on their clinical experience, a palpable abdominal mass or unexplained enlarged abdominal organ can be a symptom of Wilms' tumour, which the GDG agreed is serious enough to warrant very urgent attention. The GDG also noted, based on the evidence, that the positive predictive values for 'urinary symptoms' for childhood cancer were very low. However, the GDG also noted that, based on their clinical experience, unexplained visible haematuria can be a symptom of Wilms' tumour, which the GDG agreed is serious enough to warrant very urgent attention.</p> <p>The GDG did not feel that an immediate admission would be appropriate since there are risks associated with this and it is still unlikely that the child would have cancer. However, the GDG recognised that a mass and unexplained visible haematuria are worrying symptoms and that children have less reserve than adults so the GDG did not want to recommend a suspected cancer pathway referral either. Instead the GDG opted for very urgent specialist assessment (within 48 hours) as this would mean the child would get seen quickly and would get around any issues with weekend cover and differences in local service configuration.</p> <p>The GDG discussed whether other symptoms should prompt referral suspected cancer pathway referral, but noted that the study included in the evidence by Domment (2012, 2013a, b) had examined the positive predictive values for the symptoms recommended in previous guidance, and they were all very low. Moreover, the GDG noted that these symptoms were all more common and less worrying symptoms and should therefore prompt investigation with routine tests. The GDG therefore decided not to make any further symptom-based recommendations.</p> <p>Due to the lack of evidence and the fact that there is no obvious test for Wilms' tumour in primary care, the GDG were not able to recommend a particular test for the primary care investigation of Wilms' tumour.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG noted that the recommendations for very urgent specialist assessment for a 'palpable abdominal mass or unexplained enlarged abdominal organ' and 'unexplained visible haematuria' are cost-neutral as it is standard practice. However,</p>

	there may be a small cost increase as a result of making the recommendations 'very urgent' and extending it to children of all ages, but this increase is likely to be small because of the rarity of the symptoms, and the absence of recommendations for any other symptoms or investigations in primary care.
Other considerations	The GDG noted that no recommendations were made for teenagers and young people, because Wilms' tumour is much less likely to be the cause of an abdominal mass in these age groups and haematuria is more likely result from other causes.

## 18.5 Non-site specific symptoms in children

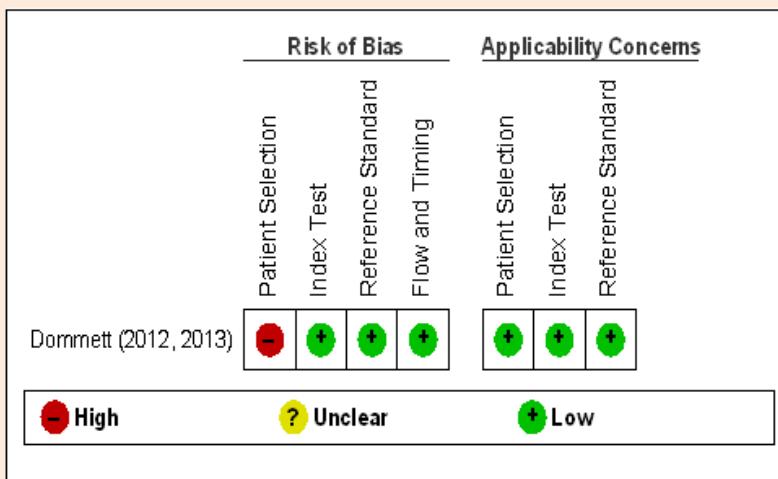
The GDG noted that children with cancer often present with advanced disease. This is complicated by the variation in presentation in different ages. In some cases concerns have been raised earlier or on several occasions by parents. The GDG believed that it was important that cancer was considered as a potential diagnosis when children present with symptoms that are not particularly suggestive of cancer but where there was significant or persistent parental concern.

### Clinical evidence

#### *Signs and symptoms*

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised for the included study in the figure below. The main issue to note is that the study employed a case-control design which has been shown to inflate the test accuracy characteristics. However, the statistical analyses employed by the authors may have gone some way in counteracting this influence.



#### Evidence statement

The positive predictive values of having any childhood cancer ranged from 0.04% (for pain and musculoskeletal symptoms) to 2.19% (for hepatosplenomegaly) in all included patients aged 0-14 years, and from 0.061% (for lymphadenopathy) to 1.286% (for hepatosplenomegaly) for patients aged 0-4 years old, and from 0.049% (for bruising) to 0.154% (for 'lump/mass/swelling' [the PPV for hepatosplenomegaly could not be calculated as none of the controls experienced this symptom]) for patients aged 5-14 years old (all from 1 study, N = 16585). The evidence quality is somewhat compromised by the case-control design of the study (see also Tables 115-117).

The positive predictive values of having leukaemia/lymphoma childhood cancer ranged from 0.01% (for fever and abdominal pain) to 0.53% (for bruising) for patients aged 0-14 years old; the positive predictive values of having young adulthood leukaemia ranged from 0.0117% (for bruising) to 0.0151% (for lymphadenopathy) for patients aged 15-24 years; and the positive predictive values of having young adulthood lymphoma ranged from 0.0279% (for 'lump mass swelling below the neck excluding the abdomen') to 0.5034% (for 'lump mass swelling head and neck') for patients aged 15-24 years (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Tables 118-120).

The positive predictive values of having central nervous system childhood or young adulthood cancer tumours ranged from 0.02% (for seizure) to 0.11 (for abnormal movement) for patients aged 0-14 years old, and from 0.0029% (for pain) to 0.0238% (for seizure) for patients aged 15-24 years (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Table 121).

The positive predictive values of having childhood or young adulthood bone cancer tumour/soft tissue sarcoma ranged from 0% (for trauma) to 0.03% (for 'lump mass swelling below neck excluding abdomen') for patients aged 0-14 years old, and from 0.0027% (for chest pain) to 0.0415% (for 'lump mass swelling') for patients aged 15-24 years (1 study, N = 30855). The evidence quality is somewhat compromised by the case-control design of the study (see also Table 122).

The positive predictive values of having childhood abdominal cancer tumours ranged from 0% (for childhood infection) to 0.03% (for bleeding and 'lump mass swelling below neck excluding abdomen') for patients aged 0-15 years old (1 study, N = 16585). The evidence quality is somewhat compromised by the case-control design of the study (see also Table 123).

**Table 88: Positive predictive values for any childhood cancer: Patients aged 0-14 years**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2012)	Any NICE alert symptom 0-3 months before diagnosis	All patients	0.055 (0.047-0.065) Cases: 342/1267 Control: 211/15318
Dommett (2012)	Any NICE alert symptom 0-12 months before diagnosis	All patients	0.07 (0.064-0.078) Cases: 427/1267 Control: 829/15318
Dommett (2012)	Neurological symptoms 0-12 months before diagnosis	All patients	0.083 (0.067-0.105) Cases: 108/1267 Control: 207/15318
Dommett (2012)	Headache 0-12 months before diagnosis	All patients	0.064 (0.051-0.082) Cases: 90/1267 Control: 224/15318
Dommett (2013a)	Headache 0-3 months before diagnosis	All patients	0.06 (0.04-0.08) Cases: 73/1267 Control: 55/15318
Dommett (2013a)	Headache 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.13 (0.08-0.22)
Dommett (2012)	Lymphadenopathy 0-12 months before diagnosis	All patients	0.096 (0.074-0.126) Cases: 82/1267 Control: 136/15318

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value (95% CI) Frequency</b>
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis	All patients	0.09 (0.06-0.13) Cases: 69/1267 Control: 33/15318
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis and ≤ 3 consultations	All patients	0.2 (0.1-0.39)
Dommett (2012)	Lump/mass/swelling 0-12 months before diagnosis	All patients	0.172 (0.119-0.25) Cases: 56/1267 Control: 52/15318
Dommett (2013a)	Lump/mass/swelling below neck excluding abdomen 0-3 months before diagnosis	All patients	0.11 (0.06-0.2) Cases: 42/1267 Control: 16/15318
Dommett (2013a)	Lump/mass/swelling below neck excluding abdomen 0-3 months before diagnosis and ≥ 3 consultations	All patients	0.3 (0.09-0.99)
Dommett (2012)	Fatigue 0-12 months before diagnosis	All patients	0.085 (0.06-0.121) Cases: 47/1267 Control: 88/15318
Dommett (2013a)	Fatigue 0-12 months before diagnosis	All patients	0.07 (0.04-0.12) Cases: 42/1267 Control: 24/15318
Dommett (2013a)	Fatigue 0-12 months before diagnosis and ≥ 3 consultations	All patients	0.12 (0.06-0.23)
Dommett (2012)	Back pain 0-12 months before diagnosis	All patients	0.088 (0.06-0.128) Cases: 40/1267 Control: 73/15318
Dommett (2012)	Bruising 0-12 months before diagnosis	All patients	0.08 (0.054-0.118) Cases: 38/1267 Control: 76/15318
Dommett (2013a)	Bruising 0-3 months before diagnosis	All patients	0.08 (0.05-0.13) Cases: 33/1267 Control: 18/15318
Dommett (2013a)	Bruising 0-3 months before diagnosis and ≥ 3 consultations	All patients	0.38 (0.09-1.64)
Dommett (2013a)	Pallor 0-3 months before diagnosis	All patients	0.41 (0.12-1.34) Cases: 33/1267 Control: 18/15318
Dommett (2013a)	Pallor 0-3 months before diagnosis and ≥ 3 consultations	All patients	0.76 (0.1-5.7)
Dommett (2013a)	Lump mass swelling head and neck 0-3 months before diagnosis	All patients	0.3 (0.1-0.84) Cases: 28/1267 Control: 4/15318
Dommett (2013a)	Lump mass swelling head and neck 0-3	All patients	0.76 (0.1-5.7)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
	months before diagnosis and $\leq$ 3 consultations		
Dommett (2013a)	Abnormal movement 0-3 months before diagnosis	All patients	0.08 (0.04-0.14) Cases: 49/1267 Control: 26/15318
Dommett (2013a)	Abnormal movement 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.15 (0.07-0.32)
Dommett (2013a)	Bleeding 0-3 months before diagnosis	All patients	0.06 (0.03-0.1) Cases: 28/1267 Control: 21/15318
Dommett (2013a)	Bleeding 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.11 (0.04-0.31)
Dommett (2013a)	Visual symptoms 0-3 months before diagnosis	All patients	0.06 (0.03-0.1) Cases: 28/1267 Control: 21/15318
Dommett (2013a)	Visual symptoms 0-3 months before diagnosis and $\leq$ 3 consultations	All patients	0.23 (0.07-0.77)
Dommett (2013a)	Pain 0-3 months before diagnosis	All patients	0.04 (0.03-0.06) Cases: 42/1267 Control: 41/15318
Dommett (2013a)	Pain 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.14 (0.07-0.31)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis	All patients	0.04 (0.03-0.07) Cases: 107/1267 Control: 102/15318
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis and $\geq$ 3 consultations	All patients	0.13 (0.08-0.19)
Dommett (2012)	Urinary symptoms 0-12 months before diagnosis	All patients	0.266 (0.117-0.609) Cases: 15/1267 Control: 9/15318
Dommett (2013a)	$\geq$ 3 consultations	All patients	0.02
Dommett (2013a)	Childhood infection 0-3 months before diagnosis	All patients	Cases: 54/1267 Control: 236/15318
Dommett (2013a)	Upper respiratory tract infection 0-3 months before diagnosis	All patients	Cases: 143/1267 Control: 942/15318
Dommett (2013a)	Vomiting 0-3 months before diagnosis	All patients	Cases: 86/1267 Control: 105/15318
Dommett (2013a)	Cough 0-3 months before diagnosis	All patients	Cases: 77/1267 Control: 654/15318
Dommett (2013a)	Rash 0-3 months before diagnosis	All patients	Cases: 63/1267 Control: 555/15318

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013a)	Abdominal pain 0-3 months before diagnosis	All patients	Cases: 60/1267 Control: 137/15318
Dommett (2013a)	Abdominal mass 0-3 months before diagnosis	All patients	Cases: 48/1267 Control: 0/15318
Dommett (2013a)	Fever 0-3 months before diagnosis	All patients	Cases: 49/1267 Control: 166/15318
Dommett (2013a)	Eye swelling 0-3 months before diagnosis	All patients	Cases: 39/1267 Control: 238/15318
Dommett (2013a)	Shortness of breath 0-3 months before diagnosis	All patients	Cases: 35/1267 Control: 221/15318
Dommett (2013a)	Constipation 0-3 months before diagnosis	All patients	Cases: 26/1267 Control: 61/15318
Dommett (2012)	Hepatosplenomegaly 0-12 months before diagnosis	All patients	2.19 (0.295-17.034) Cases: 14/1267 Control: 1/15318

The positive predictive values are calculated using Bayesian statistics.

