

## Hypertension in adults (update) Committee meeting

**Date:** 11/07/2018

**Location:** NGC Boardroom, Royal College of Physicians, 11 St Andrew's Place, London NW1 4LE

**Minutes:** Confirmed

**NICE** National Institute for Health and Care Excellence

<b>Committee members present:</b>		
Anthony Wierzbicki (Chair)		(Present for notes 1–5)
Elizabeth Denver		(Present for notes 1–5)
Mark Glover		(Present for notes 1–5)
Terry McCormack		(Present for notes 1–5)
Irene McGill		(Present for notes 1–5)
Richard McManus		(Present for notes 1–4B)
Lucy Pollock		(Present for notes 1–5)
Mark Shapley		(Present for notes 1–5)
Alison Warren		(Present for notes 1–5)
Bryan Williams		(Present for notes 1–4B)

<b>In attendance:</b>		
Astrid Aregui	Senior Digital Editor, NICE	(Present for notes 4C–5)
Catherine Baden-Daintree	Senior Medical Editor, NICE	(Present for notes 1–5)
Edgar Masanga	Business Analyst, NICE	(Present for notes 1–5)
Serena Carville	Guideline Lead, NGC	(Present for notes 1–5)
Margaret Constanti	Senior Health Economist, NGC	(Present for notes 1–5)
Meredith Faust	Project Manager, NGC	(Present for notes 1–5)
Christopher Floyd	Clinical Trainee, NGC	(Present for notes 1–5)
Audrius Stonkus	Trainee Research Fellow, NGC	(Present for notes 1–5)
Rafina Yarde	Research Fellow, NGC	(Present for notes 1–5)
<b>Observer:</b>		
Eleanor Priestnall	Project Manager, NGC	(Present for notes 1–5)

<b>Apologies:</b>	
Liz Clark	Committee member
Judith Magowan	Committee member
Caroline Kier	Guideline Commissioning Manager, NICE
Rebecca Boffa	Senior Research Fellow, NGC
Beatriz Ferrer-Quiles	Information Specialist, NGC

### 1. Welcome and objectives for the meeting

The Chair welcomed the committee members and attendees to the ninth meeting on Hypertension in adults. The committee members and attendees introduced themselves.

The Chair informed the committee that apologies had been received. These are noted above.

The Chair outlined the objectives of the meeting, which included finalising the health economic modelling methods, monitoring and blood pressure targets.

### 2. Confirmation of matter under discussion, and declarations of interest

The Chair confirmed that, for the purpose of managing conflicts of interest, the matter under discussion was monitoring and blood pressure targets.

The Chair asked everyone to declare verbally any interests that have arisen since the last meeting.

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Mark Shapley	General Practitioner, Wolstanton Medical Centre Newcastle-under-Lyme	Retired from Wolstanton Medical Centre Keele University research practice	Direct non-financial	Non-specific. No action other than the process of open declaration.
Alison Williams	Consultant Pharmacist Cardiology, Brighton and Sussex University Hospitals NHS Trust and Brighton and	I attended the Thrombosis Management Conference sponsored by Bayer. This covered travel,	Direct financial	Non-specific. No action other than the process of open declaration.

	Hove CCG	accommodation for 2 nights and conference attendance in line with ABPI regulations.		
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The Chair and a senior member of the Developer's team noted that the following members would not participate in a part of the meeting:

- Richard McManus is unable to participate in making recommendations on monitoring.
- Bryan Williams is unable to participate in making recommendations on monitoring and blood pressure targets.

### **3. Minutes of last meeting**

The Chair asked the committee if it wanted any changes made to the minutes of the last meeting. The committee agreed that the minutes were a true and accurate account of the meeting.

The Chair confirmed that all matters arising had been completed or were in hand.

### **4. Questions and discussion**

- A. Margaret Constanti, Senior Health Economist at the NGC, presented the health economic modelling methods. The committee discussed and asked questions about the health economic modelling methods.
- B. Rafina Yarde, Research Fellow at the NGC, presented the evidence for the review question 'In adults with treated primary hypertension, what is the best method of measuring blood pressure (home, ambulatory or clinic measurement) to assess the response to treatment and prevent cardiovascular events?' The committee discussed and asked questions about the clinical evidence and drafted recommendations.
- C. Astrid Aregui, Senior Digital Editor at NICE, presented the NICE pathway for Hypertension in adults. She then asked for volunteers for a pathway subgroup to be convened during consultation.

### **5. Any other business**

None.

**Date of next meeting:** 05/09/2018

**Location of next meeting:** 41 Portland Place, London