

Abdominal aortic aneurysm: diagnosis and management

Evidence review A: Risk factors for predicting presence of an abdominal aortic aneurysm

NICE guideline <number>

Evidence reviews

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Contents

Risk factors for predicting the presence of an abdominal aortic aneurysm	6
Review question	6
Introduction	6
PICO table.....	6
Methods and process	7
Clinical evidence	7
Summary of clinical studies included in the evidence review	7
Quality assessment of clinical studies included in the evidence review	11
Economic evidence	11
Economic model.....	11
Resource impact	11
Evidence statements	11
Recommendations	13
Rationale and impact.....	14
The committee’s discussion of the evidence.....	14
Appendices.....	17
Appendix A – Review protocols	17
Review protocol for risk factors for predicting presence of an abdominal aortic aneurysm	17
Appendix B – Literature search strategies	19
Clinical search literature search strategy	19
Health Economics literature search strategy.....	20
Appendix C – Clinical evidence study selection	22
Appendix D – Clinical evidence tables	23
Appendix E – GRADE tables	52
Age.....	52
Sex.....	54
BMI/Weight/Obesity.....	55
Smoking	56
Palpable aorta on abdominal examination.....	58
Cardiovascular disease	59
Peripheral arterial disease.....	60
Atherosclerosis.....	61
Claudication	61
Cerebrovascular disease.....	62
Diabetes.....	63
COPD.....	64
Hypertension	65

Blood pressure thresholds.....	66
Dyslipidaemia (including hyperlipidaemia, hypercholesterolemia, and cholesterol thresholds).....	67
Family history of AAA.....	68
Ethnicity.....	69
Appendix F – Economic evidence study selection.....	70
Appendix G – Excluded studies.....	71
Clinical studies.....	71
Economic studies.....	78
Appendix H – Expert testimony from National Abdominal Aortic Aneurysm Screening Programme.....	79
Appendix I – Glossary.....	97

3 Risk factors for predicting the presence of 4 an abdominal aortic aneurysm

5 Review question

6 Which signs, symptoms and risk factors (or combinations of these) are most accurate in
7 predicting the presence of an abdominal aortic aneurysm? What is the effectiveness of
8 available risk assessment tools?

9 Introduction

10 National population based screening programmes target and invite individuals from particular
11 risk groups in communities for screening whilst opportunistic screening strategies are
12 restricted to patients who consult healthcare practitioners for some other purpose. As a
13 result, a different set of criteria may be necessary to guide clinicians on when it is appropriate
14 to perform diagnostic imaging. This review question aims to determine which signs,
15 symptoms, risk factors or assessment tools are accurate in predicting the presence of an
16 abdominal aortic aneurysm (AAA) and could be used by clinicians in the course of
17 opportunistic screening as a prompt to initiate diagnostic imaging.

18 PICO table

19 **Table 1: Inclusion criteria**

Parameter	Inclusion criteria
Population	<ul style="list-style-type: none">• People at risk from AAA• Subgroups of interest: by age, sex, comorbidity
Index test / factors of interest	<ul style="list-style-type: none">• Abdominal pain• Back pain• Abdominal palpation• Pulsatile abdominal mass/pulsation• Age• Sex• Other cardiovascular disease (existing or previous) – other aneurysms, atherosclerotic disease, intermittent claudication• Inflammatory disease• Smoking• Blood pressure/hypertension• Dislipidaemia• Hypercholesterolaemia• Family history of abdominal AAA, collagen disorders• Ethnicity• Diabetes• Chronic Obstructive Pulmonary Disease (COPD)• BMI/weight/obesity
Endpoints	<ul style="list-style-type: none">• Radiological diagnosis of AAA

20 **Methods and process**

21 This evidence review was developed using the methods and process described in
22 [Developing NICE guidelines: the manual](#). Methods specific to this review question are
23 described in the review protocol in Appendix A.

24 Declarations of interest were recorded according to NICE's 2014 conflicts of interest policy.

25 A single broad search was used to identify all studies that examine the diagnosis,
26 surveillance or monitoring of AAA. This was a 'bulk' search that covered multiple review
27 questions. The database was sifted to identify all studies that met the criteria detailed in
28 Table 1. The relevant review protocol can be found in Appendix A.

29 Initially the review protocol outlined that prospective observational studies that use
30 multivariate logistic regression or Cox regression to explore the association between risk
31 factors and the development of AAA should be considered for inclusion. Following further
32 discussion with the committee, the study design was changed, retrospectively, to include
33 cross-sectional studies because this design was considered more likely to indicate the
34 presence (as opposed of development) of aneurysms in people at risk of AAA. It was agreed
35 that the amendment was needed to ensure that any identified evidence would fall in line with
36 the objectives of this review question. As a result, cross-sectional studies, with sample sizes
37 of more than 500 participants, exploring the association between potential risk factors and
38 the presence of AAA were included.

39 Studies were excluded if they:

- 40 • were cohort studies, case-controls, or case series
- 41 • were not in English
- 42 • were not full reports of the study (for example, published only as an abstract)
- 43 • were not peer-reviewed.

44 **Clinical evidence**

45 **Included studies**

46 From a database of 16,274 abstracts, 76 were identified as being potentially relevant to this
47 review question. Following full-text review of these articles, 15 studies (reported in 19
48 publications) were included.

49 An update literature search was performed and provided by Cochrane, in December 2017.
50 The search found a total of 2,180 abstracts; of which, 16 full manuscripts were ordered.
51 Upon review of the full manuscripts, 6 studies met inclusion criteria for this review question,
52 and were added.

53 **Excluded studies**

54 The list of papers excluded at full-text review, with reasons, is given in Appendix G.

55 **Summary of clinical studies included in the evidence review**

56 A summary of the included studies is included in the table below.

57 **Table 2: Summary of included studies**

Study	Details
Barba A, Vega de Ceniga M, Estallo L, et al. (2013) Prevalence of abdominal aortic aneurysm is still	Study design: cross-sectional study Location(s): Spain Population: 65-year old men (all born in 1943)

Study	Details
high in certain areas of southern Europe. <i>Annals of vascular surgery</i> 27(8), 1068-73	Sample size: 781 Risk factors: smoking status, diabetes, hypertension, family history of AAA, peripheral artery disease, coronary insufficiency, and cerebrovascular disease
Berger J S, Hochman J, Lobach I, et al. (2013) Modifiable risk factor burden and the prevalence of peripheral artery disease in different vascular territories. <i>Journal of vascular surgery</i> 58(3), 673-81.e1	Study design: cross-sectional study Location(s): USA Population: self-referred patients who paid for vascular screening tests Sample size: 3.3 million people; 62.5% (2.06 mil/3.3 mil) female Risk factors: smoking status, hypertension, hyperlipidaemia and diabetes.
Bonamigo TP, and Siqueira I (2003) Screening for abdominal aortic aneurysms. <i>Revista do Hospital das Clinicas</i> 58(2), 63-8	Study design: cross-sectional study Location(s): Brazil Population: men, over 54 years old, who attended cardiology clinics Sample size: 768 Risk factors: age, smoking status, diabetes, hypertension, myocardial disease, peripheral artery disease
Chun KC, Teng KY, Chavez LA, et al. (2014) Risk factors associated with the diagnosis of abdominal aortic aneurysm in patients screened at a regional Veterans Affairs health care system. <i>Annals of vascular surgery</i> 28(1), 87-92	Study design: cross-sectional study Location(s): USA Population: people who underwent AAA screening in a regional (Californian) screening programme Sample size: 6,142; 99.6 % (6,118/6,142) male Risk factors: age, smoking status, myocardial infarction, hypercholesterolemia, hypertension, diabetes, coronary artery disease, COPD, statin use, peripheral vascular disease
Corrado Giovanni, Durante Alessandro, Genchi Vincenzo, et al (2016) Prevalence of previously undiagnosed abdominal aortic aneurysms in the area of Como: the ComoCuore "looking for AAA" ultrasonography screening. <i>The international journal of cardiovascular imaging</i> 32(8), 1213-7	Study design: cross-sectional study Location(s): Italy Population: people between 60 and 85 years from a region in Italy Sample size: 1,555; 51.4 % (801/1,555) female Risk factors: age, sex, and smoking status;
de Carvalho ATY, Santos AJ, Gomes CAP, et al. (2012) Infrarenal abdominal aortic aneurysm: Significance of screening in patients of public hospitals in the metropolitan region of Salvador - Bahia, Brazil. <i>Jornal Vascular Brasileiro</i> 11(4), 289-300	Study design: cross-sectional study Location(s): Brazil Population: patients, 50 years or older, who presented at hospitals with one or more of the following clinical conditions or risk factors were eligible for screening: diabetes systemic arterial hypertension, smoking, COPD, peripheral arterial disease, coronary insufficiency, non-ischemic congestive heart failure, dyslipidaemia, carotid stenosis, obesity, chronic kidney disease and a family history of AAA, Marfan syndrome or Ehlers–Danlos syndrome Sample size: 1,350; 66.7% (901/1,350) female Risk factors: age, sex, smoking status, COPD, peripheral artery disease, family history of AAA, Marfan syndrome or Ehlers–Danlos syndrome
Derubertis BG, Trocciola SM, Ryer EJ, et al. (2007) Abdominal aortic aneurysm in women: prevalence, risk	Study design: cross-sectional study Location(s): USA

Study	Details
factors, and implications for screening. <i>Journal of vascular surgery</i> 46(4), 630-635	Population: women, over 65 years old, with at least one of the following factors were eligible for screening: hypertension, history of smoking, cardiovascular disease, or a family history of AAA Sample size: 10,012 Risk factors: age, ethnicity, smoking status, family history of AAA, and cardiovascular disease
Hager J, LT, Carlsson P, and Lundgren F (2013) Lower prevalence than expected when screening 70-year-old men for abdominal aortic aneurysm. <i>European Journal of Vascular and Endovascular Surgery</i> 46(4), 453-459	Study design: cross-sectional study Location(s): Sweden Population: 70 year-old men Sample size: 5,623 Risk factors: smoking status, COPD, cerebrovascular disease, claudication, coronary artery, and hyperlipidaemia
Johnsen SH, Forsdahl SH, Singh K, et al. (2010) Atherosclerosis in abdominal aortic aneurysms: a causal event or a process running in parallel? The Tromso study. <i>Arteriosclerosis, thrombosis, and vascular biology</i> 30(6), 1263-8	Study design: cross-sectional study Location(s): Norway Population: people between 25 and 74 years old Sample size: 6,446; 50.9% (3282/6446) female Risk factors: atherosclerosis (measured by total plaque areas)
Kent KC, Zwolak RM, Egorova NN, Greco G, et al. (2010) Analysis of risk factors for abdominal aortic aneurysm in a cohort of more than 3 million individuals. <i>Journal of vascular surgery</i> 52(3), 539-48 Note: other publications evaluating the same population were produced by the same study group. See evidence tables in Appendix D for further details.	Study design: cross-sectional study Location(s): USA Population: self-referred patients who paid for vascular screening tests Sample size: 3,056,455 people; sex-specific proportions were not reported Risk factors: age, sex, smoking status, BMI, ethnicity, hypertension, coronary artery disease, family history of AAA, hypercholesterolemia, diabetes, peripheral artery disease, carotid disease, and cerebrovascular disease
Le MTQ, Jamrozik K, Davis TME et al. (2007) Negative association between infra-renal aortic diameter and glycaemia: the Health in Men Study. <i>European journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery</i> 33(5), 599-604 Note: other publications evaluating the same population were produced by the same study group. See evidence tables in Appendix D for further details.	Study design: cross-sectional study Location(s): Australia Population: men between 65 and 83 years old Sample size: 12,203 Risk factors: age, BMI, smoking status, history of cardiovascular disease, hypertension, dyslipidaemia diabetes, blood pressure and family history of AAA
Lederle FA, Johnson GR, Wilson SE, et al. (2000) The Aneurysm Detection and Management study screening program: Validation cohort and final results. <i>Archives of Internal Medicine</i> 160(10), 1425-1430 Note: a second older publication of the same study was produced by the same authors. See evidence tables in Appendix D for further details.	Study design: cross-sectional study Location(s): USA Population: people who were 50 to 79 years old and had no history of AAA Sample size: 126,196 – 97.3% (122,788/126,196) male Risk factors: age, sex, ethnicity, family history of AAA, smoking status, hypertension, hypercholesterolemia, coronary artery disease, claudication, cerebral vascular disease, atherosclerosis, diabetes, COPD

Study	Details
Makrygiannis G, Labalue P, Ercicum M et al. (2016) Extending Abdominal Aortic Aneurysm Detection to Older Age Groups: Preliminary Results from the Liege Screening Programme. <i>Annals of vascular surgery</i> 36, 55-63	Study design: cross-sectional study Location(s): Belgium Population: men aged 65-85 years and women aged 74-85 years from a region in Belgium Sample size: 1,101; 65.6% (722/379) male Risk factors: age, smoking status, hypercholesterolemia, peripheral artery disease, and coronary artery disease
Mark-Christensen A, Lindholt J S, Diederichsen A, et al. (2017) Association Between Diverticular Disease and Abdominal Aortic Aneurysms: Pooled Analysis of Two Population Based Screening Cohorts. <i>European Journal of Vascular and Endovascular Surgery</i> 54(6), 772-777	Study design: cross-sectional study combining data from 2 screening programmes Location(s): Denmark Population: people between 65 and 74 years of age from 2 regions in Denmark Sample size: 24,632 Risk factors: age, sex, smoking status, BMI, hypertension, smoking, and family history of AAA
Pleumeekers JCM, Hoes AW, Hofman A, et al. (1999) Selecting subjects for ultrasonographic screening for aneurysms of the abdominal aorta: Four different strategies. <i>International Journal of Epidemiology</i> 28(4), 682-686	Study design: cross-sectional study Location(s): Netherlands Population: people 55 years or older living in a suburb in the Netherlands Sample size: 5,328; 58% (3,090/5,328) male Risk factors: Risk factors: age, sex, smoking status, hypertension (antihypertensive drug use), angina pectoris, intermittent claudication, myocardial infarction, hypercholesterolemia, peripheral arterial disease (indicated by an ankle arm index ≤ 0.9), and enlarged aorta on palpation
Salvador-Gonzalez B, Martin-Baranera M, Borque-Ortega A, et al. (2016) Prevalence of Abdominal Aortic Aneurysm in Men Aged 65-74 Years in a Metropolitan Area in North-East Spain. <i>European Journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery</i> 52(1), 75-81	Study design: cross-sectional study Location(s): Spain Population: men between 65 and 74 years old registered at healthcare facilities in Barcelona Sample size: 651 Risk factors: smoking status and myocardial infarction
Singh K, Bonna KH, Jacobsen BK, et al. (2001) Prevalence of and risk factors for abdominal aortic aneurysms in a population-based study : The Tromso Study. <i>American Journal of Epidemiology</i> 154(3), 236-44	Study design: cross-sectional study Location(s): Norway Population: people between 25 and 74 years old Sample size: 6,386; 53.6% (3424/6,386) female Risk factors: age, BMI, smoking status, hypertension (antihypertensive drug use), blood pressure, hyperlipidaemia, and hypercholesterolemia
Vardulaki KA, Walker NM, Day NE, et al. (2000) Quantifying the risks of hypertension, age, sex and smoking in patients with abdominal aortic aneurysm. <i>British Journal of Surgery</i> 87(2), 195-200	Study design: cross-sectional study Location(s): UK Population: people between 65 and 79 years old Sample size: 5,356; (3,035/5,356) female Risk factors: age, sex, smoking status, blood pressure and antihypertensive medication use

58

See Appendix D for full evidence tables.

59 **Quality assessment of clinical studies included in the evidence review**

60 See Appendix E for full GRADE tables, highlighting the quality of evidence from the included
61 studies.

62 **Economic evidence**

63 **Included studies**

64 A literature search was conducted jointly for all review questions by applying standard health
65 economic filters to a clinical search for AAA. This search returned a total of 5,173 citations.
66 Following review of all titles and abstracts, no studies were identified as being potentially
67 relevant to risk factors associated with aneurysm expansion or rupture. No full texts were
68 retrieved, and so no studies were included as economic evidence.

69 An update search was conducted in December 2017, to identify any relevant health
70 economic analyses published during guideline development. The search found 814
71 abstracts; all of which were not considered relevant to this review question. As a result no
72 additional studies were included.

73 **Excluded studies**

74 No studies were retrieved for full-text review.

75 **Economic model**

76 This review question does not lend itself to economic evaluation, and was not prioritised by
77 the committee for economic modelling. As such, no economic model was developed for this
78 review question.

79 **Resource impact**

80 Not applicable

81 **Evidence statements**

82 **Age**

83 • Low- to moderate-quality evidence from 9 studies, including up to 3,083,743 people
84 enrolled in AAA screening programmes, highlighted that odds of AAA increases with
85 increasing age. Similar trends were found in men (3 studies including up to 12,971 men)
86 and women (2 studies including up to 10,012 women).

87 **Sex**

88 • Low-quality evidence from 7 studies, including 3,217,464 people, indicated that men were
89 more likely to have an AAA than women.

90 **BMI/Weight/Obesity**

91 • Very low- to low-quality evidence from 4 studies, including 3,081,087 people, indicated
92 contradictory associations between increasing BMI and the presence of AAA. In relation to
93 sex-specific associations, low-quality evidence from 1, including 6,386 people, could not
94 identify any association between 4kg/m² incremental increases in BMI and the presence
95 of AAA in men or women.

96 **Smoking**

97 • Low-quality evidence from 7 studies, including 3,341,733 people, indicated that current
98 smokers were more likely have an AAA than people who have never smoked (never

99 smokers). Additionally, moderate-quality evidence from 4 studies, including 3,351,536
100 people, indicated that ex-smokers were more likely to have an AAA than never smokers.
101 Low-quality evidence from 4 studies, including 10,134 men highlighted similar
102 relationships between current smokers, ex-smokers and never smokers. In women,
103 moderate-quality evidence from 1 study, including 3,424 women, highlighted that current
104 smokers were more likely to have an AAA than people who had never smoked whereas
105 the evidence could not differentiate between AAA rates between ex-smokers and never
106 smokers.

107 ***Palpable aorta on abdominal examination***

- 108 • Low-quality evidence from 1 study, including 5,328 people, indicated that people with
109 palpable aorta on abdominal examination were more likely to have an AAA than people
110 who did not.

111 ***Cardiovascular disease***

- 112 • Low-quality evidence from 5 studies, including up to 3,186,486 people, indicated that
113 people with coronary artery disease or coronary insufficiency were more likely to have an
114 AAA than people who did not have any of these conditions. Moderate-quality evidence
115 from 2 studies, including up to 12,203 men, indicated that men with a history of myocardial
116 infarction or cardiovascular disease (not specified) were more likely to have an AAA than
117 men without a history of these conditions. Low-quality evidence from 1 study, including
118 10,012 women, indicated that women with a history of myocardial infarction or coronary
119 revascularisation were more likely to have an AAA than men without a history of these
120 conditions.

121 ***Peripheral arterial disease, atherosclerosis, and claudication***

- 122 • Low-quality evidence from 6 studies, including up to 3,095,008 people, indicated that
123 people with peripheral arterial disease, atherosclerosis, or claudication were more likely to
124 have an AAA than people who did not have any of these conditions. Low-quality evidence
125 from 2 studies, including 1,549 men, also indicated that men with peripheral arterial
126 disease were more likely to have an AAA than men without peripheral arterial disease.
127 With regards to claudication as a risk factor in men, low-quality evidence from 1 study,
128 including 5,623 men could not differentiate rates of AAA between men with claudication
129 and those without claudication.

130 ***Cerebrovascular disease***

- 131 • Low-quality evidence from 2 studies, including 3,179,243 people, indicated that people
132 with cerebrovascular disease were more likely to have an AAA than those without
133 cerebrovascular disease. A similar relationship was found in low-quality evidence from 2
134 studies that included 6,404 men. No evidence was identified specific to women.

135 ***Diabetes***

- 136 • Low-quality evidence from 4 studies, including 6,505,378 people, indicated that people
137 with diabetes were less likely to have an AAA than those without diabetes. A similar
138 relationship was found in low-quality evidence from 3 studies that included 13,752 men;
139 however, the results across the studies were inconsistent.

140 ***Chronic obstructive pulmonary disease (COPD)***

- 141 • Low-quality evidence from 3 studies, including 130,280 people, indicated that people with
142 COPD were more likely to have an AAA than those who did not have COPD. A similar
143 relationship was found in low-quality evidence from 1 study that included 5,623 men. No
144 evidence was identified specific to women.

145 Hypertension

- 146 • Low-quality evidence from 7 studies, including 6,540,694 people, indicated that people
147 with hypertension were more likely to have an AAA than those who did not have
148 hypertension. A similar relationship was found in low-quality evidence from 4 studies,
149 including 16,714 men, and moderate-quality evidence from 1 study including 3,424
150 women.

151 Blood pressure thresholds

- 152 • Low-quality evidence from 1 study, including 5,363 people, could not differentiate AAA
153 rates between people with systolic blood pressures equal to or above 200 mmHg and
154 those with pressures below 200 mmHg. The same study could not differentiate AAA rates
155 between people with diastolic blood pressures equal to or above 100 mmHg and those
156 with pressures below 100 mmHg.

157 Dyslipidaemia (including hyperlipidaemia, hypercholesterolemia, and cholesterol thresholds)

- 159 • Low- to moderate-quality evidence from 5 studies, including up to 3,319,993 people,
160 indicated that people with hyperlipidaemia or hypercholesterolemia were more likely to
161 have an AAA than those who did not have any dyslipidaemia. Moderate-quality evidence
162 from 1 study, including 12,203 men, indicated that men with dyslipidaemia were more
163 likely to have an AAA than men who did not have dyslipidaemia. No evidence relating to
164 dyslipidaemia was found for women.

165 Family history of AAA

- 166 • Low-quality evidence from 3 studies, including 3,203,875 people, indicated that people
167 with a family history of AAA were more likely to have an AAA than those who did not.
168 Additionally, moderate-quality evidence from 1 study, including 1,350 people, indicated
169 that people with a family history of AAA, Marfan's syndrome or Ehlers–Danlos syndrome
170 were more likely to have an AAA than those who did not. Low-quality evidence from 2
171 studies, including 12,984 men, indicated that people with a family history of AAA were
172 more likely to have an AAA than those who did not. Conversely, very low-quality evidence
173 from 1 study, including 10,012 women, could not differentiate rates of AAA between
174 women who had a family history of AAA and women who did not.

175 Ethnicity

- 176 Low-quality evidence from 2 studies, including up to 3,056,455 people, highlighted that
177 Hispanic, black and Asian ethnic groups were individually less likely to have an AAA than
178 white people. In relation to women, very-low quality evidence from 1 study, including
179 10,012 women, could not differentiate AAA rates between native-American people and
180 white people. No evidence was identified specific to men.

181 Recommendations

182 A1. Tell all men aged 66 and over who have not already been screened about the NHS AAA
183 screening programme and advise them that they can self-refer.