**Table 89: Positive predictive values for any childhood cancer: Patients aged 0-4 years**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2012)	Any NICE alert symptom 0-3 months before diagnosis	Patients aged 0-4 years	0.081 (0.059-0.112) Cases: 96/436 Control: 55/4802
Dommett (2012)	Any NICE alert symptom 0-12 months before diagnosis	Patients aged 0-4 years	0.093 (0.077-0.113) Cases: 124/436 Control: 248/4802
Dommett (2012)	Neurological symptoms 0-12 months before diagnosis	Patients aged 0-4 years	0.076 (0.054-0.107) Cases: 43/436 Control: 105/4802
Dommett (2012)	Headache 0-12 months before diagnosis	Patients aged 0-4 years	0.135 (0.055-0.335) Cases: 8/436 Control: 11/4802
Dommett (2012)	Lymphadenopathy 0-12 months before diagnosis	Patients aged 0-4 years	0.061 (0.037-0.1) Cases: 20/436 Control: 61/4802
Dommett (2012)	Lump/mass/swelling 0-12 months before diagnosis	Patients aged 0-4 years	0.198 (0.099-0.399) Cases: 16/436 Control: 15/4802
Dommett (2012)	Fatigue 0-12 months before diagnosis	Patients aged 0-4 years	0.087 (0.048-0.16) Cases: 15/436 Control: 32/4802
Dommett (2012)	Back pain 0-12 months before diagnosis	Patients aged 0-4 years	0.186 (0.047-0.742) Cases: 4/436 Control: 4/4802
Dommett (2012)	Bruising 0-12 months before diagnosis	Patients aged 0-4 years	0.155 (0.086-0.279) Cases: 20/436

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
			Control: 24/4802
Dommett (2012)	Urinary symptoms 0-12 months before diagnosis	Patients aged 0-4 years	0.739 (0.159-3.496) Cases: 8/436 Control: 2/4802
Dommett (2012)	Hepatosplenomegaly 0-12 months before diagnosis	Patients aged 0-4 years	1.286 (0.161-10.569) Cases: 7/436 Control: 1/4802

*The positive predictive values are calculated using Bayesian statistics.*

**Table 90: Positive predictive values for any childhood cancer: Patients aged 5-14 years**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2012)	Any NICE alert symptom 0-3 months before diagnosis	Patients aged 5-14 years	0.056 (0.047-0.068) Cases: 246/831 Control: 156/10516
Dommett (2012)	Any NICE alert symptom 0-12 months before diagnosis	Patients aged 5-14 years	0.075 (0.066-0.084) Cases: 303/831 Control: 581/10561
Dommett (2012)	Neurological symptoms 0-12 months before diagnosis	Patients aged 5-14 years	0.091 (0.067-0.123) Cases: 65/831 Control: 102/10516
Dommett (2012)	Headache 0-12 months before diagnosis	Patients aged 5-14 years	0.055 (0.043-0.07) Cases: 82/831 Control: 213/10516
Dommett (2012)	Lymphadenopathy 0-12 months before diagnosis	Patients aged 5-14 years	0.118 (0.085-0.164) Cases: 62/831 Control: 75/10516
Dommett (2012)	Lump/mass/swelling 0-12 months before diagnosis	Patients aged 5-14 years	0.154 (0.099-0.24) Cases: 40/831 Control: 37/10516
Dommett (2012)	Fatigue 0-12 months before diagnosis	Patients aged 5-14 years	0.082 (0.053-0.125) Cases: 32/831 Control: 56/10516
Dommett (2012)	Back pain 0-12 months before diagnosis	Patients aged 5-14 years	0.075 (0.05-0.111) Cases: 36/831 Control: 69/10516
Dommett (2012)	Bruising 0-12 months before diagnosis	Patients aged 5-14 years	0.049 (0.029-0.084) Cases: 18/831 Control: 52/10516
Dommett (2012)	Urinary symptoms 0-12 months before diagnosis	Patients aged 5-14 years	0.143 (0.05-0.407) Cases: 7/831 Control: 7/10516
Dommett (2012)	Hepatosplenomegaly 0-12 months before diagnosis	Patients aged 5-14 years	Cases: 7/831 Control: 0/10516

*The positive predictive values are calculated using Bayesian statistics.*

**Table 91: Positive predictive values for leukaemia/lymphoma childhood cancer**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value (95% CI)</b>
Dommett (2013a)	Bruising 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.53 (0.07-3.91)
Dommett (2013a)	Pallor 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.43 (0.06-3.15)
Dommett (2013a)	Lump mass swelling head and neck 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.35 (0.05-2.65)
Dommett (2013a)	Fatigue 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.07 (0.03-0.15)
Dommett (2013a)	Lymphadenopathy 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.06 (0.04-0.11)
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.05 (0.02-0.13)
Dommett (2013a)	Bleeding 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.03 (0.01-0.08)
Dommett (2013a)	Pain 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.03 (0.01-0.06)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.02 (0.01-0.03)
Dommett (2013a)	Fever 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)
Dommett (2013a)	Abdominal pain 0-3 months before diagnosis	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0-0.01)
Dommett (2013a)	≥ 3 consultations	All leukemia/lymphoma patients and controls aged 0-14 years	0.01 (0.01-0.01)

The positive predictive values are calculated using Bayesian statistics.

**Table 92: Positive predictive values for teenage and young adult leukaemia**

<b>Study</b>	<b>Symptom(s)</b>	<b>Patient group</b>	<b>Positive predictive value (95% CI)</b>
Dommett (2013b)	Bruising	All leukaemia patients and controls aged 15-24 years	0.0117 (0.004-0.0343) Cases: 9/143 Controls: 5/1799
Dommett (2013b)	Fatigue	All leukaemia patients and controls aged 15-24 years	0.0121 (0.0052-0.0282) Cases: 15/143 Controls: 8/1799
Dommett (2013b)	Lymphadenopathy	All leukaemia patients and controls aged 15-	0.0151 (0.004-0.0578)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
		24 years	Cases: 7/143 Controls: 3/1799
Dommett (2013b)	≥ 3 consultations	All leukaemia patients and controls aged 15-24 years	0.0038 (0.003-0.0048) Cases: 74/143 Controls: 125/1799

The positive predictive values are calculated using Bayesian statistics.

**Table 93: Positive predictive values for teenage and young adult lymphoma**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013b)	Lump mass swelling head and neck	All lymphoma patients and controls aged 15-24 years	0.5034 (0.0696-3.68) Cases: 35/270 Controls: 1/3350
Dommett (2013b)	Lump mass swelling below neck excluding abdomen	All lymphoma patients and controls aged 15-24 years	0.0279 (0.0152-0.0515) Cases: 29/270 Controls: 15/3350
Dommett (2013b)	Lymphadenopathy	All lymphoma patients and controls aged 15-24 years	0.278 (0.1-0.75) Cases: 77/270 Controls: 4/3350
Dommett (2013b)	'Lump mass swelling head and neck', 'lymphadenopathy' and 'lump mass swelling below neck excluding abdomen' combined as a single symptom	All lymphoma patients and controls aged 15-24 years	0.0903 (0.057-0.1425)
Dommett (2013b)	≥ 3 consultations	All lymphoma patients and controls aged 15-24 years	0.0086 (0.0075-0.0099) Cases: 175/270 Controls: 294/3350

The positive predictive values are calculated using Bayesian statistics.

**Table 94: Positive predictive values for central nervous system (CNS) child- or young adulthood cancer tumour**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013a)	Abnormal movement 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.11 (0.03-0.35)
Dommett (2013a)	Visual symptoms 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.07 (0.02-0.24)
Dommett (2013a)	Vomiting 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.04 (0.02-0.07)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013a)	Headache 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.03 (0.02-0.06)
Dommett (2013a)	Pain 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.03 (0.01-0.08)
Dommett (2013a)	Seizure 0-3 months before diagnosis	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.02 (0.01-0.06)
Dommett (2013a)	≥ 3 consultations	All CNS childhood cancer tumour patients and controls aged 0-14 years	0.01 (0-0.01)
Dommett (2013b)	Seizure	All CNS patients and controls aged 15-24 years	0.0238 (0.0082-0.0695) Cases: 18/154 Controls: 4/1906
Dommett (2013b)	Headache	All CNS patients and controls aged 15-24 years	0.0145 (0.0077-0.0276) Cases: 33/154 Controls: 12/1906
Dommett (2013b)	Vomiting	All CNS patients and controls aged 15-24 years	0.0116 (0.0041-0.031) Cases: 11/154 Controls: 5/1906
Dommett (2013b)	Pain	All CNS patients and controls aged 15-24 years	0.0029 (0.0014-0.006) Cases: 11/154 Controls: 20/1906
Dommett (2013b)	Visual symptoms	All CNS patients and controls aged 15-24 years	Cases: 8.4% Controls: 0%
Dommett (2013b)	≥ 3 consultations	All CNS patients and controls aged 15-24 years	0.0023 (0.0019-0.0029) Cases: 73/154 Controls: 165/1906

The positive predictive values are calculated using Bayesian statistics.

**Table 95: Positive predictive values for child- or young adulthood bone cancer tumour/soft tissue sarcoma**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All bone cancer tumour/soft tissue sarcoma patients and controls aged 0-14 years	0.03 (0.01-0.14)
Dommett (2013a)	Musculoskeletal	All bone cancer	0.01 (0-0.01)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI) Frequency
	symptoms 0-3 months before diagnosis	tumour/soft tissue sarcoma patients and controls aged 0-14 years	
Dommett (2013a)	Trauma 0-3 months before diagnosis	All bone cancer tumour/soft tissue sarcoma patients and controls aged 0-14 years	0 (0-0)
Dommett (2013a)	≥ 3 consultations	All bone cancer tumour/soft tissue sarcoma patients and controls aged 0-14 years	0 (0-0)
Dommett (2013b)	Lump mass swelling	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.0415 (0.0124-0.1392) Cases: 19/196 Controls: 3/2438
Dommett (2013b)	Musculoskeletal symptoms	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.0093 (0.0058-0.0151) Cases: 37/196 Controls: 26/2438
Dommett (2013b)	Chest pain	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.0027 (0.001-0.0077) Cases: 5/196 Controls: 12/2438
Dommett (2013b)	≥ 3 consultations	All bone cancer tumour/soft tissue sarcoma patients and controls aged 15-24 years	0.003 (0.0024-0.0037) Cases: 86/196 Controls: 189/2438

The positive predictive values are calculated using Bayesian statistics.

**Table 96: Positive predictive values for childhood abdominal cancer tumour**

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
Dommett (2013a)	Bleeding 0-3 months before diagnosis	All abdominal cancer patients and controls aged 0-14 years	0.03 (0.01-0.12)
Dommett (2013a)	Lump mass swelling below neck excluding abdomen 0-3 months before diagnosis	All abdominal cancer patients and controls aged 0-14 years	0.03 (0.00-0.23)
Dommett (2013a)	Weight loss 0-3 months before diagnosis	All abdominal cancer patients and controls aged 0-14 years	0.02 (0.00-0.1)
Dommett (2013a)	Abdominal pain 0-3 months before diagnosis	All abdominal cancer patients and controls aged 0-14 years	0.01 (0.01-0.02)
Dommett (2013a)	Musculoskeletal symptoms 0-3 months	All abdominal cancer patients and controls	0.01 (0.00-0.01)

Study	Symptom(s)	Patient group	Positive predictive value (95% CI)
	before diagnosis	aged 0-14 years	
Dommett (2013a)	Childhood infection 0-3 months before diagnosis	All abdominal cancer patients and controls aged 0-14 years	0 (0-0)
Dommett (2013a)	≥ 3 consultations	All abdominal cancer patients and controls aged 0-14 years	0 (0-0)

### *Investigations in primary care*

No primary care evidence was identified pertaining to the diagnostic accuracy of tests in children with suspected retinoblastoma, neuroblastoma and Wilms' tumour where the clinical responsibility was retained by primary care.

### **Cost-effectiveness evidence**

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

Recommendations	<b>Take into account the insight and knowledge of parents and carers when considering making a referral for suspected cancer in a child or young person. Consider referral for children if their parent or carer has persistent concern or anxiety about the child's symptoms, even if the symptoms are most likely to have a benign cause. [2015]</b>
Relative value placed on the outcomes considered	The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict childhood cancer.
Quality of the evidence	The quality of the evidence as assessed by QUADAS-II was of high quality.
Trade-off between clinical benefits and harms	The GDG considered that a potential benefit of recommending which symptoms should prompt urgent investigation or referral would be to identify those people with cancer more rapidly. However, the GDG recognised the importance of recommending the "right" symptoms, in order to minimise the number of people without cancer who get inappropriately referred or assessed whilst maximising the number of people with cancer who get appropriately referred or assessed.
	In order to strike an appropriate balance between these considerations, the GDG agreed to recommend referral for those symptoms with a positive predictive value of 3% or above in adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those adults with cancer outweighed the disadvantages to those adults without. However, in children's cancers, the GDG decided that this threshold was too stringent for the following reasons: 1) the high levels of treatability of these cancers, 2) early diagnosis can reduce mortality and morbidity, and 3) the number of life-years gained. The GDG therefore agreed that referral at lower levels of risk (than 3%) was justified in children, and for these reasons and in order to be internally consistent, the GDG decided to make recommendations for generic symptoms of children's cancers according to the same rules.

	<p>The GDG noted that all the positive predictive values for which no cancer site-specific recommendations had been made were very low. However, the GDG also noted that the positive predictive value of parental concern had not been studied, which, based on their clinical experience, the GDG agreed was sufficiently high to warrant recommendation(s). The GDG therefore decided to retain two of the recommendations from previous guidance. The GDG also decided not to retain any of the remaining recommendations for the generic symptoms of children's cancer because they were either good clinical practice that was not specific to cancer; contrary to the available evidence (which had been published after the previous guidance); about risk factors or covered elsewhere (in the patient information topic).</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>Parental concern is traditionally regarded as an important factor, but has not been subjected to research. Therefore the GDG considered that his recommendation would not make a material change to the number of referrals made in this clinical situation. Consequently the GDG estimated that there would be no change in cost.</p>

## References

### **Neuroblastoma, retinoblastoma, Wilms' tumour and non-site specific symptoms in children**

Dommett, R. M., Redaniel, M. T., Stevens, M. C. G., Hamilton, W., and Martin, R. M. Features of childhood cancer in primary care: A population-based nested case-control study. *British Journal of Cancer* 106[5], 982-987. 2012.

Dommett, R. M., Redaniel, T., Stevens, M. C. G., Martin, R. M., and Hamilton, W. Risk of childhood cancer with symptoms in primary care: A population-based case-control study. *British Journal of General Practice*; DOI:10.3399/bjgp13X660742. 2013a.

Dommett, R. M., Redaniel, M. T., Stevens, M. C. G., Hamilton, W., and Martin, R. M. Features of cancer in teenagers and young adults in primary care: A population-based nested case-control study. *British Journal of Cancer* 2329-2333. 2013b.

## 19 Non-site-specific symptoms

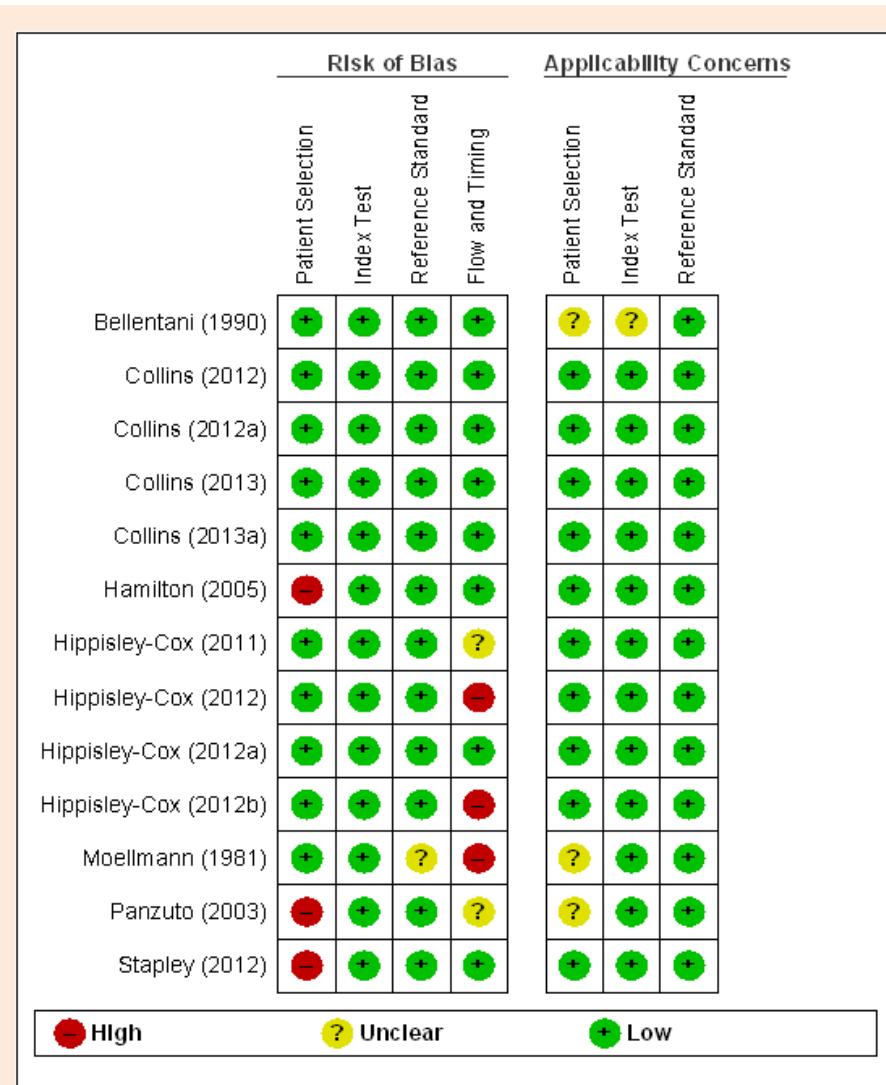
Some symptoms or symptom combinations may be features of several different cancers. For some of these symptoms, the risk for each individual cancer may be low but the total risk of any cancer may be high. The GDG felt that it was important to examine the evidence for such instances for two main reasons. The first was for equity, in that the GDG believed that a symptom which was above the 3% PPV threshold was important, even if more than one cancer site was possible. Secondly, patients with these non-site specific symptoms often are referred to multiple specialists before their cancer is identified; it was hoped that by identifying which cancers are relevant to these symptoms, and more streamlined diagnostic pathway could be created.

