

Rehabilitation in adults with complex psychosis and related severe mental health conditions Committee Meeting 5

Date: 18th January 2019

Location Council Chamber, RCOG, London

Minutes: final

Committee members present:	
Gillian Baird	Present for items 1 – 10
Helen Killaspy	Present for items 1 – 10
Jonathan Mitchell	Present for items 1 – 10
Melissa Scott	Present for items 1 – 10
Belinda Garnett	Present for items 1 – 10
David Shiers	Present for items 1 – 10
Sridevi Kalidindi	Present for items 1 – 10
Jason Read	Present for items 1 – 10
Helen Bennett	Present for items 1 – 10
Beth Hendry	Present for items 1 – 10
Shamarel Odusanya	Present for items 1 – 10
Katharine Barrett	Present for items 1 – 10
Faye Wilson	Present for items 1 – 10
Tom Craig	Present for items 1 – 10
James Lee	Present for items 1 – 10

In attendance:		
Hilary Eadon	NGA Guideline Lead	Present for items 1 – 10
Anuja Pandey	NGA Systematic Reviewer	Present for items 1 – 10
Alec Martin	NGA Systematic Reviewer	Present for items 1 – 10
Nathan Bromham	NGA Senior Systematic Reviewer	Present for items 1 – 10 (via VC)
Agnesa Martin	NGA Information Scientist	Present for items 1 – 10
Beth Whittaker	NGA Project Manager	Present for items 1 – 10
Matthew Prettyjohns	NGA Health Economist	Present for items 7 – 10 (via VC)
Ben Purchase	NGA Health Economist	Present for items 7 – 10

Steve Pilling	NGA Clinical Advisor	Present for items 3 – 10
Nick Staples	NICE Guideline Commissioning Manager	Present for items 7 – 10
Sarah Catchpole	NICE Editor	Present for items 1 - 9
Observers:		
N/A		

Apologies:	
Victoria Hulstrom	Committee Member
James Trevelyan	Committee Member
Eugene Reilly	Committee Member

1. Welcome and objectives for the meeting				
<p>The Chair welcomed the Committee members and attendees to the 5th Guideline Committee meeting on Rehabilitation in adults with complex psychosis.</p> <p>The Chair informed the Guideline Committee (GC) that apologies had been received. These are noted above.</p> <p>The GC checked and approved the NICE Minutes and Actions & Decisions Log from the 4th Guideline Committee meeting.</p> <p>The Chair outlined the objectives of the meeting.</p>				
2. Confirmation of matter under discussion, and declarations of interest				
<p>The Chair reiterated the importance of the NICE conflict of interest policy given.</p> <p>The Chair asked everyone to verbally declare any interests. Seventeen new interests were declared by DS, TC, HK and NS.</p>				
Name	Role with NICE	Declarations of Interest, date declared	Type of interest	Decision taken
David Shiers	Committee member	Co-applicant on research application to NIHR HTA 18/68 Bid Improving Social Recovery in Psychosis (ISRIP): A definitive randomised controlled trial of	Direct, non-financial	Declare and Participate Agreed by: GL Jan 2019 Rationale: Specific to guideline but trial will still be

GC5 NICE Minutes

		<p>Social Recovery Therapy compared to treatment as usual for people with psychosis and severe social Disability 01/07/2019 to: 30/09/2022 (39 months) £1,999,553.00 Lead PI Prof David Fowler (Sussex)</p> <p>16.01.2019</p>		ongoing when guideline published so unlikely to impact on recommendations
David Shiers	Committee member	<p>Presentation on physical health of people with SMI. Keynote/interview for practitioners of Derbyshire Mental Health Foundation NHS Trust – held at Alfreton</p> <p>Travel costs to be reimbursed but no personal fee.</p> <p>16.01.2019</p>	Direct, non-financial	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to guideline but benefit of member's expertise in this topic outweighs a risk of bias. :</p>
David Shiers	Committee member	<p>Keynote / interview for practitioners of South East NHSE EIP Clinical Network Forum Theme: Physical Health in SMI and ARMS</p> <p>Travel costs to be reimbursed and a personal fee of £250.</p> <p>16.01.2019</p>	Direct, financial	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to guideline but benefit of member's expertise in this topic outweighs a risk of bias.</p>
David Shiers	Committee member	<p>Co-author of Champion J, Taylor M, McDaid D, Park A-La, Shiers D, Applying economic models to estimate local economic benefits of improved coverage of early intervention for</p>	Direct, non-financial	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Not specific to guideline as relates to early intervention</p>