184 A2. Encourage men aged 66 or over to self-refer to the NHS AAA screening programme if
185 they have not already been screened and they have any of the following risk factors:

- 186 • chronic obstructive pulmonary disease (COPD)
187 • coronary, cerebrovascular or peripheral arterial disease
188 • European family origin
189 • family history of AAA
190 • hyperlipidaemia
191 • hypertension
192 • they smoke or used to smoke.

193 A3. Consider an aortic ultrasound for women aged 70 and over if AAA has not already been
194 excluded on abdominal imaging and they have any of the following risk factors:

- 195 • COPD
- 196 • coronary, cerebrovascular or peripheral arterial disease
- 197 • European family origin
- 198 • family history of AAA
- 199 • hyperlipidaemia
- 200 • hypertension

201 they smoke or used to smoke. A4. Offer an aortic ultrasound to people with a suspected AAA
202 on abdominal palpation.

203 **Rationale and impact**

204 **Why the committee made the recommendations**

205 The committee were mindful that some men and all women who are at risk of AAA are not
206 seen by the NHS AAA screening programme. The recommendations highlight these groups
207 and specify risk factors significantly associated with AAA that could be used to facilitate
208 opportunistic screening.

209 **Impact of the recommendations on practice**

210 The recommendations outlining key risk factors will increase the number of people being
211 investigated and improve the chances of diagnosing the condition early, before complications
212 develop. This, in turn, should reduce associated costs and minimise the risk of AAA-related
213 mortality. The recommendations should also promote equal access to healthcare, as they
214 provide guidance on when a diagnosis of AAA should be investigated in women, who are not
215 covered by the NHS AAA screening programme.

216 **The committee's discussion of the evidence**

217 **Interpreting the evidence**

218 ***The outcomes that matter most***

219 The committee agreed that the outcomes that matter most were common risk factors for
220 asymptomatic AAAs which could be used in community settings (outside specialist vascular
221 services) to highlight the need for aortic ultrasound imaging.

222 ***The quality of the evidence***

223 Since cross-sectional studies were considered the best study design to answer this review
224 question, each cross-sectional study was initially graded as high in quality and was
225 subsequently downgraded if there were any concerns about bias, indirectness,
226 inconsistency, and imprecision. The committee agreed that the quality of evidence ranged
227 from very low to high. Risk of bias was the main reason why some of the identified evidence
228 was downgraded. In these studies the presence of risk factors was not ascertained by clinical
229 examination, laboratory testing or review of medical records. Instead, patients were asked to
230 complete self-administered questionnaires asking whether they had been diagnosed or were
231 receiving medication for clinical risk factors of interest. Another potential bias was related to
232 the way that the data was analysed. In some studies a stepwise approach was not used to
233 input predictor variables into logistic regression models. Instead, investigators only input
234 variables that were found to be significant in univariate analyses into logistic regression
235 models. Although some of the evidence was considered low in quality, the committee agreed

236 that the evidence reflected their clinical experience. Thus, the committee decided that “offer”
237 recommendations were warranted.

238 It was noted that all but 1 study reported risk factors associated with the presence of an AAA.
239 Pleumeekers et al. (1999) was the only study that assessed a physical sign indicative of the
240 presence of an AAA. This study highlighted that people with a palpable aorta on abdominal
241 examination were more likely to have an AAA than people without a palpable aorta on
242 examination. The committee agreed that a palpable aorta was an important indicator that an
243 aneurysm is present. However, it needed to be explicitly stated that there has to be some
244 suspicion of an aneurysm to prompt abdominal examination.

245 The committee agreed that there was strong evidence that the risk of AAA increased with
246 age. However, it was noted that various age cut-offs were used across included studies.
247 Expert testimony from the national AAA screening programme (see Appendix H), highlighted
248 that screening strategies focuses on 65-year-old men but there is a chance that older men
249 with AAA are being missed. As a result, the committee agreed that it was important to
250 specifically mention men aged 66 years and older in the recommendations. In relation to
251 women, the committee noted that moderate-quality evidence showed that women aged 70
252 years or over had an increased risk of AAA when compared with women aged below 70
253 years. As a result, this age cut-off was used in the recommendations.

254 In relation to other risk factors associated with AAA, the committee considered that the
255 majority of studies reported similar effect sizes, making it difficult to establish a hierarchy of
256 association. As a result, the remaining risk factors associated with AAA presence were listed
257 as bullet points in the recommendations. The committee agreed that it was more useful to
258 use general terms such as “coronary, cerebrovascular or peripheral vascular disease” than to
259 specify particular diseases.

260 Although the evidence on diabetes highlighted that the condition was a protective factor, the
261 committee decided not to make any recommendations. This was because the main aim of
262 the review question was to identify factors that would facilitate opportunistic screening (and
263 increase the chances of people receiving abdominal ultrasound imaging to confirm or dismiss
264 the suspicion of an AAA). The committee also decided not to make any recommendation on
265 BMI as a risk factor because they considered that the studies that assessed BMI reported
266 contradictory results.

267 **Benefits and harms**

268 The committee recognised that the national AAA screening programme has the ability to
269 screen and identify a large number of people with AAA in the UK; however, there will always
270 be some people who are missed by the programme. Furthermore, the committee noted that
271 men who do not take up screening often have the highest risk of an AAA. As a result, the
272 committee agreed that focusing recommendations on risk factors that could be used for
273 opportunistic screening would improve detection rates. This would increase the chances that
274 AAAs are identified early (before rupture) and reduce overall AAA-related morbidity and
275 mortality.

276 The committee noted that there is a small risk of harm (such as unnecessary intervention)
277 associated with population-based screening: evidence from the national screening
278 programme highlighted that approximately 1 in 10,000 men die following intervention
279 indicated by screening. The committee recognised that there may be also be small harms
280 associated with targeted case-finding in men and women. However, it was agreed that the
281 benefits of identifying AAAs early outweighed the risks of intervention-related or rupture-
282 related mortality.

283 Cost effectiveness and resource use

284 The committee noted that expert testimony from the national AAA screening programme
285 highlighted that population-based screening of 65-year-old men is cost-effective down to the
286 prevalence of 0.35%. The committee took the view that opportunistic case finding of men 66
287 years and over as well as women aged 70 years and over was likely to be cost effective, as
288 the recommendations allow for more people with AAAs to be identified early, before
289 complications or rupture arise.

290 Other factors the committee took into account

291 The committee considered that the recommendations were primarily intended for general
292 practitioners in order to facilitate diagnosis of AAA in individuals who attend primary care
293 facilities seeking treatment for other conditions. The committee acknowledged that similar
294 considerations could be made in secondary care settings. As a result, no healthcare setting
295 was specified in the guideline recommendations.

296 The committee noted the significant advances made by the national AAA screening
297 programme and recognised that population-based screening yields some advantages over
298 opportunistic aortic ultrasound. Notably, invitation to and subsequent attendance at
299 screening reduced all-cause and AAA-related mortality.

300

301 Appendices

302 Appendix A – Review protocols

303 Review protocol for risk factors for predicting presence of an abdominal aortic 304 aneurysm

Review question 1	Which signs, symptoms and risk factors (or combinations of these) are most accurate in predicting the presence of an abdominal aortic aneurysm? What is the effectiveness of available risk assessment tools?
Objectives	To determine which signs, symptoms, risk factors or assessment tools are accurate in predicting the presence of an AAA and could be used by clinicians in the course of opportunistic screening as a prompt to initiate diagnostic imaging
Type of review	Prognostic
Language	English
Study design	<p>Initially, the following studies designs were included in the review protocol:</p> <ul style="list-style-type: none"> • Prospective observational studies using multivariate analysis; n >500 • Prospective observational studies using smaller populations (n >200) will be considered if insufficient evidence is identified <p>Following committee discussion, the study design was retrospectively changed to include the following study designs to match the objectives of this review question</p> <ul style="list-style-type: none"> • Cross-sectional studies using multivariate analysis; n >500 • Cross-sectional studies using smaller populations (n >200) will be considered if insufficient evidence is identified
Status	i) Published papers only (full text) No date restrictions ii) Expert witness to present findings from UK registry data
Population	People at risk from abdominal aortic aneurysms Subgroups of interest: by age, sex, comorbidity
Index test / factors of interest	Abdominal pain Back pain Abdominal palpation Pulsatile abdominal mass/pulsation Age Sex Other cardiovascular disease (existing or previous) – other aneurysms, atherosclerotic disease, vascular claudication Inflammatory disease Smoking Blood pressure/hypertension Dislipidaemia Hypercholesterolaemia Family history of abdominal aortic aneurysms, other aneurysms, collagen disorders Ethnicity Diabetes COPD BMI/weight/obesity

Review question 1	Which signs, symptoms and risk factors (or combinations of these) are most accurate in predicting the presence of an abdominal aortic aneurysm? What is the effectiveness of available risk assessment tools?
Endpoint	Radiological diagnosis of abdominal aortic aneurysm
Other criteria for inclusion / exclusion of studies	Exclusion: Non-English language Abstract/non-published Minimum population size of 500
Baseline characteristics to be extracted in evidence tables	Age Sex Comorbidities
Search strategies	See Appendix B
Review strategies	<p>Double-sifting of randomly selected 20%.</p> <p>Appropriate NICE Methodology Checklists, depending on study designs, will be used as a guide to appraise the quality of individual studies. 20% will be appraised by a second reviewer.</p> <p>Data on all included studies will be extracted into evidence tables. Where statistically possible, a meta-analytic approach will be used to give an overall summary effect.</p> <p>All key findings from evidence will be presented in GRADE profiles and further summarised in evidence statements.</p>
Key papers	<p>Beede SD, Ballard DJ, James EM, Ilstrup DM, Hallet JW Jr. Positive predictive value of clinical suspicion of abdominal aortic aneurysm. Implications for efficient use of abdominal ultrasonography. Arch Intern Med. 1990 Mar;150(3):549-51</p> <p>Fink HA, Lederle FA, Roth CS, Bowles CA, Nelson DB, Haas MA. The accuracy of physical examination to detect abdominal aortic aneurysm. Arch Intern Med. 2000 Mar 27;160(6):833-6</p> <p>Lederle FA, Simel DL. The rational clinical examination. Does this patient have abdominal aortic aneurysm? JAMA. 1999 Jan 6;281(1):77-82</p> <p>Pleumeekers HJ, Hoes AW, Hofman A, van Urk H, van der Does E, Grobbee DE. Selecting subjects for ultrasonographic screening for aneurysms of the abdominal aorta: four different strategies. Int J Epidemiol. 1999 Aug;28(4):682-6</p>

300 **Appendix B – Literature search strategies**

301 **Clinical search literature search strategy**

302 **Main searches**

309 Bibliographic databases searched for the guideline

- 310 • Cumulative Index to Nursing and Allied Health Literature - CINAHL (EBSCO)
- 311 • Cochrane Database of Systematic Reviews – CDSR (Wiley)
- 312 • Cochrane Central Register of Controlled Trials – CENTRAL (Wiley)
- 313 • Database of Abstracts of Reviews of Effects – DARE (Wiley)
- 314 • Health Technology Assessment Database – HTA (Wiley)
- 315 • EMBASE (Ovid)
- 316 • MEDLINE (Ovid)
- 317 • MEDLINE Epub Ahead of Print (Ovid)
- 318 • MEDLINE In-Process (Ovid)

319 **Identification of evidence for review questions**

320 The searches were conducted between November 2015 and October 2017 for 31 review
321 questions (RQ). In collaboration with Cochrane, the evidence for several review questions
322 was identified by an update of an existing Cochrane review. Review questions in this
323 category are indicated below. Where review questions had a broader scope, supplement
324 searches were undertaken by NICE.

325 Searches were re-run in December 2017.

326 Where appropriate, study design filters (either designed in-house or by McMaster) were used
327 to limit the retrieval to, for example, randomised controlled trials. Details of the study design
328 filters used can be found in section 4.

329 **Search strategy review question 1**

Medline Strategy, searched 29th September 2016

Database: 1946 to September Week 3 2016

Search Strategy:

- 1 Aortic Aneurysm, Abdominal/
- 2 Aortic Rupture/
- 3 (aneurysm* adj4 (abdom* or thoracoabdom* or thoraco-abdom* or aort* or spontan* or
juxtarenal* or juxta-renal* or juxta renal* or paraarenal* or para-renal* or para renal* or suprarenal*
or supra renal* or supra-renal* or short neck* or short-neck* or shortneck* or visceral aortic
segment*).tw.
- 4 or/1-3
- 5 prognosis.sh.
- 6 diagnosed.tw.
- 7 cohort.mp.
- 8 predictor:.tw.
- 9 death.tw.
- 10 exp models, statistical/
- 11 or/5-10
- 12 (sensitiv: or predictive value:).mp. or accurac:.tw.

Medline Strategy, searched 29th September 2016

Database: 1946 to September Week 3 2016

Search Strategy:

13 11 or 12
14 "signs and symptoms"/
15 ((sign or signs) adj5 symptom*).tw.
16 Risk Factors/
17 factor*.tw.
18 predict*.tw.
19 or/14-18
20 13 or 19
21 4 and 20
22 animals/ not humans/
23 21 not 22 (12444)
24 limit 23 to english language

33 Health Economics literature search strategy

33 Sources searched to identify economic evaluations

- 332 • NHS Economic Evaluation Database – NHS EED (Wiley) last updated Dec 2014
- 333 • Health Technology Assessment Database – HTA (Wiley) last updated Oct 2016
- 334 • Embase (Ovid)
- 335 • MEDLINE (Ovid)
- 336 • MEDLINE In-Process (Ovid)

337 Search filters to retrieve economic evaluations and quality of life papers were appended to
338 the population and intervention terms to identify relevant evidence. Searches were not
339 undertaken for qualitative RQs. For social care topic questions additional terms were added.
340 Searches were re-run in September 2017 where the filters were added to the population
341 terms.

34 Health economics search strategy

Medline Strategy

Economic evaluations
1 Economics/
2 exp "Costs and Cost Analysis"/
3 Economics, Dental/
4 exp Economics, Hospital/
5 exp Economics, Medical/
6 Economics, Nursing/
7 Economics, Pharmaceutical/
8 Budgets/
9 exp Models, Economic/
10 Markov Chains/
11 Monte Carlo Method/
12 Decision Trees/
13 econom*.tw.
14 cba.tw.

Medline Strategy

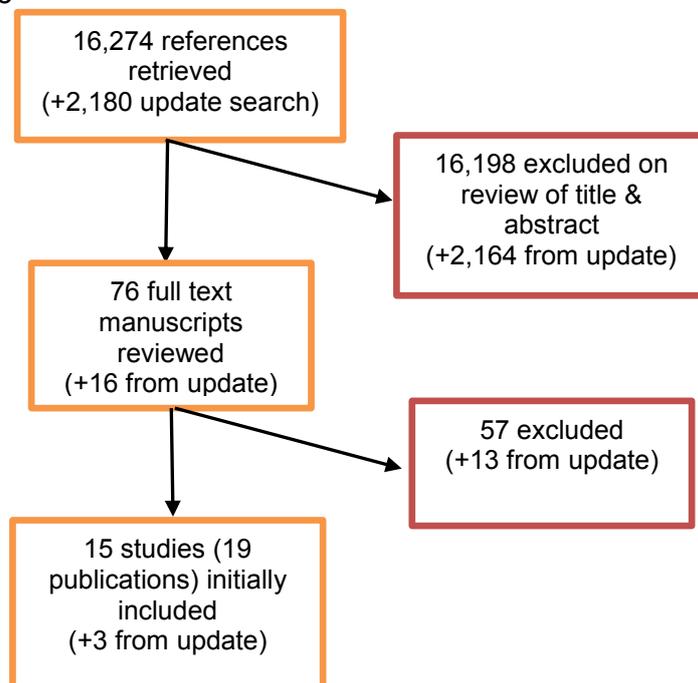
- 15 cea.tw.
- 16 cua.tw.
- 17 markov*.tw.
- 18 (monte adj carlo).tw.
- 19 (decision adj3 (tree* or analys*)).tw.
- 20 (cost or costs or costing* or costly or costed).tw.
- 21 (price* or pricing*).tw.
- 22 budget*.tw.
- 23 expenditure*.tw.
- 24 (value adj3 (money or monetary)).tw.
- 25 (pharmacoeconomic* or (pharmac adj economic*)).tw.
- 26 or/1-25

Quality of life

- 1 "Quality of Life"/
- 2 quality of life.tw.
- 3 "Value of Life"/
- 4 Quality-Adjusted Life Years/
- 5 quality adjusted life.tw.
- 6 (qaly* or qald* or qale* or qtime*).tw.
- 7 disability adjusted life.tw.
- 8 daly*.tw.
- 9 Health Status Indicators/
- 10 (sf36 or sf 36 or short form 36 or shortform 36 or sf thirtysix or sf thirty six or shortform thirtysix or shortform thirty six or short form thirtysix or short form thirty six).tw.
- 11 (sf6 or sf 6 or short form 6 or shortform 6 or sf six or sfsix or shortform six or short form six).tw.
- 12 (sf12 or sf 12 or short form 12 or shortform 12 or sf twelve or sftwelve or shortform twelve or short form twelve).tw.
- 13 (sf16 or sf 16 or short form 16 or shortform 16 or sf sixteen or sfsixteen or shortform sixteen or short form sixteen).tw.
- 14 (sf20 or sf 20 or short form 20 or shortform 20 or sf twenty or sftwenty or shortform twenty or short form twenty).tw.
- 15 (euroqol or euro qol or eq5d or eq 5d).tw.
- 16 (qol or hql or hqol or hrqol).tw.
- 17 (hye or hyes).tw.
- 18 health* year* equivalent*.tw.
- 19 utilit*.tw.
- 20 (hui or hui1 or hui2 or hui3).tw.
- 21 disutili*.tw.
- 22 rosser.tw.
- 23 quality of wellbeing.tw.
- 24 quality of well-being.tw.
- 25 qwb.tw.
- 26 willingness to pay.tw.
- 27 standard gamble*.tw.
- 28 time trade off.tw.
- 29 time tradeoff.tw.
- 30 tto.tw.
- 31 or/1-30

34 Appendix C – Clinical evidence study selection

345



Appendix D – Clinical evidence tables

2

Full citation	Barba A, Vega de Ceniga M, Estallo L, et al. (2013) Prevalence of abdominal aortic aneurysm is still high in certain areas of southern Europe. <i>Annals of vascular surgery</i> 27(8), 1068-73
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Spain</p> <p>Aim of the study: to report the results of a systematic AAA screening programme in 65-year old men in a defined rural area in northern Spain</p> <p>Study dates: January 2008 to December 2009</p> <p>Sources of funding: the study was supported by research grants from the Spanish Society of Angiology and Vascular Surgery Foundation and the Research Unit from the Galdakao-Usansolo Hospital</p>
Participants	<p>Sample size: 781 men</p> <p>Inclusion criteria: 65-year old men (born in 1943) who responded to an invitation to participate were included</p> <p>Exclusion criteria: not reported</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: not reported • Sex: 100% male • Diabetes: 52.1% • Hypertension: 25.7% • Dyslipidaemia: 76.9%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). To ascertain the presence of risk factors investigators assessed participants' medical records, performed physical examinations and obtained blood samples after a minimum of 8 hours of overnight fasting. Hypertension was defined as systolic blood pressure greater than 140 mmHg or diastolic pressure less than 90 mm Hg measured, or the participant was already taking hypotensive medication. A patient was considered diabetic if they were receiving medication or if investigators found basal glycaemia greater than 120 mg/dL or haemoglobin A1c higher than 6.5%. Hyperlipidaemia was defined as the participant receiving treatment (a supervised diet or lipid lowering medication) or if they had total cholesterol levels greater than 200 mg/dL, triglycerides greater than 150 mg/dL or low-density lipoprotein cholesterol greater than 130 mg/dL. Cardiac disease included coronary heart disease, vascular disease, cardiomyopathy, and arrhythmia.</p> <p>Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>
Outcomes	Risk factors: smoking status, diabetes, hypertension, family history of AAA, peripheral artery disease, coronary insufficiency, and cerebrovascular disease

Full citation	Barba A, Vega de Ceniga M, Estallo L, et al. (2013) Prevalence of abdominal aortic aneurysm is still high in certain areas of southern Europe. <i>Annals of vascular surgery</i> 27(8), 1068-73
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? Yes 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Unclear 6. Were strategies to deal with confounding factors stated? Unclear 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? No – stepwise regression was not performed. Instead, only variables with p-values <0.2 in multivariate analyses were explored in the multivariate logistic regression model. <p>Overall risk of bias: moderate Directness: directly applicable</p>

1

Full citation	Berger J S, Hochman J, Lobach I, et al. (2013) Modifiable risk factor burden and the prevalence of peripheral artery disease in different vascular territories. <i>Journal of vascular surgery</i> 58(3), 673-81.e1
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): USA</p> <p>Aim of the study: to investigate the association of modifiable risk factors with peripheral vascular disease, coronary artery stenosis and AAA among 3.3 million people enrolled in a population screening programme</p> <p>Study dates: 2004 to 2008</p> <p>Sources of funding: the study was partially funded by the an American Heart Association Fellow to Faculty Award and a Doris Duke Clinical Scientist Development Award</p>
Participants	<p>Sample size: 3,319,993 people;</p> <p>Inclusion criteria: self-referred patients who paid for vascular screening tests. No further details were provided.</p> <p>Exclusion criteria: patients with records that did not report abdominal aortic ultrasound results and patients with missing data were excluded. When multiple screening was performed on the same individual only the first record with complete information was included.</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: 64.1 years • Sex: 62.5% female • Diabetes: 10.8% • Hypertension: 47.0% • Hyperlipidaemia: 53.3%

Full citation	Berger J S, Hochman J, Lobach I, et al. (2013) Modifiable risk factor burden and the prevalence of peripheral artery disease in different vascular territories. <i>Journal of vascular surgery</i> 58(3), 673-81.e1
	<ul style="list-style-type: none"> • Family history of cardiovascular disease: 23.0%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). Participants were asked to complete a questionnaire self-administered questionnaire in order to ascertain the presence of risk factors. Hypertension was defined as systolic blood pressure of 140 mm Hg or greater in upper extremity, prior physician diagnosis, or medication use. Hypercholesterolemia was defined as the participant reporting that they were diagnosed or using lipid lowering medication. Diabetes was defined as self-reported physician diagnosis or the use of diabetes medication. Current smokers were defined as people who had smoked 100 cigarettes during their lifetime and were still currently smoking. Former smokers were considered individuals who had smoked 100 cigarettes during their lifetime and were not currently smoking.</p> <p>Analysis: multivariate logistic regression adjusting for age, sex, ethnicity, body mass index and a family history of cardiovascular disease</p>
Outcomes	Risk factors: smoking status, hypertension, hyperlipidaemia and diabetes. Investigators also assessed a sedentary lifestyle as a risk factor; however, this factor is not listed for inclusion in the review protocol.
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire. 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Yes 6. Were strategies to deal with confounding factors stated? Yes 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? Unclear – Investigators did not report whether a stepwise approach was used to perform the multivariate logistic regression. <p>Overall risk of bias: moderate Directness: directly applicable</p>