### Clinical evidence

#### *Abdominal pain*

##### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main validity issues to note is that patient sampling was not clearly consecutive or random in some of the studies, with some studies also conducted in populations that are not clearly directly relevant to the current question and the quality of others suffering from missing data. Studies employing non-consecutive/random sampling are at risk of bias because, for example, case-control studies have been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection. Studies conducted in other settings than UK-based primary care are only applicable to the extent that the study populations and settings are comparable to a UK GP population as defined for the current purposes. Other issues to note concern missing data, the influence of which on the results is difficult to determine.



Evidence statement

Abdominal pain (9 studies, N = 6248014) presenting in a primary care setting is associated with an overall positive predictive value of 2.364% for cancer. The studies were associated with 0-3 bias/applicability concerns (see also Table 124).

**Table 97: Non-site specific symptoms of concern: Calculation of overall positive predictive value of abdominal pain for cancer**

Cancer site	Study	Lower age limit	Upper age limit	PPV (95% CI), prevalence
Bladder/renal	Hippisley-Cox (2012)	30	84	0.2 (0.2-0.2)
Colorectal	Various*	30	84	1.524
Oesophagus/stomach	Meta-analysis	varied	varied	0.34 (0.16-0.71)
Pancreatic	Hippisley-Cox (2012)	30	84	0.3 (0.3-0.4)
Sum				2.364

\* Used an average.

**Table 98: Non-site specific symptoms of concern: Positive predictive values for abdominal pain**

Cancer site	Comment/relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Bladder/renal		Collins (2013)	Abdominal pain	All patients	0.11 (0.1-0.13)	both	30	84
Bladder/renal		Collins (2013)	Abdominal pain	Men	0.2 (0.2-0.21)	men	30	84
Bladder/renal		Collins (2013)	Abdominal pain	Women	0.1 (0.1-0.1)	women	30	84
Bladder/renal		Hippisley-Cox (2012)	Abdominal pain	All patients	0.2 (0.2-0.2)	both	30	84
Colorectal		Hamilton (2005)	Abdominal pain (reported once)	All patients	1.1 (0.9-1.3)	both	40	no upper limit
Colorectal		Hamilton (2005)	Abdominal pain	Patients 40-69 years	0.65 (NR)	both	40	69
Colorectal		Hamilton (2005)	Abdominal pain	Patients $\geq$ 70 years	2 (NR)	both	70	no upper limit
Colorectal		Hamilton (2005)	Abdominal pain (reported twice)	All patients	3 (1.8-5.2)	both	40	no upper limit
Colorectal		Hamilton (2005)	Abdominal pain and abdominal tenderness	All patients	1.4 (0.3-2.2)	both	40	no upper limit
Colorectal		Hamilton (2005)	Abdominal tenderness	All patients	1.1 (0.8-1.5)	both	40	no upper limit

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
			(reported once)					
Pancreatic		Collins (2013a)	Abdominal pain	All patients	0.14 (0.12- 0.15)	both	30	84
Pancreatic		Collins (2013a)	Abdominal pain	Women	0.1 (0.09-0.12)	women	30	84
Pancreatic		Collins (2013a)	Abdominal pain	Men	0.19 (0.16- 0.22)	men	30	84
Pancreatic		Hippisley- Cox (2012b)	Abdominal pain	All patients	0.3 (0.3-0.4)	both	30	84
Pancreatic		Stapley (2012)	Abdominal pain	All patients	0.2 (0.19-0.22)	both	40	no upper limit
Pancreatic		Stapley (2012)	Abdominal pain	Patients $\geq$ 60 years	0.3 (0.3-0.4)	both	60	no upper limit
Pancreatic		Stapley (2012)	Abdominal pain (attended $\geq$ twice)	Patients $\geq$ 60 years	1 (0.8-1.2)	both	60	no upper limit
<b>META-ANALYSES (1) Colorectal</b>								
Colorectal		Meta- analysis	Abdominal pain	All patients	2.04 (0.53- 7.55)	both	2 studies 30-84, 1 study 18-87, 1 study NR Individual study details provided below	
Colorectal		Meta- analysis	Abdominal pain	All patients, w/o Panzuto (2003)	1.02 (0.38- 2.69)	both	2 studies 30-84, 1 study NR Individual study details provided below	

The 4 studies below are those included in the meta-analysis reported in the cells above:

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Colorectal		Bellentani (1990)	Abdominal pain	All patients	3.9 (2-7.3)	both	NR	NR
Colorectal		Collins (2012)	Abdominal pain	All patients	0.5 (0.5-0.5)	both	30	84
Colorectal		Hippisley- Cox (2012a)	Abdominal pain	All patients	0.7 (0.6-0.7)	both	30	84
Colorectal		Panzuto (2003)	Abdominal pain	All patients	13.5 (9.4-18.8)	both	18	87
The following results are any extra analyses reported by the studies included in the above meta-analysis:								
Colorectal		Collins (2012)	Abdominal pain	Men 30-84 years	0.6 (0.6-0.7)	men	30	84
Colorectal		Collins (2012)	Abdominal pain	Women 30-84 years	0.4 (0.4-0.5)	women	30	84
<b>META-ANALYSES (2) Oesophageal</b>								
Oesophagus/ stomach	2 combining gastro- oesophageal and 1 reporting on oesophageal cancer separately	Meta- analysis	Abdominal pain	All patients	0.23 (0.14- 0.36)	both	2 studies 30-84, 1 study 40- >90 Individual study details provided below.	
The 3 studies below are those included in the meta-analysis reported in the cell above (Please note the same data from Collins (2012a) and Hippisley-Cox (2011) appear both here and under stomach, avoid double counting it):								
Oesophageal /stomach		Collins (2012a)	Abdominal pain	All patients	0.2 (0.2-0.2)	both	30	84

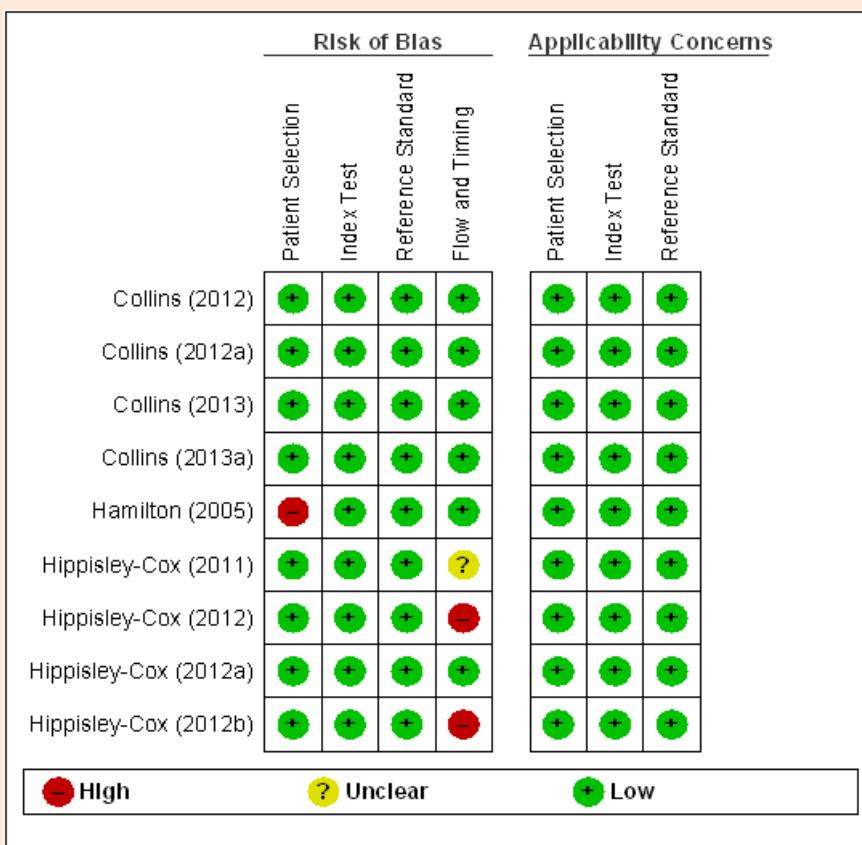
Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Oesophageal /stomach		Hippisley- Cox (2011)	Abdominal pain	All patients	0.3 (0.3-0.4)	both	30	84
Oesophageal		Møllmann (1981)	Upper abdominal pain > 2 weeks	All patients	0 (0-0.8)	both	40	>90
The following results are any extra analyses reported by the studies included in the above meta-analysis:								
Oesophageal /stomach		Collins (2012a)	Abdominal pain	Women	0.1 (0.1-0.1)	women	30	84
Oesophageal /stomach		Collins (2012a)	Abdominal pain	Men	0.3 (0.3-0.3)	men	30	84
<b>META-ANALYSES (3) Stomach</b>								
Oesophagus/ stomach	2 combining gastro- oesophageal and 1 reporting on stomach cancer separately	Meta- analysis	Abdominal pain	All patients	0.34 (0.16- 0.71)	both	2 studies 30-84, 1 study 40- >90	
The 3 studies below are those included in the meta-analysis reported in the cell above (Please note the same data from Collins (2012a) and Hippisley-Cox (2011) appear both here and under oesophageal, avoid double counting it):								
Oesophageal /stomach		Collins (2012)	Abdominal pain	All patients	0.2 (0.2-0.2)	both	30	84
Oesophageal /stomach		Hippisley- Cox (2011)	Abdominal pain	All patients	0.3 (0.3-0.4)	both	30	84
Stomach		Møllmann	Upper	All patients	1 (0.4-2.4)	both	40	>90

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
		(1981)	abdominal pain > 2 weeks					

### Appetite loss

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The body of evidence was generally of high quality. The main validity issues to note is that patient sampling was not clearly consecutive or random in one of the studies, and that some of studies suffered from missing data. Studies employing non-consecutive/random sampling are at risk of bias because, for example, case-control studies have been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection. The statistical analyses employed by this study are however likely to have gone some way in addressing this issue. Cost-effectiveness evidence.



#### Evidence statement

Appetite loss (5 studies, N = 4961516) presenting in a primary care setting is associated with an overall positive predictive value of 4.65% for cancer. The studies were associated with 0-1 bias/applicability concern (see also Table 126).

**Table 99: Non-site specific symptoms of concern: Calculation of overall positive predictive value of appetite loss for cancer**

Cancer site	Study	Lower age limit	Upper age limit	PPV (95% CI), prevalence
Bladder/renal	Hippisley-Cox (2012)	30	84	0.18 (0.07-0.4)
Colorectal	Hippisley-Cox (2012)	30	84	0.9 (0.6-1.2)
Lung	Hamilton*	40	no upper limit	1.285

Cancer site	Study	Lower age limit	Upper age limit	PPV (95% CI), prevalence
	(2005)			
Oesophagus/stomach	Hippisley-Cox (2011)	30	84	1.1 (0.8-1.5)
Pancreatic	Hippisley-Cox (2012)	30	84	0.8 (0.5-1.2)
Sum				4.65

\* Used an average.

**Table 100: Non-site specific symptoms of concern: Positive predictive values for appetite loss**

Cancer site	Comment / relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Bladder/renal		Collins (2013)	Appetite loss	Women	0.1 (0.04-0.3)	Women	30	84
Bladder/renal		Hippisley-Cox (2012)	Appetite loss	All patients	0.18 (0.07-0.4)	both	30	84
Colorectal		Hippisley-Cox (2012a)	Loss of appetite	All patients	0.9 (0.6-1.2)	both	30	84
Colorectal		Collins (2012)	Loss of appetite	All patients	0.8 (0.6-1.1)	both	30	84
Colorectal		Collins (2012)	Loss of appetite	Men 30-84 years	1 (0.6-1.5)	men	30	84
Colorectal		Collins (2012)	Loss of appetite	Women 30-84 years	0.6 (0.4-1)	women	30	84
Lung		Hamilton (2005)	Appetite loss	All included patients	0.87 (0.6-1.3)	both	40	No upper limit
Lung		Hamilton (2005)	Appetite loss (reported twice)	All included patients	1.7 (NR)	both	40	No upper limit
Lung		Hamilton (2005)	Appetite loss	Patients 40-69 years	1.1 (NR)	both	40	69
Lung		Hamilton (2005)	Appetite loss	All smokers	1.8 (NR)	both	40	No upper limit
Lung		Hamilton (2005)	Appetite loss (reported twice)	All smokers	2.7 (NR)	both	40	No upper limit

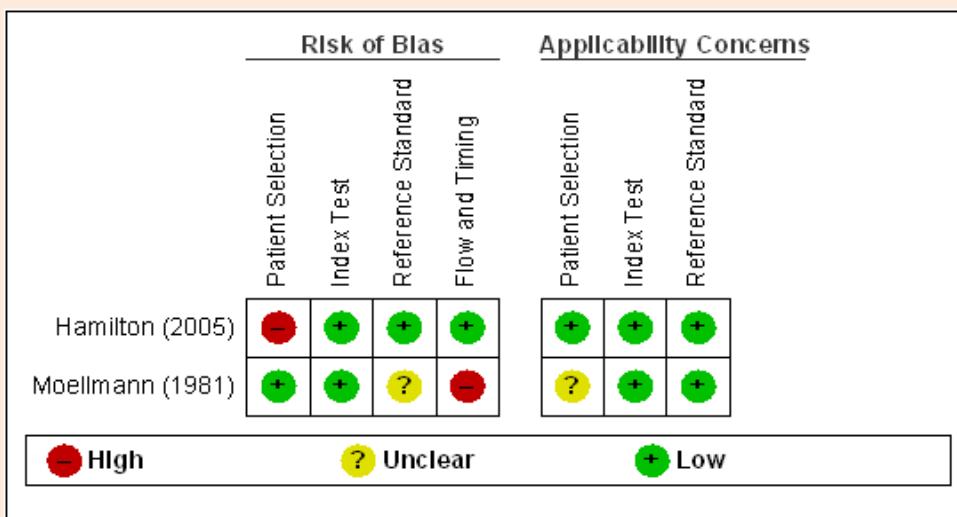
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Cancer site	Comment / relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Oesophagus/stomach		Collins (2012a)	Appetite loss	All patients	0.6 (0.5-0.9)	both	30	84
Oesophagus/stomach		Collins (2012a)	Appetite loss	Women	0.4 (0.2-0.7)	women	30	84
Oesophagus/stomach		Collins (2012a)	Appetite loss	Men	1 (0.7-1.5)	men	30	84
Oesophagus/stomach		Hippisley-Cox (2011)	Appetite loss	All patients	1.1 (0.8-1.5)	both	30	84
Pancreatic		Collins (2013a)	Appetite loss	All patients	0.39 (0.26-0.59)	both	30	84
Pancreatic		Collins (2013a)	Appetite loss	Women	0.32 (0.17-0.59)	women	30	84
Pancreatic		Collins (2013a)	Appetite loss	Men	0.49 (0.27-0.86)	women	30	84
Pancreatic		Hippisley-Cox (2012b)	Appetite loss	All patients	0.8 (0.5-1.2)	both	30	84

### Appetite loss and weight loss

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main validity issues to note is that patient sampling was not based on a consecutive or random series of patients in one of the studies, while the other study was conducted in a population that is not necessarily directly relevant to the current question. Studies employing non-consecutive/random sampling are at high risk of bias because, for example, case-control studies have been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection. Studies conducted in other settings than UK-based primary care are only applicable to the extent that the study populations and settings are comparable to a UK GP population as defined for the current purposes. Other bias and applicability threats to the results concern missing data and a potentially suboptimal reference standard.



