

#### 4.0.03 DOC Cmte minutes

### Depression in children Committee meeting

**Date:** 08/10/2018

**Location:** NICE offices Manchester



**Minutes:** Final

<b>Committee members present:</b>	
Susan Bewley (SB) (Chair)	Present for all
Janice Allister (JA)	Present for all
Eunice Ayodeji (EA)	Present until partway through item 8
Jocelyn Catty (JC)	Present from during item 1
Mair Elliott (ME)	Present for all
Catherine Gallop (CG)	Present from during item 1
Abdullah Kraam (AK)	Present for all
Catherine Newell (CN)	Present for all
Peta Mees (PM)	Present for all

<b>In attendance:</b>		
Catherine McEvoy (CM)	NICE – Commissioning Manager	Present for all
Rupert Franklin (RF)	NICE – Commissioning Manager	Present for all
Marie Harrisingh (MH)	NICE – Technical Advisor	Present for all
Ross Maconachie (RMA)	NICE – Technical Advisor Health Economics	Present for all
Yolanda Martinez (YM)	NICE – Technical analyst	Present for all
Rui Martins (RM)	NICE – Technical Analyst Health Economics	Present for all
Edgar Masanga (EM)	NICE – Resource Impact Lead	Present for all

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Vonda Murray (VM)	NICE – Project Manager	Present for all
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<b>Observers:</b>		
Sophie Cooper NICE - Scientific Advisor	Present from item 4	
Joseph Crutwell NICE - Technical Analyst	Present from item 6	
Joshua Pink NICE - Technical Advisor	Present from item 3	
Erin Whittingham NICE - Public Involvement Advisor	Present until item 6	
Siobhan Youd NICE - Administrator	Present for all	

<b>Apologies:</b>		
Di Bailey	Committee member	
Kapil Sayal	Committee member	
Sue Spiers	NICE – Associate Director Guideline Updates Team	

<b>Item 1</b>		
<ul style="list-style-type: none"> <li>• Welcome</li> <li>• Objectives</li> <li>• Declarations of interest</li> </ul>		
<b>Item 1</b>		
<p>The Chair welcomed the Committee members, and attendees to the 1<sup>st</sup> committee meeting for the depression in children and young people guideline update. The committee, and observers introduced themselves. The Chair informed the committee that apologies had been received from those listed above. The objectives of the meeting, were outlined by the Chair.</p> <p>The Chair asked everyone to verbally declare any interests. The following new interests were declared:</p>		
<b>Attendee</b>	<b>Declaration</b>	<b>Action</b>
Eunice Ayodeji	Published a general paper Ayodeji, E and Dubicka, B (2017) Clinical: Managing depression in Children & young People. Nursing Practice (2017)	Declare and participate Not specific to any topic covered in the scope of

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		the guideline.	
Jocelyn Catty	Involved with a research study on waiting times, involvement is in regards to adolescent mental health care waiting times. Funded by the Wellcome Trust, led by Principal Investigators at Birkbeck College. Project will run until September 2021. The college pays for one half day session per week for four years to employer	Declare and participate Not specific to any topic covered in the scope of the guideline.	Declare and p Not specific to covered in the the guideline.
Jocelyn Catty	Edited a manual on, adolescent depression; Cregeen, S., Hughes, C., Midgley, N., Rhode, M., Rustin, R. ed. J Catty (2016) Short-term Psychoanalytic Psychotherapy for Adolescent Depression: a treatment manual. London: Karnac.	Declare and participate Not involved as a researcher in any of the studies included in the book.	
Jocelyn Catty	Presented on short-term Psychoanalytic Psychotherapy (STPP) to child Psychotherapists. On 2 occasions a fee has been paid Sussex Partnership Trust	Declare and participate	
Jocelyn Catty	Co-chaired the research committee of the Association of Child Psychotherapists (ACP)	Declare and participate Not specific to any topic covered in the scope of the guideline.	
Jocelyn Catty	Member of the research committee of the Association of Child Psychotherapists (ACP)	Declare and participate Not specific to any topic covered in the scope of the guideline.	
Catherine Gallop	Committee member on the Children and Young People's Improving Access to Psychological Therapies Programme Collaboratives	Declare and participate Not specific to any topic covered in the scope of the guideline.	
Catherine Gallop	Member of Children and Young People's Wellbeing Practitioner National Implementation group. The group lead upon the training that the Children and Young People's Wellbeing Practitioner's receive. In regards to low mood, anxiety and depression.	Declare and participate	
Catherine Gallop	CYP Accept clinic is carrying out a NIHR funded trial for single session phobias.	Declare and participate Not specific to any topic covered in the scope of the guideline.	