1

2

Full citation	Bonamigo TP, and Siqueira I (2003) Screening for abdominal aortic aneurysms. Revista do Hospital das Clinicas 58(2), 63-8
Study details	Study design: cross-sectional study Location(s): Brazil Aim of the study: to assess the prevalence of AAA in southern Brazil and define risk factors associated with high prevalence of the condition Study dates: 1987 to 1993 Sources of funding: not reported
Participants	Sample size: 768 men Inclusion criteria: patients attending cardiology clinics at participating hospitals were included. All participants were male and older than 54 years of age. Exclusion criteria: Women and men younger than 54 years old were excluded Baseline characteristics: <ul style="list-style-type: none"> • Mean age: not reported • Sex: 100% male • Comorbidities: not reported
Methods	Data collection: Ultrasound imaging was used to establish the presence of AAA. An AAA was defined as an infrarenal aortic diameter of 3 cm or larger, or if the infrarenal aortic diameter was more than 0.5 cm greater than the supra-renal aortic diameter. The presence of risk factors was determined by examination of medical records, medical interview and physical examination. All interviews were performed by the same clinician. Hypertension and ischemic heart disease were defined as proven history of these conditions or use of drugs to treat the conditions. Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis
Outcomes	Risk factors: age, smoking status, diabetes, hypertension, myocardial disease, peripheral artery disease
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? Yes 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Unclear 6. Were strategies to deal with confounding factors stated? Unclear 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? Unclear – Investigators did not report whether a stepwise approach was used to perform the multivariate logistic regression. Overall risk of bias: low Directness: directly applicable

1

Full citation	Chun KC, Teng KY, Chavez LA, et al. (2014) Risk factors associated with the diagnosis of abdominal aortic aneurysm in patients screened at a regional Veterans Affairs health care system. Annals of vascular surgery 28(1), 87-92
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): USA</p> <p>Aim of the study: to evaluate risk factors associated with AAA in people undergoing AAA screening</p> <p>Study dates: January 2007 to December 2009</p> <p>Sources of funding: not reported</p>
Participants	<p>Sample size: 6,142;</p> <p>Inclusion criteria: individuals who underwent AAA screening in a regional (Californian) screening programme</p> <p>Exclusion criteria: people with ultrasound measurements that were deemed inconclusive or those who had incomplete risk factor data were excluded</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • >75 years: 29.7% • Sex: 99.6% male • Hypertension: 68.8% • Diabetes: 26.7% • Coronary artery disease: 29.6% • COPD: 12.5% • Peripheral Vascular disease: 10%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). The presence of risk factors was determined by assessment of participants' electronic medical records.</p> <p>Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>
Outcomes	<p>Risk factors: age, smoking status, myocardial infarction, hypercholesterolemia, hypertension, diabetes, coronary artery disease, COPD, statin use, peripheral vascular disease. Investigators also assessed estimated glomerular filtration rate thresholds as risk factors; however, these are not listed for inclusion in the review protocol.</p>
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? No – it was unclear what people were eligible for screening and subsequent inclusion in this study 2. Were the study subjects and the setting described in detail? No 3. Was the exposure measured in a valid and reliable way? Yes 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Unclear 6. Were strategies to deal with confounding factors stated? Unclear

Full citation	Chun KC, Teng KY, Chavez LA, et al. (2014) Risk factors associated with the diagnosis of abdominal aortic aneurysm in patients screened at a regional Veterans Affairs health care system. <i>Annals of vascular surgery</i> 28(1), 87-92
	<p>7. Were the outcomes measured in a valid and reliable way? Yes</p> <p>8. Was appropriate statistical analysis used? Unclear – Investigators did not report whether a stepwise approach was used to perform the multivariate logistic regression.</p> <p>Overall risk of bias: moderate</p> <p>Directness: directly applicable</p>

1

Full citation	Corrado Giovanni, Durante Alessandro, Genchi Vincenzo, Trabattoni Loris, Beretta Sandro, Rovelli Enza, Foglia-Manzillo Giovanni, and Ferrari Giovanni (2016) Prevalence of previously undiagnosed abdominal aortic aneurysms in the area of Como: the ComoCuore "looking for AAA" ultrasonography screening. <i>The international journal of cardiovascular imaging</i> 32(8), 1213-7
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Italy</p> <p>Aim of the study: to report the results of a AAA screening programme in people 60-85 years old from the North-West region of Italy</p> <p>Study dates: September 2010 to November 2013</p> <p>Sources of funding: not reported</p>
Participants	<p>Sample size: 1,555 people; 51.4 % (801/1,555) female</p> <p>Inclusion criteria: people between 60 and 85 years from the Lombardy region of Italy were included</p> <p>Exclusion criteria: people with known AAA or a history of AAA surgery were excluded</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: 68.8 years • Sex: 51.4% female • Hypertension: 49.1% • Dyslipidaemia: 29.5% • Diabetes: 6.7% • Coronary artery disease: 11.4% • Peripheral artery disease: 1.0% • Previous cerebrovascular accident: 1.1%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger).</p> <p>Investigators ascertained the presence of risk factors by asking participants to complete a self-reported questionnaire.</p> <p>Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>

Full citation	Corrado Giovanni, Durante Alessandro, Genchi Vincenzo, Trabattoni Loris, Beretta Sandro, Rovelli Enza, Foglia-Manzillo Giovanni, and Ferrari Giovanni (2016) Prevalence of previously undiagnosed abdominal aortic aneurysms in the area of Como: the ComoCuore "looking for AAA" ultrasonography screening. The international journal of cardiovascular imaging 32(8), 1213-7
Outcomes	Risk factors: age, sex, and smoking status
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire. 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Unclear 6. Were strategies to deal with confounding factors stated? Unclear 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? No – stepwise regression was not performed. Instead, the variables that were statistically significant in univariate analysis or clinically associated with AAA were entered into the multivariate regression model <p>Overall risk of bias: High Directness: directly applicable</p>

1
2

Full citation	de Carvalho ATY, Santos AJ, Gomes CAP, et al. (2012) Infrarenal abdominal aortic aneurysm: Significance of screening in patients of public hospitals in the metropolitan region of salvador - bahia, Brazil. <i>Jornal Vascular Brasileiro</i> 11(4), 289-300
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Brazil</p> <p>Aim of the study: to determine the prevalence of infrarenal AAA in people from a region in northeast Brazil (Salvador) and to identify risk factors in this population</p> <p>Study dates: September 2008 to October 2009</p> <p>Sources of funding: authors stated that no financial support was received</p>
Participants	<p>Sample size: 1,350;</p> <p>Inclusion criteria: patients, 50 years or older ,who presented at hospitals with one or more of the following clinical conditions or risk factors were eligible for screening: diabetes systemic arterial hypertension, smoking, COPD, peripheral arterial disease, coronary insufficiency, non-ischemic congestive heart failure, dyslipidaemia, carotid stenosis, obesity, chronic kidney disease and a family history of AAA, Marfan syndrome or Ehlers–Danlos syndrome</p> <p>Exclusion criteria: patients with a previous diagnosis of AAA were excluded</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: 72.4 years • Sex: 66.7% female • Hypertension: 59.9% • Peripheral arterial disease: 7.6% • Coronary insufficiency: 3.9% • COPD: 3.1% • Diabetes: 46.8% • Chronic Kidney disease: 2.8% • Chronic heart failure: 3.6% • Dyslipidaemia: 15.4%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). The presence of risk factors was determined by asking participants to complete a questionnaire.</p> <p>Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>
Outcomes	Risk factors: age, sex, smoking status, COPD, peripheral artery disease, family history of AAA, Marfan syndrome or Ehlers–Danlos syndrome
Study Appraisal using the	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes

Full citation	de Carvalho ATY, Santos AJ, Gomes CAP, et al. (2012) Infrarenal abdominal aortic aneurysm: Significance of screening in patients of public hospitals in the metropolitan region of salvador - bahia, Brazil. <i>Jornal Vascular Brasileiro</i> 11(4), 289-300
Joanna Briggs Institute checklist	<p>3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire.</p> <p>4. Were objective, standard criteria used for measurement of the condition? Yes</p> <p>5. Were confounding factors identified? Unclear</p> <p>6. Were strategies to deal with confounding factors stated? Unclear</p> <p>7. Were the outcomes measured in a valid and reliable way? Yes</p> <p>8. Was appropriate statistical analysis used? Unclear</p> <p>Overall risk of bias: moderate</p> <p>Directness: directly applicable</p>

1

2

Full citation	Derubertis BG, Trocciola SM, Ryer EJ, et al. (2007) Abdominal aortic aneurysm in women: prevalence, risk factors, and implications for screening. <i>Journal of vascular surgery</i> 46(4), 630-635
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): USA</p> <p>Aim of the study: to define the prevalence and risk factors associated with the development of AAA in women</p> <p>Study dates: May 2004 to December 2006</p> <p>Sources of funding: not reported</p>
Participants	<p>Sample size: 10,012 women</p> <p>Inclusion criteria: women, over 65 years old, with at least one of the following factors were eligible for screening: hypertension, history of smoking, cardiovascular disease, or a family history of AAA.</p> <p>Exclusion criteria: women with a previously known AAA were excluded. Additionally, women with incomplete risk factor information were excluded.</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: 69.6 years • Sex: 100% female • Hypertension: 63.7% • Hypercholesterolemia: 63.5% • Diabetes: 13.9%

Full citation	Derubertis BG, Trocciola SM, Ryer EJ, et al. (2007) Abdominal aortic aneurysm in women: prevalence, risk factors, and implications for screening. <i>Journal of vascular surgery</i> 46(4), 630-635
	<ul style="list-style-type: none"> • Family history of AAA: 10.7% • Heart disease (myocardial infarction, coronary revascularisation or history of other cardiac surgery): 12.0%
Methods	<p>Data collection: Ultrasound imaging was used to determine the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). The presence of risk factors was determined by asking participants to complete a questionnaire. Patients were considered to have hypertension, hypercholesterolemia, or diabetes if they reported that they had been given these diagnoses by a physician or were receiving treatment for these conditions. Cardiovascular disease was defined a history of myocardial infarction, a history of percutaneous or surgical coronary revascularization, or other unspecified cardiac surgery. Tobacco use was defined as greater than or equal to 100 cigarettes in a lifetime. A family history of AAA was defined as a first degree relative who was diagnosed with an AAA.</p> <p>Analysis: multivariate logistic regression adjusting for age, smoking history, family history, and ethnicity</p>
Outcomes	Risk factors: age, ethnicity, smoking status, family history of AAA, and cardiovascular disease
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire. 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Yes 6. Were strategies to deal with confounding factors stated? Yes 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? No – stepwise regression was not performed. Instead, the logistic regression model was developed based on the results of univariate analysis, with the inclusion of variables which had p-values ≤ 0.25. <p>Overall risk of bias: high Directness: directly applicable</p>

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Full citation	Hager J, LT, Carlsson P, and Lundgren F (2013) Lower prevalence than expected when screening 70-year-old men for abdominal aortic aneurysm. <i>European Journal of Vascular and Endovascular Surgery</i> 46(4), 453-459
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Sweden</p> <p>Aim of the study: to determine the contemporary screening-detected prevalence among 70-year-old men</p> <p>Study dates: 2008 to 2010</p> <p>Sources of funding: authors stated that no financial support was received</p>

Full citation	Hager J, LT, Carlsson P, and Lundgren F (2013) Lower prevalence than expected when screening 70-year-old men for abdominal aortic aneurysm. European Journal of Vascular and Endovascular Surgery 46(4), 453-459
Participants	<p>Sample size: 4715 men</p> <p>Inclusion criteria: 70 year-old men were eligible for screening</p> <p>Exclusion criteria: men who had been previously been identified as having AAA were excluded</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: not reported • Sex: 100% male • Hypertension: 44.7% • Hyperlipidaemia: 31.3% • Diabetes: 15.5% • Coronary heart disease: 13.9% • COPD: 6.8% • Renal disease: 1.6% • Cerebrovascular disease: 7.5% • Claudication 1.6%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). The presence of risk factors was determined by asking participants to complete a questionnaire that collected demographic information and contained questions relating to familial history of AAA, smoking habits, current medication, and the presence or absence of the following diseases: hypertension, hyperlipidaemia, diabetes, COPD, renal disease, cerebrovascular disease, claudication, coronary heart disease (angina pectoris and/or myocardial infarction), rheumatic disease, and cancer.</p> <p>Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>
Outcomes	<p>Risk factors: smoking status, COPD, cerebrovascular disease, claudication, coronary artery, and hyperlipidaemia. Investigators also assessed as a risk factor; however, it is not listed for inclusion in the review protocol.</p>
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? No 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire. 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Unclear 6. Were strategies to deal with confounding factors stated? Unclear 7. Were the outcomes measured in a valid and reliable way? Yes

Full citation	Hager J, LT, Carlsson P, and Lundgren F (2013) Lower prevalence than expected when screening 70-year-old men for abdominal aortic aneurysm. <i>European Journal of Vascular and Endovascular Surgery</i> 46(4), 453-459
	8. Was appropriate statistical analysis used? No – stepwise regression was not performed. Instead, only variables with p-values <0.1 from univariate chi-square tests were entered into the logistic regression model. Overall risk of bias: high Directness: directly applicable

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Full citation	Johnsen SH, Forsdahl SH, Singh K, et al. (2010) Atherosclerosis in abdominal aortic aneurysms: a causal event or a process running in parallel? The Tromso study. <i>Arteriosclerosis, thrombosis, and and vascular biology</i> 30(6), 1263-8
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Norway</p> <p>Aim of the study: to investigate the relationship between carotid, femoral, and coronary atherosclerosis and abdominal aortic diameter, and whether atherosclerosis was a risk marker for AAA</p> <p>Study dates:</p> <p>Sources of funding:</p>
Participants	<p>Sample size: 6,446 people</p> <p>Inclusion criteria: people between 55 and 74 years were eligible for screening. Additionally, a random sample of people over 25 years were included to make up 5% to 10% of the total study population.</p> <p>Exclusion criteria: not reported</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: men, 59.5 years; women, 60.7 years • Sex: 50.9% female • Coronary heart disease: men, 15.3%; women, 9.0%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). Carotid ultrasonography was performed to ascertain the extent of atherosclerosis. A plaque was defined as a localised protrusion of the vessel wall into the lumen of at least 50%, compared with the adjacent intima-media thickness. In people with more than 1 plaque, the areas of all plaques were summarised to give the total plaque area. Investigators also measured blood pressure, non-fasting serum cholesterol and triglyceride levels, as well as serum high-density lipoprotein cholesterol levels. Information relating to smoking habits, angina pectoris, myocardial infarction and use of antihypertensive and lipid lowering drugs was ascertained via self-administered questionnaires.</p> <p>Analysis: multivariate logistic regression adjusting for age, sex, BMI, smoking, systolic blood pressure, total cholesterol and use of lipid-lowering and antihypertensive medication</p>
Outcomes	Risk factors: atherosclerosis (measured by total plaque areas)
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? Yes 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Yes 6. Were strategies to deal with confounding factors stated? Yes 7. Were the outcomes measured in a valid and reliable way? Yes

Full citation	Johnsen SH, Forsdahl SH, Singh K, et al. (2010) Atherosclerosis in abdominal aortic aneurysms: a causal event or a process running in parallel? The Tromso study. Arteriosclerosis, thrombosis, and and vascular biology 30(6), 1263-8
	8. Was appropriate statistical analysis used? Unclear – Investigators did not report whether a stepwise approach was used to perform the multivariate logistic regression. Overall risk of bias: low Directness: directly applicable

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Full citation	Kent KC, Zwolak RM, Egorova NN, Greco G, et al. (2010) Analysis of risk factors for abdominal aortic aneurysm in a cohort of more than 3 million individuals. Journal of vascular surgery 52(3), 539-48 NB – a second publication evaluating the same population was produced by the same study group: Greco G, Egorova NN, Gelijns AC, et al. (2010) Development of a novel scoring tool for the identification of large >5 cm abdominal aortic aneurysms. Annals of surgery 252(4), 675-82
Study details	Study design: cross-sectional study Location(s): USA Aim of the study: to identify risk factors associated with AAA in people who underwent ultrasound screening Study dates: 2003 to 2008 Sources of funding: this study was funded by a grant to the Society for Vascular Surgery from Life Line Screening (a private screening company)
Participants	Sample size: 3,056,455 people; sex-specific proportions were not reported Inclusion criteria: self-referred patients who paid for vascular screening tests. In people with multiple screenings, only the most recent record with complete information was included. Exclusion criteria: individuals with records where gender, age and smoking states were missing, were excluded. Furthermore, people with a history of AAA repair, and people over 85 years were excluded. Baseline characteristics: <ul style="list-style-type: none"> • Mean age: not reported • Sex: 64.7% female • Hypertension: 65.1% • Hyperlipidaemia: 54% • Coronary heart disease: 6.8% • Carotid disease: 2.5% • History of cerebrovascular disease: 5.5%

Full citation	<p>Kent KC, Zwolak RM, Egorova NN, Greco G, et al. (2010) Analysis of risk factors for abdominal aortic aneurysm in a cohort of more than 3 million individuals. Journal of vascular surgery 52(3), 539-48</p> <p>NB – a second publication evaluating the same population was produced by the same study group:</p> <p>Greco G, Egorova NN, Gelijns AC, et al. (2010) Development of a novel scoring tool for the identification of large >5 cm abdominal aortic aneurysms. Annals of surgery 252(4), 675-82</p>
	<ul style="list-style-type: none"> • Peripheral arterial disease: 3.0% • Diabetes: 10.7%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). Systolic and diastolic blood pressure were also taken at the time of screening. Data on risk factors were collected by asking participants to complete a self-administered questionnaire that included questions on demographics, height, weight, coronary artery disease (previous myocardial infarction or coronary revascularisation), cerebrovascular disease (previous transient ischaemic attack, stroke or carotid artery revascularisation), hypertension, hypercholesterolemia, diabetes, smoking, smoking, exercise, dietary habits, and a family history of AAA, lower extremity arterial disease, cardiac or cerebrovascular disease.</p> <p>Analysis: Multivariate logistic regression. It was unclear what factors were adjusted for.</p>
Outcomes	<p>Risk factors: age, sex, smoking status, BMI, ethnicity, hypertension, coronary artery disease, family history of AAA, hypercholesterolemia, diabetes, peripheral artery disease, and cerebrovascular disease. Investigators also assessed physical activity, as well as fruit, vegetable and nut consumption as risk factors; however, these factors are not listed for inclusion in the review protocol.</p>
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire. 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Yes 6. Were strategies to deal with confounding factors stated? Yes 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? No – stepwise regression was not performed. Instead, variables with p-values <0.2 in univariate analyses were included in a logistic regression model. Then only significant variables within the model (p-values <0.05) were left in the final model <p>Overall risk of bias: high</p> <p>Directness: directly applicable</p>

Full citation	<p>Le MTQ, Jamrozik K, Davis TME et al. (2007) Negative association between infra-renal aortic diameter and glycaemia: the Health in Men Study. European journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery 33(5), 599-604</p> <p>NB – other publications evaluating the same population were produced by the same study group:</p> <p>Golledge J, Clancy P, Jamrozik K, et al. (2007) Obesity, adipokines, and abdominal aortic aneurysm: Health in Men study. Circulation 116(20), 2275-9</p> <p>Jamrozik K, Norman PE, Spencer CA et al. (2000) Screening for abdominal aortic aneurysm: lessons from a population-based study. The Medical journal of Australia 173(7), 345-50</p>
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Australia</p> <p>Aim of the study: to assess the relationship between both diabetes and blood glucose levels with the presence of AAA</p> <p>Study dates: April 1996 to January 1999</p> <p>Sources of funding: not reported</p>
Participants	<p>Sample size: 12,203 men</p> <p>Inclusion criteria: men between 65 and 83 years old were eligible for screening</p> <p>Exclusion criteria: not reported</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: not reported • Sex: 100% male • History of cardiovascular disease: 43.8% • Hypertension: 44.0% • Dyslipidaemia: 35.8% • Diabetes: 12.1%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). Information on risk factors was acquired by asking participants to complete a self-administered questionnaire which captured data on medical history, life style, height, weight, blood pressure and cardiovascular disease.</p> <p>Analysis: multivariate logistic regression adjusting for aortic diameter</p>
Outcomes	<p>Risk factors: age, BMI, smoking status, history of cardiovascular disease, hypertension, dyslipidaemia diabetes, blood pressure and family history of AAA. Investigators also assessed vigorous exercise, and place of birth as risk factors; however, these factors are not listed for inclusion in the review protocol.</p>
Study Appraisal using the	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes

Full citation	<p>Le MTQ, Jamrozik K, Davis TME et al. (2007) Negative association between infra-renal aortic diameter and glycaemia: the Health in Men Study. European journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery 33(5), 599-604</p> <p>NB – other publications evaluating the same population were produced by the same study group:</p> <p>Golledge J, Clancy P, Jamrozik K, et al. (2007) Obesity, adipokines, and abdominal aortic aneurysm: Health in Men study. Circulation 116(20), 2275-9</p> <p>Jamrozik K, Norman PE, Spencer CA et al. (2000) Screening for abdominal aortic aneurysm: lessons from a population-based study. The Medical journal of Australia 173(7), 345-50</p>
Joanna Briggs Institute checklist	<p>3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire.</p> <p>4. Were objective, standard criteria used for measurement of the condition? Yes</p> <p>5. Were confounding factors identified? Yes</p> <p>6. Were strategies to deal with confounding factors stated? Yes</p> <p>7. Were the outcomes measured in a valid and reliable way? Yes</p> <p>8. Was appropriate statistical analysis used? Yes</p> <p>Overall risk of bias: moderate</p> <p>Directness: directly applicable</p>

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Full citation	<p>Lederle FA, Johnson GR, Wilson SE, et al. (2000) The Aneurysm Detection and Management study screening program: Validation cohort and final results. Archives of Internal Medicine 160(10), 1425-1430</p> <p>NB – A second older publication of the same study was produced by the same authors:</p> <p>Lederle FA, Johnson GR, Wilson SE, et al. (1997) Prevalence and associations of abdominal aortic aneurysm detected through screening. Annals of Internal Medicine 126(6), 441-449</p>
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): USA</p> <p>Aim of the study: to assess the prevalence of positive and negative risk factors for AAA</p> <p>Study dates: October 1992 to July 1997</p> <p>Sources of funding: not reported</p>
Participants	<p>Sample size: first cohort, 73,451; second cohort, 52,745; combined group, 126,196</p> <p>Inclusion criteria: people who were 50 to 79 years old and had no history of AAA were included. In people with multiple screenings, only the first screening session were included.</p> <p>Exclusion criteria: people who reported previously being told that they had an AAA were excluded</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: 66.0 years • Sex: 97.3% male • Hypertension: 54.1% • Hyperlipidaemia: 52.3% • Coronary heart disease: 36.8% • Claudication: 6.0% • Cerebrovascular disease: 10.8% • Deep vein thrombosis: 7.0% • Diabetes: 17.7% • COPD: 13.4%
Methods	<p>Data collection: cross-sectional data was collected from 2 separate cohorts, during 2 different time periods (October 1992 to March 1995, and April 1995 to July 1997). Ultrasound imaging was used to establish the presence of AAA. Multiple analyses considered different definitions of AAA including; an infrarenal aortic diameter of 3 cm or larger, an infrarenal aortic diameter of 4 cm or larger, and the ratio of infrarenal and suprarenal aortic diameter of 1.5 or greater. For the purpose of this review, only data relating to AAAs categorised as infrarenal aortic diameters of 3 cm or larger were considered. Before ultrasonographic examination, all participants completed a questionnaire that asked about</p>

Full citation	<p>Lederle FA, Johnson GR, Wilson SE, et al. (2000) The Aneurysm Detection and Management study screening program: Validation cohort and final results. Archives of Internal Medicine 160(10), 1425-1430</p> <p>NB – A second older publication of the same study was produced by the same authors:</p> <p>Lederle FA, Johnson GR, Wilson SE, et al. (1997) Prevalence and associations of abdominal aortic aneurysm detected through screening. Annals of Internal Medicine 126(6), 441-449</p>
	<p>demographic information and possible risk factors. The questionnaire asked whether they were told by a clinician that they had any of the risk factors under investigation.</p> <p>Analysis: Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>
Outcomes	<p>Risk factors: age, sex, ethnicity, family history of AAA, smoking status, hypertension, hypercholesterolemia, coronary artery disease, claudication, cerebral vascular disease, atherosclerosis, diabetes, COPD. Investigators also assessed height, weight, waist circumference, deep vein thrombosis, cancer and history of abdominal imaging as risk factors; however, these factors were not listed for inclusion in the review protocol.</p>
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire. 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Unclear 6. Were strategies to deal with confounding factors stated? Unclear 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? No- the multivariate analysis included all variables that were considered in the self-administered questionnaire <p>Overall risk of bias: high</p> <p>Directness: directly applicable</p>

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Full citation	Makrygiannis G, Labalue P, Erpicum M, et al. (2016) Extending Abdominal Aortic Aneurysm Detection to Older Age Groups: Preliminary Results from the Liege Screening Programme. Annals of vascular surgery 36, 55-63
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Belgium</p> <p>Aim of the study: to report the results of a AAA screening programme in people 65-85 years old from the County of Chaudfontaine in Belgium</p> <p>Study dates: May to November 2014</p> <p>Sources of funding: This study was funded by the Aneurysmal Pathology Foundation (APF),</p>
Participants	<p>Sample size: 1,101 people</p> <p>Inclusion criteria: men aged 65-85 years and women aged 74 to 85 years from the county of Chaudfontaine in Belgium were included</p> <p>Exclusion criteria: not reported</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: men, 73.6 years; women, 78.8 years • Sex: 65.6% male • Hypertension: men, 67.9%; women, 72.3% • Hyperlipidaemia: men, 62.6%; women, 62.5 % • Diabetes: men, 19.1%; women, 14.0% • Coronary artery disease: men, 17.3%; women, 7.4% • Peripheral arterial disease: men, 6.8%; women, 3.7% • COPD: men, 5.1%; women, 3.7% • Stroke: men, 7.9%; women, 8.2% • Renal insufficiency: men, 1.5%; women, 3.2%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). Investigators ascertained the presence of risk factors by asking participants to complete a self-reported questionnaire. Participants were asked to report self-reported use of drugs, smoking status (current, former, and never), and history of hypercholesterolemia, diabetes mellitus, hypertension, coronary artery disease (bypass surgery and angioplasty with or without stenting), peripheral arterial occlusive disease, stroke and transient ischemic attack, chronic obstructive pulmonary disease, renal insufficiency, cancer, and inguinal hernia.</p> <p>Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>
Outcomes	Risk factors: age, smoking status, hypercholesterolemia, peripheral artery disease, and coronary artery disease
Study Appraisal using the Joanna	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire.