#### Evidence statement

Appetite loss with weight loss (2 studies, N = 2962) presenting in a primary care setting is associated with an overall positive predictive value of 4.3% for cancer. The studies were associated with 1-3 bias/applicability concerns (see also Table 128).

**Table 101: Non-site specific symptoms of concern: Calculation of overall positive predictive value of appetite loss with weight loss for cancer**

Cancer site	Study	Lower age limit	Upper age limit	PPV (95% CI), prevalence
Lung	Hamilton (2005)	40	no upper limit	2.3 (1.2-4.4)
Oesophagus	Møllmann (1981)	40	>90	0 (0-8.9) 0/50
Stomach	Møllmann (1981)	40	>90	2 (0.1-12) 1/50
Sum				4.3

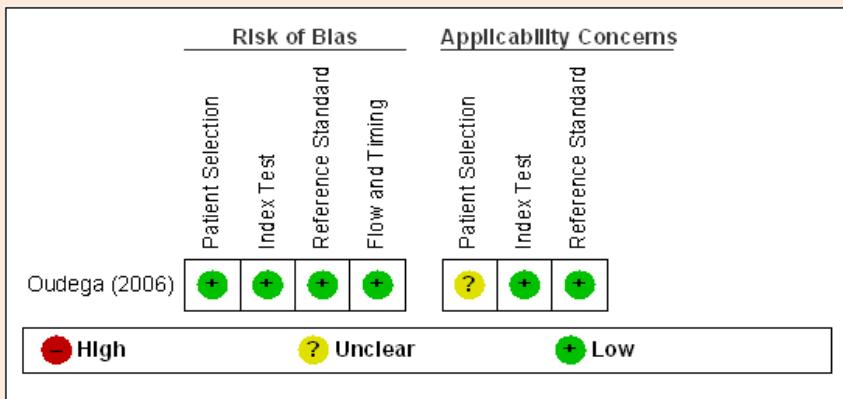
**Table 102: Non-site specific symptoms of concern: Positive predictive values for weight loss + appetite loss**

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Lung	Rec: Offered FBC and xray	Hamilton (2005)	Weight loss + appetite loss	All included patients	2.3 (1.2-4.4)	both	40	no upper limit
Lung	Rec: Offered FBC and xray	Hamilton (2005)	Weight loss + appetite loss	All smokers	5 (NR)	both	40	no upper limit
Oesophagus		Møllmann (1981)	Weight loss and/or anorexia	All patients	0 (0-8.9)	both	40	>90
Stomach	Rec: UGI endoscopy	Møllmann (1981)	Weight loss and/or anorexia	All patients	2 (0.1-12)	both	40	>90

### Deep Vein Thrombosis

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised in the figure below. The main validity issue to note is that the study was conducted in the Netherlands and the findings are only applicable to the extent that the study population and setting are comparable to a UK GP population as defined for the current purposes.



#### Evidence statement

Deep vein thrombosis (1 study, N = 430) presenting in a primary care setting is associated with an overall positive predictive value of 3.49% for cancer. The study was associated with 1 applicability concern (see also Table 130).

**Table 103: Non-site specific symptoms of concern: Calculation of overall positive predictive value of deep vein thrombosis for cancer**

Cancer site	Study	Lower age limit	Upper age limit	PPV (95% CI), prevalence
Colorectal	Oudega (2006)	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years		0.7 (0.2-2.2)
Urogenital	Oudega (2006)	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years		1.16 (0.4-2.9)
Breast	Oudega (2006)	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years		0.93 (0.3-2.53)
Lung	Oudega (2006)	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years		0.7 (0.2-2.2)
Sum				3.49

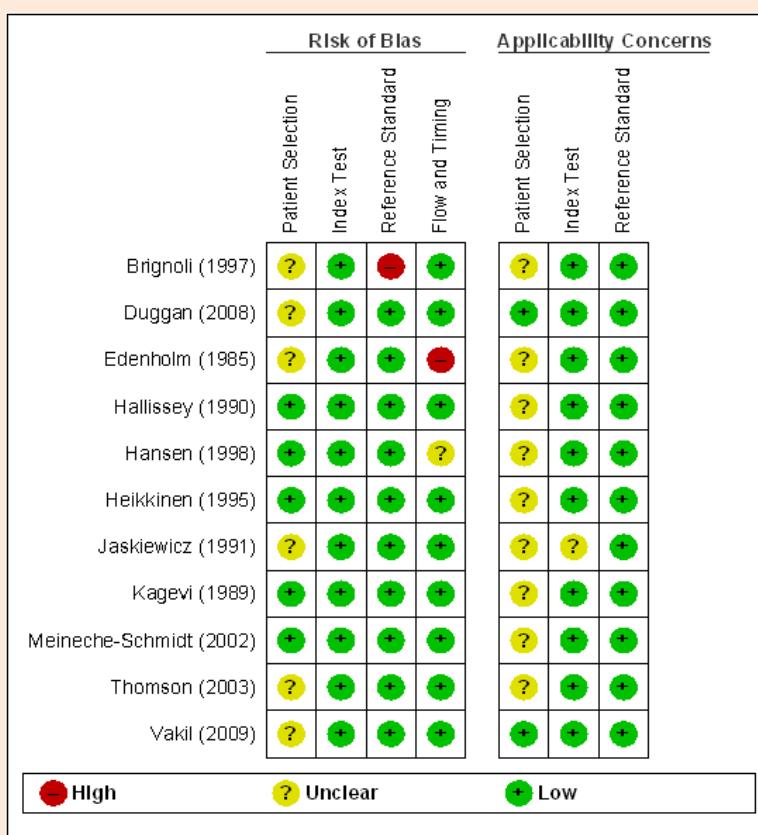
**Table 104: Non-site specific symptoms of concern: Positive predictive values for deep vein thrombosis**

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Colorectal		Oudega (2006)	Deep vein thrombosis	All included patients	0.7 (0.2-2.2)	both	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years	
Urogenital		Oudega (2006)	Deep vein thrombosis	All included patients	1.16 (0.4-2.9)	both	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years	
Breast		Oudega (2006)	Deep vein thrombosis	All included patients	0.93 (0.3-2.53)	women	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years	
Lung		Oudega (2006)	Deep vein thrombosis	All included patients	0.7 (0.2-2.2)	both	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years	
Other		Oudega (2006)	Deep vein thrombosis	All included patients	0.93 (0.3-2.53)	both	No age incl/excl given, sample mean (SD) age = 60.7 (18.2) years	

## Dyspepsia

### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The main validity issues to note is that patient sampling was not clearly consecutive or random in a number of the studies, and the vast majority of the studies were conducted in populations that are not clearly directly relevant to the current question. Studies employing non-consecutive/random sampling are at risk of bias because, for example, case-control studies have been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection. Studies conducted in other settings than UK-based primary care are only applicable to the extent that the study populations and settings are comparable to a UK GP population as defined for the current purposes. Other bias and applicability threats to the results concern missing data and a potentially suboptimal reference standard.



### Evidence statement

Dyspepsia (11 studies, N = 18464) presenting in a primary care setting is associated with an overall positive predictive value of 2.02% for cancer. The study was associated with 1-3 bias/applicability concerns (see also Table 132).

**Table 105: Non-site specific symptoms of concern: Calculation of overall positive predictive value of dyspepsia for cancer**

Cancer site	Study	Lower age limit	Upper age limit	PPV (95% CI), prevalence
Liver	Hallissey (1990)	40	no upper limit	0.04 (0.002-0.25)
Pancreatic	Hallissey (1990)	40	no upper limit	0.23 (0.09-0.53)
Uterine	Hallissey (1990)	40	no upper limit	0.04 (0.002-0.25)
Leukaemia	Hallissey (1990)	40	no upper limit	0.04 (0.002-0.3)

<b>Cancer site</b>	<b>Study</b>	<b>Lower age limit</b>	<b>Upper age limit</b>	<b>PPV (95% CI), prevalence</b>
Gall bladder	Hallissey (1990)	40	no upper limit	0.04 (0.002-0.3)
Prostate	Hallissey (1990)	40	no upper limit	0.08 (0.01-0.3)
Bronchial	Hallissey (1990)	40	no upper limit	0.3 (0.1-0.6)
Oesophagus/stomach	Meta-analysis	varied	varied	0.65 (0.33-1.3)
Colorectal	Meta-analysis	varied	varied	0.6 (0.27-1.35)
Sum				2.02

**Table 106: Non-site specific symptoms of concern: Positive predictive values for dyspepsia**

Cancer site	Comment/relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Liver		Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.25)	both	40	no upper limit
Pancreatic		Hallissey (1990)	Dyspepsia	All patients	0.23 (0.09-0.53)	both	40	no upper limit
Uterine		Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.25)	both	40	no upper limit
Leukaemia		Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.3)	both	40	no upper limit
Gall bladder		Hallissey (1990)	Dyspepsia	All patients	0.04 (0.002-0.3)	both	40	no upper limit
Prostate		Hallissey (1990)	Dyspepsia	All patients	0.08 (0.01-0.3)	both	40	no upper limit
Bronchial		Hallissey (1990)	Dyspepsia	All patients	0.3 (0.1-0.6)	both	40	no upper limit
Other		Hallissey (1990)	Dyspepsia	All patients	0.3 (0.1-0.6)	both	40	no upper limit
Other		Meineche-Schmidt (2002)	Dyspepsia	All patients	0.4 (0.16-0.92)	both	18	65+
<b>META-ANALYSES (1) Oesophageal</b>								
Oesophagus/stomach	2 combining gastro-oesophageal and 9 reporting on oesophagus	Meta-analysis	Dyspepsia	All patients	0.25 (0.13-0.5)	both	2 studies > 15, 2 studies > 18, 1 study > 40, 1 study 17-80, 2 studies 18-70, 1 study 19-87, 1 study 18- >65, 1 study NR but mean (SD) = 41-42 (15-16)	
							Individual study details provided below	

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
	al cancer separately							
The 11 studies below are those included in the meta-analysis reported in the cell above (Please note the same data from Hansen (1998) and Meineche-Schmidt (2002) appear both here and under stomach, avoid double counting it):								
Oesophageal		Brignoli (1997)	Dyspepsia	All patients	0 (0-0.58)	both	Mean (SD) age = 41-42 (15-16) years	
Oesophageal		Duggan (2008)	Dyspepsia	All patients	0.27 (0.05-1.1)	both	18	70
Oesophageal		Edenholm (1985)	Persistent epigastric pain/ulcer- like dyspepsia	All patients who received an UGI endoscopy	0.61 (0.03-3.8)	both	17	80
Oesophageal		Hallissey (1990)	Dyspepsia	All patients	0.58 (0.33- 0.98)	both	40	No upper limit
Oesophageal/ stomach		Hansen (1998)	Dyspepsia	All patients	1 (0.4-2.2)	both	Mean age (SD) = 47 (16.8)	
Oesophageal		Heikkinen (1995)	Dyspepsia	All patients	0.5 (0.09-2)	both	77% were > 44 years.	
Oesophageal		Jaskiewicz (1991)	Dyspepsia	All included patients	0 (0-0.8)	both	19	87
Oesophageal		Kagevi (1989)	Dyspepsia	All included patients	0 (0-2.7)	both	16	No upper limit
Oesophageal/ stomach		Meineche- Schmidt (2002)	Dyspepsia	All patients	0.54 (0.25-1.1)	both	18	65+

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Oesophageal		Thomson (2003)	Dyspepsia	All patients	0.1 (0.01-0.6)	both	18	84
Oesophageal		Vakil (2009)	Dyspepsia without alarm symptoms	All included patients	0.1 (0.03-0.35)	both	18	70
The following results are any extra analyses reported by the studies included in the above meta-analysis:								
Oesophageal		Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 45 years old	0.18 (0.03- 0.71)	both	45	70
Oesophageal		Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 50 years old	0.24 (0.04-1)	both	50	70
Oesophageal		Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 55 years old	0.18 (0.01- 1.16)	both	55	70
Oesophageal		Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 60 years old	0.3 (0.02-2)	both	60	70
Oesophageal/ stomach		Hansen (1998)	Ulcer-like dyspepsia	All patients	0.6 (0.03-3.9)	both	Mean age (SD) = 47 (16.8)	
Oesophageal/ stomach		Hansen (1998)	Dysmotility -like dyspepsia	All patients	0 (0-2.9)	both	Mean age (SD) = 47 (16.8)	
Oesophageal/ stomach		Hansen (1998)	Reflux-like dyspepsia	All patients	1.16 (0.2-4.6)	both	Mean age (SD) = 47 (16.8)	

