Minutes: Draft

**Guideline Development Group Meeting**

| Date and Time: | Type 1 Diabetes in Adults Update  
Guideline Development Group meeting  
9th April 2013  
10:00-16:00 |
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<td>Venue:</td>
<td>National Clinical Guidelines Centre</td>
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| Present:       | GDG Members  
Prof Stephanie Amiel  
Mr Arthur Durrant  
Prof Roger Gadsby  
Dr Peter Hammond  
Mr Mike Kendall  
Ms Vibhuti Mistry  
Dr Henrietta Mulnier  
Ms Vicky Ruszala  
Dr Stuart Smellie |
|                | Technical Team  
Bernard Higgins  
Nancy Turnbull  
Rachel O'Mahony  
Jonathan Nyong  
Chris Kiff       |
| Apologies      | Dr Michael Flynn  
Ms Debra Lake  
Ms Perdy van den Berg |
| In attendance: | NICE Staff:  
Claire Ruiz (nee Turner) NICE Commissioning Manager |
Notes

1. **Welcome**

The Chair welcomed the group to the fifth meeting. The chairman introduced Prof Roger Gadsby who has joined the GDG as the representative from general practice. He has specialised in diabetes for a number of years and has been on previous NICE GDG’s on diabetes.

The objective of the meeting is to review the evidence and draft recommendations Continuous Glucose Monitoring (CGM) vrs Self-monitoring of Blood Glucose (SMBG).

2. **Declarations of Interest.**

Roger Gadsby declared that he has been asked to do some advisory work for Novo Nordisk.

Vibhuti Mistry has been asked by Lilly to do some teaching for which she may not receive direct payments.

Stephanie Amiel is on the international working party on hypoglycaemia but there is no remuneration.

No GDG member had conflicts for the current meeting.

3. **Minutes and Actions**

The GDG reviewed the minutes which were accepted.

4. **Review of the scope for Coeliac Disease update**

As the Coeliac Disease guideline will include people with T1D in its population, the GDG reviewed the scope. Comments were made with regard to people with type 1 diabetes. These will be submitted to the consultation.

5. **Ketone monitoring in hospital**

Following on from the meeting in February, the GDG made recommendations regarding monitoring ketones in people with T1D who are in hospital.


The clinical and health economic evidence for the use of CGM vrs SMBG in T1D was reviewed and recommendations were discussed.

7. **Draft Protocols**

The GDG briefly reviewed the protocols for the searches for the next questions and will send comments in.

The Chairman thanked the participants and confirmed the date of the next meeting.

8. **Date, time and venue of the next meeting**

The next GDG meeting is Tuesday 14th May 2013, 10:00 – 16:00hrs
At the National Clinical Guideline Centre, 180 Great Portland Street, London W1W 5QZ