Full citation	Makrygiannis G, Labalue P, Erpicum M, et al. (2016) Extending Abdominal Aortic Aneurysm Detection to Older Age Groups: Preliminary Results from the Liege Screening Programme. Annals of vascular surgery 36, 55-63
Briggs Institute checklist	<p>4. Were objective, standard criteria used for measurement of the condition? Yes</p> <p>5. Were confounding factors identified? Unclear</p> <p>6. Were strategies to deal with confounding factors stated? Unclear</p> <p>7. Were the outcomes measured in a valid and reliable way? Yes</p> <p>8. Was appropriate statistical analysis used? Unclear – Investigators did not report whether a stepwise approach was used to perform the multivariate logistic regression.</p> <p>Overall risk of bias: Moderate</p> <p>Directness: directly applicable</p>

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Full citation	Mark-Christensen A, Lindholt J S, Diederichsen A, et al. (2017) Association Between Diverticular Disease and Abdominal Aortic Aneurysms: Pooled Analysis of Two Population Based Screening Cohorts. European Journal of Vascular and Endovascular Surgery 54(6), 772-777
Study details	<p>Study design: cross-sectional study combining data from 2 Danish screening programmes</p> <p>Location(s): Denmark</p> <p>Aim of the study: to assess risk factors associated with AAA</p> <p>Study dates: first screening cohort, 2008 to 2010; second cohort, from 2015 onwards</p> <p>Sources of funding: authors state that no funding was received</p>
Participants	<p>Sample size: 24,632 people</p> <p>Inclusion criteria: people aged 65-74 from 2 different regions in Denmark were eligible for screening</p> <p>Exclusion criteria: authors state that no exclusion criteria were applied</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Age >70 years old: 43% • Sex: 97% male • Hypertension: 52% • Peripheral arterial disease: 10% • Diabetes: 11% • Family history of AAA: 3%
Methods	Data collection: Either ultrasound imaging or non-contrast computed-tomography were used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). Investigators ascertained the presence of risk factors (AAA, hypertension, peripheral arterial

Full citation	Mark-Christensen A, Lindholt J S, Diederichsen A, et al. (2017) Association Between Diverticular Disease and Abdominal Aortic Aneurysms: Pooled Analysis of Two Population Based Screening Cohorts. European Journal of Vascular and Endovascular Surgery 54(6), 772-777
	disease, diabetes, current smoking status, smoking status and use of oral corticosteroids) via clinical examination, medical records or patient interview. Analysis: multivariate logistic regression
Outcomes	Risk factors: age, sex, smoking status, BMI, hypertension, smoking, and family history of AAA
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? Yes 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Yes 6. Were strategies to deal with confounding factors stated? Yes 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? No – Only covariates significantly associated with AAA on multivariate analysis were included in the multivariate models <p>Overall risk of bias: Moderate Directness: directly applicable</p>

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Full citation	Pleumeekers JCM, Hoes AW, Hofman A, et al. (1999) Selecting subjects for ultrasonographic screening for aneurysms of the abdominal aorta: Four different strategies. International Journal of Epidemiology 28(4), 682-686
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Netherlands</p> <p>Aim of the study: to evaluate whether the effectiveness of ultrasound screening for AAA could be increased by preselecting people who were at high risk of AAA</p> <p>Study dates: not reported</p> <p>Sources of funding: not reported</p>
Participants	<p>Sample size: 5,328;</p> <p>Inclusion criteria: people 55 years or older living in a suburb in the Netherlands were eligible for ultrasound screening</p> <p>Exclusion criteria: people with a history of AAA repair or people in whom it was technically impossible to visualise the abdominal aorta were excluded. Furthermore, people living in nursing homes were excluded due to limitations in transporting ultrasound equipment.</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: men, 67.7 years • Sex: 58% female • Angina: 6.8% • Intermittent claudication: 1.5% • History of myocardial infarction: 22% • History of stroke: 3.1% • Hypertension: 21.1%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA. An AAA was defined as a distal aortic diameter of 3.5 cm or larger, or when the ratio between the distal and proximal aorta was greater than 1.5. The presence of risk factors was determined by performing physical examinations, taking blood samples and asking participants to complete a self-administered questionnaire. Claudication was defined as a history of angina. A history of myocardial infarction was considered positive if the patient reported having been hospitalised for the conditions. Hypertension was defined as use of blood pressure lowering drugs.</p> <p>Analysis: multivariate logistic regression adjusting for age and sex</p>
Outcomes	<p>Risk factors: age, sex, smoking status, hypertension (antihypertensive drug use), angina pectoris, intermittent claudication, myocardial infarction, hypercholesterolemia, peripheral arterial disease (indicated by an ankle arm index ≤ 0.9), and enlarged aorta on palpation. Investigators also assessed bruit over abdominal aorta as risk factors; however, this not listed for inclusion in the review protocol.</p>
Study Appraisal using the Joanna	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes

Full citation	Pleumeekers JCM, Hoes AW, Hofman A, et al. (1999) Selecting subjects for ultrasonographic screening for aneurysms of the abdominal aorta: Four different strategies. <i>International Journal of Epidemiology</i> 28(4), 682-686
Briggs Institute checklist	<p>3. Was the exposure measured in a valid and reliable way? No – Although the presence of some risk factors was determined by performing physical examinations, the presence of other risk factors was determined by asking participants to complete a questionnaire.</p> <p>4. Were objective, standard criteria used for measurement of the condition? Yes</p> <p>5. Were confounding factors identified? Yes</p> <p>6. Were strategies to deal with confounding factors stated? Yes</p> <p>7. Were the outcomes measured in a valid and reliable way? Yes</p> <p>8. Was appropriate statistical analysis used? No – stepwise regression was not performed. Instead, only variables with p-values <0.2 in multivariate analyses were explored in the multivariate logistic regression model.</p> <p>Overall risk of bias: high</p> <p>Directness: directly applicable</p>

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Full citation	Salvador-Gonzalez B, Martin-Baranera M, Borque-Ortega A, et al. (2016) Prevalence of Abdominal Aortic Aneurysm in Men Aged 65-74 Years in a Metropolitan Area in North-East Spain. European journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery 52(1), 75-81
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Spain</p> <p>Aim of the study: to estimate the current screening prevalence of AAA in men aged 65 to 74 years in a metropolitan area in north-east Spain and to identify associated risk factors</p> <p>Study dates: September 2007 to June 2010</p> <p>Sources of funding: the study was part funded by a grant from the Jordi Gol Institute for Primary Care Research</p>
Participants	<p>Sample size: 651 men</p> <p>Inclusion criteria: men between 65 and 74 years old registered at healthcare facilities in Barcelona were included.</p> <p>Exclusion criteria: people with a life expectancy less than 2 year, limited quality of life (receiving home care, living in a care home, or with a Barthel index <90), previous diagnosis of AAA, a history of aorto-femoral surgery, and people of non-Caucasian ethnicity were excluded.</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: men, 70.2 years • Sex: 100% male • Hypertension: 53.3% • Diabetes: 24.5% • Hypercholesterolemia: 45.2% • Cardiovascular disease: 22.7% • Angor pectoris: 9.7% • Myocardial infarction: 6.9% • Cerebrovascular disease: 9.2% • Intermittent claudication: 4.8%
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger). The presence of hypertension, diabetes, hypercholesterolemia, abdominal obesity (waist circumference >102 cm), and metabolic syndrome was determined by reviewing patient's medical records. Data on cardiovascular diseases (angor pectoris, myocardial infarction, intermittent claudication, or cerebral vascular disease) were obtained from clinical histories, and family history of AAA was ascertained from a clinical interview.</p> <p>Analysis: multivariate logistic regression. It is unclear what factors were adjusted for in the analysis.</p>
Outcomes	Risk factors: smoking status and myocardial infarction

Full citation	Salvador-Gonzalez B, Martin-Baranera M, Borque-Ortega A, et al. (2016) Prevalence of Abdominal Aneurysm in Men Aged 65-74 Years in a Metropolitan Area in North-East Spain. European journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery 52(1), 75-81
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? Yes 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Unclear 6. Were strategies to deal with confounding factors stated? Unclear 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? No – stepwise regression was not performed. Instead, only variables with p-values ≤ 0.1 in multivariate analyses were explored in the multivariate logistic regression model. <p>Overall risk of bias: moderate Directness: directly applicable</p>

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Full citation	Singh K, Bona KH, Jacobsen BK, et al. (2001) Prevalence of and risk factors for abdominal aortic aneurysms in a population-based study : The Tromso Study. American journal of epidemiology 154(3), 236-44
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): Norway</p> <p>Aim of the study: to study the prevalence of and risk factors for abdominal aortic aneurysm, as well as the distribution of infrarenal aortic diameter, in both men and women in a general population</p> <p>Study dates: September 1994 to October 1995</p> <p>Sources of funding: the study was supported by grants from the Norwegian Research Council and the Norwegian Council on Cardiovascular Diseases</p>
Participants	<p>Sample size: 6,386</p> <p>Inclusion criteria: people between 55 and 74 years were eligible for screening. Additionally, a random sample of people over 25 years were included to make up 5% to 10% of the total study population.</p> <p>Exclusion criteria: not reported</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: not reported • Sex: 53.6% female • Comorbidities: not reported

Full citation	Singh K, Bonna KH, Jacobsen BK, et al. (2001) Prevalence of and risk factors for abdominal aortic aneurysms in a population-based study : The Tromso Study. American journal of epidemiology 154(3), 236-44
Methods	Data collection: Ultrasound imaging was used to establish the presence of AAA. AAA was considered present if aortic diameter at renal level was equal to or greater than 3.5 cm in either the anterior-posterior or transverse plane, the infrarenal aortic diameter was more than 5 mm larger than the renal aortic diameter in either plane, and/or a localised dilatation of the aorta was present. Information relating to some risk factors was gained from physical examination; however, the presence of other risk factors was determined asking participants to complete a self-administered questionnaire. Analysis: multivariate logistic regression adjusted for age
Outcomes	Risk factors: age, BMI, smoking status, hypertension (antihypertensive drug use), blood pressure, hyperlipidaemia, and hypercholesterolemia. Investigators also assessed plasma fibrinogen, serum creatinine, blood platelet counts, white blood cell count, and physical activity as risk factors; however, these factors were not listed for inclusion in the review protocol.
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? Yes 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – Although the presence of some risk factors was determined by performing physical examinations, the presence of other risk factors was determined by asking participants to complete a questionnaire. 4. Were objective, standard criteria used for measurement of the condition? 5. Were confounding factors identified? Yes 6. Were strategies to deal with confounding factors stated? Yes 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? Unclear – Investigators did not report whether a stepwise approach was used to perform the multivariate logistic regression. <p>Overall risk of bias: moderate Directness: directly applicable</p>

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Full citation	Vardulaki KA, Walker NM, Day NE, et al. (2000) Quantifying the risks of hypertension, age, sex and smoking in patients with abdominal aortic aneurysm. British Journal of Surgery 87(2), 195-200
Study details	<p>Study design: cross-sectional study</p> <p>Location(s): UK</p> <p>Aim of the study: to assess the prevalence of AAA among patients with hypertension and those taking antihypertensive medication (normotensives and current hypertensives), relative to normotensive untreated subjects in a community-based sample of men and women aged between 65 and 79 years</p> <p>Study dates: 1988 to 1995</p> <p>Sources of funding: not reported</p>
Participants	<p>Sample size: 5,356; (3,035/5,356) female</p> <p>Inclusion criteria: people between 65 and 79 years old were included. No further details were provided.</p> <p>Exclusion criteria: not reported</p> <p>Baseline characteristics:</p> <ul style="list-style-type: none"> • Mean age: not reported • Sex: 56.7% male <p>Comorbidities: not reported</p>
Methods	<p>Data collection: Ultrasound imaging was used to establish the presence of AAA (defined as an infrarenal aortic diameter of 3 cm or larger).</p> <p>Analysis: multivariate logistic regression adjusting for age, sex and smoking status. Information on demographics, medical history, family history of AAA, smoking, occupation, and medication use was obtained by asking participants to complete a self-administered questionnaire.</p> <p>Analysis: multivariate logistic regression adjusted for age and sex</p>
Outcomes	Risk factors: age, sex, smoking status, blood pressure and antihypertensive medication use
Study Appraisal using the Joanna Briggs Institute checklist	<ol style="list-style-type: none"> 1. Were the criteria for inclusion in the sample clearly defined? No 2. Were the study subjects and the setting described in detail? Yes 3. Was the exposure measured in a valid and reliable way? No – the presence of risk factors was ascertained by participants completing a self-administered questionnaire. 4. Were objective, standard criteria used for measurement of the condition? Yes 5. Were confounding factors identified? Yes 6. Were strategies to deal with confounding factors stated? Yes 7. Were the outcomes measured in a valid and reliable way? Yes 8. Was appropriate statistical analysis used? Unclear – Investigators did not report whether a stepwise approach was used to perform the multivariate logistic regression. <p>Overall risk of bias: moderate</p>

Full citation	Vardulaki KA, Walker NM, Day NE, et al. (2000) Quantifying the risks of hypertension, age, sex and smoking in patients with abdominal aortic aneurysm. British Journal of Surgery 87(2), 195-200
	Directness: directly applicable

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Appendix E – GRADE tables

Age

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Age: 55-59 60-64 65-69 70-74 75-79 80-84 All vs. <55 (reference)	1 Kent (2010)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	3,056,455	OR ^a 2.76 (2.55, 3.00) OR ^a 5.35 (4.97, 5.76) OR ^a 9.41 (8.76, 10.12) OR ^a 14.46 (13.45, 15.55) OR ^a 20.46 (18.99, 21.99) OR ^a 28.37 (26.31, 30.59)	Low
Age: 70-74 75-79 All vs. 65-69 (reference)	1 Vardulaki (2000)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	5,356	OR ^a 1.4 (0.98, 2.1) OR ^a 1.8 (1.2, 2.7)	Moderate
Age: 66-75 >75 All vs. 55-65 (reference)	1 Pleumeekers (1999)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	5,328	OR ^a 1.4 (1.1, 1.9) OR ^a 2.7 (1.8, 4.1)	Low
Age: >75 vs. ≤75	1 Chun (2014)	Cross-sectional	Serious ³	N/A	Not serious	Not serious	6,142	OR ^a 1.62 (1.33, 1.96)	Moderate
Age: >70 vs. ≤75	1 Mark-Christensen (2017)	Cross-sectional	Serious ²	N/A	Not serious	Not serious	24,632	OR ^a 1.41 (1.22, 1.63)	Moderate
Age: per 7 year increase	1 Lederle (2000)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	122,788	OR ^a 1.58 (1.52, 1.64)	Low

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Age: per year increase	3 (De Carvalho, 2012 Corrado 2016, Makrygiannis 2016)	Cross-sectional	Serious ¹	Not serious	Not serious	Serious ⁴	4,006	OR ^a 1.1 (1.0, 1.2) OR ^a 1.14 (1.06, 1.22) OR ^a 1.07 (Not significant; 95% CI not reported)	Low
Men only									
Age: 65-69 70-74 75-84 All vs. 60-64 (reference)	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	2,962	OR ^a 2.18 (1.44, 3.29) OR ^a 2.29 (1.49, 3.52) OR ^a 3.31 (1.62, 6.73)	Moderate
Age: per year increase	2 (Le 2007, Bonamigo 2003)	Cross-sectional	Serious ¹	Not serious	Not serious	Not serious	12,971	OR ^a 1.09 (1.07, 1.11) OR ^a 1.08 (1.022, 1.139)	Moderate
Women only									
Age: per year increase	1 Derubertis (2007)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	10,012	OR ^a 1.10 (1.06, 1.14)	Low
Age: 65-69 70-74 75-84 All vs. 60-64 (reference)	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	3,424	OR ^a 1.94 (0.81, 4.65) OR ^a 4.81 (2.14, 10.84) OR ^a 4.98 (1.45, 17.07)	Moderate

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors, and covariates adjusted for, was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.
2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.
3. It was unclear what people were eligible for screening, downgrade 1 level.
4. 95% CI crosses the line of no effect (1) in studies with greater weighting (larger populations), downgrade 1 level.

Sex

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Sex: men vs. women	6 (Kent 2010, Lederle 2000, Vardulaki 2000, Pleumeekers 1999, De Carvalho 2012, Corrado 2016, 1 Mark-Christensen 2017))	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	3,217,464	OR ^a 5.71 (5.57, 5.85) OR ^a 2.13 (1.45, 3.12) OR ^a 5.6 (3.7, 8.4) OR ^a 6.5 (3.8, 11.2) OR ^a 9.9 (2.0, 50.0) OR ^a 8.2 (1.79, 37.91) OR ^a 21.9 (3.07, 156.26)	Low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

2

BMI/Weight/Obesity

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
BMI: ≥ 25 kg/m ² vs. < 25 kg/ m ²	1 Kent (2010)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	3,056,455	OR ^a 1.20 (1.17, 1.22)	Low
BMI: ≥ 30 kg/m ² vs. < 30 kg/ m ²	2 (Chun 2014 & Mark-Christensen 2017)	Cross-sectional	Very serious ^{2,3}	Serious ⁴	Not serious	Not serious	30,744	OR ^a 0.94 (0.77, 1.15) OR ^a 1.26 (1.06, 1.49)	Very low
Weight: per 16 kg	1 Lederle (2000)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Serious ⁵	122,788	OR ^a 1.00 (0.93, 1.07)	Very low
Men only									
BMI: per kg/m ²	1 Le (2007)	Cross-sectional	Serious ²	N/A	Not serious	Not serious	12,203	OR ^a 1.03 (1.01, 1.05)	Moderate
BMI: per 4kg/m ²	1 Singh (2001)	Cross-sectional	Serious ²	N/A	Not serious	Serious ⁵	2,962	OR ^a 1.14 (0.94, 1.39)	Low
Women only									
BMI: per 4kg/m ²	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Serious ⁵	3,424	OR ^a 0.85 (0.65, 1.11)	Low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

3. It was unclear what people were eligible for screening, downgrade 1 level.

4. Reported findings from included studies highlight inconsistent directions of effect, downgrade 1 level.

5. 95% CI crosses the line of no effect (1), downgrade 1 level.

Smoking

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Current smokers vs. never smokers	7 (Berger 2013, Chun 2014, Vardulaki 2000, Pleumeekers 1999, De Carvalho 2012, Corrado 2016, Makrygiannis 2016, Mark-Christensen 2017)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	3,341,7335	OR ^a 1.98 (1.86, 2.03) OR ^a 1.67 (1.33, 2.10) OR ^a 2.7 (1.7, 4.4) OR ^a 3.1 (1.7, 5.1) OR ^a 6.8 (1.6, 29.4) OR ^a 4.73 (Significant; (95% CI not reported) OR ^a 7.61 (5.76, 10.05)	Low
Ex-smokers vs. never smokers	4 (Berger 2013, Vardulaki 2000, Corrado 2016, Mark-Christensen 2017)	Cross-sectional	Serious ¹	Not serious	Not serious	Not serious	3,326,904	OR ^a 2.75 (2.68, 2.82) OR ^a 1.5 (1.0, 2.3) OR ^a 2.76 (1.12, 8.94) OR ^a 3.76 (2.88, 4.93)	Moderate
Ever smoked vs. never smoked	1 Lederle (2000)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	122,788	OR ^a 2.97 (2.65, 3.32)	Low
Men only									
Current smokers vs. never smokers	4 (Singh 2001, Hager 2013, Barba 2013,	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	10,134	OR ^a 7.37 (3.70, 14.69) OR ^a 8.90 (4.2, 18.6) OR ^a 3.47 (1.67, 7.22) OR ^a 6.42 (2.18, 18.89)	Low

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
	Bonamigo 2003)								
Ex-smokers vs. never smokers	2 (Singh 2001, Hager 2013)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	8,585	OR ^a 3.60 (1.85, 7.03) OR ^a 3.30 (1.70, 6.60)	Low
Ever smoked vs. never smoked	1 Le (2007)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	12,203	OR ^a 2.04 (1.84, 2.26)	Moderate
Smoking frequency: 10-20 cigarettes/day >20 cigarettes/day All compared with 0 – 20 cigarettes/day (reference)	1 Salvador-Gonzalez (2016)	Cross-sectional	Serious ²	Not serious	Not serious	Not serious	651	OR ^a 20.4 (2.6, 162.2) OR ^a 15.8 (1.7, 146.4)	Moderate
Women only									
Current smokers vs never smokers	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	3,424	OR ^a 5.82 (2.92, 11.58)	Moderate
Ex-smokers vs never smokers	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Serious ³	3,424	OR ^a 1.64 (0.75, 3.58)	Low
Tobacco use (greater than or equal to 100 cigarettes in a lifetime)	1 Derubertis (2007)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	10,012	OR ^a 4.02 (2.17, 7.44)	Low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.									
3. 95% CI crosses the line of no effect (1), downgrade 1 level.									