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit	Non-site-specific symptoms					
Oesophageal/ stomach		Hansen (1998)	Unclassifiable dyspepsia	All patients	0.9 (0.05-5.8)	both	Mean age (SD) = 47 (16.8)		Update 2015					
<b>META-ANALYSES (2) Stomach</b>										Update 2015				
Oesophagus/ stomach	2 combining gastro- oesophageal and 9 reporting on stomach cancer separately	Meta- analysis	Dyspepsia	All patients	0.65 (0.33-1.3)	both	2 studies > 15, 2 studies > 18, 1 study > 40, 1 study 17-80, 2 studies 18-70, 1 study 19-87, 1 study 18- >65, 1 study NR but mean (SD) = 41- 42 (15-16)			Update 2015				
Individual study details provided below.										Update 2015				
The 11 studies below are those included in the meta-analysis reported in the cell above (Please note the same data from Hansen (1998) and Meineche-Schmidt (2002) appear both here and under oesophageal, avoid double counting it):										Update 2015				
Stomach		Brignoli (1997)	Dyspepsia	All patients	0.4 (0.09-1.14)	both	Mean (SD) age = 41-42 (15-16) years			Update 2015				
Stomach		Duggan (2008)	Dyspepsia	All patients	0.27 (0.05-1.1)	both	18	70		Update 2015				
Stomach		Edenholm (1985)	Persistent epigastric pain/ulcer- like dyspepsia	All patients who received an UGI endoscopy	1.2 (0.21-4.77)	both	17	80		Update 2015				
Stomach		Hallissey (1990)	Dyspepsia	All patients	2.28 (1.76-3)	both	40	No upper limit		Update 2015				
Oesophageal/ stomach		Hansen (1998)	Dyspepsia	All patients	1 (0.4-2.2)	both	Mean age (SD) = 47 (16.8)		Update 2015					
Stomach		Heikkinen (1995)	Dyspepsia	All patients	1.75 (0.8-3.7)	both	77% were > 44 years.		Update 2015					

Cancer site	Comment/relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit	Suspected cancer Non-site-specific symptoms	
Stomach		Jaskiewicz (1991)	Dyspepsia	All patients	2.7 (1.6-4.5)	both	19	87	Update 2015	
Stomach		Kagevi (1989)	Dyspepsia	All patients	1.16 (0.2-4.6)	both	16	No upper limit		
Oesophageal/stomach		Meinecke-Schmidt (2002)	Dyspepsia	All patients	0.54 (0.25-1.1)	both	18	65+		
Stomach		Thomson (2003)	Dyspepsia	All patients	0.1 (0.01-0.6)	both	18	84		
Stomach		Vakil (2009)	Dyspepsia without alarm symptoms	All patients	0.1 (0.03-0.35)	both	18	70		
The following results are any extra analyses reported by the studies included in the above meta-analysis:										
Stomach		Jaskiewicz (1991)	Dyspepsia	Males	3.4 (1.8-6)	Males	19	87		
Stomach		Jaskiewicz (1991)	Dyspepsia	Females	1.7 (0.6-4.7)	Females	19	87		
Oesophageal/stomach		Hansen (1998)	Ulcer-like dyspepsia	All patients	0.6 (0.03-3.9)	Both	Mean age (SD) = 47 (16.8)			
Oesophageal/stomach		Hansen (1998)	Dysmotility-like dyspepsia	All patients	0 (0-2.9)	Both	Mean age (SD) = 47 (16.8)			
Oesophageal/stomach		Hansen (1998)	Reflux-like dyspepsia	All patients	1.16 (0.2-4.6)	Both	Mean age (SD) = 47 (16.8)			
Oesophageal/stomach		Hansen (1998)	Unclassifiable dyspepsia	All patients	0.9 (0.05-5.8)	Both	Mean age (SD) = 47 (16.8)			
Stomach		Vakil	Dyspepsia	Patients $\geq$	0.27 (0.07-)	both	45	70		

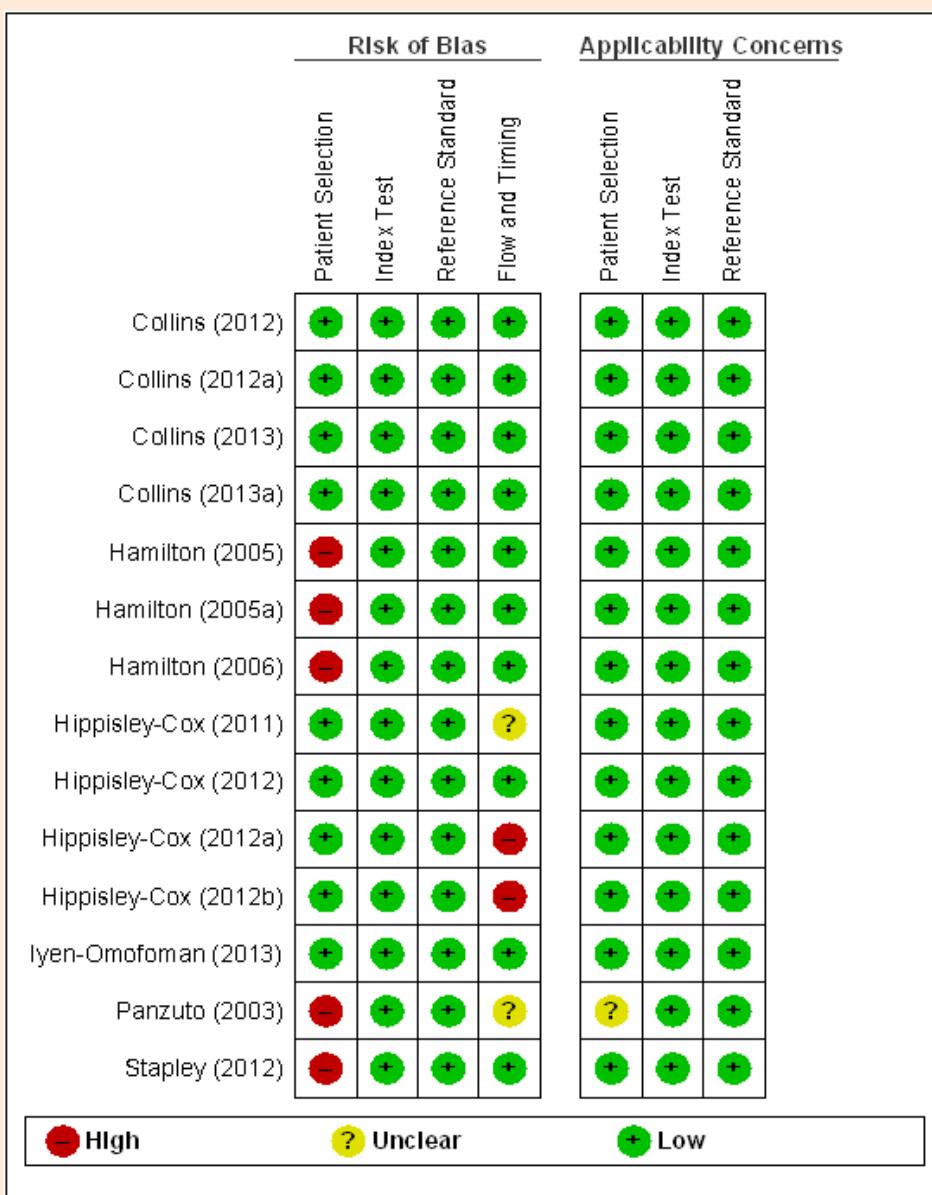
Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
		(2009)	without alarm symptoms	45 years old	0.84)			
Stomach		Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 50 years old	0.36 (0.09- 1.15)	both	50	70
Stomach		Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 55 years old	0 (0-0.86)	both	55	70
Stomach		Vakil (2009)	Dyspepsia without alarm symptoms	Patients $\geq$ 60 years old	0 (0-1.47)	both	60	70
<b>META-ANALYSES (3) Colorectal</b>								
Colorectal	1 study from 15, 1 study from 18-65+ and 1 study from 40.	Meta- analysis	Dyspepsia	All patients	0.6 (0.27-1.35)	both	15-18	65+
The 3 studies below are those included in the meta-analysis reported in the cell above:								
Colorectal		Hallissey (1990)	Dyspepsia	All patients	0.5 (0.3-0.9)	both	40	No upper limit

Cancer site	Comment/ relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Colorectal		Heikkinen (1995)	Dyspepsia	All patients	0 (0-1.2)	both	77% were > 44 years.	
Colorectal		Meineche -Schmidt (2002)	Dyspepsia	All patients	1.14 (0.7-1.9)	both	18	65+

### Weight loss

#### Risk of bias in the included studies

The risk of bias and applicability concerns are summarised per study in the figure below. The body of evidence was generally of high quality. The main validity issues to note is that patient sampling was not clearly consecutive or random in a number of the studies, and that some of studies suffered from missing data. Studies employing non-consecutive/random sampling are at risk of bias because, for example, case-control studies have been shown to be associated with inflated test accuracy parameters compared to designs that incorporate random or consecutive patient selection. The statistical analyses employed by these studies are however likely to have gone some way in addressing this issue. One study was conducted in a setting that is unlikely to be directly applicable to UK-based primary care and, as a consequence, also seems to present inflated PPVs that may be more reflective of secondary care. Finally, some of the studies were compromised by missing data, the influence of which on the results is difficult to determine.



#### Evidence statement

Weight loss (8 studies, N = 3768550) presenting in a primary care setting is associated with an overall positive predictive value of 7.06% for cancer. The studies were associated with 0-3 bias/applicability concerns (see also Table 134).

**Table 107: Non-site specific symptoms of concern: Calculation of overall positive predictive value of weight loss for cancer**

Cancer site	Study	Lower age limit	Upper age limit	PPV (95% CI), prevalence
Bladder/renal	Hippisley-Cox (2012)	30	84	0.41 (0.3-0.6)
Colorectal	Meta-analysis	18	87	3 (0.32-22.89)
Lung	Hamilton (2005)	40	No upper limit	1.1 (0.8-1.6)
Oesophagus/stomach	Hippisley-Cox (2011)	30	84	1.2 (1-1.4)
Pancreatic	Hippisley-Cox (2012)	30	84	0.6 (0.5-0.8)
Prostate	Hamilton (2006)	40	No upper limit	0.75 (0.38-1.4)
Sum				7.06

**Table 108: Non-site specific symptoms of concern: Positive predictive values for weight loss**

Cancer site	Comment/relevant recs	Study	Symptom	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Bladder/ renal		Collins (2013a)	Weight loss	Women	0.1 (0.1-0.2)	Women	30	84
Bladder /renal		Hippisley-Cox (2012b)	Weight loss	All patients	0.41 (0.3-0.6)	both	30	84
Lung		Hamilton (2005a)	Weight loss	All patients	1.1 (0.8-1.6)	both	40	no upper limit
Lung		Hamilton (2005a)	Weight loss (reported twice)	All patients	1.2 (0.7-2.3)	both	40	no upper limit
Lung		Hamilton (2005a)	Weight loss	All smokers	2.1 (NR)	both	40	no upper limit
Lung		Hamilton (2005a)	Weight loss (reported twice)	All smokers	1.7 (NR)	both	40	no upper limit
Lung		Iyen-Omofoman (2013)	Weight loss	Validation cohort	0.34 (0.23-0.5)	both	40	no upper limit
Oesophagus/stomach		Collins (2012a)	Weight loss	All patients	0.8 (0.7-0.9)	both	30	84
Oesophagus/stomach		Collins (2012a)	Weight loss	Women	0.6 (0.4-0.7)	Women	30	84
Oesophagus/stomach		Collins (2012a)	Weight loss	Men	1 (0.9-1.2)	Men	30	84
Oesophagus/stomach		Hippisley-Cox (2011)	Weight loss	All patients	1.2 (1-1.4)	both	30	84

Cancer site	Comment/ relevant recs	Study	Sympto m	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Pancreatic		Collins (2013)	Weight loss	All patients	0.28 (0.22- 0.35)	both	30	84
Pancreatic		Collins (2013)	Weight loss	Women	0.16 (0.11- 0.24)	women	30	84
Pancreatic		Collins (2013)	Weight loss	Men	0.42 (0.32- 0.54)	men	30	84
Pancreatic		Hippisley- Cox (2012a)	Weight loss	All patients	0.6 (0.5-0.8)	both	30	84
Pancreatic		Stapley (2012)	Weight loss	All patients	0.44 (0.36- 0.55)	both	40	no upper limit
Pancreatic		Stapley (2012)	Weight loss	Patients $\geq$ 60 years	0.8 (0.7-1)	both	60	no upper limit
Prostate		Hamilton (2006)	Loss of weight	All patients	0.75 (0.38-1.4)	men	40	no upper limit
Prostate		Hamilton (2006)	Loss of weight (reported twice)	All patients	2.1 (NR)	men	40	no upper limit
Colorectal		Hamilton (2005)	Loss of weight (reported once)	All patients	1.2 (0.9-1.6)	both	40	no upper limit
Colorectal		Hamilton (2005)	Loss of weight (reported twice)	All patients	1.4 (0.8-2.6)	both	40	no upper limit
Colorectal		Hamilton (2005)	Loss of weight	Patients 40-69 years	0.74 (NR)	both	40	69

Cancer site	Comment/ relevant recs	Study	Sympto m	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
Colorectal		Hamilton (2005)	Loss of weight	Patients $\geq$ 70 years	2.5 (NR)	both	70	no upper limit
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Men aged $<$ 60 years	0.1 (0.05-0.2)	Males	40	59
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Men aged 60-69 years	0.3 (0.2-0.4)	Males	60	69
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Men aged 70-79 years	0.7 (0.5-0.8)	Males	70	79
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Men aged $\geq$ 80 years	0.5 (0.3-0.8)	Males	80	no upper limit
Colorectal		Hamilton (2005)	Weight loss $\geq$ 10% (read off graph)	Men $<$ 60 years	0.2 (0.1-0.3)	Males	40	59
Colorectal		Hamilton (2005)	Weight loss $\geq$ 10% (read off graph)	Men 60-69 years	0.7 (0.4-0.9)	Males	60	69

Cancer site	Comment/ relevant recs	Study	Sympto m	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit	Suspected cancer Non-site-specific symptoms
									Update 2015
Colorectal		Hamilton (2005)	Weight loss $\geq$ 10% (read off graph)	Men 70-79 years	1.5 (1.2-1.8)	Males	70	79	
Colorectal		Hamilton (2005)	Weight loss $\geq$ 10% (read off graph)	Men $\geq$ 80 years	0.8 (0.6-1.4)	Males	80	no upper limit	
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Women < 60 years	0.05 (0.05- 0.05)	Females	40	59	
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Women 60-69 years	0.2 (0.1-0.3)	Females	60	69	
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Women 70-79 years	0.4 (0.3-0.6)	Females	70	79	
Colorectal		Hamilton (2005)	Weight loss 5- 10% (read off graph)	Women $\geq$ 80 years	0.4 (0.3-0.6)	Females	80	no upper limit	
Colorectal		Hamilton (2005)	Weight loss $\geq$	Women < 60 years	0.06 (0.06- 0.08)	Females	40	59	

Cancer site	Comment/ relevant recs	Study	Sympto m	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
			10% (read off graph)					
Colorectal		Hamilton (2005)	Weight loss $\geq$ 10% (read off graph)	Women 60-69 years	0.5 (0.3-0.7)	Females	60	69
Colorectal		Hamilton (2005)	Weight loss $\geq$ 10% (read off graph)	Women 70-79 years	0.8 (0.6-1.1)	Females	70	79
Colorectal		Hamilton (2005)	Weight loss $\geq$ 10% (read off graph)	Women $\geq$ 80 years	0.8 (0.6-1.1)	Females	80	no upper limit

**META-ANALYSES (1) Colorectal**

Colorectal		Meta- analysis	Weight loss	All patients	3 (0.32-22.89)	both	2 studies 30-84, 1 study 18-87 Individual study details below
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The 3 studies below are those included in the meta-analysis reported in the cell above:

Colorectal		Collins (2012)	Weight loss	All patients	0.8 (0.7-0.9)	both	30	84
Colorectal		Hippisley- Cox (2012)	Weight loss	All patients	0.8 (0.7-0.9)	both	30	84
Colorectal		Panzuto (2003)	Weight loss	All patients	35.7 (22-52)	both	18	87

The following results are any extra analyses reported by the studies included in the above meta-analysis:

Colorectal		Collins	Weight	Males	1 (0.8-1.1)	Males	30	84
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Cancer site	Comment/ relevant recs	Study	Sympto m	Patient group	Positive predictive value% (95% CI)	Sex	Age inclusion, lower limit	Age inclusion, upper limit
		(2012)	loss					
Colorectal		Collins (2012)	Weight loss	Females	0.6 (0.5-0.7)	Females	30	84

### Cost-effectiveness evidence

A literature review of published cost-effectiveness analyses did not identify any relevant papers for this topic. Whilst there were potential cost implications of making recommendations in this area, other questions in the guideline were agreed as higher priorities for economic evaluation. Consequently no further economic modelling was undertaken for this question.

