

## Hypertension in adults (update) Committee meeting

**Date:** 27/09/2017

**Location:** Boardroom, National Guideline Centre, 180 Great Portland Street,  
London W1W 5QZ

**Minutes:** Confirmed

**NICE** National Institute for  
Health and Care Excellence

<b>Committee members present:</b>	
Anthony Wierzbicki (Chair)	Present for notes 1 – 5
Liz Clark	Present for notes 1 – 5
Elizabeth Denver	Present for notes 1 – 5
Mark Glover	Present for notes 1 – 5
Irene McGill	Present for notes 1 – 5
Richard McManus	Present for notes 1 – 5
Lucy Pollock	Present for notes 1 – 5
Mark Shapley	Present for notes 1 – 5
Alison Warren	Present for notes 1 – 5
Bryan Williams	Present for notes 1 – 5

<b>In attendance:</b>		
Rebecca Boffa	Research Fellow, NGC	Present for notes 1 – 5
Serena Carville	Guideline Lead, NGC	Present for notes 1 – 5
Margaret Constanti	Senior Health Economist, NGC	Present for notes 1 – 5
Beatriz Ferrer-Quiles	Information Specialist, NGC	Present for notes 1 – 5
Christopher Floyd	Clinical Trainee	Present for notes 1 – 5
Jess Glen	Senior Research Fellow, NGC	Present for notes 1 – 5
Amy Kelsey	Senior Project Manager, NGC	Present for notes 4 – 5
Jessica Fielding	Public Involvement Advisor, NICE	Present for notes 1 – 3
Caroline Kier	Guideline Commissioning Manager, NICE	Present for notes 1 – 3

**Apologies:**

Terry McCormack

Committee member

**1. Welcome and objectives for the meeting**

The Chair welcomed the committee members and attendees to the first meeting on Hypertension in adults. The committee members and attendees introduced themselves.

No members of the public asked to observe the meeting.

The Chair informed the committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting.

**2. Confirmation of matter under discussion, and declarations of interest**

The Chair asked everyone to declare verbally any interests.

<b>Name</b>	<b>Job title, organisation</b>	<b>Declarations of Interest, date declared</b>	<b>Type of interest</b>	<b>Decision taken</b>
Elizabeth Denver	Hypertension nurse (Diabetes), Whittington Health NHS Trust	Member of the British and Irish Hypertension Society and member of association of non-medical prescribers	Non-personal non-financial specific	Declare and participate
Mark Glover	MRC Clinician Scientist, Associate Professor and Honorary Consultant Physician, University of Nottingham and Nottingham University Hospitals NHS Trust	As clinical scientist with the MRC, all research funded by the Medical Research Council. Member of the British and Irish Hypertension Society.	Non-personal financial specific	Declare and participate



		practice.		
Lucy Pollock	Consultant Geriatrician, Taunton and Somerset NHS Foundation Trust	Paid for doing talks to GPs. Delivered a talk yesterday that will attract fee. Often talk to GPs about managing frailty.	Non-personal financial specific	Declare and participate
Alison Warren	Consultant Pharmacist Cardiology, Brighton and Sussex University Hospitals NHS Trust and Brighton and Hove CCG	Has received fees for speaking on lipids and anti-coagulation.	Non-personal financial specific	Declare and participate
Anthony Wierzbicki	Consultant in Metabolic Medicine/Chemical pathology	Currently, holds role of Investigator on clinical trials for a number of companies in the field of lipids. Does not receive direct payment, all payments are made to his hospital trust.	Non-personal financial specific	Declare and participate

The Chair and a senior member of the Developer's team noted that the interests declared did not prevent the attendees from fully participating in the meeting.

### 3. Presentations

The Chair introduced Serena Carville, NGC Associate Director and Guideline Lead, who gave a presentation on the NGC and working practices. SC took questions from the group. The Chair thanked Serena for her presentation.

The Chair introduced Caroline Kier, NICE Guideline Commissioning Manager, who gave a presentation on the role of NICE. CK took questions from the group. The

Chair thanked Caroline for her presentation.

The Chair introduced Jessica Fielding, NICE Public Involvement Advisor, who gave a presentation on public involvement in NICE guideline development. JF took questions from the group. The Chair thanked Jessica for her presentation.

The Chair introduced Beatriz Ferrer-Quiles, NGC Information Specialist, who gave a presentation on the role of the information specialist. BFQ took questions from the group. The Chair thanked Beatriz for her presentation.

The Chair introduced Rebecca Boffa, NGC Research Fellow, who gave a presentation on the role of the research fellow. RB took questions from the group. The Chair thanked Rebecca for her presentation.

The Chair introduced Margaret Constanti, NGC Senior Health Economist, who gave a presentation on the role of the health economist. MC took questions from the group. The Chair thanked Margaret for her presentation.

The Chair then gave a presentation on the scope of the guideline. AW took questions from the group.

The Chair introduced Jess Glen, NGC Senior Research Fellow, who gave a presentation on an introduction to protocols. JG took questions from the group. The Chair thanked Jess for her presentation.

#### **4. Protocols**

The committee discussed and agreed the first-line therapy protocol and were given the opportunity to ask questions.

The committee discussed the relaxation therapies protocol and were given the opportunity to ask questions.

#### **5. Any other business**

The Chair brought the NGC short courses to the committee's attention.

**Date of next meeting:** 01/11/2017

**Location of next meeting:** Boardroom, NGC offices.