

## Rehabilitation in adults with complex psychosis and related severe mental health conditions Committee Meeting 7

**Date:** 9<sup>th</sup> April 2019

**Location** Council Chamber, RCOG, London

**Minutes:** final

<b>Committee members present:</b>	
Gillian Baird	Present for items 1 – 8
Helen Killaspy	Present for items 1 – 8
Jonathan Mitchell	Present for items 1 – 8
Melissa Scott	Present for items 1 – 8
Belinda Garnett	Present for items 1 – 8
David Shiers	Present for items 1 – 8
Victoria Hulstrom	Present for items 1 – 8
James Trevelyan	Present for items 1 – 8
Helen Bennett	Present for items 1 – 8
Beth Hendry	Present for items 1 – 8
Shamarel Odusanya	Present for items 1 – 8
Katharine Barrett	Present for items 1 – 8
Faye Wilson	Present for items 1 – 8
Tom Craig	Present for items 1 – 8
Eugene Reilly	Present for items 1 – 8

<b>In attendance:</b>		
Rachel Marshall	NGA Guideline Lead	Present for items 1 – 8
Anuja Pandey	NGA Systematic Reviewer	Present for items 1 – 8
Alec Martin	NGA Systematic Reviewer	Present for item 6
Nathan Bromham	NGA Senior Systematic Reviewer	Present for items 1 – 8 (via VC)
Beth Whittaker	NGA Project Manager	Present for items 1 – 8
Ben Purchase	NGA Health Economist	Present for items 1 – 8
Nick Staples	NICE Guideline Commissioning Manager	Present for items 1 – 8
<b>Observers:</b>		

Becky Cook	NICE Engagement Officer	Present for items 1 – 8
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<b>Apologies:</b>	
Sridevi Kalidindi	Committee Member
Jason Read	Committee Member
Agnesa Martin	NGA Information Scientist
Steve Pilling	NGA Clinical Advisor

## 1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the 7<sup>th</sup> Guideline Committee meeting on Rehabilitation in adults with complex psychosis.

The Chair informed the Guideline Committee (GC) that apologies had been received. These are noted above.

The GC checked and approved the NICE Minutes and Actions & Decisions Log from the 6<sup>th</sup> Guideline Committee meeting.

The Chair outlined the objectives of the meeting.

## 2. Confirmation of matter under discussion, and declarations of interest

The Chair reiterated the importance of the NICE conflict of interest policy given.

The Chair asked everyone to verbally declare any interests. Fifteen new interests were declared by DS, TC, HK and HB.

Name	Role with NICE	Declarations of Interest, date declared	Type of interest	Decision taken
Helen Bennett	Committee member	Appointed as a board member for Gamian Europe who represent service users  09.04.2019	Direct, non-financial	Declare and Participate Agreed by: GL April 2019 Rationale: Not specific to guideline and position is not paid
Tom Craig	Committee member	<i>Paid speaker for 'AVATAR therapy: discussions with voices' at Otsuka Pharma Scandinavia</i>	Direct, financial	Declare and Participate Agreed by: GL April 2019

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		<i>schizophrenia expert meeting Gothenburg</i>  05.04.2019		Rationale: Not specific to guideline as not related to rehabilitation
Tom Craig	Committee member	<i>Paid speaker for 'Digital Health Interventions for Psychosis: some recent examples' at Janssen National Mental Health Nurse meeting</i>  05.04.2019	Direct, financial	Declare and Participate Agreed by: GL April 2019 Rationale: Not specific to guideline as not related to rehabilitation
Tom Craig	Committee member	<i>Speaker for 'Digital Therapies' at European Congress of Neuro-psychiatry, Nice France</i>  05.04.2019	Direct, non-financial	Declare and Participate Agreed by: GL April 2019 Rationale: Not specific to guideline as not related to rehabilitation
David Shiers	Committee member	Co-author of article for GP trainees published in InnovAiT: Silverwood V, Chew Graham C, Shiers D <i>Improving the physical health of people with severe mental illness Don't just screen, intervene.</i> 2019, InnovAiT, 2019, Vol. 0(0), 1–8, No fee/pecuniary interest  04.04.2019	Direct, non-financial	Declare and Participate Agreed by: GL Apr 2019 Rationale: Specific to guideline but benefit of member's expertise in this topic outweighs a risk of bias
David Shiers	Committee member	Workshop presentation on physical health of people with SMI: Keynote / interview for North West Coast Strategic Clinical Network event on Improving the Physical Health of People with Serious Mental Illness	Direct, financial	Declare and Participate Agreed by: GL and TC May 2019 Rationale: Specific to guideline, but the presentation is educational and funded by the public sector

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		Travel costs to be reimbursed 04.04.2019		
David Shiers	Committee member	Workshop presentation on physical health of people with SMI Keynote / interview for AQuA (Quality improvement support for NHS organisations in NW) Mortality Improvement Community; Mental health/physical health workshop Fee and travel costs to be Reimbursed 04.04.2019	Direct, financial	Declare and Participate Agreed by: GL and TC May 2019 Rationale: Specific to guideline, but the presentation is educational and funded by the public sector
David Shiers	Committee member	Provided a teaching module on physical health of people with SMI: Led a half-day workshop training on CBT for psychosis training programme coordinated by Greater Manchester MH NHS FT Fee and travel costs to be reimbursed 04.04.2019	Direct, financial	Declare and Participate Agreed by: GL and TC May 2019 Rationale: Specific to guideline, but the presentation is educational and funded by the public sector
David Shiers	Committee member	Workshop presentation on physical health of people with SMI: Keynote / interview for Cheshire & Wirral Partnership NHS Trust Early Intervention Team training day. Travel costs to be Reimbursed 04.04.2019	Direct, financial	Declare and Participate Agreed by: GL and TC May 2019 Rationale: Specific to guideline, but the presentation is educational and funded by the public sector
David Shiers	Committee member	Conference presentation on physical health of people with SMI:	Direct, non-financial	Declare and Participate Agreed by: GL and TC May 2019