		<p>psychosis. 2019 <i>Early Intervention in Psychiatry</i></p> <p>16.01.2019</p>		
Tom Craig	Committee Member	<p>Published paper: Craig T J. (2019) Social care: an essential aspect of mental health rehabilitation services. <i>Epidemiology and Psychiatric Sciences</i> 28, 4-8</p> <p>21.01.2019</p>	Direct, non-financial	<p>Declare and Participate Agreed by: GL Jan 2019 Rationale: Specific to guideline and provides a view that social outcomes are the most important for rehabilitation, but this is reflected in view of committee that recovery-orientated approach is important. Not considered therefore to be a conflict of interest.</p>
Helen Killaspy	Topic Advisor	<p>Presentation at symposium for mental health rehabilitation staff, Dorset University NHS Foundation Trust on Contemporary mental health rehabilitation services.</p> <p>21.01.2019</p>	Direct, non-financial	<p>Declare and Participate Agreed by: GL Jan 2019 Rationale: Specific to guideline but one-off lecture that will not impact on development of recommendations</p>
Helen Killaspy	Topic Advisor	<p>Publication: Killaspy, H. Contemporary mental health rehabilitation services. <i>Epidemiology and Psychiatric</i></p>	Direct, non-financial	<p>Declare and Participate Agreed by: GL Jan 2019 Rationale: Specific to guideline but discusses the definition of rehabilitation</p>

GC5 NICE Minutes

		<p><i>Sciences</i>, 2019; 28, 1–3</p> <p>21.01.2019</p>		<p>services and its role, so not considered to be a conflict of interest or likely to impact on the recommendations</p> <p>.</p>
Helen Killaspy	Topic Advisor	<p>Publication: McPherson P, Krotofil J, Killaspy H. What works? Toward a new classification system for mental health supported accommodation services: The simple taxonomy for supported accommodation (STAX-SA) <i>International Journal of Environmental Research and Public Health</i> 2018, 15(2), 190.</p> <p>21.01.2019</p>	Direct, non-financial	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Not specific to guideline</p>
Helen Killaspy	Topic Advisor	<p>Publication: Dalton-Locke, C., Attard, R., Killaspy, H., White, S. Predictors of quality of care in mental health supported accommodation services in England: a multiple regression modelling study. <i>BMC Psychiatry</i>, 2018; 18: 344.</p> <p>21.01.2019</p>	Direct, non-financial	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. May need to reconsider position if conflicts of interest cover more than half of the scope of the guideline</p>
Helen Killaspy	Topic Advisor	<p>Publication: Krotofil, J., McPherson, P.</p>	Direct, non-financial	Declare and Participate

		<p>Killaspy, H. Service user experiences of specialist mental health supported accommodation: A systematic review of qualitative studies and narrative synthesis. <i>Health and Social Care in the Community</i>, 2018; Nov;26(6):787-800</p> <p>21.01.2019</p>		<p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. May need to reconsider position if conflicts of interest cover more than half of the scope of the guideline</p>
Helen Killaspy	Topic Advisor	<p>Publication: McPherson, P., Krotofil, J., Killaspy, H. Specialist mental health supported accommodation services: A systematic review of mental health and psychosocial outcomes. <i>BMC Psychiatry</i>, 2018; 18:128</p> <p>21.01.2019</p>	Direct, non-financial	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to the guideline, but expertise is required by the committee. May need to reconsider position if conflicts of interest cover more than half of the scope of the guideline</p>
Helen Killaspy	Topic Advisor	<p>Six presentations as part of a week long consultancy, Perth NW Metro Mental Health Services, Western Australia on Rehabilitation and Recovery Services in the UK; In Sight and in Mind; Assessing quality and outcomes in rehabilitation services; Towards an integrated pathway; The impact of an integrated pathway; The importance of commissioning</p>	Direct, financial	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to guideline but presentations to Australian healthcare providers reporting current practice in the UK so unlikely to impact on guideline</p>