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Abdullah Kraam	Principal Investigator in a conduct disorder trial on mutisystemic therapy vs treatment as usual. Study was funded by Department for Health and Education	Declare and participate Not specific to any topic covered in the scope of the guideline.	
<p>The DOI's were considered by the Chair. It was agreed that all committee members were eligible to attend the committee meeting and contribute to the discussions and drafting of any recommendations.</p>			
<p><b>Item 2</b></p> <ul style="list-style-type: none"> <li>• Technical training</li> </ul>			
<p><b>Item 2</b></p> <p>YM explained to the committee the principles of evidence synthesis, which included; dichotomous and continuous outcomes, effect estimates: relative risk and mean difference, confidence intervals, meta-analysis and forest plots. YM also presented a reminder about the GRADE framework and how GRADE is used at NICE. The project on improving imprecision was also explained.</p>			
<p><b>Item 3</b></p> <p>RQ use of psychological interventions to manage depression in children and young people</p> <ul style="list-style-type: none"> <li>• <b>Presentation of clinical evidence</b></li> </ul>			
<p><b>Item 3</b></p> <p>YM reminded the committee what evidence had prompted the update, as identified by the NICE surveillance team, before providing a summary of the search protocol, including the inclusion and exclusion criteria. YM provided an overview of the pair-wise clinical evidence for the effectiveness of the included psychological interventions for the outcomes specified in the review protocol.</p>			
<p><b>Item 4</b></p> <ul style="list-style-type: none"> <li>• Presentation of clinical evidence continued</li> </ul>			
<p><b>Item 4</b></p> <p>YM continued to present the clinical evidence. The committee asked questions and discussed.</p> <p><b>Actions from items 3 and 4</b></p> <p>It was agreed to send an email to committee asking questions that could not be responded during the meeting. These questions include: exclusion of data from studies reporting on strengths and difficulties questionnaire (SDQ), minimal clinically important differences (MIDs) for all outcomes, and proposed definitions of controls,</p>			

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and merging different versions of the same scale.
<b>Item 5</b> <ul style="list-style-type: none"><li>• Technical training- Network meta- analysis</li></ul>
<b>Item 5</b> <p>MH went through what network meta-analysis is, explaining the advantages, when it can be used, the different types. Examples of how this information is presented was provided.</p>
<b>Item 6</b> <ul style="list-style-type: none"><li>• Presentation of NMA evidence</li></ul>
<b>Item 6</b> <p>MH presented the initial analyses that had been carried out, and asked questions of the committee to confirm the groupings for the nodes of the analysis and to help determine the most useful follow up times to model</p>
<b>Item 7</b> <ul style="list-style-type: none"><li>• Presentation of NMA evidence continued</li></ul>
<b>Item 7</b> <p>MH continued to present the network meta- analysis data</p>
<b>Item 8</b> <ul style="list-style-type: none"><li>• Presentation of Health Economics evidence</li><li>• Health Economics modelling</li></ul>
<b>Item 8</b> <p>RMA, reminded the committee about the role of health economics in clinical guidelines, and the key factors the committee need to take into consideration while making recommendations. RMA provided an overview of the health economics literature review, before presenting the published economic evidence.</p> <p>RM, discussed the usefulness of a novel economic model to address the question of the relative effectiveness of psychological interventions for children and young people with depression in light of the initial NMA findings. .</p>
<b>Item 9</b> <ul style="list-style-type: none"><li>• AOB</li></ul>
<b>Item 9</b> <ul style="list-style-type: none"><li>• No other business to discuss</li></ul>
<b>Item 10</b>

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- Summary and next steps

##### **Item 10**

The Chair thanked the committee for their hard work and contribution. The next committee meeting is GComm 2, Tuesday 6th November 2018, to be held at the NICE Manchester offices.

**Date of next meeting:** Tuesday 6th November 2018

**Location of next meeting:** NICE Offices – Manchester