## NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

#### **EQUALITY IMPACT ASSESSMENT**

### **NICE** guidelines

# Type 1 diabetes in children and young people: diagnosis and management [NG18]

The impact on equality has been assessed during guidance development according to the principles of the NICE equality policy.

## 4.0 Final guideline (to be completed by the Developer before GE consideration of final guideline)

4.1 Have any additional potential equality issues been raised during the consultation, and, if so, how has the Committee addressed them?

A number of additional equality issues were raised by stakeholders during consultation:

- Worries were raised about the findings from the National Paediatric Diabetes
  Audit which showed that inequalities in CGM access exist to the detriment of
  those from lower socio-economic groups and black, Asian and minority ethnic
  minority groups. Alarmingly, this inequality is growing in some areas. It is
  important that these barriers are looked at.
- The guideline should reference the need for health care professionals to adopt a proactive approach in offering access to glucose monitoring devices to children and young people who could benefit from them, particularly taking in to account evidence of existing inequalities in access.
- An extra recommendation was suggested to encourage access to technology amongst groups experiencing health inequalities with local health commissioners responsible for monitoring this to prevent the gap widening.
- Concerns were raised about the affordability of these new recommendations and that clinical commissioning groups and integrated care systems will struggle to fund the recommendations in full. This will result in a 'post-code'

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lottery which will increase inequalities, as access to these technologies will vary depending on where children and young people live.

The committee discussed these issues. They agreed that it is important to address inequalities in CGM access. By offering real-time continuous glucose monitoring to all children and young people with type 1 diabetes alongside education to support them and their families and carers they hoped this will address these barriers and inequalities.

Despite the positive recommendation for the use of CGM in children and young people with type 1 diabetes, the committee were concerned that inequalities may still occur with uptake of CGM being lower in certain groups. To address this the committee added a recommendation outlining actions to address this including monitoring uptake, identifying groups who have a lower uptake and making plans to engage with these groups to encourage uptake.

Finally, regarding affordability, NICE is aware that NHS England are currently involved in discussions about pricing with various manufacturers of continuous glucose monitoring devices. Whilst we are not involved in those conversations, we hope that whatever results will prove useful in reducing the concerns about affordability of the recommendations that have been raised through this consultation.

4.2 If the recommendations have changed after consultation, are there any recommendations that make it more difficult in practice for a specific group to access services compared with other groups? If so, what are the barriers to, or difficulties with, access for the specific group?

There are no recommendations that make it more difficult in practice for a specific group to access services compared to other groups.

4.3 If the recommendations have changed after consultation, is there potential for the recommendations to have an adverse impact on people with disabilities because of something that is a consequence of the disability?

Amendments made to the recommendations after consultation have not resulted in any adverse impact on people with disabilities accessing these products.

4.4 If the recommendations have changed after consultation, are there any recommendations or explanations that the Committee could make to remove or alleviate barriers to, or difficulties with, access to services identified in question 4.2, or otherwise fulfil NICE's obligations to advance equality?

There are no recommendations or explanations that could be made to remove or alleviate barriers to or access to services.

4.5 Have the Committee's considerations of equality issues been described in the final guideline, and, if so, where?

The Committee's consideration of equality issues is detailed in the committee discussion sections of the evidence review and in the recommendation rationale and impact sections in the final guideline.

Updated by Developer: Kate Kelley

Date: 03.02.22

Approved by NICE quality assurance lead: Christine Carson

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