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Palpable aorta on abdominal examination

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Present vs. absent	1 Pleumeeekers (1999)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	5,328	OR ^a 7.0 (3.7, 13.2)	Low
a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.									
1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.									
2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.									

3

Cardiovascular disease

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Coronary artery disease	4 (Kent 2010, Lederle 2000, Chun 2014, Makrygiannis 2016)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	3,186,486	OR ^a 1.72 (1.69, 1.76) OR ^a 1.44 (1.34, 1.55) OR ^a 1.89 (1.59, 2.29) OR ^a 2.15 (not significant; 95% CI not reported)	Low
History of myocardial infarction	1 Pleumeekers (1999)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Serious ³	5,328	OR 1.5 ^a (0.9, 2.6)	Very low
Coronary insufficiency	1 De Carvalho (2012)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	1,350	OR 166.7 ^a (25.6, >1,000)	Moderate
Men only									
Coronary artery disease	1 Hager (2013)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Serious ³	5,623	OR 1.7 ^a (1.0, 3.0)	Very low
History of myocardial infarction	1 Salvador-Gonzalez (2016)	Cross-sectional	Serious ²	N/A	Not serious	Not serious	651	OR 5.1 ^a (1.4, 18.4)	Moderate
History of cardiovascular disease	1 Le (2007)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	12,203	OR 1.83 ^a (1.58, 2.12)	Moderate
Myocardial disease	1 Bonamigo (2003)	Cross-sectional	Not serious	N/A	Not serious	Serious ³	768	OR 1.66 ^a (0.745, 3.691)	Moderate
Women only									
Cardiovascular disease (myocardial infarction or	1 Derubertis (2007)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	10,012	OR 3.62 ^a (2.08, 6.29)	Low

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
coronary revascularization)									
<p>a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.</p> <p>1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.</p> <p>2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.</p> <p>3. 95% CI crosses the line of no effect (1), downgrade 1 level.</p>									

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Peripheral arterial disease

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Present vs. absent	6 (Kent 2010, Chun 2014, Pleumeekers 1999, De Carvalho 2012, Makrygiannis 2016, Mark-Christensen 2017)	Cross-sectional	Very serious ^{1, 2,3}	Not serious	Not serious	Not serious	3,095,008	OR ^a 1.59 (1.54, 1.65) OR ^a 2.28 (1.74, 2.97) OR ^a 2.1 (1.3, 3.3) OR ^a 27.0 (5.8, 125.0) OR ^a 3.29 (Significant; 95% CI not reported) OR ^a 1.81 (1.51, 2.16)	Low
Men only									
Present vs. absent	2 (Barba 2013, Bonamigo 2003)	Cross-sectional	Serious ²	Serious ⁴	Not serious	Not serious	1,549	OR ^a 3.00 (1.16, 7.80) OR ^a 0.843 (0.281, 2.528)	Low
<p>a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.</p> <p>1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.</p> <p>2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.</p> <p>3. It was unclear what people were eligible for screening, downgrade 1 level. 4. Visual inspection of point estimates and 95% CIs across studies indicates inconsistent findings, downgrade 1 level.</p> <p>4. Reported findings from included studies highlight inconsistent directions of effect, downgrade 1 level.</p>									

Atherosclerosis

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Atherosclerosis	1 Lederle (2000)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	122,788	OR ^a 1.64 (1.52, 1.78)	Low
Atherosclerotic plaque diameter: 1.5 – 7.7 mm ² 7.8 – 12.3 mm ² 12.4 – 18.9 mm ² 19.0 – 31.1 mm ² 31.2 – 246.4 mm ² All vs. no plaque	1 Johnsen (2010)	Cross-sectional	Not serious	N/A	Not serious	Not serious	6,142	OR ^a 0.6 (0.3, 1.2) OR ^a 1.3 (0.8, 2.2) OR ^a 1.9 (1.2, 2.9) OR ^a 1.6 (1.0, 2.5) OR ^a 1.7 (1.1, 2.6)	High

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

3. It was unclear what people were eligible for screening, downgrade 1 level.

Claudication

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Present vs. absent	2 (Lederle 2000, Pleumeekers 1999)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	128,116	OR ^a 1.35 (1.18, 1.53) OR ^a 1.9 (0.7, 5.0)	Low
Men only									
Present vs. absent	1 Hager (2013)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	5,623	OR ^a 2.0 (0.7, 5.6)	Low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant univariate analyses were input into logistic regression models, downgrade 1 level.

Cerebrovascular disease

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Present vs. absent	2 (Kent 2010, Lederle 2000)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	3,179,243	OR ^a 1.18 (1.14, 1.21) OR ^a 1.28 (1.17, 1.41)	Low
Men only									
Present vs. absent	2 (Hager 2013, Barba 2013)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	6,404	OR ^a 2.0 (1.1, 3.6) OR ^a 2.37 (0.61, 9.25)	Low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

Diabetes

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Present vs. absent	4 (Berger 2013, Kent 2010, Lederle 2000, Chun 2014)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	6,505,378	OR ^a 1.00 (1.00, 1.00) OR ^a 0.75 (0.73, 0.77) OR ^a 0.65 (0.59, 0.72) OR ^a 0.60 (0.47, 0.77)	Low
Men only									
Present vs. absent	3 (Le 2007, Barba 2013, Bonamigo 2003)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Serious ³	13,752	OR ^a 0.79 (0.63, 0.98) OR ^a 0.38 (0.11, 1.06) OR ^a 0.135 (0.002, 1.15)	Very low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

3. 95% CI crosses the line of no effect (1) in studies with greater weighting (larger populations), downgrade 1 level.

2

COPD

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Present vs. absent	3 (Lederle 2000, Chun 2014, De Carvalho 2012)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	130,280	OR ^a 1.06 (0.97, 1.17) OR ^a 1.75 (1.41, 2.18) OR ^a 35.7 (6.3, 200.0)	Low
Men only									
Present vs. absent	1 Hager (2013)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	5,623	OR ^a 2.1 (1.1, 3.9)	Low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

Hypertension

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Hypertension (defined as blood pressure measurements or use of antihypertensive drugs)	7 (Berger 2013, Kent 2010, Lederle 2000, Chun 2014, Vardulaki 2000, Pleumeekers 1999, Mark-Christensen 2017)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	6,540,694	OR ^a 1.24 (1.21, 1.28) OR ^a 1.25 (1.21, 1.28) OR ^a 1.23 (1.14, 1.32) OR ^a 0.92 (0.75, 1.12) OR ^a 1.7 (1.3, 2.1) OR ^a 1.8 (1.1, 3.0) OR ^a 1.66 (1.43, 1.94)	Low
Men only									
Hypertension (defined as blood pressure measurements or use of antihypertensive drugs)	4 (Le 2007, Singh 2001, Bonamigo 2003, Barba 2013)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	16,714	OR ^a 1.47 (1.27, 1.71) OR ^a 1.61 (1.16, 2.24) OR ^a 0.71 (0.35, 1.47) OR ^a 2.43 (1.08, 5.45)	Low
Women only									
Hypertension (defined by taking antihypertension meds)	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	3,424	OR ^a 2.02 (1.14, 3.57)	Moderate

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

Blood pressure thresholds

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Systolic blood pressure: ≥ 200 mmHg vs. < 200 mmHg	1 Vardulaki (2000)	Cross-sectional	Serious ¹	N/A	Not serious	Serious ²	5,356	OR ^a 1.1 (0.7, 1.8)	Low
Diastolic blood pressure: ≥ 100 mmHg vs. < 100 mmHg	1 Vardulaki (2000)	Cross-sectional	Serious ¹	N/A	Not serious	Serious ²	5,356	OR ^a 1.3 (0.8, 2.2)	Low
Men only									
Systolic blood pressure: per 1 mmHg	1 Le (2007)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	12,203	OR ^a 0.99 (0.98, 0.99)	Moderate
Systolic blood pressure: per 20 mmHg	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Serious ²	2,962	OR ^a 0.97 (0.85, 1.12)	Low
Diastolic blood pressure: per 1 mmHg	1 Le (2007)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	12,203	OR ^a 1.03 (1.02, 1.04)	Moderate
Women only									
Systolic blood pressure: per 20 mmHg	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	3,424	OR ^a 1.39 (1.11, 1.73)	Moderate

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. 95% CI crosses the line of no effect (1), downgrade 1 level.

Dyslipidaemia (including hyperlipidaemia, hypercholesterolemia, and cholesterol thresholds)

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Hyperlipidaemia (diagnosis or use of medication)	1 Berger (2013)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	3,319,993	OR ^a 1.45 (1.41, 1.49)	Moderate
Hypercholesterolemia (present vs. absent)	3 (Kent 2010, Lederle 2000, Makrygiannis 2016)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	3,180,344	OR ^a 1.34 (1.31, 1.37) OR ^a 1.40 (1.29, 1.52) OR ^a 4.89 (Significant: 95% CI not reported)	Low
Cholesterol levels: ≥200 mg/dL vs. <200 mg/dL	1 Chun (2014)	Cross-sectional	Serious ³	N/A	Not serious	Not serious	6,142	OR ^a 0.66 (0.49, 0.90)	Moderate
Cholesterol levels: ≥6.5 mmol/L vs. <6.5 mmol/L	1 Pleumeekers (1999)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	5,328	OR ^a 1.8 (1.2, 2.7)	Low
Men only									
Dyslipidaemia (present vs. absent)	1 Le (2007)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	12,203	OR ^a 1.42 (1.22, 1.65)	Moderate
Hyperlipidaemia (not defined)	1 Hager (2013)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Serious ⁴	5,623	OR ^a 1.2 (0.8, 2.0)	Very low
Serum total cholesterol: per 1mmol/L increase	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	2,962	OR ^a 1.19 (1.04, 1.35)	Moderate
Women only									
Serum total cholesterol: per 1mmol/L increase	1 Singh (2001)	Cross-sectional	Serious ¹	N/A	Not serious	Serious ⁴	3,424	OR ^a 1.18 (0.96, 1.44)	Low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
3. It was unclear what people were eligible for screening, downgrade 1 level. 4. 95% CI crosses the line of no effect (1), downgrade 1 level.									

Family history of AAA

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Family history of AAA	3 (Kent 2010, Lederle 2000, Mark-Christensen 2017)	Cross-sectional	Very serious ^{1,2}	Not serious	Not serious	Not serious	3,203,875	OR ^a 3.80 (3.66, 3.95) OR ^a 1.93 (1.71, 2.18) OR ^a 2.17 (1.62, 2.90)	Low
Family history of AAA, Marfan syndrome or Ehlers–Danlos syndrome	1 De Carvalho (2012)	Cross-sectional	Serious ¹	N/A	Not serious	Not serious	1,350	OR ^a 500.0 (6.5, >1000)	Moderate
Men only									
Family history of AAA	2 (Le 2007, Barba 2013)	Cross-sectional	Very serious ^{1,1}	N/A	Not serious	Not serious	12,984	OR ^a 1.88 (1.17, 2.89) OR ^a 3.17 (0.82, 12.24)	Low
Women only									
Family history of AAA	1 Derubertis (2007)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Serious ³	10,012	OR ^a 1.95 (0.90, 4.22)	Very low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

3. 95% CI crosses the line of no effect (1), downgrade 1 level.

Ethnicity

Predictor	No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	No. of participants	Effect size (95% CI)	Quality
Men and women									
Ethnicity: Hispanic African American Asian All vs. white (reference)	1 Kent (2010)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	3,056,455	OR ^a 0.69 (0.62, 0.77) OR ^a 0.72 (0.66, 0.78) OR ^a 0.72 (0.59, 0.75)	Low
Ethnicity: Black vs. white	1 Lederle (2000)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Not serious	122,788	OR ^a 0.62 (0.53, 0.73)	Low
Women only									
Ethnicity: Native American vs. white	1 Derubertis (2007)	Cross-sectional	Very serious ^{1,2}	N/A	Not serious	Serious ³	10,012	OR ^a 1.41 (0.43, 4.63)	Very low

a. As multivariate analyses were performed, hazard and odds ratios were reported adjusting for confounders or other factors.

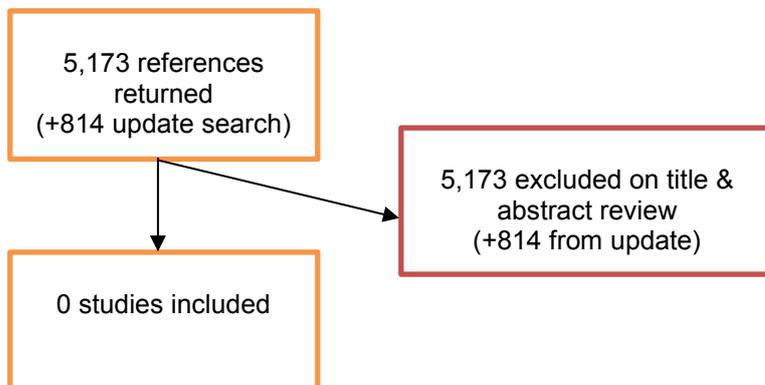
1. The presence of risk factors was ascertained by asking participants to complete a self-administered questionnaire, downgrade 1 level.

2. Stepwise regression was not performed. Instead, variables found to be significant in univariate analyses were input into logistic regression models, downgrade 1 level.

3 95% CI crosses the line of no effect (1), downgrade 1 level.

1 Appendix F – Economic evidence study selection

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1 Appendix G – Excluded studies

Clinical studies

No.	Study	Reason for exclusion
1	Xiong Jiang, Wu Zhongyin, Chen Chen, Wei Yingqi, and Guo Wei (2016) Association between diabetes and prevalence and growth rate of abdominal aortic aneurysms: A meta-analysis. <i>International journal of cardiology</i> 221, 484-95	Systematic review which included studies that employed multiple study designs. Individual studies were assessed to establish if they met criteria for inclusion in this NICE review.
2	Alcorn H G, Wolfson Jr, S K, Sutton-Tyrrell K, et al. (1996) Risk factors for abdominal aortic aneurysms in older adults enrolled in the Cardiovascular Health Study. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> 16(8), 963-970	Authors reported percentages with adjusted and unadjusted p values. No relative risks, odds ratios or hazard ratios were reported.
3	Baumgartner I, Hirsch AT, Abola B, et al. (2008) Cardiovascular risk profile and outcome of patients with abdominal aortic aneurysm in out-patients with atherothrombosis: data from the Reduction of Atherothrombosis for Continued Health (REACH) Registry. <i>Journal of vascular surgery</i> 48(4), 808-14	Wrong study design: case-control. Furthermore, primary aortic imaging was not performed: investigators ascertained the presence of AAA by reviewing documentation by the treating physician.
4	Beede S D, Ballard D J, James E M, et al. (1990) Positive predictive value of clinical suspicion of abdominal aortic aneurysm. Implications for efficient use of abdominal ultrasonography. <i>Archives of internal medicine</i> 150(3), 549-51	Sample size of less than 500 participants. Furthermore, multivariate analysis was not performed.
5	Cao H, Hu X, Zhang Q et al. (2014) Homocysteine level and risk of abdominal aortic aneurysm: a meta-analysis. <i>PLoS one</i> 9(1), e85831	Systematic review and meta-analysis of case controls.
6	Chabok M, Nicolaidis A, Aslam M, Farahmandfar M, Humphries K, Kermani N Z, Coltart J, and Standfield N (2016) Risk factors associated with increased prevalence of abdominal aortic aneurysm in women. <i>The British journal of surgery</i> 103(9), 1132-8	Conference abstract
7	Chiu HY, Lo PC, Huang WF et al. (2016) Increased risk of aortic aneurysm (AA) in relation to the severity of psoriasis: A national population-based matched-cohort study. <i>Journal of the American Academy of Dermatology</i> 75(4), 747-54	Not specific to AAA: study included a mixed population of people with AAA and thoracic aortic aneurysms.
8	Cho IJ, Jang SY, Chang HJ et al. (2014) Aortic aneurysm screening in a high-risk population: a non-contrast computed tomography study in Korean males with hypertension. <i>Korean circulation journal</i> 44(3), 162-9	Not specific to AAA: study included a mixed population of people with AAA and thoracic aortic aneurysms.
9	Cornuz J, Pinto C S, Tevaearai H, and Egger M (2004) Risk factors for asymptomatic abdominal aortic aneurysm: Systematic review	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort

No.	Study	Reason for exclusion
	and meta-analysis of population-based screening studies. <i>European Journal of Public Health</i> 14(4), 343-349	studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.
10	De Rango , P , Farchioni L, Fiorucci B, and Lenti M (2014) Diabetes and abdominal aortic aneurysms. <i>European Journal of Vascular and Endovascular Surgery</i> 47(3), 243-261	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.
11	Duncan JL, Harrild KA, Iversen L et al. (2012) Long term outcomes in men screened for abdominal aortic aneurysm: prospective cohort study. <i>BMJ (Clinical research ed.)</i> 344, e2958	Wrong study design: cohort study
12	Durieux R, Van Damme , H , Labropoulos N et al. (2014) High Prevalence of abdominal aortic aneurysm in patients with three-vessel coronary artery disease. <i>European Journal of Vascular and Endovascular Surgery</i> 47(3), 273-278	Population screening study in which patients undergoing coronary angiography were assessed for the presence of AAA. Authors stated that patients with known AAA or with a history of previous AAA surgery were intentionally included for screening.
13	Elkalioubie A, Haulon S, Duhamel A et al. (2015) Meta-Analysis of Abdominal Aortic Aneurysm in Patients With Coronary Artery Disease. <i>The American journal of cardiology</i> 116(9), 1451-6	Systematic review of prospective and retrospective observational studies. These study designs were not specified in the review protocol.
14	Fernandez-Garcia C E, Burillo E, Lindholt J S, Martinez-Lopez D, Pilely K, Mazzeo C, Michel J B, Egido J, Garred P, Blanco-Colio L M, and Martin-Ventura J L (2017) Association of ficolin-3 with abdominal aortic aneurysm presence and progression. <i>Journal of thrombosis and haemostasis : JTH</i> 15(3), 575-585	Out of scope: study assesses the use of a genetic biomarker for indicating the presence/absence of AAA
15	Fink H A, Lederle F A, Roth C S et al. (2000) The accuracy of physical examination to detect abdominal aortic aneurysm. <i>Archives of Internal Medicine</i> 160(6), 833-836	Wrong study design: case-control. Additionally, investigators did not assess which risk factors were associated with the presence of aneurysms. Finally, the sample size was less than 500 participants.
16	Forsdahl SH, Singh K, Solberg S et al. (2009) Risk factors for abdominal aortic aneurysms: a 7-year prospective study: the Tromso Study, 1994-2001. <i>Circulation</i> 119(16), 2202-8	Wrong study design: cohort study
17	Flessenkaemper I H, Loddenkemper R, Roll S, et al. (2015) Screening of COPD patients for abdominal aortic aneurysm. <i>International Journal of COPD</i> 10, 1085-1091	Multivariate analysis was not performed.
18	Goessens B, Visseren FL, Algra A, et al. (2006) Screening for asymptomatic cardiovascular disease with noninvasive imaging in patients at high-risk and low-risk according to the European Guidelines on Cardiovascular Disease Prevention: the SMART study. <i>Journal of vascular surgery</i> 43(3), 525-32	Multivariate analysis was not performed: the prevalence of atherosclerotic risk factors were reported as percentages.

