

Date and Time: Tuesday 19th March 2013

10:00 - 16:30

Minutes: Confirmed

Guideline Development Group Meeting Diabetes in children and young people

guideline update

Place: Royal College of Obstetricians and Gynaecologists

London

**Present:** Jerry Wales (Chair) (JW) (Present for notes 1 – 14)

Francesca Annan (FA) (Present for notes 1 – 14)
Sarah Eaton (SE) (Present for notes 1 – 14)
Jo Dalton (JD) (Present for notes 1 – 14)
Jacqueline Double (JDo) (Present for notes 1 – 14)
Julie Edge (JE) (Present for notes 1 – 14)
Nikhil Gokani (NG) (Present for notes 1 – 14)
William Lamb (WL) (Present for notes 3 – 14)

### In attendance:

NCC-WCH staff:	
Frauke Becker (FB)	(Present for notes 7 – 14)
Zosia Beckles (ZB)	(Present for notes 1 – 14)
Paul Jacklin (PJ)	(Present for notes 1 – 14)
Juliet Kenny (JK)	(Present for notes 1 – 14)
Hugh McGuire (HM)	(Present for notes 1 – 14)
Moira Mugglestone (MM)	(Present for notes 1 – 14)
Stephen Murphy (SM)	(Present for notes 1 – 14)
Su Park (SP)	(Present for notes 1 – 14)
NICE attendees:	
Sarah Dunsdon (SD)	(Present for notes 1 – 14)

### **Observers:**

Ν	lone	

### **Notes**

- 1. JW welcomed the group to the fourth meeting of this guideline development group (GDG). Apologies were received from Claire Pesterfield (CP).
- 2. JW asked all the GDG members and other attendees to declare any new interests that they had accrued since GDG 3 and reiterate any interests declared previously that were relevant to the meeting agenda.

### <u>FA</u>

## Personal non-pecuniary:

Offered to chair Paediatric Sub Group of Diabetes Management and Education Group (a specialist group of The British Dietetic Association).

## JD

# Personal pecuniary:

Intends to apply for funding from the Novo Nordisk UK Research Foundation to undertake

MSc module on paediatric diabetes at University of Warwick in July 2013 – no funds awarded yet. Applied for funding from Novo Nordisk for travel expenses incurred as a result of attending Diabetes UK conference in March 2013 – no funds awarded yet.

No other new declarations of interest were received from the GDG members or the other attendees. It was agreed that no interests declared at the meeting or previously warranted exclusion of any GDG members from discussions of evidence or formulation of recommendations at the meeting.

Declarations are kept on record at the NCC-WCH and will be published in the full guideline.

- 3. The minutes from GDG 3 were agreed.
- 4. HM presented the draft review for the question on carbohydrate counting for type 1 diabetes (the list of excluded studies, the evidence tables, the evidence profiles and the evidence summary). The group had an opportunity discuss the evidence presented.
- 5. ZB presented the draft review for the question on multiple daily injections vs. mixed insulin for type 1 diabetes (the list of excluded studies, the evidence tables, the evidence profiles and the evidence summary). The group had an opportunity discuss the evidence presented.
- 6. JK led the group through the process of interpreting the evidence and drafting recommendations for carbohydrate counting and multiple daily injections vs. mixed insulin for type 1 diabetes. Notes were made live on screen.
- 7. PJ gave a presentation on possible approaches to the health economic analysis being undertaken for the topic of multiple daily injections vs. mixed insulin for type 1 diabetes. GDG members volunteered to help with inputs to economic models.
- 8. HM presented the draft review protocol for the finger-prick testing vs. continuous glucose monitoring (CGMS) in type 1 diabetes review question. The group then discussed the protocol and notes were made live on screen.
- 9. MM presented the draft review protocol for the urine ketone monitoring vs. blood ketone monitoring to prevent diabetic ketoacidosis (DKA) in type 1 diabetes review question. The group then discussed the protocol and notes were made live on screen.
- 10. MM presented the draft review protocol for the blood glucose targets in type 1 diabetes review question. The group then discussed the protocol and notes were made live on screen.
- 11. MM presented the draft review protocol for HbA<sub>1c</sub> targets in type 2 diabetes review question. The group then discussed the protocol and notes were made live on screen.
- 12. The group had an opportunity to ask questions about the NICE implementation briefing paper.
- 13. MM described next steps.
- 14. JW raised three items of other business relating to NCC-WCH/GDG participation in the stakeholder consultation on the scope for the coeliac guideline update, email communication and social arrangements for the next two-day meeting and then thanked the participants for attending and closed the meeting.

## Date, time and venue of the next meeting

Monday 29<sup>th</sup> and Tuesday 30<sup>th</sup> April 2013, 10:00–16:30 each day at the Royal College of Obstetricians and Gynaecologists, London