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		<p>Keynote / interview for Keele University conference A person centred approach to physical &amp; mental multimorbidity (targeting health practitioners and academics) No fee or travel costs requested.</p> <p>04.04.2019</p>		<p>Rationale: Specific to guideline, but the presentation is educational and funded by the public sector</p>
David Shiers	Committee member	<p>Conference presentation on physical health of people with SMI: Keynote / interview for practitioners of Sussex Partnership MH NHS Trust Theme: Effective care and treatment. Fee and travel costs to be reimbursed</p> <p>04.04.2019</p>	Direct, financial	<p>Declare and Participate</p> <p>Agreed by: GL and TC May 2019</p> <p>Rationale: Specific to guideline, but the presentation is educational and funded by the public sector</p>
Helen Killaspy	Topic Advisor	<p>Presentation at symposium for mental health rehabilitation staff, Bloomfield Hospital, Dublin.</p> <p>09.04.2019</p>	Direct, financial	<p>Answer questions only and do not lead topic groups or be involved in developing recommendations</p> <p>Agreed by: GL April 2019</p> <p>Rationale: Due to the number of declared interests and overlap with the guideline the decision was taken that the topic advisor should no longer lead topic groups or be involved in developing recommendations , but may remain a member of the committee.</p>
Helen Killaspy	Topic Advisor	<p>Publication: Killaspy H., Priebe, S., King,</p>	Direct, non-financial	<p>Answer questions only and do not</p>

		<p>M., Eldridge, S., McCrone, P., Shepherd, G., Arbuthnott, M., Leavey, G., Curtis, S., McPherson, P., Dowling, S. NIHR Journals Library Publications. ERO. Reference: RP-PG-0610-10097 A mixed-methods investigation into the quality and effectiveness of supported tenancies for people with mental health problems: the QuEST research programme. Final Report.</p> <p>09.04.2019</p>		<p>lead topic groups or be involved in developing recommendations</p> <p>Agreed by: GL April 2019</p> <p>Rationale: Due to the number of declared interests and overlap with the guideline the decision was taken that the topic advisor should no longer lead topic groups or be involved in developing recommendations , but may remain a member of the committee.</p>
Helen Killaspy	Topic Advisor	<p>Publication: Killaspy, H., Priebe, S., McPherson, P., Zenansi, Z., Greenberg, L., McCrone, P., Dowling, S., Harrison, I., Krotofil, J, Dalton-Locke, C., McGranahan, R., Arbuthnott, M., Curtis, S., Shepherd, G., Eldridge, S., Leavey, G., King, M. Predictors of move-on from mental health supported accommodation in England; a national cohort study. <i>British Journal of Psychiatry</i></p>	Direct, non-financial	<p>Answer questions only and do not lead topic groups or be involved in developing recommendations</p> <p>Agreed by: GL April 2019</p> <p>Rationale: Due to the number of declared interests and overlap with the guideline the decision was taken that the topic advisor should no longer lead topic groups or be involved in developing recommendations , but may remain a member of the committee.</p>

		09.04.2019		
Helen Killaspy	Topic Advisor	<p>Publication: Killaspy, H., Priebe, S., McPherson, P., Zenansi, Z., McCrone, P., Dowling, S., Harrison, I., Krotofil, J, Dalton-Locke, C., McGranahan, R., Arbuthnott, M., Curtis, S., Leavey, G., McPherson, R., Eldridge, S., King, M. Feasibility randomised trial comparing two forms of mental health supported accommodation (supported housing and floating outreach); a component of the QuEST (Quality and Effectiveness of Supported Tenancies) Study. <i>Frontiers in Psychiatry</i></p> <p>09.04.2019</p>	Direct, non-financial	<p>Answer questions only and do not lead topic groups or be involved in developing recommendations</p> <p>Agreed by: GL April 2019</p> <p>Rationale: Due to the number of declared interests and overlap with the guideline the decision was taken that the topic advisor should no longer lead topic groups or be involved in developing recommendations , but may remain a member of the committee.</p>

The interests register for this guideline has been updated.

### 3 – 4. Morning Presentations

**Item 3:** Nathan Bromham, Senior Systematic Reviewer, presented Evidence Review for question 2.1: What is the effectiveness of rehabilitation services compared with standard care?

Nathan presented the clinical evidence found. The committee discussed this evidence and drafted a recommendation.

**Item 4:** Anuja Pandey, Systematic Reviewer, presented Evidence Review for question 2.2: What is the comparative effectiveness of different types of rehabilitation services?

Anuja presented the clinical evidence found. The committee discussed this evidence.

#### **5 – 7. Afternoon Presentations**

**Item 5:** The Chair asked the lay members and service users whether they had any questions regarding the discussion throughout the day.

**Item 6:** Alec Martin, Systematic Reviewer, presented the related guidelines for question 4.1: What is the best way of involving people with complex psychosis and related severe mental health conditions, and their families and carers, in planning their care collaboratively with practitioners and providers?

Alec presented the related guidelines and the committee drafted recommendations based on this.

**Item 7:** Rachel Marshall, Guideline Lead, discussed the Editor's, topic group and technical team changes to the recommendations for RQ 5.4 – interventions to engagement with healthy living.

The committee discussed the changes and made some amendments.

#### **8. Any other Business**

There was no other business to discuss.

The Chair reminded the GC members of the date of the next meeting

**Date of next meeting:** 21<sup>st</sup> May 2019

**Location of next meeting:** RCOG, London