No.	Study	Reason for exclusion
19	Golledge J, Mallat Z, Tedgui A et al. (2011) Serum secreted phospholipase A2 is associated with abdominal aortic aneurysm presence but not progression. <i>Atherosclerosis</i> 216(2), 458-60	Wrong study design: case control. Men with AAA were identified and their serum secretory phospholipase A levels were compared with those of randomly selected healthy controls.
20	Golledge J, Clancy P, Yeap BB, et al. (2013) Increased serum angiopoietin-2 is associated with abdominal aortic aneurysm prevalence and cardiovascular mortality in older men. <i>International journal of cardiology</i> 167(4), 1159-63	Wrong study design: case control. Men with AAA were identified and their serum angiopoietin-2 levels were compared with those of randomly selected healthy controls.
21	Hafez H, Druce P S, and Ashton H A (2008) Abdominal Aortic Aneurysm Development in Men Following a "normal" Aortic Ultrasound Scan. <i>European Journal of Vascular and Endovascular Surgery</i> 36(5), 553-558	Multivariate analysis/regression was not performed.
22	Harrison Seamus C, Holmes Michael V, Burgess Stephen, Asselbergs Folkert W, Jones Gregory T, Baas Annette F, van 't Hof, F N, de Bakker , Paul I W, Blankensteijn Jan D, Powell Janet T, Saratzis Athanasios, de Borst , Gert J, Swerdlow Daniel I, van der Graaf , Yolanda , van Rij , Andre M, Carey David J, Elmore James R, Tromp Gerard, Kuivaniemi Helena, Sayers Robert D, Samani Nilesh J, Bown Matthew J, and Humphries Steve E (2017) Genetic Association of Lipids and Lipid Drug Targets With Abdominal Aortic Aneurysm: A Meta-analysis. <i>JAMA cardiology</i>	Out of scope: Genome wide association study assessing the use of a genetic biomarker for indicating the presence/absence of AAA
23	Henriksen N A, Sorensen L T, Jorgensen L N, and Lindholt J S (2013) Lack of association between inguinal hernia and abdominal aortic aneurysm in a population-based male cohort. <i>The British journal of surgery</i> 100(11), 1478-82	Wrong study design: case-control
24	Hernesniemi JA, Vanni V, and Hakala T (2015) The prevalence of abdominal aortic aneurysm is consistently high among patients with coronary artery disease. <i>Journal of vascular surgery</i> 62(1), 232-240.e3	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.
25	Jahangir E, Lipworth L, Edwards T L, Kabagambe E K, Mumma M T, Mensah G A, Fazio S, Blot W J, and Sampson U K (2015) Smoking, sex, risk factors and abdominal aortic aneurysms: a prospective study of 18 782 persons aged above 65 years in the Southern Community Cohort Study. <i>Journal of epidemiology and community health</i> 69(5), 481-488	Wrong study design: cohort study
26	Iribarren C, Darbinian J A, Go A S, et al. (2007) Traditional and novel risk factors for clinically diagnosed abdominal aortic aneurysm: the Kaiser multiphasic health	Wrong study design: cohort study

No.	Study	Reason for exclusion
	checkup cohort study. <i>Annals of epidemiology</i> 17(9), 669-78	
27	Joergensen T M. M, Houlind K, Green A, and Lindholt J S (2014) Abdominal aortic diameter is increased in males with a family history of abdominal aortic aneurysms: Results from the Danish viva-trial. <i>European Journal of Vascular and Endovascular Surgery</i> 48(6), 669-675	Multivariate analysis was not performed association between risk factors and AAA diagnosis. Instead univariate was performed to assess associations. Linear regression was performed estimate the mean aneurysm diameters in various subgroups of people.
28	Lederle F A, and Simel D L (1999) Does this patient have abdominal aortic aneurysm?. <i>Journal of the American Medical Association</i> 281(1), 77-82	Systematic review assessing the sensitivity, negative predictive value and positive predictive value of abdominal palpation for detecting abdominal aortic aneurysms. None of the included studies had sample sizes of 500 participants or larger.
29	Lederle F A, Johnson G R, Wilson S E, Aneurysm Detection, Management Veterans Affairs Cooperative, and Study (2001) Abdominal aortic aneurysm in women. <i>Journal of vascular surgery</i> 34(1), 122-6	Multivariate analysis/regression was not performed: The number of AAAs in women was not large enough to generate valid multivariate models for AAAs in women with all variables included in the questionnaire.
30	Lederle F A, Nelson D B, and Joseph A M (2003) Smokers' relative risk for aortic aneurysm compared with other smoking-related diseases: a systematic review. <i>Journal of vascular surgery</i> 38(2), 329-34	Not specific to AAA.
31	Lederle F A, Larson J C, Margolis K L, et al. J D (2008) Abdominal aortic aneurysm events in the women's health initiative: Cohort study. <i>BMJ</i> 337(7677), 1037-1040	Wrong study design: cohort study
32	Iede A J, Fowkes F G. R, Carson M N, Leng G C, and Allan P L (1997) Smoking, atherosclerosis and risk of abdominal aortic aneurysm. <i>European Heart Journal</i> 18(4), 671-676	Wrong study design: nested case-control.
33	Lindblad B, Borner G, and Gottsater A (2005) Factors associated with development of large abdominal aortic aneurysm in middle-aged men. <i>European Journal of Vascular and Endovascular Surgery</i> 30(4), 346-352	Wrong study design: nested case-control.
34	Long A, Bui H T, Barbe C, et al. (2010) Prevalence of abdominal aortic aneurysm and large infrarenal aorta in patients with acute coronary syndrome and proven coronary stenosis: a prospective monocenter study. <i>Annals of vascular surgery</i> 24(5), 602-8	Sample size of less than 500 participants.
35	Majeed K, Hamer A W, White S C, et al. (2015) Prevalence of abdominal aortic aneurysm in patients referred for transthoracic echocardiography. <i>Internal medicine journal</i> 45(1), 32-9	Investigators included patients with known AAA for screening. Additionally, risk factors (echocardiographic parameters) assessed in this study are not listed in the review protocol.
36	Mattes E, Davis T M. E, Yang D, et al. (1997) Prevalence of abdominal aortic aneurysms in	Sample size of less than 500 participants.

No.	Study	Reason for exclusion
	men with diabetes. Medical Journal of Australia 166(12), 630-633	
37	Moxon J V, Jones R E, Norman P E, et al. (2016) Plasma ferritin concentrations are not associated with abdominal aortic aneurysm diagnosis, size or growth. Atherosclerosis 251, 19-24	The risk factor (body iron levels) assessed in this study is not listed in the review protocol.
38	Ogata T, MacKean G L, Cole C W, et al. (2005) The lifetime prevalence of abdominal aortic aneurysms among siblings of aneurysm patients is eightfold higher than among siblings of spouses: an analysis of 187 aneurysm families in Nova Scotia, Canada. Journal of vascular surgery 42(5), 891-7	Sample size of less than 500 participants. Furthermore, multivariate analysis/regression was not performed.
39	Robson J C, Kiran A, Maskell J, et al. (2013) The relative risk of aortic aneurysm in patients with giant cell arteritis compared with the general population of the UK. Annals of the Rheumatic Diseases , no pagination	Wrong study design: cohort study
40	Rodin M B, Daviglius M L, Wong G C, et al. (2003) Middle age cardiovascular risk factors and abdominal aortic aneurysm in older age. Hypertension (Dallas, and Tex. : 1979) 42(1), 61-8	Wrong study design: cohort study
41	Ruff A L, Teng K, Hu B, et al. (2015) Screening for abdominal aortic aneurysms in outpatient primary care clinics. The American journal of medicine 128(3), 283-8	Study did not assess risk factors associated with AAA. Instead, investigators assessed risk factors associated with the decisions to perform ultrasound or computed-tomography imaging.
42	Sakalihasan N, Defraigne J, Kerstenne MA, et al. (2014) Family members of patients with abdominal aortic aneurysms are at increased risk for aneurysms: analysis of 618 probands and their families from the Liege AAA Family Study. Annals of vascular surgery 28(4), 787-97	The study employed multiple methodological designs. Initially, a case-control design was employed to establish whether people diagnosed with AAA had a family history of AAA. A cross-sectional design was then used to explore the prevalence of aneurysms in family members (n<500) of people diagnosed with AAA. Finally, multivariate analysis was not performed.
43	Shantikumar S, Ajjan R, Porter K E, et al. (2010) Diabetes and the Abdominal Aortic Aneurysm. European Journal of Vascular and Endovascular Surgery 39(2), 200-207	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.
44	Sidloff D A, Stather P W, Choke E, et al. (2014) A systematic review and meta-analysis of the association between markers of hemostasis and abdominal aortic aneurysm presence and size. Journal of vascular surgery 59(2), 528-535.e4	Systematic review of case-controls
45	Solberg S, Forsdahl S H, Singh K et al. (2010) Diameter of the infrarenal aorta as a risk factor for abdominal aortic aneurysm: the Tromso Study, 1994-2001. European journal	Wrong study design: cohort study

No.	Study	Reason for exclusion
	of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery 39(3), 280-4	
46	Stackelberg O, Bjorck M, Sadr-Azodi O, et al. (2013) Obesity and abdominal aortic aneurysm. The British journal of surgery 100(3), 360-6	Wrong study design: cohort study
47	Stackelberg O, Bjorck M, Larsson S C, Orsini N, and Wolk A (2014) Sex differences in the association between smoking and abdominal aortic aneurysm. The British journal of surgery 101(10), 1230-7	Wrong study design: cohort study
48	Stackelberg O, Bjorck M, Larsson S C, et al. (2013) Fruit and vegetable consumption with risk of abdominal aortic aneurysm. Circulation 128(8), 795-802	Wrong study design: cohort study
49	Stackelberg Otto, Wolk Alicja, Eliasson Ken, Hellberg Anders, Bersztel Adam, Larsson Susanna C, Orsini Nicola, Wanhainen Anders, and Bjorck Martin (2017) Lifestyle and Risk of Screening-Detected Abdominal Aortic Aneurysm in Men. Journal of the American Heart Association 6(5),	Wrong study design: cohort study
50	Svensjo S, Bjorck M, Gurtelschmid M et al. (2011) Low prevalence of abdominal aortic aneurysm among 65-year-old Swedish men indicates a change in the epidemiology of the disease. Circulation 124(10), 1118-23	Population screening study in which people identified from a national registry were screened for AAAs. Authors stated that people with previously known AAA or a history of AAA surgery were included in the analysis.
51	Svensjo S, Bjorck M, and Wanhainen A (2014) Editor's choice: five-year outcomes in men screened for abdominal aortic aneurysm at 65 years of age: a population-based cohort study. European journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery 47(1), 37-44	Wrong study design: cohort study
52	Takagi H, Umemoto T, and Group Alice (2015) A meta-analysis of circulating homocysteine levels in subjects with versus without abdominal aortic aneurysm. International angiology : a journal of the International Union of Angiology 34(3), 229-37	Systematic review of case-controls.
53	Takagi H, and Umemoto T (2015) A meta-analysis of the association of obesity with abdominal aortic aneurysm presence. International Angiology 34(4), 383-391	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.
54	Takagi H, and Umemoto T (2015) A meta-analysis of the association of primary abdominal wall hernia with abdominal aortic	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort

No.	Study	Reason for exclusion
	aneurysm. <i>International angiology : a journal of the International Union of Angiology</i> 34(3), 219-28	studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.
55	Takagi H, and Umemoto T (2015) A contemporary meta-analysis of the association of diabetes with abdominal aortic aneurysm. <i>International Angiology</i> 34(4), 375-382	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.
56	Takeuchi Hidemi, Okuyama Michihiro, Uchida Haruhito A, Kakio Yuki, Umebayashi Ryoko, Okuyama Yuka, Fujii Yasuhiro, Ozawa Susumu, Yoshida Masashi, Oshima Yu, Sano Shunji, and Wada Jun (2016) Chronic Kidney Disease Is Positively and Diabetes Mellitus Is Negatively Associated with Abdominal Aortic Aneurysm. <i>PloS one</i> 11(10), e0164015	Wrong study design: retrospective case-control
57	Thompson A R, Golledge J, Cooper J A, et al. (2009) Sequence variant on 9p21 is associated with the presence of abdominal aortic aneurysm disease but does not have an impact on aneurysmal expansion. <i>European Journal of Human Genetics</i> 17(3), 391-394	Wrong study design: case-control
58	Tornwall M E, Virtamo J, Haukka J K, et al. (2001) Life-style factors and risk for abdominal aortic aneurysm in a cohort of Finnish male smokers. <i>Epidemiology</i> 12(1), 94-100	Wrong study design: cohort study
59	Ulug P, Powell J T, Sweeting M J, Bown M J, Thompson S G, and Group Swan Collaborative (2016) Meta-analysis of the current prevalence of screen-detected abdominal aortic aneurysm in women. <i>The British journal of surgery</i> 103(9), 1097-104	Conference abstract
60	van Laarhoven C J, Borstlap A C, van Berge Henegouwen, D P, et al. (1993) Chronic obstructive pulmonary disease and abdominal aortic aneurysms. <i>European journal of vascular surgery</i> 7(4), 386-90	Sample size less than 500 participants
61	van de Luijngaarden , Koen M, Rouwet Ellen V, Hoeks Sanne E, Stolker Robert J, Verhagen Hence Jm, and Majoor-Krakauer Danielle (2017) Risk of abdominal aortic aneurysm (AAA) among male and female relatives of AAA patients. <i>Vascular medicine (London, and England)</i> 22(2), 112-118	Study employed multiple study designs. First a case-control study design was used to assess risk factors of people with confirmed AAA. Subsequently, first degree relatives of people with AAA were asked how many relatives they had with AAA.
62	Van Vlijmen-Van Keulen, C J, Pals G, et al. (2002) Familial abdominal aortic aneurysm: A systematic review of a genetic background. <i>European Journal of Vascular and Endovascular Surgery</i> 24(2), 105-116	Systematic review including studies which employed various study designs (including case-controls, screening studies and cohort studies). Individual studies were assessed to determine if they met inclusion criteria for this review question.

No.	Study	Reason for exclusion
63	Wang Lu, Djousse Luc, Song Yiqing, Akinkuolie Akintunde O, Matsumoto Chisa, Manson JoAnn E, Gaziano J Michael, and Sesso Howard D (2017) Associations of Diabetes and Obesity with Risk of Abdominal Aortic Aneurysm in Men. <i>Journal of obesity</i> 2017, 3521649	Wrong study design: cohort study in which participants were not screened. Instead investigators ascertained the presence or absence of AAA by asking patients to complete a self-reported questionnaire.
64	Wang Yunpeng, Shen Guanghui, Wang Haiyang, Yao Ye, Sun Qingfeng, Jing Bao, Liu Gaoyan, Wu Jia, Yuan Chao, Liu Siqi, Liu Xinyu, Li Shiyong, and Li Haocheng (2017) Association of high sensitivity C-reactive protein and abdominal aortic aneurysm: a meta-analysis and systematic review. <i>Current medical research and opinion</i> 33(12), 2145-2152	Systematic review of case-control studies
65	Wilmink Antonius B. M, Vardulaki Katerina A, Hubbard Catherine S. F, et al. Scott Alan P, and Quick Clive R. G (2002) Are antihypertensive drugs associated with abdominal aortic aneurysms?. <i>Journal of vascular surgery</i> 36(4), 751-7	Wrong study design: nested case-control
66	Wong DR, Willett WC, and Rimm Eric B (2007) Smoking, hypertension, alcohol consumption, and risk of abdominal aortic aneurysm in men. <i>American journal of epidemiology</i> 165(7), 838-45	Wrong study design: cohort study
67	Wong YYE, Flicker L, Yeap BB, McCaul KA, (2013) Is hypovitaminosis D associated with abdominal aortic aneurysm, and is there a dose-response relationship?. <i>European journal of vascular and endovascular surgery : the official journal of the European Society for Vascular Surgery</i> 45(6), 657-64	Sample size less than 500 participants. Additionally, the risk factor (vitamin D levels) assessed in this study is not listed in the review protocol.
68	Xiong Jiang, Wu Zhongyin, Chen Chen, Wei Yingqi, and Guo Wei (2016) Association between diabetes and prevalence and growth rate of abdominal aortic aneurysms: A meta-analysis. <i>International journal of cardiology</i> 221, 484-95	Systematic review which included studies that employed multiple study designs. Individual studies were assessed to establish if they met criteria for inclusion in this NICE review.
69	Zarrouk M, Keshavarz K, Lindblad B, et al. (2013) APC-PCI complex levels for screening of AAA in patients with peripheral atherosclerosis. <i>Journal of thrombosis and thrombolysis</i> 36(4), 495-500	Multivariate or Cox regression was not performed. Instead, investigators performed linear regression to assess the relationship between activated protein C (APC) - protein C inhibitor (PCI) complex levels and aortic diameter

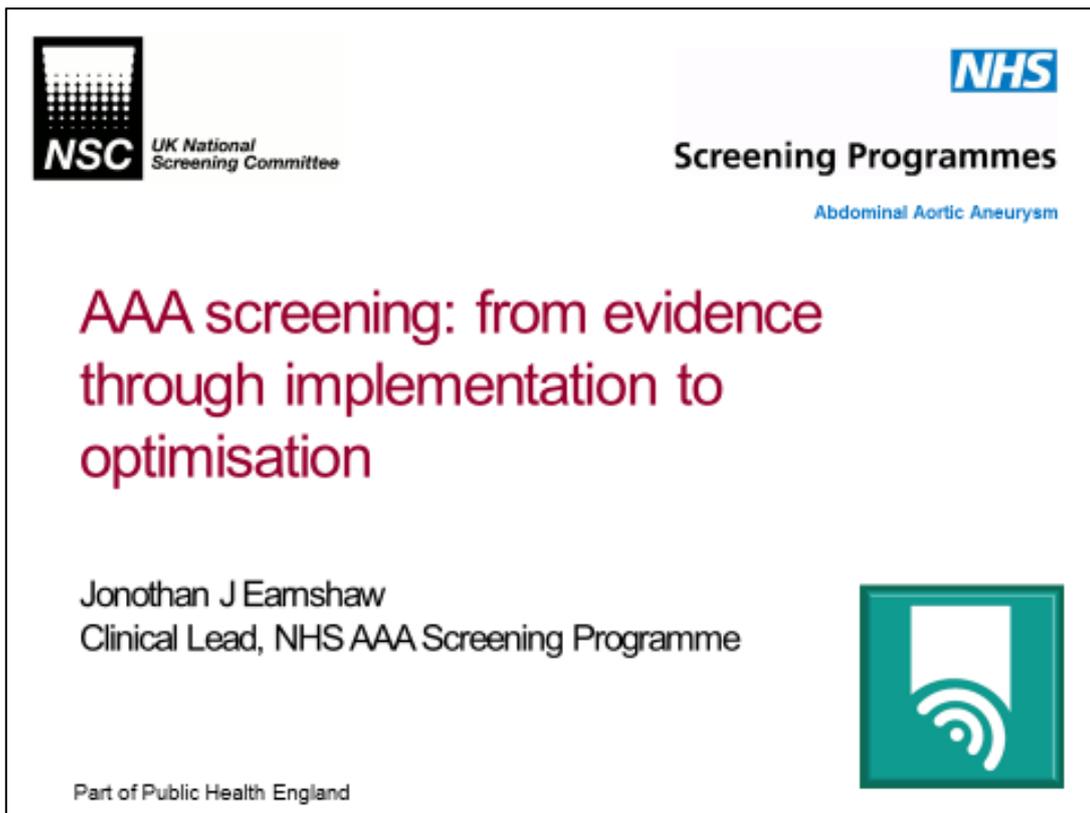
Economic studies

- 2 No full text papers were retrieved. All studies were excluded at review of titles and
 3 abstracts.

1 **Appendix H – Expert testimony from National Abdominal**
2 **Aortic Aneurysm Screening Programme**

3 The Clinical Lead of the UK NHS AAA screening programme provided expert testimony to
4 the committee in the form of a presentation. The presentation covered developments since
5 the inception of the screening programme, advantages and disadvantages of screening,
6 challenges faced, and plans for the future. The presentation slides can be found below:

7



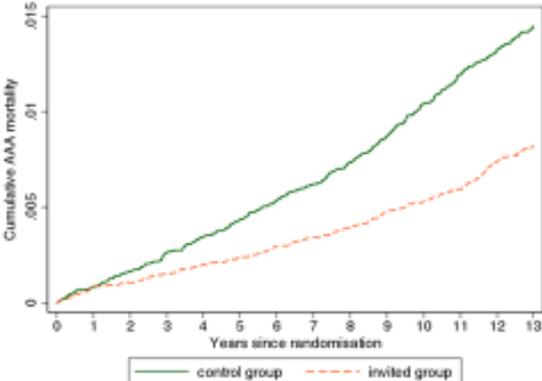
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NHS
Screening Programmes

Abdominal aortic aneurysm

Still a major killer in elderly people
4000 deaths in England in 2007
Ultrasound screening 65 year old men reduces AAA-fatality rate by almost 50% after 10 years (**MASS Trial**)



The graph plots cumulative AAA mortality on the y-axis (ranging from 0 to 0.015) against years since randomisation on the x-axis (ranging from 0 to 13). Two lines are shown: a solid green line for the control group and a dashed red line for the invited group. Both lines start at (0,0). The control group line rises more steeply, reaching approximately 0.014 at 13 years. The invited group line rises more gradually, reaching approximately 0.008 at 13 years. A legend at the bottom identifies the lines: a solid green line for 'control group' and a dashed red line for 'invited group'.

MASS

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NHS
Screening Programmes

Meta-analysis of RCTs out to 10 years

Takagi et al. Angiology 2017

- Invitation to screening **reduced** AAA-related mortality: hazard ratio 0.66, 0.47 to 0.93
- Invitation to screening **reduced** all cause mortality: 0.98, 0.097 to 0.99
- Attendance at screening **reduced** AAA-related mortality: 0.4, 0.31 to 0.51
- Attendance at screening **reduced** all cause mortality: 0.6, 0.47 to 0.75
- Non attendance **did not increase** AAA-related mortality: 1.19, 0.82 to 1.72
- Non attendance **increased** all cause mortality: 1.41, 1.23 to 1.63

3

Gloucestershire Aneurysm Screening Programme

NHS
Screening Programmes

Vascular Surgical Society

A single normal ultrasonographic scan at age 65 years rules out significant aneurysm disease for life in men

P. Crow, E. Shaw, J. J. Earnshaw, K. R. Paskitt*, M. R. Whyman* and R. P. Heather
Gloucestershire Royal Hospital, Gloucester and *Cheltenham General Hospital, Cheltenham, UK
Correspondence to: Mr R. P. Heather, Gloucester Vascular Group, Gloucestershire Royal Hospital, Great Western Road, Gloucester GL1 2NS, UK
(e-mail: rph99@btinternet.com)

Background: Screening for abdominal aortic aneurysm (AAA) has been carried out in Gloucestershire since 1996. All men in the county are offered aortic ultrasonography in their 65th year. Men with an aortic diameter of less than 28 mm are considered 'normal' and no follow-up is arranged. The aim of this study was to ascertain if men with 'normal' aortic diameters at age 65 years ever develop a clinically significant aneurysm.

Methods: A cohort study was performed on 223 65-year-old men who had an aorta of less than 28 mm in diameter in 1996. These men had repeat ultrasonography in 1991 and 2006. The causes of death in men who died during this interval were investigated.

Results: Eighty men were lost to follow-up. As far as it was possible to ascertain, none of the 86 men who died over the 12-year interval did so from ruptured AAA. There was no clinically significant increase in mean aortic diameter in the remaining 129 men who had three serial ultrasonographic scans over the 12-year interval.

Conclusion: A single, 'normal' ultrasonogram scan at age 65 years effectively rules out the risk of clinically significant aneurysm disease for life in men.

1

Year	Normal (%)	Clinically Significant Aneurysm (%)
1991	15	85
1992	18	82
1993	20	80
1994	25	75
1995	30	70
1996	35	65
1997	40	60
1998	45	55
1999	50	50
2000	55	45
2001	60	40
2002	65	35
2003	70	30
2004	75	25
2005	80	20
2006	90	10

NHS AAA Screening Programme

NHS
Screening Programmes

Working party formed to advise NSC 2003

NSC recommended Programme to Department of Health 2007

Funding agreed 2008

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Screening Programmes

Implementation

2009 - 2013

41 Local Programmes

Population ~1 million men

Every man aged 65 in England on, or after 1st April 2013 has been invited for AAA screening

Local AAA Screening Programmes

- Bedfordshire, Luton & Milton Keynes
- Black Country (BC)
- Bristol, Bath & Weston
- Cambridgeshire, Peterborough & West Suffolk
- Central England (East-Eng)
- Central Yorkshire
- Cheshire & Merseyside
- Coventry & Warwickshire
- Cumbria & Lancashire
- Derbyshire
- Dorset and Wiltshire
- Essex
- Five Rivers
- Gloucestershire & Swindon
- Greater Manchester
- Hampshire
- Hereford and Worcester
- Hertfordshire
- Kent and Medway
- Leicestershire
- Lincolnshire
- Norfolk and Norwich
- North and East Yorkshire & North and North East Lincolnshire
- North Central London (NCL)
- North East London (NEL)
- North West London (NWL)
- Northamptonshire
- Nottinghamshire
- Peninsula
- Shropshire
- Somerset and North Devon
- South Devon and Exeter
- South East London (SEL)
- South West London (SWL) & East Surrey
- South Yorkshire & Rotherham
- Staffordshire and South Cheshire
- Staines
- Thames Valley
- The North East
- West Surrey & North Hampshire
- West Yorkshire



2



Screening Programmes

NHS AAA Screening Programme

Mobile screening team, portable ultrasound scanners

Trained screeners, quality assurance

Outcomes:

- <3cm reassured and discharged**
- 3-4.4 offered annual surveillance**
- 4.5-5.4cm offered 3-monthly surveillance**
- >5.4cm referred for intervention**

Bespoke IT (AAA SMaRT)



3



Headline results for England Screening Programmes August 2017

- 1,588, 036 men invited
- 1,254, 187 men screened (uptake 78.9%)
- Over 15,850 AAA (>3cm) detected
- Prevalence 1.26%
- Almost 13,000 men in surveillance
- Some 3653 men referred for surgery
- Over 2500 men treated (1.8% mortality)

@gov.uk

Blog
PHE screening

Hear all about it: AAA screening's successes and challenges

Read more

results available <https://www.gov.uk/topic/population-screening-programmes/abdominal-aortic-aneurysm>

1



A 4 nations approach



Abdominal Aortic Aneurysm (AAA) Screening – a four nations approach

Abdominal Aortic Aneurysm (AAA) screening for men in their 65th year has been available across the United Kingdom and Northern Ireland since April 2014. England, Wales, Scotland and Northern Ireland share the same aim: to reduce AAA-related mortality among men aged 65 and over.