<p><b>Recommendations</b></p>	<p><b>For people with unexplained weight loss, which is a symptom of several cancers including colorectal, gastro-oesophageal, lung, prostate, pancreatic and urological cancer:</b></p> <ul style="list-style-type: none"> <li>• carry out an assessment for additional symptoms, signs or findings that may help to clarify which cancer is most likely and</li> <li>• offer urgent investigation or a suspected cancer pathway referral (for an appointment within 2 weeks). [new 2015]</li> </ul> <p><b>For people with unexplained appetite loss, which is a symptom of several cancers including lung, oesophageal, stomach, colorectal, pancreatic, bladder and renal cancer:</b></p> <ul style="list-style-type: none"> <li>• carry out an assessment for additional symptoms, signs or findings that may help to clarify which cancer is most likely and</li> <li>• offer urgent investigation or a suspected cancer pathway referral (for an appointment within 2 weeks). [new 2015]</li> </ul> <p><b>For people with deep vein thrombosis, which is associated with several cancers including urogenital, breast, colorectal and lung cancer:</b></p> <ul style="list-style-type: none"> <li>• carry out an assessment for additional symptoms, signs or findings that may help to clarify which cancer is most likely and</li> <li>• consider urgent investigation or a suspected cancer pathway referral (for an appointment within 2 weeks). [new 2015]</li> </ul>
<p>Relative value placed on the outcomes considered</p>	<p>The GDG considered the positive predictive value to be the most important outcome when identifying which signs and symptoms predict cancer.</p>
<p>Quality of the evidence</p>	<p>The quality of the evidence as assessed by QUADAS-II varied for the positive predictive values for the different symptoms but was generally of moderate-high quality, although for deep vein thrombosis it consisted of only one study.</p>
<p>Trade-off between clinical benefits and harms</p>	<p>The GDG considered that a potential benefit of recommending which symptoms should prompt urgent investigation or referral would be to identify those people with cancer more rapidly. However, the GDG recognised the importance of recommending the “right” symptoms, in order to minimise the number of people without cancer who get inappropriately referred or assessed whilst maximising the number of people with cancer who get appropriately referred or assessed.</p> <p>In order to strike an appropriate balance between these considerations, the GDG had previously agreed to recommend referral for those symptoms with a positive predictive value for a</p>

	<p>site-specific cancer of 3% or above in adults. The GDG were confident that at this threshold the advantages of a suspected cancer pathway referral in those adults with cancer outweighed the disadvantages to those adults without. For this reason and in order to be internally consistent, the GDG decided to retain the 3% threshold for making recommendations for those symptoms that were predictive of cancer in general.</p> <p>The GDG noted that in adults the positive predictive values for unexplained weight loss, unexplained appetite loss and deep vein thrombosis exceeded the 3% threshold and, based on the evidence, decided to make recommendations for urgent investigation/referral for these symptoms. The GDG also decided to include a list of potential cancers giving rise to the symptoms in the recommendations, listed in descending order of positive predictive value, in order to inform prioritisation of the investigation/referral. However, the GDG also recognised that the included list of potential cancer sites is a function of which cancers have been studied and that the symptoms may be due to cancers for which no evidence is (as yet) available, and therefore reflected this in the recommendations.</p> <p>The GDG noted that the cumulative positive predictive values for abdominal pain and dyspepsia were between 2% and 3%, but also that both symptoms are intra-abdominal, which is an area that has already been heavily studied. The GDG therefore considered that further studies are unlikely to materially change the positive predictive values for these symptoms and consequently, the GDG decided not to make any recommendations for abdominal pain and dyspepsia.</p>
Trade-off between net health benefits and resource use	<p>The GDG noted that no relevant, published economic evaluations had been identified and no additional economic analysis had been undertaken in this area.</p> <p>The GDG estimated that the overall cost of referring/investigating these people is unlikely to change, but that the patient experience should be improved by reducing multiple attendances for investigation.</p>

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## Recommendations for specific symptoms and signs

The GDG considered evidence and made recommendations by cancer site. This was logical, in that the recommendations would suggest the appropriate specialist or primary care test. This approach was also dictated by the fact that almost all primary care research on cancer symptoms is structured by cancer site. Taking a cancer by cancer approach also made it less likely that something important would be missed.

Structuring our guidance solely on a cancer site basis would not always be the most helpful approach for day to day use. The clinician would need to look through several cancers within the guideline each time a patient presented with symptoms; with a danger that something could be missed.

It is people with symptoms, signs and abnormal test results that the primary care clinician sees. There is merit in structuring the key information to clinicians in that manner: showing which particular cancers are associated with a given set of symptoms and the range of recommendations that apply to those symptoms, signs or abnormal test results. Therefore, the GDG decided to include a section in the guidance ordered according to symptom.

An approach based upon the symptoms and signs of presentation may also be a useful resource from which patients can gain information and reassurance about their own care.

The ordering of symptoms, signs and abnormal test results is initially alphabetical. Within a specific symptom or group of symptoms, we gave priority to recommendations with the most urgent action. For the sake of simplicity, where there were multiple recommendations for a symptom and a particular cancer site, these were kept together.

Some recommendations are very similar (or even identical) for two or more cancers. These were retained in full as it was important to reflect that each cancer had been considered in its own right. Conversely, some recommendations for the same symptom or group of symptoms differ – particularly in age thresholds. This reflects the same reasoning and the underlying evidence underpinning the recommendations for each cancer.

It must be emphasised that these are recommendations only. Clinicians should use their clinical judgement to determine which, if any, recommendations are appropriate for the particular patient.

### Abdominal symptoms

See also [Bleeding](#) for recommendations on rectal bleeding.

#### Abdominal distension

Symptom and specific features	Possible cancer	Recommendation
Abdominal distension (persistent or frequent – particularly more than 12 times per month) in women, especially if 50 or over	Ovarian	Carry out tests in primary care <sup>1</sup> Measure serum CA125 in primary care <sup>1</sup> See <a href="#">primary care investigations</a> for more information on tests for ovarian cancer

<sup>1</sup>The recommendations for ovarian cancer apply to women aged 18 and over

### Abdominal examination findings

Symptoms and signs	Possible cancer	Recommendation
Ascites and/or a pelvic or abdominal mass identified by physical examination (which is not obviously uterine fibroids) in women	Ovarian	Refer urgently <sup>1,2</sup>

<sup>1</sup>An urgent referral means that the woman is referred to a gynaecological cancer service within the national target in England and Wales for referral for suspected cancer, which is currently 2 weeks

<sup>2</sup>The recommendations for ovarian cancer apply to women aged 18 and over

### Abdominal, pelvic or rectal mass or enlarged abdominal organ

Symptom and specific features	Possible cancer	Recommendation
<b>Abdominal or pelvic mass</b> identified by physical examination (which is not obviously uterine fibroids) in women	Ovarian	Refer urgently <sup>1,2</sup>
<b>Abdominal or rectal mass</b>	Colorectal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Splenomegaly</b> (unexplained) in adults <sup>3</sup>	Non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss.
<b>Upper abdominal mass</b> consistent with stomach cancer	Stomach	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Upper abdominal mass</b> consistent with an enlarged gall bladder	Gall bladder	Consider an urgent direct access ultrasound scan (to be performed within 2 weeks)
<b>Upper abdominal mass</b> consistent with an enlarged liver	Liver	Consider an urgent direct access ultrasound scan (to be performed within 2 weeks)
<b>Hepatosplenomegaly</b>	Leukaemia	Consider a very urgent full blood count (within 48 hours)

<sup>1</sup>An urgent referral means that the woman is referred to a gynaecological cancer service within the national target in England and Wales for referral for suspected cancer, which is currently 2 weeks

<sup>2</sup>The recommendations for ovarian cancer apply to women aged 18 and over

<sup>3</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Abdominal or pelvic pain

Symptom and specific features	Possible cancer	Recommendation
<b>Abdominal pain</b> with weight loss (unexplained), 40 and over	Colorectal	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Abdominal pain</b> (unexplained) with rectal bleeding in adults under 50	Colorectal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

Symptom and specific features	Possible cancer	Recommendation
<b>Abdominal pain</b> without rectal bleeding, 50 and over	Colorectal	Offer testing for occult blood in faeces See <a href="#">primary care investigations</a> for more information on tests for occult blood in faeces
<b>Upper abdominal pain</b> with weight loss, 55 and over	Oesophageal or stomach	Offer urgent direct access upper gastrointestinal endoscopy (to be performed within 2 weeks)
<b>Upper abdominal pain</b> with low haemoglobin levels or raised platelet count or nausea or vomiting, 55 or over	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy
<b>Abdominal or pelvic pain</b> (persistent or frequent – particularly more than 12 times per month) in women, especially if 50 or over	Ovarian	Carry out tests in primary care <sup>1</sup> Measure serum CA125 in primary care <sup>1</sup> See <a href="#">primary care investigations</a> for more information on tests for ovarian cancer
<b>Abdominal pain</b> with weight loss, 60 and over	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available
<b>Irritable bowel syndrome symptoms<sup>2</sup></b> within the last 12 months in women 50 or over	Ovarian	Carry out appropriate tests for ovarian cancer, because irritable bowel syndrome rarely presents for the first time in women of this age <sup>1</sup> Measure serum CA125 in primary care <sup>1</sup> See <a href="#">primary care investigations</a> for more information on tests for ovarian cancer

<sup>1</sup>The recommendations for ovarian cancer apply to women aged 18 and over

<sup>2</sup>See the NICE guideline on [irritable bowel syndrome in adults](#)

### Change in bowel habit

Symptom and specific features	Possible cancer	Recommendation
<b>Change in bowel habit</b> (unexplained), 60 and over	Colorectal	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Change in bowel habit</b> (unexplained) with rectal bleeding, in adults under 50	Colorectal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Change in bowel habit</b> without rectal bleeding, under 60	Colorectal	Offer testing for occult blood in faeces See <a href="#">primary care investigations</a> for more information on tests for occult blood in faeces
<b>Change in bowel habit</b> (unexplained) in women	Ovarian	Consider carrying out tests in primary care <sup>1</sup> Measure serum CA125 in primary care <sup>1</sup> See <a href="#">primary care investigations</a> for information on tests for ovarian cancer.

Symptom and specific features	Possible cancer	Recommendation
<b>Diarrhoea or constipation with weight loss, 60 and over</b>	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available
<b>Irritable bowel syndrome symptoms<sup>2</sup> within the last 12 months, in women 50 or over</b>	Ovarian	Carry out appropriate tests for ovarian cancer, because irritable bowel syndrome rarely presents for the first time in women of this age <sup>1</sup> Measure serum CA125 in primary care <sup>1</sup> See <a href="#">primary care investigations</a> for more information about tests for ovarian cancer.

<sup>1</sup>The recommendations for ovarian cancer apply to women aged 18 and over

<sup>2</sup>See the NICE guideline on [irritable bowel syndrome in adults](#)

### Dyspepsia

Symptom and specific features	Possible cancer	Recommendation
<b>Dyspepsia with weight loss, 55 and over</b>	Oesophageal or stomach	Offer urgent direct access upper gastrointestinal endoscopy (to be performed within 2 weeks)
<b>Dyspepsia (treatment-resistant), 55 or over</b>	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy
<b>Dyspepsia with raised platelet count or nausea or vomiting, 55 or over</b>	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy

### Dysphagia

Symptom and specific features	Possible cancer	Recommendation
<b>Dysphagia</b>	Oesophageal or stomach	Offer urgent direct access upper gastrointestinal endoscopy (to be performed within 2 weeks)

### Nausea or vomiting

Symptom and specific features	Possible cancer	Recommendation
<b>Nausea or vomiting with weight loss, 60 and over</b>	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available
<b>Nausea or vomiting with raised platelet count or weight loss or reflux or dyspepsia or upper abdominal pain, 55 or over</b>	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy

### Rectal examination findings

Symptom and signs	Possible cancer	Recommendation
<b>Prostate feels malignant on digital rectal examination, in men</b>	Prostate	Refer men using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Anal mass or anal ulceration (unexplained)</b>	Anal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

Symptom and signs	Possible cancer	Recommendation
Rectal mass	Colorectal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

### Reflux

Symptom and specific features	Possible cancer	Recommendation
<b>Reflux</b> with weight loss, 55 and over	Oesophageal or stomach	Offer urgent direct access upper gastrointestinal endoscopy (to be performed within 2 weeks)
<b>Reflux</b> with raised platelet count or nausea or vomiting, 55 and over	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy

## Bleeding

See also:

- [Urological symptoms](#) for haematuria
- [Primary care investigations](#) for faecal occult blood.

