

Rehabilitation in adults with complex psychosis and related severe mental health conditions Committee Meeting 2

Date: 14th September 2018

Location U6/7, RCOG, London

Minutes: Final

Committee members present:	
Gillian Baird	Present for items 1 – 10
Helen Killaspy	Present for items 1 – 10
Jonathan Mitchell	Present for items 1 – 10
Melissa Scott	Present for items 1 – 10
Beth Hendry	Present for items 1 – 10
Belinda Garnett	Present for items 4 – 10
David Shiers	Present for items 1 – 10
Sridevi Kalidindi	Present for items 2 – 10
James Lee	Present for items 2 – 10
Jason Read	Present for items 1 – 10
Helen Bennett	Present for items 1 – 10
Eugene Reilly	Present for items 1 – 10
Victoria Hulstrom	Present for items 1 – 7
James Trevelyan	Present for items 1 – 10
Katharine Barrett	Present for items 1 – 10

In attendance:		
Hilary Eadon	NGA Guideline Lead	Present for items 1 – 10
Anuja Pandey	NGA Systematic Reviewer	Present for items 1 – 10
Alec Martin	NGA Systematic Reviewer	Present for items 1 – 10
Nathan Bromham	NGA Senior Systematic Reviewer	Present for items 3 – 10
Agnesa Martin	NGA Information Scientist	Present for items 1 – 10
Beth Whittaker	NGA Project Manager	Present for items 1 – 10
Observers:		
Lottie Briscoe	NGA Assistant Information Scientist	Present for items 1 – 10

Apologies:	
Faye Wilson	Member
Tom Craig	Member
Matthew Prettyjohns	NGA Health Economist
Steve Pilling	NGA Clinical Advisor
Jennifer Francis	NGA Business Administrator
Nick Staples	NICE Guideline Commissioning Manager
Erin Whittingham	NICE Public Involvement Adviser

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 2nd Guideline Committee meeting on Rehabilitation in adults with complex psychosis.

The Guideline Committee members and attendees introduced themselves and their positions or background once more for the benefit of the new members that were unable to attend the first meeting.

The Chair informed the Guideline Committee (GC) that apologies had been received. These are noted above.

The GC checked and approved the NICE Minutes and Actions & Decisions Log from the 1st Guideline Committee meeting.

The Chair outlined the objectives of the meeting.

2. Confirmation of matter under discussion, and declarations of interest

The Chair reiterated the importance of the NICE conflict of interest policy given.

The Chair asked everyone to verbally declare any interests. Four new interests were declared by HK, HB, SK and DS.

Name	Role with NICE	Declarations of Interest, date declared	Type of interest	Decision taken
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the Australian National University,	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but

		Canberra. Invited lecturer, academic programme: 'Where now for mental health supported accommodation policy and research? Implications of findings from the Quality and Effectiveness of Supported Tenancies (QuEST) study.'		one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the World Psychiatric Association thematic congress - Innovation In Psychiatry: Effective Interventions for Health and Society, Melbourne, Australia. Symposium: Community residential facilities in Europe and Australia: recovery-focused practices and symptomatic and recovery-oriented outcomes for service users. 'The importance of recovery orientated practice in longer term mental health care.'	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the	Direct, non-financial	Declare and Participate

		University of Nottingham. Invited guest lecture 'Evidence for specialist services for people with complex psychosis'.		GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the Royal College of Psychiatrists Faculty of Social and Rehabilitation Psychiatry. Invited keynote plenary speaker 'Results from the QuEST study; a national programme of research into mental health supported accommodation across England.'	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the WPA International Congress, Berlin. Symposium: Housing for people with mental illness – current state of research and new findings. Results from the QuEST study - quality and effectiveness of supported tenancies for people with mental health problems - a national programme of	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations

		research in England.		
Helen Killaspy	Topic advisor	Delivered a presentation at the ENMESH conference, Groningen, Netherlands. Recovery and rehabilitation in service users in need of longer term intensive clinical treatment. 'Learning form the GetREAL trial to improve quality of inpatient rehabilitation care.'	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at the ENMESH conference, Groningen, Netherlands. 'Results from the QuEST study - quality and effectiveness of supported tenancies for people with mental health problems - a national programme of research in England.'	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at the ENMESH conference, Groningen, Netherlands. Opening keynote plenary (invited). 'Complex individuals in a complex society;	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations

		how complex psychosis services should be the quality benchmark for mental health services’.		
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the European AO Forum, Hamburg. Keynote plenary (invited) ACT; What can we learn from the UK experience?	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the RANZCP International Congress, Adelaide. Integrating psychiatric rehabilitation into clinical practice. ‘The REAL Study’	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Killaspy	Topic advisor	Delivered a presentation at a conference at the TheMHS (The Mental Health Services) summer forum, Sydney. ‘What helps recovery for people with complex psychosis?’ Invited plenary	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Helen Bennett	Committee member	Interviewed on ITV News for 2 minutes regarding rehabilitation and recovery services.	Direct, non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off interview