The measure that abdominal aortic screening is a shared screening effort across all four nations.

Screening (AAA) is available from:

- Small AAA – 2 cm to 4.4 cm – added to surveillance programme
- Medium AAA – 4.5 cm to 5.4 cm – added to surveillance programme
- Large AAA – 5.5 cm and above – referred to the local vascular service

Working collaboratively, all four nations benefit from shared learning, best practice and innovation.

2014/15 was the first full year of screening where data are available across all four countries (below).

2014/15 Data	England	Wales	Scotland	Northern Ireland
Number of men invited for 65 th year of screening	244,243	18,732	12,252	9,581
Number of men who attended for 65 th year of screening	203,439	15,692	8,362	7,651
Uptake of initial screening	78.8%	83.1%	68.0%	80%
Surveillance uptake	91.0%	92.1%	76%	90%
AAA detection rate	2.7%	3%	3%	3%
AAA detection rate	1.2%	1.3%	2.4%	2.5%

* There are a number of deaths reported for 2014/15 of 156, 88 in Wales, 16 in Northern Ireland, 10 in Scotland and 10 in the four nations. For further information please contact national programme.






Self-referral

Men over 65 are not invited routinely (unless they themselves refer themselves) for screening by contacting their local programme. Men who self-refer and were subsequently screened are included in the table below.

2014/15 Data	England	Wales	Scotland	Northern Ireland
Number of men who self-refer and were screened	24,755	164	1,455	665
Prevalence rate	0.7%	1%	2.7%	2.6%

Key performance indicators

One of the most important elements of the screening programme is what happens when a man is detected with a large AAA. Programmes must adhere to requirements set out in the Vascular Society for Great Britain and Ireland (VSGBI) framework for improving the results of large AAA repair. Results against key standards are as follows:

2014/15 Data	England	Wales	Scotland	Northern Ireland
Number of men referred for treatment for large AAA	887	31	780 ¹	22
Timely referral to vascular specialist (within 4 weeks of referral) for men with AAA 5.5 cm	88.2%	88.2%	88%	88%
Timely referral to vascular specialist for men with AAA 5.5 cm who are fit for surgery and not awaiting 30-day mortality risk assessment	88.6%	88.2%	79%	88%
30-day mortality risk assessment	1.2%	0%	79%	0%

All four countries' screening programmes are committed to reducing health inequalities. Using available data to ensure equity of access and uptake is a fundamental part of the screening process. As the four nations report on AAA Screening, an analysis of data at this level is not included. This will, however, be included in future reports.

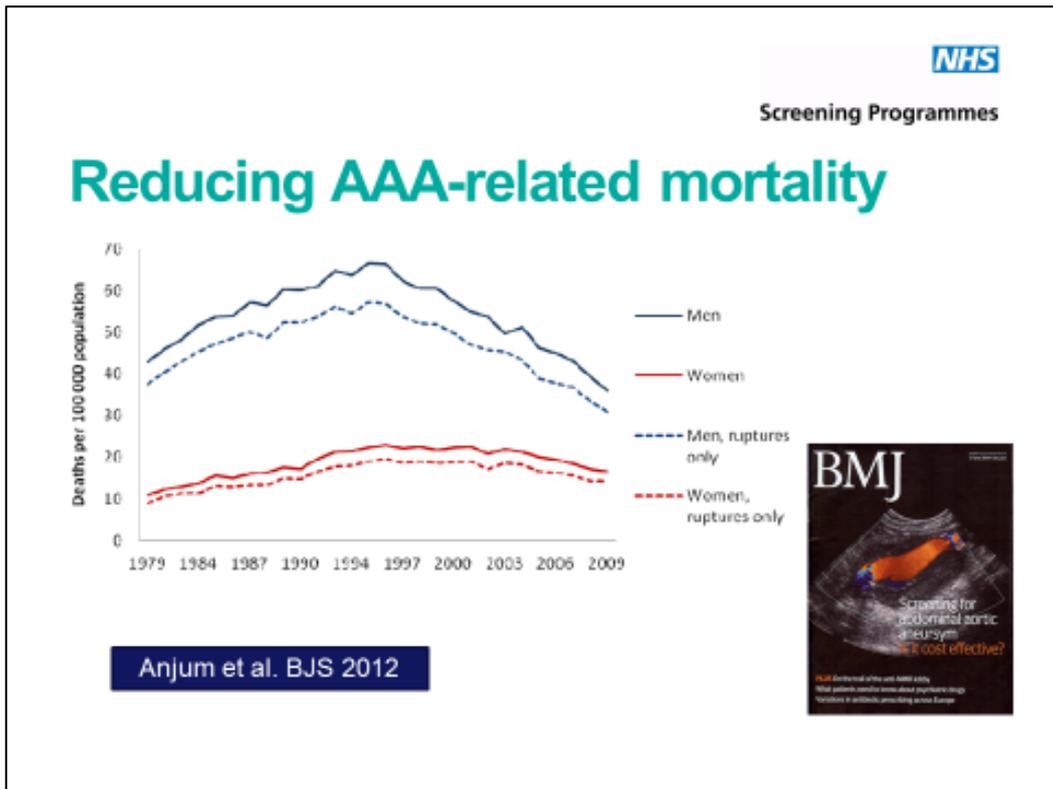
Further strategic partner

England: www.vascular.org.uk
 Wales: www.vascular.org.uk
 Scotland: www.vascular.org.uk
 Northern Ireland: www.vascular.org.uk

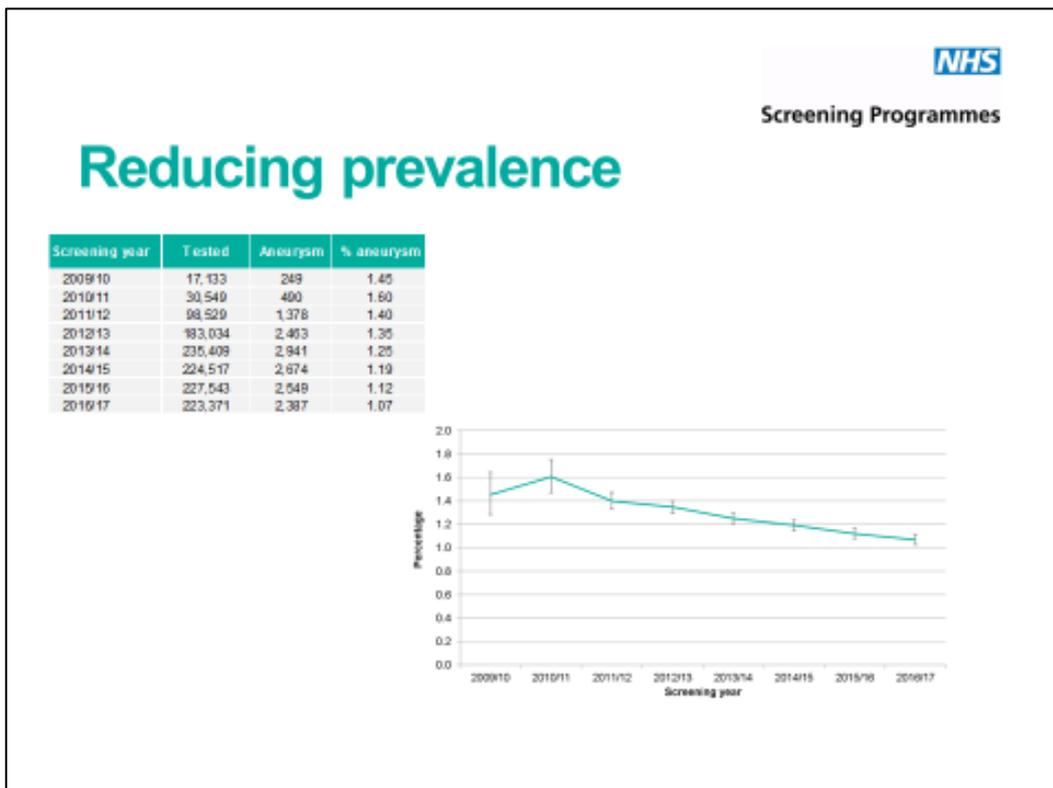





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NHS
 Screening Programmes

Cost effectiveness of AAA screening

Original article

Cost-effectiveness of the National Health Service abdominal aortic aneurysm screening programme in England

M. J. Glover¹, L. G. Kim¹, M. J. Sweeting¹, S. G. Thompson² and M. J. Brazier³

¹Health Economics Research Group, Brunel University, and ²Department of Medical Statistics, Faculty of Epidemiology and Population Health, London School of Hygiene and Tropical Medicine, London, and ³Department of Public Health and Primary Care, University of Cambridge, Cambridge, UK
 Correspondence to: Dr M. J. Glover, Health Economics Research Group, Brunel University, Uxbridge UB8 3PH, UK (j.glover@brunel.ac.uk)

Background: Implementation of the National Health Service abdominal aortic aneurysm (AAA) screening programme (NAAASP) for men aged 65 years began in England in 2009. An important element of the evidence base supporting its introduction was the economic modelling of the long-term cost-effectiveness of screening, which was based mainly on 4-year follow-up data from the Multicentre Aneurysm Screening Study (MASS) randomised trial. Concern has been expressed about whether this conclusion of cost-effectiveness still holds, given the early performance parameters, particularly the lower prevalence of AAA observed in NAAASP.

Methods: The existing published model was adjusted and updated to reflect the current best evidence.

1

BJS, 2015

AAA screening of 65
 year old men remains
 cost effective to a
 prevalence of 0.35%

NHS
 Screening Programmes

Death from AAA rupture in surveillance

	Number of men	Ruptures (N)	Follow-up (person-years)	Incidence rate per 100 person-years (95% CI)
Overall	12,788	16	23,818	0.07 (0.04, 0.11)
Last known aortic measurement				
Grouping 1				
<3.0cm	-	0	916	0 -
3.0-4.4cm	-	6	20,140	0.03 (0.01, 0.07)
4.5-5.4cm	-	10	2,766	0.36 (0.19, 0.67)
5.5cm+	-	0	3	0 -
Grouping 2				
3.0-4.9cm	-	10	21,774	0.05 (0.02, 0.09)
5.0-5.4cm	-	6	1,132	0.53 (0.24, 1.18)
5.5cm+	-	0	3	0 -

Risk of death from AAA rupture in 11,133 men in surveillance in NAAASP

Other benefits: remodelling of vascular services in England



Networking – several smaller hospitals collaborating with a single intervention centre

Preimplementation quality assurance

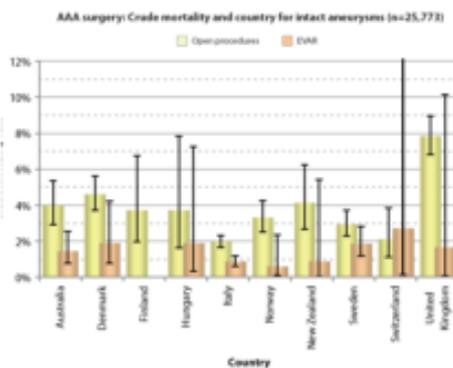


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Screening Programmes

Effect of vascular remodelling

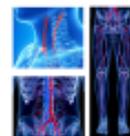


Vascunet report 2008
 Elective AAA mortality 7.4%



NATIONAL VASCULAR REGISTRY

2006 Annual Report



NVR 2016
 Elective AAA mortality
 Open (n=1316) 3%
 EVAR (n=2882) 0.4%

2


Screening Programmes

Other benefits: secondary prevention in men in surveillance

Improved 5-year survival in patients with AAA with regular prescription for aspirin, statins and antihypertensive drugs

Original article

Cardiovascular risk prevention and all-cause mortality in primary care patients with an abdominal aortic aneurysm

S. S. Babu^{1,2}, A. Vidal-Diers^{1,2}, S. R. K. Senkanal¹, I. Slijepcevic^{1,2}, J. E. Rosendorff^{1,2}, R. O. Patterson^{1,2}, K. R. Bey¹, R. J. Hobbs^{1,2}, H. H. Thompson^{1,2} and A. Kambhampati^{1,2}

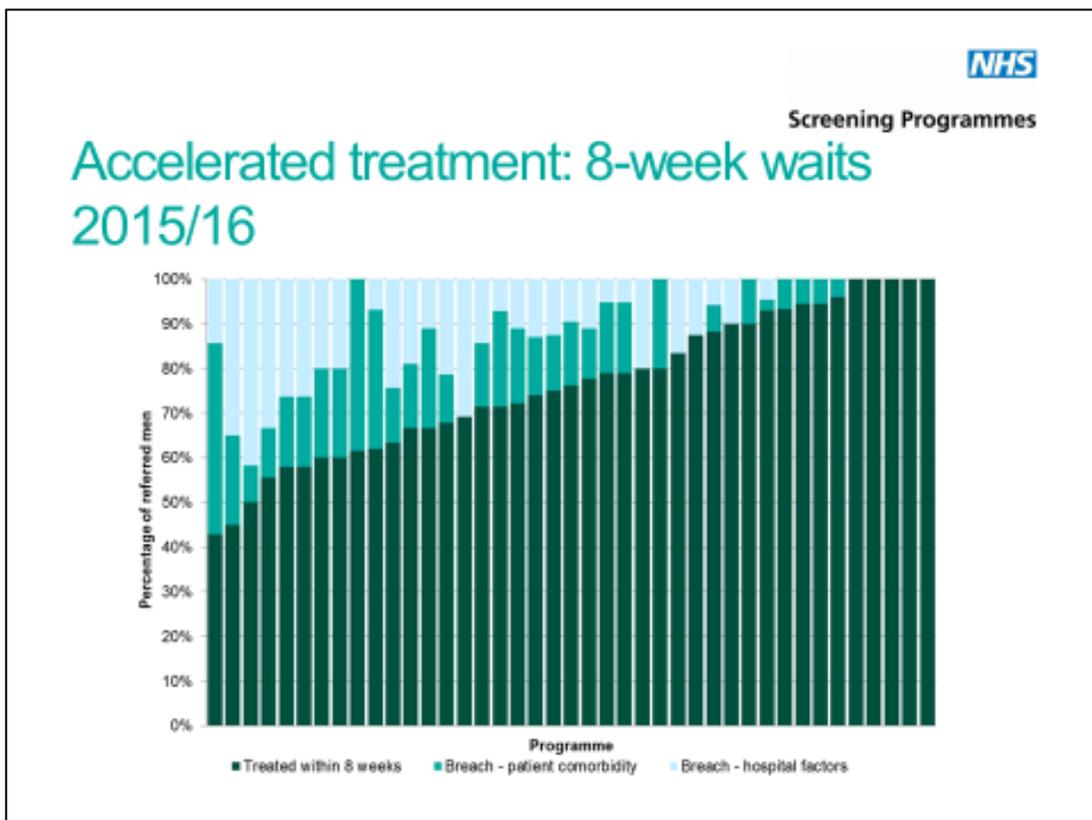
¹St George's Vascular Institute and ²Cardiovascular and Cell Science Institute, St George's University of London, and ³Department of Primary Care and Public Health, School of Public Health, Imperial College London, London, and ⁴Department of Mathematical Science, University of Southampton, Southampton, UK
Correspondence to: Dr S. S. Babu, St George's Vascular Institute, St George's University of London, Cranmer Terrace, London SE17 1BE, UK
s.babu@stgeorges.nhs.uk

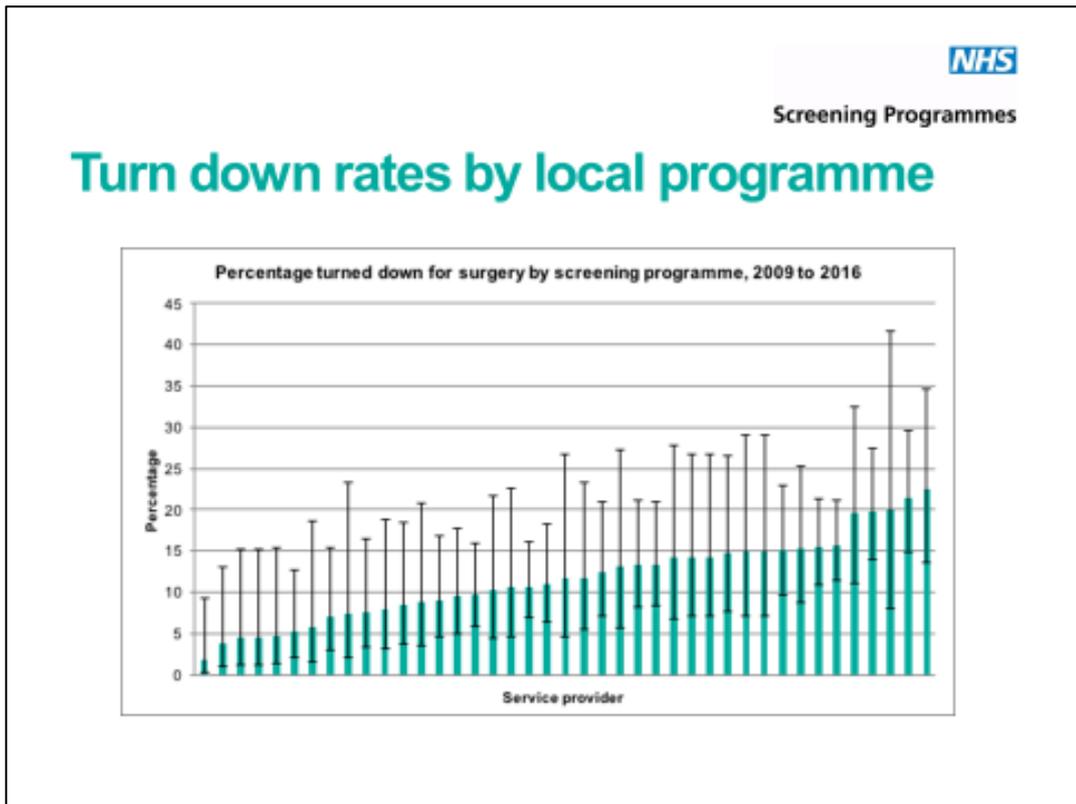
Background: Postoperative mortality is low for patients undergoing abdominal aortic aneurysm (AAA) repair, but long-term survival remains poor. Although patients diagnosed with AAA have a significant burden of cardiovascular disease and associated risk factors, there is limited understanding of the contribution of cardiovascular risk management to long-term survival.

Methods: General practice records within The Health Improvement Network (THIN) were examined. Patients with a diagnosis of AAA and at least 1 year of register of medical history were identified from 2000 to 2011. Medical therapies for cardiovascular risk were classified as antihypertensives, statins or antiplatelet agents. Progression to death was investigated using the 4+compensation formula with time-dependent covariates to account for differences in exposure to cardiovascular risk modification treatments and the

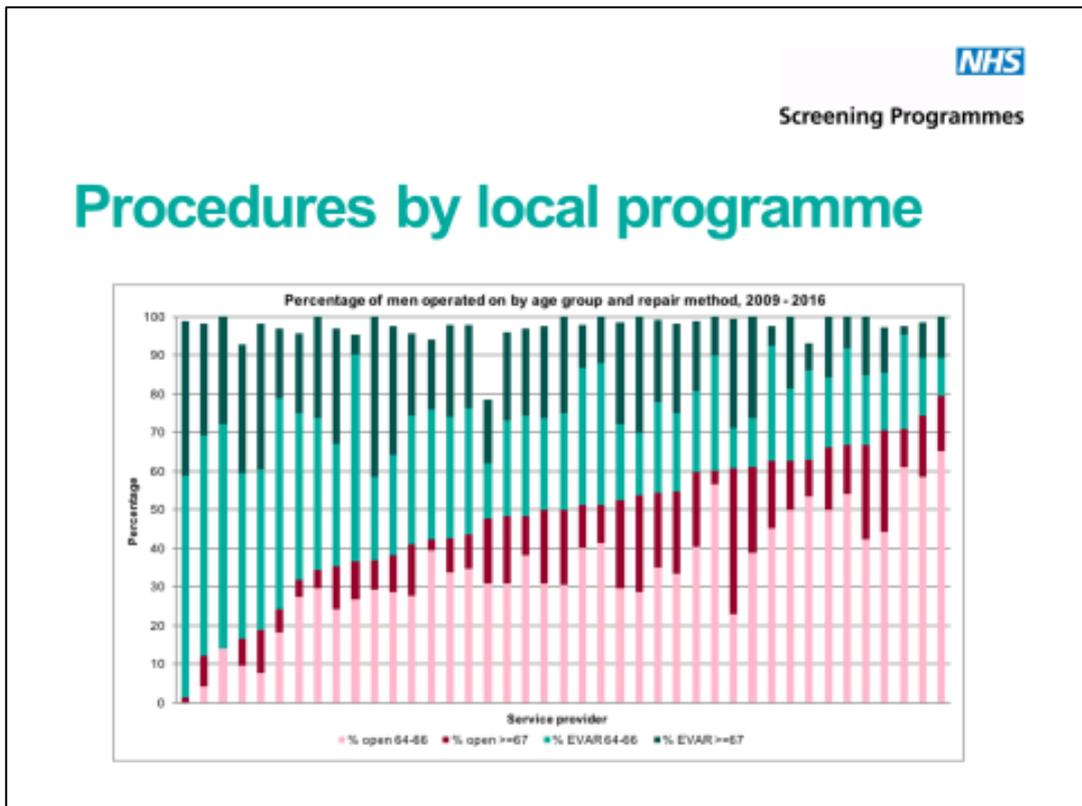
BJS 2016; 103: 1626

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Other benefits: research

- AAA growth rates
- Optimal management of men in surveillance
- Referral thresholds
- Epidemiology of AAA

1

Disbenefits of AAA screening

- Every 10,000th man invited will die after elective AAA repair, who would not have suffered a ruptured AAA.
- Men with small and medium AAA are inconvenienced and medicalised
- Non fatal consequences of AAA treatment
- Men who do not attend are high risk
- Screening does not abolish rupture



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3

Screening Programmes
Abdominal Aortic Aneurysm

**After implementation completed –
whole programme review 2015**



Part of Public Health England

1



Screening Programmes

Programme optimisation

- Reduce surveillance intervals
- Improve uptake
- ?introduce surveillance for men with subaneurysmal aorta

