

## Urinary incontinence and pelvic organ prolapse in women: management Guideline Committee meeting 5

**Date:** 07/09/2017

**Location:** RCOG, London

**Minutes:** CONFIRMED



| <b>Committee members present:</b> |  |                           |
|-----------------------------------|--|---------------------------|
| Fergus Macbeth (Chair)            |  | (Present for notes 1 - 7) |
| Rohna Kearney (Topic advisor)     |  | (Present for notes 1 - 7) |
| Karen Ward (Topic advisor)        |  | (Present for notes 1 - 7) |
| Suzanne Biers                     |  | (Present for notes 1 - 7) |
| Jacqueline Emkes                  |  | (Present for notes 1 - 5) |
| Polly Harris                      |  | (Present for notes 1 - 7) |
| Catherine Heffernan               |  | (Present for notes 1 - 5) |
| Doreen McClurg                    |  | (Present for notes 1 - 7) |
| Vikky Morris                      |  | (Present for notes 1 - 5) |
| Carmel Ramage                     |  | (Present for notes 1 - 7) |
| Lucy Ryan                         |  | (Present for notes 1 - 7) |
| Julian Spinks                     |  | (Present for notes 1 - 7) |
| Kate Welford                      |  | (Present for notes 1 - 7) |

| <b>In attendance:</b>  |                                      |                           |
|------------------------|--------------------------------------|---------------------------|
| Andrew Harding         | NICE Guideline Commissioning Manager | (Present for notes 1 - 7) |
| Shona Burman-Roy       | NGA Senior Systematic Reviewer       | (Present for notes 1 - 7) |
| Patrice Carter         | NGA Systematic Reviewer              | (Present for notes 1 - 7) |
| Melanie Davies         | NGA Clinical Advisor                 | (Present for notes 1 - 7) |
| Elise Hasler           | NGA Information Scientist            | (Present for notes 4 - 7) |
| Eleanor Howat          | NGA Project Manager                  | (Present for notes 1 - 7) |
| Sally Humphreys        | NGA Project Manager                  | (Present for notes 1 - 7) |
| Charlotte Mahoney      | NGA Clinical Fellow                  | (Present for notes 1 - 5) |
| Jose Marcano-Belisario | NGA Senior Systematic Reviewer       | (Present for notes 1 - 7) |

|            |                      |                           |
|------------|----------------------|---------------------------|
| Eric Slade | NGA Health Economist | (Present for notes 1 - 7) |
|------------|----------------------|---------------------------|

**Observers:**

|                  |                                      |                           |
|------------------|--------------------------------------|---------------------------|
| Catrina Charlton | NICE Guideline Commissioning Manager | (Present for notes 3 - 7) |
|------------------|--------------------------------------|---------------------------|

**Apologies:**

|                  |                            |
|------------------|----------------------------|
| Anthony Dixon    | Co-opted Committee member  |
| Sarah Love-Jones | Co-opted Committee member  |
| Carol Paton      | Co-opted Committee member  |
| James Stephenson | Co-opted Committee member  |
| Judith McBride   | NICE Senior Medical Editor |
| Lisa Boardman    | NGA Guideline Lead         |

**1. Welcome and objectives for the meeting**

The Chair welcomed the Committee members and attendees to the fifth meeting on urinary incontinence and pelvic organ prolapse in women: management.

The Chair informed the Committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included: reviewing the evidence and drafting recommendations, and discussing and amending review question protocols.

**2. Confirmation of matter under discussion, and declarations of interest**

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was urinary incontinence and pelvic organ prolapse in women: management.