GC5 NICE Minutes

		<p>guidance for mental health rehabilitation. This was paid through UCL Consultancy (so the money goes into a UCL fund that I can draw on for academic activities).</p> <p>21.01.2019</p>		<p>recommendations</p> <p>.</p>
Helen Killaspy	Topic Advisor	<p>Conference presentation at IConS of SCARF biannual conference, Chennai, India on International Perspectives on mental health rehabilitation – the view from the UK and Europe.</p> <p>21.01.2019</p>	<p>Direct, non-financial</p>	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to guideline but presentation reporting current practice in the UK so unlikely to impact on guideline recommendations</p>
Helen Killaspy	Topic Advisor	<p>Conference presentation at RCPsych International Congress 2018 on The myth of deinstitutionalisation.</p> <p>21.01.2019</p>	<p>Direct, non-financial</p>	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Not specific to guideline</p>
Helen Killaspy	Topic Advisor	<p>Conference presentation at Venetian Section of Italian Psychiatric Association: From rehabilitation to recovery; an international perspective.</p> <p>21.01.2019</p>	<p>Direct, non-financial</p>	<p>Declare and Participate</p> <p>Agreed by: GL Jan 2019</p> <p>Rationale: Specific to guideline but presentation reporting current practice in the UK so unlikely to impact on guideline recommendations</p>

Helen Killaspy	Topic Advisor	Conference presentation at the Royal College of Psychiatrists' Centre for Quality Improvement. AIMS Rehab Quality Network Annual Forum 2018 - Getting Our House in Order 21.01.2019	Direct, non-financial	Declare and Participate Agreed by: GL Jan 2019 Rationale: Specific to guideline but value of having Topic Advisor who participates in AIMS Rehab Quality Network outweighs the risk of a conflict
Nick Staples	NICE Guideline Commissioning Manager	Operates as a part-time massage therapist – a sole trader operating on a private basis currently working only with individual clients.	Direct, financial	Declare and Participate Agreed by: GL Jan 2019 Rationale: Not specific to guideline

The interests register for this guideline has been updated.

3 – 6. Morning Presentations

Item 3: Sarah Catchpole, NICE Editor, delivered a presentation on the role of the Editor and how to write recommendations.

Item 4: Hilary Eadon, Guideline Lead, discussed the Editors changes to the recommendations for RQ 4.2 – Interventions valued by people with complex psychosis and families.

The committee discussed the changes and made some amendments.

Item 5: Nathan Bromham, Senior Systematic Reviewer, presented protocol 7.1 for discussion: What criteria are associated with successful transition through rehabilitation services to other parts of the mental health, social care and primary care systems?

The committee discussed the protocol and made some amendments.

Item 6: Nathan Bromham presented protocol 7.2 for discussion: What processes are needed to support successful transitions?

The committee discussed the protocol and made some amendments.

7 – 9. Afternoon Presentations

Item 7: Anuja Pandey, Systematic Reviewer, presented Evidence Review for question 5.4: What interventions specific to rehabilitation are effective in improving the engagement of people with complex psychosis and related severe mental health conditions in healthy living (nutrition weight, physical activity, sleep, oral health, accessing health services, health monitoring, smoking cessation)?

Anuja presented the clinical evidence found. Benjamin Purchase, Health Economist, presented the health economics evidence found. The committee discussed this evidence and it was decided the topic group for this review question would draft some recommendations in preparation for the next meeting.

Item 8: The Chair asked the lay members and service users whether they had any questions regarding the discussion throughout the day.

Item 9: Alec Martin, Systematic Reviewer, presented Evidence Review for question 5.5: What interventions specific to rehabilitation are effective in improving the engagement of people with complex psychosis and other related severe mental health conditions in addressing substance misuse?

Alec presented the evidence found. The committee discussed this evidence and the related guidelines and drafted recommendations based on this.

10. Any other Business

There was no other business to discuss.

The Chair reminded the GC members of the date of the next meeting

Date of next meeting: 28th February 2019 and 1st March 2019

Location of next meeting: RCOG, London