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Screening Programmes

Surveillance intervals (RESCAN Collaborators), JAMA, 2013

Maintaining risk of rupture less than 1%,
the following surveillance intervals
are acceptable:

3-4cm	– several years
4-4.9cm	– annual
5-5.4cm	– six months

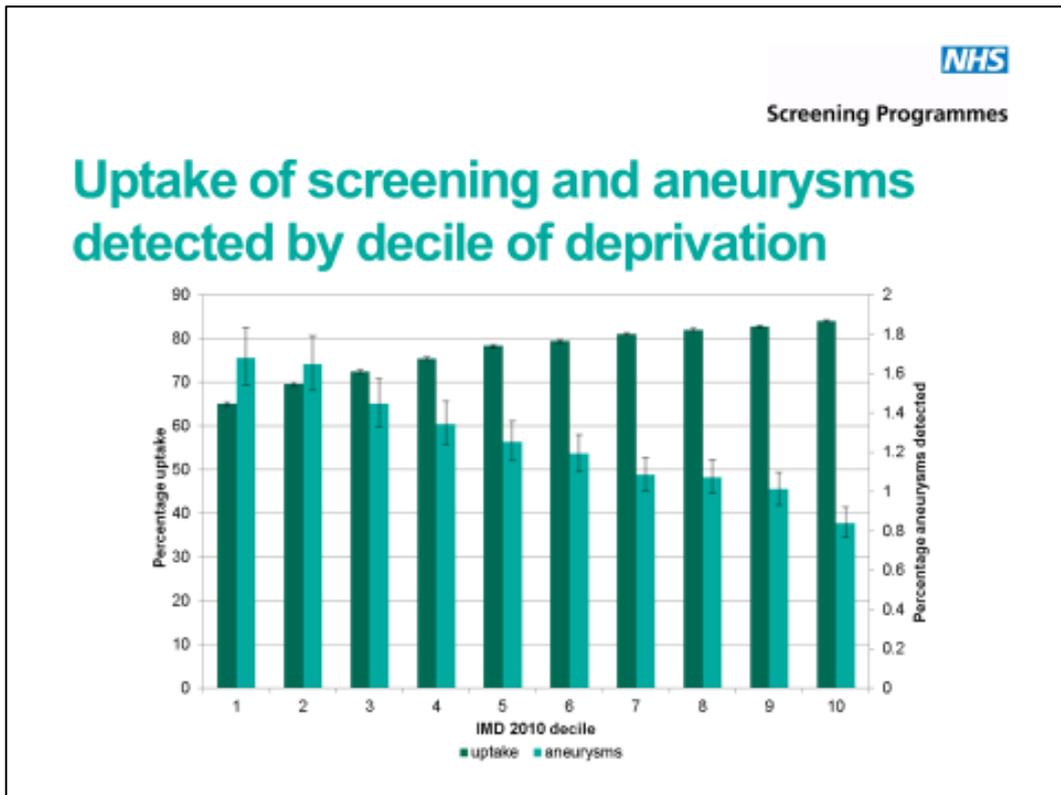


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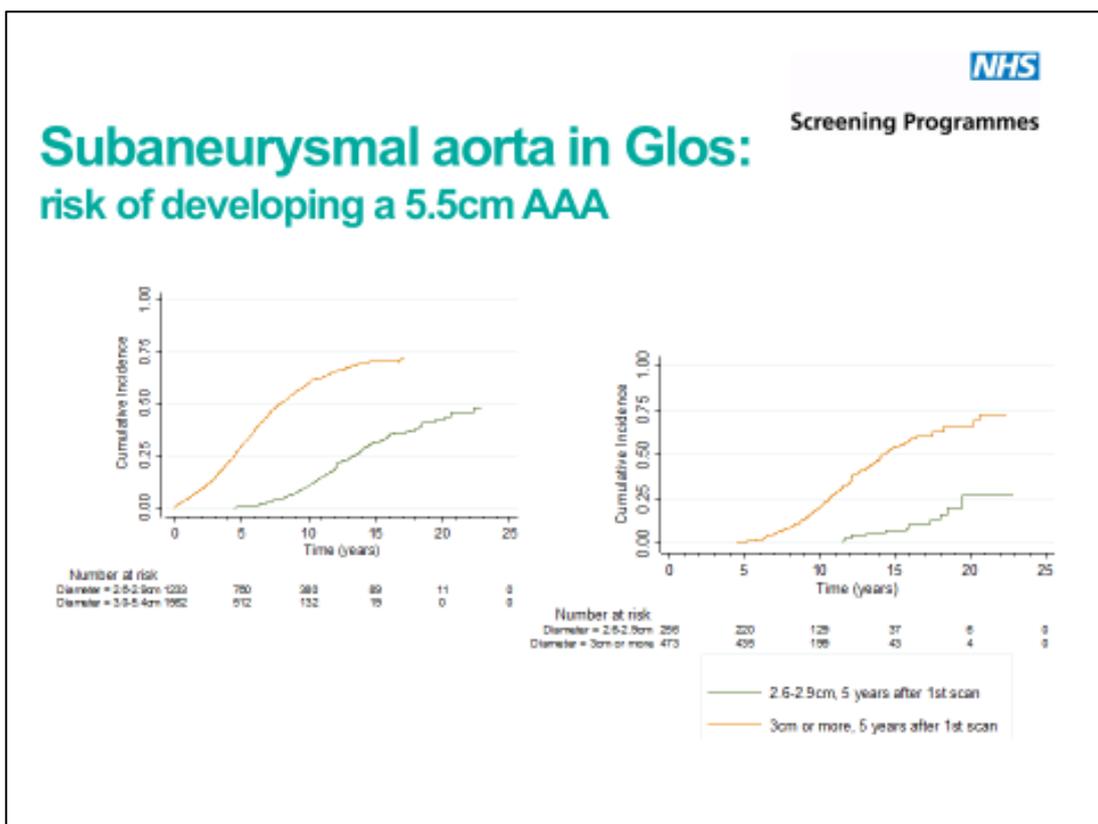
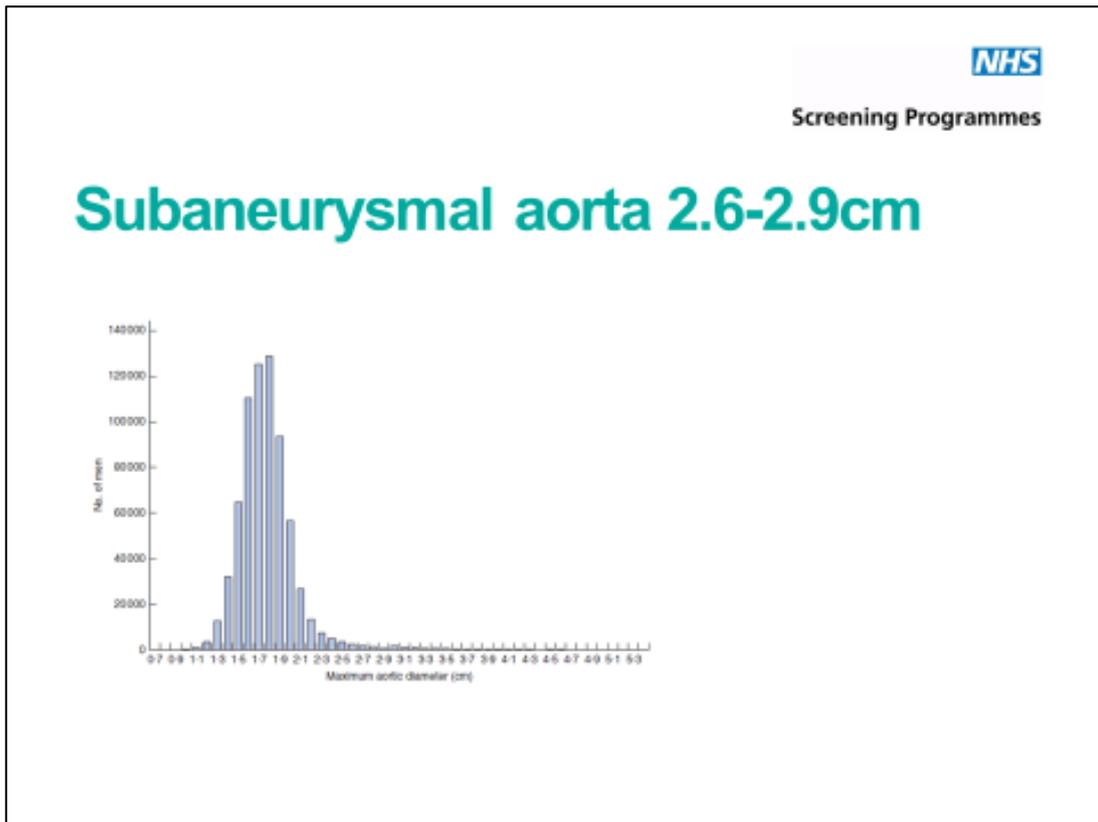

Screening Programmes

Surveillance intervals: proposal

- Change 3 to 4.4cm from annual to biennial (saves 10,000 scans/annum)
- Leave 4.5 to 5.4cm at 3 months, until more data on safety
- Discuss with IT suppliers, and Advisory Board
- **Final decision after NICE guidelines approved (2018)**



- NHS**
Screening Programmes
- ## Equality, fairness and inclusion programme: proposal
- Annual local programme reports
 - Toolkit for local programmes
 - Local learning to update toolkit
 - **Aim to improve uptake by 10%**
- 2
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Screening Programmes

Subaneurysmal aorta (2.6-2.9cm) at age 65 years

66% reach 3cm by age 70
10% reach 5.5cm after 10 years
25% reach 5.5cm after 15 years

Number who rupture?
Number who reach 5.5cm that have treatment?
Number that survive treatment?

2


Screening Programmes

Subaneurysmal aorta (2.6-2.9cm) at age 65 years

66% reach 3cm by age 70
10% reach 5.5cm after 10 years
25% reach 5.5cm after 15 years

Canadian rapid review
2016:
not enough evidence to
recommend surveillance
for men age 65 with a
subaneurysmal aorta

Number who rupture?
Number who reach 5.5cm that have treatment?
Number that survive treatment?

Subaneurysmal aorta: proposal endorsed by NSC 23.6.17

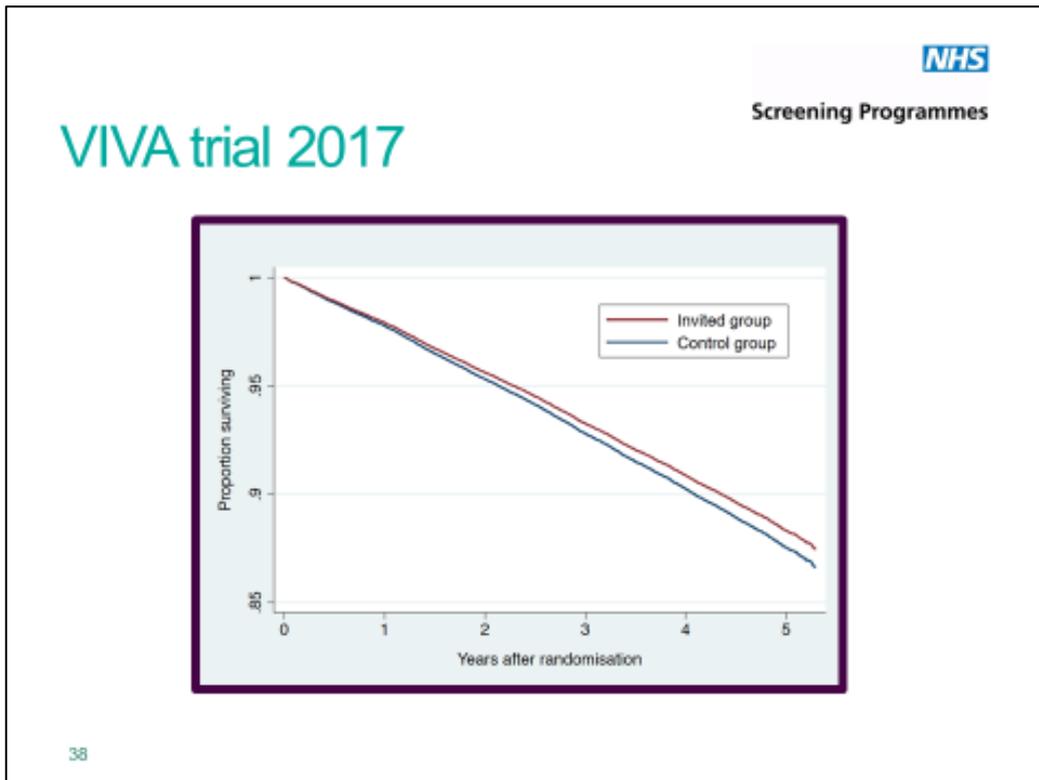
- Approve research within programme into harms of being in surveillance – quality of life studies using AAA SMaRT
- Modelling and retrospective review of outcomes of men with subaneurysmal aorta at 65 years who develop a 5.5cm AAA during surveillance
- Cost benefit analysis

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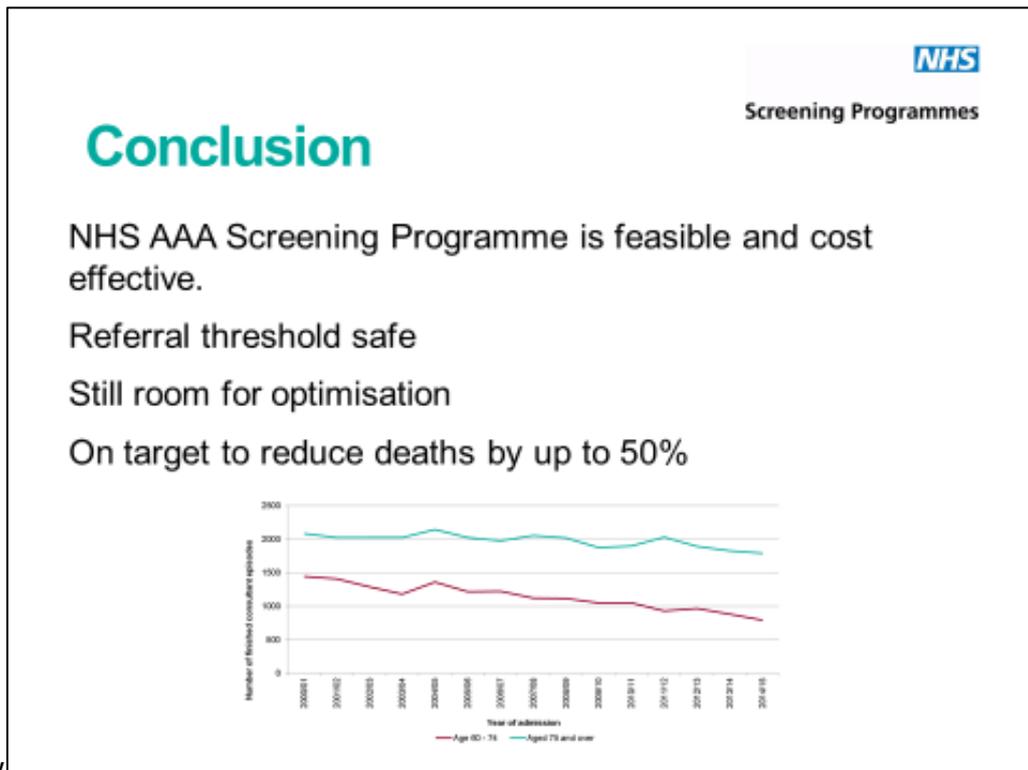
Horizon scanning

- RCT of metformin for AAA growth
- Targetted screening for women?
- Debate about referral thresholds
- Programme enhancement ?
ABPIs/cholesterol/ECG (triple vascular screening: VIVA trial)
- **When to stop surveillance**

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Appendix I – Glossary

Abdominal Aortic Aneurysm (AAA)

3 A localised bulge in the abdominal aorta (the major blood vessel that supplies blood to the
4 lower half of the body including the abdomen, pelvis and lower limbs) caused by weakening
5 of the aortic wall. It is defined as an aortic diameter greater than 3 cm or a diameter more
6 than 50% larger than the normal width of a healthy aorta. The clinical relevance of AAA is
7 that the condition may lead to a life threatening rupture of the affected artery. Abdominal
8 aortic aneurysms are generally characterised by their shape, size and cause:

- 9 • Infrarenal AAA: an aneurysm located in the lower segment of the abdominal aorta
10 below the kidneys.
- 11 • Juxtarenal AAA: a type of infrarenal aneurysm that extends to, and sometimes,
12 includes the lower margin of renal artery origins.
- 13 • Suprarenal AAA: an aneurysm involving the aorta below the diaphragm and above
14 the renal arteries involving some or all of the visceral aortic segment and hence the
15 origins of the renal, superior mesenteric, and celiac arteries, it may extend down to
16 the aortic bifurcation.

Abdominal compartment syndrome

18 Abdominal compartment syndrome occurs when the pressure within the abdominal cavity
19 increases above 20 mm Hg (intra-abdominal hypertension). In the context of a ruptured AAA
20 this is due to the mass effect of a volume of blood within or behind the abdominal cavity. The
21 increased abdominal pressure reduces blood flow to abdominal organs and impairs
22 pulmonary, cardiovascular, renal, and gastro-intestinal function. This can cause multiple
23 organ dysfunction and eventually lead to death.

Cardiopulmonary exercise testing

25 Cardiopulmonary Exercise Testing (CPET, sometimes also called CPX testing) is a non-
26 invasive approach used to assess how the body performs before and during exercise. During
27 CPET, the patient performs exercise on a stationary bicycle while breathing through a
28 mouthpiece. Each breath is measured to assess the performance of the lungs and
29 cardiovascular system. A heart tracing device (Electrocardiogram) will also record the hearts
30 electrical activity before, during and after exercise.

Device migration

32 Migration can occur after device implantation when there is any movement or displacement
33 of a stent-graft from its original position relative to the aorta or renal arteries. The risk of
34 migration increases with time and can result in the loss of device fixation. Device migration
35 may not need further treatment but should be monitored as it can lead to complications such
36 as aneurysm rupture or endoleak.

Endoleak

38 An endoleak is the persistence of blood flow outside an endovascular stent - graft but within
39 the aneurysm sac in which the graft is placed.

- 40 • Type I – Perigraft (at the proximal or distal seal zones): This form of endoleak is
41 caused by blood flowing into the aneurysm because of an incomplete or ineffective

- 1 seal at either end of an endograft. The blood flow creates pressure within the sac and
2 significantly increases the risk of sac enlargement and rupture. As a result, Type I
3 endoleaks typically require urgent attention.
- 4 • Type II – Retrograde or collateral (mesenteric, lumbar, renal accessory): These
5 endoleaks are the most common type of endoleak. They occur when blood bleeds
6 into the sac from small side branches of the aorta. They are generally considered
7 benign because they are usually at low pressure and tend to resolve spontaneously
8 over time without any need for intervention. Treatment of the endoleak is indicated if
9 the aneurysm sac continues to expand.
- 10 • Type III – Midgraft (fabric tear, graft dislocation, graft disintegration): These
11 endoleaks occur when blood flows into the aneurysm sac through defects in the
12 endograft (such as graft fractures, misaligned graft joints and holes in the graft fabric).
13 Similarly to Type I endoleak, a Type III endoleak results in systemic blood pressure
14 within the aneurysm sac that increases the risk of rupture. Therefore, Type III
15 endoleaks typically require urgent attention.
- 16 • Type IV– Graft porosity: These endoleaks often occur soon after AAA repair and are
17 associated with the porosity of certain graft materials. They are caused by blood
18 flowing through the graft fabric into the aneurysm sac. They do not usually require
19 treatment and tend to resolve within a few days of graft placement.
- 20 • Type V – Endotension: A Type V endoleak is a phenomenon in which there is
21 continued sac expansion without radiographic evidence of a leak site. It is a poorly
22 understood abnormality. One theory that it is caused by pulsation of the graft wall,
23 with transmission of the pulse wave through the aneurysm sac to the native
24 aneurysm wall. Alternatively it may be due to intermittent leaks which are not
25 apparent at imaging. It can be difficult to identify and treat any cause.

2 Endovascular aneurysm repair

27 Endovascular aneurysm repair (EVAR) is a technique that involves placing a stent –graft
28 prosthesis within an aneurysm. The stent-graft is inserted through a small incision in the
29 femoral artery in the groin, then delivered to the site of the aneurysm using catheters and
30 guidewires and placed in position under X-ray guidance.

- 31 • Conventional EVAR refers to placement of an endovascular stent graft in an AAA
32 where the anatomy of the aneurysm is such that the ‘instructions for use’ of that
33 particular device are adhered to. Instructions for use define tolerances for AAA
34 anatomy that the device manufacturer considers appropriate for that device. Common
35 limitations on AAA anatomy are infrarenal neck length (usually >10mm), diameter
36 (usually ≤30mm) and neck angle relative to the main body of the AAA
- 37 • Complex EVAR refers to a number of endovascular strategies that have been
38 developed to address the challenges of aortic proximal neck fixation associated with
39 complicated aneurysm anatomies like those seen in juxtarenal and suprarenal AAAs.
40 These strategies include using conventional infrarenal aortic stent grafts outside their
41 ‘instructions for use’, using physician-modified endografts, utilisation of customised
42 fenestrated endografts, and employing snorkel or chimney approaches with parallel
43 covered stents.

Goal directed therapy

2 Goal directed therapy refers to a method of fluid administration that relies on minimally
3 invasive cardiac output monitoring to tailor fluid administration to a maximal cardiac output or
4 other reliable markers of cardiac function such as stroke volume variation or pulse pressure
5 variation.

Post processing technique

7 For the purpose of this review, a post-processing technique refers to a software package that
8 is used to augment imaging obtained from CT scans, (which are conventionally presented as
9 axial images), to provide additional 2- or 3-dimensional imaging and data relating to an
10 aneurysm's, size, position and anatomy.

Permissive hypotension

12 Permissive hypotension (also known as hypotensive resuscitation and restrictive volume
13 resuscitation) is a method of fluid administration commonly used in people with haemorrhage
14 after trauma. The basic principle of the technique is to maintain haemostasis (the stopping of
15 blood flow) by keeping a person's blood pressure within a lower than normal range. In theory,
16 a lower blood pressure means that blood loss will be slower, and more easily controlled by
17 the pressure of internal self-tamponade and clot formation.

Remote ischemic preconditioning

19 Remote ischemic preconditioning is a procedure that aims to reduce damage (ischaemic
20 injury) that may occur from a restriction in the blood supply to tissues during surgery. The
21 technique aims to trigger the body's natural protective functions. It is sometimes performed
22 before surgery and involves repeated, temporary cessation of blood flow to a limb to create
23 ischemia (lack of oxygen and glucose) in the tissue. In theory, this "conditioning" activates
24 physiological pathways that render the heart muscle resistant to subsequent prolonged
25 periods of ischaemia.

Tranexamic acid

27 Tranexamic acid is an antifibrinolytic agent (medication that promotes blood clotting) that can
28 be used to prevent, stop or reduce unwanted bleeding. It is often used to reduce the need for
29 blood transfusion in adults having surgery, in trauma and in massive obstetric haemorrhage.

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