The Chair asked everyone to verbally declare any interests that have arisen since appointment or that were specific to the topics being considered at this meeting.

| Name          | Job title, organisation  | Declarations of Interest, date declared                   | Type of interest                | Decision taken       |
|---------------|--|---|---------------------------------|----------------------|
| Rohna Kearney | Consultant Urogynaecologist, Warrell Unit, St Mary's Hospital, Central | 31.08.2017<br>Chief investigator on NIHR funded study HTA | Non-personal financial specific | Declare and continue |

Committee minutes

|                |   |   |                                 |                      |
|----------------|---|---|---------------------------------|----------------------|
|                | Manchester Foundation Trust   | Project: 16/82/01<br>- A multicentre randomised controlled trial, with process evaluation, to test the clinical and cost-effectiveness of self-management of vaginal pessaries to treat pelvic organ prolapse, compared to standard care to improve women's quality of life.<br>TOPSY trial: Treatment Of Prolapse with Self-care pessary   |                                 |                      |
| Doreen McClurg | Professor of Physiotherapy, Nursing, Midwifery and Allied Health Professions Research Unit, Glasgow Caledonian University | 07.09.2017<br>Co-applicant on NIHR funded study HTA Project: 16/82/01<br>- A multicentre randomised controlled trial, with process evaluation, to test the clinical and cost-effectiveness of self-management of vaginal pessaries to treat pelvic organ prolapse, compared to standard care to improve women's quality of life.<br>TOPSY trial: Treatment Of Prolapse with Self-care | Non-personal financial specific | Declare and continue |

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| <p>The Chair and a senior member of the Developer’s team noted that the interests declared did not prevent the attendees from fully participating in the meeting.</p>  |  |         |  |  |
| <p><b>3. Minutes of last meeting</b></p>   |  |         |  |  |
| <p>The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.</p> <p>The Chair confirmed that all matters arising had been completed or were in hand.</p>  |  |         |  |  |
| <p><b>4. Presentations</b></p>   |  |         |  |  |
| <p>The Chair introduced Jose Marcano-Belisario, NGA Senior Systematic Reviewer, who gave a presentation on EVIDENCE REVIEW: 8.1 What lifestyle interventions are effective for managing pelvic organ prolapse?</p> <p>The Chair introduced Eric Slade, NGA Health Economist, who gave a presentation on HEALTH ECONOMICS: Update on NMA for 8.4 (surgical management of POP).</p> <p>The Chair introduced Shona Burman-Roy, NGA Senior Systematic Reviewer, who gave a presentation on EVIDENCE REVIEW: 8.3 What are the most effective conservative management options (for example, pelvic floor exercises and pessaries) for pelvic organ prolapse?</p> <p>The Chair introduced Jose Marcano-Belisario, NGA Senior Systematic Reviewer, who gave a presentation on PROTOCOL: 11.4 What are the most effective management options for urinary complications after mesh surgery?</p> <p>The Chair introduced Eric Slade, NGA Health Economist, who gave a presentation on HEALTH ECONOMICS: 5.1 The Effectiveness and cost-effectiveness of Surgical Treatments for womEn with stRes urinary incontinence: An evidence synthesis (ESTER) – project (methods overview).</p> <p>The Chair introduced Shona Burman-Roy, NGA Senior Systematic Reviewer, who gave a presentation on PROTOCOL: 11.1 What are the most effective management options for vaginal complications (including exposure, extrusion and infection) after mesh surgery?</p> <p>The speakers took questions from the group. The Committee then discussed the issues presented in relation to this guideline. The Chair thanked the speakers for their presentations.</p> |  |         |  |  |
| <p><b>5. Questions and discussion</b></p>  |  |         |  |  |

The Committee discussed the presentations and were given the opportunity to ask questions, draft recommendations and rationale and impact sections following evidence reviews, and agree amendments to the review protocols and economic model plans.

#### **6. Other issues**

The Committee considered the following equalities issues:

- The Committee considered the pelvic organ prolapse conservative management recommendations specifically for women who were older or had cognitive or physical disabilities, and agreed that all options should be considered for all women, with individual capabilities and preference being taken into account.

The Committee considered the following implementation issues:

- No specific issues were raised at this meeting.

#### **7. AOB**

The Committee were informed of the forthcoming changes in NGA staffing and the potential for video conferencing where attendance in person is difficult.

**Date of next meeting:** 17/10/2017

**Location of next meeting:** RCOG, London