

#### 4.0.03 DOC Cmte minutes

### Depression in children Committee meeting

**Date:** 06/11/2018

**Location:** NICE offices Manchester

**Minutes:** Final



<b>Committee members present:</b>	
Susan Bewley (SB) (Chair)	Present for all
Janice Allister (JA)	Present for all
Eunice Ayodeji (EA)	Present until partway through item 6
Di Bailey (DB)	From partway through item 3
Jocelyn Catty (JC)	Present for all
Mair Elliott (ME)	Present for all
Catherine Gallop (CG)	Present for all, via video link
Abdullah Kraam (AK)	Present for all
Catherine Newell (CN)	Present for all
Peta Mees (PM)	Present for all
Kapil Sayal (KS)	Present for all

<b>In attendance:</b>		
Catherine McEvoy (CM)	NICE – Commissioning Manager	Present for item 1, and from item 4 to 8
Anne-Louise Clayton (ALC)	NICE – Editor	Present for all
Marie Harrisingh (MH)	NICE – Technical Advisor	Present for all
Yolanda Martinez (YM)	NICE – Technical analyst	Present for all
Vonda Murray (VM)	NICE – Project Manager	Present for all
Hannah Nicholas (HN)	NICE – Technical Analyst Health Economics	Present for all

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Gabriel Rogers (GR)	NICE – Technical Advisor Health Economics	Present for all
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#### Observers:

Nicki Evans NICE – HR Advisor	Present until the end of item 3
Joseph Crutwell NICE - Technical Analyst	Present until the end of item 3

#### Apologies:

Ross Maconachie	NICE – Technical Advisor Health Economics
Rui Martins	NICE – Technical Analyst Health Economics

#### Item 1

- Welcome
- Objectives
- Declarations of interest

#### Item 1

The Chair welcomed the Committee members, and attendees to the 2<sup>nd</sup> committee meeting for the depression in children and young people guideline update. The committee, and observers introduced themselves. The Chair informed the committee that apologies had been received from those listed above. The objectives of the meeting were outlined by the Chair.

The Chair asked everyone to verbally declare any interests. The following new interests were declared:

Attendee	Declaration	Action
Abdullah Kraam	Principal Investigator in a conduct disorder trial on multisystemic therapy vs treatment as usual. Study was funded by Department for Health and Education	Declare and participate Not specific to any topic covered in the scope of the guideline.
Abdullah Kraam	Co-Chief Investigator in a study on ADHD in secure estate received research for patient benefit scheme funding	Declare and participate Not specific to any topic covered in the scope of the guideline.
Kapil Sayal	Co-author on a publication Stallard 2012- Classroom based cognitive	Partial exclusion – GComm2, Not involved

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	behavioural therapy (CBT), in reducing symptoms of depression in high risk adolescents: pragmatic cluster randomised controlled trial.	in making recommendations on group CBT and any other recommendations for the age group and severity of depression where group CBT is an option.	
Kapil Sayal	NIHR grant award investigating the assessment of emotional disorders in CAMHS: "STADIA: STAndardised Diagnostic Assessment for children	Declare and participate Not specific to any topic covered in the scope of the guideline.	
<p>The DOI's were considered by the Chair. One of the DOI's for KS, concerning being a co-author on a publication was considered. The Chair explained that KS would not be involved in making recommendations on group cognitive behavioural therapy and any other recommendations for the age group and severity of depression where group CBT is an option. It was agreed that all other committee members were eligible to attend the committee meeting and contribute to the discussions and drafting of any recommendations.</p>			
<p><b>Item 2</b></p> <ul style="list-style-type: none"> <li><b>The role of the Editor</b></li> </ul>			
<p><b>Item 2</b></p> <p>ALC explained to the committee the role of the Editor in developing guidelines. She also covered the importance of clear recommendations and how they can be achieved, and how the NICE terminology for recommendations is linked to the strength of the evidence underlying them.</p>			
<p><b>Item 3</b></p> <p><b>RQ use of psychological interventions to manage depression in children and young people</b></p> <ul style="list-style-type: none"> <li>Presentation of clinical evidence</li> </ul>			
<p><b>Item 3</b></p> <p>YM, presented the results of the network meta- analyses of the outcomes detailed in the review protocol and highlighted that some outcomes and/ or age subgroups were missing due to a lack of clinical trial data. Evidence was presented for psychological interventions to manage depression in children and young people with mild or moderate to severe depression and these results were further divided into 2 age groups.</p>			
<p><b>Item 4</b></p>			

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<ul style="list-style-type: none"><li>• <b>Presentation of Health Economics evidence</b></li></ul>
<p><b>Item 4</b> GR presented the health economics evidence on the psychological interventions to manage depression in children and young people. He synthesised the NMA results with the economic findings to try to help the committee in their decision making.</p>
<p><b>Item 5</b> <b>RQ use of psychological interventions to manage depression in children and young people</b></p> <ul style="list-style-type: none"><li>• Discuss and agree recommendations</li></ul>
<p><b>Item 5</b> The committee discussed the evidence presented in detail, with reference to their own experiences and areas of expertise. They reviewed the existing recommendations and updated them based on these discussions.</p>
<p><b>Item 6</b> <b>RQ use of psychological interventions to manage depression in children and young people</b></p> <ul style="list-style-type: none"><li>• Continue discussion and agree recommendations</li></ul>
<p><b>Item 6</b> The committee continued to discuss the evidence and update the recommendations based on their interpretation of the evidence. The committee also discussed the issue of equalities in relation to this topic and tried to ensure that vulnerable groups were not disadvantaged by the new recommendations.</p>
<p><b>Item 7</b></p> <ul style="list-style-type: none"><li>• <b>AOB</b></li></ul>
<p><b>Item 7</b> <b>ACTION</b> – Send to the committee key dates for the next steps in the development of the guideline – <b>VM</b></p>
<p><b>Item 8</b></p> <ul style="list-style-type: none"><li>• <b>Summary and next steps</b></li></ul>
<p><b>Item 8</b> The Chair thanked the committee for their hard work and contribution and reminded them to respond promptly to any questions/ checks following this meeting. The next committee meeting is the post consultation meeting, Tuesday 26th February 2019, at the London office.</p>

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**Date of next meeting:** **Tuesday 26th February 2019**

**Location of next meeting:** NICE Offices – London