		(14.09.2018)		that will not impact on development of recommendations
David Shiers	Committee member	<p>I have been invited to attend the Primary Care Mental Health Conference 2018 'Overcoming barriers, Working together' held at the Royal College of Psychiatrists. I am a panel discussant on a session entitled "Influencing policy in mental health care".</p> <p>No fee but will claim any travel/accommodation reimbursement of necessary expenses.</p> <p>(14/09/2018)</p>	Direct, non-financial	Declare and Participate GL / Sept 2018 / Not specific to guideline
Sridevi Kalidindi	Committee member	<p>Paid to provide a master class to health and social care stakeholders on Rehabilitation psychiatry in Glasgow.</p> <p>(18/09/2018)</p>	Direct – financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	<p>Paid to speak and Chair the morning for Recovery Oriented Mental Health Services at HC conferences UK.</p> <p>(18/09/2018)</p>	Direct – financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of

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				recommendations
Sridevi Kalidindi	Committee member	Unpaid invited lecture at the South London Partnership event on women's Mental Health, where I will discuss GIRFT Rehabilitation. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	Attending Tim Kendall's NHSE/NHSI update on Mental Health for Mental Health Trust Executives where I will outline the GIRFT Rehabilitation programme. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off meeting as part of GIRFT work (already approved on recruitment) that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	RCPsych - Policy and Public Affairs Committee, 12-4pm. All Faculties and regional Divisions are represented at this meeting. I will discuss GIRFT Rehabilitation. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off meeting as part of GIRFT work (already approved on recruitment) that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	Pan London NHS Benchmarking Event, where I will talk about	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to

		Rehabilitation Benchmarking data and GIRFT. (18/09/2018)		guideline but one-off meeting as part of GIRFT work (already approved on recruitment) that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	Conference on Mental Health and Housing: improving quality and demonstrating value; with Housing Associations' Charitable Trust in Leeds. I will give a lecture on GIRFT and the importance of supported housing in the Rehab pathway. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off meeting as part of GIRFT work (already approved on recruitment) that will not impact on development of recommendations
Sridevi Kalidindi	Committee member (Psychiatrist)	Work shop day to describe the national Rehabilitation picture and be the critical friend in the discussion to design the proposed model. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	Attending ELFT NHS FT national conference on CPA to deliver a lecture on the future of Recovery and Rehabilitation Services, A Vision For the Future. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off lecture that will not impact on development of

				recommendations
Sridevi Kalidindi	Committee member	Attending South East London Regional MH Network, arranged by Sarah Gilmour, Wilmington Healthcare, to deliver short talk on GIRFT Rehabilitation. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off meeting as part of GIRFT work (already approved on recruitment) that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	Attending National Faculty of Rehabilitation & Social Psychiatry Conference on GIRFT Rehabilitation. Giving keynote lecture and workshop on Rehabilitation Psychiatry. (18/09/2018)	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off meeting as part of GIRFT work (already approved on recruitment) that will not impact on development of recommendations
Sridevi Kalidindi	Committee member	Attending HSJ's 2 nd annual Transforming Mental Health Summit, which is taking place at the East Midlands Conference Centre. I am a panel member on the following: Driving productivity and performance: Embracing GIRFT,	Direct – non-financial	Declare and Participate GL/ Sept 2018 / Specific to guideline but one-off meeting as part of GIRFT work (already approved on recruitment) that will not impact on development of

		RightCare and the Carter review. (18/09/2018)		recommendations
The interests register for this guideline has been updated.				
3. Presentation on Related Guidelines				
Alec Martin, Systematic Reviewer, gave a presentation on existing Guidelines related to this Guideline.				
4-8. Protocol Discussion				
<p>Item 4: Anuja Pandey, Systematic Reviewer, presented protocol 5.1 for discussion: What interventions specific to rehabilitation are effective for people with complex psychosis and other severe mental health conditions to improve their activities of daily living?</p>				
The committee discussed the protocol and made some amendments.				
<p>Item 5: Anuja Pandey presented protocol 5.2 for discussion: What interventions specific to rehabilitation are effective for people with complex psychosis and other severe mental health conditions to improve their interpersonal functioning and social skills?</p>				
The committee discussed the protocol and made some amendments.				
<p>Item 6: Nathan Bromham, Senior Systematic Reviewer, presented protocol 5.3 for discussion: What interventions specific to rehabilitation are effective for people with complex psychosis and other severe mental health conditions to improve their engagement in community activities (for example, leisure, education and work)?</p>				
The committee discussed the protocol and made some amendments.				
<p>Item 7: Nathan Bromham presented protocol 5.4 for discussion: What interventions specific to rehabilitation are effective in improving the engagement of people with complex psychosis and related severe mental health conditions in healthy living (diet, weight, exercise, activity, sleep, oral health, accessing health services, health monitoring, smoking cessation and self-medication)?</p>				
The committee discussed the protocol and made some amendments.				
<p>Item 8: Alec Martin presented protocol 5.5 for discussion: What interventions specific to rehabilitation are effective in improving the engagement of people with</p>				

complex psychosis and related severe mental health conditions in addressing substance misuse?

The committee discussed the protocol and made some amendments.

9. Service user and carer issues

The Chair asked the lay members and service users whether they had any questions regarding the discussion throughout the day.

10. Any other Business

There was no other business to discuss.

The Chair reminded the GC members of the date of the next meeting

Date of next meeting: 23rd October 2018

Location of next meeting: RCOG, London