### Bleeding, bruising or petechiae

Symptom and specific features	Possible cancer	Recommendation
<b>Bruising, bleeding or petechiae</b> (unexplained)	Leukaemia	Consider a very urgent full blood count (within 48 hours)

### Haematemesis

Symptom and specific features	Possible cancer	Recommendation
<b>Haematemesis</b>	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy

### Haemoptysis

Symptom and specific features	Possible cancer	Recommendation
<b>Haemoptysis</b> (unexplained), 40 and over	Lung	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

### Post-menopausal bleeding

Symptom and specific features	Possible cancer	Recommendation
<b>Post-menopausal bleeding<sup>1</sup></b> in women 55 and over	Endometrial	Refer women using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Post-menopausal bleeding<sup>1</sup></b> in women under 55	Endometrial	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

<sup>1</sup>Unexplained vaginal bleeding more than 12 months after menstruation has stopped because of the menopause

### Rectal bleeding

Symptom and specific features	Possible cancer	Recommendation
<b>Rectal bleeding</b> (unexplained), 50 and over	Colorectal	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Rectal bleeding</b> with abdominal pain or change in bowel habit or weight loss or iron-deficiency anaemia in adults under 50	Colorectal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

### Vulval bleeding

Symptom and specific features	Possible cancer	Recommendation
<b>Vulval bleeding</b> (unexplained) in women	Vulval	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

## Gynaecological symptoms

See also [Bleeding](#) for post-menopausal (vaginal) bleeding

### Gynaecological examination findings

Symptom and signs	Possible cancer	Recommendation
<b>Appearance of cervix consistent with cervical cancer</b>	Cervical	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

### Vaginal symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Vaginal discharge</b> (unexplained) either at first presentation or with thrombocytosis or with haematuria, in women 55 and over	Endometrial	Consider a direct access ultrasound scan
<b>Vaginal mass (unexplained and palpable) in or at the entrance to the vagina</b>	Vaginal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

### Vulval symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Vulval bleeding</b> (unexplained)	Vulval	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Vulval lump or ulceration</b> (unexplained)	Vulval	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

## Lumps or masses

See also [Abdominal symptoms](#) for abdominal, anal, pelvic and rectal lumps or masses.

### Lumps and masses

Symptom and specific features	Possible cancer	Recommendation
<b>Anal mass</b> (unexplained)	Anal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Axillary lump</b> (unexplained), 30 and over	Breast	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Breast lump</b> (unexplained) with or without pain, 30 and over	Breast	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Breast lump</b> (unexplained) with or without pain, under 30	Breast	Consider non-urgent referral See also recommendations in chapter 6 for information about seeking specialist advice
<b>Lip or oral cavity lump</b>	Oral	Consider an urgent referral (for an appointment within 2 weeks) for assessment by a dentist  Consider a suspected cancer pathway referral by the dentist (for an appointment within 2 weeks) in people when assessed by a dentist as having a lump on the lip or in the oral cavity consistent with oral cancer
<b>Lump</b> (unexplained) that is increasing in size in adults <sup>1</sup>	Soft tissue sarcoma	Consider an urgent direct access ultrasound scan (to be performed within 2 weeks)
<b>Neck lump</b> (unexplained), 45 and over	Laryngeal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Neck lump</b> (persistent and unexplained)	Oral	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Penile mass</b> (and sexually transmitted infection has been excluded as a cause) in men	Penile	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Thyroid lump</b> (unexplained)	Thyroid	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Vaginal mass</b> (unexplained and palpable) in or at the entrance to the vagina in women	Vaginal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Vulval lump</b> (unexplained) in women	Vulval	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Lymphadenopathy

Symptom and specific features	Possible cancer	Recommendation
<b>Lymphadenopathy</b> (unexplained) in adults <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)  When considering referral for Hodgkin's lymphoma, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus, weight loss or alcohol-induced lymph node pain  When considering referral for non-Hodgkin's lymphoma, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss
<b>Lymphadenopathy</b> (supraclavicular or persistent cervical), 40 and over	Lung	Consider an urgent chest X-ray (to be performed within 2 weeks)
<b>Lymphadenopathy</b> (generalised) in adults	Leukaemia	Consider a very urgent full blood count (within 48 hours)

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Oral lesions

Symptom and specific features	Possible cancer	Recommendation
<b>Ulceration in the oral cavity</b> (unexplained and lasting for more than 3 weeks)	Oral	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Lip or oral cavity lump</b>	Oral	Consider an urgent referral (for an appointment within 2 weeks) for assessment by a dentist  Consider a suspected cancer pathway referral by the dentist (for an appointment within 2 weeks) in people when assessed by a dentist as having a lump on the lip or in the oral cavity consistent with oral cancer

## Neurological symptoms in adults

Symptom and specific features	Possible cancer	Recommendation
<b>Loss of central neurological function</b> (progressive, sub-acute) in adults	Brain or central nervous system	Consider an urgent direct access MRI scan of the brain (or CT scan if MRI is contraindicated) (to be performed within 2 weeks)

## Pain

See also [Abdominal symptoms](#) for abdominal or pelvic pain

Symptom and specific features	Possible cancer	Recommendation
<b>Alcohol-induced lymph node pain</b> with unexplained lymphadenopathy in adults <sup>1</sup>	Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms
<b>Back pain</b> with weight loss, 60 and over	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available
<b>Back pain</b> (persistent), 60 and over	Myeloma	Offer a full blood count, blood tests for calcium and plasma viscosity or erythrocyte sedimentation rate  See <a href="#">primary care investigations</a> for more information on tests for myeloma
<b>Bone pain</b> (persistent), 60 and over	Myeloma	Offer a full blood count, blood tests for calcium and plasma viscosity or erythrocyte sedimentation rate to assess for myeloma  See <a href="#">primary care investigations</a> for more information on tests for myeloma
<b>Chest pain</b> (unexplained), 40 and over, ever smoked	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Chest pain</b> (unexplained), 40 and over, exposed to asbestos	Mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Chest pain</b> (unexplained) with cough or fatigue or shortness of breath or weight loss or appetite loss (unexplained), 40 and over	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

## Respiratory symptoms

### Chest infection

Symptom and specific features	Possible cancer	Recommendation
<b>Chest infection</b> (persistent or recurrent), 40 and over	Lung	Consider an urgent chest X-ray (to be performed within 2 weeks)

### Chest pain

Symptom and specific features	Possible cancer	Recommendation
<b>Chest pain</b> (unexplained), 40 and over, ever smoked	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Chest pain</b> (unexplained), 40 and over, exposed to asbestos	Mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Chest pain</b> (unexplained) with cough or fatigue or shortness of breath or weight loss or appetite loss (unexplained), 40 and over	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)

### Cough

Symptom and specific features	Possible cancer	Recommendation
<b>Cough</b> (unexplained), 40 and over, ever smoked	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Cough</b> (unexplained), 40 and over, exposed to asbestos	Mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Cough</b> (unexplained) with fatigue or shortness of breath or chest pain or weight loss or appetite loss (unexplained), 40 and over	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)

### Hoarseness

Symptom and specific features	Possible cancer	Recommendation
<b>Hoarseness</b> (persistent and unexplained), 45 and over	Laryngeal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

### Respiratory examination findings

Symptom and signs	Possible cancer	Recommendation
<b>Chest signs consistent with lung cancer</b> , 40 and over	Lung	Consider an urgent chest X-ray (to be performed within 2 weeks)
<b>Chest signs compatible with pleural disease</b> , 40 and over	Mesothelioma	Consider an urgent chest X-ray (to be performed within 2 weeks)
<b>Finger clubbing</b> , 40 and over	Lung or mesothelioma	Consider an urgent chest X-ray (to be performed within 2 weeks)

### Shortness of breath

Symptom and specific features	Possible cancer	Recommendation
<b>Shortness of breath</b> (unexplained), 40 and over, ever smoked	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Shortness of breath</b> (unexplained), 40 and over, and exposed to asbestos	Mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Shortness of breath</b> with cough or fatigue or chest pain or weight loss or appetite loss (unexplained), 40 and over	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Shortness of breath</b> with unexplained lymphadenopathy in adults <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms
<b>Shortness of breath</b> with unexplained splenomegaly in adults <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

## Skeletal symptoms

### Back pain

Symptom and specific features	Possible cancer	Recommendation
<b>Back pain</b> with weight loss, 60 and over	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available
<b>Back pain</b> (persistent), 60 and over	Myeloma	Offer a full blood count, blood tests for calcium and plasma viscosity or erythrocyte sedimentation rate  See <a href="#">primary care investigations</a> for more information on tests for myeloma

### Bone pain

Symptom and specific features	Possible cancer	Recommendation
<b>Bone pain</b> (persistent), 60 and over	Myeloma	Offer a full blood count, blood tests for calcium and plasma viscosity or erythrocyte sedimentation rate to assess for myeloma  See <a href="#">primary care investigations</a> for more information on tests for myeloma

## Fracture

Symptom and specific features	Possible cancer	Recommendation
<b>Fracture</b> (unexplained), 60 and over	Myeloma	<p>Offer a full blood count, blood tests for calcium and plasma viscosity or erythrocyte sedimentation rate</p> <p>See <a href="#">primary care investigations</a> for more information on tests for myeloma</p>

## Skin or surface symptoms

See also [Lumps or masses](#) for oral lesions.

Symptoms and signs	Possible cancer	Recommendation
<b>Anal ulceration</b> (unexplained)	Anal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Bruising</b> (unexplained) in adults	Leukaemia	Consider a very urgent full blood count (within 48 hours)
<b>Nipple changes of concern</b> (in one nipple only) including discharge and retraction, 50 and over	Breast	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Oral cavity red or red and white patch</b> consistent with erythroplakia or erythroleukoplakia	Oral	<p>Consider urgent referral (for an appointment within 2 weeks) for assessment by a dentist</p> <p>Consider a suspected cancer pathway referral by the dentist (for an appointment within 2 weeks) for people when assessed by a dentist as having a red or red and white patch in the oral cavity consistent with erythroplakia or erythroleukoplakia.</p>
<b>Penile lesion</b> (ulcerated and sexually transmitted infection has been excluded or persistent after treatment for a sexually transmitted infection has been completed) in men	Penile	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Penile mass</b> (and sexually transmitted infection has been excluded as a cause) in men	Penile	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Penile symptoms affecting the foreskin or glans</b> (unexplained or persistent) in men	Penile	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Petechiae</b> (unexplained) in adults	Leukaemia	Consider a very urgent full blood count (within 48 hours)
<b>Skin changes that suggest breast cancer</b>	Breast	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Skin lesion</b> (pigmented and suspicious) with a	Melanoma	Refer people using a suspected cancer pathway referral (for an appointment within

Symptoms and signs	Possible cancer	Recommendation
weighted 7-point checklist score of 3 or more		2 weeks)
<b>Skin lesion</b> (pigmented or non-pigmented) that suggests nodular melanoma	Melanoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Skin lesion</b> that raises the suspicion of a squamous cell carcinoma	Squamous cell carcinoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Skin lesion</b> that raises the suspicion of a basal cell carcinoma <sup>1</sup>	Basal cell carcinoma	Consider routine referral  Only consider a suspected cancer pathway referral (for an appointment within 2 weeks) if there is particular concern that a delay may have a significant impact, because of factors such as lesion site or size
<b>Vulval lump or ulceration</b> (unexplained) in women	Vulval	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

<sup>1</sup>Typical features of basal cell carcinoma include: an ulcer with a raised rolled edge; prominent fine blood vessels around a lesion; or a nodule on the skin (particularly pearly or waxy nodules)

## Urological symptoms

### Dysuria

Symptom and specific features	Possible cancer	Recommendation
<b>Dysuria</b> with unexplained non-visible haematuria, 60 and over	Bladder	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

### Erectile dysfunction

Symptom and specific features	Possible cancer	Recommendation
<b>Erectile dysfunction</b> in men	Prostate	Consider a prostate-specific antigen (PSA) test and digital rectal examination  See <a href="#">primary care investigations</a> for more information on PSA tests and digital rectal examination

### Haematuria

Symptom and specific features	Possible cancer	Recommendation
<b>Haematuria</b> (visible and unexplained) either without urinary tract infection or that persists or recurs after successful treatment of urinary tract infection,	Bladder or renal	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

Symptom and specific features	Possible cancer	Recommendation
45 and over		
<b>Haematuria</b> (non-visible and unexplained) with dysuria or raised white cell count on a blood test, 60 and over	Bladder	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Haematuria</b> (visible) with low haemoglobin levels or thrombocytosis or high blood glucose levels or unexplained vaginal discharge in women 55 and over	Endometrial	Consider a direct access ultrasound scan
<b>Haematuria</b> (visible) in men	Prostate	Consider a prostate-specific antigen (PSA) test and digital rectal examination  See <a href="#">primary care investigations</a> for more information on PSA tests and digital rectal examination

### Testicular symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Testis enlargement or change in shape or texture</b> (non-painful) in men	Testicular	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Testicular symptoms</b> (unexplained or persistent), men	Testicular	Consider a direct access ultrasound scan

### Other urinary tract symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Urinary tract infection</b> (unexplained and recurrent or persistent), 60 and over	Bladder	Consider non-urgent referral for bladder cancer in people aged 60 and over with recurrent or persistent unexplained urinary tract infection
<b>Lower urinary tract symptoms</b> , such as nocturia, urinary frequency, hesitancy, urgency or retention in men	Prostate	Consider a prostate-specific antigen (PSA) test and digital rectal examination  See <a href="#">primary care investigations</a> for more information on PSA tests and digital rectal examination
<b>Urinary urgency and/or frequency</b> (increased and persistent or frequent – particularly more than 12 times per month) in women, especially if 50 and over	Ovarian	Carry out tests in primary care <sup>1</sup>  Measure serum CA125 in primary care <sup>1</sup>  See <a href="#">primary care investigations</a> for information on tests for ovarian cancer

<sup>1</sup>The recommendations for ovarian cancer apply to women aged 18 and over

# Non-specific features of cancer

## Appetite loss or early satiety

Symptom and specific features	Possible cancer	Recommendation
<b>Appetite loss (unexplained)</b>	Several, including lung, oesophageal, stomach, colorectal, pancreatic, bladder or renal	Carry out an assessment for additional symptoms, signs or findings that may help to clarify which cancer is most likely  Offer urgent investigation or a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Appetite loss (unexplained), 40 and over, ever smoked</b>	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Appetite loss (unexplained), 40 and over, exposed to asbestos</b>	Mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Appetite loss (unexplained) with cough or fatigue or shortness of breath or chest pain or weight loss (unexplained), 40 and over</b>	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Appetite loss or early satiety (persistent or frequent – particularly more than 12 times per month) in women, especially if 50 and over</b>	Ovarian	Carry out tests in primary care <sup>1</sup>  Measure serum CA125 in primary care <sup>1</sup>  See <a href="#">primary care investigations</a> for information on tests for ovarian cancer

<sup>1</sup>The recommendations for ovarian cancer apply to women aged 18 and over

Update 2015

## Deep vein thrombosis

Symptom and specific features	Possible cancer	Recommendation
<b>Deep vein thrombosis</b>	Several, including urogenital, breast, colorectal or lung	Carry out an assessment for additional symptoms, signs or findings that may help to clarify which cancer is most likely  Consider urgent investigation or a suspected cancer pathway referral (for an appointment within 2 weeks)

## Diabetes

Symptom and specific features	Possible cancer	Recommendation
<b>Diabetes (new onset) with weight loss, 60 and over</b>	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or urgent ultrasound scan if CT is not available

## Fatigue

Symptom and specific features	Possible cancer	Recommendation
<b>Fatigue</b> (unexplained), 40 and over, ever smoked	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Fatigue</b> (unexplained), 40 and over, exposed to asbestos	Mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Fatigue</b> with cough or shortness of breath or chest pain or weight loss or appetite loss (unexplained), 40 and over	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Fatigue</b> (persistent) in adults	Leukaemia	Consider a very urgent full blood count (within 48 hours)
<b>Fatigue</b> (unexplained) in women	Ovarian	Carry out tests in primary care <sup>1</sup>  Measure serum CA125 in primary care <sup>1</sup>  See <a href="#">primary care investigations</a> for information on tests for ovarian cancer

<sup>1</sup>The recommendations for ovarian cancer apply to women aged 18 and over

## Fever

See also [Respiratory symptoms](#) for chest infection.

Symptom and specific features	Possible cancer	Recommendation
<b>Fever</b> (unexplained)	Leukaemia	Consider a very urgent full blood count (within 48 hours)
<b>Fever</b> with unexplained splenomegaly in adults <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms
<b>Fever</b> with unexplained lymphadenopathy in adults <sup>1</sup>	Hodgkin's lymphoma or non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

## Infection

Symptom and specific features	Possible cancer	Recommendation
<b>Infection</b> (unexplained and persistent or recurrent) in adults	Leukaemia	Consider a very urgent full blood count (within 48 hours)

## Night sweats

Symptom and specific features	Possible cancer	Recommendation
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Symptom and specific features	Possible cancer	Recommendation
Night sweats with unexplained splenomegaly in adults <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms
Night sweats with unexplained lymphadenopathy in adults <sup>1</sup>	Hodgkin's lymphoma or Non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Pallor

Symptom and specific features	Possible cancer	Recommendation
Pallor	Leukaemia	Consider a very urgent full blood count (within 48 hours)

### Pruritus

Symptom and specific features	Possible cancer	Recommendation
Pruritus with unexplained splenomegaly in adults <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms
Pruritus with unexplained lymphadenopathy in adults <sup>1</sup>	Hodgkin's lymphoma or non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Weight loss

Symptom and specific features	Possible cancer	Recommendation
Weight loss (unexplained)	Several, including colorectal, gastro-oesophageal, lung, prostate, pancreatic or urological cancer	Carry out an assessment for additional symptoms, signs or findings that may help to clarify which cancer is most likely  Offer urgent investigation or a suspected cancer pathway referral (for an appointment within 2 weeks)
Weight loss (unexplained) with abdominal pain, 40 and over	Colorectal	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
Weight loss (unexplained) with rectal bleeding in	Colorectal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

Symptom and specific features	Possible cancer	Recommendation
adults under 50		
<b>Weight loss</b> (unexplained) without rectal bleeding, 50 and over	Colorectal	Offer testing for occult blood in faeces  See <a href="#">primary care investigations</a> for more information on tests for occult blood in faeces
<b>Weight loss</b> (unexplained), 40 and over, ever smoked	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Weight loss</b> (unexplained), 40 and over, exposed to asbestos	Mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Weight loss</b> with cough or fatigue or shortness of breath or chest pain or appetite loss (unexplained), 40 and over, never smoked	Lung or mesothelioma	Offer an urgent chest X-ray (to be performed within 2 weeks)
<b>Weight loss</b> with unexplained splenomegaly in adults <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms
<b>Weight loss</b> with unexplained lymphadenopathy in adults <sup>1</sup>	Hodgkin's lymphoma or non-Hodgkin's lymphoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks). When considering referral, take into account any associated symptoms
<b>Weight loss</b> with upper abdominal pain or reflux or dyspepsia, 55 and over	Oesophageal or stomach	Offer urgent direct access upper gastrointestinal endoscopy (to be performed within 2 weeks)
<b>Weight loss</b> (unexplained) in women	Ovarian	Consider carrying out tests in primary care <sup>2</sup>  Measure serum CA125 in primary care <sup>2</sup>  See <a href="#">primary care investigations</a> for information on tests for ovarian cancer
<b>Weight loss</b> with diarrhoea or back pain or abdominal pain or nausea or vomiting or constipation or new-onset diabetes, 60 and over	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available
<b>Weight loss</b> with raised platelet count or nausea or vomiting, 55 and over	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24)

Symptom and specific features	Possible cancer	Recommendation
may be referred using either an adult or children's pathway depending on their age and local arrangements		
<sup>2</sup> The recommendations for ovarian cancer apply to women aged 18 and over		

## Primary care investigations

### Blood test findings

Investigation findings and specific features	Possible cancer	Recommendation
<b>Anaemia</b> (iron-deficiency), 60 and over	Colorectal	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Anaemia</b> (iron-deficiency, unexplained) with rectal bleeding in adults under 50	Colorectal	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Anaemia</b> (iron-deficiency) without rectal bleeding in adults under 60	Colorectal	Offer testing for occult blood in faeces
<b>Anaemia</b> (even in the absence of iron-deficiency) without rectal bleeding, 60 and over	Colorectal	Offer testing for occult blood in faeces [1.3.4]
<b>Blood glucose levels high</b> with visible haematuria in women 55 and over	Endometrial	Consider a direct access ultrasound scan
<b>Diabetes</b> (new-onset) with weight loss, 60 and over	Pancreatic	Consider an urgent direct access CT scan (to be performed within 2 weeks), or an urgent ultrasound scan if CT is not available
<b>Haemoglobin levels low</b> with visible haematuria in women 55 and over	Endometrial	Consider a direct access ultrasound scan
<b>Haemoglobin levels low</b> with upper abdominal pain, 55 and over	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy
<b>Hypercalcaemia or leukopenia</b> and presentation consistent with possible myeloma, 60 and over	Myeloma	Offer very urgent protein electrophoresis and a Bence-Jones protein urine test (within 48 hours)
<b>Plasma viscosity or erythrocyte sedimentation rate</b> and presentation consistent with	Myeloma	Consider very urgent protein electrophoresis and a Bence-Jones protein urine test (within 48 hours)

Investigation findings and specific features	Possible cancer	Recommendation
possible myeloma		
<b>Platelet count raised</b> with nausea or vomiting or weight loss or reflux or dyspepsia or upper abdominal pain, 55 and over	Oesophageal or stomach	Consider non-urgent direct access upper gastrointestinal endoscopy
<b>Prostate-specific antigen levels</b> above the age-specific reference range	Prostate	Refer men using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Protein electrophoresis</b> suggests myeloma	Myeloma	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Serum CA125 results</b>	Ovarian	<p>If serum CA125 is 35 IU/ml or greater, arrange an ultrasound scan of the abdomen and pelvis<sup>1</sup></p> <p>Normal serum CA125 (less than 35 IU/ml), or CA125 of 35 IU/ml or greater but a normal ultrasound:</p> <ul style="list-style-type: none"> <li>assess her carefully for other clinical causes of her symptoms and investigate if appropriate</li> <li>if no other clinical cause is apparent, advise her to return to her GP if her symptoms become more frequent and/or persistent<sup>1</sup></li> </ul>
<b>Thrombocytosis</b> , 40 and over	Lung	Consider an urgent chest X-ray (to be performed within 2 weeks)
<b>Thrombocytosis</b> with visible haematuria or vaginal discharge (unexplained) in women 55 and over	Endometrial	Consider a direct access ultrasound scan
<b>White cell count raised</b> on a blood test with unexplained non-visible haematuria, 60 and over	Bladder	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

<sup>1</sup>The recommendations for ovarian cancer apply to women aged 18 and over

### Dermoscopy findings

Investigation findings and specific features	Possible cancer	Recommendation
<b>Dermoscopy suggests melanoma of the skin</b>	Melanoma	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

### Digital rectal examination findings

Investigation findings and specific features	Possible cancer	Recommendation
<b>Prostate feels malignant</b> on digital rectal examination	Prostate	Refer men using a suspected cancer pathway referral (for an appointment within 2 weeks)

### Faecal tests

Investigation findings and specific features	Possible cancer	Recommendation
<b>Occult blood in faeces</b>	Colorectal	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

### Imaging tests

Investigation findings and specific features	Possible cancer	Recommendation
<b>Chest X-ray suggests lung cancer</b>	Lung	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Chest X-ray suggests mesothelioma</b>	Mesothelioma	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>Ultrasound suggests ovarian cancer</b>	Ovarian	Refer urgently <sup>1</sup> for further investigation <sup>2</sup>
<b>Ultrasound normal with CA125 of 35 IU/ml or greater</b>	Ovarian	Assess carefully for other clinical causes of her symptoms and investigate if appropriate  If no other clinical cause is apparent, advise her to return to her GP if her symptoms become more frequent and/or persistent <sup>2</sup>
<b>Ultrasound suggests soft tissue sarcoma or is uncertain and clinical concern persists in adults<sup>3</sup></b>	Soft tissue sarcoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)
<b>X-ray suggests the possibility of bone sarcoma in adults<sup>3</sup></b>	Bone sarcoma	Consider a suspected cancer pathway referral (for an appointment within 2 weeks)

<sup>1</sup>An urgent referral means that the woman is referred to a gynaecological cancer service within the national target in England and Wales for referral for suspected cancer, which is currently 2 weeks

<sup>2</sup>The recommendations for ovarian cancer apply to women aged 18 and over

<sup>3</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Jaundice

Investigation findings and specific features	Possible cancer	Recommendation
<b>Jaundice, 40 and over</b>	Pancreatic	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

### Urine test findings

Investigation findings and specific features	Possible cancer	Recommendation
<b>Bence-Jones protein urine results suggest myeloma</b>	Myeloma	Refer people using a suspected cancer pathway referral (for an appointment within 2 weeks)

## Symptoms in children and young people

### Abdominal symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Hepatosplenomegaly</b> (unexplained) in children and young people	Leukaemia	Refer for immediate specialist assessment
<b>Abdominal mass</b> (palpable) or <b>enlarged abdominal organ</b> (unexplained) in children	Neuroblastoma or Wilms' tumour	Consider very urgent referral (for an appointment within 48 hours) for specialist assessment
<b>Splenomegaly</b> (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

Update 2015

### Bleeding, bruising or rashes

Symptom and specific features	Possible cancer	Recommendation
<b>Petechiae</b> (unexplained) in children and young people	Leukaemia	Refer for immediate specialist assessment
<b>Bleeding or bruising</b> (unexplained) in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)

### Lumps or masses

See also [abdominal symptoms](#) for abdominal mass or unexplained enlarged abdominal organ, splenomegaly and hepatosplenomegaly.

Symptom and specific features	Possible cancer	Recommendation
<b>Lymphadenopathy</b> (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss
<b>Lymphadenopathy</b> (generalised) in children	Leukaemia	Offer a very urgent full blood count (within 48 hours)

Symptom and specific features	Possible cancer	Recommendation
and young people		
<b>Lump</b> (unexplained) that is increasing in size in children and young people <sup>1</sup>	Soft tissue sarcoma	Consider a very urgent direct access ultrasound scan (to be performed within 48 hours)  See <a href="#">primary care investigations</a> for more information on ultrasound scans

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Neurological symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Newly abnormal cerebellar or other central neurological function</b> in children and young people	Brain or central nervous system cancer	Consider a very urgent referral (for an appointment within 48 hours)

### Respiratory symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Shortness of breath</b> with lymphadenopathy in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms
<b>Shortness of breath</b> with splenomegaly (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Skeletal symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Bone pain</b> (persistent or unexplained) in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)
<b>Bone pain</b> (unexplained) in children and young people	Bone sarcoma	Consider a very urgent direct access X-ray (to be performed within 48 hours)  See <a href="#">primary care investigations</a> for more information on X-rays
<b>Bone swelling</b> (unexplained) in children and young people	Bone sarcoma	Consider a very urgent direct access X-ray (to be performed within 48 hours)  See <a href="#">primary care investigations</a> for more information on X-rays

### Skin or surface symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Petechiae</b> (unexplained) in children and young people	Leukaemia	Refer for immediate specialist assessment
<b>Bruising</b> (unexplained) in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)
<b>Pallor</b> in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)

### Urological symptoms

Symptom and specific features	Possible cancer	Recommendation
<b>Haematuria</b> (visible and unexplained) in children	Wilms' tumour	Consider very urgent referral (for an appointment within 48 hours) for specialist assessment

### Non-specific features of cancer

Symptom and specific features	Possible cancer	Recommendation
<b>Fatigue</b> (persistent) in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)
<b>Fever</b> with lymphadenopathy (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms
<b>Fever</b> with splenomegaly (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms
<b>Fever</b> (unexplained) in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)
<b>Infection</b> (unexplained and persistent) in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)
<b>Lymphadenopathy</b> (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms, particularly fever, night sweats, shortness of breath, pruritus or weight loss
<b>Lymphadenopathy</b> (generalised) in children and young people	Leukaemia	Offer a very urgent full blood count (within 48 hours)
<b>Night sweats</b> with lymphadenopathy (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms
<b>Night sweats</b> with splenomegaly (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms
<b>Pruritus</b> with lymphadenopathy	Non-Hodgkin's lymphoma or	Consider a very urgent referral (for an appointment within 48 hours) for specialist

Symptom and specific features	Possible cancer	Recommendation
(unexplained) in children and young people <sup>1</sup>	Hodgkin's lymphoma	assessment. When considering referral, take into account any associated symptoms
<b>Pruritus</b> with splenomegaly (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms
<b>Weight loss</b> with lymphadenopathy (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma or Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment in children and young people. When considering referral, take into account any associated symptoms
<b>Weight loss</b> with splenomegaly (unexplained) in children and young people <sup>1</sup>	Non-Hodgkin's lymphoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment. When considering referral, take into account any associated symptoms

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

### Parental concern

Symptom and specific features	Possible cancer	Recommendation
<b>Parental or carer insight, concern or anxiety</b> about the child's or young person's symptoms (persistent)	Childhood cancer	<p>Take into account the insight and knowledge of parents and carers when considering making a referral for suspected cancer in a child or young person</p> <p>Consider referral for children if their parent or carer has persistent concern or anxiety about the child's symptoms, even if the symptoms are most likely to have a benign cause</p>

### Primary care investigations

Symptom and specific features	Possible cancer	Recommendation
<b>Ultrasound scan suggests soft tissue sarcoma</b> or is uncertain and clinical concern persists in children and young people <sup>1</sup>	Soft tissue sarcoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment
<b>X-ray suggests the possibility of bone sarcoma</b> in children and young people <sup>1</sup>	Bone sarcoma	Consider a very urgent referral (for an appointment within 48 hours) for specialist assessment

<sup>1</sup>Separate recommendations have been made for adults and for children and young people to reflect that there are different referral pathways. However, in practice young people (aged 16–24) may be referred using either an adult or children's pathway depending on their age and local arrangements

**Ocular examination**

<b>Examination findings and specific features</b>	<b>Possible cancer</b>	<b>Recommendation</b>
<b>Absent red reflex in children</b>	Retinoblastoma	Consider urgent referral (for an appointment within 2 weeks) for ophthalmological assessment